

NK 5000 meter en NJK 800/1500 meter 2012
Amersfoort, 21.4.2012



Programmanr. 2
21.04.2012 - 10:25

Jongens, 1500m vrije slag

Juniores 2
Resultaten

Nederlands Record Junioren	16:02.56	Pieter van den Hoogenband	Nanterre (FRA)	15.05.1994
Nederlands Record 14 jaar	16:43.43	Maarten van der Weijden	Buffalo (USA)	12.08.1995
Kamp. Record Junioren 2	17:15.36	Camillo Bérénos	Eindhoven	01.07.1994

rang	naam	vereniging			inschrijftijd		startnr.		tijd			
1.	Jorgos Skotadis	Racing Club			18:06.04		199803317		16:54.49		*	
	<i>Kamp. Record Junioren 2</i>											
	100m:	1:03.54	1:03.54	500m:	5:34.21	1:07.55	900m:	10:06.15	1:08.19	1300m:	14:40.02	1:08.82
	200m:	2:11.37	1:07.83	600m:	6:42.12	1:07.91	1000m:	11:14.12	1:07.97	1400m:	15:48.76	1:08.74
	300m:	3:19.34	1:07.97	700m:	7:49.71	1:07.59	1100m:	12:22.34	1:08.22	1500m:	16:54.49	1:05.73
	400m:	4:26.66	1:07.32	800m:	8:57.96	1:08.25	1200m:	13:31.20	1:08.86			
2.	Floris Kotterink	De Veene			18:14.20		199800199		17:56.88		*	
	<i>400m*, 800m*</i>											
	100m:	1:04.73	1:04.73	500m:	5:51.17	1:12.03	900m:	10:42.51	1:13.10	1300m:	15:33.99	1:12.22
	200m:	2:15.24	1:10.51	600m:	7:03.61	1:12.44	1000m:	11:56.16	1:13.65	1400m:	16:45.82	1:11.83
	300m:	3:27.43	1:12.19	700m:	8:16.51	1:12.90	1100m:	13:09.06	1:12.90	1500m:	17:56.88	1:11.06
	400m:	4:39.14	1:11.71	800m:	9:29.41	1:12.90	1200m:	14:21.77	1:12.71			
3.	Jonne Schaafsma	Racing Club			18:14.08		199800745		18:05.42			
	100m:	1:05.66	1:05.66	500m:	5:53.12	1:12.20	900m:	10:46.32	1:13.17	1300m:	15:39.31	1:13.85
	200m:	2:16.72	1:11.06	600m:	7:06.46	1:13.34	1000m:	11:58.80	1:12.48	1400m:	16:53.28	1:13.97
	300m:	3:28.41	1:11.69	700m:	8:20.19	1:13.73	1100m:	13:12.30	1:13.50	1500m:	18:05.42	1:12.14
	400m:	4:40.92	1:12.51	800m:	9:33.15	1:12.96	1200m:	14:25.46	1:13.16			
4.	Timos Skotadis	Racing Club			18:13.07		199804615		18:22.54			
	100m:	1:06.49	1:06.49	500m:	5:57.53	1:13.38	900m:	10:55.31	1:15.29	1300m:	15:56.26	1:15.28
	200m:	2:18.41	1:11.92	600m:	7:11.33	1:13.80	1000m:	12:10.14	1:14.83	1400m:	17:10.83	1:14.57
	300m:	3:31.01	1:12.60	700m:	8:25.55	1:14.22	1100m:	13:24.89	1:14.75	1500m:	18:22.54	1:11.71
	400m:	4:44.15	1:13.14	800m:	9:40.02	1:14.47	1200m:	14:40.98	1:16.09			
5.	Jordy Severins	Eurode KZC			18:17.93		199800559		18:41.69			
	100m:	1:06.23	1:06.23	500m:	6:06.53	1:17.29	900m:	11:11.66	1:16.55	1300m:	16:15.96	1:15.83
	200m:	2:18.86	1:12.63	600m:	7:22.85	1:16.32	1000m:	12:27.18	1:15.52	1400m:	17:31.18	1:15.22
	300m:	3:33.03	1:14.17	700m:	8:38.58	1:15.73	1100m:	13:43.83	1:16.65	1500m:	18:41.69	1:10.51
	400m:	4:49.24	1:16.21	800m:	9:55.11	1:16.53	1200m:	15:00.13	1:16.30			
6.	Jeljer Aldershof	ZV Haerlem			18:43.26		199800719		18:43.46			
	100m:	1:09.03	1:09.03	500m:	6:08.27	1:15.42	900m:	11:08.33	1:15.56	1300m:	16:11.25	1:17.47
	200m:	2:23.56	1:14.53	600m:	7:23.09	1:14.82	1000m:	12:22.53	1:14.20	1400m:	17:27.48	1:16.23
	300m:	3:37.89	1:14.33	700m:	8:38.26	1:15.17	1100m:	13:37.40	1:14.87	1500m:	18:43.46	1:15.98
	400m:	4:52.85	1:14.96	800m:	9:52.77	1:14.51	1200m:	14:53.78	1:16.38			
7.	Stan Zwinkels	WVZ			19:32.40		199800239		18:57.36			
	100m:	1:08.88	1:08.88	500m:	6:14.06	1:17.07	900m:	11:21.71	1:16.95	1300m:	16:28.83	1:16.83
	200m:	2:24.17	1:15.29	600m:	7:30.44	1:16.38	1000m:	12:38.29	1:16.58	1400m:	17:44.09	1:15.26
	300m:	3:40.81	1:16.64	700m:	8:47.57	1:17.13	1100m:	13:55.22	1:16.93	1500m:	18:57.36	1:13.27
	400m:	4:56.99	1:16.18	800m:	10:04.76	1:17.19	1200m:	15:12.00	1:16.78			
8.	Lars Ruessink	Octopus			19:22.16		199800271		19:03.87			
	100m:	1:09.75	1:09.75	500m:	6:15.70	1:17.57	900m:	11:24.90	1:17.40	1300m:	16:33.46	1:17.31
	200m:	2:25.12	1:15.37	600m:	7:32.51	1:16.81	1000m:	12:42.04	1:17.14	1400m:	17:50.74	1:17.28
	300m:	3:41.50	1:16.38	700m:	8:49.73	1:17.22	1100m:	13:59.17	1:17.13	1500m:	19:03.87	1:13.13
	400m:	4:58.13	1:16.63	800m:	10:07.50	1:17.77	1200m:	15:16.15	1:16.98			
9.	Mart Kortman	De Dinkel			18:18.36		199800357		19:10.27			
	100m:	1:12.57	1:12.57	500m:	6:26.32	1:17.91	900m:	11:34.91	1:16.94	1300m:	16:38.48	1:17.01
	200m:	2:30.26	1:17.69	600m:	7:43.08	1:16.76	1000m:	12:49.03	1:14.12	1400m:	17:56.15	1:17.67
	300m:	3:49.60	1:19.34	700m:	9:00.51	1:17.43	1100m:	14:04.49	1:15.46	1500m:	19:10.27	1:14.12
	400m:	5:08.41	1:18.81	800m:	10:17.97	1:17.46	1200m:	15:21.47	1:16.98			
10.	Bart Sommeling	Oceanus			20:00.93		199800765		19:20.81			
	100m:	1:11.98	1:11.98	500m:	6:25.16	1:17.34	900m:	11:34.47	1:17.43	1300m:	16:50.03	1:18.62
	200m:	2:29.96	1:17.98	600m:	7:41.75	1:16.59	1000m:	12:52.92	1:18.45	1400m:	18:07.77	1:17.74
	300m:	3:48.62	1:18.66	700m:	8:59.69	1:17.94	1100m:	14:12.76	1:19.84	1500m:	19:20.81	1:13.04
	400m:	5:07.82	1:19.20	800m:	10:17.04	1:17.35	1200m:	15:31.41	1:18.65			
11.	Bas Verdoes	LZ 1886			19:48.39		199801487		19:53.07			
	<i>800m*</i>											
	100m:	1:10.11	1:10.11	500m:	6:27.51	1:19.77	900m:	11:48.92	1:20.32	1300m:	17:14.62	1:22.19
	200m:	2:28.14	1:18.03	600m:	7:47.91	1:20.40	1000m:	13:09.70	1:20.78	1400m:	18:34.94	1:20.32
	300m:	3:47.51	1:19.37	700m:	9:08.27	1:20.36	1100m:	14:31.04	1:21.34	1500m:	19:53.07	1:18.13
	400m:	5:07.74	1:20.23	800m:	10:28.60	1:20.33	1200m:	15:52.43	1:21.39			
12.	Sieb Wesseling	Noord-Limburg (SG)			20:11.76		199800489		20:03.41			
	100m:	1:12.34	1:12.34	500m:	6:34.23	1:21.41	900m:	12:04.08	1:22.56	1300m:	17:29.55	1:19.79
	200m:	2:31.83	1:19.49	600m:	7:56.81	1:22.58	1000m:	13:26.81	1:22.73	1400m:	18:48.43	1:18.88
	300m:	3:51.35	1:19.52	700m:	9:19.50	1:22.69	1100m:	14:48.88	1:22.07	1500m:	20:03.41	1:14.98
	400m:	5:12.82	1:21.47	800m:	10:41.52	1:22.02	1200m:	16:09.76	1:20.88			

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Programmanr. 2, Jongens, 1500m vrije slag, Junioren 2

rang	naam	vereniging	inschrijftijd	startnr.	tijd
13.	Ivar van Straaten 200m*	WVZ	19:49.45	199800107	20:08.24
	100m: 1:13.41	500m: 6:33.92	900m: 12:00.85	122.89	1300m: 17:29.71
	200m: 2:32.10	600m: 7:54.98	1000m: 13:23.27	122.42	1400m: 18:50.32
	300m: 3:52.39	700m: 9:16.04	1100m: 14:45.22	121.95	1500m: 20:08.24
	400m: 5:12.98	800m: 10:37.96	1200m: 16:07.31	122.09	1:17.92
14.	Enrico Strik	LZ 1886	20:13.45	199800747	20:09.15
	100m: 1:12.57	500m: 6:33.35	900m: 12:03.03	123.20	1300m: 17:33.65
	200m: 2:31.42	600m: 7:54.71	1000m: 13:25.49	122.46	1400m: 18:56.27
	300m: 3:50.96	700m: 9:17.13	1100m: 14:46.97	121.48	1500m: 20:09.15
	400m: 5:11.61	800m: 10:39.83	1200m: 16:10.13	123.16	1:12.88
15.	Tobias Geurts	Nuenen	19:20.24	199801185	20:17.46
	100m: 1:14.68	500m: 6:42.68	900m: 12:14.63	125.03	1300m: 17:41.19
	200m: 2:36.29	600m: 8:05.22	1000m: 13:37.84	123.21	1400m: 19:01.57
	300m: 3:57.72	700m: 9:29.06	1100m: 14:59.87	122.03	1500m: 20:17.46
	400m: 5:18.97	800m: 10:49.60	1200m: 16:19.58	119.71	1:15.89
16.	Kilian Bontjer	Nova	20:09.89	199800751	20:36.27
	100m: 1:10.86	500m: 6:35.94	900m: 12:10.58	124.42	1300m: 17:51.91
	200m: 2:30.33	600m: 7:58.71	1000m: 13:34.98	124.40	1400m: 19:15.56
	300m: 3:51.21	700m: 9:22.79	1100m: 15:01.08	126.10	1500m: 20:36.27
	400m: 5:13.40	800m: 10:46.16	1200m: 16:27.17	126.09	1:20.71