

## Districtscompetitie deel IV

| <u>Progr. nr. 1 4x100m Wisselslag estafette m. junioren 1 en eerder</u> |                  |         |  | <b>Eindtijd</b> | <b>50m</b> | <b>100m</b>     |
|---|------------------|---------|--|-----------------|------------|-----------------|
| 1   | ZC Ooievaar (SG) | 4.33.24 |  | 4.43.61         | I          | 0.31.84 1.06.01 |
| 2   | HPC              | 5.01.09 |  | 5.05.17         | II         | 0.34.89 1.11.79 |
| 3   | LZ 1886-KartoenZ | 5.06.95 |  | 5.13.67         | III        | 0.38.01 1.20.89 |

| <b>HPC</b> |                     | <b>LZ 1886-KartoenZ</b> |                     | <b>ZC Ooievaar (SG)</b> |                   |
|------------|---------------------|-------------------------|---------------------|-------------------------|-------------------|
| 85-02938   | Simone van Veen     | 90-02300                | Melissa Lens        | 90-01598                | Anja van der Hout |
| 87-00698   | Roos Burmanje       | 93-02802                | Sara Badawi         | 89-01196                | Nina Ferreira     |
| 90-05296   | Mariska van Geldorp | 88-01054                | Anne Paulien Drenth | 80-00042                | Delia Badoux      |
| 86-02264   | Marije Lenos        | 95-03086                | Lisanne Spoelstra   | 91-00972                | Sabine Gaspersz   |

| <u>Progr. nr. 3 4x50m Vrijeslag estafette j. junioren 4 en later</u> |                  |         |  | <b>Eindtijd</b> | <b>50m</b> |         |
|--|------------------|---------|--|-----------------|------------|---------|
| 1  | ZC Ooievaar (SG) | 2.01.96 |  | 1.57.10         | I          | 0.28.62 |
| 2  | HPC              | 2.03.80 |  | 1.59.83         | II         | 0.27.87 |
| 3  | LZ 1886-KartoenZ | 2.02.46 |  | 2.06.61         | III        | 0.32.68 |

| <b>HPC</b> |                 | <b>LZ 1886-KartoenZ</b> |                   | <b>ZC Ooievaar (SG)</b> |                   |
|------------|-----------------|-------------------------|-------------------|-------------------------|-------------------|
| 92-02895   | Wessel Buijs    | 94-03817                | Mike van Veen     | 93-06457                | Gianpaolo Gioia   |
| 93-05509   | Laurens Windt   | 92-00377                | Jeroen van Giezen | 94-05241                | Tors Kouwenhoven  |
| 92-06827   | Thom Berendsen  | 92-04325                | Jeroen Lens       | 93-05399                | Nathan Stittelaar |
| 94-01501   | Michael van Dam | 94-00805                | Imad Sahi         | 93-04133                | Rafael Roos       |

| <u>Progr. nr. 4 25m Schoolslag m./j. minioren 4 en later</u> |               |                  |         |          | <b>Eindtijd</b> |     |
|--|---------------|------------------|---------|----------|-----------------|-----|
| 1  | Raesa Omar    | ZC Ooievaar (SG) | 0.25.61 | 98-03108 | 0.24.80         | I   |
| 2  | Raya Sardar   | ZC Ooievaar (SG) | 0.28.85 | 99-01562 | 0.27.67         | II  |
| 3  | Pim Hollander | ZC Ooievaar (SG) | 0.29.20 | 99-01051 | 0.29.86         | III |

| <u>Progr. nr. 5 100m Vrijeslag m. junioren 1 en later</u> |                      |                  |         |          | <b>Eindtijd</b> | <b>50m</b> |         |
|---|----------------------|------------------|---------|----------|-----------------|------------|---------|
| 1   | Raiesha Sardar       | ZC Ooievaar (SG) | 1.15.81 | 98-00604 | 1.13.78         | I          |         |
| 2   | Malka Reuben         | ZC Ooievaar (SG) | 1.19.04 | 97-03992 | 1.14.26         | II         | 0.35.37 |
| 3   | Nine Roman           | LZ 1886-KartoenZ | 1.18.51 | 97-02310 | 1.15.21         | III        |         |
| 4   | Lara Bink            | LZ 1886-KartoenZ | 1.17.86 | 98-00076 | 1.20.39         |            | 0.38.13 |
| 5   | Anouk van Dam        | HPC              | 1.25.53 | 98-00032 | 1.21.84         |            | 0.39.09 |
| 6   | Chantal Beyer        | HPC              | 1.34.43 | 97-00884 | 1.24.69         |            | 0.39.91 |
| 7   | Sylle Hoogeveen      | HPC              | 1.35.18 | 97-03180 | 1.28.15         |            | 0.40.70 |
| 8   | Chloe van Duyvenbode | LZ 1886-KartoenZ | 1.28.95 | 97-01728 | 1.28.23         |            | 0.40.10 |
| 9   | Julia Minnema        | LZ 1886-KartoenZ | 1.33.62 | 98-01294 | 1.33.22         |            | 0.44.73 |
| 10  | Demi v.d. Bosch      | ZC Ooievaar (SG) | 1.33.87 | 97-02296 | 1.34.26         |            |         |
| 11  | Veerle Claassen      | HPC              | 1.32.74 | 98-00782 | 1.38.33         |            |         |
| 12  | Laura Hartman        | HPC              |         | 98-00554 | 2.05.31         |            | 0.54.82 |
|   | Carmen Meyer         | HPC              | 1.33.41 | 98-00202 | afg.            |            |         |

| <u>Progr. nr. 7 100m Vrijeslag j. minioren 6 en later</u> |                     |                  |         |          | <b>Eindtijd</b> | <b>50m</b> |         |
|---|---------------------|------------------|---------|----------|-----------------|------------|---------|
| 1   | Tim Walstock        | HPC              | 1.13.83 | 96-01493 | 1.11.83         | I          |         |
| 2   | David van Groen     | HPC              | 1.17.13 | 97-01341 | 1.16.37         | II         | 0.36.81 |
| 3   | Thomas de Jager     | LZ 1886-KartoenZ | 1.29.39 | 96-02373 | 1.20.59         | III        | 0.38.05 |
| 4   | Alexander van Schie | LZ 1886-KartoenZ | 1.30.19 | 96-02893 | 1.23.78         |            | 0.40.31 |
| 5   | Gwyn Bird           | HPC              | 1.23.75 | 96-01491 | 1.25.83         |            |         |
| 6   | Patrick Wyrdean     | ZC Ooievaar (SG) | 1.40.13 | 97-02475 | 1.28.11         |            | 0.41.01 |
| 7   | Jordy v. Oel        | ZC Ooievaar (SG) |         | 98-02003 | 1.28.54         |            | 0.41.41 |
| 8   | Miguel Møller       | LZ 1886-KartoenZ | 1.30.26 | 97-02197 | 1.33.20         |            | 0.41.80 |
| 9   | Gijs v.d. Woord     | HPC              | 1.41.08 | 97-00059 | 1.42.78         |            |         |

## Districtscompetitie deel IV

Vervolg Progr. nr. 7 100m Vrijeslag j. minioren 6 en later **Eindtijd** **50m**

|    |               |                  |         |          |         |  |
|----|---------------|------------------|---------|----------|---------|--|
| 10 | Thomas Wojcik | LZ 1886-KartoenZ | 1.40.11 | 98-00961 | 1.44.79 |  |
|----|---------------|------------------|---------|----------|---------|--|

Progr. nr. 9 50m Rugslag m. junioren 3 en later **Eindtijd**

|    |                     |                  |         |          |         |     |
|----|---------------------|------------------|---------|----------|---------|-----|
| 1  | Carlijn Huesken     | ZC Ooievaar (SG) | 0.36.82 | 95-05248 | 0.37.74 | I   |
| 2  | Linda Abu El Hassan | HPC              | 0.37.73 | 94-01650 | 0.38.25 | II  |
| 3  | Eef Hollander       | ZC Ooievaar (SG) | 0.37.98 | 96-02074 | 0.38.80 | III |
| 4  | Lisanne Spoelstra   | LZ 1886-KartoenZ | 0.38.79 | 95-03086 | 0.39.84 |     |
| 5  | Denise v.d. Linden  | HPC              | 0.46.83 | 94-01986 | 0.42.88 |     |
| 6  | Moniek Heemskerk    | LZ 1886-KartoenZ | 0.42.15 | 96-01964 | 0.43.84 |     |
| 7  | Anne Zekveld        | LZ 1886-KartoenZ | 0.45.33 | 95-02566 | 0.44.10 |     |
| 8  | Charlotte van Dien  | ZC Ooievaar (SG) | 0.45.64 | 96-04906 | 0.44.51 |     |
| 9  | Mandy v.d. Linden   | HPC              | 0.51.21 | 96-00638 | 0.47.85 |     |
| 10 | Esmee Grundeken     | ZC Ooievaar (SG) | 0.49.55 | 96-03546 | 0.52.47 |     |

Progr. nr. 10 50m Rugslag j. junioren 2 en later **Eindtijd**

|   |                      |                  |         |          |          |     |
|---|----------------------|------------------|---------|----------|----------|-----|
| 1 | Michael van Dam      | HPC              | 0.34.79 | 94-01501 | 0.34.88  | I   |
| 2 | Floris van Wieringen | HPC              | 0.40.08 | 95-00387 | 0.38.87a | II  |
| 3 | Jeroen Braspenning   | HPC              | 0.41.47 | 95-02813 | 0.38.87b | III |
| 4 | Imad Sahi            | LZ 1886-KartoenZ | 0.38.22 | 94-00805 | 0.39.13  |     |
| 5 | Mike van Veen        | LZ 1886-KartoenZ | 0.42.57 | 94-03817 | 0.39.32  |     |
| 6 | Tors Kouwenhoven     | ZC Ooievaar (SG) | 0.42.51 | 94-05241 | 0.40.95  |     |
| 7 | Djurre Hoogeveen     | HPC              |         | 95-04571 | 0.41.76  |     |
| 8 | Matthew Stittelaar   | ZC Ooievaar (SG) | 0.47.23 | 95-02623 | 0.48.84  |     |
|   | Jeroen Fakkell       | LZ 1886-KartoenZ | 0.47.50 | 95-03341 | 0.46.60  | RD  |
|   | Gene O'Neill         | HPC              | 0.45.00 | 95-03709 | ng za    |     |
|   | Amro Badawi          | LZ 1886-KartoenZ | 0.41.51 | 95-00881 | afg.     |     |

Progr. nr. 11 100m Schoolslag m. jeugd 2 en later **Eindtijd** **50m**

|   |                  |                  |         |          |         |     |         |
|---|------------------|------------------|---------|----------|---------|-----|---------|
| 1 | Nadia du Fossé   | HPC              | 1.22.47 | 94-01110 | 1.23.31 | I   | 0.39.42 |
| 2 | Sara Badawi      | LZ 1886-KartoenZ | 1.26.67 | 93-02802 | 1.26.89 | II  | 0.40.33 |
| 3 | Dewi Mattheyer   | ZC Ooievaar (SG) | 1.31.26 | 95-04798 | 1.33.43 | III | 0.43.83 |
| 4 | Brenda Ouwehand  | LZ 1886-KartoenZ | 1.37.92 | 94-02038 | 1.38.35 |     | 0.44.89 |
| 5 | Marcella Vet     | HPC              | 1.50.64 | 92-05832 | 1.43.98 |     | 0.49.10 |
| 6 | Rinske Kluiwstra | LZ 1886-KartoenZ | 1.43.14 | 93-04026 | 1.45.06 |     | 0.49.43 |
|   | Elise van Dijk   | ZC Ooievaar (SG) | 1.42.78 | 94-06622 | afg.    |     |         |

Progr. nr. 13 100m Schoolslag j. junioren 4 en later **Eindtijd** **50m**

|   |                    |                  |         |          |         |     |         |
|---|--------------------|------------------|---------|----------|---------|-----|---------|
| 1 | Rafael Roos        | ZC Ooievaar (SG) | 1.16.39 | 93-04133 | 1.16.86 | I   | 0.36.00 |
| 2 | Wessel Buijs       | HPC              | 1.22.42 | 92-02895 | 1.26.69 | II  | 0.39.83 |
| 3 | Jeroen van Giezen  | LZ 1886-KartoenZ | 1.36.62 | 92-00377 | 1.29.74 | III | 0.41.60 |
| 4 | Nathan Stittelaar  | ZC Ooievaar (SG) | 1.30.76 | 93-05399 | 1.32.33 |     | 0.42.54 |
| 5 | Amro Badawi        | LZ 1886-KartoenZ |         | 95-00881 | 1.32.88 |     | 0.44.27 |
| 6 | Thom Berendsen     | HPC              | 1.34.07 | 92-06827 | 1.33.46 |     | 0.43.46 |
| 7 | Jeroen Lens        | LZ 1886-KartoenZ | 1.34.67 | 92-04325 | 1.34.95 |     | 0.44.02 |
| 8 | Laurens Windt      | HPC              | 1.34.71 | 93-05509 | 1.35.07 |     | 0.44.89 |
| 9 | Lennart van Winzum | HPC              | 1.41.58 | 93-03933 | 1.39.69 |     | 0.47.20 |
|   | Sander ten Hoedt   | LZ 1886-KartoenZ | 1.30.70 | 92-06755 | afg.    |     |         |

Progr. nr. 15 100m Wisselslag m. senioren 2 en later **Eindtijd**

|   |                   |                  |         |          |         |    |
|---|-------------------|------------------|---------|----------|---------|----|
| 1 | Anja van der Hout | ZC Ooievaar (SG) | 1.05.76 | 90-01598 | 1.07.90 | I  |
| 2 | Sabine Gaspersz   | ZC Ooievaar (SG) | 1.13.79 | 91-00972 | 1.16.27 | II |

## Districtscompetitie deel IV

| <u>Vervolg Progr. nr. 15 100m Wisselslag m. senioren 2 en later</u> |                     |                  |         |          | <b>Eindtijd</b> |
|---|---------------------|------------------|---------|----------|-----------------|
| 3   | Mariska van Geldorp | HPC              | 1.19.76 | 90-05296 | 1.21.67a III    |
| 4   | Chahinaze Sahi      | LZ 1886-KartoenZ | 1.19.58 | 91-02696 | 1.21.67b        |
| 5   | Patricia Degenaaars | HPC              | 1.25.51 | 91-00648 | 1.26.56         |
| 6   | Marowa Badawi       | LZ 1886-KartoenZ | 1.30.04 | 90-00100 | 1.35.70         |
| 7   | Jolina Stap         | LZ 1886-KartoenZ | 1.31.91 | 93-03390 | 1.37.59         |

| <u>Progr. nr. 16 100m Wisselslag j. jeugd 2 en later</u> |                   |                  |         |          | <b>Eindtijd</b> |
|--|-------------------|------------------|---------|----------|-----------------|
| 1  | Timo v.d. Veen    | HPC              | 1.05.79 | 91-04133 | 1.06.89 I       |
| 2  | Sven Regensburg   | LZ 1886-KartoenZ | 1.10.43 | 91-01865 | 1.09.56 II      |
| 3  | Daniel Driessen   | HPC              | 1.11.40 | 90-05251 | 1.10.44 III     |
| 4  | Gianpaolo Gioia   | ZC Ooievaar (SG) | 1.16.27 | 93-06457 | 1.15.68         |
| 5  | Geert Jan Fakkkel | LZ 1886-KartoenZ | 1.19.53 | 91-05475 | 1.19.49         |
| 6  | Anton Driessen    | HPC              | 1.24.16 | 91-03325 | 1.22.33         |
|  | Max Nievaart      | LZ 1886-KartoenZ | 1.11.77 | 91-03689 | ng za           |
|  | Daniel Franken    | HPC              |         | 91-XX000 | ng              |

| <u>Progr. nr. 17 100m Vlinderslag m. junioren 1 en eerder</u> |                     |                  |         |          | <b>Eindtijd</b> | <b>50m</b> |
|---|---------------------|------------------|---------|----------|-----------------|------------|
| 1   | Anja van der Hout   | ZC Ooievaar (SG) | 1.06.29 | 90-01598 | 1.08.64 I       | 0.32.36    |
| 2   | Delia Badoux        | ZC Ooievaar (SG) | 1.06.86 | 80-00042 | 1.10.23 II      | 0.32.83    |
| 3   | Nina Ferreira       | ZC Ooievaar (SG) | 1.13.50 | 89-01196 | 1.14.64 III     | 0.33.94    |
| 4   | Anne Paulien Drenth | LZ 1886-KartoenZ | 1.10.60 | 88-01054 | 1.14.86         | 0.33.99    |
| 5   | Simone van Veen     | HPC              | 1.20.02 | 85-02938 | 1.15.41         | 0.33.88    |
| 6   | Marije Lenos        | HPC              | 1.13.50 | 86-02264 | 1.15.59         | 0.34.30    |
| 7   | Roos Burmanje       | HPC              | 1.17.03 | 87-00698 | 1.18.38         | 0.35.04    |
| 8   | Melissa Lens        | LZ 1886-KartoenZ | 1.19.19 | 90-02300 | 1.22.72         | 0.37.33    |
| 9   | Fleur van Veen      | HPC              | 1.21.60 | 89-04200 | 1.25.86         | 0.38.34    |
| 10  | Sanne Hoenderdos    | HPC              | 1.31.52 | 89-01768 | 1.38.38         | 0.41.95    |
|   | Priscilla de Raad   | LZ 1886-KartoenZ | 1.44.85 | 85-03464 |                 | AF         |

| <u>Progr. nr. 19 100m Vlinderslag j. minioren 6 en eerder</u> |                      |                  |         |          | <b>Eindtijd</b> | <b>50m</b> |
|---|----------------------|------------------|---------|----------|-----------------|------------|
| 1   | Tom Maassen          | ZC Ooievaar (SG) | 0.59.05 | 86-01979 | 0.58.97 I       | 0.26.81    |
| 2   | Ricardo Haverschmidt | HPC              | 1.05.70 | 88-05011 | 1.03.66 II      | 0.28.83    |
| 3   | Brian Narain         | ZC Ooievaar (SG) | 1.06.74 | 89-04363 | 1.08.89 III     | 0.29.19    |
| 4   | Edwin van der Winden | LZ 1886-KartoenZ | 1.08.24 | 84-02635 | 1.09.33         | 0.31.45    |
| 5   | Mathijs Lenos        | HPC              | 1.10.02 | 84-01407 | 1.10.73         | 0.31.43    |
| 6   | Martin Vink          | HPC              | 1.07.47 | 89-03375 | 1.11.26         | 0.31.80    |
| 7   | Martijn Wuts         | LZ 1886-KartoenZ | 1.10.03 | 89-04147 | 1.13.66         | 0.33.05    |
| 8   | Simon Windt          | HPC              | 1.21.80 | 83-02383 | 1.29.83         | 0.37.13    |
|   | Laurens Oomkens      | HPC              | 1.19.70 | 87-02425 | ng za           |            |
|   | Roel Maassen         | ZC Ooievaar (SG) | 1.03.52 | 83-01403 | ng              |            |

| <u>Progr. nr. 21 50m Vrijeslag m./j. minioren 4 en later</u> |               |                  |         |          | <b>Eindtijd</b> |
|--|---------------|------------------|---------|----------|-----------------|
| 1  | Raya Sardar   | ZC Ooievaar (SG) | 0.46.82 | 99-01562 | 0.48.71 I       |
| 2  | Raeesa Omar   | ZC Ooievaar (SG) | 0.52.23 | 98-03108 | 0.52.45 II      |
| 3  | Pim Hollander | ZC Ooievaar (SG) | 1.03.61 | 99-01051 | 1.03.13 III     |

| <u>Progr. nr. 22 100m Schoolslag m. junioren 1 en later</u> |                   |                  |         |          | <b>Eindtijd</b> | <b>50m</b> |
|---|-------------------|------------------|---------|----------|-----------------|------------|
| 1   | Malka Reuben      | ZC Ooievaar (SG) | 1.38.87 | 97-03992 | 1.37.36 I       | 0.45.99    |
| 2   | Lara Bink         | LZ 1886-KartoenZ | 1.39.76 | 98-00076 | 1.39.40 II      | 0.47.82    |
| 3   | Moniek Heemskerck | LZ 1886-KartoenZ | 1.40.39 | 96-01964 | 1.39.51 III     | 0.47.60    |
| 4   | Nine Roman        | LZ 1886-KartoenZ | 1.49.42 | 97-02310 | 1.48.19         | 0.51.03    |

## Districtscompetitie deel IV

| <u>Vervolg Progr. nr. 22 100m Schoolslag m. junioren 1 en later</u> |                      |                  |         |          | <b>Eindtijd</b> | <b>50m</b> |
|---|----------------------|------------------|---------|----------|-----------------|------------|
| 5   | Raiesha Sardar       | ZC Ooievaar (SG) | 1.47.64 | 98-00604 | 1.48.23         | 0.52.32    |
| 6   | Anouk van Dam        | HPC              | 1.49.58 | 98-00032 | 1.48.40         | 0.53.18    |
| 7   | Chantal Beyer        | HPC              | 1.47.11 | 97-00884 | 1.48.65         | 0.51.36    |
| 8   | Sylle Hoogeveen      | HPC              | 1.46.28 | 97-03180 | 1.50.44         | 0.51.82    |
| 9   | Charlotte van Dien   | ZC Ooievaar (SG) | 1.57.51 | 96-04906 | 1.52.32         | 0.51.82    |
| 10  | Chloe van Duyvenbode | LZ 1886-KartoenZ | 1.53.10 | 97-01728 | 1.54.71         | 0.55.71    |
| 11  | Julia Minnema        | LZ 1886-KartoenZ | 1.56.51 | 98-01294 | 1.55.09         | 0.55.11    |
| 12  | Mandy v.d. Linden    | HPC              | 1.55.69 | 96-00638 | 1.56.02         | 0.55.25    |
| 13  | Demi v.d. Bosch      | ZC Ooievaar (SG) | 1.58.75 | 97-02296 | 1.56.67         | 0.56.07    |
| 14  | Esmee Grundeken      | ZC Ooievaar (SG) | 1.58.86 | 96-03546 | 2.06.79         | 1.01.22    |
| 15  | Veerle Claassen      | HPC              |         | 98-00782 | 2.09.49         | 0.59.90    |
| 16  | Laura Hartman        | HPC              |         | 98-00554 | 2.24.79         | 1.04.60    |
|   | Carmen Meyer         | HPC              | 2.06.15 | 98-00202 | afg.            |            |

| <u>Progr. nr. 24 100m Schoolslag j. minioren 6 en later</u> |                     |                  |         |          | <b>Eindtijd</b> | <b>50m</b>  |
|---|---------------------|------------------|---------|----------|-----------------|-------------|
| 1   | Tim Walstock        | HPC              | 1.35.40 | 96-01493 | 1.36.84         | I 0.46.20   |
| 2   | Gwyn Bird           | HPC              | 1.39.52 | 96-01491 | 1.41.68         | II 0.47.19  |
| 3   | David van Groen     | HPC              | 1.42.98 | 97-01341 | 1.44.87         | III 0.50.80 |
| 4   | Thomas de Jager     | LZ 1886-KartoenZ | 1.50.49 | 96-02373 | 1.49.16         | 0.52.27     |
|   | Patrick Wyrdean     | ZC Ooievaar (SG) | 1.50.22 | 97-02475 | 1.49.16         | 0.50.00     |
| 6   | Alexander van Schie | LZ 1886-KartoenZ | 1.44.33 | 96-02893 | 1.50.88         | 0.52.88     |
| 7   | Miguel Møller       | LZ 1886-KartoenZ | 1.57.39 | 97-02197 | 2.00.03         | 0.55.43     |
| 8   | Thomas Wojcik       | LZ 1886-KartoenZ | 1.55.79 | 98-00961 | 2.00.20         | 0.56.10     |
| 9   | Gijs v.d. Woord     | HPC              |         | 97-00059 | 2.05.39         | 0.59.18     |
|   | Jordy v. Oel        | ZC Ooievaar (SG) | 1.46.83 | 98-02003 | 1.51.22         | SD 0.51.15  |

| <u>Progr. nr. 26 200m Wisselslag m. junioren 3 en later</u> |                    |                  |         |          | <b>Eindtijd</b> | <b>50m</b>  |
|---|--------------------|------------------|---------|----------|-----------------|-------------|
| 1   | Nadia du Fossé     | HPC              | 2.50.86 | 94-01110 | 2.51.47         | I 0.37.39   |
| 2   | Lisanne Spoelstra  | LZ 1886-KartoenZ | 3.11.08 | 95-03086 | 3.01.72         | II 0.41.58  |
| 3   | Brenda Ouwehand    | LZ 1886-KartoenZ | 3.05.36 | 94-02038 | 3.02.32         | III 0.39.57 |
| 4   | Carlijn Huesken    | ZC Ooievaar (SG) | 3.00.70 | 95-05248 | 3.04.47         | 0.37.92     |
| 5   | Dewi Mattheyer     | ZC Ooievaar (SG) | 3.06.92 | 95-04798 | 3.08.30         | 0.41.17     |
| 6   | Denise v.d. Linden | HPC              | 3.26.79 | 94-01986 | 3.23.02         | 0.45.39     |

| <u>Progr. nr. 28 200m Wisselslag j. junioren 2 en later</u> |                      |                  |         |          | <b>Eindtijd</b> | <b>50m</b>  |
|---|----------------------|------------------|---------|----------|-----------------|-------------|
| 1   | Michael van Dam      | HPC              | 2.39.07 | 94-01501 | 2.40.26         | I 0.35.25   |
| 2   | Jeroen Braspenning   | HPC              | 3.06.78 | 95-02813 | 2.57.56         | II 0.41.61  |
| 3   | Tim Walstock         | HPC              | 3.07.41 | 96-01493 | 2.58.26         | III 0.41.17 |
| 4   | Floris van Wieringen | HPC              | 3.12.67 | 95-00387 | 3.01.18         | 0.40.09     |
| 5   | Mike van Veen        | LZ 1886-KartoenZ | 3.23.15 | 94-03817 | 3.05.66         | 0.38.57     |
| 6   | Imad Sahi            | LZ 1886-KartoenZ | 3.14.31 | 94-00805 | 3.14.96         | 0.45.79     |
| 7   | Amro Badawi          | LZ 1886-KartoenZ | 3.14.48 | 95-00881 | 3.19.23         | 0.48.95     |
| 8   | Jeroen Fakkkel       | LZ 1886-KartoenZ | 3.34.06 | 95-03341 | 3.27.39         | 0.46.02     |
| 9   | Tors Kouwenhoven     | ZC Ooievaar (SG) |         | 94-05241 | 3.32.76         | 0.45.73     |
| 10  | Matthew Stittelaar   | ZC Ooievaar (SG) | 3.35.82 | 95-02623 | 3.42.86         | 0.55.01     |
|   | Gene O'Neill         | HPC              |         | 95-03709 | ng za           |             |

| <u>Progr. nr. 30 200m Vrijslag m. jeugd 2 en later</u> |                     |                  |         |          | <b>Eindtijd</b> | <b>50m</b>  | <b>100m</b> |
|--|---------------------|------------------|---------|----------|-----------------|-------------|-------------|
| 1  | Linda Abu El Hassan | HPC              | 2.35.25 | 94-01650 | 2.30.04         | I 0.34.62   | 1.13.38     |
| 2  | Sara Badawi         | LZ 1886-KartoenZ | 2.33.49 | 93-02802 | 2.35.19         | II 0.33.63  | 1.13.29     |
| 3  | Carlijn Huesken     | ZC Ooievaar (SG) | 2.35.31 | 95-05248 | 2.43.78         | III 0.35.97 | 1.16.63     |

## Districtscompetitie deel IV

| <u>Vervolg Progr. nr. 30 200m Vrijeslag m. jeugd 2 en later</u> |                  |                  |         |          | <b>Eindtijd</b> | <b>50m</b> | <b>100m</b> |
|---|------------------|------------------|---------|----------|-----------------|------------|-------------|
| 4   | Eef Hollander    | ZC Ooievaar (SG) | 2.46.48 | 96-02074 | 2.52.50         | 0.38.20    | 1.22.09     |
| 5   | Marcella Vet     | HPC              | 3.05.29 | 92-05832 | 2.56.21         | 0.40.40    | 1.24.59     |
| 6   | Jolina Stap      | LZ 1886-KartoenZ | 2.41.39 | 93-03390 | 2.57.58         | 0.38.49    | 1.23.51     |
| 7   | Rinske Kluiwstra | LZ 1886-KartoenZ | 2.59.14 | 93-04026 | 3.00.24         | 0.40.81    | 1.26.78     |
|   | Elise van Dijk   | ZC Ooievaar (SG) |         | 94-06622 | afg.            |            |             |

| <u>Progr. nr. 32 200m Vrijeslag j. junioren 4 en later</u> |                    |                  |         |          | <b>Eindtijd</b> | <b>50m</b> | <b>100m</b>     |
|--|--------------------|------------------|---------|----------|-----------------|------------|-----------------|
| 1  | Michael van Dam    | HPC              | 2.15.51 | 94-01501 | 2.15.41         | I          | 0.31.32 1.06.28 |
| 2  | Gianpaolo Gioia    | ZC Ooievaar (SG) | 2.18.60 | 93-06457 | 2.21.22         | II         | 0.30.54 1.05.61 |
| 3  | Wessel Buijs       | HPC              | 2.21.61 | 92-02895 | 2.21.31         | III        | 0.31.40 1.06.80 |
| 4  | Jeroen Lens        | LZ 1886-KartoenZ | 2.37.43 | 92-04325 | 2.33.92         |            | 0.33.26 1.12.89 |
| 5  | Jeroen van Giezen  | LZ 1886-KartoenZ | 2.41.62 | 92-00377 | 2.38.77         |            | 0.35.85 1.16.41 |
| 6  | Nathan Stittelaar  | ZC Ooievaar (SG) | 2.28.27 | 93-05399 | 2.39.55         |            | 0.35.29 1.16.65 |
| 7  | Mike van Veen      | LZ 1886-KartoenZ |         | 94-03817 | 2.43.33         |            | 0.35.59 1.17.09 |
| 8  | Thom Berendsen     | HPC              |         | 92-06827 | 2.48.76a        |            | 0.37.79 1.20.75 |
| 9  | Lennart van Winzum | HPC              | 2.50.36 | 93-03933 | 2.48.76b        |            | 0.38.22 1.21.33 |
| 10   | Laurens Windt      | HPC              | 3.04.43 | 93-05509 | 2.58.01         |            | 0.37.89 1.23.17 |
|  | Sander ten Hoedt   | LZ 1886-KartoenZ | 2.19.05 | 92-06755 | afg.            |            |                 |

| <u>Progr. nr. 34 200m Schoolslag m. senioren 2 en later</u> |                    |                  |         |          | <b>Eindtijd</b> | <b>50m</b> | <b>100m</b>     |
|---|--------------------|------------------|---------|----------|-----------------|------------|-----------------|
| 1   | Nadia du Fossé     | HPC              | 2.57.93 | 94-01110 | 3.02.16         | I          | 0.41.72 1.28.83 |
| 2   | Sabine Gaspersz    | ZC Ooievaar (SG) | 3.03.82 | 91-00972 | 3.06.32         | II         | 0.42.17 1.30.42 |
| 3   | Sara Badawi        | LZ 1886-KartoenZ | 3.03.74 | 93-02802 | 3.17.14         | III        | 0.42.82 1.32.35 |
| 4   | Chahinaze Sahi     | LZ 1886-KartoenZ | 3.16.11 | 91-02696 | 3.18.20         |            | 0.44.27 1.35.18 |
| 5   | Dewi Mattheyer     | ZC Ooievaar (SG) | 3.26.54 | 95-04798 | 3.28.45         |            | 0.48.49 1.42.03 |
| 6   | Patricia Degenaars | HPC              | 3.28.91 | 91-00648 | 3.29.85         |            | 0.48.01 1.42.59 |
| 7   | Marowa Badawi      | LZ 1886-KartoenZ | 3.53.17 | 90-00100 | 3.59.19         |            | 0.50.85 1.53.19 |

| <u>Progr. nr. 36 200m Schoolslag j. jeugd 2 en later</u> |                   |                  |         |          | <b>Eindtijd</b> | <b>50m</b> | <b>100m</b>     |
|--|-------------------|------------------|---------|----------|-----------------|------------|-----------------|
| 1  | Timo v.d. Veen    | HPC              | 2.42.84 | 91-04133 | 2.43.12         | I          | 0.35.43 1.16.28 |
| 2  | Sven Regensburg   | LZ 1886-KartoenZ | 2.46.56 | 91-01865 | 2.49.87         | II         | 0.37.45 1.20.45 |
| 3  | Daniel Driessen   | HPC              | 3.00.22 | 90-05251 | 2.59.11         | III        | 0.40.50 1.26.45 |
| 4  | Gianpaolo Gioia   | ZC Ooievaar (SG) | 3.14.10 | 93-06457 | 3.12.73         |            | 0.42.73 1.32.36 |
| 5  | Nathan Stittelaar | ZC Ooievaar (SG) | 3.17.74 | 93-05399 | 3.18.14         |            | 0.43.83 1.36.52 |
| 6  | Anton Driessen    | HPC              | 3.17.02 | 91-03325 | 3.19.40         |            | 0.43.78 1.34.45 |
| 7  | Tors Kouwenhoven  | ZC Ooievaar (SG) |         | 94-05241 | 3.46.22         |            | 0.51.21 1.49.62 |
|  | Geert Jan Fakkkel | LZ 1886-KartoenZ | 3.11.21 | 91-05475 | 3.19.81         | SD         | 1.33.43         |
|  | Rafael Roos       | ZC Ooievaar (SG) | 2.48.85 | 93-04133 | ng              |            |                 |
|  | Daniel Franken    | HPC              |         | 91-XX000 | ng              |            |                 |

| <u>Progr. nr. 38 100m Rugslag m. junioren 1 en eerder</u> |                     |                  |         |          | <b>Eindtijd</b> | <b>50m</b> |         |
|---|---------------------|------------------|---------|----------|-----------------|------------|---------|
| 1   | Anja van der Hout   | ZC Ooievaar (SG) | 1.03.19 | 90-01598 | 1.06.42         | I          | 0.32.27 |
| 2   | Simone van Veen     | HPC              | 1.13.31 | 85-02938 | 1.13.36         | II         | 0.35.72 |
| 3   | Delia Badoux        | ZC Ooievaar (SG) | 1.12.11 | 80-00042 | 1.14.47         | III        | 0.36.87 |
| 4   | Marije Lenos        | HPC              | 1.14.06 | 86-02264 | 1.16.25         |            | 0.37.25 |
| 5   | Nina Ferreira       | ZC Ooievaar (SG) | 1.19.21 | 89-01196 | 1.16.73         |            | 0.37.37 |
|   | Roos Burmanje       | HPC              | 1.12.76 | 87-00698 | 1.16.73         |            | 0.37.29 |
| 7   | Mariska van Geldorp | HPC              | 1.21.79 | 90-05296 | 1.21.81         |            | 0.40.31 |
| 8   | Melissa Lens        | LZ 1886-KartoenZ | 1.16.87 | 90-02300 | 1.23.02         |            | 0.40.16 |
| 9   | Anne Paulien Drenth | LZ 1886-KartoenZ | 1.21.32 | 88-01054 | 1.24.63         |            | 0.40.60 |
| 10  | Fleur van Veen      | HPC              | 1.19.87 | 89-04200 | 1.27.50         |            | 0.42.05 |

## Districtscompetitie deel IV

| <u>Vervolg Progr. nr. 38 100m Rugslag m. junioren 1 en eerder</u> |                   |                  |         |          | <b>Eindtijd</b> | <b>50m</b> |
|---|-------------------|------------------|---------|----------|-----------------|------------|
| 11  | Sanne Hoenderdos  | HPC              | 1.27.59 | 89-01768 | 1.34.72         | 0.45.51    |
|   | Priscilla de Raad | LZ 1886-KartoenZ | 1.39.68 | 85-03464 | 1.42.48         | RF 0.48.42 |

| <u>Progr. nr. 40 100m Rugslag j. minioren 6 en eerder</u> |                      |                  |         |          | <b>Eindtijd</b> | <b>50m</b>  |
|---|----------------------|------------------|---------|----------|-----------------|-------------|
| 1   | Tom Maassen          | ZC Ooievaar (SG) | 1.07.04 | 86-01979 | 1.04.29         | I 0.30.67   |
| 2   | Martin Vink          | HPC              | 1.03.69 | 89-03375 | 1.06.90         | II 0.32.64  |
| 3   | Brian Narain         | ZC Ooievaar (SG) | 1.08.72 | 89-04363 | 1.08.70         | III 0.33.37 |
| 4   | Edwin van der Winden | LZ 1886-KartoenZ | 1.11.17 | 84-02635 | 1.12.02         | 0.35.30     |
| 5   | Martijn Wuts         | LZ 1886-KartoenZ | 1.14.21 | 89-04147 | 1.13.10         | 0.35.82     |
| 6   | Ricardo Haverschmidt | HPC              | 1.13.33 | 88-05011 | 1.15.29         | 0.37.26     |
| 7   | Simon Windt          | HPC              | 1.14.18 | 83-02383 | 1.15.64         | 0.36.46     |
| 8   | Mathijs Lenos        | HPC              | 1.13.75 | 84-01407 | 1.18.98         | 0.39.40     |
|   | Max Nievaart         | LZ 1886-KartoenZ | 1.10.61 | 91-03689 | ng za           |             |
|   | Laurens Oomkens      | HPC              | 1.12.79 | 87-02425 | ng za           |             |
|   | Roel Maassen         | ZC Ooievaar (SG) | 1.03.15 | 83-01403 | ng              |             |
|   | Sander ten Hoedt     | LZ 1886-KartoenZ | 1.11.94 | 92-06755 | afg.            |             |

| <u>Progr. nr. 42 4x50m Wisselslag estafette m. junioren 3 en later</u> |                  |  |         | <b>Eindtijd</b> | <b>50m</b>  |
|--|------------------|--|---------|-----------------|-------------|
| 1  | ZC Ooievaar (SG) |  | 2.32.61 | 2.35.58         | I 0.38.22   |
| 2  | LZ 1886-KartoenZ |  | 2.42.34 | 2.43.19         | II 0.39.88  |
| 3  | HPC              |  | 2.41.96 | 2.44.78         | III 0.39.08 |

| <b>HPC</b> |                     | <b>LZ 1886-KartoenZ</b> |                   | <b>ZC Ooievaar (SG)</b> |                    |
|------------|---------------------|-------------------------|-------------------|-------------------------|--------------------|
| 94-01650   | Linda Abu El Hassan | 95-03086                | Lisanne Spoelstra | 96-02074                | Eef Hollander      |
| 94-01110   | Nadia du Fossé      | 96-01964                | Moniek Heemskerk  | 95-04798                | Dewi Mattheyer     |
| 94-01986   | Denise v.d. Linden  | 94-02038                | Brenda Ouwehand   | 95-05248                | Carlijn Huesken    |
| 96-00638   | Mandy v.d. Linden   | 95-02566                | Anne Zekveld      | 96-04906                | Charlotte van Dien |

| <u>Progr. nr. 43 4x25m Vrijeslag estafette m./j. minioren 4 en later</u> |                  |  |  | <b>Eindtijd</b> | <b>25m</b> |
|--|------------------|--|--|-----------------|------------|
| 1  | ZC Ooievaar (SG) |  |  | 1.20.70         | I 0.17.89  |

| <b>ZC Ooievaar (SG)</b> |                |
|-------------------------|----------------|
| 98-02003                | Jordy v. Oel   |
| 99-01562                | Raya Sardar    |
| 99-01051                | Pim Hollander  |
| 98-00604                | Raiesha Sardar |