

Programmanr. 24
04-07-2021 - 11:24

Heren, 400m wisselslag

Senioren Open
Resultaten

Wereld Record	3:54.81	Daiya Seto	Las Vegas (USA)	20-12-2019
Europees Record	3:57.27	Laszlo Cseh	Istanbul (TUR)	11-12-2009
Nederlands Record Senioren	4:05.41	Marcel Wouda	Parijs (FRA)	08-02-1997
Nederlands Record Jeugd	4:16.03	Jari Groenhart	Hoofddorp	21-12-2017
Nederlands Record Junioren	4:27.31	Stephan de Freitas Steverink	Eindhoven	16-12-2018

Punten: FINA 2020

rang	naam	vereniging	startnr.	tijd	RT	FINA PARA		
1.	Arjan Knipping	PSV	199401667	4:10.50	+0,71	823		
	50m: 26.69	26.69	150m: 1:28.87	31.76	250m: 2:34.62	34.60	350m: 3:41.05	30.54
	100m: 57.11	30.42	200m: 2:00.02	31.15	300m: 3:10.51	34.60	350m: 3:41.05	30.54
						35.89	400m: 4:10.50	29.45
2.	Thomas Jansen	WVZ	200100143	4:12.43	+0,73	804		
	50m: 27.17	27.17	150m: 1:29.56	31.18	250m: 2:36.01	36.16	350m: 3:42.53	29.80
	100m: 58.38	31.21	200m: 1:59.85	30.29	300m: 3:12.73	36.72	350m: 3:42.53	29.80
						36.72	400m: 4:12.43	29.90
3.	Yanieck Frijstein	Blue Marlins (SG)	200500329	4:26.06	+0,67	687		
	50m: 28.29	28.29	150m: 1:35.74	34.90	250m: 2:46.49	36.50	350m: 3:55.55	31.91
	100m: 1:00.84	32.55	200m: 2:09.99	34.25	300m: 3:23.64	37.15	350m: 3:55.55	31.91
						37.15	400m: 4:26.06	30.51