



Speedo Challenge 2019
Amsterdam, 10 maart 2019



Programmanr. 1
10-03-2019

Heren, 400m vrije slag

Para, junioren 1 e.o.
Resultaten

Punten: FINA 2019

Rang	Tijd										RT	FINA	IPC
Junioren 1													
1.	Olivier Wilbers	ZPC Hoogetveen	200600181	4:59.38	+0,73	397							
	50m: 33.49	33.49	150m: 1:48.68	38.03	250m: 3:04.81	38.35	350m: 4:21.52	38.48					
	100m: 1:10.65	37.16	200m: 2:26.46	37.78	300m: 3:43.04	38.23	400m: 4:59.38	37.86					
2.	Tiamo van der Veen	ZPC Hoogetveen	200600033	5:00.68	+0,83	392							
	50m: 33.11	33.11	150m: 1:48.80	38.58	250m: 3:06.27	38.55	350m: 4:23.72	38.84					
	100m: 1:10.22	37.11	200m: 2:27.72	38.92	300m: 3:44.88	38.61	400m: 5:00.68	36.96					
3.	Dimi Stoyanov	The Hague Swimming (SG)	200601067	5:22.87	+0,75	316							
	50m: 34.78	34.78	150m: 1:55.19	41.68	250m: 3:18.78	41.79	350m: 4:42.91	42.40					
	100m: 1:13.51	38.73	200m: 2:36.99	41.80	300m: 4:00.51	41.73	400m: 5:22.87	39.96					
4.	Floris Wassenaar	WVZ	200600649	5:52.20	+0,70	243							
	50m: 37.93	37.93	150m: 2:08.29	46.33	250m: 3:39.29	45.39	350m: 5:11.01	45.83					
	100m: 1:21.96	44.03	200m: 2:53.90	45.61	300m: 4:25.18	45.89	400m: 5:52.20	41.19					
Junioren 2													
1.	Koen Marsman	ZPC AMERSFOORT	200502763	4:52.81 *	+0,73	424							
	50m: 33.36	33.36	150m: 1:47.64	37.61	250m: 3:03.23	37.93	350m: 4:16.51	36.48					
	100m: 1:10.03	36.67	200m: 2:25.30	37.66	300m: 3:40.03	36.80	400m: 4:52.81	36.30					
2.	Hielke Jan Penninkhof	Deltasteur	200500569	5:05.48	+0,89	373							
	50m: 33.19	33.19	150m: 1:50.17	39.40	250m: 3:08.82	39.26	350m: 4:27.03	39.07					
	100m: 1:10.77	37.58	200m: 2:29.56	39.39	300m: 3:47.96	39.14	400m: 5:05.48	38.45					
3.	Pepijn de Wit	De Dolfijn	200502277	5:26.08	+0,77	307							
	50m: 35.02	35.02	150m: 1:55.69	40.91	250m: 3:19.45	42.62	350m: 4:45.18	42.58					
	100m: 1:14.78	39.76	200m: 2:36.83	41.14	300m: 4:02.60	43.15	400m: 5:26.08	40.90					
Junioren 3													
1.	Merlin Belmon	De Dolfijn	200403191	4:24.89	+0,82	573							
	50m: 30.53	30.53	150m: 1:37.44	33.79	250m: 2:45.40	33.82	350m: 3:52.71	33.30					
	100m: 1:03.65	33.12	200m: 2:11.58	34.14	300m: 3:19.41	34.01	400m: 4:24.89	32.18					
2.	Anders van Norden	ZPC AMERSFOORT	200400039	4:27.65	+0,83	555							
	50m: 30.63	30.63	150m: 1:38.25	34.57	250m: 2:46.69	33.93	350m: 3:55.33	33.96					
	100m: 1:03.68	33.05	200m: 2:12.76	34.51	300m: 3:21.37	34.68	400m: 4:27.65	32.32					
3.	Abel te Riele	WVZ	200402317	4:29.39	+0,70	545							
	50m: 30.56	30.56	150m: 1:39.38	34.64	250m: 2:48.65	34.47	350m: 3:57.27	33.95					
	100m: 1:04.74	34.18	200m: 2:14.18	34.80	300m: 3:23.32	34.67	400m: 4:29.39	32.12					
4.	Collin Schouten	MSV-Zeemacht	200400697	4:34.92	+0,73	512							
	50m: 30.93	30.93	150m: 1:40.02	34.88	250m: 2:50.74	35.46	350m: 4:01.19	35.18					
	100m: 1:05.14	34.21	200m: 2:15.28	35.26	300m: 3:26.01	35.27	400m: 4:34.92	33.73					
5.	Auke Gielen	ZPC AMERSFOORT	200400041	4:55.29	+0,79	413							
	50m: 32.57	32.57	150m: 1:47.88	38.09	250m: 3:04.08	38.15	350m: 4:19.81	37.75					
	100m: 1:09.79	37.22	200m: 2:25.93	38.05	300m: 3:42.06	37.98	400m: 4:55.29	35.48					
6.	Sem Verberg	The Hague Swimming (SG)	200402105	5:04.24	+0,77	378							
	50m: 32.39	32.39	150m: 1:49.17	39.15	250m: 3:08.35	39.33	350m: 4:26.91	39.01					
	100m: 1:10.02	37.63	200m: 2:29.02	39.85	300m: 3:47.90	39.55	400m: 5:04.24	37.33					
7.	Loeka Wubben	The Hague Swimming (SG)	200400307	5:07.17	+0,69	367							
	50m: 32.86	32.86	150m: 1:48.73	39.28	250m: 3:08.36	39.33	350m: 4:28.68	39.65					
	100m: 1:09.45	36.59	200m: 2:29.03	40.30	300m: 3:49.03	40.67	400m: 5:07.17	38.49					
8.	Josh Renkema	De Otters Het Gooi	200402537	S7	7:20.30	+0,67	124	264					
	50m: 48.77	48.77	150m: 2:34.51	54.53	250m: 4:28.79	58.01	350m: 6:24.13	57.75					
	100m: 1:39.98	51.21	200m: 3:30.78	56.27	300m: 5:26.38	57.59	400m: 7:20.30	56.17					
Junioren 4													
1.	Thijs Bosma	De Dolfijn	200302443	4:29.36	+0,69	545							
	50m: 29.83	29.83	150m: 1:37.50	34.37	250m: 2:47.21	34.85	350m: 3:56.16	34.48					
	100m: 1:03.13	33.30	200m: 2:12.36	34.86	300m: 3:21.68	34.47	400m: 4:29.36	33.20					



Programmanr. 1, Heren, 400m vrije slag

Jeugd 1

1. Elroy Schot		De Dolfijn		200200689		4:14.63	+0,75	645
50m: 28.40	28.40	150m: 1:32.03	32.22	250m: 2:37.35	32.89	350m: 3:43.60		32.92
100m: 59.81	31.41	200m: 2:04.46	32.43	300m: 3:10.68	33.33	400m: 4:14.63		31.03
2. Niels Dijkshoorn		ZVVS		200203079		4:20.28	+0,77	604
50m: 28.69	28.69	150m: 1:34.28	33.46	250m: 2:41.19	33.95	350m: 3:48.27		33.50
100m: 1:00.82	32.13	200m: 2:07.24	32.96	300m: 3:14.77	33.58	400m: 4:20.28		32.01
3. Bas van Nisius		The Hague Swimming (SG)		200202107		4:35.15	+0,83	511
50m: 31.54	31.54	150m: 1:43.31	36.28	250m: 2:54.73	35.36	350m: 4:03.71		33.92
100m: 1:07.03	35.49	200m: 2:19.37	36.06	300m: 3:29.79	35.06	400m: 4:35.15		31.44

Jeugd 2

1. Freek Hollander		The Hague Swimming (SG)		200103815		4:29.45	+0,79	544
50m: 30.56	30.56	150m: 1:40.03	35.04	250m: 2:48.15	33.64	350m: 3:56.47		33.93
100m: 1:04.99	34.43	200m: 2:14.51	34.48	300m: 3:22.54	34.39	400m: 4:29.45		32.98

Senioren 1 en ouder

1. Jorian Tanis		MNC Dordrecht		199900327		4:18.25	+0,78	618
50m: 28.87	28.87	150m: 1:33.69	33.06	250m: 2:40.38	33.50	350m: 3:46.70		32.86
100m: 1:00.63	31.76	200m: 2:06.88	33.19	300m: 3:13.84	33.46	400m: 4:18.25		31.55
2. Franklin Paassen		De Dolfijn		200003881		4:48.87	+0,66	442
50m: 31.51	31.51	150m: 1:42.21	35.56	250m: 2:57.17	37.58	350m: 4:12.18		37.88
100m: 1:06.65	35.14	200m: 2:19.59	37.38	300m: 3:34.30	37.13	400m: 4:48.87		36.69
3. Ferry Adema		d'ELFT		197100007		5:01.31	+0,89	389
50m: 33.80	33.80	150m: 1:50.99	39.29	250m: 3:09.10	39.66	350m: 4:25.87		38.45
100m: 1:11.70	37.90	200m: 2:29.44	38.45	300m: 3:47.42	38.32	400m: 5:01.31		35.44

AFGEM Nino Sieling

De Dolfijn

199701845

Para, junioren 1 e.o.

1. Josh Renkema		De Otters Het Gooi		200402537	S7	7:20.30	+0,67	124	264
50m: 48.77	48.77	150m: 2:34.51	54.53	250m: 4:28.79	58.01	350m: 6:24.13		57.75	
100m: 1:39.98	51.21	200m: 3:30.78	56.27	300m: 5:26.38	57.59	400m: 7:20.30		56.17	