

Programmanr. 36
05-05-2013 - 10:46

Dames, 800m vrije slag

Masters Open
Resultaten

rang	naam		vereniging		inschrijftijd		startnr.		tijd	RT
Masters 20+										
1.	Nanda de Vries		HZ&PC Heerenveen		9:52.76		199204328		10:05.93	+0,76
	50m: 33.43	33.43	250m: 3:05.46	38.00	450m: 5:37.21	37.95	650m: 8:11.72	38.82		
	100m: 1:11.20	37.77	300m: 3:43.54	38.08	500m: 6:15.82	38.61	700m: 8:50.25	38.53		
	150m: 1:49.23	38.03	350m: 4:21.48	37.94	550m: 6:54.33	38.51	750m: 9:28.46	38.21		
	200m: 2:27.46	38.23	400m: 4:59.26	37.78	600m: 7:32.90	38.57	800m: 10:05.93	37.47		
2.	Désirée Emmen		De Warande		10:01.43		199204862		10:17.95	
	50m: 33.25	33.25	250m: 3:07.21	39.40	450m: 5:45.54	39.60	650m: 8:23.95	38.97		
	100m: 1:10.38	37.13	300m: 3:46.75	39.54	500m: 6:24.84	39.30	700m: 9:02.79	38.84		
	150m: 1:48.52	38.14	350m: 4:26.34	39.59	550m: 7:04.70	39.86	750m: 9:41.12	38.33		
	200m: 2:27.81	39.29	400m: 5:05.94	39.60	600m: 7:44.98	40.28	800m: 10:17.95	36.83		
3.	Rebecca Vroomen		Eurode KZC		9:57.10		199301772		10:18.30	+0,90
	50m: 33.89	33.89	250m: 3:10.10	39.20	450m: 5:47.23	38.76	650m: 8:24.15	38.58		
	100m: 1:12.40	38.51	300m: 3:49.72	39.62	500m: 6:26.79	39.56	700m: 9:03.39	39.24		
	150m: 1:51.57	39.17	350m: 4:28.91	39.19	550m: 7:05.88	39.09	750m: 9:41.98	38.59		
	200m: 2:30.90	39.33	400m: 5:08.47	39.56	600m: 7:45.57	39.69	800m: 10:18.30	36.32		
4.	Maaïke Vooren		DAW		10:16.92		199103324		10:23.42	+0,88
	50m: 34.56	34.56	250m: 3:09.83	38.97	450m: 5:47.28	39.11	650m: 8:25.40	39.26		
	100m: 1:12.83	38.27	300m: 3:49.28	39.45	500m: 6:27.26	39.98	700m: 9:05.88	40.48		
	150m: 1:51.61	38.78	350m: 4:28.44	39.16	550m: 7:06.23	38.97	750m: 9:45.20	39.32		
	200m: 2:30.86	39.25	400m: 5:08.17	39.73	600m: 7:46.14	39.91	800m: 10:23.42	38.22		
5.	Ruby Boudenstein		De Lansingh		11:02.82		199303430		10:59.90	+0,70
	50m: 35.89	35.89	250m: 3:20.15	42.09	450m: 6:09.82	42.88	650m: 9:00.02	42.20		
	100m: 1:15.58	39.69	300m: 4:02.26	42.11	500m: 6:52.58	42.76	700m: 9:41.52	41.50		
	150m: 1:56.70	41.12	350m: 4:44.89	42.63	550m: 7:35.54	42.96	750m: 10:21.90	40.38		
	200m: 2:38.06	41.36	400m: 5:26.94	42.05	600m: 8:17.82	42.28	800m: 10:59.90	38.00		
6.	Sunanda van Heteren		De Geul		10:54.57		198901728		11:01.04	+0,79
	50m: 34.70	34.70	250m: 3:19.24	41.64	450m: 6:08.38	42.45	650m: 8:59.64	41.93		
	100m: 1:14.11	39.41	300m: 4:01.46	42.22	500m: 6:51.97	43.59	700m: 9:42.86	43.22		
	150m: 1:55.36	41.25	350m: 4:43.50	42.04	550m: 7:34.51	42.54	750m: 10:23.24	40.38		
	200m: 2:37.60	42.24	400m: 5:25.93	42.43	600m: 8:17.71	43.20	800m: 11:01.04	37.80		
7.	Danielle Scheepers		Njord		10:41.05		199005428		11:05.63	+0,78
	50m: 35.01	35.01	250m: 3:18.94	41.79	450m: 6:08.02	42.23	650m: 8:58.71	42.49		
	100m: 1:14.28	39.27	300m: 4:01.03	42.09	500m: 6:51.07	43.05	700m: 9:41.98	43.27		
	150m: 1:55.09	40.81	350m: 4:43.16	42.13	550m: 7:33.43	42.36	750m: 10:24.36	42.38		
	200m: 2:37.15	42.06	400m: 5:25.79	42.63	600m: 8:16.22	42.79	800m: 11:05.63	41.27		
8.	Lenja Witlox		Olympia		10:25.65		199202004		11:06.02	+0,73
	50m: 36.48	36.48	250m: 3:26.37	43.87	450m: 6:16.54	42.81	650m: 9:04.57	42.68		
	100m: 1:17.80	41.32	300m: 4:08.98	42.61	500m: 6:58.62	42.08	700m: 9:45.89	41.32		
	150m: 2:00.16	42.36	350m: 4:51.27	42.29	550m: 7:40.66	42.04	750m: 10:27.10	41.21		
	200m: 2:42.50	42.34	400m: 5:33.73	42.46	600m: 8:21.89	41.23	800m: 11:06.02	38.92		
9.	Irmgard van Weeghel		Octopus		11:05.98		199204834		11:10.09	+0,79
	50m: 36.98	36.98	250m: 3:21.48	41.71	450m: 6:12.71	42.61	650m: 9:04.11	42.59		
	100m: 1:17.10	40.12	300m: 4:04.00	42.52	500m: 6:55.61	42.90	700m: 9:47.16	43.05		
	150m: 1:58.06	40.96	350m: 4:46.60	42.60	550m: 7:38.47	42.86	750m: 10:28.83	41.67		
	200m: 2:39.77	41.71	400m: 5:30.10	43.50	600m: 8:21.52	43.05	800m: 11:10.09	41.26		
10.	Jannie Janssen		HZPC		11:36.36		198902022		11:26.34	+0,87
	50m: 37.69	37.69	250m: 3:27.89	43.80	450m: 6:23.81	44.09	650m: 9:18.99	43.96		
	100m: 1:18.83	41.14	300m: 4:11.41	43.52	500m: 7:07.39	43.58	700m: 10:02.34	43.35		
	150m: 2:01.45	42.62	350m: 4:55.76	44.35	550m: 7:51.06	43.67	750m: 10:45.51	43.17		
	200m: 2:44.09	42.64	400m: 5:39.72	43.96	600m: 8:35.03	43.97	800m: 11:26.34	40.83		
11.	Esther Sprick		EZ&PC		11:34.06		199107930		11:53.18	+0,76
	50m: 37.67	37.67	250m: 3:32.72	44.95	450m: 6:36.15	45.15	650m: 9:40.80	44.63		
	100m: 1:19.65	41.98	300m: 4:18.97	46.25	500m: 7:23.73	47.58	700m: 10:25.80	45.00		
	150m: 2:03.01	43.36	350m: 5:04.53	45.56	550m: 8:09.89	46.16	750m: 11:09.81	44.01		
	200m: 2:47.77	44.76	400m: 5:51.00	46.47	600m: 8:56.17	46.28	800m: 11:53.18	43.37		
12.	Pauline Magnée		De Warande		12:48.76		199205434		12:59.71	+0,81
	50m: 40.36	40.36	250m: 3:51.58	50.08	450m: 7:12.91	50.95	650m: 10:37.08	50.98		
	100m: 1:25.12	44.76	300m: 4:40.84	49.26	500m: 8:03.75	50.84	700m: 11:26.60	49.52		
	150m: 2:13.10	47.98	350m: 5:31.64	50.80	550m: 8:55.13	51.38	750m: 12:15.15	48.55		
	200m: 3:01.50	48.40	400m: 6:21.96	50.32	600m: 9:46.10	50.97	800m: 12:59.71	44.56		
13.	Claudia Creemers		De Roersoppers		12:44.03		199202864		13:57.73	+0,75
	50m: 41.30	41.30	250m: 4:04.64	52.99	450m: 7:42.09	54.37	650m: 11:18.79	54.09		
	100m: 1:29.03	47.73	300m: 4:58.87	54.23	500m: 8:37.35	55.26	700m: 12:14.76	55.97		
	150m: 2:19.12	50.09	350m: 5:53.31	54.44	550m: 9:31.33	53.98	750m: 13:07.44	52.68		
	200m: 3:11.65	52.53	400m: 6:47.72	54.41	600m: 10:24.70	53.37	800m: 13:57.73	50.29		

Programmanr. 36, Dames, 800m vrije slag

Masters 25+

1. Lisanne Andeweg	Zuiderzeewimmers	9:54.21	198800092	9:50.37	+0,90
<i>Kampioenschaps Record</i>					
50m: 32.89	32.89	250m: 3:02.49	37.97	450m: 5:34.22	37.72
100m: 1:09.35	36.46	300m: 3:40.35	37.86	500m: 6:11.16	36.94
150m: 1:46.76	37.41	350m: 4:18.44	38.09	550m: 6:48.32	37.16
200m: 2:24.52	37.76	400m: 4:56.50	38.06	600m: 7:25.51	37.19
				650m: 8:02.63	37.12
				700m: 8:39.41	36.78
				750m: 9:15.92	36.51
				800m: 9:50.37	34.45
2. Ann Van Beylen	RSCM	10:22.10	RSCM/264/84	10:16.13	+0,87
50m: 33.75	33.75	250m: 3:05.99	38.93	450m: 5:43.08	39.62
100m: 1:10.89	37.14	300m: 3:45.06	39.07	500m: 6:22.30	39.22
150m: 1:48.79	37.90	350m: 4:24.40	39.34	550m: 7:01.96	39.66
200m: 2:27.06	38.27	400m: 5:03.46	39.06	600m: 7:41.03	39.07
				650m: 8:20.58	39.55
				700m: 8:59.46	38.88
				750m: 9:38.63	39.17
				800m: 10:16.13	37.50
3. Margot Stenveld	SBC2000	10:02.58	198804170	10:20.92	+0,63
50m: 36.78	36.78	250m: 3:13.54	38.97	450m: 5:50.30	39.18
100m: 1:16.37	39.59	300m: 3:52.83	39.29	500m: 6:29.82	39.52
150m: 1:55.68	39.31	350m: 4:31.95	39.12	550m: 7:08.62	38.80
200m: 2:34.57	38.89	400m: 5:11.12	39.17	600m: 7:47.97	39.35
				650m: 8:27.08	39.11
				700m: 9:06.21	39.13
				750m: 9:44.60	38.39
				800m: 10:20.92	36.32
4. Pauline Tieleman	De Geul	10:31.47	198403348	10:48.36	+0,79
50m: 34.82	34.82	250m: 3:11.89	36.80	450m: 6:02.20	41.09
100m: 1:14.35	39.53	300m: 3:57.87	45.98	500m: 6:43.50	41.30
150m: 1:54.36	40.01	350m: 4:39.38	41.51	550m: 7:24.74	41.24
200m: 2:35.09	40.73	400m: 5:21.11	41.73	600m: 8:06.19	41.45
				650m: 8:47.72	41.53
				700m: 9:28.75	41.03
				750m: 10:09.55	40.80
				800m: 10:48.36	38.81
5. Sandra Schellekens	Neptunus'58	11:10.85	198503416	11:34.87	+0,85
50m: 37.36	37.36	250m: 3:30.42	44.13	450m: 6:27.71	44.43
100m: 1:19.34	41.98	300m: 4:14.14	43.72	500m: 7:11.88	44.17
150m: 2:02.27	42.93	350m: 4:58.39	44.25	550m: 7:56.23	44.35
200m: 2:46.29	44.02	400m: 5:43.28	44.89	600m: 8:40.84	44.61
				650m: 9:25.07	44.23
				700m: 10:09.38	44.31
				750m: 10:53.21	43.83
				800m: 11:34.87	41.66
6. Annette Vogelsang	ZV De Bron	11:32.03	198402632	11:55.85	+0,89
50m: 36.59	36.59	250m: 3:31.01	45.21	450m: 6:36.20	46.33
100m: 1:18.02	41.43	300m: 4:17.68	46.67	500m: 7:23.10	46.90
150m: 2:01.20	43.18	350m: 5:04.00	46.32	550m: 8:09.85	46.75
200m: 2:45.80	44.60	400m: 5:49.87	45.87	600m: 8:56.16	46.31
				650m: 9:42.78	46.62
				700m: 10:29.94	47.16
				750m: 11:14.51	44.57
				800m: 11:55.85	41.34
7. Channe Noort	DAW	12:06.53	198605032	12:04.32	+0,79
50m: 37.43	37.43	250m: 3:35.46	45.89	450m: 6:42.35	45.30
100m: 1:19.86	42.43	300m: 4:23.04	47.58	500m: 7:29.61	47.26
150m: 2:03.45	43.59	350m: 5:09.52	46.48	550m: 8:15.16	45.55
200m: 2:49.57	46.12	400m: 5:57.05	47.53	600m: 9:02.68	47.52
				650m: 9:48.36	45.68
				700m: 10:35.28	46.92
				750m: 11:19.86	44.58
				800m: 12:04.32	44.46
8. Annemarie Jakobs	EZ&PC	12:00.11	198601744	12:05.44	+0,85
50m: 38.18	38.18	250m: 3:37.48	46.28	450m: 6:45.06	47.19
100m: 1:21.00	42.82	300m: 4:23.69	46.21	500m: 7:32.17	47.11
150m: 2:05.84	44.84	350m: 5:10.13	46.44	550m: 8:19.47	47.30
200m: 2:51.20	45.36	400m: 5:57.87	47.74	600m: 9:06.39	46.92
				650m: 9:53.20	46.81
				700m: 10:38.60	45.40
				750m: 11:23.81	45.21
				800m: 12:05.44	41.63
9. Esther van Maastrigt	Montferland	11:39.55	198802836	12:11.42	+0,81
50m: 40.19	40.19	250m: 3:42.43	46.22	450m: 6:48.03	46.83
100m: 1:24.73	44.54	300m: 4:29.29	46.86	500m: 7:35.22	47.19
150m: 2:10.21	45.48	350m: 5:15.88	46.59	550m: 8:22.17	46.95
200m: 2:56.21	46.00	400m: 6:01.20	45.32	600m: 9:09.18	47.01
				650m: 9:55.80	46.62
				700m: 10:42.63	46.83
				750m: 11:27.91	45.28
				800m: 12:11.42	43.51

Masters 30+

1. Stephanie Vaernewyck	MEGA	10:45.16	MEGA/352/83	10:31.23	+0,87
50m: 34.64	34.64	250m: 3:11.65	39.76	450m: 5:51.61	39.76
100m: 1:13.33	38.69	300m: 3:51.86	40.21	500m: 6:31.87	40.26
150m: 1:52.23	38.90	350m: 4:31.68	39.82	550m: 7:11.69	39.82
200m: 2:31.89	39.66	400m: 5:11.85	40.17	600m: 7:51.98	40.29
				650m: 8:32.07	40.09
				700m: 9:12.19	40.12
				750m: 9:52.16	39.97
				800m: 10:31.23	39.07
2. Bianca Cox	PSV	10:25.11	198000214	10:32.19	+0,87
50m: 35.64	35.64	250m: 3:14.59	39.62	450m: 5:54.92	39.44
100m: 1:15.36	39.72	300m: 3:55.17	40.58	500m: 6:35.09	40.17
150m: 1:54.71	39.35	350m: 4:35.07	39.90	550m: 7:14.44	39.35
200m: 2:34.97	40.26	400m: 5:15.48	40.41	600m: 7:54.44	40.00
				650m: 8:34.22	39.78
				700m: 9:14.40	40.18
				750m: 9:53.75	39.35
				800m: 10:32.19	38.44
3. Linda Hoogendam	Zoetermeer	10:44.59	198300892	10:53.81	
50m: 35.60	35.60	250m: 3:19.72	41.73	450m: 6:06.63	41.88
100m: 1:15.59	39.99	300m: 4:01.09	41.37	500m: 6:48.38	41.75
150m: 1:56.84	41.25	350m: 4:43.32	42.23	550m: 7:30.01	41.63
200m: 2:37.99	41.15	400m: 5:24.75	41.43	600m: 8:11.85	41.84
				650m: 8:53.54	41.69
				700m: 9:34.53	40.99
				750m: 10:15.67	41.14
				800m: 10:53.81	38.14

Programmanr. 36, Dames, 800m vrije slag, Masters 30+

rang	naam	vereniging		inschrijftijd		startnr.		tijd		RT	
4.	Natascha Hartman	PSV		12:26.02		198101780		11:58.47		+1,07	
	50m:	37.13	250m:	3:32.31	44.65	450m:	6:35.42	45.99	650m:	9:40.94	46.64
	100m:	1:19.44	300m:	4:17.24	44.93	500m:	7:21.53	46.11	700m:	10:27.79	46.85
	150m:	2:02.96	350m:	5:02.93	45.69	550m:	8:07.84	46.31	750m:	11:14.56	46.77
	200m:	2:47.66	400m:	5:49.43	46.50	600m:	8:54.30	46.46	800m:	11:58.47	43.91
5.	Yvette Roozen	DWT		12:01.09		198000926		12:07.87		+0,88	
	50m:	39.64	250m:	3:42.25	46.25	450m:	6:48.35	45.87	650m:	9:53.25	45.88
	100m:	1:24.59	300m:	4:28.95	46.70	500m:	7:34.49	46.14	700m:	10:39.26	46.01
	150m:	2:09.50	350m:	5:15.67	46.72	550m:	8:20.73	46.24	750m:	11:24.79	45.53
	200m:	2:56.00	400m:	6:02.48	46.81	600m:	9:07.37	46.64	800m:	12:07.87	43.08
6.	Rianne van Vegchelen	Deltasteur		13:48.35		198101530		13:34.02		+1,09	
	50m:	42.99	250m:	4:04.84	51.16	450m:	7:34.58	52.17	650m:	11:03.65	51.63
	100m:	1:32.28	300m:	4:57.80	52.96	500m:	8:27.51	52.93	700m:	11:55.49	51.84
	150m:	2:22.01	350m:	5:49.64	51.84	550m:	9:19.53	52.02	750m:	12:46.02	50.53
	200m:	3:13.68	400m:	6:42.41	52.77	600m:	10:12.02	52.49	800m:	13:34.02	48.00

Masters 35+

1.	Liselotte Joling	PSV			10:38.93	197500268			10:17.48	+0,94				
		50m:	33.70	33.70	250m:	3:08.30	38.20	450m:	5:44.02		37.99	650m:	8:22.21	39.22
		100m:	1:11.69	37.99	300m:	3:47.36	39.06	500m:	6:23.59		39.57	700m:	9:02.08	39.87
		150m:	1:50.65	38.96	350m:	4:26.48	39.12	550m:	7:03.34		39.75	750m:	9:40.33	38.25
		200m:	2:30.10	39.45	400m:	5:06.03	39.55	600m:	7:42.99		39.65	800m:	10:17.48	37.15
2.	Babette Rens	Dedemsvaart-AC			11:43.72	197801200			12:10.12	+0,85				
		50m:	38.91	38.91	250m:	3:37.75	46.14	450m:	6:44.56		46.74	650m:	9:51.77	46.50
		100m:	1:21.39	42.48	300m:	4:24.59	46.84	500m:	7:31.29		46.73	700m:	10:38.07	46.30
		150m:	2:06.33	44.94	350m:	5:11.26	46.67	550m:	8:18.46		47.17	750m:	11:24.49	46.42
		200m:	2:51.61	45.28	400m:	5:57.82	46.56	600m:	9:05.27		46.81	800m:	12:10.12	45.63
3.	Anneke de Groot	De Fuut			12:37.35	197701140			13:14.50	+0,81				
		50m:	40.89	40.89	250m:	3:56.66	50.30	450m:	7:12.90		43.93	650m:	10:44.04	50.90
		100m:	1:27.94	47.05	300m:	4:47.26	50.60	500m:	8:10.57		57.67	700m:	11:35.73	51.69
		150m:	2:16.52	48.58	350m:	5:38.28	51.02	550m:	9:01.99		51.42	750m:	12:27.09	51.36
		200m:	3:06.36	49.84	400m:	6:28.97	50.69	600m:	9:53.14		51.15	800m:	13:14.50	47.41
4.	Clementine van Bruxvoort	ZPB H&L Productions			14:02.79	197700138			14:38.93	+0,95				
		50m:	44.59	44.59	250m:	4:22.11	55.08	450m:	8:06.01		55.74	650m:	11:52.08	56.66
		100m:	1:37.59	53.00	300m:	5:18.20	56.09	500m:	9:02.01		56.00	700m:	12:49.51	57.43
		150m:	2:32.18	54.59	350m:	6:13.25	55.05	550m:	9:58.92		56.91	750m:	13:46.68	57.17
		200m:	3:27.03	54.85	400m:	7:10.27	57.02	600m:	10:55.42		56.50	800m:	14:38.93	52.25

Masters 40+

1.	Karin Stein	ZVVS	10:06.08	197100554	10:19.30	+0,88			
	50m: 34.46	34.46	250m: 3:07.86	39.09	450m: 5:45.17		39.21	650m: 8:22.23	39.04
	100m: 1:11.95	37.49	300m: 3:47.15	39.29	500m: 6:24.64		39.47	700m: 9:01.72	39.49
	150m: 1:50.19	38.24	350m: 4:26.58	39.43	550m: 7:03.67		39.03	750m: 9:41.34	39.62
	200m: 2:28.77	38.58	400m: 5:05.96	39.38	600m: 7:43.19		39.52	800m: 10:19.30	37.96
2.	Lisenka Kornet	One Team Swimming	10:47.32	196900914	10:46.74	+0,85			
	50m: 35.61	35.61	250m: 3:16.62	40.66	450m: 6:01.12		40.86	650m: 8:45.43	40.79
	100m: 1:14.77	39.16	300m: 3:57.68	41.06	500m: 6:42.35		41.23	700m: 9:26.52	41.09
	150m: 1:54.85	40.08	350m: 4:38.77	41.09	550m: 7:23.48		41.13	750m: 10:07.19	40.67
	200m: 2:35.96	41.11	400m: 5:20.26	41.49	600m: 8:04.64		41.16	800m: 10:46.74	39.55
3.	Annette de Visser	Oceanus	10:58.48	197100602	11:02.93	+0,84			
	50m: 35.72	35.72	250m: 3:19.00	42.08	450m: 6:09.64		42.61	650m: 8:59.85	42.29
	100m: 1:14.94	39.22	300m: 4:01.57	42.57	500m: 6:52.58		42.94	700m: 9:42.09	42.24
	150m: 1:55.68	40.74	350m: 4:44.31	42.74	550m: 7:35.22		42.64	750m: 10:23.35	41.26
	200m: 2:36.92	41.24	400m: 5:27.03	42.72	600m: 8:17.56		42.34	800m: 11:02.93	39.58
4.	Nicole Vrijhoeven	PSV	11:59.92	196900834	11:57.11	+0,54			
	50m: 40.53	40.53	250m: 3:39.85	44.80	450m: 6:39.47		44.96	650m: 9:38.83	44.46
	100m: 1:25.23	44.70	300m: 4:24.75	44.90	500m: 7:24.35		44.88	700m: 10:21.12	42.29
	150m: 2:09.72	44.49	350m: 5:09.42	44.67	550m: 8:09.24		44.89	750m:	
	200m: 2:55.05	45.33	400m: 5:54.51	45.09	600m: 8:54.37		45.13	800m: 11:57.11	
5.	Natacha Van Hoof	ShaRK	11:31.70	SHARK/260/73	12:07.60	+0,93			
	50m: 41.06	41.06	250m: 3:42.70	45.39	450m: 6:46.18		46.09	650m: 9:51.40	46.00
	100m: 1:25.76	44.70	300m: 4:28.57	45.87	500m: 7:32.95		46.77	700m: 10:38.16	46.76
	150m: 2:11.36	45.60	350m: 5:14.34	45.77	550m: 8:18.71		45.76	750m: 11:23.81	45.65
	200m: 2:57.31	45.95	400m: 6:00.09	45.75	600m: 9:05.40		46.69	800m: 12:07.60	43.79

Programmanr. 36, Dames, 800m vrije slag, Masters 40+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
6.	Annet Kootstra	Swol 1894	12:14.10	197100344	12:11.50	+1,01
	50m: 39.77 39.77	250m: 3:42.08 46.41	450m: 6:49.88 46.87	650m: 9:56.12 45.87		
	100m: 1:24.22 44.45	300m: 4:29.07 46.99	500m: 7:37.01 47.13	700m: 10:42.30 46.18		
	150m: 2:09.31 45.09	350m: 5:15.66 46.59	550m: 8:23.31 46.30	750m: 11:27.08 44.78		
	200m: 2:55.67 46.36	400m: 6:03.01 47.35	600m: 9:10.25 46.94	800m: 12:11.50 44.42		
7.	Renata van Essen	Zuiderzeeswimmers	12:25.10	197300740	12:27.60	+0,90
	50m: 40.67 40.67	250m: 3:46.73 47.70	450m: 6:57.69 47.82	650m: 10:09.11 47.96		
	100m: 1:25.13 44.46	300m: 4:34.29 47.56	500m: 7:45.54 47.85	700m: 10:56.40 47.29		
	150m: 2:11.93 46.80	350m: 5:22.10 47.81	550m: 8:33.14 47.60	750m: 11:43.17 46.77		
	200m: 2:59.03 47.10	400m: 6:09.87 47.77	600m: 9:21.15 48.01	800m: 12:27.60 44.43		
8.	Pascalie Neiss-Janssen	De Roersoppers	12:18.65	197300852	12:29.32	+1,09
	50m: 40.71 40.71	250m: 3:46.64 47.37	450m: 6:56.69 48.08	650m: 10:09.35 48.71		
	100m: 1:25.42 44.71	300m: 4:33.91 47.27	500m: 7:44.43 47.74	700m: 10:56.94 47.59		
	150m: 2:12.31 46.89	350m: 5:21.40 47.49	550m: 8:32.72 48.29	750m: 11:44.86 47.92		
	200m: 2:59.27 46.96	400m: 6:08.61 47.21	600m: 9:20.64 47.92	800m: 12:29.32 44.46		
9.	Ingrid Versteegen	DBD	13:00.29	197300770	12:57.17	+0,86
	50m: 42.85 42.85	250m: 3:58.35 49.75	450m: 7:15.27 49.57	650m: 10:32.64 49.48		
	100m: 1:29.96 47.11	300m: 4:47.39 49.04	500m: 8:03.99 48.72	700m: 11:21.29 48.65		
	150m: 2:19.12 49.16	350m: 5:36.61 49.22	550m: 8:53.28 49.29	750m: 12:10.94 49.65		
	200m: 3:08.60 49.48	400m: 6:25.70 49.09	600m: 9:43.16 49.88	800m: 12:57.17 46.23		
10.	Natalie van den Broek	Nautilus	13:17.60	197300810	13:21.80	+1,22
	50m: 41.97 41.97	250m: 3:54.77 50.97	450m: 7:23.41 51.80	650m: 10:52.32 52.11		
	100m: 1:26.32 44.35	300m: 4:45.79 51.02	500m: 8:15.58 52.17	700m: 11:44.43 52.11		
	150m: 2:13.80 47.48	350m: 5:39.05 53.26	550m: 9:08.64 53.06	750m: 12:36.14 51.71		
	200m: 3:03.80 50.00	400m: 6:31.61 52.56	600m: 10:00.21 51.57	800m: 13:21.80 45.66		
11.	Karin Sagonas	Njord	12:34.00	197000964	13:29.34	+0,85
	50m: 40.42 40.42	250m: 3:55.41 50.40	450m: 7:23.98 52.73	650m: 10:55.00 52.77		
	100m: 1:26.85 46.43	300m: 4:46.39 50.98	500m: 8:16.89 52.91	700m: 11:46.79 51.79		
	150m: 2:14.86 48.01	350m: 5:38.73 52.34	550m: 9:09.30 52.41	750m: 12:39.29 52.50		
	200m: 3:05.01 50.15	400m: 6:31.25 52.52	600m: 10:02.23 52.93	800m: 13:29.34 50.05		
12.	Kristien Van de Moortel	ShaRK	12:32.88	SHARK/315/69	13:51.22	+0,64
	50m: 44.19 44.19	250m: 4:15.02 53.04	450m: 7:47.74 53.87	650m: 11:17.18 52.58		
	100m: 1:36.05 51.86	300m: 5:08.32 53.30	500m: 8:40.06 52.32	700m: 12:09.83 52.65		
	150m: 2:29.37 53.32	350m: 6:01.90 53.58	550m: 9:32.80 52.74	750m: 13:02.39 52.56		
	200m: 3:21.98 52.61	400m: 6:53.87 51.97	600m: 10:24.60 51.80	800m: 13:51.22 48.83		
13.	Greta Wyma-Teitsma	DWK	13:58.14	197100696	14:19.23	+1,00
	50m: 45.84 45.84	250m: 4:18.64 54.89	450m: 7:58.95 55.24	650m: 11:38.51 54.69		
	100m: 1:37.43 51.59	300m: 5:13.25 54.61	500m: 8:54.08 55.13	700m: 12:34.34 55.83		
	150m: 2:30.41 52.98	350m: 6:08.30 55.05	550m: 9:48.94 54.86	750m: 13:27.77 53.43		
	200m: 3:23.75 53.34	400m: 7:03.71 55.41	600m: 10:43.82 54.88	800m: 14:19.23 51.46		
14.	Evelien Breman-Alers	Nautilus	14:33.80	197200878	15:14.97	+0,80
	50m: 43.38 43.38	250m: 4:21.91 58.64	450m: 8:19.47 1:00.30	650m: 12:18.61 1:00.23		
	100m: 1:32.21 48.83	300m: 5:20.18 58.27	500m: 9:18.65 59.18	700m: 13:17.94 59.33		
	150m: 2:26.71 54.50	350m: 6:20.07 59.89	550m: 10:18.13 59.48	750m: 14:17.75 59.81		
	200m: 3:23.27 56.56	400m: 7:19.17 59.10	600m: 11:18.38 1:00.25	800m: 15:14.97 57.22		

Masters 45+

1.	Claudia Goldschmidt	Maidenhead Marlins ASC	11:12.35	954626	11:30.58	+0,94
	50m: 36.57 36.57	250m: 3:24.98 43.47	450m: 6:24.08 45.00	650m: 9:21.87 44.44		
	100m: 1:17.22 40.65	300m: 4:09.60 44.62	500m: 7:08.30 44.22	700m: 10:06.19 44.32		
	150m: 1:58.68 41.46	350m: 4:54.16 44.56	550m: 7:53.05 44.75	750m: 10:49.98 43.79		
	200m: 2:41.51 42.83	400m: 5:39.08 44.92	600m: 8:37.43 44.38	800m: 11:30.58 40.60		
2.	Margreet van der Pol	Oceanus	12:08.69	196600276	12:09.00	+1,07
	50m: 40.14 40.14	250m: 3:45.43 46.91	450m: 6:49.62 45.39	650m: 9:53.06 46.05		
	100m: 1:24.55 44.41	300m: 4:31.84 46.41	500m: 7:35.24 45.62	700m: 10:38.52 45.46		
	150m: 2:11.82 47.27	350m: 5:18.58 46.74	550m: 8:21.37 46.13	750m: 11:24.50 45.98		
	200m: 2:58.52 46.70	400m: 6:04.23 45.65	600m: 9:07.01 45.64	800m: 12:09.00 44.50		
3.	Lilian Schippers	Njord	13:37.04	196800850	13:38.94	+0,92
	50m: 45.11 45.11	250m: 4:11.73 51.95	450m: 7:40.77 52.34	650m: 11:10.15 52.53		
	100m: 1:35.75 50.64	300m: 5:03.98 52.25	500m: 8:33.30 52.53	700m: 12:01.14 50.99		
	150m: 2:27.50 51.75	350m: 5:56.28 52.30	550m: 9:25.38 52.08	750m: 12:51.71 50.57		
	200m: 3:19.78 52.28	400m: 6:48.43 52.15	600m: 10:17.62 52.24	800m: 13:38.94 47.23		
4.	Ymke Snellen van Vollenhoven	PSV	14:05.69	196800836	13:52.74	+1,04
	200/400m*					
	50m: 44.41 44.41	250m: 4:14.63 53.12	450m: 7:48.03 53.47	650m: 11:17.97 53.25		
	100m: 1:33.77 49.36	300m: 5:07.69 53.06	500m: 8:40.46 52.43	700m: 12:11.27 53.30		
	150m: 2:27.48 53.71	350m: 6:01.43 53.74	550m: 9:32.05 51.59	750m: 13:04.34 53.07		
	200m: 3:21.51 54.03	400m: 6:54.56 53.13	600m: 10:24.72 52.67	800m: 13:52.74 48.40		

Programmanr. 36, Dames, 800m vrije slag, Masters 45+

rang	naam		vereniging			inschrijftijd		startnr.			tijd	RT
5.	Betty van Kemenade		PSV			14:08.61		196800832			14:06.05	+1,13
	50m:	43.81	43.81	250m:	4:10.33	53.62	450m:	7:45.95	53.93	650m:	11:24.24	54.88
	100m:	1:32.55	48.74	300m:	5:03.78	53.45	500m:	8:40.03	54.08	700m:	12:19.14	54.90
	150m:	2:24.57	52.02	350m:	5:58.37	54.59	550m:	9:34.86	54.83	750m:	13:14.52	55.38
	200m:	3:16.71	52.14	400m:	6:52.02	53.65	600m:	10:29.36	54.50	800m:	14:06.05	51.53
6.	Frances van der Moolen		Aqua-Novio'94			14:12.48		196400454			14:14.89	
	50m:	48.42	48.42	250m:	4:22.75	53.89	450m:	7:59.15	54.31	650m:	11:36.04	53.50
	100m:	1:41.45	53.03	300m:	5:16.62	53.87	500m:	8:53.53	54.38	700m:	12:30.29	54.25
	150m:	2:34.84	53.39	350m:	6:09.84	53.22	550m:	9:47.91	54.38	750m:	13:23.56	53.27
	200m:	3:28.86	54.02	400m:	7:04.84	55.00	600m:	10:42.54	54.63	800m:	14:14.89	51.33

Masters 50+

1.	Irene van der Laan	ZV De Bron	11:01.68	196000096	11:08.84	+0,92		
	50m: 38.90	38.90	250m: 3:27.14	41.59	450m: 6:15.34	41.83	650m: 9:03.53	41.56
	100m: 1:21.13	42.23	300m: 4:09.22	42.08	500m: 6:57.49	42.15	700m: 9:45.97	42.44
	150m: 2:03.25	42.12	350m: 4:50.96	41.74	550m: 7:39.39	41.90	750m: 10:27.55	41.58
	200m: 2:45.55	42.30	400m: 5:33.51	42.55	600m: 8:21.97	42.58	800m: 11:08.84	41.29
2.	Patty Verhagen	PSV	11:20.47	195900146	11:51.63	+0,70		
	50m: 40.86	40.86	250m: 3:39.23	45.26	450m: 6:39.50	45.16	650m: 9:38.91	45.21
	100m: 1:24.60	43.74	300m: 4:24.33	45.10	500m: 7:24.01	44.51	700m: 10:23.65	44.74
	150m: 2:09.54	44.94	350m: 5:09.46	45.13	550m: 8:08.91	44.90	750m: 11:08.71	45.06
	200m: 2:53.97	44.43	400m: 5:54.34	44.88	600m: 8:53.70	44.79	800m: 11:51.63	42.92
3.	Francine Sommer	Triton	11:44.23	196200384	11:58.28	+0,84		
	50m: 38.21	38.21	250m: 3:36.93	44.88	450m: 6:37.89	45.75	650m: 9:42.50	47.04
	100m: 1:20.70	42.49	300m: 4:22.58	45.65	500m: 7:23.51	45.62	700m: 10:28.86	46.36
	150m: 2:06.21	45.51	350m: 5:07.81	45.23	550m: 8:09.12	45.61	750m: 11:14.85	45.99
	200m: 2:52.05	45.84	400m: 5:52.14	44.33	600m: 8:55.46	46.34	800m: 11:58.28	43.43
4.	Ingrid Van Cauteren	LZV	12:30.32	LZV/097/62	12:35.45	+0,86		
	50m: 41.72	41.72	250m: 3:52.50	48.55	450m: 7:05.87	47.91	650m: 10:16.69	47.32
	100m: 1:27.92	46.20	300m: 4:40.97	48.47	500m: 7:53.92	48.05	700m: 11:04.49	47.80
	150m: 2:15.77	47.85	350m: 5:28.98	48.01	550m: 8:41.59	47.67	750m: 11:51.08	46.59
	200m: 3:03.95	48.18	400m: 6:17.96	48.98	600m: 9:29.37	47.78	800m: 12:35.45	44.37
5.	Riny Zeijveld	De Berkelduikers	12:58.81	196000204	13:21.92	+0,93		
	50m: 42.99	42.99	250m: 4:02.05	50.50	450m: 7:26.68	50.23	650m: 10:50.75	50.53
	100m: 1:31.99	49.00	300m: 4:53.84	51.79	500m: 8:18.28	51.60	700m: 11:41.84	51.09
	150m: 2:21.13	49.14	350m: 5:44.64	50.80	550m: 9:08.78	50.50	750m: 12:31.72	49.88
	200m: 3:11.55	50.42	400m: 6:36.45	51.81	600m: 10:00.22	51.44	800m: 13:21.92	50.20
6.	Pia van der Molen	HZ&PC Heerenveen	13:13.27	196000116	13:25.99	+0,97		
	50m: 42.07	42.07	250m: 3:59.75	51.46	450m: 7:29.58	52.88	650m: 10:56.86	51.35
	100m: 1:28.36	46.29	300m: 4:51.95	52.20	500m: 8:21.97	52.39	700m: 11:48.05	51.19
	150m: 2:17.62	49.26	350m: 5:44.27	52.32	550m: 9:14.48	52.51	750m: 12:38.53	50.48
	200m: 3:08.29	50.67	400m: 6:36.70	52.43	600m: 10:05.51	51.03	800m: 13:25.99	47.46

Masters 55+

1.	Dorothy Ledwith <i>IMR</i>	Ennis Masters	11:39.64	10009706	11:46.59	+0,89		
	50m: 39.05	39.05	250m: 3:34.46	45.16	450m: 6:34.28	45.63	650m: 9:34.82	45.47
	100m: 1:21.24	42.19	300m: 4:18.76	44.30	500m: 7:19.19	44.91	700m: 10:19.15	44.33
	150m: 2:05.34	44.10	350m: 5:04.02	45.26	550m: 8:04.61	45.42	750m: 11:04.28	45.13
	200m: 2:49.30	43.96	400m: 5:48.65	44.63	600m: 8:49.35	44.74	800m: 11:46.59	42.31
2.	Jolanda Rob	ZV De Bron	13:20.37	195700144	13:46.61	+0,95		
	50m: 43.73	43.73	250m: 4:11.79	52.95	450m: 7:44.36	52.87	650m: 11:13.76	51.77
	100m: 1:33.90	50.17	300m: 5:05.39	53.60	500m: 8:37.79	53.43	700m: 12:05.96	52.20
	150m: 2:25.37	51.47	350m: 5:58.58	53.19	550m: 9:29.16	51.37	750m: 12:57.06	51.10
	200m: 3:18.84	53.47	400m: 6:51.49	52.91	600m: 10:21.99	52.83	800m: 13:46.61	49.55
3.	Monika Zilliken	SC Wiesbaden 1911 e.V.	14:06.35	231829	13:48.64	+0,81		
	50m: 43.90	43.90	250m: 4:11.95	52.42	450m: 7:40.69	52.35	650m: 11:12.14	53.29
	100m: 1:34.27	50.37	300m: 5:03.89	51.94	500m: 8:33.35	52.66	700m: 12:05.55	53.41
	150m: 2:26.53	52.26	350m: 5:56.30	52.41	550m: 9:25.75	52.40	750m: 12:58.19	52.64
	200m: 3:19.53	53.00	400m: 6:48.34	52.04	600m: 10:18.85	53.10	800m: 13:48.64	50.45
4.	Elly Kiestra-Broertjes	Zignea	13:42.68	195600100	14:16.58	+0,97		
	50m: 44.37	44.37	250m: 4:16.54	54.86	450m: 7:56.28	54.71	650m: 11:35.63	54.94
	100m: 1:34.84	50.47	300m: 5:11.49	54.95	500m: 8:50.39	54.11	700m: 12:30.04	54.41
	150m: 2:27.81	52.97	350m: 6:06.81	55.32	550m: 9:44.98	54.59	750m: 13:24.65	54.61
	200m: 3:21.68	53.87	400m: 7:01.57	54.76	600m: 10:40.69	55.71	800m: 14:16.58	51.93

Programmanr. 36, Dames, 800m vrije slag

Masters 60+

1. Ineke Weekers	PSV	12:06.00	195300050	11:46.85	+0,90
<i>Kampioenschaps Record</i>					
50m: 40.80	40.80	250m: 3:38.37	44.59	450m: 6:37.55	44.79
100m: 1:24.52	43.72	300m: 4:23.28	44.91	500m: 7:22.53	44.98
150m: 2:09.14	44.62	350m: 5:08.02	44.74	550m: 8:07.21	44.68
200m: 2:53.78	44.64	400m: 5:52.76	44.74	600m: 8:52.02	44.81
650m: 9:36.42	44.40	700m: 10:21.24	44.82	750m: 11:04.95	43.71
800m: 11:46.85	41.90				
2. Ineke Meijer	HZ&PC Heerenveen	13:47.56	195200034	14:39.68	+0,95
50m: 47.27	47.27	250m: 4:28.63	55.74	450m: 8:13.17	56.10
100m: 1:41.07	53.80	300m: 5:24.78	56.15	500m: 9:10.47	57.30
150m: 2:36.62	55.55	350m: 6:20.53	55.75	550m: 10:06.81	56.34
200m: 3:32.89	56.27	400m: 7:17.07	56.54	600m: 11:01.81	55.00
650m: 11:57.80	55.99	700m: 12:53.58	55.78	750m: 13:48.30	54.72
800m: 14:39.68	51.38				
3. Corine Kalbfleisch	DWT	15:28.03	195200024	14:51.47	+1,26
50m: 47.70	47.70	250m: 4:34.26	56.49	450m: 8:21.27	55.54
100m: 1:44.18	56.48	300m: 5:31.73	57.47	500m: 9:18.59	57.32
150m: 2:40.99	56.81	350m: 6:27.73	56.00	550m: 10:15.71	57.12
200m: 3:37.77	56.78	400m: 7:25.73	58.00	600m: 11:13.76	58.05
650m: 12:09.88	56.12	700m: 13:06.39	56.51	750m: 14:00.44	54.05
800m: 14:51.47	51.03				
4. Gonnie Bak	PSV	15:39.91	195100064	15:01.44	+0,90
50m: 49.88	49.88	250m: 4:36.78	57.98	450m: 8:24.67	58.23
100m: 1:44.62	54.74	300m: 5:32.19	55.41	500m: 9:20.87	56.20
150m: 2:43.43	58.81	350m: 6:30.29	58.10	550m: 10:19.61	58.74
200m: 3:38.80	55.37	400m: 7:26.44	56.15	600m: 11:16.01	56.40
650m: 12:13.73	57.72	700m: 13:10.05	56.32	750m: 14:07.87	57.82
800m: 15:01.44	53.57				
5. Tineke van Diggelen	Oceanus	15:22.48	195200048	15:59.31	+1,00
50m: 50.99	50.99	250m: 4:47.54	59.53	450m: 8:52.59	1:01.27
100m: 1:48.47	57.48	300m: 5:48.78	1:01.24	500m: 9:53.86	1:01.27
150m: 2:47.72	59.25	350m: 6:49.75	1:00.97	550m: 10:55.25	1:01.39
200m: 3:48.01	1:00.29	400m: 7:51.32	1:01.57	600m: 11:56.91	1:01.66
650m: 12:58.12	1:01.21	700m: 13:59.26	1:01.14	750m: 14:59.81	1:00.55
800m: 15:59.31	59.50				

Masters 65+

1. Matty van der Veen	Old Dutch	14:39.11	194400020	15:48.54	+1,13
50m: 48.76	48.76	250m: 4:36.89	59.09	450m: 8:38.49	1:00.90
100m: 1:43.21	54.45	300m: 5:36.28	59.39	500m: 9:39.23	1:00.74
150m: 2:39.82	56.61	350m: 6:37.07	1:00.79	550m: 10:40.62	1:01.39
200m: 3:37.80	57.98	400m: 7:37.59	1:00.52	600m: 11:42.65	1:02.03
650m: 12:43.61	1:00.96	700m: 13:45.38	1:01.77	750m: 14:47.65	1:02.27
800m: 15:48.54	1:00.89				
2. Greet Brehler-Middag	Hatto Heim	16:48.37	194400004	17:55.48	+1,11
50m: 55.30	55.30	250m: 5:23.91	1:07.63	450m: 9:57.73	1:07.40
100m: 2:00.27	1:04.97	300m: 6:34.06	1:10.15	500m: 11:06.62	1:08.89
150m: 3:07.37	1:07.10	350m: 7:41.85	1:07.79	550m: 12:14.32	1:07.70
200m: 4:16.28	1:08.91	400m: 8:50.33	1:08.48	600m: 13:23.78	1:09.46
650m: 14:31.31	1:07.53	700m: 15:41.52	1:10.21	750m: 16:50.52	1:09.00
800m: 17:55.48	1:04.96				

Masters 75+

1. Bep van Riessen	Aquapoldro	20:14.80	193700006	19:42.96 *	+1,31
50m: 1:01.47	1:01.47	250m: 5:56.87	1:13.38	450m: 10:55.49	1:15.66
100m: 2:13.87	1:12.40	300m: 7:10.70	1:13.83	500m: 12:11.20	1:15.71
150m: 3:29.84	1:15.97	350m: 8:25.22	1:14.52	550m: 13:26.36	1:15.16
200m: 4:43.49	1:13.65	400m: 9:39.83	1:14.61	600m: 14:41.62	1:15.26
650m: 15:58.40	1:16.78	700m: 17:13.71	1:15.31	750m: 18:30.63	1:16.92
800m: 19:42.96	1:12.33				