

Programmanr. 40
28-10-2012

Heren, 1500m vrije slag

Jeugd/Senioren
Resultaten

rang naam vereniging intijd tijd RT niv.

Jeugd 1 en 2

1.	Maarten Brzoskowski	EIFFELswimmersPSV	15:54.21	199500769	15:20.66	+0,80	A+				
Nederlands Record Jeugd, NR 17 jaar											
50m:	28.25	28.25	450m:	4:34.98	31.42	850m:	8:42.27	30.84	1250m:	12:49.66	30.97
100m:	58.50	30.25	500m:	5:06.12	31.14	900m:	9:12.98	30.71	1300m:	13:20.64	30.98
150m:	1:29.25	30.75	550m:	5:37.30	31.18	950m:	9:43.55	30.57	1350m:	13:51.30	30.66
200m:	2:00.11	30.86	600m:	6:08.04	30.74	1000m:	10:14.59	31.04	1400m:	14:22.20	30.90
250m:	2:30.80	30.69	650m:	6:38.68	30.64	1050m:	10:45.78	31.19	1450m:	14:52.50	30.30
300m:	3:01.52	30.72	700m:	7:09.41	30.73	1100m:	11:16.49	30.71	1500m:	15:20.66	28.16
350m:	3:32.53	31.01	750m:	7:40.60	31.19	1150m:	11:47.34	30.85			
400m:	4:03.56	31.03	800m:	8:11.43	30.83	1200m:	12:18.69	31.35			
2.	Frank de Graaf	DWK	17:09.38	199602671	16:24.49	+0,76	D				
50m:	29.20	29.20	450m:	4:51.24	32.99	850m:	9:16.37	33.12	1250m:	13:41.37	32.95
100m:	1:01.34	32.14	500m:	5:24.40	33.16	900m:	9:49.82	33.45	1300m:	14:14.57	33.20
150m:	1:34.31	32.97	550m:	5:57.65	33.25	950m:	10:22.60	32.78	1350m:	14:47.74	33.17
200m:	2:07.10	32.79	600m:	6:30.57	32.92	1000m:	10:55.45	32.85	1400m:	15:20.88	33.14
250m:	2:40.16	33.06	650m:	7:03.75	33.18	1050m:	11:28.61	33.16	1450m:	15:53.74	32.86
300m:	3:12.70	32.54	700m:	7:36.93	33.18	1100m:	12:01.87	33.26	1500m:	16:24.49	30.75
350m:	3:45.20	32.50	750m:	8:09.96	33.03	1150m:	12:35.28	33.41			
400m:	4:18.25	33.05	800m:	8:43.25	33.29	1200m:	13:08.42	33.14			
3.	Scott Bole	De Dolfijn	17:15.39	199605495	16:30.42	+0,77	D				
50m:	29.04	29.04	450m:	4:54.70	33.40	850m:	9:24.02	33.52	1250m:	13:50.24	33.31
100m:	1:01.49	32.45	500m:	5:28.23	33.53	900m:	9:57.64	33.62	1300m:	14:23.04	32.80
150m:	1:34.32	32.83	550m:	6:02.02	33.79	950m:	10:31.10	33.46	1350m:	14:55.53	32.49
200m:	2:07.77	33.45	600m:	6:35.97	33.95	1000m:	11:04.21	33.11	1400m:	15:28.08	32.55
250m:	2:41.20	33.43	650m:	7:09.53	33.56	1050m:	11:37.28	33.07	1450m:	16:00.11	32.03
300m:	3:14.26	33.06	700m:	7:43.38	33.85	1100m:	12:10.50	33.22	1500m:	16:30.42	30.31
350m:	3:47.76	33.50	750m:	8:17.11	33.73	1150m:	12:43.67	33.17			
400m:	4:21.30	33.54	800m:	8:50.50	33.39	1200m:	13:16.93	33.26			
4.	Lars Schoffemeer	ZVVS	17:00.80	199501907	16:51.28	+0,80	E				
50m:	28.88	28.88	450m:	4:54.83	33.65	850m:	9:26.53	34.36	1250m:	14:00.44	34.66
100m:	1:01.32	32.44	500m:	5:28.28	33.45	900m:	10:00.97	34.44	1300m:	14:35.00	34.56
150m:	1:34.35	33.03	550m:	6:02.23	33.95	950m:	10:35.64	34.67	1350m:	15:10.34	35.34
200m:	2:07.86	33.51	600m:	6:35.97	33.74	1000m:	11:10.31	34.67	1400m:	15:44.54	34.20
250m:	2:40.91	33.05	650m:	7:10.05	34.08	1050m:	11:43.78	33.47	1450m:	16:18.41	33.87
300m:	3:13.97	33.06	700m:	7:43.86	33.81	1100m:	12:17.54	33.76	1500m:	16:51.28	32.87
350m:	3:47.58	33.61	750m:	8:17.65	33.79	1150m:	12:51.54	34.00			
400m:	4:21.18	33.60	800m:	8:52.17	34.52	1200m:	13:25.78	34.24			
5.	Rowan Keen	Borger	16:56.58	199500727	16:55.28	+0,92	E				
50m:	29.76	29.76	450m:	4:58.95	34.01	850m:	9:31.61	34.15	1250m:	14:06.46	34.22
100m:	1:02.58	32.82	500m:	5:32.82	33.87	900m:	10:05.83	34.22	1300m:	14:41.00	34.54
150m:	1:35.78	33.20	550m:	6:06.37	33.55	950m:	10:40.07	34.24	1350m:	15:15.27	34.27
200m:	2:09.65	33.87	600m:	6:40.49	34.12	1000m:	11:14.45	34.38	1400m:	15:49.42	34.15
250m:	2:43.23	33.58	650m:	7:14.29	33.80	1050m:	11:49.05	34.60	1450m:	16:23.69	34.27
300m:	3:17.22	33.99	700m:	7:48.62	34.33	1100m:	12:23.49	34.44	1500m:	16:55.28	31.59
350m:	3:50.95	33.73	750m:	8:23.22	34.60	1150m:	12:57.76	34.27			
400m:	4:24.94	33.99	800m:	8:57.46	34.24	1200m:	13:32.24	34.48			

all-in

1.	Maarten Brzoskowski	EIFFELswimmersPSV	15:54.21	199500769	15:20.66	+0,80	A+				
Nederlands Record Jeugd, NR 17 jaar											
50m:	28.25	28.25	450m:	4:34.98	31.42	850m:	8:42.27	30.84	1250m:	12:49.66	30.97
100m:	58.50	30.25	500m:	5:06.12	31.14	900m:	9:12.98	30.71	1300m:	13:20.64	30.98
150m:	1:29.25	30.75	550m:	5:37.30	31.18	950m:	9:43.55	30.57	1350m:	13:51.30	30.66
200m:	2:00.11	30.86	600m:	6:08.04	30.74	1000m:	10:14.59	31.04	1400m:	14:22.20	30.90
250m:	2:30.80	30.69	650m:	6:38.68	30.64	1050m:	10:45.78	31.19	1450m:	14:52.50	30.30
300m:	3:01.52	30.72	700m:	7:09.41	30.73	1100m:	11:16.49	30.71	1500m:	15:20.66	28.16
350m:	3:32.53	31.01	750m:	7:40.60	31.19	1150m:	11:47.34	30.85			
400m:	4:03.56	31.03	800m:	8:11.43	30.83	1200m:	12:18.69	31.35			
2.	Davy Verreussel	HGN (SG)	15:32.97	198903341	15:43.06	+0,74	C				
50m:	28.14	28.14	450m:	4:40.51	31.90	850m:	8:54.26	31.34	1250m:	13:07.04	31.57
100m:	58.92	30.78	500m:	5:12.26	31.75	900m:	9:25.77	31.51	1300m:	13:38.36	31.32
150m:	1:30.13	31.21	550m:	5:43.94	31.68	950m:	9:57.71	31.94	1350m:	14:09.95	31.59
200m:	2:01.76	31.63	600m:	6:15.96	32.02	1000m:	10:29.43	31.72	1400m:	14:41.43	31.48
250m:	2:33.47	31.71	650m:	6:47.64	31.68	1050m:	11:00.86	31.43	1450m:	15:12.65	31.22
300m:	3:05.06	31.59	700m:	7:19.53	31.89	1100m:	11:32.29	31.43	1500m:	15:43.06	30.41
350m:	3:36.84	31.78	750m:	7:51.07	31.54	1150m:	12:03.85	31.56			
400m:	4:08.61	31.77	800m:	8:22.92	31.85	1200m:	12:35.47	31.62			

Programmanr. 40, Heren, 1500m vrije slag, all-in

rang	naam	vereniging	intijd	tijd	RT	niv.
3.	Vincent Moolhuijsen	Oceanus	16:11.65	199401215	16:21.17	+0,81 D
	50m: 28.51	28.51	450m: 4:50.12	32.93	850m: 9:14.23	32.92
	100m: 1:00.18	31.67	500m: 5:23.30	33.18	900m: 9:47.21	32.98
	150m: 1:32.33	32.15	550m: 5:56.31	33.01	950m: 10:20.39	33.18
	200m: 2:04.98	32.65	600m: 6:29.27	32.96	1000m: 10:53.45	33.06
	250m: 2:38.02	33.04	650m: 7:02.18	32.91	1050m: 11:26.40	32.95
	300m: 3:11.18	33.16	700m: 7:35.17	32.99	1100m: 11:59.18	32.78
	350m: 3:44.16	32.98	750m: 8:08.25	33.08	1150m: 12:32.12	32.94
	400m: 4:17.19	33.03	800m: 8:41.31	33.06	1200m: 13:04.99	32.87
4.	Frank de Graaf	DWK	17:09.38	199602671	16:24.49	+0,76 D
	50m: 29.20	29.20	450m: 4:51.24	32.99	850m: 9:16.37	33.12
	100m: 1:01.34	32.14	500m: 5:24.40	33.16	900m: 9:49.82	33.45
	150m: 1:34.31	32.97	550m: 5:57.65	33.25	950m: 10:22.60	32.78
	200m: 2:07.10	32.79	600m: 6:30.57	32.92	1000m: 10:55.45	32.85
	250m: 2:40.16	33.06	650m: 7:03.75	33.18	1050m: 11:28.61	33.16
	300m: 3:12.70	32.54	700m: 7:36.93	33.18	1100m: 12:01.87	33.26
	350m: 3:45.20	32.50	750m: 8:09.96	33.03	1150m: 12:35.28	33.41
	400m: 4:18.25	33.05	800m: 8:43.25	33.29	1200m: 13:08.42	33.14
5.	Scott Bole	De Dolfijn	17:15.39	199605495	16:30.42	+0,77 D
	50m: 29.04	29.04	450m: 4:54.70	33.40	850m: 9:24.02	33.52
	100m: 1:01.49	32.45	500m: 5:28.23	33.53	900m: 9:57.64	33.62
	150m: 1:34.32	32.83	550m: 6:02.02	33.79	950m: 10:31.10	33.46
	200m: 2:07.77	33.45	600m: 6:35.97	33.95	1000m: 11:04.21	33.11
	250m: 2:41.20	33.43	650m: 7:09.53	33.56	1050m: 11:37.28	33.07
	300m: 3:14.26	33.06	700m: 7:43.38	33.85	1100m: 12:10.50	33.22
	350m: 3:47.76	33.50	750m: 8:17.11	33.73	1150m: 12:43.67	33.17
	400m: 4:21.30	33.54	800m: 8:50.50	33.39	1200m: 13:16.93	33.26
6.	Lars Schoffemeer	ZVVS	17:00.80	199501907	16:51.28	+0,80 E
	50m: 28.88	28.88	450m: 4:54.83	33.65	850m: 9:26.53	34.36
	100m: 1:01.32	32.44	500m: 5:28.28	33.45	900m: 10:00.97	34.44
	150m: 1:34.35	33.03	550m: 6:02.23	33.95	950m: 10:35.64	34.67
	200m: 2:07.86	33.51	600m: 6:35.97	33.74	1000m: 11:10.31	34.67
	250m: 2:40.91	33.05	650m: 7:10.05	34.08	1050m: 11:43.78	33.47
	300m: 3:13.97	33.06	700m: 7:43.86	33.81	1100m: 12:17.54	33.76
	350m: 3:47.58	33.61	750m: 8:17.65	33.79	1150m: 12:51.54	34.00
	400m: 4:21.18	33.60	800m: 8:52.17	34.52	1200m: 13:25.78	34.24
7.	Rowan Keen	Borger	16:56.58	199500727	16:55.28	+0,92 E
	50m: 29.76	29.76	450m: 4:58.95	34.01	850m: 9:31.61	34.15
	100m: 1:02.58	32.82	500m: 5:32.82	33.87	900m: 10:05.83	34.22
	150m: 1:35.78	33.20	550m: 6:06.37	33.55	950m: 10:40.07	34.24
	200m: 2:09.65	33.87	600m: 6:40.49	34.12	1000m: 11:14.45	34.38
	250m: 2:43.23	33.58	650m: 7:14.29	33.80	1050m: 11:49.05	34.60
	300m: 3:17.22	33.99	700m: 7:48.62	34.33	1100m: 12:23.49	34.44
	350m: 3:50.95	33.73	750m: 8:23.22	34.60	1150m: 12:57.76	34.27
	400m: 4:24.94	33.99	800m: 8:57.46	34.24	1200m: 13:32.24	34.48