Limburgse Zomerkampioenschappen deel 2
KERKRADE, 24 & 25 mei 2014

Programmanr. 31 — Heren, 400m vrije slag — Junioren 1 en ouder
24-5-2014 - 18:04 — Resultaten

Limburgs Jeugd Record	4:02.12	Dion Dreesens	Amsterdam	19-6-2009
Limburgs Record	3:59.88	Davy Verreussel	Einhoven	2-12-2011

Rang			In.tijd		100m	200m	300m	400m
Junioren 1								
1.	Jylano Nahr	Hgn (Sg)	4:54.24	200102593	1:10.57	2:27.42		4:59.57
2.	Lars Kerremans	Hgn (Sg)	5:09.06	200100305	1:13.03	2:32.48		5:07.45
3.	Raf Hendriks	ZC Valkenburg	5:05.51	200100879	1:14.51	2:34.18		5:15.06
4.	Alex Buijs	Zwemclub Eijsden	5:15.49	200100807	1:16.10	2:40.70		5:18.82
5.	Daniël Vlijt	HZPC	5:22.32	200100183	1:18.01	2:41.61		5:25.78
AFGEM	Luuk Roosen	Zwemclub Eijsden	4:54.94	200100577				
Junioren 2								
1.	Bas Dijkstra	Hgn (Sg)	4:39.13	200000043	1:08.30	2:21.98		4:47.46
2.	Kjell Bakker	Hgn (Sg)	4:41.86	200000297	1:07.89	2:21.91		4:51.88
3.	Max Janssen	Swimteam Helden~Mosa	4:43.50	200000263	1:08.56	2:25.84		4:57.02
4.	Niels de Boer	Eurode Kerkrade	4:46.56	200001977	1:09.88	2:27.27		4:57.10
5.	Maikel van der Linden	ZC Valkenburg	4:53.23	200003797	1:11.24	2:28.21		4:59.80
Junioren 3								
1.	Dario van Hulst	ZC Valkenburg	4:12.58	199903169	1:03.89	2:12.86		4:31.33
2.	Koen Koster	HZPC	4:55.59	199900517	1:08.75	2:23.41		4:49.07
3.	Lars van der Haijden	Hgn (Sg)	4:59.02	199900225	1:11.67	2:28.99		4:57.54
Junioren 4								
1.	Jordy Severins	Eurode Kerkrade	4:18.77	199800559	1:01.39	2:09.50		4:26.82
2.	Bart Köhlen	Hgn (Sg)	4:25.13	199802453	1:06.30	2:16.23		4:35.19
3.	Stefan Willigers	Zwemclub Eijsden	4:45.22	199803213	1:06.73	2:20.42		4:45.42
4.	Dylan Wolters	Hgn (Sg)	4:56.19	199800287	1:11.54	2:27.48		4:58.93
5.	Koen Wijnands	De Roersoppers	4:52.67	199800247	1:10.37	2:31.24		5:13.84
Jeugd 1								
1.	Max Hermans	Swimteam Helden~Mosa	4:26.84	199700879	1:06.39	2:17.51		4:38.39
2.	Ruben Delvoie	Zwemclub Eijsden	4:41.18	199703833	1:06.42	2:19.01		4:41.94
3.	Tim Stassen	ZC Valkenburg	4:37.53	199702939	1:08.82	2:21.60		4:49.10
4.	David Paulissen	Hgn (Sg)	4:47.73	199703489	1:09.00	2:26.40		4:57.41
5.	Daan Gehlen	De Roersoppers	4:46.38	199701637	1:09.92	2:26.33		4:59.84
Jeugd 2								
1.	Björn Piket	HZPC	4:24.59	199602133	1:03.89	2:13.96		4:30.09
2.	Djeremy Hesseling	Swimteam Helden~Mosa	4:42.98	199603197	1:08.18	2:23.22		4:58.39
18 jaar en ouder								
1.	Jan van Aken	Hgn (Sg)	4:14.93	199504369	1:05.06	2:14.42		4:30.33
2.	Mark Gorissen	Hgn (Sg)	4:22.48	198600973	1:04.55	2:15.05		4:35.40
3.	Roland de Jong	Eurode Kerkrade	4:27.04	197601513	1:06.37	2:16.71		4:39.06
4.	Patrick Creemers	RZ	4:27.57	199000579	1:08.40	2:20.96		4:39.52
5.	Stefan Lindenschmidt	Hgn (Sg)	4:30.00	19950592FJ 1	1:06.72	2:19.54		4:44.10
6.	Jochim Herben	Zwemclub Eijsden	4:33.80	19950340FJ 2	1:08.65	2:21.50		4:44.10
7.	Sven Bams	Zwemclub Eijsden	4:35.06	199405853	1:08.85	2:24.02		4:46.65
AFGEM	Lester Snackers	Hgn (Sg)	4:12.04	199400947				