

Programmanr. 14
19-10-2013 - 13:43

Heren, 400m wisselslag

Junioren 1 en ouder
Resultaten

| rang | naam | vereniging | intijd | tijd | |
|-------|--|---|---|---|------------------|
| 1. | Ruben van Leeuwen 50m: 28.54 100m: 1:01.44 | VZC E&P 150m: 1:36.87 35.43 200m: 2:11.90 35.03 | 4:35.43 250m: 2:53.64 41.74 300m: 3:35.65 42.01 | 199704803 350m: 4:08.25 32.60 400m: 4:38.32 30.07 | 4:38.32 |
| 2. | Ruben Griffioen 50m: 31.85 100m: 1:11.04 | De Columbiaan 150m: 1:48.11 37.07 200m: 2:23.96 35.85 | 5:00.54 250m: 3:05.59 41.63 300m: 3:47.74 42.15 | 199900771 350m: 4:22.56 34.82 400m: 4:54.67 32.11 | 4:54.67 |
| 3. | Jesse van Dijk 50m: 30.10 100m: 1:07.29 | De Houtrib 150m: 1:45.51 38.22 200m: 2:23.06 37.55 | 5:04.81 250m: 3:06.69 43.63 300m: 3:52.33 45.64 | 199903259 350m: 4:26.00 33.67 400m: 4:58.67 32.67 | 4:58.67 |
| 4. | Martin Ruiter 50m: 32.67 100m: 1:13.14 | De Houtrib 150m: 1:51.64 38.50 200m: 2:29.33 37.69 | 5:20.85 250m: 3:11.85 42.52 300m: 3:55.59 43.74 | 200001309 350m: 4:31.08 35.49 400m: 5:04.16 33.08 | 5:04.16 |
| 5. | Donny van den Bosch 50m: 30.79 100m: 1:07.31 | Zwemlust-den Hommel 150m: 1:47.80 40.49 200m: 2:27.73 39.93 | 5:05.54 250m: 3:11.56 43.83 300m: 3:57.80 46.24 | 199502001 350m: 4:33.57 35.77 400m: 5:08.95 35.38 | 5:08.95 |
| 6. | Theo Arp 50m: 32.48 100m: 1:12.30 | AZ&PC 150m: 1:53.02 40.72 200m: 2:33.09 40.07 | 5:18.66 250m: 3:17.83 44.74 300m: 4:03.67 45.84 | 199701869 350m: 4:42.08 38.41 400m: 5:17.61 35.53 | 5:17.61 |
| 7. | Thom Delno 50m: 34.05 100m: 1:14.37 | VZC E&P 150m: 1:56.29 41.92 200m: 2:36.51 40.22 | 5:21.69 250m: 3:21.37 44.86 300m: 4:06.73 45.36 | 200000013 350m: 4:44.89 38.16 400m: 5:20.10 35.21 | 5:20.10 * |
| 8. | Jelle Blankestijn 50m: 36.38 100m: 1:19.03 | AZ&PC 150m: 1:59.38 40.35 200m: 2:39.10 39.72 | 5:33.62 250m: 3:24.84 45.74 300m: 4:11.34 46.50 | 199803737 350m: 4:47.41 36.07 400m: 5:20.66 33.25 | 5:20.66 |
| 9. | Olivier Jans 100m* 50m: 37.42 100m: 1:20.84 | De Dolfijn 150m: 2:02.95 42.11 200m: 2:42.35 39.40 | 5:46.49 250m: 3:29.64 47.29 300m: 4:17.14 47.50 | 200001815 350m: 4:56.25 39.11 400m: 5:31.81 35.56 | 5:31.81 |
| 10. | Sander Crooijmans 50m: 37.79 100m: 1:23.44 | VZC E&P 150m: 2:05.57 42.13 200m: 2:46.85 41.28 | 6:00.44 250m: 3:35.34 48.49 300m: 4:25.06 49.72 | 200100383 350m: 5:03.04 37.98 400m: 5:38.59 35.55 | 5:38.59 |
| 11. | Vincent Crooijmans 50m: 38.30 100m: 1:25.82 | VZC E&P 150m: 2:09.06 43.24 200m: 2:50.92 41.86 | 6:11.08 250m: 3:37.78 46.86 300m: 4:25.60 47.82 | 200100381 350m: 5:05.03 39.43 400m: 5:42.69 37.66 | 5:42.69 |
| 12. | Stefan Waalkens 50m: 38.83 100m: 1:26.48 | De Houtrib 150m: 2:09.79 43.31 200m: 2:52.35 42.56 | 5:35.98 250m: 3:45.89 53.54 300m: 4:39.29 53.40 | 200100611 350m: 5:16.87 37.58 400m: 5:55.32 38.45 | 5:55.32 |
| 13. | Christiaan Smit 50m: 40.10 100m: 1:27.91 | De Dolfijn 150m: 2:13.11 45.20 200m: 2:55.95 42.84 | NT 250m: 3:46.66 50.71 300m: 4:37.18 50.52 | 200102463 350m: 5:17.92 40.74 400m: 5:55.66 37.74 | 5:55.66 |
| 14. | Ivar Oldenhof 50m: 42.78 100m: 1:34.41 | De Dolfijn 150m: 2:17.75 43.34 200m: 3:01.50 43.75 | 6:35.01 250m: 3:51.13 49.63 300m: 4:41.75 50.62 | 200000081 350m: 5:21.41 39.66 400m: 6:00.10 38.69 | 6:00.10 |
| 15. | Bas Willemsen 50m: 43.12 100m: 1:33.30 | Nunspeet 150m: 2:18.46 45.16 200m: 3:02.70 44.24 | NT 250m: 3:55.26 52.56 300m: 4:48.44 53.18 | 199900959 350m: 5:32.80 44.36 400m: 6:11.70 38.90 | 6:11.70 |
| DIS | Nils Hullegien 50m: 100m: | ZPC Woerden 150m: 200m: | NT 250m: 300m: | 199705371 350m: 400m: | RD |
| AFGEM | Thijs Molendijk | VZC E&P | 5:20.10 | 199900477 | |