

E-on Competitie hoofdklasse deel 4  
Groningen, 10-3-2012

1 - Deel 4 E.ON Nationale zwemcompetitie landelijk

10-3-2012 - 14:45

Programmanr. 1  
10-3-2012 - 14:45

Heren, 4 x 200m vrije slag

Heren Senioren Open  
Resultaten

| rang | vereniging                                    | inschrijftijd                 | tijd   |
|------|---|-------------------------------|--|
| 1.   | TriVia 1<br>Timon Evenhuis<br>Bernd Kobesen   | TriVia<br>90 1:50.70<br>93    | Jeroen Stuu<br>Erik Schröder<br>7:39.26<br>88<br>84<br><b>7:41.80</b>        |
| 2.   | Oz&Pc 1<br>Stef Heijnekamp<br>Damon Peperkamp | O Z & P C<br>94 1:57.08<br>95 | Niels Kemperink<br>Michiel Beemster<br>8:02.32<br>96<br>80<br><b>7:59.60</b> |
| 3.   | Orca 1<br>Ramon Fredrik<br>Minne Koopmans     | Orca<br>94 1:57.45<br>96      | Willem Kees Roos<br>Pieter Ytsma<br>7:56.73<br>94<br>95<br><b>8:03.45</b>    |

Programmanr. 2  
10-3-2012 - 14:55

Meisjes, 50m vlinderslag

Meisjes Minioren 4,5, Junioren 1  
Resultaten

| rang | naam                  | vereniging | inschrijftijd | tijd                      |
|------|-----------------------|------------|---------------|---------------------------|
| 1.   | Eline Zuidema         | TriVia     | 40.16         | 200002292<br><b>36.10</b> |
| 2.   | Floor Gerritsma       | TriVia     | 37.92         | 200002464<br><b>36.30</b> |
| 3.   | Ariane Koojijng       | TriVia     | 37.32         | 200001544<br><b>36.42</b> |
| 4.   | Annemarie Hoving      | TriVia     | 41.76         | 200000248<br><b>40.53</b> |
| 5.   | Lize Janna de Vries   | Orca       | 42.51         | 200101948<br><b>41.72</b> |
| 6.   | Janke Wytske de Vries | Orca       | 43.31         | 200004436<br><b>42.29</b> |
| 7.   | Anouk Helthuis        | O Z & P C  | 44.37         | 200000932<br><b>42.32</b> |
| 8.   | Jitske Boomars        | O Z & P C  | 43.00         | 200000374<br><b>42.74</b> |
| 9.   | Myrthe Visser         | Orca       | 48.02         | 200002340<br><b>43.29</b> |
| 10.  | Aukje Vellinga        | TriVia     | 42.90         | 200100988<br><b>43.71</b> |
| 11.  | Maartje ten Hoopen    | O Z & P C  | 43.53         | 200000170<br><b>43.83</b> |
| 12.  | Shanice Wortel        | Orca       | 50.49         | 200101596<br><b>45.10</b> |

Programmanr. 3  
10-3-2012 - 15:00

Jongens, 100m vrije slag

Jongens Minioren 4,5,6  
Resultaten

| rang  | naam           | vereniging | inschrijftijd | tijd      | 50m            | 100m          |
|-------|----------------|------------|---------------|-----------|----------------|---------------|
| 1.    | Arjan Dekker   | TriVia     | 1:12.55       | 200000499 | <b>1:11.05</b> | 34.15 1:11.05 |
| 2.    | Juri Dijkstra  | TriVia     | 1:11.60       | 200002119 | <b>1:11.18</b> | 33.55 1:11.18 |
| 3.    | Joost Padberg  | O Z & P C  | 1:14.17       | 200002451 | <b>1:11.32</b> | 34.22 1:11.32 |
| 4.    | Dennis Kamps   | O Z & P C  | 1:13.36       | 200000191 | <b>1:13.65</b> | 35.73 1:13.65 |
| 5.    | Gerard Yspeert | TriVia     | 1:14.48       | 200100051 | <b>1:15.15</b> | 35.33 1:15.15 |
| 6.    | Jaap Davina    | O Z & P C  | 1:22.96       | 200100025 | <b>1:23.16</b> | 38.97 1:23.16 |
| AFGEM | Joost Davina   | O Z & P C  | 1:16.62       | 200000205 |                |               |

Programmanr. 4  
10-3-2012 - 15:05

Meisjes, 400m vrije slag

Meisjes Junioren 3 en later  
Resultaten

| rang  | naam                | vereniging | inschrijftijd | tijd      | 100m           | 200m                            | 300m | 400m |
|-------|---------------------|------------|---------------|-----------|----------------|---------------------------------|------|------|
| 1.    | Hanny van Dijk      | Orca       | 4:37.19       | 199804514 | <b>4:33.43</b> | 1:04.79 2:14.62 3:24.52 4:33.43 |      |      |
| 2.    | Kinge Zandringa     | Orca       | 4:37.03       | 199801422 | <b>4:37.83</b> | 1:04.54 2:16.18 3:26.55 4:37.83 |      |      |
| 3.    | Juliette Hekman     | TriVia     | 5:04.45       | 199803914 | <b>4:49.99</b> | 1:07.43 2:21.93 3:36.77 4:49.99 |      |      |
| 4.    | Marlinde Schoonbeek | TriVia     | 4:49.60       | 199801056 | <b>4:51.47</b> | 1:07.44 2:23.50 3:39.72 4:51.47 |      |      |
| 5.    | Renée Vanderheyden  | TriVia     | 5:17.13       | 199903130 | <b>5:00.34</b> | 1:10.08 2:27.15 3:44.07 5:00.34 |      |      |
| 6.    | Eefje Slootweg      | O Z & P C  | 5:25.23       | 199800218 | <b>5:11.08</b> | 1:10.50 2:31.39 3:44.07 5:11.08 |      |      |
| 7.    | Eva Hagreis         | O Z & P C  | 5:23.87       | 199800290 | <b>5:11.93</b> | 1:10.16 2:28.70 3:44.07 5:11.93 |      |      |
| 8.    | Myrthe Offenga      | Orca       | 5:24.80       | 199901874 | <b>5:17.13</b> | 1:12.39 2:32.98 3:44.07 5:17.13 |      |      |
| 9.    | Renske Mulder       | O Z & P C  | 5:41.85       | 199900136 | <b>5:29.56</b> | 1:16.08 2:49.30 3:44.07 5:29.56 |      |      |
| 10.   | Rosalie Baarda      | Orca       | 5:40.37       | 199903460 | <b>5:32.99</b> | 1:15.94 2:41.11 3:44.07 5:32.99 |      |      |
| AFGEM | Bernice Dijkhuis    | TriVia     | 5:05.23       | 199800084 |                |                                 |      |      |
| AFGEM | Fenna Louwsma       | Orca       | 6:08.55       | 199901600 |                |                                 |      |      |

E-on Competitie hoofdklasse deel 4  
Groningen, 10-3-2012

Programmanr. 5  
10-3-2012 - 15:25

Meisjes, 200m vrije slag

Meisjes Junioren 3 en later  
Resultaten

| rang                               | naam | vereniging | inschrijftijd | tijd | 100m | 200m |
|------------------------------------|------|------------|---------------|------|------|------|
| <b>Programmanr. 6</b>              |      |            |               |      |      |      |
| <b>10-3-2012 - 15:25</b>           |      |            |               |      |      |      |
| <b>Jongens, 100m schoolslag</b>    |      |            |               |      |      |      |
| <b>Jongens Junioren 2 en later</b> |      |            |               |      |      |      |
| <b>Resultaten</b>                  |      |            |               |      |      |      |

| rang | naam               | vereniging | inschrijftijd | tijd      | 50m            | 100m  |         |
|------|--------------------|------------|---------------|-----------|----------------|-------|---------|
| 1.   | Rico Vroom         | TriVia     | 1:19.48       | 199802363 | <b>1:21.62</b> | 38.56 | 1:21.62 |
| 2.   | Bas Neef           | O Z & P C  | 1:26.57       | 199800019 | <b>1:23.97</b> | 39.85 | 1:23.97 |
| 3.   | Quintin Stoetman   | TriVia     | 1:26.51       | 199800043 | <b>1:26.03</b> | 40.04 | 1:26.03 |
| 4.   | Pascal Bloemen     | O Z & P C  | 1:27.42       | 199900135 | <b>1:27.39</b> | 40.40 | 1:27.39 |
| 5.   | Sebastiaan Rottier | TriVia     | 1:33.78       | 200000147 | <b>1:35.38</b> | 44.47 | 1:35.38 |
| 6.   | Remco Witteveen    | Orca       | 1:37.29       | 199902535 | <b>1:36.36</b> | 45.04 | 1:36.36 |
| 7.   | Teun de Boer       | Orca       | 1:39.87       | 199902537 | <b>1:40.06</b> | 46.61 | 1:40.06 |
| 8.   | Auke Jan Ytsma     | Orca       | 1:43.05       | 199900905 | <b>1:40.44</b> | 47.61 | 1:40.44 |

Programmanr. 7  
10-3-2012 - 15:30

Dames, 200m vlinderslag

Dames Senioren Open  
Resultaten

| rang | naam                | vereniging | inschrijftijd | tijd      | 100m           | 200m    |         |
|------|---------------------|------------|---------------|-----------|----------------|---------|---------|
| 1.   | Cynthia Verkaik     | Orca       | 2:22.98       | 199601288 | <b>2:21.23</b> | 1:06.85 | 2:21.23 |
| 2.   | Adaja Stoetman      | TriVia     | 2:24.54       | 199600348 | <b>2:24.48</b> | 1:07.58 | 2:24.48 |
| 3.   | Ann Wanter          | Orca       | 2:29.82       | 198202386 | <b>2:26.77</b> | 1:09.64 | 2:26.77 |
| 4.   | Nynke van der Steur | TriVia     | 2:29.86       | 199201690 | <b>2:35.04</b> | 1:12.43 | 2:35.04 |
| 5.   | Kelly ter Doest     | O Z & P C  | 2:32.23       | 199100750 | <b>2:35.52</b> |         | 2:35.52 |
| 6.   | Marieke Tienstra    | TriVia     | 2:38.86       | 199900302 | <b>2:38.45</b> | 1:13.52 | 2:38.45 |
| 7.   | Josien Wijkhuijs    | Orca       | 2:43.00       | 199902866 | <b>2:40.98</b> | 1:11.38 | 2:40.98 |
| 8.   | Kelly Teunissen     | O Z & P C  | 2:34.40       | 199201740 | <b>2:43.66</b> | 1:14.59 | 2:43.66 |

Programmanr. 8  
10-3-2012 - 15:35

Heren, 100m rugslag

Heren Senioren Open  
Resultaten

| rang  | naam             | vereniging | inschrijftijd | tijd      | 50m            | 100m  |         |
|-------|------------------|------------|---------------|-----------|----------------|-------|---------|
| 1.    | Timon Evenhuis   | TriVia     | 57.70         | 199000843 | <b>57.49</b>   | 28.31 | 57.49   |
| 2.    | Devi Wolthuizen  | TriVia     | 57.19         | 198703887 | <b>58.25</b>   | 28.36 | 58.25   |
| 3.    | Ramon Fredrik    | Orca       | 58.94         | 199403933 | <b>59.46</b>   | 28.58 | 59.46   |
| 4.    | Willem Kees Roos | Orca       | 59.75         | 199402693 | <b>1:01.43</b> | 29.71 | 1:01.43 |
| 5.    | Marc Kremer      | TriVia     | 56.10         | 199004667 | <b>1:01.58</b> | 29.25 | 1:01.58 |
| 6.    | Bernd Kobesen    | TriVia     | 1:01.05       | 199300981 | <b>1:02.73</b> | 30.32 | 1:02.73 |
| 7.    | Kay Beimin       | O Z & P C  | 1:05.58       | 198900163 | <b>1:03.26</b> | 30.65 | 1:03.26 |
| 8.    | Michiel Punter   | TriVia     | 1:01.88       | 198401823 | <b>1:03.82</b> | 30.76 | 1:03.82 |
| 9.    | Thomas Nijenhuis | O Z & P C  | 1:03.61       | 199105565 | <b>1:05.32</b> | 31.40 | 1:05.32 |
| 10.   | Erik Schröder    | TriVia     | 1:05.07       | 198402025 | <b>1:06.96</b> | 33.16 | 1:06.96 |
| 11.   | Michiel Beemster | O Z & P C  | 1:09.35       | 198000063 | <b>1:07.27</b> | 33.66 | 1:07.27 |
| AFGEM | Henk Jan Verkaik | Orca       | 1:04.68       | 199305447 |                |       |         |

Programmanr. 9  
10-3-2012 - 15:40

Meisjes, 200m schoolslag

Meisjes Jeugd 2 en later  
Resultaten

| rang | naam                 | vereniging | inschrijftijd | tijd      | 100m           | 200m    |         |
|------|----------------------|------------|---------------|-----------|----------------|---------|---------|
| 1.   | Lisanne van Avezaath | TriVia     | 2:41.63       | 199701304 | <b>2:42.74</b> | 1:18.11 | 2:42.74 |
| 2.   | Willemeine Hoving    | TriVia     | 2:46.37       | 199800106 | <b>2:51.06</b> | 1:20.71 | 2:51.06 |
| 3.   | Anneliene Zuidema    | Orca       | 2:57.00       | 199800768 | <b>2:55.06</b> | 1:24.38 | 2:55.06 |
| 4.   | Melissa Nauta        | Orca       | 2:58.82       | 199602388 | <b>3:02.46</b> | 1:27.94 | 3:02.46 |
| 5.   | Sigrid Hogendorp     | Orca       | 3:03.57       | 199900962 | <b>3:05.88</b> | 1:27.66 | 3:05.88 |
| 6.   | Lianne Molkenboer    | O Z & P C  | 3:07.37       | 199602034 | <b>3:06.95</b> | 1:30.64 | 3:06.95 |
| 7.   | Lauren Bijen         | O Z & P C  | 3:14.87       | 199701362 | <b>3:12.95</b> | 1:32.72 | 3:12.95 |
| 8.   | Lindy Nijhuis        | O Z & P C  | 3:27.26       | 199700010 | <b>3:14.04</b> | 1:32.59 | 3:14.04 |
| 9.   | Esther Hulsing       | TriVia     | 3:05.39       | 199601080 | <b>3:22.40</b> | 1:35.55 | 3:22.40 |

E-on Competitie hoofdklasse deel 4  
Groningen, 10-3-2012

Programmanr. 10  
10-3-2012 - 15:50

Meisjes, 100m schoolslag

Meisjes Jeugd 2 en later  
Resultaten

| rang                               | naam | vereniging | inschrijftijd | tijd | 50m | 100m |
|------------------------------------|------|------------|---------------|------|-----|------|
| <b>Programmanr. 11</b>             |      |            |               |      |     |      |
| <b>10-3-2012 - 15:50</b>           |      |            |               |      |     |      |
| <b>Jongens, 100m rugslag</b>       |      |            |               |      |     |      |
| <b>Jongens Junioren 4 en later</b> |      |            |               |      |     |      |
| <b>Resultaten</b>                  |      |            |               |      |     |      |

| rang | naam                  | vereniging | inschrijftijd | tijd      | 50m            | 100m  |         |
|------|-----------------------|------------|---------------|-----------|----------------|-------|---------|
| 1.   | Niels Kemperink       | O Z & P C  | 1:00.95       | 199600005 | <b>1:01.05</b> | 29.41 | 1:01.05 |
| 2.   | Jens Kuitert          | Orca       | 1:03.57       | 199603891 | <b>1:03.64</b> | 30.92 | 1:03.64 |
| 3.   | Minne Koopmans        | Orca       | 1:06.93       | 199603557 | <b>1:06.17</b> | 32.44 | 1:06.17 |
| 4.   | Richard Kuipers       | Orca       | 1:07.97       | 199704171 | <b>1:06.82</b> | 32.22 | 1:06.82 |
| 5.   | Lorenzo Peperkamp     | O Z & P C  | 1:10.12       | 199600847 | <b>1:08.10</b> | 33.56 | 1:08.10 |
| 6.   | Rens van Amelsvoort   | O Z & P C  | 1:12.92       | 199700385 | <b>1:10.66</b> | 33.74 | 1:10.66 |
| 7.   | Maarten Rottier       | TriVia     | 1:08.89       | 199600657 | <b>1:10.68</b> | 33.74 | 1:10.68 |
| 8.   | David Smeele          | TriVia     | 1:13.62       | 199604869 | <b>1:11.20</b> | 34.38 | 1:11.20 |
| 9.   | Christopher ter Horst | O Z & P C  | 1:12.26       | 199602533 | <b>1:16.62</b> | 36.39 | 1:16.62 |
| 10.  | Remco Stam            | TriVia     | 1:15.30       | 199702165 | <b>1:17.65</b> | 36.28 | 1:17.65 |

Programmanr. 12  
10-3-2012 - 15:55

Dames, 200m rugslag

Dames Senioren 2 en later  
Resultaten

| rang | naam                 | vereniging | inschrijftijd | tijd      | 100m           | 200m    |         |
|------|----------------------|------------|---------------|-----------|----------------|---------|---------|
| 1.   | Clariss de Vries     | Orca       | 2:20.22       | 199700942 | <b>2:18.53</b> | 1:08.42 | 2:18.53 |
| 2.   | Michelle Hoogendoorn | O Z & P C  | 2:20.47       | 199503718 | <b>2:21.29</b> | 1:09.20 | 2:21.29 |
| 3.   | Cynthia van Beusekom | TriVia     | 2:23.18       | 199500134 | <b>2:23.69</b> | 1:10.27 | 2:23.69 |
| 4.   | Evelien van Ruiten   | Orca       | 2:28.37       | 199602924 | <b>2:24.89</b> | 1:11.00 | 2:24.89 |
| 5.   | Laura Hagreis        | O Z & P C  | 2:30.67       | 199600548 | <b>2:29.10</b> | 1:12.05 | 2:29.10 |
| 6.   | Rosanne Schoonbeek   | TriVia     | 2:24.98       | 199402692 | <b>2:30.76</b> | 1:13.44 | 2:30.76 |
| 7.   | Rixt Menger          | Orca       | 2:32.81       | 199602052 | <b>2:31.61</b> | 1:14.21 | 2:31.61 |
| 8.   | Anouk Frieman        | TriVia     | 2:45.36       | 199502390 | <b>2:34.05</b> | 1:10.68 | 2:34.05 |

Programmanr. 13  
10-3-2012 - 16:00

Jongens, 100m vrije slag

Jongens Jeugd 2 en later  
Resultaten

| rang  | naam            | vereniging | inschrijftijd | tijd      | 50m            | 100m  |         |
|-------|-----------------|------------|---------------|-----------|----------------|-------|---------|
| 1.    | Stef Heijnekamp | O Z & P C  | 52.82         | 199401665 | <b>54.40</b>   | 26.10 | 54.40   |
| 2.    | Damon Peperkamp | O Z & P C  | 56.83         | 199501101 | <b>55.50</b>   | 26.99 | 55.50   |
| 3.    | Pieter Ytsma    | Orca       | 55.88         | 199501809 | <b>56.04</b>   | 27.17 | 56.04   |
| 4.    | Milan Grunewald | TriVia     | 55.08         | 199500757 | <b>57.16</b>   | 27.44 | 57.16   |
| 5.    | Hein Rödel      | O Z & P C  | 57.61         | 199500895 | <b>58.71</b>   | 28.14 | 58.71   |
| 6.    | Jelmer Postma   | Orca       | 1:00.67       | 199701631 | <b>59.96</b>   | 28.34 | 59.96   |
| 7.    | Brenn Diephuis  | TriVia     | 1:00.44       | 199504705 | <b>1:01.12</b> | 29.18 | 1:01.12 |
| AFGEM | Jens Kobesen    | TriVia     | 54.48         | 199500117 |                |       |         |

Programmanr. 14  
10-3-2012 - 16:05

Dames, 50m vrije slag

Dames Senioren Open  
Resultaten

| rang | naam                | vereniging | inschrijftijd | tijd      |              |
|------|---------------------|------------|---------------|-----------|--------------|
| 1.   | Sylvia Dik          | TriVia     | 26.38         | 199501064 | <b>27.44</b> |
|      | Marre Zandringa     | Orca       | 27.73         | 199701136 | <b>27.44</b> |
| 3.   | Kelly ter Doest     | O Z & P C  | 27.66         | 199100750 | <b>27.72</b> |
| 4.   | Ann Wanter          | Orca       | 28.16         | 198202386 | <b>27.87</b> |
| 5.   | Nynke van der Steur | TriVia     | 27.53         | 199201690 | <b>28.23</b> |
| 6.   | Adaja Stoetman      | TriVia     | 27.64         | 199600348 | <b>28.62</b> |
| 7.   | Marloes Giesselink  | O Z & P C  | 27.68         | 199200612 | <b>28.71</b> |
| 8.   | Evelien Kip         | O Z & P C  | 28.05         | 199200932 | <b>28.91</b> |
| 9.   | Carmen Weistra      | Orca       | 30.60         | 199802148 | <b>29.29</b> |
| 10.  | Josien Wijkhuijs    | Orca       | 27.94         | 199902866 | <b>33.34</b> |

E-on Competitie hoofdklasse deel 4  
Groningen, 10-3-2012

Programmanr. 15  
10-3-2012 - 16:10

Heren, 200m wisselslag

Heren Senioren Open  
Resultaten

| rang  | naam   | vereniging | inschrijftijd |           | tijd           | 100m    | 200m    |
|-------|--|------------|---------------|-----------|----------------|---------|---------|
| 1.    | Timon Evenhuis   | TriVia     | 2:00.94       | 199000843 | <b>2:06.38</b> | 59.72   | 2:06.38 |
| 2.    | Devi Wolthuizen  | TriVia     | 2:01.02       | 198703887 | <b>2:08.67</b> | 1:00.73 | 2:08.67 |
| 3.    | Jeroen Stuu  | TriVia     | 2:14.51       | 198803315 | <b>2:16.20</b> |         | 2:16.20 |
| 4.    | Bernd Kobesen  | TriVia     | 2:12.28       | 199300981 | <b>2:18.10</b> | 1:02.47 | 2:18.10 |
| 5.    | Erik Schröder  | TriVia     | 2:14.10       | 198402025 | <b>2:18.26</b> | 1:05.62 | 2:18.26 |
| 6.    | Michiel Punter   | TriVia     | 2:22.32       | 198401823 | <b>2:20.13</b> |         | 2:20.13 |
| 7.    | Michiel Beemster   | O Z & P C  | 2:19.23       | 198000063 | <b>2:21.60</b> |         | 2:21.60 |
| 8.    | Thomas Nijenhuis   | O Z & P C  | 2:20.23       | 199105565 | <b>2:25.07</b> |         | 2:25.07 |
| 9.    | Willem Kees Roos   | Orca       | 2:14.39       | 199402693 | <b>2:27.88</b> |         | 2:27.88 |
| DIS   | Ramon Fredrik  | Orca       | 2:10.50       | 199403933 | <b>2:10.64</b> | 1:00.38 | 2:10.64 |
|       | <i>RC - Rugligging verlaten tijdens de race zonder met de keerhandeling bezig te zijn.</i> |            |               |           |                |         |         |
| AFGEM | Henk Jan Verkaik   | Orca       | 2:20.89       | 199305447 |                |         |         |

Programmanr. 16  
10-3-2012 - 16:20

Meisjes, 100m vrije slag

Meisjes Minioren 4,5, Junioren 1  
Resultaten

| rang | naam                  | vereniging | inschrijftijd |           | tijd           | 50m   | 100m    |
|------|-----------------------|------------|---------------|-----------|----------------|-------|---------|
| 1.   | Floor Gerritsma       | TriVia     | 1:06.56       | 200002464 | <b>1:07.32</b> | 32.96 | 1:07.32 |
| 2.   | Arianne Kooijnga      | TriVia     | 1:12.34       | 200001544 | <b>1:09.46</b> | 33.55 | 1:09.46 |
| 3.   | Eline Zuidema         | TriVia     | 1:16.53       | 200002292 | <b>1:16.89</b> | 36.54 | 1:16.89 |
| 4.   | Jitske Boomars        | O Z & P C  | 1:18.45       | 200000374 | <b>1:17.82</b> | 36.95 | 1:17.82 |
| 5.   | Aukje Vellinga        | TriVia     | 1:17.56       | 200100988 | <b>1:17.96</b> | 36.77 | 1:17.96 |
| 6.   | Annemarie Hoving      | TriVia     | 1:17.79       | 200000248 | <b>1:18.82</b> | 37.47 | 1:18.82 |
| 7.   | Lize Janna de Vries   | Orca       | 1:19.41       | 200101948 | <b>1:19.45</b> | 36.94 | 1:19.45 |
| 8.   | Shanice Wortel        | Orca       | 1:21.53       | 200101596 | <b>1:20.34</b> | 38.81 | 1:20.34 |
| 9.   | Janke Wytske de Vries | Orca       | 1:22.43       | 200004436 | <b>1:20.35</b> | 38.52 | 1:20.35 |
| 10.  | Anouk Helthuis        | O Z & P C  | 1:27.22       | 200000932 | <b>1:21.83</b> | 38.53 | 1:21.83 |
| 11.  | Maartje ten Hoopen    | O Z & P C  | 1:26.92       | 200000170 | <b>1:22.13</b> | 40.70 | 1:22.13 |
|      | Myrthe Visser         | Orca       | 1:24.19       | 200002340 | <b>1:22.13</b> | 39.32 | 1:22.13 |

Programmanr. 17  
10-3-2012 - 16:25

Jongens, 50m vlinderslag

Jongens Minioren 4,5,6  
Resultaten

| rang  | naam           | vereniging | inschrijftijd |           | tijd         |
|-------|----------------|------------|---------------|-----------|--------------|
| 1.    | Juri Dijkstra  | TriVia     | 37.32         | 200002119 | <b>35.22</b> |
| 2.    | Dennis Kamps   | O Z & P C  | 38.83         | 200000191 | <b>36.88</b> |
| 3.    | Joost Padberg  | O Z & P C  | 38.42         | 200002451 | <b>37.44</b> |
| 4.    | Gerard Yspeert | TriVia     | 40.48         | 200100051 | <b>39.87</b> |
| 5.    | Arjan Dekker   | TriVia     | 40.73         | 200000499 | <b>41.40</b> |
| 6.    | Jaap Davina    | O Z & P C  | 45.64         | 200100025 | <b>44.99</b> |
| AFGEM | Joost Davina   | O Z & P C  | 40.23         | 200000205 |              |

Programmanr. 18  
10-3-2012 - 16:30

Meisjes, 100m schoolslag

Meisjes Junioren 3 en later  
Resultaten

| rang | naam                | vereniging | inschrijftijd |           | tijd           | 50m   | 100m    |
|------|---------------------|------------|---------------|-----------|----------------|-------|---------|
| 1.   | Juliette Hekman     | TriVia     | 1:29.33       | 199803914 | <b>1:22.68</b> | 38.41 | 1:22.68 |
| 2.   | Eefje Slootweg      | O Z & P C  | 1:25.49       | 199800218 | <b>1:24.74</b> | 39.86 | 1:24.74 |
| 3.   | Anouk Zuidema       | TriVia     | 1:20.58       | 199801654 | <b>1:24.82</b> | 39.80 | 1:24.82 |
| 4.   | Renée Vanderheyden  | TriVia     | 1:30.79       | 199903130 | <b>1:25.50</b> | 40.51 | 1:25.50 |
| 5.   | Marlinde Schoonbeek | TriVia     | 1:28.86       | 199801056 | <b>1:25.82</b> | 39.64 | 1:25.82 |
| 6.   | Hanny van Dijk      | Orca       | 1:26.46       | 199804514 | <b>1:26.01</b> | 40.70 | 1:26.01 |
| 7.   | Kinge Zandringa     | Orca       | 1:27.60       | 199801422 | <b>1:26.16</b> | 39.98 | 1:26.16 |
| 8.   | Myrthe Offenga      | Orca       | 1:29.77       | 199901874 | <b>1:30.11</b> | 42.08 | 1:30.11 |
| 9.   | Eva Hagreis         | O Z & P C  | 1:26.56       | 199800290 | <b>1:30.27</b> | 42.13 | 1:30.27 |
| 10.  | Laureen Bekhuis     | O Z & P C  | 1:31.44       | 199800276 | <b>1:30.41</b> | 43.23 | 1:30.41 |
| 11.  | Renske Mulder       | O Z & P C  | 1:34.72       | 199900136 | <b>1:34.19</b> | 44.80 | 1:34.19 |
| 12.  | Rosalie Baarda      | Orca       | 1:34.39       | 199903460 | <b>1:36.95</b> | 45.56 | 1:36.95 |

E-on Competitie hoofdklasse deel 4  
Groningen, 10-3-2012

Programmanr. 18, Meisjes, 100m schoolslag, Meisjes Junioren 3 en later

| rang  | naam             | vereniging | inschrijftijd |           | tijd | 50m | 100m |
|-------|------------------|------------|---------------|-----------|------|-----|------|
| AFGEM | Fenna Louwisma   | Orca       | 1:37.77       | 199901600 |      |     |      |
| AFGEM | Bernice Dijkhuis | TriVia     | 1:25.53       | 199800084 |      |     |      |

Programmanr. 19  
10-3-2012 - 16:35

Jongens, 400m vrije slag

Jongens Junioren 2 en later  
Resultaten

| rang | naam               | vereniging | inschrijftijd |           | tijd           | 100m    | 200m    | 300m    | 400m    |
|------|--------------------|------------|---------------|-----------|----------------|---------|---------|---------|---------|
| 1.   | Bas Neef           | O Z & P C  | 4:48.82       | 199800019 | <b>4:50.42</b> | 1:08.24 | 2:22.11 | 3:36.66 | 4:50.42 |
| 2.   | Pascal Bloemen     | O Z & P C  | 5:09.91       | 199900135 | <b>5:08.24</b> | 1:13.01 | 2:31.61 | 3:51.49 | 5:08.24 |
| 3.   | Quintin Stoetman   | TriVia     | 5:27.88       | 199800043 | <b>5:14.52</b> | 1:14.08 | 2:34.87 | 3:56.40 | 5:14.52 |
| 4.   | Rico Vroom         | TriVia     | 5:38.92       | 199802363 | <b>5:18.72</b> | 1:14.21 | 2:36.53 | 4:01.00 | 5:18.72 |
| 5.   | Sebastiaan Rottier | TriVia     | 5:26.21       | 200000147 | <b>5:30.87</b> | 1:16.77 | 2:43.15 | 4:09.13 | 5:30.87 |
| 6.   | Auke Jan Ytsma     | Orca       | 6:16.32       | 199900905 | <b>5:46.07</b> | 1:23.31 | 2:52.57 | 4:22.87 | 5:46.07 |
| 7.   | Remco Witteveen    | Orca       | 6:19.14       | 199902535 | <b>6:06.99</b> | 1:23.54 | 2:57.02 | 4:35.14 | 6:06.99 |
| 8.   | Teun de Boer       | Orca       | 6:43.31       | 199902537 | <b>6:34.37</b> | 1:29.18 | 3:12.46 | 4:56.18 | 6:34.37 |

Programmanr. 20  
10-3-2012 - 16:50

Jongens, 200m vrije slag

Jongens Junioren 2 en later  
Resultaten

| rang | naam | vereniging | inschrijftijd |  | tijd | 100m | 200m |
|------|------|------------|---------------|--|------|------|------|
|------|------|------------|---------------|--|------|------|------|

Programmanr. 21  
10-3-2012 - 16:50

Dames, 200m wisselslag

Dames Senioren Open  
Resultaten

| rang | naam                | vereniging | inschrijftijd |           | tijd           | 100m    | 200m    |
|------|---------------------|------------|---------------|-----------|----------------|---------|---------|
| 1.   | Cynthia Verkaik     | Orca       | 2:20.22       | 199601288 | <b>2:18.33</b> | 1:06.58 | 2:18.33 |
| 2.   | Kelly ter Doest     | O Z & P C  | 2:24.90       | 199100750 | <b>2:27.00</b> | 1:08.73 | 2:27.00 |
| 3.   | Ann Wanter          | Orca       | 2:32.21       | 198202386 | <b>2:28.19</b> | 1:10.64 | 2:28.19 |
| 4.   | Marre Zandringa     | Orca       | 2:31.66       | 199701136 | <b>2:28.40</b> | 1:09.41 | 2:28.40 |
| 5.   | Nynke van der Steur | TriVia     | 2:25.70       | 199201690 | <b>2:28.59</b> | 1:10.13 | 2:28.59 |
| 6.   | Marieke Tienstra    | TriVia     | 2:29.78       | 199900302 | <b>2:31.69</b> | 1:10.76 | 2:31.69 |
| 7.   | Adaja Stoetman      | TriVia     | 2:30.82       | 199600348 | <b>2:36.78</b> | 1:12.07 | 2:36.78 |
| 8.   | Josien Wijkhuijs    | Orca       | 2:31.65       | 199902866 | <b>2:37.14</b> | 1:13.72 | 2:37.14 |
| 9.   | Kelly Teunissen     | O Z & P C  | 2:39.04       | 199201740 | <b>2:42.47</b> | 1:16.87 | 2:42.47 |
| 10.  | Evelien Kip         | O Z & P C  | 2:33.94       | 199200932 | <b>2:49.92</b> | 1:18.11 | 2:49.92 |

Programmanr. 22  
10-3-2012 - 17:00

Heren, 50m vrije slag

Heren Senioren Open  
Resultaten

| rang  | naam             | vereniging | inschrijftijd |           | tijd              |
|-------|------------------|------------|---------------|-----------|-------------------|
| 1.    | Timon Evenhuis   | TriVia     | 22.39         | 199000843 | <b>23.01</b>      |
| 2.    | Jeroen Stuu      | TriVia     | 22.98         | 198803315 | <b>23.66</b>      |
| 3.    | Kay Beimin       | O Z & P C  | 24.46         | 198900163 | <b>24.40</b>      |
| 4.    | Ramon Fredrik    | Orca       | 24.00         | 199403933 | <b>24.75</b>      |
| 5.    | Michiel Punter   | TriVia     | 23.34         | 198401823 | <b>24.99</b> FJ 1 |
| 6.    | Bernd Kobesen    | TriVia     | 23.62         | 199300981 | <b>24.99</b> FJ 2 |
| 7.    | Willem Kees Roos | Orca       | 24.51         | 199402693 | <b>25.15</b>      |
| 8.    | Michiel Beemster | O Z & P C  | 24.68         | 198000063 | <b>25.63</b>      |
| 9.    | Thomas Nijenhuis | O Z & P C  | 25.57         | 199105565 | <b>25.92</b>      |
| 10.   | Erik Schröder    | TriVia     | 25.29         | 198402025 | <b>26.18</b>      |
| AFGEM | Henk Jan Verkaik | Orca       | 26.25         | 199305447 |                   |

E-on Competitie hoofdklasse deel 4  
Groningen, 10-3-2012

Programmanr. 23  
10-3-2012 - 17:05

Meisjes, 100m rugslag

Meisjes Jeugd 2 en later  
Resultaten

| rang | naam                 | vereniging | inschrijftijd |           | tijd           | 50m   | 100m    |
|------|----------------------|------------|---------------|-----------|----------------|-------|---------|
| 1.   | Anneliene Zuidema    | Orca       | 1:08.20       | 199800768 | <b>1:08.24</b> | 32.82 | 1:08.24 |
| 2.   | Lisanne van Avezaath | TriVia     | 1:08.94       | 199701304 | <b>1:09.83</b> | 33.30 | 1:09.83 |
| 3.   | Lianne Molkenboer    | O Z & P C  | 1:11.32       | 199602034 | <b>1:10.70</b> | 33.91 | 1:10.70 |
| 4.   | Rixt Menger          | Orca       | 1:10.55       | 199602052 | <b>1:10.72</b> | 34.61 | 1:10.72 |
| 5.   | Carmen Weistra       | Orca       | 1:12.45       | 199802148 | <b>1:11.38</b> | 34.23 | 1:11.38 |
| 6.   | Esther Hulsing       | TriVia     | 1:08.92       | 199601080 | <b>1:11.97</b> | 34.29 | 1:11.97 |
| 7.   | Willemein Hoving     | TriVia     | 1:13.94       | 199800106 | <b>1:12.38</b> | 34.82 | 1:12.38 |
| 8.   | Lindy Nijhuis        | O Z & P C  | 1:11.27       | 199700010 | <b>1:12.53</b> | 35.57 | 1:12.53 |
| 9.   | Melissa Nauta        | Orca       | 1:12.85       | 199602388 | <b>1:13.26</b> | 35.10 | 1:13.26 |
| 10.  | Sigrid Hogendorp     | Orca       | 1:15.82       | 199900962 | <b>1:15.55</b> | 35.79 | 1:15.55 |
| 11.  | Lauren Bijen         | O Z & P C  | 1:18.26       | 199701362 | <b>1:17.47</b> | 37.85 | 1:17.47 |

Programmanr. 24  
10-3-2012 - 17:10

Jongens, 200m schoolslag

Jongens Junioren 4 en later  
Resultaten

| rang | naam                  | vereniging | inschrijftijd |           | tijd           | 100m    | 200m    |
|------|-----------------------|------------|---------------|-----------|----------------|---------|---------|
| 1.   | Niels Kemperink       | O Z & P C  | 2:30.50       | 199600005 | <b>2:32.78</b> | 1:14.10 | 2:32.78 |
| 2.   | Maarten Rottier       | TriVia     | 2:36.32       | 199600657 | <b>2:36.77</b> | 1:15.49 | 2:36.77 |
| 3.   | David Smeele          | TriVia     | 2:43.56       | 199604869 | <b>2:44.77</b> | 1:18.40 | 2:44.77 |
| 4.   | Minne Koopmans        | Orca       | 2:49.02       | 199603557 | <b>2:47.86</b> | 1:21.18 | 2:47.86 |
| 5.   | Richard Kuipers       | Orca       | 2:44.18       | 199704171 | <b>2:50.11</b> | 1:20.44 | 2:50.11 |
| 6.   | Rens van Amelsvoort   | O Z & P C  | 3:02.25       | 199700385 | <b>2:54.47</b> | 1:24.77 | 2:54.47 |
| 7.   | Christopher ter Horst | O Z & P C  | 2:58.83       | 199602533 | <b>3:00.47</b> | 1:26.61 | 3:00.47 |
| 8.   | Jens Kuitert          | Orca       | 3:15.62       | 199603891 | <b>3:02.43</b> | 1:26.53 | 3:02.43 |
| 9.   | Remco Stam            | TriVia     | 3:01.60       | 199702165 | <b>3:06.48</b> | 1:29.50 | 3:06.48 |
| 10.  | Lorenzo Peperkamp     | O Z & P C  | 3:11.18       | 199600847 | <b>3:10.40</b> | 1:29.19 | 3:10.40 |

Programmanr. 25  
10-3-2012 - 17:20

Jongens, 100m schoolslag

Jongens Junioren 4 en later  
Resultaten

| rang | naam                 | vereniging | inschrijftijd |           | tijd           | 50m   | 100m    |
|------|----------------------|------------|---------------|-----------|----------------|-------|---------|
| 1.   | Michelle Hoogendoorn | O Z & P C  | 1:00.10       | 199503718 | <b>59.93</b>   | 29.08 | 59.93   |
| 2.   | Evelien van Ruiten   | Orca       | 1:00.36       | 199602924 | <b>1:00.00</b> | 29.36 | 1:00.00 |
| 3.   | Laura Hagreis        | O Z & P C  | 59.27         | 199600548 | <b>1:00.05</b> | 29.17 | 1:00.05 |
| 4.   | Rosanne Schoonbeek   | TriVia     | 58.37         | 199402692 | <b>1:00.60</b> | 29.60 | 1:00.60 |
| 5.   | Clarís de Vries      | Orca       | 1:01.32       | 199700942 | <b>1:01.27</b> | 29.56 | 1:01.27 |
| 6.   | Anouk Frieman        | TriVia     | 58.26         | 199502390 | <b>1:01.29</b> | 29.26 | 1:01.29 |
| 7.   | Cynthia van Beusekom | TriVia     | 1:00.28       | 199500134 | <b>1:01.74</b> | 29.46 | 1:01.74 |

Programmanr. 26  
10-3-2012 - 17:20

Dames, 100m vrije slag

Dames Senioren 2 en later  
Resultaten

| rang | naam                 | vereniging | inschrijftijd |           | tijd           | 50m   | 100m    |
|------|----------------------|------------|---------------|-----------|----------------|-------|---------|
| 1.   | Michelle Hoogendoorn | O Z & P C  | 1:00.10       | 199503718 | <b>59.93</b>   | 29.08 | 59.93   |
| 2.   | Evelien van Ruiten   | Orca       | 1:00.36       | 199602924 | <b>1:00.00</b> | 29.36 | 1:00.00 |
| 3.   | Laura Hagreis        | O Z & P C  | 59.27         | 199600548 | <b>1:00.05</b> | 29.17 | 1:00.05 |
| 4.   | Rosanne Schoonbeek   | TriVia     | 58.37         | 199402692 | <b>1:00.60</b> | 29.60 | 1:00.60 |
| 5.   | Clarís de Vries      | Orca       | 1:01.32       | 199700942 | <b>1:01.27</b> | 29.56 | 1:01.27 |
| 6.   | Anouk Frieman        | TriVia     | 58.26         | 199502390 | <b>1:01.29</b> | 29.26 | 1:01.29 |
| 7.   | Cynthia van Beusekom | TriVia     | 1:00.28       | 199500134 | <b>1:01.74</b> | 29.46 | 1:01.74 |

Programmanr. 27  
10-3-2012 - 17:20

Jongens, 200m rugslag

Jongens Jeugd 2 en later  
Resultaten

| rang  | naam            | vereniging | inschrijftijd |           | tijd           | 100m    | 200m    |
|-------|-----------------|------------|---------------|-----------|----------------|---------|---------|
| 1.    | Milan Grunewald | TriVia     | 2:09.59       | 199500757 | <b>2:15.99</b> | 1:05.46 | 2:15.99 |
| 2.    | Damon Peperkamp | O Z & P C  | 2:16.26       | 199501101 | <b>2:16.57</b> | 1:07.72 | 2:16.57 |
| 3.    | Pieter Ytsma    | Orca       | 2:16.41       | 199501809 | <b>2:17.56</b> | 1:06.96 | 2:17.56 |
| 4.    | Jelmer Postma   | Orca       | 2:22.91       | 199701631 | <b>2:22.35</b> | 1:09.61 | 2:22.35 |
| 5.    | Stef Heijnekamp | O Z & P C  | 2:19.89       | 199401665 | <b>2:23.02</b> | 1:10.36 | 2:23.02 |
| 6.    | Hein Rödel      | O Z & P C  | 2:26.70       | 199500895 | <b>2:28.27</b> | 1:11.97 | 2:28.27 |
| 7.    | Brenn Diephuis  | TriVia     | 2:36.04       | 199504705 | <b>2:31.26</b> | 1:13.41 | 2:31.26 |
| AFGEM | Jens Kobesen    | TriVia     | 2:15.88       | 199500117 |                |         |         |

E-on Competitie hoofdklasse deel 4  
Groningen, 10-3-2012

Programmanr. 28  
10-3-2012 - 17:30

Dames, 100m rugslag

Dames Senioren Open  
Resultaten

| rang | naam                | vereniging | inschrijftijd |           | tijd           | 50m        | 100m    |
|------|---------------------|------------|---------------|-----------|----------------|------------|---------|
| 1.   | Cynthia Verkaik     | Orca       | 1:05.60       | 199601288 | <b>1:05.64</b> | 32.25      | 1:05.64 |
| 2.   | Sylvia Dik          | TriVia     | 1:01.68       | 199501064 | <b>1:07.02</b> |            | 1:07.02 |
| 3.   | Marloes Giesselink  | O Z & P C  | 1:05.89       | 199200612 | <b>1:08.45</b> | 33.25      | 1:08.45 |
| 4.   | Marieke Tienstra    | TriVia     | 1:08.50       | 199900302 | <b>1:09.08</b> | 33.60      | 1:09.08 |
| 5.   | Marre Zandringa     | Orca       | 1:07.78       | 199701136 | <b>1:09.25</b> | FJ 1 33.34 | 1:09.25 |
| 6.   | Kelly ter Doest     | O Z & P C  | 1:07.10       | 199100750 | <b>1:09.25</b> | FJ 2 33.37 | 1:09.25 |
| 7.   | Nynke van der Steur | TriVia     | NT            | 199201690 | <b>1:09.98</b> | 34.02      | 1:09.98 |
| 8.   | Ann Wanter          | Orca       | 1:12.56       | 198202386 | <b>1:11.39</b> | 34.94      | 1:11.39 |
| 9.   | Kelly Teunissen     | O Z & P C  | 1:16.89       | 199201740 | <b>1:18.75</b> | 38.29      | 1:18.75 |
| 10.  | Evelien Kip         | O Z & P C  | 1:13.65       | 199200932 | <b>1:19.02</b> | 36.80      | 1:19.02 |

Programmanr. 29  
10-3-2012 - 17:35

Heren, 200m vlinderslag

Heren Senioren Open  
Resultaten

| rang | naam             | vereniging | inschrijftijd |           | tijd           | 100m    | 200m    |
|------|------------------|------------|---------------|-----------|----------------|---------|---------|
| 1.   | Ramon Fredrik    | Orca       | 2:10.13       | 199403933 | <b>2:10.01</b> | 1:01.84 | 2:10.01 |
| 2.   | Erik Schröder    | TriVia     | 2:16.07       | 198402025 | <b>2:18.37</b> | 1:05.85 | 2:18.37 |
| 3.   | Bernd Kobesen    | TriVia     | 2:14.48       | 199300981 | <b>2:18.61</b> | 1:05.40 | 2:18.61 |
| 4.   | Marc Kremer      | TriVia     | 2:04.86       | 199004667 | <b>2:20.27</b> | 1:05.63 | 2:20.27 |
| 5.   | Thomas Nijenhuis | O Z & P C  | 2:28.95       | 199105565 | <b>2:25.84</b> | 1:07.90 | 2:25.84 |
| 6.   | Kay Beimin       | O Z & P C  | 2:20.02       | 198900163 | <b>2:26.52</b> | 1:08.97 | 2:26.52 |
| 7.   | Willem Kees Roos | Orca       | 2:23.48       | 199402693 | <b>2:29.83</b> | 1:09.56 | 2:29.83 |
| DIS  | Michiel Punter   | TriVia     | 2:36.22       | 198401823 |                | 1:08.10 |         |

AE - De aangegeven zwemslag niet uitgevoerd. (meer dan twee slagen: geen tijden noteren)

AFGEM Henk Jan Verkaik Orca 2:35.31 199305447

Programmanr. 30  
10-3-2012 - 17:40

Jongens, 4 x 100m vrije slag

Jongens Junioren 4 en later  
Resultaten

| rang |  | vereniging | inschrijftijd |                    | tijd     |  |                |
|------|--|------------|---------------|--------------------|----------|--|----------------|
| 1.   | Orca 1   | Orca       |               |                    | 3:51.04  |  | <b>3:50.03</b> |
|      | Jelmer Postma  | 97 28.18   | 1:00.28       | Jens Kuitert       | 96 27.08 |  | 56.30          |
|      | Richard Kuipers                                      | 97 28.09   | 58.29         | Minne Koopmans     | 96 26.25 |  | 55.16          |
| 2.   | TriVia 1   | TriVia     |               |                    | 4:08.63  |  | <b>4:17.21</b> |
|      | Maarten Rottier                                      | 96 28.96   | 59.81         | David Smeele       | 96 28.62 |  | 59.81          |
|      | Remco Stam   | 97 30.58   | 1:06.00       | Sebastiaan Rottier | 00 32.48 |  | 1:11.59        |
| DIS  | Oz&Pc 1  | O Z & P C  |               |                    | 3:56.15  |  |                |
|      | EA - Te vroeg overgenomen. (geen eindtijd noteren**) |            |               |                    |          |  |                |
|      | Bas Neef   | 98 28.67   | 1:00.83       | Lorenzo Peperkamp  | 96 27.36 |  | 57.59          |
|      | Rens van Amelsvoort                                  | 97 27.42   | 57.44         | Niels Kemperink    | 96 25.61 |  |                |

Programmanr. 31  
10-3-2012 - 17:45

Jongens, 4 x 50m vrije slag

Jongens Junioren 4 en later  
Resultaten

| rang |  | vereniging | inschrijftijd |  | tijd |
|------|--|------------|---------------|--|------|
|------|--|------------|---------------|--|------|

Programmanr. 32  
10-3-2012 - 17:45

Meisjes, 4 x 100m wisselslag

Meisjes Junioren 3 en later  
Resultaten

| rang |  | vereniging | inschrijftijd |  | tijd |
|------|--|------------|---------------|--|------|
|------|--|------------|---------------|--|------|

E-on Competitie hoofdklasse deel 4  
Groningen, 10-3-2012

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Programmanr. 32, Meisjes, 4 x 100m wisselslag

|    |  |                             |         |  |          |         |                |
|----|--|-----------------------------|---------|--|----------|---------|----------------|
| 1. | Orca 1<br>Hanny van Dijk<br>Anneliene Zuidema    | Orca<br>98 32.53<br>98      | 1:06.35 | Kinge Zandringa<br>Josien Wijkhuijs    | 98<br>98 | 4:33.93 | <b>4:31.95</b> |
| 2. | TriVia 1<br>Marieke Tienstra<br>Willemein Hoving | TriVia<br>99 33.32<br>98    | 1:08.19 | Juliette Hekman<br>Marlinde Schoonbeek | 98<br>98 | 4:40.38 | <b>4:39.20</b> |
| 3. | Orca 2<br>Myrthe Offenga<br>Sigrid Hogendorp     | Orca<br>99 35.90<br>99      | 1:13.86 | Carmen Weistra<br>Rosalie Baarda       | 98<br>99 | 5:04.57 | <b>5:04.21</b> |
| 4. | Oz&Pc 1<br>Eefje Slootweg<br>Laureen Bekhuis     | O Z & P C<br>98 34.63<br>98 | 1:12.61 | Eva Hagreis<br>Renske Mulder           | 98<br>99 | 5:20.39 | <b>5:14.28</b> |