

Speedo Jaargangwedstrijden 2024
Leiden, 24 en 25 februari 2024

Programmanr. 34
25-02-24 - 16:37

Meisjes, 400m vrije slag

Minioren 5
Resultaten

Kampioenschapsrecord 4:53.58 Malin Roozeboom WVZ Leiden 22-05-22
Winnaar 2023 5:26.14 Ylène Zondervan ZV 44 Leiden 12-02-23

rang	naam	vereniging	intijd	tijd	RT			
1.	Lenny Bokkers	De Zwoer	5:39.32	201300390	5:24.93 +0,61			
	50m: 34.18	34.18	150m: 1:55.86	41.99	250m: 3:22.21	43.16	350m: 4:47.35	42.35
	100m: 1:13.87	39.69	200m: 2:39.05	43.19	300m: 4:05.00	42.79	400m: 5:24.93	37.58
2.	Boukje de Baedts	Het Y	5:38.43	201300756	5:39.13 +0,58			
	50m: 37.58	37.58	150m: 2:03.61	43.32	250m: 3:31.13	43.41	350m: 5:07.77	42.50
	100m: 1:20.29	42.71	200m: 2:47.72	44.11	300m: 4:15.27	44.14	400m: 5:39.13	41.36
3.	Coco Scheepers	SG Patrick - De Roersoppers	5:50.95	201301462	5:48.61 +0,82			
	50m: 38.34	38.34	150m: 2:08.64	46.74	250m: 3:40.74	45.33	350m: 5:08.41	42.56
	100m: 1:21.90	43.56	200m: 2:55.41	46.77	300m: 4:25.85	45.11	400m: 5:48.61	40.20
4.	Jorinde Winkelhorst	ZPB H&L Productions	6:08.44	201300878	5:52.05 +0,73			
	50m: 37.15	37.15	150m: 2:04.16	44.61	250m: 3:36.13	47.05	350m: 5:08.46	46.57
	100m: 1:19.55	42.40	200m: 2:49.08	44.92	300m: 4:21.89	45.76	400m: 5:52.05	43.59
5.	Eveline van den Enden	Hellas-Glana	6:24.88	201300914	6:05.89 +0,92			
	<i>* eindtijd is backuptijd</i>							
	50m: 40.97	40.97	150m: 2:13.80	47.26	250m: 3:48.33	47.19	350m: 5:23.26	47.83
	100m: 1:26.54	45.57	200m: 3:01.14	47.34	300m: 4:35.43	47.10	400m: 6:05.89	42.63
6.	Lisa Krispijn	ZPC Numansdorp	6:15.10	201300568	6:06.44			
	50m: 39.70	39.70	150m: 2:12.25	46.85	250m: 3:47.86	47.80	350m: 5:32.03	48.32
	100m: 1:25.40	45.70	200m: 3:00.06	47.81	300m: 4:34.71	46.85	400m: 6:06.44	43.41
7.	Inoa Bremer	MSV-Zeemacht	6:25.28	201300280	6:12.26 +0,93			
	50m: 40.14	40.14	150m: 2:13.71	47.09	250m: 3:50.56	48.70	350m: 5:28.11	49.61
	100m: 1:26.62	46.48	200m: 3:01.86	48.15	300m: 4:38.50	47.94	400m: 6:12.26	44.15
8.	Marit Vuist	Steenwijk 1934	6:23.76	201300530	6:12.52 +1,18			
	50m: 40.98	40.98	150m: 2:16.95	48.56	250m: 3:54.15	49.00	350m: 5:31.12	47.97
	100m: 1:28.39	47.41	200m: 3:05.15	48.20	300m: 4:43.15	49.00	400m: 6:12.52	41.40
9.	Tara van 't Veer	Blue Marlins	6:30.17	201300496	6:13.19 +1,00			
	50m: 40.99	40.99	150m: 2:16.93	48.64	250m: 3:53.54	49.26	350m: 5:26.95	47.79
	100m: 1:28.29	47.30	200m: 3:04.28	47.35	300m: 4:39.16	45.62	400m: 6:13.19	46.24
10.	Sanne Reuver	ZC Polaris	6:17.27	201300168	6:17.44 +0,66			
	50m: 44.39	44.39	150m: 2:21.79	48.51	250m: 3:58.06	48.52	350m: 5:32.11	46.74
	100m: 1:33.28	48.89	200m: 3:09.54	47.75	300m: 4:45.37	47.31	400m: 6:17.44	45.33
11.	Zoë Richardson	WS Twente	6:17.31	201300560	6:17.47 +0,74			
	50m: 38.15	38.15	150m: 2:11.78	47.71	250m: 3:50.98	49.70	350m: 5:31.36	49.71
	100m: 1:24.07	45.92	200m: 3:01.28	49.50	300m: 4:41.65	50.67	400m: 6:17.47	46.11
12.	Fardau Loots	HZ&PC Heerenveen	6:31.04	201300376	6:19.14 +0,95			
	50m: 43.14	43.14	150m: 2:21.19	48.99	250m: 3:59.41	49.26	350m: 5:37.13	48.21
	100m: 1:32.20	49.06	200m: 3:10.15	48.96	300m: 4:48.92	49.51	400m: 6:19.14	42.01
13.	Elize Theodore	TriVia	6:32.76	201301104	6:28.72			
	50m: 41.31	41.31	150m: 2:20.31	51.29	250m: 4:02.14	50.05	350m: 5:41.24	49.85
	100m: 1:29.02	47.71	200m: 3:12.09	51.78	300m: 4:51.39	49.25	400m: 6:28.72	47.48
14.	Elin Hut	Wahoo Swimming	6:24.25	201300020	6:31.06 +0,64			
	50m: 41.60	41.60	150m: 2:19.47	50.35	250m: 4:02.15	51.65	350m: 5:43.48	50.33
	100m: 1:29.12	47.52	200m: 3:10.50	51.03	300m: 4:53.15	51.00	400m: 6:31.06	47.58
15.	Lena van den Berg	Het Y	6:24.78	201302228	6:34.14			
	50m: 42.21	42.21	150m: 2:21.72	50.72	250m: 4:04.18	51.73	350m: 5:46.56	51.84
	100m: 1:31.00	48.79	200m: 3:12.45	50.73	300m: 4:54.72	50.54	400m: 6:34.14	47.58
DIS	Nadine Beishuizen	ZPC Hoogeveen	6:28.79	201300058				
	<i>AA - De start ingezet voor het startsignaal (en wel gezwommen).</i>							