

Kring Sprint Kampioenschappen A/B, 1



| <u>Progr. nr. 1 50m Vrijslag dames mix</u> | | | | | Eindtijd | |
|--|-------------------------|----------------------|---------|------------|-----------------|-----|
| <u>m. min. 5 / jun. 1</u> | | | | | | |
| 1 | Valerie van Roon | d'ELFT | 0.31.74 | 98-02326 A | 0.31.59 | I |
| 2 | Noortje de Ronde | d'ELFT | 0.31.92 | 98-03830 A | 0.31.67 | II |
| 3 | Julia Litjens | ZV Westland Dijkglas | 0.31.83 | 98-01188 A | 0.31.81 | III |
| 4 | Isobel Bowring | DES | 0.31.16 | 99-01982 A | 0.31.89 | |
| 5 | Marja Esmeijer | Zoetermeer | 0.32.98 | 98-00776 A | 0.32.63 | |
| 6 | Yancey Bouman | Zoetermeer | 0.34.13 | 98-01924 A | 0.33.15 | |
| 7 | Selina Nie | WZK | 0.34.51 | 99-01360 A | 0.33.24 | |
| 8 | Cara Layden | WVZ | 0.33.15 | 99-03562 A | 0.33.38 | |
| 9 | Madeline Shirley | WZK | 0.34.42 | 98-03674 A | 0.33.41 | |
| 10 | Luca Bruin | WVZ | 0.34.07 | 98-04228 A | 0.33.86 | |
| 11 | Kim van der Putten | ZV Westland Dijkglas | 0.34.28 | 98-01202 A | 0.33.87 | |
| 12 | Uma Kraus | d'ELFT | 0.34.32 | 98-02328 A | 0.33.90 | |
| 13 | Vera Martens | WVZ | 0.36.23 | 98-01572 A | 0.33.95 | |
| 14 | Diana van Halm Braam | WVZ | 0.34.51 | 98-00788 A | 0.34.10 | |
| 15 | Eline Veldkamp | Zoetermeer | 0.35.70 | 98-01766 A | 0.34.82 | |
| 16 | Carlijne Tap | Zoetermeer | 0.37.07 | 98-01460 A | 0.35.20 | |
| <i>handtijd</i> | | | | | | |
| 17 | Daily van der Vorst | ZV Westland Dijkglas | 0.36.77 | 99-02270 A | 0.35.44 | |
| 18 | Juliette Farmer | WVZ | 0.37.48 | 99-02954 A | 0.36.06 | |
| <i>handtijd</i> | | | | | | |
| 19 | Lisanne Bruin | ZV Westland Dijkglas | 0.37.23 | 98-03536 A | 0.36.61a | |
| <i>handtijd</i> | | | | | | |
| 20 | Raya Sardar | ZC Ooievaar (SG) | 0.37.26 | 99-01562 A | 0.36.61b | |
| <i>handtijd</i> | | | | | | |
| 21 | Barbara Matekovic | WVZ | 0.36.35 | 98-00786 A | 0.37.90 | |
| 22 | Anouk Breugem | WVZ | 0.37.02 | 98-00784 A | 0.38.80 | |
| <i>handtijd</i> | | | | | | |
| - | Rianne Buijs | d'ELFT | 0.36.35 | 98-03742 A | ng | |
| - | Anouk van der Lans | ZV Westland Dijkglas | 0.34.38 | 98-01614 A | afg. | |
| <u>m. junioren 2 / 3</u> | | | | | | |
| 1 | Amber Stienstra | d'ELFT | 0.28.13 | 96-04448 A | 0.28.69 | I |
| 2 | Sanne van Es | WVZ | 0.29.36 | 96-00404 A | 0.29.83 | II |
| 3 | Elisabeth Rivard | WVZ | 0.29.91 | 96-00244 A | 0.29.98 | III |
| 4 | Helen Nie | WZK | 0.30.70 | 96-05008 A | 0.30.50 | |
| 5 | Kyra Zegers | WVZ | 0.31.83 | 96-04282 A | 0.32.42 | |
| <u>m. jeugd 1 / 2</u> | | | | | | |
| 1 | Megan Wainwright | WZK | 0.28.88 | 95-06546 A | 0.28.57 | I |
| 2 | Astrid van Nieuwkerk | ZV Westland Dijkglas | 0.30.58 | 94-02904 A | 0.29.30 | II |
| 3 | Emma Siemensma | DES | 0.29.32 | 94-02716 A | 0.29.46 | III |
| 4 | Iris Voogt | ZV Westland Dijkglas | 0.29.49 | 95-04364 A | 0.29.88 | |
| 5 | Eefje Subroto | WVZ | 0.29.21 | 94-00766 A | 0.29.92 | |
| 6 | Sabine Koudijs | WVZ | 0.29.92 | 95-00024 A | 0.30.15 | |
| 7 | Eline Kempen | Zoetermeer | 0.30.45 | 94-02802 A | 0.30.38 | |
| 8 | Robin Oldenzeel | Zoetermeer | 0.30.79 | 94-02684 A | 0.30.66 | |
| 9 | Ilse Hoogendijk | d'ELFT | 0.30.70 | 95-06038 A | 0.30.98 | |
| 10 | Renate Meeusen | Zoetermeer | 0.30.30 | 95-04436 A | 0.31.36 | |
| - | Amanda Immerzeel | WVZ | 0.30.70 | 95-01534 A | | AA |
| <u>m. senioren 1 en eerder</u> | | | | | | |
| 1 | Aranka Wichers | d'ELFT | 0.28.25 | 93-06378 A | 0.27.82 | I |
| 2 | Anke Lamboij | AZL | 0.27.69 | 80-01182 A | 0.27.84 | II |
| 3 | Vera van Delden | AZL | 0.27.74 | 93-01308 A | 0.28.23 | III |
| 4 | Kris Siegers | Zoetermeer | 0.28.57 | 93-06368 A | 0.29.26 | |
| <i>Backup tijd</i> | | | | | | |
| 5 | Ivana Lingen | Zoetermeer | 0.28.87 | 93-05020 A | 0.29.45 | |
| 6 | Jacoline van den Beukel | ZV Westland Dijkglas | 0.29.48 | 91-00238 A | 0.31.01 | |
| <u>m. min. 5 / jun. 1</u> | | | | | | |
| 1 | Jemma Layden | WVZ | 0.37.54 | 99-03556 B | 0.35.19 | I |
| <i>handtijd</i> | | | | | | |

Kring Sprint Kampioenschappen A/B, 1



| <u>Vervolg Progr. nr. 1 50m Vrijeslag dames mix</u> | | | | | Eindtijd | |
|---|-------------------------|----------------------|---------|------------|----------------|-----|
| 2 | Emma Rijnsdorp | Zoetermeer | 0.39.10 | 99-02922 B | 0.36.64 | II |
| 3 | Tessa de Koning | ZV Westland Dijkglas | 0.37.89 | 99-03482 B | 0.37.14 | III |
| 4 | Nadine van Brink | AZL | 0.38.18 | 99-00308 B | 0.38.85 | |
| 5 | Sytske van der Laan | d'ELFT | 0.40.16 | 99-02008 B | 0.39.07 | |
| 6 | Elize Zwinkels | ZV Westland Dijkglas | 0.40.82 | 99-01646 B | 0.39.80 | |
| 7 | Ghislaine van der Krogt | AZL | 0.39.85 | 99-03494 B | 0.39.95 | |
| - | Isabelle Bronkhorst | Zoetermeer | 0.38.98 | 98-04078 B | | AA |
| <u>m. junioren 2 / 3</u> | | | | | | |
| 1 | Joy Vavier | ZV Westland Dijkglas | 0.33.34 | 97-01686 B | 0.32.12 | I |
| 2 | Anne van der Meulen | Zoetermeer | 0.33.24 | 96-05400 B | 0.32.32 | II |
| 3 | Valentina Foytlova | DES | 0.33.14 | 97-03636 B | 0.32.51 | III |
| 4 | Mijke Witkamp | WVZ | 0.33.76 | 96-01658 B | 0.33.40 | |
| 5 | Rachael Kretsch | WZK | 0.33.51 | 96-02904 B | 0.33.63 | |
| 6 | Mylène IJpema | ZV Westland Dijkglas | 0.33.51 | 96-03284 B | 0.34.10 | |
| 7 | Britt Vis | ZV Westland Dijkglas | 0.34.50 | 97-00888 B | 0.34.27 | |
| 8 | Antonia Milicic | DES | 0.34.45 | 97-04070 B | 0.35.46 | |
| <u>m. jeugd 1 / 2</u> | | | | | | |
| 1 | Lisanne Groeneveld | ZV Westland Dijkglas | 0.31.78 | 95-03612 B | 0.30.93 | I |
| 2 | Margaretha Siem | d'ELFT | 0.31.70 | 95-00220 B | 0.31.80 | II |
| 3 | Arienne de Jong | WVZ | 0.32.10 | 95-01210 B | 0.32.45 | III |
| 4 | Larissa Immerzeel | WVZ | 0.33.02 | 95-01474 B | 0.32.80 | |
| 5 | Alyssa Rijnschot | Zoetermeer | 0.33.36 | 95-00566 B | 0.33.96 | |
| - | Marina Welsh | WZK | 0.31.16 | 95-02472 B | ng | |
| <u>m. senioren 1 en eerder</u> | | | | | | |
| 1 | Isabelle Massar | WVZ | 0.29.62 | 91-02034 B | 0.29.36 | I |
| 2 | Sanne van Dijk | Zoetermeer | 0.30.00 | 90-00818 B | 0.30.36 | II |
| 3 | Linda Hoogendam | d'ELFT | 0.30.73 | 83-00892 B | 0.30.60 | III |
| 4 | Petra Vermeulen | WZK | 0.30.39 | 90-04700 B | 0.31.31 | |
| - | Yvonne Gerritsen | DES | 0.30.18 | 80-00342 B | ng | |

AA : Te vroeg weg of bewogen bij de 1e (1 start procedure) of 2e start (geen tijd noteren).

| <u>Progr. nr. 2 100m Wisselslag heren mix</u> | | | | | Eindtijd | |
|---|--------------------|----------------------|---------|------------|----------------|-------|
| <u>j. minioren 5 / 6</u> | | | | | | |
| 1 | Jordy v. Oel | ZC Ooievaar (SG) | 1.20.44 | 98-02003 A | 1.18.43 | I |
| 2 | Stan Zwinkels | ZV Westland Dijkglas | 1.22.41 | 98-00239 A | 1.24.60 | II |
| 3 | Wouter Arnoldus | WVZ | 1.27.39 | 98-00581 A | 1.26.35 | III |
| 4 | Ayoub Achahboun | ZC Ooievaar (SG) | 1.29.31 | 98-03155 A | 1.27.22 | |
| 5 | Koen Linnekamp | d'ELFT | 1.35.18 | 98-03181 A | 1.29.42 | |
| 6 | Nick Boekestijn | ZV Westland Dijkglas | 1.32.91 | 99-00291 A | 1.34.95 | |
| - | Stefan Weegink | WVZ | 1.30.92 | 99-00207 A | 1.28.64 | SL |
| - | Marijn van Giesen | ZV Westland Dijkglas | 1.34.17 | 99-00633 A | 1.37.21 | RC/RH |
| - | Rick van den Eng | WVZ | 1.22.52 | 98-00755 A | ng | |
| - | Elliot Falces | DES | 1.23.33 | 98-02713 A | ng | |
| <u>j. junioren 1 / 2</u> | | | | | | |
| 1 | Luc Esmeijer | Zoetermeer | 1.14.17 | 96-00855 A | 1.10.32 | I |
| 2 | Thom Paardekooper | Zoetermeer | 1.13.57 | 96-04259 A | 1.14.01 | II |
| 3 | Robert Wall | WZK | 1.15.49 | 96-03969 A | 1.14.50 | III |
| 4 | Vincent de Vries | Zoetermeer | 1.16.39 | 96-02189 A | 1.15.49 | |
| 5 | Caio Ellero | WZK | 1.22.81 | 96-03895 A | 1.15.91 | |
| 6 | Max van der Zijden | AZL | 1.18.85 | 97-01281 A | 1.17.39 | |
| 7 | Tim Hoogland | DES | 1.19.67 | 96-02435 A | 1.17.45 | |
| 8 | Pascal Nuijten | ZV Westland Dijkglas | 1.19.65 | 97-01353 A | 1.17.74 | |
| 9 | Yoram Waarsing | Zoetermeer | 1.18.80 | 96-01271 A | 1.18.05 | |
| 10 | Jack Davies | WZK | 1.27.60 | 97-04263 A | 1.19.66 | |
| 11 | Emre Gozübüyük | ZC Ooievaar (SG) | 1.27.74 | 96-05009 A | 1.20.51 | |
| 12 | Mohamed Al-Nahas | ZC Ooievaar (SG) | 1.22.06 | 97-03997 A | 1.22.55 | |
| 13 | Patrick Wyrdeeman | ZC Ooievaar (SG) | 1.23.17 | 97-02475 A | 1.23.02 | |
| 14 | Raoul Weegink | WVZ | 1.25.01 | 96-01221 A | 1.23.73 | |

Kring Sprint Kampioenschappen A/B, 1



| <u>Vervolg Progr. nr. 2 100m Wisselslag heren mix</u> | | | | | Eindtijd | |
|---|--------------------------|----------------------|---------|------------|-----------------|-----|
| 15 | Floris van der Meer | d'ELFT | 1.24.15 | 97-01041 A | 1.25.03 | |
| | <i>Backup tijd: 100m</i> | | | | | |
| 16 | Peter Neal | WZK | 1.27.42 | 96-04695 A | 1.25.21 | |
| - | Nick Bowring | DES | 1.21.63 | 97-03277 A | 1.20.83 | SR |
| <u>j. junioren 3 / 4</u> | | | | | | |
| 1 | Jakub Foytl | DES | 1.06.87 | 95-04687 A | 1.05.62 | I |
| 2 | Jeroen van der Giessen | ZV Westland Dijkglas | 1.07.24 | 94-04751 A | 1.06.15 | II |
| 3 | Ricardo Hauber | d'ELFT | 1.08.60 | 94-02029 A | 1.07.76 | III |
| 4 | Ricardo Kleijn | ZV Westland Dijkglas | 1.08.54 | 94-06059 A | 1.10.01 | |
| 5 | Nils Vanwezer | WZK | 1.12.09 | 94-05579 A | 1.11.05 | |
| 6 | Menno de Vries | DES | 1.10.57 | 94-03055 A | 1.11.18 | |
| 7 | Markus ten Have | ZV Westland Dijkglas | 1.14.02 | 94-04997 A | 1.11.55 | |
| 8 | Patrick de Jong | ZV Westland Dijkglas | 1.14.48 | 94-03007 A | 1.13.19 | |
| 9 | Patrick Soutendijk | WVZ | 1.13.35 | 94-01223 A | 1.13.73 | |
| <u>j. jeugd 1 / 2</u> | | | | | | |
| 1 | Gianpaolo Gioia | ZC Ooievaar (SG) | 1.10.10 | 93-06457 A | 1.08.09 | I |
| 2 | Alessandro Calvi | WZK | 1.10.23 | 92-06855 A | 1.12.69 | II |
| 3 | Koen Spaanderman | Zoetermeer | 1.07.46 | 92-03479 A | 1.12.78 | III |
| 4 | Nathan Stittelaar | ZC Ooievaar (SG) | 1.11.68 | 93-05399 A | 1.13.74 | |
| 5 | Thomas de Ruig | Zoetermeer | 1.11.73 | 93-01457 A | 1.15.11 | |
| <u>j. senioren 1 en eerder</u> | | | | | | |
| 1 | Raymond van de Merwe | WVZ | 0.58.80 | 86-02077 A | 1.00.37 | I |
| 2 | Floor Verhaar | WVZ | 0.59.35 | 90-04603 A | 1.01.56 | II |
| 3 | Rolan van der Lugt | ZV Westland Dijkglas | 1.01.17 | 90-01869 A | 1.01.81 | III |
| 4 | Bart Drechsel | WZK | 1.04.28 | 86-04135 A | 1.05.20 | |
| - | Ronald Koeckhoven | ZV Westland Dijkglas | 1.04.06 | 81-02017 A | ng | |
| - | Ivo Roozeboom | DES | 1.03.79 | 77-00801 A | ng | |
| <u>j. minioren 5 / 6</u> | | | | | | |
| 1 | Naresh Bhugwansing | AZL | 1.37.24 | 99-00795 B | 1.34.28 | I |
| 2 | Joram van der Leden | d'ELFT | 1.42.36 | 98-03745 B | 1.34.68 | II |
| 3 | Wilco van der Giessen | ZV Westland Dijkglas | 1.37.73 | 98-02223 B | 1.34.78 | III |
| 4 | Rens Martens | WVZ | 1.37.86 | 99-00679 B | 1.37.41 | |
| 5 | Walid van Schie | ZV Westland Dijkglas | 1.41.56 | 99-01593 B | 1.42.51 | |
| <u>j. junioren 1 / 2</u> | | | | | | |
| 1 | Armand Heyder | ZV Westland Dijkglas | 1.28.79 | 96-03221 B | 1.21.03 | I |
| - | Thomas V. Döbereiner | WZK | 1.31.87 | 96-04899 B | 1.20.07 | RC |
| <u>j. junioren 3 / 4</u> | | | | | | |
| 1 | Erik Schippers | De Vliet (SG) | 1.15.54 | 94-03821 B | 1.13.64 | I |
| 2 | Nour Al-Nahas | ZC Ooievaar (SG) | 1.15.29 | 95-05421 B | 1.14.70 | II |
| 3 | Youcef Alili | d'ELFT | 1.19.44 | 94-04879 B | 1.15.09 | III |
| 4 | Tors Kouwenhoven | ZC Ooievaar (SG) | 1.18.76 | 94-05241 B | 1.15.73 | |
| 5 | Ton van der Plaats | d'ELFT | 1.17.26 | 95-01795 B | 1.16.17 | |
| 6 | Indraneel Gunturi | WZK | 1.16.72 | 95-04035 B | 1.17.32 | |
| - | Ivan Ellero | WZK | 1.17.39 | 95-04943 B | 1.16.07 | SL |
| <u>j. jeugd 1 / 2</u> | | | | | | |
| 1 | Lennart Spaans | ZV Westland Dijkglas | 1.13.18 | 92-01237 B | 1.14.29 | I |
| 2 | Jazz Advaney | WZK | 1.17.98 | 93-07021 B | 1.15.70 | II |
| 3 | Ruben ten Have | ZV Westland Dijkglas | 1.16.92 | 93-06185 B | 1.15.83 | III |
| 4 | Paul van Dijk | Zoetermeer | 1.18.56 | 93-01455 B | 1.16.11 | |
| 5 | Hidde Persoon | ZV Westland Dijkglas | 1.18.10 | 92-03167 B | 1.18.71 | |
| 6 | Matthew Blacker | WZK | 1.18.42 | 92-05943 B | 1.18.76 | |
| <u>j. senioren 1 en eerder</u> | | | | | | |
| 1 | Alex Vermeulen | WZK | 1.04.88 | 89-05811 B | 1.05.18 | I |
| 2 | Guido de Roode | WVZ | 1.07.02 | 90-02485 B | 1.08.59 | II |

Kring Sprint Kampioenschappen A/B, 1



Vervolg Progr. nr. 2 100m Wisselslag heren mix

Eindtijd

- RC** : Rugligging verlaten tijdens de race zonder met de keerhandeling bezig te zijn.
RH : Het eindpunt niet in rugligging aangeraakt.
SL : Met één hand keer- en/of eindpunt aangetikt.
SR : Meer dan één dolfijnbeenslag na start en/of keerpunt.

Progr. nr. 3 50m Rugslag dames mix

Eindtijd

m. min. 5 / jun. 1

| | | | | | | |
|----|----------------------|----------------------|---------|------------|----------------|-----|
| 1 | Valerie van Roon | d'ELFT | 0.36.36 | 98-02326 A | 0.36.42 | I |
| 2 | Marja Esmeijer | Zoetermeer | 0.37.86 | 98-00776 A | 0.37.31 | II |
| 3 | Noortje de Ronde | d'ELFT | 0.39.60 | 98-03830 A | 0.37.85 | III |
| 4 | Madeline Shirley | WZK | 0.39.09 | 98-03674 A | 0.38.19 | |
| 5 | Yancey Bouman | Zoetermeer | 0.39.47 | 98-01924 A | 0.38.35 | |
| 6 | Isobel Bowring | DES | 0.39.40 | 99-01982 A | 0.39.05 | |
| 7 | Carlijne Tap | Zoetermeer | 0.41.11 | 98-01460 A | 0.39.07 | |
| 8 | Diana van Halm Braam | WVZ | 0.40.34 | 98-00788 A | 0.39.67 | |
| 9 | Uma Kraus | d'ELFT | 0.40.21 | 98-02328 A | 0.39.78 | |
| 10 | Eline Veldkamp | Zoetermeer | 0.41.43 | 98-01766 A | 0.39.95 | |
| 11 | Cara Layden | WVZ | 0.42.18 | 99-03562 A | 0.40.00 | |
| 12 | Daily van der Vorst | ZV Westland Dijkglas | 0.42.49 | 99-02270 A | 0.40.28 | |
| 13 | Luca Bruin | WVZ | 0.40.73 | 98-04228 A | 0.40.94 | |
| 14 | Selina Nie | WZK | 0.43.43 | 99-01360 A | 0.41.34 | |
| 15 | Juliette Farmer | WVZ | 0.42.10 | 99-02954 A | 0.41.70 | |
| 16 | Kim van der Putten | ZV Westland Dijkglas | 0.43.22 | 98-01202 A | 0.41.93 | |
| 17 | Veerle Scholtes | DES | 0.43.12 | 98-04186 A | 0.42.14 | |
| 18 | Barbara Matekovic | WVZ | 0.42.56 | 98-00786 A | 0.42.26 | |
| 19 | Isabelle Bronkhorst | Zoetermeer | 0.43.70 | 98-04078 A | 0.42.81 | |
| 20 | Vera Martens | WVZ | 0.43.64 | 98-01572 A | 0.43.15 | |
| 21 | Emma Rijnsdorp | Zoetermeer | 0.41.80 | 99-02922 A | 0.43.17 | |
| 22 | Jemma Layden | WVZ | 0.43.12 | 99-03556 A | 0.43.20 | |
| 23 | Nadine van Brink | AZL | 0.43.59 | 99-00308 A | 0.45.79 | |
| - | Rianne Buijs | d'ELFT | 0.43.36 | 98-03742 A | ng | |
| - | Anouk van der Lans | ZV Westland Dijkglas | 0.39.02 | 98-01614 A | afg. | |

m. junioren 2 / 3

| | | | | | | |
|---|------------------|----------------------|---------|------------|----------------|-----|
| 1 | Amber Stienstra | d'ELFT | 0.32.91 | 96-04448 A | 0.33.43 | I |
| 2 | Elisabeth Rivard | WVZ | 0.33.47 | 96-00244 A | 0.33.52 | II |
| 3 | Britt Vis | ZV Westland Dijkglas | 0.37.26 | 97-00888 A | 0.35.93 | III |
| 4 | Emma Walker | WZK | 0.35.86 | 96-04210 A | 0.35.99 | |
| 5 | Sanne van Es | WVZ | 0.36.97 | 96-00404 A | 0.37.21 | |

m. jeugd 1 / 2

| | | | | | | |
|---|------------------------|----------------------|---------|------------|----------------|-----|
| 1 | Eefje Subroto | WVZ | 0.33.49 | 94-00766 A | 0.33.81 | I |
| 2 | Amanda Immerzeel | WVZ | 0.35.56 | 95-01534 A | 0.33.94 | II |
| 3 | Megan Wainwright | WZK | 0.34.26 | 95-06546 A | 0.34.38 | III |
| 4 | Astrid van Nieuwerkerk | ZV Westland Dijkglas | 0.36.47 | 94-02904 A | 0.35.70 | |
| 5 | Emma Siemensma | DES | 0.35.33 | 94-02716 A | 0.35.79 | |
| 6 | Sabine Koudijs | WVZ | 0.35.84 | 95-00024 A | 0.36.04 | |
| 7 | Eline Kempen | Zoetermeer | 0.36.63 | 94-02802 A | 0.36.51 | |

m. senioren 1 en eerder

| | | | | | | |
|---|-----------------|------------|---------|------------|----------------|-----|
| 1 | Kris Siegers | Zoetermeer | 0.32.17 | 93-06368 A | 0.32.80 | I |
| 2 | Vera van Delden | AZL | 0.32.22 | 93-01308 A | 0.33.52 | II |
| 3 | Ivana Lingen | Zoetermeer | 0.34.49 | 93-05020 A | 0.35.09 | III |

m. min. 5 / jun. 1

| | | | | | | |
|---|-----------------------|----------------------|---------|------------|----------------|-----|
| 1 | Lisanne Bruin | ZV Westland Dijkglas | 0.46.24 | 98-03536 B | 0.43.89 | I |
| 2 | Kirsten Boon | ZV Westland Dijkglas | 0.45.51 | 98-03530 B | 0.44.06 | II |
| 3 | Babette van der Kaaij | ZV Westland Dijkglas | 0.46.80 | 99-02234 B | 0.44.55 | III |
| 4 | Raya Sardar | ZC Ooievaar (SG) | 0.46.70 | 99-01562 B | 0.45.78 | |
| 5 | Nadine Clayton | WZK | 0.46.26 | 99-03110 B | 0.46.75 | |

Backup tijd

Kring Sprint Kampioenschappen A/B, 1



Vervolg Progr. nr. 3 50m Rugslag dames mix Eindtijd

| | | | | | | |
|---|---------------------|--------|---------|------------|----------------|--|
| 6 | Sytske van der Laan | d'ELFT | 0.46.80 | 99-02008 B | 0.47.01 | |
| | <i>Backup tijd</i> | | | | | |

m. junioren 2 / 3

| | | | | | | |
|---|---------------------|----------------------|---------|------------|----------------|-----|
| 1 | Helen Nie | WZK | 0.38.31 | 96-05008 B | 0.38.20 | I |
| 2 | Kimberly Jahja | AZL | 0.38.95 | 96-03674 B | 0.38.97 | II |
| 3 | Rachael Kretsch | WZK | 0.38.61 | 96-02904 B | 0.39.11 | III |
| 4 | Mylène IJpema | ZV Westland Dijkglas | 0.38.97 | 96-03284 B | 0.39.37 | |
| 5 | Inge van den Born | d'ELFT | 0.40.11 | 96-00794 B | 0.39.66 | |
| 6 | Anne van der Meulen | Zoetermeer | 0.38.23 | 96-05400 B | 0.39.98 | |
| 7 | Miranda Dijkhuizen | Zoetermeer | 0.39.07 | 96-02262 B | 0.40.06 | |
| 8 | Charlotte Kiffen | Zoetermeer | 0.39.92 | 97-01972 B | 0.41.62 | |
| 9 | Aleysha Taylor | DES | 0.40.18 | 96-04988 B | 0.44.37 | |

m. jeugd 1 / 2

| | | | | | | |
|---|--------------------|----------------------|---------|------------|----------------|-----|
| 1 | Larissa Immerzeel | WVZ | 0.38.23 | 95-01474 B | 0.37.29 | I |
| 2 | Ilse Hoogendijk | d'ELFT | 0.37.13 | 95-06038 B | 0.37.84 | II |
| 3 | Robin Oldenzeel | Zoetermeer | 0.37.06 | 94-02684 B | 0.37.95 | III |
| 4 | Margaretha Siem | d'ELFT | 0.38.41 | 95-00220 B | 0.37.99 | |
| 5 | Lisanne Groeneveld | ZV Westland Dijkglas | 0.38.17 | 95-03612 B | 0.38.01 | |
| 6 | Alyssa Rijnschot | Zoetermeer | 0.38.42 | 95-00566 B | 0.39.04 | |
| - | Marina Welsh | WZK | 0.37.89 | 95-02472 B | ng | |
| - | Lisa Damhuis | d'ELFT | 0.38.45 | 94-05688 B | ng | |

m. senioren 1 en eerder

| | | | | | | |
|---|-------------------------|----------------------|---------|------------|----------------|-----|
| 1 | Linda Kempen | Zoetermeer | 0.34.82 | 92-02096 B | 0.35.00 | I |
| 2 | Anke Lambooy | AZL | 0.35.44 | 80-01182 B | 0.35.79 | II |
| 3 | Linda Hoogendam | d'ELFT | 0.36.55 | 83-00892 B | 0.36.45 | III |
| 4 | Isabelle Massar | WVZ | 0.35.22 | 91-02034 B | 0.36.46 | |
| 5 | Sanne van Dijk | Zoetermeer | 0.35.81 | 90-00818 B | 0.36.69 | |
| 6 | Brieneke Valstar | ZV Westland Dijkglas | 0.36.95 | 91-06866 B | 0.37.05 | |
| 7 | Petra Vermeulen | WZK | 0.36.51 | 90-04700 B | 0.37.25 | |
| 8 | Jacoline van den Beukel | ZV Westland Dijkglas | 0.35.42 | 91-00238 B | 0.37.95 | |

Progr. nr. 4 50m Vlinderslag heren mix Eindtijd

j. minioren 5 / 6

| | | | | | | |
|---|------------------|----------------------|---------|------------|----------------|-----|
| 1 | Stan Zwinkels | ZV Westland Dijkglas | 0.34.76 | 98-00239 A | 0.35.63 | I |
| 2 | Jordy v. Oel | ZC Ooievaar (SG) | 0.36.36 | 98-02003 A | 0.36.75 | II |
| 3 | Wouter Arnoldus | WVZ | 0.38.16 | 98-00581 A | 0.38.19 | III |
| 4 | Rens Martens | WVZ | 0.41.45 | 99-00679 A | 0.42.28 | |
| 5 | Stefan Weegink | WVZ | 0.41.39 | 99-00207 A | 0.42.41 | |
| 6 | Koen Linnekamp | d'ELFT | 0.44.14 | 98-03181 A | 0.43.72 | |
| 7 | Ayoub Achahboun | ZC Ooievaar (SG) | 0.42.87 | 98-03155 A | 0.44.03 | |
| 8 | Nick Boekestijn | ZV Westland Dijkglas | 0.42.90 | 99-00291 A | 0.48.25 | |
| - | Dimitris Mainas | DES | 0.43.86 | 98-03045 A | ng za | |
| - | Klaas Arkesteijn | d'ELFT | 0.41.14 | 99-01897 A | ng za | |
| - | Rick van den Eng | WVZ | 0.38.76 | 98-00755 A | ng | |
| - | Elliot Falces | DES | 0.37.19 | 98-02713 A | ng | |

j. junioren 1 / 2

| | | | | | | |
|----|----------------------|----------------------|---------|------------|----------------|-----|
| 1 | Luc Esmeijer | Zoetermeer | 0.32.08 | 96-00855 A | 0.31.26 | I |
| 2 | Robert Wall | WZK | 0.32.59 | 96-03969 A | 0.32.57 | II |
| 3 | Vincent de Vries | Zoetermeer | 0.34.08 | 96-02189 A | 0.33.98 | III |
| 4 | Thom Paardekooper | Zoetermeer | 0.36.06 | 96-04259 A | 0.34.14 | |
| 5 | Mohamed Al-Nahas | ZC Ooievaar (SG) | 0.36.76 | 97-03997 A | 0.35.16 | |
| 6 | Emre Gozübüyük | ZC Ooievaar (SG) | 0.40.10 | 96-05009 A | 0.35.35 | |
| 7 | Pascal Nuijten | ZV Westland Dijkglas | 0.36.31 | 97-01353 A | 0.35.96 | |
| 8 | Max van der Zijden | AZL | 0.38.36 | 97-01281 A | 0.36.30 | |
| 9 | Caio Ellero | WZK | 0.37.29 | 96-03895 A | 0.36.53 | |
| 10 | Yoram Waarsing | Zoetermeer | 0.36.46 | 96-01271 A | 0.36.60 | |
| 11 | Patrick Wyrdeeman | ZC Ooievaar (SG) | 0.38.73 | 97-02475 A | 0.37.21 | |
| 12 | Tim Hoogland | DES | 0.37.93 | 96-02435 A | 0.37.93 | |
| 13 | Thomas V. Döbereiner | WZK | 0.40.86 | 96-04899 A | 0.37.98 | |
| 14 | Floris van der Meer | d'ELFT | 0.38.07 | 97-01041 A | 0.38.62 | |

Kring Sprint Kampioenschappen A/B, 1



Vervolg Progr. nr. 4 50m Vlinderslag heren mix

| | | | | | | Eindtijd | |
|----|---------------|-----|---------|----------|---|-----------------|--|
| 15 | Peter Neal | WZK | 0.37.48 | 96-04695 | A | 0.38.69 | |
| 16 | Raoul Weegink | WVZ | 0.40.08 | 96-01221 | A | 0.40.06 | |

j. junioren 3 / 4

| | | | | | | | |
|---|------------------------|----------------------|---------|----------|---|----------------|-----|
| 1 | Jakub Foytl | DES | 0.29.81 | 95-04687 | A | 0.28.77 | I |
| 2 | Ricardo Kleijn | ZV Westland Dijkglas | 0.30.44 | 94-06059 | A | 0.29.12 | II |
| 3 | Jeroen van der Giessen | ZV Westland Dijkglas | 0.30.53 | 94-04751 | A | 0.29.13 | III |
| 4 | Nils Vanwezer | WZK | 0.31.16 | 94-05579 | A | 0.30.67 | |
| 5 | Ricardo Hauber | d'ELFT | 0.32.12 | 94-02029 | A | 0.31.70 | |
| 6 | Menno de Vries | DES | 0.31.32 | 94-03055 | A | 0.31.86 | |
| 7 | Markus ten Have | ZV Westland Dijkglas | 0.32.95 | 94-04997 | A | 0.31.94 | |
| 8 | Erik Schippers | De Vliet (SG) | 0.31.90 | 94-03821 | A | 0.32.29 | |
| 9 | Indraneel Gunturi | WZK | 0.33.11 | 95-04035 | A | 0.32.44 | |

j. jeugd 1 / 2

| | | | | | | | |
|---|-------------------|------------------|---------|----------|---|----------------|-----|
| 1 | Gianpaolo Gioia | ZC Ooievaar (SG) | 0.30.36 | 93-06457 | A | 0.29.30 | I |
| 2 | Alessandro Calvi | WZK | 0.29.20 | 92-06855 | A | 0.30.03 | II |
| 3 | Koen Spaanderman | Zoetermeer | 0.30.33 | 92-03479 | A | 0.31.22 | III |
| 4 | Nathan Stittelaar | ZC Ooievaar (SG) | 0.31.10 | 93-05399 | A | 0.31.56 | |

j. senioren 1 en eerder

| | | | | | | | |
|---|----------------------|----------------------|---------|----------|---|----------------|-----|
| 1 | Floor Verhaar | WVZ | 0.24.84 | 90-04603 | A | 0.25.64 | I |
| 2 | Raymond van de Merwe | WVZ | 0.25.92 | 86-02077 | A | 0.26.65 | II |
| 3 | Bart Drechsel | WZK | 0.27.97 | 86-04135 | A | 0.28.31 | III |
| 4 | Mike Liefhebber | WVZ | 0.27.94 | 91-04543 | A | 0.28.53 | |
| - | Ronald Koeckhoven | ZV Westland Dijkglas | 0.27.24 | 81-02017 | A | ng | |

j. minioren 5 / 6

| | | | | | | | |
|---|-----------------------|----------------------|---------|----------|---|----------------|----|
| 1 | Wilco van der Giessen | ZV Westland Dijkglas | 0.46.28 | 98-02223 | B | 0.46.65 | I |
| 2 | Walid van Schie | ZV Westland Dijkglas | 0.49.65 | 99-01593 | B | 0.53.44 | II |
| | <i>Backup tijd</i> | | | | | | |
| - | Marijn van Giesen | ZV Westland Dijkglas | 0.47.89 | 99-00633 | B | 0.50.76 | VC |
| - | Naresh Bhugwansing | AZL | 0.47.94 | 99-00795 | B | | AA |
| - | Jordy Boerboom | DES | 0.46.04 | 98-02427 | B | ng | |
| - | Adam Juhasz | DES | 0.47.52 | 99-02011 | B | ng | |

j. junioren 1 / 2

| | | | | | | | |
|---|----------------|----------------------|---------|----------|---|----------------|-----|
| 1 | Jack Davies | WZK | 0.43.26 | 97-04263 | B | 0.38.91 | I |
| 2 | Kishen Kanhai | WVZ | 0.44.07 | 97-04173 | B | 0.39.72 | II |
| 3 | Armand Heyder | ZV Westland Dijkglas | 0.42.82 | 96-03221 | B | 0.40.59 | III |
| 4 | Richard Kuiper | ZC Ooievaar (SG) | 0.42.26 | 96-05011 | B | 0.41.52 | |
| - | Nick Bowring | DES | 0.42.02 | 97-03277 | B | 0.37.85 | AA |

j. junioren 3 / 4

| | | | | | | | |
|---|--------------------|----------------------|---------|----------|---|----------------|-----|
| 1 | Tors Kouwenhoven | ZC Ooievaar (SG) | 0.33.67 | 94-05241 | B | 0.32.17 | I |
| 2 | Zepher Begnell | WZK | 0.33.69 | 94-06281 | B | 0.32.73 | II |
| 3 | Patrick Soutendijk | WVZ | 0.34.00 | 94-01223 | B | 0.33.14 | III |
| 4 | Nour Al-Nahas | ZC Ooievaar (SG) | 0.33.85 | 95-05421 | B | 0.33.44 | |
| 5 | Patrick de Jong | ZV Westland Dijkglas | 0.33.61 | 94-03007 | B | 0.33.67 | |
| 6 | Youcef Alili | d'ELFT | 0.35.15 | 94-04879 | B | 0.34.44 | |
| 7 | Nicolas Rivard | WVZ | 0.35.61 | 95-00113 | B | 0.34.59 | |
| 8 | Ivan Ellero | WZK | 0.33.82 | 95-04943 | B | 0.34.68 | |
| 9 | Ton van der Plaats | d'ELFT | 0.35.61 | 95-01795 | B | 0.35.20 | |

j. jeugd 1 / 2

| | | | | | | | |
|---|-----------------|----------------------|---------|----------|---|----------------|-----|
| 1 | Thomas de Ruig | Zoetermeer | 0.31.52 | 93-01457 | B | 0.32.70 | I |
| 2 | Lennart Spaans | ZV Westland Dijkglas | 0.32.36 | 92-01237 | B | 0.33.17 | II |
| 3 | Paul van Dijk | Zoetermeer | 0.34.73 | 93-01455 | B | 0.33.94 | III |
| - | Dauwe van Duijn | d'ELFT | 0.32.29 | 92-03567 | B | ng za | |

j. senioren 1 en eerder

| | | | | | | | |
|---|----------------------------|----------------------|---------|----------|---|----------------|-----|
| 1 | Rolan van der Lugt | ZV Westland Dijkglas | 0.28.03 | 90-01869 | B | 0.27.70 | I |
| 2 | Markus van Rest | ZV Westland Dijkglas | 0.28.01 | 77-01197 | B | 0.29.23 | II |
| 3 | Alex Vermeulen | WZK | 0.28.97 | 89-05811 | B | 0.29.55 | III |
| 4 | Huibrecht Vlaardingerbroek | ZV Westland Dijkglas | 0.29.79 | 83-02245 | B | 0.29.70 | |
| 5 | Theo Vlaardingerbroek | ZV Westland Dijkglas | 0.29.32 | 79-01307 | B | 0.29.73 | |
| 6 | Pim Hoffmann | Zoetermeer | 0.29.52 | 88-04751 | B | 0.30.05 | |

Kring Sprint Kampioenschappen A/B, 1



Vervolg Progr. nr. 4 50m Vlinderslag heren mix

| | | | | | Eindtijd | |
|---|-----------------|----------------------|---------|------------|-----------------|--|
| 7 | Ruben van Erven | ZV Westland Dijkglas | 0.29.91 | 81-00469 B | 0.30.66 | |
| 8 | Guido de Roode | WVZ | 0.29.85 | 90-02485 B | 0.30.80 | |
| - | Ivo Roozeboom | DES | 0.29.48 | 77-00801 B | ng | |

AA : Te vroeg weg of bewogen bij de 1e (1 start procedure) of 2e start (geen tijd noteren).

VC : Armen niet over het water naar voren gebracht.

Progr. nr. 5 50m Schoolsleg dames mix

| | | | | | Eindtijd | |
|---------------------------|----------------------|----------------------|---------|------------|-----------------|-----|
| <u>m. min. 5 / jun. 1</u> | | | | | | |
| 1 | Valerie van Roon | d'ELFT | 0.39.17 | 98-02326 A | 0.39.43 | I |
| 2 | Luca Bruin | WVZ | 0.40.88 | 98-04228 A | 0.41.88 | II |
| 3 | Julia Litjens | ZV Westland Dijkglas | 0.43.00 | 98-01188 A | 0.43.59 | III |
| 4 | Uma Kraus | d'ELFT | 0.43.82 | 98-02328 A | 0.44.19 | |
| 5 | Noortje de Ronde | d'ELFT | 0.43.60 | 98-03830 A | 0.44.90 | |
| 6 | Marja Esmeijer | Zoetermeer | 0.44.05 | 98-00776 A | 0.45.54 | |
| 7 | Carljine Tap | Zoetermeer | 0.46.13 | 98-01460 A | 0.46.23 | |
| 8 | Yancey Bouman | Zoetermeer | 0.47.10 | 98-01924 A | 0.46.29 | |
| 9 | Selina Nie | WZK | 0.46.56 | 99-01360 A | 0.46.51 | |
| | Diana van Halm Braam | WVZ | 0.47.54 | 98-00788 A | 0.46.51 | |
| 11 | Isabelle Bronkhorst | Zoetermeer | 0.46.57 | 98-04078 A | 0.46.61 | |
| 12 | Kirsten Boon | ZV Westland Dijkglas | 0.46.49 | 98-03530 A | 0.46.62 | |
| 13 | Nadine Clayton | WZK | 0.48.39 | 99-03110 A | 0.47.47 | |
| 14 | Anouk Breugem | WVZ | 0.46.86 | 98-00784 A | 0.48.10 | |
| 15 | Sytske van der Laan | d'ELFT | 0.48.97 | 99-02008 A | 0.48.19 | |
| 16 | Barbara Matekovic | WVZ | 0.46.80 | 98-00786 A | 0.48.33 | |
| 17 | Juliette Farmer | WVZ | 0.48.48 | 99-02954 A | 0.48.49 | |
| 18 | Nadine van Brink | AZL | 0.48.04 | 99-00308 A | 0.49.28 | |
| 19 | Elize Zwinkels | ZV Westland Dijkglas | 0.47.13 | 99-01646 A | 0.49.49 | |

m. junioren 2 / 3

| | | | | | | |
|---|------------------|-----|---------|------------|----------------|-----|
| 1 | Helen Nie | WZK | 0.39.86 | 96-05008 A | 0.39.33 | I |
| 2 | Sanne van Es | WVZ | 0.39.63 | 96-00404 A | 0.40.26 | II |
| 3 | Elisabeth Rivard | WVZ | 0.42.29 | 96-00244 A | 0.42.98 | III |

m. jeugd 1 / 2

| | | | | | | |
|---|-------------------|----------------------|---------|------------|----------------|-----|
| 1 | Iris Voogt | ZV Westland Dijkglas | 0.37.84 | 95-04364 A | 0.37.27 | I |
| 2 | Larissa Immerzeel | WVZ | 0.37.45 | 95-01474 A | 0.38.13 | II |
| 3 | Eefje Subroto | WVZ | 0.38.04 | 94-00766 A | 0.38.46 | III |
| 4 | Amanda Immerzeel | WVZ | 0.38.67 | 95-01534 A | 0.38.87 | |
| 5 | Megan Wainwright | WZK | 0.38.66 | 95-06546 A | 0.39.01 | |
| 6 | Ilse Hoogendijk | d'ELFT | 0.39.24 | 95-06038 A | 0.39.34 | |
| 7 | Sabine Koudijs | WVZ | 0.40.82 | 95-00024 A | 0.41.01 | |
| - | Eline Kempen | Zoetermeer | 0.40.73 | 94-02802 A | | AA |

m. senioren 1 en eerder

| | | | | | | |
|---|-----------------|------------|---------|------------|----------------|-----|
| 1 | Aranka Wichers | d'ELFT | 0.34.36 | 93-06378 A | 0.33.92 | I |
| 2 | Anke Lamboij | AZL | 0.37.76 | 80-01182 A | 0.37.75 | II |
| 3 | Ivana Lingen | Zoetermeer | 0.37.87 | 93-05020 A | 0.37.80 | III |
| 4 | Isabelle Massar | WVZ | 0.36.94 | 91-02034 A | 0.37.92 | |
| 5 | Petra Vermeulen | WZK | 0.37.92 | 90-04700 A | 0.39.78 | |

m. min. 5 / jun. 1

| | | | | | | |
|---|------------------|----------------------|---------|------------|----------------|-----|
| 1 | Tessa de Koning | ZV Westland Dijkglas | 0.50.60 | 99-03482 B | 0.47.32 | I |
| 2 | Cara Layden | WVZ | 0.50.35 | 99-03562 B | 0.48.19 | II |
| 3 | Madeline Shirley | WZK | 0.51.59 | 98-03674 B | 0.50.06 | III |
| 4 | Jemma Layden | WVZ | 0.49.76 | 99-03556 B | 0.50.52 | |
| - | Rianne Buijs | d'ELFT | 0.49.79 | 98-03742 B | ng | |

m. junioren 2 / 3

| | | | | | | |
|---|--------------------|-----|---------|------------|----------------|-----|
| 1 | Valentina Foytlova | DES | 0.44.02 | 97-03636 B | 0.42.69 | I |
| 2 | Mijke Witkamp | WVZ | 0.43.71 | 96-01658 B | 0.44.52 | II |
| 3 | Rachael Kretsch | WZK | 0.44.77 | 96-02904 B | 0.44.61 | III |
| 4 | Kimberly Jahja | AZL | 0.44.26 | 96-03674 B | 0.44.72 | |

Kring Sprint Kampioenschappen A/B, 1



| <u>Vervolg Progr. nr. 5 50m Schoolslag dames mix</u> | | | | | Eindtijd |
|--|----------------------|----------------------|---------|------------|--------------------|
| 5 | Anne van der Meulen | Zoetermeer | 0.44.89 | 96-05400 B | 0.46.07 |
| <u>m. jeugd 1 / 2</u> | | | | | |
| 1 | Emma Siemensma | DES | 0.43.10 | 94-02716 B | 0.42.71 I |
| 2 | Alyssa Rijnschot | Zoetermeer | 0.42.76 | 95-00566 B | 0.43.28 II |
| 3 | Arienne de Jong | WVZ | 0.43.58 | 95-01210 B | 0.43.51 III |
| 4 | Renate Meeusen | Zoetermeer | 0.43.98 | 95-04436 B | 0.43.99 |
| - | Naomi van der Houwen | ZV Westland Dijkglas | 0.43.62 | 95-05672 B | ng za |
| <u>m. senioren 1 en eerder</u> | | | | | |
| 1 | Linda Kempen | Zoetermeer | 0.38.73 | 92-02096 B | 0.39.31 I |
| 2 | Kris Siegers | Zoetermeer | 0.39.20 | 93-06368 B | 0.39.71 II |
| 3 | Vera van Delden | AZL | 0.38.58 | 93-01308 B | 0.40.41 III |
| 4 | Brieneke Valstar | ZV Westland Dijkglas | 0.40.06 | 91-06866 B | 0.41.17 |
| - | Nisa Yelci | ZV Westland Dijkglas | 0.39.43 | 93-03150 B | ng |
| - | Yvonne Gerritsen | DES | 0.38.16 | 80-00342 B | ng |

AA : Te vroeg weg of bewogen bij de 1e (1 start procedure) of 2e start (geen tijd noteren).

| <u>Progr. nr. 6 4x50m Vrijslag estafette j. junioren 4 en later</u> | | | | | Eindtijd | 50m | |
|---|--|----------|------------------------|----|--------------------|---------------------|--|
| 1 | ZV Westland Dijkglas | | 1.51.15 | | 1.49.28 I | 0.27.03 | |
| | 50m: 0.27.03, 100m: 0.55.18, 150m: 1.22.59 | | | | | | |
| | 1. | 94-04751 | Jeroen van der Giessen | 3. | 94-04997 | Markus ten Have | |
| | 2. | 94-03007 | Patrick de Jong | 4. | 94-06059 | Ricardo Kleijn | |
| 2 | DES | | 1.57.57 | | 1.52.51 II | 0.26.26 | |
| | 50m: 0.26.26, 100m: 0.57.07, 150m: 1.27.49 | | | | | | |
| | 1. | 94-03055 | Menno de Vries | 3. | 97-03277 | Nick Bowring | |
| | 2. | 96-02435 | Tim Hoogland | 4. | 95-04687 | Jakub Foytl | |
| 3 | WZK | | 1.53.48 | | 1.55.97 III | 0.28.91 | |
| | 50m: 0.28.91, 100m: 0.58.30, 150m: 1.26.41 | | | | | | |
| | 1. | 94-05579 | Nils Vanwezer | 3. | 95-04943 | Ivan Ellero | |
| | 2. | 95-04035 | Indraneel Gunturi | 4. | 96-03969 | Robert Wall | |
| 4 | Zoetermeer | | 1.58.33 | | 1.57.51 | 0.28.77 | |
| | 50m: 0.28.77, 100m: 0.58.09, 150m: 1.27.16 | | | | | | |
| | 1. | 96-00855 | Luc Esmeijer | 3. | 96-04259 | Thom Paardekooper | |
| | 2. | 96-02189 | Vincent de Vries | 4. | 96-01271 | Yoram Waarsing | |
| 5 | d'ELFT | | 1.59.02 | | 1.59.41 | 0.28.12 | |
| | 50m: 0.28.12, 100m: 0.57.89, 150m: 1.27.18 | | | | | | |
| | 1. | 94-02029 | Ricardo Hauber | 3. | 95-01795 | Ton van der Plaats | |
| | 2. | 94-04879 | Youcef Alili | 4. | 97-01041 | Floris van der Meer | |
| 6 | ZC Ooievaar (SG) | | 2.03.88 | | 2.00.05 | 0.28.74 | |
| | 50m: 0.28.74, 100m: 0.41.00, 150m: 1.29.97 | | | | | | |
| | 1. | 95-05421 | Nour Al-Nahas | 3. | 97-03997 | Mohamed Al-Nahas | |
| | 2. | 96-05009 | Emre Gozübüyük | 4. | 98-02003 | Jordy v. Oel | |
| 7 | WVZ | | 2.06.49 | | 2.07.82 | 0.30.85 | |
| | 50m: 0.30.85, 100m: 1.05.83, 150m: 1.38.05 | | | | | | |
| | 1. | 95-00113 | Nicolas Rivard | 3. | 97-04173 | Kishen Kanhai | |
| | 2. | 98-00581 | Wouter Arnoldus | 4. | 94-01223 | Patrick Soutendijk | |

| <u>Progr. nr. 7 4x50m Vrijslag estafette j. minioren 6 en eerder</u> | | | | | Eindtijd | 50m | |
|--|--|----------|------------------|----|-------------------|----------------------|--|
| 1 | WVZ | | 1.40.71 | | 1.41.82 I | 0.23.95 | |
| | 50m: 0.23.95, 100m: 0.50.03, 150m: 1.16.68 | | | | | | |
| | 1. | 90-04603 | Floor Verhaar | 3. | 90-02485 | Guido de Roode | |
| | 2. | 91-04543 | Mike Liefhebber | 4. | 86-02077 | Raymond van de Merwe | |
| 2 | WZK | | 1.45.58 | | 1.45.22 II | 0.25.82 | |
| | 50m: 0.25.82, 100m: 0.53.08, 150m: 1.19.36 | | | | | | |
| | 1. | 86-04135 | Bart Drechsel | 3. | 89-05811 | Alex Vermeulen | |
| | 2. | 92-06855 | Alessandro Calvi | 4. | 94-06281 | Zepher Begnell | |

Kring Sprint Kampioenschappen A/B, 1



Vervolg Progr. nr. 7 4x50m Vrijslag estafette j. minioren 6 en eerder

| | | | Eindtijd | | 50m |
|---|---|--------------------------------|-----------------|----------|-----------------|
| 3 | ZV Westland Dijkglas | 1.47.43 | 1.46.86 | III | 0.25.87 |
| | <i>50m: 0.25.87, 100m: 0.52.30, 150m: 1.19.11</i> | | | | |
| | 1. | 90-01869 Rolan van der Lugt | 3. | 81-00469 | Ruben van Erven |
| | 2. | 79-01307 Theo Vlaardingerbroek | 4. | 77-01197 | Markus van Rest |

Progr. nr. 8 4x50m Wisselslag estafette m. junioren 3 en later

| | | | Eindtijd | | 50m |
|---|---|-----------------------------|-----------------|----------|----------------------|
| 1 | WVZ 1 | 2.22.94 | 2.21.88 | I | 0.33.41 |
| | <i>50m: 0.33.41, 100m: 1.13.82, 150m: 1.48.91</i> | | | | |
| | 1. | 96-00244 Elisabeth Rivard | 3. | 96-04282 | Kyra Zegers |
| | 2. | 96-00404 Sanne van Es | 4. | 96-01658 | Mijke Witkamp |
| 2 | WZK | 2.30.93 | 2.26.73 | II | 0.37.88 |
| | <i>50m: 0.37.88, 100m: 1.17.29, 150m: 1.53.46</i> | | | | |
| | 1. | 98-03674 Madeline Shirley | 3. | 96-04210 | Emma Walker |
| | 2. | 96-05008 Helen Nie | 4. | 96-02904 | Rachael Kretsch |
| 3 | ZV Westland Dijkglas | 2.30.99 | 2.29.22 | III | 0.35.98 |
| | <i>50m: 0.35.98, 100m: 1.19.37, 150m: 1.57.28</i> | | | | |
| | 1. | 97-00888 Britt Vis | 3. | 96-03284 | Mylène Ijpema |
| | 2. | 98-01188 Julia Litjens | 4. | 97-01686 | Joy Vavier |
| 4 | d'ELFT | 2.35.89 | 2.32.42 | | 0.39.26 |
| | <i>50m: 0.39.26, 100m: 1.18.88, 150m: 1.59.46</i> | | | | |
| | 1. | 98-02328 Uma Kraus | 3. | 98-03830 | Noortje de Ronde |
| | 2. | 98-02326 Valerie van Roon | 4. | 96-00794 | Inge van den Born |
| 5 | Zoetermeer 2 | 2.33.04 | 2.36.37 | | 0.39.81 |
| | <i>50m: 0.39.81, 100m: 1.24.70, 150m: 2.01.27</i> | | | | |
| | 1. | 96-02262 Miranda Dijkhuizen | 3. | 98-01924 | Yancey Bouman |
| | 2. | 98-00776 Marja Esmeijer | 4. | 96-05400 | Anne van der Meulen |
| 6 | WVZ 2 | 2.37.32 | 2.38.20 | | 0.42.41 |
| | <i>50m: 0.42.41, 100m: 1.23.23, 150m: 2.00.98</i> | | | | |
| | 1. | 98-00786 Barbara Matekovic | 3. | 98-00788 | Diana van Halm Braam |
| | 2. | 98-04228 Luca Bruin | 4. | 98-00784 | Anouk Breugem |
| 7 | DES | 2.37.57 | 2.45.88 | | 0.44.00 |
| | <i>50m: 0.44.00, 100m: 1.27.63, 150m: 2.11.04</i> | | | | |
| | 1. | 96-04988 Aleysha Taylor | 3. | 98-04186 | Veerle Scholtes |
| | 2. | 97-03636 Valentina Foytlova | 4. | 97-04070 | Antonia Milicic |

Progr. nr. 9 4x50m Wisselslag estafette m. junioren 1 en eerder

| | | | Eindtijd | | 50m |
|---|---|----------------------------|-------------------|----------|----------------------|
| 1 | d'ELFT | 2.14.54 | 2.14.56 | I | 0.33.40 |
| | <i>50m: 0.33.40, 100m: 1.08.66, 150m: 1.42.52</i> | | | | |
| | 1. | 96-04448 Amber Stienstra | 3. | 83-00892 | Linda Hoogendam |
| | 2. | 93-06378 Aranka Wichers | 4. | 95-03362 | Eveline Schutjes |
| 2 | WVZ | 2.15.13 | 2.17.91 | II | 0.37.36 |
| | <i>50m: 0.37.36, 100m: 1.15.83, 150m: 1.48.31</i> | | | | |
| | 1. | 91-02034 Isabelle Massar | 3. | 95-01534 | Amanda Immerzeel |
| | 2. | 95-01474 Larissa Immerzeel | 4. | 95-00024 | Sabine Koudijs |
| - | ZV Westland Dijkglas | 2.22.68 | BM 2.19.91 | | 0.33.72 |
| | <i>50m: 0.33.72, 100m: 1.14.41, 150m: 1.48.51</i> | | | | |
| | 1. | 95-04364 Iris Voogt | 3. | 94-02904 | Astrid van Nieuwkerk |
| | 2. | 91-06866 Brieneke Valstar | 4. | 95-03612 | Lisanne Groeneveld |