

Speedo Jaargangwedstrijden 2024  
Leiden, 24 en 25 februari 2024

Programmanr. 14  
24-02-24 - 16:37

Jongens, 400m vrije slag

Minioren 5  
Resultaten

Kampioenschapsrecord 5:16.71 Jelte de Jong ZPCH Leiden 07-03-20  
Winnaar 2023 5:41.19 Tim Slagers AquapoldrcLeiden 11-02-23

| rang | naam                   | vereniging      | intijd        | tijd      | RT            |       |               |       |
|------|------------------------|-----------------|---------------|-----------|---------------|-------|---------------|-------|
| 1.   | Floris Meijers         | Swol 1894       | 5:33.96       | 201300015 | 5:39.09 +0,72 |       |               |       |
|      | 50m: 39.39             | 39.39           | 150m: 2:07.87 | 44.43     | 250m: 3:35.89 | 43.56 | 350m: 5:01.36 | 42.42 |
|      | 100m: 1:23.44          | 44.05           | 200m: 2:52.33 | 44.46     | 300m: 4:18.94 | 43.05 | 400m: 5:39.09 | 37.73 |
| 2.   | Isai Shields           | Niemo Barracuda | 6:01.98       | 201300031 | 5:39.42       | 41.88 |               |       |
|      | 50m: 38.69             | 38.69           | 150m: 2:08.59 | 45.07     | 250m: 3:36.61 | 43.45 | 350m: 5:01.64 | 41.88 |
|      | 100m: 1:23.52          | 44.83           | 200m: 2:53.16 | 44.57     | 300m: 4:19.76 | 43.15 | 400m: 5:39.42 | 37.78 |
| 3.   | Thijs van Arkel        | ACZ             | 5:47.14       | 201300539 | 5:43.14       | +0,78 |               |       |
|      | 50m: 39.06             | 39.06           | 150m: 2:09.31 | 45.40     | 250m: 3:38.78 | 43.96 | 350m: 5:03.27 | 40.11 |
|      | 100m: 1:23.91          | 44.85           | 200m: 2:54.82 | 45.51     | 300m: 4:23.16 | 44.38 | 400m: 5:43.14 | 39.87 |
| 4.   | Thomas Metz            | Batavia Swim    | 5:37.64       | 201300043 | 5:44.28       | +0,64 |               |       |
|      | 50m: 40.00             | 40.00           | 150m: 2:08.57 | 45.00     | 250m: 3:37.59 | 44.12 | 350m: 5:04.01 | 42.76 |
|      | 100m: 1:23.57          | 43.57           | 200m: 2:53.47 | 44.90     | 300m: 4:21.25 | 43.66 | 400m: 5:44.28 | 40.27 |
| 5.   | Job Oude Ophuis        | OZ&PC           | 5:59.66       | 201300047 | 5:53.83       | +0,64 |               |       |
|      | 50m: 38.60             | 38.60           | 150m: 2:07.96 | 45.23     | 250m: 3:37.55 | 44.58 | 350m: 5:10.06 | 46.77 |
|      | 100m: 1:22.73          | 44.13           | 200m: 2:52.97 | 45.01     | 300m: 4:23.29 | 45.74 | 400m: 5:53.83 | 43.77 |
| 6.   | Fido Hulstijn          | Wijchen         | 6:30.92       | 201300775 | 5:55.49       | +0,63 |               |       |
|      | 50m: 39.33             | 39.33           | 150m: 2:07.06 | 44.35     | 250m: 3:37.21 | 45.78 | 350m: 5:10.29 | 46.74 |
|      | 100m: 1:22.71          | 43.38           | 200m: 2:51.43 | 44.37     | 300m: 4:23.55 | 46.34 | 400m: 5:55.49 | 45.20 |
| 7.   | Miguel Kuijken         | PSV             | 6:19.26       | 201300251 | 6:00.87       | +0,68 |               |       |
|      | 50m: 40.84             | 40.84           | 150m: 2:12.07 | 46.10     | 250m: 3:44.67 | 47.06 | 350m: 5:17.78 | 46.47 |
|      | 100m: 1:25.97          | 45.13           | 200m: 2:57.61 | 45.54     | 300m: 4:31.31 | 46.64 | 400m: 6:00.87 | 43.09 |
| 8.   | Thijs Mulder           | KSN (SG)        | 6:26.56       | 201300435 | 6:02.55       | +0,75 |               |       |
|      | 50m: 40.41             | 40.41           | 150m: 2:12.27 | 47.48     | 250m: 3:47.49 | 47.95 | 350m: 5:20.94 | 46.23 |
|      | 100m: 1:24.79          | 44.38           | 200m: 2:59.54 | 47.27     | 300m: 4:34.71 | 47.22 | 400m: 6:02.55 | 41.61 |
| 9.   | Shai Jaffe             | De Dolfijn      | 6:24.27       | 201300205 | 6:07.83       | +0,88 |               |       |
|      | 50m: 39.62             | 39.62           | 150m: 2:13.84 | 48.43     | 250m: 3:50.66 | 48.62 | 350m: 5:24.87 | 46.94 |
|      | 100m: 1:25.41          | 45.79           | 200m: 3:02.04 | 48.20     | 300m: 4:37.93 | 47.27 | 400m: 6:07.83 | 42.96 |
| 10.  | Teun Broshuis          | WS Twente       | 6:16.03       | 201300033 | 6:09.77       | +0,62 |               |       |
|      | 50m: 40.95             | 40.95           | 150m: 2:15.34 | 47.18     | 250m: 3:51.00 | 47.72 | 350m: 5:27.43 | 48.34 |
|      | 100m: 1:28.16          | 47.21           | 200m: 3:03.28 | 47.94     | 300m: 4:39.09 | 48.09 | 400m: 6:09.77 | 42.34 |
| 11.  | Bernardo Vasconcelos   | De Dolfijn      | 6:23.97       | 201300671 | 6:16.64       | +0,85 |               |       |
|      | 50m: 39.87             | 39.87           | 150m: 2:14.22 | 47.98     | 250m: 3:54.34 | 50.78 | 350m: 5:32.45 | 48.71 |
|      | 100m: 1:26.24          | 46.37           | 200m: 3:03.56 | 49.34     | 300m: 4:43.74 | 49.40 | 400m: 6:16.64 | 44.19 |
| 12.  | Teo Taylan             | Niemo Barracuda | 6:20.62       | 201300219 | 6:17.87       | +0,76 |               |       |
|      | 50m: 41.09             | 41.09           | 150m: 2:18.03 | 48.55     | 250m: 3:56.61 | 49.24 | 350m: 5:33.98 | 48.15 |
|      | 100m: 1:29.48          | 48.39           | 200m: 3:07.37 | 49.34     | 300m: 4:45.83 | 49.22 | 400m: 6:17.87 | 43.89 |
| 13.  | Floris Hardenberg      | TriVia          | 6:37.01       | 201300665 | 6:23.08       | +0,61 |               |       |
|      | 50m: 41.06             | 41.06           | 150m: 2:16.57 | 48.67     | 250m: 3:56.83 | 50.54 | 350m: 5:35.81 | 49.37 |
|      | 100m: 1:27.90          | 46.84           | 200m: 3:06.29 | 49.72     | 300m: 4:46.44 | 49.61 | 400m: 6:23.08 | 47.27 |
| 14.  | Pjotr Dezutter         | Scheldestroom   | 6:38.18       | 201300125 | 6:32.36       | +0,80 |               |       |
|      | 50m: 42.69             | 42.69           | 150m: 2:23.25 | 51.66     | 250m: 4:05.58 | 52.54 | 350m: 5:47.72 | 50.97 |
|      | 100m: 1:31.59          | 48.90           | 200m: 3:13.04 | 49.79     | 300m: 4:56.75 | 51.17 | 400m: 6:32.36 | 44.64 |
| 15.  | Thomas Boersma         | ZPC Hoogeveen   | 6:40.70       | 201300833 | 6:32.79       | +0,78 |               |       |
|      | 50m: 43.46             | 43.46           | 150m: 2:21.75 | 50.01     | 250m: 4:03.12 | 51.36 | 350m: 5:45.53 | 50.34 |
|      | 100m: 1:31.74          | 48.28           | 200m: 3:11.76 | 50.01     | 300m: 4:55.19 | 52.07 | 400m: 6:32.79 | 47.26 |
| 16.  | Miguel Moreno Palacios | De Dolfijn      | 6:25.89       | 201301123 | 6:53.94       | +1,03 |               |       |
|      | 50m: 42.65             | 42.65           | 150m: 2:24.23 | 52.51     | 250m: 4:10.25 | 53.00 | 350m: 5:58.89 | 54.38 |
|      | 100m: 1:31.72          | 49.07           | 200m: 3:17.25 | 53.02     | 300m: 5:04.51 | 54.26 | 400m: 6:53.94 | 55.05 |