

Programmanr. 5
02-09-2013

Dames, 400m vrije slag

85-89
Resultaten

Rang	Name	Country Club								Time	RT
1.	Barbro Thörnclöf	1927	SWE	Orebro Simallians						10:56.97	+1,10
	50m:	1:07.23	1:07.23	150m:	3:49.37	1:22.63	250m:	6:38.02	1:24.76	350m:	9:30.42 1:27.46
	100m:	2:26.74	1:19.51	200m:	5:13.26	1:23.89	300m:	8:02.96	1:24.94	400m:	10:56.97 1:26.55

Programmanr. 5
02-09-2013

Dames, 400m vrije slag

80-84
Resultaten

Rang	Name	Country Club								Time	RT
1.	Jane Asher	1931	GBR	Kings Cormorants SC						6:41.05	+1,10
	50m:	46.21	46.21	150m:	2:28.82	52.33	250m:	4:12.35	51.95	350m:	5:54.28 50.65
	100m:	1:36.49	50.28	200m:	3:20.40	51.58	300m:	5:03.63	51.28	400m:	6:41.05 46.77

Programmanr. 5
02-09-2013

Dames, 400m vrije slag

75-79
Resultaten

Rang	Name	Country Club								Time	RT
1.	Helga Reich	1936	GER	SC Wiking Herne 1921						6:57.66	
	50m:	46.60	46.60	150m:	2:30.49	52.99	250m:	4:18.14	53.89	350m:	6:06.42 54.47
	100m:	1:37.50	50.90	200m:	3:24.25	53.76	300m:	5:11.95	53.81	400m:	6:57.66 51.24
2.	Lottie Geurts	1935	NED	PSV						7:31.08	+1,01
	50m:	50.38	50.38	150m:	2:45.39	58.35	250m:	4:43.18	59.18	350m:	6:40.03 58.27
	100m:	1:47.04	56.66	200m:	3:44.00	58.61	300m:	5:41.76	58.58	400m:	7:31.08 51.05
3.	Jenny Ball	1938	GBR	Isle of Wight Marlins						7:54.39	+1,13
	50m:	52.46	52.46	150m:	2:54.13	1:01.96	250m:	4:57.56	1:02.16	350m:	6:59.25 1:01.19
	100m:	1:52.17	59.71	200m:	3:55.40	1:01.27	300m:	5:58.06	1:00.50	400m:	7:54.39 55.14
4.	Marga Schulze	1938	GER	SG Neukölln Berlin						7:58.39	+0,96
	50m:	50.42	50.42	150m:	2:46.55	59.69	250m:	4:50.45	1:01.88	350m:	6:56.75 1:03.14
	100m:	1:46.86	56.44	200m:	3:48.57	1:02.02	300m:	5:53.61	1:03.16	400m:	7:58.39 1:01.64
5.	Annelies Graue	1937	GER	Hannoverscher SV 1892						8:00.90	+0,91
	50m:	51.49	51.49	150m:	2:52.52	1:01.87	250m:	4:56.68	1:02.76	350m:	7:01.15 1:02.59
	100m:	1:50.65	59.16	200m:	3:53.92	1:01.40	300m:	5:58.56	1:01.88	400m:	8:00.90 59.75
6.	Gerda Grasse	1935	GER	VfV Hildesheim						8:09.90	+1,10
	50m:	53.00	53.00	150m:	2:57.42	1:03.22	250m:	5:04.38	1:03.13	350m:	7:09.16 1:01.83
	100m:	1:54.20	1:01.20	200m:	4:01.25	1:03.83	300m:	6:07.33	1:02.95	400m:	8:09.90 1:00.74
7.	Gisela Petri	1937	GER	Mainzer SV 01						8:59.93	+1,16
	50m:	54.91	54.91	150m:	3:03.91	1:05.49	250m:	5:21.69	1:08.85	350m:	7:44.01 1:11.82
	100m:	1:58.42	1:03.51	200m:	4:12.84	1:08.93	300m:	6:32.19	1:10.50	400m:	8:59.93 1:15.92

Programmanr. 5
02-09-2013

Dames, 400m vrije slag

70-74
Resultaten

Rang	Name	Country Club								Time	RT
1.	Jean Howard-Jones	1943	GBR	Spencer Swim Team						6:53.57	+1,06
	50m:	44.22	44.22	150m:	2:27.19	52.67	250m:	4:14.43	53.74	350m:	6:01.89 53.86
	100m:	1:34.52	50.30	200m:	3:20.69	53.50	300m:	5:08.03	53.60	400m:	6:53.57 51.68
2.	Anne Kreisel	1941	GER	SG Neuss						7:03.12	+0,95
	50m:	46.78	46.78	150m:	2:31.98	53.98	250m:	4:19.51	54.62	350m:	6:08.14 54.55
	100m:	1:38.00	51.22	200m:	3:24.89	52.91	300m:	5:13.59	54.08	400m:	7:03.12 54.98
3.	Eszter Graffjódó	1940	HUN	Egri Szenior Úszó Klub						7:16.79	+1,10
	50m:	47.88	47.88	150m:	2:39.52	57.06	250m:	4:32.12	56.93	350m:	6:24.54 55.12
	100m:	1:42.46	54.58	200m:	3:35.19	55.67	300m:	5:29.42	57.30	400m:	7:16.79 52.25
4.	Helga Müller	1941	GER	SSV Leutzsch						7:20.70	+0,67
	50m:	45.40	45.40	150m:	2:35.29	56.37	250m:	4:30.63	57.54	350m:	6:24.96 55.90
	100m:	1:38.92	53.52	200m:	3:33.09	57.80	300m:	5:29.06	58.43	400m:	7:20.70 55.74
5.	Jutta Fiedler	1943	GER	SSG Neptun Germering						7:27.70	+1,04
	50m:	47.13	47.13	150m:	2:39.23	56.79	250m:	4:35.93	58.97	350m:	6:31.62 57.40
	100m:	1:42.44	55.31	200m:	3:36.96	57.73	300m:	5:34.22	58.29	400m:	7:27.70 56.08

Programmanr. 5, Dames, 400m vrije slag, 70-74

Rang	Name	Country	Club	Time	RT
6.	Monika Warnusz	1943 GER	SSF Bonn 05	7:34.35	+0,94
	50m: 48.20 48.20	150m: 2:43.35 58.52	250m: 4:41.51 59.49	350m: 6:37.66 58.08	
	100m: 1:44.83 56.63	200m: 3:42.02 58.67	300m: 5:39.58 58.07	400m: 7:34.35 56.69	
7.	Ellen Schreiber-Gosenheimer	1942 GER	SSG Heilbronn	7:52.99 *	+0,73
	50m: 52.33 52.33	150m: 2:54.92 1:01.94	250m: 4:56.38 59.74	350m: 6:56.83 1:00.10	
	100m: 1:52.98 1:00.65	200m: 3:56.64 1:01.72	300m: 5:56.73 1:00.35	400m: 7:52.99 56.16	
8.	Rosemary Johnson	1940 GBR	Isle of Wight Marlins	8:45.29	+1,11
	50m: 1:00.38 1:00.38	150m: 3:12.20 1:06.24	250m: 5:27.40 1:08.45	350m: 7:42.55 1:08.31	
	100m: 2:05.96 1:05.58	200m: 4:18.95 1:06.75	300m: 6:34.24 1:06.84	400m: 8:45.29 1:02.74	
DIS	Monika Senftleben	1942 GER	SG Neukölln Berlin		GA
	50m:	150m:	250m:	350m:	
	100m:	200m:	300m:	400m:	

Programmanr. 5
02-09-2013

Dames, 400m vrije slag

65-69
Resultaten

Rang	Name	Country	Club	Time	RT
1.	Alison Gwynn	1948 GBR	Sussex Martlets SC	6:16.19	+0,93
	50m: 41.06 41.06	150m: 2:15.17 47.95	250m: 3:51.60 48.49	350m: 5:30.22 49.46	
	100m: 1:27.22 46.16	200m: 3:03.11 47.94	300m: 4:40.76 49.16	400m: 6:16.19 45.97	
2.	Natalia Mikhaylova	1948 RUS	Olymp Moscow	6:27.50	+1,17
	50m: 43.41 43.41	150m: 2:20.60 49.20	250m: 3:59.68 49.57	350m: 5:40.38 50.10	
	100m: 1:31.40 47.99	200m: 3:10.11 49.51	300m: 4:50.28 50.60	400m: 6:27.50 47.12	
3.	Denise Feltz	1947 FRA	A.S. Gien Natation	6:31.59	
	50m: 43.03 43.03	150m: 2:20.44 49.27	250m: 4:01.03 50.77	350m: 5:42.50 50.87	
	100m: 1:31.17 48.14	200m: 3:10.26 49.82	300m: 4:51.63 50.60	400m: 6:31.59 49.09	
4.	Elaine Blower	1945 GBR	Barnet Copthall	6:39.24	+0,86
	50m: 43.72 43.72	150m: 2:24.29 51.13	250m: 4:08.19 51.78	350m: 5:51.58 51.52	
	100m: 1:33.16 49.44	200m: 3:16.41 52.12	300m: 5:00.06 51.87	400m: 6:39.24 47.66	
5.	Dietlind Weise	1948 GER	TG Kitzingen	6:45.14	+0,79
	50m: 44.85 44.85	150m: 2:26.37 50.48	250m: 4:09.87 51.54	350m: 5:53.94 51.92	
	100m: 1:35.89 51.04	200m: 3:18.33 51.96	300m: 5:02.02 52.15	400m: 6:45.14 51.20	
6.	Marlies Fieguth	1948 GER	TPSV Enkenbach	6:51.36	+1,09
	50m: 46.60 46.60	150m: 2:29.55 52.96	250m: 4:14.80 53.05	350m: 6:01.52 53.71	
	100m: 1:36.59 49.99	200m: 3:21.75 52.20	300m: 5:07.81 53.01	400m: 6:51.36 49.84	
7.	Rose Dudeney	1947 GBR	Sussex Martlets SC	6:51.38	+1,00
	50m: 46.42 46.42	150m: 2:30.02 52.53	250m: 4:16.54 54.89	350m: 6:01.04 52.52	
	100m: 1:37.49 51.07	200m: 3:21.65 51.63	300m: 5:08.52 51.98	400m: 6:51.38 50.34	
8.	Beryl Ann Altabas	1944 ESP	CN Torrevieja	7:06.84	
	50m: 49.40 49.40	150m: 2:37.25 54.62	250m: 4:28.19 55.10	350m: 6:16.89 54.51	
	100m: 1:42.63 53.23	200m: 3:33.09 55.84	300m: 5:22.38 54.19	400m: 7:06.84 49.95	
9.	Ute Hole	1944 GER	SSF Bonn 05	7:07.38	+1,12
	50m: 45.34 45.34	150m: 2:33.66 54.98	250m: 4:23.29 54.79	350m: 6:12.54 53.80	
	100m: 1:38.68 53.34	200m: 3:28.50 54.84	300m: 5:18.74 55.45	400m: 7:07.38 54.84	
10.	Ingeborg Schmidt	1947 GER	TSV v. 1864 Schleswig	7:14.28	+1,05
	50m: 47.00 47.00	150m: 2:35.96 55.73	250m: 4:27.77 56.28	350m: 6:20.38 56.31	
	100m: 1:40.23 53.23	200m: 3:31.49 55.53	300m: 5:24.07 56.30	400m: 7:14.28 53.90	
11.	Monika Henze-Roth	1945 GER	SC Siemensstadt	7:15.88	+0,99
	50m: 47.77 47.77	150m: 2:36.53 55.68	250m: 4:28.65 56.62	350m: 6:21.80 56.84	
	100m: 1:40.85 53.08	200m: 3:32.03 55.50	300m: 5:24.96 56.31	400m: 7:15.88 54.08	
12.	Michele Mouquet	1946 FRA	Racing Club D'Arras	7:17.99	+1,02
	50m: 50.56 50.56	150m: 2:41.42 56.11	250m: 4:34.06 56.85	350m: 6:25.16 55.45	
	100m: 1:45.31 54.75	200m: 3:37.21 55.79	300m: 5:29.71 55.65	400m: 7:17.99 52.83	
13.	Barbro Grufman	1948 SWE	Hellas SK	7:34.47	+1,39
	50m: 51.01 51.01	150m: 2:47.05 59.01	250m: 4:43.93 58.67	350m: 6:39.86 58.22	
	100m: 1:48.04 57.03	200m: 3:45.26 58.21	300m: 5:41.64 57.71	400m: 7:34.47 54.61	
14.	Mieke Strijbis van der Kroft	1945 NED	DAW	8:03.52	+1,18
	50m: 54.24 54.24	150m: 2:55.08 1:00.80	250m: 4:59.05 1:02.06	350m: 7:03.71 1:01.63	
	100m: 1:54.28 1:00.04	200m: 3:56.99 1:01.91	300m: 6:02.08 1:03.03	400m: 8:03.52 59.81	
15.	Greet Brehler	1944 NED	Hatto Heim	8:47.47	+1,41
	50m: 56.45 56.45	150m: 3:09.82 1:08.11	250m: 5:27.69 1:08.86	350m: 7:44.25 1:07.63	
	100m: 2:01.71 1:05.26	200m: 4:18.83 1:09.01	300m: 6:36.62 1:08.93	400m: 8:47.47 1:03.22	

Programmanr. 5, Dames, 400m vrije slag

Programmanr. 5
02-09-2013

Dames, 400m vrije slag

60-64
Resultaten

Rang	Name	Country Club								Time		RT
1.	Ineke Weekers	1953	NED	PSV						5:42.67		+0,80
	50m: 40.03			150m: 2:07.24	44.27	250m: 3:35.34	44.08	350m: 5:01.34	42.90			
	100m: 1:22.97			200m: 2:51.26	44.02	300m: 4:18.44	43.10	400m: 5:42.67	41.33			
2.	Marika Maier	1952	GER	SC Chemnitz 1892						6:01.96		+1,05
	50m: 39.07			150m: 2:09.40	46.62	250m: 3:42.85	46.69	350m: 5:16.43	46.68			
	100m: 1:22.78			200m: 2:56.16	46.76	300m: 4:29.75	46.90	400m: 6:01.96	45.53			
3.	Ana Maria Ferreira	1950	POR	Sport Alges e Dafundo						6:21.10		+1,03
	50m: 42.32			150m: 2:20.11	48.64	250m: 3:59.16	49.32	350m: 5:36.37	47.43			
	100m: 1:31.47			200m: 3:09.84	49.73	300m: 4:48.94	49.78	400m: 6:21.10	44.73			
4.	Claudia Koch	1952	GER	SG Stadtwerke München						6:25.40		+1,03
	50m: 43.11			150m: 2:19.26	48.96	250m: 3:58.11	49.41	350m: 5:37.53	49.39			
	100m: 1:30.30			200m: 3:08.70	49.44	300m: 4:48.14	50.03	400m: 6:25.40	47.87			
5.	Christel Halbach	1949	GER	SG Essen						6:42.34		+1,01
	50m: 44.64			150m: 2:26.40	51.63	250m: 4:10.67	52.27	350m: 5:54.33	52.15			
	100m: 1:34.77			200m: 3:18.40	52.00	300m: 5:02.18	51.51	400m: 6:42.34	48.01			
6.	Mireille Richter	1949	SUI	Swiss Alumni swimming						6:43.57		+1,07
	50m: 47.14			150m: 2:29.39	51.45	250m: 4:13.15	52.15	350m: 5:55.02	51.02			
	100m: 1:37.94			200m: 3:21.00	51.61	300m: 5:04.00	50.85	400m: 6:43.57	48.55			
7.	Day Campbell	1951	GBR	Silver City Blues ASC						6:45.84		+0,73
	50m: 45.99			150m: 2:28.30	51.61	250m: 4:11.06	51.49	350m: 5:54.87	52.51			
	100m: 1:36.69			200m: 3:19.57	51.27	300m: 5:02.36	51.30	400m: 6:45.84	50.97			
8.	Ineke Meijer	1952	NED	HZ&PC Heerenveen						6:57.84		+0,94
	50m: 47.10			150m: 2:33.31	54.51	250m: 4:21.51	54.04	350m: 6:09.32	53.98			
	100m: 1:38.80			200m: 3:27.47	54.16	300m: 5:15.34	53.83	400m: 6:57.84	48.52			
9.	Liz Ann Neale	1952	GBR	South Beds Masters SC						7:13.00		+1,00
	50m: 47.43			150m: 2:35.40	54.58	250m: 4:26.86	55.55	350m: 6:18.66	55.71			
	100m: 1:40.82			200m: 3:31.31	55.91	300m: 5:22.95	56.09	400m: 7:13.00	54.34			
10.	Corine Kalbfleisch	1952	NED	DWT						7:16.44		+1,16
	50m: 45.74			150m: 2:32.87	54.91	250m: 4:27.08	57.41	350m: 6:21.21	56.92			
	100m: 1:37.96			200m: 3:29.67	56.80	300m: 5:24.29	57.21	400m: 7:16.44	55.23			
11.	Barbara Kallenbach	1950	GER	Helmstedter SV 1913						7:48.03		+1,28
	50m: 50.43			150m: 2:47.92	59.99	250m: 4:48.50	1:00.54	350m: 6:49.96	1:00.60			
	100m: 1:47.93			200m: 3:47.96	1:00.04	300m: 5:49.36	1:00.86	400m: 7:48.03	58.07			
NT	Bärbel Wodtke	1953	GER	SG Einheit Rathenow								
	50m:			150m:		250m:		350m:				
	100m:			200m:		300m:		400m:				

Programmanr. 5
02-09-2013

Dames, 400m vrije slag

55-59
Resultaten

Rang	Name	Country Club								Time		RT
1.	Karin Eddebüttel	1958	GER	SV Poseidon Hamburg						5:26.34		+0,79
	50m: 35.90			150m: 1:58.95	41.70	250m: 3:23.45	42.00	350m: 4:47.68	41.93			
	100m: 1:17.25			200m: 2:41.45	42.50	300m: 4:05.75	42.30	400m: 5:26.34	38.66			
2.	Anne Bourne	1954	GBR	Camp Hill Edwardians SC						5:37.72		+0,91
	50m: 38.48			150m: 2:04.33	43.42	250m: 3:30.36	42.54	350m: 4:56.37	42.98			
	100m: 1:20.91			200m: 2:47.82	43.49	300m: 4:13.39	43.03	400m: 5:37.72	41.35			
3.	Corinne Toe	1957	FRA	E.M.S. Bron						5:51.26		+0,83
	50m: 39.80			150m: 2:08.99	45.26	250m: 3:40.43	45.79	350m: 5:09.65	44.30			
	100m: 1:23.73			200m: 2:54.64	45.65	300m: 4:25.35	44.92	400m: 5:51.26	41.61			
4.	Olga Pilar Aedo	1957	ESP	Real Canoe NC						5:55.86		+0,82
	50m: 39.53			150m: 2:10.72	46.68	250m: 3:42.64	46.09	350m: 5:12.98	44.79			
	100m: 1:24.04			200m: 2:56.55	45.83	300m: 4:28.19	45.55	400m: 5:55.86	42.88			
5.	Elisabeth Gabriel	1958	GER	Düsseldorfer SC 1898						5:55.92		+1,16
	50m: 40.70			150m: 2:10.55	45.56	250m: 3:42.10	45.87	350m: 5:12.36	45.08			
	100m: 1:24.99			200m: 2:56.23	45.68	300m: 4:27.28	45.18	400m: 5:55.92	43.56			
6.	Margriet Pasma	1955	NED	De Pinquin						6:08.09		+1,00
	50m: 41.58			150m: 2:14.16	46.99	250m: 3:48.85	47.30	350m: 5:22.77	46.21			
	100m: 1:27.17			200m: 3:01.55	47.39	300m: 4:36.56	47.71	400m: 6:08.09	45.32			

Programmanr. 5, Dames, 400m vrije slag, 55-59

Rang	Name	Country Club								Time		RT
7.	Monica Bakker	1956	NED	ZVZ						6:16.02		+1,12
	50m: 42.58	42.58	150m: 2:15.38	46.81	250m: 3:51.76	48.42	350m: 5:29.23	48.59				
	100m: 1:28.57	45.99	200m: 3:03.34	47.96	300m: 4:40.64	48.88	400m: 6:16.02	46.79				
8.	Gerda Joswig	1955	GER	SC Barsinghausen						6:20.93		+0,97
	50m: 41.55	41.55	150m: 2:17.60	48.90	250m: 3:57.01	49.76	350m: 5:36.77	49.49				
	100m: 1:28.70	47.15	200m: 3:07.25	49.65	300m: 4:47.28	50.27	400m: 6:20.93	44.16				
9.	Hilde Hjertnes	1957	NOR	Bergen og Omegn Masters						6:23.50		+1,09
	50m: 43.91	43.91	150m: 2:21.37	50.04	250m: 3:59.40	48.91	350m: 5:37.01	48.61				
	100m: 1:31.33	47.42	200m: 3:10.49	49.12	300m: 4:48.40	49.00	400m: 6:23.50	46.49				
10.	Rona Eijkelhoff	1956	NED	Aqua-Novio'94						6:32.56		+0,82
	50m: 45.57	45.57	150m: 2:25.80	50.11	250m: 4:06.43	50.14	350m: 5:45.85	49.39				
	100m: 1:35.69	50.12	200m: 3:16.29	50.49	300m: 4:56.46	50.03	400m: 6:32.56	46.71				
11.	Catherine Seichepine	1957	FRA	Cercle Nautique Saint Avold						6:37.81		+0,95
	50m: 45.31	45.31	150m: 2:25.92	51.38	250m: 4:09.09	51.88	350m: 5:51.19	50.58				
	100m: 1:34.54	49.23	200m: 3:17.21	51.29	300m: 5:00.61	51.52	400m: 6:37.81	46.62				
12.	Ursula-Beate Neisser	1957	GER	Erster Offenbacher SC						6:41.85		+0,76
	50m: 42.40	42.40	150m: 2:24.59	52.62	250m: 4:09.84	52.42	350m: 5:53.80	51.93				
	100m: 1:31.97	49.57	200m: 3:17.42	52.83	300m: 5:01.87	52.03	400m: 6:41.85	48.05				
13.	Monika Zilliken	1956	GER	SC Wiesbaden 1911						6:42.93		+1,00
	50m: 43.55	43.55	150m: 2:24.82	51.80	250m: 4:09.49	52.33	350m: 5:53.62	52.06				
	100m: 1:33.02	49.47	200m: 3:17.16	52.34	300m: 5:01.56	52.07	400m: 6:42.93	49.31				
14.	Elly Kiestra-Broertjes	1956	NED	Zignea						6:43.40		+1,09
	50m: 43.54	43.54	150m: 2:24.27	51.23	250m: 4:09.51	53.15	350m: 5:54.01	51.87				
	100m: 1:33.04	49.50	200m: 3:16.36	52.09	300m: 5:02.14	52.63	400m: 6:43.40	49.39				
15.	Elaine Fraser	1955	GBR	Ren 96						6:44.60		+0,96
	50m: 45.33	45.33	150m: 2:27.36	51.85	250m: 4:11.27	51.74	350m: 5:55.06	51.85				
	100m: 1:35.51	50.18	200m: 3:19.53	52.17	300m: 5:03.21	51.94	400m: 6:44.60	49.54				
16.	Silvia Taurelli	1956	ITA	Zero9						7:11.92		+0,88
	50m: 45.36	45.36	150m: 2:31.30	55.23	250m: 4:23.37	56.29	350m: 6:17.53	57.48				
	100m: 1:36.07	50.71	200m: 3:27.08	55.78	300m: 5:20.05	56.68	400m: 7:11.92	54.39				
17.	Else Moeller	1958	DEN	Hovedstadens Svømmeklub						7:20.86		+0,94
	50m: 48.77	48.77	150m: 2:40.29	55.73	250m: 4:32.07	55.69	350m: 6:27.30	57.01				
	100m: 1:44.56	55.79	200m: 3:36.38	56.09	300m: 5:30.29	58.22	400m: 7:20.86	53.56				

Programmanr. 5
02-09-2013

Dames, 400m vrije slag

50-54
Resultaten

Rang	Name	Country Club								Time		RT
1.	Barbara Gellrich	1961	GER	Mainzer SV 01						4:55.96		+0,90
	50m: 33.31	33.31	150m: 1:48.14	37.91	250m: 3:03.63	37.63	350m: 4:19.12	37.50				
	100m: 1:10.23	36.92	200m: 2:26.00	37.86	300m: 3:41.62	37.99	400m: 4:55.96	36.84				
2.	Isabelle Ferlet	1963	FRA	ASAV Natation						5:16.10		+0,89
	50m: 35.71	35.71	150m: 1:55.83	40.71	250m: 3:16.95	40.63	350m: 4:37.96	40.35				
	100m: 1:15.12	39.41	200m: 2:36.32	40.49	300m: 3:57.61	40.66	400m: 5:16.10	38.14				
3.	Pierrette Michel	1962	BEL	CN Sportcity Woluwe						5:18.07		+0,92
	50m: 36.21	36.21	150m: 1:57.40	40.69	250m: 3:18.60	40.06	350m: 4:39.61	40.34				
	100m: 1:16.71	40.50	200m: 2:38.54	41.14	300m: 3:59.27	40.67	400m: 5:18.07	38.46				
4.	Lisa Rosenblatt	1963	AUT	SC Hakoah Wien						5:28.14		+0,93
	50m: 36.45	36.45	150m: 1:57.95	41.85	250m: 3:21.85	41.93	350m: 4:46.46	42.19				
	100m: 1:16.10	39.65	200m: 2:39.92	41.97	300m: 4:04.27	42.42	400m: 5:28.14	41.68				
5.	Iris Teckentrup	1963	GER	SG Frankfurt						5:29.61		+0,80
	50m: 36.86	36.86	150m: 1:58.67	41.31	250m: 3:22.35	42.03	350m: 4:47.84	43.07				
	100m: 1:17.36	40.50	200m: 2:40.32	41.65	300m: 4:04.77	42.42	400m: 5:29.61	41.77				
6.	Jeannette Ruesink	1963	NED	WS Twente						5:30.72		+0,88
	50m: 37.87	37.87	150m: 2:01.17	42.00	250m: 3:26.30	42.53	350m: 4:51.01	42.07				
	100m: 1:19.17	41.30	200m: 2:43.77	42.60	300m: 4:08.94	42.64	400m: 5:30.72	39.71				
7.	Zuzana Vancova	1963	SVK	SPK Bratislava						5:31.78		+1,07
	50m: 37.70	37.70	150m: 2:00.40	41.97	250m: 3:25.29	43.01	350m: 4:50.87	42.59				
	100m: 1:18.43	40.73	200m: 2:42.28	41.88	300m: 4:08.28	42.99	400m: 5:31.78	40.91				
8.	Emma Kelly	1963	GBR	Kings Cormorants SC						5:36.92		+0,91
	50m: 36.54	36.54	150m: 2:00.72	43.13	250m: 3:27.51	43.21	350m: 4:54.32	42.92				
	100m: 1:17.59	41.05	200m: 2:44.30	43.58	300m: 4:11.40	43.89	400m: 5:36.92	42.60				

Programmanr. 5, Dames, 400m vrije slag, 50-54

Rang	Name	Country	Club	Time	RT
9.	Patty Verhagen	1959 NED	PSV	5:36.99	+0,87
	50m: 38.71 38.71 150m: 2:02.70 42.51 250m: 3:29.01 43.15 350m: 4:55.49 43.08				
	100m: 1:20.19 41.48 200m: 2:45.86 43.16 300m: 4:12.41 43.40 400m: 5:36.99 41.50				
10.	Nicky Bindler	1962 GBR	Kings Cormorants SC	5:39.95	+0,80
	50m: 37.60 37.60 150m: 2:03.39 43.70 250m: 3:31.91 44.54 350m: 4:59.78 43.79				
	100m: 1:19.69 42.09 200m: 2:47.37 43.98 300m: 4:15.99 44.08 400m: 5:39.95 40.17				
11.	Regina Dobschin	1961 GER	BSC Robben	5:40.42	+0,88
	50m: 38.55 38.55 150m: 2:02.51 42.58 250m: 3:28.52 43.63 350m: 4:56.83 44.75				
	100m: 1:19.93 41.38 200m: 2:44.89 42.38 300m: 4:12.08 43.56 400m: 5:40.42 43.59				
12.	Dona Simpson	1961 GBR	Harrogate District SC	5:41.66	+1,02
	50m: 35.50 35.50 150m: 1:58.53 42.90 250m: 3:28.01 44.84 350m: 4:59.34 45.23				
	100m: 1:15.63 40.13 200m: 2:43.17 44.64 300m: 4:14.11 46.10 400m: 5:41.66 42.32				
13.	Inge Wolfs	1960 NED	Plons	5:44.87	+0,85
	50m: 38.39 38.39 150m: 2:04.54 44.12 250m: 3:32.63 44.46 350m: 5:01.40 44.45				
	100m: 1:20.42 42.03 200m: 2:48.17 43.63 300m: 4:16.95 44.32 400m: 5:44.87 43.47				
14.	Marleen Slegers	1961 BEL	Arendonkse ZV	5:51.68	+0,94
	50m: 38.75 38.75 150m: 2:08.63 45.37 250m: 3:39.49 45.18 350m: 5:10.88 45.45				
	100m: 1:23.26 44.51 200m: 2:54.31 45.68 300m: 4:25.43 45.94 400m: 5:51.68 40.80				
15.	Cordula Ruh	1961 GER	Bad Homburger SC 1927	5:53.76	+0,87
	50m: 39.83 39.83 150m: 2:08.29 44.59 250m: 3:39.87 46.11 350m: 5:10.80 45.13				
	100m: 1:23.70 43.87 200m: 2:53.76 45.47 300m: 4:25.67 45.80 400m: 5:53.76 42.96				
16.	Marie-Laure Calfort	1962 FRA	ASA Natation	5:55.45	+0,95
	50m: 40.16 40.16 150m: 2:09.53 45.34 250m: 3:41.73 45.93 350m: 5:12.27 44.98				
	100m: 1:24.19 44.03 200m: 2:55.80 46.27 300m: 4:27.29 45.56 400m: 5:55.45 43.18				
17.	Francine Sommer	1962 NED	Triton	5:55.68	+0,83
	50m: 36.71 36.71 150m: 2:03.44 44.62 250m: 3:36.10 46.86 350m: 5:08.95 47.53				
	100m: 1:18.82 42.11 200m: 2:49.24 45.80 300m: 4:21.42 45.32 400m: 5:55.68 46.73				
18.	Carla Devriese	1961 BEL	Royal Ostend SC	5:55.77	+0,93
	50m: 39.41 39.41 150m: 2:09.53 45.68 250m: 3:41.15 45.99 350m: 5:12.65 45.80				
	100m: 1:23.85 44.44 200m: 2:55.16 45.63 300m: 4:26.85 45.70 400m: 5:55.77 43.12				
19.	Ingrid van Cauteren	1962 BEL	LZV	5:57.62	+0,85
	50m: 41.10 41.10 150m: 2:11.69 46.22 250m: 3:43.48 46.07 350m: 5:14.92 45.77				
	100m: 1:25.47 44.37 200m: 2:57.41 45.72 300m: 4:29.15 45.67 400m: 5:57.62 42.70				
20.	Verity Dobbie	1959 GBR	Gateshead - Whickham ASC	6:02.35	+1,08
	50m: 40.17 40.17 150m: 2:09.28 46.19 250m: 3:43.27 48.01 350m: 5:18.34 48.13				
	100m: 1:23.09 42.92 200m: 2:55.26 45.98 300m: 4:30.21 46.94 400m: 6:02.35 44.01				
21.	Andrea Uhlig	1963 GER	SC Chemnitz 1892	6:05.36	+1,10
	50m: 38.92 38.92 150m: 2:07.41 45.48 250m: 3:41.42 46.91 350m: 5:18.40 48.35				
	100m: 1:21.93 43.01 200m: 2:54.51 47.10 300m: 4:30.05 48.63 400m: 6:05.36 46.96				
22.	Antje Thoms	1960 GER	Berliner TSC	6:13.41	+0,74
	50m: 40.14 40.14 150m: 2:11.33 46.19 250m: 3:46.58 47.82 350m: 5:24.59 49.17				
	100m: 1:25.14 45.00 200m: 2:58.76 47.43 300m: 4:35.42 48.84 400m: 6:13.41 48.82				
23.	Heike Wolters	1962 GER	SV Ganderkesee 69	6:19.74	+1,15
	50m: 41.89 41.89 150m: 2:16.77 48.02 250m: 3:54.76 49.43 350m: 5:33.06 48.91				
	100m: 1:28.75 46.86 200m: 3:05.33 48.56 300m: 4:44.15 49.39 400m: 6:19.74 46.68				
24.	Britta Cramer	1963 GER	1. Paderborner SV 1911	6:20.96	+1,10
	50m: 40.53 40.53 150m: 2:16.60 49.15 250m: 3:57.26 50.59 350m: 5:36.23 48.79				
	100m: 1:27.45 46.92 200m: 3:06.67 50.07 300m: 4:47.44 50.18 400m: 6:20.96 44.73				
25.	Katinka Elders	1960 NED	Oceanus	6:25.51	+0,80
	50m: 41.79 41.79 150m: 2:17.25 48.34 250m: 3:57.63 50.64 350m: 5:37.80 49.50				
	100m: 1:28.91 47.12 200m: 3:06.99 49.74 300m: 4:48.30 50.67 400m: 6:25.51 47.71				
26.	Kerstin Pötschke	1960 GER	Ostsächsischer SV Kamenz	6:30.84	+0,95
	50m: 41.76 41.76 150m: 2:18.91 49.68 250m: 3:59.83 50.33 350m: 5:41.33 50.77				
	100m: 1:29.23 47.47 200m: 3:09.50 50.59 300m: 4:50.56 50.73 400m: 6:30.84 49.51				
27.	Gabriele Jünemann	1960 GER	SC Wiking Herne 1921	6:33.73	+0,99
	50m: 42.05 42.05 150m: 2:20.67 50.50 250m: 4:03.13 51.14 350m: 5:45.27 50.84				
	100m: 1:30.17 48.12 200m: 3:11.99 51.32 300m: 4:54.43 51.30 400m: 6:33.73 48.46				
28.	Carola Oen	1962 GER	SG Oelde	6:34.44	+1,01
	50m: 41.59 41.59 150m: 2:19.33 50.41 250m: 4:02.17 52.08 350m: 5:45.40 51.93				
	100m: 1:28.92 47.33 200m: 3:10.09 50.76 300m: 4:53.47 51.30 400m: 6:34.44 49.04				
29.	Linda Swennen	1963 BEL	Arendonkse ZV	6:37.93	+0,94
	50m: 44.28 44.28 150m: 2:24.53 51.30 250m: 4:07.09 51.41 350m: 5:49.02 50.93				
	100m: 1:33.23 48.95 200m: 3:15.68 51.15 300m: 4:58.09 51.00 400m: 6:37.93 48.91				
30.	Ellen Parma	1962 NED	Triton	6:39.52	+0,94
	50m: 42.75 42.75 150m: 2:25.00 51.90 250m: 4:11.74 54.12 350m: 5:53.48 50.55				
	100m: 1:33.10 50.35 200m: 3:17.62 52.62 300m: 5:02.93 51.19 400m: 6:39.52 46.04				

Programmanr. 5, Dames, 400m vrije slag, 50-54

Rang	Name	Country Club								Time				RT
31.	Sylvie Sylvie Godart	1960	FRA	Rouen Masters Club				6:45.81				+1,11		
	50m:	43.19	43.19	150m:	2:22.75	51.23	250m:	4:08.44	53.11	350m:	5:55.16		52.92	
	100m:	1:31.52	48.33	200m:	3:15.33	52.58	300m:	5:02.24	53.80	400m:	6:45.81		50.65	
32.	Helena Künzli	1961	SUI	SCR Bremgarten				6:47.45				+0,92		
	50m:	45.26	45.26	150m:	2:27.39	52.63	250m:	4:11.75	53.07	350m:	5:58.02		54.04	
	100m:	1:34.76	49.50	200m:	3:18.68	51.29	300m:	5:03.98	52.23	400m:	6:47.45		49.43	
33.	Anna Kicinova	1961	SVK	SPK Kupele Piestany				6:50.27				+1,04		
	50m:	42.37	42.37	150m:	2:22.04	51.16	250m:	4:09.25	54.35	350m:	5:58.51		54.82	
	100m:	1:30.88	48.51	200m:	3:14.90	52.86	300m:	5:03.69	54.44	400m:	6:50.27		51.76	
34.	Anke Rubien	1963	GER	SG Frankfurt				7:12.09				+1,09		
	50m:	43.35	43.35	150m:	2:30.53	55.71	250m:	4:23.95	56.31	350m:	6:17.84		56.88	
	100m:	1:34.82	51.47	200m:	3:27.64	57.11	300m:	5:20.96	57.01	400m:	7:12.09		54.25	
35.	Barbara Considera	1962	ITA	ASD Helios Village Nuoto				7:13.70				+0,87		
	50m:	47.91	47.91	150m:	2:35.28	55.00	250m:	4:26.21	55.19	350m:	6:18.43		55.98	
	100m:	1:40.28	52.37	200m:	3:31.02	55.74	300m:	5:22.45	56.24	400m:	7:13.70		55.27	
36.	Marlies Kinzel	1960	AUT	The Mermaids SV				7:23.08				+0,96		
	50m:	48.41	48.41	150m:	2:37.97	56.20	250m:	4:32.51	57.30	350m:	6:28.29		58.38	
	100m:	1:41.77	53.36	200m:	3:35.21	57.24	300m:	5:29.91	57.40	400m:	7:23.08		54.79	
37.	Muriel Bouillie	1961	FRA	Club des Marsouins				7:38.25				+1,10		
	50m:	48.68	48.68	150m:	2:42.45	59.19	250m:	4:41.18	59.81	350m:	6:41.21		1:00.41	
	100m:	1:43.26	54.58	200m:	3:41.37	58.92	300m:	5:40.80	59.62	400m:	7:38.25		57.04	
NT	Rita Ferretti	1962	ITA	ASD Helios Village Nuoto										
	50m:			150m:			250m:			350m:				
	100m:			200m:			300m:			400m:				

Programmanr. 5
02-09-2013

Dames, 400m vrije slag

45-49
Resultaten

Rang	Name	Country Club								Time		RT
1.	Daniela Sabatini	1968	ITA	Team Insubrika				4:49.54		+0,83		
	50m: 33.73 33.73	150m: 1:47.08 36.95	250m: 3:00.92 36.90	350m: 4:13.78 36.28								
	100m: 1:10.13 36.40	200m: 2:24.02 36.94	300m: 3:37.50 36.58	400m: 4:49.54 35.76								
2.	Susanne Metzsch	1968	DEN	OSLF Odense				4:55.12		+0,62		
	50m: 32.58 32.58	150m: 1:45.14 36.73	250m: 3:00.14 37.73	350m: 4:16.89 38.73								
	100m: 1:08.41 35.83	200m: 2:22.41 37.27	300m: 3:38.16 38.02	400m: 4:55.12 38.23								
3.	Verena Haselhoff	1966	GER	SSV Meschede				4:56.57		+1,00		
	50m: 32.16 32.16	150m: 1:46.41 37.74	250m: 3:03.17 38.86	350m: 4:20.60 39.08								
	100m: 1:08.67 36.51	200m: 2:24.31 37.90	300m: 3:41.52 38.35	400m: 4:56.57 35.97								
4.	Maria Gustafsson	1967	SWE	Danderyd Sim				4:59.91		+0,91		
	50m: 34.56 34.56	150m: 1:49.51 37.88	250m: 3:05.95 38.17	350m: 4:22.76 38.42								
	100m: 1:11.63 37.07	200m: 2:27.78 38.27	300m: 3:44.34 38.39	400m: 4:59.91 37.15								
5.	Ina Ziegler	1966	GER	Berliner TSC				5:05.07		+0,78		
	50m: 34.06 34.06	150m: 1:50.10 38.29	250m: 3:07.91 38.62	350m: 4:26.71 39.36								
	100m: 1:11.81 37.75	200m: 2:29.29 39.19	300m: 3:47.35 39.44	400m: 5:05.07 38.36								
6.	Marion Michel	1964	BEL	Embourg Natation				5:15.49		+0,83		
	50m: 35.37 35.37	150m: 1:55.14 40.49	250m: 3:16.29 40.15	350m: 4:36.81 40.25								
	100m: 1:14.65 39.28	200m: 2:36.14 41.00	300m: 3:56.56 40.27	400m: 5:15.49 38.68								
7.	Bridget Bewick	1965	GBR	Maidenhead Masters				5:19.94		+0,90		
	50m: 35.61 35.61	150m: 1:54.40 40.50	250m: 3:16.58 41.01	350m: 4:39.83 41.37								
	100m: 1:13.90 38.29	200m: 2:35.57 41.17	300m: 3:58.46 41.88	400m: 5:19.94 40.11								
8.	Petra Casteleijn-Frowijn	1966	NED	AZ&PC				5:26.03		+0,86		
	50m: 34.27 34.27	150m: 1:53.59 40.71	250m: 3:18.00 42.34	350m: 4:44.58 42.84								
	100m: 1:12.88 38.61	200m: 2:35.66 42.07	300m: 4:01.74 43.74	400m: 5:26.03 41.45								
9.	Rebecca Smith	1968	GBR	Chase Swimming Club				5:28.81		+0,90		
	50m: 34.42 34.42	150m: 1:53.49 40.76	250m: 3:19.01 43.26	350m: 4:46.64 44.62								
	100m: 1:12.73 38.31	200m: 2:35.75 42.26	300m: 4:02.02 43.01	400m: 5:28.81 42.17								
10.	Birgitta Olofsson	1967	SWE	SK Agir				5:30.92		+0,84		
	50m: 35.73 35.73	150m: 1:57.04 41.45	250m: 3:22.15 42.72	350m: 4:48.42 43.27								
	100m: 1:15.59 39.86	200m: 2:39.43 42.39	300m: 4:05.15 43.00	400m: 5:30.92 42.50								
11.	Marion Broekhuis	1968	NED	WS Twente				5:33.54		+0,73		
	50m: 37.10 37.10	150m: 2:00.62 42.36	250m: 3:26.42 42.91	350m: 4:52.17 42.85								
	100m: 1:18.26 41.16	200m: 2:43.51 42.89	300m: 4:09.32 42.90	400m: 5:33.54 41.37								

Programmanr. 5, Dames, 400m vrije slag, 45-49

Rang	Name	Country	Club	Time	RT
12.	Jantine Braakman	1965 NED	ZV De Bron	5:44.43	+0,86
	50m: 37.69 37.69 150m: 2:04.37 44.21 250m: 3:34.54 44.89 350m: 5:03.46 43.84				
	100m: 1:20.16 42.47 200m: 2:49.65 45.28 300m: 4:19.62 45.08 400m: 5:44.43 40.97				
13.	Beate Küppers	1968 GER	Aachener SV 06	5:44.73	+0,96
	50m: 36.79 36.79 150m: 2:00.51 42.86 250m: 3:28.95 44.84 350m: 4:59.91 46.03				
	100m: 1:17.65 40.86 200m: 2:44.11 43.60 300m: 4:13.88 44.93 400m: 5:44.73 44.82				
14.	Vicki Jill Connolly	1966 ESP	CN Torrevieja	5:45.43	+0,93
	50m: 38.20 38.20 150m: 2:04.95 43.99 250m: 3:33.20 44.15 350m: 5:03.01 44.70				
	100m: 1:20.96 42.76 200m: 2:49.05 44.10 300m: 4:18.31 45.11 400m: 5:45.43 42.42				
15.	Chita van der Goorbergh	1968 NED	Zoetermeer	5:46.55	+0,73
	50m: 36.20 36.20 150m: 1:59.49 42.78 250m: 3:27.98 44.82 350m: 5:00.50 46.40				
	100m: 1:16.71 40.51 200m: 2:43.16 43.67 300m: 4:14.10 46.12 400m: 5:46.55 46.05				
16.	Maria Elena Marani	1966 ITA	Due Ponti SSD Roma	5:46.87	+0,72
	50m: 38.05 38.05 150m: 2:04.81 44.86 250m: 3:34.71 45.20 350m: 5:04.27 44.53				
	100m: 1:19.95 41.90 200m: 2:49.51 44.70 300m: 4:19.74 45.03 400m: 5:46.87 42.60				
17.	Gillian Innes	1966 GBR	Ren 96	5:48.11	+0,86
	50m: 39.21 39.21 150m: 2:04.96 43.18 250m: 3:33.59 44.61 350m: 5:04.33 45.41				
	100m: 1:21.78 42.57 200m: 2:48.98 44.02 300m: 4:18.92 45.33 400m: 5:48.11 43.78				
18.	Nicky Slinger	1966 NED	HPC	5:52.00	+0,95
	50m: 39.74 39.74 150m: 2:08.05 44.53 250m: 3:38.17 45.03 350m: 5:08.23 45.05				
	100m: 1:23.52 43.78 200m: 2:53.14 45.09 300m: 4:23.18 45.01 400m: 5:52.00 43.77				
19.	Ilonka Krause	1964 GER	SSV Wildau	5:53.99	+1,06
	50m: 38.48 38.48 150m: 2:06.26 44.46 250m: 3:37.87 45.43 350m: 5:09.91 46.34				
	100m: 1:21.80 43.32 200m: 2:52.44 46.18 300m: 4:23.57 45.70 400m: 5:53.99 44.08				
20.	Julia Kleinhenz	1965 GER	Mainzer SV 01	5:55.28	+0,83
	50m: 38.77 38.77 150m: 2:06.94 44.70 250m: 3:37.83 45.76 350m: 5:11.18 47.38				
	100m: 1:22.24 43.47 200m: 2:52.07 45.13 300m: 4:23.80 45.97 400m: 5:55.28 44.10				
21.	Edyta Olszewska	1964 POL	Warsaw Masters Team	5:55.97	+0,87
	50m: 40.06 40.06 150m: 2:12.23 46.31 250m: 3:44.47 44.88 350m: 5:14.36 45.69				
	100m: 1:25.92 45.86 200m: 2:59.59 47.36 300m: 4:28.67 44.20 400m: 5:55.97 41.61				
22.	Malgorzata Sikorska	1966 POL	MKS Astoria	5:56.53	+1,14
	50m: 39.95 39.95 150m: 2:06.55 44.08 250m: 3:36.10 44.87 350m: 5:09.37 47.03				
	100m: 1:22.47 42.52 200m: 2:51.23 44.68 300m: 4:22.34 46.24 400m: 5:56.53 47.16				
23.	Murielle Caillet Dayer	1965 SUI	CN de Plan-les-Ouates	6:00.33	+0,86
	50m: 41.99 41.99 150m: 2:13.95 46.12 250m: 3:46.45 46.15 350m: 5:17.76 45.55				
	100m: 1:27.83 45.84 200m: 3:00.30 46.35 300m: 4:32.21 45.76 400m: 6:00.33 42.57				
24.	Simona Vanerio	1964 ITA	Team Insubrika	6:15.82	
	50m: 40.84 40.84 150m: 2:14.17 48.21 250m: 3:52.31 50.02 350m: 5:29.75 49.14				
	100m: 1:25.96 45.12 200m: 3:02.29 48.12 300m: 4:40.61 48.30 400m: 6:15.82 46.07				
25.	Cordula Benner	1967 GER	Aqua-Sports Plettenberg eV	6:18.54	+1,08
	50m: 42.17 42.17 150m: 2:14.05 47.35 250m: 3:51.14 49.82 350m: 5:31.68 51.41				
	100m: 1:26.70 44.53 200m: 3:01.32 47.27 300m: 4:40.27 49.13 400m: 6:18.54 46.86				
26.	Maud Peuten-Evers	1964 NED	Swimteam Helden-Mosa (SG)	6:39.38	+1,12
	50m: 43.64 43.64 150m: 2:23.33 51.05 250m: 4:06.28 51.37 350m: 5:50.13 52.17				
	100m: 1:32.28 48.64 200m: 3:14.91 51.58 300m: 4:57.96 51.68 400m: 6:39.38 49.25				
27.	Anna Theresia Stockel	1965 GER	SV Rheine 1968	6:44.67	+1,24
	50m: 45.97 45.97 150m: 2:26.69 51.58 250m: 4:11.72 53.22 350m: 5:56.13 52.24				
	100m: 1:35.11 49.14 200m: 3:18.50 51.81 300m: 5:03.89 52.17 400m: 6:44.67 48.54				
28.	Ymke Snellen Van Vollenhoven	1968 NED	PSV	6:45.10	+0,94
	50m: 44.34 44.34 150m: 2:27.29 53.69 250m: 4:13.50 53.82 350m: 5:57.87 52.49				
	100m: 1:33.60 49.26 200m: 3:19.68 52.39 300m: 5:05.38 51.88 400m: 6:45.10 47.23				
29.	Helen Johansson	1968 SWE	Kungsbacka Simsallskap	6:46.39	+0,81
	50m: 42.77 42.77 150m: 2:24.31 51.89 250m: 4:10.43 53.28 350m: 5:55.71 52.01				
	100m: 1:32.42 49.65 200m: 3:17.15 52.84 300m: 5:03.70 53.27 400m: 6:46.39 50.68				
30.	Claudia Löw	1967 GER	Helmstedter SV 1913	6:48.27	+0,95
	50m: 43.36 43.36 150m: 2:25.07 51.69 250m: 4:10.53 53.11 350m: 5:56.58 52.31				
	100m: 1:33.38 50.02 200m: 3:17.42 52.35 300m: 5:04.27 53.74 400m: 6:48.27 51.69				
31.	Gitte Rumsch	1965 GER	SV Neptun 08 Finsterwalde	6:50.78	+0,81
	50m: 46.98 46.98 150m: 2:30.39 53.51 250m: 4:17.04 54.11 350m: 6:03.95 54.48				
	100m: 1:36.88 49.90 200m: 3:22.93 52.54 300m: 5:09.47 52.43 400m: 6:50.78 46.83				
32.	Betty van Kemenade	1968 NED	PSV	7:00.98	+1,31
	50m: 44.95 44.95 150m: 2:28.63 52.75 250m: 4:16.96 54.11 350m: 6:07.71 55.60				
	100m: 1:35.88 50.93 200m: 3:22.85 54.22 300m: 5:12.11 55.15 400m: 7:00.98 53.27				
33.	Frances van der Moolen	1964 NED	Aqua-Novio'94	7:01.65	+1,25
	50m: 48.53 48.53 150m: 2:36.00 53.38 250m: 4:23.31 53.26 350m: 6:11.18 53.35				
	100m: 1:42.62 54.09 200m: 3:30.05 54.05 300m: 5:17.83 54.52 400m: 7:01.65 50.47				

Programmanr. 5, Dames, 400m vrije slag, 45-49

Rang	Name	Country	Club	Time	RT
34.	Sandra Daamen-Posma	1968 NED	Electrolux AZC	7:08.24	+1,10
	50m: 41.90 41.90	150m: 2:29.56 55.77	250m: 4:21.96 56.23	350m: 6:14.80 56.69	
	100m: 1:33.79 51.89	200m: 3:25.73 56.17	300m: 5:18.11 56.15	400m: 7:08.24 53.44	

Programmanr. 5
02-09-2013

Dames, 400m vrije slag

40-44
Resultaten

Rang	Name	Country	Club	Time	RT
1.	Valeria Vergani	1971 ITA	Pratogrande Sport	4:38.58	+0,86
	50m: 32.40 32.40	150m: 1:42.91 35.55	250m: 2:54.07 35.59	350m: 4:04.94 35.20	
	100m: 1:07.36 34.96	200m: 2:18.48 35.57	300m: 3:29.74 35.67	400m: 4:38.58 33.64	
2.	Janet Mclean	1973 GBR	Carnegie	4:56.99	+0,78
	50m: 33.55 33.55	150m: 1:47.67 37.21	250m: 3:03.42 37.93	350m: 4:20.19 38.45	
	100m: 1:10.46 36.91	200m: 2:25.49 37.82	300m: 3:41.74 38.32	400m: 4:56.99 36.80	
3.	Karin Stein	1971 NED	ZVVS	5:00.85	+0,86
	50m: 35.08 35.08	150m: 1:50.15 38.18	250m: 3:07.02 38.83	350m: 4:23.74 38.60	
	100m: 1:11.97 36.89	200m: 2:28.19 38.04	300m: 3:45.14 38.12	400m: 5:00.85 37.11	
4.	Laura Palasciano	1970 ITA	Circolo Canottieri Aniene	5:05.33	+0,94
	50m: 34.15 34.15	150m: 1:49.08 38.04	250m: 3:05.73 38.73	350m: 4:24.74 40.36	
	100m: 1:11.04 36.89	200m: 2:27.00 37.92	300m: 3:44.38 38.65	400m: 5:05.33 40.59	
5.	Heidi van Stein	1969 NED	LZ 1886	5:05.80	+0,85
	50m: 32.98 32.98	150m: 1:48.41 38.39	250m: 3:07.82 39.55	350m: 4:27.12 39.55	
	100m: 1:10.02 37.04	200m: 2:28.27 39.86	300m: 3:47.57 39.75	400m: 5:05.80 38.68	
6.	Charlotte Berner	1972 DEN	Aarhus Studenterne	5:06.86	+0,97
	50m: 35.64 35.64	150m: 1:53.81 39.51	250m: 3:12.28 39.33	350m: 4:30.07 38.75	
	100m: 1:14.30 38.66	200m: 2:32.95 39.14	300m: 3:51.32 39.04	400m: 5:06.86 36.79	
7.	Xandrine Osmers	1971 GER	Postschwimmverein Leipzig	5:06.89	+0,68
	50m: 32.32 32.32	150m: 1:46.55 38.20	250m: 3:06.09 40.31	350m: 4:27.07 40.74	
	100m: 1:08.35 36.03	200m: 2:25.78 39.23	300m: 3:46.33 40.24	400m: 5:06.89 39.82	
8.	Sandra Bandlow-Albrecht	1971 GER	TSV Lindau	5:07.91	+0,89
	50m: 34.44 34.44	150m: 1:51.57 39.11	250m: 3:11.09 39.30	350m: 4:30.51 39.43	
	100m: 1:12.46 38.02	200m: 2:31.79 40.22	300m: 3:51.08 39.99	400m: 5:07.91 37.40	
9.	Annette de Visser	1971 NED	Oceanus	5:15.96	+0,78
	50m: 35.08 35.08	150m: 1:53.44 40.10	250m: 3:14.51 40.96	350m: 4:36.29 40.89	
	100m: 1:13.34 38.26	200m: 2:33.55 40.11	300m: 3:55.40 40.89	400m: 5:15.96 39.67	
10.	Anita Smits	1969 NED	DIO	5:17.48	+0,76
	50m: 36.03 36.03	150m: 1:56.37 40.63	250m: 3:17.81 40.59	350m: 4:38.52 40.36	
	100m: 1:15.74 39.71	200m: 2:37.22 40.85	300m: 3:58.16 40.35	400m: 5:17.48 38.96	
11.	Yulia Boeva	1969 RUS	Olymp Moscow	5:17.66	+0,80
	50m: 35.90 35.90	150m: 1:55.13 39.69	250m: 3:16.04 40.17	350m: 4:38.37 41.20	
	100m: 1:15.44 39.54	200m: 2:35.87 40.74	300m: 3:57.17 41.13	400m: 5:17.66 39.29	
12.	Yuliyana Novoselska	1970 BUL	GD Sport	5:17.82	+1,03
	50m: 35.56 35.56	150m: 1:55.76 40.51	250m: 3:17.39 40.63	350m: 4:39.21 40.69	
	100m: 1:15.25 39.69	200m: 2:36.76 41.00	300m: 3:58.52 41.13	400m: 5:17.82 38.61	
13.	Jo Johnson	1970 GBR	UEA City of Norwich	5:17.96	+0,82
	50m: 34.54 34.54	150m: 1:53.30 40.40	250m: 3:15.38 40.94	350m: 4:37.77 41.14	
	100m: 1:12.90 38.36	200m: 2:34.44 41.14	300m: 3:56.63 41.25	400m: 5:17.96 40.19	
14.	Katja Hechel	1971 GER	SG Glems	5:19.48	+0,87
	50m: 34.15 34.15	150m: 1:54.43 40.65	250m: 3:17.32 41.60	350m: 4:40.53 41.34	
	100m: 1:13.78 39.63	200m: 2:35.72 41.29	300m: 3:59.19 41.87	400m: 5:19.48 38.95	
15.	Katharina Ashauer	1970 GER	SG Essen	5:19.94	+0,85
	50m: 36.98 36.98	150m: 1:56.98 40.11	250m: 3:18.67 41.08	350m: 4:41.07 41.10	
	100m: 1:16.87 39.89	200m: 2:37.59 40.61	300m: 3:59.97 41.30	400m: 5:19.94 38.87	
16.	Melanie Ragot	1973 GER	SSC Hochdahl	5:21.38	+0,92
	50m: 35.23 35.23	150m: 1:54.80 40.19	250m: 3:16.22 41.21	350m: 4:40.48 41.86	
	100m: 1:14.61 39.38	200m: 2:35.01 40.21	300m: 3:58.62 42.40	400m: 5:21.38 40.90	
17.	Barbara Casella	1973 ITA	Etna Nuoto Catania ASD	5:21.93	+1,04
	50m: 36.00 36.00	150m: 1:56.52 40.85	250m: 3:19.65 41.42	350m: 4:42.98 41.17	
	100m: 1:15.67 39.67	200m: 2:38.23 41.71	300m: 4:01.81 42.16	400m: 5:21.93 38.95	
18.	Cynthia Noordermeer	1970 NED	Het Y	5:23.93	+0,88
	50m: 36.98 36.98	150m: 1:56.92 40.77	250m: 3:19.59 41.73	350m: 4:43.15 41.82	
	100m: 1:16.15 39.17	200m: 2:37.86 40.94	300m: 4:01.33 41.74	400m: 5:23.93 40.78	

Programmanr. 5, Dames, 400m vrije slag, 40-44

Rang	Name	Country Club								Time		RT
19.	Birte Kahlke	1972	GER	SV Poseidon Hamburg						5:25.13		+0,85
	50m: 35.61	35.61	150m: 1:57.02	41.49	250m: 3:20.78	42.12	350m: 4:45.06	41.95				
	100m: 1:15.53	39.92	200m: 2:38.66	41.64	300m: 4:03.11	42.33	400m: 5:25.13	40.07				
20.	Ilona Vogt-Humberg	1971	GER	SG Essen						5:25.18		+0,83
	50m: 36.64	36.64	150m: 1:57.86	41.55	250m: 3:22.12	42.68	350m: 4:45.72	41.96				
	100m: 1:16.31	39.67	200m: 2:39.44	41.58	300m: 4:03.76	41.64	400m: 5:25.18	39.46				
21.	Sandra Hornig	1971	GER	SV Blau-Gelb Dieburg						5:27.30		+0,85
	50m: 36.81	36.81	150m: 1:59.49	41.75	250m: 3:23.69	42.24	350m: 4:48.02	42.09				
	100m: 1:17.74	40.93	200m: 2:41.45	41.96	300m: 4:05.93	42.24	400m: 5:27.30	39.28				
22.	Britta Wortmann	1972	GER	Aqua-Sports Plettenberg eV						5:28.11		+0,81
	50m: 34.47	34.47	150m: 1:55.90	42.31	250m: 3:22.13	43.42	350m: 4:47.41	42.44				
	100m: 1:13.59	39.12	200m: 2:38.71	42.81	300m: 4:04.97	42.84	400m: 5:28.11	40.70				
23.	Stefanie Marka	1972	AUT	SV Wörthersee						5:30.32		+0,90
	50m: 36.10	36.10	150m: 1:58.82	41.80	250m: 3:24.00	42.52	350m: 4:51.22	43.28				
	100m: 1:17.02	40.92	200m: 2:41.48	42.66	300m: 4:07.94	43.94	400m: 5:30.32	39.10				
24.	Rachael Coleman	1973	GBR	Barnet Copthall						5:33.99		+0,89
	50m: 35.88	35.88	150m: 1:58.90	42.86	250m: 3:26.93	44.45	350m: 4:53.85	43.68				
	100m: 1:16.04	40.16	200m: 2:42.48	43.58	300m: 4:10.17	43.24	400m: 5:33.99	40.14				
25.	Krisztina Erdélyi	1971	HUN	Eger Városi Úszóklub						5:38.97		+0,92
	50m: 39.70	39.70	150m: 2:06.97	44.08	250m: 3:35.45	44.19	350m: 5:01.47	42.83				
	100m: 1:22.89	43.19	200m: 2:51.26	44.29	300m: 4:18.64	43.19	400m: 5:38.97	37.50				
26.	Carole Droguet	1970	FRA	Dinard Olympique Natation						5:41.98		+1,04
	50m: 38.10	38.10	150m: 2:05.08	43.94	250m: 3:33.13	43.72	350m: 5:01.12	43.84				
	100m: 1:21.14	43.04	200m: 2:49.41	44.33	300m: 4:17.28	44.15	400m: 5:41.98	40.86				
27.	Natacha van Hoof	1973	BEL	ShaRK						5:46.61		+0,88
	50m: 39.64	39.64	150m: 2:06.23	43.66	250m: 3:35.06	44.42	350m: 5:04.29	44.65				
	100m: 1:22.57	42.93	200m: 2:50.64	44.41	300m: 4:19.64	44.58	400m: 5:46.61	42.32				
28.	Nicole Vrijhoeven	1969	NED	PSV						5:47.60		+0,58
	50m: 39.63	39.63	150m: 2:06.34	44.06	250m: 3:35.28	45.00	350m: 5:05.25	45.30				
	100m: 1:22.28	42.65	200m: 2:50.28	43.94	300m: 4:19.95	44.67	400m: 5:47.60	42.35				
29.	Dianne Niën	1971	NED	RZ						5:48.20		+0,77
	50m: 39.24	39.24	150m: 2:07.60	44.53	250m: 3:37.07	45.06	350m: 5:06.21	44.39				
	100m: 1:23.07	43.83	200m: 2:52.01	44.41	300m: 4:21.82	44.75	400m: 5:48.20	41.99				
30.	Sarah Davison	1973	GBR	Sussex Martlets SC						5:52.96		+0,94
	50m: 36.36	36.36	150m: 2:02.25	44.48	250m: 3:32.97	45.90	350m: 5:07.64	48.34				
	100m: 1:17.77	41.41	200m: 2:47.07	44.82	300m: 4:19.30	46.33	400m: 5:52.96	45.32				
31.	Iris van Aurich	1969	NED	DWK						5:53.15		+0,89
	50m: 37.89	37.89	150m: 2:07.77	46.32	250m: 3:39.69	46.69	350m: 5:10.39	45.63				
	100m: 1:21.45	43.56	200m: 2:53.00	45.23	300m: 4:24.76	45.07	400m: 5:53.15	42.76				
32.	Astrid Hegemann	1969	GER	WSV Groß-Krotzenburg						5:56.22		+0,99
	50m: 38.26	38.26	150m: 2:08.35	45.57	250m: 3:40.74	46.10	350m: 5:13.03	46.14				
	100m: 1:22.78	44.52	200m: 2:54.64	46.29	300m: 4:26.89	46.15	400m: 5:56.22	43.19				
33.	Thorunn K. Gudmundsdottir	1969	ISL	Aegir Reykjavik						6:00.88		+1,00
	50m: 38.58	38.58	150m: 2:07.38	45.12	250m: 3:41.05	46.53	350m: 5:14.48	46.01				
	100m: 1:22.26	43.68	200m: 2:54.52	47.14	300m: 4:28.47	47.42	400m: 6:00.88	46.40				
34.	Annet Kootstra	1971	NED	Swol 1894						6:02.24		+1,13
	50m: 40.55	40.55	150m: 2:11.21	46.03	250m: 3:43.84	46.49	350m: 5:16.69	45.97				
	100m: 1:25.18	44.63	200m: 2:57.35	46.14	300m: 4:30.72	46.88	400m: 6:02.24	45.55				
35.	Renata van Essen	1973	NED	Zuiderzeewemmers						6:04.02		+0,78
	50m: 37.99	37.99	150m: 2:06.94	45.52	250m: 3:41.25	47.74	350m: 5:17.27	47.62				
	100m: 1:21.42	43.43	200m: 2:53.51	46.57	300m: 4:29.65	48.40	400m: 6:04.02	46.75				
36.	Imke Höfling	1970	FIN	Iisalmen Uimarit						6:04.05		+1,04
	50m: 41.42	41.42	150m: 2:13.76	46.62	250m: 3:46.99	46.39	350m: 5:20.29	46.27				
	100m: 1:27.14	45.72	200m: 3:00.60	46.84	300m: 4:34.02	47.03	400m: 6:04.05	43.76				
37.	Ulrike Hofmann	1969	GER	Mainzer SV 01						6:05.27		+1,10
	50m: 41.00	41.00	150m: 2:12.51	46.70	250m: 3:45.81	46.79	350m: 5:19.68	47.25				
	100m: 1:25.81	44.81	200m: 2:59.02	46.51	300m: 4:32.43	46.62	400m: 6:05.27	45.59				
38.	Natalie van den Broek	1973	NED	Nautilus						6:11.18		+0,99
	50m: 38.12	38.12	150m: 2:05.62	46.07	250m: 3:42.13	48.62	350m: 5:23.22	50.61				
	100m: 1:19.55	41.43	200m: 2:53.51	47.89	300m: 4:32.61	50.48	400m: 6:11.18	47.96				
39.	Claudia Broeke	1973	NED	De Fuut						6:12.25		+0,91
	50m: 41.83	41.83	150m: 2:16.13	48.42	250m: 3:51.57	47.98	350m: 5:26.87	47.97				
	100m: 1:27.71	45.88	200m: 3:03.59	47.46	300m: 4:38.90	47.33	400m: 6:12.25	45.38				
40.	Sabine Delaere	1969	BEL	Dauphins Mouscronnois						6:14.58		+0,99
	50m: 41.03	41.03	150m: 2:14.37	47.32	250m: 3:50.29	47.85	350m: 5:27.39	48.47				
	100m: 1:27.05	46.02	200m: 3:02.44	48.07	300m: 4:38.92	48.63	400m: 6:14.58	47.19				

Programmanr. 5, Dames, 400m vrije slag, 40-44

Rang	Name	Country	Club	Time	RT
41.	Senem Ulker Karavelioglu	1971 TUR	Karsiyaka SK	6:24.59	+0,93
	50m: 39.57 39.57	150m: 2:13.25 48.29	250m: 3:53.06 50.33	350m: 5:35.48 51.51	
	100m: 1:24.96 45.39	200m: 3:02.73 49.48	300m: 4:43.97 50.91	400m: 6:24.59 49.11	
42.	Ingrid Versteegen	1973 NED	DBD	6:27.63	+0,86
	50m: 43.92 43.92	150m: 2:20.94 49.41	250m: 4:00.82 50.67	350m: 5:40.59 49.89	
	100m: 1:31.53 47.61	200m: 3:10.15 49.21	300m: 4:50.70 49.88	400m: 6:27.63 47.04	
43.	Émilie Cottain	1969 FRA	CS Chamonix	6:33.03	+0,98
	50m: 44.09 44.09	150m: 2:23.81 51.28	250m: 4:07.08 52.35	350m: 5:50.08 51.61	
	100m: 1:32.53 48.44	200m: 3:14.73 50.92	300m: 4:58.47 51.39	400m: 6:33.03 42.95	
44.	Elena Zaytseva	1969 RUS	43 Region	6:33.30	+1,12
	50m: 44.27 44.27	150m: 2:20.77 48.96	250m: 4:00.94 50.60	350m: 5:43.97 51.25	
	100m: 1:31.81 47.54	200m: 3:10.34 49.57	300m: 4:52.72 51.78	400m: 6:33.30 49.33	
45.	Kaija Dehnkamp	1973 GER	Hamburger SC von 1879	6:34.30	+0,89
	50m: 43.23 43.23	150m: 2:22.93 50.58	250m: 4:03.85 50.33	350m: 5:46.35 51.54	
	100m: 1:32.35 49.12	200m: 3:13.52 50.59	300m: 4:54.81 50.96	400m: 6:34.30 47.95	
46.	Britta Fritz	1971 GER	SC Janus Köln	6:41.41	+0,95
	50m: 43.88 43.88	150m: 2:25.00 51.40	250m: 4:09.93 52.14	350m: 5:53.44 51.15	
	100m: 1:33.60 49.72	200m: 3:17.79 52.79	300m: 5:02.29 52.36	400m: 6:41.41 47.97	
47.	Karin Klaver	1969 NED	DAW	6:46.65	+1,09
	50m: 43.75 43.75	150m: 2:27.04 53.51	250m: 4:12.59 53.01	350m: 5:57.07 52.79	
	100m: 1:33.53 49.78	200m: 3:19.58 52.54	300m: 5:04.28 51.69	400m: 6:46.65 49.58	
48.	Greta Wyma-Teitsma	1971 NED	DWK	6:52.39	+0,92
	50m: 44.52 44.52	150m: 2:28.05 52.37	250m: 4:14.18 52.45	350m: 6:00.57 52.90	
	100m: 1:35.68 51.16	200m: 3:21.73 53.68	300m: 5:07.67 53.49	400m: 6:52.39 51.82	
49.	Armelle Gachignard	1973 FRA	U.S. Chauvigny Natation	6:54.59	+0,93
	50m: 42.77 42.77	150m: 2:24.28 52.92	250m: 4:13.15 55.43	350m: 6:02.73 55.63	
	100m: 1:31.36 48.59	200m: 3:17.72 53.44	300m: 5:07.10 53.95	400m: 6:54.59 51.86	
50.	Suzanne van den Berk	1973 NED	PSV	6:55.59	+0,87
	50m: 43.14 43.14	150m: 2:25.16 52.85	250m: 4:13.52 54.76	350m: 6:04.16 55.40	
	100m: 1:32.31 49.17	200m: 3:18.76 53.60	300m: 5:08.76 55.24	400m: 6:55.59 51.43	
51.	Evelien Breman-Alers	1972 NED	Nautilus	7:01.39	+0,86
	50m: 40.63 40.63	150m: 2:21.95 53.22	250m: 4:13.52 56.38	350m: 6:07.50 56.69	
	100m: 1:28.73 48.10	200m: 3:17.14 55.19	300m: 5:10.81 57.29	400m: 7:01.39 53.89	
NG.ZA	Lisenka Kornet	1969 NED	One Team Swimming		
NT	Andrea Pálffy	1970 HUN	Eger Városi Úszóklub		
	50m:	150m:	250m:	350m:	
	100m:	200m:	300m:	400m:	

Programmanr. 5
02-09-2013

Dames, 400m vrije slag

35-39
Resultaten

Rang	Name	Country	Club	Time	RT
1.	Tanja Züger	1975 SUI	Swiss Alumni swimming	4:41.46	+0,87
	50m: 31.79 31.79	150m: 1:42.09 35.43	250m: 2:53.74 36.03	350m: 4:06.06 36.15	
	100m: 1:06.66 34.87	200m: 2:17.71 35.62	300m: 3:29.91 36.17	400m: 4:41.46 35.40	
2.	Verena Krömeke	1974 GER	SSV Meschede	4:48.28	+0,79
	50m: 31.25 31.25	150m: 1:43.00 36.46	250m: 2:57.26 37.10	350m: 4:12.40 37.78	
	100m: 1:06.54 35.29	200m: 2:20.16 37.16	300m: 3:34.62 37.36	400m: 4:48.28 35.88	
3.	Chiara Benvenuti	1977 ITA	Firenze Nuota Master	4:51.23	+0,78
	50m: 33.48 33.48	150m: 1:46.83 37.11	250m: 3:01.20 37.37	350m: 4:15.47 37.08	
	100m: 1:09.72 36.24	200m: 2:23.83 37.00	300m: 3:38.39 37.19	400m: 4:51.23 35.76	
4.	Annett von Rekowski	1976 GER	SG Bayer Wup/Uer/Dor	4:52.59	+0,85
	50m: 32.59 32.59	150m: 1:45.46 37.01	250m: 3:00.32 37.52	350m: 4:16.09 37.77	
	100m: 1:08.45 35.86	200m: 2:22.80 37.34	300m: 3:38.32 38.00	400m: 4:52.59 36.50	
5.	Liselotte Joling	1975 NED	PSV	4:54.90	+1,01
	50m: 33.80 33.80	150m: 1:49.81 38.46	250m: 3:04.63 36.16	350m: 4:19.19 37.07	
	100m: 1:11.35 37.55	200m: 2:28.47 38.66	300m: 3:42.12 37.49	400m: 4:54.90 35.71	
6.	Florentina Ciocilteu	1976 ITA	Sport Management SRL SSD	5:03.08	+0,77
	50m: 33.88 33.88	150m: 1:47.80 37.80	250m: 3:03.95 38.00	350m: 4:22.90 39.70	
	100m: 1:10.00 36.12	200m: 2:25.95 38.15	300m: 3:43.20 39.25	400m: 5:03.08 40.18	
7.	Alexandra Tarannikova	1977 RUS	Burevestnik	5:06.36	+0,85
	50m: 34.77 34.77	150m: 1:50.58 38.33	250m: 3:08.31 38.93	350m: 4:27.31 39.61	
	100m: 1:12.25 37.48	200m: 2:29.38 38.80	300m: 3:47.70 39.39	400m: 5:06.36 39.05	

Programmanr. 5, Dames, 400m vrije slag, 35-39

Rang	Name	Country	Club	Time	RT
8.	Tetiana Sharun	1977 UKR	Tavrida Masters Crimea MC	5:13.41	+0,92
	50m: 34.49 34.49 150m: 1:51.92 39.69 250m: 3:12.56 40.40 350m: 4:33.96 40.52				
	100m: 1:12.23 37.74 200m: 2:32.16 40.24 300m: 3:53.44 40.88 400m: 5:13.41 39.45				
9.	Larysa Wassmann	1977 GER	SGS Hamburg	5:16.83	+0,92
	50m: 35.11 35.11 150m: 1:54.77 40.69 250m: 3:16.91 40.76 350m: 4:38.89 40.65				
	100m: 1:14.08 38.97 200m: 2:36.15 41.38 300m: 3:58.24 41.33 400m: 5:16.83 37.94				
10.	Nancy Kühdeisch	1977 GER	Hamburger SC von 1879	5:19.51	+0,75
	50m: 34.71 34.71 150m: 1:54.40 40.62 250m: 3:16.08 40.72 350m: 4:38.59 41.18				
	100m: 1:13.78 39.07 200m: 2:35.36 40.96 300m: 3:57.41 41.33 400m: 5:19.51 40.92				
11.	Jenni Harjuoja	1977 FIN	Cetus	5:25.08	+0,84
	50m: 36.95 36.95 150m: 1:58.08 41.28 250m: 3:20.63 41.80 350m: 4:44.33 41.99				
	100m: 1:16.80 39.85 200m: 2:38.83 40.75 300m: 4:02.34 41.71 400m: 5:25.08 40.75				
12.	Sina Lang	1977 GER	Berliner SV 92	5:26.83	+0,95
	50m: 36.97 36.97 150m: 1:59.03 41.61 250m: 3:23.64 42.29 350m: 4:47.59 41.61				
	100m: 1:17.42 40.45 200m: 2:41.35 42.32 300m: 4:05.98 42.34 400m: 5:26.83 39.24				
13.	Tina Bolte	1977 GER	WSG Wunstorf	5:27.96	+0,80
	50m: 35.57 35.57 150m: 1:57.32 41.61 250m: 3:22.56 42.93 350m: 4:47.79 42.15				
	100m: 1:15.71 40.14 200m: 2:39.63 42.31 300m: 4:05.64 43.08 400m: 5:27.96 40.17				
14.	Katja Lobedan	1977 GER	SSV Berliner Haie	5:33.14	+0,81
	50m: 34.28 34.28 150m: 1:55.11 42.00 250m: 3:21.66 43.78 350m: 4:49.95 44.41				
	100m: 1:13.11 38.83 200m: 2:37.88 42.77 300m: 4:05.54 43.88 400m: 5:33.14 43.19				
15.	Karin van Dijk	1976 NED	H2Oldambt	5:35.29	+0,85
	50m: 36.07 36.07 150m: 1:59.40 42.86 250m: 3:26.48 44.28 350m: 4:54.36 44.19				
	100m: 1:16.54 40.47 200m: 2:42.20 42.80 300m: 4:10.17 43.69 400m: 5:35.29 40.93				
16.	Maya Schlesinger	1975 ISR	Wingate Masters SC	5:39.68	+1,01
	50m: 39.66 39.66 150m: 2:07.25 44.79 250m: 3:35.17 44.04 350m: 5:01.91 43.52				
	100m: 1:22.46 42.80 200m: 2:51.13 43.88 300m: 4:18.39 43.22 400m: 5:39.68 37.77				
17.	Simone Fittler	1977 GER	SC Humboldt-Universität	5:41.45	+0,92
	50m: 37.86 37.86 150m: 2:02.60 42.80 250m: 3:29.89 43.50 350m: 4:58.18 43.90				
	100m: 1:19.80 41.94 200m: 2:46.39 43.79 300m: 4:14.28 44.39 400m: 5:41.45 43.27				
18.	Britta von Eitzen	1974 GER	SG Glems	5:46.10	+0,98
	50m: 36.79 36.79 150m: 2:01.80 43.45 250m: 3:32.31 45.58 350m: 5:02.75 44.98				
	100m: 1:18.35 41.56 200m: 2:46.73 44.93 300m: 4:17.77 45.46 400m: 5:46.10 43.35				
19.	Jannie Vennik	1976 NED	HZ&PC Heerenveen	5:52.02	+0,98
	50m: 38.73 38.73 150m: 2:06.64 44.66 250m: 3:37.44 45.20 350m: 5:08.35 45.00				
	100m: 1:21.98 43.25 200m: 2:52.24 45.60 300m: 4:23.35 45.91 400m: 5:52.02 43.67				
20.	Andrea van den Bongard	1974 GER	SC Delphin Geldern	5:54.27	+0,89
	50m: 37.12 37.12 150m: 2:06.77 45.94 250m: 3:38.31 46.08 350m: 5:09.60 45.64				
	100m: 1:20.83 43.71 200m: 2:52.23 45.46 300m: 4:23.96 45.65 400m: 5:54.27 44.67				
21.	Valeria Maria Brancato	1977 ITA	SS Lazio Roma	5:55.97	+1,01
	50m: 41.01 41.01 150m: 2:12.61 46.40 250m: 3:44.18 45.83 350m: 5:13.69 44.93				
	100m: 1:26.21 45.20 200m: 2:58.35 45.74 300m: 4:28.76 44.58 400m: 5:55.97 42.28				
22.	Babette Rens	1978 NED	Dedemsvaart-AC	6:00.57	+0,93
	50m: 39.46 39.46 150m: 2:08.20 45.53 250m: 3:41.57 47.60 350m: 5:15.86 47.92				
	100m: 1:22.67 43.21 200m: 2:53.97 45.77 300m: 4:27.94 46.37 400m: 6:00.57 44.71				
23.	Sarah H Lindström	1977 SWE	Linköpings Allmänna SK	6:04.45	+0,75
	50m: 40.91 40.91 150m: 2:13.58 47.26 250m: 3:46.71 46.63 350m: 5:20.68 46.59				
	100m: 1:26.32 45.41 200m: 3:00.08 46.50 300m: 4:34.09 47.38 400m: 6:04.45 43.77				
24.	Sarah Cicerone	1977 ITA	ASD Quanta Sport Village	6:16.27	+0,88
	50m: 41.25 41.25 150m: 2:14.25 47.55 250m: 3:50.80 48.28 350m: 5:28.47 48.57				
	100m: 1:26.70 45.45 200m: 3:02.52 48.27 300m: 4:39.90 49.10 400m: 6:16.27 47.80				
25.	Anneke de Groot	1977 NED	De Fuut	6:21.36	+0,84
	50m: 40.00 40.00 150m: 2:14.49 48.18 250m: 3:53.30 49.86 350m: 5:33.61 50.12				
	100m: 1:26.31 46.31 200m: 3:03.44 48.95 300m: 4:43.49 50.19 400m: 6:21.36 47.75				
26.	Marieke de Vries	1974 NED	DAW	6:22.95	+0,86
	50m: 40.51 40.51 150m: 2:15.36 48.31 250m: 3:54.83 49.74 350m: 5:35.08 50.14				
	100m: 1:27.05 46.54 200m: 3:05.09 49.73 300m: 4:44.94 50.11 400m: 6:22.95 47.87				
27.	Sofia Marques Pereira	1978 POR	Colegio Monte Maior	6:39.07	+1,08
	50m: 42.43 42.43 150m: 2:21.66 50.50 250m: 4:04.82 52.15 350m: 5:48.58 52.12				
	100m: 1:31.16 48.73 200m: 3:12.67 51.01 300m: 4:56.46 51.64 400m: 6:39.07 50.49				
28.	Sandrine Dumoulin	1978 FRA	CS Chamonix	6:46.09	+0,92
	50m: 45.76 45.76 150m: 2:27.09 51.04 250m: 4:11.60 52.49 350m: 5:56.58 51.44				
	100m: 1:36.05 50.29 200m: 3:19.11 52.02 300m: 5:05.14 53.54 400m: 6:46.09 49.51				
29.	Clementine van Bruxvoort	1977 NED	ZPB H&L Productions	6:56.01	+1,06
	50m: 45.77 45.77 150m: 2:31.38 53.36 250m: 4:18.64 54.00 350m: 6:06.19 53.36				
	100m: 1:38.02 52.25 200m: 3:24.64 53.26 300m: 5:12.83 54.19 400m: 6:56.01 49.82				

Programmanr. 5, Dames, 400m vrije slag, 35-39

Rang	Name	Country Club								Time		RT
30.	Norma Molinarich	1974	ITA	Coopernuoto s.c.s.d.				6:59.00		+1,01		
	50m:	42.77	42.77	150m:	2:26.85	54.18	250m:	4:19.72	57.26	350m:	6:11.77	56.26
	100m:	1:32.67	49.90	200m:	3:22.46	55.61	300m:	5:15.51	55.79	400m:	6:59.00	47.23
NG.ZA	Viviane Delvaux	1974	BEL	Schwimmschule Sankt Vith								
NT	Alessia Calcagnile	1974	ITA	Zero9								
	50m:			150m:			250m:			350m:		
	100m:			200m:			300m:			400m:		

Programmanr. 5 Dames, 400m vrije slag 30-34
02-09-2013 Resultaten

Rang	Name	Country Club								Time		RT
1.	Ann Wanter				1982 BEL	Best					4:46.04	+0,80
	50m: 33.15	33.15	150m: 1:44.65	36.25	250m: 2:57.20	36.41	350m: 4:10.89	37.08				
	100m: 1:08.40	35.25	200m: 2:20.79	36.14	300m: 3:33.81	36.61	400m: 4:46.04	35.15				
2.	Valentina Lugano				1980 ITA	Derthona Nuoto					4:55.51	+0,89
	50m: 35.09	35.09	150m: 1:49.22	37.42	250m: 3:04.55	37.82	350m: 4:20.12	37.83				
	100m: 1:11.80	36.71	200m: 2:26.73	37.51	300m: 3:42.29	37.74	400m: 4:55.51	35.39				
3.	Eleonora Tagliaventi				1981 ITA	Fanum Fortunae Nuoto					4:59.01	+0,92
	50m: 33.91	33.91	150m: 1:48.32	37.70	250m: 3:04.19	38.10	350m: 4:21.16	38.67				
	100m: 1:10.62	36.71	200m: 2:26.09	37.77	300m: 3:42.49	38.30	400m: 4:59.01	37.85				
4.	Frauke Kraatz				1980 GER	Delphin Ratingen-Lintorf					5:01.67	+0,78
	50m: 33.01	33.01	150m: 1:48.38	38.50	250m: 3:05.75	38.93	350m: 4:24.42	39.17				
	100m: 1:09.88	36.87	200m: 2:26.82	38.44	300m: 3:45.25	39.50	400m: 5:01.67	37.25				
5.	Dominika Michalik				1979 POL	Bialystok Masters Team					5:04.51	+0,80
	50m: 33.66	33.66	150m: 1:48.63	38.56	250m: 3:07.13	39.79	350m: 4:26.19	39.72				
	100m: 1:10.07	36.41	200m: 2:27.34	38.71	300m: 3:46.47	39.34	400m: 5:04.51	38.32				
6.	Britta Zilgens				1982 GER	VfR Übach-Palenberg					5:06.46	+0,78
	50m: 34.36	34.36	150m: 1:51.21	38.83	250m: 3:10.22	39.47	350m: 4:29.48	40.00				
	100m: 1:12.38	38.02	200m: 2:30.75	39.54	300m: 3:49.48	39.26	400m: 5:06.46	36.98				
7.	Roos van Esch				1982 NED	TRB-RES					5:07.77	+0,86
	50m: 35.30	35.30	150m: 1:52.36	39.22	250m: 3:11.11	39.79	350m: 4:29.71	39.25				
	100m: 1:13.14	37.84	200m: 2:31.32	38.96	300m: 3:50.46	39.35	400m: 5:07.77	38.06				
8.	Charlotte Reid				1979 IRL	Aer Lingus Masters SC					5:11.42	+0,74
	50m: 34.53	34.53	150m: 1:51.29	38.99	250m: 3:11.14	39.94	350m: 4:32.69	40.69				
	100m: 1:12.30	37.77	200m: 2:31.20	39.91	300m: 3:52.00	40.86	400m: 5:11.42	38.73				
9.	Catherine Markwell				1981 GBR	UEA City of Norwich					5:12.09	+0,91
	50m: 33.88	33.88	150m: 1:50.61	39.09	250m: 3:10.79	40.26	350m: 4:32.75	41.13				
	100m: 1:11.52	37.64	200m: 2:30.53	39.92	300m: 3:51.62	40.83	400m: 5:12.09	39.34				
10.	Désirée Richter				1980 GER	SG Wuppertal					5:12.74	+0,84
	50m: 35.31	35.31	150m: 1:54.02	39.72	250m: 3:14.59	40.02	350m: 4:34.33	39.09				
	100m: 1:14.30	38.99	200m: 2:34.57	40.55	300m: 3:55.24	40.65	400m: 5:12.74	38.41				
11.	Linda Hoogendam				1983 NED	Zoetermeer					5:13.11	+0,75
	50m: 34.23	34.23	150m: 1:54.85	40.78	250m: 3:15.43	40.47	350m: 4:35.42	39.17				
	100m: 1:14.07	39.84	200m: 2:34.96	40.11	300m: 3:56.25	40.82	400m: 5:13.11	37.69				
12.	Maria Funk				1981 SWE	Linkopings Allmanna SK					5:17.90	+0,92
	50m: 34.27	34.27	150m: 1:53.42	40.36	250m: 3:16.19	41.33	350m: 4:38.41	40.85				
	100m: 1:13.06	38.79	200m: 2:34.86	41.44	300m: 3:57.56	41.37	400m: 5:17.90	39.49				
13.	Tanja Garling				1981 GER	SG Glems					5:21.05	+0,85
	50m: 34.76	34.76	150m: 1:55.37	41.01	250m: 3:18.48	41.68	350m: 4:41.69	41.67				
	100m: 1:14.36	39.60	200m: 2:36.80	41.43	300m: 4:00.02	41.54	400m: 5:21.05	39.36				
14.	Sabine Molkenthin				1982 GER	SG Wasserratten Norderst.					5:23.62	+0,87
	50m: 36.03	36.03	150m: 1:57.18	41.26	250m: 3:20.56	42.36	350m: 4:44.65	42.42				
	100m: 1:15.92	39.89	200m: 2:38.20	41.02	300m: 4:02.23	41.67	400m: 5:23.62	38.97				
15.	Ramona Linting				1983 NED	Zoetermeer					5:27.04	+0,70
	50m: 34.55	34.55	150m: 1:54.17	40.65	250m: 3:17.94	42.29	350m: 4:44.89	44.13				
	100m: 1:13.52	38.97	200m: 2:35.65	41.48	300m: 4:00.76	42.82	400m: 5:27.04	42.15				
16.	Josée Robert				1981 FRA	Stade Francais O Courbevoie					5:27.69	+0,76
	50m: 33.98	33.98	150m: 1:54.88	41.54	250m: 3:19.69	42.39	350m: 4:45.61	42.60				
	100m: 1:13.34	39.36	200m: 2:37.30	42.42	300m: 4:03.01	43.32	400m: 5:27.69	42.08				
17.	Vanessa Wollny				1983 GER	Waspo Herringen 1929					5:29.31	+0,82
	50m: 36.15	36.15	150m: 1:57.15	41.11	250m: 3:21.81	42.73	350m: 4:47.27	42.84				
	100m: 1:16.04	39.89	200m: 2:39.08	41.93	300m: 4:04.43	42.62	400m: 5:29.31	42.04				

Programmanr. 5, Dames, 400m vrije slag, 30-34

Rang	Name	Country	Club	Time	RT
18.	Bente Sauer	1980 GER	SV Poseidon Hamburg	5:30.64	+0,90
	50m: 35.29 35.29 150m: 1:55.74 41.19 250m: 3:20.31 42.49 350m: 4:47.46 43.99				
	100m: 1:14.55 39.26 200m: 2:37.82 42.08 300m: 4:03.47 43.16 400m: 5:30.64 43.18				
19.	Claudia Ronacher	1980 AUT	SV Wörthersee	5:33.68	+0,84
	50m: 37.06 37.06 150m: 2:02.03 43.21 250m: 3:28.34 42.74 350m: 4:53.36 42.13				
	100m: 1:18.82 41.76 200m: 2:45.60 43.57 300m: 4:11.23 42.89 400m: 5:33.68 40.32				
20.	Natascha Hartman	1981 NED	PSV	5:35.27	+1,12
	50m: 36.05 36.05 150m: 1:59.41 42.43 250m: 3:25.89 43.51 350m: 4:53.74 44.47				
	100m: 1:16.98 40.93 200m: 2:42.38 42.97 300m: 4:09.27 43.38 400m: 5:35.27 41.53				
21.	Zuzana Szabóová	1979 SVK	KP Aquacity Poprad	5:38.21	+0,91
	50m: 35.26 35.26 150m: 1:57.01 42.51 250m: 3:25.16 44.78 350m: 4:55.29 45.45				
	100m: 1:14.50 39.24 200m: 2:40.38 43.37 300m: 4:09.84 44.68 400m: 5:38.21 42.92				
22.	Sarina Baum	1981 GER	SV Garbsen	5:40.03	+0,86
	50m: 36.48 36.48 150m: 1:59.35 42.60 250m: 3:27.44 44.90 350m: 4:57.03 45.26				
	100m: 1:16.75 40.27 200m: 2:42.54 43.19 300m: 4:11.77 44.33 400m: 5:40.03 43.00				
23.	Jowita Malchar	1982 POL	Klub Plywacki Koziegłowy	5:42.52	+0,87
	50m: 37.23 37.23 150m: 2:03.11 43.80 250m: 3:31.97 45.05 350m: 5:00.51 44.09				
	100m: 1:19.31 42.08 200m: 2:46.92 43.81 300m: 4:16.42 44.45 400m: 5:42.52 42.01				
24.	Carmen Haan	1979 NED	De Spatters	5:46.13	+0,92
	50m: 37.98 37.98 150m: 2:04.45 43.61 250m: 3:34.32 45.19 350m: 5:03.64 44.51				
	100m: 1:20.84 42.86 200m: 2:49.13 44.68 300m: 4:19.13 44.81 400m: 5:46.13 42.49				
25.	Yvette Roozen	1980 NED	DWT	5:56.94	+0,88
	50m: 38.74 38.74 150m: 2:09.00 46.42 250m: 3:41.83 47.00 350m: 5:14.07 46.59				
	100m: 1:22.58 43.84 200m: 2:54.83 45.83 300m: 4:27.48 45.65 400m: 5:56.94 42.87				
26.	Eveline Hacquebord	1979 NED	IJZPC	6:00.38	+1,03
	50m: 37.36 37.36 150m: 2:04.53 45.07 250m: 3:38.24 47.25 350m: 5:14.22 48.20				
	100m: 1:19.46 42.10 200m: 2:50.99 46.46 300m: 4:26.02 47.78 400m: 6:00.38 46.16				
27.	Janou de Bekker	1981 NED	Arethusa	6:07.14	+0,87
	50m: 39.21 39.21 150m: 2:09.11 45.98 250m: 3:43.88 47.85 350m: 5:20.84 48.67				
	100m: 1:23.13 43.92 200m: 2:56.03 46.92 300m: 4:32.17 48.29 400m: 6:07.14 46.30				
28.	Aysegül Ayvaz	1983 TUR	Beykent Spor	6:07.58	+0,93
	50m: 41.07 41.07 150m: 2:11.84 46.04 250m: 3:45.48 46.80 350m: 5:20.71 47.47				
	100m: 1:25.80 44.73 200m: 2:58.68 46.84 300m: 4:33.24 47.76 400m: 6:07.58 46.87				
29.	Angélique Colin	1983 FRA	CN Villeneuve sur Lot	6:13.06	+0,87
	50m: 39.10 39.10 150m: 2:11.94 47.48 250m: 3:48.72 48.24 350m: 5:26.61 48.57				
	100m: 1:24.46 45.36 200m: 3:00.48 48.54 300m: 4:38.04 49.32 400m: 6:13.06 46.45				
30.	Sara Aliscioni	1980 ITA	Zero9	6:22.28	+0,96
	50m: 41.82 41.82 150m: 2:19.05 49.07 250m: 3:58.64 50.10 350m: 5:36.99 49.74				
	100m: 1:29.98 48.16 200m: 3:08.54 49.49 300m: 4:47.25 48.61 400m: 6:22.28 45.29				
31.	Beatrice di Genova	1979 ITA	Zero9	6:22.36	+0,89
	50m: 43.92 43.92 150m: 2:19.88 48.82 250m: 3:58.87 49.22 350m: 5:37.25 48.32				
	100m: 1:31.06 47.14 200m: 3:09.65 49.77 300m: 4:48.93 50.06 400m: 6:22.36 45.11				
32.	Anna Maria Loi	1981 ITA	Rari Nantes Acquatica	6:23.22	+0,97
	50m: 40.96 40.96 150m: 2:13.24 47.97 250m: 3:52.33 50.23 350m: 5:34.01 50.46				
	100m: 1:25.27 44.31 200m: 3:02.10 48.86 300m: 4:43.55 51.22 400m: 6:23.22 49.21				
33.	Ana D'alte Guedes	1980 POR	Gespacos	6:27.39	+0,99
	50m: 42.85 42.85 150m: 2:19.90 49.31 250m: 3:59.87 50.01 350m: 5:39.87 49.87				
	100m: 1:30.59 47.74 200m: 3:09.86 49.96 300m: 4:50.00 50.13 400m: 6:27.39 47.52				
34.	Mihaela Violeta Laslo	1983 ROU	CS de Inot Resita 07	6:29.38	+1,06
	50m: 41.36 41.36 150m: 2:17.94 49.31 250m: 3:58.79 50.80 350m: 5:40.22 50.77				
	100m: 1:28.63 47.27 200m: 3:07.99 50.05 300m: 4:49.45 50.66 400m: 6:29.38 49.16				
35.	Marjolein Kiewiet	1979 NED	Aquapoldro	6:40.10	+1,01
	50m: 42.30 42.30 150m: 2:23.25 51.68 250m: 4:07.46 52.39 350m: 5:51.76 52.56				
	100m: 1:31.57 49.27 200m: 3:15.07 51.82 300m: 4:59.20 51.74 400m: 6:40.10 48.34				
NG.ZA	Giulia Neri	1979 ITA	Nuoto AICS Bologna ASD		
OPG	Heleen Spelde-Fransens	1979 NED	THOR		
	50m: 250m: 350m:				
	100m: 300m: 400m:				
NT	Cristiana Manfredi	1981 ITA	ASD Sottosopra		
	50m: 250m: 350m:				
	100m: 300m: 400m:				
NT	Ana Blasco Prieto	1980 ESP	C.N. Sant Adria		
	50m: 250m: 350m:				
	100m: 300m: 400m:				

Programmanr. 5, Dames, 400m vrije slag, 30-34

Rang	Name	Country	Club	Time	RT
NT	Rianne van Vegchelen	1981 NED	Deltasteur		
	50m: 32.79	150m: 1:43.47	250m: 2:54.72	350m: 4:06.20	35.77
	100m: 1:07.98	200m: 2:19.04	300m: 3:30.43	400m: 4:39.94	33.74

Programmanr. 5
02-09-2013

Dames, 400m vrije slag

25-29
Resultaten

Rang	Name	Country	Club	Time	RT
1.	Louise Delani	1984 DEN	Hovedstadens Svømmeklub	4:39.94	+0,87
	50m: 32.79	150m: 1:43.47	250m: 2:54.72	350m: 4:06.20	35.77
	100m: 1:07.98	200m: 2:19.04	300m: 3:30.43	400m: 4:39.94	33.74
2.	Jenny Wachsmuth	1988 GER	1. Dresdner SG	4:43.15	+0,76
	50m: 31.88	150m: 1:43.83	250m: 2:56.77	350m: 4:09.34	36.06
	100m: 1:07.46	200m: 2:20.30	300m: 3:33.28	400m: 4:43.15	33.81
3.	Lisanne Andeweg	1988 NED	Zuiderzeewimmers	4:43.32	+0,87
	50m: 32.12	150m: 1:43.47	250m: 2:55.92	350m: 4:08.37	36.00
	100m: 1:07.32	200m: 2:19.88	300m: 3:32.37	400m: 4:43.32	34.95
4.	Martina Benetton	1986 ITA	S.S.D. Natatorium Treviso	4:46.00	+0,87
	50m: 33.15	150m: 1:44.59	250m: 2:56.92	350m: 4:10.35	37.00
	100m: 1:08.43	200m: 2:20.37	300m: 3:33.35	400m: 4:46.00	35.65
5.	Cindy Kurz	1987 SUI	Swiss Alumni swimming	4:52.00	+0,83
	50m: 33.16	150m: 1:47.11	250m: 3:02.15	350m: 4:16.22	36.48
	100m: 1:10.02	200m: 2:24.69	300m: 3:39.74	400m: 4:52.00	35.78
6.	Marit Blömer	1984 GER	SG Ruhr	4:55.97	+0,87
	50m: 33.24	150m: 1:46.49	250m: 3:02.40	350m: 4:19.34	38.35
	100m: 1:09.40	200m: 2:24.49	300m: 3:40.99	400m: 4:55.97	36.63
7.	Deborah Dessert	1984 FRA	SN de Haguenau	4:56.26	+0,70
	50m: 33.07	150m: 1:46.89	250m: 3:02.36	350m: 4:18.97	38.35
	100m: 1:09.74	200m: 2:24.77	300m: 3:40.62	400m: 4:56.26	37.29
8.	Anja Bøjesen	1986 DEN	Næstved IF	4:56.39	+0,80
	50m: 34.11	150m: 1:50.00	250m: 3:05.10	350m: 4:19.77	37.18
	100m: 1:12.28	200m: 2:28.18	300m: 3:42.59	400m: 4:56.39	36.62
9.	Ann van Beylen	1984 BEL	RSCM	4:56.81	+0,81
	50m: 32.36	150m: 1:46.40	250m: 3:03.30	350m: 4:20.07	38.25
	100m: 1:08.57	200m: 2:24.50	300m: 3:41.82	400m: 4:56.81	36.74
10.	Carolina Santos Silva	1986 POR	Clube Natacao da Maia	4:57.88	+0,66
	50m: 33.26	150m: 1:49.06	250m: 3:05.07	350m: 4:21.09	37.89
	100m: 1:10.73	200m: 2:27.15	300m: 3:43.20	400m: 4:57.88	36.79
11.	Valeria Marmo	1985 ITA	Blu sport	4:58.46	+0,85
	50m: 34.46	150m: 1:50.00	250m: 3:06.28	350m: 4:22.37	37.93
	100m: 1:11.71	200m: 2:28.01	300m: 3:44.44	400m: 4:58.46	36.09
12.	Sabrina Wiedmer	1988 SUI	SC Delphin Uetendorf	5:03.87	+0,78
	50m: 31.77	150m: 1:45.78	250m: 3:03.39	350m: 4:24.23	40.86
	100m: 1:07.84	200m: 2:24.13	300m: 3:43.37	400m: 5:03.87	39.64
13.	Lucia Vachanová	1987 SVK	SPK Kupele Piestany	5:06.09	+0,93
	50m: 33.48	150m: 1:49.19	250m: 3:07.85	350m: 4:27.99	39.96
	100m: 1:10.65	200m: 2:28.53	300m: 3:48.03	400m: 5:06.09	38.10
14.	Carla Beckmann	1984 GER	Gütersloher SV von 1906	5:07.82	+0,94
	50m: 32.76	150m: 1:48.42	250m: 3:09.05	350m: 4:29.36	39.60
	100m: 1:10.05	200m: 2:28.68	300m: 3:49.76	400m: 5:07.82	38.46
15.	Claudia Katzur	1987 GER	Hamburger SC von 1879	5:12.08	+1,01
	50m: 32.84	150m: 1:48.22	250m: 3:08.64	350m: 4:31.44	41.87
	100m: 1:09.45	200m: 2:28.03	300m: 3:49.57	400m: 5:12.08	40.64
16.	Lucie Cervenková	1985 CZE	Slavia VS Plzen	5:12.87	+0,94
	50m: 35.24	150m: 1:52.62	250m: 3:12.49	350m: 4:33.11	40.61
	100m: 1:13.10	200m: 2:32.20	300m: 3:52.50	400m: 5:12.87	39.76
17.	Sabine Zanini	1984 FRA	Club Nautique Autunois	5:16.03	+0,89
	50m: 34.98	150m: 1:53.39	250m: 3:14.92	350m: 4:36.85	40.61
	100m: 1:13.23	200m: 2:34.14	300m: 3:56.24	400m: 5:16.03	39.18
18.	Josephine Becker	1988 GER	SV Region Stuttgart	5:20.48	+0,69
	50m: 36.07	150m: 1:56.39	250m: 3:18.92	350m: 4:41.06	41.15
	100m: 1:15.52	200m: 2:37.38	300m: 3:59.91	400m: 5:20.48	39.42

Programmanr. 5, Dames, 400m vrije slag, 25-29

Rang	Name	Country	Club	Time	RT
19.	Tine Soetewey	1986 BEL	MZVA	5:23.77 *	+0,68
	50m: 35.22 35.22 150m: 1:55.62 40.75 250m: 3:18.63 41.66 350m: 4:42.01 41.63				
	100m: 1:14.87 39.65 200m: 2:36.97 41.35 300m: 4:00.38 41.75 400m: 5:23.77 41.76				
20.	Céline Saver	1984 FRA	CN Croix	5:24.51	+0,84
	50m: 35.62 35.62 150m: 1:54.71 40.85 250m: 3:18.11 42.42 350m: 4:43.51 43.03				
	100m: 1:13.86 38.24 200m: 2:35.69 40.98 300m: 4:00.48 42.37 400m: 5:24.51 41.00				
21.	Cora Buchta	1986 GER	SG Bayer Wup/Uer/Dor	5:25.43	+0,82
	50m: 34.76 34.76 150m: 1:54.75 41.02 250m: 3:19.99 42.55 350m: 4:45.15 41.71				
	100m: 1:13.73 38.97 200m: 2:37.44 42.69 300m: 4:03.44 43.45 400m: 5:25.43 40.28				
22.	Anna Boef	1988 NED	LZ 1886	5:27.46	+0,84
	50m: 35.80 35.80 150m: 1:57.31 41.32 250m: 3:21.22 42.48 350m: 4:45.79 42.46				
	100m: 1:15.99 40.19 200m: 2:38.74 41.43 300m: 4:03.33 42.11 400m: 5:27.46 41.67				
23.	Emma Condren	1985 GBR	Spencer Swim Team	5:28.56	+0,95
	50m: 35.24 35.24 150m: 1:55.38 41.07 250m: 3:21.12 43.25 350m: 4:48.41 43.28				
	100m: 1:14.31 39.07 200m: 2:37.87 42.49 300m: 4:05.13 44.01 400m: 5:28.56 40.15				
24.	Rocio Seisdedos de Vergara	1988 ESP	CN Villalba	5:29.03	+1,01
	50m: 35.86 35.86 150m: 1:57.63 41.55 250m: 3:22.89 42.81 350m: 4:48.67 42.82				
	100m: 1:16.08 40.22 200m: 2:40.08 42.45 300m: 4:05.85 42.96 400m: 5:29.03 40.36				
25.	Sandra Schellekens	1985 NED	Neptunus'58	5:29.77	+0,83
	50m: 36.15 36.15 150m: 1:58.57 41.72 250m: 3:23.88 42.86 350m: 4:49.42 42.62				
	100m: 1:16.85 40.70 200m: 2:41.02 42.45 300m: 4:06.80 42.92 400m: 5:29.77 40.35				
26.	Andrea Horn	1986 GER	SC Landshut	5:32.90	+0,93
	50m: 35.63 35.63 150m: 1:57.99 42.02 250m: 3:23.77 42.96 350m: 4:51.54 43.80				
	100m: 1:15.97 40.34 200m: 2:40.81 42.82 300m: 4:07.74 43.97 400m: 5:32.90 41.36				
27.	Monique Huizing	1984 NED	Nuenen	5:34.76	+0,88
	50m: 35.97 35.97 150m: 1:59.36 42.98 250m: 3:26.00 42.97 350m: 4:53.70 43.86				
	100m: 1:16.38 40.41 200m: 2:43.03 43.67 300m: 4:09.84 43.84 400m: 5:34.76 41.06				
28.	Annette Vogelsang	1984 NED	ZV De Bron	5:35.45	+0,91
	50m: 35.64 35.64 150m: 1:57.23 41.28 250m: 3:23.94 43.46 350m: 4:52.43 44.42				
	100m: 1:15.95 40.31 200m: 2:40.48 43.25 300m: 4:08.01 44.07 400m: 5:35.45 43.02				
29.	Bige Vardar	1988 TUR	Han Batur Spor Kulubu	5:35.63	+0,96
	50m: 36.68 36.68 150m: 1:58.26 41.51 250m: 3:24.22 43.67 350m: 4:53.43 45.22				
	100m: 1:16.75 40.07 200m: 2:40.55 42.29 300m: 4:08.21 43.99 400m: 5:35.63 42.20				
30.	Danielle Bek	1988 NED	Arethusa	5:38.34	+0,91
	50m: 37.76 37.76 150m: 2:02.16 42.30 250m: 3:29.17 43.36 350m: 4:55.71 43.19				
	100m: 1:19.86 42.10 200m: 2:45.81 43.65 300m: 4:12.52 43.35 400m: 5:38.34 42.63				
31.	Marit Polman	1988 NED	Hydrofiel	5:42.27	+0,95
	50m: 35.53 35.53 150m: 1:58.24 42.31 250m: 3:26.81 44.68 350m: 4:58.25 45.47				
	100m: 1:15.93 40.40 200m: 2:42.13 43.89 300m: 4:12.78 45.97 400m: 5:42.27 44.02				
32.	Isaline Manchel	1985 BEL	CN Sportcity Woluwe	5:45.21	+0,95
	50m: 40.56 40.56 150m: 2:08.43 44.02 250m: 3:36.01 42.98 350m: 5:04.06 43.73				
	100m: 1:24.41 43.85 200m: 2:53.03 44.60 300m: 4:20.33 44.32 400m: 5:45.21 41.15				
33.	Karin Hovenkamp	1987 NED	De Spatters	5:46.85	+0,72
	50m: 37.91 37.91 150m: 2:05.59 44.06 250m: 3:34.57 44.21 350m: 5:04.81 45.02				
	100m: 1:21.53 43.62 200m: 2:50.36 44.77 300m: 4:19.79 45.22 400m: 5:46.85 42.04				
34.	Laura Kerrigan	1985 GBR	City of Southampton	5:49.80	+0,98
	50m: 38.45 38.45 150m: 2:05.84 44.67 250m: 3:36.37 45.49 350m: 5:06.72 44.83				
	100m: 1:21.17 42.72 200m: 2:50.88 45.04 300m: 4:21.89 45.52 400m: 5:49.80 43.08				
35.	Caroline Puglisi	1984 FRA	CN Villeneuve sur Lot	5:49.84	+0,80
	50m: 39.26 39.26 150m: 2:07.47 45.42 250m: 3:36.90 44.96 350m: 5:06.15 44.71				
	100m: 1:22.05 42.79 200m: 2:51.94 44.47 300m: 4:21.44 44.54 400m: 5:49.84 43.69				
36.	Famke Wynen	1987 BEL	Arendonkse ZV	5:50.73	+0,89
	50m: 37.99 37.99 150m: 2:05.82 44.54 250m: 3:36.25 45.24 350m: 5:07.42 45.55				
	100m: 1:21.28 43.29 200m: 2:51.01 45.19 300m: 4:21.87 45.62 400m: 5:50.73 43.31				
37.	Tessa van der Wijst	1984 NED	Zeester-Meerval	5:54.05	+0,94
	50m: 37.08 37.08 150m: 2:03.77 44.70 250m: 3:35.97 46.59 350m: 5:09.55 46.87				
	100m: 1:19.07 41.99 200m: 2:49.38 45.61 300m: 4:22.68 46.71 400m: 5:54.05 44.50				
38.	Dora Kemecsei	1984 HUN	Ferencvárosi Torna Club	5:57.48	+1,09
	50m: 39.24 39.24 150m: 2:09.18 45.18 250m: 3:41.28 46.02 350m: 5:12.99 45.37				
	100m: 1:24.00 44.76 200m: 2:55.26 46.08 300m: 4:27.62 46.34 400m: 5:57.48 44.49				
39.	Dominique Clement	1985 NED	DBD	6:01.44	+0,96
	50m: 40.79 40.79 150m: 2:11.61 46.52 250m: 3:45.74 47.48 350m: 5:19.22 46.30				
	100m: 1:25.09 44.30 200m: 2:58.26 46.65 300m: 4:32.92 47.18 400m: 6:01.44 42.22				
40.	Karin van Leersum	1988 NED	Piranha	6:04.10	+0,92
	50m: 39.95 39.95 150m: 2:10.82 45.91 250m: 3:45.01 47.02 350m: 5:19.44 46.83				
	100m: 1:24.91 44.96 200m: 2:57.99 47.17 300m: 4:32.61 47.60 400m: 6:04.10 44.66				

Programmanr. 5, Dames, 400m vrije slag, 25-29

Rang	Name	Country Club										Time	RT
41.	Marijke Dirkse	1984	NED	IJZPC								6:06.73	+1,17
	50m: 38.25	38.25	150m: 2:06.83	45.26	250m: 3:41.75	48.18	350m: 5:18.71	48.68					
	100m: 1:21.57	43.32	200m: 2:53.57	46.74	300m: 4:30.03	48.28	400m: 6:06.73	48.02					
42.	Chiara Nash	1984	ITA	Zero9								6:08.37	+0,85
	50m: 41.54	41.54	150m: 2:13.27	46.53	250m: 3:47.74	47.20	350m: 5:23.06	47.64					
	100m: 1:26.74	45.20	200m: 3:00.54	47.27	300m: 4:35.42	47.68	400m: 6:08.37	45.31					
43.	Anna Penfrat	1987	BEL	CN Sportcity Woluwe								6:09.17	+1,04
	50m: 40.26	40.26	150m: 2:11.67	46.76	250m: 3:47.09	47.92	350m: 5:22.80	47.82					
	100m: 1:24.91	44.65	200m: 2:59.17	47.50	300m: 4:34.98	47.89	400m: 6:09.17	46.37					
44.	Lisette van den Bos	1987	NED	Poseidon'56								6:10.89	+0,92
	50m: 40.52	40.52	150m: 2:11.97	46.73	250m: 3:45.84	46.92	350m: 5:23.29	49.95					
	100m: 1:25.24	44.72	200m: 2:58.92	46.95	300m: 4:33.34	47.50	400m: 6:10.89	47.60					
45.	Lisette Poelheken	1984	NED	De Aalscholver								6:13.95	+1,09
	50m: 41.56	41.56	150m: 2:13.52	46.28	250m: 3:49.19	48.12	350m: 5:26.27	48.12					
	100m: 1:27.24	45.68	200m: 3:01.07	47.55	300m: 4:38.15	48.96	400m: 6:13.95	47.68					
46.	Laura Szablewski	1988	FRA	Sports Nautiques Le Lude								6:25.23	+0,96
	50m: 41.16	41.16	150m: 2:14.41	47.83	250m: 3:53.57	50.04	350m: 5:35.48	50.86					
	100m: 1:26.58	45.42	200m: 3:03.53	49.12	300m: 4:44.62	51.05	400m: 6:25.23	49.75					
NG.ZA	An Wuyts	1988	BEL	Zwemclub Iloka Kapellen									