

Programmanr. 30 Jongens, 400m vrije slag Minioren 6
2/12/2023 - 15:47 Resultaten

Kampioenschapsrecord 4:38.57 Bryan Agterdenbos MNC Dordrecht Leiden 1/1/2014
Winnaar 2022 5:12.60 Mathieu Gepkens VZC Leiden 5/22/2022

rang	naam	vereniging	intijd	tijd	RT
1.	Ramon Vos	ZPC Hoogeveen	5:07.23 201100051	5:05.23	
	50m: 34.40 100m: 1:12.76	34.40 150m: 38.36 200m: 2:30.78	250m: 300m:	350m: 5:05.23 400m:	
2.	Matthijs van Velzen	ZV 44	5:32.80 201100435	5:10.54	
	50m: 34.59 100m: 1:13.13	34.59 150m: 38.54 200m: 2:32.77	250m: 300m:	350m: 5:10.54 400m:	
3.	Svenn Meffert	ZPC Hoogeveen	5:24.46 201102007	5:19.61 FJ 1	
	50m: 35.31 100m: 1:14.64	35.31 150m: 39.33 200m: 2:36.25	250m: 300m:	350m: 5:19.61 400m:	
4.	Daan Mulder	KSN (SG)	5:29.04 201100267	5:19.61 FJ 2	
	50m: 35.22 100m: 1:13.78	35.22 150m: 38.56 200m: 2:36.60	250m: 300m:	350m: 5:19.61 400m:	
5.	Daan Overmars	OZ&PC	5:44.00 201100027	5:20.28	
	50m: 35.64 100m: 1:15.53	35.64 150m: 39.89 200m: 2:38.56	250m: 300m:	350m: 5:20.28 400m:	
6.	Stan Nijhuis	OZ&PC	6:01.88 201100191	5:36.65	
	50m: 37.46 100m: 1:19.28	37.46 150m: 41.82 200m: 2:44.18	250m: 300m:	350m: 5:36.65 400m:	
7.	Amor van der Veen	ZPC Hoogeveen	5:44.87 201100197	5:39.20	
	50m: 37.21 100m: 1:19.45	37.21 150m: 42.24 200m: 2:46.04	250m: 300m:	350m: 5:39.20 400m:	
8.	Thijs van Kints	BZ&PC	6:13.79 201101059	5:55.97	
	50m: 38.40 100m: 1:21.78	38.40 150m: 43.38 200m: 2:52.53	250m: 300m:	350m: 5:55.97 400m:	
9.	Lev Rudman	ZVL-1886 Center	6:07.60 201102343	5:56.19	
	50m: 38.15 100m:	38.15 150m: 200m: 2:56.69	250m: 300m:	350m: 5:56.19 400m:	
10.	Jaysley Brouwn	Niemo Barracuda	6:12.40 201101033	5:56.53	
	50m: 39.49 100m: 1:22.94	39.49 150m: 43.45 200m: 2:54.69	250m: 300m:	350m: 5:56.53 400m:	
11.	Ivan Half	ZV De Ham	6:13.92 201100479	5:59.37	
	50m: 38.73 100m: 1:21.96	38.73 150m: 43.23 200m: 2:54.94	250m: 300m:	350m: 5:59.37 400m:	
12.	Kaj van der Ham	ZVL-1886 Center	6:08.47 201100325	6:01.63	
	50m: 37.53 100m: 1:21.68	37.53 150m: 44.15 200m: 2:55.48	250m: 300m:	350m: 6:01.63 400m:	