

Limietwedstrijd

Progr. nr. 1 200m Vrijeslag m. junioren 1 en eerder

Meisjes junioren 3 en later

| | | | | | 50m | 100m | Eindtijd | | |
|----|---------------------------|------------|---------|----------|------------|-------------|-----------------|---------|-----|
| 1 | Lisa Brantjes | KZC | 2.25.53 | 98-00950 | A | 0.33.39 | 1.10.08 | 2.23.80 | I |
| 2 | Jade Broek | A.Z.V.D. | 2.39.22 | 97-02300 | A | 0.35.96 | 1.15.17 | 2.37.08 | II |
| 3 | Anouk van Dam | ZV Haerlem | 2.41.93 | 98-00032 | A | 0.37.00 | 1.19.34 | 2.41.40 | III |
| 4 | Chantal Beijer | ZV Haerlem | 2.39.06 | 97-00884 | A | 0.37.19 | 1.19.38 | 2.43.75 | |
| 5 | Renske Weeda | Aquafit | 2.47.95 | 97-00500 | A | 0.37.80 | 1.21.61 | 2.51.20 | |
| 6 | Iris de Vries | Aquafit | | 97-03640 | A | 0.37.97 | 1.21.98 | 2.54.84 | |
| 7 | Tessa van Langelaar | OEZA | 3.04.75 | 97-05286 | A | 0.39.39 | 1.22.93 | 2.56.71 | |
| 8 | Sascha Rozemeijer | Aquafit | | 99-02230 | A | 0.41.03 | 1.27.59 | 2.59.96 | |
| 9 | Isabel Punt | A.Z.V.D. | 3.04.03 | 99-01404 | A | 0.43.00 | 1.31.00 | 3.04.99 | |
| 10 | Shirley Lippus | KZC | 3.18.33 | 99-01406 | A | 0.46.24 | 1.37.01 | 3.16.26 | |
| 11 | Vera Komin | ZV Haerlem | 3.18.39 | 99-03240 | A | 0.43.71 | 1.34.96 | 3.17.35 | |
| 12 | Savannah Klein Schiphorst | Aquafit | | 99-04212 | A | 0.42.87 | 1.33.36 | 3.21.01 | |
| 13 | Tessa van Gelderen | Aquafit | | 98-02252 | A | 0.45.43 | 1.38.15 | 3.22.73 | |
| 14 | Anna Konijn | Aquafit | | 99-04214 | A | 0.49.11 | 1.47.46 | 3.49.42 | |
| - | Sharon Diamant | Aquafit | | 98-05144 | A | | | afg. | |

Meisjes senioren 1 en later

| | | | | | | | | | |
|----|-----------------------|--------------|---------|----------|---|---------|---------|---------|-----|
| 1 | Mariska van Engeldorp | ZV AQUARIUS | 2.18.56 | 95-02326 | B | 0.31.20 | 1.06.04 | 2.22.13 | I |
| 2 | Anne Groen | OEZA | 2.34.37 | 95-05996 | B | 0.34.29 | 1.11.40 | 2.26.71 | II |
| 3 | Laura van der Veen | A.Z.V.D. | 2.33.67 | 94-04090 | B | 0.33.18 | 1.10.09 | 2.29.82 | III |
| 4 | Hester Boes | ZV Waterland | 2.37.39 | 94-03670 | B | 0.36.82 | 1.16.25 | 2.36.69 | |
| 5 | Daphne Romeijn | DWT | 2.40.37 | 94-03890 | B | 0.37.65 | 1.18.53 | 2.42.45 | |
| 6 | Soraya Tak | Aquafit | 2.46.69 | 94-04554 | B | 0.38.26 | 1.21.80 | 2.47.76 | |
| 7 | Samara Leijen | Aquafit | 2.52.68 | 96-00798 | B | 0.39.62 | 1.24.06 | 2.50.01 | |
| 8 | Leanne Rozemeijer | Aquafit | 3.01.23 | 96-04246 | B | 0.40.36 | 1.27.03 | 3.00.61 | |
| 9 | Esther Schaefer | ZV Haerlem | | 96-04698 | B | 0.41.42 | 1.28.58 | 3.01.58 | |
| 10 | Daphne Laan | Aquafit | 3.11.68 | 96-00688 | B | 0.41.96 | 1.30.09 | 3.04.38 | |
| - | Roos Vredenburg | OEZA | 2.40.59 | 95-04618 | B | | | afg. | |
| - | Eva Visser | DWT | 2.58.31 | 96-01012 | B | | | afg. | |

Meisjes senioren 2 en eerder

| | | | | | | | | | |
|---|---------------------|--------------|---------|----------|---|---------|---------|---------|-----|
| 1 | Rozemarijn de Waart | ZV Waterland | 2.27.68 | 92-01954 | C | 0.32.69 | 1.10.19 | 2.27.16 | I |
| 2 | Ilse Traksel | ZV Haerlem | 2.37.38 | 88-04326 | C | 0.34.84 | 1.13.75 | 2.36.63 | II |
| 3 | Linda Stoevelaar | Aquafit | 2.38.57 | 90-07450 | C | 0.37.11 | 1.16.75 | 2.37.50 | III |
| 4 | Daisy Lippus | KZC | 2.48.16 | 93-05846 | C | 0.38.32 | 1.21.30 | 2.46.29 | |
| - | Milou van Riet | Aquafit | 2.32.08 | 90-05564 | C | | | afg. | |
| - | Merel Visser | DWT | 2.45.26 | 93-02878 | C | | | afg. | |

Progr. nr. 2 200m Vrijeslag j. minioren 6 en eerder

Jongens junioren 2 en later

| | | | | | 50m | 100m | Eindtijd | | |
|----|----------------------|-------------|---------|----------|------------|-------------|-----------------|---------|-----|
| 1 | Jeljer Aldershof | ZV Haerlem | 2.19.30 | 98-00719 | D | 0.33.02 | 1.08.93 | 2.20.73 | I |
| 2 | Roy van der Woude | ZV Haerlem | 2.25.86 | 97-00579 | D | 0.34.19 | 1.11.87 | 2.25.84 | II |
| 3 | Ingmar Bakker | A.Z.V.D. | 2.31.79 | 98-00493 | D | 0.35.04 | 1.14.31 | 2.34.42 | III |
| 4 | Mike Morianner | KZC | 2.52.12 | 99-02137 | D | 0.37.45 | 1.19.36 | 2.44.18 | |
| 5 | Bernd Rozemeijer | Aquafit | 3.24.78 | 97-02621 | D | 0.38.29 | 1.24.03 | 2.58.15 | |
| 6 | Pascal Benjamins | A.Z.V.D. | | 99-02379 | D | 0.40.96 | 1.28.30 | 3.03.65 | |
| 7 | Maarten van der Veen | A.Z.V.D. | | 99-02381 | D | 0.42.06 | 1.31.15 | 3.05.68 | |
| 8 | Sven Martens | KZC | 3.14.74 | 98-01445 | D | 0.43.67 | 1.33.15 | 3.12.66 | |
| 9 | Barry van Engeldorp | ZV AQUARIUS | 3.23.10 | 99-00089 | D | 0.42.35 | 1.32.83 | 3.14.84 | |
| 10 | Roy Vlieland | OEZA | 3.33.46 | 99-01517 | D | 0.43.69 | 1.35.75 | 3.17.97 | |
| 11 | Sietse van de Wal | Aquafit | | 99-03561 | D | 0.41.99 | 1.34.65 | 3.22.20 | |

Limietwedstrijd

Vervolg Progr. nr. 2 200m Vrijeslag j. minioren 6 en eerder

Jongens jeugd 1 en later

| | | | | | 50m | 100m | Eindtijd | | |
|---|------------------|--------------|---------|----------|------------|-------------|-----------------|---------|-----|
| 1 | Michael van Dam | ZV Haerlem | 2.05.02 | 94-01501 | E | 0.28.36 | 0.59.55 | 2.01.49 | I |
| 2 | Gerco Kalverboer | ZV Waterland | 2.13.45 | 94-00231 | E | 0.29.87 | 1.03.18 | 2.11.94 | II |
| 3 | Kevin Schaaf | ZV Haerlem | 2.16.25 | 96-02603 | E | 0.32.39 | 1.07.30 | 2.19.07 | III |
| 4 | Sammie Leijen | Aquafit | 2.19.47 | 94-02639 | E | 0.30.35 | 1.05.51 | 2.21.17 | |
| 5 | Jeffrey Camphens | DWT | 2.32.11 | 95-03113 | E | 0.36.11 | 1.14.48 | 2.26.93 | |
| 6 | Jos Kalverboer | ZV Waterland | 2.31.91 | 96-02241 | E | 0.35.93 | 1.15.89 | 2.34.71 | |
| 7 | Jeffrey Dekker | ZV AQUARIUS | 3.04.00 | 96-04157 | E | 0.39.20 | 1.28.84 | 3.12.38 | |

Jongens jeugd 2 en eerder

| | | | | | | | | | |
|----|--------------------|--------------|---------|----------|---|---------|---------|---------|-----|
| 1 | Jordy Kok | ZV Waterland | 2.02.05 | 87-01783 | F | 0.29.63 | 1.02.18 | 2.09.13 | I |
| 2 | Quintin Trausel | A.Z.V.D. | 2.08.48 | 87-03403 | F | 0.29.39 | 1.01.82 | 2.10.47 | II |
| 3 | Stefan Tijms | OEZA | 2.21.00 | 93-00863 | F | 0.31.25 | 1.05.25 | 2.16.21 | III |
| 4 | Hiras Ferrandino | DWT | 2.18.22 | 93-06527 | F | 0.32.21 | 1.07.10 | 2.17.40 | |
| 5 | Nicky Kok | ZV Waterland | 2.06.85 | 88-01931 | F | 0.32.17 | 1.07.39 | 2.19.15 | |
| 6 | Sander van Schaik | A.Z.V.D. | 2.16.83 | 91-02005 | F | 0.30.87 | 1.05.67 | 2.19.52 | |
| 7 | Wessel Weeda | Aquafit | 2.21.50 | 93-02779 | F | 0.32.90 | 1.08.35 | 2.21.50 | |
| 8 | Michel Wigbers | DWT | 2.15.96 | 80-01743 | F | 0.32.80 | 1.09.37 | 2.24.65 | |
| 9 | Ivo Molenaars | Aquafit | 2.17.11 | 90-04589 | F | 0.32.50 | 1.09.05 | 2.25.06 | |
| 10 | Patrick Verduin | Aquafit | 2.28.09 | 93-04781 | F | 0.33.42 | 1.10.75 | 2.25.45 | |
| 11 | Nico Rozemeijer | Aquafit | 2.25.08 | 59-00751 | F | 0.32.69 | 1.08.61 | 2.26.53 | |
| 12 | Bart van Leijden | DWT | 2.35.80 | 92-06893 | F | 0.34.50 | 1.15.31 | 2.34.54 | |
| - | Erik van der Zande | Aquafit | 2.43.08 | 88-03963 | F | | | ng za | |
| - | Thijs van Egmond | DWT | | 93-07099 | F | | | afg. | |

Progr. nr. 3 50m Vrijeslag m./j. minioren 2 / 3

Jongens minioren 3 en later

| | | | | | | | Eindtijd | |
|---|-------------------------|------------|---------|----------|---|--|-----------------|----|
| 1 | Gosse Aldershof | ZV Haerlem | | 02-00603 | J | | 0.47.36 | I |
| 2 | Justin Klein Schiphorst | Aquafit | 0.56.91 | 02-01021 | J | | 0.56.68 | II |

Meisjes minioren 3 en later

| | | | | | | | | |
|---|------------------|-----|---------|----------|---|--|---------|---|
| 1 | Tara van Leeuwen | KZC | 0.54.14 | 02-01112 | M | | 0.51.82 | I |
|---|------------------|-----|---------|----------|---|--|---------|---|

Progr. nr. 4 100m Vrijeslag m./j. minioren 4 / 5

Jongens minioren 4 / 5

| | | | | | | 50m | | Eindtijd | |
|---|----------------|----------|---------|----------|---|------------|--|-----------------|-----|
| 1 | Phil Brantjes | KZC | 1.17.49 | 00-00485 | J | 0.36.86 | | 1.16.81 | I |
| 2 | Niels Martens | KZC | 1.31.90 | 01-00111 | J | 0.43.84 | | 1.34.46 | II |
| 3 | Sjoerd Jongert | A.Z.V.D. | 1.34.93 | 01-00427 | J | | | 1.35.19 | III |
| 4 | Roel Gaal | OEZA | | 01-01173 | J | | | 1.35.88 | |
| 5 | Frank Bouquet | A.Z.V.D. | | 01-02279 | J | 0.53.50 | | 1.55.11 | |

Meisjes minioren 4 / 5

| | | | | | | | | | |
|---|----------------|--------------|---------|----------|---|---------|--|---------|-----|
| 1 | Danae Kingma | Aquafit | 1.21.69 | 00-01740 | M | 0.37.10 | | 1.18.30 | I |
| 2 | Kirsten Petit | OEZA | 1.40.14 | 00-02986 | M | 0.41.94 | | 1.30.77 | II |
| 3 | Kim Groeneveld | ZV Waterland | 1.36.27 | 01-00924 | M | 0.42.52 | | 1.33.59 | III |
| 4 | Shira de Haan | OEZA | 1.37.50 | 00-01130 | M | 0.44.50 | | 1.35.88 | |
| 5 | Denise Laan | Aquafit | 1.40.71 | 00-01180 | M | 0.46.50 | | 1.37.31 | |
| 6 | Eline Loos | KZC | 1.40.68 | 01-00838 | M | 0.52.37 | | 1.47.47 | |
| 7 | Merel Doll | KZC | | 01-02610 | M | 0.58.06 | | 1.57.59 | |
| - | Laura Diamant | Aquafit | 1.58.25 | 00-03366 | M | | | afg. | |

Limietwedstrijd

Progr. nr. 5 100m Vlinderslag m. junioren 1 en eerder

Meisjes junioren 3 en later

| | | | | | | 50m | Eindtijd | |
|---|----------------------|------------------|---------|----------|---|------------|-----------------|-----|
| 1 | Saritha van Zanten | ZV Waterland | 1.22.51 | 98-01220 | A | 0.37.93 | 1.22.69 | I |
| 2 | Nikita van den Ouden | Luctor et Emergo | 1.25.65 | 99-00622 | A | | 1.27.22 | II |
| 3 | Renske Weeda | Aquafit | 1.34.00 | 97-00500 | A | 0.39.60 | 1.31.43 | III |
| 4 | Tori Gijzen | ZV Haerlem | 1.38.20 | 97-03166 | A | | 1.38.06 | |
| 5 | Roanne Stolk | ZV Waterland | 1.36.03 | 98-01002 | A | 0.45.52 | 1.39.58 | |
| 6 | Florianne Bultje | ZV Haerlem | 1.47.76 | 98-04342 | A | 0.44.50 | 1.39.84 | |
| 7 | Thalita Dekker | ZV AQUARIUS | | 98-03220 | A | 0.52.39 | 1.56.53 | |
| - | Suzanne Ivens | OEZA | 2.02.45 | 99-02904 | A | 0.55.01 | 2.06.71 | VE |

Meisjes senioren 1 en later

| | | | | | | | | |
|---|------------------|--------------|---------|----------|---|---------|---------|-----|
| 1 | Dana van der Zee | ZV Haerlem | 1.25.83 | 95-00532 | B | 0.37.68 | 1.24.61 | I |
| 2 | Naomi Blommaert | ZV Haerlem | | 96-04770 | B | 0.40.45 | 1.32.09 | II |
| 3 | Hester Boes | ZV Waterland | 1.29.06 | 94-03670 | B | 0.42.33 | 1.37.07 | III |
| 4 | Daniëlle de Reus | KZC | 1.41.80 | 95-05908 | B | 0.45.68 | 1.41.53 | |

Meisjes senioren 2 en eerder

| | | | | | | | | |
|---|-------------------|-------------|---------|----------|---|---------|---------|-----|
| 1 | Ingrid Jongert | A.Z.V.D. | 1.18.80 | 91-01490 | C | 0.33.47 | 1.13.33 | I |
| 2 | Sandra Zwaanswijk | ZV AQUARIUS | 1.20.23 | 85-03934 | C | 0.34.53 | 1.15.27 | II |
| 3 | Linda Stoevelaar | Aquafit | 1.26.00 | 90-07450 | C | 0.38.72 | 1.23.88 | III |
| - | Milou van Riet | Aquafit | 1.25.88 | 90-05564 | C | | afg. | |

Progr. nr. 6 100m Vlinderslag j. minioren 6 en eerder

Jongens junioren 2 en later

| | | | | | | 50m | Eindtijd | |
|---|-----------------|--------------|---------|----------|---|------------|-----------------|----|
| 1 | Stan Blok | ZV Haerlem | 1.18.06 | 97-00569 | D | | 1.24.20 | I |
| 2 | Rick van Zanten | ZV Waterland | 1.23.00 | 98-00351 | D | 0.37.98 | 1.24.54 | II |

Jongens jeugd 1 en later

| | | | | | | | | |
|---|-----------------|------------|---------|----------|---|---------|---------|----|
| 1 | Michael van Dam | ZV Haerlem | 1.03.33 | 94-01501 | E | 0.31.05 | 1.05.13 | I |
| 2 | Sammie Leijen | Aquafit | 1.26.25 | 94-02639 | E | 0.39.01 | 1.30.40 | II |
| - | Jeroen Jongert | A.Z.V.D. | 1.19.47 | 96-00445 | E | | afg. | |

Jongens jeugd 2 en eerder

| | | | | | | | | |
|---|--------------------|--------------|---------|----------|---|---------|---------|-----|
| 1 | Nicky Kok | ZV Waterland | 1.09.51 | 88-01931 | F | 0.33.68 | 1.11.50 | I |
| 2 | Nico Rozemeijer | Aquafit | 1.14.44 | 59-00751 | F | 0.34.57 | 1.16.32 | II |
| 3 | Ivo Molenaars | Aquafit | 1.20.34 | 90-04589 | F | 0.36.36 | 1.18.43 | III |
| 4 | Patrick Verduin | Aquafit | 1.34.70 | 93-04781 | F | 0.43.35 | 1.33.89 | |
| - | Erik van der Zande | Aquafit | | 88-03963 | F | | ng za | |

Progr. nr. 7 100m Rugslag m./j. minioren 2 / 3

Meisjes minioren 3 en later

| | | | | | | | | |
|---|--------------|------------|--|----------|---|--|------|--|
| - | Minke Bultje | ZV Haerlem | | 02-MINBU | M | | afg. | |
|---|--------------|------------|--|----------|---|--|------|--|

Progr. nr. 8 100m Rugslag m./j. minioren 4 / 5

Jongens minioren 4 / 5

| | | | | | | 50m | Eindtijd | |
|---|---------------|------|---------|----------|---|------------|-----------------|-----|
| 1 | Phil Brantjes | KZC | 1.24.11 | 00-00485 | J | 0.42.25 | 1.25.35 | I |
| 2 | Stefan Loos | KZC | 1.35.50 | 00-00487 | J | 0.48.73 | 1.36.38 | II |
| 3 | Roel Gaal | OEZA | | 01-01173 | J | 0.47.26 | 1.38.26 | III |

Meisjes minioren 4 / 5

| | | | | | | | | |
|---|----------------|--------------|---------|----------|---|---------|---------|----|
| 1 | Denise Laan | Aquafit | 1.51.56 | 00-01180 | M | 0.48.86 | 1.39.25 | I |
| 2 | Kim Groeneveld | ZV Waterland | 1.47.46 | 01-00924 | M | 0.53.50 | 1.47.95 | II |

Limietwedstrijd

Vervolg Progr. nr. 8 100m Rugslag m./j. minioren 4 / 5

| | | | | | 50m | Eindtijd | | |
|---|---------------|---------|---------|----------|------------|-----------------|---------|-----|
| 3 | Sara Doodeman | OEZA | | 00-03622 | M | 0.55.00 | 1.49.03 | III |
| - | Kirsten Petit | OEZA | 1.52.73 | 00-02986 | M | 0.46.78 | 1.37.85 | RC |
| - | Laura Diamant | Aquafit | 2.04.02 | 00-03366 | M | | afg. | |

Progr. nr. 9 100m Wisselslag m. junioren 1 en eerder

Meisjes junioren 3 en later

| | | | | | | | Eindtijd | |
|----|---------------------------|--------------|---------|----------|---|--|-----------------|-----|
| 1 | Jade Broek | A.Z.V.D. | 1.18.82 | 97-02300 | A | | 1.19.89 | I |
| 2 | Lisa Brantjes | KZC | 1.23.03 | 98-00950 | A | | 1.22.49 | II |
| 3 | Anouk van Dam | ZV Haerlem | 1.23.80 | 98-00032 | A | | 1.22.88 | III |
| 4 | Chantal Beijer | ZV Haerlem | 1.24.99 | 97-00884 | A | | 1.28.14 | |
| 5 | Frédérique van Tiel | KZC | 1.30.78 | 97-02852 | A | | 1.28.34 | |
| 6 | Tessa van Langelaar | OEZA | 1.36.35 | 97-05286 | A | | 1.29.78 | |
| 7 | Iris de Vries | Aquafit | 1.32.29 | 97-03640 | A | | 1.31.75 | |
| 8 | Isabel Punt | A.Z.V.D. | 1.32.68 | 99-01404 | A | | 1.32.30 | |
| 9 | Tori Gijzen | ZV Haerlem | 1.31.59 | 97-03166 | A | | 1.33.23b | |
| 10 | Sascha Rozemeijer | Aquafit | 1.36.12 | 99-02230 | A | | 1.35.17 | |
| 11 | Florianne Bultje | ZV Haerlem | 1.35.68 | 98-04342 | A | | 1.36.50 | |
| 12 | Roanne Stolk | ZV Waterland | 1.34.43 | 98-01002 | A | | 1.37.36 | |
| 13 | Sheri Zwietering | A.Z.V.D. | 1.37.12 | 98-02036 | A | | 1.38.50 | |
| 14 | Savannah Klein Schiphorst | Aquafit | 1.44.90 | 99-04212 | A | | 1.44.13 | |
| 15 | Suzanne Ivens | OEZA | 1.41.80 | 99-02904 | A | | 1.47.07 | |
| 16 | Tessa van Gelderen | Aquafit | 1.45.70 | 98-02252 | A | | 1.48.03 | |
| 17 | Vera Komin | ZV Haerlem | 1.45.64 | 99-03240 | A | | 1.49.15 | |
| - | Anna Konijn | Aquafit | | 99-04214 | A | | 1.57.13 | VB |
| - | Sharon Diamant | Aquafit | 1.43.23 | 98-05144 | A | | afg. | |

Meisjes senioren 1 en later

| | | | | | | | | |
|----|--------------------|--------------|---------|----------|---|--|----------|-----|
| 1 | Laura van der Veen | A.Z.V.D. | 1.19.44 | 94-04090 | B | | 1.19.04 | I |
| 2 | Daphne Romeijn | DWT | 1.19.07 | 94-03890 | B | | 1.19.62 | II |
| 3 | Anne Groen | OEZA | 1.24.82 | 95-05996 | B | | 1.20.21 | III |
| 4 | Lisa Schellinger | ZV Waterland | 1.20.98 | 96-02006 | B | | 1.21.12 | |
| 5 | Naomi Blommaert | ZV Haerlem | 1.27.96 | 96-04770 | B | | 1.25.06 | |
| 6 | Soraya Tak | Aquafit | 1.24.16 | 94-04554 | B | | 1.26.55 | |
| 7 | Daphne Laan | Aquafit | 1.31.25 | 96-00688 | B | | 1.33.23a | |
| 8 | Samara Leijen | Aquafit | 1.30.84 | 96-00798 | B | | 1.34.18 | |
| 9 | Leanne Rozemeijer | Aquafit | 1.27.19 | 96-04246 | B | | 1.34.34 | |
| 10 | Daniëlle de Reus | KZC | 1.33.22 | 95-05908 | B | | 1.35.12 | |
| 11 | Esther Schaefer | ZV Haerlem | | 96-04698 | B | | 1.36.39 | |
| - | Roos Vredenburg | OEZA | 1.24.15 | 95-04618 | B | | afg. | |
| - | Eva Visser | DWT | 1.31.65 | 96-01012 | B | | afg. | |

Meisjes senioren 2 en eerder

| | | | | | | | | |
|---|---------------------|--------------|---------|----------|---|--|---------|-----|
| 1 | Sandra Zwaanswijk | ZV AQUARIUS | 1.15.23 | 85-03934 | C | | 1.16.06 | I |
| 2 | Sarah de Waart | ZV Waterland | 1.14.67 | 91-03400 | C | | 1.17.15 | II |
| 3 | Rozemarijn de Waart | ZV Waterland | 1.16.90 | 92-01954 | C | | 1.19.38 | III |
| - | Merel Visser | DWT | 1.28.31 | 93-02878 | C | | afg. | |

Progr. nr. 10 100m Wisselslag j. minioren 6 en eerder

Jongens junioren 2 en later

| | | | | | | | Eindtijd | |
|---|------------------|------------|---------|----------|---|--|-----------------|-----|
| 1 | Jeljer Aldershof | ZV Haerlem | 1.18.44 | 98-00719 | D | | 1.14.24 | I |
| 2 | Stan Blok | ZV Haerlem | 1.18.34 | 97-00569 | D | | 1.21.36 | II |
| 3 | Ingmar Bakker | A.Z.V.D. | 1.22.41 | 98-00493 | D | | 1.22.05 | III |

Limietwedstrijd

Vervolg Progr. nr. 10 100m Wisselslag j. minioren 6 en eerder

| | | | | | | | Eindtijd | |
|----|----------------------|-------------|---------|----------|---|--|-----------------|----|
| 4 | Bjarne Bruijns | KZC | 1.29.24 | 97-04617 | D | | 1.22.28 | |
| 5 | Mike Morianner | KZC | 1.25.30 | 99-02137 | D | | 1.25.96 | |
| 6 | Koen Gaal | OEZA | 1.31.62 | 99-01113 | D | | 1.29.43 | |
| 7 | Ahmet Liman | KZC | 1.36.42 | 97-04215 | D | | 1.32.95 | |
| 8 | Bernd Rozemeijer | Aquafit | 1.35.23 | 97-02621 | D | | 1.35.46 | |
| 9 | Barry van Engeldorp | ZV AQUARIUS | 1.40.36 | 99-00089 | D | | 1.39.89 | |
| 10 | Maarten van der Veen | A.Z.V.D. | 1.59.50 | 99-02381 | D | | 1.46.27 | |
| 11 | Sven Martens | KZC | 1.51.28 | 98-01445 | D | | 1.48.44 | |
| 12 | Sietse van de Wal | Aquafit | | 99-03561 | D | | 1.52.57 | |
| - | Hugo van Wezenbeek | KZC | 1.45.29 | 98-04157 | D | | 1.48.96 | RH |

Jongens jeugd 1 en later

| | | | | | | | | |
|---|------------------|--------------|---------|----------|---|--|---------|-----|
| 1 | Gerco Kalverboer | ZV Waterland | 1.09.67 | 94-00231 | E | | 1.08.80 | I |
| 2 | Jeffrey Camphens | DWT | 1.16.19 | 95-03113 | E | | 1.14.85 | II |
| 3 | Jos Kalverboer | ZV Waterland | 1.22.05 | 96-02241 | E | | 1.20.63 | III |
| 4 | Jeffrey Dekker | ZV AQUARIUS | 1.35.87 | 96-04157 | E | | 1.33.43 | |
| - | Kevin Schaaf | ZV Haerlem | 1.13.24 | 96-02603 | E | | 1.14.25 | RH |
| - | Jeroen Jongert | A.Z.V.D. | 1.19.05 | 96-00445 | E | | afg. | |

Jongens jeugd 2 en eerder

| | | | | | | | | |
|---|------------------|--------------|---------|----------|---|--|---------|-----|
| 1 | Quintin Trausel | A.Z.V.D. | 1.03.98 | 87-03403 | F | | 1.05.28 | I |
| 2 | Jordy Kok | ZV Waterland | 1.04.93 | 87-01783 | F | | 1.06.62 | II |
| 3 | Stefan Schulte | ZV Haerlem | 1.07.18 | 93-02443 | F | | 1.07.43 | III |
| 4 | Hiras Ferrandino | DWT | 1.08.27 | 93-06527 | F | | 1.09.46 | |
| 5 | Michel Wigbers | DWT | 1.12.41 | 80-01743 | F | | 1.13.20 | |
| 6 | Stefan Tijms | OEZA | 1.20.42 | 93-00863 | F | | 1.13.72 | |
| 7 | Wessel Weeda | Aquafit | 1.13.27 | 93-02779 | F | | 1.15.10 | |
| 8 | Bart van Leijden | DWT | 1.14.28 | 92-06893 | F | | 1.18.72 | |
| - | Thijs van Egmond | DWT | | 93-07099 | F | | afg. | |

Progr. nr. 11 100m Schoolslag m./j. minioren 2 / 3

Jongens minioren 3 en later

| | | | | | 50m | Eindtijd | | |
|---|-------------------------|------------|--|----------|------------|-----------------|---------|----|
| 1 | Gosse Aldershof | ZV Haerlem | | 02-00603 | J | 1.00.39 | 2.09.53 | I |
| 2 | Justin Klein Schiphorst | Aquafit | | 02-01021 | J | 1.04.79 | 2.17.29 | II |

Meisjes minioren 3 en later

| | | | | | | | | |
|---|------------------|------------|---------|----------|---|---------|---------|---|
| 1 | Tara van Leeuwen | KZC | 2.23.71 | 02-01112 | M | 1.03.36 | 2.16.82 | I |
| - | Minke Bultje | ZV Haerlem | | 02-MINBU | M | | afg. | |

Progr. nr. 12 100m Schoolslag m./j. minioren 4 / 5

Jongens minioren 4 / 5

| | | | | | 50m | Eindtijd | | |
|---|----------------|----------|---------|----------|------------|-----------------|---------|-----|
| 1 | Sjoerd Jongert | A.Z.V.D. | 1.46.50 | 01-00427 | J | 0.53.60 | 1.51.57 | I |
| 2 | Niels Martens | KZC | 1.51.02 | 01-00111 | J | 0.55.21 | 1.55.34 | II |
| 3 | Stefan Loos | KZC | 1.56.84 | 00-00487 | J | 0.56.95 | 1.57.58 | III |
| 4 | Frank Bouquet | A.Z.V.D. | | 01-02279 | J | 1.01.70 | 2.12.43 | |

Meisjes minioren 4 / 5

| | | | | | | | | |
|---|---------------|---------|---------|----------|---|---------|---------|-----|
| 1 | Danae Kingma | Aquafit | 1.36.99 | 00-01740 | M | 0.45.09 | 1.36.81 | I |
| 2 | Shira de Haan | OEZA | 1.48.91 | 00-01130 | M | 0.51.66 | 1.52.58 | II |
| 3 | Merel Doll | KZC | | 01-02610 | M | 0.57.68 | 2.01.17 | III |
| 4 | Sara Doodeman | OEZA | 2.04.82 | 00-03622 | M | 0.57.89 | 2.04.71 | |
| 5 | Eline Loos | KZC | 2.10.93 | 01-00838 | M | 1.01.21 | 2.07.48 | |

Limietwedstrijd

Progr. nr. 13 200m Rugslag m. junioren 1 en eerder

Meisjes junioren 3 en later

| | | | | | | 50m | 100m | Eindtijd | |
|---|----------------------|------------------|---------|----------|---|------------|-------------|-----------------|-----|
| 1 | Saritha van Zanten | ZV Waterland | 2.47.47 | 98-01220 | A | 0.41.43 | 1.26.62 | 2.55.62 | I |
| 2 | Nikita van den Ouden | Luctor et Emergo | 3.05.59 | 99-00622 | A | 0.44.09 | 1.28.57 | 2.58.57 | II |
| 3 | Frédérique van Tiel | KZC | | 97-02852 | A | 0.47.90 | 1.38.82 | 3.15.10 | III |
| 4 | Sheri Zwietering | A.Z.V.D. | 3.26.38 | 98-02036 | A | 0.50.38 | 1.44.31 | 3.30.87 | |
| 5 | Thalita Dekker | ZV AQUARIUS | 3.41.92 | 98-03220 | A | 0.51.41 | 1.46.75 | 3.36.11 | |

Meisjes senioren 1 en later

| | | | | | | | | | |
|---|-----------------------|--------------|---------|----------|---|---------|---------|---------|----|
| 1 | Mariska van Engeldorp | ZV AQUARIUS | 2.38.15 | 95-02326 | B | 0.35.90 | 1.16.19 | 2.38.84 | I |
| 2 | Lisa Schellinger | ZV Waterland | 2.49.56 | 96-02006 | B | 0.41.00 | 1.25.53 | 2.53.37 | II |

Meisjes senioren 2 en eerder

| | | | | | | | | | |
|---|----------------|--------------|---------|----------|---|---------|---------|---------|-----|
| 1 | Ingrid Jongert | A.Z.V.D. | 2.35.75 | 91-01490 | C | 0.35.97 | 1.13.57 | 2.31.43 | I |
| 2 | Sarah de Waart | ZV Waterland | 2.46.49 | 91-03400 | C | 0.41.43 | 1.25.68 | 2.56.93 | II |
| 3 | Ilse Traksel | ZV Haerlem | 2.53.11 | 88-04326 | C | 0.41.48 | 1.26.18 | 2.58.09 | III |

Progr. nr. 14 200m Rugslag j. minioren 6 en eerder

Jongens junioren 2 en later

| | | | | | | 50m | 100m | Eindtijd | |
|---|--------------------|--------------|---------|----------|---|------------|-------------|-----------------|-----|
| 1 | Roy van der Woude | ZV Haerlem | 2.39.89 | 97-00579 | D | 0.39.71 | 1.20.68 | 2.40.89 | I |
| 2 | Rick van Zanten | ZV Waterland | 2.56.95 | 98-00351 | D | 0.39.29 | 1.24.58 | 2.53.65 | II |
| 3 | Koen Gaal | OEZA | | 99-01113 | D | 0.44.02 | 1.33.66 | 3.06.90 | III |
| 4 | Bjarne Bruijns | KZC | | 97-04617 | D | 0.44.66 | 1.32.72 | 3.07.18 | |
| 5 | Pascal Benjamins | A.Z.V.D. | | 99-02379 | D | 0.47.84 | 1.41.03 | 3.27.55 | |
| 6 | Roy Vlieland | OEZA | | 99-01517 | D | 0.50.11 | 1.45.01 | 3.30.12 | |
| 7 | Hugo van Wezenbeek | KZC | | 98-04157 | D | 0.51.54 | 1.50.89 | 3.49.93 | |

Jongens jeugd 2 en eerder

| | | | | | | | | | |
|---|-------------------|----------|---------|----------|---|---------|---------|---------|---|
| 1 | Sander van Schaik | A.Z.V.D. | 2.48.70 | 91-02005 | F | 0.37.11 | 1.17.45 | 2.39.15 | I |
|---|-------------------|----------|---------|----------|---|---------|---------|---------|---|