

Programmanr. 33
29-01-2012 - 9:00

Heren, 800m vrije slag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
Masters 20+								
1.	Joost Rijntjes	LZ 1886	9:04.10	199101899	9:04.65	+0,89		
	50m: 29.41	29.41	250m: 2:45.99	34.87	450m: 5:05.52	35.83	650m: 7:26.15	34.68
	100m: 1:02.04	32.63	300m: 3:20.47	34.48	500m: 5:40.91	35.39	700m: 8:00.15	34.00
	150m: 1:36.41	34.37	350m: 3:54.48	34.01	550m: 6:16.49	35.58	750m: 8:33.41	33.26
	200m: 2:11.12	34.71	400m: 4:29.69	35.21	600m: 6:51.47	34.98	800m: 9:04.65	31.24
2.	Dennis Wijbenga	Stadskanaal	9:05.23	199003283	9:04.66	+0,88		
	50m: 29.99	29.99	250m: 2:45.75	34.10	450m: 5:05.34	35.56	650m: 7:26.91	35.17
	100m: 1:03.44	33.45	300m: 3:19.60	33.85	500m: 5:40.59	35.25	700m: 8:01.41	34.50
	150m: 1:37.77	34.33	350m: 3:54.58	34.98	550m: 6:16.11	35.52	750m: 8:34.12	32.71
	200m: 2:11.65	33.88	400m: 4:29.78	35.20	600m: 6:51.74	35.63	800m: 9:04.66	30.54
3.	Maik Steenkamp	NDD	9:27.61	199103847	9:26.85	+0,45		
	50m: 31.07	31.07	250m: 2:53.99	36.41	450m: 5:19.70	35.63	650m: 7:43.65	35.49
	100m: 1:05.75	34.68	300m: 3:30.59	36.60	500m: 5:56.00	36.30	700m: 8:19.82	36.17
	150m: 1:41.24	35.49	350m: 4:07.23	36.64	550m: 6:32.25	36.25	750m: 8:54.34	34.52
	200m: 2:17.58	36.34	400m: 4:44.07	36.84	600m: 7:08.16	35.91	800m: 9:26.85	32.51
4.	Tim Bunnik	Triton	9:23.76	199000505	9:27.09	+1,04		
	50m: 31.40	31.40	250m: 2:55.03	37.06	450m: 5:20.14	35.93	650m: 7:44.05	35.53
	100m: 1:06.13	34.73	300m: 3:31.18	36.15	500m: 5:56.31	36.17	700m: 8:19.69	35.64
	150m: 1:42.13	36.00	350m: 4:07.47	36.29	550m: 6:32.57	36.26	750m: 8:54.52	34.83
	200m: 2:17.97	35.84	400m: 4:44.21	36.74	600m: 7:08.52	35.95	800m: 9:27.09	32.57
5.	Wessel Everloo	De Veene	9:41.31	198906597	9:33.59	+0,89		
	50m: 31.94	31.94	250m: 2:57.64	36.69	450m: 5:22.48	35.61	650m: 7:49.22	36.80
	100m: 1:08.27	36.33	300m: 3:33.53	35.89	500m: 5:58.47	35.99	700m: 8:25.61	36.39
	150m: 1:44.64	36.37	350m: 4:10.88	37.35	550m: 6:35.66	37.19	750m: 8:59.94	34.33
	200m: 2:20.95	36.31	400m: 4:46.87	35.99	600m: 7:12.42	36.76	800m: 9:33.59	33.65
6.	Bart Alberts	Swimteam Helden-Mosa (SG)	10:04.92	198900033	9:46.17	+0,87		
	50m: 31.60	31.60	250m: 2:56.56	37.18	450m: 5:27.30	37.49	650m: 7:57.27	37.30
	100m: 1:06.31	34.71	300m: 3:34.02	37.46	500m: 6:04.91	37.61	700m: 8:34.53	37.26
	150m: 1:42.48	36.17	350m: 4:11.82	37.80	550m: 6:42.36	37.45	750m: 9:11.47	36.94
	200m: 2:19.38	36.90	400m: 4:49.81	37.99	600m: 7:19.97	37.61	800m: 9:46.17	34.70
7.	Jeroen Custers	Kimbria	9:55.32	199106319	9:53.51	+0,75		
	50m: 29.88	29.88	250m: 2:51.48	35.98	450m: 5:17.92	36.80	650m: 8:01.42	39.13
	100m: 1:03.74	33.86	300m: 3:28.38	36.90	500m: 6:01.90	43.98	700m: 8:40.31	38.89
	150m: 1:39.48	35.74	350m: 4:05.00	36.62	550m: 6:42.74	40.84	750m: 9:17.27	36.96
	200m: 2:15.50	36.02	400m: 4:41.12	36.12	600m: 7:22.29	39.55	800m: 9:53.51	36.24
8.	Nicolas Degalan	CNBA	10:18.11	CNBA/777/89	9:53.62	+0,84		
	50m: 33.41	33.41	250m: 3:00.87	37.24	450m: 5:32.25	37.71	650m: 8:03.35	37.50
	100m: 1:09.71	36.30	300m: 3:38.58	37.71	500m: 6:10.00	37.75	700m: 8:40.90	37.55
	150m: 1:46.51	36.80	350m: 4:16.73	38.15	550m: 6:47.76	37.76	750m: 9:18.09	37.19
	200m: 2:23.63	37.12	400m: 4:54.54	37.81	600m: 7:25.85	38.09	800m: 9:53.62	35.53
9.	Vincent Keijmel	Scheldestroom	10:25.58	199101169	11:10.57	+0,80		
	50m: 34.42	34.42	250m: 3:20.84	43.05	450m: 6:13.60	43.60	650m: 9:05.62	42.84
	100m: 1:13.73	39.31	300m: 4:03.98	43.14	500m: 6:56.81	43.21	700m: 9:47.95	42.33
	150m: 1:54.96	41.23	350m: 4:46.68	42.70	550m: 7:39.69	42.88	750m: 10:29.52	41.57
	200m: 2:37.79	42.83	400m: 5:30.00	43.32	600m: 8:22.78	43.09	800m: 11:10.57	41.05
Masters 25+								
1.	Remco van Althuis	SBC2000	9:17.69	198300029	9:14.78	+0,95		
	50m: 30.54	30.54	250m: 2:47.98	34.81	450m: 5:09.05	35.39	650m: 7:30.58	35.22
	100m: 1:03.99	33.45	300m: 3:22.97	34.99	500m: 5:44.43	35.38	700m: 8:06.06	35.48
	150m: 1:38.35	34.36	350m: 3:58.13	35.16	550m: 6:20.10	35.67	750m: 8:41.38	35.32
	200m: 2:13.17	34.82	400m: 4:33.66	35.53	600m: 6:55.36	35.26	800m: 9:14.78	33.40
2.	Remko Hooff	De Duinkkickers	9:47.02	198701405	9:58.76	+0,64		
	50m: 33.15	33.15	250m: 3:02.93	37.76	450m: 5:35.72	37.81	650m: 8:07.32	37.64
	100m: 1:10.04	36.89	300m: 3:41.12	38.19	500m: 6:13.95	38.23	700m: 8:44.85	37.53
	150m: 1:47.62	37.58	350m: 4:19.39	38.27	550m: 6:51.95	38.00	750m: 9:22.99	38.14
	200m: 2:25.17	37.55	400m: 4:57.91	38.52	600m: 7:29.68	37.73	800m: 9:58.76	35.77
3.	Norbert de Maillie	De Bruinvis	11:06.76	198601997	10:58.89	+0,97		
	50, 100, 200 en 400m*		250m: 3:17.68	42.04	450m: 6:04.52	42.07	650m: 8:56.04	43.24
	50m: 33.49	33.49	300m: 3:59.16	41.48	500m: 6:47.30	42.78	700m: 9:37.92	41.88
	100m: 1:12.59	39.10	350m: 4:40.74	41.58	550m: 7:30.03	42.73	750m: 10:19.00	41.08
	150m: 1:53.91	41.32	400m: 5:22.45	41.71	600m: 8:12.80	42.77	800m: 10:58.89	39.89

Programmanr. 33, Heren, 800m vrije slag, Masters 25+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
4.	Stéphane Charles	CNBA	13:11.14	CNBA/634/83	13:32.78	+0,55		
	50m: 39.67	39.67	250m: 3:56.92	51.71	450m: 7:27.41	53.16	650m: 10:58.97	52.32
	100m: 1:25.43	45.76	300m: 4:48.83	51.91	500m: 8:20.33	52.92	700m: 11:52.26	53.29
	150m: 2:14.69	49.26	350m: 5:41.61	52.78	550m: 9:13.58	53.25	750m: 12:45.01	52.75
	200m: 3:05.21	50.52	400m: 6:34.25	52.64	600m: 10:06.65	53.07	800m: 13:32.78	47.77

Masters 30+

1.	Marcel Reefhuis	De Veene	9:32.45	198101381	9:41.48	+0,54		
	50m: 31.52	31.52	250m: 2:55.35	36.28	450m: 5:22.46	37.24	650m: 7:52.35	37.69
	100m: 1:06.85	35.33	300m: 3:31.59	36.24	500m: 5:59.56	37.10	700m: 8:30.00	37.65
	150m: 1:42.95	36.10	350m: 4:08.22	36.63	550m: 6:36.93	37.37	750m: 9:07.14	37.14
	200m: 2:19.07	36.12	400m: 4:45.22	37.00	600m: 7:14.66	37.73	800m: 9:41.48	34.34
2.	Jeroen Vogelsang	DAW	10:02.37	198001645	10:21.84	+0,97		
	50m: 33.95	33.95	250m: 3:04.31	38.58	450m: 5:40.27	39.64	650m: 8:22.49	40.94
	100m: 1:10.77	36.82	300m: 3:42.81	38.50	500m: 6:20.08	39.81	700m: 9:03.33	40.84
	150m: 1:48.09	37.32	350m: 4:21.25	38.44	550m: 7:00.63	40.55	750m: 9:43.51	40.18
	200m: 2:25.73	37.64	400m: 5:00.63	39.38	600m: 7:41.55	40.92	800m: 10:21.84	38.33

Masters 35+

1.	Ivo Roozeboom	WVZ	9:25.66	197700801	9:39.25	+0,94		
	50m: 31.37	31.37	250m: 2:57.61	37.11	450m: 5:25.39	37.07	650m: 7:53.00	36.76
	100m: 1:07.26	35.89	300m: 3:34.34	36.73	500m: 6:02.21	36.82	700m: 8:29.57	36.57
	150m: 1:43.88	36.62	350m: 4:11.29	36.95	550m: 6:39.29	37.08	750m: 9:05.57	36.00
	200m: 2:20.50	36.62	400m: 4:48.32	37.03	600m: 7:16.24	36.95	800m: 9:39.25	33.68

Masters 40+

1.	Konstantin Sklyar <i>UKR Masters Record</i>	Krivbassmasters	10:40.23	1968konst	10:23.71	+1,00		
	50m: 35.86	35.86	250m: 3:12.47	39.56	450m: 5:50.73	39.92	650m: 8:29.51	39.52
	100m: 1:14.38	38.52	300m: 3:52.01	39.54	500m: 6:30.91	40.18	700m: 9:09.16	39.65
	150m: 1:53.69	39.31	350m: 4:31.36	39.35	550m: 7:10.52	39.61	750m: 9:47.82	38.66
	200m: 2:32.91	39.22	400m: 5:10.81	39.45	600m: 7:49.99	39.47	800m: 10:23.71	35.89
2.	John Pfaff	Zwemlust-den Hommel	10:41.42	196901475	11:12.21	+0,90		
	50m: 35.35	35.35	250m: 3:22.65	42.87	450m: 6:16.56	43.64	650m: 9:07.99	42.67
	100m: 1:15.65	40.30	300m: 4:06.02	43.37	500m: 6:59.89	43.33	700m: 9:49.63	41.64
	150m: 1:57.36	41.71	350m: 4:49.36	43.34	550m: 7:42.86	42.97	750m: 10:32.21	42.58
	200m: 2:39.78	42.42	400m: 5:32.92	43.56	600m: 8:25.32	42.46	800m: 11:12.21	40.00
3.	Sander de Weert	OEZA	12:13.81	197201453	12:16.32	+0,52		
	50m: 39.30	39.30	250m: 3:43.78	46.37	450m: 6:52.55	47.76	650m: 10:03.13	47.28
	100m: 1:24.40	45.10	300m: 4:30.24	46.46	500m: 7:40.70	48.15	700m: 10:50.35	47.22
	150m: 2:10.89	46.49	350m: 5:16.97	46.73	550m: 8:28.36	47.66	750m: 11:37.32	46.97
	200m: 2:57.41	46.52	400m: 6:04.79	47.82	600m: 9:15.85	47.49	800m: 12:16.32	39.00
4.	Arnold Jonker <i>100, 200 en 400m*</i>	HZ&PC Heerenveen	13:00.81	197000529	13:13.19	+1,10		
	50m: 43.12	43.12	250m: 4:01.26	50.67	450m: 7:21.21	50.21	650m: 10:43.09	50.04
	100m: 1:29.97	46.85	300m: 4:51.85	50.59	500m: 8:12.46	51.25	700m: 11:34.45	51.36
	150m: 2:20.20	50.23	350m: 5:41.53	49.68	550m: 9:02.27	49.81	750m: 12:23.90	49.45
	200m: 3:10.59	50.39	400m: 6:31.00	49.47	600m: 9:53.05	50.78	800m: 13:13.19	49.29

Masters 45+

1.	Jo-an Mudde	Zeester-Meerval	9:39.78	196701457	9:52.72	+0,85		
	50m: 33.40	33.40	250m: 3:00.89	37.55	450m: 5:31.91	37.85	650m: 8:02.78	37.74
	100m: 1:09.06	35.66	300m: 3:38.63	37.74	500m: 6:09.58	37.67	700m: 8:40.04	37.26
	150m: 1:46.02	36.96	350m: 4:16.24	37.61	550m: 6:47.35	37.77	750m: 9:16.46	36.42
	200m: 2:23.34	37.32	400m: 4:54.06	37.82	600m: 7:25.04	37.69	800m: 9:52.72	36.26
2.	Joost de Kroon	AquAmigos	11:13.28	196400999	11:00.36	+0,73		
	50m: 37.86	37.86	250m: 3:24.99	41.65	450m: 6:13.11	41.79	650m: 9:00.22	41.51
	100m: 1:19.75	41.89	300m: 4:07.07	42.08	500m: 6:55.07	41.96	700m: 9:41.90	41.68
	150m: 2:01.56	41.81	350m: 4:49.23	42.16	550m: 7:36.84	41.77	750m: 10:22.53	40.63
	200m: 2:43.34	41.78	400m: 5:31.32	42.09	600m: 8:18.71	41.87	800m: 11:00.36	37.83

Programmanr. 33, Heren, 800m vrije slag, Masters 45+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
3.	Eric Smits 400m*	Z&PC De Gouwe	11:03.66	196501453	11:32.16	+1,12		
	50m: 37.12	37.12	250m: 3:25.90	43.42	450m: 6:23.26	44.05	650m: 9:21.31	43.94
	100m: 1:17.54	40.42	300m: 4:10.20	44.30	500m: 7:07.92	44.66	700m: 10:06.19	44.88
	150m: 1:59.58	42.04	350m: 4:54.59	44.39	550m: 7:52.58	44.66	750m: 10:50.33	44.14
	200m: 2:42.48	42.90	400m: 5:39.21	44.62	600m: 8:37.37	44.79	800m: 11:32.16	41.83
4.	Jan Smalheer	SCOM	11:39.82	196400701	11:56.55	+1,21		
	50m: 39.44	39.44	250m: 3:35.87	44.26	450m: 6:38.99	46.71	650m: 9:43.08	46.25
	100m: 1:22.93	43.49	300m: 4:21.66	45.79	500m: 7:25.31	46.32	700m: 10:29.70	46.62
	150m: 2:07.01	44.08	350m: 5:07.76	46.10	550m: 8:10.48	45.17	750m: 11:14.66	44.96
	200m: 2:51.61	44.60	400m: 5:52.28	44.52	600m: 8:56.83	46.35	800m: 11:56.55	41.89
5.	Rik van Gasteren	AquAmigos	13:32.79	196401015	13:50.90	+0,97		
	50m: 42.90	42.90	250m: 4:02.49	52.36	450m: 7:35.33	54.53	650m: 11:13.37	55.21
	100m: 1:29.78	46.88	300m: 4:54.64	52.15	500m: 8:28.84	53.51	700m: 12:09.51	56.14
	150m: 2:18.97	49.19	350m: 5:47.57	52.93	550m: 9:23.65	54.81	750m: 13:02.14	52.63
	200m: 3:10.13	51.16	400m: 6:40.80	53.23	600m: 10:18.16	54.51	800m: 13:50.90	48.76
NG.ZA	Erik van Dartel	PSV	10:49.76	196700185				

Masters 50+

1.	Marten de Groot Kampioenschaps Record	HZ&PC Heerenveen	9:49.98	195800149	9:43.48	+0,63		
	50m: 34.06	34.06	250m: 3:03.87	37.88	450m: 5:31.97	36.01	650m: 7:57.47	36.36
	100m: 1:11.38	37.32	300m: 3:41.69	37.82	500m: 6:08.04	36.07	700m: 8:33.87	36.40
	150m: 1:48.84	37.46	350m: 4:18.97	37.28	550m: 6:44.51	36.47	750m: 9:09.64	35.77
	200m: 2:25.99	37.15	400m: 4:55.96	36.99	600m: 7:21.11	36.60	800m: 9:43.48	33.84
2.	Elzo Dijkhuis	TriVia	10:26.75	196000873	10:38.80	+1,13		
	50m: 35.33	35.33	250m: 3:14.42	40.69	450m: 5:58.75	41.43	650m: 8:41.59	40.86
	100m: 1:13.45	38.12	300m: 3:55.84	41.42	500m: 6:39.65	40.90	700m: 9:21.65	40.06
	150m: 1:53.24	39.79	350m: 4:36.36	40.52	550m: 7:20.09	40.44	750m: 10:01.43	39.78
	200m: 2:33.73	40.49	400m: 5:17.32	40.96	600m: 8:00.73	40.64	800m: 10:38.80	37.37
3.	Peter Marc de Rooij	Zwemlust-den Hommel	10:59.88	196100829	10:50.44	+0,91		
	50m: 35.11	35.11	250m: 3:17.21	40.93	450m: 6:01.80	41.13	650m: 8:47.13	41.71
	100m: 1:15.34	40.23	300m: 3:58.70	41.49	500m: 6:43.06	41.26	700m: 9:28.98	41.85
	150m: 1:55.91	40.57	350m: 4:39.88	41.18	550m: 7:24.39	41.33	750m: 10:10.27	41.29
	200m: 2:36.28	40.37	400m: 5:20.67	40.79	600m: 8:05.42	41.03	800m: 10:50.44	40.17
4.	Jack Barends	WS Twente	11:41.56	196201011	11:44.43	+1,10		
	50m: 38.69	38.69	250m: 3:34.39	44.73	450m: 6:33.68	44.76	650m: 9:33.90	44.96
	100m: 1:21.21	42.52	300m: 4:19.18	44.79	500m: 7:18.68	45.00	700m: 10:18.42	44.52
	150m: 2:05.07	43.86	350m: 5:04.03	44.85	550m: 8:03.96	45.28	750m: 11:02.55	44.13
	200m: 2:49.66	44.59	400m: 5:48.92	44.89	600m: 8:48.94	44.98	800m: 11:44.43	41.88
5.	John Dam	Zignea	12:24.96	196000915	11:59.82	+1,07		
	50m: 37.33	37.33	250m: 3:36.22	46.20	450m: 6:40.44	45.77	650m: 9:44.48	46.45
	100m: 1:19.55	42.22	300m: 4:22.51	46.29	500m: 7:26.41	45.97	700m: 10:31.18	46.70
	150m: 2:03.84	44.29	350m: 5:09.00	46.49	550m: 8:12.07	45.66	750m: 11:17.20	46.02
	200m: 2:50.02	46.18	400m: 5:54.67	45.67	600m: 8:58.03	45.96	800m: 11:59.82	42.62
6.	Bart van Calker	WS Twente	11:59.61	196100067	12:03.30	+0,93		
	50m: 40.17	40.17	250m: 3:44.88	47.03	450m: 6:47.74	45.44	650m: 9:49.22	44.63
	100m: 1:25.13	44.96	300m: 4:31.21	46.33	500m: 7:32.85	45.11	700m: 10:34.93	45.71
	150m: 2:11.70	46.57	350m: 5:17.08	45.87	550m: 8:18.14	45.29	750m: 11:21.57	46.64
	200m: 2:57.85	46.15	400m: 6:02.30	45.22	600m: 9:04.59	46.45	800m: 12:03.30	41.73
7.	Jan de Laat	AquAmigos	13:03.36	196000861	12:33.65	+1,10		
	50m: 39.19	39.19	250m: 3:46.22	48.37	450m: 7:00.23	47.63	650m: 10:13.74	47.62
	100m: 1:23.47	44.28	300m: 4:34.56	48.34	500m: 7:49.06	48.83	700m: 11:02.06	48.32
	150m: 2:10.11	46.64	350m: 5:23.50	48.94	550m: 8:37.23	48.17	750m: 11:50.04	47.98
	200m: 2:57.85	47.74	400m: 6:12.60	49.10	600m: 9:26.12	48.89	800m: 12:33.65	43.61
8.	Filip Timmermans	ShaRK	13:53.50	ShaRK/163/60	13:30.70	+1,39		
	50m: 42.08	42.08	250m: 4:01.68	51.38	450m: 7:28.56	51.89	650m: 10:56.93	51.87
	100m: 1:28.92	46.84	300m: 4:52.94	51.26	500m: 8:20.38	51.82	700m: 11:49.12	52.19
	150m: 2:20.48	51.56	350m: 5:44.52	51.58	550m: 9:12.71	52.33	750m: 12:42.01	52.89
	200m: 3:10.30	49.82	400m: 6:36.67	52.15	600m: 10:05.06	52.35	800m: 13:30.70	48.69

Masters 55+

1.	Emiel van Elderen	ZVVS	11:26.27	195600383	11:36.40	+1,39		
	50m: 39.41	39.41	250m: 3:31.20	43.41	450m: 6:26.50	43.66	650m: 9:23.32	44.00
	100m: 1:21.31	41.90	300m: 4:14.92	43.72	500m: 7:10.61	44.11	700m: 10:07.55	44.23
	150m: 2:04.29	42.98	350m: 4:58.94	44.02	550m: 7:54.79	44.18	750m: 10:52.35	44.80
	200m: 2:47.79	43.50	400m: 5:42.84	43.90	600m: 8:39.32	44.53	800m: 11:36.40	44.05

Programmanr. 33, Heren, 800m vrije slag, Masters 55+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
2.	Paul Bunnik	Triton	11:15.52	195600413	11:43.75	+1,09		
	50m: 38.15	38.15	250m: 3:32.06	43.58	450m: 6:31.55	45.26	650m: 9:32.82	45.25
	100m: 1:20.85	42.70	300m: 4:16.74	44.68	500m: 7:16.91	45.36	700m: 10:17.91	45.09
	150m: 2:04.35	43.50	350m: 5:01.78	45.04	550m: 8:02.73	45.82	750m: 11:02.68	44.77
	200m: 2:48.48	44.13	400m: 5:46.29	44.51	600m: 8:47.57	44.84	800m: 11:43.75	41.07
3.	Lex Hoogendam	MNC Dordrecht	11:41.72	195700541	11:58.79	+1,26		
	50m: 39.41	39.41	250m: 3:37.60	45.20	450m: 6:40.06	45.95	650m: 9:42.20	45.38
	100m: 1:23.13	43.72	300m: 4:23.17	45.57	500m: 7:25.90	45.84	700m: 10:28.14	45.94
	150m: 2:07.84	44.71	350m: 5:08.38	45.21	550m: 8:11.64	45.74	750m: 11:13.90	45.76
	200m: 2:52.40	44.56	400m: 5:54.11	45.73	600m: 8:56.82	45.18	800m: 11:58.79	44.89
4.	Hugo Staudt	WS Twente	11:51.75	195300253	12:23.17	+0,52		
	50m: 40.84	40.84	250m: 3:47.67	47.23	450m: 6:55.16	46.32	650m: 10:04.62	47.71
	100m: 1:26.55	45.71	300m: 4:34.10	46.43	500m: 7:42.09	46.93	700m: 10:52.30	47.68
	150m: 2:13.45	46.90	350m: 5:20.66	46.56	550m: 8:29.35	47.26	750m: 11:39.10	46.80
	200m: 3:00.44	46.99	400m: 6:08.84	48.18	600m: 9:16.91	47.56	800m: 12:23.17	44.07

Masters 60+

1.	Piet Schop	De Bevelanders	12:12.94	195000109	11:56.51	+0,88		
	50m: 38.54	38.54	250m: 3:38.47	46.09	450m: 6:41.86	46.30	650m: 9:46.11	46.09
	100m: 1:21.48	42.94	300m: 4:24.40	45.93	500m: 7:27.80	45.94	700m: 10:31.88	45.77
	150m: 2:06.48	45.00	350m: 5:10.08	45.68	550m: 8:13.47	45.67	750m: 11:16.02	44.14
	200m: 2:52.38	45.90	400m: 5:55.56	45.48	600m: 9:00.02	46.55	800m: 11:56.51	40.49
2.	Wout Hemmes	De Plons	11:51.22	194800059	12:06.70	* +1,08		
	50m: 38.89	38.89	250m: 3:43.18	46.63	450m: 6:48.08	46.03	650m: 9:52.20	46.91
	100m: 1:23.30	44.41	300m: 4:29.91	46.73	500m: 7:33.81	45.73	700m: 10:37.48	45.28
	150m: 2:09.73	46.43	350m: 5:15.58	45.67	550m: 8:19.56	45.75	750m: 11:22.79	45.31
	200m: 2:56.55	46.82	400m: 6:02.05	46.47	600m: 9:05.29	45.73	800m: 12:06.70	43.91
3.	Jan van der Heide	HZ&PC Heerenveen	14:08.74	195100059	13:26.88	+1,15		
	50m: 44.19	44.19	250m: 4:05.09	51.26	450m: 7:31.59	51.57	650m: 10:55.16	50.60
	100m: 1:32.29	48.10	300m: 4:56.89	51.80	500m: 8:23.28	51.69	700m: 11:45.87	50.71
	150m: 2:23.01	50.72	350m: 5:48.48	51.59	550m: 9:14.32	51.04	750m: 12:38.41	52.54
	200m: 3:13.83	50.82	400m: 6:40.02	51.54	600m: 10:04.56	50.24	800m: 13:26.88	48.47

NG.ZA Antanas Guoga

Takas

14:39.81

1948guog

Masters 65+

1.	Donald Uijtenbogaart	Het Y	10:25.72	194700107	10:45.41	+0,95		
	<i>Nederlands Masters Record</i>							
	50m: 37.53	37.53	250m: 3:21.48	41.29	450m: 6:05.44	40.83	650m: 8:46.73	40.09
	100m: 1:18.00	40.47	300m: 4:02.49	41.01	500m: 6:45.79	40.35	700m: 9:26.80	40.07
	150m: 1:58.78	40.78	350m: 4:43.66	41.17	550m: 7:26.31	40.52	750m: 10:06.98	40.18
	200m: 2:40.19	41.41	400m: 5:24.61	40.95	600m: 8:06.64	40.33	800m: 10:45.41	38.43
2.	Rob Hanou	PSV	12:23.14	194300109	12:53.08	+1,19		
	50m: 40.42	40.42	250m: 3:55.06	49.46	450m: 7:12.29	49.52	650m: 10:28.96	48.53
	100m: 1:28.82	48.40	300m: 4:44.32	49.26	500m: 8:01.30	49.01	700m: 11:18.13	49.17
	150m: 2:16.46	47.64	350m: 5:33.44	49.12	550m: 8:51.39	50.09	750m: 12:06.50	48.37
	200m: 3:05.60	49.14	400m: 6:22.77	49.33	600m: 9:40.43	49.04	800m: 12:53.08	46.58
3.	Karl Bricelj	CHAT	15:37.45	CHAT/286/44	14:54.27	+1,09		
	50m: 43.05	43.05	250m: 4:16.39	55.25	450m: 8:09.56	59.71	650m: 12:02.41	58.88
	100m: 1:33.47	50.42	300m: 5:13.82	57.43	500m: 9:07.46	57.90	700m: 13:01.65	59.24
	150m: 2:25.64	52.17	350m: 6:11.95	58.13	550m: 10:06.60	59.14	750m: 13:58.47	56.82
	200m: 3:21.14	55.50	400m: 7:09.85	57.90	600m: 11:03.53	56.93	800m: 14:54.27	55.80

Masters 70+

1.	Nico Geers	Z&PC De Gouwe	12:03.18	193800007	12:14.50	+1,13		
	50m: 41.13	41.13	250m: 3:46.05	46.15	450m: 6:53.57	46.47	650m: 10:00.80	47.04
	100m: 1:26.46	45.33	300m: 4:32.90	46.85	500m: 7:40.48	46.91	700m: 10:48.11	47.31
	150m: 2:12.59	46.13	350m: 5:20.24	47.34	550m: 8:27.49	47.01	750m: 11:30.18	45.07
	200m: 2:59.90	47.31	400m: 6:07.10	46.86	600m: 9:13.76	46.27	800m: 12:14.50	41.32
2.	Frans van Enst	WS Twente	12:31.50	194000011	13:07.00	+1,06		
	50m: 40.52	40.52	250m: 3:57.93	49.65	450m: 7:19.39	50.32	650m: 10:39.89	49.76
	100m: 1:28.05	47.53	300m: 4:48.28	50.35	500m: 8:09.75	50.36	700m: 11:30.01	50.12
	150m: 2:18.24	50.19	350m: 5:38.56	50.28	550m: 9:00.25	50.50	750m: 12:19.77	49.76
	200m: 3:08.28	50.04	400m: 6:29.07	50.51	600m: 9:50.13	49.88	800m: 13:07.00	47.23



Open Nederlandse Masters
Kampioenschappen 2012 kb
Terneuzen, 27-29 januari 2012



Programmanr. 33, Heren, 800m vrije slag

Masters 80+

1. Georges Verhelst	KRZ	15:50.69	RZV/160/31	17:10.24	+1,35		
<i>Kampioenschaps Record, 400m*</i>							
50m: 58.96	58.96	250m: 5:19.90	1:07.09	450m: 9:42.61	1:07.28	650m: 14:03.07	1:03.52
100m: 2:02.06	1:03.10	300m: 6:26.60	1:06.70	500m: 10:47.90	1:05.29	700m: 15:07.60	1:04.53
150m: 3:06.17	1:04.11	350m: 7:31.41	1:04.81	550m: 11:54.94	1:07.04	750m: 16:11.35	1:03.75
200m: 4:12.81	1:06.64	400m: 8:35.33	1:03.92	600m: 12:59.55	1:04.61	800m: 17:10.24	58.89

