

Event 16  
04-05-2013 - 9:00

Women, 400m Freestyle

Masters Open  
Results

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
<b>Masters 20+</b>						
1.	Maaïke Vooren	DAW	5:00.41	199103324	<b>4:52.74</b>	+0,87
	50m: 33.17	33.17	150m: 1:46.90	37.35	250m: 3:01.39	37.04
	100m: 1:09.55	36.38	200m: 2:24.35	37.45	300m: 3:38.67	37.28
					350m: 4:16.31	37.64
					400m: 4:52.74	36.43
2.	Desiree Emmen	De Warande	4:47.01	199204862	<b>4:57.28</b>	+0,71
	50m: 31.72	31.72	150m: 1:44.02	36.86	250m: 3:00.34	38.57
	100m: 1:07.16	35.44	200m: 2:21.77	37.75	300m: 3:39.47	39.13
					350m: 4:18.91	39.44
					400m: 4:57.28	38.37
3.	Rebecca Vroomen	Eurode KZC	4:52.31	199301772	<b>5:02.30</b>	+0,83
	50m: 33.42	33.42	150m: 1:50.61	39.21	250m: 3:08.45	38.73
	100m: 1:11.40	37.98	200m: 2:29.72	39.11	300m: 3:47.43	38.98
					350m: 4:25.79	38.36
					400m: 5:02.30	36.51
4.	Sigrit Aarten	Deltasteur	4:49.03	199302868	<b>5:07.22</b>	
	50m: 33.51	33.51	150m: 1:50.10	39.17	250m: 3:09.65	40.05
	100m: 1:10.93	37.42	200m: 2:29.60	39.50	300m: 3:49.72	40.07
					350m: 4:28.79	39.07
					400m: 5:07.22	38.43
5.	Anne Duijst	De Amer	5:05.75	198901030	<b>5:11.77</b>	+0,92
	50m: 34.21	34.21	150m: 1:51.13	39.30	250m: 3:12.06	40.64
	100m: 1:11.83	37.62	200m: 2:31.42	40.29	300m: 3:52.68	40.62
					350m: 4:32.87	40.19
					400m: 5:11.77	38.90
6.	Wendy de Bruin	ZOB'66	4:55.40	199206320	<b>5:12.18</b>	+0,68
	50m: 34.78	34.78	150m: 1:52.50	39.73	250m: 3:13.02	40.65
	100m: 1:12.77	37.99	200m: 2:32.37	39.87	300m: 3:53.35	40.33
					350m: 4:33.38	40.03
					400m: 5:12.18	38.80
7.	Lenja Witlox	Olympia	5:03.11	199202004	<b>5:17.39</b>	
	50m: 34.10	34.10	150m: 1:50.97	39.22	250m: 3:13.41	41.46
	100m: 1:11.75	37.65	200m: 2:31.95	40.98	300m: 3:54.75	41.34
					350m: 4:37.30	42.55
					400m: 5:17.39	40.09
8.	Melissa de Zeeuw	WVZ	4:54.71	199305674	<b>5:21.29</b>	+0,80
	50m: 35.28	36.40	150m: 1:56.20	39.48	250m: 3:18.09	40.79
	100m: 1:16.72	40.32	200m: 2:37.30	41.10	300m: 3:59.51	41.42
					350m: 4:41.13	41.62
					400m: 5:21.29	40.16
9.	Pascalie Rovers	ZV De Bron	5:27.31	199301064	<b>5:22.68</b>	+0,77
	50m: 33.52	33.52	150m: 1:52.73	40.80	250m: 3:15.79	41.42
	100m: 1:11.93	38.41	200m: 2:34.37	41.64	300m: 3:59.20	43.41
					350m: 4:41.50	42.30
					400m: 5:22.68	41.18
10.	Irmgard van Weeghel	Octopus	5:22.09	199204834	<b>5:29.72</b>	+0,74
	50m: 35.28	35.28	150m: 1:56.79	41.16	250m: 3:21.73	42.12
	100m: 1:15.63	40.35	200m: 2:39.61	42.82	300m: 4:05.44	43.71
					350m: 4:48.10	42.66
					400m: 5:29.72	41.62
11.	Jannie Janssen	HZPC	5:21.39	198902022	<b>5:35.75</b>	+0,84
	50m: 37.21	37.21	150m: 2:00.78	42.11	250m: 3:27.59	42.78
	100m: 1:18.67	41.46	200m: 2:44.81	44.03	300m: 4:11.71	44.12
					350m: 4:54.27	42.56
					400m: 5:35.75	41.48
12.	Pauline Magnee	De Warande	6:14.32	199205434	<b>6:17.96</b>	+0,73
	50m: 40.31	40.31	150m: 2:12.29	47.14	250m: 3:50.51	49.32
	100m: 1:25.15	44.84	200m: 3:01.19	48.90	300m: 4:40.50	49.99
					350m: 5:30.69	50.19
					400m: 6:17.96	47.27
13.	Claudia Creemers	De Roersoppers	6:16.73	199202864	<b>6:41.58</b>	+0,77
	50m: 41.80	41.80	150m: 2:20.75	51.10	250m: 4:06.35	53.45
	100m: 1:29.65	47.85	200m: 3:12.90	52.15	300m: 4:59.54	53.19
					350m: 5:52.78	53.24
					400m: 6:41.58	48.80
14.	Liesbeth Bruinekool	Zuiderzeewimmers	8:36.57	199007958	<b>8:49.69</b>	+0,84
	50m: 57.20	57.20	150m: 3:12.63	1:08.89	250m: 5:31.30	1:09.91
	100m: 2:03.74	1:06.54	200m: 4:21.39	1:08.76	300m: 6:39.57	1:08.27
					350m: 7:47.05	1:07.48
					400m: 8:49.69	1:02.64
<b>Masters 25+</b>						
1.	Marlies Reinders	De Dinkel	4:32.00	198602976	<b>4:41.81</b>	+0,79
	50m: 31.47	31.47	150m: 1:43.04	36.19	250m: 2:55.23	35.73
	100m: 1:06.85	35.38	200m: 2:19.50	36.46	300m: 3:31.24	36.01
					350m: 4:06.73	35.49
					400m: 4:41.81	35.08
2.	Lisanne Andeweg	Zuiderzeewimmers	4:48.26	198800092	<b>4:45.07</b>	+0,84
	50m: 32.27	32.27	150m: 1:44.00	36.22	250m: 2:57.38	36.56
	100m: 1:07.78	35.51	200m: 2:20.82	36.82	300m: 3:34.01	36.63
					350m: 4:10.15	36.14
					400m: 4:45.07	34.92
3.	Ann Van Beylen	RSCM	5:01.48	RSCM/264/84	<b>5:00.41</b>	+0,82
	50m: 33.87	33.87	150m: 1:49.22	37.96	250m: 3:05.48	38.46
	100m: 1:11.26	37.39	200m: 2:27.02	37.80	300m: 3:44.30	38.82
					350m: 4:23.04	38.74
					400m: 5:00.41	37.37
4.	Pauline Tieleman	De Geul	5:04.05	198403348	<b>5:13.96</b>	+0,81
	50m: 34.69	34.69	150m: 1:52.78	39.24	250m: 3:12.73	40.06
	100m: 1:13.54	38.85	200m: 2:32.67	39.89	300m: 3:53.38	40.65
					350m: 4:33.85	40.47
					400m: 5:13.96	40.11

Onjuistheden / Mistakes?

Mail naar / to: [mastersinschrijvingen@knzb.nl](mailto:mastersinschrijvingen@knzb.nl)

Splash Meet Manager 11, Build 25506

Registered to KNZB

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Event 16, Women, 400m Freestyle, Masters 25+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
5.	Tine Soetewey	MZVA	5:21.59	MZVA/293/86	<b>5:27.71</b>	+0,84
	50m: 35.49	35.49	150m: 1:58.02	42.22	250m: 3:22.92	42.38
	100m: 1:15.80	40.31	200m: 2:40.54	42.52	300m: 4:05.47	42.55
					350m: 4:47.85	42.38
					400m: 5:27.71	39.86
6.	Celine Saver	Club Nautique Croix	5:26.79	204299	<b>5:28.01</b>	+0,84
	50m: 36.98	36.98	150m: 1:58.23	41.76	250m: 3:22.89	42.75
	100m: 1:16.47	39.49	200m: 2:40.14	41.91	300m: 4:05.69	42.80
					350m: 4:48.68	42.99
					400m: 5:28.01	39.33
7.	Marjan van der Star	WS Twente	5:30.24	198403192	<b>5:29.09</b>	+0,83
	50m: 34.47	34.47	150m: 1:54.72	41.16	250m: 3:20.49	42.89
	100m: 1:13.56	39.09	200m: 2:37.60	42.88	300m: 4:04.20	43.71
					350m: 4:47.53	43.33
					400m: 5:29.09	41.56
8.	Sandra Schellekens	Neptunus'58	5:28.23	198503416	<b>5:36.92</b>	+0,83
	50m: 36.52	36.52	150m: 2:00.86	43.21	250m: 3:28.73	44.21
	100m: 1:17.65	41.13	200m: 2:44.52	43.66	300m: 4:12.82	44.09
					350m: 4:56.24	43.42
					400m: 5:36.92	40.68
9.	Yvette Nota - Peters	De Spatters	5:50.63	198703158	<b>5:39.66</b>	+0,88
	50m: 37.55	37.55	150m: 2:04.63	44.21	250m: 3:32.92	44.28
	100m: 1:20.42	42.87	200m: 2:48.64	44.01	300m: 4:16.12	43.20
					350m: 4:59.05	42.93
					400m: 5:39.66	40.61
10.	Channe Noort	DAW	5:21.39	198605032	<b>5:41.05</b>	+0,79
	50m: 35.96	35.96	150m: 1:59.04	42.81	250m: 3:27.57	44.67
	100m: 1:16.23	40.27	200m: 2:42.90	43.86	300m: 4:12.48	44.91
					350m: 4:57.61	45.13
					400m: 5:41.05	43.44
11.	Karin Hovenkamp	De Spatters	5:50.04	198701850	<b>5:41.76</b>	+0,79
	50m: 37.87	37.87	150m: 2:04.90	43.85	250m: 3:34.48	44.53
	100m: 1:21.05	43.18	200m: 2:49.95	45.05	300m: 4:19.23	44.75
					350m: 5:02.09	42.86
					400m: 5:41.76	39.67
12.	Liesbeth van Mill	DWK	5:38.73	198702786	<b>5:56.61</b>	+0,86
	50m: 39.05	39.05	150m: 2:08.02	44.64	250m: 3:39.41	45.20
	100m: 1:23.38	44.33	200m: 2:54.21	46.19	300m: 4:26.33	46.92
					350m: 5:11.89	45.56
					400m: 5:56.61	44.72
13.	Karin van Leersum	Piranha	5:44.66	198802658	<b>6:02.54</b>	+0,83
	50m: 40.26	40.26	150m: 2:11.65	46.55	250m: 3:45.59	47.02
	100m: 1:25.10	44.84	200m: 2:58.57	46.92	300m: 4:32.34	46.75
					350m: 5:18.48	46.14
					400m: 6:02.54	44.06
14.	Renske Eilers	De Amer	5:44.85	198806072	<b>6:07.62</b>	+0,80
	50m: 38.74	38.74	150m: 2:09.49	46.19	250m: 3:44.09	47.55
	100m: 1:23.30	44.56	200m: 2:56.54	47.05	300m: 4:31.59	47.50
					350m: 5:20.77	49.18
					400m: 6:07.62	46.85
15.	Angelique Rotteveel	Aquapoldro	6:22.92	198402090	<b>6:29.76</b>	+0,99
	50m: 42.54	42.54	150m: 2:21.07	50.61	250m: 4:01.96	51.45
	100m: 1:30.46	47.92	200m: 3:10.51	49.44	300m: 4:51.00	49.04
					350m: 5:41.25	50.25
					400m: 6:29.76	48.51
16.	Marloes Rebel	WS Twente	7:16.82	198403474	<b>7:08.54</b>	+0,98
	50m: 48.90	48.90	150m: 2:36.12	54.29	250m: 4:26.66	55.12
	100m: 1:41.83	52.93	200m: 3:31.54	55.42	300m: 5:22.34	55.68
					350m: 6:17.52	55.18
					400m: 7:08.54	51.02

Masters 30+

1.	Bianca Cox	PSV	5:06.93	198000214	<b>5:09.01</b>	+0,91
	50m: 34.50	34.50	150m: 1:52.31	39.19	250m: 3:11.62	39.59
	100m: 1:13.12	38.62	200m: 2:32.03	39.72	300m: 3:51.45	39.83
					350m: 4:30.99	39.54
					400m: 5:09.01	38.02
2.	Stephanie Vaernewyck	MEGA	5:10.58	MEGA/352/83	<b>5:11.25</b>	+0,90
	50m: 35.64	35.64	150m: 1:52.99	39.54	250m: 3:12.38	40.11
	100m: 1:13.45	37.81	200m: 2:32.27	39.28	300m: 3:51.99	39.61
					350m: 4:32.51	40.52
					400m: 5:11.25	38.74
3.	Roos van Esch	TRB-RES	5:16.31	198200468	<b>5:16.41</b>	+0,83
	50m: 37.47	37.47	150m: 1:57.46	40.18	250m: 3:17.40	39.97
	100m: 1:17.28	39.81	200m: 2:37.43	39.97	300m: 3:57.27	39.87
					350m: 4:37.56	40.29
					400m: 5:16.41	38.85
4.	Anke Lambooj	AZL	5:28.80	198001182	<b>5:16.93</b>	+0,86
	50m: 33.68	33.68	150m: 1:52.10	40.22	250m: 3:14.19	40.97
	100m: 1:11.88	38.20	200m: 2:33.22	41.12	300m: 3:55.54	41.35
					350m: 4:36.81	41.27
					400m: 5:16.93	40.12
5.	Linda Hoogendam	Zoetermeer	5:09.83	198300892	<b>5:20.70</b>	+0,76
	50m: 35.61	35.61	150m: 1:57.99	41.63	250m: 3:21.04	41.23
	100m: 1:16.36	40.75	200m: 2:39.81	41.82	300m: 4:02.47	41.43
					350m: 4:42.75	40.28
					400m: 5:20.70	37.95
6.	Yvonne Gerritsen	WVZ	5:21.18	198000342	<b>5:38.90</b>	+0,84
	50m: 37.31	37.31	150m: 2:01.47	42.32	250m: 3:28.09	43.44
	100m: 1:19.15	41.84	200m: 2:44.65	43.18	300m: 4:12.45	44.36
					350m: 4:56.66	44.21
					400m: 5:38.90	42.24
7.	Natascha Hartman	PSV	5:59.43	198101780	<b>5:46.53</b>	+0,99
	50m: 37.25	37.25	150m: 2:04.90	44.73	250m: 3:33.98	44.75
	100m: 1:20.17	42.92	200m: 2:49.23	44.33	300m: 4:18.33	44.35
					350m: 5:03.38	45.05
					400m: 5:46.53	43.15
8.	Carmen Haan	De Spatters	5:41.96	197901458	<b>5:46.64</b>	+1,06
	50m: 37.67	37.67	150m: 2:03.96	44.12	250m: 3:33.36	44.90
	100m: 1:19.84	42.17	200m: 2:48.46	44.50	300m: 4:18.16	44.80
					350m: 5:02.82	44.66
					400m: 5:46.64	43.82

Event 16, Women, 400m Freestyle, Masters 30+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT	
9.	Yvette Roozen	DWT	5:55.44	198000926	<b>5:53.14</b>	+0,82	
	50m: 37.90 100m: 1:21.31	37.90 43.41	150m: 2:06.31 200m: 2:51.73	45.00 45.42	250m: 3:37.24 300m: 4:23.19	350m: 5:08.60 400m: 5:53.14	45.41 44.54
10.	Angela Giezen	Montferland	6:25.77	198302796	<b>6:26.79</b>	+1,01	
	50m: 41.97 100m: 1:30.13	41.97 48.16	150m: 2:20.84 200m: 3:11.49	50.71 50.65	250m: 4:02.02 300m: 4:50.83	350m: 5:41.08 400m: 6:26.79	50.25 45.71
11.	Marjolein Kiewiet	Aquapoldro	6:27.14	197901404	<b>6:31.93</b>	+1,03	
	50m: 41.60 100m: 1:29.83	41.60 48.23	150m: 2:20.70 200m: 3:10.99	50.87 50.29	250m: 4:02.20 300m: 4:52.39	350m: 5:43.63 400m: 6:31.93	51.24 48.30
12.	Rianne van Vegchelen	Deltasteur	6:45.63	198101530	<b>6:38.70</b>	+1,13	
	50m: 43.53 100m: 1:32.49	43.53 48.96	150m: 2:22.72 200m: 3:14.54	50.23 51.82	250m: 4:06.30 300m: 4:58.56	350m: 5:51.33 400m: 6:38.70	52.77 47.37

Masters 35+

1.	Liselotte Joling	PSV	5:03.09	197500268	<b>5:00.00</b>	+0,96	
	50m: 34.11 100m: 1:12.20	34.11 38.09	150m: 1:50.77 200m: 2:29.77	38.57 39.00	250m: 3:06.86 300m: 3:45.01	350m: 4:22.73 400m: 5:00.00	37.72 37.27
2.	Babette Rens	Dedemvaart-AC	6:02.88	197801200	<b>5:56.58</b>	+0,90	
	50m: 38.58 100m: 1:21.63	38.58 43.05	150m: 2:05.65 200m: 2:51.26	44.02 45.61	250m: 3:37.06 300m: 4:23.71	350m: 5:10.64 400m: 5:56.58	46.93 45.94
3.	Jannie Vennik	HZ&PC Heerenveen	5:57.67	197601006	<b>6:13.67</b>	+0,90	
	50m: 41.54 100m: 1:27.39	41.54 45.85	150m: 2:15.70 200m: 3:04.02	48.31 48.32	250m: 3:52.87 300m: 4:41.38	350m: 5:29.35 400m: 6:13.67	47.97 44.32
4.	Anneke de Groot	De Fuut	6:07.55	197701140	<b>6:24.15</b>	+0,83	
	50m: 41.48 100m: 1:28.05	41.48 46.57	150m: 2:16.41 200m: 3:05.99	48.36 49.58	250m: 3:56.25 300m: 4:46.36	350m: 5:36.26 400m: 6:24.15	49.90 47.89
5.	Margriet Leeffers	Deltasteur	6:17.93	197800448	<b>6:27.54</b>	+1,00	
	50m: 40.66 100m: 1:26.68	40.66 46.02	150m: 2:15.99 200m: 3:05.86	49.31 49.87	250m: 3:56.63 300m: 4:47.58	350m: 5:38.01 400m: 6:27.54	50.43 49.53
6.	Clementine van Bruxvoort	ZPB H&L Productions	6:47.04	197700138	<b>6:59.72</b>	+0,87	
	50m: 45.42 100m: 1:37.70	45.42 52.28	150m: 2:31.68 200m: 3:25.36	53.98 53.68	250m: 4:20.46 300m: 5:15.42	350m: 6:10.20 400m: 6:59.72	54.78 49.52
7.	Fabienne Verriet-Regensburg	Njord	7:15.93	197500428	<b>7:34.08</b>	+0,82	
	50m: 49.94 100m: 1:46.53	49.94 56.59	150m: 2:44.68 200m: 3:43.81	58.15 59.13	250m: 4:42.17 300m: 5:40.71	350m: 6:38.74 400m: 7:34.08	58.03 55.34

Masters 40+

1.	Karin Stein	ZVVS	4:56.66	197100554	<b>5:01.92</b>	+0,86	
	50m: 34.40 100m: 1:11.84	34.40 37.44	150m: 1:50.41 200m: 2:28.93	38.57 38.52	250m: 3:07.85 300m: 3:46.21	350m: 4:24.82 400m: 5:01.92	38.61 37.10
2.	Heidi van Stein	LZ 1886	4:59.03	196900864	<b>5:05.58</b>	+0,80	
	50m: 32.48 100m: 1:09.05	32.48 36.57	150m: 1:47.64 200m: 2:26.53	38.59 38.89	250m: 3:06.11 300m: 3:45.84	350m: 4:26.16 400m: 5:05.58	40.32 39.42
3.	Annette de Visser	Oceanus	5:21.12	197100602	<b>5:23.70</b>	+0,81	
	50m: 35.81 100m: 1:15.06	35.81 39.25	150m: 1:56.35 200m: 2:38.32	41.29 41.97	250m: 3:20.47 300m: 4:02.34	350m: 4:43.87 400m: 5:23.70	41.53 39.83
4.	Nicole Vrijhoeven	PSV	5:49.18	196900834	<b>5:48.85</b>	+0,57	
	50m: 40.35 100m: 1:23.41	40.35 43.06	150m: 2:08.00 200m: 2:52.57	44.59 44.57	250m: 3:37.49 300m: 4:22.19	350m: 5:07.06 400m: 5:48.85	44.87 41.79
5.	Renata van Essen	Zuiderzeewimmers	5:51.00	197300740	<b>5:51.87</b>	+0,74	
	50m: 38.60 100m: 1:21.50	38.60 42.90	150m: 2:06.10 200m: 2:51.53	44.60 45.43	250m: 3:37.61 300m: 4:23.31	350m: 5:08.84 400m: 5:51.87	45.53 43.03
6.	Natacha Van Hoof	ShaRK	5:44.20	SHARK/260/73	<b>5:52.37</b>	+0,93	
	50m: 40.06 100m: 1:24.43	40.06 44.37	150m: 2:09.73 200m: 2:54.84	45.30 45.11	250m: 3:38.79 300m: 4:23.88	350m: 5:08.43 400m: 5:52.37	44.55 43.94
7.	Dianne Nien	RZ	5:19.60	197100452	<b>6:01.24</b>	+0,83	
	50m: 38.58 100m: 1:24.48	38.58 45.90	150m: 2:10.34 200m: 2:57.39	45.86 47.05	250m: 3:44.40 300m: 4:31.26	350m: 5:17.69 400m: 6:01.24	46.43 43.55
8.	Annet Kootstra	Swol 1894	6:00.56	197100344	<b>6:04.22</b>	+0,94	
	50m: 39.22 100m: 1:24.79	39.22 45.57	150m: 2:10.80 200m: 2:58.29	46.01 47.49	250m: 3:44.45 300m: 4:32.12	350m: 5:18.15 400m: 6:04.22	46.03 46.07

Event 16, Women, 400m Freestyle, Masters 40+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
9.	Pascalie Neiss-Janssen	De Roersoppers	6:02.76	197300852	<b>6:06.91</b>	+1,00		
	50m: 40.03 40.03	150m: 2:11.92 47.02	250m: 3:47.10 47.98	350m: 5:21.79 47.76	100m: 1:24.90 44.87	200m: 2:59.12 47.20	300m: 4:34.03 46.93	400m: 6:06.91 45.12
10.	Natalie van den Broek	Nautilus	6:19.95	197300810	<b>6:27.57</b>	+0,98		
	50m: 40.96 40.96	150m: 2:14.48 48.47	250m: 3:55.21 51.37	350m: 5:39.12 51.97	100m: 1:26.01 45.05	200m: 3:03.84 49.36	300m: 4:47.15 51.94	400m: 6:27.57 48.45
11.	Kristien Van de Moortel	ShaRK	6:26.72	SHARK/315/69	<b>6:46.42</b>	+0,84		
	50m: 44.45 44.45	150m: 2:28.50 52.30	250m: 4:11.77 51.18	350m: 5:56.27 51.87	100m: 1:36.20 51.75	200m: 3:20.59 52.09	300m: 5:04.40 52.63	400m: 6:46.42 50.15
12.	Greta Wyma-Teitsma	DWK	6:58.31	197100696	<b>6:52.87</b>	+0,94		
	50m: 43.63 43.63	150m: 2:28.36 53.23	250m: 4:15.17 52.27	350m: 6:00.26 51.69	100m: 1:35.13 51.50	200m: 3:22.90 54.54	300m: 5:08.57 53.40	400m: 6:52.87 52.61
13.	Evelien Bremar-Alers	Nautilus	6:58.35	197200878	<b>7:29.76</b>	+0,89		
	50m: 44.88 44.88	150m: 2:31.55 55.36	250m: 4:28.77 59.05	350m: 6:30.00 1:01.21	100m: 1:36.19 51.31	200m: 3:29.72 58.17	300m: 5:28.79 1:00.02	400m: 7:29.76 59.76
WDR	Grith Sigsgaard	Zwemlust-den Hommel	4:49.48	197200772				

Masters 45+

1.	Bridget Bewick	Maidenhead ASC	5:09.06	462298	<b>5:18.52</b>	+1,00		
	50m: 35.77 35.77	150m: 1:55.27 40.82	250m: 3:17.67 41.21	350m: 4:39.38 41.31	100m: 1:14.45 38.68	200m: 2:36.46 41.19	300m: 3:58.07 40.40	400m: 5:18.52 39.14
2.	Chita van der Goorbergh	Zoetermeer	5:12.88	196800762	<b>5:28.88</b>	+0,81		
	50m: 36.02 36.02	150m: 1:58.72 41.89	250m: 3:23.57 42.18	350m: 4:48.09 41.93	100m: 1:16.83 40.81	200m: 2:41.39 42.67	300m: 4:06.16 42.59	400m: 5:28.88 40.79
3.	Claudia Goldschmidt	Maidenhead Marlins ASC	5:32.40	954626	<b>5:29.48</b>	+0,92		
	50m: 36.54 36.54	150m: 2:00.19 42.09	250m: 3:26.35 42.84	350m: 4:50.70 41.20	100m: 1:18.10 41.56	200m: 2:43.51 43.32	300m: 4:09.50 43.15	400m: 5:29.48 38.78
4.	Petra Casteleijn	AZ&PC	5:30.85	196600098	<b>5:29.56</b>	+0,88		
	50m: 36.32 36.32	150m: 1:57.07 41.31	250m: 3:22.48 43.43	350m: 4:48.97 43.25	100m: 1:15.76 39.44	200m: 2:39.05 41.98	300m: 4:05.72 43.24	400m: 5:29.56 40.59
5.	Henriette v. Norden	AZ&PC	5:34.67	196800046	<b>5:31.27</b>	+0,94		
	50m: 36.70 36.70	150m: 2:00.14 42.82	250m: 3:26.36 43.07	350m: 4:51.94 42.81	100m: 1:17.32 40.62	200m: 2:43.29 43.15	300m: 4:09.13 42.77	400m: 5:31.27 39.33
6.	Susanne Prins - Molenwijk	SBC2000	5:41.29	196600284	<b>5:41.17</b>	+0,87		
	50m: 38.80 38.80	150m: 2:04.70 43.39	250m: 3:31.30 43.42	350m: 4:58.18 43.72	100m: 1:21.31 42.51	200m: 2:47.88 43.18	300m: 4:14.46 43.16	400m: 5:41.17 42.99
7.	Marion Broekhuis	WS Twente	5:54.85	196800060	<b>5:48.83</b>	+0,86		
	50m: 38.93 38.93	150m: 2:07.04 44.96	250m: 3:37.12 44.91	350m: 5:05.83 44.10	100m: 1:22.08 43.15	200m: 2:52.21 45.17	300m: 4:21.73 44.61	400m: 5:48.83 43.00
8.	Maud Peuten-Evers	Swimteam Helden-Mosa (SG)	6:37.14	196400584	<b>6:40.79</b>	+1,16		
	50m: 44.88 44.88	150m: 2:25.92 51.96	250m: 4:08.41 51.99	350m: 5:50.99 51.60	100m: 1:33.96 49.08	200m: 3:16.42 50.50	300m: 4:59.39 50.98	400m: 6:40.79 49.80
9.	Ingeborg Stokx	DAW	7:01.15	196700666	<b>6:45.91</b>	+0,64		
	50m: 43.94 43.94	150m: 2:26.94 52.73	250m: 4:12.21 54.33	350m: 5:57.69 52.96	100m: 1:34.21 50.27	200m: 3:17.88 50.94	300m: 5:04.73 52.52	400m: 6:45.91 48.22
10.	Ymke Snellen van Vollenhoven	PSV	6:49.83	196800836	<b>6:47.69</b>			
	50m: 43.81 43.81	150m: 2:27.45 53.72	250m: 4:14.71 53.42	350m: 5:59.59 51.75	100m: 1:33.73 49.92	200m: 3:21.29 53.84	300m: 5:07.84 53.13	400m: 6:47.69 48.10
11.	Betty van Kemenade	PSV	7:00.06	196800832	<b>6:52.93</b>	+1,10		
	50m: 45.46 45.46	150m: 2:28.11 51.87	250m: 4:15.66 53.79	350m: 6:01.43 52.68	100m: 1:36.24 50.78	200m: 3:21.87 53.76	300m: 5:08.75 53.09	400m: 6:52.93 51.50
12.	Els De Keyzer	MZVA	7:00.64	MZVA/052/65	<b>7:06.73</b>	+0,95		
	50m: 45.65 45.65	150m: 2:31.76 55.13	250m: 4:24.15 56.77	350m: 6:15.34 54.90	100m: 1:36.63 50.98	200m: 3:27.38 55.62	300m: 5:20.44 56.29	400m: 7:06.73 51.39
13.	Ann Vandembrouck	Royal Ostend SC	8:02.51	ROSC/321/65	<b>8:00.88</b>	+0,96		
	50m: 46.65 46.65	150m: 2:43.43 59.96	250m: 4:51.15 1:04.16	350m: 6:58.65 1:03.10	100m: 1:43.47 56.82	200m: 3:46.99 1:03.56	300m: 5:55.55 1:04.40	400m: 8:00.88 1:02.23

Event 16, Women, 400m Freestyle

Masters 50+

1. Francine Sommer	Triton	5:41.51	196200384	<b>5:44.38</b>	+0,83
50m: 37.43	150m: 2:03.37	44.42	250m: 3:33.68	45.65	350m: 5:01.80
100m: 1:18.95	200m: 2:48.03	44.66	300m: 4:18.35	44.67	400m: 5:44.38
					42.58
2. Inge Wolfs	PLONS	5:48.77	196000304	<b>5:45.19</b>	+0,95
50m: 38.94	150m: 2:07.43	44.71	250m: 3:36.78	44.40	350m: 5:03.60
100m: 1:22.72	200m: 2:52.38	44.95	300m: 4:21.28	44.50	400m: 5:45.19
					42.32
					41.59
3. Patty Verhagen	PSV	5:29.75	195900146	<b>5:49.55</b>	+0,74
50m: 39.86	150m: 2:06.75	44.00	250m: 3:36.08	44.80	350m: 5:05.81
100m: 1:22.75	200m: 2:51.28	44.53	300m: 4:20.90	44.82	400m: 5:49.55
					44.91
					43.74
4. Petra Tossings	DAW	6:22.41	196100376	<b>6:22.02</b>	+0,78
50m: 41.23	150m: 2:16.54	48.56	250m: 3:54.54	49.12	350m: 5:34.64
100m: 1:27.98	200m: 3:05.42	48.88	300m: 4:44.56	50.02	400m: 6:22.02
					50.08
					47.38
5. Katinka Elders	Oceanus	6:25.46	196000292	<b>6:25.67</b>	+0,77
50m: 41.78	150m: 2:17.23	48.69	250m: 3:57.82	50.45	350m: 5:37.45
100m: 1:28.54	200m: 3:07.37	50.14	300m: 4:48.14	50.32	400m: 6:25.67
					49.31
					48.22
6. Els Laureys	MZVA	7:07.54	MZVA/039/63	<b>7:06.54</b>	+1,08
50m: 47.34	150m: 2:36.61	55.83	250m: 4:25.73	54.20	350m: 6:16.07
100m: 1:40.78	200m: 3:31.53	54.92	300m: 5:21.16	55.43	400m: 7:06.54
					54.91
					50.47

Masters 55+

1. Dorothy Ledwith <i>IMR</i>	Ennis Masters	5:48.02	10009706	<b>5:46.55</b>	+0,81
50m: 38.90	150m: 2:05.40	43.76	250m: 3:34.67	44.62	350m: 5:04.38
100m: 1:21.64	200m: 2:50.05	44.65	300m: 4:19.75	45.08	400m: 5:46.55
					44.63
					42.17
2. Margriet Pasma	De Pinquin	6:00.42	195500088	<b>6:12.61</b>	+0,99
50m: 42.58	150m: 2:18.13	48.11	250m: 3:54.71	47.88	350m: 5:29.19
100m: 1:30.02	200m: 3:06.83	48.70	300m: 4:43.09	48.38	400m: 6:12.61
					46.10
					43.42
3. Rona Eijkelhoff	Aqua-Novio'94	6:30.51	195600026	<b>6:37.87</b>	+0,94
50m: 44.98	150m: 2:25.37	50.86	250m: 4:07.60	51.62	350m: 5:49.95
100m: 1:34.51	200m: 3:15.98	50.61	300m: 4:58.82	51.22	400m: 6:37.87
					51.13
					47.92
4. Lies Hartman	VfR Übach-Palenberg	9:30.12	164684	<b>9:46.32</b>	+1,17
50m: 59.36	150m: 3:30.21	1:19.30	250m: 6:03.27	1:17.30	350m: 8:34.46
100m: 2:10.91	200m: 4:45.97	1:15.76	300m: 7:18.45	1:15.18	400m: 9:46.32
					1:16.01
					1:11.86

Masters 60+

1. Ineke Meijer	HZ&PC Heerenveen	6:51.83	195200034	<b>6:58.99</b>	+0,88
50m: 46.54	150m: 2:33.27	54.08	250m: 4:23.60	54.81	350m: 6:10.97
100m: 1:39.19	200m: 3:28.79	55.52	300m: 5:17.78	54.18	400m: 6:58.99
					53.19
					48.02
2. Gonnie Bak	PSV	7:38.32	195100064	<b>7:20.49</b>	+0,86
50m: 47.80	150m: 2:41.06	57.58	250m: 4:34.81	57.39	350m: 6:28.46
100m: 1:43.48	200m: 3:37.42	56.36	300m: 5:31.85	57.04	400m: 7:20.49
					56.61
					52.03
3. Corine Kalbfleisch	DWT	7:33.88	195200024	<b>7:26.88</b>	+1,16
50m: 46.35	150m: 2:38.54	56.60	250m: 4:36.80	58.80	350m: 6:33.07
100m: 1:41.94	200m: 3:38.00	59.46	300m: 5:36.62	59.82	400m: 7:26.88
					56.45
					53.81

Masters 65+

1. Annie Smits	PSV	7:06.82	194600016	<b>7:35.18</b>	+1,31
50m: 51.27	150m: 2:43.69	56.93	250m: 4:40.91	59.08	350m: 6:39.61
100m: 1:46.76	200m: 3:41.83	58.14	300m: 5:40.46	59.55	400m: 7:35.18
					55.57
2. Matty van der Veen	Old Dutch	7:09.20	194400020	<b>7:43.91</b>	
50m: 50.09	150m: 2:42.11	58.28	250m: 4:41.63	1:00.81	350m: 6:43.99
100m: 1:43.83	200m: 3:40.82	58.71	300m: 5:41.52	59.89	400m: 7:43.91
					1:02.47
					59.92
3. Greet Brehler-Middag	Hatto Heim	8:19.37	194400004	<b>8:44.70</b>	+1,19
50m: 57.94	150m: 3:10.85	1:07.91	250m: 5:25.93	1:08.32	350m: 7:40.46
100m: 2:02.94	200m: 4:17.61	1:06.76	300m: 6:33.01	1:07.08	400m: 8:44.70
					1:07.45
					1:04.24

Event 16, Women, 400m Freestyle

Masters 70+

1. Gitti Wahl			VfR Übach-Palenberg			8:55.78		164688			<b>9:03.93</b>	+1,07
50m:	1:00.56	1:00.56	150m:	3:20.50	1:12.46	250m:	5:38.66	1:08.70	350m:	7:57.02	1:09.71	
100m:	2:08.04	1:07.48	200m:	4:29.96	1:09.46	300m:	6:47.31	1:08.65	400m:	9:03.93	1:06.91	
2. Liesbeth ter Laak			PSV			11:48.87		194200008			<b>12:23.50</b>	+1,37
50m:	1:19.31	1:19.31	150m:	4:28.83	1:38.26	250m:	7:39.48	1:37.17	350m:	10:51.05	1:35.96	
100m:	2:50.57	1:31.26	200m:	6:02.31	1:33.48	300m:	9:15.09	1:35.61	400m:	12:23.50	1:32.45	