

Event 37
04-12-2011

Women, 400m Medley

Jeugd/Senioren
Results

World Record	4:29.45	Stephanie Rice	Beijing (CHN)	10-08-2008
European Record	4:30.31	Katinka Hosszu	Rome (ITA)	02-08-2009
Nederlands Record Senioren	4:45.68	Lieke Verouden	Eindhoven	12-06-2011
Nederlands Record Jeugd	4:48.19	Sharon van Rouwendaal	Duinkerken (FRA)	20-04-2008
Limiet OS 2012 Londen	4:39.71			
Richttijd EK 2012 Antwerpen	4:46.08			
Richttijd EJK 2012 Antwerpen	4:57.66			

rank	name	club name	time	RT	pts
Jeugd 1 en 2					
1.	Chloe Tutton	City of Cardiff SC	37653	4:57.57	+0,74
	50m: 30.85	150m: 1:44.94	250m: 3:05.87	350m: 4:24.64	35.42
	100m: 1:06.11	200m: 2:23.71	300m: 3:49.22	400m: 4:57.57	32.93
2.	Cynthia Verkaik	Orca	199601288	5:10.32	+0,79
	50m: 32.25	150m: 1:51.73	250m: 3:14.08	350m: 4:35.26	37.42
	100m: 1:09.51	200m: 2:31.44	300m: 3:57.84	400m: 5:10.32	35.06
3.	Anouque Berghuis	De Zijl/LGB	199606132	5:17.96	+0,78
	50m: 33.22	150m: 1:52.32	250m: 3:18.52	350m: 4:44.13	36.67
	100m: 1:12.00	200m: 2:31.47	300m: 4:07.46	400m: 5:17.96	33.83
4.	Maaïke van Veen	ZPC Bikkell Hoogeveen	199700292	5:19.00	+0,76
	50m: 33.47	150m: 1:53.14	250m: 3:18.42	350m: 4:42.68	37.82
	100m: 1:13.59	200m: 2:32.00	300m: 4:04.86	400m: 5:19.00	36.32
5.	Anne-Lore Bynens	Genker Zwemver. Neptunus	GZVN/322/96	5:20.36	+0,76
	50m: 33.59	150m: 1:55.15	250m: 3:20.14	350m: 4:43.35	37.88
	100m: 1:13.83	200m: 2:35.36	300m: 4:05.47	400m: 5:20.36	37.01
6.	Kirsty Hunter	East Lothian Swim Team	352277	5:20.93	+0,74
	50m: 32.77	150m: 1:53.09	250m: 3:20.43	350m: 4:44.46	37.44
	100m: 1:11.49	200m: 2:34.07	300m: 4:07.02	400m: 5:20.93	36.47
7.	Mirl de Boer	DAW	199700468	5:24.86	+0,78
	50m: 33.69	150m: 1:56.44	250m: 3:23.51	350m: 4:48.12	37.69
	100m: 1:14.16	200m: 2:37.44	300m: 4:10.43	400m: 5:24.86	36.74
8.	Linda Kamperman	Aquarijn	199601238	5:29.43	+0,69
	50m: 33.72	150m: 1:56.79	250m: 3:27.44	350m: 4:54.12	36.35
	100m: 1:13.45	200m: 2:38.46	300m: 4:17.77	400m: 5:29.43	35.31
9.	Manon Koster	HZPC	199701312	5:32.78	+0,81
	50m: 36.49	150m: 2:01.35	250m: 3:32.00	350m: 4:57.98	37.07
	100m: 1:18.63	200m: 2:43.61	300m: 4:20.91	400m: 5:32.78	34.80
10.	Adaja Stoetman	TriVia	199600348	5:33.76	+0,81
	50m: 31.64	150m: 1:57.61	250m: 3:30.70	350m: 4:58.94	38.96
	100m: 1:10.28	200m: 2:41.88	300m: 4:19.98	400m: 5:33.76	34.82
11.	Romy Hoogendijk	De Zeeuwse Kust (SG)	199601258	5:36.33	+0,68
	50m: 34.50	150m: 2:00.54	250m: 3:31.40	350m: 4:59.01	38.13
	100m: 1:17.24	200m: 2:43.38	300m: 4:20.88	400m: 5:36.33	37.32
12.	Asmara Ritmeijer	ZVVS	199600790	5:37.77	+0,86
	50m: 34.35	150m: 2:01.43	250m: 3:30.96	350m: 4:58.86	39.01
	100m: 1:17.03	200m: 2:44.29	300m: 4:19.85	400m: 5:37.77	38.91
13.	Latascha Kilian	Olympia	199702308	5:38.19	+0,75
	50m: 34.99	150m: 2:02.44	250m: 3:34.50	350m: 5:01.99	37.80
	100m: 1:18.20	200m: 2:45.86	300m: 4:24.19	400m: 5:38.19	36.20
14.	Elisabeth Rivard	WVZ	199600244	5:39.11	+0,76
	50m: 34.07	150m: 2:00.31	250m: 3:31.93	350m: 5:02.28	37.83
	100m: 1:16.96	200m: 2:41.71	300m: 4:24.45	400m: 5:39.11	36.83
15.	Jasmijn Bink	LZ 1886	199700332	5:52.77	+0,87
	50m: 35.97	150m: 2:01.82	250m: 3:39.46	350m: 5:13.37	39.89
	100m: 1:18.16	200m: 2:45.13	300m: 4:33.48	400m: 5:52.77	39.40
DNS	Christina Kaas Elmgreen	Lyngby SK	9686AD		
sick	Lotte Langenhoff	Zeester-Meerval	199602580		

Event 37, Women, 400m Medley

all-in

1.	Hannah Miley	Garioch ASC			69436			4:34.76		+0,70		
	Championship record											
	50m:	30.35	30.35	150m:	1:39.41	35.38	250m:	2:52.08	38.11	350m:	4:03.85	32.40
	100m:	1:04.03	33.68	200m:	2:13.97	34.56	300m:	3:31.45	39.37	400m:	4:34.76	30.91
2.	Mireia Belmonte Garcia	Spain			1990belm			4:35.87		+0,79		
	50m:	30.04	30.04	150m:	1:40.02	36.43	250m:	2:53.81	38.63	350m:	4:05.86	31.90
	100m:	1:03.59	33.55	200m:	2:15.18	35.16	300m:	3:33.96	40.15	400m:	4:35.87	30.01
3.	Kathryn Meaklim	South Africa			1989meakl			4:43.74		+0,79		
	50m:	30.03	30.03	150m:	1:40.83	36.89	250m:	2:56.97	40.27	350m:	4:11.53	33.77
	100m:	1:03.94	33.91	200m:	2:16.70	35.87	300m:	3:37.76	40.79	400m:	4:43.74	32.21
4.	Grainne Murphy	Swim Ireland			1993murp			4:44.61		+0,83		
	50m:	31.14	31.14	150m:	1:43.33	37.20	250m:	3:00.42	40.41	350m:	4:13.80	32.95
	100m:	1:06.13	34.99	200m:	2:20.01	36.68	300m:	3:40.85	40.43	400m:	4:44.61	30.81
5.	Beatriz Gomes Cortes	Spain			1994gome			4:44.74		+0,75		
	50m:	31.04	31.04	150m:	1:45.10	38.83	250m:	3:01.01	39.15	350m:	4:14.37	32.99
	100m:	1:06.27	35.23	200m:	2:21.86	36.76	300m:	3:41.38	40.37	400m:	4:44.74	30.37
6.	Claudia Dasca Romeu	Spain			1994dasc			4:45.43		+0,77		
	50m:	30.27	30.27	150m:	1:41.51	37.22	250m:	2:58.23	41.14	350m:	4:13.51	33.43
	100m:	1:04.29	34.02	200m:	2:17.09	35.58	300m:	3:40.08	41.85	400m:	4:45.43	31.92
7.	Lucy Spencer	City of Sheffield SS			43193			4:52.83		+0,75		
	50m:	30.52	30.52	150m:	1:44.18	38.44	250m:	3:04.12	42.25	350m:	4:20.31	33.55
	100m:	1:05.74	35.22	200m:	2:21.87	37.69	300m:	3:46.76	42.64	400m:	4:52.83	32.52
8.	Rachel Williams	University of Bath			42908			4:54.38		+0,76		
	50m:	31.55	31.55	150m:	1:45.55	37.39	250m:	3:04.61	42.95	350m:	4:23.06	34.17
	100m:	1:08.16	36.61	200m:	2:21.66	36.11	300m:	3:48.89	44.28	400m:	4:54.38	31.32
9.	Nuala Murphy	Swim Ireland			1989murp			4:55.86		+0,68		
	50m:	31.98	31.98	150m:	1:44.09	36.46	250m:	3:04.93	44.99	350m:	4:23.00	33.88
	100m:	1:07.63	35.65	200m:	2:19.94	35.85	300m:	3:49.12	44.19	400m:	4:55.86	32.86
10.	Nadia Morais Vieira	Portugal			13092			4:56.44		+0,72		
	50m:	32.00	32.00	150m:	1:47.60	38.74	250m:	3:07.15	41.94	350m:	4:23.33	34.57
	100m:	1:08.86	36.86	200m:	2:25.21	37.61	300m:	3:48.76	41.61	400m:	4:56.44	33.11
11.	Chloe Tutton	City of Cardiff SC			37653			4:57.57		+0,74		
	50m:	30.85	30.85	150m:	1:44.94	38.83	250m:	3:05.87	42.16	350m:	4:24.64	35.42
	100m:	1:06.11	35.26	200m:	2:23.71	38.77	300m:	3:49.22	43.35	400m:	4:57.57	32.93
12.	Lisa Dreesens	EIFFELswimmersPSV			199105798			4:59.85		+0,80		
	50m:	29.48	29.48	150m:	1:44.03	40.34	250m:	3:05.97	43.48	350m:	4:25.28	35.27
	100m:	1:03.69	34.21	200m:	2:22.49	38.46	300m:	3:50.01	44.04	400m:	4:59.85	34.57
13.	Hannah Wardle	City of Sheffield SS			57328			5:01.76		+0,74		
	50m:	31.00	31.00	150m:	1:46.03	38.97	250m:	3:08.08	42.70	350m:	4:26.94	35.55
	100m:	1:07.06	36.06	200m:	2:25.38	39.35	300m:	3:51.39	43.31	400m:	5:01.76	34.82
14.	Marjolein Delno	DWK			199400024			5:02.22		+0,89		
	50m:	32.23	32.23	150m:	1:49.19	38.80	250m:	3:10.03	42.34	350m:	4:28.71	34.89
	100m:	1:10.39	38.16	200m:	2:27.69	38.50	300m:	3:53.82	43.79	400m:	5:02.22	33.51
15.	Danielle Huskisson	City of Sunderland			40974			5:03.76		+0,74		
	50m:	32.13	32.13	150m:	1:50.33	39.50	250m:	3:12.32	44.18	350m:	4:31.37	33.81
	100m:	1:10.83	38.70	200m:	2:28.14	37.81	300m:	3:57.56	45.24	400m:	5:03.76	32.39
16.	Orla Adams	Garioch ASC			371422			5:07.44		+0,76		
	50m:	31.61	31.61	150m:	1:48.30	39.16	250m:	3:10.72	43.52	350m:	4:30.94	36.58
	100m:	1:09.14	37.53	200m:	2:27.20	38.90	300m:	3:54.36	43.64	400m:	5:07.44	36.50
17.	Shani Stallard	Swim Ireland			1994stal			5:07.95		+0,72		
	50m:	32.10	32.10	150m:	1:50.06	40.68	250m:	3:11.51	42.02	350m:	4:31.93	37.54
	100m:	1:09.38	37.28	200m:	2:29.49	39.43	300m:	3:54.39	42.88	400m:	5:07.95	36.02
18.	Cynthia Verkaik	Orca			199601288			5:10.32		+0,79		
	50m:	32.25	32.25	150m:	1:51.73	42.22	250m:	3:14.08	42.64	350m:	4:35.26	37.42
	100m:	1:09.51	37.26	200m:	2:31.44	39.71	300m:	3:57.84	43.76	400m:	5:10.32	35.06
19.	Judith van Meijel	HZPC			199102076			5:11.28		+0,86		
	50m:	33.16	33.16	150m:	1:52.15	39.79	250m:	3:15.44	44.23	350m:	4:36.55	36.67
	100m:	1:12.36	39.20	200m:	2:31.21	39.06	300m:	3:59.88	44.44	400m:	5:11.28	34.73
20.	Leonie van Noort	De Zijl/LGB			199301752			5:12.36		+0,87		
	50m:	30.77	30.77	150m:	1:46.52	39.27	250m:	3:11.52	47.06	350m:	4:36.67	35.91
	100m:	1:07.25	36.48	200m:	2:24.46	37.94	300m:	4:00.76	49.24	400m:	5:12.36	35.69
21.	Charlotte De Geeter	Kon.Brugse Zwemkring			BZK/307/95			5:13.77		+0,71		
	50m:	32.29	32.29	150m:	1:51.28	41.02	250m:	3:17.06	45.68	350m:	4:38.93	35.67
	100m:	1:10.26	37.97	200m:	2:31.38	40.10	300m:	4:03.26	46.20	400m:	5:13.77	34.84

Mistakes?

Mail to: nkinschrijvingen@knzb.nl

Splash Meet Manager 11, Build 17983

Registered to KNZB

05-12-2011 18:41 - Page 2



Event 37, Women, 400m Medley, all-in

rank	name	club name	time	RT	pts
22.	Macy Oortwijn	DWK	199500722	5:15.18 +0,86	
	50m: 31.83	150m: 1:51.33	250m: 3:17.78	350m: 4:40.34	35.94
	100m: 1:10.39	200m: 2:32.00	300m: 4:04.40	400m: 5:15.18	34.84
23.	Oda Gjerde	Bryne Symjeklubb	1995gjer	5:15.37 +0,81	
	50m: 33.98	150m: 1:54.25	250m: 3:18.43	350m: 4:40.71	36.85
	100m: 1:13.21	200m: 2:35.05	300m: 4:03.86	400m: 5:15.37	34.66
24.	Wendan Poelstra	HZ&PC Heerenveen	199102496	5:16.49 +0,71	
	50m: 31.91	150m: 1:50.57	250m: 3:16.25	350m: 4:39.99	36.96
	100m: 1:10.32	200m: 2:31.01	300m: 4:03.03	400m: 5:16.49	36.50
25.	Helen McRoberts	Warrender Baths Club	28274	5:17.50 +0,74	
	50m: 33.14	150m: 1:52.79	250m: 3:20.05	350m: 4:43.53	35.86
	100m: 1:11.50	200m: 2:32.88	300m: 4:07.67	400m: 5:17.50	33.97
26.	Anouque Berghuis	De Zijl/LGB	199606132	5:17.96 +0,78	
	50m: 33.22	150m: 1:52.32	250m: 3:18.52	350m: 4:44.13	36.67
	100m: 1:12.00	200m: 2:31.47	300m: 4:07.46	400m: 5:17.96	33.83
27.	Maaïke van Veen	ZPC Bikkel Hoogeveen	199700292	5:19.00 +0,76	
	50m: 33.47	150m: 1:53.14	250m: 3:18.42	350m: 4:42.68	37.82
	100m: 1:13.59	200m: 2:32.00	300m: 4:04.86	400m: 5:19.00	36.32
28.	Lisa van Breugel	BZV	199506804	5:20.28 +0,87	
	50m: 33.61	150m: 1:54.56	250m: 3:23.48	350m: 4:47.08	35.25
	100m: 1:12.45	200m: 2:34.83	300m: 4:11.83	400m: 5:20.28	33.20
29.	Anne-Lore Bynens	Genker Zwemver. Neptunus	GZVN/322/96	5:20.36 +0,76	
	50m: 33.59	150m: 1:55.15	250m: 3:20.14	350m: 4:43.35	37.88
	100m: 1:13.83	200m: 2:35.36	300m: 4:05.47	400m: 5:20.36	37.01
30.	Kirsty Hunter	East Lothian Swim Team	352277	5:20.93 +0,74	
	50m: 32.77	150m: 1:53.09	250m: 3:20.43	350m: 4:44.46	37.44
	100m: 1:11.49	200m: 2:34.07	300m: 4:07.02	400m: 5:20.93	36.47
31.	Mirl de Boer	DAW	199700468	5:24.86 +0,78	
	50m: 33.69	150m: 1:56.44	250m: 3:23.51	350m: 4:48.12	37.69
	100m: 1:14.16	200m: 2:37.44	300m: 4:10.43	400m: 5:24.86	36.74
32.	Shireen Post	AZ&PC	199503286	5:26.89 +0,83	
	50m: 32.48	150m: 1:54.78	250m: 3:26.06	350m: 4:51.21	36.07
	100m: 1:10.64	200m: 2:37.17	300m: 4:15.14	400m: 5:26.89	35.68
33.	Claudia den Ottelander	TRB-RES	199500552	5:28.84 +0,84	
	50m: 34.96	150m: 2:00.34	250m: 3:28.67	350m: 4:53.12	37.17
	100m: 1:16.17	200m: 2:42.93	300m: 4:15.95	400m: 5:28.84	35.72
34.	Linda Kamperman	Aquarijn	199601238	5:29.43 +0,69	
	50m: 33.72	150m: 1:56.79	250m: 3:27.44	350m: 4:54.12	36.35
	100m: 1:13.45	200m: 2:38.46	300m: 4:17.77	400m: 5:29.43	35.31
35.	Kelly Wigleven	MNC Dordrecht	199500058	5:30.27 +0,75	
	50m: 32.63	150m: 1:55.69	250m: 3:27.07	350m: 4:53.30	38.05
	100m: 1:11.97	200m: 2:38.88	300m: 4:15.25	400m: 5:30.27	36.97
36.	Manon Koster	HZPC	199701312	5:32.78 +0,81	
	50m: 36.49	150m: 2:01.35	250m: 3:32.00	350m: 4:57.98	37.07
	100m: 1:18.63	200m: 2:43.61	300m: 4:20.91	400m: 5:32.78	34.80
37.	Adaja Stoetman	TriVia	199600348	5:33.76 +0,81	
	50m: 31.64	150m: 1:57.61	250m: 3:30.70	350m: 4:58.94	38.96
	100m: 1:10.28	200m: 2:41.88	300m: 4:19.98	400m: 5:33.76	34.82
38.	Maud Hoofs	Racing Club	199501206	5:35.70 +0,78	
	50m: 34.49	150m: 2:02.82	250m: 3:33.00	350m: 4:59.75	38.44
	100m: 1:16.00	200m: 2:46.63	300m: 4:21.31	400m: 5:35.70	35.95
39.	Romy Hoogendijk	De Zeeuwse Kust (SG)	199601258	5:36.33 +0,68	
	50m: 34.50	150m: 2:00.54	250m: 3:31.40	350m: 4:59.01	38.13
	100m: 1:17.24	200m: 2:43.38	300m: 4:20.88	400m: 5:36.33	37.32
40.	Asmara Ritmeijer	ZVVS	199600790	5:37.77 +0,86	
	50m: 34.35	150m: 2:01.43	250m: 3:30.96	350m: 4:58.86	39.01
	100m: 1:17.03	200m: 2:44.29	300m: 4:19.85	400m: 5:37.77	38.91
41.	Kimberly Mijnen	WZ&PC Purmerend	199503644	5:38.14 +0,81	
	50m: 33.54	150m: 2:00.55	250m: 3:31.38	350m: 5:00.13	39.43
	100m: 1:16.18	200m: 2:43.73	300m: 4:20.70	400m: 5:38.14	38.01
42.	Latascha Kilian	Olympia	199702308	5:38.19 +0,75	
	50m: 34.99	150m: 2:02.44	250m: 3:34.50	350m: 5:01.99	37.80
	100m: 1:18.20	200m: 2:45.86	300m: 4:24.19	400m: 5:38.19	36.20

Mistakes?

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05-12-2011 18:41 - Page 3



Event 37, Women, 400m Medley, all-in

rank	name	club name							time		RT	pts	
43.	Elisabeth Rivard	WVZ							199600244		5:39.11	+0,76	
	50m: 34.07	34.07	150m: 2:00.31	43.35	250m: 3:31.93	50.22	350m: 5:02.28	37.83					
	100m: 1:16.96	42.89	200m: 2:41.71	41.40	300m: 4:24.45	52.52	400m: 5:39.11	36.83					
44.	Jasmijn Bink	LZ 1886							199700332		5:52.77	+0,87	
	50m: 35.97	35.97	150m: 2:01.82	43.66	250m: 3:39.46	54.33	350m: 5:13.37	39.89					
	100m: 1:18.16	42.19	200m: 2:45.13	43.31	300m: 4:33.48	54.02	400m: 5:52.77	39.40					
DNS	Siobhan-Marie O'Connor	University of Bath							292600				
DNS	Christina Kaas Elmgreen	Lyngby SK							9686AD				
WDR	Sycerika McMahon	Swim Ireland							1995mcma				
sick	Lieke Verouden	Racing Club							199003948				
sick	Lotte Langenhoff	Zeester-Meerval							199602580				