

Programmanr. 1
29-10-2022 - 12:00

Heren, 400m vrije slag

Senioren Open
Resultaten

Punten: FINA 2022

rang	naam	vereniging	startnr.	tijd	RT	FINA	IPC
1.	Lucas Peters	Nextline Swimming	200301325	3:45.71	+0,70	831	
	50m: 26.38	26.38 150m: 1:23.40	250m: 2:21.14	28.68	350m: 3:18.19	28.30	
	100m: 54.83	28.45 200m: 1:52.46	300m: 2:49.89	28.75	400m: 3:45.71	27.52	
2.	Maarten Brzoskowski	PSV	199500769	3:47.23	+0,67	814	
	50m: 25.79	25.79 150m: 1:22.23	250m: 2:19.85	28.68	350m: 3:18.57	29.52	
	100m: 53.80	28.01 200m: 1:51.17	300m: 2:49.05	29.20	400m: 3:47.23	28.66	
3.	Bart Sommeling	De Dolfijn	199800765	3:51.51	+0,79	770	
	50m: 26.38	26.38 150m: 1:24.89	250m: 2:23.79	29.73	350m: 3:22.64	29.30	
	100m: 55.46	29.08 200m: 1:54.06	300m: 2:53.34	29.55	400m: 3:51.51	28.87	
4.	Merlin Belmon	ZPC AMERSFOORT	200403191	3:53.93	+0,77	746	
	50m: 26.56	26.56 150m: 1:25.02	250m: 2:23.71	29.23	350m: 3:23.94	30.26	
	100m: 55.55	28.99 200m: 1:54.48	300m: 2:53.68	29.97	400m: 3:53.93	29.99	
5.	Niels Dijkshoorn	ZVVS	200203079	3:56.64	+0,71	721	
	50m: 26.73	26.73 150m: 1:26.12	250m: 2:26.56	30.08	350m: 3:26.52	30.11	
	100m: 56.56	29.83 200m: 1:56.48	300m: 2:56.41	29.85	400m: 3:56.64	30.12	
6.	Tiago Fonseca Gomes	PSV	200703587	4:00.42	+0,68	688	
	50m: 27.07	27.07 150m: 1:27.61	250m: 2:29.69	31.15	350m: 3:30.71	30.41	
	100m: 56.85	29.78 200m: 1:58.54	300m: 3:00.30	30.61	400m: 4:00.42	29.71	
7.	Borys Rudman	Blue Marlins	200504479	4:00.88	+0,70	684	
	50m: 26.81	26.81 150m: 1:27.32	250m: 2:29.65	31.30	350m: 3:31.43	30.51	
	100m: 56.66	29.85 200m: 1:58.35	300m: 3:00.92	31.27	400m: 4:00.88	29.45	
8.	Sven Klink	SWOL 1894	200500349	4:05.12	+0,71	649	
	50m: 27.44	27.44 150m: 1:28.25	250m: 2:31.30	31.66	350m: 3:34.44	31.47	
	100m: 57.48	30.04 200m: 1:59.64	300m: 3:02.97	31.67	400m: 4:05.12	30.68	
9.	Thijn Damen	PSV	200300973	4:06.66	+0,73	637	
	50m: 27.86	27.86 150m: 1:29.02	250m: 2:31.63	31.30	350m: 3:35.69	32.39	
	100m: 58.21	30.35 200m: 2:00.33	300m: 3:03.30	31.67	400m: 4:06.66	30.97	
10.	Koen Marsman	ZPC AMERSFOORT	200502763	4:07.03 *	+0,68	634	
	50m: 26.61	26.61 150m: 1:26.86	250m: 2:29.45	31.66	350m: 3:35.06	33.11	
	100m: 56.44	29.83 200m: 1:57.79	300m: 3:01.95	32.50	400m: 4:07.03	31.97	
11.	Vince van der Pal	SWOL 1894	200401869	4:07.97	+0,74	627	
	50m: 26.02	26.02 150m: 1:27.93	250m: 2:31.99	31.99	350m: 3:36.91	32.62	
	100m: 56.24	30.22 200m: 2:00.00	300m: 3:04.29	32.30	400m: 4:07.97	31.06	
12.	Wiktor Sylatk	De Dolfijn	200305079	4:08.91	+0,70	620	
	50m: 27.62	27.62 150m: 1:28.70	250m: 2:32.58	32.26	350m: 3:37.40	32.55	
	100m: 57.65	30.03 200m: 2:00.32	300m: 3:04.85	32.27	400m: 4:08.91	31.51	
13.	Bram Loots	Team Noord-Holland (SG)	200700197	4:09.95	+0,66	612	
	50m: 27.36	27.36 150m: 1:29.50	250m: 2:33.98	32.56	350m: 3:38.45	32.51	
	100m: 58.13	30.77 200m: 2:01.42	300m: 3:05.94	31.96	400m: 4:09.95	31.50	
14.	Matteo Viani	Zwemlust-den Hommel	199007717	4:10.96	+0,76	604	
	50m: 28.76	28.76 150m: 1:31.32	250m: 2:35.29	31.84	350m: 3:39.69	31.78	
	100m: 59.86	31.10 200m: 2:03.45	300m: 3:07.91	32.62	400m: 4:10.96	31.27	
15.	Xiaoyu Yin	Blue Marlins	200803363	4:11.43	+0,70	601	
	50m: 28.48	28.48 150m: 1:32.72	250m: 2:36.91	31.62	350m: 3:41.12	32.17	
	100m: 1:00.38	31.90 200m: 2:05.29	300m: 3:08.95	32.04	400m: 4:11.43	30.31	
16.	Ronis van Everdingen	DWK	200300043	4:11.67	+0,79	599	
	50m: 27.71	27.71 150m: 1:30.90	250m: 2:34.60	31.43	350m: 3:39.31	32.72	
	100m: 59.02	31.31 200m: 2:03.17	300m: 3:06.59	31.99	400m: 4:11.67	32.36	
17.	Tieme Wiersma	DZ&PC	200701031	4:12.65	+0,80	592	
	50m: 28.14	28.14 150m: 1:32.20	250m: 2:37.80	32.34	350m: 3:42.03	31.98	
	100m: 59.46	31.32 200m: 2:05.46	300m: 3:10.05	32.25	400m: 4:12.65	30.62	
18.	Jip Bakker	DZ&PC	200600287	4:14.45	+0,68	580	
	50m: 27.93	27.93 150m: 1:32.16	250m: 2:37.79	32.68	350m: 3:43.12	32.60	
	100m: 59.46	31.53 200m: 2:05.11	300m: 3:10.52	32.73	400m: 4:14.45	31.33	
19.	Jelle Blankestijn	ZPC AMERSFOORT	199803737	4:19.07	+0,74	549	
	50m: 27.82	27.82 150m: 1:30.43	250m: 2:36.01	32.92	350m: 3:44.55	34.87	
	100m: 58.62	30.80 200m: 2:03.09	300m: 3:09.68	33.67	400m: 4:19.07	34.52	
20.	Justin Steenkamp	PSV	200404133	4:19.53	+0,67	546	
	50m: 29.06	29.06 150m: 1:33.76	250m: 2:40.00	32.78	350m: 3:47.02	33.55	
	100m: 1:01.38	32.32 200m: 2:07.22	300m: 3:13.47	33.47	400m: 4:19.53	32.51	

Programmanr. 1, Heren, 400m vrije slag, Senioren Open

rang	naam	vereniging	startnr.	tijd	RT	FINA	IPC	
21.	Tycho de Jonge	Team Noord-Holland (SG)	200400411	4:20.14	+0,72	543		
	50m: 27.91	27.91	150m: 1:32.61	32.78	250m: 2:39.68	33.69	350m: 3:47.42	33.92
	100m: 59.83	31.92	200m: 2:05.99	33.38	300m: 3:13.50	33.82	400m: 4:20.14	32.72
22.	Vincent Huele	Blue Marlins	200703423	4:20.78	+0,71	539		
	50m: 28.65	28.65	150m: 1:33.72	33.15	250m: 2:41.28	33.71	350m: 3:48.76	33.84
	100m: 1:00.57	31.92	200m: 2:07.57	33.85	300m: 3:14.92	33.64	400m: 4:20.78	32.02
23.	Bart de Waard	ZV Haerlem	200403969	4:21.69	+0,73	533		
	50m: 28.31	28.31	150m: 1:31.13	31.84	250m: 2:38.45	33.86	350m: 3:47.75	34.85
	100m: 59.29	30.98	200m: 2:04.59	33.46	300m: 3:12.90	34.45	400m: 4:21.69	33.94
24.	Storm Boxum	DZ&PC	200700421	4:22.62	+0,73	527		
	50m: 29.05	29.05	150m: 1:36.48	33.98	250m: 2:43.55	33.41	350m: 3:49.94	33.24
	100m: 1:02.50	33.45	200m: 2:10.14	33.66	300m: 3:16.70	33.15	400m: 4:22.62	32.68
25.	Sem Belmon	PSV	200702099	4:22.95	+0,71	525		
	50m: 29.55	29.55	150m: 1:35.62	33.13	250m: 2:42.23	33.34	350m: 3:49.68	33.87
	100m: 1:02.49	32.94	200m: 2:08.89	33.27	300m: 3:15.81	33.58	400m: 4:22.95	33.27
26.	Jorian Darwinkel	HZ&PC Heerenveen	200300565	4:24.86	+0,69	514		
	50m: 28.26	28.26	150m: 1:34.59	33.70	250m: 2:42.75	33.97	350m: 3:51.13	34.19
	100m: 1:00.89	32.63	200m: 2:08.78	34.19	300m: 3:16.94	34.19	400m: 4:24.86	33.73
27.	Marnix Rietveld	ZV Haerlem	200700939	4:25.14	+0,70	512		
	50m: 29.10	29.10	150m: 1:34.77	33.32	250m: 2:42.70	33.82	350m: 3:51.53	34.22
	100m: 1:01.45	32.35	200m: 2:08.88	34.11	300m: 3:17.31	34.61	400m: 4:25.14	33.61
28.	L. van den Nieuwenhuijzen	Orca	200305073	4:25.35	+0,75	511		
	50m: 29.50	29.50	150m: 1:34.12	32.88	250m: 2:41.87	34.17	350m: 3:51.70	34.95
	100m: 1:01.24	31.74	200m: 2:07.70	33.58	300m: 3:16.75	34.88	400m: 4:25.35	33.65
29.	Feico de Jonge	Team Noord-Holland (SG)	200600047	4:26.86	+0,76	503		
	50m: 29.43	29.43	150m: 1:36.60	33.98	250m: 2:45.00	34.44	350m: 3:54.11	34.44
	100m: 1:02.62	33.19	200m: 2:10.56	33.96	300m: 3:19.67	34.67	400m: 4:26.86	32.75
30.	Tim van Erven	DZ&PC	200700175	4:27.01	+0,74	502		
	50m: 29.77	29.77	150m: 1:37.45	34.54	250m: 2:46.70	34.54	350m: 3:55.11	33.97
	100m: 1:02.91	33.14	200m: 2:12.16	34.71	300m: 3:21.14	34.44	400m: 4:27.01	31.90
31.	Gijs Koehoorn	HZ&PC Heerenveen	200800275	4:27.41	+0,66	500		
	50m: 29.11	29.11	150m: 1:36.20	33.90	250m: 2:44.64	34.35	350m: 3:53.69	34.60
	100m: 1:02.30	33.19	200m: 2:10.29	34.09	300m: 3:19.09	34.45	400m: 4:27.41	33.72
32.	Finn Rust	Nextline Swimming	200700469	4:27.52	+0,68	499		
	50m: 29.55	29.55	150m: 1:37.50	33.88	250m: 2:46.35	34.26	350m: 3:55.48	34.56
	100m: 1:03.62	34.07	200m: 2:12.09	34.59	300m: 3:20.92	34.57	400m: 4:27.52	32.04
33.	Tijn Hilders	De Dolfijn	200700027	4:27.70	+0,76	498		
	50m: 29.30	29.30	150m: 1:37.12	34.37	250m: 2:45.89	34.08	350m: 3:54.46	34.15
	100m: 1:02.75	33.45	200m: 2:11.81	34.69	300m: 3:20.31	34.42	400m: 4:27.70	33.24
34.	Boele Böhm	Blue Marlins	200700739	4:28.11	+0,72	496		
	50m: 28.86	28.86	150m: 1:36.81	34.68	250m: 2:46.83	34.29	350m: 3:56.73	34.98
	100m: 1:02.13	33.27	200m: 2:12.54	35.73	300m: 3:21.75	34.92	400m: 4:28.11	31.38
35.	Gaëtan Spicq	Blue Marlins	200701807	4:28.44	+0,72	494		
	50m: 28.67	28.67	150m: 1:35.52	34.06	250m: 2:44.93	34.59	350m: 3:55.11	35.00
	100m: 1:01.46	32.79	200m: 2:10.34	34.82	300m: 3:20.11	35.18	400m: 4:28.44	33.33
36.	Rens Noordover	Team Noord-Holland (SG)	200800237	4:30.26	+0,67	484		
	50m: 30.13	30.13	150m: 1:37.96	34.63	250m: 2:47.40	34.34	350m: 3:56.48	34.27
	100m: 1:03.33	33.20	200m: 2:13.06	35.10	300m: 3:22.21	34.81	400m: 4:30.26	33.78
37.	Tom Blankestijn	ZPC AMERSFOORT	200201185	4:30.87	+0,70	481		
	50m: 29.93	29.93	150m: 1:38.76	34.74	250m: 2:48.87	35.04	350m: 3:57.84	34.22
	100m: 1:04.02	34.09	200m: 2:13.83	35.07	300m: 3:23.62	34.75	400m: 4:30.87	33.03
38.	Thijs Wellink	ZPC AMERSFOORT	200600715	4:31.29	+0,75	478		
	50m: 29.47	29.47	150m: 1:37.46	34.38	250m: 2:46.64	34.87	350m: 3:57.00	35.07
	100m: 1:03.08	33.61	200m: 2:11.77	34.31	300m: 3:21.93	35.29	400m: 4:31.29	34.29
39.	Sven Koornstra	De Vikings	200900189	4:31.61	+0,77	477		
	50m: 31.05	31.05	150m: 1:38.64	33.48	250m: 2:48.35	35.29	350m: 3:57.65	34.66
	100m: 1:05.16	34.11	200m: 2:13.06	34.42	300m: 3:22.99	34.64	400m: 4:31.61	33.96
40.	Yuri Wasser	PSV	200301327	4:31.63 *	+0,72	477		
	50m: 29.40	29.40	150m: 1:37.74	34.84	250m: 2:47.08	35.14	350m: 3:57.39	34.92
	100m: 1:02.90	33.50	200m: 2:11.94	34.20	300m: 3:22.47	35.39	400m: 4:31.63	34.24

Programmanr. 1, Heren, 400m vrije slag, Senioren Open

rang	naam	vereniging	startnr.	tijd	RT	FINA	IPC	
41.	Siem de Zeeuw 50m*	OZ&PC	200800013	4:32.24	+0,69	473		
	50m: 28.70 100m: 1:02.48	28.70 33.78	150m: 1:37.67 200m: 2:13.07	35.19 35.40	250m: 2:47.69 300m: 3:22.64	34.62 34.95	350m: 3:57.90 400m: 4:32.24	35.26 34.34
42.	Gijs Hartwijk	ZVL-1886 Center	200800573	4:33.48		467		
	50m: 31.01 100m: 1:05.28	31.01 34.27	150m: 1:40.33 200m: 2:15.13	35.05 34.80	250m: 2:49.90 300m: 3:24.34	34.77 34.44	350m: 3:59.21 400m: 4:33.48	34.87 34.27
43.	Milco Matla	PSV	200600555	4:34.10	+0,78	464		
	50m: 30.06 100m: 1:04.24	30.06 34.18	150m: 1:39.37 200m: 2:14.61	35.13 35.24	250m: 2:49.66 300m: 3:25.06	35.05 35.40	350m: 4:00.81 400m: 4:34.10	35.75 33.29
44.	Jesse Molegraaf	ZPC AMERSFOORT	200800887	4:37.10	+0,65	449		
	50m: 29.99 100m: 1:03.86	29.99 33.87	150m: 1:39.26 200m: 2:15.81	35.40 36.55	250m: 2:52.09 300m: 3:28.46	36.28 36.37	350m: 4:04.65 400m: 4:37.10	36.19 32.45
45.	Joey Pop	ZVVS	200800277	4:38.53	+0,78	442		
	50m: 30.91 100m: 1:05.40	30.91 34.49	150m: 1:40.56 200m: 2:15.90	35.16 35.34	250m: 2:51.36 300m: 3:27.09	35.46 35.73	350m: 4:03.40 400m: 4:38.53	36.31 35.13
46.	Meindert Dekkinga	DZ&PC	200400377	4:39.53	+0,77	437		
	50m: 30.69 100m: 1:05.13	30.69 34.44	150m: 1:39.93 200m: 2:16.20	34.80 36.27	250m: 2:50.83 300m: 3:27.28	34.63 36.45	350m: 4:04.20 400m: 4:39.53	36.92 35.33
47.	Wanne van Geest	ZVVS	200901425	4:41.31	+0,80	429		
	50m: 30.45 100m: 1:05.54	30.45 35.09	150m: 1:41.99 200m: 2:18.52	36.45 36.53	250m: 2:55.51 300m: 3:32.65	36.99 37.14	350m: 4:07.79 400m: 4:41.31	35.14 33.52
48.	Ario Mirza	De Dolfijn	200801175	4:42.00	+0,61	426		
	50m: 30.60 100m: 1:05.23	30.60 34.63	150m: 1:41.21 200m: 2:17.98	35.98 36.77	250m: 2:54.87 300m: 3:31.40	36.89 36.53	350m: 4:07.44 400m: 4:42.00	36.04 34.56
49.	Martijn Nies	PSV	200902095	4:45.73	+0,75	409		
	50m: 31.66 100m: 1:06.72	31.66 35.06	150m: 1:43.09 200m: 2:19.85	36.37 36.76	250m: 2:56.83 300m: 3:33.91	36.98 37.08	350m: 4:10.62 400m: 4:45.73	36.71 35.11
50.	Finn Hilders	De Dolfijn	200900283	4:46.05	+0,55	408		
	50m: 31.50 100m: 1:07.62	31.50 36.12	150m: 1:44.64 200m: 2:21.96	37.02 37.32	250m: 2:58.49 300m: 3:36.05	36.53 37.56	350m: 4:12.14 400m: 4:46.05	36.09 33.91
51.	Floris Tanis	Feijenoord Albion	200700005	4:46.08	+0,72	408		
	50m: 29.65 100m: 1:03.96	29.65 34.31	150m: 1:39.43 200m: 2:15.35	35.47 35.92	250m: 2:51.97 300m: 3:30.38	36.62 38.41	350m: 4:08.75 400m: 4:46.08	38.37 37.33
52.	Davi Fonseca Gomes	PSV	200902795	4:50.03	+0,80	391		
	50m: 31.02 100m: 1:06.24	31.02 35.22	150m: 1:42.96 200m: 2:20.60	36.72 37.64	250m: 2:58.25 300m: 3:36.35	37.65 38.10	350m: 4:14.23 400m: 4:50.03	37.88 35.80
53.	Ties Hesse	Team Noord-Holland (SG)	200901015	4:51.47	+0,82	386		
	50m: 32.05 100m: 1:08.01	32.05 35.96	150m: 1:44.90 200m: 2:22.93	36.89 38.03	250m: 3:00.74 300m: 3:38.47	37.81 37.73	350m: 4:15.73 400m: 4:51.47	37.26 35.74
54.	Dimitri Lans	Zwemvereniging New Wave Almere	200401325	4:52.18	+0,85	383		
	50m: 32.31 100m: 1:08.73	32.31 36.42	150m: 1:46.19 200m: 2:23.96	37.46 37.77	250m: 3:01.39 300m: 3:38.47	37.43 37.08	350m: 4:16.12 400m: 4:52.18	37.65 36.06
55.	Ruben Baars	DWK	200900471	4:52.83	+0,66	380		
	50m: 32.64 100m: 1:09.34	32.64 36.70	150m: 1:46.79 200m: 2:24.15	37.45 37.36	250m: 3:02.06 300m: 3:40.21	37.91 38.15	350m: 4:16.54 400m: 4:52.83	36.33 36.29
56.	Donat Nura	Nextline Swimming	200604387	4:54.44	+0,88	374		
	50m: 32.01 100m: 1:08.65	32.01 36.64	150m: 1:46.50 200m: 2:24.78	37.85 38.28	250m: 3:02.94 300m: 3:41.30	38.16 38.36	350m: 4:19.44 400m: 4:54.44	38.14 35.00
57.	Danyal Özcan	ZV Haerlem	200404747	4:59.66	+0,74	355		
	50m: 32.36 100m: 1:08.30	32.36 35.94	150m: 1:46.18 200m: 2:25.39	37.88 39.21	250m: 3:03.40 300m: 3:42.41	38.01 39.01	350m: 4:20.75 400m: 4:59.66	38.34 38.91
58.	Lucas Vermeulen	Blue Marlins	200900683	5:00.36	+0,82	352		
	50m: 32.82 100m: 1:10.08	32.82 37.26	150m: 1:48.18 200m: 2:26.90	38.10 38.72	250m: 3:05.83 300m: 3:44.37	38.93 38.54	350m: 4:22.98 400m: 5:00.36	38.61 37.38
59.	Bjorn Duijvestijn	Blue Marlins	200703233	5:03.72	+0,78	341		
	50m: 31.50 100m: 1:08.58	31.50 37.08	150m: 1:47.45 200m: 2:26.95	38.87 39.50	250m: 3:06.62 300m: 3:45.86	39.67 39.24	350m: 4:25.25 400m: 5:03.72	39.39 38.47
60.	Evren Ege Orcunus	De Dolfijn	201003253	5:07.74	+0,73	328		
	50m: 32.39 100m: 1:09.50	32.39 37.11	150m: 1:48.36 200m: 2:28.20	38.86 39.84	250m: 3:08.20 300m: 3:48.44	40.00 40.24	350m: 4:28.73 400m: 5:07.74	40.29 39.01

Programmanr. 1, Heren, 400m vrije slag, Senioren Open

rang	naam	vereniging	startnr.	tijd	RT	FINA	IPC	
61.	Alex Kossen	ZV Haerlem	200701863	5:10.16	+0,73	320		
	50m: 33.43	33.43	150m: 1:51.00	39.24	250m: 3:11.29	39.74	350m: 4:32.69	40.85
	100m: 1:11.76	38.33	200m: 2:31.55	40.55	300m: 3:51.84	40.55	400m: 5:10.16	37.47
62.	Julian Hendriks	De Otters Het Gooi	200603717	5:21.75		287	652	
	50m: 37.00	37.00	150m: 1:58.31	41.67	250m: 3:19.94	40.56	350m: 4:42.29	40.95
	100m: 1:16.64	39.64	200m: 2:39.38	41.07	300m: 4:01.34	41.40	400m: 5:21.75	39.46
DIS	Mike Hilders	De Dolfijn	200900281					
	<i>AA - Gestart voor het startsignaal (en wel gezwommen).</i>							
AFGEM	Nino Sieling	De Dolfijn	199701845					