

Lac 1 vrije slag  
Sittard, 2.11.2008

Programmanr. 1 Meisjes, 200m vrije slag Meisjes Minioren 3 en 4  
2.11.08 Resultaten

Rang		In.tijd	50m	100m	150m	200m
1.	Julia Lang Hellas-Glana	3:50.73 9900730	44.10	1:33.94		3:14.34
2.	Denise Craenen Hellas-Glana	3:46.57 9900040	45.18	1:36.38		3:21.09
3.	Kayleigh Fortuin Hellas-Glana	NT 9902072		1:40.94		3:29.56
4.	Erin-Lisa Dalm Brunssum	3:50.36 9900398		1:45.19		3:33.79

Programmanr. 2 Meisjes, 200m vrije slag Meisjes Minioren 5 en Junioren 1  
2.11.08 Resultaten

Rang		In.tijd	50m	100m	150m	200m
1.	Elishia Sinkiewicz Zon/S&s	2:45.94 9702110		1:12.72		2:35.20
2.	Wendy Bex Hellas-Glana	2:34.80 9701232		1:13.39		2:35.95
3.	Chayenne Poorts Nimo	2:53.41 9800670		1:18.16		2:43.15
4.	Nina Grispen ZC Valkenburg	2:48.87 9700656	37.92	1:20.41		2:43.63
5.	Carmen van de Rijt MZ&PC	2:54.00 9801412	37.60	1:20.65		2:43.68
6.	Kelly Craenen Hellas-Glana	3:07.10 9700714	38.28	1:22.38		2:50.53
7.	Celine Smeets Brunssum	2:54.39 9703366	38.48	1:24.87		2:56.05
8.	Melanie Leunissen Nimo	3:25.27 9800672		1:24.50		2:56.47
9.	Rianne de Croock ZC Valkenburg	3:12.16 9801466		1:26.72		3:00.99
10.	Kendra Viehmann Brunssum	3:14.73 9702128	41.80	1:30.68		3:07.20
11.	Daphne Erkens Nimo	NT 9802372		1:36.46		3:16.68
12.	Myrthe van der Haijden Brunssum	3:45.07 9801174		1:34.56		3:21.09
13.	Minke Theunissen ZC Valkenburg	NT 9801826	52.85	1:51.19		3:47.17

Programmanr. 3 Jongens, 200m vrije slag Jongens Minioren 3 en 4  
2.11.08 Resultaten

Rang		In.tijd	50m	100m	150m	200m
1.	Daan Jente Brunssum	3:16.74 9900277	45.15	1:32.69		3:10.94
2.	Lars van der Haijden Brunssum	3:24.03 9900225		1:41.38		3:28.61
DIS	Vincent de Munter Brunssum	NT 0000181				
	<i>AA - Te vroeg weg of bewogen bij start.</i>					
DIS	Luc Arnoldussen Brunssum	NT 9900543				
	<i>AA - Te vroeg weg of bewogen bij start.</i>					

Programmanr. 4 Jongens, 200m vrije slag Jongens Minioren 5 en 6  
2.11.08 Resultaten

Rang		In.tijd	50m	100m	150m	200m
1.	Jeroen de Croock ZC Valkenburg	2:41.65 9702025		1:19.83		2:43.81
2.	Vincent Jacobs Nimo	NT 9801669		1:24.41		2:51.84
3.	Killian von den Hoff Brunssum	2:52.67 9700013		1:24.35		2:52.01
4.	Devi Weber Nimo	3:36.62 9801215	39.07	1:22.59		2:53.75
5.	Dylan Wolters Hellas-Glana	3:07.88 9800287	42.47	1:30.56		3:07.05
6.	Jhamiro Habets Brunssum	3:29.67 9800803		1:38.70		3:24.34
7.	Bart Köhlen Hellas-Glana	NT 9802453	45.83	1:39.94		3:26.27
8.	Victor Knibbeler Brunssum	4:01.67 9700795	51.94	1:56.94		4:08.57

Lac 1 vrije slag  
Sittard, 2.11.2008

Programmanr. 5 Meisjes, 400m vrije slag Meisjes Junioren 2 en 3  
2.11.08 Resultaten

Rang		In.tijd	100m	200m	300m	400m
1.	Jona Pisters Nimo	5:21.48 9501784	1:11.22	2:30.22		5:07.94
2.	Maaïke Sanders Hellas-Glana	5:32.48 9602806	1:12.90	2:33.84		5:17.23
3.	Bo Kerkhoff Nimo	5:27.32 9502376	1:15.05	2:36.45		5:20.75
4.	Amber Viehmann Brunssum	NT 9504400	1:18.99	2:43.65		5:33.02
5.	Merel Jaspers Nimo	6:09.31 9602544	1:16.76	2:44.22		5:36.26
6.	Lisanne Jente Brunssum	NT 9600788	1:19.35	2:46.53		5:36.72
7.	Danae Remmel Zon/S&s	6:17.12 9600588	1:19.21	2:49.54		5:47.79
8.	Karin van der Aalst Zon/S&s	6:20.69 9501356	1:19.07	2:49.30		5:54.13
9.	Céline Jennes Zon/S&s	6:23.89 9602154	1:21.50	2:53.61		5:58.93
10.	Wynona Wilms Hellas-Glana	6:16.77 9503970	1:28.71	3:07.12		6:24.05
11.	Emmy Linssen Zon/S&s	7:18.06 9600590	1:31.71	3:20.13		6:58.19

Programmanr. 6 Jongens, 400m vrije slag Jongens Junioren 1 en 2  
2.11.08 Resultaten

Rang		In.tijd	100m	200m	300m	400m
1.	Lucas Greven ZC Valkenburg	4:38.92 9501941	1:04.79	2:13.07		4:29.83
2.	Arthur van Noorden ZC Valkenburg	4:44.26 9501239	1:05.68	2:15.46		4:36.74
3.	Kevin Wolters Hellas-Glana	4:54.46 9501965	1:06.65	2:18.82		4:44.61
4.	Mart Theunissen ZC Valkenburg	5:33.54 9500483	1:08.23	2:22.17		4:50.78
5.	Dylan Notten ZC Valkenburg	5:15.45 9500099	1:11.40	2:28.26		5:02.40
6.	Kenny Sieben Hellas-Glana	5:18.93 9503663	1:10.53	2:29.23		5:04.83
7.	Max Grispen ZC Valkenburg	5:42.67 9501783	1:13.23	2:32.26		5:10.69
8.	Andreas Waldus Nimo	6:00.91 9503581	1:15.08	2:38.04		5:30.15
9.	Joeri Kerkhoff Nimo	6:25.83 9501689	1:18.12	2:44.66		5:37.03
10.	Tim Ramaekers Zon/S&s	5:59.27 9600629	1:21.63	2:53.00		5:57.50
11.	Yannic van de Kuit Zon/S&s	NT 9504825	1:24.85	3:03.79		6:24.22
12.	Wouter Knibbeler Brunssum	7:39.50 9601617	1:38.14	3:27.24		6:57.58

Programmanr. 7 Meisjes, 800m vrije slag Meisjes Jeugd 1 en 2  
2.11.08 Resultaten

Rang		In.tijd	Tijd
1.	Ilona Remmel Zon/S&s	10:10.91 9302198	<b>9:55.24</b>
	100m: 1:07.43 1:07.43 300m: 4:52.75 500m: 700m: 800m: 9:55.24		
	200m: 2:21.58 1:14.15 400m: 4:52.75 600m: 800m: 9:55.24		
2.	Misty Coert ZC Valkenburg	9:51.45 9300162	<b>9:56.82</b>
	100m: 1:06.86 1:06.86 300m: 4:52.93 500m: 700m: 800m: 9:56.82		
	200m: 2:21.40 1:14.54 400m: 4:52.93 600m: 800m: 9:56.82		
3.	Vera Weinberg Nimo	11:01.12 9302144	<b>10:38.81</b>
	100m: 1:11.14 1:11.14 300m: 5:12.28 500m: 700m: 800m: 10:38.81		
	200m: 2:29.51 1:18.37 400m: 5:12.28 600m: 800m: 10:38.81		
4.	Danique Agterberg Hellas-Glana	10:43.18 9401054	<b>10:41.08</b>
	100m: 1:09.90 1:09.90 300m: 5:11.95 500m: 700m: 800m: 10:41.08		
	200m: 2:28.61 1:18.71 400m: 5:11.95 600m: 800m: 10:41.08		
5.	Anouk Hustinx Hellas-Glana	11:27.28 9402266	<b>10:58.83</b>
	100m: 1:14.27 1:14.27 300m: 5:24.99 500m: 700m: 800m: 10:58.83		
	200m: 2:37.35 1:23.08 400m: 5:24.99 600m: 800m: 10:58.83		
6.	Rylana Slaghuis Nimo	11:26.12 9401286	<b>11:21.60</b>
	100m: 1:17.10 1:17.10 300m: 5:34.53 500m: 700m: 800m: 11:21.60		
	200m: 2:42.19 1:25.09 400m: 5:34.53 600m: 800m: 11:21.60		

Lac 1 vrije slag  
Sittard, 2.11.2008

Programmanr. 7, Meisjes, 800m vrije slag, Meisjes Jeugd 1 en 2

Rang				In.tijd		Tijd
7.	Jamilla Franssen	Zon/S&s		12:48.31	9404872	<b>11:44.92</b>
	100m: 1:20.05	1:20.05	300m:	500m:	700m:	
	200m: 2:47.42	1:27.37	400m: 5:45.91	600m:	800m: 11:44.92	
8.	Mandy Wetzels	Zon/S&s		12:43.72	9401012	<b>11:45.22</b>
	100m: 1:18.61	1:18.61	300m:	500m:	700m:	
	200m: 2:45.82	1:27.21	400m: 5:43.93	600m:	800m: 11:45.22	
9.	Lisette Ramaekers	Zon/S&s		12:57.64	9403984	<b>12:51.24</b>
	100m: 1:23.25	1:23.25	300m:	500m:	700m:	
	200m: 2:58.25	1:35.00	400m: 6:15.47	600m:	800m: 12:51.24	
AFGEM	Roxane Wilms	Hellas-Glana		11:16.94	9305946	

Programmanr. 8  
2.11.08

Dames, 800m vrije slag

Dames Senioren Open  
Resultaten

Rang				In.tijd		Tijd
1.	Dimphy van de Laar	ZC Valkenburg		9:42.72	9201052	<b>9:43.43</b>
	100m: 1:06.18	1:06.18	300m:	500m:	700m:	
	200m: 2:18.36	1:12.18	400m: 4:45.25	600m:	800m: 9:43.43	
2.	Michelle Hacking	Nimo		10:59.11	9107646	<b>10:30.22</b>
	100m: 1:13.17	1:13.17	300m:	500m:	700m:	
	200m: 2:32.12	1:18.95	400m: 5:11.26	600m:	800m: 10:30.22	
3.	Mara Pfeffer	Nimo		NT	9105478	<b>10:34.53</b>
	100m: 1:11.34	1:11.34	300m:	500m:	700m:	
	200m: 2:29.66	1:18.32	400m: 5:10.81	600m:	800m: 10:34.53	
4.	Eva Martens	Hellas-Glana		10:51.30	9206966	<b>10:34.89</b>
	100m: 1:11.36	1:11.36	300m:	500m:	700m:	
	200m: 2:29.53	1:18.17	400m: 5:10.81	600m:	800m: 10:34.89	
5.	Fanny Robbertsen	Nimo		10:33.76	9102622	<b>10:35.03</b>
	100m: 1:13.93	1:13.93	300m:	500m:	700m:	
	200m: 2:33.10	1:19.17	400m: 5:13.88	600m:	800m: 10:35.03	
6.	Tessa Kierkels	ZC Valkenburg		11:06.77	9101602	<b>10:55.40</b>
	100m: 1:14.68	1:14.68	300m:	500m:	700m:	
	200m: 2:35.69	1:21.01	400m: 5:21.79	600m:	800m: 10:55.40	
7.	Jolien van Golde	ZC Valkenburg		11:32.94	9204200	<b>11:11.81</b>
	100m: 1:19.11	1:19.11	300m:	500m:	700m:	
	200m: 2:45.14	1:26.03	400m: 5:37.52	600m:	800m: 11:11.81	
8.	Thessa Hopman	ZC Valkenburg		11:24.32	9001588	<b>11:18.89</b>
	100m: 1:18.20	1:18.20	300m:	500m:	700m:	
	200m: 2:43.91	1:25.71	400m: 5:36.57	600m:	800m: 11:18.89	
9.	Bonnie Ubachs	Brunssum		NT	8704896	<b>11:22.28</b>
	100m: 1:19.66	1:19.66	300m:	500m:	700m:	
	200m: 2:45.60	1:25.94	400m: 5:37.65	600m:	800m: 11:22.28	
10.	Meidrie Lensen	Hellas-Glana		11:22.11	9002302	<b>11:31.56</b>
	100m: 1:17.00	1:17.00	300m:	500m:	700m:	
	200m: 2:42.59	1:25.59	400m: 5:37.94	600m:	800m: 11:31.56	

Lac 1 vrije slag  
Sittard, 2.11.2008

Programmanr. 9  
2.11.08

Jongens, 800m vrije slag

Jongens Junioren 3 en 4  
Resultaten

Rang				In.tijd		Tijd
1.	Lester Snackers	ZC Valkenburg		9:22.51	9400947	<b>9:03.38</b>
	100m: 1:01.20 1:01.20	300m:	500m:		700m:	
	200m: 2:08.69 1:07.49	400m: 4:26.00	600m:		800m: 9:03.38	
2.	Robin Ramaekers	Zon/S&s		9:23.76	9304385	<b>9:11.84</b>
	100m: 1:04.30 1:04.30	300m:	500m:		700m:	
	200m: 2:12.61 1:08.31	400m: 4:33.11	600m:		800m: 9:11.84	
3.	Stan Tummers	Hellas-Glana		11:09.12	9400649	<b>9:46.46</b>
	100m: 1:08.44 1:08.44	300m:	500m:		700m:	
	200m: 2:20.35 1:11.91	400m: 4:47.35	600m:		800m: 9:46.46	
4.	Silvan Viehmann	Brunssum		NT	9403763	<b>9:50.91</b>
	100m: 1:08.87 1:08.87	300m:	500m:		700m:	
	200m: 2:22.51 1:13.64	400m: 4:52.76	600m:		800m: 9:50.91	
5.	Jelle Peltzer	ZC Valkenburg		10:43.11	9403779	<b>9:58.88</b>
	100m: 1:08.64 1:08.64	300m:	500m:		700m:	
	200m: 2:23.57 1:14.93	400m: 4:56.00	600m:		800m: 9:58.88	
6.	Bjorn van de Kuit	Zon/S&s		12:33.96	9306693	<b>10:24.14</b>
	100m: 1:09.06 1:09.06	300m:	500m:		700m:	
	200m: 2:25.47 1:16.41	400m: 4:58.71	600m:		800m: 10:24.14	
7.	Vince Weber	Nimo		12:32.72	9404233	<b>10:56.39</b>
	100m: 1:15.97 1:15.97	300m:	500m:		700m:	
	200m: 2:38.89 1:22.92	400m: 5:26.85	600m:		800m: 10:56.39	
8.	Pedro Nemeth	Brunssum		NT	9401575	<b>11:10.43</b>
	100m: 1:17.12 1:17.12	300m:	500m:		700m:	
	200m: 2:42.47 1:25.35	400m: 5:36.30	600m:		800m: 11:10.43	

Programmanr. 10  
2.11.08

Jongens, 800m vrije slag

Jongens Jeugd 1 en 2  
Resultaten

Rang				In.tijd		Tijd
1.	Mitch Notten	ZC Valkenburg		8:50.32	9202505	<b>8:54.59</b>
	100m: 1:02.57 1:02.57	300m:	500m:		700m:	
	200m: 2:08.52 1:05.95	400m: 4:22.85	600m:		800m: 8:54.59	
2.	Jeroen Feijs	ZC Valkenburg		9:19.86	9200333	<b>8:58.05</b>
	100m: 1:03.44 1:03.44	300m:	500m:		700m:	
	200m: 2:11.30 1:07.86	400m: 4:28.94	600m:		800m: 8:58.05	
3.	Jory Niemark	Brunssum		9:46.99	9204409	<b>9:43.33</b>
	100m: 1:04.08 1:04.08	300m:	500m:		700m:	
	200m: 2:15.95 1:11.87	400m: 4:45.81	600m:		800m: 9:43.33	
4.	Martyn Slaghuis	Nimo		10:08.44	9103035	<b>9:45.50</b>
	100m: 1:07.03 1:07.03	300m:	500m:		700m:	
	200m: 2:18.91 1:11.88	400m: 4:47.38	600m:		800m: 9:45.50	
5.	Thijs Villevoeye	Nimo		10:21.24	9106589	<b>9:47.02</b>
	100m: 1:07.27 1:07.27	300m:	500m:		700m:	
	200m: 2:21.71 1:14.44	400m: 4:49.90	600m:		800m: 9:47.02	

Lac 1 vrije slag  
Sittard, 2.11.2008

Programmanr. 11  
2.11.08

Heren, 800m vrije slag

Heren Senioren Open  
Resultaten

Rang					In.tijd		Tijd
1.	Sander van Elburg		ZC Valkenburg		9:23.22	8800937	<b>9:28.76</b>
	100m: 1:04.04	1:04.04	300m:		500m:	700m:	
	200m: 2:13.28	1:09.24	400m: 4:36.69		600m:	800m: 9:28.76	
2.	Sander van den Berg		Nimo		10:00.14	8700211	<b>9:57.37</b>
	100m: 1:06.39	1:06.39	300m:		500m:	700m:	
	200m: 2:19.35	1:12.96	400m: 4:49.25		600m:	800m: 9:57.37	
3.	Karsten Meijers		ZC Valkenburg		11:24.90	9004959	<b>11:47.11</b>
	100m: 1:11.55	1:11.55	300m:		500m:	700m:	
	200m: 2:37.65	1:26.10	400m: 5:40.41		600m:	800m: 11:47.11	
AFGEM	Rico Nemeth		Brunssum		NT	9004455	