

Event 21
03-12-2011

Men, 400m Medley

Jeugd/Senioren
Results

World Record	4:03.84	Michael Phelps	Beijing (CHN)	10-08-2008
European Record	4:06.16	Laszlo Cseh	Beijing (CHN)	10-08-2008
Nederlands Record Senioren	4:15.38	Marcel Wouda	Sevilla (ESP)	20-08-1997
Nederlands Record Jeugd	4:26.60	Sam van de Schootbrugge	Helsinki (FIN)	18-07-2010
Limiet OS 2012 Londen	4:15.50			
Richttijd EK 2012 Antwerpen	4:20.48			
Richttijd EJK 2012 Antwerpen	4:29.34			

rank	name	club name	time	RT	pts
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Jeugd 1 en 2

1.	Gregorio Paltrinieri	Italy National Team			1994palt			4:29.53	+0,73			
		50m:	28.69	28.69	150m:	1:38.05	36.42			250m:	2:50.87	38.51
		100m:	1:01.63	32.94	200m:	2:12.36	34.31			300m:	3:30.13	39.26
2.	Louis Croenen	ShaRK			SHARK/133/94			4:31.40	+0,72			
		50m:	28.54	28.54	150m:	1:36.72	35.23			250m:	2:49.13	39.22
		100m:	1:01.49	32.95	200m:	2:09.91	33.19			300m:	3:29.07	39.94
3.	Ensger Kotterink	Netherlands			58368			4:38.35	+0,72			
		50m:	28.66	28.66	150m:	1:37.72	35.87			250m:	2:53.16	39.96
		100m:	1:01.85	33.19	200m:	2:13.20	35.48			300m:	3:34.48	41.32
4.	Brendan Hyland	Tallaght			1994hyla			4:46.38	+0,78			
		50m:	29.65	29.65	150m:	1:41.55	38.12			250m:	2:59.86	41.41
		100m:	1:03.43	33.78	200m:	2:18.45	36.90			300m:	3:41.83	41.97
5.	Niels van Basten Batenburg	ZC Valkenburg			199400593			4:47.87	+0,73			
		50m:	29.22	29.22	150m:	1:39.82	37.05			250m:	2:58.94	42.42
		100m:	1:02.77	33.55	200m:	2:16.52	36.70			300m:	3:41.16	42.22
6.	Diego De Meyer	De Bruinvis			199500467			4:51.06	+0,67			
		50m:	28.55	28.55	150m:	1:41.69	39.64			250m:	2:59.28	40.70
		100m:	1:02.05	33.50	200m:	2:18.58	36.89			300m:	3:40.89	41.61
7.	Ramon Fredrik	Orca			199403933			4:52.83	+0,73			
		50m:	28.85	28.85	150m:	1:41.48	39.61			250m:	3:01.61	42.20
		100m:	1:01.87	33.02	200m:	2:19.41	37.93			300m:	3:44.39	42.78
8.	Arjan Knipping	Livo			199401667			4:59.19	+0,72			
		50m:	30.41	30.41	150m:	1:44.26	38.34			250m:	3:04.64	42.62
		100m:	1:05.92	35.51	200m:	2:22.02	37.76			300m:	3:47.14	42.50
9.	Arjan Hanse	AZ&PC			199500657			5:00.91	+0,79			
		50m:	31.23	31.23	150m:	1:50.69	40.08			250m:	3:10.67	43.13
		100m:	1:10.61	39.38	200m:	2:27.54	36.85			300m:	3:53.71	43.04
10.	Rowan Keen	Borger			199500727			5:03.80	+0,88			
		50m:	31.68	31.68	150m:	1:48.26	39.66			250m:	3:08.91	43.14
		100m:	1:08.60	36.92	200m:	2:25.77	37.51			300m:	3:53.70	44.79
11.	Kevin Wolters	HGN (SG)			199501965			5:05.33	+0,74			
		50m:	31.39	31.39	150m:	1:51.20	43.31			250m:	3:12.77	38.71
		100m:	1:07.89	36.50	200m:	2:34.06	42.86			300m:	3:53.19	40.42
12.	Sem van Lith	Aqua-Novio'94			199501851			5:06.98	+0,66			
		50m:	28.63	28.63	150m:	1:44.26	40.66			250m:	3:06.76	43.52
		100m:	1:03.60	34.97	200m:	2:23.24	38.98			300m:	3:50.76	44.00
13.	Vincent Moolhuijsen	Oceanus			199401215			5:09.71	+0,78			
		50m:	30.23	30.23	150m:	1:48.30	41.02			250m:	3:14.04	45.66
		100m:	1:07.28	37.05	200m:	2:28.38	40.08			300m:	4:00.70	46.66
14.	Valentin Decossaux	Swimming Team Tienen			STT/190/95			5:19.98	+0,74			
		50m:	31.22	31.22	150m:	1:53.70	42.73			250m:	3:20.10	45.04
		100m:	1:10.97	39.75	200m:	2:35.06	41.36			300m:	4:06.16	46.06
sick	Alastair Miley	Garioch ASC			71878							

Event 21, Men, 400m Medley

all-in

1.	Markus Rogan	Austrian SF	1982rogan	4:17.03	+0,81			
	Championship Record							
	50m: 27.05	27.05	150m: 1:30.23	32.65	250m: 2:38.53	36.41	350m: 3:47.07	31.49
	100m: 57.58	30.53	200m: 2:02.12	31.89	300m: 3:15.58	37.05	400m: 4:17.03	29.96
2.	Thomas Haffield	City of Cardiff SC	31534	4:18.59	+0,71			
	50m: 28.17	28.17	150m: 1:33.29	33.20	250m: 2:41.23	35.46	350m: 3:48.87	30.86
	100m: 1:00.09	31.92	200m: 2:05.77	32.48	300m: 3:18.01	36.78	400m: 4:18.59	29.72
3.	Xavier Mohammed	City of Cardiff SC	39818	4:19.43	+0,67			
	50m: 28.56	28.56	150m: 1:34.24	32.76	250m: 2:42.72	36.49	350m: 3:50.55	30.36
	100m: 1:01.48	32.92	200m: 2:06.23	31.99	300m: 3:20.19	37.47	400m: 4:19.43	28.88
4.	Simon Sjödin	Simklubben Neptun	AG6786	4:20.96	+0,68			
	50m: 26.58	26.58	150m: 1:32.06	34.01	250m: 2:42.13	36.43	350m: 3:51.39	31.20
	100m: 58.05	31.47	200m: 2:05.70	33.64	300m: 3:20.19	38.06	400m: 4:20.96	29.57
5.	Roberto Pavoni	Loughborough ITC	37306	4:21.45	+0,69			
	50m: 27.62	27.62	150m: 1:33.32	34.03	250m: 2:43.23	36.30	350m: 3:52.07	31.27
	100m: 59.29	31.67	200m: 2:06.93	33.61	300m: 3:20.80	37.57	400m: 4:21.45	29.38
6.	Alexis Manacas Santos	Portugal	13704	4:21.68	+0,76			
	50m: 27.67	27.67	150m: 1:32.87	33.45	250m: 2:41.93	36.81	350m: 3:52.05	32.05
	100m: 59.42	31.75	200m: 2:05.12	32.25	300m: 3:20.00	38.07	400m: 4:21.68	29.63
7.	Michael Meyer	South Africa	1992meyer	4:23.87	+0,71			
	50m: 27.42	27.42	150m: 1:32.33	33.43	250m: 2:43.13	38.52	350m: 3:54.43	32.22
	100m: 58.90	31.48	200m: 2:04.61	32.28	300m: 3:22.21	39.08	400m: 4:23.87	29.44
8.	Lewis Smith	Warrender	69260	4:25.11	+0,72			
	50m: 28.47	28.47	150m: 1:35.09	34.41	250m: 2:46.22	37.65	350m: 3:55.28	31.65
	100m: 1:00.68	32.21	200m: 2:08.57	33.48	300m: 3:23.63	37.41	400m: 4:25.11	29.83
9.	Taki M'rabet	Tunisia	1989mrab	4:26.19	+0,73			
	50m: 27.45	27.45	150m: 1:35.12	35.32	250m: 2:46.76	37.56	350m: 3:56.17	31.20
	100m: 59.80	32.35	200m: 2:09.20	34.08	300m: 3:24.97	38.21	400m: 4:26.19	30.02
10.	Davy Verreussel	HGN (SG)	198903341	4:27.44	+0,72			
	50m: 28.69	28.69	150m: 1:37.52	35.24	250m: 2:48.95	36.46	350m: 3:57.94	31.21
	100m: 1:02.28	33.59	200m: 2:12.49	34.97	300m: 3:26.73	37.78	400m: 4:27.44	29.50
11.	Gregorio Paltrinieri	Italy National Team	1994palt	4:29.53	+0,73			
	50m: 28.69	28.69	150m: 1:38.05	36.42	250m: 2:50.87	38.51	350m: 4:00.44	30.31
	100m: 1:01.63	32.94	200m: 2:12.36	34.31	300m: 3:30.13	39.26	400m: 4:29.53	29.09
12.	Gal Nevo	Israel	1987nevo	4:29.98	+0,64			
	50m: 28.87	28.87	150m: 1:36.81	35.10	250m: 2:48.34	36.70	350m: 3:58.18	32.05
	100m: 1:01.71	32.84	200m: 2:11.64	34.83	300m: 3:26.13	37.79	400m: 4:29.98	31.80
13.	Louis Croenen	ShaRK	SHARK/133/94	4:31.40	+0,72			
	50m: 28.54	28.54	150m: 1:36.72	35.23	250m: 2:49.13	39.22	350m: 4:01.43	32.36
	100m: 1:01.49	32.95	200m: 2:09.91	33.19	300m: 3:29.07	39.94	400m: 4:31.40	29.97
14.	Mathieu Mattelaer	Gold Swimming Team	GOLD/338/91	4:31.88	+0,71			
	50m: 27.45	27.45	150m: 1:35.80	35.70	250m: 2:49.45	39.08	350m: 4:01.57	32.27
	100m: 1:00.10	32.65	200m: 2:10.37	34.57	300m: 3:29.30	39.85	400m: 4:31.88	30.31
15.	Fabian Whitbread	Warrender Baths Club	36933	4:33.66	+0,71			
	50m: 28.80	28.80	150m: 1:38.17	35.82	250m: 2:50.81	37.97	350m: 4:02.79	33.25
	100m: 1:02.35	33.55	200m: 2:12.84	34.67	300m: 3:29.54	38.73	400m: 4:33.66	30.87
16.	Alan Cabello Forns	Spain	1988cabe	4:34.43	+0,69			
	50m: 28.59	28.59	150m: 1:37.99	36.25	250m: 2:52.54	39.46	350m: 4:03.97	31.98
	100m: 1:01.74	33.15	200m: 2:13.08	35.09	300m: 3:31.99	39.45	400m: 4:34.43	30.46
17.	David Gregory	City of Sheffield SS	57049	4:34.90	+0,78			
	50m: 27.46	27.46	150m: 1:35.25	35.27	250m: 2:49.54	39.97	350m: 4:02.76	33.26
	100m: 59.98	32.52	200m: 2:09.57	34.32	300m: 3:29.50	39.96	400m: 4:34.90	32.14
18.	Ensger Kotterink	Netherlands	58368	4:38.35	+0,72			
	50m: 28.66	28.66	150m: 1:37.72	35.87	250m: 2:53.16	39.96	350m: 4:07.26	32.78
	100m: 1:01.85	33.19	200m: 2:13.20	35.48	300m: 3:34.48	41.32	400m: 4:38.35	31.09
19.	Niall Wynn	NUIM Devils	1989wynn	4:39.52	+0,75			
	50m: 28.57	28.57	150m: 1:37.49	35.48	250m: 2:53.16	40.31	350m: 4:07.71	32.83
	100m: 1:02.01	33.44	200m: 2:12.85	35.36	300m: 3:34.88	41.72	400m: 4:39.52	31.81
20.	Vasilii Danilov	SG Dortmund	1988dani	4:39.53	+0,78			
	50m: 28.29	28.29	150m: 1:38.47	37.31	250m: 2:54.59	39.77	350m: 4:07.52	32.19
	100m: 1:01.16	32.87	200m: 2:14.82	36.35	300m: 3:35.33	40.74	400m: 4:39.53	32.01
21.	Sebas van Lith	Aqua-Novio'94	199001841	4:39.72	+0,83			
	50m: 27.75	27.75	150m: 1:37.44	36.43	250m: 2:52.75	39.62	350m: 4:07.01	33.59
	100m: 1:01.01	33.26	200m: 2:13.13	35.69	300m: 3:33.42	40.67	400m: 4:39.72	32.71

Mistakes?

Mail to: nknschrijvingen@knzb.nl

Splash Meet Manager 11, Build 17983

Registered to KNZB

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Event 21, Men, 400m Medley, all-in

rank	name	club name						time			RT	pts	
22.	Marcel Schouten	EIFFELswimmersPSV						199300653			4:40.76	+0,71	
	50m:	29.10	29.10	150m:	1:39.01	36.11	250m:	2:55.01	39.88	350m:	4:09.04	33.45	
	100m:	1:02.90	33.80	200m:	2:15.13	36.12	300m:	3:35.59	40.58	400m:	4:40.76	31.72	
23.	Craig McNally	Warrender Baths Club						189174			4:41.40	+0,75	
	50m:	29.05	29.05	150m:	1:39.37	35.57	250m:	2:55.98	42.85	350m:	4:12.16	33.11	
	100m:	1:03.80	34.75	200m:	2:13.13	33.76	300m:	3:39.05	43.07	400m:	4:41.40	29.24	
24.	Raymond van de Merwe	WVZ						198602077			4:42.34	+0,74	
	50m:	28.28	28.28	150m:	1:38.58	36.95	250m:	2:54.25	39.60	350m:	4:09.29	34.06	
	100m:	1:01.63	33.35	200m:	2:14.65	36.07	300m:	3:35.23	40.98	400m:	4:42.34	33.05	
25.	Colm Dowling	Kilkenny						1989dowl			4:44.18	+0,68	
	50m:	28.84	28.84	150m:	1:40.35	37.08	250m:	2:56.96	40.97	350m:	4:11.17	32.52	
	100m:	1:03.27	34.43	200m:	2:15.99	35.64	300m:	3:38.65	41.69	400m:	4:44.18	33.01	
26.	Brendan Hyland	Tallaght						1994hyla			4:46.38	+0,78	
	50m:	29.65	29.65	150m:	1:41.55	38.12	250m:	2:59.86	41.41	350m:	4:15.11	33.28	
	100m:	1:03.43	33.78	200m:	2:18.45	36.90	300m:	3:41.83	41.97	400m:	4:46.38	31.27	
27.	Niels van Basten Batenburg	ZC Valkenburg						199400593			4:47.87	+0,73	
	50m:	29.22	29.22	150m:	1:39.82	37.05	250m:	2:58.94	42.42	350m:	4:15.51	34.35	
	100m:	1:02.77	33.55	200m:	2:16.52	36.70	300m:	3:41.16	42.22	400m:	4:47.87	32.36	
28.	Diego De Meyer	De Bruinvis						199500467			4:51.06	+0,67	
	50m:	28.55	28.55	150m:	1:41.69	39.64	250m:	2:59.28	40.70	350m:	4:16.23	35.34	
	100m:	1:02.05	33.50	200m:	2:18.58	36.89	300m:	3:40.89	41.61	400m:	4:51.06	34.83	
29.	Ramon Fredrik	Orca						199403933			4:52.83	+0,73	
	50m:	28.85	28.85	150m:	1:41.48	39.61	250m:	3:01.61	42.20	350m:	4:19.67	35.28	
	100m:	1:01.87	33.02	200m:	2:19.41	37.93	300m:	3:44.39	42.78	400m:	4:52.83	33.16	
30.	Arjan Knipping	Livo						199401667			4:59.19	+0,72	
	50m:	30.41	30.41	150m:	1:44.26	38.34	250m:	3:04.64	42.62	350m:	4:24.30	37.16	
	100m:	1:05.92	35.51	200m:	2:22.02	37.76	300m:	3:47.14	42.50	400m:	4:59.19	34.89	
31.	Arjan Hanse	AZ&PC						199500657			5:00.91	+0,79	
	50m:	31.23	31.23	150m:	1:50.69	40.08	250m:	3:10.67	43.13	350m:	4:29.11	35.40	
	100m:	1:10.61	39.38	200m:	2:27.54	36.85	300m:	3:53.71	43.04	400m:	5:00.91	31.80	
32.	Rowan Keen	Borger						199500727			5:03.80	+0,88	
	50m:	31.68	31.68	150m:	1:48.26	39.66	250m:	3:08.91	43.14	350m:	4:29.47	35.77	
	100m:	1:08.60	36.92	200m:	2:25.77	37.51	300m:	3:53.70	44.79	400m:	5:03.80	34.33	
33.	Kevin Wolters	HGN (SG)						199501965			5:05.33	+0,74	
	50m:	31.39	31.39	150m:	1:51.20	43.31	250m:	3:12.77	38.71	350m:	4:30.05	36.86	
	100m:	1:07.89	36.50	200m:	2:34.06	42.86	300m:	3:53.19	40.42	400m:	5:05.33	35.28	
34.	Sem van Lith	Aqua-Novio'94						199501851			5:06.98	+0,66	
	50m:	28.63	28.63	150m:	1:44.26	40.66	250m:	3:06.76	43.52	350m:	4:29.20	38.44	
	100m:	1:03.60	34.97	200m:	2:23.24	38.98	300m:	3:50.76	44.00	400m:	5:06.98	37.78	
35.	Vincent Moolhuijsen	Oceanus						199401215			5:09.71	+0,78	
	50m:	30.23	30.23	150m:	1:48.30	41.02	250m:	3:14.04	45.66	350m:	4:34.74	34.04	
	100m:	1:07.28	37.05	200m:	2:28.38	40.08	300m:	4:00.70	46.66	400m:	5:09.71	34.97	
36.	Valentin Decossaux	Swimming Team Tienen						STT/190/95			5:19.98	+0,74	
	50m:	31.22	31.22	150m:	1:53.70	42.73	250m:	3:20.10	45.04	350m:	4:44.01	37.85	
	100m:	1:10.97	39.75	200m:	2:35.06	41.36	300m:	4:06.16	46.06	400m:	5:19.98	35.97	
DSQ	Kevin Eltink	DWK						199100589			SL		
	50m:			150m:			250m:			350m:			
	100m:			200m:			300m:			400m:			
WDR	Andrew Meegan	Aer Lingus						1990meeg					
sick	Alastair Miley	Garioch ASC						71878					