

Programmanr. 32
06-05-2012 - 10:23

Heren, 1500m vrije slag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
Masters 20+								
1.	Dennis Wijbenga 200m*	Stadskanaal	17:55.59	199003283	18:31.80	+0,86		
	50m: 32.33	32.33	450m: 5:31.16	37.58	850m: 10:30.99	37.81	1250m: 15:32.94	38.01
	100m: 1:08.35	36.02	500m: 6:08.81	37.65	900m: 11:09.38	38.39	1300m: 16:10.13	37.19
	150m: 1:45.05	36.70	550m: 6:45.78	36.97	950m: 11:46.83	37.45	1350m: 16:46.84	36.71
	200m: 2:22.27	37.22	600m: 7:23.25	37.47	1000m: 12:24.63	37.80	1400m: 17:23.90	37.06
	250m: 2:59.85	37.58	650m: 8:00.71	37.46	1050m: 13:01.72	37.09	1450m: 17:58.85	34.95
	300m: 3:38.04	38.19	700m: 8:38.24	37.53	1100m: 13:39.91	38.19	1500m: 18:31.80	32.95
	350m: 4:15.74	37.70	750m: 9:15.51	37.27	1150m: 14:17.42	37.51		
	400m: 4:53.58	37.84	800m: 9:53.18	37.67	1200m: 14:54.93	37.51		
2.	Tim Bunnik	Triton	19:14.15	199000505	19:11.85			
	50m: 32.93	32.93	450m: 5:41.13	40.36	850m: 10:54.22	38.93	1250m: 16:04.31	39.15
	100m: 1:08.95	36.02	500m: 6:21.23	40.10	900m: 11:32.84	38.62	1300m: 16:42.13	37.82
	150m: 1:46.46	37.51	550m: 7:01.07	39.84	950m: 12:11.75	38.91	1350m: 17:19.87	37.74
	200m: 2:24.37	37.91	600m: 7:40.51	39.44	1000m: 12:50.26	38.51	1400m: 17:59.16	39.29
	250m: 3:02.85	38.48	650m: 8:19.48	38.97	1050m: 13:29.98	39.72	1450m: 18:35.34	36.18
	300m: 3:41.35	38.50	700m: 8:58.08	38.60	1100m: 14:09.27	39.29	1500m: 19:11.85	36.51
	350m: 4:21.02	39.67	750m: 9:37.10	39.02	1150m: 14:46.46	37.19		
	400m: 5:00.77	39.75	800m: 10:15.29	38.19	1200m: 15:25.16	38.70		
3.	Nicolas Degalan	CNBA	18:48.54	CNBA/777/89	19:28.70	+0,74		
	50m: 33.65	33.65	450m: 5:42.03	39.57	850m: 10:58.36	39.63	1250m: 16:13.50	40.03
	100m: 1:10.05	36.40	500m: 6:21.45	39.42	900m: 11:37.83	39.47	1300m: 16:53.10	39.60
	150m: 1:47.32	37.27	550m: 7:00.99	39.54	950m: 12:17.28	39.45	1350m: 17:32.22	39.12
	200m: 2:25.84	38.52	600m: 7:40.67	39.68	1000m: 12:56.96	39.68	1400m: 18:11.70	39.48
	250m: 3:04.70	38.86	650m: 8:19.98	39.31	1050m: 13:36.36	39.40	1450m: 18:50.46	38.76
	300m: 3:43.61	38.91	700m: 8:59.91	39.93	1100m: 14:15.73	39.37	1500m: 19:28.70	38.24
	350m: 4:22.92	39.31	750m: 9:39.22	39.31	1150m: 14:54.51	38.78		
	400m: 5:02.46	39.54	800m: 10:18.73	39.51	1200m: 15:33.47	38.96		
4.	Niels Albrechts	De Schoteijl	19:22.53	198800039	19:46.66	+0,88		
	50m: 35.30	35.30	450m: 5:52.38	40.18	850m: 11:12.49	39.83	1250m: 16:28.89	39.34
	100m: 1:14.30	39.00	500m: 6:32.82	40.44	900m: 11:52.07	39.58	1300m: 17:10.16	41.27
	150m: 1:54.10	39.80	550m: 7:12.84	40.02	950m: 12:31.66	39.59	1350m: 17:49.91	39.75
	200m: 2:33.67	39.57	600m: 7:53.18	40.34	1000m: 13:11.16	39.50	1400m: 18:30.08	40.17
	250m: 3:13.27	39.60	650m: 8:33.56	40.38	1050m: 13:50.91	39.75	1450m: 19:09.88	39.80
	300m: 3:53.24	39.97	700m: 9:12.90	39.34	1100m: 14:30.97	40.06	1500m: 19:46.66	36.78
	350m: 4:32.43	39.19	750m: 9:52.87	39.97	1150m: 15:09.90	38.93		
	400m: 5:12.20	39.77	800m: 10:32.66	39.79	1200m: 15:49.55	39.65		
5.	Rick Hellenbrand	HGN (SG)	20:45.66	198901173	20:15.39	+0,97		
	50m: 37.41	37.41	450m: 6:06.02	40.94	850m: 11:31.24	40.02	1250m: 16:53.59	40.17
	100m: 1:18.24	40.83	500m: 6:47.14	41.12	900m: 12:11.80	40.56	1300m: 17:34.72	41.13
	150m: 1:58.93	40.69	550m: 7:27.92	40.78	950m: 12:51.52	39.72	1350m: 18:14.90	40.18
	200m: 2:40.27	41.34	600m: 8:09.34	41.42	1000m: 13:32.52	41.00	1400m: 18:55.97	41.07
	250m: 3:21.41	41.14	650m: 8:50.10	40.76	1050m: 14:12.33	39.81	1450m: 19:35.68	39.71
	300m: 4:02.82	41.41	700m: 9:30.63	40.53	1100m: 14:52.92	40.59	1500m: 20:15.39	39.71
	350m: 4:44.11	41.29	750m: 10:10.69	40.06	1150m: 15:33.10	40.18		
	400m: 5:25.08	40.97	800m: 10:51.22	40.53	1200m: 16:13.42	40.32		

Masters 25+

1.	Remco van Althuis	SBC2000				17:57.18	198300029				17:54.42	+0,88
	50m:	31.17	31.17	450m:	5:15.92	36.19	850m:	10:05.89	36.35	1250m:	14:55.47	36.41
	100m:	1:05.65	34.48	500m:	5:52.05	36.13	900m:	10:41.78	35.89	1300m:	15:31.62	36.15
	150m:	1:40.85	35.20	550m:	6:28.43	36.38	950m:	11:18.02	36.24	1350m:	16:07.70	36.08
	200m:	2:16.46	35.61	600m:	7:04.66	36.23	1000m:	11:54.32	36.30	1400m:	16:44.00	36.30
	250m:	2:52.01	35.55	650m:	7:40.87	36.21	1050m:	12:30.28	35.96	1450m:	17:19.91	35.91
	300m:	3:27.87	35.86	700m:	8:17.05	36.18	1100m:	13:06.58	36.30	1500m:	17:54.42	34.51
	350m:	4:03.66	35.79	750m:	8:53.54	36.49	1150m:	13:42.66	36.08			
	400m:	4:39.73	36.07	800m:	9:29.54	36.00	1200m:	14:19.06	36.40			
2.	Sander Bouts	RZ				18:52.92	198500331				18:46.49	+0,90
	50m:	32.69	32.69	450m:	5:31.49	37.47	850m:	10:34.15	37.64	1250m:	15:36.62	37.75
	100m:	1:09.09	36.40	500m:	6:09.54	38.05	900m:	11:12.18	38.03	1300m:	16:14.84	38.22
	150m:	1:45.89	36.80	550m:	6:47.26	37.72	950m:	11:49.56	37.38	1350m:	16:52.79	37.95
	200m:	2:23.47	37.58	600m:	7:25.38	38.12	1000m:	12:27.53	37.97	1400m:	17:31.20	38.41
	250m:	3:00.80	37.33	650m:	8:03.04	37.66	1050m:	13:05.02	37.49	1450m:	18:09.20	38.00
	300m:	3:38.66	37.86	700m:	8:40.99	37.95	1100m:	13:43.10	38.08	1500m:	18:46.49	37.29
	350m:	4:16.11	37.45	750m:	9:18.59	37.60	1150m:	14:20.80	37.70			
	400m:	4:54.02	37.91	800m:	9:56.51	37.92	1200m:	14:58.87	38.07			

Programmanr. 32, Heren, 1500m vrije slag

Masters 30+

1.	Gergely Molnar	Sprint Fortuna SC	18:00.47	80Ger	17:49.53	+0,83						
	Hungarian Masters Record											
	50m:	31.74	31.74	450m:	5:15.96	36.05	850m:	10:05.68	35.91	1250m:	14:52.86	35.47
	100m:	1:07.07	35.33	500m:	5:51.88	35.92	900m:	10:41.49	35.81	1300m:	15:28.45	35.59
	150m:	1:42.57	35.50	550m:	6:28.43	36.55	950m:	11:17.89	36.40	1350m:	16:04.59	36.14
	200m:	2:18.02	35.45	600m:	7:04.47	36.04	1000m:	11:53.61	35.72	1400m:	16:40.03	35.44
	250m:	2:52.94	34.92	650m:	7:40.76	36.29	1050m:	12:29.78	36.17	1450m:	17:15.40	35.37
	300m:	3:28.49	35.55	700m:	8:16.92	36.16	1100m:	13:05.68	35.90	1500m:	17:49.53	34.13
	350m:	4:04.15	35.66	750m:	8:53.49	36.57	1150m:	13:41.43	35.75			
	400m:	4:39.91	35.76	800m:	9:29.77	36.28	1200m:	14:17.39	35.96			
2.	Marcel Reefhuis	De Veene	18:37.51	198101381	18:45.40	+0,82						
	50m:	33.21	33.21	450m:	5:34.67	37.88	850m:	10:34.79	37.37	1250m:	15:37.44	37.90
	100m:	1:09.53	36.32	500m:	6:12.40	37.73	900m:	11:12.21	37.42	1300m:	16:15.52	38.08
	150m:	1:47.06	37.53	550m:	6:50.14	37.74	950m:	11:49.95	37.74	1350m:	16:53.72	38.20
	200m:	2:24.77	37.71	600m:	7:27.57	37.43	1000m:	12:27.59	37.64	1400m:	17:32.22	38.50
	250m:	3:02.73	37.96	650m:	8:05.01	37.44	1050m:	13:05.56	37.97	1450m:	18:09.99	37.77
	300m:	3:40.63	37.90	700m:	8:42.33	37.32	1100m:	13:43.55	37.99	1500m:	18:45.40	35.41
	350m:	4:18.66	38.03	750m:	9:19.88	37.55	1150m:	14:21.62	38.07			
	400m:	4:56.79	38.13	800m:	9:57.42	37.54	1200m:	14:59.54	37.92			
3.	Freddie Geerlings	Mosaqua Gulpen	20:21.90	197900379	19:27.36	+0,92						
	50m:	35.57	35.57	450m:	5:46.82	38.58	850m:	10:59.23	39.15	1250m:	16:13.87	39.12
	100m:	1:14.07	38.50	500m:	6:25.59	38.77	900m:	11:38.37	39.14	1300m:	16:53.22	39.35
	150m:	1:52.73	38.66	550m:	7:04.75	39.16	950m:	12:17.46	39.09	1350m:	17:32.17	38.95
	200m:	2:31.80	39.07	600m:	7:44.36	39.61	1000m:	12:57.15	39.69	1400m:	18:11.90	39.73
	250m:	3:10.22	38.42	650m:	8:23.42	39.06	1050m:	13:36.53	39.38	1450m:	18:50.46	38.56
	300m:	3:49.14	38.92	700m:	9:02.41	38.99	1100m:	14:15.91	39.38	1500m:	19:27.36	36.90
	350m:	4:28.80	39.66	750m:	9:40.89	38.48	1150m:	14:55.37	39.46			
	400m:	5:08.24	39.44	800m:	10:20.08	39.19	1200m:	15:34.75	39.38			
4.	Jeroen Vogelsang	DAW	20:00.09	198001645	19:51.72	+0,88						
	50m:	33.79	33.79	450m:	5:42.72	39.12	850m:	11:04.47	40.76	1250m:	16:30.84	39.84
	100m:	1:10.66	36.87	500m:	6:22.33	39.61	900m:	11:46.20	41.73	1300m:	17:12.37	41.53
	150m:	1:48.41	37.75	550m:	7:02.25	39.92	950m:	12:26.81	40.61	1350m:	17:52.15	39.78
	200m:	2:26.91	38.50	600m:	7:42.81	40.56	1000m:	13:08.49	41.68	1400m:	18:34.44	42.29
	250m:	3:05.86	38.95	650m:	8:23.28	40.47	1050m:	13:50.74	42.25	1450m:	19:14.13	39.69
	300m:	3:45.01	39.15	700m:	9:03.38	40.10	1100m:	14:31.60	40.86	1500m:	19:51.72	37.59
	350m:	4:24.38	39.37	750m:	9:43.05	39.67	1150m:	15:10.54	38.94			
	400m:	5:03.60	39.22	800m:	10:23.71	40.66	1200m:	15:51.00	40.46			

Masters 35+

1.	Laurent Sibiril	SF Olympique Courbevoie			18:32.47	712991			18:56.62			+0,88
	50m:	32.29	32.29	450m:	5:28.97	37.40	850m:	10:34.74	38.09	1250m:	15:45.35	38.60
	100m:	1:08.24	35.95	500m:	6:06.96	37.99	900m:	11:13.47	38.73	1300m:	16:24.68	39.33
	150m:	1:44.88	36.64	550m:	6:44.77	37.81	950m:	11:52.29	38.82	1350m:	17:03.75	39.07
	200m:	2:22.16	37.28	600m:	7:23.12	38.35	1000m:	12:31.20	38.91	1400m:	17:42.66	38.91
	250m:	2:59.30	37.14	650m:	8:01.17	38.05	1050m:	13:09.98	38.78	1450m:	18:21.18	38.52
	300m:	3:37.19	37.89	700m:	8:39.64	38.47	1100m:	13:49.14	39.16	1500m:	18:56.62	35.44
	350m:	4:14.23	37.04	750m:	9:18.19	38.55	1150m:	14:27.94	38.80			
	400m:	4:51.57	37.34	800m:	9:56.65	38.46	1200m:	15:06.75	38.81			
2.	Daniel Wencker	Avan Villeneuve-D'Ascq			22:48.53	1540660			22:06.17			
	50m:	41.00	41.00	450m:	6:39.75	45.47	850m:	12:41.55	44.58	1250m:	18:33.70	44.47
	100m:	1:24.88	43.88	500m:	7:24.34	44.59	900m:	13:25.59	44.04	1300m:	19:16.98	43.28
	150m:	2:10.22	45.34	550m:	8:09.96	45.62	950m:	14:09.58	43.99	1350m:	20:01.03	44.05
	200m:	2:54.57	44.35	600m:	8:55.61	45.65	1000m:	14:53.26	43.68	1400m:	20:44.55	43.52
	250m:	3:39.32	44.75	650m:	9:41.41	45.80	1050m:	15:37.73	44.47	1450m:	21:27.36	42.81
	300m:	4:23.75	44.43	700m:	10:26.62	45.21	1100m:	16:20.86	43.13	1500m:	22:06.17	38.81
	350m:	5:09.05	45.30	750m:	11:12.49	45.87	1150m:	17:05.39	44.53			
	400m:	5:54.28	45.23	800m:	11:56.97	44.48	1200m:	17:49.23	43.84			

AFGEM Ralf Peters

KZPC

19:14.46

197600737

Masters 40+

1.	Tamás Gazinszky	Budapesti Delfinek			20:41.88	71Gaz			20:45.89			
	50m:	37.57	37.57	450m:	6:13.96	42.34	850m:	11:50.50	42.14	1250m:	17:24.17	41.85
	100m:	1:18.35	40.78	500m:	6:55.96	42.00	900m:	12:32.27	41.77	1300m:	18:04.99	40.82
	150m:	2:00.12	41.77	550m:	7:38.06	42.10	950m:	13:14.53	42.26	1350m:	18:46.27	41.28
	200m:	2:42.31	42.19	600m:	8:20.34	42.28	1000m:	13:56.25	41.72	1400m:	19:26.95	40.68
	250m:	3:24.78	42.47	650m:	9:02.47	42.13	1050m:	14:37.84	41.59	1450m:	20:08.08	41.13
	300m:	4:07.43	42.65	700m:	9:44.32	41.85	1100m:	15:19.43	41.59	1500m:	20:45.89	37.81
	350m:	4:49.50	42.07	750m:	10:26.42	42.10	1150m:	16:01.15	41.72			
	400m:	5:31.62	42.12	800m:	11:08.36	41.94	1200m:	16:42.32	41.17			

Programmanr. 32, Heren, 1500m vrije slag, Masters 40+

rang	naam		vereniging		inschrijftijd		startnr.		tijd	RT		
2.	Konstantin Sklyar		TG Lage 1862		20:29.22		321129		20:54.95	+0,79		
	50m:	37.56	37.56	450m:	6:14.45	42.46	850m:	11:51.04	42.16	1250m:	17:28.48	42.17
	100m:	1:18.75	41.19	500m:	6:56.47	42.02	900m:	12:33.28	42.24	1300m:	18:10.56	42.08
	150m:	2:00.32	41.57	550m:	7:38.65	42.18	950m:	13:15.42	42.14	1350m:	18:52.54	41.98
	200m:	2:42.67	42.35	600m:	8:20.82	42.17	1000m:	13:57.26	41.84	1400m:	19:34.29	41.75
	250m:	3:25.15	42.48	650m:	9:03.07	42.25	1050m:	14:39.88	42.62	1450m:	20:15.66	41.37
	300m:	4:07.63	42.48	700m:	9:44.89	41.82	1100m:	15:22.11	42.23	1500m:	20:54.95	39.29
	350m:	4:49.86	42.23	750m:	10:27.08	42.19	1150m:	16:04.08	41.97			
	400m:	5:31.99	42.13	800m:	11:08.88	41.80	1200m:	16:46.31	42.23			
3.	Hans Schoenmakers		DAW		20:37.09		196900863		21:35.47	+0,88		
	50m:	35.98	35.98	450m:	6:17.67	43.32	850m:	12:07.55	43.21	1250m:	17:58.83	43.27
	100m:	1:17.22	41.24	500m:	7:02.06	44.39	900m:	12:52.30	44.75	1300m:	18:42.88	44.05
	150m:	1:59.02	41.80	550m:	7:45.39	43.33	950m:	13:35.62	43.32	1350m:	19:26.23	43.35
	200m:	2:42.47	43.45	600m:	8:29.28	43.89	1000m:	14:20.00	44.38	1400m:	20:10.60	44.37
	250m:	3:25.31	42.84	650m:	9:12.70	43.42	1050m:	15:03.90	43.90	1450m:	20:53.26	42.66
	300m:	4:08.42	43.11	700m:	9:56.80	44.10	1100m:	15:47.89	43.99	1500m:	21:35.47	42.21
	350m:	4:51.15	42.73	750m:	10:40.55	43.75	1150m:	16:31.84	43.95			
	400m:	5:34.35	43.20	800m:	11:24.34	43.79	1200m:	17:15.56	43.72			
4.	Gerald Hösl		SC Winterthur		22:49.57		70Hös		22:22.77	+0,99		
	50m:	38.85	38.85	450m:	6:33.76	44.90	850m:	12:31.90	45.05	1250m:	18:32.19	46.02
	100m:	1:21.35	42.50	500m:	7:18.40	44.64	900m:	13:16.94	45.04	1300m:	19:18.66	46.47
	150m:	2:05.71	44.36	550m:	8:03.29	44.89	950m:	14:01.87	44.93	1350m:	20:05.33	46.67
	200m:	2:50.44	44.73	600m:	8:47.74	44.45	1000m:	14:46.71	44.84	1400m:	20:51.84	46.51
	250m:	3:34.92	44.48	650m:	9:32.70	44.96	1050m:	15:31.66	44.95	1450m:	21:38.37	46.53
	300m:	4:19.67	44.75	700m:	10:17.34	44.64	1100m:	16:16.80	45.14	1500m:	22:22.77	44.40
	350m:	5:04.48	44.81	750m:	11:02.09	44.75	1150m:	17:01.35	44.55			
	400m:	5:48.86	44.38	800m:	11:46.85	44.76	1200m:	17:46.17	44.82			
5.	Mario Cuelenaere		De Zeeuwse Kust (SG)		22:13.51		196901569		22:40.07	+1,16		
	50m:	38.23	38.23	450m:	6:36.29	45.80	850m:	12:43.33	45.74	1250m:	18:51.81	45.94
	100m:	1:19.89	41.66	500m:	7:22.68	46.39	900m:	13:29.64	46.31	1300m:	19:38.37	46.56
	150m:	2:03.93	44.04	550m:	8:08.34	45.66	950m:	14:14.97	45.33	1350m:	20:24.57	46.20
	200m:	2:48.80	44.87	600m:	8:54.40	46.06	1000m:	15:01.36	46.39	1400m:	21:10.64	46.07
	250m:	3:33.95	45.15	650m:	9:39.88	45.48	1050m:	15:47.21	45.85	1450m:	21:55.59	44.95
	300m:	4:19.42	45.47	700m:	10:26.15	46.27	1100m:	16:33.60	46.39	1500m:	22:40.07	44.48
	350m:	5:04.63	45.21	750m:	11:11.20	45.05	1150m:	17:19.35	45.75			
	400m:	5:50.49	45.86	800m:	11:57.59	46.39	1200m:	18:05.87	46.52			
6.	Oliver Podebrad		SC Wiesbaden 1911		22:59.16		262705		22:40.67	+0,91		
	50m:	39.17	39.17	450m:	6:43.40	46.44	850m:	12:51.76	46.04	1250m:	18:58.43	45.71
	100m:	1:22.67	43.50	500m:	7:29.32	45.92	900m:	13:37.39	45.63	1300m:	19:44.05	45.62
	150m:	2:07.51	44.84	550m:	8:15.49	46.17	950m:	14:23.34	45.95	1350m:	20:28.78	44.73
	200m:	2:52.90	45.39	600m:	9:01.35	45.86	1000m:	15:09.67	46.33	1400m:	21:13.31	44.53
	250m:	3:38.76	45.86	650m:	9:47.57	46.22	1050m:	15:55.74	46.07	1450m:	21:57.84	44.53
	300m:	4:24.69	45.93	700m:	10:33.71	46.14	1100m:	16:41.78	46.04	1500m:	22:40.67	42.83
	350m:	5:11.02	46.33	750m:	11:19.58	45.87	1150m:	17:27.18	45.40			
	400m:	5:56.96	45.94	800m:	12:05.72	46.14	1200m:	18:12.72	45.54			

Masters 45+

1.	Roland Klein-Bölting	Bocholter WSV			18:58.52	074076			18:51.15		+1,09	
	50m:	33.66	33.66	450m:	5:37.48	38.80	850m:	10:43.37	38.10	1250m:	15:45.00	37.39
	100m:	1:10.21	36.55	500m:	6:15.33	37.85	900m:	11:21.53	38.16	1300m:	16:23.01	38.01
	150m:	1:47.21	37.00	550m:	6:53.66	38.33	950m:	11:59.37	37.84	1350m:	17:00.30	37.29
	200m:	2:25.19	37.98	600m:	7:31.92	38.26	1000m:	12:37.06	37.69	1400m:	17:38.17	37.87
	250m:	3:03.94	38.75	650m:	8:10.25	38.33	1050m:	13:14.66	37.60	1450m:	18:15.34	37.17
	300m:	3:41.70	37.76	700m:	8:48.64	38.39	1100m:	13:52.32	37.66	1500m:	18:51.15	35.81
	350m:	4:20.40	38.70	750m:	9:27.10	38.46	1150m:	14:30.02	37.70			
	400m:	4:58.68	38.28	800m:	10:05.27	38.17	1200m:	15:07.61	37.59			
2.	Jo-an Mudde	Zeester-Meerval			18:46.54	196701457			19:46.90		+0,84	
	50m:	34.42	34.42	450m:	5:48.98	39.96	850m:	11:11.24	39.93	1250m:	16:31.12	39.65
	100m:	1:12.76	38.34	500m:	6:29.22	40.24	900m:	11:51.56	40.32	1300m:	17:10.88	39.76
	150m:	1:51.38	38.62	550m:	7:10.01	40.79	950m:	12:31.33	39.77	1350m:	17:50.35	39.47
	200m:	2:30.44	39.06	600m:	7:50.60	40.59	1000m:	13:11.59	40.26	1400m:	18:29.70	39.35
	250m:	3:09.75	39.31	650m:	8:30.72	40.12	1050m:	13:51.60	40.01	1450m:	19:08.76	39.06
	300m:	3:49.09	39.34	700m:	9:10.70	39.98	1100m:	14:31.86	40.26	1500m:	19:46.90	38.14
	350m:	4:28.67	39.58	750m:	9:50.82	40.12	1150m:	15:11.61	39.75			
	400m:	5:09.02	40.35	800m:	10:31.31	40.49	1200m:	15:51.47	39.86			

Programmanr. 32, Heren, 1500m vrije slag, Masters 45+

rang	naam		vereniging			inschrijftijd		startnr.			tijd	RT
3.	Bert Schlicher		RZ			19:24.26		196400669			20:17.52	+0,85
	50m:	35.59	35.59	450m:	6:01.94	40.79	850m:	11:29.98	41.26	1250m:	16:56.11	41.36
	100m:	1:15.04	39.45	500m:	6:42.73	40.79	900m:	12:10.05	40.07	1300m:	17:36.96	40.85
	150m:	1:55.88	40.84	550m:	7:23.78	41.05	950m:	12:50.69	40.64	1350m:	18:17.63	40.67
	200m:	2:36.77	40.89	600m:	8:04.68	40.90	1000m:	13:31.58	40.89	1400m:	18:58.45	40.82
	250m:	3:18.32	41.55	650m:	8:45.41	40.73	1050m:	14:12.28	40.70	1450m:	19:38.74	40.29
	300m:	3:59.38	41.06	700m:	9:26.06	40.65	1100m:	14:53.06	40.78	1500m:	20:17.52	38.78
	350m:	4:40.14	40.76	750m:	10:07.00	40.94	1150m:	15:33.73	40.67			
	400m:	5:21.15	41.01	800m:	10:48.72	41.72	1200m:	16:14.75	41.02			
4.	Joost de Kroon		AquAmigos			21:48.89		196400999			21:43.33	+1,13
	50m:	39.03	39.03	450m:	6:28.67	43.76	850m:	12:20.75	43.23	1250m:	18:10.17	43.41
	100m:	1:21.48	42.45	500m:	7:13.08	44.41	900m:	13:04.68	43.93	1300m:	18:53.88	43.71
	150m:	2:04.99	43.51	550m:	7:57.35	44.27	950m:	13:48.31	43.63	1350m:	19:37.05	43.17
	200m:	2:48.91	43.92	600m:	8:41.60	44.25	1000m:	14:31.78	43.47	1400m:	20:21.34	44.29
	250m:	3:32.64	43.73	650m:	9:25.24	43.64	1050m:	15:15.12	43.34	1450m:	21:03.92	42.58
	300m:	4:17.10	44.46	700m:	10:09.83	44.59	1100m:	15:59.13	44.01	1500m:	21:43.33	39.41
	350m:	5:01.28	44.18	750m:	10:53.28	43.45	1150m:	16:42.60	43.47			
	400m:	5:44.91	43.63	800m:	11:37.52	44.24	1200m:	17:26.76	44.16			
5.	Vincent Bisaga		CN Val de Fensch			22:11.75		314121			23:09.71	+0,96
	50m:	39.47	39.47	450m:	6:44.00	46.87	850m:	12:58.73	46.62	1250m:	19:15.81	47.09
	100m:	1:22.42	42.95	500m:	7:30.74	46.74	900m:	13:46.34	47.61	1300m:	20:02.96	47.15
	150m:	2:06.72	44.30	550m:	8:17.28	46.54	950m:	14:33.12	46.78	1350m:	20:50.17	47.21
	200m:	2:52.07	45.35	600m:	9:04.29	47.01	1000m:	15:20.08	46.96	1400m:	21:37.13	46.96
	250m:	3:37.81	45.74	650m:	9:50.61	46.32	1050m:	16:06.71	46.63	1450m:	22:23.84	46.71
	300m:	4:23.80	45.99	700m:	10:37.85	47.24	1100m:	16:53.99	47.28	1500m:	23:09.71	45.87
	350m:	5:10.30	46.50	750m:	11:24.74	46.89	1150m:	17:41.40	47.41			
	400m:	5:57.13	46.83	800m:	12:12.11	47.37	1200m:	18:28.72	47.32			
6.	Eric Tijms		OEZA			25:43.86		196401125			25:01.16	+1,03
	50m:	41.43	41.43	450m:	7:20.75	50.85	850m:	14:07.39	50.77	1250m:	20:51.30	50.13
	100m:	1:27.91	46.48	500m:	8:11.58	50.83	900m:	14:58.61	51.22	1300m:	21:42.74	51.44
	150m:	2:17.13	49.22	550m:	9:01.90	50.32	950m:	15:49.22	50.61	1350m:	22:32.46	49.72
	200m:	3:06.57	49.44	600m:	9:53.74	51.84	1000m:	16:39.84	50.62	1400m:	23:23.34	50.88
	250m:	3:56.59	50.02	650m:	10:44.47	50.73	1050m:	17:29.62	49.78	1450m:	24:12.87	49.53
	300m:	4:47.75	51.16	700m:	11:35.70	51.23	1100m:	18:20.35	50.73	1500m:	25:01.16	48.29
	350m:	5:38.39	50.64	750m:	12:26.35	50.65	1150m:	19:10.13	49.78			
	400m:	6:29.90	51.51	800m:	13:16.62	50.27	1200m:	20:01.17	51.04			
7.	Jean-Claude Callens		Royal DM			27:21.71		DM/601/67			26:24.65	+1,14
	50m:	45.34	45.34	450m:	7:39.52	52.02	850m:	14:44.49	53.54	1250m:	21:56.31	54.19
	100m:	1:34.59	49.25	500m:	8:31.91	52.39	900m:	15:37.20	52.71	1300m:	22:51.35	55.04
	150m:	2:25.51	50.92	550m:	9:24.16	52.25	950m:	16:30.75	53.55	1350m:	23:45.65	54.30
	200m:	3:17.44	51.93	600m:	10:15.91	51.75	1000m:	17:24.24	53.49	1400m:	24:41.09	55.44
	250m:	4:10.18	52.74	650m:	11:10.05	54.14	1050m:	18:18.83	54.59	1450m:	25:36.59	55.50
	300m:	5:02.38	52.20	700m:	12:03.69	53.64	1100m:	19:12.89	54.06	1500m:	26:24.65	48.06
	350m:	5:55.36	52.98	750m:	12:58.02	54.33	1150m:	20:07.50	54.61			
	400m:	6:47.50	52.14	800m:	13:50.95	52.93	1200m:	21:02.12	54.62			

Masters 50+

1.	Marten de Groot	HZ&PC Heerenveen			19:10.50	195800149			18:54.97	+0,84		
	Nederlands Masters Record											
	50m:	34.66	34.66	450m:	5:37.29	37.36	850m:	10:40.88	37.97	1250m:	15:46.79	37.93
	100m:	1:12.15	37.49	500m:	6:15.14	37.85	900m:	11:19.21	38.33	1300m:	16:25.35	38.56
	150m:	1:49.95	37.80	550m:	6:52.89	37.75	950m:	11:57.74	38.53	1350m:	17:03.58	38.23
	200m:	2:28.20	38.25	600m:	7:30.81	37.92	1000m:	12:36.08	38.34	1400m:	17:41.95	38.37
	250m:	3:06.44	38.24	650m:	8:08.69	37.88	1050m:	13:14.30	38.22	1450m:	18:19.49	37.54
	300m:	3:44.19	37.75	700m:	8:46.65	37.96	1100m:	13:52.52	38.22	1500m:	18:54.97	35.48
	350m:	4:21.81	37.62	750m:	9:24.70	38.05	1150m:	14:30.43	37.91			
	400m:	4:59.93	38.12	800m:	10:02.91	38.21	1200m:	15:08.86	38.43			
2.	Elzo Dijkhuis	TriVia			20:12.92	196000873			20:43.68	+1,20		
	50m:	35.65	35.65	450m:	6:08.00	41.78	850m:	11:41.51	42.07	1250m:	17:17.31	42.01
	100m:	1:15.57	39.92	500m:	6:49.17	41.17	900m:	12:23.03	41.52	1300m:	17:59.10	41.79
	150m:	1:57.11	41.54	550m:	7:31.03	41.86	950m:	13:05.10	42.07	1350m:	18:41.38	42.28
	200m:	2:38.46	41.35	600m:	8:12.70	41.67	1000m:	13:46.71	41.61	1400m:	19:23.39	42.01
	250m:	3:20.88	42.42	650m:	8:54.44	41.74	1050m:	14:29.27	42.56	1450m:	20:03.70	40.31
	300m:	4:02.76	41.88	700m:	9:35.88	41.44	1100m:	15:11.08	41.81	1500m:	20:43.68	39.98
	350m:	4:44.58	41.82	750m:	10:17.95	42.07	1150m:	15:53.06	41.98			
	400m:	5:26.22	41.64	800m:	10:59.44	41.49	1200m:	16:35.30	42.24			

Programmanr. 32, Heren, 1500m vrije slag, Masters 50+

rang	naam		vereniging		inschrijftijd		startnr.		tijd	RT		
3.	Otto Zeijpveld		Aquapoldro		20:28.33		195800497		20:45.49	+0,91		
	50m:	36.00	36.00	450m:	6:14.93	42.05	850m:	11:51.05	41.45	1250m:	17:24.28	41.41
	100m:	1:17.43	41.43	500m:	6:57.14	42.21	900m:	12:32.88	41.83	1300m:	18:05.47	41.19
	150m:	1:59.83	42.40	550m:	7:39.13	41.99	950m:	13:14.52	41.64	1350m:	18:46.23	40.76
	200m:	2:42.83	43.00	600m:	8:21.61	42.48	1000m:	13:56.03	41.51	1400m:	19:26.83	40.60
	250m:	3:25.30	42.47	650m:	9:03.63	42.02	1050m:	14:38.11	42.08	1450m:	20:06.86	40.03
	300m:	4:08.00	42.70	700m:	9:45.92	42.29	1100m:	15:19.87	41.76	1500m:	20:45.49	38.63
	350m:	4:50.33	42.33	750m:	10:27.48	41.56	1150m:	16:01.28	41.41			
	400m:	5:32.88	42.55	800m:	11:09.60	42.12	1200m:	16:42.87	41.59			
4.	Marius Ros		ZCNF'34		20:07.18		195900779		20:52.75	+0,85		
	50m:	37.47	37.47	450m:	6:10.13	42.09	850m:	11:45.77	42.12	1250m:	17:24.53	41.95
	100m:	1:18.10	40.63	500m:	6:52.07	41.94	900m:	12:28.25	42.48	1300m:	18:07.30	42.77
	150m:	1:59.41	41.31	550m:	7:33.87	41.80	950m:	13:10.42	42.17	1350m:	18:49.28	41.98
	200m:	2:41.27	41.86	600m:	8:16.16	42.29	1000m:	13:52.58	42.16	1400m:	19:31.52	42.24
	250m:	3:22.75	41.48	650m:	8:57.59	41.43	1050m:	14:34.98	42.40	1450m:	20:13.40	41.88
	300m:	4:04.39	41.64	700m:	9:39.75	42.16	1100m:	15:17.45	42.47	1500m:	20:52.75	39.35
	350m:	4:45.97	41.58	750m:	10:21.77	42.02	1150m:	15:59.93	42.48			
	400m:	5:28.04	42.07	800m:	11:03.65	41.88	1200m:	16:42.58	42.65			
5.	Mark Kas		PLONS		21:50.07		196100285		21:51.26	+0,87		
	50m:	37.28	37.28	450m:	6:25.76	43.73	850m:	12:16.79	43.31	1250m:	18:11.05	44.31
	100m:	1:19.72	42.44	500m:	7:09.88	44.12	900m:	13:00.63	43.84	1300m:	18:55.58	44.53
	150m:	2:02.80	43.08	550m:	7:53.64	43.76	950m:	13:45.08	44.45	1350m:	19:40.30	44.72
	200m:	2:46.45	43.65	600m:	8:37.54	43.90	1000m:	14:29.70	44.62	1400m:	20:24.73	44.43
	250m:	3:30.25	43.80	650m:	9:21.37	43.83	1050m:	15:14.02	44.32	1450m:	21:08.11	43.38
	300m:	4:14.29	44.04	700m:	10:05.61	44.24	1100m:	15:58.46	44.44	1500m:	21:51.26	43.15
	350m:	4:58.22	43.93	750m:	10:49.22	43.61	1150m:	16:42.22	43.76			
	400m:	5:42.03	43.81	800m:	11:33.48	44.26	1200m:	17:26.74	44.52			
6.	Paul van der Voort		De Zwoer		21:47.95		196200715		22:05.31	+1,05		
	50m:	36.85	36.85	450m:	6:31.43	44.80	850m:	12:30.88	44.79	1250m:	18:28.57	45.30
	100m:	1:19.58	42.73	500m:	7:16.79	45.36	900m:	13:15.63	44.75	1300m:	19:13.40	44.83
	150m:	2:04.06	44.48	550m:	8:01.42	44.63	950m:	14:00.34	44.71	1350m:	19:58.79	45.39
	200m:	2:48.30	44.24	600m:	8:46.40	44.98	1000m:	14:44.69	44.35	1400m:	20:43.12	44.33
	250m:	3:32.34	44.04	650m:	9:31.04	44.64	1050m:	15:28.58	43.89	1450m:	21:27.10	43.98
	300m:	4:17.53	45.19	700m:	10:15.88	44.84	1100m:	16:13.26	44.68	1500m:	22:05.31	38.21
	350m:	5:01.91	44.38	750m:	11:01.14	45.26	1150m:	16:58.68	45.42			
	400m:	5:46.63	44.72	800m:	11:46.09	44.95	1200m:	17:43.27	44.59			
7.	Wim Wijtes		Aqua-Novio'94		22:14.72		195800483		22:15.42	+0,85		
	50m:	38.69	38.69	450m:	6:32.60	45.14	850m:	12:33.43	44.98	1250m:	18:34.73	45.28
	100m:	1:20.88	42.19	500m:	7:17.57	44.97	900m:	13:18.75	45.32	1300m:	19:19.21	44.48
	150m:	2:04.62	43.74	550m:	8:02.48	44.91	950m:	14:04.00	45.25	1350m:	20:03.57	44.36
	200m:	2:48.57	43.95	600m:	8:47.80	45.32	1000m:	14:49.55	45.55	1400m:	20:48.16	44.59
	250m:	3:33.01	44.44	650m:	9:33.08	45.28	1050m:	15:34.76	45.21	1450m:	21:32.22	44.06
	300m:	4:17.60	44.59	700m:	10:18.18	45.10	1100m:	16:19.52	44.76	1500m:	22:15.42	43.20
	350m:	5:02.58	44.98	750m:	11:03.07	44.89	1150m:	17:04.29	44.77			
	400m:	5:47.46	44.88	800m:	11:48.45	45.38	1200m:	17:49.45	45.16			
8.	Bart van Calker		WS Twente		23:10.68		196100067		23:52.47	+1,03		
	50m:	43.67	43.67	450m:	7:10.36	47.97	850m:	13:37.14	48.46	1250m:	20:00.49	47.54
	100m:	1:31.28	47.61	500m:	7:58.98	48.62	900m:	14:25.29	48.15	1300m:	20:49.05	48.56
	150m:	2:19.80	48.52	550m:	8:46.78	47.80	950m:	15:13.74	48.45	1350m:	21:36.82	47.77
	200m:	3:08.14	48.34	600m:	9:34.96	48.18	1000m:	16:01.09	47.35	1400m:	22:24.73	47.91
	250m:	3:56.41	48.27	650m:	10:22.82	47.86	1050m:	16:48.16	47.07	1450m:	23:10.20	45.47
	300m:	4:44.72	48.31	700m:	11:12.06	49.24	1100m:	17:36.18	48.02	1500m:	23:52.47	42.27
	350m:	5:34.01	49.29	750m:	12:00.26	48.20	1150m:	18:25.27	49.09			
	400m:	6:22.39	48.38	800m:	12:48.68	48.42	1200m:	19:12.95	47.68			
9.	Jan Willem Heuten		WS Twente		23:33.18		196000883		24:31.43	+0,98		
	50m:	44.46	44.46	450m:	7:21.22	51.03	850m:	13:58.87	50.22	1250m:	20:36.39	50.49
	100m:	1:32.19	47.73	500m:	8:10.35	49.13	900m:	14:48.21	49.34	1300m:	21:24.63	48.24
	150m:	2:21.87	49.68	550m:	9:00.11	49.76	950m:	15:38.97	50.76	1350m:	22:13.61	48.98
	200m:	3:10.45	48.58	600m:	9:48.57	48.46	1000m:	16:28.59	49.62	1400m:	23:01.26	47.65
	250m:	4:00.60	50.15	650m:	10:38.54	49.97	1050m:	17:19.21	50.62	1450m:	23:48.49	47.23
	300m:	4:50.22	49.62	700m:	11:28.03	49.49	1100m:	18:08.14	48.93	1500m:	24:31.43	42.94
	350m:	5:40.28	50.06	750m:	12:19.03	51.00	1150m:	18:57.19	49.05			
	400m:	6:30.19	49.91	800m:	13:08.65	49.62	1200m:	19:45.90	48.71			
10.	Jeroen Ouendag		GoSwim		25:03.53		195900725		26:24.88	+1,24		
	50m:	44.68	44.68	450m:	7:43.27	52.97	850m:	14:51.03	53.53	1250m:	22:04.78	54.04
	100m:	1:34.72	50.04	500m:	8:36.07	52.80	900m:	15:44.83	53.80	1300m:	22:57.95	53.17
	150m:	2:25.28	50.56	550m:	9:29.21	53.14	950m:	16:39.17	54.34	1350m:	23:52.43	54.48
	200m:	3:19.07	53.79	600m:	10:22.81	53.60	1000m:	17:33.14	53.97	1400m:	24:46.56	54.13
	250m:	4:11.44	52.37	650m:	11:16.10	53.29	1050m:	18:26.47	53.33	1450m:	25:39.53	52.97
	300m:	5:04.18	52.74	700m:	12:09.99	53.89	1100m:	19:20.48	54.01	1500m:	26:24.88	45.35
	350m:	5:57.57	53.39	750m:	13:03.63	53.64	1150m:	20:14.63	54.15			
	400m:	6:50.30	52.73	800m:	13:57.50	53.87	1200m:	21:10.74	56.11			

Programmanr. 32, Heren, 1500m vrije slag, Masters 50+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
AFGEM	Peter Marc de Rooij	Zwemlust-den Hommel	22:15.62	196100829		

Masters 55+

1.	Henk Slomp		De Pinquin		21:19.13	195500359		22:17.18	+0,93			
	50m:	37.25	37.25	450m:	6:30.90	44.80	850m:	12:30.23	45.89	1250m:	18:34.67	45.34
	100m:	1:20.49	43.24	500m:	7:14.70	43.80	900m:	13:15.00	44.77	1300m:	19:21.20	46.53
	150m:	2:04.94	44.45	550m:	7:59.07	44.37	950m:	14:00.68	45.68	1350m:	20:06.38	45.18
	200m:	2:48.99	44.05	600m:	8:43.65	44.58	1000m:	14:45.11	44.43	1400m:	20:52.83	46.45
	250m:	3:32.89	43.90	650m:	9:28.78	45.13	1050m:	15:30.38	45.27	1450m:	21:36.69	43.86
	300m:	4:17.29	44.40	700m:	10:13.79	45.01	1100m:	16:17.41	47.03	1500m:	22:17.18	40.49
	350m:	5:01.39	44.10	750m:	10:59.54	45.75	1150m:	17:02.42	45.01			
	400m:	5:46.10	44.71	800m:	11:44.34	44.80	1200m:	17:49.33	46.91			
2.	Emiel van Elderen		ZVVS		22:40.11	195600383		23:05.10	+1,21			
	50m:	40.60	40.60	450m:	6:44.66	46.00	850m:	12:58.80	46.51	1250m:	19:13.39	46.74
	100m:	1:24.64	44.04	500m:	7:31.79	47.13	900m:	13:46.31	47.51	1300m:	19:59.76	46.37
	150m:	2:08.71	44.07	550m:	8:18.31	46.52	950m:	14:32.76	46.45	1350m:	20:46.19	46.43
	200m:	2:54.12	45.41	600m:	9:05.06	46.75	1000m:	15:19.73	46.97	1400m:	21:32.76	46.57
	250m:	3:39.11	44.99	650m:	9:51.43	46.37	1050m:	16:06.35	46.62	1450m:	22:19.16	46.40
	300m:	4:25.50	46.39	700m:	10:38.56	47.13	1100m:	16:53.35	47.00	1500m:	23:05.10	45.94
	350m:	5:11.51	46.01	750m:	11:25.11	46.55	1150m:	17:39.61	46.26			
	400m:	5:58.66	47.15	800m:	12:12.29	47.18	1200m:	18:26.65	47.04			
3.	Paul Bunnik		Triton		23:14.52	195600413		23:11.21	+1,09			
	50m:	38.36	38.36	450m:	6:46.77	47.21	850m:	13:01.66	46.59	1250m:	19:20.68	47.39
	100m:	1:22.11	43.75	500m:	7:33.44	46.67	900m:	13:49.11	47.45	1300m:	20:08.01	47.33
	150m:	2:07.26	45.15	550m:	8:20.13	46.69	950m:	14:36.91	47.80	1350m:	20:55.20	47.19
	200m:	2:53.23	45.97	600m:	9:07.34	47.21	1000m:	15:24.30	47.39	1400m:	21:43.04	47.84
	250m:	3:39.16	45.93	650m:	9:54.18	46.84	1050m:	16:11.21	46.91	1450m:	22:27.73	44.69
	300m:	4:25.91	46.75	700m:	10:40.89	46.71	1100m:	16:58.10	46.89	1500m:	23:11.21	43.48
	350m:	5:12.80	46.89	750m:	11:27.39	46.50	1150m:	17:45.81	47.71			
	400m:	5:59.56	46.76	800m:	12:15.07	47.68	1200m:	18:33.29	47.48			
4.	Hugo Staudt		WS Twente		22:48.53	195300253		23:20.84	+0,92			
	50m:	40.17	40.17	450m:	6:54.87	46.89	850m:	13:11.87	46.54	1250m:	19:27.51	46.77
	100m:	1:25.92	45.75	500m:	7:41.94	47.07	900m:	13:59.14	47.27	1300m:	20:14.60	47.09
	150m:	2:12.46	46.54	550m:	8:29.22	47.28	950m:	14:46.09	46.95	1350m:	21:00.77	46.17
	200m:	2:59.82	47.36	600m:	9:16.53	47.31	1000m:	15:32.83	46.74	1400m:	21:48.35	47.58
	250m:	3:46.50	46.68	650m:	10:03.37	46.84	1050m:	16:19.82	46.99	1450m:	22:35.18	46.83
	300m:	4:33.71	47.21	700m:	10:50.59	47.22	1100m:	17:06.56	46.74	1500m:	23:20.84	45.66
	350m:	5:20.71	47.00	750m:	11:37.95	47.36	1150m:	17:53.38	46.82			
	400m:	6:07.98	47.27	800m:	12:25.33	47.38	1200m:	18:40.74	47.36			
5.	Lex Hoogendam		MNC Dordrecht		22:54.48	195700541		23:35.11	+1,24			
	50m:	39.13	39.13	450m:	6:51.59	46.96	850m:	13:13.14	47.35	1250m:	19:36.60	48.22
	100m:	1:23.47	44.34	500m:	7:39.66	48.07	900m:	14:00.95	47.81	1300m:	20:24.87	48.27
	150m:	2:09.29	45.82	550m:	8:26.74	47.08	950m:	14:48.69	47.74	1350m:	21:13.31	48.44
	200m:	2:56.07	46.78	600m:	9:14.57	47.83	1000m:	15:36.89	48.20	1400m:	22:01.52	48.21
	250m:	3:42.92	46.85	650m:	10:01.82	47.25	1050m:	16:24.54	47.65	1450m:	22:49.62	48.10
	300m:	4:29.92	47.00	700m:	10:49.90	48.08	1100m:	17:12.41	47.87	1500m:	23:35.11	45.49
	350m:	5:17.11	47.19	750m:	11:37.56	47.66	1150m:	18:00.13	47.72			
	400m:	6:04.63	47.52	800m:	12:25.79	48.23	1200m:	18:48.38	48.25			

AFGEM	Peter Kauch	SV Gladbeck 13	20:53.63	073094		
-------	-------------	----------------	----------	--------	--	--

Masters 60+

1.	Wout Hemmes			De Plons			22:58.49	194800059			23:16.82			+0.94
	50m:	39.90	39.90	450m:	6:54.06	47.37	850m:	13:11.44	47.75	1250m:	19:26.30	46.67		
	100m:	1:25.10	45.20	500m:	7:41.09	47.03	900m:	13:58.11	46.67	1300m:	20:14.08	47.78		
	150m:	2:12.27	47.17	550m:	8:28.10	47.01	950m:	14:44.64	46.53	1350m:	21:01.90	47.82		
	200m:	2:59.76	47.49	600m:	9:15.15	47.05	1000m:	15:31.37	46.73	1400m:	21:47.47	45.57		
	250m:	3:47.05	47.29	650m:	10:02.36	47.21	1050m:	16:17.69	46.32	1450m:	22:33.28	45.81		
	300m:	4:33.74	46.69	700m:	10:49.62	47.26	1100m:	17:05.43	47.74	1500m:	23:16.82	43.54		
	350m:	5:20.72	46.98	750m:	11:36.45	46.83	1150m:	17:53.15	47.72					
	400m:	6:06.69	45.97	800m:	12:23.69	47.24	1200m:	18:39.63	46.48					
2.	Piet Schop			De Bevelanders			24:20.40	195000109			24:40.06			
	50m:	43.33	43.33	450m:	7:21.60	50.20	850m:	14:03.19	50.91	1250m:	20:39.10	50.44		
	100m:	1:30.86	47.53	500m:	8:10.65	49.05	900m:	14:52.08	48.89	1300m:	21:28.16	49.06		
	150m:	2:20.21	49.35	550m:	9:01.57	50.92	950m:	15:42.46	50.38	1350m:	22:17.47	49.31		
	200m:	3:10.97	50.76	600m:	9:51.63	50.06	1000m:	16:31.75	49.29	1400m:	23:04.93	47.46		
	250m:	4:01.60	50.63	650m:	10:41.49	49.86	1050m:	17:21.07	49.32	1450m:	23:54.17	49.24		
	300m:	4:51.20	49.60	700m:	11:32.10	50.61	1100m:	18:09.70	48.63	1500m:	24:40.06	45.89		
	350m:	5:41.69	50.49	750m:	12:22.24	50.14	1150m:	18:59.13	49.43					
	400m:	6:31.40	49.71	800m:	13:12.28	50.04	1200m:	19:48.66	49.53					

Programmanr. 32, Heren, 1500m vrije slag

Masters 65+

1. Donald Uijtenbogaart	Het Y	20:23.60	194700107	21:24.55	+0,89
<i>Kampioenschaps Record</i>					
50m:	38.55	38.55	450m:	6:19.95	42.46
100m:	1:20.73	42.18	500m:	7:02.50	42.55
150m:	2:03.51	42.78	550m:	7:45.31	42.81
200m:	2:46.89	43.38	600m:	8:28.24	42.93
250m:	3:29.84	42.95	650m:	9:10.84	42.60
300m:	4:12.59	42.75	700m:	9:54.03	43.19
350m:	4:54.92	42.33	750m:	10:36.77	42.74
400m:	5:37.49	42.57	800m:	11:19.77	43.00
			850m:	12:02.88	43.11
			900m:	12:46.05	43.17
			950m:	13:29.01	42.96
			1000m:	14:12.30	43.29
			1050m:	14:55.37	43.07
			1100m:	15:38.89	43.52
			1150m:	16:22.06	43.17
			1200m:	17:05.50	43.44
			1250m:	17:48.36	42.86
			1300m:	18:33.24	44.88
			1350m:	19:16.67	43.43
			1400m:	19:59.99	43.32
			1450m:	20:43.35	43.36
			1500m:	21:24.55	41.20
2. Rob Hanou	PSV	24:48.26	194300109	25:25.16	+0,99
50m:	41.64	41.64	450m:	7:31.66	51.21
100m:	1:30.24	48.60	500m:	8:23.18	51.52
150m:	2:21.63	51.39	550m:	9:14.82	51.64
200m:	3:13.31	51.68	600m:	10:06.52	51.70
250m:	4:04.98	51.67	650m:	10:57.52	51.00
300m:	4:56.57	51.59	700m:	11:49.11	51.59
350m:	5:47.97	51.40	750m:	12:39.92	50.81
400m:	6:40.45	52.48	800m:	13:31.48	51.56
			850m:	14:22.91	51.43
			900m:	15:13.71	50.80
			950m:	16:05.37	51.66
			1000m:	16:56.94	51.57
			1050m:	17:48.20	51.26
			1100m:	18:39.28	51.08
			1150m:	19:30.34	51.06
			1200m:	20:21.87	51.53
			1250m:	21:12.59	50.72
			1300m:	22:03.76	51.17
			1350m:	22:53.96	50.20
			1400m:	23:45.82	51.86
			1450m:	24:35.44	49.62
			1500m:	25:25.16	49.72
3. Bob Arendsen	De Futen	27:53.05	194400005	28:53.90	
50m:	48.61	48.61	450m:	8:28.54	1:00.30
100m:	1:43.23	54.62	500m:	9:28.07	59.53
150m:	2:39.84	56.61	550m:	10:28.42	1:00.35
200m:	3:37.56	57.72	600m:	11:26.74	58.32
250m:	4:34.82	57.26	650m:	12:25.56	58.82
300m:	5:33.12	58.30	700m:	13:23.53	57.97
350m:	6:30.73	57.61	750m:	14:22.29	58.76
400m:	7:28.24	57.51	800m:	15:20.95	58.66
			850m:	16:19.72	58.77
			900m:	17:17.65	57.93
			950m:	18:16.94	59.29
			1000m:	19:15.19	58.25
			1050m:	20:13.51	58.32
			1100m:	21:11.27	57.76
			1150m:	22:10.19	58.92
			1200m:	23:10.22	1:00.03
			1250m:	24:09.90	59.68
			1300m:	25:07.38	57.48
			1350m:	26:05.44	58.06
			1400m:	27:01.67	56.23
			1450m:	27:59.01	57.34
			1500m:	28:53.90	54.89

Masters 70+

1. Nico Geers	Z&PC De Gouwe	24:00.58	193800007	24:06.13	+1,04
50m:	43.21	43.21	450m:	7:14.29	48.26
100m:	1:31.09	47.88	500m:	8:04.24	49.95
150m:	2:19.84	48.75	550m:	8:52.58	48.34
200m:	3:09.52	49.68	600m:	9:41.74	49.16
250m:	3:58.46	48.94	650m:	10:31.00	49.26
300m:	4:47.46	49.00	700m:	11:20.14	49.14
350m:	5:36.63	49.17	750m:	12:08.88	48.74
400m:	6:26.03	49.40	800m:	12:57.59	48.71
			850m:	13:46.12	48.53
			900m:	14:35.64	49.52
			950m:	15:23.66	48.02
			1000m:	16:13.97	50.31
			1050m:	17:01.62	47.65
			1100m:	17:50.84	49.22
			1150m:	18:38.26	47.42
			1200m:	19:27.74	49.48
			1250m:	20:15.61	47.87
			1300m:	21:04.54	48.93
			1350m:	21:52.29	47.75
			1400m:	22:39.24	46.95
			1450m:	23:24.50	45.26
			1500m:	24:06.13	41.63

AFGEM Manfred Bottin SV Langenfeld 1912 26:59.39 57993

Masters 75+

1. Gregor Pompen	Aqua-Novio'94	27:38.18	193700021	29:13.64	+0,97
50m:	51.34	51.34	450m:	8:36.96	57.90
100m:	1:48.54	57.20	500m:	9:36.12	59.16
150m:	2:46.10	57.56	550m:	10:34.10	57.98
200m:	3:45.10	59.00	600m:	11:33.76	59.66
250m:	4:43.21	58.11	650m:	12:31.68	57.92
300m:	5:42.18	58.97	700m:	13:31.63	59.95
350m:	6:40.38	58.20	750m:	14:29.77	58.14
400m:	7:39.06	58.68	800m:	15:30.06	1:00.29
			850m:	16:29.00	58.94
			900m:	17:29.66	1:00.66
			950m:	18:28.46	58.80
			1000m:	19:28.77	1:00.31
			1050m:	20:27.50	58.73
			1100m:	21:28.42	1:00.92
			1150m:	22:27.04	58.62
			1200m:	23:27.06	1:00.02
			1250m:	24:25.45	58.39
			1300m:	25:25.27	59.82
			1350m:	26:23.31	58.04
			1400m:	27:22.14	58.83
			1450m:	28:18.75	56.61
			1500m:	29:13.64	54.89