

Programmanr. 14
05-05-2012 - 9:00

Heren, 400m vrije slag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
Masters 20+						
1.	Gil Rogiers	RSCM	4:14.64	RSCM/336/90	4:28.28	+0,74
	50m: 30.37	150m: 1:38.48	250m: 2:46.45	350m: 3:54.84	34.04	
	100m: 1:04.16	200m: 2:12.65	300m: 3:20.80	400m: 4:28.28	33.44	
2.	Joost Rijntjes	LZ 1886	4:16.54	199101899	4:29.41	+0,77
	50m: 29.19	150m: 1:36.81	250m: 2:46.27	350m: 3:55.57	34.46	
	100m: 1:02.73	200m: 2:11.53	300m: 3:21.11	400m: 4:29.41	33.84	
3.	Rick van Hamond	De Dommelbaarzen	4:34.10	199205873	4:41.74	+0,78
	50m: 31.33	150m: 1:43.46	250m: 2:56.07	350m: 4:07.70	35.47	
	100m: 1:06.50	200m: 2:20.35	300m: 3:32.23	400m: 4:41.74	34.04	
4.	Tim Bunnik	Triton	4:46.96	199000505	4:43.70	+0,85
	50m: 32.27	150m: 1:44.50	250m: 2:57.75	350m: 4:09.61	35.82	
	100m: 1:07.70	200m: 2:22.16	300m: 3:33.79	400m: 4:43.70	34.09	
5.	Klaas van Beek	ZV Haerlem	4:53.77	198805941	4:50.76	+0,76
	50m: 31.46	150m: 1:42.18	250m: 2:55.96	350m: 4:12.41	38.53	
	100m: 1:06.12	200m: 2:19.08	300m: 3:33.88	400m: 4:50.76	38.35	
6.	Nicolas Degalan	CNBA	4:54.91	CNBA/777/89	4:52.18	+0,76
	50m: 32.47	150m: 1:44.81	250m: 2:59.58	350m: 4:15.12	37.65	
	100m: 1:08.41	200m: 2:22.23	300m: 3:37.47	400m: 4:52.18	37.06	
7.	Stefan Grudelbach	ZVVS	5:12.25	199202073	5:06.80	+0,73
	50m: 33.60	150m: 1:48.90	250m: 3:07.40	350m: 4:27.94	40.39	
	100m: 1:10.78	200m: 2:27.76	300m: 3:47.55	400m: 5:06.80	38.86	
8.	Michiel van Nesselrooij	D'Elft WAVE (SG)	5:01.05	199006877	5:20.64	+0,76
	50m: 34.50	150m: 1:54.63	250m: 3:17.74	350m: 4:40.55	41.36	
	100m: 1:13.70	200m: 2:36.37	300m: 3:59.19	400m: 5:20.64	40.09	
9.	Remco Joukes	Triton	5:24.43	198801763	5:36.43	+0,66
	50m: 33.87	150m: 1:53.42	250m: 3:20.85	350m: 4:51.10	45.87	
	100m: 1:12.28	200m: 2:36.08	300m: 4:05.23	400m: 5:36.43	45.33	
10.	Tom Fokkens	LZ 1886	6:03.18	198906645	6:03.90	+0,94
	50m: 39.14	150m: 2:08.62	250m: 3:42.51	350m: 5:17.43	47.17	
	100m: 1:23.08	200m: 2:55.62	300m: 4:30.26	400m: 6:03.90	46.47	

Masters 25+

1.	Erik Schröder	TriVia	4:06.32	198402025	4:17.03	+0,80
	50m: 28.95	150m: 1:33.98	250m: 2:40.34	350m: 3:46.65	33.36	
	100m: 1:00.71	200m: 2:07.01	300m: 3:13.29	400m: 4:17.03	30.38	
2.	Raymond van de Merwe	WVZ	4:01.52	198602077	4:17.55	+0,76
	50m: 29.35	150m: 1:34.01	250m: 2:40.17	350m: 3:47.22	33.57	
	100m: 1:01.24	200m: 2:06.89	300m: 3:13.65	400m: 4:17.55	30.33	
3.	Remco van Althuis	SBC2000	4:39.45	198300029	4:28.73	+0,86
	50m: 30.23	150m: 1:37.60	250m: 2:46.91	350m: 3:55.97	34.48	
	100m: 1:03.37	200m: 2:12.36	300m: 3:21.49	400m: 4:28.73	32.76	
4.	Rik op het Veld	Nayade	4:21.31	198602289	4:29.43	+0,78
	50m: 29.31	150m: 1:37.03	250m: 2:46.18	350m: 3:55.79	34.82	
	100m: 1:02.74	200m: 2:12.12	300m: 3:20.97	400m: 4:29.43	33.64	
5.	Kristiaan Lenos	LZ 1886	4:15.42	198301331	4:32.07	+0,76
	50m: 29.35	150m: 1:36.03	250m: 2:45.69	350m: 3:57.89	36.12	
	100m: 1:02.40	200m: 2:10.79	300m: 3:21.77	400m: 4:32.07	34.18	
6.	Sander Bouts	RZ	4:32.72	198500331	4:44.66	+0,86
	50m: 30.83	150m: 1:40.89	250m: 2:54.00	350m: 4:08.22	36.96	
	100m: 1:05.44	200m: 2:17.38	300m: 3:31.26	400m: 4:44.66	36.44	
7.	Ralf van der Poel	LZ 1886	4:27.01	198401783	4:48.51	+0,74
	50m: 30.35	150m: 1:40.31	250m: 2:55.01	350m: 4:11.42	38.01	
	100m: 1:04.52	200m: 2:17.42	300m: 3:33.41	400m: 4:48.51	37.09	
8.	Sylvain Faticoni	CHTHN	4:45.08	CHTHN/066/83	5:07.82	+0,79
	50m: 32.48	150m: 1:46.02	250m: 3:05.16	350m: 4:27.02	40.91	
	100m: 1:08.32	200m: 2:25.03	300m: 3:46.11	400m: 5:07.82	40.80	

onjuistheden / mistakes?

mail naar/ to: mastersinschrijvingen@knzb.nl

Splash Meet Manager 11, Build 18665

Registered to KNZB

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Programmanr. 14, Heren, 400m vrije slag, Masters 25+

rang	naam	vereniging		inschrijftijd		startnr.		tijd		RT
9.	Pascal van Kassel	Triton		5:16.73		198501289		5:12.34		+0,73
	50m: 32.99	32.99	150m: 1:49.84	39.02	250m: 3:10.96	40.52	350m: 4:33.97	41.00		
	100m: 1:10.82	37.83	200m: 2:30.44	40.60	300m: 3:52.97	42.01	400m: 5:12.34	38.37		
10.	Stéphane Charles	CNBA		6:04.89		CNBA/643/83		6:43.39		+1,04
	50m: 40.25	40.25	150m: 2:18.36	50.42	250m: 4:02.93	52.33	350m: 5:50.62	53.60		
	100m: 1:27.94	47.69	200m: 3:10.60	52.24	300m: 4:57.02	54.09	400m: 6:43.39	52.77		

Masters 30+

1.	Gergely Molnar		Sprint Fortuna SC		4:30.90	80Ger		4:32.08	+0,77			
	50m:	29.77	29.77	150m:	1:37.97	34.39	250m:	2:48.04	34.83	350m:	3:58.23	35.17
	100m:	1:03.58	33.81	200m:	2:13.21	35.24	300m:	3:23.06	35.02	400m:	4:32.08	33.85
2.	Marcel Reefhuis		De Veene		4:42.07	198101381		4:43.84	+0,81			
	50m:	32.47	32.47	150m:	1:44.19	36.67	250m:	2:57.40	36.46	350m:	4:10.20	36.17
	100m:	1:07.52	35.05	200m:	2:20.94	36.75	300m:	3:34.03	36.63	400m:	4:43.84	33.64
3.	Dirkjan Beugelsdijk		De Zijl/LGB		4:35.17	198100123		4:47.73	+0,82			
	50m:	32.17	32.17	150m:	1:44.83	37.04	250m:	2:58.19	36.84	350m:	4:12.25	37.13
	100m:	1:07.79	35.62	200m:	2:21.35	36.52	300m:	3:35.12	36.93	400m:	4:47.73	35.48
4.	Freddie Geerlings		Mosaqua Gulpen		5:07.22	197900379		4:52.28	+0,93			
	50m:	31.49	31.49	150m:	1:43.80	36.86	250m:	2:58.70	37.57	350m:	4:15.60	38.58
	100m:	1:06.94	35.45	200m:	2:21.13	37.33	300m:	3:37.02	38.32	400m:	4:52.28	36.68
5.	Jeroen Vogelsang		DAW		4:58.29	198001645		5:05.10	+0,90			
	50m:	32.79	32.79	150m:	1:47.47	38.63	250m:	3:05.65	40.50	350m:	4:26.10	40.92
	100m:	1:08.84	36.05	200m:	2:25.15	37.68	300m:	3:45.18	39.53	400m:	5:05.10	39.00
6.	Okko de Haas		ZV De Bron		5:02.61	197801593		5:22.74	+0,90			
	50m:	34.09	34.09	150m:	1:54.96	41.27	250m:	3:18.74	41.70	350m:	4:42.65	41.67
	100m:	1:13.69	39.60	200m:	2:37.04	42.08	300m:	4:00.98	42.24	400m:	5:22.74	40.09
7.	Steven Prins		PLONS		5:18.73	197901833		5:28.38	+0,76			
	50m:	34.28	34.28	150m:	1:53.37	39.99	250m:	3:18.00	42.10	350m:	4:45.44	43.96
	100m:	1:13.38	39.10	200m:	2:35.90	42.53	300m:	4:01.48	43.48	400m:	5:28.38	42.94
AFGEM	Koen de Haan		PSV		5:02.21	197801671						

Masters 35+

1.	Laurent Sibiril	SF Olympique Courbevoie	4:36.57	712991	4:36.18	+0,86		
	<i>Kampioenschaps Record</i>							
	50m: 31.71	31.71	150m: 1:41.00	35.02	250m: 2:51.72	35.19	350m: 4:01.95	34.83
	100m: 1:05.98	34.27	200m: 2:16.53	35.53	300m: 3:27.12	35.40	400m: 4:36.18	34.23
2.	Ivo Roozeboom	WVZ	4:37.79	197700801	4:42.73	+0,87		
	50m: 30.92	30.92	150m: 1:43.86	36.75	250m: 2:56.98	36.21	350m: 4:08.37	35.40
	100m: 1:07.11	36.19	200m: 2:20.77	36.91	300m: 3:32.97	35.99	400m: 4:42.73	34.36
3.	Edwin Kooren	De Vikings	5:27.04	197501277	5:02.67	+0,83		
	50m: 33.71	33.71	150m: 1:49.81	38.42	250m: 3:08.14	39.07	350m: 4:26.44	38.66
	100m: 1:11.39	37.68	200m: 2:29.07	39.26	300m: 3:47.78	39.64	400m: 5:02.67	36.23
4.	Ralf Peters	KZPC	4:33.59	197600737	5:03.04	+0,87		
	50m: 32.27	32.27	150m: 1:46.98	37.94	250m: 3:04.77	38.96	350m: 4:24.23	39.84
	100m: 1:09.04	36.77	200m: 2:25.81	38.83	300m: 3:44.39	39.62	400m: 5:03.04	38.81
5.	Mark Jansen	De Geul	5:08.22	197501045	5:06.67	+0,78		
	50m: 34.54	34.54	150m: 1:50.85	38.55	250m: 3:08.88	39.05	350m: 4:28.14	40.00
	100m: 1:12.30	37.76	200m: 2:29.83	38.98	300m: 3:48.14	39.26	400m: 5:06.67	38.53
6.	Vincent Bastin	CHTHN	4:56.50	CHTHN/342/77	5:10.22	+0,75		
	50m: 32.78	32.78	150m: 1:48.20	38.48	250m: 3:08.35	40.42	350m: 4:30.46	41.53
	100m: 1:09.72	36.94	200m: 2:27.93	39.73	300m: 3:48.93	40.58	400m: 5:10.22	39.76
7.	Svet Gavrilov	GLS Ketelbinkie	5:07.28	197501263	5:11.05	+0,83		
	50m: 35.34	35.34	150m: 1:52.27	38.70	250m: 3:10.81	39.37	350m: 4:31.41	40.88
	100m: 1:13.57	38.23	200m: 2:31.44	39.17	300m: 3:50.53	39.72	400m: 5:11.05	39.64
8.	Niels van Wageningen	D'Elft WAVE (SG)	5:15.34	197601335	5:16.79	+0,88		
	50m: 34.25	34.25	150m: 1:52.81	40.38	250m: 3:14.44	41.11	350m: 4:37.74	41.94
	100m: 1:12.43	38.18	200m: 2:33.33	40.52	300m: 3:55.80	41.36	400m: 5:16.79	39.05
9.	Daniel Wencker	Avan Villeneuve-D'Ascq	5:31.62	1540660	5:26.24	+1,03		
	50m: 37.09	37.09	150m: 2:00.36	41.63	250m: 3:24.17	40.72	350m: 4:47.70	41.42
	100m: 1:18.73	41.64	200m: 2:43.45	43.09	300m: 4:06.28	42.11	400m: 5:26.24	38.54

Programmanr. 14, Heren, 400m vrije slag, Masters 35+

rang	naam	vereniging	inschrijftijd		startnr.	tijd		RT
10.	Gertjan v.d. Knaap	De Duck	5:11.58		197300459	5:30.09		+0,86
	50m: 35.50	150m: 1:53.39	39.86	250m: 3:17.86	43.27	350m: 4:45.64	44.32	
	100m: 1:13.53	200m: 2:34.59	41.20	300m: 4:01.32	43.46	400m: 5:30.09	44.45	

Masters 40+

1.	Arjan Bellaart		Oceanus	4:49.21	196900079	4:48.60	+0,83							
		50m:	31.79	31.79	150m:	1:43.63		36.07	250m:	2:57.65	36.99	350m:	4:12.53	37.49
		100m:	1:07.56	35.77	200m:	2:20.66		37.03	300m:	3:35.04	37.39	400m:	4:48.60	36.07
2.	Tamás Gazinszky		Budapesti Delfinek	4:57.16	71Gaz	4:56.84	+0,89							
		50m:	33.13	33.13	150m:	1:47.26		37.76	250m:	3:03.93	38.49	350m:	4:19.78	37.90
		100m:	1:09.50	36.37	200m:	2:25.44		38.18	300m:	3:41.88	37.95	400m:	4:56.84	37.06
3.	Richard Ricksen		HGN (SG)	4:38.68	197000841	4:58.55	+0,86							
		50m:	33.63	33.63	150m:	1:47.83		37.23	250m:	3:04.08	37.92	350m:	4:21.47	38.80
		100m:	1:10.60	36.97	200m:	2:26.16		38.33	300m:	3:42.67	38.59	400m:	4:58.55	37.08
4.	Konstantin Sklyar		TG Lage 1862	5:02.48	321129	5:03.38	+0,81							
		50m:	33.74	33.74	150m:	1:49.03		38.52	250m:	3:07.53	39.35	350m:	4:26.24	39.23
		100m:	1:10.51	36.77	200m:	2:28.18		39.15	300m:	3:47.01	39.48	400m:	5:03.38	37.14
5.	Agnus Gerringa		Zuiderzeewimmers	4:55.04	197100285	5:20.13	+0,87							
		50m:	32.99	32.99	150m:	1:49.32		39.19	250m:	3:12.17	42.25	350m:	4:37.05	42.49
		100m:	1:10.13	37.14	200m:	2:29.92		40.60	300m:	3:54.56	42.39	400m:	5:20.13	43.08
6.	Hans Schoenmakers		DAW	5:23.33	196900863	5:25.93	+0,82							
		50m:	34.50	34.50	150m:	1:55.59		41.38	250m:	3:19.76	42.22	350m:	4:44.53	42.19
		100m:	1:14.21	39.71	200m:	2:37.54		41.95	300m:	4:02.34	42.58	400m:	5:25.93	41.40
7.	Gerald Hösl		SC Winterthur	5:34.89	70Hös	5:32.27								
		50m:	38.06	38.06	150m:	2:01.48		42.75	250m:	3:28.84	43.99	350m:	4:54.03	42.04
		100m:	1:18.73	40.67	200m:	2:44.85		43.37	300m:	4:11.99	43.15	400m:	5:32.27	38.24
8.	Wouter van der Stelt		Den Doorn	5:39.64	197200889	5:33.99	+0,90							
		50m:	34.61	34.61	150m:	1:55.53		41.57	250m:	3:21.78	43.03	350m:	4:50.03	43.92
		100m:	1:13.96	39.35	200m:	2:38.75		43.22	300m:	4:06.11	44.33	400m:	5:33.99	43.96
9.	Oliver Podebrad		SC Wiesbaden 1911	5:27.11	262705	5:35.78	+0,79							
		50m:	36.17	36.17	150m:	1:58.68		42.04	250m:	3:26.14	43.68	350m:	4:53.82	43.88
		100m:	1:16.64	40.47	200m:	2:42.46		43.78	300m:	4:09.94	43.80	400m:	5:35.78	41.96
10.	Marcel Brittijn		De Duinkikkers	6:00.31	196900159	6:09.44	+0,69							
		50m:	38.23	38.23	150m:	2:08.21		46.16	250m:	3:44.10	48.02	350m:	5:23.78	49.68
		100m:	1:22.05	43.82	200m:	2:56.08		47.87	300m:	4:34.10	50.00	400m:	6:09.44	45.66
DIS	Eurico Pereira Dos Santos		SF Olympique Courbevoie	5:13.35	1535613		A A							
	50m:		150m:		250m:		350m:							
	100m:		200m:		300m:		400m:							

Masters 45+

1.	Lionel Chalendar		ES Nanterre		4:38.96		1199578		4:29.75		+0,78		
	<i>Kampioenschaps Record, FRA Masters Record</i>												
	50m:	31.46	31.46	150m:	1:40.72	34.59	250m:	2:49.91	34.55	350m:		3:57.68	33.42
	100m:	1:06.13	34.67	200m:	2:15.36	34.64	300m:	3:24.26	34.35	400m:	4:29.75	32.07	
2.	Jo-an Mudde		Zeester-Meerval		4:39.88		196701457		4:52.19		+0,75		
	50m:	32.89	32.89	150m:	1:46.51	36.98	250m:	3:00.69	37.02	350m:		4:15.53	37.41
	100m:	1:09.53	36.64	200m:	2:23.67	37.16	300m:	3:38.12	37.43	400m:		4:52.19	36.66
3.	Bert Schlicher		RZ		4:39.38		196400669		4:58.58		+0,75		
	50m:	34.12	34.12	150m:	1:49.50	37.96	250m:	3:06.32	38.21	350m:		4:21.38	37.31
	100m:	1:11.54	37.42	200m:	2:28.11	38.61	300m:	3:44.07	37.75	400m:		4:58.58	37.20
4.	Marcel Osse		Zoetermeer		4:58.74		196600573		5:15.68		+0,91		
	50m:	34.63	34.63	150m:	1:53.26	40.31	250m:	3:13.27	39.85	350m:		4:35.11	40.90
	100m:	1:12.95	38.32	200m:	2:33.42	40.16	300m:	3:54.21	40.94	400m:		5:15.68	40.57
5.	Vittorio Bardini		D Nuoto Pontedera		5:17.03		TOS007096		5:26.04		+0,91		
	50m:	36.88	36.88	150m:	1:59.18	42.08	250m:	3:23.18	42.11	350m:		4:47.17	42.00
	100m:	1:17.10	40.22	200m:	2:41.07	41.89	300m:	4:05.17	41.99	400m:		5:26.04	38.87
6.	Erik van Dartel		PSV		5:06.69		196700185		5:31.35		+0,95		
	50m:	36.12	36.12	150m:	1:57.30	41.28	250m:	3:22.66	42.63	350m:		4:49.17	42.90
	100m:	1:16.02	39.90	200m:	2:40.03	42.73	300m:	4:06.27	43.61	400m:		5:31.35	42.18

Programmanr. 14, Heren, 400m vrije slag, Masters 45+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
7.	John Stoffer	Zoetermeer	5:22.62	196300725	5:33.83	+0,74
	50m: 36.33	150m: 1:59.22	250m: 3:25.63	350m: 4:53.17	43.99	
	100m: 1:16.38	200m: 2:42.43	300m: 4:09.18	400m: 5:33.83	40.66	
8.	Pieter-Sjoerd de Wijn	Aqua-Novio'94	6:01.39	196501027	5:38.93	+0,86
	50m: 38.91	150m: 2:05.46	250m: 3:30.98	350m: 4:57.56	43.39	
	100m: 1:21.55	200m: 2:47.76	300m: 4:14.17	400m: 5:38.93	41.37	
9.	Eric Tijms	OEZA	6:18.63	196401125	6:10.09	+0,97
	50m: 39.79	150m: 2:10.92	250m: 3:46.87	350m: 5:23.38	48.71	
	100m: 1:23.87	200m: 2:58.68	300m: 4:34.67	400m: 6:10.09	46.71	
10.	Jean-Claude Callens	Royal DM	6:29.71	DM/601/67	6:28.55	+1,19
	50m: 41.78	150m: 2:18.61	250m: 3:59.61	350m: 5:41.40	50.84	
	100m: 1:29.29	200m: 3:08.53	300m: 4:50.56	400m: 6:28.55	47.15	
DIS	Joost de Kroon	AquaAmigos	5:30.31	196400999	AF	
	50m:	150m:	250m:	350m:		
	100m:	200m:	300m:	400m:		
AFGEM	Gert Sikkema	Zignea	5:17.24	196300687		

Masters 50+

1.	Marten de Groot	HZ&PC Heerenveen	4:40.35	195800149	4:45.34	+0,79
	50m: 33.42	150m: 1:45.76	250m: 2:58.41	350m: 4:10.58	36.07	
	100m: 1:09.34	200m: 2:22.01	300m: 3:34.51	400m: 4:45.34	34.76	
2.	Elzo Dijkhuis	TriVia	5:07.59	196000873	5:15.80	+1,11
	50m: 33.82	150m: 1:52.67	250m: 3:14.19	350m: 4:36.41	40.68	
	100m: 1:12.45	200m: 2:33.50	300m: 3:55.73	400m: 5:15.80	39.39	
3.	Raymond Rensonnet	Vervier	5:14.76	VN/439/60	5:20.07	+1,04
	50m: 35.55	150m: 1:56.20	250m: 3:18.99	350m: 4:40.98	40.58	
	100m: 1:15.29	200m: 2:38.02	300m: 4:00.40	400m: 5:20.07	39.09	
4.	Ronald Grove	Oceanus	5:20.23	196100161	5:25.09	
	50m: 35.90	150m: 1:57.95	250m: 3:22.39	350m: 4:47.48	42.75	
	100m: 1:16.06	200m: 2:40.11	300m: 4:04.73	400m: 5:25.09	37.61	
5.	Peter Marc de Rooij	Zwemlust-den Hommel	5:29.69	196100829	5:30.63	+0,94
	50m: 34.49	150m: 1:57.18	250m: 3:23.26	350m: 4:49.39	42.56	
	100m: 1:15.10	200m: 2:40.38	300m: 4:06.83	400m: 5:30.63	41.24	
6.	Jack Barends	WS Twente	5:37.82	196201011	5:39.04	+0,95
	50m: 37.36	150m: 2:03.28	250m: 3:31.83	350m: 4:58.43	43.01	
	100m: 1:19.51	200m: 2:47.67	300m: 4:15.42	400m: 5:39.04	40.61	
7.	Paul van der Voort	De Zwoer	5:39.48	196200715	5:40.46	+1,14
	50m: 36.42	150m: 2:03.29	250m: 3:32.73	350m: 5:02.05	45.30	
	100m: 1:18.54	200m: 2:47.53	300m: 4:16.75	400m: 5:40.46	38.41	
8.	Menno Lomans	D'Elft WAVE (SG)	5:44.36	196101071	5:43.34	+0,80
	50m: 38.45	150m: 2:06.34	250m: 3:34.43	350m: 5:01.21	42.19	
	100m: 1:22.20	200m: 2:50.83	300m: 4:19.02	400m: 5:43.34	42.13	
9.	Hans Groothelm	DBD	5:36.25	195800151	5:47.25	+0,71
	50m: 36.72	150m: 2:03.61	250m: 3:33.86	350m: 5:04.75	45.47	
	100m: 1:18.87	200m: 2:48.64	300m: 4:19.28	400m: 5:47.25	42.50	
10.	Jan Willem Heuten	WS Twente	5:53.02	196000883	6:03.69	+0,96
	50m: 38.69	150m: 2:10.15	250m: 3:46.24	350m: 5:21.15	47.37	
	100m: 1:22.98	200m: 2:58.34	300m: 4:33.78	400m: 6:03.69	42.54	
11.	Harry Paas	ZVVS	6:10.73	195800689	6:07.79	
	50m: 39.27	150m: 2:09.67	250m: 3:44.82	350m: 5:21.53	48.78	
	100m: 1:22.96	200m: 2:56.58	300m: 4:32.75	400m: 6:07.79	46.26	
12.	Herbert Katgert	WS Twente	6:48.83	195900739	6:46.44	+1,19
	50m: 45.37	150m: 2:28.20	250m: 4:12.62	350m: 5:58.07	52.46	
	100m: 1:36.45	200m: 3:21.11	300m: 5:05.61	400m: 6:46.44	48.37	

Programmanr. 14, Heren, 400m vrije slag

Masters 55+

1.	Peter Kauch	SV Gladbeck 13	4:59.48	073094	4:55.37	+0,87		
	<i>Kampioenschaps Record, German Masters Record</i>							
	50m: 32.95	32.95	150m: 1:46.54	37.49	250m: 3:03.11	38.44	350m: 4:19.38	37.99
	100m: 1:09.05	36.10	200m: 2:24.67	38.13	300m: 3:41.39	38.28	400m: 4:55.37	35.99
2.	Henk Slomp	De Pinquin	5:23.47	195500359	5:32.70	+0,88		
	50m: 35.90	35.90	150m: 1:59.20	42.45	250m: 3:25.89	43.30	350m: 4:52.76	43.16
	100m: 1:16.75	40.85	200m: 2:42.59	43.39	300m: 4:09.60	43.71	400m: 5:32.70	39.94
3.	Steven Miller	Westchester Masters	5:38.38	061R-02XVX	5:35.98	+0,84		
	50m: 38.04	38.04	150m: 2:02.55	42.70	250m: 3:28.70	43.06	350m: 4:55.41	43.31
	100m: 1:19.85	41.81	200m: 2:45.64	43.09	300m: 4:12.10	43.40	400m: 5:35.98	40.57
4.	Paul Bunnik	Triton	5:48.51	195600413	5:44.93	+0,99		
	50m: 36.73	36.73	150m: 2:02.86	44.22	250m: 3:33.10	45.48	350m: 5:03.98	45.09
	100m: 1:18.64	41.91	200m: 2:47.62	44.76	300m: 4:18.89	45.79	400m: 5:44.93	40.95
5.	Hugo Staudt	WS Twente	5:45.57	195300253	5:48.62			
	50m: 38.07	38.07	150m: 2:05.85	44.43	250m: 3:35.78	45.23	350m: 5:06.34	45.33
	100m: 1:21.42	43.35	200m: 2:50.55	44.70	300m: 4:21.01	45.23	400m: 5:48.62	42.28
6.	Emiel van Elderen	ZVVS	5:44.46	195600383	5:50.72	+1,13		
	50m: 38.89	38.89	150m: 2:06.05	44.05	250m: 3:36.21	44.53	350m: 5:06.46	44.46
	100m: 1:22.00	43.11	200m: 2:51.68	45.63	300m: 4:22.00	45.79	400m: 5:50.72	44.26
7.	Laurens klein Breteler	WWV	6:20.00	195400109	6:22.77	+0,91		
	50m: 40.07	40.07	150m: 2:17.41	50.35	250m: 3:56.79	49.23	350m: 5:36.09	49.79
	100m: 1:27.06	46.99	200m: 3:07.56	50.15	300m: 4:46.30	49.51	400m: 6:22.77	46.68
8.	Jan Glorie	OEZA	10:02.65	195700513	9:13.72	+1,38		
	50m: 57.47	57.47	150m: 3:14.89	1:10.45	250m: 5:38.95	1:13.45	350m: 8:03.52	1:12.26
	100m: 2:04.44	1:06.97	200m: 4:25.50	1:10.61	300m: 6:51.26	1:12.31	400m: 9:13.72	1:10.20
DIS	Eddy Mourmans	Royal DM	5:44.41	DM/630/57		A A		
	50m:	150m:	250m:	350m:				
	100m:	200m:	300m:	400m:				

Masters 60+

1.	Günter Uhlich	SV Gladbeck 13			6:03.53	206688	5:40.29			+0,94						
		50m:	38.35	38.35			150m:	2:04.61	43.54		250m:	3:32.54	44.10	350m:	4:59.63	43.14
		100m:	1:21.07	42.72			200m:	2:48.44	43.83		300m:	4:16.49	43.95	400m:	5:40.29	40.66
2.	François Renaudie	Bordeaux EC			5:40.96	45002	5:45.66			+0,87						
		50m:	39.07	39.07			150m:	2:06.01	43.96		250m:	3:34.51	44.42	350m:	5:03.77	44.50
		100m:	1:22.05	42.98			200m:	2:50.09	44.08		300m:	4:19.27	44.76	400m:	5:45.66	41.89
3.	Wout Hemmes	De Plons			5:51.08	194800059	5:51.17			+1,01						
		50m:	38.19	38.19			150m:	2:06.44	45.00		250m:	3:37.41	45.72	350m:	5:07.55	44.69
		100m:	1:21.44	43.25			200m:	2:51.69	45.25		300m:	4:22.86	45.45	400m:	5:51.17	43.62
4.	Piet Schop	De Bevelanders			6:14.10	195000109	6:01.99			+0,69						
		50m:	39.87	39.87			150m:	2:11.23	46.73		250m:	3:46.80	47.78	350m:	5:19.14	45.85
		100m:	1:24.50	44.63			200m:	2:59.02	47.79		300m:	4:33.29	46.49	400m:	6:01.99	42.85
5.	Jos Kamps	De Amer			6:48.31	195100085	6:43.84			+1,18						
		50m:	42.24	42.24			150m:	2:19.74	49.86		250m:	4:06.79	53.65	350m:	5:53.05	52.06
		100m:	1:29.88	47.64			200m:	3:13.14	53.40		300m:	5:00.99	54.20	400m:	6:43.84	50.79

Masters 65+

1.	Donald Uijtenbogaart	Het Y			5:14.55	194700107			5:25.34		+0,91	
	Nederlands Masters Record											
	50m:	38.17	38.17	150m:	2:00.34	41.78	250m:	3:23.80	41.71	350m:	4:46.41	41.33
	100m:	1:18.56	40.39	200m:	2:42.09	41.75	300m:	4:05.08	41.28	400m:	5:25.34	38.93
2.	Viktoras Snieska	Takas			6:33.53	47Sni			6:25.83		+1,09	
	LTU Masters Record											
	50m:	45.66	45.66	150m:	2:22.82	49.92	250m:	4:00.24	48.76	350m:	5:37.91	49.53
	100m:	1:32.90	47.24	200m:	3:11.48	48.66	300m:	4:48.38	48.14	400m:	6:25.83	47.92
3.	Mar van Geel	Old Dutch			7:10.32	194700135			7:29.14		+1,21	
	50m:	47.06	47.06	150m:	2:39.85	58.15	250m:	4:37.47	59.32	350m:	6:34.01	57.95
	100m:	1:41.70	54.64	200m:	3:38.15	58.30	300m:	5:36.06	58.59	400m:	7:29.14	55.13

Programmanr. 14, Heren, 400m vrije slag, Masters 65+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
4.	Peter Ouweneel	RSW (SG)	8:21.02	194500077	8:53.83	+1,27		
	50m: 55.63	55.63	150m: 3:06.82	1:06.22	250m: 5:25.19	1:09.90	350m: 7:46.53	1:10.65
	100m: 2:00.60	1:04.97	200m: 4:15.29	1:08.47	300m: 6:35.88	1:10.69	400m: 8:53.83	1:07.30

Masters 70+

1.	Nico Geers	Z&PC De Gouwe			5:54.03	193800007	6:02.23			+1,01			
	50m:	42.83	42.83	150m:	2:16.88	47.69	250m:	3:51.03	46.99		350m:	5:22.24	45.63
	100m:	1:29.19	46.36	200m:	3:04.04	47.16	300m:	4:36.61	45.58		400m:	6:02.23	39.99
2.	Frans van Enst	WS Twente			6:30.59	194000011	6:33.52			+1,12			
	50m:	41.25	41.25	150m:	2:21.05	51.27	250m:	4:04.31	51.33		350m:	5:46.60	51.08
	100m:	1:29.78	48.53	200m:	3:12.98	51.93	300m:	4:55.52	51.21		400m:	6:33.52	46.92
3.	Manfred Bottin	SV Langenfeld 1912			6:56.67	57993	7:12.78						
	50m:	47.49	47.49	150m:	2:36.65	56.00	250m:	4:29.04	56.54		350m:	6:18.62	55.22
	100m:	1:40.65	53.16	200m:	3:32.50	55.85	300m:	5:23.40	54.36		400m:	7:12.78	54.16
4.	Wim ter Laak	PSV			9:21.58	194000027	9:05.82			+1,15			
	50m:	56.04	56.04	150m:	3:21.21	1:15.34	250m:	5:50.20	1:15.84		350m:	8:06.07	1:06.93
	100m:	2:05.87	1:09.83	200m:	4:34.36	1:13.15	300m:	6:59.14	1:08.94		400m:	9:05.82	59.75
5.	Ad Tersteeg	Old Dutch			9:12.85	193900021	9:40.07			+1,25			
	50m:	1:03.02	1:03.02	150m:	3:34.25	1:16.19	250m:	6:04.14	1:15.83		350m:	8:32.01	1:14.69
	100m:	2:18.06	1:15.04	200m:	4:48.31	1:14.06	300m:	7:17.32	1:13.18		400m:	9:40.07	1:08.06

Masters 75+

1.	Gregor Pompen	Aqua-Novio'94	6:54.32	193700021	7:08.51	+0,98						
	Kampioenschaps Record											
	50m:	48.45	48.45	150m:	2:36.59	54.23	250m:	4:26.56	54.60	350m:	6:16.06	54.75
	100m:	1:42.36	53.91	200m:	3:31.96	55.37	300m:	5:21.31	54.75	400m:	7:08.51	52.45