

Nederlandse Junioren Kampioenschappen 2013
Utrecht, 21 - 23 juni 2013



Programmanr. 67
23-06-2013 - 10:09

Meisjes, 400m wisselslag
Richttijd EYOF Utrecht 2013: 05:07,95

Junioren 2
Resultaten

Nederlands Record Junioren	5:06.08	Naomi van der Woerd	Amersfoort	28-06-1991
Nederlands Record 13 jaar	5:13.03	Mirjan van Aarsen	Amersfoort	09-07-1982
Kamp. Record Junioren 2	5:18.00	Tessa Vermeulen	Dordrecht	19-06-2011

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT	niveau
1.	Iris Tjonk	WS Twente	5:31.92	200004066	5:31.05	+0,86	D
	50m: 34.13	150m: 1:58.07	250m: 3:27.68	49.58	350m: 4:54.95		38.78
	100m: 1:17.91	200m: 2:38.10	300m: 4:16.17	48.49	400m: 5:31.05		36.10
2.	Laura Setz	Nova	5:51.42	200000130	5:37.07	+0,90	D
	50m: 34.90	150m: 2:01.45	250m: 3:33.59	50.71	350m: 4:59.89		38.19
	100m: 1:18.49	200m: 2:42.88	300m: 4:21.70	48.11	400m: 5:37.07		37.18
3.	Brigit van der Vegte	Octopus	5:23.39	200000714	5:38.22	+0,78	E
	50m: 35.25	150m: 2:02.65	250m: 3:30.39	47.02	350m: 5:00.31		40.56
	100m: 1:19.81	200m: 2:43.37	300m: 4:19.75	49.36	400m: 5:38.22		37.91
4.	Laura Nieuwland	ZPC De Zeeuwse Kust	5:47.80	200001834	5:40.98	+0,72	E
	50m: 35.32	150m: 2:00.11	250m: 3:32.53	50.50	350m: 5:03.97		39.07
	100m: 1:17.08	200m: 2:42.03	300m: 4:24.90	52.37	400m: 5:40.98		37.01
5.	Myrthe Beijen	GoSwim	5:48.43	200002350	5:41.14	+0,75	E
	50m: 32.42	150m: 1:56.26	250m: 3:31.37	51.21	350m: 5:03.40		39.34
	100m: 1:12.57	200m: 2:40.16	300m: 4:24.06	52.69	400m: 5:41.14		37.74
6.	Amber Kerkhofs	Kimbria	5:46.40	200000074	5:47.15	+0,78	E
	50m: 35.69	150m: 2:07.32	250m: 3:39.50	47.81	350m: 5:09.33		40.00
	100m: 1:21.11	200m: 2:51.69	300m: 4:29.33	49.83	400m: 5:47.15		37.82
7.	Jasmijn Boon	WVZ	5:48.98	200001280	5:48.13	+0,80	E
	50m: 35.70	150m: 2:07.61	250m: 3:41.31	50.04	350m: 5:12.68		39.34
	100m: 1:21.50	200m: 2:51.27	300m: 4:33.34	52.03	400m: 5:48.13		35.45
8.	Kaylee de Jong	ZPCH	5:50.06	200001234	5:48.57	+0,85	E
	50m: 37.03	150m: 2:08.92	250m: 3:42.24	49.59	350m: 5:12.25		38.86
	100m: 1:23.74	200m: 2:52.65	300m: 4:33.39	51.15	400m: 5:48.57		36.32
9.	Kim Vos	SBC2000	5:46.18	200000990	5:48.64	+0,70	E
	50m: 35.64	150m: 2:09.92	250m: 3:44.18	49.20	350m: 5:12.15		38.47
	100m: 1:21.72	200m: 2:54.98	300m: 4:33.68	49.50	400m: 5:48.64		36.49
10.	Claudia Schouten	GoSwim	5:50.20	200000812	5:50.85	+0,83	E
	50m: 35.49	150m: 2:10.00	250m: 3:41.47	47.66	350m: 5:12.24		40.12
	100m: 1:23.29	200m: 2:53.81	300m: 4:32.12	50.65	400m: 5:50.85		38.61
11.	Myrthe Bakker	SBC2000	5:44.02	200000804	5:50.88	+0,71	E
	50m: 35.86	150m: 2:06.70	250m: 3:39.28	48.48	350m: 5:11.24		41.75
	100m: 1:20.44	200m: 2:50.80	300m: 4:29.49	50.21	400m: 5:50.88		39.64