

Speedo Fast Water Meet
Amsterdam, 30-6- - 1-7-2018

Programmanr. 14
30-06-2018

Dames, 400m wisselslag

Senioren Open
Resultaten

rang	naam	vereniging	inschrijftijd	tijd	RT
1.	Lize Janna de Vries	Orca	5:02.85	200101948	4:59.23
	50m: 32.22	150m: 1:48.62	309.59	43.09	350m: 4:26.22
	100m: 1:09.46	200m: 2:26.50	351.90	42.31	400m: 4:59.23
2.	Wiktorja Redzimska	ZPC Hoogeveen	5:14.75	200106042	5:01.21
	50m: 33.11	150m: 1:48.20	308.63	43.43	350m: 4:27.37
	100m: 1:11.36	200m: 2:25.20	351.90	43.27	400m: 5:01.21
3.	Jade Smits	Brabo Zwemclub Antwerpen	4:56.76	BRABO/20886/01	5:04.61
	50m: 33.76	150m: 1:51.76	307.47	42.72	350m: 4:31.23
	100m: 1:14.29	200m: 2:29.87	356.71	44.12	400m: 5:04.61
4.	Karin Rijkelijhuizen	DZ&PC	5:10.26	199403358	5:11.21
	50m: 32.50	150m: 1:52.22	316.23	42.53	350m: 4:35.51
	100m: 1:10.36	200m: 2:33.70	358.93	42.70	400m: 5:11.21
5.	Fleur Donker	DWK	5:32.08	200006496	5:15.03
	50m: 33.29	150m: 1:51.29	317.55	47.39	350m: 4:41.29
	100m: 1:11.59	200m: 2:30.16	405.23	47.68	400m: 5:15.03
6.	Charlotte Feyen	Brabo Zwemclub Antwerpen	5:24.49	BRABO/20006/03	5:17.64
	50m: 33.72	150m: 1:54.92	319.64	43.40	350m: 4:41.75
	100m: 1:14.34	200m: 2:36.24	404.34	44.70	400m: 5:17.64
7.	Noa Oldenhof	De Dolfijn	5:16.02	199700622	5:17.75
	50m: 33.50	150m: 1:54.24	319.63	46.89	350m: 4:43.12
	100m: 1:14.04	200m: 2:32.74	406.84	47.21	400m: 5:17.75
8.	Kim de Jong	LinK/z&pc Katwijk (SG)	5:17.03	200301026	5:19.05
	50m: 33.31	150m: 1:55.33	319.72	43.18	350m: 4:42.70
	100m: 1:13.81	200m: 2:36.54	404.24	44.52	400m: 5:19.05
9.	Merel Schravendijk	The Hague Swimming (SG)	5:28.79	200503382	5:21.97
	50m: 37.59	150m: 2:03.00	327.54	45.29	350m: 4:48.54
	100m: 1:21.16	200m: 2:42.25	412.90	45.36	400m: 5:21.97
10.	Kim Jansen van Galen	PSV	5:33.51	200201594	5:22.16
	50m: 32.63	150m: 1:56.03	323.30	44.94	350m: 4:47.50
	100m: 1:11.71	200m: 2:38.36	409.68	46.38	400m: 5:22.16
11.	Renée Vanderheyden	ReVeLie Swim Team	5:25.76	199903130	5:23.87
	50m: 33.29	150m: 1:53.30	320.69	48.22	350m: 4:46.88
	100m: 1:13.66	200m: 2:32.47	408.86	48.17	400m: 5:23.87
12.	Ilse Volkers	DWK	5:23.87	200301580	5:25.95
	50m: 35.93	150m: 1:56.99	324.45	48.35	350m: 4:50.63
	100m: 1:17.83	200m: 2:36.10	413.53	49.08	400m: 5:25.95
13.	Esmee van Peer	TriVia	5:32.39	200201114	5:27.72
	50m: 33.86	150m: 1:56.92	325.43	46.68	350m: 4:51.25
	100m: 1:14.33	200m: 2:38.75	413.52	48.09	400m: 5:27.72
14.	Julie Van den bosch	Brabo Zwemclub Antwerpen	5:39.20	BRABO/21036/05	5:30.94
	50m: 34.65	150m: 1:59.97	328.37	47.25	350m: 4:54.17
	100m: 1:17.99	200m: 2:41.12	416.07	47.70	400m: 5:30.94
15.	Lindsay Feyen	Brabo Zwemclub Antwerpen	5:31.35	BRABO/21035/05	5:32.06
	50m: 36.33	150m: 2:00.12	330.21	49.94	350m: 4:55.54
	100m: 1:19.53	200m: 2:40.27	418.79	48.58	400m: 5:32.06
16.	Chantal Beijer	DWT	5:24.53	199700884	5:32.12
	50m: 35.97	150m: 2:02.05	331.11	46.25	350m: 4:56.65
	100m: 1:18.81	200m: 2:44.86	419.32	48.21	400m: 5:32.12
17.	Daniëlle Vis	De Columbiaan	5:38.59	200401044	5:32.75
	50m: 36.91	150m: 2:02.28	331.82	45.33	350m: 4:57.14
	100m: 1:19.15	200m: 2:46.49	418.17	46.35	400m: 5:32.75
18.	Anouk Vis	De Columbiaan	5:43.03	200203322	5:32.99
	50m: 35.23	150m: 1:59.77	328.93	48.35	350m: 4:56.54
	100m: 1:16.62	200m: 2:40.58	417.25	48.32	400m: 5:32.99
19.	Annabel Van den Wyngaert	Brabo Zwemclub Antwerpen	5:38.23	BRABO/21187/04	5:39.97
	50m: 36.60	150m: 2:05.51	335.95	48.29	350m: 5:02.92
	100m: 1:21.65	200m: 2:47.66	425.08	49.13	400m: 5:39.97
20.	Resmi Voorneveld	WZ&PC Purmerend	5:57.53	200404258	5:47.20
	50m: 38.55	150m: 2:10.61	343.37	49.21	350m: 5:10.25
	100m: 1:25.60	200m: 2:54.16	432.52	49.15	400m: 5:47.20

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rang	naam	vereniging	inschrijftijd	tijd	RT
21.	Manon Tiggelaar	ZPC Hoogeveen	5:45.69	200400394	5:49.94 +0,91
	50m: 37.47	150m: 2:06.82	43.87	250m: 3:40.07	50.75 350m: 5:11.18 40.70
	100m: 1:22.95	200m: 2:49.32	42.50	300m: 4:30.48	50.41 400m: 5:49.94 38.76
22.	Fleur Bos	Orca	6:10.22	200500674	5:50.19 +0,84
	50m: 39.60	150m: 2:10.89	42.94	250m: 3:40.92	47.59 350m: 5:11.87 40.86
	100m: 1:27.95	200m: 2:53.33	42.44	300m: 4:31.01	50.09 400m: 5:50.19 38.32
23.	Julia Redzimska	ZPC Hoogeveen	6:10.94	200503384	5:52.32 +0,89
	50m: 40.14	150m: 2:11.51	43.27	250m: 3:43.10	48.95 350m: 5:13.20 39.62
	100m: 1:28.24	200m: 2:54.15	42.64	300m: 4:33.58	50.48 400m: 5:52.32 39.12
24.	Charley Blide	ZPC Hoogeveen	6:04.12	200600164	5:53.09 * +0,82
	50m: 38.78	150m: 2:10.62	44.37	250m: 3:44.42	49.88 350m: 5:14.88 40.03
	100m: 1:26.25	200m: 2:54.54	43.92	300m: 4:34.85	50.43 400m: 5:53.09 38.21
25.	Miron Schimmelpenning	ZPC Hoogeveen	6:03.45	200500426	5:55.03 +0,92
	50m: 41.61	150m: 2:13.47	44.45	250m: 3:45.34	49.65 350m: 5:15.93 39.97
	100m: 1:29.02	200m: 2:55.69	42.22	300m: 4:35.96	50.62 400m: 5:55.03 39.10
26.	Mara Tims	Rotterdam Swimming (SG)	6:14.19	200601136	5:55.54 +0,84
	50m: 36.63	150m: 2:07.20	47.16	250m: 3:42.85	51.24 350m: 5:16.23 41.51
	100m: 1:20.04	200m: 2:51.61	44.41	300m: 4:34.72	51.87 400m: 5:55.54 39.31
27.	Erna Smit	DZ&PC	5:50.88	200201908	6:02.75 +0,85
	50m: 38.71	150m: 2:12.10	44.92	250m: 3:46.72	50.40 350m: 5:21.53 43.23
	100m: 1:27.18	200m: 2:56.32	44.22	300m: 4:38.30	51.58 400m: 6:02.75 41.22
28.	Ylsa Dijkstra	DZ&PC	5:47.87	200200728	6:08.67 +0,79
	50m: 39.56	150m: 2:14.88	45.23	250m: 3:52.07	54.76 350m: 5:28.20 42.05
	100m: 1:29.65	200m: 2:57.31	42.43	300m: 4:46.15	54.08 400m: 6:08.67 40.47
29.	Amarinske Meijer	HZ&PC Heerenveen	6:36.42	200600282	6:27.36 +0,71
	50m: 39.11	150m: 2:17.08	48.75	250m: 4:02.73	57.87 350m: 5:45.84 45.21
	100m: 1:28.33	200m: 3:04.86	47.78	300m: 5:00.63	57.90 400m: 6:27.36 41.52
30.	Liselotte Schaap	HZ&PC Heerenveen	6:43.36	200603016	6:43.72 +0,70
	50m: 45.39	150m: 2:29.73	48.89	250m: 4:15.61	57.35 350m: 5:58.76 44.17
	100m: 1:40.84	200m: 3:18.26	48.53	300m: 5:14.59	58.98 400m: 6:43.72 44.96