

Speedo Jaargangwedstrijden 2026
Leiden, 21 en 22 maart 2026

Programmanr. 16 Meisjes, 400m vrije slag 10 jaar
21-03-26 - 16:21 Resultaten

Kampioenschapsrecord alg.	5:05.61	Benthe de Beer	PSV	Leiden	16-03-25
Kampioenschapsrecord 10	4:53.58	Malin Roozeboom	WVZ	Leiden	22-05-22
Winnaar 2025	5:25.13	Skylynn Husers	GER	Leiden	15-03-25

rang	naam	vereniging	intijd	tijd	RT
1.	Kassidy Martis	AZC	5:23.26	201500726	5:13.78 +0,90
	50m: 35.82	35.82 150m: 1:55.70	40.23 250m: 3:15.82	40.78 350m: 4:35.70	39.53
	100m: 1:15.47	39.65 200m: 2:35.04	39.34 300m: 3:56.17	40.35 400m: 5:13.78	38.08
2.	Fleur Kalma	Aqua-Novio'94	5:50.19	201500192	5:37.09 +0,73
	50m: 36.98	36.98 150m: 2:00.49	42.60 250m: 3:28.08	44.11 350m: 4:55.99	43.94
	100m: 1:17.89	40.91 200m: 2:43.97	43.48 300m: 4:12.05	43.97 400m: 5:37.09	41.10
3.	Noa Brands	Swol 1894	5:45.57	201500386	5:37.69
	50m: 37.70	37.70 150m: 2:03.67	43.62 250m: 3:31.39	44.27 350m: 4:58.43	42.86
	100m: 1:20.05	42.35 200m: 2:47.12	43.45 300m: 4:15.57	44.18 400m: 5:37.69	39.26
4.	Vayèn Meekhof	ZVZwartsluis	6:07.15	201500004	5:55.30 +0,79
	50m: 38.56	38.56 150m: 2:09.56	47.37 250m: 3:42.61	46.71 350m: 5:13.19	43.56
	100m: 1:22.19	43.63 200m: 2:55.90	46.34 300m: 4:29.63	47.02 400m: 5:55.30	42.11
5.	Nina Bruinink	SG - E Z C L	6:08.98	201500756	6:01.93
	50m: 38.16	38.16 150m: 2:04.31	44.01 250m: 3:38.51	47.85 350m: 5:15.48	47.62
	100m: 1:20.30	42.14 200m: 2:50.66	46.35 300m: 4:27.86	49.35 400m: 6:01.93	46.45
6.	Lieke Keizer	TriVia	6:13.25	201500052	6:06.62
	50m: 39.34	39.34 150m: 2:12.01	46.65 250m: 3:47.38	48.12 350m: 5:22.23	47.26
	100m: 1:25.36	46.02 200m: 2:59.26	47.25 300m: 4:34.97	47.59 400m: 6:06.62	44.39
7.	Niene Bos	Orca Leeuwarden	6:22.36	201500262	6:07.72
	50m: 39.95	39.95 150m: 2:13.52	48.07 250m: 3:49.04	48.50 350m: 5:23.28	47.48
	100m: 1:25.45	45.50 200m: 3:00.54	47.02 300m: 4:35.80	46.76 400m: 6:07.72	44.44
8.	Anna Rietman	Swol 1894	6:11.63	201500012	6:14.71
	50m: 38.12	38.12 150m: 2:11.21	47.60 250m: 3:49.35	49.34 350m: 5:28.23	48.94
	100m: 1:23.61	45.49 200m: 3:00.01	48.80 300m: 4:39.29	49.94 400m: 6:14.71	46.48
9.	Yasmine van Remmerden	ZPC Woerden	6:19.05	201500188	6:21.62
	50m: 39.45	39.45 150m: 2:14.24	48.78 250m: 3:54.58	50.63 350m: 5:34.20	49.97
	100m: 1:25.46	46.01 200m: 3:03.95	49.71 300m: 4:44.23	49.65 400m: 6:21.62	47.42
10.	Maud Wanders	ZC Polaris	6:10.13	201500762	6:24.91 +0,80
	50m: 39.53	39.53 150m: 2:13.79	48.75 250m: 3:53.51	50.59 350m: 5:36.02	50.15
	100m: 1:25.04	45.51 200m: 3:02.92	49.13 300m: 4:45.87	52.36 400m: 6:24.91	48.89
AFGEM	Rh�a Smit	ZPC AMERSFOORT	6:27.23	201501058	
AFGEM	Vi�n Zoer	Dedemsvaart AC	6:28.18	201500084	