

Speedo Challenge 2019
Amsterdam, 10 maart 2019

Programmanr. 2
10-03-2019

Dames, 400m vrije slag

Para, junioren 1 e.o.
Resultaten

Punten: FINA 2019

Rang								Tijd	RT	FINA	IPC
Junioren 1											
1.	Angelina Rolman	WZ&PC Purmerend	200701972	5:09.60	+0,64	445					
	50m: 33.68	33.68	150m: 1:51.56	39.51	250m: 3:12.01	40.31	350m: 4:32.76	40.20			
	100m: 1:12.05	38.37	200m: 2:31.70	40.14	300m: 3:52.56	40.55	400m: 5:09.60	36.84			
2.	Maya Petroutsos	KZC	200701814	5:24.50 *	+0,74	386					
	50m: 34.77	34.77	150m: 1:56.39	41.41	250m: 3:19.92	41.41	350m: 4:44.34	41.88			
	100m: 1:14.98	40.21	200m: 2:38.51	42.12	300m: 4:02.46	42.54	400m: 5:24.50	40.16			
3.	Imre Bouwland	ZPC Hoozeveen	200700388	5:35.75	+0,92	349					
	50m: 36.09	36.09	150m: 2:00.61	43.71	250m: 3:28.16	43.96	350m: 4:55.26	43.00			
	100m: 1:16.90	40.81	200m: 2:44.20	43.59	300m: 4:12.26	44.10	400m: 5:35.75	40.49			
4.	Jasmijn Sterken	ZPC Hoozeveen	200701196	5:36.35	+0,79	347					
	50m: 36.16	36.16	150m: 2:02.09	43.50	250m: 3:29.33	43.25	350m: 4:56.87	44.05			
	100m: 1:18.59	42.43	200m: 2:46.08	43.99	300m: 4:12.82	43.49	400m: 5:36.35	39.48			
Junioren 2											
1.	Elijdja van der Heul	Rotterdam Swimming (SG)	200602180	5:01.10	+0,79	484					
	50m: 33.92	33.92	150m: 1:48.79	37.77	250m: 3:06.45	38.74	350m: 4:24.12	38.27			
	100m: 1:11.02	37.10	200m: 2:27.71	38.92	300m: 3:45.85	39.40	400m: 5:01.10	36.98			
2.	Avery Collins	The Hague Swimming (SG)	200603622	5:02.24	+0,71	478					
	50m: 34.29	34.29	150m: 1:50.26	38.39	250m: 3:08.42	39.24	350m: 4:25.53	37.97			
	100m: 1:11.87	37.58	200m: 2:29.18	38.92	300m: 3:47.56	39.14	400m: 5:02.24	36.71			
3.	Linde van Wijngaarden	De Dolfijn	200601372	5:03.13	+0,89	474					
	50m: 34.04	34.04	150m: 1:49.91	38.40	250m: 3:07.52	38.79	350m: 4:25.00	38.68			
	100m: 1:11.51	37.47	200m: 2:28.73	38.82	300m: 3:46.32	38.80	400m: 5:03.13	38.13			
4.	Kim Oudendijk	DAW	200600964	5:09.82	+0,82	444					
	50m: 33.37	33.37	150m: 1:52.61	40.05	250m: 3:11.46	38.96	350m: 4:33.02	40.59			
	100m: 1:12.56	39.19	200m: 2:32.50	39.89	300m: 3:52.43	40.97	400m: 5:09.82	36.80			
5.	Bloem Muijlaert	ZVV	200602754	5:40.21	+0,75	335					
	50m: 36.89	36.89	150m: 2:02.33	43.86	250m: 3:30.76	44.36	350m: 4:58.13	43.25			
	100m: 1:18.47	41.58	200m: 2:46.40	44.07	300m: 4:14.88	44.12	400m: 5:40.21	42.08			
6.	Gabrielle Schrijvers van Zenden	The Hague Swimming (SG)	200601618	5:44.91	+0,82	322					
	50m: 38.85	38.85	150m: 2:04.68	43.78	250m: 3:33.23	44.54	350m: 5:02.06	44.39			
	100m: 1:20.90	42.05	200m: 2:48.69	44.01	300m: 4:17.67	44.44	400m: 5:44.91	42.85			
7.	Nicole Stahl	De Dolfijn	200600542	5:56.74	+0,90	291					
	50m: 38.40	38.40	150m: 2:07.27	45.27	250m: 3:39.57	47.04	350m: 5:12.97	46.79			
	100m: 1:22.00	43.60	200m: 2:52.53	45.26	300m: 4:26.18	46.61	400m: 5:56.74	43.77			
Junioren 3											
1.	Merel Schravendijk	The Hague Swimming (SG)	200503382	4:43.62	+0,81	579					
	50m: 32.50	32.50	150m: 1:45.23	36.66	250m: 2:58.17	36.18	350m: 4:09.06	35.11			
	100m: 1:08.57	36.07	200m: 2:21.99	36.76	300m: 3:33.95	35.78	400m: 4:43.62	34.56			
2.	Sophia van Droffelaar	ZVVS	200500330	4:48.45	+0,77	550					
	50m: 32.20	32.20	150m: 1:45.83	37.10	250m: 2:59.82	36.66	350m: 4:13.67	36.67			
	100m: 1:08.73	36.53	200m: 2:23.16	37.33	300m: 3:37.00	37.18	400m: 4:48.45	34.78			
3.	Mariëlle Visser	De Zwoer	200500730	5:12.96	+0,83	431					
	50m: 33.77	33.77	150m: 1:51.43	39.57	250m: 3:12.75	40.84	350m: 4:33.87	40.27			
	100m: 1:11.86	38.09	200m: 2:31.91	40.48	300m: 3:53.60	40.85	400m: 5:12.96	39.09			
4.	Ciara Pepper	De Dolfijn	200501806	5:35.80	+0,74	349					
	50m: 37.16	37.16	150m: 2:02.44	43.01	250m: 3:29.61	43.28	350m: 4:55.84	42.69			
	100m: 1:19.43	42.27	200m: 2:46.33	43.89	300m: 4:13.15	43.54	400m: 5:35.80	39.96			
5.	Caitlyn Zonneveld	DAW	200503602	5:47.96	+0,90	313					
	50m: 37.28	37.28	150m: 2:02.54	43.90	250m: 3:32.59	45.39	350m: 5:03.68	45.72			
	100m: 1:18.64	41.36	200m: 2:47.20	44.66	300m: 4:17.96	45.37	400m: 5:47.96	44.28			

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Jeugd 1

1. Dominique Dingshoff	ZPC Hoogeveen	200400804	4:47.04	+0,92	559
50m: 32.54	32.54 150m: 1:44.66	36.78 250m: 2:59.46	37.86 350m: 4:11.84	35.81	
100m: 1:07.88	35.34 200m: 2:21.60	36.94 300m: 3:36.03	36.57 400m: 4:47.04	35.20	
2. Rinske Bouman	Rotterdam Swimming (SG)	200400578	4:48.21	+0,86	552
50m: 32.44	32.44 150m: 1:46.25	37.06 250m: 3:01.07	36.54 350m: 4:14.46	35.55	
100m: 1:09.19	36.75 200m: 2:24.53	38.28 300m: 3:38.91	37.84 400m: 4:48.21	33.75	
3. Lara Hoeksema	The Hague Swimming (SG)	200400514	4:56.00	+0,89	509
50m: 33.21	33.21 150m: 1:48.06	38.00 250m: 3:03.83	37.88 350m: 4:19.21	37.72	
100m: 1:10.06	36.85 200m: 2:25.95	37.89 300m: 3:41.49	37.66 400m: 4:56.00	36.79	
4. Senna van der Veen	ZPC Hoogeveen	200400072	5:16.95	+0,85	415
50m: 35.03	35.03 150m: 1:54.42	40.49 250m: 3:16.29	41.42 350m: 4:37.83	40.96	
100m: 1:13.93	38.90 200m: 2:34.87	40.45 300m: 3:56.87	40.58 400m: 5:16.95	39.12	
5. Feija de Bruin	WVZ	200400106	5:26.64	+0,90	379
50m: 36.24	36.24 150m: 1:57.28	41.20 250m: 3:20.19	41.84 350m: 4:45.00	42.83	
100m: 1:16.08	39.84 200m: 2:38.35	41.07 300m: 4:02.17	41.98 400m: 5:26.64	41.64	
6. Charlotte Breukink	De Zwoer	200402814	5:39.12	+0,74	339
50m: 35.94	35.94 150m: 1:58.85	42.42 250m: 3:25.12	43.33 350m: 4:54.70	44.71	
100m: 1:16.43	40.49 200m: 2:41.79	42.94 300m: 4:09.99	44.87 400m: 5:39.12	44.42	

Jeugd 2

1. Lieke Nijmeijer	ZPC AMERSFOORT	200300124	4:47.65	+0,79	555
50m: 31.72	31.72 150m: 1:44.64	36.98 250m: 2:58.78	37.18 350m: 4:12.48	36.46	
100m: 1:07.66	35.94 200m: 2:21.60	36.96 300m: 3:36.02	37.24 400m: 4:47.65	35.17	
2. Mara Bosman	The Hague Swimming (SG)	200303048	4:55.78	+0,79	510
50m: 33.00	33.00 150m: 1:47.82	38.11 250m: 3:04.28	38.42 350m: 4:20.19	38.29	
100m: 1:09.71	36.71 200m: 2:25.86	38.04 300m: 3:41.90	37.62 400m: 4:55.78	35.59	
3. Megan de Hoog	SCOM/De Zeehond'73 (SG)	200300214	4:58.82 *	+0,77	495
50m: 32.90	32.90 150m: 1:46.67	37.43 250m: 3:02.13	37.96 350m: 4:20.16	38.93	
100m: 1:09.24	36.34 200m: 2:24.17	37.50 300m: 3:41.23	39.10 400m: 4:58.82	38.66	
4. Ilse Volkers	DWK	200301580	5:02.27	+0,76	478
50m: 33.87	33.87 150m: 1:49.94	38.34 250m: 3:07.86	39.09 350m: 4:25.16	38.04	
100m: 1:11.60	37.73 200m: 2:28.77	38.83 300m: 3:47.12	39.26 400m: 5:02.27	37.11	
5. Tessa Takken	De Dolfijn	200301692	5:13.33	+0,95	429
50m: 34.44	34.44 150m: 1:51.74	39.25 250m: 3:12.61	40.86 350m: 4:33.49	40.20	
100m: 1:12.49	38.05 200m: 2:31.75	40.01 300m: 3:53.29	40.68 400m: 5:13.33	39.84	
6. Janine Schuur	Nova	200302466	5:25.30	+0,95	384
50m: 35.86	35.86 150m: 1:57.39	41.61 250m: 3:20.46	41.96 350m: 4:43.25	41.51	
100m: 1:15.78	39.92 200m: 2:38.50	41.11 300m: 4:01.74	41.28 400m: 5:25.30	42.05	

Senioren 1 en ouder

1. Anne Noom	Het Y	199800062	4:39.39	+0,74	606
50m: 31.99	31.99 150m: 1:42.88	34.99 250m: 2:53.57	35.30 350m: 4:04.84	35.22	
100m: 1:07.89	35.90 200m: 2:18.27	35.39 300m: 3:29.62	36.05 400m: 4:39.39	34.55	
2. Tamara Grove	De Dolfijn	199601266	4:42.95	+0,75	583
50m: 31.62	31.62 150m: 1:43.04	36.13 250m: 2:54.78	35.82 350m: 4:07.09	36.13	
100m: 1:06.91	35.29 200m: 2:18.96	35.92 300m: 3:30.96	36.18 400m: 4:42.95	35.86	
3. Ilse Kraaijeveld	The Hague Swimming (SG)	200202190	4:47.41	+0,71	556
50m: 31.98	31.98 150m: 1:44.33	37.08 250m: 2:57.22	36.83 350m: 4:11.25	37.54	
100m: 1:07.25	35.27 200m: 2:20.39	36.06 300m: 3:33.71	36.49 400m: 4:47.41	36.16	
4. Renske Dutilh	Het Y	200201188	4:50.08	+0,81	541
50m: 32.70	32.70 150m: 1:44.82	36.59 250m: 2:58.84	37.14 350m: 4:13.77	37.52	
100m: 1:08.23	35.53 200m: 2:21.70	36.88 300m: 3:36.25	37.41 400m: 4:50.08	36.31	
5. Linda Kamperman	Aquarijn	199601238	4:53.27	+0,69	524
50m: 32.12	32.12 150m: 1:44.62	36.72 250m: 2:59.45	37.85 350m: 4:16.05	38.38	
100m: 1:07.90	35.78 200m: 2:21.60	36.98 300m: 3:37.67	38.22 400m: 4:53.27	37.22	
6. Sterre Keller	The Hague Swimming (SG)	199904142	4:55.16	+0,80	514
50m: 32.23	32.23 150m: 1:45.32	36.96 250m: 3:00.54	37.54 350m: 4:17.05	38.28	
100m: 1:08.36	36.13 200m: 2:23.00	37.68 300m: 3:38.77	38.23 400m: 4:55.16	38.11	
7. Catharina Chulick	WVZ	200106304	5:00.55	+0,84	486
50m: 33.69	33.69 150m: 1:49.04	38.11 250m: 3:05.63	38.18 350m: 4:23.08	38.65	
100m: 1:10.93	37.24 200m: 2:27.45	38.41 300m: 3:44.43	38.80 400m: 5:00.55	37.47	

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Rang									Tijd	RT	FINA	IPC
8.	Sanne Smit	OEZA				200105302			5:03.32	+0,88	473	
	50m:	33.37	33.37	150m:	1:48.52	37.65	250m:	3:05.29	38.24	350m:	4:23.98	39.60
	100m:	1:10.87	37.50	200m:	2:27.05	38.53	300m:	3:44.38	39.09	400m:	5:03.32	39.34
9.	Kyra Wooldrik	ZPC Hoogeveen				200101042			5:08.07	+0,81	452	
	50m:	33.62	33.62	150m:	1:49.70	38.62	250m:	3:08.41	39.45	350m:	4:28.68	40.14
	100m:	1:11.08	37.46	200m:	2:28.96	39.26	300m:	3:48.54	40.13	400m:	5:08.07	39.39
10.	Dyshanty Laurence	De Dolfijn				200106298			5:20.00	+0,75	403	
	50m:	35.64	35.64	150m:	1:55.02	40.25	250m:	3:17.92	41.62	350m:	4:40.52	40.99
	100m:	1:14.77	39.13	200m:	2:36.30	41.28	300m:	3:59.53	41.61	400m:	5:20.00	39.48
11.	Thirza van de Kraats	DWK				200200392			5:34.30	+0,87	353	
	50m:	36.09	36.09	150m:	1:58.65	42.35	250m:	3:24.51	43.33	350m:	4:50.93	43.38
	100m:	1:16.30	40.21	200m:	2:41.18	42.53	300m:	4:07.55	43.04	400m:	5:34.30	43.37