

Programmanr. 2
04-03-2018 - 11:22

Dames, 400m vrije slag

Para, junioren 1 e.o.
Resultaten

Punten: FINA 2017

Rang							Tijd	RT	FINA
Junioren 1									
1.	Danique Giuliano		De Dolfijn			200600706	6:02.65	+0,77	277
	50m: 41.11	41.11	150m: 2:14.25	46.64	250m: 3:46.47	47.97	350m: 5:19.24	46.10	
	100m: 1:27.61	46.50	200m: 2:58.50	44.25	300m: 4:33.14	46.67	400m: 6:02.65	43.41	
Junioren 2									
1.	Dana van Leeuwen		KZC			200500150	5:28.74	+0,89	372
	50m: 37.28	37.28	150m: 1:59.97	42.02	250m: 3:24.72	41.99	350m: 4:48.66	42.61	
	100m: 1:17.95	40.67	200m: 2:42.73	42.76	300m: 4:06.05	41.33	400m: 5:28.74	40.08	
2.	Ciara Pepper		De Dolfijn			200501806	6:10.22	+0,79	260
	50m: 40.05	40.05	150m: 2:14.18	47.39	250m: 3:50.03	48.72	350m: 5:24.34	46.57	
	100m: 1:26.79	46.74	200m: 3:01.31	47.13	300m: 4:37.77	47.74	400m: 6:10.22	45.88	
DIS	Jasmijn van Genderen		ZV De Zaan			200500656			
	<i>AA - Gestart voor het startsignaal (en wel gezwommen).</i>								
Junioren 3									
1.	Catherine Karasalis		Longchamps Swimming Club			LSC/004323/04	4:56.67	+0,76	506
	50m: 34.07	34.07	150m: 1:50.15	38.29	250m: 3:06.16	38.04	350m: 4:21.36	37.03	
	100m: 1:11.86	37.79	200m: 2:28.12	37.97	300m: 3:44.33	38.17	400m: 4:56.67	35.31	
Jeugd 1									
1.	Vera Renshof		DWK			200301582	4:47.97	+0,69	553
	50m: 31.57	31.57	150m: 1:44.92	37.33	250m: 2:59.65	37.80	350m: 4:14.24	37.05	
	100m: 1:07.59	36.02	200m: 2:21.85	36.93	300m: 3:37.19	37.54	400m: 4:47.97	33.73	
2.	Yvonne Engel		ZV De Zaan			200300780	4:56.99	+0,84	504
	50m: 33.60	33.60	150m: 1:48.90	37.57	250m: 3:04.59	37.99	350m: 4:19.76	37.46	
	100m: 1:11.33	37.73	200m: 2:26.60	37.70	300m: 3:42.30	37.71	400m: 4:56.99	37.23	
3.	Chantal Tiesinga		TriVia			200302452	5:00.24	+0,75	488
	50m: 34.46	34.46	150m: 1:50.33	38.19	250m: 3:06.08	37.60	350m: 4:22.55	38.25	
	100m: 1:12.14	37.68	200m: 2:28.48	38.15	300m: 3:44.30	38.22	400m: 5:00.24	37.69	
4.	Tessa Takken		De Dolfijn			200301692	5:07.95	+0,80	452
	50m: 34.13	34.13	150m: 1:50.95	38.78	250m: 3:09.26	39.36	350m: 4:29.47	39.70	
	100m: 1:12.17	38.04	200m: 2:29.90	38.95	300m: 3:49.77	40.51	400m: 5:07.95	38.48	
Jeugd 2									
1.	Ilse Kraaijeveld		The Hague Swimming (SG)			200202190	4:53.70	+0,72	521
	50m: 32.34	32.34	150m: 1:47.17	37.72	250m: 3:02.50	37.65	350m: 4:17.50	37.29	
	100m: 1:09.45	37.11	200m: 2:24.85	37.68	300m: 3:40.21	37.71	400m: 4:53.70	36.20	
2.	Tessa Kooi		Nova			200201386	4:53.73	+0,88	521
	50m: 32.46	32.46	150m: 1:46.80	37.55	250m: 3:02.73	37.96	350m: 4:17.49	36.86	
	100m: 1:09.25	36.79	200m: 2:24.77	37.97	300m: 3:40.63	37.90	400m: 4:53.73	36.24	
3.	Inge Dekker		TriVia			200200476	4:57.34	+0,76	502
	50m: 32.49	32.49	150m: 1:47.94	38.03	250m: 3:04.69	38.44	350m: 4:20.77	37.95	
	100m: 1:09.91	37.42	200m: 2:26.25	38.31	300m: 3:42.82	38.13	400m: 4:57.34	36.57	
4.	Manon Ducable		Longchamps Swimming Club			LSC/004003/02	5:00.03	+0,75	489
	50m: 33.05	33.05	150m: 1:47.67	38.07	250m: 3:04.96	38.94	350m: 4:22.22	38.79	
	100m: 1:09.60	36.55	200m: 2:26.02	38.35	300m: 3:43.43	38.47	400m: 5:00.03	37.81	
5.	Tara van Leeuwen		KZC			200201112	5:05.36	+0,80	464
	50m: 34.00	34.00	150m: 1:50.47	38.85	250m: 3:08.15	39.28	350m: 4:26.96	39.98	
	100m: 1:11.62	37.62	200m: 2:28.87	38.40	300m: 3:46.98	38.83	400m: 5:05.36	38.40	
6.	Thirza van de Kraats		DWK			200200392	5:05.39	+0,77	464
	50m: 34.56	34.56	150m: 1:51.22	38.70	250m: 3:09.69	38.97	350m: 4:27.73	38.81	
	100m: 1:12.52	37.96	200m: 2:30.72	39.50	300m: 3:48.92	39.23	400m: 5:05.39	37.66	

Programmanr. 2, Meisjes, 400m vrije slag, Jeugd 2

Rang							Tijd			RT	FINA	
7.	Daphne Peters			ZV Haerlem			200201056			5:27.82	+0,85	375
	50m:	36.42	36.42	150m:	1:59.38	41.93	250m:	3:24.22	42.57	350m:	4:49.00	42.24
	100m:	1:17.45	41.03	200m:	2:41.65	42.27	300m:	4:06.76	42.54	400m:	5:27.82	38.82

Senioren 1 en ouder

1.	Serena Stel			RTC - De Dolfijn			199801528			4:23.65	+0,68	721
	50m:	29.74	29.74	150m:	1:36.18	33.36	250m:	2:43.40	33.33	350m:	3:51.01	33.82
	100m:	1:02.82	33.08	200m:	2:10.07	33.89	300m:	3:17.19	33.79	400m:	4:23.65	32.64
2.	Marij van der Mast			RTC - PSV			200000676			4:28.24	+0,73	685
	50m:	30.97	30.97	150m:	1:37.29	33.54	250m:	2:44.41	33.57	350m:	3:53.59	34.94
	100m:	1:03.75	32.78	200m:	2:10.84	33.55	300m:	3:18.65	34.24	400m:	4:28.24	34.65
3.	Jamilla van Veen			ZPC Woerden			199603192			4:37.11	+0,80	621
	50m:	30.04	30.04	150m:	1:38.62	34.85	250m:	2:50.14	35.55	350m:	4:02.06	36.10
	100m:	1:03.77	33.73	200m:	2:14.59	35.97	300m:	3:25.96	35.82	400m:	4:37.11	35.05
4.	Sterre Keller			The Hague Swimming (SG)			199904142			4:45.39	+0,77	568
	50m:	31.79	31.79	150m:	1:43.06	36.32	250m:	2:56.45	36.70	350m:	4:09.50	36.42
	100m:	1:06.74	34.95	200m:	2:19.75	36.69	300m:	3:33.08	36.63	400m:	4:45.39	35.89
5.	Noa Oldenhof			De Dolfijn			199700622			4:54.61	+0,71	517
	50m:	32.28	32.28	150m:	1:46.56	37.33	250m:	3:00.89	36.84	350m:	4:17.59	38.60
	100m:	1:09.23	36.95	200m:	2:24.05	37.49	300m:	3:38.99	38.10	400m:	4:54.61	37.02
6.	Maike van de Velde			ZPCH			200000382			4:55.51	+0,86	512
	50m:	32.39	32.39	150m:	1:46.95	37.79	250m:	3:02.72	37.98	350m:	4:19.22	38.17
	100m:	1:09.16	36.77	200m:	2:24.74	37.79	300m:	3:41.05	38.33	400m:	4:55.51	36.29
7.	Elyanne Boudestein			Zoetermeer			200101060			5:07.87	+0,78	453
	50m:	34.01	34.01	150m:	1:50.22	38.60	250m:	3:09.62	40.17	350m:	4:30.36	40.23
	100m:	1:11.62	37.61	200m:	2:29.45	39.23	300m:	3:50.13	40.51	400m:	5:07.87	37.51
8.	Cheyenne van de Port			DWK			199804718			5:14.16	+0,73	426
	50m:	34.23	34.23	150m:	1:52.82	39.64	250m:	3:14.05	40.44	350m:	4:34.92	40.22
	100m:	1:13.18	38.95	200m:	2:33.61	40.79	300m:	3:54.70	40.65	400m:	5:14.16	39.24
9.	Sacha van den Dobbelsteen			The Hague Swimming (SG)			200100904			5:22.65	+0,65	393
	50m:	34.48	34.48	150m:	1:55.34	40.66	250m:	3:19.22	42.02	350m:	4:44.15	42.66
	100m:	1:14.68	40.20	200m:	2:37.20	41.86	300m:	4:01.49	42.27	400m:	5:22.65	38.50
10.	Annabel Kuipers			DWK			200001076			5:23.52	+0,74	390
	50m:	34.92	34.92	150m:	1:56.24	41.29	250m:	3:19.54	41.45	350m:	4:44.04	42.14
	100m:	1:14.95	40.03	200m:	2:38.09	41.85	300m:	4:01.90	42.36	400m:	5:23.52	39.48