

Programmanr. 1
1-12-2018 - 12:35

Heren, 400m vrije slag

Junioren 1 en ouder
Resultaten

Punten: FINA 2017

rang	naam	vereniging					startnr.			tijd	RT	FINA	IPC
1.	Maarten Brzoskowski	PSV					199500769			3:47.95	+0,71	807	
	50m: 27.07	27.07	150m: 1:25.94	29.46	250m: 2:23.94	28.22	350m: 3:20.44	28.36					
	100m: 56.48	29.41	200m: 1:55.72	29.78	300m: 2:52.08	28.14	400m: 3:47.95	27.51					
2.	Bart Sommeling	OC - De Dolfijn					199800765			3:54.21	+0,71	744	
	50m: 27.44	27.44	150m: 1:28.09	30.48	250m: 2:26.80	28.23	350m: 3:25.08	29.55					
	100m: 57.61	30.17	200m: 1:58.57	30.48	300m: 2:55.53	28.73	400m: 3:54.21	29.13					
3.	Lars Bottelier	OC - VZV					199702681			4:00.02	+0,67	691	
	50m: 27.89	27.89	150m: 1:27.47	29.86	250m: 2:27.81	30.22	350m: 3:29.78	31.14					
	100m: 57.61	29.72	200m: 1:57.59	30.12	300m: 2:58.64	30.83	400m: 4:00.02	30.24					
4.	Bas Takken NR Gehandicapt	HPC PARA - De Dolfijn					199901643	S10	4:04.78	+0,75	651		
	50m: 28.03	28.03	150m: 1:29.78	30.96	250m: 2:31.68	31.02	350m: 3:33.95	31.36					
	100m: 58.82	30.79	200m: 2:00.66	30.88	300m: 3:02.59	30.91	400m: 4:04.78	30.83					
5.	Niels Wiersema	TriVia					199703221			4:09.07	+0,74	618	
	50m: 28.90	28.90	150m: 1:31.92	31.60	250m: 2:35.23	31.48	350m: 3:38.52	31.65					
	100m: 1:00.32	31.42	200m: 2:03.75	31.83	300m: 3:06.87	31.64	400m: 4:09.07	30.55					
6.	Nino Sieling	De Dolfijn					199701845			4:10.05	+0,69	611	
	50m: 28.40	28.40	150m: 1:31.84	31.83	250m: 2:35.37	31.69	350m: 3:38.50	31.55					
	100m: 1:00.01	31.61	200m: 2:03.68	31.84	300m: 3:06.95	31.58	400m: 4:10.05	31.55					
7.	Elroy Schot	De Dolfijn					200200689			4:11.60	+0,74	600	
	50m: 27.87	27.87	150m: 1:30.84	31.81	250m: 2:36.07	32.86	350m: 3:42.32	33.15					
	100m: 59.03	31.16	200m: 2:03.21	32.37	300m: 3:09.17	33.10	400m: 4:11.60	29.28					
8.	Sem Zijl	De Dolfijn					200204757			4:12.23	+0,65	595	
	50m: 28.02	28.02	150m: 1:31.20	32.13	250m: 2:35.65	32.57	350m: 3:41.50	32.79					
	100m: 59.07	31.05	200m: 2:03.08	31.88	300m: 3:08.71	33.06	400m: 4:12.23	30.73					
9.	Merlin Belmon	De Dolfijn					200403191			4:13.88	+0,76	584	
	50m: 26.57	26.57	150m: 1:27.57	31.03	250m: 2:32.83	33.14	350m: 3:40.72	34.05					
	100m: 56.54	29.97	200m: 1:59.69	32.12	300m: 3:06.67	33.84	400m: 4:13.88	33.16					
10.	Nick van der Woude	ZV Haerlem					200001391			4:16.61	+0,71	565	
	50m: 28.02	28.02	150m: 1:32.19	32.55	250m: 2:38.56	32.91	350m: 3:44.33	32.39					
	100m: 59.64	31.62	200m: 2:05.65	33.46	300m: 3:11.94	33.38	400m: 4:16.61	32.28					
11.	Lukas Binnekamp	De Dinkel					200300107			4:17.07	+0,66	562	
	50m: 28.25	28.25	150m: 1:33.17	32.88	250m: 2:39.08	32.68	350m: 3:45.30	33.55					
	100m: 1:00.29	32.04	200m: 2:06.40	33.23	300m: 3:11.75	32.67	400m: 4:17.07	31.77					
12.	Luuk van Rooij	Nextline Swimming					200400581			4:17.16	+0,77	562	
	50m: 28.47	28.47	150m: 1:32.67	32.70	250m: 2:39.35	33.07	350m: 3:45.66	32.90					
	100m: 59.97	31.50	200m: 2:06.28	33.61	300m: 3:12.76	33.41	400m: 4:17.16	31.50					
13.	Sam Janmaat	ZPC AMERSFOORT					200203017			4:17.84	+0,69	557	
	50m: 28.08	28.08	150m: 1:32.08	32.24	250m: 2:38.53	33.21	350m: 3:45.04	33.21					
	100m: 59.84	31.76	200m: 2:05.32	33.24	300m: 3:11.83	33.30	400m: 4:17.84	32.80					
14.	Stan De Swart	Nextline Swimming					200300535			4:18.77	+0,76	551	
	50m: 29.14	29.14	150m: 1:33.84	32.83	250m: 2:40.45	33.32	350m: 3:46.86	32.96					
	100m: 1:01.01	31.87	200m: 2:07.13	33.29	300m: 3:13.90	33.45	400m: 4:18.77	31.91					
15.	Michiel Jorink NR Gehandicapt	HPC PARA - ZV44					198701613	S14	4:19.12	+0,73	549		
	50m: 27.85	27.85	150m: 1:32.54	33.06	250m: 2:39.41	33.63	350m: 3:45.88	33.43					
	100m: 59.48	31.63	200m: 2:05.78	33.24	300m: 3:12.45	33.04	400m: 4:19.12	33.24					
16.	Klaas van Beek	ZV Haerlem					198805941			4:20.41	+0,71	541	
	50m: 29.30	29.30	150m: 1:34.33	33.06	250m: 2:40.13	32.94	350m: 3:47.60	33.65					
	100m: 1:01.27	31.97	200m: 2:07.19	32.86	300m: 3:13.95	33.82	400m: 4:20.41	32.81					
17.	Milan van Dieren	De Dinkel					200100493			4:21.00	+0,74	537	
	50m: 28.77	28.77	150m: 1:33.44	32.77	250m: 2:40.11	33.41	350m: 3:47.98	34.13					
	100m: 1:00.67	31.90	200m: 2:06.70	33.26	300m: 3:13.85	33.74	400m: 4:21.00	33.02					
18.	Thijs Bosma	De Dolfijn					200302443			4:22.90	+0,70	526	
	50m: 29.09	29.09	150m: 1:34.88	33.51	250m: 2:42.10	33.48	350m: 3:50.10	34.20					
	100m: 1:01.37	32.28	200m: 2:08.62	33.74	300m: 3:15.90	33.80	400m: 4:22.90	32.80					
19.	Luc de Kreek	DWK					200101661			4:23.84	+0,76	520	
	50m: 29.13	29.13	150m: 1:34.22	32.92	250m: 2:41.56	33.57	350m: 3:49.98	34.30					
	100m: 1:01.30	32.17	200m: 2:07.99	33.77	300m: 3:15.68	34.12	400m: 4:23.84	33.86					

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rang	naam	vereniging					startnr.			tijd	RT	FINA	IPC
20.	Thomas van Wanrooij <i>NR Gehandicapten</i>	HPC PARA - Poseidon '56					200201473	S13	4:25.51	+0,77	510		
	50m: 29.87	29.87	150m: 1:37.98	34.42	250m: 2:46.49	33.88	350m: 3:54.05	33.89					
	100m: 1:03.56	33.69	200m: 2:12.61	34.63	300m: 3:20.16	33.67	400m: 4:25.51	31.46					
21.	Wessel Stupers	PSV					200203541		4:25.90	+0,68	508		
	50m: 29.48	29.48	150m: 1:36.54	33.97	250m: 2:43.50	33.71	350m: 3:52.03	34.78					
	100m: 1:02.57	33.09	200m: 2:09.79	33.25	300m: 3:17.25	33.75	400m: 4:25.90	33.87					
22.	Rogier Dorsman	HPC PARA - ZZ&PC De Devel					199900211	S12	4:27.49	+0,69	499		
	50m: 29.37	29.37	150m: 1:35.34	33.67	250m: 2:43.48	34.28	350m: 3:52.61	34.50					
	100m: 1:01.67	32.30	200m: 2:09.20	33.86	300m: 3:18.11	34.63	400m: 4:27.49	34.88					
23.	Jelle ten Hove	De Dinkel					200101373		4:29.73	+0,76	487		
	50m: 30.04	30.04	150m: 1:37.37	34.17	250m: 2:47.03	34.79	350m: 3:56.10	34.49					
	100m: 1:03.20	33.16	200m: 2:12.24	34.87	300m: 3:21.61	34.58	400m: 4:29.73	33.63					
24.	Bram Daalman	HPC PARA - ZV Haerlem					200300629	S14	4:33.01	+0,82	469		
	50m: 29.90	29.90	150m: 1:37.62	34.51	250m: 2:47.42	34.62	350m: 3:57.81	34.96					
	100m: 1:03.11	33.21	200m: 2:12.80	35.18	300m: 3:22.85	35.43	400m: 4:33.01	35.20					
25.	Tycho de Jonge	KZC					200400411		4:33.14	+0,76	469		
	50m: 30.23	30.23	150m: 1:38.97	34.92	250m: 2:48.68	35.02	350m: 3:59.10	35.57					
	100m: 1:04.05	33.82	200m: 2:13.66	34.69	300m: 3:23.53	34.85	400m: 4:33.14	34.04					
26.	Senna Mooldijk	Feijenoord Albion Zwemclub					200301147		4:33.88	+0,58	465		
	50m: 29.98	29.98	150m: 1:38.50	34.51	250m: 2:49.17	35.41	350m: 4:00.00	35.18					
	100m: 1:03.99	34.01	200m: 2:13.76	35.26	300m: 3:24.82	35.65	400m: 4:33.88	33.88					
27.	Franklin Paassen	De Dolfijn					200003881		4:34.40	+0,60	462		
	50m: 29.68	29.68	150m: 1:37.29	34.66	250m: 2:48.16	35.45	350m: 4:00.16	35.51					
	100m: 1:02.63	32.95	200m: 2:12.71	35.42	300m: 3:24.65	36.49	400m: 4:34.40	34.24					
28.	Kaito van Meeteren	De Dolfijn					200404271		4:37.62	+0,76	446		
	50m: 31.73	31.73	150m: 1:42.42	35.90	250m: 2:53.76	35.92	350m: 4:04.89	35.48					
	100m: 1:06.52	34.79	200m: 2:17.84	35.42	300m: 3:29.41	35.65	400m: 4:37.62	32.73					
29.	Nathan van Wees	ZPC AMERSFOORT					200101427		4:38.40 *	+0,67	443		
	50m: 30.45	30.45	150m: 1:40.24	35.47	250m: 2:53.56	35.89	350m: 4:04.09	35.10					
	100m: 1:04.77	34.32	200m: 2:17.67	37.43	300m: 3:28.99	35.43	400m: 4:38.40	34.31					
30.	Meindert Dekkinga	HZ&PC Heerenveen					200400377		4:39.51	+0,78	437		
	50m: 30.40	30.40	150m: 1:39.18	35.15	250m: 2:50.47	35.71	350m: 4:04.40	36.60					
	100m: 1:04.03	33.63	200m: 2:14.76	35.58	300m: 3:27.80	37.33	400m: 4:39.51	35.11					
31.	Ian Pennekamp	De Otters Het Gooi					200103485		4:43.20	+0,71	420		
	50m: 31.72	31.72	150m: 1:42.38	35.63	250m: 2:54.26	35.80	350m: 4:07.51	37.23					
	100m: 1:06.75	35.03	200m: 2:18.46	36.08	300m: 3:30.28	36.02	400m: 4:43.20	35.69					
32.	Joren Oldenhof	De Dolfijn					200400045		4:46.24	+0,71	407		
	50m: 31.15	31.15	150m: 1:42.13	36.01	250m: 2:55.73	36.67	350m: 4:09.26	36.84					
	100m: 1:06.12	34.97	200m: 2:19.06	36.93	300m: 3:32.42	36.69	400m: 4:46.24	36.98					
33.	Ward in 't Veld	Bommelerwaard (SG)					200200511		4:47.48	+0,71	402		
	50m: 31.02	31.02	150m: 1:43.50	36.68	250m: 2:58.38	37.81	350m: 4:13.17	37.06					
	100m: 1:06.82	35.80	200m: 2:20.57	37.07	300m: 3:36.11	37.73	400m: 4:47.48	34.31					
34.	Jarno van Lagen	DWK					200001737		4:54.20	+0,76	375		
	50m: 31.93	31.93	150m: 1:45.19	37.14	250m: 3:00.97	38.06	350m: 4:17.71	38.12					
	100m: 1:08.05	36.12	200m: 2:22.91	37.72	300m: 3:39.59	38.62	400m: 4:54.20	36.49					
35.	Kevin van Gelderen	TriVia					200402325		4:55.45	+0,72	370		
	50m: 33.47	33.47	150m: 1:47.72	37.65	250m: 3:02.80	37.64	350m: 4:19.15	38.15					
	100m: 1:10.07	36.60	200m: 2:25.16	37.44	300m: 3:41.00	38.20	400m: 4:55.45	36.30					
36.	Martijn Hutschemakers	De Dolfijn					200301911		5:08.23	+0,70	326		
	50m: 34.01	34.01	150m: 1:50.86	39.07	250m: 3:10.27	40.06	350m: 4:29.84	39.74					
	100m: 1:11.79	37.78	200m: 2:30.21	39.35	300m: 3:50.10	39.83	400m: 5:08.23	38.39					
37.	Thijs van Hofweegen	HPC PARA - ZPC AMERSFOORT					199605253	S6	5:11.26	+0,92	317		
	50m: 33.09	33.09	150m: 1:49.53	39.22	250m: 3:10.18	40.58	350m: 4:31.75	40.96					
	100m: 1:10.31	37.22	200m: 2:29.60	40.07	300m: 3:50.79	40.61	400m: 5:11.26	39.51					
38.	Lucas Ambrose	De Dolfijn					200502275		5:13.68	+0,78	309		
	50m: 34.69	34.69	150m: 1:52.91	39.62	250m: 3:13.14	39.76	350m: 4:34.77	40.87					
	100m: 1:13.29	38.60	200m: 2:33.38	40.47	300m: 3:53.90	40.76	400m: 5:13.68	38.91					