

NK 5000 meter en NJK 800/1500 meter 2012
Amersfoort, 21.4.2012



Programmanr. 4
21.04.2012 - 11:40

Jongens, 1500m vrije slag

Juniores 4
Resultaten

Nederlands Record Junioren	16:02.56	Pieter van den Hoogenband	Nanterre (FRA)	15.05.1994
Nederlands Record 16 jaar	16:02.56	Pieter van den Hoogenband	Nanterre (FRA)	15.05.1994
Kamp. Record Junioren 4	16:23.70	Pieter van den Hoogenband	Eindhoven	01.07.1994

rang	naam		vereniging		inschrijftijd	startnr.	tijd	
1.	Daniël Buijs		AZ&PC		17:34.11	199600183	17:32.14	
	100m:	1:03.39	500m:	5:44.57	1:10.49	900m:	10:31.72	1:11.59
	200m:	2:13.30	600m:	6:55.88	1:11.31	1000m:	11:43.12	1:11.40
	300m:	3:22.90	700m:	8:07.64	1:11.76	1100m:	12:54.24	1:11.12
	400m:	4:34.08	800m:	9:20.13	1:12.49	1200m:	14:05.11	1:10.87
								1300m: 15:14.86
								1400m: 16:25.74
								1500m: 17:32.14
								1:09.75
								1:10.88
								1:06.40
2.	Karst Boersma		De Dinkel		17:58.26	199600849	17:46.15	
	100m:	1:04.52	500m:	5:47.89	1:11.50	900m:	10:34.92	1:11.68
	200m:	2:14.47	600m:	6:59.85	1:11.96	1000m:	11:46.00	1:11.08
	300m:	3:24.84	700m:	8:11.57	1:11.72	1100m:	12:57.95	1:11.95
	400m:	4:36.39	800m:	9:23.24	1:11.67	1200m:	14:10.02	1:12.07
								1300m: 15:22.41
								1400m: 16:34.93
								1500m: 17:46.15
								1:12.39
								1:12.52
								1:11.22
3.	Bart Klok		One Team Swimming		17:30.63	199600351	17:52.95	
	100m:	1:05.01	500m:	5:52.33	1:13.35	900m:	10:46.02	1:14.02
	200m:	2:15.37	600m:	7:04.87	1:12.54	1000m:	11:59.38	1:13.36
	300m:	3:27.31	700m:	8:18.65	1:13.78	1100m:	13:11.69	1:12.31
	400m:	4:38.98	800m:	9:32.00	1:13.35	1200m:	14:23.70	1:12.01
								1300m: 15:34.96
								1400m: 16:46.01
								1500m: 17:52.95
								1:11.26
								1:11.05
								1:06.94
4.	Timo van der Ende		WVZ		18:07.30	199601979	18:10.42	
	100m:	1:06.02	500m:	5:55.45	1:13.84	900m:	10:51.06	1:14.33
	200m:	2:16.60	600m:	7:08.82	1:13.37	1000m:	12:05.07	1:14.01
	300m:	3:28.83	700m:	8:22.43	1:13.61	1100m:	13:18.59	1:13.52
	400m:	4:41.61	800m:	9:36.73	1:14.30	1200m:	14:31.75	1:13.16
								1300m: 15:44.95
								1400m: 16:58.58
								1500m: 18:10.42
								1:13.20
								1:13.63
								1:11.84
5.	Lars Haarsma		De Dolfijn		17:33.69	199600745	18:16.25	
	100m:	1:04.81	500m:	5:50.08	1:12.38	900m:	10:46.69	1:14.55
	200m:	2:15.27	600m:	7:03.31	1:13.23	1000m:	12:01.85	1:15.16
	300m:	3:25.93	700m:	8:17.51	1:14.20	1100m:	13:17.40	1:15.55
	400m:	4:37.70	800m:	9:32.14	1:14.63	1200m:	14:33.79	1:16.39
								1300m: 15:50.58
								1400m: 17:06.80
								1500m: 18:16.25
								1:16.79
								1:16.22
								1:09.45
6.	Armand Heyder		ZV Westland Dijkglas		18:41.55	199603221	18:16.42	
	100m:	1:07.36	500m:	6:00.88	1:14.19	900m:	10:57.14	1:14.21
	200m:	2:19.80	600m:	7:14.73	1:13.85	1000m:	12:11.14	1:14.00
	300m:	3:32.88	700m:	8:28.90	1:14.17	1100m:	13:25.79	1:14.65
	400m:	4:46.69	800m:	9:42.93	1:14.03	1200m:	14:39.93	1:14.14
								1300m: 15:54.00
								1400m: 17:06.95
								1500m: 18:16.42
								1:14.07
								1:12.95
								1:09.47
7.	Peter Rietveld		TRB-RES		18:55.70	199601081	18:54.28	*
	100m:	1:06.52	500m:	6:11.34	1:18.81	900m:	11:22.55	1:17.27
	200m:	2:19.97	600m:	7:28.90	1:17.56	1000m:	12:38.17	1:15.62
	300m:	3:34.79	700m:	8:47.11	1:18.21	1100m:	13:54.78	1:16.61
	400m:	4:52.53	800m:	10:05.28	1:18.17	1200m:	15:10.59	1:15.81
								1300m: 16:25.57
								1400m: 17:41.35
								1500m: 18:54.28
								1:14.98
								1:15.78
								1:12.93
8.	Vincent Dermaux		Hieronymus		19:04.09	199600599	18:55.68	
	100m:	1:08.63	500m:	6:15.58	1:17.17	900m:	11:23.59	1:16.84
	200m:	2:25.81	600m:	7:32.78	1:17.20	1000m:	12:39.35	1:15.76
	300m:	3:41.86	700m:	8:50.30	1:17.52	1100m:	13:55.89	1:16.54
	400m:	4:58.41	800m:	10:06.75	1:16.45	1200m:	15:12.66	1:16.77
								1300m: 16:27.70
								1400m: 17:44.07
								1500m: 18:55.68
								1:15.04
								1:16.37
								1:11.61