

LAC deel 2 wisselslag  
Maastricht, 8-1-2012

Programmanr. 1  
8-1-2012

Meisjes, 100m wisselslag

Meisjes Minioren 3 en 4  
Resultaten

| rang | naam            | vereniging    | inschrijftijd |           | tijd           | 50m   | 100m    |
|------|-----------------|---------------|---------------|-----------|----------------|-------|---------|
| 1.   | Nikki Smeets    | ZC Valkenburg | 1:31.51       | 200200080 | <b>1:30.53</b> | 19.13 | 1:30.53 |
| 2.   | Muriël Blok     | ZC Valkenburg | 1:49.47       | 200300030 | <b>1:43.17</b> | 22.89 | 1:43.17 |
| 3.   | Sofia Sadok     | Kimbria       | 1:48.29       | 200201204 | <b>1:46.23</b> | 23.04 | 1:46.23 |
| 4.   | Guusje Vrolijk  | Kimbria       | 1:47.10       | 200201418 | <b>1:47.17</b> | 25.31 | 1:47.17 |
| 5.   | Renske Koetsier | Kimbria       | 1:55.13       | 200200244 | <b>1:48.98</b> | 24.24 | 1:48.98 |
| 6.   | Anne Köhlen     | Sg Hgn        | 1:53.72       | 200201714 | <b>1:50.29</b> | 25.04 | 1:50.29 |
| 7.   | Romy Voncken    | Kimbria       | NT            | 200200610 | <b>1:55.64</b> | 26.57 | 1:55.64 |

Programmanr. 2  
8-1-2012

Meisjes, 200m wisselslag

Meisjes Minioren 5 en Junioren 1  
Resultaten

| rang | naam                  | vereniging    | inschrijftijd |           | tijd           | 50m   | 100m | 150m | 200m    |
|------|-----------------------|---------------|---------------|-----------|----------------|-------|------|------|---------|
| 1.   | Amber Kerkhofs        | Kimbria       | 2:53.13       | 200000074 | <b>2:50.27</b> | 38.39 |      |      | 2:50.27 |
| 2.   | Amber Raadschilders   | Kimbria       | 3:03.45       | 200000534 | <b>2:57.15</b> | 40.32 |      |      | 2:57.15 |
| 3.   | Romy Radermacher      | Sg Hgn        | 3:12.71       | 200001070 | <b>3:01.36</b> | 41.80 |      |      | 3:01.36 |
| 4.   | Britt Cornelissens    | Sg Hgn        | 3:17.43       | 200000632 | <b>3:03.35</b> | 42.25 |      |      | 3:03.35 |
| 5.   | Kim Rebergen          | Sg Hgn        | 3:15.47       | 200100676 | <b>3:05.12</b> | 41.53 |      |      | 3:05.12 |
| 6.   | Aukje Koetsier        | Kimbria       | 3:12.95       | 200002260 | <b>3:11.32</b> | 45.25 |      |      | 3:11.32 |
| 7.   | Yasmijn van der Valk  | Eurode KZC    | 3:11.00       | 200101408 | <b>3:12.36</b> | 43.76 |      |      | 3:12.36 |
| 8.   | Esther Scholz         | Eurode KZC    | 3:40.00       | 200103874 | <b>3:25.62</b> | 49.37 |      |      | 3:25.62 |
| 9.   | Konstantina Skarlatou | Kimbria       | NT            | 200004638 | <b>3:33.12</b> | 42.53 |      |      | 3:33.12 |
| 10.  | Vera Weyzen           | Kimbria       | 3:57.05       | 200100980 | <b>3:42.34</b> | 49.58 |      |      | 3:42.34 |
| 11.  | Anouk Geyselaers      | Kimbria       | 3:56.23       | 200100976 | <b>3:52.70</b> | 58.57 |      |      | 3:52.70 |
| DIS  | Kyra Kerkhoffs        | ZC Valkenburg | 3:44.86       | 200100616 | <b>3:25.95</b> | 49.23 |      |      | 3:25.95 |

SK - Het keer- en/of eindpunt niet gelijktijdig met twee handen aangetikt.

Programmanr. 3  
8-1-2012

Jongens, 100m wisselslag

Jongens Minioren 3 en 4  
Resultaten

| rang | naam                      | vereniging | inschrijftijd |           | tijd           | 50m   | 100m    |
|------|---------------------------|------------|---------------|-----------|----------------|-------|---------|
| 1.   | Christian van der Haijden | Sg Hgn     | 1:47.80       | 200300257 | <b>1:47.77</b> | 21.15 | 1:47.77 |

Programmanr. 4  
8-1-2012

Jongens, 200m wisselslag

Jongens Minioren 5 en 6  
Resultaten

| rang | naam  | vereniging    | inschrijftijd |           | tijd           | 50m   | 100m | 150m | 200m    |  |
|------|---|---------------|---------------|-----------|----------------|-------|------|------|---------|--|
| 1.   | Niels de Boer   | Eurode KZC    | 2:58.00       | 200001977 | <b>2:54.77</b> | 38.81 |      |      | 2:54.77 |  |
| 2.   | Kjell Bakker  | Eurode KZC    | 3:04.80       | 200000297 | <b>2:58.43</b> | 41.07 |      |      | 2:58.43 |  |
| 3.   | Raf Hendriks  | ZC Valkenburg | 3:18.97       | 200100879 | <b>3:12.36</b> | 43.10 |      |      | 3:12.36 |  |
| 4.   | Maikel van der Linden   | ZC Valkenburg | 3:26.54       | 200003797 | <b>3:14.16</b> | 44.52 |      |      | 3:14.16 |  |
| DIS  | Lars Kerremans  | Sg Hgn        | NT            | 200100305 |                |       |      |      |         |  |
|      | <i>AE - De aangegeven zwemslag niet uitgevoerd. (meer dan twee slagen: geen tijden noteren)</i> |               |               |           |                |       |      |      |         |  |
| DIS  | Milo Simons   | ZON/S&S       | 3:09.82       | 200000513 | <b>3:08.54</b> | 48.48 |      |      | 3:08.54 |  |
|      | <i>VE - De bewegingen van de benen niet op gelijke wijze uitgevoerd.</i>                        |               |               |           |                |       |      |      |         |  |

LAC deel 2 wisselslag  
Maastricht, 8-1-2012

Programmanr. 5  
8-1-2012

Meisjes, 400m wisselslag

Meisjes Junioren 3 en later  
Resultaten

| rang | naam  | vereniging                      | inschrijftijd          | tijd   |
|------|---|---------------------------------|------------------------|--|
| 1.   | Jessica van Dijk<br>50m: 1:34.57<br>100m:   | Kimbria<br>150m:<br>200m:       | 6:08.32<br>250m: 300m: | 199800552<br>350m: 6:00.35<br>400m: <b>6:00.35</b> |
| 2.   | Celine Kerkhofs<br>50m: 1:43.04<br>100m:  | Kimbria<br>150m:<br>200m:       | 6:22.42<br>250m: 300m: | 199800548<br>350m: 6:06.58<br>400m: <b>6:06.58</b> |
| 3.   | Myrthe van der Haijden<br>50m: 1:31.82<br>100m:   | Sg Hgn<br>150m:<br>200m:        | 6:42.19<br>250m: 300m: | 199801174<br>350m: 6:08.36<br>400m: <b>6:08.36</b> |
| 4.   | Rani Skrabanja<br>50m: 1:35.19<br>100m:   | Kimbria<br>150m:<br>200m:       | NT<br>250m: 300m:      | 199800992<br>350m: 6:14.97<br>400m: <b>6:14.97</b> |
| 5.   | Lynn Meijers<br>50m: 1:38.70<br>100m:   | Sg Hgn<br>150m:<br>200m:        | 6:51.91<br>250m: 300m: | 199803732<br>350m: 6:15.16<br>400m: <b>6:15.16</b> |
| 6.   | Kayleigh Fortuin<br>50m: 1:29.79<br>100m:   | Sg Hgn<br>150m:<br>200m:        | NT<br>250m: 300m:      | 199902072<br>350m: 6:17.41<br>400m: <b>6:17.41</b> |
| 7.   | Denise Blok<br>50m: 1:29.68<br>100m:  | ZC Valkenburg<br>150m:<br>200m: | NT<br>250m: 300m:      | 199900572<br>350m: 6:24.92<br>400m: <b>6:24.92</b> |
| 8.   | Nina Vriezelaar<br>50m: 1:34.60<br>100m:  | ZC Valkenburg<br>150m:<br>200m: | NT<br>250m: 300m:      | 199900570<br>350m: 6:30.01<br>400m: <b>6:30.01</b> |
| DIS  | Lotte Offermans<br>VC - Armen niet over het water naar voren gebracht.<br>50m: 1:42.36<br>100m: | ZON/S&S<br>150m:<br>200m:       | NT<br>250m: 300m:      | 199804126<br>350m: 7:04.86<br>400m: <b>7:04.86</b> |

Programmanr. 6  
8-1-2012

Jongens, 200m wisselslag

Jongens Junioren 1 en 2  
Resultaten

| rang | naam                 | vereniging | inschrijftijd | tijd      | 50m            | 100m  | 150m | 200m    |
|------|----------------------|------------|---------------|-----------|----------------|-------|------|---------|
| 1.   | Bart Köhlen          | Sg Hgn     | 2:43.21       | 199802453 | <b>2:37.90</b> | 32.69 |      | 2:37.90 |
| 2.   | Lars van der Haijden | Sg Hgn     | 2:50.07       | 199900225 | <b>2:45.16</b> | 36.23 |      | 2:45.16 |
| DIS  | Dylan Wolters        | Sg Hgn     | 2:42.07       | 199800287 | <b>2:38.81</b> | 34.59 |      | 2:38.81 |

SL - Het keer- en/of eindpunt met één hand aangetikt.

Programmanr. 7  
8-1-2012

Meisjes, 400m wisselslag

Meisjes Jeugd 1 en 2  
Resultaten

| rang  | naam  | vereniging                | inschrijftijd          | tijd   |
|-------|---|---------------------------|------------------------|--|
| 1.    | Wendy Bex<br>50m: 1:12.21<br>100m:          | Sg Hgn<br>150m:<br>200m:  | 5:29.03<br>250m: 300m: | 199701232<br>350m: 5:33.04<br>400m: <b>5:33.04</b> |
| 2.    | Elishia Sinkiewicz<br>50m: 1:18.33<br>100m: | Sg Hgn<br>150m:<br>200m:  | NT<br>250m: 300m:      | 199702110<br>350m: 5:59.92<br>400m: <b>5:59.92</b> |
| 3.    | Emmy Linssen<br>50m: 1:33.70<br>100m:       | ZON/S&S<br>150m:<br>200m: | NT<br>250m: 300m:      | 199600590<br>350m: 6:19.10<br>400m: <b>6:19.10</b> |
| AFGEM | Myrthe Simons                               | ZON/S&S                   | NT                     | 199704330  |

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Programmanr. 8  
8-1-2012

Dames, 400m wisselslag

Dames Senioren Open  
Resultaten

| rang | naam   | vereniging                      | inschrijftijd |                                     | tijd           |
|------|--|---------------------------------|---------------|-------------------------------------|----------------|
| 1.   | Suzanne Duijkers<br>50m: 1:14.01<br>100m:    | ZON/S&S<br>150m:<br>200m:       | 5:32.21       | 198701024<br>350m: 5:40.86<br>400m: | <b>5:40.86</b> |
| 2.   | Cato Vrouwenraets<br>50m: 1:21.67<br>100m:   | ZON/S&S<br>150m:<br>200m:       | NT            | 199006272<br>350m: 5:50.23<br>400m: | <b>5:50.23</b> |
| 3.   | Danique Ubags<br>50m: 1:20.23<br>100m:       | ZC Valkenburg<br>150m:<br>200m: | 5:57.90       | 199003780<br>350m: 6:02.80<br>400m: | <b>6:02.80</b> |
| 4.   | Karin van der Aalst<br>50m: 1:24.16<br>100m: | ZON/S&S<br>150m:<br>200m:       | 6:21.65       | 199501356<br>350m: 6:10.26<br>400m: | <b>6:10.26</b> |
| 5.   | Rylana Slaghuis<br>50m: 1:32.57<br>100m:     | ZON/S&S<br>150m:<br>200m:       | 6:11.62       | 199401286<br>350m: 6:15.45<br>400m: | <b>6:15.45</b> |
| 6.   | Aline Spierts<br>50m: 1:30.23<br>100m:       | Kimbria<br>150m:<br>200m:       | NT            | 198604698<br>350m: 6:21.23<br>400m: | <b>6:21.23</b> |
| 7.   | Lieke Janssen<br>50m: 1:35.25<br>100m:       | Sg Hgn<br>150m:<br>200m:        | 6:22.93       | 199305954<br>350m: 6:25.06<br>400m: | <b>6:25.06</b> |
| 8.   | Simone Jongen<br>50m: 1:35.07<br>100m:       | Kimbria<br>150m:<br>200m:       | 6:40.07       | 199402028<br>350m: 6:47.77<br>400m: | <b>6:47.77</b> |
| 9.   | Susan Stappers<br>50m: 1:44.70<br>100m:      | Kimbria<br>150m:<br>200m:       | NT            | 198201594<br>350m: 6:51.80<br>400m: | <b>6:51.80</b> |

Programmanr. 9  
8-1-2012

Jongens, 400m wisselslag

Jongens Junioren 3 en 4  
Resultaten

| rang | naam   | vereniging                      | inschrijftijd |                                     | tijd           |
|------|--|---------------------------------|---------------|-------------------------------------|----------------|
| 1.   | Timo Billman<br>50m: 1:07.18<br>100m:  | Eurode KZC<br>150m:<br>200m:    | 5:00.00       | 199601033<br>350m: 5:05.00<br>400m: | <b>5:05.00</b> |
| 2.   | Lars van Didden<br>50m: 1:12.29<br>100m:   | Sg Hgn<br>150m:<br>200m:        | 5:59.20       | 199701615<br>350m: 5:20.04<br>400m: | <b>5:20.04</b> |
| 3.   | Ruben Delvoie<br>50m: 1:20.36<br>100m:   | Kimbria<br>150m:<br>200m:       | NT            | 199703833<br>350m: 5:38.89<br>400m: | <b>5:38.89</b> |
| 4.   | Jeroen de Croock<br>50m: 1:32.60<br>100m:  | ZC Valkenburg<br>150m:<br>200m: | 5:56.26       | 199702025<br>350m: 5:57.54<br>400m: | <b>5:57.54</b> |
| DIS  | Bart Knarren<br><i>SH - Bij de achterwaartse beweging van de beenslag de voeten niet naar buiten bewogen.</i><br>50m: 1:28.63<br>100m: | ZON/S&S<br>150m:<br>200m:       | NT            | 199605387<br>350m: 6:36.09<br>400m: | <b>6:36.09</b> |

Programmanr. 10  
8-1-2012

Jongens, 400m wisselslag

Jongens Jeugd 1 en 2  
Resultaten

| rang | naam  | vereniging                | inschrijftijd |                                     | tijd           |
|------|---|---------------------------|---------------|-------------------------------------|----------------|
| 1.   | Ruben Klinkers<br>50m: 1:02.59<br>100m:     | Sg Hgn<br>150m:<br>200m:  | 4:48.54       | 199403511<br>350m: 4:38.50<br>400m: | <b>4:38.50</b> |
| 2.   | Bart de Heer<br>50m: 1:13.54<br>100m:       | Sg Hgn<br>150m:<br>200m:  | 5:24.64       | 199500359<br>350m: 5:11.51<br>400m: | <b>5:11.51</b> |
| 3.   | Yannic van de Kuit<br>50m: 1:24.70<br>100m: | ZON/S&S<br>150m:<br>200m: | NT            | 199504825<br>350m: 5:46.89<br>400m: | <b>5:46.89</b> |

LAC deel 2 wisselslag  
Maastricht, 8-1-2012

Programmanr. 10, Jongens, 400m wisselslag, Jongens Jeugd 1 en 2

| rang | naam           | vereniging  | inschrijftijd       | tijd                     |
|------|----------------|-------------|---------------------|--------------------------|
| 4.   | Axel Skrabanja | Kimbria     | NT                  | 199503645 <b>5:50.73</b> |
|      | 50m: 1:17.82   | 150m: 250m: | 350m: 400m: 5:50.73 |                          |
|      | 100m:          | 200m: 300m: |                     |                          |

Programmanr. 11  
8-1-2012

Heren, 400m wisselslag

Heren Senioren Open  
Resultaten

| rang  | naam              | vereniging  | inschrijftijd       | tijd                     |
|-------|-------------------|-------------|---------------------|--------------------------|
| 1.    | Jory Niemark      | Sg Hgn      | 5:07.65             | 199204409 <b>5:12.02</b> |
|       | 50m: 1:07.23      | 150m: 250m: | 350m: 400m: 5:12.02 |                          |
|       | 100m:             | 200m: 300m: |                     |                          |
| 2.    | Freddie Geerlings | Sg Hgn      | 5:08.31             | 197900379 <b>5:22.33</b> |
|       | 50m: 1:13.58      | 150m: 250m: | 350m: 400m: 5:22.33 |                          |
|       | 100m:             | 200m: 300m: |                     |                          |
| 3.    | Tim Greven        | Kimbria     | NT                  | 199202373 <b>5:22.64</b> |
|       | 50m: 1:09.95      | 150m: 250m: | 350m: 400m: 5:22.64 |                          |
|       | 100m:             | 200m: 300m: |                     |                          |
| 4.    | Erik Schwillens   | Kimbria     | NT                  | 199301747 <b>5:30.54</b> |
|       | 50m: 1:10.57      | 150m: 250m: | 350m: 400m: 5:30.54 |                          |
|       | 100m:             | 200m: 300m: |                     |                          |
| 5.    | Mark Snijders     | ZON/S&S     | 5:45.16             | 198803187 <b>5:40.07</b> |
|       | 50m: 1:16.20      | 150m: 250m: | 350m: 400m: 5:40.07 |                          |
|       | 100m:             | 200m: 300m: |                     |                          |
| 6.    | Tom Goffin        | Sg Hgn      | 5:58.82             | 198604457 <b>5:57.50</b> |
|       | 50m: 1:18.20      | 150m: 250m: | 350m: 400m: 5:57.50 |                          |
|       | 100m:             | 200m: 300m: |                     |                          |
| 7.    | Karsten Meijers   | Kimbria     | 6:24.66             | 199004959 <b>6:52.73</b> |
|       | 50m: 1:36.03      | 150m: 250m: | 350m: 400m: 6:52.73 |                          |
|       | 100m:             | 200m: 300m: |                     |                          |
| AFGEM | Davy Verreussel   | Sg Hgn      | 4:19.22             | 198903341                |