

Programmanr. 6
1-12-2018 - 14:00

Dames, 400m wisselslag

Junioren 1 en ouder
Resultaten

Punten: FINA 2017

rang	naam	vereniging	startnr.	tijd	RT	FINA	IPC
1.	Marjolein Delno	VZC	199400024	4:47.08	+0,74	738	
	50m: 29.93	29.93 150m: 1:40.82	250m: 2:57.94	39.90	350m: 4:13.65		34.85
	100m: 1:04.27	34.34 200m: 2:18.04	300m: 3:38.80	40.86	400m: 4:47.08		33.43
2.	Silke Holkenborg	OC - VZC	200100292	4:49.24	+0,68	721	
	50m: 30.60	30.60 150m: 1:44.10	250m: 3:02.22	41.74	350m: 4:17.80		32.91
	100m: 1:06.12	35.52 200m: 2:20.48	300m: 3:44.89	42.67	400m: 4:49.24		31.44
3.	Serena Stel	OC - De Dolfijn	199801528	4:50.88	+0,68	709	
	50m: 31.12	31.12 150m: 1:45.86	250m: 3:05.32	41.93	350m: 4:20.36		31.70
	100m: 1:07.45	36.33 200m: 2:23.39	300m: 3:48.66	43.34	400m: 4:50.88		30.52
4.	Marieke Tienstra	OC - TriVia	199900302	4:51.51	+0,78	705	
	50m: 29.46	29.46 150m: 1:41.46	250m: 3:00.67	41.93	350m: 4:17.92		34.13
	100m: 1:04.31	34.85 200m: 2:18.74	300m: 3:43.79	43.12	400m: 4:51.51		33.59
5.	Leonie van Noort	WVZ	199301752	4:58.59	+0,82	656	
	50m: 31.72	31.72 150m: 1:45.74	250m: 3:07.29	44.88	350m: 4:25.35		33.36
	100m: 1:07.98	36.26 200m: 2:22.41	300m: 3:51.99	44.70	400m: 4:58.59		33.24
6.	Fleur Donker	DWK	200006496	5:06.38	+0,68	607	
	50m: 31.30	31.30 150m: 1:45.51	250m: 3:10.16	47.88	350m: 4:32.25		34.44
	100m: 1:08.21	36.91 200m: 2:22.28	300m: 3:57.81	47.65	400m: 5:06.38		34.13
7.	Lonneke Kampman	PSV	200100146	5:07.16	+0,80	602	
	50m: 31.73	31.73 150m: 1:47.63	250m: 3:10.46	43.46	350m: 4:33.00		36.62
	100m: 1:09.01	37.28 200m: 2:27.00	300m: 3:56.38	45.92	400m: 5:07.16		34.16
8.	Inge Vieveen	OC - WVZ	200100024	5:08.23	+0,74	596	
	50m: 31.89	31.89 150m: 1:49.44	250m: 3:11.45	42.92	350m: 4:33.40		36.99
	100m: 1:09.06	37.17 200m: 2:28.53	300m: 3:56.41	44.96	400m: 5:08.23		34.83
9.	Kim Jansen van Galen	PSV	200201594	5:15.06	+0,80	558	
	50m: 31.80	31.80 150m: 1:53.92	250m: 3:19.19	42.44	350m: 4:40.70		36.39
	100m: 1:09.68	37.88 200m: 2:36.75	300m: 4:04.31	45.12	400m: 5:15.06		34.36
10.	Noa Oldenhof	De Dolfijn	199700622	5:15.45	+0,65	556	
	50m: 33.13	33.13 150m: 1:53.29	250m: 3:18.79	45.96	350m: 4:41.20		35.81
	100m: 1:13.29	40.16 200m: 2:32.83	300m: 4:05.39	46.60	400m: 5:15.45		34.25
11.	Lisa Kruger	HPC PARA - ZPC AMERSFOORT	200005304	5:24.33	+0,81	511	
	50m: 33.49	33.49 150m: 1:55.22	250m: 3:23.56	47.83	350m: 4:49.38		39.14
	100m: 1:13.12	39.63 200m: 2:35.73	300m: 4:10.24	46.68	400m: 5:24.33		34.95
12.	Esmee van Peer	TriVia	200201114	5:24.70	+0,79	510	
	50m: 34.39	34.39 150m: 1:56.91	250m: 3:24.66	46.59	350m: 4:48.84		36.37
	100m: 1:15.25	40.86 200m: 2:38.07	300m: 4:12.47	47.81	400m: 5:24.70		35.86
13.	Soraya Rakers	De Dinkel	200300818	5:24.76	+0,85	509	
	50m: 35.76	35.76 150m: 2:00.43	250m: 3:25.44	45.11	350m: 4:49.83		37.20
	100m: 1:19.98	44.22 200m: 2:40.33	300m: 4:12.63	47.19	400m: 5:24.76		34.93
14.	Amber Celie	De Dolfijn	200300756	5:25.71	+0,78	505	
	50m: 32.02	32.02 150m: 1:51.65	250m: 3:19.49	47.62	350m: 4:47.84		39.08
	100m: 1:10.26	38.24 200m: 2:31.87	300m: 4:08.76	49.27	400m: 5:25.71		37.87
15.	Alysha de Jong	ZPCH	200400086	5:29.95	+0,86	486	
	50m: 33.96	33.96 150m: 1:58.59	250m: 3:28.10	46.12	350m: 4:53.86		37.86
	100m: 1:14.81	40.85 200m: 2:41.98	300m: 4:16.00	47.90	400m: 5:29.95		36.09
16.	Meike van de Ree	Merlet	200402646	5:32.33	+0,74	475	
	50m: 36.39	36.39 150m: 2:03.71	250m: 3:31.74	47.61	350m: 4:56.59		36.66
	100m: 1:22.37	45.98 200m: 2:44.13	300m: 4:19.93	48.19	400m: 5:32.33		35.74
17.	Jennifer Veldhuisen	De Dolfijn	200502500	5:32.74	+0,86	474	
	50m: 34.98	34.98 150m: 1:58.91	250m: 3:30.31	49.23	350m: 4:57.76		36.92
	100m: 1:16.83	41.85 200m: 2:41.08	300m: 4:20.84	50.53	400m: 5:32.74		34.98
18.	Sterre van de Goor	PSV	200102168	5:32.85	+0,83	473	
	50m: 34.43	34.43 150m: 1:59.31	250m: 3:29.69	47.33	350m: 4:56.27		38.35
	100m: 1:14.98	40.55 200m: 2:42.36	300m: 4:17.92	48.23	400m: 5:32.85		36.58
19.	Marieke Lenderink	De Dinkel	200400778	5:32.88	+0,86	473	
	50m: 33.33	33.33 150m: 1:58.26	250m: 3:29.62	48.80	350m: 4:56.47		38.22
	100m: 1:14.73	41.40 200m: 2:40.82	300m: 4:18.25	48.63	400m: 5:32.88		36.41
20.	Yvette Buis	De Dolfijn	200401830	5:34.29	+0,75	467	
	50m: 36.06	36.06 150m: 2:03.54	250m: 3:31.42	44.25	350m: 4:56.75		40.06
	100m: 1:19.18	43.12 200m: 2:47.17	300m: 4:16.69	45.27	400m: 5:34.29		37.54
21.	Robin Spreeuw	ZPCH	200501262	5:35.21	+0,83	463	
	50m: 35.20	35.20 150m: 1:59.39	250m: 3:31.64	50.53	350m: 4:59.10		38.24
	100m: 1:17.35	42.15 200m: 2:41.11	300m: 4:20.86	49.22	400m: 5:35.21		36.11

Programmanr. 6, Dames, 400m wisselslag, Junioren 1 en ouder

rang	naam	vereniging				startnr.		tijd		RT	FINA	IPC
22.	Chantal Tiesinga	TriVia				200302452		5:35.52		+0,76	462	
	50m: 35.41	35.41	150m: 2:02.37	43.23	250m: 3:32.14	47.51	350m: 4:59.16	38.01				
	100m: 1:19.14	43.73	200m: 2:44.63	42.26	300m: 4:21.15	49.01	400m: 5:35.52	36.36				
23.	Anne-Fleur Opdam	VZC				200301612		5:35.82		+0,78	461	
	50m: 34.77	34.77	150m: 1:58.19	41.49	250m: 3:28.66	49.87	350m: 4:58.75	39.22				
	100m: 1:16.70	41.93	200m: 2:38.79	40.60	300m: 4:19.53	50.87	400m: 5:35.82	37.07				
24.	Sanne Lukken	PSV				200400030		5:38.96 *		+0,81	448	
	50m: 34.13	34.13	150m: 2:03.19	45.17	250m: 3:32.49	44.81	350m: 4:58.58	40.25				
	100m: 1:18.02	43.89	200m: 2:47.68	44.49	300m: 4:18.33	45.84	400m: 5:38.96	40.38				
25.	Emma van Leeuwen	DAW				200500200		5:43.15		+0,86	432	
	50m: 39.83	39.83	150m: 2:10.54	42.89	250m: 3:40.75	48.25	350m: 5:07.14	38.69				
	100m: 1:27.65	47.82	200m: 2:52.50	41.96	300m: 4:28.45	47.70	400m: 5:43.15	36.01				
26.	Sophie Albers	Merlet				200300990		5:43.72		+0,70	430	
	50m: 37.46	37.46	150m: 2:06.54	44.26	250m: 3:36.54	46.18	350m: 5:04.72	39.74				
	100m: 1:22.28	44.82	200m: 2:50.36	43.82	300m: 4:24.98	48.44	400m: 5:43.72	39.00				
27.	Nikita Snoeren	WVZ				200600342		6:08.58			348	
	50m: 39.14	39.14	150m: 2:13.23	44.15	250m: 3:48.96	52.62	350m: 5:26.56	43.31				
	100m: 1:29.08	49.94	200m: 2:56.34	43.11	300m: 4:43.25	54.29	400m: 6:08.58	42.02				
28.	Valerie van der Velden	PSV				200600860		6:11.11		+0,76	341	
	50m: 36.32	36.32	150m: 2:07.08	47.50	250m: 3:49.31	54.12	350m: 5:29.37	44.16				
	100m: 1:19.58	43.26	200m: 2:55.19	48.11	300m: 4:45.21	55.90	400m: 6:11.11	41.74				
29.	Liselotte Schaap	HZ&PC Heerenveen				200603016		6:25.18		+0,64	305	
	50m: 41.34	41.34	150m: 2:21.55	48.84	250m: 4:04.60	54.91	350m: 5:43.97	42.69				
	100m: 1:32.71	51.37	200m: 3:09.69	48.14	300m: 5:01.28	56.68	400m: 6:25.18	41.21				
DIS	Ananda van der Wiel	WVZ				200701562				SK		
	SK - Het keer- en/of eindpunt niet gelijktijdig met twee handen aangetikt.											
DIS	Irma van der Wulp	WVZ				200401950				AF		
	AF - De aangegeven afstand niet uitgezwommen.											