



Nederlandse Junioren Kampioenschappen 2012
Drachten, 15 t/m 17-6-2012

Programmanr. 1
15-06-2012 - 9:00

Meisjes, 400m vrije slag

Junioren 1
Resultaten

Nederlands Record Junioren	4:20.37	Karen Wammes	Antwerpen (BEL)	01-08-1991
Nederlands Record 12 jaar	4:35.09	Esmee Vermeulen	Eindhoven	05-12-2008
Kamp. Record Junioren 1	4:52.83	Janina Beckers	Amsterdam	18-06-2010

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT	niv.	100m	200m	300m	400m
1.	Marrit Steenberghe	DZ&PC	4:45.76	200000086	4:47.28	+0,79	A	1:07.40	2:21.41	3:35.16	4:47.28
	<i>Kamp. Record Junioren 1</i>										
2.	Laura van Engelen	AquAmigos	4:58.49	200000350	5:00.63	+0,76	D	1:11.18	2:29.27	3:47.23	5:00.63
3.	Jasmijn Boon	WVZ	5:09.22	200001280	5:01.86	+0,67	D	1:11.04	2:29.22	3:48.74	5:01.86
4.	Myrthe Beijen	GoSwim	5:05.31	200002350	5:01.90	+0,77	D	1:10.98	2:29.20	3:48.64	5:01.90
	<i>100 en 200m*</i>										
5.	Amber Kerkhofs	Kimbria	5:09.79	200000074	5:03.85	+0,87	D	1:12.70	2:30.98	3:49.07	5:03.85
6.	Marij van der Mast	SBC2000	5:05.34	200000676	5:10.59		E	1:11.21	2:29.97	3:49.73	5:10.59
7.	Floor Gerritsma	TriVia	5:21.96	200002464	5:16.60	+0,67	E	1:13.92	2:34.83	3:58.49	5:16.60
8.	Amber Zwama	Zignea	5:24.81	200001734	5:17.20	+0,80	E	1:15.98	2:37.84	3:59.37	5:17.20
9.	Simone Anvelink	MSV-Zeemacht	5:23.22	200001546	5:19.26	+0,94	F	1:16.27	2:38.40	3:59.23	5:19.26
10.	Kirsten Walraven	De Zeeuwse Kust (SG)	5:30.09	200001358	5:19.63	+0,91	F	1:15.52	2:38.67	4:01.76	5:19.63
11.	Claudia Schouten	GoSwim	5:14.62	200000812	5:21.14	+0,70	F	1:14.76	2:39.39	4:06.03	5:21.14
12.	Esmée van Geest	WVZ	5:26.60	200001286	5:22.08	+0,83	F	1:15.86	2:39.49	4:03.28	5:22.08
13.	Kim Vos	SBC2000	5:19.48	200000990	5:24.40	+0,86	F	1:15.32	2:40.00	4:04.17	5:24.40
14.	Floor Habers	Zeester-Meerval	5:29.17	200000054	5:26.05	+0,72	F	1:14.62	2:38.90	4:03.22	5:26.05
15.	Manon Ritten	Eurode Kerkrade	5:19.05	200002440	5:26.64		F	1:16.38	2:40.66	4:06.27	5:26.64
16.	Marieke van der Meer	De Columbiaan	5:24.20	200000162	5:27.30	+0,73	F	1:18.96	2:43.49	4:08.38	5:27.30
17.	Laura Setz	Stadskanaal	5:31.02	200000130	5:27.95		F	1:17.89	2:42.67	4:07.07	5:27.95
18.	Romée Spin	Losser	5:28.15	200000724	5:28.24	+0,89	F	1:16.45	2:40.22	4:06.59	5:28.24
	<i>200m*</i>										
19.	Marlin Klarenbeek	ZPC De Hof	5:28.82	200000106	5:28.29	+0,95	F	1:13.91	2:37.20	4:01.29	5:28.29
20.	Marleen Ankersmit	DWV	5:22.36	200001930	5:28.45	+0,76	F	1:19.99	2:45.10	4:10.04	5:28.45
21.	Anique Coelingh	ZPC Bikkel Hoogeveen	5:33.41	200000638	5:28.50	+0,75	F	1:18.04	2:42.85	4:07.42	5:28.50
22.	Kaylee de Jong	ZPCH	5:28.45	200001234	5:28.56	+0,89	F	1:16.95	2:41.23	4:07.34	5:28.56
23.	Amber Raadschilders	Kimbria	5:21.34	200000534	5:29.41	+0,85	F	1:16.93	2:42.27	4:08.51	5:29.41
	<i>100 en 200m*</i>										
24.	Danieke van der Kooi	De Granaet	5:20.29	200000552	5:29.49	+0,81	F	1:15.19	2:39.36	4:04.96	5:29.49
25.	Lené Doomen	TRB-RES	5:24.23	200001330	5:29.59	+0,82	F	1:16.77	2:40.97	4:05.35	5:29.59
26.	Myrthe Meier	De Grunte	5:35.26	200001830	5:32.88	+0,72	F	1:15.02	2:42.27	4:09.87	5:32.88
27.	Juliette Diaz Diaz	Racing Club	5:30.65	200000048	5:34.91	+0,76	F	1:17.88	2:44.21	4:11.51	5:34.91
28.	Britt Orchard	De Duck	5:32.84	200004102	5:37.74	+0,78		1:20.49	2:47.29	4:15.50	5:37.74
	<i>200m*</i>										
29.	Naomi Tjon-asoi	De Veene	5:33.21	200000394	5:39.93	+1,01		1:19.33	2:46.43	4:14.64	5:39.93
30.	Nicoline Schol	HoogenboomTours/BZ&PC	5:33.70	200003600	5:40.90	+0,80		1:20.36	2:48.14	4:16.32	5:40.90
31.	Iris Tjonk	De Veene	5:24.80	200004066	5:53.75	+0,97		1:21.20	2:51.99	4:23.57	5:53.75