

Programmanr. 16
04-03-2012 - 11:32

Meisjes, 400m wisselslag

Junioren en Jeugd
Resultaten

rang	naam	vereniging		intijd		startnr.	tijd		RT	niv.
1.	Elisabeth Rivard	WVZ		5:23.57		199600244	5:30.71			E
	50m:	34.02	34.02	150m:	1:57.49	41.85	250m:	3:27.56	49.97	36.73
	100m:	1:15.64	41.62	200m:	2:37.59	40.10	300m:	4:18.08	50.52	35.90
2.	Moniek Heemskerk	LZ 1886		5:20.10		199601964	5:34.41			F
	50m:	36.12	36.12	150m:	2:02.42	45.23	250m:	3:31.76	45.79	39.84
	100m:	1:17.19	41.07	200m:	2:45.97	43.55	300m:	4:17.54	45.78	37.03
3.	Noa Oldenhof	De Dolfijn		5:27.69		199700622	5:35.57		+0,71	F
	50m:	37.00	37.00	150m:	2:03.54	41.69	250m:	3:33.66	49.40	37.41
	100m:	1:21.85	44.85	200m:	2:44.26	40.72	300m:	4:22.83	49.17	35.33
4.	Jasmijn Bink	LZ 1886		5:18.43		199700332	5:49.77		+0,89	F
	50m:	35.07	35.07	150m:	1:57.75	41.97	250m:	3:34.12	53.39	39.18
	100m:	1:15.78	40.71	200m:	2:40.73	42.98	300m:	4:31.07	56.95	39.52
5.	Kim Kenbeek	Zaanstad (SG)		6:33.63		199902312	6:29.45 *		+0,91	
	50m:	39.43	39.43	150m:	2:20.78	51.05	250m:	4:06.60	53.48	44.05
	100m:	1:29.73	50.30	200m:	3:13.12	52.34	300m:	5:02.32	55.72	43.08