

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

1 - vrijdag 15 mei 2015

15-5-2015 - 17:30

Programmanr. 1 Dames, 400m vrije slag Junioren 1 en ouder  
15-5-2015 Resultaten

| Rang       |                              |                     |               |         |               |         | In.tijd       | Tijd           | RT    |
|------------|------------------------------|---------------------|---------------|---------|---------------|---------|---------------|----------------|-------|
| Junioren 1 |                              |                     |               |         |               |         |               |                |       |
| 1.         | Suze Kuipers                 | Orca                | 200301714     |         |               |         | 5:16.22       | <b>5:12.69</b> | +0,93 |
|            | 100m: 1:13.04                | 1:13.04             | 200m: 2:33.18 | 1:20.14 | 300m: 3:54.59 | 1:21.41 | 400m: 5:12.69 | 1:18.10        |       |
| 2.         | Brenda Beijering             | ZC Borger           | 200300352     |         |               |         | 5:32.76       | <b>5:30.58</b> | +0,84 |
|            | 100m: 1:18.09                | 1:18.09             | 200m: 2:43.15 | 1:25.06 | 300m: 4:10.14 | 1:26.99 | 400m: 5:30.58 | 1:20.44        |       |
| 3.         | Mirthe Schenkel              | ZPC Hoogeveen       | 200300666     |         |               |         | 5:32.36       | <b>5:35.75</b> | +0,82 |
|            | 100m: 1:16.79                | 1:16.79             | 200m: 2:42.74 | 1:25.95 | 300m: 4:09.89 | 1:27.15 | 400m: 5:35.75 | 1:25.86        |       |
| 4.         | Frederique Epping            | ZC Borger           | 200301344     |         |               |         | 5:40.79       | <b>5:41.82</b> | +0,86 |
|            | 100m: 1:19.31                | 1:19.31             | 200m: 2:47.47 | 1:28.16 | 300m: 4:16.84 | 1:29.37 | 400m: 5:41.82 | 1:24.98        |       |
| 5.         | Ilse Wals                    | ZC Borger           | 200303502     |         |               |         | 5:42.97       | <b>5:43.26</b> | +0,76 |
|            | 100m: 1:22.00                | 1:22.00             | 200m: 2:49.81 | 1:27.81 | 300m: 4:19.41 | 1:29.60 | 400m: 5:43.26 | 1:23.85        |       |
| Junioren 2 |                              |                     |               |         |               |         |               |                |       |
| 1.         | Mariëlle Dolfijn             | TriVia              | 200201640     |         |               |         | 5:00.69       | <b>5:06.22</b> | +0,88 |
|            | 100m: 1:12.87                | 1:12.87             | 200m: 2:31.21 | 1:18.34 | 300m: 3:50.67 | 1:19.46 | 400m: 5:06.22 | 1:15.55        |       |
| 2.         | Tessa Kooi                   | Nova                | 200201386     |         |               |         | 4:51.36       | <b>5:06.57</b> | +0,90 |
|            | 100m: 1:10.68                | 1:10.68             | 200m: 2:29.41 | 1:18.73 | 300m: 3:48.55 | 1:19.14 | 400m: 5:06.57 | 1:18.02        |       |
| 3.         | Dionne Salomons              | ZC Borger           | 200200504     |         |               |         | 5:02.67       | <b>5:08.09</b> |       |
|            | 100m: 1:11.44                | 1:11.44             | 200m: 2:30.21 | 1:18.77 | 300m: 3:50.63 | 1:20.42 | 400m: 5:08.09 | 1:17.46        |       |
| 4.         | Lianne van Wier              | HZ&PC Heerenveen    | 200200438     |         |               |         | 5:11.98       | <b>5:08.36</b> | +0,80 |
|            | <i>Eindtijd back up tijd</i> |                     |               |         |               |         |               |                |       |
|            | 100m: 1:11.75                | 1:11.75             | 200m: 2:31.05 | 1:19.30 | 300m: 3:50.92 | 1:19.87 | 400m: 5:08.36 | 1:17.44        |       |
| 5.         | Yara van Kalmthout           | Nova                | 200200984     |         |               |         | 5:08.76       | <b>5:09.96</b> | +0,86 |
|            | 100m: 1:10.86                | 1:10.86             | 200m: 2:30.00 | 1:19.14 | 300m: 3:50.91 | 1:20.91 | 400m: 5:09.96 | 1:19.05        |       |
| 6.         | Nynke Zandstra               | Wetterwille         | 200202044     |         |               |         | 5:18.68       | <b>5:11.97</b> | +0,81 |
|            | 100m: 1:13.32                | 1:13.32             | 200m: 2:35.65 | 1:22.33 | 300m: 3:57.13 | 1:21.48 | 400m: 5:11.97 | 1:14.84        |       |
| 7.         | Leonie van Wier              | HZ&PC Heerenveen    | 200200436     |         |               |         | 5:11.35       | <b>5:12.38</b> |       |
|            | 100m: 1:12.10                | 1:12.10             | 200m: 2:31.84 | 1:19.74 | 300m: 3:52.84 | 1:21.00 | 400m: 5:12.38 | 1:19.54        |       |
| 8.         | Zana Udo                     | De Forel            | 200202686     |         |               |         | 5:11.88       | <b>5:18.08</b> | +0,77 |
|            | 100m: 1:14.81                | 1:14.81             | 200m: 2:36.16 | 1:21.35 | 300m: 3:58.30 | 1:22.14 | 400m: 5:18.08 | 1:19.78        |       |
| 9.         | Isabeau Essing               | TriVia              | 200201284     |         |               |         | 5:05.49       | <b>5:19.67</b> | +0,79 |
|            | 100m: 1:13.48                | 1:13.48             | 200m: 2:33.92 | 1:20.44 | 300m: 3:57.45 | 1:23.53 | 400m: 5:19.67 | 1:22.22        |       |
| 10.        | Inge Dekker                  | TriVia              | 200200476     |         |               |         | 5:12.80       | <b>5:22.23</b> | +0,76 |
|            | 100m: 1:15.57                | 1:15.57             | 200m: 2:40.59 | 1:25.02 | 300m: 4:03.54 | 1:22.95 | 400m: 5:22.23 | 1:18.69        |       |
| 11.        | Britt Gerdes                 | ZC Borger           | 200201636     |         |               |         | 5:12.83       | <b>5:22.67</b> | +0,81 |
|            | 100m: 1:16.06                | 1:16.06             | 200m: 2:41.48 | 1:25.42 | 300m: 4:05.96 | 1:24.48 | 400m: 5:22.67 | 1:16.71        |       |
| 12.        | Ylsa Dijkstra                | SG. Bolsward-Workum | 200200728     |         |               |         | 5:27.09       | <b>5:30.06</b> | +0,82 |
|            | 100m: 1:16.56                | 1:16.56             | 200m: 2:43.04 | 1:26.48 | 300m: 4:07.98 | 1:24.94 | 400m: 5:30.06 | 1:22.08        |       |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 1, Dames, 400m vrije slag

Junioren 3

|                              |               |               |         |                |         |
|------------------------------|---------------|---------------|---------|----------------|---------|
| 1. Eva Willebrands           | Orca          | 200101510     | 4:42.31 | <b>4:47.80</b> | +1,11   |
| 100m: 1:07.06                | 1:07.06       | 200m: 2:21.32 | 1:14.26 | 300m: 3:35.40  | 1:14.08 |
|                              |               |               |         | 400m: 4:47.80  | 1:12.40 |
| 2. Lize Janna de Vries       | Orca          | 200101948     | 4:57.38 | <b>4:50.88</b> | +0,87   |
| <i>Eindtijd back up tijd</i> |               |               |         |                |         |
| 100m: 1:10.37                | 1:10.37       | 200m: 2:24.57 | 1:14.20 | 300m: 3:38.60  | 1:14.03 |
|                              |               |               |         | 400m: 4:50.88  | 1:12.28 |
| 3. Marjolein Venema          | Nova          | 200101506     | 5:16.43 | <b>4:57.96</b> |         |
| 100m: 1:09.01                | 1:09.01       | 200m: 2:25.34 | 1:16.33 | 300m: 3:42.55  | 1:17.21 |
|                              |               |               |         | 400m: 4:57.96  | 1:15.41 |
| 4. Kyra Wooldrik             | ZPC Hoogeveen | 200101042     | 5:02.10 | <b>4:58.06</b> | +0,79   |
| 100m: 1:09.10                | 1:09.10       | 200m: 2:25.64 | 1:16.54 | 300m: 3:43.90  | 1:18.26 |
|                              |               |               |         | 400m: 4:58.06  | 1:14.16 |
| 5. Paulien Wesseling         | ZPC Hoogeveen | 200102038     | 5:06.32 | <b>5:03.29</b> | +0,82   |
| 100m: 1:11.02                | 1:11.02       | 200m: 2:28.87 | 1:17.85 | 300m: 3:47.35  | 1:18.48 |
|                              |               |               |         | 400m: 5:03.29  | 1:15.94 |
| 6. Madelon van der Ploeg     | De Kikker     | 200100070     | 5:04.85 | <b>5:06.23</b> | +0,88   |
| <i>Eindtijd back up tijd</i> |               |               |         |                |         |
| 100m: 1:11.03                | 1:11.03       | 200m: 2:30.01 | 1:18.98 | 300m: 3:49.49  | 1:19.48 |
|                              |               |               |         | 400m: 5:06.23  | 1:16.74 |
| 7. Marike de Jong            | Avena         | 200101074     | 4:56.89 | <b>5:08.31</b> | +0,75   |
| 100m: 1:10.86                | 1:10.86       | 200m: 2:29.33 | 1:18.47 | 300m: 3:49.40  | 1:20.07 |
|                              |               |               |         | 400m: 5:08.31  | 1:18.91 |
| 8. Benthe Knol               | ZC Borger     | 200101574     | 5:10.32 | <b>5:12.73</b> | +0,68   |
| 100m: 1:14.65                | 1:14.65       | 200m: 2:34.47 | 1:19.82 | 300m: 3:55.54  | 1:21.07 |
|                              |               |               |         | 400m: 5:12.73  | 1:17.19 |

Jeugd 1 en 2

|                         |                  |               |         |                |         |
|-------------------------|------------------|---------------|---------|----------------|---------|
| 1. Laura Setz           | Nova             | 200000130     | 4:34.33 | <b>4:35.55</b> | +0,99   |
| 100m: 1:05.79           | 1:05.79          | 200m: 2:15.12 | 1:09.33 | 300m: 3:26.68  | 1:11.56 |
|                         |                  |               |         | 400m: 4:35.55  | 1:08.87 |
| 2. Alinda Dingshoff     | ZPC Hoogeveen    | 200000928     | 4:43.05 | <b>4:40.26</b> | +0,70   |
| 100m: 1:04.51           | 1:04.51          | 200m: 2:15.59 | 1:11.08 | 300m: 3:27.32  | 1:11.73 |
|                         |                  |               |         | 400m: 4:40.26  | 1:12.94 |
| 3. Danieke van der Kooi | Orca             | 200000552     | 4:44.10 | <b>4:43.49</b> | +0,86   |
| 100m: 1:08.61           | 1:08.61          | 200m: 2:20.22 | 1:11.61 | 300m: 3:31.93  | 1:11.71 |
|                         |                  |               |         | 400m: 4:43.49  | 1:11.56 |
| 4. Myrna van Duijven    | DZ&PC            | 199900252     | 4:43.83 | <b>4:45.17</b> | +0,62   |
| 100m: 1:07.58           | 1:07.58          | 200m: 2:21.27 | 1:13.69 | 300m: 3:34.55  | 1:13.28 |
|                         |                  |               |         | 400m: 4:45.17  | 1:10.62 |
| 5. Anne Fleur Willemsen | Appingedam       | 199901396     | 4:48.21 | <b>4:52.72</b> | +0,80   |
| 100m: 1:09.48           | 1:09.48          | 200m: 2:24.85 | 1:15.37 | 300m: 3:40.39  | 1:15.54 |
|                         |                  |               |         | 400m: 4:52.72  | 1:12.33 |
| 6. Hilde Dekker         | TriVia           | 199901926     | 4:38.42 | <b>4:53.26</b> | +1,02   |
| 100m: 1:06.91           | 1:06.91          | 200m: 2:21.36 | 1:14.45 | 300m: 3:38.34  | 1:16.98 |
|                         |                  |               |         | 400m: 4:53.26  | 1:14.92 |
| 7. Arianne Kooijnga     | TriVia           | 200001544     | 4:41.52 | <b>4:53.41</b> | +0,75   |
| 100m: 1:08.49           | 1:08.49          | 200m: 2:23.98 | 1:15.49 | 300m: 3:39.45  | 1:15.47 |
|                         |                  |               |         | 400m: 4:53.41  | 1:13.96 |
| 8. Isaa Ebbinge         | DZ&PC            | 200001314     | 4:53.61 | <b>4:56.64</b> | +0,78   |
| 100m: 1:12.51           | 1:12.51          | 200m: 2:29.54 | 1:17.03 | 300m: 3:44.38  | 1:14.84 |
|                         |                  |               |         | 400m: 4:56.64  | 1:12.26 |
| 9. Christien Liemburg   | HZ&PC Heerenveen | 199903672     | 4:56.84 | <b>4:58.24</b> | +0,85   |
| 100m: 1:10.60           | 1:10.60          | 200m: 2:26.63 | 1:16.03 | 300m: 3:43.11  | 1:16.48 |
|                         |                  |               |         | 400m: 4:58.24  | 1:15.13 |
| 10. Anique Coelinhg     | ZPC Hoogeveen    | 200000638     | 4:51.25 | <b>5:04.06</b> | +0,82   |
| 100m: 1:11.02           | 1:11.02          | 200m: 2:28.75 | 1:17.73 | 300m: 3:46.92  | 1:18.17 |
|                         |                  |               |         | 400m: 5:04.06  | 1:17.14 |
| 11. Froukje Osinga      | Orca             | 200003090     | 5:07.88 | <b>5:06.79</b> | +0,79   |
| 100m: 1:11.52           | 1:11.52          | 200m: 2:31.24 | 1:19.72 | 300m: 3:50.00  | 1:18.76 |
|                         |                  |               |         | 400m: 5:06.79  | 1:16.79 |
| 12. Tiffany Leerdam     | De Forel         | 200006200     | 5:12.61 | <b>5:07.27</b> | +0,95   |
| 100m: 1:10.96           | 1:10.96          | 200m: 2:29.14 | 1:18.18 | 300m: 3:51.93  | 1:22.79 |
|                         |                  |               |         | 400m: 5:07.27  | 1:15.34 |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 1, Meisjes, 400m vrije slag, Jeugd 1 en 2

| Rang  |                    |                  |               |         |               |         | In.tijd       | Tijd           | RT    |
|-------|--------------------|------------------|---------------|---------|---------------|---------|---------------|----------------|-------|
| 13.   | Rosalie Baarda     | Orca             | 199903460     |         |               |         | 5:12.02       | <b>5:14.90</b> | +0,78 |
|       | 100m: 1:12.90      | 1:12.90          | 200m: 2:33.47 | 1:20.57 | 300m: 3:55.06 | 1:21.59 | 400m: 5:14.90 | 1:19.84        |       |
| 14.   | Anna Harbers       | HZ&PC Heerenveen | 200001250     |         |               |         | 5:04.35       | <b>5:15.46</b> | +0,83 |
|       | 100m: 1:12.24      | 1:12.24          | 200m: 2:32.65 | 1:20.41 | 300m: 3:55.25 | 1:22.60 | 400m: 5:15.46 | 1:20.21        |       |
| AFGEM | Renée Vanderheyden | TriVia           | 199903130     |         |               |         | 4:48.30       |                |       |

Senioren 1 en ouder

|       |                     |                  |               |         |               |         |               |                |       |
|-------|---------------------|------------------|---------------|---------|---------------|---------|---------------|----------------|-------|
| 1.    | Lisanne Hassing     | HZ&PC Heerenveen | 199702584     |         |               |         | 4:28.04       | <b>4:42.17</b> | +0,88 |
|       | 100m: 1:05.59       | 1:05.59          | 200m: 2:17.50 | 1:11.91 | 300m: 3:30.99 | 1:13.49 | 400m: 4:42.17 | 1:11.18        |       |
| 2.    | Vivianne Dortmond   | GZVW             | 199801578     |         |               |         | 4:45.39       | <b>4:53.68</b> | +0,92 |
|       | 100m: 1:08.55       | 1:08.55          | 200m: 2:23.53 | 1:14.98 | 300m: 3:40.15 | 1:16.62 | 400m: 4:53.68 | 1:13.53        |       |
| 3.    | Luca Ebbinge        | DZ&PC            | 199802406     |         |               |         | 4:49.73       | <b>4:53.69</b> | +0,75 |
|       | 100m: 1:10.02       | 1:10.02          | 200m: 2:25.99 | 1:15.97 | 300m: 3:41.94 | 1:15.95 | 400m: 4:53.69 | 1:11.75        |       |
| 4.    | Nynke Klokman       | DZ&PC            | 199801424     |         |               |         | 4:42.57       | <b>4:54.40</b> | +0,76 |
|       | 100m: 1:08.81       | 1:08.81          | 200m: 2:24.04 | 1:15.23 | 300m: 3:40.53 | 1:16.49 | 400m: 4:54.40 | 1:13.87        |       |
| 5.    | Annemiek Meulenbeld | Orca             | 199506230     |         |               |         | 4:57.53       | <b>4:54.78</b> | +0,75 |
|       | 100m: 1:07.94       | 1:07.94          | 200m: 2:22.13 | 1:14.19 | 300m: 3:37.80 | 1:15.67 | 400m: 4:54.78 | 1:16.98        |       |
| 6.    | Karen Stolk         | TriVia           | 199403950     |         |               |         | 4:50.72       | <b>4:55.42</b> | +0,83 |
|       | 100m: 1:10.12       | 1:10.12          | 200m: 2:25.48 | 1:15.36 | 300m: 3:42.20 | 1:16.72 | 400m: 4:55.42 | 1:13.22        |       |
| 7.    | Kristel Hormann     | De Spatters      | 199601084     |         |               |         | 4:48.80       | <b>4:58.15</b> | +0,75 |
|       | 100m: 1:09.35       | 1:09.35          | 200m: 2:24.90 | 1:15.55 | 300m: 3:42.35 | 1:17.45 | 400m: 4:58.15 | 1:15.80        |       |
| 8.    | Caroline Damen      | De Spatters      | 199703088     |         |               |         | 4:53.98       | <b>4:58.53</b> | +0,79 |
|       | 100m: 1:09.02       | 1:09.02          | 200m: 2:25.17 | 1:16.15 | 300m: 3:42.40 | 1:17.23 | 400m: 4:58.53 | 1:16.13        |       |
| 9.    | Johanna de Boer     | ZPD              | 199403944     |         |               |         | 5:02.10       | <b>5:16.23</b> | +0,77 |
|       | 100m: 1:12.20       | 1:12.20          | 200m: 2:33.26 | 1:21.06 | 300m: 3:55.76 | 1:22.50 | 400m: 5:16.23 | 1:20.47        |       |
| AFGEM | Suzanne Kah         | ZPC Hoogeveen    | 199803312     |         |               |         | 4:58.77       |                |       |

Algemeen klassement

|    |                              |                  |               |         |               |         |               |                |       |
|----|------------------------------|------------------|---------------|---------|---------------|---------|---------------|----------------|-------|
| 1. | Laura Setz                   | Nova             | 200000130     |         |               |         | 4:34.33       | <b>4:35.55</b> | +0,99 |
|    | 100m: 1:05.79                | 1:05.79          | 200m: 2:15.12 | 1:09.33 | 300m: 3:26.68 | 1:11.56 | 400m: 4:35.55 | 1:08.87        |       |
| 2. | Alinda Dingshoff             | ZPC Hoogeveen    | 200000928     |         |               |         | 4:43.05       | <b>4:40.26</b> | +0,70 |
|    | 100m: 1:04.51                | 1:04.51          | 200m: 2:15.59 | 1:11.08 | 300m: 3:27.32 | 1:11.73 | 400m: 4:40.26 | 1:12.94        |       |
| 3. | Lisanne Hassing              | HZ&PC Heerenveen | 199702584     |         |               |         | 4:28.04       | <b>4:42.17</b> | +0,88 |
|    | 100m: 1:05.59                | 1:05.59          | 200m: 2:17.50 | 1:11.91 | 300m: 3:30.99 | 1:13.49 | 400m: 4:42.17 | 1:11.18        |       |
| 4. | Danieke van der Kooi         | Orca             | 200000552     |         |               |         | 4:44.10       | <b>4:43.49</b> | +0,86 |
|    | 100m: 1:08.61                | 1:08.61          | 200m: 2:20.22 | 1:11.61 | 300m: 3:31.93 | 1:11.71 | 400m: 4:43.49 | 1:11.56        |       |
| 5. | Myrna van Duijven            | DZ&PC            | 199900252     |         |               |         | 4:43.83       | <b>4:45.17</b> | +0,62 |
|    | 100m: 1:07.58                | 1:07.58          | 200m: 2:21.27 | 1:13.69 | 300m: 3:34.55 | 1:13.28 | 400m: 4:45.17 | 1:10.62        |       |
| 6. | Eva Willebrands              | Orca             | 200101510     |         |               |         | 4:42.31       | <b>4:47.80</b> | +1,11 |
|    | 100m: 1:07.06                | 1:07.06          | 200m: 2:21.32 | 1:14.26 | 300m: 3:35.40 | 1:14.08 | 400m: 4:47.80 | 1:12.40        |       |
| 7. | Lize Janna de Vries          | Orca             | 200101948     |         |               |         | 4:57.38       | <b>4:50.88</b> | +0,87 |
|    | <i>Eindtijd back up tijd</i> |                  |               |         |               |         |               |                |       |
|    | 100m: 1:10.37                | 1:10.37          | 200m: 2:24.57 | 1:14.20 | 300m: 3:38.60 | 1:14.03 | 400m: 4:50.88 | 1:12.28        |       |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 1, Dames, 400m vrije slag, Algemeen klassement

| Rang |                              |                  |               |         |               |         |               | In.tijd | Tijd           | RT    |
|------|------------------------------|------------------|---------------|---------|---------------|---------|---------------|---------|----------------|-------|
| 8.   | Anne Fleur Willemssen        | Appingedam       | 199901396     |         |               |         |               | 4:48.21 | <b>4:52.72</b> | +0,80 |
|      | 100m: 1:09.48                | 1:09.48          | 200m: 2:24.85 | 1:15.37 | 300m: 3:40.39 | 1:15.54 | 400m: 4:52.72 | 1:12.33 |                |       |
| 9.   | Hilde Dekker                 | TriVia           | 199901926     |         |               |         |               | 4:38.42 | <b>4:53.26</b> | +1,02 |
|      | 100m: 1:06.91                | 1:06.91          | 200m: 2:21.36 | 1:14.45 | 300m: 3:38.34 | 1:16.98 | 400m: 4:53.26 | 1:14.92 |                |       |
| 10.  | Arianne Kooijinga            | TriVia           | 200001544     |         |               |         |               | 4:41.52 | <b>4:53.41</b> | +0,75 |
|      | 100m: 1:08.49                | 1:08.49          | 200m: 2:23.98 | 1:15.49 | 300m: 3:39.45 | 1:15.47 | 400m: 4:53.41 | 1:13.96 |                |       |
| 11.  | Vivianne Dortmund            | GZVW             | 199801578     |         |               |         |               | 4:45.39 | <b>4:53.68</b> | +0,92 |
|      | 100m: 1:08.55                | 1:08.55          | 200m: 2:23.53 | 1:14.98 | 300m: 3:40.15 | 1:16.62 | 400m: 4:53.68 | 1:13.53 |                |       |
| 12.  | Luca Ebbinge                 | DZ&PC            | 199802406     |         |               |         |               | 4:49.73 | <b>4:53.69</b> | +0,75 |
|      | 100m: 1:10.02                | 1:10.02          | 200m: 2:25.99 | 1:15.97 | 300m: 3:41.94 | 1:15.95 | 400m: 4:53.69 | 1:11.75 |                |       |
| 13.  | Nynke Klokman                | DZ&PC            | 199801424     |         |               |         |               | 4:42.57 | <b>4:54.40</b> | +0,76 |
|      | 100m: 1:08.81                | 1:08.81          | 200m: 2:24.04 | 1:15.23 | 300m: 3:40.53 | 1:16.49 | 400m: 4:54.40 | 1:13.87 |                |       |
| 14.  | Annemiek Meulenbeld          | Orca             | 199506230     |         |               |         |               | 4:57.53 | <b>4:54.78</b> | +0,75 |
|      | 100m: 1:07.94                | 1:07.94          | 200m: 2:22.13 | 1:14.19 | 300m: 3:37.80 | 1:15.67 | 400m: 4:54.78 | 1:16.98 |                |       |
| 15.  | Karen Stolk                  | TriVia           | 199403950     |         |               |         |               | 4:50.72 | <b>4:55.42</b> | +0,83 |
|      | 100m: 1:10.12                | 1:10.12          | 200m: 2:25.48 | 1:15.36 | 300m: 3:42.20 | 1:16.72 | 400m: 4:55.42 | 1:13.22 |                |       |
| 16.  | Isaa Ebbinge                 | DZ&PC            | 200001314     |         |               |         |               | 4:53.61 | <b>4:56.64</b> | +0,78 |
|      | 100m: 1:12.51                | 1:12.51          | 200m: 2:29.54 | 1:17.03 | 300m: 3:44.38 | 1:14.84 | 400m: 4:56.64 | 1:12.26 |                |       |
| 17.  | Marjolein Venema             | Nova             | 200101506     |         |               |         |               | 5:16.43 | <b>4:57.96</b> |       |
|      | 100m: 1:09.01                | 1:09.01          | 200m: 2:25.34 | 1:16.33 | 300m: 3:42.55 | 1:17.21 | 400m: 4:57.96 | 1:15.41 |                |       |
| 18.  | Kyra Wooldrik                | ZPC Hoogeveen    | 200101042     |         |               |         |               | 5:02.10 | <b>4:58.06</b> | +0,79 |
|      | 100m: 1:09.10                | 1:09.10          | 200m: 2:25.64 | 1:16.54 | 300m: 3:43.90 | 1:18.26 | 400m: 4:58.06 | 1:14.16 |                |       |
| 19.  | Kristel Hormann              | De Spatters      | 199601084     |         |               |         |               | 4:48.80 | <b>4:58.15</b> | +0,75 |
|      | 100m: 1:09.35                | 1:09.35          | 200m: 2:24.90 | 1:15.55 | 300m: 3:42.35 | 1:17.45 | 400m: 4:58.15 | 1:15.80 |                |       |
| 20.  | Christien Liemburg           | HZ&PC Heerenveen | 199903672     |         |               |         |               | 4:56.84 | <b>4:58.24</b> | +0,85 |
|      | 100m: 1:10.60                | 1:10.60          | 200m: 2:26.63 | 1:16.03 | 300m: 3:43.11 | 1:16.48 | 400m: 4:58.24 | 1:15.13 |                |       |
| 21.  | Caroline Damen               | De Spatters      | 199703088     |         |               |         |               | 4:53.98 | <b>4:58.53</b> | +0,79 |
|      | 100m: 1:09.02                | 1:09.02          | 200m: 2:25.17 | 1:16.15 | 300m: 3:42.40 | 1:17.23 | 400m: 4:58.53 | 1:16.13 |                |       |
| 22.  | Paulien Wesseling            | ZPC Hoogeveen    | 200102038     |         |               |         |               | 5:06.32 | <b>5:03.29</b> | +0,82 |
|      | 100m: 1:11.02                | 1:11.02          | 200m: 2:28.87 | 1:17.85 | 300m: 3:47.35 | 1:18.48 | 400m: 5:03.29 | 1:15.94 |                |       |
| 23.  | Anique Coelingh              | ZPC Hoogeveen    | 200000638     |         |               |         |               | 4:51.25 | <b>5:04.06</b> | +0,82 |
|      | 100m: 1:11.02                | 1:11.02          | 200m: 2:28.75 | 1:17.73 | 300m: 3:46.92 | 1:18.17 | 400m: 5:04.06 | 1:17.14 |                |       |
| 24.  | Mariëlle Dolfijn             | TriVia           | 200201640     |         |               |         |               | 5:00.69 | <b>5:06.22</b> | +0,88 |
|      | 100m: 1:12.87                | 1:12.87          | 200m: 2:31.21 | 1:18.34 | 300m: 3:50.67 | 1:19.46 | 400m: 5:06.22 | 1:15.55 |                |       |
| 25.  | Madelon van der Ploeg        | De Kikker        | 200100070     |         |               |         |               | 5:04.85 | <b>5:06.23</b> | +0,88 |
|      | <i>Eindtijd back up tijd</i> |                  |               |         |               |         |               |         |                |       |
|      | 100m: 1:11.03                | 1:11.03          | 200m: 2:30.01 | 1:18.98 | 300m: 3:49.49 | 1:19.48 | 400m: 5:06.23 | 1:16.74 |                |       |
| 26.  | Tessa Kooi                   | Nova             | 200201386     |         |               |         |               | 4:51.36 | <b>5:06.57</b> | +0,90 |
|      | 100m: 1:10.68                | 1:10.68          | 200m: 2:29.41 | 1:18.73 | 300m: 3:48.55 | 1:19.14 | 400m: 5:06.57 | 1:18.02 |                |       |
| 27.  | Froukje Osinga               | Orca             | 200003090     |         |               |         |               | 5:07.88 | <b>5:06.79</b> | +0,79 |
|      | 100m: 1:11.52                | 1:11.52          | 200m: 2:31.24 | 1:19.72 | 300m: 3:50.00 | 1:18.76 | 400m: 5:06.79 | 1:16.79 |                |       |
| 28.  | Tiffany Leerdam              | De Forel         | 200006200     |         |               |         |               | 5:12.61 | <b>5:07.27</b> | +0,95 |
|      | 100m: 1:10.96                | 1:10.96          | 200m: 2:29.14 | 1:18.18 | 300m: 3:51.93 | 1:22.79 | 400m: 5:07.27 | 1:15.34 |                |       |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 1, Dames, 400m vrije slag, Algemeen klassement

| Rang  |                              |                     |               |         |               |         | In.tijd       | Tijd           | RT    |
|-------|------------------------------|---------------------|---------------|---------|---------------|---------|---------------|----------------|-------|
| 29.   | Dionne Salomons              | ZC Borger           | 200200504     |         |               |         | 5:02.67       | <b>5:08.09</b> |       |
|       | 100m: 1:11.44                | 1:11.44             | 200m: 2:30.21 | 1:18.77 | 300m: 3:50.63 | 1:20.42 | 400m: 5:08.09 | 1:17.46        |       |
| 30.   | Marike de Jong               | Avena               | 200101074     |         |               |         | 4:56.89       | <b>5:08.31</b> | +0,75 |
|       | 100m: 1:10.86                | 1:10.86             | 200m: 2:29.33 | 1:18.47 | 300m: 3:49.40 | 1:20.07 | 400m: 5:08.31 | 1:18.91        |       |
| 31.   | Lianne van Wier              | HZ&PC Heerenveen    | 200200438     |         |               |         | 5:11.98       | <b>5:08.36</b> | +0,80 |
|       | <i>Eindtijd back up tijd</i> |                     |               |         |               |         |               |                |       |
|       | 100m: 1:11.75                | 1:11.75             | 200m: 2:31.05 | 1:19.30 | 300m: 3:50.92 | 1:19.87 | 400m: 5:08.36 | 1:17.44        |       |
| 32.   | Yara van Kalmthout           | Nova                | 200200984     |         |               |         | 5:08.76       | <b>5:09.96</b> | +0,86 |
|       | 100m: 1:10.86                | 1:10.86             | 200m: 2:30.00 | 1:19.14 | 300m: 3:50.91 | 1:20.91 | 400m: 5:09.96 | 1:19.05        |       |
| 33.   | Nynke Zandstra               | Wetterwille         | 200202044     |         |               |         | 5:18.68       | <b>5:11.97</b> | +0,81 |
|       | 100m: 1:13.32                | 1:13.32             | 200m: 2:35.65 | 1:22.33 | 300m: 3:57.13 | 1:21.48 | 400m: 5:11.97 | 1:14.84        |       |
| 34.   | Leonie van Wier              | HZ&PC Heerenveen    | 200200436     |         |               |         | 5:11.35       | <b>5:12.38</b> |       |
|       | 100m: 1:12.10                | 1:12.10             | 200m: 2:31.84 | 1:19.74 | 300m: 3:52.84 | 1:21.00 | 400m: 5:12.38 | 1:19.54        |       |
| 35.   | Suze Kuipers                 | Orca                | 200301714     |         |               |         | 5:16.22       | <b>5:12.69</b> | +0,93 |
|       | 100m: 1:13.04                | 1:13.04             | 200m: 2:33.18 | 1:20.14 | 300m: 3:54.59 | 1:21.41 | 400m: 5:12.69 | 1:18.10        |       |
| 36.   | Benthe Knol                  | ZC Borger           | 200101574     |         |               |         | 5:10.32       | <b>5:12.73</b> | +0,68 |
|       | 100m: 1:14.65                | 1:14.65             | 200m: 2:34.47 | 1:19.82 | 300m: 3:55.54 | 1:21.07 | 400m: 5:12.73 | 1:17.19        |       |
| 37.   | Rosalie Baarda               | Orca                | 199903460     |         |               |         | 5:12.02       | <b>5:14.90</b> | +0,78 |
|       | 100m: 1:12.90                | 1:12.90             | 200m: 2:33.47 | 1:20.57 | 300m: 3:55.06 | 1:21.59 | 400m: 5:14.90 | 1:19.84        |       |
| 38.   | Anna Harbers                 | HZ&PC Heerenveen    | 200001250     |         |               |         | 5:04.35       | <b>5:15.46</b> | +0,83 |
|       | 100m: 1:12.24                | 1:12.24             | 200m: 2:32.65 | 1:20.41 | 300m: 3:55.25 | 1:22.60 | 400m: 5:15.46 | 1:20.21        |       |
| 39.   | Johanna de Boer              | ZPD                 | 199403944     |         |               |         | 5:02.10       | <b>5:16.23</b> | +0,77 |
|       | 100m: 1:12.20                | 1:12.20             | 200m: 2:33.26 | 1:21.06 | 300m: 3:55.76 | 1:22.50 | 400m: 5:16.23 | 1:20.47        |       |
| 40.   | Zana Udo                     | De Forel            | 200202686     |         |               |         | 5:11.88       | <b>5:18.08</b> | +0,77 |
|       | 100m: 1:14.81                | 1:14.81             | 200m: 2:36.16 | 1:21.35 | 300m: 3:58.30 | 1:22.14 | 400m: 5:18.08 | 1:19.78        |       |
| 41.   | Isabeau Essing               | TriVia              | 200201284     |         |               |         | 5:05.49       | <b>5:19.67</b> | +0,79 |
|       | 100m: 1:13.48                | 1:13.48             | 200m: 2:33.92 | 1:20.44 | 300m: 3:57.45 | 1:23.53 | 400m: 5:19.67 | 1:22.22        |       |
| 42.   | Inge Dekker                  | TriVia              | 200200476     |         |               |         | 5:12.80       | <b>5:22.23</b> | +0,76 |
|       | 100m: 1:15.57                | 1:15.57             | 200m: 2:40.59 | 1:25.02 | 300m: 4:03.54 | 1:22.95 | 400m: 5:22.23 | 1:18.69        |       |
| 43.   | Britt Gerdes                 | ZC Borger           | 200201636     |         |               |         | 5:12.83       | <b>5:22.67</b> | +0,81 |
|       | 100m: 1:16.06                | 1:16.06             | 200m: 2:41.48 | 1:25.42 | 300m: 4:05.96 | 1:24.48 | 400m: 5:22.67 | 1:16.71        |       |
| 44.   | Ylsa Dijkstra                | SG. Bolsward-Workum | 200200728     |         |               |         | 5:27.09       | <b>5:30.06</b> | +0,82 |
|       | 100m: 1:16.56                | 1:16.56             | 200m: 2:43.04 | 1:26.48 | 300m: 4:07.98 | 1:24.94 | 400m: 5:30.06 | 1:22.08        |       |
| 45.   | Brenda Beijering             | ZC Borger           | 200300352     |         |               |         | 5:32.76       | <b>5:30.58</b> | +0,84 |
|       | 100m: 1:18.09                | 1:18.09             | 200m: 2:43.15 | 1:25.06 | 300m: 4:10.14 | 1:26.99 | 400m: 5:30.58 | 1:20.44        |       |
| 46.   | Mirthe Schenkel              | ZPC Hoozeveen       | 200300666     |         |               |         | 5:32.36       | <b>5:35.75</b> | +0,82 |
|       | 100m: 1:16.79                | 1:16.79             | 200m: 2:42.74 | 1:25.95 | 300m: 4:09.89 | 1:27.15 | 400m: 5:35.75 | 1:25.86        |       |
| 47.   | Frederique Epping            | ZC Borger           | 200301344     |         |               |         | 5:40.79       | <b>5:41.82</b> | +0,86 |
|       | 100m: 1:19.31                | 1:19.31             | 200m: 2:47.47 | 1:28.16 | 300m: 4:16.84 | 1:29.37 | 400m: 5:41.82 | 1:24.98        |       |
| 48.   | Ilse Wals                    | ZC Borger           | 200303502     |         |               |         | 5:42.97       | <b>5:43.26</b> | +0,76 |
|       | 100m: 1:22.00                | 1:22.00             | 200m: 2:49.81 | 1:27.81 | 300m: 4:19.41 | 1:29.60 | 400m: 5:43.26 | 1:23.85        |       |
| AFGEM | Suzanne Kah                  | ZPC Hoozeveen       | 199803312     |         |               |         | 4:58.77       |                |       |
| AFGEM | Renée Vanderheyden           | TriVia              | 199903130     |         |               |         | 4:48.30       |                |       |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 2  
15-5-2015

Heren, 400m vrije slag

Junioren 1 en ouder  
Resultaten

| Rang       |                   |               |               |         |                |         | In.tijd       | Tijd    | RT |
|------------|-------------------|---------------|---------------|---------|----------------|---------|---------------|---------|----|
| Junioren 1 |                   |               |               |         |                |         |               |         |    |
| 1.         | Maurice Pater     | TriVia        | 200200909     | 4:34.30 | <b>4:39.46</b> | +0,84   |               |         |    |
|            | 100m: 1:04.20     | 1:04.20       | 200m: 2:15.26 | 1:11.06 | 300m: 3:28.24  | 1:12.98 | 400m: 4:39.46 | 1:11.22 |    |
| 2.         | Makai van Haren   | De Forel      | 200200627     | 4:55.26 | <b>4:56.17</b> | +0,80   |               |         |    |
|            | 100m: 1:08.28     | 1:08.28       | 200m: 2:24.01 | 1:15.73 | 300m: 3:41.19  | 1:17.18 | 400m: 4:56.17 | 1:14.98 |    |
| 3.         | Dushan de Bruijn  | De Forel      | 200201273     | 5:11.76 | <b>5:01.14</b> | +0,80   |               |         |    |
|            | 100m: 1:10.93     | 1:10.93       | 200m: 2:29.41 | 1:18.48 | 300m: 3:47.43  | 1:18.02 | 400m: 5:01.14 | 1:13.71 |    |
| 4.         | Raoul Witten      | ZPC Hoogeveen | 200200231     | 4:57.19 | <b>5:06.34</b> | +0,77   |               |         |    |
|            | 100m: 1:12.78     | 1:12.78       | 200m: 2:31.82 | 1:19.04 | 300m: 3:49.96  | 1:18.14 | 400m: 5:06.34 | 1:16.38 |    |
| 5.         | Olaf Jan Bosscher | Orca          | 200200037     | 5:10.68 | <b>5:13.11</b> | +0,76   |               |         |    |
|            | 100m: 1:12.22     | 1:12.22       | 200m: 2:33.36 | 1:21.14 | 300m: 3:53.92  | 1:20.56 | 400m: 5:13.11 | 1:19.19 |    |
| 6.         | Tycho Atanasov    | ZC Borger     | 200201133     | 5:01.46 | <b>5:25.58</b> | +0,76   |               |         |    |
|            | 100m: 1:18.02     | 1:18.02       | 200m: 2:40.32 | 1:22.30 | 300m: 4:04.37  | 1:24.05 | 400m: 5:25.58 | 1:21.21 |    |
| 7.         | Rik Stahlie       | TriVia        | 200201915     | 5:14.24 | <b>5:34.85</b> | +0,80   |               |         |    |
|            | 100m: 1:18.49     | 1:18.49       | 200m: 2:44.48 | 1:25.99 | 300m: 4:11.44  | 1:26.96 | 400m: 5:34.85 | 1:23.41 |    |

Junioren 2

|    |                              |               |               |         |                |         |               |         |  |
|----|------------------------------|---------------|---------------|---------|----------------|---------|---------------|---------|--|
| 1. | Jelmar Koopman               | De Forel      | 200100249     | 4:30.92 | <b>4:35.03</b> | +0,70   |               |         |  |
|    | 100m: 1:04.97                | 1:04.97       | 200m: 2:15.89 | 1:10.92 | 300m: 3:27.26  | 1:11.37 | 400m: 4:35.03 | 1:07.77 |  |
| 2. | David Anthonio               | ZC Borger     | 200102551     | 4:40.29 | <b>4:35.64</b> | +0,89   |               |         |  |
|    | 100m: 1:03.62                | 1:03.62       | 200m: 2:14.83 | 1:11.21 | 300m: 3:26.06  | 1:11.23 | 400m: 4:35.64 | 1:09.58 |  |
| 3. | Owen Peeks                   | ZPC Hoogeveen | 200100765     | 4:39.74 | <b>4:41.27</b> | +0,99   |               |         |  |
|    | 100m: 1:08.16                | 1:08.16       | 200m: 2:20.45 | 1:12.29 | 300m: 3:32.19  | 1:11.74 | 400m: 4:41.27 | 1:09.08 |  |
| 4. | Emile Dost                   | ZC Borger     | 200100731     | 4:37.60 | <b>4:44.84</b> | +0,81   |               |         |  |
|    | <i>Eindtijd back up tijd</i> |               |               |         |                |         |               |         |  |
|    | 100m: 1:06.88                | 1:06.88       | 200m: 2:20.18 | 1:13.30 | 300m: 3:33.53  | 1:13.35 | 400m: 4:44.84 | 1:11.31 |  |
| 5. | Coen de Lang                 | ZPC Hoogeveen | 200100067     | 4:41.51 | <b>4:54.72</b> | +0,67   |               |         |  |
|    | 100m: 1:09.01                | 1:09.01       | 200m: 2:24.17 | 1:15.16 | 300m: 3:39.44  | 1:15.27 | 400m: 4:54.72 | 1:15.28 |  |

AFGEM Marc Hoogeveen Aqua 68 200101585 4:58.60

Junioren 3

|    |                  |               |               |         |                |         |               |         |  |
|----|------------------|---------------|---------------|---------|----------------|---------|---------------|---------|--|
| 1. | David Kuipers    | Orca          | 200003633     | 4:22.97 | <b>4:22.79</b> | +0,83   |               |         |  |
|    | 100m: 1:03.02    | 1:03.02       | 200m: 2:10.78 | 1:07.76 | 300m: 3:18.37  | 1:07.59 | 400m: 4:22.79 | 1:04.42 |  |
| 2. | Arjan Dekker     | TriVia        | 200000499     | 4:30.98 | <b>4:36.55</b> | +0,87   |               |         |  |
|    | 100m: 1:03.99    | 1:03.99       | 200m: 2:14.38 | 1:10.39 | 300m: 3:26.73  | 1:12.35 | 400m: 4:36.55 | 1:09.82 |  |
| 3. | Getjo Gachatrjan | Wetterwille   | 200005445     | 4:39.35 | <b>4:37.00</b> | +0,61   |               |         |  |
|    | 100m: 1:04.22    | 1:04.22       | 200m: 2:17.32 | 1:13.10 | 300m: 3:29.82  | 1:12.50 | 400m: 4:37.00 | 1:07.18 |  |
| 4. | Junior de Bruin  | ZPC Hoogeveen | 200000839     | 4:46.17 | <b>4:38.93</b> | +0,80   |               |         |  |
|    | 100m: 1:04.22    | 1:04.22       | 200m: 2:14.87 | 1:10.65 | 300m: 3:27.43  | 1:12.56 | 400m: 4:38.93 | 1:11.50 |  |
| 5. | Hendrik Broekema | Bubble        | 200002205     | 4:41.35 | <b>4:40.72</b> | +0,79   |               |         |  |
|    | 100m: 1:03.39    | 1:03.39       | 200m: 2:15.88 | 1:12.49 | 300m: 3:30.13  | 1:14.25 | 400m: 4:40.72 | 1:10.59 |  |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 2, Jongens, 400m vrije slag, Junioren 3

| Rang  |                  |               |               |         |               |         | In.tijd       | Tijd           | RT    |
|-------|------------------|---------------|---------------|---------|---------------|---------|---------------|----------------|-------|
| 6.    | Koendert Kellner | DZ&PC         | 200000237     |         |               |         | 4:37.04       | <b>4:40.83</b> | +0,64 |
|       | 100m: 1:05.94    | 1:05.94       | 200m: 2:17.59 | 1:11.65 | 300m: 3:30.36 | 1:12.77 | 400m: 4:40.83 | 1:10.47        |       |
| 7.    | Axel Hanning     | Nova          | 200000703     |         |               |         | 4:39.67       | <b>4:52.25</b> | +0,89 |
|       | 100m: 1:04.17    | 1:04.17       | 200m: 2:18.13 | 1:13.96 | 300m: 3:35.13 | 1:17.00 | 400m: 4:52.25 | 1:17.12        |       |
| 8.    | Bas Kost         | ZPC Hoogeveen | 200000419     |         |               |         | 4:44.94       | <b>4:56.70</b> | +0,76 |
|       | 100m: 1:07.28    | 1:07.28       | 200m: 2:23.66 | 1:16.38 | 300m: 3:40.39 | 1:16.73 | 400m: 4:56.70 | 1:16.31        |       |
| AFGEM | Freek-Jan Melse  | DZ&PC         | 200000235     |         |               |         | 4:25.90       |                |       |

Junioren 4

|    |                 |                  |               |         |               |         |               |                |       |
|----|-----------------|------------------|---------------|---------|---------------|---------|---------------|----------------|-------|
| 1. | Daan Zwertbroek | HZ&PC Heerenveen | 199900463     |         |               |         | 4:31.98       | <b>4:28.58</b> | +0,75 |
|    | 100m: 1:04.42   | 1:04.42          | 200m: 2:15.53 | 1:11.11 | 300m: 3:22.97 | 1:07.44 | 400m: 4:28.58 | 1:05.61        |       |
| 2. | Auke Jan Ytsma  | Orca             | 199900905     |         |               |         | 4:42.12       | <b>4:39.53</b> | +0,79 |
|    | 100m: 1:06.15   | 1:06.15          | 200m: 2:19.23 | 1:13.08 | 300m: 3:31.51 | 1:12.28 | 400m: 4:39.53 | 1:08.02        |       |
| 3. | Bob de Groot    | ZC Borger        | 199903585     |         |               |         | 4:42.35       | <b>4:48.66</b> | +0,82 |
|    | 100m: 1:07.72   | 1:07.72          | 200m: 2:22.40 | 1:14.68 | 300m: 3:37.03 | 1:14.63 | 400m: 4:48.66 | 1:11.63        |       |

Jeugd 1 en 2

|    |                  |               |               |         |               |         |               |                |       |
|----|------------------|---------------|---------------|---------|---------------|---------|---------------|----------------|-------|
| 1. | Gauke Eilander   | ZPC Hoogeveen | 199800603     |         |               |         | 4:14.56       | <b>4:26.65</b> | +0,72 |
|    | 100m: 1:02.10    | 1:02.10       | 200m: 2:09.61 | 1:07.51 | 300m: 3:18.86 | 1:09.25 | 400m: 4:26.65 | 1:07.79        |       |
| 2. | Thomas Kappe     | ZPC Hoogeveen | 199805141     |         |               |         | 4:24.13       | <b>4:30.34</b> | +0,76 |
|    | 100m: 1:02.97    | 1:02.97       | 200m: 2:13.19 | 1:10.22 | 300m: 3:22.72 | 1:09.53 | 400m: 4:30.34 | 1:07.62        |       |
| 3. | Dennis Klaassen  | De Kikker     | 199803093     |         |               |         | 4:33.23       | <b>4:30.42</b> | +0,83 |
|    | 100m: 1:03.40    | 1:03.40       | 200m: 2:12.57 | 1:09.17 | 300m: 3:22.00 | 1:09.43 | 400m: 4:30.42 | 1:08.42        |       |
| 4. | Jorie Seubers    | ZPC Hoogeveen | 199804371     |         |               |         | 4:14.65       | <b>4:32.98</b> | +0,72 |
|    | 100m: 1:02.06    | 1:02.06       | 200m: 2:09.42 | 1:07.36 | 300m: 3:19.71 | 1:10.29 | 400m: 4:32.98 | 1:13.27        |       |
| 5. | Bart Weiland     | Orca          | 199700777     |         |               |         | 4:37.56       | <b>4:39.98</b> | +0,71 |
|    | 100m: 1:03.89    | 1:03.89       | 200m: 2:14.82 | 1:10.93 | 300m: 3:26.25 | 1:11.43 | 400m: 4:39.98 | 1:13.73        |       |
| 6. | Dennis Wildeboer | Nova          | 199800571     |         |               |         | 4:27.97       | <b>4:39.99</b> | +0,85 |
|    | 100m: 1:03.16    | 1:03.16       | 200m: 2:13.83 | 1:10.67 | 300m: 3:25.82 | 1:11.99 | 400m: 4:39.99 | 1:14.17        |       |
| 7. | Wouter de Lang   | ZPC Hoogeveen | 199801147     |         |               |         | 4:31.21       | <b>4:48.06</b> | +0,76 |
|    | 100m: 1:05.41    | 1:05.41       | 200m: 2:16.71 | 1:11.30 | 300m: 3:30.68 | 1:13.97 | 400m: 4:48.06 | 1:17.38        |       |

Senioren 1 en ouder

|    |                              |               |               |         |               |         |               |                |       |
|----|------------------------------|---------------|---------------|---------|---------------|---------|---------------|----------------|-------|
| 1. | Erik Nijholt                 | DZ&PC         | 199401349     |         |               |         | 3:58.75       | <b>4:10.28</b> | +0,86 |
|    | 100m: 1:01.13                | 1:01.13       | 200m: 2:05.60 | 1:04.47 | 300m: 3:09.58 | 1:03.98 | 400m: 4:10.28 | 1:00.70        |       |
| 2. | Rowan Keen                   | ZC Borger     | 199500727     |         |               |         | 4:11.49       | <b>4:14.42</b> | +0,80 |
|    | 100m: 1:01.46                | 1:01.46       | 200m: 2:06.51 | 1:05.05 | 300m: 3:10.94 | 1:04.43 | 400m: 4:14.42 | 1:03.48        |       |
| 3. | Koen Lems                    | ZPC Hoogeveen | 199603709     |         |               |         | 4:07.10       | <b>4:17.36</b> | +0,84 |
|    | 100m: 1:01.27                | 1:01.27       | 200m: 2:06.07 | 1:04.80 | 300m: 3:10.99 | 1:04.92 | 400m: 4:17.36 | 1:06.37        |       |
| 4. | Niels van Eck                | ZPC Hoogeveen | 198900793     |         |               |         | 4:16.37       | <b>4:26.01</b> | +0,71 |
|    | <i>Eindtijd back up tijd</i> |               |               |         |               |         |               |                |       |
|    | 100m: 1:01.52                | 1:01.52       | 200m: 2:09.02 | 1:07.50 | 300m: 3:18.51 | 1:09.49 | 400m: 4:26.01 | 1:07.50        |       |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 2, Heren, 400m vrije slag, Senioren 1 en ouder

| Rang  |               |               |               |         |               |         | In.tijd       | Tijd           | RT    |
|-------|---------------|---------------|---------------|---------|---------------|---------|---------------|----------------|-------|
| 5.    | Jeroen Lorius | ZPC Hoogeveen | 199500523     |         |               |         | 4:23.12       | <b>4:27.21</b> | +0,81 |
|       | 100m: 1:03.08 | 1:03.08       | 200m: 2:12.63 | 1:09.55 | 300m: 3:21.10 | 1:08.47 | 400m: 4:27.21 | 1:06.11        |       |
| 6.    | Ardi Knol     | ZPC Hoogeveen | 199603447     |         |               |         | 4:33.12       | <b>4:32.34</b> | +0,89 |
|       | 100m: 1:03.30 | 1:03.30       | 200m: 2:12.63 | 1:09.33 | 300m: 3:22.26 | 1:09.63 | 400m: 4:32.34 | 1:10.08        |       |
| AFGEM | Derk-Jan Knol | ZPC Hoogeveen | 199504297     |         |               |         | 4:20.23       |                |       |

Algemeen klassement

|     |                              |                  |               |         |               |         |               |                |       |
|-----|------------------------------|------------------|---------------|---------|---------------|---------|---------------|----------------|-------|
| 1.  | Erik Nijholt                 | DZ&PC            | 199401349     |         |               |         | 3:58.75       | <b>4:10.28</b> | +0,86 |
|     | 100m: 1:01.13                | 1:01.13          | 200m: 2:05.60 | 1:04.47 | 300m: 3:09.58 | 1:03.98 | 400m: 4:10.28 | 1:00.70        |       |
| 2.  | Rowan Keen                   | ZC Borger        | 199500727     |         |               |         | 4:11.49       | <b>4:14.42</b> | +0,80 |
|     | 100m: 1:01.46                | 1:01.46          | 200m: 2:06.51 | 1:05.05 | 300m: 3:10.94 | 1:04.43 | 400m: 4:14.42 | 1:03.48        |       |
| 3.  | Koen Lems                    | ZPC Hoogeveen    | 199603709     |         |               |         | 4:07.10       | <b>4:17.36</b> | +0,84 |
|     | 100m: 1:01.27                | 1:01.27          | 200m: 2:06.07 | 1:04.80 | 300m: 3:10.99 | 1:04.92 | 400m: 4:17.36 | 1:06.37        |       |
| 4.  | David Kuipers                | Orca             | 200003633     |         |               |         | 4:22.97       | <b>4:22.79</b> | +0,83 |
|     | 100m: 1:03.02                | 1:03.02          | 200m: 2:10.78 | 1:07.76 | 300m: 3:18.37 | 1:07.59 | 400m: 4:22.79 | 1:04.42        |       |
| 5.  | Niels van Eck                | ZPC Hoogeveen    | 198900793     |         |               |         | 4:16.37       | <b>4:26.01</b> | +0,71 |
|     | <i>Eindtijd back up tijd</i> |                  |               |         |               |         |               |                |       |
|     | 100m: 1:01.52                | 1:01.52          | 200m: 2:09.02 | 1:07.50 | 300m: 3:18.51 | 1:09.49 | 400m: 4:26.01 | 1:07.50        |       |
| 6.  | Gauke Eilander               | ZPC Hoogeveen    | 199800603     |         |               |         | 4:14.56       | <b>4:26.65</b> | +0,72 |
|     | 100m: 1:02.10                | 1:02.10          | 200m: 2:09.61 | 1:07.51 | 300m: 3:18.86 | 1:09.25 | 400m: 4:26.65 | 1:07.79        |       |
| 7.  | Jeroen Lorius                | ZPC Hoogeveen    | 199500523     |         |               |         | 4:23.12       | <b>4:27.21</b> | +0,81 |
|     | 100m: 1:03.08                | 1:03.08          | 200m: 2:12.63 | 1:09.55 | 300m: 3:21.10 | 1:08.47 | 400m: 4:27.21 | 1:06.11        |       |
| 8.  | Daan Zwertbroek              | HZ&PC Heerenveen | 199900463     |         |               |         | 4:31.98       | <b>4:28.58</b> | +0,75 |
|     | 100m: 1:04.42                | 1:04.42          | 200m: 2:15.53 | 1:11.11 | 300m: 3:22.97 | 1:07.44 | 400m: 4:28.58 | 1:05.61        |       |
| 9.  | Thomas Kappe                 | ZPC Hoogeveen    | 199805141     |         |               |         | 4:24.13       | <b>4:30.34</b> | +0,76 |
|     | 100m: 1:02.97                | 1:02.97          | 200m: 2:13.19 | 1:10.22 | 300m: 3:22.72 | 1:09.53 | 400m: 4:30.34 | 1:07.62        |       |
| 10. | Dennis Klaassen              | De Kikker        | 199803093     |         |               |         | 4:33.23       | <b>4:30.42</b> | +0,83 |
|     | 100m: 1:03.40                | 1:03.40          | 200m: 2:12.57 | 1:09.17 | 300m: 3:22.00 | 1:09.43 | 400m: 4:30.42 | 1:08.42        |       |
| 11. | Ardi Knol                    | ZPC Hoogeveen    | 199603447     |         |               |         | 4:33.12       | <b>4:32.34</b> | +0,89 |
|     | 100m: 1:03.30                | 1:03.30          | 200m: 2:12.63 | 1:09.33 | 300m: 3:22.26 | 1:09.63 | 400m: 4:32.34 | 1:10.08        |       |
| 12. | Jorie Seubers                | ZPC Hoogeveen    | 199804371     |         |               |         | 4:14.65       | <b>4:32.98</b> | +0,72 |
|     | 100m: 1:02.06                | 1:02.06          | 200m: 2:09.42 | 1:07.36 | 300m: 3:19.71 | 1:10.29 | 400m: 4:32.98 | 1:13.27        |       |
| 13. | Jelmar Koopman               | De Forel         | 200100249     |         |               |         | 4:30.92       | <b>4:35.03</b> | +0,70 |
|     | 100m: 1:04.97                | 1:04.97          | 200m: 2:15.89 | 1:10.92 | 300m: 3:27.26 | 1:11.37 | 400m: 4:35.03 | 1:07.77        |       |
| 14. | David Anthonio               | ZC Borger        | 200102551     |         |               |         | 4:40.29       | <b>4:35.64</b> | +0,89 |
|     | 100m: 1:03.62                | 1:03.62          | 200m: 2:14.83 | 1:11.21 | 300m: 3:26.06 | 1:11.23 | 400m: 4:35.64 | 1:09.58        |       |
| 15. | Arjan Dekker                 | TriVia           | 200000499     |         |               |         | 4:30.98       | <b>4:36.55</b> | +0,87 |
|     | 100m: 1:03.99                | 1:03.99          | 200m: 2:14.38 | 1:10.39 | 300m: 3:26.73 | 1:12.35 | 400m: 4:36.55 | 1:09.82        |       |
| 16. | Getjo Gachatrijan            | Wetterwille      | 200005445     |         |               |         | 4:39.35       | <b>4:37.00</b> | +0,61 |
|     | 100m: 1:04.22                | 1:04.22          | 200m: 2:17.32 | 1:13.10 | 300m: 3:29.82 | 1:12.50 | 400m: 4:37.00 | 1:07.18        |       |
| 17. | Junior de Bruin              | ZPC Hoogeveen    | 200000839     |         |               |         | 4:46.17       | <b>4:38.93</b> | +0,80 |
|     | 100m: 1:04.22                | 1:04.22          | 200m: 2:14.87 | 1:10.65 | 300m: 3:27.43 | 1:12.56 | 400m: 4:38.93 | 1:11.50        |       |
| 18. | Maurice Pater                | TriVia           | 200200909     |         |               |         | 4:34.30       | <b>4:39.46</b> | +0,84 |
|     | 100m: 1:04.20                | 1:04.20          | 200m: 2:15.26 | 1:11.06 | 300m: 3:28.24 | 1:12.98 | 400m: 4:39.46 | 1:11.22        |       |



Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 2, Heren, 400m vrije slag, Algemeen klassement

| Rang  |                              |               |               |         |               |         | In.tijd       | Tijd           | RT    |
|-------|------------------------------|---------------|---------------|---------|---------------|---------|---------------|----------------|-------|
| 19.   | Auke Jan Ytsma               | Orca          | 199900905     |         |               |         | 4:42.12       | <b>4:39.53</b> | +0,79 |
|       | 100m: 1:06.15                | 1:06.15       | 200m: 2:19.23 | 1:13.08 | 300m: 3:31.51 | 1:12.28 | 400m: 4:39.53 | 1:08.02        |       |
| 20.   | Bart Weiland                 | Orca          | 199700777     |         |               |         | 4:37.56       | <b>4:39.98</b> | +0,71 |
|       | 100m: 1:03.89                | 1:03.89       | 200m: 2:14.82 | 1:10.93 | 300m: 3:26.25 | 1:11.43 | 400m: 4:39.98 | 1:13.73        |       |
| 21.   | Dennis Wildeboer             | Nova          | 199800571     |         |               |         | 4:27.97       | <b>4:39.99</b> | +0,85 |
|       | 100m: 1:03.16                | 1:03.16       | 200m: 2:13.83 | 1:10.67 | 300m: 3:25.82 | 1:11.99 | 400m: 4:39.99 | 1:14.17        |       |
| 22.   | Hendrik Broekema             | Bubble        | 200002205     |         |               |         | 4:41.35       | <b>4:40.72</b> | +0,79 |
|       | 100m: 1:03.39                | 1:03.39       | 200m: 2:15.88 | 1:12.49 | 300m: 3:30.13 | 1:14.25 | 400m: 4:40.72 | 1:10.59        |       |
| 23.   | Koendert Kellner             | DZ&PC         | 200000237     |         |               |         | 4:37.04       | <b>4:40.83</b> | +0,64 |
|       | 100m: 1:05.94                | 1:05.94       | 200m: 2:17.59 | 1:11.65 | 300m: 3:30.36 | 1:12.77 | 400m: 4:40.83 | 1:10.47        |       |
| 24.   | Owen Peeks                   | ZPC Hoogeveen | 200100765     |         |               |         | 4:39.74       | <b>4:41.27</b> | +0,99 |
|       | 100m: 1:08.16                | 1:08.16       | 200m: 2:20.45 | 1:12.29 | 300m: 3:32.19 | 1:11.74 | 400m: 4:41.27 | 1:09.08        |       |
| 25.   | Emile Dost                   | ZC Borger     | 200100731     |         |               |         | 4:37.60       | <b>4:44.84</b> | +0,81 |
|       | <i>Eindtijd back up tijd</i> |               |               |         |               |         |               |                |       |
|       | 100m: 1:06.88                | 1:06.88       | 200m: 2:20.18 | 1:13.30 | 300m: 3:33.53 | 1:13.35 | 400m: 4:44.84 | 1:11.31        |       |
| 26.   | Wouter de Lang               | ZPC Hoogeveen | 199801147     |         |               |         | 4:31.21       | <b>4:48.06</b> | +0,76 |
|       | 100m: 1:05.41                | 1:05.41       | 200m: 2:16.71 | 1:11.30 | 300m: 3:30.68 | 1:13.97 | 400m: 4:48.06 | 1:17.38        |       |
| 27.   | Bob de Groot                 | ZC Borger     | 199903585     |         |               |         | 4:42.35       | <b>4:48.66</b> | +0,82 |
|       | 100m: 1:07.72                | 1:07.72       | 200m: 2:22.40 | 1:14.68 | 300m: 3:37.03 | 1:14.63 | 400m: 4:48.66 | 1:11.63        |       |
| 28.   | Axel Hanning                 | Nova          | 200000703     |         |               |         | 4:39.67       | <b>4:52.25</b> | +0,89 |
|       | 100m: 1:04.17                | 1:04.17       | 200m: 2:18.13 | 1:13.96 | 300m: 3:35.13 | 1:17.00 | 400m: 4:52.25 | 1:17.12        |       |
| 29.   | Coen de Lang                 | ZPC Hoogeveen | 200100067     |         |               |         | 4:41.51       | <b>4:54.72</b> | +0,67 |
|       | 100m: 1:09.01                | 1:09.01       | 200m: 2:24.17 | 1:15.16 | 300m: 3:39.44 | 1:15.27 | 400m: 4:54.72 | 1:15.28        |       |
| 30.   | Makai van Haren              | De Forel      | 200200627     |         |               |         | 4:55.26       | <b>4:56.17</b> | +0,80 |
|       | 100m: 1:08.28                | 1:08.28       | 200m: 2:24.01 | 1:15.73 | 300m: 3:41.19 | 1:17.18 | 400m: 4:56.17 | 1:14.98        |       |
| 31.   | Bas Kost                     | ZPC Hoogeveen | 200000419     |         |               |         | 4:44.94       | <b>4:56.70</b> | +0,76 |
|       | 100m: 1:07.28                | 1:07.28       | 200m: 2:23.66 | 1:16.38 | 300m: 3:40.39 | 1:16.73 | 400m: 4:56.70 | 1:16.31        |       |
| 32.   | Dushan de Bruijn             | De Forel      | 200201273     |         |               |         | 5:11.76       | <b>5:01.14</b> | +0,80 |
|       | 100m: 1:10.93                | 1:10.93       | 200m: 2:29.41 | 1:18.48 | 300m: 3:47.43 | 1:18.02 | 400m: 5:01.14 | 1:13.71        |       |
| 33.   | Raoul Witten                 | ZPC Hoogeveen | 200200231     |         |               |         | 4:57.19       | <b>5:06.34</b> | +0,77 |
|       | 100m: 1:12.78                | 1:12.78       | 200m: 2:31.82 | 1:19.04 | 300m: 3:49.96 | 1:18.14 | 400m: 5:06.34 | 1:16.38        |       |
| 34.   | Olaf Jan Bosscher            | Orca          | 200200037     |         |               |         | 5:10.68       | <b>5:13.11</b> | +0,76 |
|       | 100m: 1:12.22                | 1:12.22       | 200m: 2:33.36 | 1:21.14 | 300m: 3:53.92 | 1:20.56 | 400m: 5:13.11 | 1:19.19        |       |
| 35.   | Tycho Atanasov               | ZC Borger     | 200201133     |         |               |         | 5:01.46       | <b>5:25.58</b> | +0,76 |
|       | 100m: 1:18.02                | 1:18.02       | 200m: 2:40.32 | 1:22.30 | 300m: 4:04.37 | 1:24.05 | 400m: 5:25.58 | 1:21.21        |       |
| 36.   | Rik Stahlie                  | TriVia        | 200201915     |         |               |         | 5:14.24       | <b>5:34.85</b> | +0,80 |
|       | 100m: 1:18.49                | 1:18.49       | 200m: 2:44.48 | 1:25.99 | 300m: 4:11.44 | 1:26.96 | 400m: 5:34.85 | 1:23.41        |       |
| AFGEM | Derk-Jan Knol                | ZPC Hoogeveen | 199504297     |         |               |         | 4:20.23       |                |       |
| AFGEM | Marc Hoogeveen               | Aqua 68       | 200101585     |         |               |         | 4:58.60       |                |       |
| AFGEM | Freek-Jan Melse              | DZ&PC         | 200000235     |         |               |         | 4:25.90       |                |       |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 3 Dames, 100m schoolslag Junioren 1 en ouder  
15-5-2015 Resultaten

| Rang              |                      |                     | In.tijd   | Tijd    | RT             |       |
|-------------------|----------------------|---------------------|-----------|---------|----------------|-------|
| <b>Junioren 1</b> |                      |                     |           |         |                |       |
| 1.                | Silke Huisman        | De Vikings          | 200301182 | 1:31.46 | <b>1:29.90</b> | +0,75 |
| 2.                | Mirthe Schenkel      | ZPC Hoogeveen       | 200300666 | 1:25.02 | <b>1:29.96</b> |       |
| 3.                | Willianne Vos        | TriVia              | 200300050 | 1:27.88 | <b>1:32.14</b> | +0,75 |
| 4.                | Sigrid Hoogland      | De Forel            | 200301976 | 1:32.25 | <b>1:33.14</b> | +0,86 |
| 5.                | Marijne van der Veen | Orca                | 200300960 | 1:34.69 | <b>1:33.35</b> | +0,86 |
| 6.                | Alessia Sluis        | MZ&PC De Reest      | 200300896 | 1:32.19 | <b>1:33.52</b> | +0,63 |
| 7.                | Chantal van Willegen | De Forel            | 200302422 | 1:32.71 | <b>1:34.42</b> | +0,73 |
| 8.                | Emma Sies            | TriVia              | 200300732 | 1:29.67 | <b>1:35.28</b> | +0,84 |
| 9.                | Leonie Rockers       | ZC Borger           | 200300256 | 1:34.78 | <b>1:36.48</b> |       |
| 10.               | Ellen Altena         | TriVia              | 200300266 | 1:33.45 | <b>1:36.83</b> | +0,79 |
| <b>Junioren 2</b> |                      |                     |           |         |                |       |
| 1.                | Lisanne Boets        | ZPC Stadskanaal     | 200200346 | 1:26.20 | <b>1:28.10</b> | +0,87 |
| 2.                | Amber Koning         | Appingedam          | 200202842 | 1:27.03 | <b>1:29.69</b> | +0,86 |
| 3.                | Ielan van Meerlo     | Wetterwille         | 200201098 | 1:30.80 | <b>1:30.92</b> |       |
| 4.                | Anneke vd Laan       | Orca                | 200201154 | 1:28.01 | <b>1:31.08</b> | +0,73 |
| 5.                | Martine Kamminga     | ZPD                 | 200201172 | 1:30.62 | <b>1:31.79</b> | +0,93 |
|                   | *                    |                     |           |         |                |       |
| 6.                | Sigrid Pafforaad     | Avena               | 200201130 | 1:30.74 | <b>1:33.06</b> | +0,67 |
| 7.                | Femke van de Geer    | SG. Bolsward-Workum | 200200400 | 1:30.88 | <b>1:34.85</b> | +1,05 |
| 8.                | Leonie van Wier      | HZ&PC Heerenveen    | 200200436 | 1:31.04 | <b>1:35.11</b> | +0,77 |
| 9.                | Karlijn Schipper     | TriVia              | 200201544 | 1:28.25 | <b>1:35.51</b> | +0,89 |
| 10.               | Britt Gerdes         | ZC Borger           | 200201636 | 1:31.88 | <b>1:36.22</b> | +0,88 |
|                   | *                    |                     |           |         |                |       |
| 11.               | Esmee Greydanus      | De Spatters         | 200200544 | 1:29.17 | <b>1:37.40</b> |       |
| 12.               | Noa Bos              | TriVia              | 200202546 | 1:31.57 | <b>1:37.59</b> |       |
| 13.               | Laura Noord          | De Wellerobben      | 200202568 | 1:31.83 | <b>1:38.12</b> | +0,77 |
| <b>Junioren 3</b> |                      |                     |           |         |                |       |
| 1.                | Joyce Kuipers        | Orca                | 200103426 | 1:20.31 | <b>1:19.80</b> | +0,89 |
| 2.                | Marieke Wildeboer    | TriVia              | 200100016 | 1:16.68 | <b>1:20.91</b> | +0,79 |
| 3.                | Lize Janna de Vries  | Orca                | 200101948 | 1:23.98 | <b>1:23.10</b> | +0,86 |
| 4.                | Eline van der Wal    | HZ&PC Heerenveen    | 200100930 | 1:21.59 | <b>1:25.02</b> | +0,85 |
| 5.                | Marike de Jong       | Avena               | 200101074 | 1:23.25 | <b>1:25.22</b> | +0,76 |
| 6.                | Brit Brandsma        | De Forel            | 200100026 | 1:24.64 | <b>1:29.00</b> | +0,65 |
| 7.                | Desanka Stoppels     | Eemsrobbe           | 200101362 | 1:24.06 | <b>1:30.01</b> | +0,79 |
|                   | *                    |                     |           |         |                |       |
| 8.                | Jasmijn Steenbergen  | ZPC Hoogeveen       | 200102098 | 1:27.41 | <b>1:30.35</b> | +0,82 |
| 9.                | Allysha van der Veer | PWC                 | 200103450 | 1:27.53 | <b>1:31.75</b> | +0,91 |
| 10.               | Naomi Broekman       | De Spatters         | 200100020 | 1:25.77 | <b>1:32.87</b> | +0,83 |
| 11.               | Ingrid de Vries      | De Granaet          | 200100500 | 1:27.76 | <b>1:32.99</b> | +0,88 |
| 12.               | Paulien Wesseling    | ZPC Hoogeveen       | 200102038 | 1:28.33 | <b>1:33.27</b> | +0,79 |
| 13.               | Elriecke Buurlage    | ZCNF'34             | 200100524 | 1:28.94 | <b>1:33.35</b> | +0,71 |
| 14.               | Femke Wiersma        | HZ&PC Heerenveen    | 200103078 | 1:27.96 | <b>1:36.92</b> | +0,86 |
|                   | *                    |                     |           |         |                |       |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 3, Meisjes, 100m schoolslag, Junioren 3

| Rang |                |         |           | In.tijd | Tijd           | RT    |
|------|----------------|---------|-----------|---------|----------------|-------|
| 15.  | Irana Remmelts | Aqua 68 | 200102486 | 1:28.78 | <b>1:40.46</b> | +0,81 |

Jeugd 1 en 2

|     |                     |                     |           |              |                |       |
|-----|---------------------|---------------------|-----------|--------------|----------------|-------|
| 1.  | Hinke Groos         | DZ&PC               | 199901768 | 1:15.35      | <b>1:19.74</b> | +0,76 |
| 2.  | Esra Erer           | TriVia              | 200002858 | 1:16.27      | <b>1:20.34</b> | +0,74 |
| 3.  | Lonneke Graansma    | TriVia              | 199900936 | 1:17.58      | <b>1:20.41</b> | +0,81 |
| 4.  | Simone Krans        | ZPC Hoogeveen       | 199900756 | 1:18.29      | <b>1:20.77</b> | +0,74 |
| 5.  | Josien Wijkhuijs    | Orca                | 199902866 | 1:17.78      | <b>1:22.96</b> | +0,73 |
| 6.  | Marian Katerbarg    | De Kikker           | 200001282 | 1:22.67      | <b>1:25.15</b> | +0,87 |
| 7.  | Jill Blide          | ZPC Hoogeveen       | 200004734 | 1:22.03      | <b>1:25.48</b> | +0,82 |
| 8.  | Noa Sanders         | ZC Borger           | 200002542 | 1:23.76      | <b>1:25.57</b> | +0,83 |
|     | *                   |                     |           |              |                |       |
| 9.  | Chaira Brinks       | Nova                | 200005556 | 1:20.39      | <b>1:25.87</b> | +0,80 |
| 10. | Annemarie Hoving    | TriVia              | 200000248 | 1:23.16      | <b>1:25.99</b> | +0,90 |
| 11. | Nora Veenstra       | SG. Bolsward-Workum | 199901446 | 1:26.14      | <b>1:26.16</b> | +0,83 |
| 12. | Margriet Bieze      | De Pinquin          | 199900508 | 1:23.85      | <b>1:26.74</b> | +0,74 |
| 13. | Nynke Dijkhuis      | Appingedam          | 199903362 | 1:27.03      | <b>1:26.82</b> | +0,78 |
| 14. | Janny Groos         | DZ&PC               | 200000740 | 1:25.97      | <b>1:27.75</b> | +0,88 |
| 15. | Myrthe Offenga      | De Vikings          | 199901874 | 1:27.49      | <b>1:27.90</b> | +0,85 |
| 16. | Claudia Dost        | ZC Borger           | 199900858 | 1:23.70      | <b>1:28.19</b> | +0,87 |
| 17. | Liesette Bruinsma   | HZ&PC Heerenveen    | 200004346 | SB12 1:26.20 | <b>1:28.86</b> | +0,72 |
| 18. | Marjan Nijmeijer    | De Valken           | 200002560 | 1:24.65      | <b>1:28.97</b> | +0,80 |
| 19. | Marloes Potze       | GZVW                | 200002332 | 1:24.00      | <b>1:29.01</b> | +0,70 |
| 20. | Esther Pot          | Orca                | 199903462 | 1:23.60      | <b>1:29.73</b> | +0,79 |
| 21. | Tabitha de Haan     | De Granaet          | 200000550 | 1:26.48      | <b>1:30.71</b> | +0,61 |
| 22. | Anouschka Steenberg | ZPC Hoogeveen       | 200000280 | 1:27.33      | <b>1:31.76</b> | +0,71 |
| 23. | Maren Feunekes      | ZC Borger           | 200000996 | 1:27.65      | <b>1:32.01</b> | +0,82 |
|     | *                   |                     |           |              |                |       |
| 24. | Noël Iris Hettinga  | Neptunia '24        | 200002536 | 1:25.82      | <b>1:32.43</b> | +0,80 |
| 25. | Sanne Hoving        | HZ&PC Heerenveen    | 200003332 | SB8 1:50.44  | <b>1:53.41</b> | +0,95 |

Senioren 1 en ouder

|     |                       |                     |           |         |                |       |
|-----|-----------------------|---------------------|-----------|---------|----------------|-------|
| 1.  | Karin Rijkelijkhuisen | DZ&PC               | 199403358 | 1:13.03 | <b>1:16.56</b> | +0,74 |
| 2.  | Renate Hemmes         | TriVia              | 199600418 | 1:16.50 | <b>1:17.66</b> | +0,81 |
| 3.  | Anouk Dijkstra        | Eemsrobber          | 199704378 | 1:14.99 | <b>1:18.90</b> | +0,82 |
| 4.  | Amber Visser          | TriVia              | 199801416 | 1:18.62 | <b>1:21.80</b> | +0,83 |
| 5.  | Carolien Baarda       | Orca                | 199704060 | 1:18.62 | <b>1:21.98</b> | +0,79 |
| 6.  | Melissa Nauta         | Orca                | 199602388 | 1:17.44 | <b>1:22.88</b> | +0,92 |
| 7.  | Lisanne Hassing       | HZ&PC Heerenveen    | 199702584 | 1:15.85 | <b>1:22.90</b> | +0,88 |
| 8.  | Marsha Beukeveld      | ZPC Hoogeveen       | 199503552 | 1:18.35 | <b>1:23.18</b> | +0,89 |
| 9.  | Willemeijn Hoving     | TriVia              | 199800106 | 1:17.62 | <b>1:23.52</b> | +0,80 |
| 10. | Anne Tuinstra         | SG. Bolsward-Workum | 199804526 | 1:24.06 | <b>1:23.54</b> | +0,87 |
| 11. | Clariss de Vries      | DZ&PC               | 199700942 | 1:21.51 | <b>1:23.65</b> | +0,72 |
| 12. | Kristel Hormann       | De Spatters         | 199601084 | 1:17.82 | <b>1:23.70</b> | +0,77 |
| 13. | Linda Boxma           | De Spatters         | 198500416 | 1:18.44 | <b>1:23.84</b> | +0,73 |
| 14. | Wiëlle Wolbers        | De Valken           | 199700462 | 1:23.57 | <b>1:24.76</b> | +0,85 |
| 15. | Karin Groen           | Nova                | 199502440 | 1:20.64 | <b>1:25.29</b> | +0,68 |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 3, Dames, 100m schoolslag, Senioren 1 en ouder

| Rang |                     |               | In.tijd   | Tijd    | RT             |       |
|------|---------------------|---------------|-----------|---------|----------------|-------|
| 16.  | Inez Duursma        | De Spatters   | 199700256 | 1:21.42 | <b>1:26.28</b> | +0,79 |
|      | *                   |               |           |         |                |       |
| 17.  | Suzanne Kah         | ZPC Hoogeveen | 199803312 | 1:20.98 | <b>1:26.34</b> | +0,80 |
| 18.  | Danique Schulte     | ZC Polaris    | 199802364 | 1:25.17 | <b>1:27.25</b> | +0,75 |
| 19.  | Kathelijne Tijms    | De Spatters   | 199804810 | 1:24.66 | <b>1:28.97</b> | +0,81 |
| 20.  | Jante Wolbers       | De Valken     | 198904804 | 1:22.11 | <b>1:29.22</b> | +0,83 |
| 21.  | Marissa Lindemulder | Orca          | 199306392 | 1:24.61 | <b>1:29.55</b> | +0,83 |
| 22.  | Daphne de Jong      | AFC           | 199302388 | 1:24.73 | <b>1:30.10</b> | +0,87 |

Algemeen klassement

|     |                       |                     |           |         |                |       |
|-----|-----------------------|---------------------|-----------|---------|----------------|-------|
| 1.  | Karin Rijkelijkhuisen | DZ&PC               | 199403358 | 1:13.03 | <b>1:16.56</b> | +0,74 |
| 2.  | Renate Hemmes         | TriVia              | 199600418 | 1:16.50 | <b>1:17.66</b> | +0,81 |
| 3.  | Anouk Dijkstra        | Eemsrobben          | 199704378 | 1:14.99 | <b>1:18.90</b> | +0,82 |
| 4.  | Hinke Groos           | DZ&PC               | 199901768 | 1:15.35 | <b>1:19.74</b> | +0,76 |
| 5.  | Joyce Kuipers         | Orca                | 200103426 | 1:20.31 | <b>1:19.80</b> | +0,89 |
| 6.  | Esra Erer             | TriVia              | 200002858 | 1:16.27 | <b>1:20.34</b> | +0,74 |
| 7.  | Lonneke Graansma      | TriVia              | 199900936 | 1:17.58 | <b>1:20.41</b> | +0,81 |
| 8.  | Simone Krans          | ZPC Hoogeveen       | 199900756 | 1:18.29 | <b>1:20.77</b> | +0,74 |
| 9.  | Marieke Wildeboer     | TriVia              | 200100016 | 1:16.68 | <b>1:20.91</b> | +0,79 |
| 10. | Amber Visser          | TriVia              | 199801416 | 1:18.62 | <b>1:21.80</b> | +0,83 |
| 11. | Carolien Baarda       | Orca                | 199704060 | 1:18.62 | <b>1:21.98</b> | +0,79 |
| 12. | Melissa Nauta         | Orca                | 199602388 | 1:17.44 | <b>1:22.88</b> | +0,92 |
| 13. | Lisanne Hassing       | HZ&PC Heerenveen    | 199702584 | 1:15.85 | <b>1:22.90</b> | +0,88 |
| 14. | Josien Wijkhuijs      | Orca                | 199902866 | 1:17.78 | <b>1:22.96</b> | +0,73 |
| 15. | Lize Janna de Vries   | Orca                | 200101948 | 1:23.98 | <b>1:23.10</b> | +0,86 |
| 16. | Marsha Beukeveld      | ZPC Hoogeveen       | 199503552 | 1:18.35 | <b>1:23.18</b> | +0,89 |
| 17. | Willemein Hoving      | TriVia              | 199800106 | 1:17.62 | <b>1:23.52</b> | +0,80 |
| 18. | Anne Tuinstra         | SG. Bolsward-Workum | 199804526 | 1:24.06 | <b>1:23.54</b> | +0,87 |
| 19. | Claris de Vries       | DZ&PC               | 199700942 | 1:21.51 | <b>1:23.65</b> | +0,72 |
| 20. | Kristel Hormann       | De Spatters         | 199601084 | 1:17.82 | <b>1:23.70</b> | +0,77 |
| 21. | Linda Boxma           | De Spatters         | 198500416 | 1:18.44 | <b>1:23.84</b> | +0,73 |
| 22. | Wiëlle Wolbers        | De Valken           | 199700462 | 1:23.57 | <b>1:24.76</b> | +0,85 |
| 23. | Eline van der Wal     | HZ&PC Heerenveen    | 200100930 | 1:21.59 | <b>1:25.02</b> | +0,85 |
| 24. | Marian Katerberg      | De Kikker           | 200001282 | 1:22.67 | <b>1:25.15</b> | +0,87 |
| 25. | Marike de Jong        | Avena               | 200101074 | 1:23.25 | <b>1:25.22</b> | +0,76 |
| 26. | Karin Groen           | Nova                | 199502440 | 1:20.64 | <b>1:25.29</b> | +0,68 |
| 27. | Jill Blide            | ZPC Hoogeveen       | 200004734 | 1:22.03 | <b>1:25.48</b> | +0,82 |
| 28. | Noa Sanders           | ZC Borger           | 200002542 | 1:23.76 | <b>1:25.57</b> | +0,83 |
|     | *                     |                     |           |         |                |       |
| 29. | Chaira Brinks         | Nova                | 200005556 | 1:20.39 | <b>1:25.87</b> | +0,80 |
| 30. | Annemarie Hoving      | TriVia              | 200000248 | 1:23.16 | <b>1:25.99</b> | +0,90 |
| 31. | Nora Veenstra         | SG. Bolsward-Workum | 199901446 | 1:26.14 | <b>1:26.16</b> | +0,83 |
| 32. | Inez Duursma          | De Spatters         | 199700256 | 1:21.42 | <b>1:26.28</b> | +0,79 |
|     | *                     |                     |           |         |                |       |
| 33. | Suzanne Kah           | ZPC Hoogeveen       | 199803312 | 1:20.98 | <b>1:26.34</b> | +0,80 |
| 34. | Margriet Bieze        | De Pinquin          | 199900508 | 1:23.85 | <b>1:26.74</b> | +0,74 |
| 35. | Nynke Dijkhuis        | Appingedam          | 199903362 | 1:27.03 | <b>1:26.82</b> | +0,78 |
| 36. | Danique Schulte       | ZC Polaris          | 199802364 | 1:25.17 | <b>1:27.25</b> | +0,75 |
| 37. | Janny Groos           | DZ&PC               | 200000740 | 1:25.97 | <b>1:27.75</b> | +0,88 |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 3, Dames, 100m schoolslag, Algemeen klassement

| Rang |                       |                     | In.tijd   | Tijd    | RT             |       |
|------|-----------------------|---------------------|-----------|---------|----------------|-------|
| 38.  | Myrthe Offenga        | De Vikings          | 199901874 | 1:27.49 | <b>1:27.90</b> | +0,85 |
| 39.  | Lisanne Boets         | ZPC Stadskanaal     | 200200346 | 1:26.20 | <b>1:28.10</b> | +0,87 |
| 40.  | Claudia Dost          | ZC Borger           | 199900858 | 1:23.70 | <b>1:28.19</b> | +0,87 |
| 41.  | Liesette Bruinsma     | HZ&PC Heerenveen    | 200004346 | 1:26.20 | <b>1:28.86</b> | +0,72 |
| 42.  | Marjan Nijmeijer      | De Valken           | 200002560 | 1:24.65 | <b>1:28.97</b> | +0,80 |
|      | Kathelijne Tijms      | De Spatters         | 199804810 | 1:24.66 | <b>1:28.97</b> | +0,81 |
| 44.  | Brit Brandsma         | De Forel            | 200100026 | 1:24.64 | <b>1:29.00</b> | +0,65 |
| 45.  | Marloes Potze         | GZVW                | 200002332 | 1:24.00 | <b>1:29.01</b> | +0,70 |
| 46.  | Jante Wolbers         | De Valken           | 198904804 | 1:22.11 | <b>1:29.22</b> | +0,83 |
| 47.  | Marissa Lindemulder   | Orca                | 199306392 | 1:24.61 | <b>1:29.55</b> | +0,83 |
| 48.  | Amber Koning          | Appingedam          | 200202842 | 1:27.03 | <b>1:29.69</b> | +0,86 |
| 49.  | Esther Pot            | Orca                | 199903462 | 1:23.60 | <b>1:29.73</b> | +0,79 |
| 50.  | Silke Huisman         | De Vikings          | 200301182 | 1:31.46 | <b>1:29.90</b> | +0,75 |
| 51.  | Mirthe Schenkel       | ZPC Hoozeveen       | 200300666 | 1:25.02 | <b>1:29.96</b> |       |
| 52.  | Desanka Stoppels      | Eemsrobber          | 200101362 | 1:24.06 | <b>1:30.01</b> | +0,79 |
|      | *                     |                     |           |         |                |       |
| 53.  | Daphne de Jong        | AFC                 | 199302388 | 1:24.73 | <b>1:30.10</b> | +0,87 |
| 54.  | Jasmijn Steenbergen   | ZPC Hoozeveen       | 200102098 | 1:27.41 | <b>1:30.35</b> | +0,82 |
| 55.  | Tabitha de Haan       | De Granaet          | 200000550 | 1:26.48 | <b>1:30.71</b> | +0,61 |
| 56.  | Ielan van Meerlo      | Wetterwille         | 200201098 | 1:30.80 | <b>1:30.92</b> |       |
| 57.  | Anneke vd Laan        | Orca                | 200201154 | 1:28.01 | <b>1:31.08</b> | +0,73 |
| 58.  | Allysha van der Veer  | PWC                 | 200103450 | 1:27.53 | <b>1:31.75</b> | +0,91 |
| 59.  | Anouschka Steenbergen | ZPC Hoozeveen       | 200000280 | 1:27.33 | <b>1:31.76</b> | +0,71 |
| 60.  | Martine Kamminga      | ZPD                 | 200201172 | 1:30.62 | <b>1:31.79</b> | +0,93 |
|      | *                     |                     |           |         |                |       |
| 61.  | Maren Feunekes        | ZC Borger           | 200000996 | 1:27.65 | <b>1:32.01</b> | +0,82 |
|      | *                     |                     |           |         |                |       |
| 62.  | Willianne Vos         | TriVia              | 200300050 | 1:27.88 | <b>1:32.14</b> | +0,75 |
| 63.  | Noël Iris Hettinga    | Neptunia '24        | 200002536 | 1:25.82 | <b>1:32.43</b> | +0,80 |
| 64.  | Naomi Broekman        | De Spatters         | 200100020 | 1:25.77 | <b>1:32.87</b> | +0,83 |
| 65.  | Ingrid de Vries       | De Granaet          | 200100500 | 1:27.76 | <b>1:32.99</b> | +0,88 |
| 66.  | Sigrid Pafforaad      | Avena               | 200201130 | 1:30.74 | <b>1:33.06</b> | +0,67 |
| 67.  | Sigrid Hoogland       | De Forel            | 200301976 | 1:32.25 | <b>1:33.14</b> | +0,86 |
| 68.  | Paulien Wesseling     | ZPC Hoozeveen       | 200102038 | 1:28.33 | <b>1:33.27</b> | +0,79 |
| 69.  | Marijine van der Veen | Orca                | 200300960 | 1:34.69 | <b>1:33.35</b> | +0,86 |
|      | Elriecke Buurlage     | ZCNF'34             | 200100524 | 1:28.94 | <b>1:33.35</b> | +0,71 |
| 71.  | Alessia Sluis         | MZ&PC De Reest      | 200300896 | 1:32.19 | <b>1:33.52</b> | +0,63 |
| 72.  | Chantal van Willegen  | De Forel            | 200302422 | 1:32.71 | <b>1:34.42</b> | +0,73 |
| 73.  | Femke van de Geer     | SG. Bolsward-Workum | 200200400 | 1:30.88 | <b>1:34.85</b> | +1,05 |
| 74.  | Leonie van Wier       | HZ&PC Heerenveen    | 200200436 | 1:31.04 | <b>1:35.11</b> | +0,77 |
| 75.  | Emma Sies             | TriVia              | 200300732 | 1:29.67 | <b>1:35.28</b> | +0,84 |
| 76.  | Karlijn Schipper      | TriVia              | 200201544 | 1:28.25 | <b>1:35.51</b> | +0,89 |
| 77.  | Britt Gerdes          | ZC Borger           | 200201636 | 1:31.88 | <b>1:36.22</b> | +0,88 |
|      | *                     |                     |           |         |                |       |
| 78.  | Leonie Rockers        | ZC Borger           | 200300256 | 1:34.78 | <b>1:36.48</b> |       |
| 79.  | Ellen Altena          | TriVia              | 200300266 | 1:33.45 | <b>1:36.83</b> | +0,79 |
| 80.  | Femke Wiersma         | HZ&PC Heerenveen    | 200103078 | 1:27.96 | <b>1:36.92</b> | +0,86 |
|      | *                     |                     |           |         |                |       |
| 81.  | Esmee Greydanus       | De Spatters         | 200200544 | 1:29.17 | <b>1:37.40</b> |       |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 3, Dames, 100m schoolslag, Algemeen klassement

| Rang |                |                  | In.tijd       | Tijd    | RT             |       |
|------|----------------|------------------|---------------|---------|----------------|-------|
| 82.  | Noa Bos        | TriVia           | 200202546     | 1:31.57 | <b>1:37.59</b> |       |
| 83.  | Laura Noord    | De Wellerobben   | 200202568     | 1:31.83 | <b>1:38.12</b> | +0,77 |
| 84.  | Irana Remmelts | Aqua 68          | 200102486     | 1:28.78 | <b>1:40.46</b> | +0,81 |
| 85.  | Sanne Hoving   | HZ&PC Heerenveen | 200003332 SB8 | 1:50.44 | <b>1:53.41</b> | +0,95 |

Programmanr. 4  
15-5-2015

Heren, 100m schoolslag

Junioren 1 en ouder  
Resultaten

| Rang |  |  | In.tijd | Tijd | RT |
|------|--|--|---------|------|----|
|------|--|--|---------|------|----|

Junioren 1

|    |                   |               |           |         |                |       |
|----|-------------------|---------------|-----------|---------|----------------|-------|
| 1. | Dushan de Bruijn  | De Forel      | 200201273 | 1:23.70 | <b>1:24.03</b> | +0,75 |
| 2. | Olaf Jan Bosscher | Orca          | 200200037 | 1:27.29 | <b>1:29.06</b> | +0,80 |
| 3. | Tycho Atanasov    | ZC Borger     | 200201133 | 1:24.77 | <b>1:30.40</b> | +0,75 |
| 4. | Maurice Pater     | TriVia        | 200200909 | 1:21.94 | <b>1:30.73</b> | +0,87 |
| 5. | Raoul Witten      | ZPC Hoogeveen | 200200231 | 1:27.58 | <b>1:31.16</b> | +0,71 |
| 6. | Mike Fuhler       | ZC Borger     | 200201983 | 1:28.18 | <b>1:32.01</b> | +0,80 |

Junioren 2

|    |                  |               |           |         |                |       |
|----|------------------|---------------|-----------|---------|----------------|-------|
| 1. | Klaas Pit        | De Forel      | 200104519 | 1:10.76 | <b>1:13.62</b> | +0,79 |
| 2. | Marcel Delfstra  | Orca          | 200100037 | 1:15.47 | <b>1:13.95</b> | +0,71 |
| 3. | David Anthonio   | ZC Borger     | 200102551 | 1:17.80 | <b>1:16.55</b> | +0,83 |
| 4. | Lennard Dussel   | DZ&PC         | 200100911 | 1:13.78 | <b>1:17.48</b> | +0,83 |
| 5. | Emile Dost       | ZC Borger     | 200100731 | 1:16.37 | <b>1:18.03</b> | +0,83 |
| 6. | Coen de Lang     | ZPC Hoogeveen | 200100067 | 1:14.69 | <b>1:18.07</b> | +0,82 |
| 7. | Hendrik Jilderda | Wetterwille   | 200100673 | 1:18.78 | <b>1:22.11</b> | +0,77 |
| 8. | Owen Peeks       | ZPC Hoogeveen | 200100765 | 1:23.89 | <b>1:27.71</b> | +0,96 |

Junioren 3

|    |                           |                  |           |         |                |       |
|----|---------------------------|------------------|-----------|---------|----------------|-------|
| 1. | Hugo Jan Bosscher         | Orca             | 200000185 | 1:14.65 | <b>1:15.45</b> | +0,68 |
| 2. | Thomas Hamstra            | Orca             | 200001693 | 1:14.39 | <b>1:15.59</b> | +0,76 |
| 3. | Darren Chen               | ZC Borger        | 200001149 | 1:15.10 | <b>1:15.85</b> | +0,71 |
| 4. | Junior de Bruin           | ZPC Hoogeveen    | 200000839 | 1:15.16 | <b>1:16.99</b> | +0,75 |
| 5. | Sjoerd Vonk               | Wetterwille      | 200004241 | 1:14.62 | <b>1:20.44</b> | +0,75 |
| 6. | Noah Vincent Stavorinus   | ZPD              | 200000359 | 1:19.09 | <b>1:22.42</b> | +0,69 |
| 7. | Bas Kost                  | ZPC Hoogeveen    | 200000419 | 1:19.56 | <b>1:22.76</b> | +0,76 |
| 8. | Jilles Lycklama á Nijholt | HZ&PC Heerenveen | 200001103 | 1:20.92 | <b>1:22.85</b> | +0,75 |
| 9. | Joel Pinkster             | Aqua 68          | 200000611 | 1:20.06 | <b>1:23.55</b> | +0,92 |

Junioren 4

|       |                         |                  |           |         |                |       |
|-------|-------------------------|------------------|-----------|---------|----------------|-------|
| 1.    | Daan Zwertbroek         | HZ&PC Heerenveen | 199900463 | 1:05.01 | <b>1:08.10</b> | +0,74 |
| 2.    | Maik Huser              | ZPC Hoogeveen    | 199900265 | 1:12.33 | <b>1:12.34</b> | +0,83 |
| 3.    | Luuk Veldman            | Orca             | 199900981 | 1:14.44 | <b>1:12.54</b> | +0,66 |
| 4.    | Matthijs van Meerendonk | Aqua 68          | 199900375 | 1:09.29 | <b>1:12.58</b> | +0,81 |
| 5.    | Erwin Heinsius          | HZ&PC Heerenveen | 199900695 | 1:18.16 | <b>1:18.20</b> | +0,61 |
| 6.    | Gerco Ganzevoort        | HZ&PC Heerenveen | 199902091 | 1:15.02 | <b>1:19.62</b> | +0,72 |
| NG.ZA | Thom Drenth             | Eemsrobbe        | 199903823 | 1:16.66 |                |       |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 4, Jongens, 100m schoolslag, Junioren 4

| Rang                |                         |                  | In.tijd   | Tijd    | RT                   |
|---------------------|-------------------------|------------------|-----------|---------|----------------------|
| AFGEM               | Jacob de Roos           | DZ&PC            | 199900553 | 1:04.95 |                      |
| Jeugd 1 en 2        |                         |                  |           |         |                      |
| 1.                  | Youri Beugelsdijk       | TriVia           | 199704767 | 1:04.76 | <b>1:07.52</b> +0,75 |
| 2.                  | Jan Willem Veldman      | Appingedam       | 199800277 | 1:08.16 | <b>1:10.23</b> +0,76 |
| 3.                  | Richard Kuipers         | Orca             | 199704171 | 1:12.35 | <b>1:10.77</b> +0,78 |
| 4.                  | Thomas Kappe            | ZPC Hoogeveen    | 199805141 | 1:07.14 | <b>1:13.02</b> +0,77 |
| 5.                  | Carlo Ruiz              | De Forel         | 199802549 | 1:10.72 | <b>1:13.14</b> +0,78 |
| 6.                  | Bryan Chen              | ZC Borger        | 199803201 | 1:09.32 | <b>1:13.22</b> +0,72 |
| 7.                  | Jorie Seubers           | ZPC Hoogeveen    | 199804371 | 1:09.10 | <b>1:14.31</b> +0,75 |
| 8.                  | Darryl Lubbinge         | ZPC Hoogeveen    | 199701045 | 1:10.60 | <b>1:15.39</b> +0,81 |
| 9.                  | Gauke Eilander          | ZPC Hoogeveen    | 199800603 | 1:09.84 | <b>1:16.06</b> +0,75 |
| 10.                 | Wouter de Lang          | ZPC Hoogeveen    | 199801147 | 1:11.16 | <b>1:17.13</b> +0,78 |
| 11.                 | Tijmen Linthorst        | HZ&PC Heerenveen | 199801165 | 1:16.95 | <b>1:18.91</b> +0,80 |
| 12.                 | Rico Vroom              | TriVia           | 199802363 | 1:15.77 | <b>1:20.97</b> +0,71 |
| Senioren 1 en ouder |                         |                  |           |         |                      |
| 1.                  | Roy Smeenge             | TriVia           | 199305557 | 1:04.05 | <b>1:05.93</b> +0,81 |
| 2.                  | Niels van Eck           | ZPC Hoogeveen    | 198900793 | 1:03.50 | <b>1:06.19</b> +0,68 |
| 3.                  | Koen Lems               | ZPC Hoogeveen    | 199603709 | 1:03.35 | <b>1:06.41</b> +0,77 |
| 4.                  | Ardi Knol               | ZPC Hoogeveen    | 199603447 | 1:06.51 | <b>1:09.58</b> +0,82 |
| 5.                  | Dennis Bos              | HZ&PC Heerenveen | 199201965 | 1:05.64 | <b>1:10.09</b> +0,68 |
| 6.                  | Jeroen Lorus            | ZPC Hoogeveen    | 199500523 | 1:06.86 | <b>1:10.45</b> +0,78 |
| 7.                  | Brendon Scheepers       | DZ&PC            | 199205765 | 1:12.53 | <b>1:14.23</b> +0,64 |
| 8.                  | Koen Rooseboom          | De Spatters      | 199502703 | 1:12.59 | <b>1:15.59</b> +0,81 |
| 9.                  | David Scheffer          | De Pinquin       | 199500175 | 1:12.89 | <b>1:16.73</b> +0,79 |
| 10.                 | Matthijs Jansen         | Wetterwille      | 199602379 | 1:13.54 | <b>1:18.38</b> +0,77 |
| 11.                 | Marc de Vries           | HZ&PC Heerenveen | 199500381 | 1:14.38 | <b>1:18.95</b> +0,71 |
| AFGEM               | Derk-Jan Knol           | ZPC Hoogeveen    | 199504297 | 1:14.02 |                      |
| AFGEM               | Rowan Keen              | ZC Borger        | 199500727 | 1:09.50 |                      |
| Algemeen klassement |                         |                  |           |         |                      |
| 1.                  | Roy Smeenge             | TriVia           | 199305557 | 1:04.05 | <b>1:05.93</b> +0,81 |
| 2.                  | Niels van Eck           | ZPC Hoogeveen    | 198900793 | 1:03.50 | <b>1:06.19</b> +0,68 |
| 3.                  | Koen Lems               | ZPC Hoogeveen    | 199603709 | 1:03.35 | <b>1:06.41</b> +0,77 |
| 4.                  | Youri Beugelsdijk       | TriVia           | 199704767 | 1:04.76 | <b>1:07.52</b> +0,75 |
| 5.                  | Daan Zwertbroek         | HZ&PC Heerenveen | 199900463 | 1:05.01 | <b>1:08.10</b> +0,74 |
| 6.                  | Ardi Knol               | ZPC Hoogeveen    | 199603447 | 1:06.51 | <b>1:09.58</b> +0,82 |
| 7.                  | Dennis Bos              | HZ&PC Heerenveen | 199201965 | 1:05.64 | <b>1:10.09</b> +0,68 |
| 8.                  | Jan Willem Veldman      | Appingedam       | 199800277 | 1:08.16 | <b>1:10.23</b> +0,76 |
| 9.                  | Jeroen Lorus            | ZPC Hoogeveen    | 199500523 | 1:06.86 | <b>1:10.45</b> +0,78 |
| 10.                 | Richard Kuipers         | Orca             | 199704171 | 1:12.35 | <b>1:10.77</b> +0,78 |
| 11.                 | Maik Huser              | ZPC Hoogeveen    | 199900265 | 1:12.33 | <b>1:12.34</b> +0,83 |
| 12.                 | Luuk Veldman            | Orca             | 199900981 | 1:14.44 | <b>1:12.54</b> +0,66 |
| 13.                 | Matthijs van Meerendonk | Aqua 68          | 199900375 | 1:09.29 | <b>1:12.58</b> +0,81 |
| 14.                 | Thomas Kappe            | ZPC Hoogeveen    | 199805141 | 1:07.14 | <b>1:13.02</b> +0,77 |
| 15.                 | Carlo Ruiz              | De Forel         | 199802549 | 1:10.72 | <b>1:13.14</b> +0,78 |
| 16.                 | Bryan Chen              | ZC Borger        | 199803201 | 1:09.32 | <b>1:13.22</b> +0,72 |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 4, Heren, 100m schoolslag, Algemeen klassement

| Rang  |                           |                  | In.tijd   | Tijd    | RT             |       |
|-------|---------------------------|------------------|-----------|---------|----------------|-------|
| 17.   | Klaas Pit                 | De Forel         | 200104519 | 1:10.76 | <b>1:13.62</b> | +0,79 |
| 18.   | Marcel Delfstra           | Orca             | 200100037 | 1:15.47 | <b>1:13.95</b> | +0,71 |
| 19.   | Brendon Scheepers         | DZ&PC            | 199205765 | 1:12.53 | <b>1:14.23</b> | +0,64 |
| 20.   | Jorie Seubers             | ZPC Hoogeveen    | 199804371 | 1:09.10 | <b>1:14.31</b> | +0,75 |
| 21.   | Darryl Lubbinge           | ZPC Hoogeveen    | 199701045 | 1:10.60 | <b>1:15.39</b> | +0,81 |
| 22.   | Hugo Jan Bosscher         | Orca             | 200000185 | 1:14.65 | <b>1:15.45</b> | +0,68 |
| 23.   | Thomas Hamstra            | Orca             | 200001693 | 1:14.39 | <b>1:15.59</b> | +0,76 |
|       | Koen Rooseboom            | De Spatters      | 199502703 | 1:12.59 | <b>1:15.59</b> | +0,81 |
| 25.   | Darren Chen               | ZC Borger        | 200001149 | 1:15.10 | <b>1:15.85</b> | +0,71 |
| 26.   | Gauke Eilander            | ZPC Hoogeveen    | 199800603 | 1:09.84 | <b>1:16.06</b> | +0,75 |
| 27.   | David Anthonio            | ZC Borger        | 200102551 | 1:17.80 | <b>1:16.55</b> | +0,83 |
| 28.   | David Scheffer            | De Pinquin       | 199500175 | 1:12.89 | <b>1:16.73</b> | +0,79 |
| 29.   | Junior de Bruin           | ZPC Hoogeveen    | 200000839 | 1:15.16 | <b>1:16.99</b> | +0,75 |
| 30.   | Wouter de Lang            | ZPC Hoogeveen    | 199801147 | 1:11.16 | <b>1:17.13</b> | +0,78 |
| 31.   | Lennard Dussel            | DZ&PC            | 200100911 | 1:13.78 | <b>1:17.48</b> | +0,83 |
| 32.   | Emile Dost                | ZC Borger        | 200100731 | 1:16.37 | <b>1:18.03</b> | +0,83 |
| 33.   | Coen de Lang              | ZPC Hoogeveen    | 200100067 | 1:14.69 | <b>1:18.07</b> | +0,82 |
| 34.   | Erwin Heinsius            | HZ&PC Heerenveen | 199900695 | 1:18.16 | <b>1:18.20</b> | +0,61 |
| 35.   | Matthijs Jansen           | Wetterwille      | 199602379 | 1:13.54 | <b>1:18.38</b> | +0,77 |
| 36.   | Tijmen Linthorst          | HZ&PC Heerenveen | 199801165 | 1:16.95 | <b>1:18.91</b> | +0,80 |
| 37.   | Marc de Vries             | HZ&PC Heerenveen | 199500381 | 1:14.38 | <b>1:18.95</b> | +0,71 |
| 38.   | Gerco Ganzevoort          | HZ&PC Heerenveen | 199902091 | 1:15.02 | <b>1:19.62</b> | +0,72 |
| 39.   | Sjoerd Vonk               | Wetterwille      | 200004241 | 1:14.62 | <b>1:20.44</b> | +0,75 |
| 40.   | Rico Vroom                | TriVia           | 199802363 | 1:15.77 | <b>1:20.97</b> | +0,71 |
| 41.   | Hendrik Jilderda          | Wetterwille      | 200100673 | 1:18.78 | <b>1:22.11</b> | +0,77 |
| 42.   | Noah Vincent Stavorinus   | ZPD              | 200000359 | 1:19.09 | <b>1:22.42</b> | +0,69 |
| 43.   | Bas Kost                  | ZPC Hoogeveen    | 200000419 | 1:19.56 | <b>1:22.76</b> | +0,76 |
| 44.   | Jilles Lycklama á Nijholt | HZ&PC Heerenveen | 200001103 | 1:20.92 | <b>1:22.85</b> | +0,75 |
| 45.   | Joel Pinkster             | Aqua 68          | 200000611 | 1:20.06 | <b>1:23.55</b> | +0,92 |
| 46.   | Dushan de Bruijn          | De Forel         | 200201273 | 1:23.70 | <b>1:24.03</b> | +0,75 |
| 47.   | Owen Peeks                | ZPC Hoogeveen    | 200100765 | 1:23.89 | <b>1:27.71</b> | +0,96 |
| 48.   | Olaf Jan Bosscher         | Orca             | 200200037 | 1:27.29 | <b>1:29.06</b> | +0,80 |
| 49.   | Tycho Atanasov            | ZC Borger        | 200201133 | 1:24.77 | <b>1:30.40</b> | +0,75 |
| 50.   | Maurice Pater             | TriVia           | 200200909 | 1:21.94 | <b>1:30.73</b> | +0,87 |
| 51.   | Raoul Witten              | ZPC Hoogeveen    | 200200231 | 1:27.58 | <b>1:31.16</b> | +0,71 |
| 52.   | Mike Fuhler               | ZC Borger        | 200201983 | 1:28.18 | <b>1:32.01</b> | +0,80 |
| NG.ZA | Thom Drenth               | Eemsrobben       | 199903823 | 1:16.66 |                |       |
| AFGEM | Derk-Jan Knol             | ZPC Hoogeveen    | 199504297 | 1:14.02 |                |       |
| AFGEM | Jacob de Roos             | DZ&PC            | 199900553 | 1:04.95 |                |       |
| AFGEM | Rowan Keen                | ZC Borger        | 199500727 | 1:09.50 |                |       |



Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 5  
15-5-2015

Dames, 200m rugslag

Junioren 1 en ouder  
Resultaten

| Rang       |   |                |               | In.tijd | Tijd           | RT    |
|------------|---|----------------|---------------|---------|----------------|-------|
| Junioren 1 |   |                |               |         |                |       |
| 1.         | Suze Kuipers  | Orca           | 200301714     | 2:38.92 | <b>2:39.32</b> | +0,62 |
|            | 100m: 1:17.91   | 1:17.91        | 200m: 2:39.32 | 1:21.41 |                |       |
| 2.         | Brenda Beijering  | ZC Borger      | 200300352     | 2:46.95 | <b>2:51.74</b> | +0,74 |
|            | <i>Eindtijd back up tijd</i>  |                |               |         |                |       |
|            | 100m: 1:24.05   | 1:24.05        | 200m: 2:51.74 | 1:27.69 |                |       |
| 3.         | Kim Hillen  | MZ&PC De Reest | 200300364     | 2:55.22 | <b>2:55.22</b> | +0,80 |
|            | 100m: 1:24.55   | 1:24.55        | 200m: 2:55.22 | 1:30.67 |                |       |
| 4.         | Silke Huisman   | De Vikings     | 200301182     | 2:53.41 | <b>2:55.25</b> | +0,76 |
|            | 100m: 1:26.44   | 1:26.44        | 200m: 2:55.25 | 1:28.81 |                |       |
| 5.         | Mirthe Schenkel   | ZPC Hoogeveen  | 200300666     | 2:55.99 | <b>2:55.83</b> | +0,74 |
|            | <i>Eindtijd back up tijd</i>  |                |               |         |                |       |
|            | 100m: 1:25.62   | 1:25.62        | 200m: 2:55.83 | 1:30.21 |                |       |
| 6.         | Laura van der Velde   | F.Z.C.'54      | 200300630     | 2:48.01 | <b>2:56.78</b> | +0,72 |
|            | 100m: 1:26.95   | 1:26.95        | 200m: 2:56.78 | 1:29.83 |                |       |
| 7.         | Willianne Vos   | TriVia         | 200300050     | 2:59.10 | <b>2:57.50</b> | +0,75 |
|            | 100m: 1:27.28   | 1:27.28        | 200m: 2:57.50 | 1:30.22 |                |       |
| 8.         | Anna Tinga  | De Forel       | 200302734     | 2:59.07 | <b>2:58.03</b> | +0,87 |
|            | 100m: 1:27.71   | 1:27.71        | 200m: 2:58.03 | 1:30.32 |                |       |
| 9.         | Alessia Sluis   | MZ&PC De Reest | 200300896     | 2:57.27 | <b>2:58.34</b> | +0,74 |
|            | 100m: 1:29.08   | 1:29.08        | 200m: 2:58.34 | 1:29.26 |                |       |
| 10.        | Ilse Hoogeveen  | Aqua 68        | 200301140     | 2:54.38 | <b>3:01.19</b> | +0,98 |
|            | <i>Eindtijd back up tijd</i>  |                |               |         |                |       |
|            | 100m: 1:29.95   | 1:29.95        | 200m: 3:01.19 | 1:31.24 |                |       |
| 11.        | Emma Sies   | TriVia         | 200300732     | 2:57.00 | <b>3:02.92</b> | +0,82 |
|            | 100m: 1:29.76   | 1:29.76        | 200m: 3:02.92 | 1:33.16 |                |       |
| 12.        | Ellen Altena  | TriVia         | 200300266     | 2:58.57 | <b>3:04.53</b> | +0,73 |
|            | 100m: 1:28.56   | 1:28.56        | 200m: 3:04.53 | 1:35.97 |                |       |
| 13.        | Sigrid Hoogland   | De Forel       | 200301976     | 3:02.50 | <b>3:05.25</b> | +0,85 |
|            | 100m: 1:31.28   | 1:31.28        | 200m: 3:05.25 | 1:33.97 |                |       |
| 14.        | Gerda Woldendorp  | De Vikings     | 200300418     | 2:57.30 | <b>3:10.61</b> | +0,84 |
|            | 100m: 1:34.34   | 1:34.34        | 200m: 3:10.61 | 1:36.27 |                |       |
| 15.        | Chantal Posthuma  | ZC Polaris     | 200300834     | 3:04.02 | <b>3:18.58</b> | +0,69 |
|            | 100m: 1:35.42   | 1:35.42        | 200m: 3:18.58 | 1:43.16 |                |       |
| DIS        | Marijne van der Veen  | Orca           | 200300960     | 2:54.68 |                |       |
|            | <i>AA - Gestart voor startsignaal bij de 1e (1-startregel) of 2e start.</i> |                |               |         |                |       |
| DIS        | Frederique Epping   | ZC Borger      | 200301344     | 3:03.96 |                |       |
|            | <i>AA - Gestart voor startsignaal bij de 1e (1-startregel) of 2e start.</i> |                |               |         |                |       |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 5, Dames, 200m rugslag

Junioren 2

|     |                              |                     |               |         |                |       |
|-----|------------------------------|---------------------|---------------|---------|----------------|-------|
| 1.  | Dionne Salomons              | ZC Borger           | 200200504     | 2:33.59 | <b>2:37.28</b> | +0,63 |
|     | 100m: 1:17.13                | 1:17.13             | 200m: 2:37.28 | 1:20.15 |                |       |
| 2.  | Rosa Ebbinge                 | DZ&PC               | 200200904     | 2:43.41 | <b>2:45.01</b> | +0,74 |
|     | 100m: 1:21.80                | 1:21.80             | 200m: 2:45.01 | 1:23.21 |                |       |
| 3.  | Mariëlle Dolfijn             | TriVia              | 200201640     | 2:38.34 | <b>2:45.12</b> | +0,76 |
|     | 100m: 1:20.46                | 1:20.46             | 200m: 2:45.12 | 1:24.66 |                |       |
| 4.  | Inge Dekker                  | TriVia              | 200200476     | 2:36.43 | <b>2:45.56</b> | +1,00 |
|     | 100m: 1:21.12                | 1:21.12             | 200m: 2:45.56 | 1:24.44 |                |       |
| 5.  | Ylsa Dijkstra                | SG. Bolsward-Workum | 200200728     | 2:49.32 | <b>2:48.07</b> | +0,75 |
|     | 100m: 1:23.69                | 1:23.69             | 200m: 2:48.07 | 1:24.38 |                |       |
| 6.  | Isabeau Essing               | TriVia              | 200201284     | 2:43.89 | <b>2:48.69</b> | +0,80 |
|     | 100m: 1:22.31                | 1:22.31             | 200m: 2:48.69 | 1:26.38 |                |       |
| 7.  | Lianne van Wier              | HZ&PC Heerenveen    | 200200438     | 2:49.09 | <b>2:53.64</b> | +0,75 |
|     | 100m: 1:25.45                | 1:25.45             | 200m: 2:53.64 | 1:28.19 |                |       |
| 8.  | Sanne Abma                   | HZ&PC Heerenveen    | 200200590     | 2:44.66 | <b>2:53.70</b> | +0,75 |
|     | 100m: 1:25.49                | 1:25.49             | 200m: 2:53.70 | 1:28.21 |                |       |
| 9.  | Britt Gerdes                 | ZC Borger           | 200201636     | 2:52.93 | <b>2:54.98</b> | +0,85 |
|     | 100m: 1:27.95                | 1:27.95             | 200m: 2:54.98 | 1:27.03 |                |       |
| 10. | Manon Swierts                | ZPC Hoogeveen       | 200203034     | 2:51.91 | <b>2:56.59</b> | +0,89 |
|     | <i>Eindtijd back up tijd</i> |                     |               |         |                |       |
|     | 100m: 1:25.53                | 1:25.53             | 200m: 2:56.59 | 1:31.06 |                |       |
| 11. | Ilona Venema                 | Aqua 68             | 200200050     | 2:52.38 | <b>2:58.63</b> | +0,88 |
|     | 100m: 1:28.54                | 1:28.54             | 200m: 2:58.63 | 1:30.09 |                |       |
| 12. | Femke van de Geer            | SG. Bolsward-Workum | 200200400     | 2:52.36 | <b>2:58.98</b> | +0,77 |
|     | 100m: 1:28.15                | 1:28.15             | 200m: 2:58.98 | 1:30.83 |                |       |
| 13. | Olena Dijkstra               | TriVia              | 200202624     | 2:52.09 | <b>3:02.12</b> | +0,81 |
|     | 100m: 1:27.66                | 1:27.66             | 200m: 3:02.12 | 1:34.46 |                |       |
| 14. | Masha Polushkina             | TriVia              | 200203064     | 2:49.86 | <b>3:07.71</b> | +0,72 |
|     | 100m: 1:34.18                | 1:34.18             | 200m: 3:07.71 | 1:33.53 |                |       |
| 15. | Esmee Greydanus              | De Spatters         | 200200544     | 2:54.31 | <b>3:08.87</b> | +0,81 |
|     | <i>Eindtijd back up tijd</i> |                     |               |         |                |       |
|     | 100m: 1:33.38                | 1:33.38             | 200m: 3:08.87 | 1:35.49 |                |       |

AFGEM Corrien Tolsma SG. Bolsward-Workum 200201904 2:51.94

Junioren 3

|    |                   |                  |               |         |                |       |
|----|-------------------|------------------|---------------|---------|----------------|-------|
| 1. | Eline van der Wal | HZ&PC Heerenveen | 200100930     | 2:22.29 | <b>2:29.41</b> | +0,69 |
|    | 100m: 1:13.27     | 1:13.27          | 200m: 2:29.41 | 1:16.14 |                |       |
| 2. | Eva Willebrands   | Orca             | 200101510     | 2:35.95 | <b>2:38.61</b> | +0,66 |
|    | 100m: 1:16.45     | 1:16.45          | 200m: 2:38.61 | 1:22.16 |                |       |
| 3. | Brit Brandsma     | De Forel         | 200100026     | 2:35.37 | <b>2:38.85</b> | +0,93 |
|    | 100m: 1:16.53     | 1:16.53          | 200m: 2:38.85 | 1:22.32 |                |       |
| 4. | Kyra Wooldrik     | ZPC Hoogeveen    | 200101042     | 2:38.47 | <b>2:41.98</b> | +0,98 |
|    | 100m: 1:19.36     | 1:19.36          | 200m: 2:41.98 | 1:22.62 |                |       |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 5, Meisjes, 200m rugslag, Junioren 3

| Rang |                              |                     |               | In.tijd | Tijd           | RT    |
|------|------------------------------|---------------------|---------------|---------|----------------|-------|
| 5.   | Paulien Wesseling            | ZPC Hoogeveen       | 200102038     | 2:38.00 | <b>2:43.40</b> | +0,90 |
|      | 100m: 1:20.57                | 1:20.57             | 200m: 2:43.40 | 1:22.83 |                |       |
| 6.   | Marije Sweering              | Neptunia '24        | 200101228     | 2:36.66 | <b>2:45.08</b> | +0,80 |
|      | 100m: 1:21.54                | 1:21.54             | 200m: 2:45.08 | 1:23.54 |                |       |
| 7.   | Fleur Vialle                 | Nova                | 200100554     | 2:40.82 | <b>2:45.69</b> | +0,71 |
|      | 100m: 1:20.43                | 1:20.43             | 200m: 2:45.69 | 1:25.26 |                |       |
| 8.   | Marieke Wildeboer            | TriVia              | 200100016     | 2:37.43 | <b>2:45.86</b> | +0,69 |
|      | 100m: 1:20.57                | 1:20.57             | 200m: 2:45.86 | 1:25.29 |                |       |
| 9.   | Jasmijn Steenbergen          | ZPC Hoogeveen       | 200102098     | 2:42.89 | <b>2:46.64</b> | +0,76 |
|      | 100m: 1:20.86                | 1:20.86             | 200m: 2:46.64 | 1:25.78 |                |       |
| 10.  | Benthe Knol                  | ZC Borger           | 200101574     | 2:46.07 | <b>2:48.00</b> | +0,79 |
|      | 100m: 1:23.10                | 1:23.10             | 200m: 2:48.00 | 1:24.90 |                |       |
| 11.  | Arianne de Vries             | Aqua 68             | 200100728     | 2:51.40 | <b>2:51.09</b> | +0,81 |
|      | <i>Eindtijd back up tijd</i> |                     |               |         |                |       |
|      | 100m: 1:23.18                | 1:23.18             | 200m: 2:51.09 | 1:27.91 |                |       |
| 12.  | Elka Siesling                | SG. Bolsward-Workum | 200100566     | 2:51.55 | <b>2:54.48</b> | +0,76 |
|      | 100m: 1:25.18                | 1:25.18             | 200m: 2:54.48 | 1:29.30 |                |       |
| 13.  | Lotte Grovenstein            | F.Z.C.'54           | 200102964     | 2:52.24 | <b>2:54.68</b> | +0,84 |
|      | 100m: 1:25.26                | 1:25.26             | 200m: 2:54.68 | 1:29.42 |                |       |
| 14.  | Ingrid de Vries              | De Granaet          | 200100500     | 2:44.13 | <b>2:55.50</b> | +0,80 |
|      | 100m: 1:25.99                | 1:25.99             | 200m: 2:55.50 | 1:29.51 |                |       |
| 15.  | Jolien Wind                  | Nova                | 200100510     | 2:35.76 | <b>2:56.20</b> | +0,82 |
|      | 100m: 1:25.34                | 1:25.34             | 200m: 2:56.20 | 1:30.86 |                |       |
| 16.  | Elriecke Buurlage            | ZCNF'34             | 200100524     | 2:50.25 | <b>2:59.34</b> | +0,68 |
|      | 100m: 1:28.51                | 1:28.51             | 200m: 2:59.34 | 1:30.83 |                |       |
| 17.  | Anouk Bak                    | TriVia              | 200101854     | 2:50.15 | <b>3:02.25</b> | +0,80 |
|      | 100m: 1:28.96                | 1:28.96             | 200m: 3:02.25 | 1:33.29 |                |       |

Jeugd 1 en 2

|    |                       |               |               |         |                |       |
|----|-----------------------|---------------|---------------|---------|----------------|-------|
| 1. | Manon Manning         | Nova          | 199904118     | 2:16.30 | <b>2:22.97</b> | +0,72 |
|    | 100m: 1:09.79         | 1:09.79       | 200m: 2:22.97 | 1:13.18 |                |       |
| 2. | Josien Wijkhuijs      | Orca          | 199902866     | 2:19.71 | <b>2:28.31</b> | +0,78 |
|    | 100m: 1:12.25         | 1:12.25       | 200m: 2:28.31 | 1:16.06 |                |       |
| 3. | Alinda Dingshoff      | ZPC Hoogeveen | 200000928     | 2:25.35 | <b>2:30.02</b> | +0,71 |
|    | 100m: 1:13.12         | 1:13.12       | 200m: 2:30.02 | 1:16.90 |                |       |
| 4. | Anouschka Steenbergen | ZPC Hoogeveen | 200000280     | 2:30.66 | <b>2:30.65</b> | +0,76 |
|    | 100m: 1:13.78         | 1:13.78       | 200m: 2:30.65 | 1:16.87 |                |       |
| 5. | Arianne Kooijnga      | TriVia        | 200001544     | 2:26.69 | <b>2:31.60</b> | +0,73 |
|    | 100m: 1:14.11         | 1:14.11       | 200m: 2:31.60 | 1:17.49 |                |       |
| 6. | Simone Krans          | ZPC Hoogeveen | 199900756     | 2:31.68 | <b>2:32.36</b> | +0,70 |
|    | 100m: 1:13.88         | 1:13.88       | 200m: 2:32.36 | 1:18.48 |                |       |
| 7. | Anique Coelingh       | ZPC Hoogeveen | 200000638     | 2:28.09 | <b>2:32.69</b> | +0,78 |
|    | 100m: 1:14.03         | 1:14.03       | 200m: 2:32.69 | 1:18.66 |                |       |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 5, Meisjes, 200m rugslag, Jeugd 1 en 2

| Rang |                              |                     |               | In.tijd | Tijd           | RT    |
|------|------------------------------|---------------------|---------------|---------|----------------|-------|
| 8.   | Jill Blide                   | ZPC Hoogeveen       | 200004734     | 2:30.09 | <b>2:36.08</b> | +0,88 |
|      | 100m: 1:16.77                | 1:16.77             | 200m: 2:36.08 | 1:19.31 |                |       |
| 9.   | Renée Vanderheyden           | TriVia              | 199903130     | 2:26.86 | <b>2:36.84</b> | +0,67 |
|      | 100m: 1:12.68                | 1:12.68             | 200m: 2:36.84 | 1:24.16 |                |       |
| 10.  | Daphne Rockers               | ZC Borger           | 200001376     | 2:33.92 | <b>2:39.12</b> | +0,72 |
|      | 100m: 1:16.43                | 1:16.43             | 200m: 2:39.12 | 1:22.69 |                |       |
| 11.  | Christien Liemburg           | HZ&PC Heerenveen    | 199903672     | 2:29.39 | <b>2:39.31</b> | +0,85 |
|      | 100m: 1:16.92                | 1:16.92             | 200m: 2:39.31 | 1:22.39 |                |       |
| 12.  | Heline Koning                | SG. Bolsward-Workum | 200000422     | 2:36.66 | <b>2:40.26</b> | +0,83 |
|      | 100m: 1:15.59                | 1:15.59             | 200m: 2:40.26 | 1:24.67 |                |       |
| 13.  | Esther Pot                   | Orca                | 199903462     | 2:37.55 | <b>2:41.50</b> | +0,70 |
|      | 100m: 1:19.08                | 1:19.08             | 200m: 2:41.50 | 1:22.42 |                |       |
| 14.  | Chaira Brinks                | Nova                | 200005556     | 2:34.62 | <b>2:41.98</b> | +0,70 |
|      | 100m: 1:18.51                | 1:18.51             | 200m: 2:41.98 | 1:23.47 |                |       |
| 15.  | Chiara Olde Agterhuis        | HZ&PC Heerenveen    | 199901084     | 2:38.84 | <b>2:42.00</b> | +0,78 |
|      | 100m: 1:18.73                | 1:18.73             | 200m: 2:42.00 | 1:23.27 |                |       |
| 16.  | Annemarie Hoving             | TriVia              | 200000248     | 2:35.55 | <b>2:42.64</b> | +0,75 |
|      | <i>Eindtijd back up tijd</i> |                     |               |         |                |       |
|      | 100m: 1:18.33                | 1:18.33             | 200m: 2:42.64 | 1:24.31 |                |       |
| 17.  | Henriette Jonkman            | DZ&PC               | 200000840     | 2:40.79 | <b>2:42.88</b> | +0,85 |
|      | 100m: 1:19.82                | 1:19.82             | 200m: 2:42.88 | 1:23.06 |                |       |
| 18.  | Hilde Dekker                 | TriVia              | 199901926     | 2:30.35 | <b>2:43.36</b> | +0,77 |
|      | 100m: 1:18.39                | 1:18.39             | 200m: 2:43.36 | 1:24.97 |                |       |
| 19.  | Rosalie Baarda               | Orca                | 199903460     | 2:40.60 | <b>2:47.37</b> | +0,75 |
|      | 100m: 1:21.57                | 1:21.57             | 200m: 2:47.37 | 1:25.80 |                |       |
| 20.  | Marloes Potze                | GZVW                | 200002332     | 2:42.65 | <b>2:48.15</b> | +0,78 |
|      | 100m: 1:20.60                | 1:20.60             | 200m: 2:48.15 | 1:27.55 |                |       |
| 21.  | Myrthe Visser                | Orca                | 200002340     | 2:43.06 | <b>2:48.91</b> | +0,82 |
|      | 100m: 1:22.34                | 1:22.34             | 200m: 2:48.91 | 1:26.57 |                |       |
| 22.  | Janny Groos                  | DZ&PC               | 200000740     | 2:40.12 | <b>2:50.31</b> | +0,79 |
|      | 100m: 1:24.10                | 1:24.10             | 200m: 2:50.31 | 1:26.21 |                |       |
| 23.  | Cynthia Koerhuis             | De Spatters         | 199900088     | 2:45.79 | <b>2:50.43</b> | +0,84 |
|      | 100m: 1:22.91                | 1:22.91             | 200m: 2:50.43 | 1:27.52 |                |       |
| 24.  | Froukje Osinga               | Orca                | 200003090     | 2:39.79 | <b>2:50.75</b> | +0,80 |
|      | 100m: 1:23.24                | 1:23.24             | 200m: 2:50.75 | 1:27.51 |                |       |
| 25.  | Noa Sanders                  | ZC Borger           | 200002542     | 2:44.87 | <b>2:52.64</b> | +0,73 |
|      | 100m: 1:25.69                | 1:25.69             | 200m: 2:52.64 | 1:26.95 |                |       |
| 26.  | Jose Emmink                  | ZPC Hoogeveen       | 199902446     | 2:42.93 | <b>2:54.28</b> | +0,76 |
|      | 100m: 1:24.49                | 1:24.49             | 200m: 2:54.28 | 1:29.79 |                |       |
| 27.  | Maren Feunekes               | ZC Borger           | 200000996     | 2:48.14 | <b>2:56.76</b> | +0,69 |
|      | 100m: 1:24.73                | 1:24.73             | 200m: 2:56.76 | 1:32.03 |                |       |
| 28.  | Arita Tolman                 | De Valken           | 200000914     | 2:47.16 | <b>2:59.94</b> | +0,69 |
|      | 100m: 1:26.13                | 1:26.13             | 200m: 2:59.94 | 1:33.81 |                |       |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 5, Dames, 200m rugslag

Senioren 1 en ouder

|       |                  |               |               |         |                |       |
|-------|------------------|---------------|---------------|---------|----------------|-------|
| 1.    | Claris de Vries  | DZ&PC         | 199700942     | 2:18.60 | <b>2:28.09</b> | +0,67 |
|       | 100m: 1:11.64    | 1:11.64       | 200m: 2:28.09 | 1:16.45 |                |       |
| 2.    | Gwen Sieswerda   | F.Z.C.'54     | 199802342     | 2:27.08 | <b>2:33.38</b> | +0,75 |
|       | 100m: 1:14.76    | 1:14.76       | 200m: 2:33.38 | 1:18.62 |                |       |
| 3.    | Tialda Prins     | De Hardenberg | 199801310     | 2:31.78 | <b>2:34.19</b> | +0,77 |
|       | 100m: 1:13.48    | 1:13.48       | 200m: 2:34.19 | 1:20.71 |                |       |
| 4.    | Saranda Hofstra  | ZC Borger     | 199700526     | 2:27.38 | <b>2:35.26</b> | +0,68 |
|       | 100m: 1:16.35    | 1:16.35       | 200m: 2:35.26 | 1:18.91 |                |       |
| 5.    | Jakonien Koster  | ZPC Hoogeveen | 199400068     | 2:30.03 | <b>2:35.46</b> | +0,80 |
|       | 100m: 1:15.17    | 1:15.17       | 200m: 2:35.46 | 1:20.29 |                |       |
| 6.    | Melissa Nauta    | Orca          | 199602388     | 2:27.91 | <b>2:35.96</b> | +0,79 |
|       | 100m: 1:14.62    | 1:14.62       | 200m: 2:35.96 | 1:21.34 |                |       |
| 7.    | Caroline Damen   | De Spatters   | 199703088     | 2:37.10 | <b>2:42.01</b> | +0,74 |
|       | 100m: 1:18.93    | 1:18.93       | 200m: 2:42.01 | 1:23.08 |                |       |
| 8.    | Linda Boxma      | De Spatters   | 198500416     | 2:30.65 | <b>2:42.09</b> | +0,80 |
|       | 100m: 1:18.87    | 1:18.87       | 200m: 2:42.09 | 1:23.22 |                |       |
| 9.    | Kathelijne Tijms | De Spatters   | 199804810     | 2:33.60 | <b>2:45.93</b> | +0,88 |
|       | 100m: 1:21.74    | 1:21.74       | 200m: 2:45.93 | 1:24.19 |                |       |
| 10.   | Wiëlle Wolbers   | De Valken     | 199700462     | 2:39.80 | <b>2:46.55</b> | +0,70 |
|       | 100m: 1:20.07    | 1:20.07       | 200m: 2:46.55 | 1:26.48 |                |       |
| 11.   | Suzanne Kah      | ZPC Hoogeveen | 199803312     | 2:32.95 | <b>2:47.31</b> | +0,85 |
|       | 100m: 1:21.00    | 1:21.00       | 200m: 2:47.31 | 1:26.31 |                |       |
| 12.   | Lianne Bolhuis   | Zeno          | 199705656     | 2:40.49 | <b>2:49.73</b> | +0,79 |
|       | 100m: 1:22.01    | 1:22.01       | 200m: 2:49.73 | 1:27.72 |                |       |
| 13.   | Johanna de Boer  | ZPD           | 199403944     | 2:39.92 | <b>2:51.02</b> | +0,70 |
|       | 100m: 1:22.66    | 1:22.66       | 200m: 2:51.02 | 1:28.36 |                |       |
| 14.   | Jante Wolbers    | De Valken     | 198904804     | 2:41.37 | <b>2:59.67</b> | +0,80 |
|       | 100m: 1:26.25    | 1:26.25       | 200m: 2:59.67 | 1:33.42 |                |       |
| AFGEM | Ilse Kraaijeveld | Orca          | 199002110     | 2:16.55 |                |       |

Algemeen klassement

|    |                     |                  |               |         |                |       |
|----|---------------------|------------------|---------------|---------|----------------|-------|
| 1. | Manon Manning       | Nova             | 199904118     | 2:16.30 | <b>2:22.97</b> | +0,72 |
|    | 100m: 1:09.79       | 1:09.79          | 200m: 2:22.97 | 1:13.18 |                |       |
| 2. | Claris de Vries     | DZ&PC            | 199700942     | 2:18.60 | <b>2:28.09</b> | +0,67 |
|    | 100m: 1:11.64       | 1:11.64          | 200m: 2:28.09 | 1:16.45 |                |       |
| 3. | Josien Wijkhuijs    | Orca             | 199902866     | 2:19.71 | <b>2:28.31</b> | +0,78 |
|    | 100m: 1:12.25       | 1:12.25          | 200m: 2:28.31 | 1:16.06 |                |       |
| 4. | Eline van der Wal   | HZ&PC Heerenveen | 200100930     | 2:22.29 | <b>2:29.41</b> | +0,69 |
|    | 100m: 1:13.27       | 1:13.27          | 200m: 2:29.41 | 1:16.14 |                |       |
| 5. | Alinda Dingshoff    | ZPC Hoogeveen    | 200000928     | 2:25.35 | <b>2:30.02</b> | +0,71 |
|    | 100m: 1:13.12       | 1:13.12          | 200m: 2:30.02 | 1:16.90 |                |       |
| 6. | Anouschka Steenberg | ZPC Hoogeveen    | 200000280     | 2:30.66 | <b>2:30.65</b> | +0,76 |
|    | 100m: 1:13.78       | 1:13.78          | 200m: 2:30.65 | 1:16.87 |                |       |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 5, Dames, 200m rugslag, Algemeen klassement

| Rang |                       |                     |               | In.tijd | Tijd           | RT    |
|------|-----------------------|---------------------|---------------|---------|----------------|-------|
| 7.   | Arianne Kooijnga      | TriVia              | 200001544     | 2:26.69 | <b>2:31.60</b> | +0,73 |
|      | 100m: 1:14.11         | 1:14.11             | 200m: 2:31.60 | 1:17.49 |                |       |
| 8.   | Simone Krans          | ZPC Hoogeveen       | 199900756     | 2:31.68 | <b>2:32.36</b> | +0,70 |
|      | 100m: 1:13.88         | 1:13.88             | 200m: 2:32.36 | 1:18.48 |                |       |
| 9.   | Anique Coelingh       | ZPC Hoogeveen       | 200000638     | 2:28.09 | <b>2:32.69</b> | +0,78 |
|      | 100m: 1:14.03         | 1:14.03             | 200m: 2:32.69 | 1:18.66 |                |       |
| 10.  | Gwen Sieswerda        | F.Z.C.'54           | 199802342     | 2:27.08 | <b>2:33.38</b> | +0,75 |
|      | 100m: 1:14.76         | 1:14.76             | 200m: 2:33.38 | 1:18.62 |                |       |
| 11.  | Tialda Prins          | De Hardenberg       | 199801310     | 2:31.78 | <b>2:34.19</b> | +0,77 |
|      | 100m: 1:13.48         | 1:13.48             | 200m: 2:34.19 | 1:20.71 |                |       |
| 12.  | Saranda Hofstra       | ZC Borger           | 199700526     | 2:27.38 | <b>2:35.26</b> | +0,68 |
|      | 100m: 1:16.35         | 1:16.35             | 200m: 2:35.26 | 1:18.91 |                |       |
| 13.  | Jakonien Koster       | ZPC Hoogeveen       | 199400068     | 2:30.03 | <b>2:35.46</b> | +0,80 |
|      | 100m: 1:15.17         | 1:15.17             | 200m: 2:35.46 | 1:20.29 |                |       |
| 14.  | Melissa Nauta         | Orca                | 199602388     | 2:27.91 | <b>2:35.96</b> | +0,79 |
|      | 100m: 1:14.62         | 1:14.62             | 200m: 2:35.96 | 1:21.34 |                |       |
| 15.  | Jill Blide            | ZPC Hoogeveen       | 200004734     | 2:30.09 | <b>2:36.08</b> | +0,88 |
|      | 100m: 1:16.77         | 1:16.77             | 200m: 2:36.08 | 1:19.31 |                |       |
| 16.  | Renée Vanderheyden    | TriVia              | 199903130     | 2:26.86 | <b>2:36.84</b> | +0,67 |
|      | 100m: 1:12.68         | 1:12.68             | 200m: 2:36.84 | 1:24.16 |                |       |
| 17.  | Dionne Salomons       | ZC Borger           | 200200504     | 2:33.59 | <b>2:37.28</b> | +0,63 |
|      | 100m: 1:17.13         | 1:17.13             | 200m: 2:37.28 | 1:20.15 |                |       |
| 18.  | Eva Willebrands       | Orca                | 200101510     | 2:35.95 | <b>2:38.61</b> | +0,66 |
|      | 100m: 1:16.45         | 1:16.45             | 200m: 2:38.61 | 1:22.16 |                |       |
| 19.  | Brit Brandsma         | De Forel            | 200100026     | 2:35.37 | <b>2:38.85</b> | +0,93 |
|      | 100m: 1:16.53         | 1:16.53             | 200m: 2:38.85 | 1:22.32 |                |       |
| 20.  | Daphne Rockers        | ZC Borger           | 200001376     | 2:33.92 | <b>2:39.12</b> | +0,72 |
|      | 100m: 1:16.43         | 1:16.43             | 200m: 2:39.12 | 1:22.69 |                |       |
| 21.  | Christien Liemburg    | HZ&PC Heerenveen    | 199903672     | 2:29.39 | <b>2:39.31</b> | +0,85 |
|      | 100m: 1:16.92         | 1:16.92             | 200m: 2:39.31 | 1:22.39 |                |       |
| 22.  | Suze Kuipers          | Orca                | 200301714     | 2:38.92 | <b>2:39.32</b> | +0,62 |
|      | 100m: 1:17.91         | 1:17.91             | 200m: 2:39.32 | 1:21.41 |                |       |
| 23.  | Heline Koning         | SG. Bolsward-Workum | 200000422     | 2:36.66 | <b>2:40.26</b> | +0,83 |
|      | 100m: 1:15.59         | 1:15.59             | 200m: 2:40.26 | 1:24.67 |                |       |
| 24.  | Esther Pot            | Orca                | 199903462     | 2:37.55 | <b>2:41.50</b> | +0,70 |
|      | 100m: 1:19.08         | 1:19.08             | 200m: 2:41.50 | 1:22.42 |                |       |
| 25.  | Kyra Wooldrik         | ZPC Hoogeveen       | 200101042     | 2:38.47 | <b>2:41.98</b> | +0,98 |
|      | 100m: 1:19.36         | 1:19.36             | 200m: 2:41.98 | 1:22.62 |                |       |
|      | Chaira Brinks         | Nova                | 200005556     | 2:34.62 | <b>2:41.98</b> | +0,70 |
|      | 100m: 1:18.51         | 1:18.51             | 200m: 2:41.98 | 1:23.47 |                |       |
| 27.  | Chiara Olde Agterhuis | HZ&PC Heerenveen    | 199901084     | 2:38.84 | <b>2:42.00</b> | +0,78 |
|      | 100m: 1:18.73         | 1:18.73             | 200m: 2:42.00 | 1:23.27 |                |       |
| 28.  | Caroline Damen        | De Spatters         | 199703088     | 2:37.10 | <b>2:42.01</b> | +0,74 |
|      | 100m: 1:18.93         | 1:18.93             | 200m: 2:42.01 | 1:23.08 |                |       |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 5, Dames, 200m rugslag, Algemeen klassement

| Rang |                              |                     |               | In.tijd | Tijd           | RT    |
|------|------------------------------|---------------------|---------------|---------|----------------|-------|
| 29.  | Linda Boxma                  | De Spatters         | 198500416     | 2:30.65 | <b>2:42.09</b> | +0,80 |
|      | 100m: 1:18.87                | 1:18.87             | 200m: 2:42.09 | 1:23.22 |                |       |
| 30.  | Annemarie Hoving             | TriVia              | 200000248     | 2:35.55 | <b>2:42.64</b> | +0,75 |
|      | <i>Eindtijd back up tijd</i> |                     |               |         |                |       |
|      | 100m: 1:18.33                | 1:18.33             | 200m: 2:42.64 | 1:24.31 |                |       |
| 31.  | Henriëke Jonkman             | DZ&PC               | 200000840     | 2:40.79 | <b>2:42.88</b> | +0,85 |
|      | 100m: 1:19.82                | 1:19.82             | 200m: 2:42.88 | 1:23.06 |                |       |
| 32.  | Hilde Dekker                 | TriVia              | 199901926     | 2:30.35 | <b>2:43.36</b> | +0,77 |
|      | 100m: 1:18.39                | 1:18.39             | 200m: 2:43.36 | 1:24.97 |                |       |
| 33.  | Paulien Wesseling            | ZPC Hoozeveen       | 200102038     | 2:38.00 | <b>2:43.40</b> | +0,90 |
|      | 100m: 1:20.57                | 1:20.57             | 200m: 2:43.40 | 1:22.83 |                |       |
| 34.  | Rosa Ebbinge                 | DZ&PC               | 200200904     | 2:43.41 | <b>2:45.01</b> | +0,74 |
|      | 100m: 1:21.80                | 1:21.80             | 200m: 2:45.01 | 1:23.21 |                |       |
| 35.  | Marije Sweering              | Neptunia '24        | 200101228     | 2:36.66 | <b>2:45.08</b> | +0,80 |
|      | 100m: 1:21.54                | 1:21.54             | 200m: 2:45.08 | 1:23.54 |                |       |
| 36.  | Mariëlle Dolfijn             | TriVia              | 200201640     | 2:38.34 | <b>2:45.12</b> | +0,76 |
|      | 100m: 1:20.46                | 1:20.46             | 200m: 2:45.12 | 1:24.66 |                |       |
| 37.  | Inge Dekker                  | TriVia              | 200200476     | 2:36.43 | <b>2:45.56</b> | +1,00 |
|      | 100m: 1:21.12                | 1:21.12             | 200m: 2:45.56 | 1:24.44 |                |       |
| 38.  | Fleur Vialle                 | Nova                | 200100554     | 2:40.82 | <b>2:45.69</b> | +0,71 |
|      | 100m: 1:20.43                | 1:20.43             | 200m: 2:45.69 | 1:25.26 |                |       |
| 39.  | Marieke Wildeboer            | TriVia              | 200100016     | 2:37.43 | <b>2:45.86</b> | +0,69 |
|      | 100m: 1:20.57                | 1:20.57             | 200m: 2:45.86 | 1:25.29 |                |       |
| 40.  | Kathelijne Tijms             | De Spatters         | 199804810     | 2:33.60 | <b>2:45.93</b> | +0,88 |
|      | 100m: 1:21.74                | 1:21.74             | 200m: 2:45.93 | 1:24.19 |                |       |
| 41.  | Wiëlle Wolbers               | De Valken           | 199700462     | 2:39.80 | <b>2:46.55</b> | +0,70 |
|      | 100m: 1:20.07                | 1:20.07             | 200m: 2:46.55 | 1:26.48 |                |       |
| 42.  | Jasmijn Steenbergen          | ZPC Hoozeveen       | 200102098     | 2:42.89 | <b>2:46.64</b> | +0,76 |
|      | 100m: 1:20.86                | 1:20.86             | 200m: 2:46.64 | 1:25.78 |                |       |
| 43.  | Suzanne Kah                  | ZPC Hoozeveen       | 199803312     | 2:32.95 | <b>2:47.31</b> | +0,85 |
|      | 100m: 1:21.00                | 1:21.00             | 200m: 2:47.31 | 1:26.31 |                |       |
| 44.  | Rosalie Baarda               | Orca                | 199903460     | 2:40.60 | <b>2:47.37</b> | +0,75 |
|      | 100m: 1:21.57                | 1:21.57             | 200m: 2:47.37 | 1:25.80 |                |       |
| 45.  | Benthe Knol                  | ZC Borger           | 200101574     | 2:46.07 | <b>2:48.00</b> | +0,79 |
|      | 100m: 1:23.10                | 1:23.10             | 200m: 2:48.00 | 1:24.90 |                |       |
| 46.  | Ylsa Dijkstra                | SG. Bolsward-Workum | 200200728     | 2:49.32 | <b>2:48.07</b> | +0,75 |
|      | 100m: 1:23.69                | 1:23.69             | 200m: 2:48.07 | 1:24.38 |                |       |
| 47.  | Marloes Potze                | GZVW                | 200002332     | 2:42.65 | <b>2:48.15</b> | +0,78 |
|      | 100m: 1:20.60                | 1:20.60             | 200m: 2:48.15 | 1:27.55 |                |       |
| 48.  | Isabeau Essing               | TriVia              | 200201284     | 2:43.89 | <b>2:48.69</b> | +0,80 |
|      | 100m: 1:22.31                | 1:22.31             | 200m: 2:48.69 | 1:26.38 |                |       |
| 49.  | Myrthe Visser                | Orca                | 200002340     | 2:43.06 | <b>2:48.91</b> | +0,82 |
|      | 100m: 1:22.34                | 1:22.34             | 200m: 2:48.91 | 1:26.57 |                |       |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 5, Dames, 200m rugslag, Algemeen klassement

| Rang |                              |                     |               | In.tijd | Tijd           | RT    |
|------|------------------------------|---------------------|---------------|---------|----------------|-------|
| 50.  | Lianne Bolhuis               | Zeno                | 199705656     | 2:40.49 | <b>2:49.73</b> | +0,79 |
|      | 100m: 1:22.01                | 1:22.01             | 200m: 2:49.73 | 1:27.72 |                |       |
| 51.  | Janny Groos                  | DZ&PC               | 200000740     | 2:40.12 | <b>2:50.31</b> | +0,79 |
|      | 100m: 1:24.10                | 1:24.10             | 200m: 2:50.31 | 1:26.21 |                |       |
| 52.  | Cynthia Koerhuis             | De Spatters         | 199900088     | 2:45.79 | <b>2:50.43</b> | +0,84 |
|      | 100m: 1:22.91                | 1:22.91             | 200m: 2:50.43 | 1:27.52 |                |       |
| 53.  | Froukje Osinga               | Orca                | 200003090     | 2:39.79 | <b>2:50.75</b> | +0,80 |
|      | 100m: 1:23.24                | 1:23.24             | 200m: 2:50.75 | 1:27.51 |                |       |
| 54.  | Johanna de Boer              | ZPD                 | 199403944     | 2:39.92 | <b>2:51.02</b> | +0,70 |
|      | 100m: 1:22.66                | 1:22.66             | 200m: 2:51.02 | 1:28.36 |                |       |
| 55.  | Arianne de Vries             | Aqua 68             | 200100728     | 2:51.40 | <b>2:51.09</b> | +0,81 |
|      | <i>Eindtijd back up tijd</i> |                     |               |         |                |       |
|      | 100m: 1:23.18                | 1:23.18             | 200m: 2:51.09 | 1:27.91 |                |       |
| 56.  | Brenda Beijering             | ZC Borger           | 200300352     | 2:46.95 | <b>2:51.74</b> | +0,74 |
|      | <i>Eindtijd back up tijd</i> |                     |               |         |                |       |
|      | 100m: 1:24.05                | 1:24.05             | 200m: 2:51.74 | 1:27.69 |                |       |
| 57.  | Noa Sanders                  | ZC Borger           | 200002542     | 2:44.87 | <b>2:52.64</b> | +0,73 |
|      | 100m: 1:25.69                | 1:25.69             | 200m: 2:52.64 | 1:26.95 |                |       |
| 58.  | Lianne van Wier              | HZ&PC Heerenveen    | 200200438     | 2:49.09 | <b>2:53.64</b> | +0,75 |
|      | 100m: 1:25.45                | 1:25.45             | 200m: 2:53.64 | 1:28.19 |                |       |
| 59.  | Sanne Abma                   | HZ&PC Heerenveen    | 200200590     | 2:44.66 | <b>2:53.70</b> | +0,75 |
|      | 100m: 1:25.49                | 1:25.49             | 200m: 2:53.70 | 1:28.21 |                |       |
| 60.  | Jose Emmink                  | ZPC Hoogeveen       | 199902446     | 2:42.93 | <b>2:54.28</b> | +0,76 |
|      | 100m: 1:24.49                | 1:24.49             | 200m: 2:54.28 | 1:29.79 |                |       |
| 61.  | Elka Siesling                | SG. Bolsward-Workum | 200100566     | 2:51.55 | <b>2:54.48</b> | +0,76 |
|      | 100m: 1:25.18                | 1:25.18             | 200m: 2:54.48 | 1:29.30 |                |       |
| 62.  | Lotte Grovenstein            | F.Z.C.'54           | 200102964     | 2:52.24 | <b>2:54.68</b> | +0,84 |
|      | 100m: 1:25.26                | 1:25.26             | 200m: 2:54.68 | 1:29.42 |                |       |
| 63.  | Britt Gerdes                 | ZC Borger           | 200201636     | 2:52.93 | <b>2:54.98</b> | +0,85 |
|      | 100m: 1:27.95                | 1:27.95             | 200m: 2:54.98 | 1:27.03 |                |       |
| 64.  | Kim Hillen                   | MZ&PC De Reest      | 200300364     | 2:55.22 | <b>2:55.22</b> | +0,80 |
|      | 100m: 1:24.55                | 1:24.55             | 200m: 2:55.22 | 1:30.67 |                |       |
| 65.  | Silke Huisman                | De Vikings          | 200301182     | 2:53.41 | <b>2:55.25</b> | +0,76 |
|      | 100m: 1:26.44                | 1:26.44             | 200m: 2:55.25 | 1:28.81 |                |       |
| 66.  | Ingrid de Vries              | De Granaet          | 200100500     | 2:44.13 | <b>2:55.50</b> | +0,80 |
|      | 100m: 1:25.99                | 1:25.99             | 200m: 2:55.50 | 1:29.51 |                |       |
| 67.  | Mirthe Schenkel              | ZPC Hoogeveen       | 200300666     | 2:55.99 | <b>2:55.83</b> | +0,74 |
|      | <i>Eindtijd back up tijd</i> |                     |               |         |                |       |
|      | 100m: 1:25.62                | 1:25.62             | 200m: 2:55.83 | 1:30.21 |                |       |
| 68.  | Jolien Wind                  | Nova                | 200100510     | 2:35.76 | <b>2:56.20</b> | +0,82 |
|      | 100m: 1:25.34                | 1:25.34             | 200m: 2:56.20 | 1:30.86 |                |       |
| 69.  | Manon Swierts                | ZPC Hoogeveen       | 200203034     | 2:51.91 | <b>2:56.59</b> | +0,89 |
|      | <i>Eindtijd back up tijd</i> |                     |               |         |                |       |
|      | 100m: 1:25.53                | 1:25.53             | 200m: 2:56.59 | 1:31.06 |                |       |



Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 5, Dames, 200m rugslag, Algemeen klassement

| Rang |   |                     |               | In.tijd | Tijd           | RT    |
|------|---|---------------------|---------------|---------|----------------|-------|
| 70.  | Maren Feunekes  | ZC Borger           | 200000996     | 2:48.14 | <b>2:56.76</b> | +0,69 |
|      | 100m: 1:24.73   | 1:24.73             | 200m: 2:56.76 | 1:32.03 |                |       |
| 71.  | Laura van der Velde   | F.Z.C.'54           | 200300630     | 2:48.01 | <b>2:56.78</b> | +0,72 |
|      | 100m: 1:26.95   | 1:26.95             | 200m: 2:56.78 | 1:29.83 |                |       |
| 72.  | Willianne Vos   | TriVia              | 200300050     | 2:59.10 | <b>2:57.50</b> | +0,75 |
|      | 100m: 1:27.28   | 1:27.28             | 200m: 2:57.50 | 1:30.22 |                |       |
| 73.  | Anna Tinga  | De Forel            | 200302734     | 2:59.07 | <b>2:58.03</b> | +0,87 |
|      | 100m: 1:27.71   | 1:27.71             | 200m: 2:58.03 | 1:30.32 |                |       |
| 74.  | Alessia Sluis   | MZ&PC De Reest      | 200300896     | 2:57.27 | <b>2:58.34</b> | +0,74 |
|      | 100m: 1:29.08   | 1:29.08             | 200m: 2:58.34 | 1:29.26 |                |       |
| 75.  | Ilona Venema  | Aqua 68             | 200200050     | 2:52.38 | <b>2:58.63</b> | +0,88 |
|      | 100m: 1:28.54   | 1:28.54             | 200m: 2:58.63 | 1:30.09 |                |       |
| 76.  | Femke van de Geer   | SG. Bolsward-Workum | 200200400     | 2:52.36 | <b>2:58.98</b> | +0,77 |
|      | 100m: 1:28.15   | 1:28.15             | 200m: 2:58.98 | 1:30.83 |                |       |
| 77.  | Elriecke Buurlage   | ZCNF'34             | 200100524     | 2:50.25 | <b>2:59.34</b> | +0,68 |
|      | 100m: 1:28.51   | 1:28.51             | 200m: 2:59.34 | 1:30.83 |                |       |
| 78.  | Jante Wolbers   | De Valken           | 198904804     | 2:41.37 | <b>2:59.67</b> | +0,80 |
|      | 100m: 1:26.25   | 1:26.25             | 200m: 2:59.67 | 1:33.42 |                |       |
| 79.  | Arita Tolman  | De Valken           | 200000914     | 2:47.16 | <b>2:59.94</b> | +0,69 |
|      | 100m: 1:26.13   | 1:26.13             | 200m: 2:59.94 | 1:33.81 |                |       |
| 80.  | Ilse Hoogeveen  | Aqua 68             | 200301140     | 2:54.38 | <b>3:01.19</b> | +0,98 |
|      | <i>Eindtijd back up tijd</i>  |                     |               |         |                |       |
|      | 100m: 1:29.95   | 1:29.95             | 200m: 3:01.19 | 1:31.24 |                |       |
| 81.  | Olena Dijkstra  | TriVia              | 200202624     | 2:52.09 | <b>3:02.12</b> | +0,81 |
|      | 100m: 1:27.66   | 1:27.66             | 200m: 3:02.12 | 1:34.46 |                |       |
| 82.  | Anouk Bak   | TriVia              | 200101854     | 2:50.15 | <b>3:02.25</b> | +0,80 |
|      | 100m: 1:28.96   | 1:28.96             | 200m: 3:02.25 | 1:33.29 |                |       |
| 83.  | Emma Sies   | TriVia              | 200300732     | 2:57.00 | <b>3:02.92</b> | +0,82 |
|      | 100m: 1:29.76   | 1:29.76             | 200m: 3:02.92 | 1:33.16 |                |       |
| 84.  | Ellen Altena  | TriVia              | 200300266     | 2:58.57 | <b>3:04.53</b> | +0,73 |
|      | 100m: 1:28.56   | 1:28.56             | 200m: 3:04.53 | 1:35.97 |                |       |
| 85.  | Sigrid Hoogland   | De Forel            | 200301976     | 3:02.50 | <b>3:05.25</b> | +0,85 |
|      | 100m: 1:31.28   | 1:31.28             | 200m: 3:05.25 | 1:33.97 |                |       |
| 86.  | Masha Polushkina  | TriVia              | 200203064     | 2:49.86 | <b>3:07.71</b> | +0,72 |
|      | 100m: 1:34.18   | 1:34.18             | 200m: 3:07.71 | 1:33.53 |                |       |
| 87.  | Esmee Greydanus   | De Spatters         | 200200544     | 2:54.31 | <b>3:08.87</b> | +0,81 |
|      | <i>Eindtijd back up tijd</i>  |                     |               |         |                |       |
|      | 100m: 1:33.38   | 1:33.38             | 200m: 3:08.87 | 1:35.49 |                |       |
| 88.  | Gerda Woldendorp  | De Vikings          | 200300418     | 2:57.30 | <b>3:10.61</b> | +0,84 |
|      | 100m: 1:34.34   | 1:34.34             | 200m: 3:10.61 | 1:36.27 |                |       |
| 89.  | Chantal Posthuma  | ZC Polaris          | 200300834     | 3:04.02 | <b>3:18.58</b> | +0,69 |
|      | 100m: 1:35.42   | 1:35.42             | 200m: 3:18.58 | 1:43.16 |                |       |
| DIS  | Marijine van der Veen   | Orca                | 200300960     | 2:54.68 |                |       |
|      | <i>AA - Gestart voor startsignaal bij de 1e (1-startregel) of 2e start.</i> |                     |               |         |                |       |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 5, Dames, 200m rugslag, Algemeen klassement

| Rang  |   |                     |           | In.tijd | Tijd | RT |
|-------|---|---------------------|-----------|---------|------|----|
| DIS   | Frederique Epping   | ZC Borger           | 200301344 | 3:03.96 |      |    |
|       | <i>AA - Gestart voor startsignaal bij de 1e (1-startregel) of 2e start.</i> |                     |           |         |      |    |
| AFGEM | Ilse Kraaijeveld  | Orca                | 199002110 | 2:16.55 |      |    |
| AFGEM | Corrien Tolsma  | SG. Bolsward-Workum | 200201904 | 2:51.94 |      |    |

Programmanr. 6  
15-5-2015

Heren, 200m rugslag

Junioren 1 en ouder  
Resultaten

| Rang       |   |                  |               |         | In.tijd | Tijd           | RT    |
|------------|---|------------------|---------------|---------|---------|----------------|-------|
| Junioren 1 |   |                  |               |         |         |                |       |
| 1.         | Raoul Witten  | ZPC Hoogeveen    | 200200231     |         | 2:30.85 | <b>2:38.15</b> | +0,68 |
|            | 100m: 1:17.60   | 1:17.60          | 200m: 2:38.15 | 1:20.55 |         |                |       |
| 2.         | Makai van Haren   | De Forel         | 200200627     |         | 2:30.74 | <b>2:38.55</b> | +0,73 |
|            | 100m: 1:18.50   | 1:18.50          | 200m: 2:38.55 | 1:20.05 |         |                |       |
| 3.         | Tycho Atanasov  | ZC Borger        | 200201133     |         | 2:42.62 | <b>2:42.86</b> | +0,65 |
|            | 100m: 1:19.30   | 1:19.30          | 200m: 2:42.86 | 1:23.56 |         |                |       |
| 4.         | Dushan de Bruijn  | De Forel         | 200201273     |         | 2:45.14 | <b>2:44.03</b> | +0,79 |
|            | 100m: 1:21.33   | 1:21.33          | 200m: 2:44.03 | 1:22.70 |         |                |       |
| 5.         | Björn Kokkelkoren   | ZPC Hoogeveen    | 200200757     |         | 2:43.34 | <b>2:46.32</b> | +0,87 |
|            | 100m: 1:24.33   | 1:24.33          | 200m: 2:46.32 | 1:21.99 |         |                |       |
| DIS        | Jan Berend Sipma  | De Granaet       | 200201443     |         | 2:46.73 |                |       |
|            | <i>AA - Gestart voor startsignaal bij de 1e (1-startregel) of 2e start.</i> |                  |               |         |         |                |       |
| Junioren 2 |   |                  |               |         |         |                |       |
| 1.         | Jelmar Koopman  | De Forel         | 200100249     |         | 2:17.97 | <b>2:26.07</b> | +0,75 |
|            | 100m: 1:11.71   | 1:11.71          | 200m: 2:26.07 | 1:14.36 |         |                |       |
| 2.         | Marcel Delfstra   | Orca             | 200100037     |         | 2:26.74 | <b>2:28.51</b> | +0,61 |
|            | 100m: 1:13.99   | 1:13.99          | 200m: 2:28.51 | 1:14.52 |         |                |       |
| 3.         | Owen Peeks  | ZPC Hoogeveen    | 200100765     |         | 2:29.01 | <b>2:28.71</b> | +0,93 |
|            | 100m: 1:13.78   | 1:13.78          | 200m: 2:28.71 | 1:14.93 |         |                |       |
| 4.         | David Anthonio  | ZC Borger        | 200102551     |         | 2:32.88 | <b>2:29.25</b> | +0,67 |
|            | 100m: 1:13.72   | 1:13.72          | 200m: 2:29.25 | 1:15.53 |         |                |       |
| 5.         | Klaas Pit   | De Forel         | 200104519     |         | 2:20.58 | <b>2:29.71</b> | +0,77 |
|            | 100m: 1:13.78   | 1:13.78          | 200m: 2:29.71 | 1:15.93 |         |                |       |
| 6.         | Coen de Lang  | ZPC Hoogeveen    | 200100067     |         | 2:32.19 | <b>2:34.29</b> | +0,75 |
|            | 100m: 1:14.55   | 1:14.55          | 200m: 2:34.29 | 1:19.74 |         |                |       |
| 7.         | Remco Dijkstra  | HZ&PC Heerenveen | 200100789     |         | 2:37.69 | <b>2:40.96</b> | +0,85 |
|            | 100m: 1:20.24   | 1:20.24          | 200m: 2:40.96 | 1:20.72 |         |                |       |
| 8.         | Wesley Kuiper   | Orca             | 200100889     |         | 2:37.21 | <b>2:41.53</b> | +0,70 |
|            | 100m: 1:19.54   | 1:19.54          | 200m: 2:41.53 | 1:21.99 |         |                |       |
| AFGEM      | Marc Hoogeveen  | Aqua 68          | 200101585     |         | 2:28.69 |                |       |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 6, Heren, 200m rugslag

Junioren 3

|                              |                 |               |         |                |       |
|------------------------------|-----------------|---------------|---------|----------------|-------|
| 1. Jelle Betten              | DZ&PC           | 200001535     | 2:06.60 | <b>2:12.60</b> | +0,79 |
| <i>Eindtijd back up tijd</i> |                 |               |         |                |       |
| 100m: 1:05.30                | 1:05.30         | 200m: 2:12.60 | 1:07.30 |                |       |
| 2. Hugo Jan Bosscher         | Orca            | 200000185     | 2:24.27 | <b>2:29.06</b> | +0,67 |
| 100m: 1:12.32                | 1:12.32         | 200m: 2:29.06 | 1:16.74 |                |       |
| 3. Axel Hanning              | Nova            | 200000703     | 2:23.80 | <b>2:29.18</b> | +0,80 |
| 100m: 1:13.50                | 1:13.50         | 200m: 2:29.18 | 1:15.68 |                |       |
| 4. David Kuipers             | Orca            | 200003633     | 2:33.20 | <b>2:29.90</b> | +0,77 |
| 100m: 1:13.38                | 1:13.38         | 200m: 2:29.90 | 1:16.52 |                |       |
| 5. Hendrik Broekema          | Bubble          | 200002205     | 2:25.72 | <b>2:34.33</b> | +0,64 |
| 100m: 1:14.77                | 1:14.77         | 200m: 2:34.33 | 1:19.56 |                |       |
| 6. Arjan Dekker              | TriVia          | 200000499     | 2:31.08 | <b>2:35.53</b> | +0,88 |
| 100m: 1:16.44                | 1:16.44         | 200m: 2:35.53 | 1:19.09 |                |       |
| 7. Sjoerd Vonk               | Wetterwille     | 200004241     | 2:26.97 | <b>2:35.90</b> | +0,84 |
| 100m: 1:16.92                | 1:16.92         | 200m: 2:35.90 | 1:18.98 |                |       |
| 8. Joel Pinkster             | Aqua 68         | 200000611     | 2:33.03 | <b>2:41.06</b> | +0,83 |
| 100m: 1:17.02                | 1:17.02         | 200m: 2:41.06 | 1:24.04 |                |       |
| 9. Max Pathuis               | ZPC Stadskanaal | 200000979     | 2:35.63 | <b>2:41.91</b> | +0,70 |
| 100m: 1:19.14                | 1:19.14         | 200m: 2:41.91 | 1:22.77 |                |       |

Junioren 4

|                            |                  |               |         |                |       |
|----------------------------|------------------|---------------|---------|----------------|-------|
| 1. Luuk Veldman            | Orca             | 199900981     | 2:19.11 | <b>2:18.80</b> | +0,61 |
| 100m: 1:08.00              | 1:08.00          | 200m: 2:18.80 | 1:10.80 |                |       |
| 2. Matthijs van Meerendonk | Aqua 68          | 199900375     | 2:26.02 | <b>2:28.97</b> | +0,60 |
| 100m: 1:13.69              | 1:13.69          | 200m: 2:28.97 | 1:15.28 |                |       |
| 3. Auke Jan Ytsma          | Orca             | 199900905     | 2:26.99 | <b>2:29.30</b> | +0,71 |
| 100m: 1:14.37              | 1:14.37          | 200m: 2:29.30 | 1:14.93 |                |       |
| 4. Bob de Groot            | ZC Borger        | 199903585     | 2:29.62 | <b>2:30.67</b> | +0,75 |
| 100m: 1:14.92              | 1:14.92          | 200m: 2:30.67 | 1:15.75 |                |       |
| 5. Maik Huser              | ZPC Hogeveen     | 199900265     | 2:29.32 | <b>2:36.00</b> | +0,78 |
| 100m: 1:15.75              | 1:15.75          | 200m: 2:36.00 | 1:20.25 |                |       |
| 6. Erwin Heinsius          | HZ&PC Heerenveen | 199900695     | 2:31.62 | <b>2:42.92</b> | +0,70 |
| 100m: 1:18.10              | 1:18.10          | 200m: 2:42.92 | 1:24.82 |                |       |

Jeugd 1 en 2

|                         |                  |               |         |                |       |
|-------------------------|------------------|---------------|---------|----------------|-------|
| 1. Richard Kuipers      | Orca             | 199704171     | 2:16.87 | <b>2:17.70</b> | +0,80 |
| 100m: 1:07.24           | 1:07.24          | 200m: 2:17.70 | 1:10.46 |                |       |
| 2. Gauke Eilander       | ZPC Hogeveen     | 199800603     | 2:03.58 | <b>2:17.80</b> | +0,71 |
| 100m: 1:05.80           | 1:05.80          | 200m: 2:17.80 | 1:12.00 |                |       |
| 3. Darryl Lubbinge      | ZPC Hogeveen     | 199701045     | 2:17.97 | <b>2:24.16</b> | +0,91 |
| 100m: 1:10.33           | 1:10.33          | 200m: 2:24.16 | 1:13.83 |                |       |
| 4. Denny Olde Agterhuis | HZ&PC Heerenveen | 199801253     | 2:16.58 | <b>2:25.64</b> | +0,78 |
| 100m: 1:10.48           | 1:10.48          | 200m: 2:25.64 | 1:15.16 |                |       |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 6, Jongens, 200m rugslag, Jeugd 1 en 2

| Rang                |                              |               |               | In.tijd | Tijd           | RT    |
|---------------------|------------------------------|---------------|---------------|---------|----------------|-------|
| 5.                  | Jorie Seubers                | ZPC Hoogeveen | 199804371     | 2:14.12 | <b>2:27.36</b> | +0,76 |
|                     | 100m: 1:10.71                | 1:10.71       | 200m: 2:27.36 | 1:16.65 |                |       |
| 6.                  | Dennis Klaassen              | De Kikker     | 199803093     | 2:28.85 | <b>2:27.98</b> | +0,71 |
|                     | 100m: 1:12.22                | 1:12.22       | 200m: 2:27.98 | 1:15.76 |                |       |
| 7.                  | Dennis Wildeboer             | Nova          | 199800571     | 2:20.56 | <b>2:28.85</b> | +0,70 |
|                     | 100m: 1:12.97                | 1:12.97       | 200m: 2:28.85 | 1:15.88 |                |       |
| 8.                  | Wouter de Lang               | ZPC Hoogeveen | 199801147     | 2:13.18 | <b>2:29.62</b> | +0,72 |
|                     | 100m: 1:10.35                | 1:10.35       | 200m: 2:29.62 | 1:19.27 |                |       |
| 9.                  | Ingmar Hartman               | ZC Borger     | 199801013     | 2:24.48 | <b>2:31.57</b> | +0,75 |
|                     | 100m: 1:14.17                | 1:14.17       | 200m: 2:31.57 | 1:17.40 |                |       |
| AFGEM               | Patrick de Roos              | ZPD           | 199702071     | 2:25.86 |                |       |
| Senioren 1 en ouder |                              |               |               |         |                |       |
| 1.                  | Dennis Cramer                | TriVia        | 199200199     | 2:09.14 | <b>2:16.88</b> | +0,76 |
|                     | 100m: 1:06.47                | 1:06.47       | 200m: 2:16.88 | 1:10.41 |                |       |
| 2.                  | Niels van Eck                | ZPC Hoogeveen | 198900793     | 2:11.86 | <b>2:20.92</b> | +0,72 |
|                     | 100m: 1:08.36                | 1:08.36       | 200m: 2:20.92 | 1:12.56 |                |       |
| 3.                  | Koen Rooseboom               | De Spatters   | 199502703     | 2:17.10 | <b>2:21.53</b> | +0,89 |
|                     | 100m: 1:08.46                | 1:08.46       | 200m: 2:21.53 | 1:13.07 |                |       |
| 4.                  | Derk Jan Speelman            | De Spatters   | 199602425     | 2:16.94 | <b>2:22.64</b> | +0,82 |
|                     | <i>Eindtijd back up tijd</i> |               |               |         |                |       |
|                     | 100m: 1:09.49                | 1:09.49       | 200m: 2:22.64 | 1:13.15 |                |       |
| 5.                  | Chris Bolding                | ZPC Hoogeveen | 199503427     | 2:09.93 | <b>2:23.49</b> | +0,70 |
|                     | 100m: 1:08.55                | 1:08.55       | 200m: 2:23.49 | 1:14.94 |                |       |
| 6.                  | Jeroen Lorius                | ZPC Hoogeveen | 199500523     | 2:17.03 | <b>2:25.29</b> | +0,83 |
|                     | 100m: 1:10.02                | 1:10.02       | 200m: 2:25.29 | 1:15.27 |                |       |
| 7.                  | Sietse Wijbenga              | ZPD           | 199301967     | 2:19.02 | <b>2:26.58</b> | +0,70 |
|                     | 100m: 1:10.56                | 1:10.56       | 200m: 2:26.58 | 1:16.02 |                |       |
| 8.                  | Ardi Knol                    | ZPC Hoogeveen | 199603447     | 2:17.86 | <b>2:27.67</b> | +0,69 |
|                     | 100m: 1:11.47                | 1:11.47       | 200m: 2:27.67 | 1:16.20 |                |       |
| 9.                  | David Scheffer               | De Pinquin    | 199500175     | 2:20.60 | <b>2:30.27</b> | +0,90 |
|                     | 100m: 1:12.36                | 1:12.36       | 200m: 2:30.27 | 1:17.91 |                |       |
| 10.                 | Kieran Keen                  | ZC Borger     | 199200703     | 2:24.98 | <b>2:35.71</b> | +0,73 |
|                     | 100m: 1:12.85                | 1:12.85       | 200m: 2:35.71 | 1:22.86 |                |       |
| AFGEM               | Derk-Jan Knol                | ZPC Hoogeveen | 199504297     | 2:14.45 |                |       |
| AFGEM               | Rowan Keen                   | ZC Borger     | 199500727     | 2:09.01 |                |       |

Algemeen klassement

|    |                              |         |               |         |                |       |
|----|------------------------------|---------|---------------|---------|----------------|-------|
| 1. | Jelle Betten                 | DZ&PC   | 200001535     | 2:06.60 | <b>2:12.60</b> | +0,79 |
|    | <i>Eindtijd back up tijd</i> |         |               |         |                |       |
|    | 100m: 1:05.30                | 1:05.30 | 200m: 2:12.60 | 1:07.30 |                |       |
| 2. | Dennis Cramer                | TriVia  | 199200199     | 2:09.14 | <b>2:16.88</b> | +0,76 |
|    | 100m: 1:06.47                | 1:06.47 | 200m: 2:16.88 | 1:10.41 |                |       |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 6, Heren, 200m rugslag, Algemeen klassement

| Rang |                              |                  |               | In.tijd | Tijd           | RT    |
|------|------------------------------|------------------|---------------|---------|----------------|-------|
| 3.   | Richard Kuipers              | Orca             | 199704171     | 2:16.87 | <b>2:17.70</b> | +0,80 |
|      | 100m: 1:07.24                | 1:07.24          | 200m: 2:17.70 | 1:10.46 |                |       |
| 4.   | Gauke Eilander               | ZPC Hoogeveen    | 199800603     | 2:03.58 | <b>2:17.80</b> | +0,71 |
|      | 100m: 1:05.80                | 1:05.80          | 200m: 2:17.80 | 1:12.00 |                |       |
| 5.   | Luuk Veldman                 | Orca             | 199900981     | 2:19.11 | <b>2:18.80</b> | +0,61 |
|      | 100m: 1:08.00                | 1:08.00          | 200m: 2:18.80 | 1:10.80 |                |       |
| 6.   | Niels van Eck                | ZPC Hoogeveen    | 198900793     | 2:11.86 | <b>2:20.92</b> | +0,72 |
|      | 100m: 1:08.36                | 1:08.36          | 200m: 2:20.92 | 1:12.56 |                |       |
| 7.   | Koen Rooseboom               | De Spatters      | 199502703     | 2:17.10 | <b>2:21.53</b> | +0,89 |
|      | 100m: 1:08.46                | 1:08.46          | 200m: 2:21.53 | 1:13.07 |                |       |
| 8.   | Derk Jan Spielman            | De Spatters      | 199602425     | 2:16.94 | <b>2:22.64</b> | +0,82 |
|      | <i>Eindtijd back up tijd</i> |                  |               |         |                |       |
|      | 100m: 1:09.49                | 1:09.49          | 200m: 2:22.64 | 1:13.15 |                |       |
| 9.   | Chris Bolding                | ZPC Hoogeveen    | 199503427     | 2:09.93 | <b>2:23.49</b> | +0,70 |
|      | 100m: 1:08.55                | 1:08.55          | 200m: 2:23.49 | 1:14.94 |                |       |
| 10.  | Darryl Lubbinge              | ZPC Hoogeveen    | 199701045     | 2:17.97 | <b>2:24.16</b> | +0,91 |
|      | 100m: 1:10.33                | 1:10.33          | 200m: 2:24.16 | 1:13.83 |                |       |
| 11.  | Jeroen Lorius                | ZPC Hoogeveen    | 199500523     | 2:17.03 | <b>2:25.29</b> | +0,83 |
|      | 100m: 1:10.02                | 1:10.02          | 200m: 2:25.29 | 1:15.27 |                |       |
| 12.  | Denny Olde Agterhuis         | HZ&PC Heerenveen | 199801253     | 2:16.58 | <b>2:25.64</b> | +0,78 |
|      | 100m: 1:10.48                | 1:10.48          | 200m: 2:25.64 | 1:15.16 |                |       |
| 13.  | Jelmar Koopman               | De Forel         | 200100249     | 2:17.97 | <b>2:26.07</b> | +0,75 |
|      | 100m: 1:11.71                | 1:11.71          | 200m: 2:26.07 | 1:14.36 |                |       |
| 14.  | Sietse Wijbenga              | ZPD              | 199301967     | 2:19.02 | <b>2:26.58</b> | +0,70 |
|      | 100m: 1:10.56                | 1:10.56          | 200m: 2:26.58 | 1:16.02 |                |       |
| 15.  | Jorie Seubers                | ZPC Hoogeveen    | 199804371     | 2:14.12 | <b>2:27.36</b> | +0,76 |
|      | 100m: 1:10.71                | 1:10.71          | 200m: 2:27.36 | 1:16.65 |                |       |
| 16.  | Ardi Knol                    | ZPC Hoogeveen    | 199603447     | 2:17.86 | <b>2:27.67</b> | +0,69 |
|      | 100m: 1:11.47                | 1:11.47          | 200m: 2:27.67 | 1:16.20 |                |       |
| 17.  | Dennis Klaassen              | De Kikker        | 199803093     | 2:28.85 | <b>2:27.98</b> | +0,71 |
|      | 100m: 1:12.22                | 1:12.22          | 200m: 2:27.98 | 1:15.76 |                |       |
| 18.  | Marcel Delfstra              | Orca             | 200100037     | 2:26.74 | <b>2:28.51</b> | +0,61 |
|      | 100m: 1:13.99                | 1:13.99          | 200m: 2:28.51 | 1:14.52 |                |       |
| 19.  | Owen Peeks                   | ZPC Hoogeveen    | 200100765     | 2:29.01 | <b>2:28.71</b> | +0,93 |
|      | 100m: 1:13.78                | 1:13.78          | 200m: 2:28.71 | 1:14.93 |                |       |
| 20.  | Dennis Wildeboer             | Nova             | 199800571     | 2:20.56 | <b>2:28.85</b> | +0,70 |
|      | 100m: 1:12.97                | 1:12.97          | 200m: 2:28.85 | 1:15.88 |                |       |
| 21.  | Matthijs van Meerendonk      | Aqua 68          | 199900375     | 2:26.02 | <b>2:28.97</b> | +0,60 |
|      | 100m: 1:13.69                | 1:13.69          | 200m: 2:28.97 | 1:15.28 |                |       |
| 22.  | Hugo Jan Bosscher            | Orca             | 200000185     | 2:24.27 | <b>2:29.06</b> | +0,67 |
|      | 100m: 1:12.32                | 1:12.32          | 200m: 2:29.06 | 1:16.74 |                |       |
| 23.  | Axel Hanning                 | Nova             | 200000703     | 2:23.80 | <b>2:29.18</b> | +0,80 |
|      | 100m: 1:13.50                | 1:13.50          | 200m: 2:29.18 | 1:15.68 |                |       |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 6, Heren, 200m rugslag, Algemeen klassement

| Rang |                  |                  |               | In.tijd | Tijd           | RT    |
|------|------------------|------------------|---------------|---------|----------------|-------|
| 24.  | David Anthonio   | ZC Borger        | 200102551     | 2:32.88 | <b>2:29.25</b> | +0,67 |
|      | 100m: 1:13.72    | 1:13.72          | 200m: 2:29.25 | 1:15.53 |                |       |
| 25.  | Auke Jan Ytsma   | Orca             | 199900905     | 2:26.99 | <b>2:29.30</b> | +0,71 |
|      | 100m: 1:14.37    | 1:14.37          | 200m: 2:29.30 | 1:14.93 |                |       |
| 26.  | Wouter de Lang   | ZPC Hoozeveen    | 199801147     | 2:13.18 | <b>2:29.62</b> | +0,72 |
|      | 100m: 1:10.35    | 1:10.35          | 200m: 2:29.62 | 1:19.27 |                |       |
| 27.  | Klaas Pit        | De Forel         | 200104519     | 2:20.58 | <b>2:29.71</b> | +0,77 |
|      | 100m: 1:13.78    | 1:13.78          | 200m: 2:29.71 | 1:15.93 |                |       |
| 28.  | David Kuipers    | Orca             | 200003633     | 2:33.20 | <b>2:29.90</b> | +0,77 |
|      | 100m: 1:13.38    | 1:13.38          | 200m: 2:29.90 | 1:16.52 |                |       |
| 29.  | David Scheffer   | De Pinquin       | 199500175     | 2:20.60 | <b>2:30.27</b> | +0,90 |
|      | 100m: 1:12.36    | 1:12.36          | 200m: 2:30.27 | 1:17.91 |                |       |
| 30.  | Bob de Groot     | ZC Borger        | 199903585     | 2:29.62 | <b>2:30.67</b> | +0,75 |
|      | 100m: 1:14.92    | 1:14.92          | 200m: 2:30.67 | 1:15.75 |                |       |
| 31.  | Ingmar Hartman   | ZC Borger        | 199801013     | 2:24.48 | <b>2:31.57</b> | +0,75 |
|      | 100m: 1:14.17    | 1:14.17          | 200m: 2:31.57 | 1:17.40 |                |       |
| 32.  | Coen de Lang     | ZPC Hoozeveen    | 200100067     | 2:32.19 | <b>2:34.29</b> | +0,75 |
|      | 100m: 1:14.55    | 1:14.55          | 200m: 2:34.29 | 1:19.74 |                |       |
| 33.  | Hendrik Broekema | Bubble           | 200002205     | 2:25.72 | <b>2:34.33</b> | +0,64 |
|      | 100m: 1:14.77    | 1:14.77          | 200m: 2:34.33 | 1:19.56 |                |       |
| 34.  | Arjan Dekker     | TriVia           | 200000499     | 2:31.08 | <b>2:35.53</b> | +0,88 |
|      | 100m: 1:16.44    | 1:16.44          | 200m: 2:35.53 | 1:19.09 |                |       |
| 35.  | Kieran Keen      | ZC Borger        | 199200703     | 2:24.98 | <b>2:35.71</b> | +0,73 |
|      | 100m: 1:12.85    | 1:12.85          | 200m: 2:35.71 | 1:22.86 |                |       |
| 36.  | Sjoerd Vonk      | Wetterwille      | 200004241     | 2:26.97 | <b>2:35.90</b> | +0,84 |
|      | 100m: 1:16.92    | 1:16.92          | 200m: 2:35.90 | 1:18.98 |                |       |
| 37.  | Maik Huser       | ZPC Hoozeveen    | 199900265     | 2:29.32 | <b>2:36.00</b> | +0,78 |
|      | 100m: 1:15.75    | 1:15.75          | 200m: 2:36.00 | 1:20.25 |                |       |
| 38.  | Raoul Witten     | ZPC Hoozeveen    | 200200231     | 2:30.85 | <b>2:38.15</b> | +0,68 |
|      | 100m: 1:17.60    | 1:17.60          | 200m: 2:38.15 | 1:20.55 |                |       |
| 39.  | Makai van Haren  | De Forel         | 200200627     | 2:30.74 | <b>2:38.55</b> | +0,73 |
|      | 100m: 1:18.50    | 1:18.50          | 200m: 2:38.55 | 1:20.05 |                |       |
| 40.  | Remco Dijkstra   | HZ&PC Heerenveen | 200100789     | 2:37.69 | <b>2:40.96</b> | +0,85 |
|      | 100m: 1:20.24    | 1:20.24          | 200m: 2:40.96 | 1:20.72 |                |       |
| 41.  | Joel Pinkster    | Aqua 68          | 200000611     | 2:33.03 | <b>2:41.06</b> | +0,83 |
|      | 100m: 1:17.02    | 1:17.02          | 200m: 2:41.06 | 1:24.04 |                |       |
| 42.  | Wesley Kuiper    | Orca             | 200100889     | 2:37.21 | <b>2:41.53</b> | +0,70 |
|      | 100m: 1:19.54    | 1:19.54          | 200m: 2:41.53 | 1:21.99 |                |       |
| 43.  | Max Pathuis      | ZPC Stadskanaal  | 200000979     | 2:35.63 | <b>2:41.91</b> | +0,70 |
|      | 100m: 1:19.14    | 1:19.14          | 200m: 2:41.91 | 1:22.77 |                |       |
| 44.  | Tycho Atanasov   | ZC Borger        | 200201133     | 2:42.62 | <b>2:42.86</b> | +0,65 |
|      | 100m: 1:19.30    | 1:19.30          | 200m: 2:42.86 | 1:23.56 |                |       |
| 45.  | Erwin Heinsius   | HZ&PC Heerenveen | 199900695     | 2:31.62 | <b>2:42.92</b> | +0,70 |
|      | 100m: 1:18.10    | 1:18.10          | 200m: 2:42.92 | 1:24.82 |                |       |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 6, Heren, 200m rugslag, Algemeen klassement

| Rang  |   |               |               | In.tijd | Tijd           | RT    |
|-------|---|---------------|---------------|---------|----------------|-------|
| 46.   | Dushan de Bruijn  | De Forel      | 200201273     | 2:45.14 | <b>2:44.03</b> | +0,79 |
|       | 100m: 1:21.33   | 1:21.33       | 200m: 2:44.03 | 1:22.70 |                |       |
| 47.   | Björn Kokkelkoren   | ZPC Hoogeveen | 200200757     | 2:43.34 | <b>2:46.32</b> | +0,87 |
|       | 100m: 1:24.33   | 1:24.33       | 200m: 2:46.32 | 1:21.99 |                |       |
| DIS   | Jan Berend Sipma  | De Granaet    | 200201443     | 2:46.73 |                |       |
|       | <i>AA - Gestart voor startsignaal bij de 1e (1-startregel) of 2e start.</i> |               |               |         |                |       |
| AFGEM | Derk-Jan Knol   | ZPC Hoogeveen | 199504297     | 2:14.45 |                |       |
| AFGEM | Marc Hoogeveen  | Aqua 68       | 200101585     | 2:28.69 |                |       |
| AFGEM | Patrick de Roos   | ZPD           | 199702071     | 2:25.86 |                |       |
| AFGEM | Rowan Keen  | ZC Borger     | 199500727     | 2:09.01 |                |       |

2 - zaterdag 16 mei 2015

16-5-2015 - 10:00

Programmanr. 7  
16-5-2015

Dames, 200m wisselslag

Junioren 1 en ouder  
Resultaten

| Rang       |                       |                |               | In.tijd | Tijd           | RT    |
|------------|-----------------------|----------------|---------------|---------|----------------|-------|
| Junioren 1 |                       |                |               |         |                |       |
| 1.         | Suze Kuipers          | Orca           | 200301714     | 2:46.87 | <b>2:50.79</b> | +0,74 |
|            | 100m: 1:17.39         | 1:17.39        | 200m: 2:50.79 | 1:33.40 |                |       |
| 2.         | Silke Huisman         | De Vikings     | 200301182     | 2:52.59 | <b>2:53.17</b> | +0,78 |
|            | 100m: 1:21.41         | 1:21.41        | 200m: 2:53.17 | 1:31.76 |                |       |
| 3.         | Brenda Beijering      | ZC Borger      | 200300352     | 2:53.42 | <b>2:54.61</b> | +0,84 |
|            | 100m: 1:20.34         | 1:20.34        | 200m: 2:54.61 | 1:34.27 |                |       |
| 4.         | Alessia Sluis         | MZ&PC De Reest | 200300896     | 2:54.57 | <b>2:59.47</b> | +0,88 |
|            | 100m: 1:26.92         | 1:26.92        | 200m: 2:59.47 | 1:32.55 |                |       |
| 5.         | Chantal van Willegen  | De Forel       | 200302422     | 2:59.13 | <b>3:00.56</b> | +0,69 |
|            | 100m: 1:25.65         | 1:25.65        | 200m: 3:00.56 | 1:34.91 |                |       |
| 6.         | Sigrid Hoogland       | De Forel       | 200301976     | 2:55.20 | <b>3:00.84</b> | +0,80 |
|            | 100m: 1:27.17         | 1:27.17        | 200m: 3:00.84 | 1:33.67 |                |       |
| 7.         | Marijine van der Veen | Orca           | 200300960     | 3:04.66 | <b>3:02.60</b> | +0,84 |
|            | 100m: 1:28.38         | 1:28.38        | 200m: 3:02.60 | 1:34.22 |                |       |
| 8.         | Ilse Hoogeveen        | Aqua 68        | 200301140     | 2:53.92 | <b>3:03.07</b> |       |
|            | 100m: 1:22.93         | 1:22.93        | 200m: 3:03.07 | 1:40.14 |                |       |
| 9.         | Mirthe Schenkel       | ZPC Hoogeveen  | 200300666     | 3:01.20 | <b>3:03.19</b> | +0,80 |
|            | 100m: 1:32.63         | 1:32.63        | 200m: 3:03.19 | 1:30.56 |                |       |
| 10.        | Chantal Tiesinga      | TriVia         | 200302452     | 3:03.59 | <b>3:03.35</b> | +0,96 |
|            | 100m: 1:29.85         | 1:29.85        | 200m: 3:03.35 | 1:33.50 |                |       |
| 11.        | Dyan Rothschild       | ZC Borger      | 200300998     | 3:02.78 | <b>3:04.35</b> | +0,79 |
|            | 100m: 1:27.63         | 1:27.63        | 200m: 3:04.35 | 1:36.72 |                |       |
| 12.        | Emma Sies             | TriVia         | 200300732     | 2:57.69 | <b>3:05.24</b> | +0,77 |
|            | 100m: 1:30.17         | 1:30.17        | 200m: 3:05.24 | 1:35.07 |                |       |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 7, Meisjes, 200m wisselslag, Junioren 1

| Rang |                     |                 |               | In.tijd | Tijd           | RT    |
|------|---------------------|-----------------|---------------|---------|----------------|-------|
| 13.  | Anna Tinga          | De Forel        | 200302734     | 3:03.53 | <b>3:05.65</b> | +0,56 |
|      | 100m: 1:29.24       | 1:29.24         | 200m: 3:05.65 | 1:36.41 |                |       |
| 14.  | Frederique Epping   | ZC Borger       | 200301344     | 3:03.24 | <b>3:05.80</b> | +0,66 |
|      | 100m: 1:30.24       | 1:30.24         | 200m: 3:05.80 | 1:35.56 |                |       |
| 15.  | Ellen Altena        | TriVia          | 200300266     | 2:56.33 | <b>3:06.20</b> |       |
|      | 100m: 1:29.27       | 1:29.27         | 200m: 3:06.20 | 1:36.93 |                |       |
| 16.  | Laura van der Velde | F.Z.C.'54       | 200300630     | 2:55.77 | <b>3:06.76</b> | +0,92 |
|      | 100m: 1:31.77       | 1:31.77         | 200m: 3:06.76 | 1:34.99 |                |       |
| 17.  | Kim Hillen          | MZ&PC De Reest  | 200300364     | 3:00.17 | <b>3:06.87</b> | +0,71 |
|      | 100m: 1:28.52       | 1:28.52         | 200m: 3:06.87 | 1:38.35 |                |       |
| 18.  | Leonie Rockers      | ZC Borger       | 200300256     | 3:10.20 | <b>3:09.19</b> | +0,58 |
|      | 100m: 1:32.02       | 1:32.02         | 200m: 3:09.19 | 1:37.17 |                |       |
| 19.  | Tove Beltman        | Orca            | 200301618     | 3:13.36 | <b>3:11.57</b> |       |
|      | 100m: 1:36.23       | 1:36.23         | 200m: 3:11.57 | 1:35.34 |                |       |
| 20.  | Gerda Woldendorp    | De Vikings      | 200300418     | 3:09.68 | <b>3:13.91</b> | +0,87 |
|      | 100m: 1:35.18       | 1:35.18         | 200m: 3:13.91 | 1:38.73 |                |       |
| 21.  | Ilse Wals           | ZC Borger       | 200303502     | 3:10.40 | <b>3:14.42</b> |       |
|      | 100m: 1:36.88       | 1:36.88         | 200m: 3:14.42 | 1:37.54 |                |       |
| 22.  | Chantal Posthuma    | ZC Polaris      | 200300834     | 3:10.65 | <b>3:17.46</b> | +0,87 |
|      | 100m: 1:32.19       | 1:32.19         | 200m: 3:17.46 | 1:45.27 |                |       |
| 23.  | Myrthe Idema        | TriVia          | 200303240     | 3:12.02 | <b>3:18.61</b> | +0,81 |
|      | 100m: 1:36.89       | 1:36.89         | 200m: 3:18.61 | 1:41.72 |                |       |
| 24.  | Marjolijn Koolman   | Bubble          | 200300194     | 3:11.42 | <b>3:18.90</b> | +0,92 |
|      | 100m: 1:33.95       | 1:33.95         | 200m: 3:18.90 | 1:44.95 |                |       |
| 25.  | Daniek Supèr        | Nova            | 200300452     | 3:08.98 | <b>3:19.82</b> |       |
|      | 100m: 1:36.84       | 1:36.84         | 200m: 3:19.82 | 1:42.98 |                |       |
| 26.  | Manon Post          | ZPC Stadskanaal | 200302252     | 3:09.83 | <b>3:25.20</b> | +0,89 |
|      | 100m: 1:41.33       | 1:41.33         | 200m: 3:25.20 | 1:43.87 |                |       |

Junioren 2

|    |                    |                  |               |         |                |       |
|----|--------------------|------------------|---------------|---------|----------------|-------|
| 1. | Tessa Kooi         | Nova             | 200201386     | 2:36.99 | <b>2:42.48</b> | +0,86 |
|    | 100m: 1:13.34      | 1:13.34          | 200m: 2:42.48 | 1:29.14 |                |       |
| 2. | Mariëlle Dolfijn   | TriVia           | 200201640     | 2:39.49 | <b>2:44.25</b> | +0,85 |
|    | 100m: 1:16.04      | 1:16.04          | 200m: 2:44.25 | 1:28.21 |                |       |
| 3. | Dionne Salomons    | ZC Borger        | 200200504     | 2:43.49 | <b>2:46.53</b> | +0,64 |
|    | 100m: 1:18.60      | 1:18.60          | 200m: 2:46.53 | 1:27.93 |                |       |
| 4. | Isabeau Essing     | TriVia           | 200201284     | 2:45.89 | <b>2:47.86</b> | +0,91 |
|    | 100m: 1:20.07      | 1:20.07          | 200m: 2:47.86 | 1:27.79 |                |       |
| 5. | Yara van Kalmthout | Nova             | 200200984     | 2:48.68 | <b>2:49.96</b> | +0,79 |
|    | 100m: 1:18.13      | 1:18.13          | 200m: 2:49.96 | 1:31.83 |                |       |
| 6. | Inge Dekker        | TriVia           | 200200476     | 2:45.66 | <b>2:50.66</b> | +0,76 |
|    | 100m: 1:21.92      | 1:21.92          | 200m: 2:50.66 | 1:28.74 |                |       |
| 7. | Leonie van Wier    | HZ&PC Heerenveen | 200200436     | 2:51.62 | <b>2:53.68</b> | +0,72 |
|    | 100m: 1:24.95      | 1:24.95          | 200m: 2:53.68 | 1:28.73 |                |       |



Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 7, Meisjes, 200m wisselslag, Junioren 2

| Rang |                   |                     |               | In.tijd | Tijd           | RT    |
|------|-------------------|---------------------|---------------|---------|----------------|-------|
| 8.   | Britt Gerdes      | ZC Borger           | 200201636     | 2:49.50 | <b>2:55.32</b> | +0,79 |
|      | 100m: 1:23.62     | 1:23.62             | 200m: 2:55.32 | 1:31.70 |                |       |
| 9.   | Zana Udo          | De Forel            | 200202686     | 2:53.39 | <b>2:55.44</b> | +0,83 |
|      | 100m: 1:20.63     | 1:20.63             | 200m: 2:55.44 | 1:34.81 |                |       |
| 10.  | Rosa Ebbinge      | DZ&PC               | 200200904     | 3:03.35 | <b>2:56.08</b> | +0,77 |
|      | 100m: 1:25.04     | 1:25.04             | 200m: 2:56.08 | 1:31.04 |                |       |
| 11.  | Sanne Abma        | HZ&PC Heerenveen    | 200200590     | 2:52.53 | <b>2:57.12</b> | +0,78 |
|      | 100m: 1:23.29     | 1:23.29             | 200m: 2:57.12 | 1:33.83 |                |       |
| 12.  | Ilona Venema      | Aqua 68             | 200200050     | 2:52.36 | <b>2:57.55</b> | +1,09 |
|      | 100m: 1:23.68     | 1:23.68             | 200m: 2:57.55 | 1:33.87 |                |       |
| 13.  | Masha Polushkina  | TriVia              | 200203064     | 2:57.04 | <b>2:57.92</b> | +0,93 |
|      | 100m: 1:25.48     | 1:25.48             | 200m: 2:57.92 | 1:32.44 |                |       |
| 14.  | Manon Swierts     | ZPC Hogeveen        | 200203034     | 2:56.63 | <b>2:58.46</b> | +0,82 |
|      | 100m: 1:24.15     | 1:24.15             | 200m: 2:58.46 | 1:34.31 |                |       |
| 15.  | Karlijn Schipper  | TriVia              | 200201544     | 2:45.15 | <b>2:59.87</b> | +0,83 |
|      | 100m: 1:23.18     | 1:23.18             | 200m: 2:59.87 | 1:36.69 |                |       |
| 16.  | Lianne van Wier   | HZ&PC Heerenveen    | 200200438     | 2:47.96 | <b>3:00.15</b> | +0,81 |
|      | 100m: 1:26.91     | 1:26.91             | 200m: 3:00.15 | 1:33.24 |                |       |
| 17.  | Ielan van Meerlo  | Wetterwille         | 200201098     | 3:00.66 | <b>3:00.89</b> | +0,82 |
|      | 100m: 1:27.24     | 1:27.24             | 200m: 3:00.89 | 1:33.65 |                |       |
| 18.  | Ylsa Dijkstra     | SG. Bolsward-Workum | 200200728     | 2:53.22 | <b>3:02.26</b> |       |
|      | 100m: 1:28.16     | 1:28.16             | 200m: 3:02.26 | 1:34.10 |                |       |
| 19.  | Laura Noord       | De Wellerobben      | 200202568     | 2:57.14 | <b>3:02.29</b> | +0,77 |
|      | 100m: 1:27.58     | 1:27.58             | 200m: 3:02.29 | 1:34.71 |                |       |
| 20.  | Jolien Schipper   | TriVia              | 200201832     | 3:04.96 | <b>3:02.33</b> | +0,98 |
|      | 100m: 1:29.45     | 1:29.45             | 200m: 3:02.33 | 1:32.88 |                |       |
| 21.  | Olena Dijkstra    | TriVia              | 200202624     | 2:56.24 | <b>3:02.71</b> | +0,81 |
|      | 100m: 1:28.63     | 1:28.63             | 200m: 3:02.71 | 1:34.08 |                |       |
| 22.  | Femke van de Geer | SG. Bolsward-Workum | 200200400     | 2:58.80 | <b>3:04.04</b> | +0,91 |
|      | 100m: 1:30.21     | 1:30.21             | 200m: 3:04.04 | 1:33.83 |                |       |
| 23.  | Sigrid Pafforaad  | Avena               | 200201130     | 2:54.27 | <b>3:05.84</b> | +0,88 |
|      | 100m: 1:29.47     | 1:29.47             | 200m: 3:05.84 | 1:36.37 |                |       |
| 24.  | Esmee van Peer    | TriVia              | 200201114     | 3:00.49 | <b>3:06.62</b> | +0,70 |
|      | 100m: 1:31.32     | 1:31.32             | 200m: 3:06.62 | 1:35.30 |                |       |
| 25.  | Noa Bos           | TriVia              | 200202546     | 3:03.26 | <b>3:08.64</b> |       |
|      | 100m: 1:31.32     | 1:31.32             | 200m: 3:08.64 | 1:37.32 |                |       |
| 26.  | Anneke vd Laan    | Orca                | 200201154     | 3:04.13 | <b>3:09.47</b> | +0,70 |
|      | 100m: 1:35.22     | 1:35.22             | 200m: 3:09.47 | 1:34.25 |                |       |
| 27.  | Elin Manning      | Nova                | 200200982     | 3:03.28 | <b>3:09.62</b> | +0,84 |
|      | 100m: 1:34.64     | 1:34.64             | 200m: 3:09.62 | 1:34.98 |                |       |
| 28.  | Myrthe Sietsma    | Wetterwille         | 200203854     | 3:04.57 | <b>3:10.52</b> |       |
|      | 100m: 1:31.70     | 1:31.70             | 200m: 3:10.52 | 1:38.82 |                |       |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 7, Meisjes, 200m wisselslag, Junioren 2

| Rang  |   |                     |               | In.tijd | Tijd           | RT    |
|-------|---|---------------------|---------------|---------|----------------|-------|
| 29.   | Myrthe Grootte  | ZC Polaris          | 200202008     | 3:03.52 | <b>3:12.38</b> |       |
|       | 100m: 1:32.09   | 1:32.09             | 200m: 3:12.38 | 1:40.29 |                |       |
| 30.   | Lisanne Rinzema   | Wetterwille         | 200204294     | 3:05.82 | <b>3:13.17</b> | +0,81 |
|       | 100m: 1:32.90   | 1:32.90             | 200m: 3:13.17 | 1:40.27 |                |       |
| 31.   | Lotte van Hof   | De Granaet          | 200202640     | 3:03.35 | <b>3:13.39</b> | +0,95 |
|       | 100m: 1:35.09   | 1:35.09             | 200m: 3:13.39 | 1:38.30 |                |       |
| DIS   | Luna van den Ende                                       | De Vikings          | 200201518     | 3:00.13 |                | +0,52 |
|       | <i>RH - Het eindpunt niet in rugligging aangeraakt.</i> |                     |               |         |                |       |
| AFGEM | Corrien Tolsma  | SG. Bolsward-Workum | 200201904     | 2:59.20 |                |       |

Junioren 3

|     |                     |                     |               |         |                |       |
|-----|---------------------|---------------------|---------------|---------|----------------|-------|
| 1.  | Eline van der Wal   | HZ&PC Heerenveen    | 200100930     | 2:34.33 | <b>2:40.31</b> | +0,81 |
|     | 100m: 1:16.51       | 1:16.51             | 200m: 2:40.31 | 1:23.80 |                |       |
| 2.  | Lize Janna de Vries | Orca                | 200101948     | 2:40.53 | <b>2:40.77</b> | +0,91 |
|     | 100m: 1:16.03       | 1:16.03             | 200m: 2:40.77 | 1:24.74 |                |       |
| 3.  | Marike de Jong      | Avena               | 200101074     | 2:39.09 | <b>2:43.02</b> | +0,81 |
|     | 100m: 1:16.87       | 1:16.87             | 200m: 2:43.02 | 1:26.15 |                |       |
| 4.  | Brit Brandsma       | De Forel            | 200100026     | 2:37.73 | <b>2:43.09</b> | +0,73 |
|     | 100m: 1:15.55       | 1:15.55             | 200m: 2:43.09 | 1:27.54 |                |       |
| 5.  | Janneke Weiland     | Orca                | 200100128     | 2:44.42 | <b>2:44.62</b> | +0,90 |
|     | 100m: 1:16.44       | 1:16.44             | 200m: 2:44.62 | 1:28.18 |                |       |
| 6.  | Fleur Vialle        | Nova                | 200100554     | 2:47.89 | <b>2:47.50</b> | +0,82 |
|     | 100m: 1:19.12       | 1:19.12             | 200m: 2:47.50 | 1:28.38 |                |       |
| 7.  | Marieke Wildeboer   | TriVia              | 200100016     | 2:35.86 | <b>2:48.61</b> | +0,73 |
|     | 100m: 1:20.75       | 1:20.75             | 200m: 2:48.61 | 1:27.86 |                |       |
| 8.  | Jolien Wind         | Nova                | 200100510     | 2:40.63 | <b>2:49.13</b> | +0,87 |
|     | 100m: 1:19.45       | 1:19.45             | 200m: 2:49.13 | 1:29.68 |                |       |
| 9.  | Kyra Wooldrik       | ZPC Hoogeveen       | 200101042     | 2:49.17 | <b>2:49.30</b> | +0,81 |
|     | 100m: 1:17.91       | 1:17.91             | 200m: 2:49.30 | 1:31.39 |                |       |
| 10. | Paulien Wesseling   | ZPC Hoogeveen       | 200102038     | 2:43.92 | <b>2:50.93</b> | +0,69 |
|     | 100m: 1:21.61       | 1:21.61             | 200m: 2:50.93 | 1:29.32 |                |       |
| 11. | Marije Sweering     | Neptunia '24        | 200101228     | 2:43.82 | <b>2:52.29</b> | +0,79 |
|     | 100m: 1:20.74       | 1:20.74             | 200m: 2:52.29 | 1:31.55 |                |       |
| 12. | Elka Siesling       | SG. Bolsward-Workum | 200100566     | 2:53.40 | <b>2:55.20</b> | +0,90 |
|     | 100m: 1:24.79       | 1:24.79             | 200m: 2:55.20 | 1:30.41 |                |       |
| 13. | Desanka Stoppels    | Eemsrobben          | 200101362     | 2:51.94 | <b>2:56.07</b> | +0,80 |
|     | 100m: 1:26.51       | 1:26.51             | 200m: 2:56.07 | 1:29.56 |                |       |
| 14. | Jasmijn Steenbergen | ZPC Hoogeveen       | 200102098     | 2:47.43 | <b>2:57.24</b> | +0,86 |
|     | 100m: 1:24.51       | 1:24.51             | 200m: 2:57.24 | 1:32.73 |                |       |
| 15. | Arianne de Vries    | Aqua 68             | 200100728     | 2:58.65 | <b>2:59.23</b> | +0,98 |
|     | 100m: 1:26.44       | 1:26.44             | 200m: 2:59.23 | 1:32.79 |                |       |
| 16. | Yvanka Visser       | HZ&PC Heerenveen    | 200102698     | 2:53.08 | <b>3:02.46</b> | +0,88 |
|     | 100m: 1:31.05       | 1:31.05             | 200m: 3:02.46 | 1:31.41 |                |       |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 7, Meisjes, 200m wisselslag, Junioren 3

| Rang |                   |                  |               | In.tijd | Tijd           | RT    |
|------|-------------------|------------------|---------------|---------|----------------|-------|
| 17.  | Naomi Broekman    | De Spatters      | 200100020     | 2:53.23 | <b>3:04.13</b> | +0,81 |
|      | 100m: 1:32.43     | 1:32.43          | 200m: 3:04.13 | 1:31.70 |                |       |
| 18.  | Frederique Potma  | F.Z.C.'54        | 200102962     | 2:57.56 | <b>3:04.75</b> | +0,72 |
|      | 100m: 1:29.93     | 1:29.93          | 200m: 3:04.75 | 1:34.82 |                |       |
| 19.  | Lot Burgstra      | TriVia           | 200103294     | 3:01.68 | <b>3:04.83</b> | +0,67 |
|      | 100m: 1:29.86     | 1:29.86          | 200m: 3:04.83 | 1:34.97 |                |       |
| 20.  | Femke Wiersma     | HZ&PC Heerenveen | 200103078     | 2:43.53 | <b>3:05.57</b> | +0,76 |
|      | 100m: 1:29.84     | 1:29.84          | 200m: 3:05.57 | 1:35.73 |                |       |
| 21.  | Anouk Bak         | TriVia           | 200101854     | 3:01.63 | <b>3:06.85</b> | +0,74 |
|      | 100m: 1:26.33     | 1:26.33          | 200m: 3:06.85 | 1:40.52 |                |       |
| 22.  | Irana Remmelts    | Aqua 68          | 200102486     | 2:58.27 | <b>3:06.94</b> | +0,85 |
|      | 100m: 1:27.06     | 1:27.06          | 200m: 3:06.94 | 1:39.88 |                |       |
| 23.  | Anne-fleur Jonker | Aqua 68          | 200101348     | 2:59.19 | <b>3:08.73</b> | +0,90 |
|      | 100m: 1:30.81     | 1:30.81          | 200m: 3:08.73 | 1:37.92 |                |       |
| 24.  | Lotte Grovenstein | F.Z.C.'54        | 200102964     | 2:59.89 | <b>3:10.28</b> | +0,88 |
|      | 100m: 1:28.37     | 1:28.37          | 200m: 3:10.28 | 1:41.91 |                |       |
| 25.  | Laura Altena      | De Pinquin       | 200102302     | 2:58.28 | <b>3:18.38</b> | +0,79 |
|      | 100m: 1:35.68     | 1:35.68          | 200m: 3:18.38 | 1:42.70 |                |       |

Jeugd 1 en 2

|     |                      |               |               |         |                |       |
|-----|----------------------|---------------|---------------|---------|----------------|-------|
| 1.  | Josien Wijkhuijs     | Orca          | 199902866     | 2:32.70 | <b>2:27.84</b> | +0,71 |
|     | 100m: 1:08.16        | 1:08.16       | 200m: 2:27.84 | 1:19.68 |                |       |
| 2.  | Laura Setz           | Nova          | 200000130     | 2:27.49 | <b>2:29.11</b> |       |
|     | 100m: 1:11.39        | 1:11.39       | 200m: 2:29.11 | 1:17.72 |                |       |
| 3.  | Manon Manning        | Nova          | 199904118     | 2:27.22 | <b>2:32.43</b> | +0,83 |
|     | 100m: 1:09.69        | 1:09.69       | 200m: 2:32.43 | 1:22.74 |                |       |
| 4.  | Hinke Groos          | DZ&PC         | 199901768     | 2:27.82 | <b>2:34.10</b> | +0,74 |
|     | 100m: 1:13.95        | 1:13.95       | 200m: 2:34.10 | 1:20.15 |                |       |
| 5.  | Simone Krans         | ZPC Hoogeveen | 199900756     | 2:32.19 | <b>2:35.85</b> | +0,77 |
|     | 100m: 1:12.85        | 1:12.85       | 200m: 2:35.85 | 1:23.00 |                |       |
| 6.  | Anne Fleur Willemsen | Appingedam    | 199901396     | 2:31.09 | <b>2:36.27</b> | +0,73 |
|     | 100m: 1:13.24        | 1:13.24       | 200m: 2:36.27 | 1:23.03 |                |       |
| 7.  | Alinda Dingshoff     | ZPC Hoogeveen | 200000928     | 2:34.23 | <b>2:36.42</b> | +0,79 |
|     | 100m: 1:11.77        | 1:11.77       | 200m: 2:36.42 | 1:24.65 |                |       |
| 8.  | Danieke van der Kooi | Orca          | 200000552     | 2:37.54 | <b>2:36.92</b> | +0,87 |
|     | 100m: 1:12.12        | 1:12.12       | 200m: 2:36.92 | 1:24.80 |                |       |
| 9.  | Jill Blide           | ZPC Hoogeveen | 200004734     | 2:35.65 | <b>2:39.36</b> | +0,82 |
|     | 100m: 1:15.01        | 1:15.01       | 200m: 2:39.36 | 1:24.35 |                |       |
| 10. | Renée Vanderheyden   | TriVia        | 199903130     | 2:31.18 | <b>2:39.99</b> | +0,81 |
|     | 100m: 1:11.37        | 1:11.37       | 200m: 2:39.99 | 1:28.62 |                |       |
| 11. | Esra Erer            | TriVia        | 200002858     | 2:42.47 | <b>2:42.19</b> | +0,77 |
|     | 100m: 1:20.60        | 1:20.60       | 200m: 2:42.19 | 1:21.59 |                |       |
| 12. | Anouschka Steenberg  | ZPC Hoogeveen | 200000280     | 2:39.79 | <b>2:42.68</b> | +0,87 |
|     | 100m: 1:15.21        | 1:15.21       | 200m: 2:42.68 | 1:27.47 |                |       |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 7, Meisjes, 200m wisselslag, Jeugd 1 en 2

| Rang |                    |                     |               | In.tijd | Tijd           | RT    |
|------|--------------------|---------------------|---------------|---------|----------------|-------|
| 13.  | Annemarie Hoving   | TriVia              | 200000248     | 2:39.99 | <b>2:43.10</b> | +0,73 |
|      | 100m: 1:17.32      | 1:17.32             | 200m: 2:43.10 | 1:25.78 |                |       |
| 14.  | Anique Coelingh    | ZPC Hoogeveen       | 200000638     | 2:37.54 | <b>2:43.20</b> | +0,85 |
|      | 100m: 1:15.71      | 1:15.71             | 200m: 2:43.20 | 1:27.49 |                |       |
| 15.  | Isaa Ebbinge       | DZ&PC               | 200001314     | 2:44.97 | <b>2:45.05</b> | +0,78 |
|      | 100m: 1:17.17      | 1:17.17             | 200m: 2:45.05 | 1:27.88 |                |       |
| 16.  | Hilde Dekker       | TriVia              | 199901926     | 2:41.12 | <b>2:45.94</b> | +0,94 |
|      | 100m: 1:19.13      | 1:19.13             | 200m: 2:45.94 | 1:26.81 |                |       |
| 17.  | Janny Groos        | DZ&PC               | 200000740     | 2:41.74 | <b>2:46.42</b> | +0,84 |
|      | 100m: 1:19.78      | 1:19.78             | 200m: 2:46.42 | 1:26.64 |                |       |
| 18.  | Myrthe Offenga     | De Vikings          | 199901874     | 2:46.51 | <b>2:47.23</b> | +0,84 |
|      | 100m: 1:18.62      | 1:18.62             | 200m: 2:47.23 | 1:28.61 |                |       |
| 19.  | Marian Katerberg   | De Kikker           | 200001282     | 2:43.30 | <b>2:47.95</b> | +0,89 |
|      | 100m: 1:21.36      | 1:21.36             | 200m: 2:47.95 | 1:26.59 |                |       |
| 20.  | Tiffany Leerdam    | De Forel            | 200006200     | 2:42.14 | <b>2:48.95</b> | +0,77 |
|      | 100m: 1:18.06      | 1:18.06             | 200m: 2:48.95 | 1:30.89 |                |       |
| 21.  | Rosalie Baarda     | Orca                | 199903460     | 2:48.44 | <b>2:49.10</b> | +0,85 |
|      | 100m: 1:20.55      | 1:20.55             | 200m: 2:49.10 | 1:28.55 |                |       |
| 22.  | Daphne Rockers     | ZC Borger           | 200001376     | 2:42.65 | <b>2:49.80</b> | +0,78 |
|      | 100m: 1:17.64      | 1:17.64             | 200m: 2:49.80 | 1:32.16 |                |       |
| 23.  | Heline Koning      | SG. Bolsward-Workum | 200000422     | 2:46.28 | <b>2:49.87</b> | +0,76 |
|      | 100m: 1:18.47      | 1:18.47             | 200m: 2:49.87 | 1:31.40 |                |       |
| 24.  | Nora Veenstra      | SG. Bolsward-Workum | 199901446     | 2:45.53 | <b>2:50.42</b> | +0,91 |
|      | 100m: 1:21.70      | 1:21.70             | 200m: 2:50.42 | 1:28.72 |                |       |
| 25.  | Esther Pot         | Orca                | 199903462     | 2:44.40 | <b>2:51.13</b> | +0,83 |
|      | 100m: 1:20.16      | 1:20.16             | 200m: 2:51.13 | 1:30.97 |                |       |
| 26.  | Froukje Osinga     | Orca                | 200003090     | 2:45.27 | <b>2:52.52</b> | +0,66 |
|      | 100m: 1:22.05      | 1:22.05             | 200m: 2:52.52 | 1:30.47 |                |       |
| 27.  | Anja Muntendam     | Eemsrobben          | 200000002     | 2:55.36 | <b>2:54.69</b> | +0,78 |
|      | 100m: 1:24.05      | 1:24.05             | 200m: 2:54.69 | 1:30.64 |                |       |
| 28.  | Romy Jalving       | HZ&PC Heerenveen    | 200000616     | 2:49.12 | <b>2:56.12</b> | +0,76 |
|      | 100m: 1:24.81      | 1:24.81             | 200m: 2:56.12 | 1:31.31 |                |       |
| 29.  | Margriet Bieze     | De Pinquin          | 199900508     | 2:50.99 | <b>2:57.00</b> | +0,76 |
|      | 100m: 1:27.28      | 1:27.28             | 200m: 2:57.00 | 1:29.72 |                |       |
| 30.  | Marijke Drent      | Nova                | 199906232     | 2:50.90 | <b>2:57.35</b> | +0,79 |
|      | 100m: 1:25.02      | 1:25.02             | 200m: 2:57.35 | 1:32.33 |                |       |
| 31.  | Cynthia Koerhuis   | De Spatters         | 199900088     | 2:49.69 | <b>2:57.76</b> | +0,82 |
|      | 100m: 1:22.92      | 1:22.92             | 200m: 2:57.76 | 1:34.84 |                |       |
| 32.  | Arita Tolman       | De Valken           | 200000914     | 2:54.22 | <b>2:57.82</b> | +0,78 |
|      | 100m: 1:23.12      | 1:23.12             | 200m: 2:57.82 | 1:34.70 |                |       |
| 33.  | Noa Sanders        | ZC Borger           | 200002542     | 2:52.66 | <b>2:58.66</b> | +0,76 |
|      | 100m: 1:26.25      | 1:26.25             | 200m: 2:58.66 | 1:32.41 |                |       |
| 34.  | Noël Iris Hettinga | Neptunia '24        | 200002536     | 2:55.56 | <b>2:59.24</b> | +0,83 |
|      | 100m: 1:29.74      | 1:29.74             | 200m: 2:59.24 | 1:29.50 |                |       |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 7, Meisjes, 200m wisselslag, Jeugd 1 en 2

| Rang  |                      |                     |               | In.tijd | Tijd           | RT    |
|-------|----------------------|---------------------|---------------|---------|----------------|-------|
| 35.   | Myrthe Visser        | Orca                | 200002340     | 2:48.35 | <b>2:59.31</b> | +0,73 |
|       | 100m: 1:22.08        | 1:22.08             | 200m: 2:59.31 | 1:37.23 |                |       |
| 36.   | Jeske Moerenhout     | De Forel            | 200000390     | 2:52.73 | <b>2:59.62</b> | +0,78 |
|       | 100m: 1:26.58        | 1:26.58             | 200m: 2:59.62 | 1:33.04 |                |       |
| 37.   | Pascale Everts       | Aqua 68             | 200005510     | 2:54.29 | <b>3:00.81</b> | +0,89 |
|       | 100m: 1:26.39        | 1:26.39             | 200m: 3:00.81 | 1:34.42 |                |       |
| 38.   | Christine Berenschot | SG. Bolsward-Workum | 199901684     | 2:56.84 | <b>3:01.45</b> | +0,86 |
|       | 100m: 1:26.46        | 1:26.46             | 200m: 3:01.45 | 1:34.99 |                |       |
| 39.   | Marjan Nijmeijer     | De Valken           | 200002560     | 2:54.64 | <b>3:02.34</b> | +0,80 |
|       | 100m: 1:30.82        | 1:30.82             | 200m: 3:02.34 | 1:31.52 |                |       |
| 40.   | Liesette Bruinsma    | HZ&PC Heerenveen    | 200004346     | 2:54.32 | <b>3:03.56</b> | +0,79 |
|       | 100m: 1:33.40        | 1:33.40             | 200m: 3:03.56 | 1:30.16 |                |       |
| 41.   | Tabitha de Haan      | De Granaet          | 200000550     | 2:56.64 | <b>3:04.26</b> | +0,80 |
|       | 100m: 1:28.43        | 1:28.43             | 200m: 3:04.26 | 1:35.83 |                |       |
| AFGEM | Liza Heldoorn        | Aqualero            | 200000270     | 2:50.90 |                |       |
| AFGEM | Sanne Hoving         | HZ&PC Heerenveen    | 200003332     | 3:22.72 |                |       |

Senioren 1 en ouder

|     |                        |               |               |         |                |       |
|-----|------------------------|---------------|---------------|---------|----------------|-------|
| 1.  | Monique van der Struik | DZ&PC         | 199502502     | 2:23.47 | <b>2:28.64</b> | +0,78 |
|     | 100m: 1:10.96          | 1:10.96       | 200m: 2:28.64 | 1:17.68 |                |       |
| 2.  | Wendan Poelstra        | TriVia        | 199102496     | 2:25.30 | <b>2:29.60</b> | +0,75 |
|     | 100m: 1:08.44          | 1:08.44       | 200m: 2:29.60 | 1:21.16 |                |       |
| 3.  | Willemeijn Hoving      | TriVia        | 199800106     | 2:28.09 | <b>2:31.83</b> | +0,72 |
|     | 100m: 1:12.14          | 1:12.14       | 200m: 2:31.83 | 1:19.69 |                |       |
| 4.  | Renate Hemmes          | TriVia        | 199600418     | 2:28.26 | <b>2:32.42</b> | +0,77 |
|     | 100m: 1:13.78          | 1:13.78       | 200m: 2:32.42 | 1:18.64 |                |       |
| 5.  | Clariss de Vries       | DZ&PC         | 199700942     | 2:27.66 | <b>2:33.99</b> | +0,75 |
|     | 100m: 1:10.92          | 1:10.92       | 200m: 2:33.99 | 1:23.07 |                |       |
| 6.  | Amber Visser           | TriVia        | 199801416     | 2:30.78 | <b>2:34.06</b> | +0,82 |
|     | 100m: 1:13.47          | 1:13.47       | 200m: 2:34.06 | 1:20.59 |                |       |
| 7.  | Vivianne Dortmund      | GZVW          | 199801578     | 2:29.47 | <b>2:34.09</b> | +0,89 |
|     | 100m: 1:11.85          | 1:11.85       | 200m: 2:34.09 | 1:22.24 |                |       |
| 8.  | Saranda Hofstra        | ZC Borger     | 199700526     | 2:28.16 | <b>2:34.66</b> | +0,78 |
|     | 100m: 1:12.31          | 1:12.31       | 200m: 2:34.66 | 1:22.35 |                |       |
| 9.  | Caroline Damen         | De Spatters   | 199703088     | 2:29.86 | <b>2:34.94</b> | +0,76 |
|     | 100m: 1:14.87          | 1:14.87       | 200m: 2:34.94 | 1:20.07 |                |       |
| 10. | Kristel Hormann        | De Spatters   | 199601084     | 2:28.26 | <b>2:34.95</b> | +0,77 |
|     | 100m: 1:14.75          | 1:14.75       | 200m: 2:34.95 | 1:20.20 |                |       |
| 11. | Melissa Nauta          | Orca          | 199602388     | 2:31.53 | <b>2:38.99</b> | +0,88 |
|     | 100m: 1:15.54          | 1:15.54       | 200m: 2:38.99 | 1:23.45 |                |       |
| 12. | Carolien Baarda        | Orca          | 199704060     | 2:33.80 | <b>2:39.69</b> | +0,78 |
|     | 100m: 1:15.86          | 1:15.86       | 200m: 2:39.69 | 1:23.83 |                |       |
| 13. | Marsha Beukeveld       | ZPC Hoogeveen | 199503552     | 2:32.02 | <b>2:40.13</b> | +0,90 |
|     | 100m: 1:17.01          | 1:17.01       | 200m: 2:40.13 | 1:23.12 |                |       |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 7, Dames, 200m wisselslag, Senioren 1 en ouder

| Rang  |                       |               |               | In.tijd | Tijd           | RT    |
|-------|-----------------------|---------------|---------------|---------|----------------|-------|
| 14.   | Luca Ebbinge          | DZ&PC         | 199802406     | 2:35.65 | <b>2:40.55</b> | +0,72 |
|       | 100m: 1:14.22         | 1:14.22       | 200m: 2:40.55 | 1:26.33 |                |       |
| 15.   | Tialda Prins          | De Hardenberg | 199801310     | 2:37.03 | <b>2:42.43</b> | +0,83 |
|       | 100m: 1:13.29         | 1:13.29       | 200m: 2:42.43 | 1:29.14 |                |       |
| 16.   | Linda Boxma           | De Spatters   | 198500416     | 2:29.97 | <b>2:43.16</b> | +0,81 |
|       | 100m: 1:16.69         | 1:16.69       | 200m: 2:43.16 | 1:26.47 |                |       |
| 17.   | Karen Stolk           | TriVia        | 199403950     | 2:32.92 | <b>2:43.54</b> | +0,80 |
|       | 100m: 1:16.99         | 1:16.99       | 200m: 2:43.54 | 1:26.55 |                |       |
| 18.   | Heleen Arends         | TriVia        | 199404416     | 2:44.93 | <b>2:45.29</b> | +0,85 |
|       | 100m: 1:16.48         | 1:16.48       | 200m: 2:45.29 | 1:28.81 |                |       |
| 19.   | Suzanne Kah           | ZPC Hoogeveen | 199803312     | 2:37.02 | <b>2:46.36</b> | +0,85 |
|       | 100m: 1:18.55         | 1:18.55       | 200m: 2:46.36 | 1:27.81 |                |       |
| 20.   | Aukje Jenster         | De Valken     | 199200856     | 2:39.07 | <b>2:46.56</b> | +0,81 |
|       | 100m: 1:17.03         | 1:17.03       | 200m: 2:46.56 | 1:29.53 |                |       |
| 21.   | Inez Duursma          | De Spatters   | 199700256     | 2:40.62 | <b>2:47.37</b> | +0,77 |
|       | <i>Handgeklokt</i>    |               |               |         |                |       |
|       | 100m: 1:22.00         | 1:22.00       | 200m: 2:47.37 | 1:25.37 |                |       |
| 22.   | Annemiek Meulenbeld   | Orca          | 199506230     | 2:43.30 | <b>2:47.58</b> | +0,83 |
|       | <i>Handgeklokt</i>    |               |               |         |                |       |
|       | 100m: 1:17.49         | 1:17.49       | 200m: 2:47.58 | 1:30.09 |                |       |
| 23.   | Johanna de Boer       | ZPD           | 199403944     | 2:40.33 | <b>2:48.42</b> | +0,82 |
|       | 100m: 1:21.49         | 1:21.49       | 200m: 2:48.42 | 1:26.93 |                |       |
| 24.   | Wiëlle Wolbers        | De Valken     | 199700462     | 2:40.22 | <b>2:48.51</b> | +0,87 |
|       | 100m: 1:18.78         | 1:18.78       | 200m: 2:48.51 | 1:29.73 |                |       |
| 25.   | Danique Schulte       | ZC Polaris    | 199802364     | 2:46.54 | <b>2:50.89</b> | +0,77 |
|       | 100m: 1:22.89         | 1:22.89       | 200m: 2:50.89 | 1:28.00 |                |       |
| 26.   | Kathelijne Tijms      | De Spatters   | 199804810     | 2:48.23 | <b>2:51.70</b> | +0,79 |
|       | 100m: 1:20.05         | 1:20.05       | 200m: 2:51.70 | 1:31.65 |                |       |
| 27.   | Noor Uiterwijk Winkel | De Spatters   | 199800556     | 2:45.36 | <b>2:54.33</b> | +0,85 |
|       | 100m: 1:19.74         | 1:19.74       | 200m: 2:54.33 | 1:34.59 |                |       |
| 28.   | Irene Wolbers         | De Valken     | 199400450     | 2:43.97 | <b>2:54.78</b> | +0,85 |
|       | 100m: 1:18.85         | 1:18.85       | 200m: 2:54.78 | 1:35.93 |                |       |
| 29.   | Lotte Rolink          | ZC Polaris    | 199504880     | 2:48.25 | <b>3:04.02</b> | +0,78 |
|       | 100m: 1:30.80         | 1:30.80       | 200m: 3:04.02 | 1:33.22 |                |       |
| NG.ZA | Jante Wolbers         | De Valken     | 198904804     | 2:34.18 |                |       |
| AFGEM | Berdien Welling       | ZC Borger     | 199103476     | 2:44.78 |                |       |

Algemeen klassement

|    |                        |         |               |         |                |       |
|----|------------------------|---------|---------------|---------|----------------|-------|
| 1. | Josien Wijkhuijs       | Orca    | 199902866     | 2:32.70 | <b>2:27.84</b> | +0,71 |
|    | 100m: 1:08.16          | 1:08.16 | 200m: 2:27.84 | 1:19.68 |                |       |
| 2. | Monique van der Struik | DZ&PC   | 199502502     | 2:23.47 | <b>2:28.64</b> | +0,78 |
|    | 100m: 1:10.96          | 1:10.96 | 200m: 2:28.64 | 1:17.68 |                |       |
| 3. | Laura Setz             | Nova    | 200000130     | 2:27.49 | <b>2:29.11</b> |       |
|    | 100m: 1:11.39          | 1:11.39 | 200m: 2:29.11 | 1:17.72 |                |       |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 7, Dames, 200m wisselslag, Algemeen klassement

| Rang |                      |                  |               | In.tijd | Tijd           | RT    |
|------|----------------------|------------------|---------------|---------|----------------|-------|
| 4.   | Wendan Poelstra      | TriVia           | 199102496     | 2:25.30 | <b>2:29.60</b> | +0,75 |
|      | 100m: 1:08.44        | 1:08.44          | 200m: 2:29.60 | 1:21.16 |                |       |
| 5.   | Willemein Hoving     | TriVia           | 199800106     | 2:28.09 | <b>2:31.83</b> | +0,72 |
|      | 100m: 1:12.14        | 1:12.14          | 200m: 2:31.83 | 1:19.69 |                |       |
| 6.   | Renate Hemmes        | TriVia           | 199600418     | 2:28.26 | <b>2:32.42</b> | +0,77 |
|      | 100m: 1:13.78        | 1:13.78          | 200m: 2:32.42 | 1:18.64 |                |       |
| 7.   | Manon Manning        | Nova             | 199904118     | 2:27.22 | <b>2:32.43</b> | +0,83 |
|      | 100m: 1:09.69        | 1:09.69          | 200m: 2:32.43 | 1:22.74 |                |       |
| 8.   | Claris de Vries      | DZ&PC            | 199700942     | 2:27.66 | <b>2:33.99</b> | +0,75 |
|      | 100m: 1:10.92        | 1:10.92          | 200m: 2:33.99 | 1:23.07 |                |       |
| 9.   | Amber Visser         | TriVia           | 199801416     | 2:30.78 | <b>2:34.06</b> | +0,82 |
|      | 100m: 1:13.47        | 1:13.47          | 200m: 2:34.06 | 1:20.59 |                |       |
| 10.  | Vivianne Dortmund    | GZVW             | 199801578     | 2:29.47 | <b>2:34.09</b> | +0,89 |
|      | 100m: 1:11.85        | 1:11.85          | 200m: 2:34.09 | 1:22.24 |                |       |
| 11.  | Hinke Groos          | DZ&PC            | 199901768     | 2:27.82 | <b>2:34.10</b> | +0,74 |
|      | 100m: 1:13.95        | 1:13.95          | 200m: 2:34.10 | 1:20.15 |                |       |
| 12.  | Saranda Hofstra      | ZC Borger        | 199700526     | 2:28.16 | <b>2:34.66</b> | +0,78 |
|      | 100m: 1:12.31        | 1:12.31          | 200m: 2:34.66 | 1:22.35 |                |       |
| 13.  | Caroline Damen       | De Spatters      | 199703088     | 2:29.86 | <b>2:34.94</b> | +0,76 |
|      | 100m: 1:14.87        | 1:14.87          | 200m: 2:34.94 | 1:20.07 |                |       |
| 14.  | Kristel Hormann      | De Spatters      | 199601084     | 2:28.26 | <b>2:34.95</b> | +0,77 |
|      | 100m: 1:14.75        | 1:14.75          | 200m: 2:34.95 | 1:20.20 |                |       |
| 15.  | Simone Krans         | ZPC Hoogeveen    | 199900756     | 2:32.19 | <b>2:35.85</b> | +0,77 |
|      | 100m: 1:12.85        | 1:12.85          | 200m: 2:35.85 | 1:23.00 |                |       |
| 16.  | Anne Fleur Willemsen | Appingedam       | 199901396     | 2:31.09 | <b>2:36.27</b> | +0,73 |
|      | 100m: 1:13.24        | 1:13.24          | 200m: 2:36.27 | 1:23.03 |                |       |
| 17.  | Alinda Dingshoff     | ZPC Hoogeveen    | 200000928     | 2:34.23 | <b>2:36.42</b> | +0,79 |
|      | 100m: 1:11.77        | 1:11.77          | 200m: 2:36.42 | 1:24.65 |                |       |
| 18.  | Danieke van der Kooi | Orca             | 200000552     | 2:37.54 | <b>2:36.92</b> | +0,87 |
|      | 100m: 1:12.12        | 1:12.12          | 200m: 2:36.92 | 1:24.80 |                |       |
| 19.  | Melissa Nauta        | Orca             | 199602388     | 2:31.53 | <b>2:38.99</b> | +0,88 |
|      | 100m: 1:15.54        | 1:15.54          | 200m: 2:38.99 | 1:23.45 |                |       |
| 20.  | Jill Blide           | ZPC Hoogeveen    | 200004734     | 2:35.65 | <b>2:39.36</b> | +0,82 |
|      | 100m: 1:15.01        | 1:15.01          | 200m: 2:39.36 | 1:24.35 |                |       |
| 21.  | Carolien Baarda      | Orca             | 199704060     | 2:33.80 | <b>2:39.69</b> | +0,78 |
|      | 100m: 1:15.86        | 1:15.86          | 200m: 2:39.69 | 1:23.83 |                |       |
| 22.  | Renée Vanderheyden   | TriVia           | 199903130     | 2:31.18 | <b>2:39.99</b> | +0,81 |
|      | 100m: 1:11.37        | 1:11.37          | 200m: 2:39.99 | 1:28.62 |                |       |
| 23.  | Marsha Beukeveld     | ZPC Hoogeveen    | 199503552     | 2:32.02 | <b>2:40.13</b> | +0,90 |
|      | 100m: 1:17.01        | 1:17.01          | 200m: 2:40.13 | 1:23.12 |                |       |
| 24.  | Eline van der Wal    | HZ&PC Heerenveen | 200100930     | 2:34.33 | <b>2:40.31</b> | +0,81 |
|      | 100m: 1:16.51        | 1:16.51          | 200m: 2:40.31 | 1:23.80 |                |       |
| 25.  | Luca Ebbinge         | DZ&PC            | 199802406     | 2:35.65 | <b>2:40.55</b> | +0,72 |
|      | 100m: 1:14.22        | 1:14.22          | 200m: 2:40.55 | 1:26.33 |                |       |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 7, Dames, 200m wisselslag, Algemeen klassement

| Rang |                     |               |               | In.tijd | Tijd           | RT    |
|------|---------------------|---------------|---------------|---------|----------------|-------|
| 26.  | Lize Janna de Vries | Orca          | 200101948     | 2:40.53 | <b>2:40.77</b> | +0,91 |
|      | 100m: 1:16.03       | 1:16.03       | 200m: 2:40.77 | 1:24.74 |                |       |
| 27.  | Esra Erer           | TriVia        | 200002858     | 2:42.47 | <b>2:42.19</b> | +0,77 |
|      | 100m: 1:20.60       | 1:20.60       | 200m: 2:42.19 | 1:21.59 |                |       |
| 28.  | Tialda Prins        | De Hardenberg | 199801310     | 2:37.03 | <b>2:42.43</b> | +0,83 |
|      | 100m: 1:13.29       | 1:13.29       | 200m: 2:42.43 | 1:29.14 |                |       |
| 29.  | Tessa Kooi          | Nova          | 200201386     | 2:36.99 | <b>2:42.48</b> | +0,86 |
|      | 100m: 1:13.34       | 1:13.34       | 200m: 2:42.48 | 1:29.14 |                |       |
| 30.  | Anouschka Steenberg | ZPC Hoogeveen | 200000280     | 2:39.79 | <b>2:42.68</b> | +0,87 |
|      | 100m: 1:15.21       | 1:15.21       | 200m: 2:42.68 | 1:27.47 |                |       |
| 31.  | Marika de Jong      | Avena         | 200101074     | 2:39.09 | <b>2:43.02</b> | +0,81 |
|      | 100m: 1:16.87       | 1:16.87       | 200m: 2:43.02 | 1:26.15 |                |       |
| 32.  | Brit Brandsma       | De Forel      | 200100026     | 2:37.73 | <b>2:43.09</b> | +0,73 |
|      | 100m: 1:15.55       | 1:15.55       | 200m: 2:43.09 | 1:27.54 |                |       |
| 33.  | Annemarie Hoving    | TriVia        | 200000248     | 2:39.99 | <b>2:43.10</b> | +0,73 |
|      | 100m: 1:17.32       | 1:17.32       | 200m: 2:43.10 | 1:25.78 |                |       |
| 34.  | Linda Boxma         | De Spatters   | 198500416     | 2:29.97 | <b>2:43.16</b> | +0,81 |
|      | 100m: 1:16.69       | 1:16.69       | 200m: 2:43.16 | 1:26.47 |                |       |
| 35.  | Anique Coelingh     | ZPC Hoogeveen | 200000638     | 2:37.54 | <b>2:43.20</b> | +0,85 |
|      | 100m: 1:15.71       | 1:15.71       | 200m: 2:43.20 | 1:27.49 |                |       |
| 36.  | Karen Stolk         | TriVia        | 199403950     | 2:32.92 | <b>2:43.54</b> | +0,80 |
|      | 100m: 1:16.99       | 1:16.99       | 200m: 2:43.54 | 1:26.55 |                |       |
| 37.  | Mariëlle Dolfijn    | TriVia        | 200201640     | 2:39.49 | <b>2:44.25</b> | +0,85 |
|      | 100m: 1:16.04       | 1:16.04       | 200m: 2:44.25 | 1:28.21 |                |       |
| 38.  | Janneke Weiland     | Orca          | 200100128     | 2:44.42 | <b>2:44.62</b> | +0,90 |
|      | 100m: 1:16.44       | 1:16.44       | 200m: 2:44.62 | 1:28.18 |                |       |
| 39.  | Isaa Ebbinge        | DZ&PC         | 200001314     | 2:44.97 | <b>2:45.05</b> | +0,78 |
|      | 100m: 1:17.17       | 1:17.17       | 200m: 2:45.05 | 1:27.88 |                |       |
| 40.  | Heleen Arends       | TriVia        | 199404416     | 2:44.93 | <b>2:45.29</b> | +0,85 |
|      | 100m: 1:16.48       | 1:16.48       | 200m: 2:45.29 | 1:28.81 |                |       |
| 41.  | Hilde Dekker        | TriVia        | 199901926     | 2:41.12 | <b>2:45.94</b> | +0,94 |
|      | 100m: 1:19.13       | 1:19.13       | 200m: 2:45.94 | 1:26.81 |                |       |
| 42.  | Suzanne Kah         | ZPC Hoogeveen | 199803312     | 2:37.02 | <b>2:46.36</b> | +0,85 |
|      | 100m: 1:18.55       | 1:18.55       | 200m: 2:46.36 | 1:27.81 |                |       |
| 43.  | Janny Groos         | DZ&PC         | 200000740     | 2:41.74 | <b>2:46.42</b> | +0,84 |
|      | 100m: 1:19.78       | 1:19.78       | 200m: 2:46.42 | 1:26.64 |                |       |
| 44.  | Dionne Salomons     | ZC Borger     | 200200504     | 2:43.49 | <b>2:46.53</b> | +0,64 |
|      | 100m: 1:18.60       | 1:18.60       | 200m: 2:46.53 | 1:27.93 |                |       |
| 45.  | Aukje Jenster       | De Valken     | 199200856     | 2:39.07 | <b>2:46.56</b> | +0,81 |
|      | 100m: 1:17.03       | 1:17.03       | 200m: 2:46.56 | 1:29.53 |                |       |
| 46.  | Myrthe Offenga      | De Vikings    | 199901874     | 2:46.51 | <b>2:47.23</b> | +0,84 |
|      | 100m: 1:18.62       | 1:18.62       | 200m: 2:47.23 | 1:28.61 |                |       |



Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 7, Dames, 200m wisselslag, Algemeen klassement

| Rang |                     |                     |               | In.tijd | Tijd           | RT    |
|------|---------------------|---------------------|---------------|---------|----------------|-------|
| 47.  | Inez Duursma        | De Spatters         | 199700256     | 2:40.62 | <b>2:47.37</b> | +0,77 |
|      | <i>Handgeklokt</i>  |                     |               |         |                |       |
|      | 100m: 1:22.00       | 1:22.00             | 200m: 2:47.37 | 1:25.37 |                |       |
| 48.  | Fleur Vialle        | Nova                | 200100554     | 2:47.89 | <b>2:47.50</b> | +0,82 |
|      | 100m: 1:19.12       | 1:19.12             | 200m: 2:47.50 | 1:28.38 |                |       |
| 49.  | Annemiek Meulenbeld | Orca                | 199506230     | 2:43.30 | <b>2:47.58</b> | +0,83 |
|      | <i>Handgeklokt</i>  |                     |               |         |                |       |
|      | 100m: 1:17.49       | 1:17.49             | 200m: 2:47.58 | 1:30.09 |                |       |
| 50.  | Isabeau Essing      | TriVia              | 200201284     | 2:45.89 | <b>2:47.86</b> | +0,91 |
|      | 100m: 1:20.07       | 1:20.07             | 200m: 2:47.86 | 1:27.79 |                |       |
| 51.  | Marian Katerberg    | De Kikker           | 200001282     | 2:43.30 | <b>2:47.95</b> | +0,89 |
|      | 100m: 1:21.36       | 1:21.36             | 200m: 2:47.95 | 1:26.59 |                |       |
| 52.  | Johanna de Boer     | ZPD                 | 199403944     | 2:40.33 | <b>2:48.42</b> | +0,82 |
|      | 100m: 1:21.49       | 1:21.49             | 200m: 2:48.42 | 1:26.93 |                |       |
| 53.  | Wiëlle Wolbers      | De Valken           | 199700462     | 2:40.22 | <b>2:48.51</b> | +0,87 |
|      | 100m: 1:18.78       | 1:18.78             | 200m: 2:48.51 | 1:29.73 |                |       |
| 54.  | Marieke Wildeboer   | TriVia              | 200100016     | 2:35.86 | <b>2:48.61</b> | +0,73 |
|      | 100m: 1:20.75       | 1:20.75             | 200m: 2:48.61 | 1:27.86 |                |       |
| 55.  | Tiffany Leerdam     | De Forel            | 200006200     | 2:42.14 | <b>2:48.95</b> | +0,77 |
|      | 100m: 1:18.06       | 1:18.06             | 200m: 2:48.95 | 1:30.89 |                |       |
| 56.  | Rosalie Baarda      | Orca                | 199903460     | 2:48.44 | <b>2:49.10</b> | +0,85 |
|      | 100m: 1:20.55       | 1:20.55             | 200m: 2:49.10 | 1:28.55 |                |       |
| 57.  | Jolien Wind         | Nova                | 200100510     | 2:40.63 | <b>2:49.13</b> | +0,87 |
|      | 100m: 1:19.45       | 1:19.45             | 200m: 2:49.13 | 1:29.68 |                |       |
| 58.  | Kyra Wooldrik       | ZPC Hoozeveen       | 200101042     | 2:49.17 | <b>2:49.30</b> | +0,81 |
|      | 100m: 1:17.91       | 1:17.91             | 200m: 2:49.30 | 1:31.39 |                |       |
| 59.  | Daphne Rockers      | ZC Borger           | 200001376     | 2:42.65 | <b>2:49.80</b> | +0,78 |
|      | 100m: 1:17.64       | 1:17.64             | 200m: 2:49.80 | 1:32.16 |                |       |
| 60.  | Helene Koning       | SG. Bolsward-Workum | 200000422     | 2:46.28 | <b>2:49.87</b> | +0,76 |
|      | 100m: 1:18.47       | 1:18.47             | 200m: 2:49.87 | 1:31.40 |                |       |
| 61.  | Yara van Kalmthout  | Nova                | 200200984     | 2:48.68 | <b>2:49.96</b> | +0,79 |
|      | 100m: 1:18.13       | 1:18.13             | 200m: 2:49.96 | 1:31.83 |                |       |
| 62.  | Nora Veenstra       | SG. Bolsward-Workum | 199901446     | 2:45.53 | <b>2:50.42</b> | +0,91 |
|      | 100m: 1:21.70       | 1:21.70             | 200m: 2:50.42 | 1:28.72 |                |       |
| 63.  | Inge Dekker         | TriVia              | 200200476     | 2:45.66 | <b>2:50.66</b> | +0,76 |
|      | 100m: 1:21.92       | 1:21.92             | 200m: 2:50.66 | 1:28.74 |                |       |
| 64.  | Suze Kuipers        | Orca                | 200301714     | 2:46.87 | <b>2:50.79</b> | +0,74 |
|      | 100m: 1:17.39       | 1:17.39             | 200m: 2:50.79 | 1:33.40 |                |       |
| 65.  | Danique Schulte     | ZC Polaris          | 199802364     | 2:46.54 | <b>2:50.89</b> | +0,77 |
|      | 100m: 1:22.89       | 1:22.89             | 200m: 2:50.89 | 1:28.00 |                |       |
| 66.  | Paulien Wesseling   | ZPC Hoozeveen       | 200102038     | 2:43.92 | <b>2:50.93</b> | +0,69 |
|      | 100m: 1:21.61       | 1:21.61             | 200m: 2:50.93 | 1:29.32 |                |       |
| 67.  | Esther Pot          | Orca                | 199903462     | 2:44.40 | <b>2:51.13</b> | +0,83 |
|      | 100m: 1:20.16       | 1:20.16             | 200m: 2:51.13 | 1:30.97 |                |       |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 7, Dames, 200m wisselslag, Algemeen klassement

| Rang |                       |                     |               | In.tijd | Tijd           | RT    |
|------|-----------------------|---------------------|---------------|---------|----------------|-------|
| 68.  | Kathelijne Tijms      | De Spatters         | 199804810     | 2:48.23 | <b>2:51.70</b> | +0,79 |
|      | 100m: 1:20.05         | 1:20.05             | 200m: 2:51.70 | 1:31.65 |                |       |
| 69.  | Marije Sweering       | Neptunia '24        | 200101228     | 2:43.82 | <b>2:52.29</b> | +0,79 |
|      | 100m: 1:20.74         | 1:20.74             | 200m: 2:52.29 | 1:31.55 |                |       |
| 70.  | Froukje Osinga        | Orca                | 200003090     | 2:45.27 | <b>2:52.52</b> | +0,66 |
|      | 100m: 1:22.05         | 1:22.05             | 200m: 2:52.52 | 1:30.47 |                |       |
| 71.  | Silke Huisman         | De Vikings          | 200301182     | 2:52.59 | <b>2:53.17</b> | +0,78 |
|      | 100m: 1:21.41         | 1:21.41             | 200m: 2:53.17 | 1:31.76 |                |       |
| 72.  | Leonie van Wier       | HZ&PC Heerenveen    | 200200436     | 2:51.62 | <b>2:53.68</b> | +0,72 |
|      | 100m: 1:24.95         | 1:24.95             | 200m: 2:53.68 | 1:28.73 |                |       |
| 73.  | Noor Uiterwijk Winkel | De Spatters         | 199800556     | 2:45.36 | <b>2:54.33</b> | +0,85 |
|      | 100m: 1:19.74         | 1:19.74             | 200m: 2:54.33 | 1:34.59 |                |       |
| 74.  | Brenda Beijering      | ZC Borger           | 200300352     | 2:53.42 | <b>2:54.61</b> | +0,84 |
|      | 100m: 1:20.34         | 1:20.34             | 200m: 2:54.61 | 1:34.27 |                |       |
| 75.  | Anja Muntendam        | Eemsrobben          | 200000002     | 2:55.36 | <b>2:54.69</b> | +0,78 |
|      | 100m: 1:24.05         | 1:24.05             | 200m: 2:54.69 | 1:30.64 |                |       |
| 76.  | Irene Wolbers         | De Valken           | 199400450     | 2:43.97 | <b>2:54.78</b> | +0,85 |
|      | 100m: 1:18.85         | 1:18.85             | 200m: 2:54.78 | 1:35.93 |                |       |
| 77.  | Elka Siesling         | SG. Bolsward-Workum | 200100566     | 2:53.40 | <b>2:55.20</b> | +0,90 |
|      | 100m: 1:24.79         | 1:24.79             | 200m: 2:55.20 | 1:30.41 |                |       |
| 78.  | Britt Gerdes          | ZC Borger           | 200201636     | 2:49.50 | <b>2:55.32</b> | +0,79 |
|      | 100m: 1:23.62         | 1:23.62             | 200m: 2:55.32 | 1:31.70 |                |       |
| 79.  | Zana Udo              | De Forel            | 200202686     | 2:53.39 | <b>2:55.44</b> | +0,83 |
|      | 100m: 1:20.63         | 1:20.63             | 200m: 2:55.44 | 1:34.81 |                |       |
| 80.  | Desanka Stoppels      | Eemsrobben          | 200101362     | 2:51.94 | <b>2:56.07</b> | +0,80 |
|      | 100m: 1:26.51         | 1:26.51             | 200m: 2:56.07 | 1:29.56 |                |       |
| 81.  | Rosa Ebbinge          | DZ&PC               | 200200904     | 3:03.35 | <b>2:56.08</b> | +0,77 |
|      | 100m: 1:25.04         | 1:25.04             | 200m: 2:56.08 | 1:31.04 |                |       |
| 82.  | Romy Jalving          | HZ&PC Heerenveen    | 200000616     | 2:49.12 | <b>2:56.12</b> | +0,76 |
|      | 100m: 1:24.81         | 1:24.81             | 200m: 2:56.12 | 1:31.31 |                |       |
| 83.  | Margriet Bieze        | De Pinquin          | 199900508     | 2:50.99 | <b>2:57.00</b> | +0,76 |
|      | 100m: 1:27.28         | 1:27.28             | 200m: 2:57.00 | 1:29.72 |                |       |
| 84.  | Sanne Abma            | HZ&PC Heerenveen    | 200200590     | 2:52.53 | <b>2:57.12</b> | +0,78 |
|      | 100m: 1:23.29         | 1:23.29             | 200m: 2:57.12 | 1:33.83 |                |       |
| 85.  | Jasmijn Steenberg     | ZPC Hoozeveen       | 200102098     | 2:47.43 | <b>2:57.24</b> | +0,86 |
|      | 100m: 1:24.51         | 1:24.51             | 200m: 2:57.24 | 1:32.73 |                |       |
| 86.  | Marijke Drent         | Nova                | 199906232     | 2:50.90 | <b>2:57.35</b> | +0,79 |
|      | 100m: 1:25.02         | 1:25.02             | 200m: 2:57.35 | 1:32.33 |                |       |
| 87.  | Ilona Venema          | Aqua 68             | 200200050     | 2:52.36 | <b>2:57.55</b> | +1,09 |
|      | 100m: 1:23.68         | 1:23.68             | 200m: 2:57.55 | 1:33.87 |                |       |
| 88.  | Cynthia Koerhuis      | De Spatters         | 199900088     | 2:49.69 | <b>2:57.76</b> | +0,82 |
|      | 100m: 1:22.92         | 1:22.92             | 200m: 2:57.76 | 1:34.84 |                |       |
| 89.  | Arita Tolman          | De Valken           | 200000914     | 2:54.22 | <b>2:57.82</b> | +0,78 |
|      | 100m: 1:23.12         | 1:23.12             | 200m: 2:57.82 | 1:34.70 |                |       |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 7, Dames, 200m wisselslag, Algemeen klassement

| Rang |                      |                     |               | In.tijd | Tijd           | RT    |
|------|----------------------|---------------------|---------------|---------|----------------|-------|
| 90.  | Masha Polushkina     | TriVia              | 200203064     | 2:57.04 | <b>2:57.92</b> | +0,93 |
|      | 100m: 1:25.48        | 1:25.48             | 200m: 2:57.92 | 1:32.44 |                |       |
| 91.  | Manon Swierts        | ZPC Hogeveen        | 200203034     | 2:56.63 | <b>2:58.46</b> | +0,82 |
|      | 100m: 1:24.15        | 1:24.15             | 200m: 2:58.46 | 1:34.31 |                |       |
| 92.  | Noa Sanders          | ZC Borger           | 200002542     | 2:52.66 | <b>2:58.66</b> | +0,76 |
|      | 100m: 1:26.25        | 1:26.25             | 200m: 2:58.66 | 1:32.41 |                |       |
| 93.  | Arianne de Vries     | Aqua 68             | 200100728     | 2:58.65 | <b>2:59.23</b> | +0,98 |
|      | 100m: 1:26.44        | 1:26.44             | 200m: 2:59.23 | 1:32.79 |                |       |
| 94.  | Noël Iris Hettinga   | Neptunia '24        | 200002536     | 2:55.56 | <b>2:59.24</b> | +0,83 |
|      | 100m: 1:29.74        | 1:29.74             | 200m: 2:59.24 | 1:29.50 |                |       |
| 95.  | Myrthe Visser        | Orca                | 200002340     | 2:48.35 | <b>2:59.31</b> | +0,73 |
|      | 100m: 1:22.08        | 1:22.08             | 200m: 2:59.31 | 1:37.23 |                |       |
| 96.  | Alessia Sluis        | MZ&PC De Reest      | 200300896     | 2:54.57 | <b>2:59.47</b> | +0,88 |
|      | 100m: 1:26.92        | 1:26.92             | 200m: 2:59.47 | 1:32.55 |                |       |
| 97.  | Jeske Moerenhout     | De Forel            | 200000390     | 2:52.73 | <b>2:59.62</b> | +0,78 |
|      | 100m: 1:26.58        | 1:26.58             | 200m: 2:59.62 | 1:33.04 |                |       |
| 98.  | Karlijn Schipper     | TriVia              | 200201544     | 2:45.15 | <b>2:59.87</b> | +0,83 |
|      | 100m: 1:23.18        | 1:23.18             | 200m: 2:59.87 | 1:36.69 |                |       |
| 99.  | Lianne van Wier      | HZ&PC Heerenveen    | 200200438     | 2:47.96 | <b>3:00.15</b> | +0,81 |
|      | 100m: 1:26.91        | 1:26.91             | 200m: 3:00.15 | 1:33.24 |                |       |
| 100. | Chantal van Willegen | De Forel            | 200302422     | 2:59.13 | <b>3:00.56</b> | +0,69 |
|      | 100m: 1:25.65        | 1:25.65             | 200m: 3:00.56 | 1:34.91 |                |       |
| 101. | Pascale Everts       | Aqua 68             | 200005510     | 2:54.29 | <b>3:00.81</b> | +0,89 |
|      | 100m: 1:26.39        | 1:26.39             | 200m: 3:00.81 | 1:34.42 |                |       |
| 102. | Sigrid Hoogland      | De Forel            | 200301976     | 2:55.20 | <b>3:00.84</b> | +0,80 |
|      | 100m: 1:27.17        | 1:27.17             | 200m: 3:00.84 | 1:33.67 |                |       |
| 103. | Ielan van Meerlo     | Wetterwille         | 200201098     | 3:00.66 | <b>3:00.89</b> | +0,82 |
|      | 100m: 1:27.24        | 1:27.24             | 200m: 3:00.89 | 1:33.65 |                |       |
| 104. | Christine Berenschot | SG. Bolsward-Workum | 199901684     | 2:56.84 | <b>3:01.45</b> | +0,86 |
|      | 100m: 1:26.46        | 1:26.46             | 200m: 3:01.45 | 1:34.99 |                |       |
| 105. | Ylsa Dijkstra        | SG. Bolsward-Workum | 200200728     | 2:53.22 | <b>3:02.26</b> |       |
|      | 100m: 1:28.16        | 1:28.16             | 200m: 3:02.26 | 1:34.10 |                |       |
| 106. | Laura Noord          | De Wellerobben      | 200202568     | 2:57.14 | <b>3:02.29</b> | +0,77 |
|      | 100m: 1:27.58        | 1:27.58             | 200m: 3:02.29 | 1:34.71 |                |       |
| 107. | Jolien Schipper      | TriVia              | 200201832     | 3:04.96 | <b>3:02.33</b> | +0,98 |
|      | 100m: 1:29.45        | 1:29.45             | 200m: 3:02.33 | 1:32.88 |                |       |
| 108. | Marjan Nijmeijer     | De Valken           | 200002560     | 2:54.64 | <b>3:02.34</b> | +0,80 |
|      | 100m: 1:30.82        | 1:30.82             | 200m: 3:02.34 | 1:31.52 |                |       |
| 109. | Yvanka Visser        | HZ&PC Heerenveen    | 200102698     | 2:53.08 | <b>3:02.46</b> | +0,88 |
|      | 100m: 1:31.05        | 1:31.05             | 200m: 3:02.46 | 1:31.41 |                |       |
| 110. | Marijne van der Veen | Orca                | 200300960     | 3:04.66 | <b>3:02.60</b> | +0,84 |
|      | 100m: 1:28.38        | 1:28.38             | 200m: 3:02.60 | 1:34.22 |                |       |
| 111. | Olena Dijkstra       | TriVia              | 200202624     | 2:56.24 | <b>3:02.71</b> | +0,81 |
|      | 100m: 1:28.63        | 1:28.63             | 200m: 3:02.71 | 1:34.08 |                |       |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 7, Dames, 200m wisselslag, Algemeen klassement

| Rang |                     |                     |               |         | In.tijd | Tijd           | RT    |
|------|---------------------|---------------------|---------------|---------|---------|----------------|-------|
| 112. | Ilse Hoogeveen      | Aqua 68             | 200301140     |         | 2:53.92 | <b>3:03.07</b> |       |
|      | 100m: 1:22.93       | 1:22.93             | 200m: 3:03.07 | 1:40.14 |         |                |       |
| 113. | Mirthe Schenkel     | ZPC Hogeveen        | 200300666     |         | 3:01.20 | <b>3:03.19</b> | +0,80 |
|      | 100m: 1:32.63       | 1:32.63             | 200m: 3:03.19 | 1:30.56 |         |                |       |
| 114. | Chantal Tiesinga    | TriVia              | 200302452     |         | 3:03.59 | <b>3:03.35</b> | +0,96 |
|      | 100m: 1:29.85       | 1:29.85             | 200m: 3:03.35 | 1:33.50 |         |                |       |
| 115. | Liesette Bruinsma   | HZ&PC Heerenveen    | 200004346     | SM12    | 2:54.32 | <b>3:03.56</b> | +0,79 |
|      | 100m: 1:33.40       | 1:33.40             | 200m: 3:03.56 | 1:30.16 |         |                |       |
| 116. | Lotte Rolink        | ZC Polaris          | 199504880     |         | 2:48.25 | <b>3:04.02</b> | +0,78 |
|      | 100m: 1:30.80       | 1:30.80             | 200m: 3:04.02 | 1:33.22 |         |                |       |
| 117. | Femke van de Geer   | SG. Bolsward-Workum | 200200400     |         | 2:58.80 | <b>3:04.04</b> | +0,91 |
|      | 100m: 1:30.21       | 1:30.21             | 200m: 3:04.04 | 1:33.83 |         |                |       |
| 118. | Naomi Broekman      | De Spatters         | 200100020     |         | 2:53.23 | <b>3:04.13</b> | +0,81 |
|      | 100m: 1:32.43       | 1:32.43             | 200m: 3:04.13 | 1:31.70 |         |                |       |
| 119. | Tabitha de Haan     | De Granaet          | 200000550     |         | 2:56.64 | <b>3:04.26</b> | +0,80 |
|      | 100m: 1:28.43       | 1:28.43             | 200m: 3:04.26 | 1:35.83 |         |                |       |
| 120. | Dyan Rothschild     | ZC Borger           | 200300998     |         | 3:02.78 | <b>3:04.35</b> | +0,79 |
|      | 100m: 1:27.63       | 1:27.63             | 200m: 3:04.35 | 1:36.72 |         |                |       |
| 121. | Frederique Potma    | F.Z.C.'54           | 200102962     |         | 2:57.56 | <b>3:04.75</b> | +0,72 |
|      | 100m: 1:29.93       | 1:29.93             | 200m: 3:04.75 | 1:34.82 |         |                |       |
| 122. | Lot Burgstra        | TriVia              | 200103294     |         | 3:01.68 | <b>3:04.83</b> | +0,67 |
|      | 100m: 1:29.86       | 1:29.86             | 200m: 3:04.83 | 1:34.97 |         |                |       |
| 123. | Emma Sies           | TriVia              | 200300732     |         | 2:57.69 | <b>3:05.24</b> | +0,77 |
|      | 100m: 1:30.17       | 1:30.17             | 200m: 3:05.24 | 1:35.07 |         |                |       |
| 124. | Femke Wiersma       | HZ&PC Heerenveen    | 200103078     |         | 2:43.53 | <b>3:05.57</b> | +0,76 |
|      | 100m: 1:29.84       | 1:29.84             | 200m: 3:05.57 | 1:35.73 |         |                |       |
| 125. | Anna Tinga          | De Forel            | 200302734     |         | 3:03.53 | <b>3:05.65</b> | +0,56 |
|      | 100m: 1:29.24       | 1:29.24             | 200m: 3:05.65 | 1:36.41 |         |                |       |
| 126. | Frederique Epping   | ZC Borger           | 200301344     |         | 3:03.24 | <b>3:05.80</b> | +0,66 |
|      | 100m: 1:30.24       | 1:30.24             | 200m: 3:05.80 | 1:35.56 |         |                |       |
| 127. | Sigrid Pafforaad    | Avena               | 200201130     |         | 2:54.27 | <b>3:05.84</b> | +0,88 |
|      | 100m: 1:29.47       | 1:29.47             | 200m: 3:05.84 | 1:36.37 |         |                |       |
| 128. | Ellen Altena        | TriVia              | 200300266     |         | 2:56.33 | <b>3:06.20</b> |       |
|      | 100m: 1:29.27       | 1:29.27             | 200m: 3:06.20 | 1:36.93 |         |                |       |
| 129. | Esmee van Peer      | TriVia              | 200201114     |         | 3:00.49 | <b>3:06.62</b> | +0,70 |
|      | 100m: 1:31.32       | 1:31.32             | 200m: 3:06.62 | 1:35.30 |         |                |       |
| 130. | Laura van der Velde | F.Z.C.'54           | 200300630     |         | 2:55.77 | <b>3:06.76</b> | +0,92 |
|      | 100m: 1:31.77       | 1:31.77             | 200m: 3:06.76 | 1:34.99 |         |                |       |
| 131. | Anouk Bak           | TriVia              | 200101854     |         | 3:01.63 | <b>3:06.85</b> | +0,74 |
|      | 100m: 1:26.33       | 1:26.33             | 200m: 3:06.85 | 1:40.52 |         |                |       |
| 132. | Kim Hillen          | MZ&PC De Reest      | 200300364     |         | 3:00.17 | <b>3:06.87</b> | +0,71 |
|      | 100m: 1:28.52       | 1:28.52             | 200m: 3:06.87 | 1:38.35 |         |                |       |
| 133. | Irana Remmelts      | Aqua 68             | 200102486     |         | 2:58.27 | <b>3:06.94</b> | +0,85 |
|      | 100m: 1:27.06       | 1:27.06             | 200m: 3:06.94 | 1:39.88 |         |                |       |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 7, Dames, 200m wisselslag, Algemeen klassement

| Rang  |   |                     |               | In.tijd | Tijd           | RT    |
|-------|---|---------------------|---------------|---------|----------------|-------|
| 134.  | Noa Bos   | TriVia              | 200202546     | 3:03.26 | <b>3:08.64</b> |       |
|       | 100m: 1:31.32   | 1:31.32             | 200m: 3:08.64 | 1:37.32 |                |       |
| 135.  | Anne-fleur Jonker                                       | Aqua 68             | 200101348     | 2:59.19 | <b>3:08.73</b> | +0,90 |
|       | 100m: 1:30.81   | 1:30.81             | 200m: 3:08.73 | 1:37.92 |                |       |
| 136.  | Leonie Rockers  | ZC Borger           | 200300256     | 3:10.20 | <b>3:09.19</b> | +0,58 |
|       | 100m: 1:32.02   | 1:32.02             | 200m: 3:09.19 | 1:37.17 |                |       |
| 137.  | Anneke vd Laan  | Orca                | 200201154     | 3:04.13 | <b>3:09.47</b> | +0,70 |
|       | 100m: 1:35.22   | 1:35.22             | 200m: 3:09.47 | 1:34.25 |                |       |
| 138.  | Elin Manning  | Nova                | 200200982     | 3:03.28 | <b>3:09.62</b> | +0,84 |
|       | 100m: 1:34.64   | 1:34.64             | 200m: 3:09.62 | 1:34.98 |                |       |
| 139.  | Lotte Grovenstein                                       | F.Z.C.'54           | 200102964     | 2:59.89 | <b>3:10.28</b> | +0,88 |
|       | 100m: 1:28.37   | 1:28.37             | 200m: 3:10.28 | 1:41.91 |                |       |
| 140.  | Myrthe Sietsma  | Wetterwille         | 200203854     | 3:04.57 | <b>3:10.52</b> |       |
|       | 100m: 1:31.70   | 1:31.70             | 200m: 3:10.52 | 1:38.82 |                |       |
| 141.  | Tove Beltman  | Orca                | 200301618     | 3:13.36 | <b>3:11.57</b> |       |
|       | 100m: 1:36.23   | 1:36.23             | 200m: 3:11.57 | 1:35.34 |                |       |
| 142.  | Myrthe Groote   | ZC Polaris          | 200202008     | 3:03.52 | <b>3:12.38</b> |       |
|       | 100m: 1:32.09   | 1:32.09             | 200m: 3:12.38 | 1:40.29 |                |       |
| 143.  | Lisanne Rinzema   | Wetterwille         | 200204294     | 3:05.82 | <b>3:13.17</b> | +0,81 |
|       | 100m: 1:32.90   | 1:32.90             | 200m: 3:13.17 | 1:40.27 |                |       |
| 144.  | Lotte van Hof   | De Granaet          | 200202640     | 3:03.35 | <b>3:13.39</b> | +0,95 |
|       | 100m: 1:35.09   | 1:35.09             | 200m: 3:13.39 | 1:38.30 |                |       |
| 145.  | Gerda Woldendorp  | De Vikings          | 200300418     | 3:09.68 | <b>3:13.91</b> | +0,87 |
|       | 100m: 1:35.18   | 1:35.18             | 200m: 3:13.91 | 1:38.73 |                |       |
| 146.  | Ilse Wals   | ZC Borger           | 200303502     | 3:10.40 | <b>3:14.42</b> |       |
|       | 100m: 1:36.88   | 1:36.88             | 200m: 3:14.42 | 1:37.54 |                |       |
| 147.  | Chantal Posthuma  | ZC Polaris          | 200300834     | 3:10.65 | <b>3:17.46</b> | +0,87 |
|       | 100m: 1:32.19   | 1:32.19             | 200m: 3:17.46 | 1:45.27 |                |       |
| 148.  | Laura Altena  | De Pinquin          | 200102302     | 2:58.28 | <b>3:18.38</b> | +0,79 |
|       | 100m: 1:35.68   | 1:35.68             | 200m: 3:18.38 | 1:42.70 |                |       |
| 149.  | Myrthe Idema  | TriVia              | 200303240     | 3:12.02 | <b>3:18.61</b> | +0,81 |
|       | 100m: 1:36.89   | 1:36.89             | 200m: 3:18.61 | 1:41.72 |                |       |
| 150.  | Marjolijn Koolman                                       | Bubble              | 200300194     | 3:11.42 | <b>3:18.90</b> | +0,92 |
|       | 100m: 1:33.95   | 1:33.95             | 200m: 3:18.90 | 1:44.95 |                |       |
| 151.  | Daniek Supèr  | Nova                | 200300452     | 3:08.98 | <b>3:19.82</b> |       |
|       | 100m: 1:36.84   | 1:36.84             | 200m: 3:19.82 | 1:42.98 |                |       |
| 152.  | Manon Post  | ZPC Stadskanaal     | 200302252     | 3:09.83 | <b>3:25.20</b> | +0,89 |
|       | 100m: 1:41.33   | 1:41.33             | 200m: 3:25.20 | 1:43.87 |                |       |
| DIS   | Luna van den Ende                                       | De Vikings          | 200201518     | 3:00.13 |                | +0,52 |
|       | <i>RH - Het eindpunt niet in rugligging aangeraakt.</i> |                     |               |         |                |       |
| NG.ZA | Jante Wolbers   | De Valken           | 198904804     | 2:34.18 |                |       |
| AFGEM | Liza Heldoorn   | Aqualero            | 200000270     | 2:50.90 |                |       |
| AFGEM | Corrien Tolsma  | SG. Bolsward-Workum | 200201904     | 2:59.20 |                |       |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 7, Dames, 200m wisselslag, Algemeen klassement

| Rang  |                 |                  |           | In.tijd | Tijd    | RT |
|-------|-----------------|------------------|-----------|---------|---------|----|
| AFGEM | Sanne Hoving    | HZ&PC Heerenveen | 200003332 | SM9     | 3:22.72 |    |
| AFGEM | Berdien Welling | ZC Borger        | 199103476 |         | 2:44.78 |    |

Programmanr. 8  
16-5-2015

Heren, 100m rugslag

Junioren 1 en ouder  
Resultaten

| Rang       |                                       |                  |           |  | In.tijd | Tijd           | RT    |
|------------|---------------------------------------|------------------|-----------|--|---------|----------------|-------|
| Junioren 1 |                                       |                  |           |  |         |                |       |
| 1.         | Tycho Atanasov                        | ZC Borger        | 200201133 |  | 1:12.04 | <b>1:12.78</b> | +0,55 |
| 2.         | Makai van Haren                       | De Forel         | 200200627 |  | 1:11.57 | <b>1:13.43</b> | +0,71 |
| 3.         | Raoul Witten                          | ZPC Hoogeveen    | 200200231 |  | 1:10.59 | <b>1:13.63</b> | +0,64 |
| 4.         | Maurice Pater                         | TriVia           | 200200909 |  | 1:16.63 | <b>1:15.20</b> | +0,78 |
| 5.         | Jan Berend Sipma                      | De Granaet       | 200201443 |  | 1:16.11 | <b>1:19.70</b> | +0,88 |
| Junioren 2 |                                       |                  |           |  |         |                |       |
| 1.         | Jelmar Koopman<br><i>Handgeklokt</i>  | De Forel         | 200100249 |  | 1:04.14 | <b>1:06.77</b> | +0,83 |
| 2.         | David Anthonio                        | ZC Borger        | 200102551 |  | 1:10.97 | <b>1:09.14</b> | +0,69 |
| 3.         | Owen Peeks                            | ZPC Hoogeveen    | 200100765 |  | 1:09.77 | <b>1:09.72</b> | +0,97 |
| 4.         | Marcel Delfstra                       | Orca             | 200100037 |  | 1:09.67 | <b>1:10.24</b> | +0,63 |
| 5.         | Emile Dost                            | ZC Borger        | 200100731 |  | 1:09.29 | <b>1:10.28</b> | +0,73 |
| 6.         | Coen de Lang                          | ZPC Hoogeveen    | 200100067 |  | 1:09.55 | <b>1:11.17</b> | +0,73 |
| AFGEM      | Marc Hoogeveen                        | Aqua 68          | 200101585 |  | 1:10.79 |                |       |
| Junioren 3 |                                       |                  |           |  |         |                |       |
| 1.         | Jelle Betten                          | DZ&PC            | 200001535 |  | 58.21   | <b>59.73</b>   | +0,71 |
| 2.         | Junior de Bruin                       | ZPC Hoogeveen    | 200000839 |  | 1:04.18 | <b>1:07.77</b> | +0,78 |
| 3.         | Axel Hanning                          | Nova             | 200000703 |  | 1:05.10 | <b>1:08.16</b> | +0,78 |
| 4.         | Sjoerd Vonk                           | Wetterwille      | 200004241 |  | 1:05.47 | <b>1:08.43</b> | +0,81 |
| 5.         | Hendrik Broekema                      | Bubble           | 200002205 |  | 1:05.76 | <b>1:08.87</b> | +0,63 |
| 6.         | Hugo Jan Bosscher                     | Orca             | 200000185 |  | 1:07.99 | <b>1:10.55</b> | +0,67 |
| 7.         | Joel Pinkster                         | Aqua 68          | 200000611 |  | 1:08.02 | <b>1:12.45</b> | +0,72 |
| 8.         | Thomas Hamstra                        | Orca             | 200001693 |  | 1:09.78 | <b>1:13.22</b> | +0,66 |
| 9.         | Wouter van Asperen                    | De Spatters      | 200000125 |  | 1:11.31 | <b>1:17.73</b> | +0,99 |
| Junioren 4 |                                       |                  |           |  |         |                |       |
| 1.         | Luuk Veldman                          | Orca             | 199900981 |  | 1:01.14 | <b>1:02.85</b> | +0,64 |
| 2.         | Matthijs van Meerendonk               | Aqua 68          | 199900375 |  | 1:04.49 | <b>1:04.51</b> | +0,66 |
| 3.         | Daan Zwertbroek<br><i>Handgeklokt</i> | HZ&PC Heerenveen | 199900463 |  | 1:03.90 | <b>1:08.57</b> | +0,65 |
| 4.         | Auke Jan Ytsma                        | Orca             | 199900905 |  | 1:09.65 | <b>1:10.54</b> | +0,69 |
| 5.         | Bob de Groot                          | ZC Borger        | 199903585 |  | 1:08.37 | <b>1:10.84</b> | +0,72 |
| 6.         | Maik Huser                            | ZPC Hoogeveen    | 199900265 |  | 1:06.66 | <b>1:11.23</b> | +0,71 |
| 7.         | Timo de Vries                         | De Forel         | 199900407 |  | 1:09.55 | <b>1:11.32</b> | +0,80 |
| NG.ZA      | Thom Drenth                           | Eemsrobben       | 199903823 |  | 1:09.15 |                |       |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 8, Heren, 100m rugslag

Jeugd 1 en 2

|       |                      |                  |           |         |                |       |
|-------|----------------------|------------------|-----------|---------|----------------|-------|
| 1.    | Gauke Eilander       | ZPC Hoogeveen    | 199800603 | 56.95   | <b>1:02.89</b> | +0,76 |
| 2.    | Richard Kuipers      | Orca             | 199704171 | 1:02.48 | <b>1:04.31</b> |       |
| 3.    | Denny Olde Agterhuis | HZ&PC Heerenveen | 199801253 | 1:01.04 | <b>1:05.15</b> | +0,77 |
| 4.    | Youri Beugelsdijk    | TriVia           | 199704767 | 1:05.30 | <b>1:05.53</b> | +0,75 |
| 5.    | Thomas Kappe         | ZPC Hoogeveen    | 199805141 | 1:04.07 | <b>1:05.86</b> | +0,65 |
|       | <i>Handgeklokt</i>   |                  |           |         |                |       |
| 6.    | Jorie Seubers        | ZPC Hoogeveen    | 199804371 | 1:01.53 | <b>1:05.88</b> |       |
|       | *                    |                  |           |         |                |       |
| 7.    | Darryl Lubbinge      | ZPC Hoogeveen    | 199701045 | 1:04.24 | <b>1:07.53</b> | +0,86 |
| 8.    | Marcel Groen         | Nova             | 199700239 | 1:03.68 | <b>1:08.01</b> | +0,80 |
|       | <i>Handgeklokt</i>   |                  |           |         |                |       |
| 9.    | Friso van der Meulen | TriVia           | 199800617 | 1:04.27 | <b>1:08.37</b> | +0,70 |
| 10.   | Ingmar Hartman       | ZC Borger        | 199801013 | 1:07.71 | <b>1:09.02</b> | +0,68 |
| 11.   | Beeke Beeksmā        | TriVia           | 199801537 | 1:04.81 | <b>1:11.58</b> | +0,75 |
| 12.   | Patrick de Roos      | ZPD              | 199702071 | 1:06.25 | <b>1:11.68</b> | +0,77 |
| NG.ZA | Remco Stam           | TriVia           | 199702165 | 1:08.09 |                |       |
| NG    | Wouter de Lang       | ZPC Hoogeveen    | 199801147 | 1:01.52 |                |       |

Senioren 1 en ouder

|       |                    |                  |           |         |                |       |
|-------|--------------------|------------------|-----------|---------|----------------|-------|
| 1.    | Chris Bolding      | ZPC Hoogeveen    | 199503427 | 59.00   | <b>1:01.83</b> | +0,74 |
| 2.    | Dennis Cramer      | TriVia           | 199200199 | 1:00.67 | <b>1:01.94</b> | +0,77 |
| 3.    | Niels van Eck      | ZPC Hoogeveen    | 198900793 | 1:01.22 | <b>1:03.58</b> |       |
| 4.    | Ramon Fredrik      | Orca             | 199403933 | 57.60   | <b>1:04.04</b> | +0,59 |
| 5.    | Koen Lems          | ZPC Hoogeveen    | 199603709 | 1:02.50 | <b>1:04.30</b> | +0,73 |
|       | <i>Handgeklokt</i> |                  |           |         |                |       |
| 6.    | Dennis Bos         | HZ&PC Heerenveen | 199201965 | 1:01.91 | <b>1:04.42</b> |       |
| 7.    | Derk Jan Speelman  | De Spatters      | 199602425 | 1:01.77 | <b>1:04.44</b> |       |
| 8.    | Niels Koster       | ZPC Hoogeveen    | 198701851 | 1:01.60 | <b>1:04.45</b> |       |
| 9.    | Ardi Knol          | ZPC Hoogeveen    | 199603447 | 1:02.16 | <b>1:06.05</b> |       |
| 10.   | Sietse Wijbenga    | ZPD              | 199301967 | 1:03.51 | <b>1:07.97</b> | +0,67 |
|       | <i>Handgeklokt</i> |                  |           |         |                |       |
| 11.   | David Scheffer     | De Pinquin       | 199500175 | 1:03.77 | <b>1:09.36</b> | +0,72 |
|       | <i>Handgeklokt</i> |                  |           |         |                |       |
| 12.   | Richard Hovenkamp  | De Spatters      | 199400497 | 1:05.88 | <b>1:12.54</b> | +0,90 |
| AFGEM | Derk-Jan Knol      | ZPC Hoogeveen    | 199504297 | 1:03.40 |                |       |
| AFGEM | Rowan Keen         | ZC Borger        | 199500727 | 59.37   |                |       |
| NG    | Joost van den Berg | ZC Borger        | 199405289 | 1:04.68 |                |       |

Algemeen klassement

|    |                    |               |           |         |                |       |
|----|--------------------|---------------|-----------|---------|----------------|-------|
| 1. | Jelle Betten       | DZ&PC         | 200001535 | 58.21   | <b>59.73</b>   | +0,71 |
| 2. | Chris Bolding      | ZPC Hoogeveen | 199503427 | 59.00   | <b>1:01.83</b> | +0,74 |
| 3. | Dennis Cramer      | TriVia        | 199200199 | 1:00.67 | <b>1:01.94</b> | +0,77 |
| 4. | Luuk Veldman       | Orca          | 199900981 | 1:01.14 | <b>1:02.85</b> | +0,64 |
| 5. | Gauke Eilander     | ZPC Hoogeveen | 199800603 | 56.95   | <b>1:02.89</b> | +0,76 |
| 6. | Niels van Eck      | ZPC Hoogeveen | 198900793 | 1:01.22 | <b>1:03.58</b> |       |
| 7. | Ramon Fredrik      | Orca          | 199403933 | 57.60   | <b>1:04.04</b> | +0,59 |
| 8. | Koen Lems          | ZPC Hoogeveen | 199603709 | 1:02.50 | <b>1:04.30</b> | +0,73 |
|    | <i>Handgeklokt</i> |               |           |         |                |       |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 8, Heren, 100m rugslag, Algemeen klassement

| Rang |                         |                  | In.tijd   | Tijd    | RT             |       |
|------|-------------------------|------------------|-----------|---------|----------------|-------|
| 9.   | Richard Kuipers         | Orca             | 199704171 | 1:02.48 | <b>1:04.31</b> |       |
| 10.  | Dennis Bos              | HZ&PC Heerenveen | 199201965 | 1:01.91 | <b>1:04.42</b> |       |
| 11.  | Derk Jan Speelman       | De Spatters      | 199602425 | 1:01.77 | <b>1:04.44</b> |       |
| 12.  | Niels Koster            | ZPC Hoogeveen    | 198701851 | 1:01.60 | <b>1:04.45</b> |       |
| 13.  | Matthijs van Meerendonk | Aqua 68          | 199900375 | 1:04.49 | <b>1:04.51</b> | +0,66 |
| 14.  | Denny Olde Agterhuis    | HZ&PC Heerenveen | 199801253 | 1:01.04 | <b>1:05.15</b> | +0,77 |
| 15.  | Youri Beugelsdijk       | TriVia           | 199704767 | 1:05.30 | <b>1:05.53</b> | +0,75 |
| 16.  | Thomas Kappe            | ZPC Hoogeveen    | 199805141 | 1:04.07 | <b>1:05.86</b> | +0,65 |
|      | <i>Handgeklokt</i>      |                  |           |         |                |       |
| 17.  | Jorie Seubers           | ZPC Hoogeveen    | 199804371 | 1:01.53 | <b>1:05.88</b> |       |
|      | *                       |                  |           |         |                |       |
| 18.  | Ardi Knol               | ZPC Hoogeveen    | 199603447 | 1:02.16 | <b>1:06.05</b> |       |
| 19.  | Jelmar Koopman          | De Forel         | 200100249 | 1:04.14 | <b>1:06.77</b> | +0,83 |
|      | <i>Handgeklokt</i>      |                  |           |         |                |       |
| 20.  | Darryl Lubbinge         | ZPC Hoogeveen    | 199701045 | 1:04.24 | <b>1:07.53</b> | +0,86 |
| 21.  | Junior de Bruin         | ZPC Hoogeveen    | 200000839 | 1:04.18 | <b>1:07.77</b> | +0,78 |
| 22.  | Sietse Wijbenga         | ZPD              | 199301967 | 1:03.51 | <b>1:07.97</b> | +0,67 |
|      | <i>Handgeklokt</i>      |                  |           |         |                |       |
| 23.  | Marcel Groen            | Nova             | 199700239 | 1:03.68 | <b>1:08.01</b> | +0,80 |
|      | <i>Handgeklokt</i>      |                  |           |         |                |       |
| 24.  | Axel Hanning            | Nova             | 200000703 | 1:05.10 | <b>1:08.16</b> | +0,78 |
| 25.  | Friso van der Meulen    | TriVia           | 199800617 | 1:04.27 | <b>1:08.37</b> | +0,70 |
| 26.  | Sjoerd Vonk             | Wetterwille      | 200004241 | 1:05.47 | <b>1:08.43</b> | +0,81 |
| 27.  | Daan Zwertbroek         | HZ&PC Heerenveen | 199900463 | 1:03.90 | <b>1:08.57</b> | +0,65 |
|      | <i>Handgeklokt</i>      |                  |           |         |                |       |
| 28.  | Hendrik Broekema        | Bubble           | 200002205 | 1:05.76 | <b>1:08.87</b> | +0,63 |
| 29.  | Ingmar Hartman          | ZC Borger        | 199801013 | 1:07.71 | <b>1:09.02</b> | +0,68 |
| 30.  | David Anthonio          | ZC Borger        | 200102551 | 1:10.97 | <b>1:09.14</b> | +0,69 |
| 31.  | David Scheffer          | De Pinguin       | 199500175 | 1:03.77 | <b>1:09.36</b> | +0,72 |
|      | <i>Handgeklokt</i>      |                  |           |         |                |       |
| 32.  | Owen Peeks              | ZPC Hoogeveen    | 200100765 | 1:09.77 | <b>1:09.72</b> | +0,97 |
| 33.  | Marcel Delfstra         | Orca             | 200100037 | 1:09.67 | <b>1:10.24</b> | +0,63 |
| 34.  | Emile Dost              | ZC Borger        | 200100731 | 1:09.29 | <b>1:10.28</b> | +0,73 |
| 35.  | Auke Jan Ytsma          | Orca             | 199900905 | 1:09.65 | <b>1:10.54</b> | +0,69 |
| 36.  | Hugo Jan Bosscher       | Orca             | 200000185 | 1:07.99 | <b>1:10.55</b> | +0,67 |
| 37.  | Bob de Groot            | ZC Borger        | 199903585 | 1:08.37 | <b>1:10.84</b> | +0,72 |
| 38.  | Coen de Lang            | ZPC Hoogeveen    | 200100067 | 1:09.55 | <b>1:11.17</b> | +0,73 |
| 39.  | Maik Huser              | ZPC Hoogeveen    | 199900265 | 1:06.66 | <b>1:11.23</b> | +0,71 |
| 40.  | Timo de Vries           | De Forel         | 199900407 | 1:09.55 | <b>1:11.32</b> | +0,80 |
| 41.  | Beeke Beeksma           | TriVia           | 199801537 | 1:04.81 | <b>1:11.58</b> | +0,75 |
| 42.  | Patrick de Roos         | ZPD              | 199702071 | 1:06.25 | <b>1:11.68</b> | +0,77 |
| 43.  | Joel Pinkster           | Aqua 68          | 200000611 | 1:08.02 | <b>1:12.45</b> | +0,72 |
| 44.  | Richard Hovenkamp       | De Spatters      | 199400497 | 1:05.88 | <b>1:12.54</b> | +0,90 |
| 45.  | Tycho Atanasov          | ZC Borger        | 200201133 | 1:12.04 | <b>1:12.78</b> | +0,55 |
| 46.  | Thomas Hamstra          | Orca             | 200001693 | 1:09.78 | <b>1:13.22</b> | +0,66 |
| 47.  | Makai van Haren         | De Forel         | 200200627 | 1:11.57 | <b>1:13.43</b> | +0,71 |
| 48.  | Raoul Witten            | ZPC Hoogeveen    | 200200231 | 1:10.59 | <b>1:13.63</b> | +0,64 |
| 49.  | Maurice Pater           | TriVia           | 200200909 | 1:16.63 | <b>1:15.20</b> | +0,78 |
| 50.  | Wouter van Asperen      | De Spatters      | 200000125 | 1:11.31 | <b>1:17.73</b> | +0,99 |



Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 8, Heren, 100m rugslag, Algemeen klassement

| Rang |                       |               |           | In.tijd | Tijd           | RT    |
|------|-----------------------|---------------|-----------|---------|----------------|-------|
| 51.  | Jan Berend Sipma      | De Granaet    | 200201443 | 1:16.11 | <b>1:19.70</b> | +0,88 |
|      | NG.ZA Thom Drenth     | Eemsrobben    | 199903823 | 1:09.15 |                |       |
|      | NG.ZA Remco Stam      | TriVia        | 199702165 | 1:08.09 |                |       |
|      | AFGEM Derk-Jan Knol   | ZPC Hoogeveen | 199504297 | 1:03.40 |                |       |
|      | AFGEM Marc Hoogeveen  | Aqua 68       | 200101585 | 1:10.79 |                |       |
|      | AFGEM Rowan Keen      | ZC Borger     | 199500727 | 59.37   |                |       |
|      | NG Wouter de Lang     | ZPC Hoogeveen | 199801147 | 1:01.52 |                |       |
|      | NG Joost van den Berg | ZC Borger     | 199405289 | 1:04.68 |                |       |

Programmanr. 9  
16-5-2015

Dames, 200m schoolslag

Junioren 1 en ouder  
Resultaten

| Rang              |                        |                |               | In.tijd | Tijd           | RT    |
|-------------------|------------------------|----------------|---------------|---------|----------------|-------|
| <b>Junioren 1</b> |                        |                |               |         |                |       |
| 1.                | Silke Huisman          | De Vikings     | 200301182     | 3:11.21 | <b>3:10.88</b> | +0,58 |
|                   | 100m: 1:32.31          | 1:32.31        | 200m: 3:10.88 | 1:38.57 |                |       |
| 2.                | Mirthe Schenkel        | ZPC Hoogeveen  | 200300666     | 3:04.60 | <b>3:13.38</b> | +0,82 |
|                   | 100m: 1:35.57          | 1:35.57        | 200m: 3:13.38 | 1:37.81 |                |       |
| 3.                | Sigrid Hoogland        | De Forel       | 200301976     | 3:20.98 | <b>3:14.93</b> | +0,82 |
|                   | 100m: 1:34.00          | 1:34.00        | 200m: 3:14.93 | 1:40.93 |                |       |
| 4.                | Alessia Sluis          | MZ&PC De Reest | 200300896     | 3:12.18 | <b>3:17.88</b> | +0,87 |
|                   | 100m: 1:35.83          | 1:35.83        | 200m: 3:17.88 | 1:42.05 |                |       |
| 5.                | Willianne Vos          | TriVia         | 200300050     | 3:06.73 | <b>3:22.59</b> | +0,80 |
|                   | 100m: 1:33.94          | 1:33.94        | 200m: 3:22.59 | 1:48.65 |                |       |
| 6.                | Marijine van der Veen  | Orca           | 200300960     | 3:19.92 | <b>3:23.17</b> | +0,66 |
|                   | 100m: 1:37.65          | 1:37.65        | 200m: 3:23.17 | 1:45.52 |                |       |
| 7.                | Emma Sies              | TriVia         | 200300732     | 3:17.57 | <b>3:23.84</b> | +0,77 |
|                   | 100m: 1:39.09          | 1:39.09        | 200m: 3:23.84 | 1:44.75 |                |       |
| 8.                | Leonie Rockers         | ZC Borger      | 200300256     | 3:22.60 | <b>3:27.46</b> | +0,79 |
|                   | 100m: 1:39.55          | 1:39.55        | 200m: 3:27.46 | 1:47.91 |                |       |
| 9.                | Ellen Altena           | TriVia         | 200300266     | 3:21.88 | <b>3:36.91</b> | +0,68 |
|                   | 100m: 1:45.78          | 1:45.78        | 200m: 3:36.91 | 1:51.13 |                |       |
|                   | NG.ZA Brenda Beijering | ZC Borger      | 200300352     | 3:16.50 |                |       |
|                   | AFGEM Suze Kuipers     | Orca           | 200301714     | 3:24.07 |                |       |

**Junioren 2**

|    |                  |                 |               |         |                |       |
|----|------------------|-----------------|---------------|---------|----------------|-------|
| 1. | Lisanne Boets    | ZPC Stadskanaal | 200200346     | 3:04.15 | <b>3:08.53</b> | +0,82 |
|    | 100m: 1:31.18    | 1:31.18         | 200m: 3:08.53 | 1:37.35 |                |       |
| 2. | Amber Koning     | Appingedam      | 200202842     | 3:05.98 | <b>3:12.37</b> | +0,82 |
|    | 100m: 1:29.62    | 1:29.62         | 200m: 3:12.37 | 1:42.75 |                |       |
| 3. | Anneke vd Laan   | Orca            | 200201154     | 3:12.73 | <b>3:15.47</b> | +0,76 |
|    | 100m: 1:34.77    | 1:34.77         | 200m: 3:15.47 | 1:40.70 |                |       |
| 4. | Martine Kamminga | ZPD             | 200201172     | 3:14.03 | <b>3:17.60</b> |       |
|    | 100m: 1:35.76    | 1:35.76         | 200m: 3:17.60 | 1:41.84 |                |       |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 9, Meisjes, 200m schoolslag, Junioren 2

| Rang |                    |                     |               | In.tijd | Tijd           | RT    |
|------|--------------------|---------------------|---------------|---------|----------------|-------|
| 5.   | Femke van de Geer  | SG. Bolsward-Workum | 200200400     | 3:13.34 | <b>3:21.67</b> | +0,94 |
|      | 100m: 1:37.14      | 1:37.14             | 200m: 3:21.67 | 1:44.53 |                |       |
| 6.   | Luna van den Ende  | De Vikings          | 200201518     | 3:15.16 | <b>3:24.06</b> | +0,89 |
|      | 100m: 1:38.21      | 1:38.21             | 200m: 3:24.06 | 1:45.85 |                |       |
| 7.   | Esmee Greydanus    | De Spatters         | 200200544     | 3:11.97 | <b>3:37.75</b> | +0,79 |
|      | *<br>100m: 1:43.30 | 1:43.30             | 200m: 3:37.75 | 1:54.45 |                |       |

Junioren 3

|    |                     |               |               |         |                |       |
|----|---------------------|---------------|---------------|---------|----------------|-------|
| 1. | Joyce Kuipers       | Orca          | 200103426     | 2:54.36 | <b>2:57.23</b> | +0,86 |
|    | 100m: 1:22.74       | 1:22.74       | 200m: 2:57.23 | 1:34.49 |                |       |
| 2. | Lize Janna de Vries | Orca          | 200101948     | 3:00.41 | <b>3:00.66</b> | +0,85 |
|    | 100m: 1:26.43       | 1:26.43       | 200m: 3:00.66 | 1:34.23 |                |       |
| 3. | Marieke Wildeboer   | TriVia        | 200100016     | 2:44.42 | <b>3:01.48</b> | +0,74 |
|    | 100m: 1:26.02       | 1:26.02       | 200m: 3:01.48 | 1:35.46 |                |       |
| 4. | Marjolein Venema    | Nova          | 200101506     | 2:56.46 | <b>3:02.54</b> | +0,74 |
|    | 100m: 1:26.31       | 1:26.31       | 200m: 3:02.54 | 1:36.23 |                |       |
| 5. | Jasmijn Steenbergen | ZPC Hoogeveen | 200102098     | 3:10.36 | <b>3:16.40</b> | +0,83 |
|    | 100m: 1:35.09       | 1:35.09       | 200m: 3:16.40 | 1:41.31 |                |       |
| 6. | Ingrid de Vries     | De Granaet    | 200100500     | 3:06.80 | <b>3:21.50</b> | +0,83 |
|    | 100m: 1:35.93       | 1:35.93       | 200m: 3:21.50 | 1:45.57 |                |       |
| 7. | Naomi Broekman      | De Spatters   | 200100020     | 3:08.59 | <b>3:21.89</b> |       |
|    | 100m: 1:38.51       | 1:38.51       | 200m: 3:21.89 | 1:43.38 |                |       |
| 8. | Irana Remmelts      | Aqua 68       | 200102486     | 3:10.18 | <b>3:26.33</b> | +0,82 |
|    | 100m: 1:38.62       | 1:38.62       | 200m: 3:26.33 | 1:47.71 |                |       |

Jeugd 1 en 2

|    |                   |               |               |         |                |       |
|----|-------------------|---------------|---------------|---------|----------------|-------|
| 1. | Myrna van Duijven | DZ&PC         | 199900252     | 2:42.91 | <b>2:51.21</b> | +0,76 |
|    | 100m: 1:22.91     | 1:22.91       | 200m: 2:51.21 | 1:28.30 |                |       |
| 2. | Lonneke Graansma  | TriVia        | 199900936     | 2:44.78 | <b>2:53.20</b> | +0,76 |
|    | 100m: 1:23.15     | 1:23.15       | 200m: 2:53.20 | 1:30.05 |                |       |
| 3. | Hinke Groos       | DZ&PC         | 199901768     | 2:44.61 | <b>2:53.66</b> | +0,75 |
|    | 100m: 1:23.57     | 1:23.57       | 200m: 2:53.66 | 1:30.09 |                |       |
| 4. | Laura Setz        | Nova          | 200000130     | 2:48.42 | <b>2:53.77</b> | +1,03 |
|    | 100m: 1:21.94     | 1:21.94       | 200m: 2:53.77 | 1:31.83 |                |       |
| 5. | Simone Krans      | ZPC Hoogeveen | 199900756     | 2:48.00 | <b>3:00.27</b> | +0,78 |
|    | 100m: 1:27.78     | 1:27.78       | 200m: 3:00.27 | 1:32.49 |                |       |
| 6. | Chaira Brinks     | Nova          | 200005556     | 2:56.99 | <b>3:06.07</b> | +0,86 |
|    | 100m: 1:29.19     | 1:29.19       | 200m: 3:06.07 | 1:36.88 |                |       |
| 7. | Margriet Bieze    | De Pinquin    | 199900508     | 3:01.70 | <b>3:08.50</b> | +0,78 |
|    | 100m: 1:31.14     | 1:31.14       | 200m: 3:08.50 | 1:37.36 |                |       |
| 8. | Claudia Dost      | ZC Borger     | 199900858     | 3:02.61 | <b>3:08.92</b> | +0,88 |
|    | 100m: 1:30.16     | 1:30.16       | 200m: 3:08.92 | 1:38.76 |                |       |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 9, Meisjes, 200m schoolslag, Jeugd 1 en 2

| Rang |                       |                               |               | In.tijd | Tijd           | RT    |
|------|-----------------------|-------------------------------|---------------|---------|----------------|-------|
| 9.   | Nora Veenstra         | SG. Bolsward-Workum 199901446 |               | 3:02.57 | <b>3:11.30</b> | +0,89 |
|      | 100m: 1:30.97         | 1:30.97                       | 200m: 3:11.30 | 1:40.33 |                |       |
| 10.  | Annemarie Hoving      | TriVia 200000248              |               | 3:06.14 | <b>3:11.50</b> | +0,87 |
|      | 100m: 1:34.02         | 1:34.02                       | 200m: 3:11.50 | 1:37.48 |                |       |
| 11.  | Liesette Bruinsma     | HZ&PC Heerenveen 200004346    | SB12          | 3:04.04 | <b>3:11.91</b> | +0,79 |
|      | 100m: 1:32.41         | 1:32.41                       | 200m: 3:11.91 | 1:39.50 |                |       |
| 12.  | Janny Groos           | DZ&PC 200000740               |               | 3:04.72 | <b>3:12.20</b> | +0,85 |
|      | 100m: 1:32.59         | 1:32.59                       | 200m: 3:12.20 | 1:39.61 |                |       |
| 13.  | Marian Katerberg      | De Kikker 200001282           |               | 3:03.49 | <b>3:13.08</b> | +0,72 |
|      | 100m: 1:33.05         | 1:33.05                       | 200m: 3:13.08 | 1:40.03 |                |       |
| 14.  | Froukje Osinga        | Orca 200003090                |               | 3:07.11 | <b>3:13.61</b> | +0,81 |
|      | 100m: 1:35.24         | 1:35.24                       | 200m: 3:13.61 | 1:38.37 |                |       |
| 15.  | Anouschka Steenbergen | ZPC Hoogeveen 200000280       |               | 3:02.45 | <b>3:13.70</b> | +0,65 |
|      | 100m: 1:33.09         | 1:33.09                       | 200m: 3:13.70 | 1:40.61 |                |       |
| 16.  | Esther Pot            | Orca 199903462                |               | 2:59.92 | <b>3:14.19</b> | +0,84 |
|      | 100m: 1:31.19         | 1:31.19                       | 200m: 3:14.19 | 1:43.00 |                |       |
| 17.  | Noa Sanders           | ZC Borger 200002542           |               | 3:01.43 | <b>3:14.40</b> | +0,83 |
|      | 100m: 1:32.63         | 1:32.63                       | 200m: 3:14.40 | 1:41.77 |                |       |
| 18.  | Marjan Nijmeijer      | De Valken 200002560           |               | 3:07.24 | <b>3:15.31</b> | +0,79 |
|      | 100m: 1:34.51         | 1:34.51                       | 200m: 3:15.31 | 1:40.80 |                |       |
| 19.  | Marloes Potze         | GZVW 200002332                |               | 3:04.71 | <b>3:19.47</b> | +0,86 |
|      | 100m: 1:32.62         | 1:32.62                       | 200m: 3:19.47 | 1:46.85 |                |       |
| 20.  | Maren Feunekes        | ZC Borger 200000996           |               | 3:06.64 | <b>3:20.36</b> | +0,73 |
|      | 100m: 1:33.59         | 1:33.59                       | 200m: 3:20.36 | 1:46.77 |                |       |
| 21.  | Noël Iris Hettinga    | Neptunia '24 200002536        |               | 3:02.24 | <b>3:20.92</b> | +0,84 |
|      | 100m: 1:37.86         | 1:37.86                       | 200m: 3:20.92 | 1:43.06 |                |       |

Senioren 1 en ouder

|    |                      |                               |               |         |                |       |
|----|----------------------|-------------------------------|---------------|---------|----------------|-------|
| 1. | Karin Rijkelijkuizen | DZ&PC 199403358               |               | 2:38.45 | <b>2:47.66</b> | +0,78 |
|    | 100m: 1:20.36        | 1:20.36                       | 200m: 2:47.66 | 1:27.30 |                |       |
| 2. | Melissa Nauta        | Orca 199602388                |               | 2:45.89 | <b>2:54.87</b> | +0,87 |
|    | 100m: 1:24.13        | 1:24.13                       | 200m: 2:54.87 | 1:30.74 |                |       |
| 3. | Carolien Baarda      | Orca 199704060                |               | 2:46.96 | <b>2:56.25</b> | +0,80 |
|    | 100m: 1:23.71        | 1:23.71                       | 200m: 2:56.25 | 1:32.54 |                |       |
| 4. | Marsha Beukeveld     | ZPC Hoogeveen 199503552       |               | 2:49.16 | <b>2:59.79</b> | +0,91 |
|    | 100m: 1:26.83        | 1:26.83                       | 200m: 2:59.79 | 1:32.96 |                |       |
| 5. | Linda Boxma          | De Spatters 198500416         |               | 2:58.94 | <b>3:03.57</b> | +0,85 |
|    | 100m: 1:27.48        | 1:27.48                       | 200m: 3:03.57 | 1:36.09 |                |       |
| 6. | Inez Duursma         | De Spatters 199700256         |               | 2:54.48 | <b>3:05.73</b> | +0,78 |
|    | 100m: 1:29.09        | 1:29.09                       | 200m: 3:05.73 | 1:36.64 |                |       |
| 7. | Anne Tuinstra        | SG. Bolsward-Workum 199804526 |               | 3:01.94 | <b>3:07.49</b> | +0,89 |
|    | 100m: 1:27.20        | 1:27.20                       | 200m: 3:07.49 | 1:40.29 |                |       |
| 8. | Danique Schulte      | ZC Polaris 199802364          |               | 2:59.19 | <b>3:07.71</b> | +0,75 |
|    | 100m: 1:30.78        | 1:30.78                       | 200m: 3:07.71 | 1:36.93 |                |       |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 9, Dames, 200m schoolslag, Senioren 1 en ouder

| Rang  |                 |                  |               | In.tijd | Tijd           | RT    |
|-------|-----------------|------------------|---------------|---------|----------------|-------|
| 9.    | Wiëlle Wolbers  | De Valken        | 199700462     | 3:01.41 | <b>3:13.15</b> | +0,80 |
|       | 100m: 1:31.08   | 1:31.08          | 200m: 3:13.15 | 1:42.07 |                |       |
| NG.ZA | Jante Wolbers   | De Valken        | 198904804     | 2:58.77 |                |       |
| NG.ZA | Anouk Dijkstra  | Eemsrobben       | 199704378     | 2:50.03 |                |       |
| AFGEM | Suzanne Kah     | ZPC Hoozeveen    | 199803312     | 3:00.76 |                |       |
| AFGEM | Lisanne Hassing | HZ&PC Heerenveen | 199702584     | 2:46.92 |                |       |

Algemeen klassement

|     |                      |                     |               |         |                |       |
|-----|----------------------|---------------------|---------------|---------|----------------|-------|
| 1.  | Karin Rijkelijkuizen | DZ&PC               | 199403358     | 2:38.45 | <b>2:47.66</b> | +0,78 |
|     | 100m: 1:20.36        | 1:20.36             | 200m: 2:47.66 | 1:27.30 |                |       |
| 2.  | Myrna van Duijven    | DZ&PC               | 199900252     | 2:42.91 | <b>2:51.21</b> | +0,76 |
|     | 100m: 1:22.91        | 1:22.91             | 200m: 2:51.21 | 1:28.30 |                |       |
| 3.  | Lonneke Graansma     | TriVia              | 199900936     | 2:44.78 | <b>2:53.20</b> | +0,76 |
|     | 100m: 1:23.15        | 1:23.15             | 200m: 2:53.20 | 1:30.05 |                |       |
| 4.  | Hinke Groos          | DZ&PC               | 199901768     | 2:44.61 | <b>2:53.66</b> | +0,75 |
|     | 100m: 1:23.57        | 1:23.57             | 200m: 2:53.66 | 1:30.09 |                |       |
| 5.  | Laura Setz           | Nova                | 200000130     | 2:48.42 | <b>2:53.77</b> | +1,03 |
|     | 100m: 1:21.94        | 1:21.94             | 200m: 2:53.77 | 1:31.83 |                |       |
| 6.  | Melissa Nauta        | Orca                | 199602388     | 2:45.89 | <b>2:54.87</b> | +0,87 |
|     | 100m: 1:24.13        | 1:24.13             | 200m: 2:54.87 | 1:30.74 |                |       |
| 7.  | Carolien Baarda      | Orca                | 199704060     | 2:46.96 | <b>2:56.25</b> | +0,80 |
|     | 100m: 1:23.71        | 1:23.71             | 200m: 2:56.25 | 1:32.54 |                |       |
| 8.  | Joyce Kuipers        | Orca                | 200103426     | 2:54.36 | <b>2:57.23</b> | +0,86 |
|     | 100m: 1:22.74        | 1:22.74             | 200m: 2:57.23 | 1:34.49 |                |       |
| 9.  | Marsha Beukeveld     | ZPC Hoozeveen       | 199503552     | 2:49.16 | <b>2:59.79</b> | +0,91 |
|     | 100m: 1:26.83        | 1:26.83             | 200m: 2:59.79 | 1:32.96 |                |       |
| 10. | Simone Krans         | ZPC Hoozeveen       | 199900756     | 2:48.00 | <b>3:00.27</b> | +0,78 |
|     | 100m: 1:27.78        | 1:27.78             | 200m: 3:00.27 | 1:32.49 |                |       |
| 11. | Lize Janna de Vries  | Orca                | 200101948     | 3:00.41 | <b>3:00.66</b> | +0,85 |
|     | 100m: 1:26.43        | 1:26.43             | 200m: 3:00.66 | 1:34.23 |                |       |
| 12. | Marieke Wildeboer    | TriVia              | 200100016     | 2:44.42 | <b>3:01.48</b> | +0,74 |
|     | 100m: 1:26.02        | 1:26.02             | 200m: 3:01.48 | 1:35.46 |                |       |
| 13. | Marjolein Venema     | Nova                | 200101506     | 2:56.46 | <b>3:02.54</b> | +0,74 |
|     | 100m: 1:26.31        | 1:26.31             | 200m: 3:02.54 | 1:36.23 |                |       |
| 14. | Linda Boxma          | De Spatters         | 198500416     | 2:58.94 | <b>3:03.57</b> | +0,85 |
|     | 100m: 1:27.48        | 1:27.48             | 200m: 3:03.57 | 1:36.09 |                |       |
| 15. | Inez Duursma         | De Spatters         | 199700256     | 2:54.48 | <b>3:05.73</b> | +0,78 |
|     | 100m: 1:29.09        | 1:29.09             | 200m: 3:05.73 | 1:36.64 |                |       |
| 16. | Chaira Brinks        | Nova                | 200005556     | 2:56.99 | <b>3:06.07</b> | +0,86 |
|     | 100m: 1:29.19        | 1:29.19             | 200m: 3:06.07 | 1:36.88 |                |       |
| 17. | Anne Tuinstra        | SG. Bolsward-Workum | 199804526     | 3:01.94 | <b>3:07.49</b> | +0,89 |
|     | 100m: 1:27.20        | 1:27.20             | 200m: 3:07.49 | 1:40.29 |                |       |
| 18. | Danique Schulte      | ZC Polaris          | 199802364     | 2:59.19 | <b>3:07.71</b> | +0,75 |
|     | 100m: 1:30.78        | 1:30.78             | 200m: 3:07.71 | 1:36.93 |                |       |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 9, Dames, 200m schoolslag, Algemeen klassement

| Rang |                       |                     |               | In.tijd | Tijd           | RT    |
|------|-----------------------|---------------------|---------------|---------|----------------|-------|
| 19.  | Margriet Bieze        | De Pinquin          | 199900508     | 3:01.70 | <b>3:08.50</b> | +0,78 |
|      | 100m: 1:31.14         | 1:31.14             | 200m: 3:08.50 | 1:37.36 |                |       |
| 20.  | Lisanne Boets         | ZPC Stadskanaal     | 200200346     | 3:04.15 | <b>3:08.53</b> | +0,82 |
|      | 100m: 1:31.18         | 1:31.18             | 200m: 3:08.53 | 1:37.35 |                |       |
| 21.  | Claudia Dost          | ZC Borger           | 199900858     | 3:02.61 | <b>3:08.92</b> | +0,88 |
|      | 100m: 1:30.16         | 1:30.16             | 200m: 3:08.92 | 1:38.76 |                |       |
| 22.  | Silke Huisman         | De Vikings          | 200301182     | 3:11.21 | <b>3:10.88</b> | +0,58 |
|      | 100m: 1:32.31         | 1:32.31             | 200m: 3:10.88 | 1:38.57 |                |       |
| 23.  | Nora Veenstra         | SG. Bolsward-Workum | 199901446     | 3:02.57 | <b>3:11.30</b> | +0,89 |
|      | 100m: 1:30.97         | 1:30.97             | 200m: 3:11.30 | 1:40.33 |                |       |
| 24.  | Annemarie Hoving      | TriVia              | 200000248     | 3:06.14 | <b>3:11.50</b> | +0,87 |
|      | 100m: 1:34.02         | 1:34.02             | 200m: 3:11.50 | 1:37.48 |                |       |
| 25.  | Liesette Bruinsma     | HZ&PC Heerenveen    | 200004346     | 3:04.04 | <b>3:11.91</b> | +0,79 |
|      | 100m: 1:32.41         | 1:32.41             | 200m: 3:11.91 | 1:39.50 |                |       |
| 26.  | Janny Groos           | DZ&PC               | 200000740     | 3:04.72 | <b>3:12.20</b> | +0,85 |
|      | 100m: 1:32.59         | 1:32.59             | 200m: 3:12.20 | 1:39.61 |                |       |
| 27.  | Amber Koning          | Appingedam          | 200202842     | 3:05.98 | <b>3:12.37</b> | +0,82 |
|      | 100m: 1:29.62         | 1:29.62             | 200m: 3:12.37 | 1:42.75 |                |       |
| 28.  | Marian Katerberg      | De Kikker           | 200001282     | 3:03.49 | <b>3:13.08</b> | +0,72 |
|      | 100m: 1:33.05         | 1:33.05             | 200m: 3:13.08 | 1:40.03 |                |       |
| 29.  | Wiëlle Wolbers        | De Valken           | 199700462     | 3:01.41 | <b>3:13.15</b> | +0,80 |
|      | 100m: 1:31.08         | 1:31.08             | 200m: 3:13.15 | 1:42.07 |                |       |
| 30.  | Mirthe Schenkel       | ZPC Hoogeveen       | 200300666     | 3:04.60 | <b>3:13.38</b> | +0,82 |
|      | 100m: 1:35.57         | 1:35.57             | 200m: 3:13.38 | 1:37.81 |                |       |
| 31.  | Froukje Osinga        | Orca                | 200003090     | 3:07.11 | <b>3:13.61</b> | +0,81 |
|      | 100m: 1:35.24         | 1:35.24             | 200m: 3:13.61 | 1:38.37 |                |       |
| 32.  | Anouschka Steenbergen | ZPC Hoogeveen       | 200000280     | 3:02.45 | <b>3:13.70</b> | +0,65 |
|      | 100m: 1:33.09         | 1:33.09             | 200m: 3:13.70 | 1:40.61 |                |       |
| 33.  | Esther Pot            | Orca                | 199903462     | 2:59.92 | <b>3:14.19</b> | +0,84 |
|      | 100m: 1:31.19         | 1:31.19             | 200m: 3:14.19 | 1:43.00 |                |       |
| 34.  | Noa Sanders           | ZC Borger           | 200002542     | 3:01.43 | <b>3:14.40</b> | +0,83 |
|      | 100m: 1:32.63         | 1:32.63             | 200m: 3:14.40 | 1:41.77 |                |       |
| 35.  | Sigrid Hoogland       | De Forel            | 200301976     | 3:20.98 | <b>3:14.93</b> | +0,82 |
|      | 100m: 1:34.00         | 1:34.00             | 200m: 3:14.93 | 1:40.93 |                |       |
| 36.  | Marjan Nijmeijer      | De Valken           | 200002560     | 3:07.24 | <b>3:15.31</b> | +0,79 |
|      | 100m: 1:34.51         | 1:34.51             | 200m: 3:15.31 | 1:40.80 |                |       |
| 37.  | Anneke vd Laan        | Orca                | 200201154     | 3:12.73 | <b>3:15.47</b> | +0,76 |
|      | 100m: 1:34.77         | 1:34.77             | 200m: 3:15.47 | 1:40.70 |                |       |
| 38.  | Jasmijn Steenbergen   | ZPC Hoogeveen       | 200102098     | 3:10.36 | <b>3:16.40</b> | +0,83 |
|      | 100m: 1:35.09         | 1:35.09             | 200m: 3:16.40 | 1:41.31 |                |       |
| 39.  | Martine Kamminga      | ZPD                 | 200201172     | 3:14.03 | <b>3:17.60</b> |       |
|      | 100m: 1:35.76         | 1:35.76             | 200m: 3:17.60 | 1:41.84 |                |       |
| 40.  | Alessia Sluis         | MZ&PC De Reest      | 200300896     | 3:12.18 | <b>3:17.88</b> | +0,87 |
|      | 100m: 1:35.83         | 1:35.83             | 200m: 3:17.88 | 1:42.05 |                |       |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 9, Dames, 200m schoolslag, Algemeen klassement

| Rang  |                       |                     |               | In.tijd | Tijd           | RT    |
|-------|-----------------------|---------------------|---------------|---------|----------------|-------|
| 41.   | Marloes Potze         | GZVW                | 200002332     | 3:04.71 | <b>3:19.47</b> | +0,86 |
|       | 100m: 1:32.62         | 1:32.62             | 200m: 3:19.47 | 1:46.85 |                |       |
| 42.   | Maren Feunekes        | ZC Borger           | 200000996     | 3:06.64 | <b>3:20.36</b> | +0,73 |
|       | 100m: 1:33.59         | 1:33.59             | 200m: 3:20.36 | 1:46.77 |                |       |
| 43.   | Noël Iris Hettinga    | Neptunia '24        | 200002536     | 3:02.24 | <b>3:20.92</b> | +0,84 |
|       | 100m: 1:37.86         | 1:37.86             | 200m: 3:20.92 | 1:43.06 |                |       |
| 44.   | Ingrid de Vries       | De Granaet          | 200100500     | 3:06.80 | <b>3:21.50</b> | +0,83 |
|       | 100m: 1:35.93         | 1:35.93             | 200m: 3:21.50 | 1:45.57 |                |       |
| 45.   | Femke van de Geer     | SG. Bolsward-Workum | 200200400     | 3:13.34 | <b>3:21.67</b> | +0,94 |
|       | 100m: 1:37.14         | 1:37.14             | 200m: 3:21.67 | 1:44.53 |                |       |
| 46.   | Naomi Broekman        | De Spatters         | 200100020     | 3:08.59 | <b>3:21.89</b> |       |
|       | 100m: 1:38.51         | 1:38.51             | 200m: 3:21.89 | 1:43.38 |                |       |
| 47.   | Willianne Vos         | TriVia              | 200300050     | 3:06.73 | <b>3:22.59</b> | +0,80 |
|       | 100m: 1:33.94         | 1:33.94             | 200m: 3:22.59 | 1:48.65 |                |       |
| 48.   | Marijine van der Veen | Orca                | 200300960     | 3:19.92 | <b>3:23.17</b> | +0,66 |
|       | 100m: 1:37.65         | 1:37.65             | 200m: 3:23.17 | 1:45.52 |                |       |
| 49.   | Emma Sies             | TriVia              | 200300732     | 3:17.57 | <b>3:23.84</b> | +0,77 |
|       | 100m: 1:39.09         | 1:39.09             | 200m: 3:23.84 | 1:44.75 |                |       |
| 50.   | Luna van den Ende     | De Vikings          | 200201518     | 3:15.16 | <b>3:24.06</b> | +0,89 |
|       | 100m: 1:38.21         | 1:38.21             | 200m: 3:24.06 | 1:45.85 |                |       |
| 51.   | Irana Remmelts        | Aqua 68             | 200102486     | 3:10.18 | <b>3:26.33</b> | +0,82 |
|       | 100m: 1:38.62         | 1:38.62             | 200m: 3:26.33 | 1:47.71 |                |       |
| 52.   | Leonie Rockers        | ZC Borger           | 200300256     | 3:22.60 | <b>3:27.46</b> | +0,79 |
|       | 100m: 1:39.55         | 1:39.55             | 200m: 3:27.46 | 1:47.91 |                |       |
| 53.   | Ellen Altena          | TriVia              | 200300266     | 3:21.88 | <b>3:36.91</b> | +0,68 |
|       | 100m: 1:45.78         | 1:45.78             | 200m: 3:36.91 | 1:51.13 |                |       |
| 54.   | Esmee Greydanus       | De Spatters         | 200200544     | 3:11.97 | <b>3:37.75</b> | +0,79 |
|       | *<br>100m: 1:43.30    | 1:43.30             | 200m: 3:37.75 | 1:54.45 |                |       |
| NG.ZA | Jante Wolbers         | De Valken           | 198904804     | 2:58.77 |                |       |
| NG.ZA | Anouk Dijkstra        | Eemsrobben          | 199704378     | 2:50.03 |                |       |
| NG.ZA | Brenda Beijering      | ZC Borger           | 200300352     | 3:16.50 |                |       |
| AFGEM | Suzanne Kah           | ZPC Hoogeveen       | 199803312     | 3:00.76 |                |       |
| AFGEM | Suze Kuipers          | Orca                | 200301714     | 3:24.07 |                |       |
| AFGEM | Lisanne Hassing       | HZ&PC Heerenveen    | 199702584     | 2:46.92 |                |       |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 10  
16-5-2015

Heren, 200m vlinderslag

Junioren 1 en ouder  
Resultaten

| Rang         |                   |                  |               |         | In.tijd | Tijd           | RT    |
|--------------|-------------------|------------------|---------------|---------|---------|----------------|-------|
| Junioren 1   |                   |                  |               |         |         |                |       |
| 1.           | Makai van Haren   | De Forel         | 200200627     |         | 2:49.20 | <b>2:51.56</b> | +0,81 |
|              | 100m: 1:19.32     | 1:19.32          | 200m: 2:51.56 | 1:32.24 |         |                |       |
| 2.           | Dushan de Bruijn  | De Forel         | 200201273     |         | 2:52.86 | <b>2:55.01</b> | +0,74 |
|              | 100m: 1:21.53     | 1:21.53          | 200m: 2:55.01 | 1:33.48 |         |                |       |
| Junioren 2   |                   |                  |               |         |         |                |       |
| 1.           | Jelmar Koopman    | De Forel         | 200100249     |         | 2:22.56 | <b>2:26.06</b> | +0,73 |
|              | 100m: 1:10.71     | 1:10.71          | 200m: 2:26.06 | 1:15.35 |         |                |       |
| Junioren 3   |                   |                  |               |         |         |                |       |
| 1.           | David Kuipers     | Orca             | 200003633     |         | 2:24.04 | <b>2:23.60</b> | +0,76 |
|              | 100m: 1:09.01     | 1:09.01          | 200m: 2:23.60 | 1:14.59 |         |                |       |
| 2.           | Junior de Bruin   | ZPC Hoogeveen    | 200000839     |         | 2:21.60 | <b>2:24.60</b> | +0,79 |
|              | 100m: 1:10.09     | 1:10.09          | 200m: 2:24.60 | 1:14.51 |         |                |       |
| 3.           | Getjo Gachatrijan | Wetterwille      | 200005445     |         | 2:19.41 | <b>2:25.49</b> | +0,69 |
|              | 100m: 1:06.49     | 1:06.49          | 200m: 2:25.49 | 1:19.00 |         |                |       |
| Junioren 4   |                   |                  |               |         |         |                |       |
| 1.           | Daan Zwertbroek   | HZ&PC Heerenveen | 199900463     |         | 2:17.23 | <b>2:30.22</b> | +0,78 |
|              | 100m: 1:07.34     | 1:07.34          | 200m: 2:30.22 | 1:22.88 |         |                |       |
| 2.           | Jeroen Louwinger  | Nova             | 199900583     |         | 2:27.06 | <b>2:32.67</b> | +0,80 |
|              | 100m: 1:11.20     | 1:11.20          | 200m: 2:32.67 | 1:21.47 |         |                |       |
| Jeugd 1 en 2 |                   |                  |               |         |         |                |       |
| 1.           | Gauke Eilander    | ZPC Hoogeveen    | 199800603     |         | 2:06.76 | <b>2:21.27</b> | +0,74 |
|              | 100m: 1:05.07     | 1:05.07          | 200m: 2:21.27 | 1:16.20 |         |                |       |
| 2.           | Richard Kuipers   | Orca             | 199704171     |         | 2:21.15 | <b>2:24.44</b> | +0,74 |
|              | 100m: 1:06.78     | 1:06.78          | 200m: 2:24.44 | 1:17.66 |         |                |       |
| 3.           | Gerko Wilkens     | ZPC Stadskanaal  | 199800261     |         | 2:26.16 | <b>2:30.80</b> | +0,96 |
|              | 100m: 1:10.19     | 1:10.19          | 200m: 2:30.80 | 1:20.61 |         |                |       |
| 4.           | Jorie Seubers     | ZPC Hoogeveen    | 199804371     |         | 2:16.29 | <b>2:30.93</b> | +0,75 |
|              | 100m: 1:06.73     | 1:06.73          | 200m: 2:30.93 | 1:24.20 |         |                |       |
| 5.           | Bart Weiland      | Orca             | 199700777     |         | 2:25.82 | <b>2:32.42</b> | +0,82 |
|              | 100m: 1:09.56     | 1:09.56          | 200m: 2:32.42 | 1:22.86 |         |                |       |
| 6.           | Darryl Lubbinge   | ZPC Hoogeveen    | 199701045     |         | 2:28.95 | <b>2:37.15</b> | +0,78 |
|              | 100m: 1:14.96     | 1:14.96          | 200m: 2:37.15 | 1:22.19 |         |                |       |
| NG           | Wouter de Lang    | ZPC Hoogeveen    | 199801147     |         | 2:28.82 |                |       |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 10, Heren, 200m vlinderslag

Senioren 1 en ouder

|                    |               |               |         |                |       |
|--------------------|---------------|---------------|---------|----------------|-------|
| 1. Roy Smeenge     | TriVia        | 199305557     | 2:09.10 | <b>2:12.36</b> | +0,82 |
| 100m: 1:00.87      | 1:00.87       | 200m: 2:12.36 | 1:11.49 |                |       |
| 2. Jeroen Lorius   | ZPC Hoozeveen | 199500523     | 2:07.44 | <b>2:13.00</b> | +0,82 |
| 100m: 1:01.67      | 1:01.67       | 200m: 2:13.00 | 1:11.33 |                |       |
| 3. Erik Nijholt    | DZ&PC         | 199401349     | 2:11.98 | <b>2:21.50</b> | +0,82 |
| 100m: 1:04.22      | 1:04.22       | 200m: 2:21.50 | 1:17.28 |                |       |
| 4. Sietse Wijbenga | ZPD           | 199301967     | 2:21.77 | <b>2:29.90</b> | +0,78 |
| 100m: 1:08.79      | 1:08.79       | 200m: 2:29.90 | 1:21.11 |                |       |

AFGEM Rowan Keen                      ZC Borger                      199500727                      2:18.20

Algemeen klassement

|                      |                  |               |         |                |       |
|----------------------|------------------|---------------|---------|----------------|-------|
| 1. Roy Smeenge       | TriVia           | 199305557     | 2:09.10 | <b>2:12.36</b> | +0,82 |
| 100m: 1:00.87        | 1:00.87          | 200m: 2:12.36 | 1:11.49 |                |       |
| 2. Jeroen Lorius     | ZPC Hoozeveen    | 199500523     | 2:07.44 | <b>2:13.00</b> | +0,82 |
| 100m: 1:01.67        | 1:01.67          | 200m: 2:13.00 | 1:11.33 |                |       |
| 3. Gauke Eilander    | ZPC Hoozeveen    | 199800603     | 2:06.76 | <b>2:21.27</b> | +0,74 |
| 100m: 1:05.07        | 1:05.07          | 200m: 2:21.27 | 1:16.20 |                |       |
| 4. Erik Nijholt      | DZ&PC            | 199401349     | 2:11.98 | <b>2:21.50</b> | +0,82 |
| 100m: 1:04.22        | 1:04.22          | 200m: 2:21.50 | 1:17.28 |                |       |
| 5. David Kuipers     | Orca             | 200003633     | 2:24.04 | <b>2:23.60</b> | +0,76 |
| 100m: 1:09.01        | 1:09.01          | 200m: 2:23.60 | 1:14.59 |                |       |
| 6. Richard Kuipers   | Orca             | 199704171     | 2:21.15 | <b>2:24.44</b> | +0,74 |
| 100m: 1:06.78        | 1:06.78          | 200m: 2:24.44 | 1:17.66 |                |       |
| 7. Junior de Bruin   | ZPC Hoozeveen    | 200000839     | 2:21.60 | <b>2:24.60</b> | +0,79 |
| 100m: 1:10.09        | 1:10.09          | 200m: 2:24.60 | 1:14.51 |                |       |
| 8. Getjo Gachatrjan  | Wetterwille      | 200005445     | 2:19.41 | <b>2:25.49</b> | +0,69 |
| 100m: 1:06.49        | 1:06.49          | 200m: 2:25.49 | 1:19.00 |                |       |
| 9. Jelmar Koopman    | De Forel         | 200100249     | 2:22.56 | <b>2:26.06</b> | +0,73 |
| 100m: 1:10.71        | 1:10.71          | 200m: 2:26.06 | 1:15.35 |                |       |
| 10. Sietse Wijbenga  | ZPD              | 199301967     | 2:21.77 | <b>2:29.90</b> | +0,78 |
| 100m: 1:08.79        | 1:08.79          | 200m: 2:29.90 | 1:21.11 |                |       |
| 11. Daan Zwertbroek  | HZ&PC Heerenveen | 199900463     | 2:17.23 | <b>2:30.22</b> | +0,78 |
| 100m: 1:07.34        | 1:07.34          | 200m: 2:30.22 | 1:22.88 |                |       |
| 12. Gerko Wilkens    | ZPC Stadskanaal  | 199800261     | 2:26.16 | <b>2:30.80</b> | +0,96 |
| 100m: 1:10.19        | 1:10.19          | 200m: 2:30.80 | 1:20.61 |                |       |
| 13. Jorie Seubers    | ZPC Hoozeveen    | 199804371     | 2:16.29 | <b>2:30.93</b> | +0,75 |
| 100m: 1:06.73        | 1:06.73          | 200m: 2:30.93 | 1:24.20 |                |       |
| 14. Bart Weiland     | Orca             | 199700777     | 2:25.82 | <b>2:32.42</b> | +0,82 |
| 100m: 1:09.56        | 1:09.56          | 200m: 2:32.42 | 1:22.86 |                |       |
| 15. Jeroen Louwinger | Nova             | 199900583     | 2:27.06 | <b>2:32.67</b> | +0,80 |
| 100m: 1:11.20        | 1:11.20          | 200m: 2:32.67 | 1:21.47 |                |       |
| 16. Darryl Lubbinge  | ZPC Hoozeveen    | 199701045     | 2:28.95 | <b>2:37.15</b> | +0,78 |
| 100m: 1:14.96        | 1:14.96          | 200m: 2:37.15 | 1:22.19 |                |       |



Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 10, Heren, 200m vlinderslag, Algemeen klassement

| Rang  |                  |               |               | In.tijd | Tijd           | RT    |
|-------|------------------|---------------|---------------|---------|----------------|-------|
| 17.   | Makai van Haren  | De Forel      | 200200627     | 2:49.20 | <b>2:51.56</b> | +0,81 |
|       | 100m: 1:19.32    | 1:19.32       | 200m: 2:51.56 | 1:32.24 |                |       |
| 18.   | Dushan de Bruijn | De Forel      | 200201273     | 2:52.86 | <b>2:55.01</b> | +0,74 |
|       | 100m: 1:21.53    | 1:21.53       | 200m: 2:55.01 | 1:33.48 |                |       |
| AFGEM | Rowan Keen       | ZC Borger     | 199500727     | 2:18.20 |                |       |
| NG    | Wouter de Lang   | ZPC Hoogeveen | 199801147     | 2:28.82 |                |       |

Programmanr. 11  
16-5-2015

Dames, 50m vrije slag  
HANDGEKLOKTE TIJDEN

Junioren 1 en ouder  
Resultaten

| Rang  |                      |                |           | In.tijd | Tijd         | RT   |
|---|----------------------|----------------|-----------|---------|--------------|------|
| Junioren 1  |                      |                |           |         |              |      |
| 1.  | Silke Huisman        | De Vikings     | 200301182 | 31.25   | <b>30.25</b> |      |
| 2.  | Chantal van Willegen | De Forel       | 200302422 | 31.98   | <b>31.12</b> |      |
| 3.  | Dyan Rothschild      | ZC Borger      | 200300998 | 31.67   | <b>32.17</b> | FJ 1 |
| 4.  | Suze Kuipers         | Orca           | 200301714 | 31.94   | <b>32.17</b> | FJ 2 |
| 5.  | Brenda Beijering     | ZC Borger      | 200300352 | 32.10   | <b>32.45</b> |      |
| 6.  | Frederique Epping    | ZC Borger      | 200301344 | 33.33   | <b>32.54</b> |      |
| 7.  | Chantal Tiesinga     | TriVia         | 200302452 | 34.15   | <b>32.66</b> |      |
| 8.  | Daniek Supèr         | Nova           | 200300452 | 33.31   | <b>32.71</b> |      |
| 9.  | Laura van der Velde  | F.Z.C.'54      | 200300630 | 32.90   | <b>32.86</b> |      |
| 10.   | Mirthe Schenkel      | ZPC Hoogeveen  | 200300666 | 32.54   | <b>32.91</b> |      |
| 11.   | Ilse Hoogeveen       | Aqua 68        | 200301140 | 32.31   | <b>32.96</b> |      |
| 12.   | Marinda Top          | Zeno           | 200300460 | 32.65   | <b>33.06</b> |      |
| 13.   | Leonie Rockers       | ZC Borger      | 200300256 | 33.55   | <b>33.23</b> |      |
| 14.   | Marieke Wind         | Nova           | 200300178 | 33.69   | <b>33.27</b> |      |
| 15.   | Willianne Vos        | TriVia         | 200300050 | 34.23   | <b>33.30</b> |      |
| 16.   | Anna Tinga           | De Forel       | 200302734 | 34.06   | <b>33.38</b> |      |
| 17.   | Emma Sies            | TriVia         | 200300732 | 33.45   | <b>33.51</b> |      |
| 18.   | Alessia Sluis        | MZ&PC De Reest | 200300896 | 33.33   | <b>33.67</b> |      |
| 19.   | Gerda Woldendorp     | De Vikings     | 200300418 | 34.14   | <b>34.32</b> |      |
| 20.   | Marrit Tiekstra      | Orca           | 200301796 | 33.04   | <b>34.38</b> |      |
| 21.   | Myrthe Idema         | TriVia         | 200303240 | 34.17   | <b>34.78</b> |      |
| 22.   | Marjolijn Koolman    | Bubble         | 200300194 | 34.33   | <b>35.36</b> |      |
| 23.   | Chantal Posthuma     | ZC Polaris     | 200300834 | 34.16   | <b>35.87</b> |      |
| DIS   | Marijne van der Veen | Orca           | 200300960 | 32.43   |              |      |
| <i>AA - Gestart voor startsignaal bij de 1e (1-startregel) of 2e start.</i> |                      |                |           |         |              |      |

Junioren 2

|    |                  |                  |           |       |              |
|----|------------------|------------------|-----------|-------|--------------|
| 1. | Lianne van Wier  | HZ&PC Heerenveen | 200200438 | 28.75 | <b>29.05</b> |
| 2. | Dionne Salomons  | ZC Borger        | 200200504 | 28.64 | <b>29.13</b> |
| 3. | Nynke Zandstra   | Wetterwille      | 200202044 | 29.42 | <b>29.29</b> |
| 4. | Tessa Kooi       | Nova             | 200201386 | 28.64 | <b>29.43</b> |
| 5. | Leonie van Wier  | HZ&PC Heerenveen | 200200436 | 30.10 | <b>29.75</b> |
| 6. | Britt Gerdes     | ZC Borger        | 200201636 | 30.00 | <b>29.86</b> |
| 7. | Mariëlle Dolfijn | TriVia           | 200201640 | 30.41 | <b>30.95</b> |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 11, Meisjes, 50m vrije slag, Junioren 2

| Rang  |                    |                     | In.tijd   | Tijd  | RT           |
|-------|--------------------|---------------------|-----------|-------|--------------|
| 8.    | Zana Udo           | De Forel            | 200202686 | 29.98 | <b>31.03</b> |
| 9.    | Amber Koning       | Appingedam          | 200202842 | 31.45 | <b>31.13</b> |
| 10.   | Ylsa Dijkstra      | SG. Bolsward-Workum | 200200728 | 32.29 | <b>31.23</b> |
| 11.   | Yara van Kalmthout | Nova                | 200200984 | 30.27 | <b>31.27</b> |
|       | Isabeau Essing     | TriVia              | 200201284 | 29.74 | <b>31.27</b> |
| 13.   | Sanne Abma         | HZ&PC Heerenveen    | 200200590 | 30.91 | <b>31.52</b> |
| 14.   | Olena Dijkstra     | TriVia              | 200202624 | 32.76 | <b>31.73</b> |
|       | Lisanne Boets      | ZPC Stadskanaal     | 200200346 | 31.13 | <b>31.73</b> |
| 16.   | Elin Manning       | Nova                | 200200982 | 32.06 | <b>31.84</b> |
| 17.   | Inge Dekker        | TriVia              | 200200476 | 31.72 | <b>31.94</b> |
| 18.   | Sigrid Pafforaad   | Avena               | 200201130 | 31.14 | <b>32.20</b> |
| 19.   | Ilona Venema       | Aqua 68             | 200200050 | 32.37 | <b>32.32</b> |
| 20.   | Lisanne Rinzema    | Wetterwille         | 200204294 | 32.23 | <b>32.34</b> |
| 21.   | Laura Noord        | De Wellerobben      | 200202568 | 32.90 | <b>32.36</b> |
| 22.   | Aniek Wijnands     | Moby Dick           | 200202330 | 32.39 | <b>32.51</b> |
| 23.   | Masha Polushkina   | TriVia              | 200203064 | 31.86 | <b>32.86</b> |
| 24.   | Ielan van Meerlo   | Wetterwille         | 200201098 | 32.31 | <b>33.02</b> |
| 25.   | Anneke vd Laan     | Orca                | 200201154 | 32.69 | <b>33.68</b> |
| 26.   | Jolien Schipper    | TriVia              | 200201832 | 33.03 | <b>34.03</b> |
| 27.   | Esmee Greydanus    | De Spatters         | 200200544 | 32.62 | <b>34.38</b> |
| NG.ZA | Manon Swierts      | ZPC Hoogeveen       | 200203034 | 33.11 |              |

Junioren 3

|     |                     |                     |           |       |              |
|-----|---------------------|---------------------|-----------|-------|--------------|
| 1.  | Lize Janna de Vries | Orca                | 200101948 | 29.11 | <b>29.04</b> |
| 2.  | Brit Brandsma       | De Forel            | 200100026 | 28.36 | <b>29.54</b> |
| 3.  | Marjolein Venema    | Nova                | 200101506 | 28.73 | <b>29.56</b> |
| 4.  | Marike de Jong      | Avena               | 200101074 | 29.22 | <b>29.57</b> |
| 5.  | Eline van der Wal   | HZ&PC Heerenveen    | 200100930 | 28.95 | <b>29.63</b> |
| 6.  | Eva Willebrands     | Orca                | 200101510 | 28.69 | <b>29.73</b> |
| 7.  | Kyra Wooldrik       | ZPC Hoogeveen       | 200101042 | 29.42 | <b>29.83</b> |
| 8.  | Janneke Weiland     | Orca                | 200100128 | 30.02 | <b>29.86</b> |
| 9.  | Femke Wiersma       | HZ&PC Heerenveen    | 200103078 | 29.43 | <b>30.13</b> |
| 10. | Fleur Vialle        | Nova                | 200100554 | 29.32 | <b>30.21</b> |
| 11. | Lynn Fledderus      | De Forel            | 200101896 | 29.97 | <b>30.32</b> |
| 12. | Joyce Kuipers       | Orca                | 200103426 | 30.48 | <b>30.39</b> |
|     | Janna Engbers       | Moby Dick           | 200103262 | 31.43 | <b>30.39</b> |
| 14. | Paulien Wesseling   | ZPC Hoogeveen       | 200102038 | 29.46 | <b>30.47</b> |
| 15. | Marije Sweering     | Neptunia '24        | 200101228 | 29.70 | <b>30.48</b> |
| 16. | Jolien Wind         | Nova                | 200100510 | 29.66 | <b>30.61</b> |
| 17. | Jasmijn Steenbergen | ZPC Hoogeveen       | 200102098 | 30.33 | <b>30.82</b> |
| 18. | Yvanka Visser       | HZ&PC Heerenveen    | 200102698 | 31.28 | <b>30.91</b> |
| 19. | Camilla Dortmund    | GZVW                | 200100786 | 31.55 | <b>30.95</b> |
|     | Desanka Stoppels    | Eemsrobbe           | 200101362 | 30.82 | <b>30.95</b> |
| 21. | Elka Siesling       | SG. Bolsward-Workum | 200100566 | 31.71 | <b>31.14</b> |
| 22. | Benthe Knol         | ZC Borger           | 200101574 | 31.16 | <b>31.48</b> |
| 23. | Kirsten Huisman     | De Wellerobben      | 200101518 | 32.11 | <b>31.67</b> |
| 24. | Lot Burgstra        | TriVia              | 200103294 | 32.04 | <b>31.91</b> |
| 25. | Lotte Grovenstein   | F.Z.C.'54           | 200102964 | 31.86 | <b>32.17</b> |
| 26. | Lianne Spoelstra    | F.Z.C.'54           | 200102980 | 32.18 | <b>32.61</b> |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 11, Meisjes, 50m vrije slag, Junioren 3

| Rang |                  |             | In.tijd   | Tijd  | RT           |
|------|------------------|-------------|-----------|-------|--------------|
| 27.  | Frederique Potma | F.Z.C.'54   | 200102962 | 32.16 | <b>32.65</b> |
| 28.  | Naomi Broekman   | De Spatters | 200100020 | 32.09 | <b>32.86</b> |
| 29.  | Ingrid de Vries  | De Granaet  | 200100500 | 31.89 | <b>33.50</b> |
| 30.  | Anouk Bak        | TriVia      | 200101854 | 31.51 | <b>33.61</b> |

Jeugd 1 en 2

|       |                      |                     |           |           |              |
|-------|----------------------|---------------------|-----------|-----------|--------------|
| 1.    | Josien Wijkhuijs     | Orca                | 199902866 | 26.93     | <b>26.55</b> |
| 2.    | Manon Manning        | Nova                | 199904118 | 26.68     | <b>27.57</b> |
| 3.    | Frouke Beeksma       | TriVia              | 200000346 | 26.91     | <b>27.58</b> |
| 4.    | Myrna van Duijven    | DZ&PC               | 199900252 | 27.35     | <b>27.62</b> |
| 5.    | Alinda Dingshoff     | ZPC Hoogeveen       | 200000928 | 27.72     | <b>28.31</b> |
| 6.    | Arianne Kooijnga     | TriVia              | 200001544 | 27.92     | <b>28.51</b> |
| 7.    | Tiffany Leerdam      | De Forel            | 200006200 | 28.01     | <b>28.55</b> |
| 8.    | Simone Krans         | ZPC Hoogeveen       | 199900756 | 27.95     | <b>28.74</b> |
| 9.    | Jill Blide           | ZPC Hoogeveen       | 200004734 | 29.40     | <b>29.25</b> |
| 10.   | Myrthe Offenga       | De Vikings          | 199901874 | 28.55     | <b>29.31</b> |
| 11.   | Hilde Dekker         | TriVia              | 199901926 | 28.67     | <b>29.39</b> |
| 12.   | Floor Gerritsma      | TriVia              | 200002464 | 28.08     | <b>29.48</b> |
| 13.   | Daphne Rockers       | ZC Borger           | 200001376 | 28.58     | <b>29.67</b> |
| 14.   | Esra Erer            | TriVia              | 200002858 | 30.01     | <b>29.75</b> |
| 15.   | Nynke Dijkhuis       | Appingedam          | 199903362 | 30.36     | <b>29.82</b> |
| 16.   | Anne Fleur Willemsen | Appingedam          | 199901396 | 28.31     | <b>29.89</b> |
| 17.   | Heline Koning        | SG. Bolsward-Workum | 200000422 | 29.89     | <b>29.90</b> |
| 18.   | Cynthia Koerhuis     | De Spatters         | 199900088 | 29.15     | <b>30.10</b> |
| 19.   | Lonneke Graansma     | TriVia              | 199900936 | 30.47     | <b>30.20</b> |
| 20.   | Anique Coelingh      | ZPC Hoogeveen       | 200000638 | 29.47     | <b>30.33</b> |
| 21.   | Chaira Brinks        | Nova                | 200005556 | 28.22     | <b>30.39</b> |
| 22.   | Isaa Ebbinge         | DZ&PC               | 200001314 | 30.30     | <b>30.44</b> |
| 23.   | Henriette Jonkman    | DZ&PC               | 200000840 | 30.26     | <b>30.54</b> |
| 24.   | Anja Muntendam       | Eemsrobber          | 200000002 | 31.18     | <b>30.68</b> |
| 25.   | Anna Harbers         | HZ&PC Heerenveen    | 200001250 | 30.35     | <b>30.76</b> |
| 26.   | Marian Katerbarg     | De Kikker           | 200001282 | 30.11     | <b>31.16</b> |
| 27.   | Esther Pot           | Orca                | 199903462 | 30.35     | <b>31.30</b> |
| 28.   | Romy Jalving         | HZ&PC Heerenveen    | 200000616 | 30.70     | <b>31.48</b> |
|       | Claudia Dost         | ZC Borger           | 199900858 | 30.91     | <b>31.48</b> |
| 30.   | Maren Feunekes       | ZC Borger           | 200000996 | 30.71     | <b>31.55</b> |
| 31.   | Alyah de Bruijn      | De Forel            | 200004308 | 31.17     | <b>31.64</b> |
| 32.   | Anouschka Steenberg  | ZPC Hoogeveen       | 200000280 | 30.43     | <b>31.67</b> |
| 33.   | Nora Veenstra        | SG. Bolsward-Workum | 199901446 | 30.38     | <b>32.16</b> |
|       | Noa Sanders          | ZC Borger           | 200002542 | 30.84     | <b>32.16</b> |
| 35.   | Ilana Strizenau      | Bubble              | 200004732 | 31.31     | <b>32.49</b> |
| 36.   | Liesette Bruinsma    | HZ&PC Heerenveen    | 200004346 | S12 31.65 | <b>33.35</b> |
| AFGEM | Liza Heldoorn        | Aqualero            | 200000270 | 29.00     |              |
| AFGEM | Jildou Speerstra     | SG. Bolsward-Workum | 199903990 | 31.33     |              |
| AFGEM | Sanne Hoving         | HZ&PC Heerenveen    | 200003332 | S9 38.80  |              |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 11, Dames, 50m vrije slag

Senioren 1 en ouder

|       |                       |                  |           |       |              |
|-------|-----------------------|------------------|-----------|-------|--------------|
| 1.    | Ilse Kraaijeveld      | Orca             | 199002110 | 25.66 | <b>26.19</b> |
| 2.    | Saranda Hofstra       | ZC Borger        | 199700526 | 27.43 | <b>27.59</b> |
| 3.    | Renate Hemmes         | TriVia           | 199600418 | 27.06 | <b>27.74</b> |
| 4.    | Karin Rijkelijkhuisen | DZ&PC            | 199403358 | 27.30 | <b>28.03</b> |
| 5.    | Aukje Jenster         | De Valken        | 199200856 | 27.10 | <b>28.23</b> |
| 6.    | Wendan Poelstra       | TriVia           | 199102496 | 28.28 | <b>28.24</b> |
| 7.    | Clariss de Vries      | DZ&PC            | 199700942 | 27.35 | <b>28.41</b> |
| 8.    | Karin Groen           | Nova             | 199502440 | 27.78 | <b>28.54</b> |
| 9.    | Kathelijne Tijms      | De Spatters      | 199804810 | 27.97 | <b>28.56</b> |
| 10.   | Vivianne Dortmund     | GZVW             | 199801578 | 28.53 | <b>28.67</b> |
| 11.   | Kristel Hormann       | De Spatters      | 199601084 | 28.36 | <b>28.73</b> |
| 12.   | Willemeijn Hoving     | TriVia           | 199800106 | 28.08 | <b>28.79</b> |
| 13.   | Marsha Beukeveld      | ZPC Hoogeveen    | 199503552 | 28.33 | <b>28.84</b> |
| 14.   | Marissa Lindemulder   | Orca             | 199306392 | 28.86 | <b>28.99</b> |
|       | Luca Ebbing           | DZ&PC            | 199802406 | 29.01 | <b>28.99</b> |
| 16.   | Anne van Asperen      | De Spatters      | 199800308 | 28.57 | <b>29.03</b> |
| 17.   | Karen Stolk           | TriVia           | 199403950 | 28.08 | <b>29.04</b> |
| 18.   | Caroline Damen        | De Spatters      | 199703088 | 28.06 | <b>29.16</b> |
| 19.   | Linda Boxma           | De Spatters      | 198500416 | 28.01 | <b>29.27</b> |
| 20.   | Heleen Arends         | TriVia           | 199404416 | 29.38 | <b>29.28</b> |
| 21.   | Rixt-Nynke Baron      | F.Z.C.'54        | 199601896 | 28.95 | <b>29.28</b> |
| 22.   | Annemiek Meulenbeld   | Orca             | 199506230 | 29.42 | <b>29.37</b> |
| 23.   | Tialda Prins          | De Hardenberg    | 199801310 | 28.89 | <b>29.39</b> |
| 24.   | Amber Visser          | TriVia           | 199801416 | 28.85 | <b>29.43</b> |
| 25.   | Sanne Grovenstein     | F.Z.C.'54        | 199803370 | 29.44 | <b>29.45</b> |
| 26.   | Berdien Welling       | ZC Borger        | 199103476 | 27.90 | <b>29.48</b> |
| 27.   | Jakonien Koster       | ZPC Hoogeveen    | 199400068 | 28.89 | <b>29.54</b> |
| 28.   | Nynke Vlietstra       | Wetterwille      | 198907110 | 29.65 | <b>29.56</b> |
| 29.   | Marjolein Wolbers     | De Valken        | 199801118 | 30.02 | <b>29.86</b> |
| 30.   | Monique Boets         | ZPC Stadskanaal  | 197600230 | 28.47 | <b>29.91</b> |
| 31.   | Wiëlle Wolbers        | De Valken        | 199700462 | 28.73 | <b>30.04</b> |
| 32.   | Ariane Jonkman        | DZ&PC            | 199801590 | 29.89 | <b>30.12</b> |
| 33.   | Anne Speelman         | De Spatters      | 199706118 | 29.56 | <b>30.44</b> |
| 34.   | Eline Ligthart        | De Vikings       | 199301706 | 29.97 | <b>30.54</b> |
| 35.   | Lieke Kuiper          | ZC Borger        | 199604166 | 30.05 | <b>30.67</b> |
| 36.   | Noor Uiterwijk Winkel | De Spatters      | 199800556 | 29.69 | <b>30.82</b> |
| 37.   | Irene Wolbers         | De Valken        | 199400450 | 29.71 | <b>30.86</b> |
| 38.   | Danique Schulte       | ZC Polaris       | 199802364 | 29.99 | <b>30.97</b> |
| 39.   | Suzanne Kah           | ZPC Hoogeveen    | 199803312 | 29.79 | <b>31.02</b> |
| 40.   | Rosanna van Teijen    | HZ&PC Heerenveen | 199803524 | 30.01 | <b>31.11</b> |
| 41.   | Inez Duursma          | De Spatters      | 199700256 | 29.88 | <b>31.12</b> |
| 42.   | Lotte Rolink          | ZC Polaris       | 199504880 | 29.88 | <b>31.34</b> |
| 43.   | Emma Arends           | TriVia           | 199800972 | 30.10 | <b>31.42</b> |
| 44.   | Jeanine Scheper       | De Valken        | 199304640 | 34.87 | <b>35.86</b> |
| NG.ZA | Jante Wolbers         | De Valken        | 198904804 | 28.22 |              |
| NG.ZA | Anouk Dijkstra        | Eemsrobbe        | 199704378 | 28.90 |              |
| AFGEM | Lisanne Hassing       | HZ&PC Heerenveen | 199702584 | 27.72 |              |

FJ 1  
FJ 2

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 11, Dames, 50m vrije slag

Algemeen klassement

|     |                       |                  |           |       |              |      |
|-----|-----------------------|------------------|-----------|-------|--------------|------|
| 1.  | Ilse Kraaijeveld      | Orca             | 199002110 | 25.66 | <b>26.19</b> |      |
| 2.  | Josien Wijkhuijs      | Orca             | 199902866 | 26.93 | <b>26.55</b> |      |
| 3.  | Manon Manning         | Nova             | 199904118 | 26.68 | <b>27.57</b> |      |
| 4.  | Frouke Beeksma        | TriVia           | 200000346 | 26.91 | <b>27.58</b> |      |
| 5.  | Saranda Hofstra       | ZC Borger        | 199700526 | 27.43 | <b>27.59</b> |      |
| 6.  | Myrna van Duijven     | DZ&PC            | 199900252 | 27.35 | <b>27.62</b> |      |
| 7.  | Renate Hemmes         | TriVia           | 199600418 | 27.06 | <b>27.74</b> |      |
| 8.  | Karin Rijkelijkhuisen | DZ&PC            | 199403358 | 27.30 | <b>28.03</b> |      |
| 9.  | Aukje Jenster         | De Valken        | 199200856 | 27.10 | <b>28.23</b> |      |
| 10. | Wendan Poelstra       | TriVia           | 199102496 | 28.28 | <b>28.24</b> |      |
| 11. | Alinda Dingshoff      | ZPC Hoozeveen    | 200000928 | 27.72 | <b>28.31</b> |      |
| 12. | Clariss de Vries      | DZ&PC            | 199700942 | 27.35 | <b>28.41</b> |      |
| 13. | Ariane Kooijnga       | TriVia           | 200001544 | 27.92 | <b>28.51</b> |      |
| 14. | Karin Groen           | Nova             | 199502440 | 27.78 | <b>28.54</b> |      |
| 15. | Tiffany Leerdam       | De Forel         | 200006200 | 28.01 | <b>28.55</b> |      |
| 16. | Kathelijne Tijms      | De Spatters      | 199804810 | 27.97 | <b>28.56</b> |      |
| 17. | Vivianne Dortmund     | GZVW             | 199801578 | 28.53 | <b>28.67</b> |      |
| 18. | Kristel Hormann       | De Spatters      | 199601084 | 28.36 | <b>28.73</b> |      |
| 19. | Simone Krans          | ZPC Hoozeveen    | 199900756 | 27.95 | <b>28.74</b> |      |
| 20. | Willemeijn Hoving     | TriVia           | 199800106 | 28.08 | <b>28.79</b> |      |
| 21. | Marsha Beukeveld      | ZPC Hoozeveen    | 199503552 | 28.33 | <b>28.84</b> |      |
| 22. | Marissa Lindemulder   | Orca             | 199306392 | 28.86 | <b>28.99</b> |      |
|     | Luca Ebbinge          | DZ&PC            | 199802406 | 29.01 | <b>28.99</b> |      |
| 24. | Anne van Asperen      | De Spatters      | 199800308 | 28.57 | <b>29.03</b> |      |
| 25. | Lize Janna de Vries   | Orca             | 200101948 | 29.11 | <b>29.04</b> |      |
|     | Karen Stolk           | TriVia           | 199403950 | 28.08 | <b>29.04</b> |      |
| 27. | Lianne van Wier       | HZ&PC Heerenveen | 200200438 | 28.75 | <b>29.05</b> |      |
| 28. | Dionne Salomons       | ZC Borger        | 200200504 | 28.64 | <b>29.13</b> |      |
| 29. | Caroline Damen        | De Spatters      | 199703088 | 28.06 | <b>29.16</b> |      |
| 30. | Jill Blide            | ZPC Hoozeveen    | 200004734 | 29.40 | <b>29.25</b> |      |
| 31. | Linda Boxma           | De Spatters      | 198500416 | 28.01 | <b>29.27</b> |      |
| 32. | Heleen Arends         | TriVia           | 199404416 | 29.38 | <b>29.28</b> | FJ 1 |
| 33. | Rixt-Nynke Baron      | F.Z.C.'54        | 199601896 | 28.95 | <b>29.28</b> | FJ 2 |
| 34. | Nynke Zandstra        | Wetterwille      | 200202044 | 29.42 | <b>29.29</b> |      |
| 35. | Myrthe Offenga        | De Vikings       | 199901874 | 28.55 | <b>29.31</b> |      |
| 36. | Annemiek Meulenbeld   | Orca             | 199506230 | 29.42 | <b>29.37</b> |      |
| 37. | Tialda Prins          | De Hardenberg    | 199801310 | 28.89 | <b>29.39</b> |      |
|     | Hilde Dekker          | TriVia           | 199901926 | 28.67 | <b>29.39</b> |      |
| 39. | Tessa Kooi            | Nova             | 200201386 | 28.64 | <b>29.43</b> |      |
|     | Amber Visser          | TriVia           | 199801416 | 28.85 | <b>29.43</b> |      |
| 41. | Sanne Grovenstein     | F.Z.C.'54        | 199803370 | 29.44 | <b>29.45</b> |      |
| 42. | Floor Gerritsma       | TriVia           | 200002464 | 28.08 | <b>29.48</b> |      |
|     | Berdien Welling       | ZC Borger        | 199103476 | 27.90 | <b>29.48</b> |      |
| 44. | Jakonien Koster       | ZPC Hoozeveen    | 199400068 | 28.89 | <b>29.54</b> |      |
|     | Brit Brandsma         | De Forel         | 200100026 | 28.36 | <b>29.54</b> |      |
| 46. | Nynke Vlietstra       | Wetterwille      | 198907110 | 29.65 | <b>29.56</b> |      |
|     | Marjolein Venema      | Nova             | 200101506 | 28.73 | <b>29.56</b> |      |
| 48. | Marika de Jong        | Avena            | 200101074 | 29.22 | <b>29.57</b> |      |
| 49. | Eline van der Wal     | HZ&PC Heerenveen | 200100930 | 28.95 | <b>29.63</b> |      |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 11, Dames, 50m vrije slag, Algemeen klassement

| Rang |                       |                     | In.tijd   | Tijd  | RT           |      |
|------|-----------------------|---------------------|-----------|-------|--------------|------|
| 50.  | Daphne Rockers        | ZC Borger           | 200001376 | 28.58 | <b>29.67</b> |      |
| 51.  | Eva Willebrands       | Orca                | 200101510 | 28.69 | <b>29.73</b> |      |
| 52.  | Leonie van Wier       | HZ&PC Heerenveen    | 200200436 | 30.10 | <b>29.75</b> | FJ 1 |
| 53.  | Esra Erer             | TriVia              | 200002858 | 30.01 | <b>29.75</b> | FJ 2 |
| 54.  | Nynke Dijkhuis        | Appingedam          | 199903362 | 30.36 | <b>29.82</b> |      |
| 55.  | Kyra Wooldrik         | ZPC Hoogeveen       | 200101042 | 29.42 | <b>29.83</b> |      |
| 56.  | Marjolein Wolbers     | De Valken           | 199801118 | 30.02 | <b>29.86</b> | FJ 1 |
| 57.  | Britt Gerdes          | ZC Borger           | 200201636 | 30.00 | <b>29.86</b> | FJ 2 |
| 58.  | Janneke Weiland       | Orca                | 200100128 | 30.02 | <b>29.86</b> | FJ 3 |
| 59.  | Anne Fleur Willemsen  | Appingedam          | 199901396 | 28.31 | <b>29.89</b> |      |
| 60.  | Heline Koning         | SG. Bolsward-Workum | 200000422 | 29.89 | <b>29.90</b> |      |
| 61.  | Monique Boets         | ZPC Stadskanaal     | 197600230 | 28.47 | <b>29.91</b> |      |
| 62.  | Wiëlle Wolbers        | De Valken           | 199700462 | 28.73 | <b>30.04</b> |      |
| 63.  | Cynthia Koerhuis      | De Spatters         | 199900088 | 29.15 | <b>30.10</b> |      |
| 64.  | Arianne Jonkman       | DZ&PC               | 199801590 | 29.89 | <b>30.12</b> |      |
| 65.  | Femke Wiersma         | HZ&PC Heerenveen    | 200103078 | 29.43 | <b>30.13</b> |      |
| 66.  | Lonneke Graansma      | TriVia              | 199900936 | 30.47 | <b>30.20</b> |      |
| 67.  | Fleur Vialle          | Nova                | 200100554 | 29.32 | <b>30.21</b> |      |
| 68.  | Silke Huisman         | De Vikings          | 200301182 | 31.25 | <b>30.25</b> |      |
| 69.  | Lynn Fledderus        | De Forel            | 200101896 | 29.97 | <b>30.32</b> |      |
| 70.  | Anique Coelingh       | ZPC Hoogeveen       | 200000638 | 29.47 | <b>30.33</b> |      |
| 71.  | Joyce Kuipers         | Orca                | 200103426 | 30.48 | <b>30.39</b> |      |
|      | Chaira Brinks         | Nova                | 200005556 | 28.22 | <b>30.39</b> |      |
|      | Janna Engbers         | Moby Dick           | 200103262 | 31.43 | <b>30.39</b> |      |
| 74.  | Anne Speelman         | De Spatters         | 199706118 | 29.56 | <b>30.44</b> |      |
|      | Isaa Ebbinge          | DZ&PC               | 200001314 | 30.30 | <b>30.44</b> |      |
| 76.  | Paulien Wesseling     | ZPC Hoogeveen       | 200102038 | 29.46 | <b>30.47</b> |      |
| 77.  | Marije Sweering       | Neptunia '24        | 200101228 | 29.70 | <b>30.48</b> |      |
| 78.  | Eline Ligthart        | De Vikings          | 199301706 | 29.97 | <b>30.54</b> |      |
|      | Henriëke Jonkman      | DZ&PC               | 200000840 | 30.26 | <b>30.54</b> |      |
| 80.  | Jolien Wind           | Nova                | 200100510 | 29.66 | <b>30.61</b> |      |
| 81.  | Lieke Kuiper          | ZC Borger           | 199604166 | 30.05 | <b>30.67</b> |      |
| 82.  | Anja Muntendam        | Eemsrobben          | 200000002 | 31.18 | <b>30.68</b> |      |
| 83.  | Anna Harbers          | HZ&PC Heerenveen    | 200001250 | 30.35 | <b>30.76</b> |      |
| 84.  | Jasmijn Steenberg     | ZPC Hoogeveen       | 200102098 | 30.33 | <b>30.82</b> |      |
|      | Noor Uiterwijk Winkel | De Spatters         | 199800556 | 29.69 | <b>30.82</b> |      |
| 86.  | Irene Wolbers         | De Valken           | 199400450 | 29.71 | <b>30.86</b> |      |
| 87.  | Yvanka Visser         | HZ&PC Heerenveen    | 200102698 | 31.28 | <b>30.91</b> |      |
| 88.  | Camilla Dortmund      | GZVW                | 200100786 | 31.55 | <b>30.95</b> |      |
|      | Desanka Stoppels      | Eemsrobben          | 200101362 | 30.82 | <b>30.95</b> |      |
|      | Mariëlle Dolfijn      | TriVia              | 200201640 | 30.41 | <b>30.95</b> |      |
| 91.  | Danique Schulte       | ZC Polaris          | 199802364 | 29.99 | <b>30.97</b> |      |
| 92.  | Suzanne Kah           | ZPC Hoogeveen       | 199803312 | 29.79 | <b>31.02</b> |      |
| 93.  | Zana Udo              | De Forel            | 200202686 | 29.98 | <b>31.03</b> |      |
| 94.  | Rosanna van Teijen    | HZ&PC Heerenveen    | 199803524 | 30.01 | <b>31.11</b> |      |
| 95.  | Inez Duursma          | De Spatters         | 199700256 | 29.88 | <b>31.12</b> |      |
|      | Chantal van Willegen  | De Forel            | 200302422 | 31.98 | <b>31.12</b> |      |
| 97.  | Amber Koning          | Appingedam          | 200202842 | 31.45 | <b>31.13</b> |      |
| 98.  | Elka Siesling         | SG. Bolsward-Workum | 200100566 | 31.71 | <b>31.14</b> |      |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 11, Dames, 50m vrije slag, Algemeen klassement

| Rang |                     |                     | In.tijd   | Tijd      | RT           |      |
|------|---------------------|---------------------|-----------|-----------|--------------|------|
| 99.  | Marian Katerberg    | De Kikker           | 200001282 | 30.11     | <b>31.16</b> |      |
| 100. | Ylsa Dijkstra       | SG. Bolsward-Workum | 200200728 | 32.29     | <b>31.23</b> |      |
| 101. | Yara van Kalmthout  | Nova                | 200200984 | 30.27     | <b>31.27</b> |      |
|      | Isabeau Essing      | TriVia              | 200201284 | 29.74     | <b>31.27</b> |      |
| 103. | Esther Pot          | Orca                | 199903462 | 30.35     | <b>31.30</b> |      |
| 104. | Lotte Rolink        | ZC Polaris          | 199504880 | 29.88     | <b>31.34</b> |      |
| 105. | Emma Arends         | TriVia              | 199800972 | 30.10     | <b>31.42</b> |      |
| 106. | Romy Jalving        | HZ&PC Heerenveen    | 200000616 | 30.70     | <b>31.48</b> |      |
|      | Benthe Knol         | ZC Borger           | 200101574 | 31.16     | <b>31.48</b> |      |
|      | Claudia Dost        | ZC Borger           | 199900858 | 30.91     | <b>31.48</b> |      |
| 109. | Sanne Abma          | HZ&PC Heerenveen    | 200200590 | 30.91     | <b>31.52</b> |      |
| 110. | Maren Feunekes      | ZC Borger           | 200000996 | 30.71     | <b>31.55</b> |      |
| 111. | Alyah de Bruijn     | De Forel            | 200004308 | 31.17     | <b>31.64</b> |      |
| 112. | Kirsten Huisman     | De Wellerobben      | 200101518 | 32.11     | <b>31.67</b> |      |
|      | Anouschka Steenberg | ZPC Hoozeveen       | 200000280 | 30.43     | <b>31.67</b> |      |
| 114. | Olena Dijkstra      | TriVia              | 200202624 | 32.76     | <b>31.73</b> |      |
|      | Lisanne Boets       | ZPC Stadskanaal     | 200200346 | 31.13     | <b>31.73</b> |      |
| 116. | Elin Manning        | Nova                | 200200982 | 32.06     | <b>31.84</b> |      |
| 117. | Lot Burgstra        | TriVia              | 200103294 | 32.04     | <b>31.91</b> |      |
| 118. | Inge Dekker         | TriVia              | 200200476 | 31.72     | <b>31.94</b> |      |
| 119. | Nora Veenstra       | SG. Bolsward-Workum | 199901446 | 30.38     | <b>32.16</b> |      |
|      | Noa Sanders         | ZC Borger           | 200002542 | 30.84     | <b>32.16</b> |      |
| 121. | Dyan Rothschild     | ZC Borger           | 200300998 | 31.67     | <b>32.17</b> | FJ 1 |
| 122. | Suze Kuipers        | Orca                | 200301714 | 31.94     | <b>32.17</b> | FJ 2 |
| 123. | Lotte Grovenstein   | F.Z.C.'54           | 200102964 | 31.86     | <b>32.17</b> | FJ 3 |
| 124. | Sigrid Pafforaad    | Avena               | 200201130 | 31.14     | <b>32.20</b> |      |
| 125. | Ilona Venema        | Aqua 68             | 200200050 | 32.37     | <b>32.32</b> |      |
| 126. | Lisanne Rinzema     | Wetterwille         | 200204294 | 32.23     | <b>32.34</b> |      |
| 127. | Laura Noord         | De Wellerobben      | 200202568 | 32.90     | <b>32.36</b> |      |
| 128. | Brenda Beijering    | ZC Borger           | 200300352 | 32.10     | <b>32.45</b> |      |
| 129. | Ilana Striezenau    | Bubble              | 200004732 | 31.31     | <b>32.49</b> |      |
| 130. | Aniek Wijnands      | Moby Dick           | 200202330 | 32.39     | <b>32.51</b> |      |
| 131. | Frederique Epping   | ZC Borger           | 200301344 | 33.33     | <b>32.54</b> |      |
| 132. | Lianne Spoelstra    | F.Z.C.'54           | 200102980 | 32.18     | <b>32.61</b> |      |
| 133. | Frederique Potma    | F.Z.C.'54           | 200102962 | 32.16     | <b>32.65</b> |      |
| 134. | Chantal Tiesinga    | TriVia              | 200302452 | 34.15     | <b>32.66</b> |      |
| 135. | Daniek Supèr        | Nova                | 200300452 | 33.31     | <b>32.71</b> |      |
| 136. | Naomi Broekman      | De Spatters         | 200100020 | 32.09     | <b>32.86</b> |      |
|      | Masha Polushkina    | TriVia              | 200203064 | 31.86     | <b>32.86</b> |      |
|      | Laura van der Velde | F.Z.C.'54           | 200300630 | 32.90     | <b>32.86</b> |      |
| 139. | Mirthe Schenkel     | ZPC Hoozeveen       | 200300666 | 32.54     | <b>32.91</b> |      |
| 140. | Ilse Hoozeveen      | Aqua 68             | 200301140 | 32.31     | <b>32.96</b> |      |
| 141. | Ielan van Meerlo    | Wetterwille         | 200201098 | 32.31     | <b>33.02</b> |      |
| 142. | Marinda Top         | Zeno                | 200300460 | 32.65     | <b>33.06</b> |      |
| 143. | Leonie Rockers      | ZC Borger           | 200300256 | 33.55     | <b>33.23</b> |      |
| 144. | Marieke Wind        | Nova                | 200300178 | 33.69     | <b>33.27</b> |      |
| 145. | Willianne Vos       | TriVia              | 200300050 | 34.23     | <b>33.30</b> |      |
| 146. | Liesette Bruinsma   | HZ&PC Heerenveen    | 200004346 | S12 31.65 | <b>33.35</b> |      |
| 147. | Anna Tinga          | De Forel            | 200302734 | 34.06     | <b>33.38</b> |      |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 11, Dames, 50m vrije slag, Algemeen klassement

| Rang  |                       |                     |           | In.tijd | Tijd         | RT           |
|---|-----------------------|---------------------|-----------|---------|--------------|--------------|
| 148.  | Ingrid de Vries       | De Granaet          | 200100500 | 31.89   | <b>33.50</b> |              |
| 149.  | Emma Sies             | TriVia              | 200300732 | 33.45   | <b>33.51</b> |              |
| 150.  | Anouk Bak             | TriVia              | 200101854 | 31.51   | <b>33.61</b> |              |
| 151.  | Alessia Sluis         | MZ&PC De Reest      | 200300896 | 33.33   | <b>33.67</b> |              |
| 152.  | Anneke vd Laan        | Orca                | 200201154 | 32.69   | <b>33.68</b> |              |
| 153.  | Jolien Schipper       | TriVia              | 200201832 | 33.03   | <b>34.03</b> |              |
| 154.  | Gerda Woldendorp      | De Vikings          | 200300418 | 34.14   | <b>34.32</b> |              |
| 155.  | Esmee Greydanus       | De Spatters         | 200200544 | 32.62   | <b>34.38</b> | FJ 1         |
| 156.  | Marrit Tiekstra       | Orca                | 200301796 | 33.04   | <b>34.38</b> | FJ 2         |
| 157.  | Myrthe Idema          | TriVia              | 200303240 | 34.17   | <b>34.78</b> |              |
| 158.  | Marjolijn Koolman     | Bubble              | 200300194 | 34.33   | <b>35.36</b> |              |
| 159.  | Jeanine Scheper       | De Valken           | 199304640 | S10     | 34.87        | <b>35.86</b> |
| 160.  | Chantal Posthuma      | ZC Polaris          | 200300834 | 34.16   | <b>35.87</b> |              |
| DIS   | Marijine van der Veen | Orca                | 200300960 | 32.43   |              |              |
| <i>AA - Gestart voor startsignaal bij de 1e (1-startregel) of 2e start.</i> |                       |                     |           |         |              |              |
| NG.ZA   | Manon Swierts         | ZPC Hoogeveen       | 200203034 | 33.11   |              |              |
| NG.ZA   | Jante Wolbers         | De Valken           | 198904804 | 28.22   |              |              |
| NG.ZA   | Anouk Dijkstra        | Eemsrobben          | 199704378 | 28.90   |              |              |
| AFGEM   | Liza Heldoorn         | Aqualero            | 200000270 | 29.00   |              |              |
| AFGEM   | Jildou Speerstra      | SG. Bolsward-Workum | 199903990 | 31.33   |              |              |
| AFGEM   | Lisanne Hassing       | HZ&PC Heerenveen    | 199702584 | 27.72   |              |              |
| AFGEM   | Sanne Hoving          | HZ&PC Heerenveen    | 200003332 | S9      | 38.80        |              |

Programmanr. 12  
16-5-2015

Heren, 4 x 200m vrije slag

Senioren Open  
Resultaten

| Rang                       |                       |                  |         |         | In.tijd          | Tijd           | RT      |         |
|----------------------------|-----------------------|------------------|---------|---------|------------------|----------------|---------|---------|
| <b>Junioren 4 en later</b> |                       |                  |         |         |                  |                |         |         |
| 1.                         | ZPC Hoogeveen 2       | ZPC Hoogeveen    |         |         | 8:52.49          | <b>8:59.09</b> | +0,76   |         |
|                            | Bas Kost              | +0,76            | 1:05.11 | 2:18.42 | Junior de Bruin  | +0,34          | 1:02.69 | 2:11.89 |
|                            | Owen Peeks            | +0,18            | 1:04.42 | 2:12.28 | Coen de Lang     | +0,14          | 1:04.72 | 2:16.50 |
| 2.                         | Orca 2                | Orca             |         |         | 9:16.57          | <b>9:01.17</b> | +0,76   |         |
|                            | Hugo Jan Bosscher     | +0,76            | 1:05.63 | 2:16.98 | Thomas Hamstra   | +0,41          | 1:05.44 | 2:17.09 |
|                            | Marcel Delfstra       | +0,31            | 1:05.64 | 2:14.00 | Auke Jan Ytsma   | +0,58          | 1:05.49 | 2:13.10 |
| 3.                         | HZ&PC Heerenveen 2    | HZ&PC Heerenveen |         |         | 8:54.82          | <b>9:12.05</b> | +0,74   |         |
|                            | Daan Zwertbroek       | +0,74            | 1:04.08 | 2:10.40 | Remco Dijkstra   | +0,46          | 1:07.48 | 2:24.39 |
|                            | Jelmer Meijer         | +0,54            | 1:04.22 | 2:17.84 | Erwin Heinsius   | +0,33          | 1:05.38 | 2:19.42 |
| 4.                         | ZC De Forel Wolvega 1 | De Forel         |         |         | 9:26.45          | <b>9:53.12</b> | +0,73   |         |
|                            | Quentin Ruiz          | +0,73            | 1:19.32 | 2:45.87 | Dushan de Bruijn | +0,38          | 1:12.76 | 2:28.58 |
|                            | Makai van Haren       | +0,45            | 1:11.31 | 2:27.63 | Jelmar Koopman   | +0,23          | 1:03.99 | 2:11.04 |



Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 12, Heren, 4 x 200m vrije slag

Senioren Open

|                      |               |         |         |                 |         |                |         |
|----------------------|---------------|---------|---------|-----------------|---------|----------------|---------|
| 1. ZPC Hoogeveen 1   | ZPC Hoogeveen |         |         |                 | 7:45.92 | <b>8:12.74</b> | +0,79   |
| Koen Lems            | +0,79         | 59.68   | 2:01.92 | Jorie Seubers   | +0,47   | 1:00.50        | 2:05.22 |
| Gauke Eilander       | +0,28         | 58.84   | 2:03.33 | Niels van Eck   | +0,36   | 56.97          | 2:02.27 |
| 2. Orca 1            | Orca          |         |         |                 | 8:12.95 | <b>8:17.33</b> | +0,78   |
| David Kuipers        | +0,78         | 1:02.44 | 2:06.59 | Luuk Veldman    | +0,13   | 1:02.05        | 2:07.40 |
| Ramon Fredrik        | +0,35         | 59.41   | 2:03.28 | Richard Kuipers | +0,35   | 57.61          | 2:00.06 |
| 3. TriVia 1          | TriVia        |         |         |                 | 8:16.96 | <b>8:29.14</b> | +0,79   |
| *                    |               |         |         |                 |         |                |         |
| Friso van der Meulen | +0,79         | 1:02.94 | 2:13.16 | Dennis Cramer   | +0,58   | 59.53          | 2:04.11 |
| Youri Beugelsdijk    |               | 59.33   | 2:03.95 | Roy Smeenge     | +0,56   | 1:00.29        | 2:07.92 |

3 - zaterdag 16 mei 2015

16-5-2015 - 15:00

Programmanr. 13  
16-5-2015

Dames, 100m vlinderslag

Junioren 1 en ouder  
Resultaten

| Rang         |                      |                  |           | In.tijd | Tijd           | RT    |
|--------------|----------------------|------------------|-----------|---------|----------------|-------|
| Junioren 1   |                      |                  |           |         |                |       |
| 1.           | Suze Kuipers         | Orca             | 200301714 | 1:20.37 | <b>1:20.36</b> | +0,94 |
| Junioren 2   |                      |                  |           |         |                |       |
| 1.           | Tessa Kooi           | Nova             | 200201386 | 1:11.76 | <b>1:12.62</b> | +0,91 |
| 2.           | Mariëlle Dolfijn     | TriVia           | 200201640 | 1:13.10 | <b>1:17.16</b> | +0,93 |
| 3.           | Zana Udo             | De Forel         | 200202686 | 1:18.30 | <b>1:17.26</b> |       |
| 4.           | Ilona Venema         | Aqua 68          | 200200050 | 1:20.73 | <b>1:24.10</b> | +0,89 |
| 5.           | Nynke Zandstra       | Wetterwille      | 200202044 | 1:18.54 | <b>1:24.21</b> | +0,82 |
| 6.           | Dionne Salomons      | ZC Borger        | 200200504 | 1:21.66 | <b>1:27.97</b> | +0,78 |
| Junioren 3   |                      |                  |           |         |                |       |
| 1.           | Janneke Weiland      | Orca             | 200100128 | 1:12.68 | <b>1:12.02</b> | +0,74 |
| 2.           | Marike de Jong       | Avena            | 200101074 | 1:14.05 | <b>1:13.30</b> | +0,86 |
| 3.           | Eva Willebrands      | Orca             | 200101510 | 1:13.52 | <b>1:15.52</b> | +1,02 |
| 4.           | Femke Wiersma        | HZ&PC Heerenveen | 200103078 | 1:17.65 | <b>1:19.44</b> | +0,78 |
| 5.           | Brit Brandsma        | De Forel         | 200100026 | 1:15.60 | <b>1:20.26</b> | +0,67 |
| 6.           | Marije Sweering      | Neptunia '24     | 200101228 | 1:17.09 | <b>1:24.81</b> | +0,75 |
| Jeugd 1 en 2 |                      |                  |           |         |                |       |
| 1.           | Josien Wijkhuijs     | Orca             | 199902866 | 1:03.23 | <b>1:04.22</b> | +0,70 |
| 2.           | Alinda Dingshoff     | ZPC Hoogeveen    | 200000928 | 1:07.13 | <b>1:07.31</b> | +0,75 |
| 3.           | Anne Fleur Willemsen | Appingedam       | 199901396 | 1:07.96 | <b>1:09.29</b> | +0,84 |
| 4.           | Arianne Kooijnga     | TriVia           | 200001544 | 1:09.56 | <b>1:09.44</b> | +0,77 |
| 5.           | Manon Manning        | Nova             | 199904118 | 1:07.66 | <b>1:09.74</b> | +0,80 |
| 6.           | Danieke van der Kooi | Orca             | 200000552 | 1:10.23 | <b>1:10.30</b> | +0,91 |
| 7.           | Renée Vanderheyden   | TriVia           | 199903130 | 1:07.42 | <b>1:11.48</b> | +0,77 |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 13, Meisjes, 100m vlinderslag, Jeugd 1 en 2

| Rang |                   |                     | In.tijd   | Tijd           | RT             |       |
|------|-------------------|---------------------|-----------|----------------|----------------|-------|
| 8.   | Frouke Beeksma    | TriVia              | 200000346 | 1:05.82        | <b>1:12.69</b> | +0,95 |
|      | *                 |                     |           |                |                |       |
| 9.   | Simone Krans      | ZPC Hoogeveen       | 199900756 | 1:09.77        | <b>1:13.41</b> | +0,77 |
| 10.  | Hinke Groos       | DZ&PC               | 199901768 | 1:09.95        | <b>1:13.98</b> | +0,67 |
| 11.  | Tiffany Leerdam   | De Forel            | 200006200 | 1:12.73        | <b>1:15.43</b> | +0,87 |
| 12.  | Chaira Brinks     | Nova                | 200005556 | 1:16.36        | <b>1:17.09</b> | +0,87 |
| 13.  | Anique Coelingh   | ZPC Hoogeveen       | 200000638 | 1:15.46        | <b>1:18.31</b> | +0,83 |
| 14.  | Nora Veenstra     | SG. Bolsward-Workum | 199901446 | 1:16.60        | <b>1:18.89</b> | +0,87 |
| 15.  | Annemarie Hoving  | TriVia              | 200000248 | 1:15.22        | <b>1:19.19</b> | +0,83 |
| 16.  | Daphne Rockers    | ZC Borger           | 200001376 | 1:14.14        | <b>1:21.03</b> | +0,77 |
| 17.  | Lonneke Graansma  | TriVia              | 199900936 | 1:15.02        | <b>1:21.93</b> | +0,71 |
| 18.  | Liesette Bruinsma | HZ&PC Heerenveen    | 200004346 | S12<br>1:22.17 | <b>1:29.06</b> | +0,74 |

Senioren 1 en ouder

|       |                        |               |           |         |                |       |
|-------|------------------------|---------------|-----------|---------|----------------|-------|
| 1.    | Kinge Zandringa        | Orca          | 199801422 | 1:00.52 | <b>1:00.55</b> | +0,85 |
| 2.    | Monique van der Struik | DZ&PC         | 199502502 | 1:04.07 | <b>1:06.63</b> | +0,83 |
| 3.    | Aukje Jenster          | De Valken     | 199200856 | 1:06.20 | <b>1:07.84</b> | +0,88 |
| 4.    | Willemein Hoving       | TriVia        | 199800106 | 1:08.38 | <b>1:09.30</b> | +0,78 |
| 5.    | Clariss de Vries       | DZ&PC         | 199700942 | 1:06.99 | <b>1:09.37</b> | +0,82 |
| 6.    | Amber Visser           | TriVia        | 199801416 | 1:07.92 | <b>1:09.66</b> | +0,84 |
| 7.    | Caroline Damen         | De Spatters   | 199703088 | 1:07.45 | <b>1:10.21</b> | +0,81 |
| 8.    | Karin Rijkelijkhuisen  | DZ&PC         | 199403358 | 1:06.98 | <b>1:10.29</b> | +0,71 |
| 9.    | Karen Stolk            | TriVia        | 199403950 | 1:08.20 | <b>1:11.13</b> | +0,75 |
| 10.   | Jante Wolbers          | De Valken     | 198904804 | 1:10.50 | <b>1:12.66</b> | +0,81 |
| 11.   | Suzanne Kah            | ZPC Hoogeveen | 199803312 | 1:11.70 | <b>1:12.97</b> | +0,83 |
| 12.   | Luca Ebbing            | DZ&PC         | 199802406 | 1:10.06 | <b>1:13.30</b> | +0,67 |
| 13.   | Marissa Lindemulder    | Orca          | 199306392 | 1:09.68 | <b>1:14.16</b> | +0,85 |
| 14.   | Irene Wolbers          | De Valken     | 199400450 | 1:12.34 | <b>1:16.28</b> | +0,81 |
| 15.   | Linda Boxma            | De Spatters   | 198500416 | 1:11.23 | <b>1:16.44</b> | +0,83 |
| 16.   | Rixt-Nynke Baron       | F.Z.C.'54     | 199601896 | 1:13.62 | <b>1:19.82</b> | +0,84 |
| 17.   | Inez Duursma           | De Spatters   | 199700256 | 1:13.44 | <b>1:20.79</b> | +0,69 |
| NG.ZA | Ilse Kraaijeveld       | Orca          | 199002110 | 1:03.46 |                |       |

Algemeen klassement

|     |                        |               |           |         |                |       |
|-----|------------------------|---------------|-----------|---------|----------------|-------|
| 1.  | Kinge Zandringa        | Orca          | 199801422 | 1:00.52 | <b>1:00.55</b> | +0,85 |
| 2.  | Josien Wijkhuijs       | Orca          | 199902866 | 1:03.23 | <b>1:04.22</b> | +0,70 |
| 3.  | Monique van der Struik | DZ&PC         | 199502502 | 1:04.07 | <b>1:06.63</b> | +0,83 |
| 4.  | Alinda Dingshoff       | ZPC Hoogeveen | 200000928 | 1:07.13 | <b>1:07.31</b> | +0,75 |
| 5.  | Aukje Jenster          | De Valken     | 199200856 | 1:06.20 | <b>1:07.84</b> | +0,88 |
| 6.  | Anne Fleur Willemsen   | Appingedam    | 199901396 | 1:07.96 | <b>1:09.29</b> | +0,84 |
| 7.  | Willemein Hoving       | TriVia        | 199800106 | 1:08.38 | <b>1:09.30</b> | +0,78 |
| 8.  | Clariss de Vries       | DZ&PC         | 199700942 | 1:06.99 | <b>1:09.37</b> | +0,82 |
| 9.  | Ariane Kooijnga        | TriVia        | 200001544 | 1:09.56 | <b>1:09.44</b> | +0,77 |
| 10. | Amber Visser           | TriVia        | 199801416 | 1:07.92 | <b>1:09.66</b> | +0,84 |
| 11. | Manon Manning          | Nova          | 199904118 | 1:07.66 | <b>1:09.74</b> | +0,80 |
| 12. | Caroline Damen         | De Spatters   | 199703088 | 1:07.45 | <b>1:10.21</b> | +0,81 |
| 13. | Karin Rijkelijkhuisen  | DZ&PC         | 199403358 | 1:06.98 | <b>1:10.29</b> | +0,71 |
| 14. | Danieke van der Kooi   | Orca          | 200000552 | 1:10.23 | <b>1:10.30</b> | +0,91 |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 13, Dames, 100m vlinderslag, Algemeen klassement

| Rang  |                     |                     | In.tijd   | Tijd           | RT             |       |
|-------|---------------------|---------------------|-----------|----------------|----------------|-------|
| 15.   | Karen Stolk         | TriVia              | 199403950 | 1:08.20        | <b>1:11.13</b> | +0,75 |
| 16.   | Renée Vanderheyden  | TriVia              | 199903130 | 1:07.42        | <b>1:11.48</b> | +0,77 |
| 17.   | Janneke Weiland     | Orca                | 200100128 | 1:12.68        | <b>1:12.02</b> | +0,74 |
| 18.   | Tessa Kooi          | Nova                | 200201386 | 1:11.76        | <b>1:12.62</b> | +0,91 |
| 19.   | Jante Wolbers       | De Valken           | 198904804 | 1:10.50        | <b>1:12.66</b> | +0,81 |
| 20.   | Frouke Beeksm       | TriVia              | 200000346 | 1:05.82        | <b>1:12.69</b> | +0,95 |
|       | *                   |                     |           |                |                |       |
| 21.   | Suzanne Kah         | ZPC Hoogeveen       | 199803312 | 1:11.70        | <b>1:12.97</b> | +0,83 |
| 22.   | Marika de Jong      | Avena               | 200101074 | 1:14.05        | <b>1:13.30</b> | +0,86 |
|       | Luca Ebbinge        | DZ&PC               | 199802406 | 1:10.06        | <b>1:13.30</b> | +0,67 |
| 24.   | Simone Krans        | ZPC Hoogeveen       | 199900756 | 1:09.77        | <b>1:13.41</b> | +0,77 |
| 25.   | Hinke Groos         | DZ&PC               | 199901768 | 1:09.95        | <b>1:13.98</b> | +0,67 |
| 26.   | Marissa Lindemulder | Orca                | 199306392 | 1:09.68        | <b>1:14.16</b> | +0,85 |
| 27.   | Tiffany Leerdam     | De Forel            | 200006200 | 1:12.73        | <b>1:15.43</b> | +0,87 |
| 28.   | Eva Willebrands     | Orca                | 200101510 | 1:13.52        | <b>1:15.52</b> | +1,02 |
| 29.   | Irene Wolbers       | De Valken           | 199400450 | 1:12.34        | <b>1:16.28</b> | +0,81 |
| 30.   | Linda Boxma         | De Spatters         | 198500416 | 1:11.23        | <b>1:16.44</b> | +0,83 |
| 31.   | Chaira Brinks       | Nova                | 200005556 | 1:16.36        | <b>1:17.09</b> | +0,87 |
| 32.   | Mariëlle Dolfijn    | TriVia              | 200201640 | 1:13.10        | <b>1:17.16</b> | +0,93 |
| 33.   | Zana Udo            | De Forel            | 200202686 | 1:18.30        | <b>1:17.26</b> |       |
| 34.   | Anique Coelingh     | ZPC Hoogeveen       | 200000638 | 1:15.46        | <b>1:18.31</b> | +0,83 |
| 35.   | Nora Veenstra       | SG. Bolsward-Workum | 199901446 | 1:16.60        | <b>1:18.89</b> | +0,87 |
| 36.   | Annemarie Hoving    | TriVia              | 200000248 | 1:15.22        | <b>1:19.19</b> | +0,83 |
| 37.   | Femke Wiersma       | HZ&PC Heerenveen    | 200103078 | 1:17.65        | <b>1:19.44</b> | +0,78 |
| 38.   | Rixt-Nynke Baron    | F.Z.C.'54           | 199601896 | 1:13.62        | <b>1:19.82</b> | +0,84 |
| 39.   | Brit Brandsma       | De Forel            | 200100026 | 1:15.60        | <b>1:20.26</b> | +0,67 |
| 40.   | Suze Kuipers        | Orca                | 200301714 | 1:20.37        | <b>1:20.36</b> | +0,94 |
| 41.   | Inez Duursma        | De Spatters         | 199700256 | 1:13.44        | <b>1:20.79</b> | +0,69 |
| 42.   | Daphne Rockers      | ZC Borger           | 200001376 | 1:14.14        | <b>1:21.03</b> | +0,77 |
| 43.   | Lonneke Graansma    | TriVia              | 199900936 | 1:15.02        | <b>1:21.93</b> | +0,71 |
| 44.   | Ilona Venema        | Aqua 68             | 200200050 | 1:20.73        | <b>1:24.10</b> | +0,89 |
| 45.   | Nynke Zandstra      | Wetterwille         | 200202044 | 1:18.54        | <b>1:24.21</b> | +0,82 |
| 46.   | Marije Sweering     | Neptunia '24        | 200101228 | 1:17.09        | <b>1:24.81</b> | +0,75 |
| 47.   | Dionne Salomons     | ZC Borger           | 200200504 | 1:21.66        | <b>1:27.97</b> | +0,78 |
| 48.   | Liesette Bruinsma   | HZ&PC Heerenveen    | 200004346 | S12<br>1:22.17 | <b>1:29.06</b> | +0,74 |
| NG.ZA | Ilse Kraaijeveld    | Orca                | 199002110 | 1:03.46        |                |       |

Programmanr. 14  
16-5-2015

Heren, 100m vrije slag

Junioren 1 en ouder  
Resultaten

| Rang       |                  |               |           | In.tijd | Tijd           | RT    |
|------------|------------------|---------------|-----------|---------|----------------|-------|
| Junioren 1 |                  |               |           |         |                |       |
| 1.         | Maurice Pater    | TriVia        | 200200909 | 58.01   | <b>1:01.25</b> | +0,78 |
| 2.         | Dushan de Bruijn | De Forel      | 200201273 | 1:03.65 | <b>1:04.98</b> | +0,72 |
| 3.         | Makai van Haren  | De Forel      | 200200627 | 1:04.80 | <b>1:05.96</b> | +0,79 |
| 4.         | Tycho Atanasov   | ZC Borger     | 200201133 | 1:04.77 | <b>1:06.62</b> | +0,75 |
| 5.         | Raoul Witten     | ZPC Hoogeveen | 200200231 | 1:06.31 | <b>1:08.07</b> | +0,78 |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 14, Heren, 100m vrije slag

Junioren 2

|       |                 |                  |           |         |                |       |
|-------|-----------------|------------------|-----------|---------|----------------|-------|
| 1.    | Klaas Pit       | De Forel         | 200104519 | 57.68   | <b>58.96</b>   | +0,79 |
| 2.    | David Anthonio  | ZC Borger        | 200102551 | 1:00.42 | <b>1:00.00</b> | +0,91 |
| 3.    | Jelmar Koopman  | De Forel         | 200100249 | 58.77   | <b>1:01.32</b> | +0,72 |
| 4.    | Marcel Delfstra | Orca             | 200100037 | 1:01.81 | <b>1:01.44</b> | +0,72 |
| 5.    | Emile Dost      | ZC Borger        | 200100731 | 59.19   | <b>1:01.52</b> | +0,77 |
| 6.    | Lennard Dussel  | DZ&PC            | 200100911 | 59.83   | <b>1:01.84</b> | +0,80 |
| 7.    | Remco Dijkstra  | HZ&PC Heerenveen | 200100789 | 1:02.05 | <b>1:02.53</b> | +0,86 |
| 8.    | Owen Peeks      | ZPC Hoogeveen    | 200100765 | 1:02.81 | <b>1:02.84</b> | +0,82 |
| 9.    | Coen de Lang    | ZPC Hoogeveen    | 200100067 | 1:01.40 | <b>1:03.33</b> | +0,84 |
| 10.   | Ian Bergmeester | ZC Polaris       | 200103719 | 1:03.68 | <b>1:05.41</b> | +0,77 |
| 11.   | Marc de Jonge   | Aqua 68          | 200101917 | 1:03.44 | <b>1:05.46</b> | +0,74 |
| AFGEM | Marc Hoogeveen  | Aqua 68          | 200101585 | 59.65   |                |       |

Junioren 3

|     |                         |               |           |         |                |       |
|-----|-------------------------|---------------|-----------|---------|----------------|-------|
| 1.  | Jelle Betten            | DZ&PC         | 200001535 | 53.01   | <b>54.93</b>   | +0,87 |
| 2.  | Axel Hanning            | Nova          | 200000703 | 57.51   | <b>57.28</b>   | +0,83 |
| 3.  | Sjoerd Vonk             | Wetterwille   | 200004241 | 56.73   | <b>57.89</b>   | +0,72 |
| 4.  | David Kuipers           | Orca          | 200003633 | 57.73   | <b>58.45</b>   | +0,76 |
| 5.  | Darren Chen             | ZC Borger     | 200001149 | 58.86   | <b>59.13</b>   | +0,76 |
| 6.  | Hendrik Broekema        | Bubble        | 200002205 | 57.41   | <b>59.57</b>   | +0,76 |
| 7.  | Joel Pinkster           | Aqua 68       | 200000611 | 58.44   | <b>1:00.37</b> | +0,77 |
| 8.  | Freek-Jan Melse         | DZ&PC         | 200000235 | 59.95   | <b>1:01.38</b> | +0,76 |
| 9.  | Junior de Bruin         | ZPC Hoogeveen | 200000839 | 59.36   | <b>1:01.86</b> | +0,79 |
| 10. | Thomas Hamstra          | Orca          | 200001693 | 59.77   | <b>1:02.05</b> | +0,69 |
| 11. | Bas Kost                | ZPC Hoogeveen | 200000419 | 59.99   | <b>1:02.21</b> | +0,80 |
| 12. | Noah Vincent Stavorinus | ZPD           | 200000359 | 1:02.09 | <b>1:02.81</b> | +0,64 |
| 13. | Koendert Kellner        | DZ&PC         | 200000237 | 1:02.04 | <b>1:02.89</b> | +0,75 |
| 14. | Hugo Jan Bosscher       | Orca          | 200000185 | 1:00.94 | <b>1:03.39</b> | +0,65 |

Junioren 4

|       |                         |                  |           |         |                |       |
|-------|-------------------------|------------------|-----------|---------|----------------|-------|
| 1.    | Matthijs van Meerendonk | Aqua 68          | 199900375 | 56.07   | <b>57.07</b>   | +0,75 |
| 2.    | Luuk Veldman            | Orca             | 199900981 | 55.09   | <b>57.61</b>   | +0,72 |
| 3.    | Daan Zwertbroek         | HZ&PC Heerenveen | 199900463 | 55.07   | <b>57.67</b>   | +0,77 |
| 4.    | Maik Huser              | ZPC Hoogeveen    | 199900265 | 58.81   | <b>1:00.57</b> | +0,78 |
| 5.    | Bob de Groot            | ZC Borger        | 199903585 | 1:00.07 | <b>1:00.64</b> | +0,74 |
| 6.    | Timo de Vries           | De Forel         | 199900407 | 59.68   | <b>1:01.04</b> | +0,82 |
| 7.    | Auke Jan Ytsma          | Orca             | 199900905 | 59.23   | <b>1:01.20</b> | +0,75 |
| 8.    | Roel Engbers            | Moby Dick        | 199904073 | 59.74   | <b>1:01.42</b> | +0,85 |
| 9.    | Jelmer Meijer           | HZ&PC Heerenveen | 199900177 | 59.97   | <b>1:01.87</b> | +0,81 |
| 10.   | Erwin Heinsius          | HZ&PC Heerenveen | 199900695 | 1:00.60 | <b>1:02.52</b> | +0,71 |
| AFGEM | Jacob de Roos           | DZ&PC            | 199900553 | 54.67   |                |       |
| NG    | Thom Drenth             | Eemsrobben       | 199903823 | 59.64   |                |       |
| NG    | Edwin van Delft         | De Forel         | 199901609 | 57.54   |                |       |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 14, Heren, 100m vrije slag

Jeugd 1 en 2

|     |                      |                  |           |       |                |       |
|-----|----------------------|------------------|-----------|-------|----------------|-------|
| 1.  | Thomas Kappe         | ZPC Hoogeveen    | 199805141 | 53.52 | <b>55.99</b>   | +0,73 |
| 2.  | Jelmer Postma        | Orca             | 199701631 | 55.31 | <b>56.18</b>   | +0,77 |
| 3.  | Vincent Visser       | HZ&PC Heerenveen | 199700395 | 54.32 | <b>56.73</b>   | +0,74 |
| 4.  | Marcel Groen         | Nova             | 199700239 | 54.35 | <b>56.75</b>   | +0,72 |
| 5.  | Jan Willem Veldman   | Appingedam       | 199800277 | 54.51 | <b>56.85</b>   | +0,81 |
| 6.  | Bart Weiland         | Orca             | 199700777 | 55.67 | <b>57.05</b>   | +0,75 |
| 7.  | Jorie Seubers        | ZPC Hoogeveen    | 199804371 | 53.22 | <b>57.22</b>   | +0,76 |
| 8.  | Gauke Eilander       | ZPC Hoogeveen    | 199800603 | 53.59 | <b>57.44</b>   | +0,73 |
| 9.  | Denny Olde Agterhuis | HZ&PC Heerenveen | 199801253 | 55.49 | <b>57.55</b>   | +0,77 |
| 10. | Mirko van Ligtenberg | Wetterwille      | 199800735 | 55.78 | <b>57.64</b>   | +0,69 |
| 11. | Bryan Chen           | ZC Borger        | 199803201 | 55.47 | <b>58.08</b>   | +0,64 |
| 12. | Tijmen Linthorst     | HZ&PC Heerenveen | 199801165 | 56.83 | <b>58.14</b>   | +0,82 |
| 13. | Dennis Wildeboer     | Nova             | 199800571 | 56.52 | <b>58.54</b>   | +0,82 |
| 14. | Friso van der Meulen | TriVia           | 199800617 | 55.97 | <b>58.67</b>   | +0,78 |
| 15. | Karel Lubberts       | HZ&PC Heerenveen | 199805419 | 57.06 | <b>59.08</b>   | +0,75 |
| 16. | Ingmar Hartman       | ZC Borger        | 199801013 | 58.89 | <b>59.16</b>   | +0,72 |
| 17. | Darryl Lubbinge      | ZPC Hoogeveen    | 199701045 | 56.50 | <b>59.55</b>   | +0,81 |
| 18. | Beeke Beeksm         | TriVia           | 199801537 | 56.44 | <b>1:00.06</b> | +0,77 |
| 19. | Marcel van der Wijk  | Aqualero         | 199700675 | 57.74 | <b>1:01.18</b> | +0,78 |
| 20. | Marnix van het Hof   | ZC Polaris       | 199803663 | 58.68 | <b>1:01.69</b> | +0,75 |
|     | NG Wouter de Lang    | ZPC Hoogeveen    | 199801147 | 56.42 |                |       |

Senioren 1 en ouder

|       |                     |                  |           |       |                |       |
|-------|---------------------|------------------|-----------|-------|----------------|-------|
| 1.    | Brendon Scheepers   | DZ&PC            | 199205765 | 50.80 | <b>53.03</b>   | +0,69 |
| 2.    | Niels van Eck       | ZPC Hoogeveen    | 198900793 | 51.08 | <b>53.19</b>   | +0,70 |
| 3.    | Ramon Fredrik       | Orca             | 199403933 | 52.48 | <b>55.00</b>   | +0,68 |
| 4.    | Dennis Bos          | HZ&PC Heerenveen | 199201965 | 52.74 | <b>55.71</b>   | +0,76 |
| 5.    | Derk Jan Speelman   | De Spatters      | 199602425 | 53.04 | <b>55.85</b>   | +0,64 |
| 6.    | Dennis Cramer       | TriVia           | 199200199 | 54.70 | <b>55.92</b>   | +0,80 |
| 7.    | Jeroen Lorus        | ZPC Hoogeveen    | 199500523 | 55.01 | <b>57.56</b>   | +0,74 |
| 8.    | Niels Koster        | ZPC Hoogeveen    | 198701851 | 54.09 | <b>57.62</b>   | +0,82 |
| 9.    | Ardi Knol           | ZPC Hoogeveen    | 199603447 | 54.52 | <b>58.64</b>   | +0,75 |
| 10.   | Frank van der Zwaag | De Valken        | 199401137 | 57.54 | <b>59.09</b>   | +0,87 |
| 11.   | Marc de Vries       | HZ&PC Heerenveen | 199500381 | 56.81 | <b>59.13</b>   | +0,71 |
| 12.   | Bouke van der Zaag  | PWC              | 199602255 | 58.07 | <b>59.63</b>   | +0,88 |
| 13.   | Richard Hovenkamp   | De Spatters      | 199400497 | 56.64 | <b>59.82</b>   | +0,75 |
| 14.   | Wybren Heida        | ZC Borger        | 199404999 | 58.15 | <b>1:00.56</b> | +0,75 |
| 15.   | David Scheffer      | De Pinquin       | 199500175 | 56.28 | <b>1:02.59</b> | +0,85 |
| AFGEM | Derk-Jan Knol       | ZPC Hoogeveen    | 199504297 | 54.54 |                |       |
| AFGEM | Rowan Keen          | ZC Borger        | 199500727 | 52.75 |                |       |
| NG    | Joost van den Berg  | ZC Borger        | 199405289 | 55.49 |                |       |

Algemeen klassement

|    |                   |                  |           |       |              |       |
|----|-------------------|------------------|-----------|-------|--------------|-------|
| 1. | Brendon Scheepers | DZ&PC            | 199205765 | 50.80 | <b>53.03</b> | +0,69 |
| 2. | Niels van Eck     | ZPC Hoogeveen    | 198900793 | 51.08 | <b>53.19</b> | +0,70 |
| 3. | Jelle Betten      | DZ&PC            | 200001535 | 53.01 | <b>54.93</b> | +0,87 |
| 4. | Ramon Fredrik     | Orca             | 199403933 | 52.48 | <b>55.00</b> | +0,68 |
| 5. | Dennis Bos        | HZ&PC Heerenveen | 199201965 | 52.74 | <b>55.71</b> | +0,76 |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 14, Heren, 100m vrije slag, Algemeen klassement

| Rang |                         |                  | In.tijd   | Tijd    | RT             |       |
|------|-------------------------|------------------|-----------|---------|----------------|-------|
| 6.   | Derk Jan Speelman       | De Spatters      | 199602425 | 53.04   | <b>55.85</b>   | +0,64 |
| 7.   | Dennis Cramer           | TriVia           | 199200199 | 54.70   | <b>55.92</b>   | +0,80 |
| 8.   | Thomas Kappe            | ZPC Hoogeveen    | 199805141 | 53.52   | <b>55.99</b>   | +0,73 |
| 9.   | Jelmer Postma           | Orca             | 199701631 | 55.31   | <b>56.18</b>   | +0,77 |
| 10.  | Vincent Visser          | HZ&PC Heerenveen | 199700395 | 54.32   | <b>56.73</b>   | +0,74 |
| 11.  | Marcel Groen            | Nova             | 199700239 | 54.35   | <b>56.75</b>   | +0,72 |
| 12.  | Jan Willem Veldman      | Appingedam       | 199800277 | 54.51   | <b>56.85</b>   | +0,81 |
| 13.  | Bart Weiland            | Orca             | 199700777 | 55.67   | <b>57.05</b>   | +0,75 |
| 14.  | Matthijs van Meerendonk | Aqua 68          | 199900375 | 56.07   | <b>57.07</b>   | +0,75 |
| 15.  | Jorie Seubers           | ZPC Hoogeveen    | 199804371 | 53.22   | <b>57.22</b>   | +0,76 |
| 16.  | Axel Hanning            | Nova             | 200000703 | 57.51   | <b>57.28</b>   | +0,83 |
| 17.  | Gauke Eilander          | ZPC Hoogeveen    | 199800603 | 53.59   | <b>57.44</b>   | +0,73 |
| 18.  | Denny Olde Agterhuis    | HZ&PC Heerenveen | 199801253 | 55.49   | <b>57.55</b>   | +0,77 |
| 19.  | Jeroen Lorus            | ZPC Hoogeveen    | 199500523 | 55.01   | <b>57.56</b>   | +0,74 |
| 20.  | Luuk Veldman            | Orca             | 199900981 | 55.09   | <b>57.61</b>   | +0,72 |
| 21.  | Niels Koster            | ZPC Hoogeveen    | 198701851 | 54.09   | <b>57.62</b>   | +0,82 |
| 22.  | Mirko van Ligtenberg    | Wetterwille      | 199800735 | 55.78   | <b>57.64</b>   | +0,69 |
| 23.  | Daan Zwertbroek         | HZ&PC Heerenveen | 199900463 | 55.07   | <b>57.67</b>   | +0,77 |
| 24.  | Sjoerd Vonk             | Wetterwille      | 200004241 | 56.73   | <b>57.89</b>   | +0,72 |
| 25.  | Bryan Chen              | ZC Borger        | 199803201 | 55.47   | <b>58.08</b>   | +0,64 |
| 26.  | Tijmen Linthorst        | HZ&PC Heerenveen | 199801165 | 56.83   | <b>58.14</b>   | +0,82 |
| 27.  | David Kuipers           | Orca             | 200003633 | 57.73   | <b>58.45</b>   | +0,76 |
| 28.  | Dennis Wildeboer        | Nova             | 199800571 | 56.52   | <b>58.54</b>   | +0,82 |
| 29.  | Ardi Knol               | ZPC Hoogeveen    | 199603447 | 54.52   | <b>58.64</b>   | +0,75 |
| 30.  | Friso van der Meulen    | TriVia           | 199800617 | 55.97   | <b>58.67</b>   | +0,78 |
| 31.  | Klaas Pit               | De Forel         | 200104519 | 57.68   | <b>58.96</b>   | +0,79 |
| 32.  | Karel Lubberts          | HZ&PC Heerenveen | 199805419 | 57.06   | <b>59.08</b>   | +0,75 |
| 33.  | Frank van der Zwaag     | De Valken        | 199401137 | 57.54   | <b>59.09</b>   | +0,87 |
| 34.  | Marc de Vries           | HZ&PC Heerenveen | 199500381 | 56.81   | <b>59.13</b>   | +0,71 |
|      | Darren Chen             | ZC Borger        | 200001149 | 58.86   | <b>59.13</b>   | +0,76 |
| 36.  | Ingmar Hartman          | ZC Borger        | 199801013 | 58.89   | <b>59.16</b>   | +0,72 |
| 37.  | Darryl Lubbinge         | ZPC Hoogeveen    | 199701045 | 56.50   | <b>59.55</b>   | +0,81 |
| 38.  | Hendrik Broekema        | Bubble           | 200002205 | 57.41   | <b>59.57</b>   | +0,76 |
| 39.  | Bouke van der Zaag      | PWC              | 199602255 | 58.07   | <b>59.63</b>   | +0,88 |
| 40.  | Richard Hovenkamp       | De Spatters      | 199400497 | 56.64   | <b>59.82</b>   | +0,75 |
| 41.  | David Anthonio          | ZC Borger        | 200102551 | 1:00.42 | <b>1:00.00</b> | +0,91 |
| 42.  | Beeke Beeksm            | TriVia           | 199801537 | 56.44   | <b>1:00.06</b> | +0,77 |
| 43.  | Joel Pinkster           | Aqua 68          | 200000611 | 58.44   | <b>1:00.37</b> | +0,77 |
| 44.  | Wybren Heida            | ZC Borger        | 199404999 | 58.15   | <b>1:00.56</b> | +0,75 |
| 45.  | Maik Huser              | ZPC Hoogeveen    | 199900265 | 58.81   | <b>1:00.57</b> | +0,78 |
| 46.  | Bob de Groot            | ZC Borger        | 199903585 | 1:00.07 | <b>1:00.64</b> | +0,74 |
| 47.  | Timo de Vries           | De Forel         | 199900407 | 59.68   | <b>1:01.04</b> | +0,82 |
| 48.  | Marcel van der Wijk     | Aqualero         | 199700675 | 57.74   | <b>1:01.18</b> | +0,78 |
| 49.  | Auke Jan Ytsma          | Orca             | 199900905 | 59.23   | <b>1:01.20</b> | +0,75 |
| 50.  | Maurice Pater           | TriVia           | 200200909 | 58.01   | <b>1:01.25</b> | +0,78 |
| 51.  | Jelmar Koopman          | De Forel         | 200100249 | 58.77   | <b>1:01.32</b> | +0,72 |
| 52.  | Freek-Jan Melse         | DZ&PC            | 200000235 | 59.95   | <b>1:01.38</b> | +0,76 |
| 53.  | Roel Engbers            | Moby Dick        | 199904073 | 59.74   | <b>1:01.42</b> | +0,85 |
| 54.  | Marcel Delfstra         | Orca             | 200100037 | 1:01.81 | <b>1:01.44</b> | +0,72 |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 14, Heren, 100m vrije slag, Algemeen klassement

| Rang  |                         |                  | In.tijd   | Tijd    | RT             |       |
|-------|-------------------------|------------------|-----------|---------|----------------|-------|
| 55.   | Emile Dost              | ZC Borger        | 200100731 | 59.19   | <b>1:01.52</b> | +0,77 |
| 56.   | Marnix van het Hof      | ZC Polaris       | 199803663 | 58.68   | <b>1:01.69</b> | +0,75 |
| 57.   | Lennard Dussel          | DZ&PC            | 200100911 | 59.83   | <b>1:01.84</b> | +0,80 |
| 58.   | Junior de Bruin         | ZPC Hoogeveen    | 200000839 | 59.36   | <b>1:01.86</b> | +0,79 |
| 59.   | Jelmer Meijer           | HZ&PC Heerenveen | 199900177 | 59.97   | <b>1:01.87</b> | +0,81 |
| 60.   | Thomas Hamstra          | Orca             | 200001693 | 59.77   | <b>1:02.05</b> | +0,69 |
| 61.   | Bas Kost                | ZPC Hoogeveen    | 200000419 | 59.99   | <b>1:02.21</b> | +0,80 |
| 62.   | Erwin Heinsius          | HZ&PC Heerenveen | 199900695 | 1:00.60 | <b>1:02.52</b> | +0,71 |
| 63.   | Remco Dijkstra          | HZ&PC Heerenveen | 200100789 | 1:02.05 | <b>1:02.53</b> | +0,86 |
| 64.   | David Scheffer          | De Pinquin       | 199500175 | 56.28   | <b>1:02.59</b> | +0,85 |
| 65.   | Noah Vincent Stavorinus | ZPD              | 200000359 | 1:02.09 | <b>1:02.81</b> | +0,64 |
| 66.   | Owen Peeks              | ZPC Hoogeveen    | 200100765 | 1:02.81 | <b>1:02.84</b> | +0,82 |
| 67.   | Koendert Kellner        | DZ&PC            | 200000237 | 1:02.04 | <b>1:02.89</b> | +0,75 |
| 68.   | Coen de Lang            | ZPC Hoogeveen    | 200100067 | 1:01.40 | <b>1:03.33</b> | +0,84 |
| 69.   | Hugo Jan Bosscher       | Orca             | 200000185 | 1:00.94 | <b>1:03.39</b> | +0,65 |
| 70.   | Dushan de Bruijn        | De Forel         | 200201273 | 1:03.65 | <b>1:04.98</b> | +0,72 |
| 71.   | Ian Bergmeester         | ZC Polaris       | 200103719 | 1:03.68 | <b>1:05.41</b> | +0,77 |
| 72.   | Marc de Jonge           | Aqua 68          | 200101917 | 1:03.44 | <b>1:05.46</b> | +0,74 |
| 73.   | Makai van Haren         | De Forel         | 200200627 | 1:04.80 | <b>1:05.96</b> | +0,79 |
| 74.   | Tycho Atanasov          | ZC Borger        | 200201133 | 1:04.77 | <b>1:06.62</b> | +0,75 |
| 75.   | Raoul Witten            | ZPC Hoogeveen    | 200200231 | 1:06.31 | <b>1:08.07</b> | +0,78 |
| AFGEM | Derk-Jan Knol           | ZPC Hoogeveen    | 199504297 | 54.54   |                |       |
| AFGEM | Marc Hoogeveen          | Aqua 68          | 200101585 | 59.65   |                |       |
| AFGEM | Jacob de Roos           | DZ&PC            | 199900553 | 54.67   |                |       |
| AFGEM | Rowan Keen              | ZC Borger        | 199500727 | 52.75   |                |       |
| NG    | Wouter de Lang          | ZPC Hoogeveen    | 199801147 | 56.42   |                |       |
| NG    | Thom Drenth             | Eemsrobber       | 199903823 | 59.64   |                |       |
| NG    | Edwin van Delft         | De Forel         | 199901609 | 57.54   |                |       |
| NG    | Joost van den Berg      | ZC Borger        | 199405289 | 55.49   |                |       |

Programmanr. 15  
16-5-2015

Dames, 200m vrije slag

Junioren 1 en ouder  
Resultaten

| Rang              |                     |               |               | In.tijd | Tijd           | RT    |
|-------------------|---------------------|---------------|---------------|---------|----------------|-------|
| <b>Junioren 1</b> |                     |               |               |         |                |       |
| 1.                | Suze Kuipers        | Orca          | 200301714     | 2:31.44 | <b>2:28.48</b> | +0,93 |
|                   | 100m: 1:12.03       | 1:12.03       | 200m: 2:28.48 | 1:16.45 |                |       |
| 2.                | Silke Huisman       | De Vikings    | 200301182     | 2:31.81 | <b>2:34.77</b> | +0,80 |
|                   | 100m: 1:14.22       | 1:14.22       | 200m: 2:34.77 | 1:20.55 |                |       |
| 3.                | Laura van der Velde | F.Z.C.'54     | 200300630     | 2:31.16 | <b>2:34.85</b> | +0,84 |
|                   | 100m: 1:13.94       | 1:13.94       | 200m: 2:34.85 | 1:20.91 |                |       |
| 4.                | Brenda Beijering    | ZC Borger     | 200300352     | 2:33.81 | <b>2:36.74</b> | +0,85 |
|                   | 100m: 1:15.60       | 1:15.60       | 200m: 2:36.74 | 1:21.14 |                |       |
| 5.                | Mirthe Schenkel     | ZPC Hoogeveen | 200300666     | 2:33.86 | <b>2:39.69</b> | +0,85 |
|                   | 100m: 1:16.66       | 1:16.66       | 200m: 2:39.69 | 1:23.03 |                |       |
| 6.                | Dyan Rothschild     | ZC Borger     | 200300998     | 2:38.54 | <b>2:40.98</b> | +0,75 |
|                   | 100m: 1:18.38       | 1:18.38       | 200m: 2:40.98 | 1:22.60 |                |       |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 15, Meisjes, 200m vrije slag, Junioren 1

| Rang |   |            |               | In.tijd | Tijd           | RT    |
|------|---|------------|---------------|---------|----------------|-------|
| 7.   | Chantal Tiesinga  | TriVia     | 200302452     | 2:39.19 | <b>2:41.58</b> | +0,68 |
|      | 100m: 1:19.54   | 1:19.54    | 200m: 2:41.58 | 1:22.04 |                |       |
| 8.   | Willianne Vos   | TriVia     | 200300050     | 2:37.20 | <b>2:43.48</b> | +0,77 |
|      | 100m: 1:20.11   | 1:20.11    | 200m: 2:43.48 | 1:23.37 |                |       |
| 9.   | Ilse Wals   | ZC Borger  | 200303502     | 2:41.60 | <b>2:44.36</b> | +0,88 |
|      | 100m: 1:20.37   | 1:20.37    | 200m: 2:44.36 | 1:23.99 |                |       |
| 10.  | Ilse Hoogeveen  | Aqua 68    | 200301140     | 2:36.67 | <b>2:44.44</b> | +0,93 |
|      | 100m: 1:20.79   | 1:20.79    | 200m: 2:44.44 | 1:23.65 |                |       |
| 11.  | Chantal van Willegen  | De Forel   | 200302422     | 2:37.02 | <b>2:45.79</b> | +0,72 |
|      | 100m: 1:17.42   | 1:17.42    | 200m: 2:45.79 | 1:28.37 |                |       |
| 12.  | Gerda Woldendorp  | De Vikings | 200300418     | 2:38.32 | <b>2:48.21</b> | +0,82 |
|      | 100m: 1:22.37   | 1:22.37    | 200m: 2:48.21 | 1:25.84 |                |       |
| 13.  | Emma Sies   | TriVia     | 200300732     | 2:38.69 | <b>2:48.59</b> | +0,82 |
|      | 100m: 1:22.61   | 1:22.61    | 200m: 2:48.59 | 1:25.98 |                |       |
| DIS  | Frederique Epping   | ZC Borger  | 200301344     | 2:40.50 |                |       |
|      | <i>AA - Gestart voor startsignaal bij de 1e (1-startregel) of 2e start.</i> |            |               |         |                |       |

Junioren 2

|     |                    |                  |               |         |                |       |
|-----|--------------------|------------------|---------------|---------|----------------|-------|
| 1.  | Tessa Kooi         | Nova             | 200201386     | 2:16.92 | <b>2:23.59</b> | +0,90 |
|     | 100m: 1:08.93      | 1:08.93          | 200m: 2:23.59 | 1:14.66 |                |       |
| 2.  | Dionne Salomons    | ZC Borger        | 200200504     | 2:19.57 | <b>2:24.88</b> | +0,78 |
|     | 100m: 1:10.74      | 1:10.74          | 200m: 2:24.88 | 1:14.14 |                |       |
| 3.  | Rosa Ebbinge       | DZ&PC            | 200200904     | 2:30.59 | <b>2:26.26</b> | +0,70 |
|     | 100m: 1:10.80      | 1:10.80          | 200m: 2:26.26 | 1:15.46 |                |       |
| 4.  | Leonie van Wier    | HZ&PC Heerenveen | 200200436     | 2:25.23 | <b>2:26.67</b> | +0,76 |
|     | 100m: 1:11.16      | 1:11.16          | 200m: 2:26.67 | 1:15.51 |                |       |
| 5.  | Lianne van Wier    | HZ&PC Heerenveen | 200200438     | 2:21.37 | <b>2:26.85</b> | +0,74 |
|     | 100m: 1:11.28      | 1:11.28          | 200m: 2:26.85 | 1:15.57 |                |       |
| 6.  | Nynke Zandstra     | Wetterwille      | 200202044     | 2:26.11 | <b>2:28.84</b> | +0,75 |
|     | 100m: 1:14.15      | 1:14.15          | 200m: 2:28.84 | 1:14.69 |                |       |
| 7.  | Yara van Kalmthout | Nova             | 200200984     | 2:26.64 | <b>2:30.23</b> | +0,86 |
|     | 100m: 1:12.10      | 1:12.10          | 200m: 2:30.23 | 1:18.13 |                |       |
| 8.  | Zana Udo           | De Forel         | 200202686     | 2:27.26 | <b>2:31.55</b> | +0,86 |
|     | 100m: 1:13.42      | 1:13.42          | 200m: 2:31.55 | 1:18.13 |                |       |
| 9.  | Amber Koning       | Appingedam       | 200202842     | 2:29.98 | <b>2:31.67</b> | +0,89 |
|     | 100m: 1:11.24      | 1:11.24          | 200m: 2:31.67 | 1:20.43 |                |       |
| 10. | Isabeau Essing     | TriVia           | 200201284     | 2:22.43 | <b>2:32.55</b> | +0,84 |
|     | 100m: 1:13.28      | 1:13.28          | 200m: 2:32.55 | 1:19.27 |                |       |
| 11. | Lisanne Boets      | ZPC Stadskanaal  | 200200346     | 2:30.45 | <b>2:32.93</b> | +0,71 |
|     | 100m: 1:13.70      | 1:13.70          | 200m: 2:32.93 | 1:19.23 |                |       |
| 12. | Britt Gerdes       | ZC Borger        | 200201636     | 2:31.33 | <b>2:33.86</b> | +0,82 |
|     | 100m: 1:15.37      | 1:15.37          | 200m: 2:33.86 | 1:18.49 |                |       |
| 13. | Inge Dekker        | TriVia           | 200200476     | 2:25.43 | <b>2:34.75</b> | +0,79 |
|     | 100m: 1:14.61      | 1:14.61          | 200m: 2:34.75 | 1:20.14 |                |       |



Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 15, Meisjes, 200m vrije slag, Junioren 2

| Rang |                   |                     |               | In.tijd | Tijd           | RT    |
|------|-------------------|---------------------|---------------|---------|----------------|-------|
| 14.  | Luna van den Ende | De Vikings          | 200201518     | 2:34.15 | <b>2:36.23</b> |       |
|      | 100m: 1:15.71     | 1:15.71             | 200m: 2:36.23 | 1:20.52 |                |       |
| 15.  | Ylsa Dijkstra     | SG. Bolsward-Workum | 200200728     | 2:27.32 | <b>2:36.63</b> | +0,55 |
|      | 100m: 1:15.35     | 1:15.35             | 200m: 2:36.63 | 1:21.28 |                |       |
| 16.  | Manon Swierts     | ZPC Hoogeveen       | 200203034     | 2:34.81 | <b>2:38.20</b> | +0,85 |
|      | 100m: 1:16.01     | 1:16.01             | 200m: 2:38.20 | 1:22.19 |                |       |
| 17.  | Sanne Abma        | HZ&PC Heerenveen    | 200200590     | 2:31.37 | <b>2:38.52</b> | +0,79 |
|      | 100m: 1:16.21     | 1:16.21             | 200m: 2:38.52 | 1:22.31 |                |       |
| 18.  | Ilona Venema      | Aqua 68             | 200200050     | 2:31.80 | <b>2:40.33</b> | +0,87 |
|      | 100m: 1:18.36     | 1:18.36             | 200m: 2:40.33 | 1:21.97 |                |       |
| 19.  | Masha Polushkina  | TriVia              | 200203064     | 2:34.07 | <b>2:42.03</b> | +0,90 |
|      | 100m: 1:17.68     | 1:17.68             | 200m: 2:42.03 | 1:24.35 |                |       |

Junioren 3

|     |                     |                     |               |         |                |       |
|-----|---------------------|---------------------|---------------|---------|----------------|-------|
| 1.  | Eva Willebrands     | Orca                | 200101510     | 2:14.55 | <b>2:15.22</b> | +0,98 |
|     | 100m: 1:07.41       | 1:07.41             | 200m: 2:15.22 | 1:07.81 |                |       |
| 2.  | Lize Janna de Vries | Orca                | 200101948     | 2:18.86 | <b>2:19.17</b> | +0,87 |
|     | 100m: 1:07.47       | 1:07.47             | 200m: 2:19.17 | 1:11.70 |                |       |
| 3.  | Eline van der Wal   | HZ&PC Heerenveen    | 200100930     | 2:15.75 | <b>2:21.51</b> | +0,74 |
|     | 100m: 1:09.73       | 1:09.73             | 200m: 2:21.51 | 1:11.78 |                |       |
| 4.  | Marjolein Venema    | Nova                | 200101506     | 2:17.45 | <b>2:22.24</b> | +0,83 |
|     | 100m: 1:07.89       | 1:07.89             | 200m: 2:22.24 | 1:14.35 |                |       |
| 5.  | Janneke Weiland     | Orca                | 200100128     | 2:22.62 | <b>2:23.22</b> | +0,71 |
|     | 100m: 1:09.87       | 1:09.87             | 200m: 2:23.22 | 1:13.35 |                |       |
| 6.  | Paulien Wesseling   | ZPC Hoogeveen       | 200102038     | 2:23.28 | <b>2:25.28</b> | +0,76 |
|     | 100m: 1:10.56       | 1:10.56             | 200m: 2:25.28 | 1:14.72 |                |       |
| 7.  | Joyce Kuipers       | Orca                | 200103426     | 2:27.03 | <b>2:25.39</b> | +0,91 |
|     | 100m: 1:09.96       | 1:09.96             | 200m: 2:25.39 | 1:15.43 |                |       |
| 8.  | Jolien Wind         | Nova                | 200100510     | 2:22.97 | <b>2:26.61</b> | +0,93 |
|     | 100m: 1:11.01       | 1:11.01             | 200m: 2:26.61 | 1:15.60 |                |       |
| 9.  | Fleur Vialle        | Nova                | 200100554     | 2:25.40 | <b>2:26.76</b> |       |
|     | 100m: 1:09.64       | 1:09.64             | 200m: 2:26.76 | 1:17.12 |                |       |
| 10. | Marieke Wildeboer   | TriVia              | 200100016     | 2:28.83 | <b>2:28.19</b> | +0,76 |
|     | 100m: 1:09.48       | 1:09.48             | 200m: 2:28.19 | 1:18.71 |                |       |
| 11. | Benthe Knol         | ZC Borger           | 200101574     | 2:26.12 | <b>2:30.57</b> | +0,67 |
|     | 100m: 1:12.96       | 1:12.96             | 200m: 2:30.57 | 1:17.61 |                |       |
| 12. | Elka Siesling       | SG. Bolsward-Workum | 200100566     | 2:29.15 | <b>2:32.70</b> | +0,87 |
|     | 100m: 1:13.34       | 1:13.34             | 200m: 2:32.70 | 1:19.36 |                |       |
| 13. | Lynn Fledderus      | De Forel            | 200101896     | 2:30.76 | <b>2:33.28</b> | +0,81 |
|     | 100m: 1:13.18       | 1:13.18             | 200m: 2:33.28 | 1:20.10 |                |       |
| 14. | Brit Brandsma       | De Forel            | 200100026     | 2:21.24 | <b>2:33.46</b> | +0,72 |
|     | 100m: 1:13.10       | 1:13.10             | 200m: 2:33.46 | 1:20.36 |                |       |
| 15. | Marije Sweering     | Neptunia '24        | 200101228     | 2:25.34 | <b>2:34.71</b> | +0,75 |
|     | 100m: 1:15.09       | 1:15.09             | 200m: 2:34.71 | 1:19.62 |                |       |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 15, Meisjes, 200m vrije slag, Junioren 3

| Rang |   |                  |               | In.tijd | Tijd           | RT    |
|------|---|------------------|---------------|---------|----------------|-------|
| 16.  | Femke Wiersma   | HZ&PC Heerenveen | 200103078     | 2:30.82 | <b>2:38.87</b> | +0,74 |
|      | 100m: 1:16.15   | 1:16.15          | 200m: 2:38.87 | 1:22.72 |                |       |
| 17.  | Anne-fleur Jonker   | Aqua 68          | 200101348     | 2:31.59 | <b>2:41.34</b> | +0,76 |
|      | 100m: 1:16.94   | 1:16.94          | 200m: 2:41.34 | 1:24.40 |                |       |
| 18.  | Yvanka Visser   | HZ&PC Heerenveen | 200102698     | 2:31.90 | <b>2:41.46</b> | +0,67 |
|      | 100m: 1:18.36   | 1:18.36          | 200m: 2:41.46 | 1:23.10 |                |       |
| DIS  | Kyra Wooldrik   | ZPC Hoogeveen    | 200101042     | 2:20.16 |                |       |
|      | <i>AA - Gestart voor startsignaal bij de 1e (1-startregel) of 2e start.</i> |                  |               |         |                |       |

Jeugd 1 en 2

|     |                      |                  |               |         |                |       |
|-----|----------------------|------------------|---------------|---------|----------------|-------|
| 1.  | Josien Wijkhuijs     | Orca             | 199902866     | 2:08.96 | <b>2:08.29</b> | +0,80 |
|     | 100m: 1:02.51        | 1:02.51          | 200m: 2:08.29 | 1:05.78 |                |       |
| 2.  | Laura Setz           | Nova             | 200000130     | 2:09.23 | <b>2:10.53</b> | +0,94 |
|     | 100m: 1:03.13        | 1:03.13          | 200m: 2:10.53 | 1:07.40 |                |       |
| 3.  | Myrna van Duijven    | DZ&PC            | 199900252     | 2:11.15 | <b>2:11.69</b> | +0,77 |
|     | 100m: 1:04.34        | 1:04.34          | 200m: 2:11.69 | 1:07.35 |                |       |
| 4.  | Alinda Dingshoff     | ZPC Hoogeveen    | 200000928     | 2:12.08 | <b>2:15.02</b> | +0,74 |
|     | 100m: 1:05.43        | 1:05.43          | 200m: 2:15.02 | 1:09.59 |                |       |
| 5.  | Hinke Groos          | DZ&PC            | 199901768     | 2:07.75 | <b>2:16.01</b> | +0,77 |
|     | 100m: 1:05.29        | 1:05.29          | 200m: 2:16.01 | 1:10.72 |                |       |
| 6.  | Danieke van der Kooi | Orca             | 200000552     | 2:14.68 | <b>2:18.37</b> | +0,84 |
|     | 100m: 1:07.41        | 1:07.41          | 200m: 2:18.37 | 1:10.96 |                |       |
| 7.  | Simone Krans         | ZPC Hoogeveen    | 199900756     | 2:13.45 | <b>2:18.43</b> | +0,80 |
|     | 100m: 1:07.64        | 1:07.64          | 200m: 2:18.43 | 1:10.79 |                |       |
| 8.  | Arianne Kooijnga     | TriVia           | 200001544     | 2:12.83 | <b>2:18.72</b> | +0,80 |
|     | 100m: 1:06.76        | 1:06.76          | 200m: 2:18.72 | 1:11.96 |                |       |
| 9.  | Manon Manning        | Nova             | 199904118     | 2:12.86 | <b>2:19.39</b> | +0,78 |
|     | 100m: 1:08.06        | 1:08.06          | 200m: 2:19.39 | 1:11.33 |                |       |
| 10. | Jill Blide           | ZPC Hoogeveen    | 200004734     | 2:16.17 | <b>2:20.67</b> | +0,76 |
|     | 100m: 1:08.73        | 1:08.73          | 200m: 2:20.67 | 1:11.94 |                |       |
| 11. | Hilde Dekker         | TriVia           | 199901926     | 2:11.30 | <b>2:20.84</b> | +0,86 |
|     | 100m: 1:06.19        | 1:06.19          | 200m: 2:20.84 | 1:14.65 |                |       |
| 12. | Isaa Ebbinge         | DZ&PC            | 200001314     | 2:18.61 | <b>2:20.85</b> | +0,75 |
|     | 100m: 1:08.08        | 1:08.08          | 200m: 2:20.85 | 1:12.77 |                |       |
| 13. | Christien Liemburg   | HZ&PC Heerenveen | 199903672     | 2:20.40 | <b>2:22.50</b> | +0,83 |
|     | 100m: 1:08.95        | 1:08.95          | 200m: 2:22.50 | 1:13.55 |                |       |
| 14. | Chaira Brinks        | Nova             | 200005556     | 2:13.71 | <b>2:22.53</b> | +0,84 |
|     | 100m: 1:08.94        | 1:08.94          | 200m: 2:22.53 | 1:13.59 |                |       |
| 15. | Anouschka Steenberg  | ZPC Hoogeveen    | 200000280     | 2:17.99 | <b>2:22.82</b> | +0,73 |
|     | 100m: 1:08.98        | 1:08.98          | 200m: 2:22.82 | 1:13.84 |                |       |
| 16. | Myrthe Offenga       | De Vikings       | 199901874     | 2:17.12 | <b>2:23.24</b> |       |
|     | 100m: 1:11.40        | 1:11.40          | 200m: 2:23.24 | 1:11.84 |                |       |
| 17. | Froukje Osinga       | Orca             | 200003090     | 2:27.18 | <b>2:24.59</b> | +0,81 |
|     | 100m: 1:10.90        | 1:10.90          | 200m: 2:24.59 | 1:13.69 |                |       |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 15, Meisjes, 200m vrije slag, Jeugd 1 en 2

| Rang  |                    |                  |               | In.tijd     | Tijd           | RT    |
|-------|--------------------|------------------|---------------|-------------|----------------|-------|
| 18.   | Anique Coelingh    | ZPC Hoogeveen    | 200000638     | 2:20.25     | <b>2:24.73</b> | +0,82 |
|       | 100m: 1:11.02      | 1:11.02          | 200m: 2:24.73 | 1:13.71     |                |       |
| 19.   | Tiffany Leerdam    | De Forel         | 200006200     | 2:24.20     | <b>2:24.93</b> | +0,93 |
|       | 100m: 1:10.44      | 1:10.44          | 200m: 2:24.93 | 1:14.49     |                |       |
| 20.   | Annemarie Hoving   | TriVia           | 200000248     | 2:19.26     | <b>2:27.03</b> | +0,81 |
|       | 100m: 1:10.74      | 1:10.74          | 200m: 2:27.03 | 1:16.29     |                |       |
| 21.   | Anna Harbers       | HZ&PC Heerenveen | 200001250     | 2:23.02     | <b>2:28.43</b> | +0,79 |
|       | 100m: 1:10.67      | 1:10.67          | 200m: 2:28.43 | 1:17.76     |                |       |
| 22.   | Rosalie Baarda     | Orca             | 199903460     | 2:26.98     | <b>2:29.01</b> | +0,82 |
|       | 100m: 1:11.75      | 1:11.75          | 200m: 2:29.01 | 1:17.26     |                |       |
| 23.   | Nynke Dijkhuis     | Appingedam       | 199903362     | 2:24.68     | <b>2:29.18</b> | +0,82 |
|       | 100m: 1:12.03      | 1:12.03          | 200m: 2:29.18 | 1:17.15     |                |       |
| 24.   | Romy Jalving       | HZ&PC Heerenveen | 200000616     | 2:25.43     | <b>2:30.09</b> | +0,71 |
|       | 100m: 1:12.14      | 1:12.14          | 200m: 2:30.09 | 1:17.95     |                |       |
| 25.   | Floor Gerritsma    | TriVia           | 200002464     | 2:18.10     | <b>2:30.86</b> | +0,81 |
|       | 100m: 1:10.55      | 1:10.55          | 200m: 2:30.86 | 1:20.31     |                |       |
| 26.   | Claudia Dost       | ZC Borger        | 199900858     | 2:27.64     | <b>2:30.97</b> | +0,93 |
|       | 100m: 1:12.25      | 1:12.25          | 200m: 2:30.97 | 1:18.72     |                |       |
| 27.   | Esther Pot         | Orca             | 199903462     | 2:23.70     | <b>2:31.68</b> | +0,83 |
|       | 100m: 1:13.07      | 1:13.07          | 200m: 2:31.68 | 1:18.61     |                |       |
| 28.   | Marian Katerberg   | De Kikker        | 200001282     | 2:23.93     | <b>2:35.38</b> | +0,71 |
|       | 100m: 1:13.66      | 1:13.66          | 200m: 2:35.38 | 1:21.72     |                |       |
| 29.   | Margriet Bieze     | De Pinquin       | 199900508     | 2:27.05     | <b>2:41.37</b> | +0,64 |
|       | 100m: 1:16.11      | 1:16.11          | 200m: 2:41.37 | 1:25.26     |                |       |
| 30.   | Liesette Bruinsma  | HZ&PC Heerenveen | 200004346     | S12 2:32.72 | <b>2:41.55</b> | +0,73 |
|       | 100m: 1:19.92      | 1:19.92          | 200m: 2:41.55 | 1:21.63     |                |       |
| 31.   | Sanne Hoving       | HZ&PC Heerenveen | 200003332     | S9 2:46.98  | <b>2:47.64</b> |       |
|       | 100m: 1:21.20      | 1:21.20          | 200m: 2:47.64 | 1:26.44     |                |       |
| AFGEM | Renée Vanderheyden | TriVia           | 199903130     | 2:14.86     |                |       |

Senioren 1 en ouder

|    |                  |                  |               |         |                |       |
|----|------------------|------------------|---------------|---------|----------------|-------|
| 1. | Kinge Zandringa  | Orca             | 199801422     | 2:07.49 | <b>2:07.52</b> | +0,77 |
|    | 100m: 1:02.57    | 1:02.57          | 200m: 2:07.52 | 1:04.95 |                |       |
| 2. | Lisanne Hassing  | HZ&PC Heerenveen | 199702584     | 2:05.87 | <b>2:10.64</b> | +0,84 |
|    | 100m: 1:03.14    | 1:03.14          | 200m: 2:10.64 | 1:07.50 |                |       |
| 3. | Willemein Hoving | TriVia           | 199800106     | 2:12.90 | <b>2:14.53</b> | +0,73 |
|    | 100m: 1:06.41    | 1:06.41          | 200m: 2:14.53 | 1:08.12 |                |       |
| 4. | Saranda Hofstra  | ZC Borger        | 199700526     | 2:16.98 | <b>2:16.71</b> | +0,76 |
|    | 100m: 1:05.05    | 1:05.05          | 200m: 2:16.71 | 1:11.66 |                |       |
| 5. | Karen Stolk      | TriVia           | 199403950     | 2:14.13 | <b>2:18.53</b> | +0,82 |
|    | 100m: 1:07.05    | 1:07.05          | 200m: 2:18.53 | 1:11.48 |                |       |
| 6. | Nynke Klokman    | DZ&PC            | 199801424     | 2:12.91 | <b>2:19.06</b> | +0,73 |
|    | 100m: 1:06.81    | 1:06.81          | 200m: 2:19.06 | 1:12.25 |                |       |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 15, Dames, 200m vrije slag, Senioren 1 en ouder

| Rang |                     |               |               | In.tijd | Tijd           | RT    |
|------|---------------------|---------------|---------------|---------|----------------|-------|
| 7.   | Annemiek Meulenbeld | Orca          | 199506230     | 2:16.62 | <b>2:19.22</b> | +0,74 |
|      | 100m: 1:05.84       | 1:05.84       | 200m: 2:19.22 | 1:13.38 |                |       |
| 8.   | Linda Boxma         | De Spatters   | 198500416     | 2:12.83 | <b>2:22.10</b> | +0,82 |
|      | 100m: 1:07.97       | 1:07.97       | 200m: 2:22.10 | 1:14.13 |                |       |
| 9.   | Caroline Damen      | De Spatters   | 199703088     | 2:13.58 | <b>2:22.18</b> | +0,74 |
|      | 100m: 1:08.89       | 1:08.89       | 200m: 2:22.18 | 1:13.29 |                |       |
| 10.  | Marsha Beukeveld    | ZPC Hoogeveen | 199503552     | 2:16.61 | <b>2:24.97</b> | +0,90 |
|      | 100m: 1:10.78       | 1:10.78       | 200m: 2:24.97 | 1:14.19 |                |       |
| 11.  | Marissa Lindemulder | Orca          | 199306392     | 2:17.30 | <b>2:26.85</b> | +0,82 |
|      | 100m: 1:09.36       | 1:09.36       | 200m: 2:26.85 | 1:17.49 |                |       |
| 12.  | Jante Wolbers       | De Valken     | 198904804     | 2:15.91 | <b>2:27.49</b> | +0,90 |
|      | 100m: 1:11.61       | 1:11.61       | 200m: 2:27.49 | 1:15.88 |                |       |
| 13.  | Linda Noord         | DZ&PC         | 199800454     | 2:19.32 | <b>2:29.14</b> | +0,74 |
|      | 100m: 1:11.08       | 1:11.08       | 200m: 2:29.14 | 1:18.06 |                |       |
| 14.  | Inez Duursma        | De Spatters   | 199700256     | 2:22.99 | <b>2:30.34</b> | +0,76 |
|      | 100m: 1:12.28       | 1:12.28       | 200m: 2:30.34 | 1:18.06 |                |       |
| 15.  | Eline Ligthart      | De Vikings    | 199301706     | 2:23.07 | <b>2:30.38</b> | +0,78 |
|      | 100m: 1:14.64       | 1:14.64       | 200m: 2:30.38 | 1:15.74 |                |       |
| 16.  | Johanna de Boer     | ZPD           | 199403944     | 2:22.43 | <b>2:30.68</b> | +0,72 |
|      | 100m: 1:12.07       | 1:12.07       | 200m: 2:30.68 | 1:18.61 |                |       |
| 17.  | Wiëlle Wolbers      | De Valken     | 199700462     | 2:22.35 | <b>2:33.28</b> | +0,78 |
|      | 100m: 1:12.53       | 1:12.53       | 200m: 2:33.28 | 1:20.75 |                |       |
| 18.  | Suzanne Kah         | ZPC Hoogeveen | 199803312     | 2:21.59 | <b>2:33.48</b> | +0,85 |
|      | 100m: 1:13.97       | 1:13.97       | 200m: 2:33.48 | 1:19.51 |                |       |
| 19.  | Merel Benthem       | ZCNF'34       | 198706082     | 4:10.35 | <b>4:26.84</b> |       |
|      | 100m: 4:26.84       | 4:26.84       | 200m: 4:26.84 |         |                |       |
| NG   | Anouk Dijkstra      | Eemsrobben    | 199704378     | 2:18.99 |                |       |

Algemeen klassement

|    |                   |                  |               |         |                |       |
|----|-------------------|------------------|---------------|---------|----------------|-------|
| 1. | Kinge Zandringa   | Orca             | 199801422     | 2:07.49 | <b>2:07.52</b> | +0,77 |
|    | 100m: 1:02.57     | 1:02.57          | 200m: 2:07.52 | 1:04.95 |                |       |
| 2. | Josien Wijkhuijs  | Orca             | 199902866     | 2:08.96 | <b>2:08.29</b> | +0,80 |
|    | 100m: 1:02.51     | 1:02.51          | 200m: 2:08.29 | 1:05.78 |                |       |
| 3. | Laura Setz        | Nova             | 200000130     | 2:09.23 | <b>2:10.53</b> | +0,94 |
|    | 100m: 1:03.13     | 1:03.13          | 200m: 2:10.53 | 1:07.40 |                |       |
| 4. | Lisanne Hassing   | HZ&PC Heerenveen | 199702584     | 2:05.87 | <b>2:10.64</b> | +0,84 |
|    | 100m: 1:03.14     | 1:03.14          | 200m: 2:10.64 | 1:07.50 |                |       |
| 5. | Myrna van Duijven | DZ&PC            | 199900252     | 2:11.15 | <b>2:11.69</b> | +0,77 |
|    | 100m: 1:04.34     | 1:04.34          | 200m: 2:11.69 | 1:07.35 |                |       |
| 6. | Willemein Hoving  | TriVia           | 199800106     | 2:12.90 | <b>2:14.53</b> | +0,73 |
|    | 100m: 1:06.41     | 1:06.41          | 200m: 2:14.53 | 1:08.12 |                |       |
| 7. | Alinda Dingshoff  | ZPC Hoogeveen    | 200000928     | 2:12.08 | <b>2:15.02</b> | +0,74 |
|    | 100m: 1:05.43     | 1:05.43          | 200m: 2:15.02 | 1:09.59 |                |       |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 15, Dames, 200m vrije slag, Algemeen klassement

| Rang |                      |                  |               | In.tijd | Tijd           | RT    |
|------|----------------------|------------------|---------------|---------|----------------|-------|
| 8.   | Eva Willebrands      | Orca             | 200101510     | 2:14.55 | <b>2:15.22</b> | +0,98 |
|      | 100m: 1:07.41        | 1:07.41          | 200m: 2:15.22 | 1:07.81 |                |       |
| 9.   | Hinke Groos          | DZ&PC            | 199901768     | 2:07.75 | <b>2:16.01</b> | +0,77 |
|      | 100m: 1:05.29        | 1:05.29          | 200m: 2:16.01 | 1:10.72 |                |       |
| 10.  | Saranda Hofstra      | ZC Borger        | 199700526     | 2:16.98 | <b>2:16.71</b> | +0,76 |
|      | 100m: 1:05.05        | 1:05.05          | 200m: 2:16.71 | 1:11.66 |                |       |
| 11.  | Danieke van der Kooi | Orca             | 200000552     | 2:14.68 | <b>2:18.37</b> | +0,84 |
|      | 100m: 1:07.41        | 1:07.41          | 200m: 2:18.37 | 1:10.96 |                |       |
| 12.  | Simone Krans         | ZPC Hogeveen     | 199900756     | 2:13.45 | <b>2:18.43</b> | +0,80 |
|      | 100m: 1:07.64        | 1:07.64          | 200m: 2:18.43 | 1:10.79 |                |       |
| 13.  | Karen Stolk          | TriVia           | 199403950     | 2:14.13 | <b>2:18.53</b> | +0,82 |
|      | 100m: 1:07.05        | 1:07.05          | 200m: 2:18.53 | 1:11.48 |                |       |
| 14.  | Arianne Kooijnga     | TriVia           | 200001544     | 2:12.83 | <b>2:18.72</b> | +0,80 |
|      | 100m: 1:06.76        | 1:06.76          | 200m: 2:18.72 | 1:11.96 |                |       |
| 15.  | Nynke Klokman        | DZ&PC            | 199801424     | 2:12.91 | <b>2:19.06</b> | +0,73 |
|      | 100m: 1:06.81        | 1:06.81          | 200m: 2:19.06 | 1:12.25 |                |       |
| 16.  | Lize Janna de Vries  | Orca             | 200101948     | 2:18.86 | <b>2:19.17</b> | +0,87 |
|      | 100m: 1:07.47        | 1:07.47          | 200m: 2:19.17 | 1:11.70 |                |       |
| 17.  | Annemiek Meulenbeld  | Orca             | 199506230     | 2:16.62 | <b>2:19.22</b> | +0,74 |
|      | 100m: 1:05.84        | 1:05.84          | 200m: 2:19.22 | 1:13.38 |                |       |
| 18.  | Manon Manning        | Nova             | 199904118     | 2:12.86 | <b>2:19.39</b> | +0,78 |
|      | 100m: 1:08.06        | 1:08.06          | 200m: 2:19.39 | 1:11.33 |                |       |
| 19.  | Jill Blide           | ZPC Hogeveen     | 200004734     | 2:16.17 | <b>2:20.67</b> | +0,76 |
|      | 100m: 1:08.73        | 1:08.73          | 200m: 2:20.67 | 1:11.94 |                |       |
| 20.  | Hilde Dekker         | TriVia           | 199901926     | 2:11.30 | <b>2:20.84</b> | +0,86 |
|      | 100m: 1:06.19        | 1:06.19          | 200m: 2:20.84 | 1:14.65 |                |       |
| 21.  | Isaa Ebbinge         | DZ&PC            | 200001314     | 2:18.61 | <b>2:20.85</b> | +0,75 |
|      | 100m: 1:08.08        | 1:08.08          | 200m: 2:20.85 | 1:12.77 |                |       |
| 22.  | Eline van der Wal    | HZ&PC Heerenveen | 200100930     | 2:15.75 | <b>2:21.51</b> | +0,74 |
|      | 100m: 1:09.73        | 1:09.73          | 200m: 2:21.51 | 1:11.78 |                |       |
| 23.  | Linda Boxma          | De Spatters      | 198500416     | 2:12.83 | <b>2:22.10</b> | +0,82 |
|      | 100m: 1:07.97        | 1:07.97          | 200m: 2:22.10 | 1:14.13 |                |       |
| 24.  | Caroline Damen       | De Spatters      | 199703088     | 2:13.58 | <b>2:22.18</b> | +0,74 |
|      | 100m: 1:08.89        | 1:08.89          | 200m: 2:22.18 | 1:13.29 |                |       |
| 25.  | Marjolein Venema     | Nova             | 200101506     | 2:17.45 | <b>2:22.24</b> | +0,83 |
|      | 100m: 1:07.89        | 1:07.89          | 200m: 2:22.24 | 1:14.35 |                |       |
| 26.  | Christien Liemburg   | HZ&PC Heerenveen | 199903672     | 2:20.40 | <b>2:22.50</b> | +0,83 |
|      | 100m: 1:08.95        | 1:08.95          | 200m: 2:22.50 | 1:13.55 |                |       |
| 27.  | Chaira Brinks        | Nova             | 200005556     | 2:13.71 | <b>2:22.53</b> | +0,84 |
|      | 100m: 1:08.94        | 1:08.94          | 200m: 2:22.53 | 1:13.59 |                |       |
| 28.  | Anouschka Steenberg  | ZPC Hogeveen     | 200000280     | 2:17.99 | <b>2:22.82</b> | +0,73 |
|      | 100m: 1:08.98        | 1:08.98          | 200m: 2:22.82 | 1:13.84 |                |       |
| 29.  | Janneke Weiland      | Orca             | 200100128     | 2:22.62 | <b>2:23.22</b> | +0,71 |
|      | 100m: 1:09.87        | 1:09.87          | 200m: 2:23.22 | 1:13.35 |                |       |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 15, Dames, 200m vrije slag, Algemeen klassement

| Rang |                     |                  |               | In.tijd | Tijd           | RT    |
|------|---------------------|------------------|---------------|---------|----------------|-------|
| 30.  | Myrthe Offenga      | De Vikings       | 199901874     | 2:17.12 | <b>2:23.24</b> |       |
|      | 100m: 1:11.40       | 1:11.40          | 200m: 2:23.24 | 1:11.84 |                |       |
| 31.  | Tessa Kooi          | Nova             | 200201386     | 2:16.92 | <b>2:23.59</b> | +0,90 |
|      | 100m: 1:08.93       | 1:08.93          | 200m: 2:23.59 | 1:14.66 |                |       |
| 32.  | Froukje Osinga      | Orca             | 200003090     | 2:27.18 | <b>2:24.59</b> | +0,81 |
|      | 100m: 1:10.90       | 1:10.90          | 200m: 2:24.59 | 1:13.69 |                |       |
| 33.  | Anique Coelingh     | ZPC Hogeveen     | 200000638     | 2:20.25 | <b>2:24.73</b> | +0,82 |
|      | 100m: 1:11.02       | 1:11.02          | 200m: 2:24.73 | 1:13.71 |                |       |
| 34.  | Dionne Salomons     | ZC Borger        | 200200504     | 2:19.57 | <b>2:24.88</b> | +0,78 |
|      | 100m: 1:10.74       | 1:10.74          | 200m: 2:24.88 | 1:14.14 |                |       |
| 35.  | Tiffany Leerdam     | De Forel         | 200006200     | 2:24.20 | <b>2:24.93</b> | +0,93 |
|      | 100m: 1:10.44       | 1:10.44          | 200m: 2:24.93 | 1:14.49 |                |       |
| 36.  | Marsha Beukeveld    | ZPC Hogeveen     | 199503552     | 2:16.61 | <b>2:24.97</b> | +0,90 |
|      | 100m: 1:10.78       | 1:10.78          | 200m: 2:24.97 | 1:14.19 |                |       |
| 37.  | Paulien Wesseling   | ZPC Hogeveen     | 200102038     | 2:23.28 | <b>2:25.28</b> | +0,76 |
|      | 100m: 1:10.56       | 1:10.56          | 200m: 2:25.28 | 1:14.72 |                |       |
| 38.  | Joyce Kuipers       | Orca             | 200103426     | 2:27.03 | <b>2:25.39</b> | +0,91 |
|      | 100m: 1:09.96       | 1:09.96          | 200m: 2:25.39 | 1:15.43 |                |       |
| 39.  | Rosa Ebbinge        | DZ&PC            | 200200904     | 2:30.59 | <b>2:26.26</b> | +0,70 |
|      | 100m: 1:10.80       | 1:10.80          | 200m: 2:26.26 | 1:15.46 |                |       |
| 40.  | Jolien Wind         | Nova             | 200100510     | 2:22.97 | <b>2:26.61</b> | +0,93 |
|      | 100m: 1:11.01       | 1:11.01          | 200m: 2:26.61 | 1:15.60 |                |       |
| 41.  | Leonie van Wier     | HZ&PC Heerenveen | 200200436     | 2:25.23 | <b>2:26.67</b> | +0,76 |
|      | 100m: 1:11.16       | 1:11.16          | 200m: 2:26.67 | 1:15.51 |                |       |
| 42.  | Fleur Vialle        | Nova             | 200100554     | 2:25.40 | <b>2:26.76</b> |       |
|      | 100m: 1:09.64       | 1:09.64          | 200m: 2:26.76 | 1:17.12 |                |       |
| 43.  | Marissa Lindemulder | Orca             | 199306392     | 2:17.30 | <b>2:26.85</b> | +0,82 |
|      | 100m: 1:09.36       | 1:09.36          | 200m: 2:26.85 | 1:17.49 |                |       |
|      | Lianne van Wier     | HZ&PC Heerenveen | 200200438     | 2:21.37 | <b>2:26.85</b> | +0,74 |
|      | 100m: 1:11.28       | 1:11.28          | 200m: 2:26.85 | 1:15.57 |                |       |
| 45.  | Annemarie Hoving    | TriVia           | 200000248     | 2:19.26 | <b>2:27.03</b> | +0,81 |
|      | 100m: 1:10.74       | 1:10.74          | 200m: 2:27.03 | 1:16.29 |                |       |
| 46.  | Jante Wolbers       | De Valken        | 198904804     | 2:15.91 | <b>2:27.49</b> | +0,90 |
|      | 100m: 1:11.61       | 1:11.61          | 200m: 2:27.49 | 1:15.88 |                |       |
| 47.  | Marieke Wildeboer   | TriVia           | 200100016     | 2:28.83 | <b>2:28.19</b> | +0,76 |
|      | 100m: 1:09.48       | 1:09.48          | 200m: 2:28.19 | 1:18.71 |                |       |
| 48.  | Anna Harbers        | HZ&PC Heerenveen | 200001250     | 2:23.02 | <b>2:28.43</b> | +0,79 |
|      | 100m: 1:10.67       | 1:10.67          | 200m: 2:28.43 | 1:17.76 |                |       |
| 49.  | Suze Kuipers        | Orca             | 200301714     | 2:31.44 | <b>2:28.48</b> | +0,93 |
|      | 100m: 1:12.03       | 1:12.03          | 200m: 2:28.48 | 1:16.45 |                |       |
| 50.  | Nynke Zandstra      | Wetterwille      | 200202044     | 2:26.11 | <b>2:28.84</b> | +0,75 |
|      | 100m: 1:14.15       | 1:14.15          | 200m: 2:28.84 | 1:14.69 |                |       |
| 51.  | Rosalie Baarda      | Orca             | 199903460     | 2:26.98 | <b>2:29.01</b> | +0,82 |
|      | 100m: 1:11.75       | 1:11.75          | 200m: 2:29.01 | 1:17.26 |                |       |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 15, Dames, 200m vrije slag, Algemeen klassement

| Rang |                    |                     |               | In.tijd | Tijd           | RT    |
|------|--------------------|---------------------|---------------|---------|----------------|-------|
| 52.  | Linda Noord        | DZ&PC               | 199800454     | 2:19.32 | <b>2:29.14</b> | +0,74 |
|      | 100m: 1:11.08      | 1:11.08             | 200m: 2:29.14 | 1:18.06 |                |       |
| 53.  | Nynke Dijkhuis     | Appingedam          | 199903362     | 2:24.68 | <b>2:29.18</b> | +0,82 |
|      | 100m: 1:12.03      | 1:12.03             | 200m: 2:29.18 | 1:17.15 |                |       |
| 54.  | Romy Jalving       | HZ&PC Heerenveen    | 200000616     | 2:25.43 | <b>2:30.09</b> | +0,71 |
|      | 100m: 1:12.14      | 1:12.14             | 200m: 2:30.09 | 1:17.95 |                |       |
| 55.  | Yara van Kalmthout | Nova                | 200200984     | 2:26.64 | <b>2:30.23</b> | +0,86 |
|      | 100m: 1:12.10      | 1:12.10             | 200m: 2:30.23 | 1:18.13 |                |       |
| 56.  | Inez Duursma       | De Spatters         | 199700256     | 2:22.99 | <b>2:30.34</b> | +0,76 |
|      | 100m: 1:12.28      | 1:12.28             | 200m: 2:30.34 | 1:18.06 |                |       |
| 57.  | Eline Ligthart     | De Vikings          | 199301706     | 2:23.07 | <b>2:30.38</b> | +0,78 |
|      | 100m: 1:14.64      | 1:14.64             | 200m: 2:30.38 | 1:15.74 |                |       |
| 58.  | Benthe Knol        | ZC Borger           | 200101574     | 2:26.12 | <b>2:30.57</b> | +0,67 |
|      | 100m: 1:12.96      | 1:12.96             | 200m: 2:30.57 | 1:17.61 |                |       |
| 59.  | Johanna de Boer    | ZPD                 | 199403944     | 2:22.43 | <b>2:30.68</b> | +0,72 |
|      | 100m: 1:12.07      | 1:12.07             | 200m: 2:30.68 | 1:18.61 |                |       |
| 60.  | Floor Gerritsma    | TriVia              | 200002464     | 2:18.10 | <b>2:30.86</b> | +0,81 |
|      | 100m: 1:10.55      | 1:10.55             | 200m: 2:30.86 | 1:20.31 |                |       |
| 61.  | Claudia Dost       | ZC Borger           | 199900858     | 2:27.64 | <b>2:30.97</b> | +0,93 |
|      | 100m: 1:12.25      | 1:12.25             | 200m: 2:30.97 | 1:18.72 |                |       |
| 62.  | Zana Udo           | De Forel            | 200202686     | 2:27.26 | <b>2:31.55</b> | +0,86 |
|      | 100m: 1:13.42      | 1:13.42             | 200m: 2:31.55 | 1:18.13 |                |       |
| 63.  | Amber Koning       | Appingedam          | 200202842     | 2:29.98 | <b>2:31.67</b> | +0,89 |
|      | 100m: 1:11.24      | 1:11.24             | 200m: 2:31.67 | 1:20.43 |                |       |
| 64.  | Esther Pot         | Orca                | 199903462     | 2:23.70 | <b>2:31.68</b> | +0,83 |
|      | 100m: 1:13.07      | 1:13.07             | 200m: 2:31.68 | 1:18.61 |                |       |
| 65.  | Isabeau Essing     | TriVia              | 200201284     | 2:22.43 | <b>2:32.55</b> | +0,84 |
|      | 100m: 1:13.28      | 1:13.28             | 200m: 2:32.55 | 1:19.27 |                |       |
| 66.  | Elka Siesling      | SG. Bolsward-Workum | 200100566     | 2:29.15 | <b>2:32.70</b> | +0,87 |
|      | 100m: 1:13.34      | 1:13.34             | 200m: 2:32.70 | 1:19.36 |                |       |
| 67.  | Lisanne Boets      | ZPC Stadskanaal     | 200200346     | 2:30.45 | <b>2:32.93</b> | +0,71 |
|      | 100m: 1:13.70      | 1:13.70             | 200m: 2:32.93 | 1:19.23 |                |       |
| 68.  | Wiëlle Wolbers     | De Valken           | 199700462     | 2:22.35 | <b>2:33.28</b> | +0,78 |
|      | 100m: 1:12.53      | 1:12.53             | 200m: 2:33.28 | 1:20.75 |                |       |
|      | Lynn Fledderus     | De Forel            | 200101896     | 2:30.76 | <b>2:33.28</b> | +0,81 |
|      | 100m: 1:13.18      | 1:13.18             | 200m: 2:33.28 | 1:20.10 |                |       |
| 70.  | Brit Brandsma      | De Forel            | 200100026     | 2:21.24 | <b>2:33.46</b> | +0,72 |
|      | 100m: 1:13.10      | 1:13.10             | 200m: 2:33.46 | 1:20.36 |                |       |
| 71.  | Suzanne Kah        | ZPC Hoogeveen       | 199803312     | 2:21.59 | <b>2:33.48</b> | +0,85 |
|      | 100m: 1:13.97      | 1:13.97             | 200m: 2:33.48 | 1:19.51 |                |       |
| 72.  | Britt Gerdes       | ZC Borger           | 200201636     | 2:31.33 | <b>2:33.86</b> | +0,82 |
|      | 100m: 1:15.37      | 1:15.37             | 200m: 2:33.86 | 1:18.49 |                |       |
| 73.  | Marije Sweering    | Neptunia '24        | 200101228     | 2:25.34 | <b>2:34.71</b> | +0,75 |
|      | 100m: 1:15.09      | 1:15.09             | 200m: 2:34.71 | 1:19.62 |                |       |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 15, Dames, 200m vrije slag, Algemeen klassement

| Rang |                     |                     |               | In.tijd     | Tijd           | RT    |
|------|---------------------|---------------------|---------------|-------------|----------------|-------|
| 74.  | Inge Dekker         | TriVia              | 200200476     | 2:25.43     | <b>2:34.75</b> | +0,79 |
|      | 100m: 1:14.61       | 1:14.61             | 200m: 2:34.75 | 1:20.14     |                |       |
| 75.  | Silke Huisman       | De Vikings          | 200301182     | 2:31.81     | <b>2:34.77</b> | +0,80 |
|      | 100m: 1:14.22       | 1:14.22             | 200m: 2:34.77 | 1:20.55     |                |       |
| 76.  | Laura van der Velde | F.Z.C.'54           | 200300630     | 2:31.16     | <b>2:34.85</b> | +0,84 |
|      | 100m: 1:13.94       | 1:13.94             | 200m: 2:34.85 | 1:20.91     |                |       |
| 77.  | Marian Katerberg    | De Kikker           | 200001282     | 2:23.93     | <b>2:35.38</b> | +0,71 |
|      | 100m: 1:13.66       | 1:13.66             | 200m: 2:35.38 | 1:21.72     |                |       |
| 78.  | Luna van den Ende   | De Vikings          | 200201518     | 2:34.15     | <b>2:36.23</b> |       |
|      | 100m: 1:15.71       | 1:15.71             | 200m: 2:36.23 | 1:20.52     |                |       |
| 79.  | Ylsa Dijkstra       | SG. Bolsward-Workum | 200200728     | 2:27.32     | <b>2:36.63</b> | +0,55 |
|      | 100m: 1:15.35       | 1:15.35             | 200m: 2:36.63 | 1:21.28     |                |       |
| 80.  | Brenda Beijering    | ZC Borger           | 200300352     | 2:33.81     | <b>2:36.74</b> | +0,85 |
|      | 100m: 1:15.60       | 1:15.60             | 200m: 2:36.74 | 1:21.14     |                |       |
| 81.  | Manon Swierts       | ZPC Hoogeveen       | 200203034     | 2:34.81     | <b>2:38.20</b> | +0,85 |
|      | 100m: 1:16.01       | 1:16.01             | 200m: 2:38.20 | 1:22.19     |                |       |
| 82.  | Sanne Abma          | HZ&PC Heerenveen    | 200200590     | 2:31.37     | <b>2:38.52</b> | +0,79 |
|      | 100m: 1:16.21       | 1:16.21             | 200m: 2:38.52 | 1:22.31     |                |       |
| 83.  | Femke Wiersma       | HZ&PC Heerenveen    | 200103078     | 2:30.82     | <b>2:38.87</b> | +0,74 |
|      | 100m: 1:16.15       | 1:16.15             | 200m: 2:38.87 | 1:22.72     |                |       |
| 84.  | Mirthe Schenkel     | ZPC Hoogeveen       | 200300666     | 2:33.86     | <b>2:39.69</b> | +0,85 |
|      | 100m: 1:16.66       | 1:16.66             | 200m: 2:39.69 | 1:23.03     |                |       |
| 85.  | Ilona Venema        | Aqua 68             | 200200050     | 2:31.80     | <b>2:40.33</b> | +0,87 |
|      | 100m: 1:18.36       | 1:18.36             | 200m: 2:40.33 | 1:21.97     |                |       |
| 86.  | Dyan Rothschild     | ZC Borger           | 200300998     | 2:38.54     | <b>2:40.98</b> | +0,75 |
|      | 100m: 1:18.38       | 1:18.38             | 200m: 2:40.98 | 1:22.60     |                |       |
| 87.  | Anne-fleur Jonker   | Aqua 68             | 200101348     | 2:31.59     | <b>2:41.34</b> | +0,76 |
|      | 100m: 1:16.94       | 1:16.94             | 200m: 2:41.34 | 1:24.40     |                |       |
| 88.  | Margriet Bieze      | De Pinquin          | 199900508     | 2:27.05     | <b>2:41.37</b> | +0,64 |
|      | 100m: 1:16.11       | 1:16.11             | 200m: 2:41.37 | 1:25.26     |                |       |
| 89.  | Yvanka Visser       | HZ&PC Heerenveen    | 200102698     | 2:31.90     | <b>2:41.46</b> | +0,67 |
|      | 100m: 1:18.36       | 1:18.36             | 200m: 2:41.46 | 1:23.10     |                |       |
| 90.  | Liesette Bruinsma   | HZ&PC Heerenveen    | 200004346     | S12 2:32.72 | <b>2:41.55</b> | +0,73 |
|      | 100m: 1:19.92       | 1:19.92             | 200m: 2:41.55 | 1:21.63     |                |       |
| 91.  | Chantal Tiesinga    | TriVia              | 200302452     | 2:39.19     | <b>2:41.58</b> | +0,68 |
|      | 100m: 1:19.54       | 1:19.54             | 200m: 2:41.58 | 1:22.04     |                |       |
| 92.  | Masha Polushkina    | TriVia              | 200203064     | 2:34.07     | <b>2:42.03</b> | +0,90 |
|      | 100m: 1:17.68       | 1:17.68             | 200m: 2:42.03 | 1:24.35     |                |       |
| 93.  | Willianne Vos       | TriVia              | 200300050     | 2:37.20     | <b>2:43.48</b> | +0,77 |
|      | 100m: 1:20.11       | 1:20.11             | 200m: 2:43.48 | 1:23.37     |                |       |
| 94.  | Ilse Wals           | ZC Borger           | 200303502     | 2:41.60     | <b>2:44.36</b> | +0,88 |
|      | 100m: 1:20.37       | 1:20.37             | 200m: 2:44.36 | 1:23.99     |                |       |
| 95.  | Ilse Hoogeveen      | Aqua 68             | 200301140     | 2:36.67     | <b>2:44.44</b> | +0,93 |
|      | 100m: 1:20.79       | 1:20.79             | 200m: 2:44.44 | 1:23.65     |                |       |



Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 15, Dames, 200m vrije slag, Algemeen klassement

| Rang  |   |                  |               |         | In.tijd | Tijd           | RT    |
|-------|---|------------------|---------------|---------|---------|----------------|-------|
| 96.   | Chantal van Willegen  | De Forel         | 200302422     |         | 2:37.02 | <b>2:45.79</b> | +0,72 |
|       | 100m: 1:17.42   | 1:17.42          | 200m: 2:45.79 | 1:28.37 |         |                |       |
| 97.   | Sanne Hoving  | HZ&PC Heerenveen | 200003332     | S9      | 2:46.98 | <b>2:47.64</b> |       |
|       | 100m: 1:21.20   | 1:21.20          | 200m: 2:47.64 | 1:26.44 |         |                |       |
| 98.   | Gerda Woldendorp  | De Vikings       | 200300418     |         | 2:38.32 | <b>2:48.21</b> | +0,82 |
|       | 100m: 1:22.37   | 1:22.37          | 200m: 2:48.21 | 1:25.84 |         |                |       |
| 99.   | Emma Sies   | TriVia           | 200300732     |         | 2:38.69 | <b>2:48.59</b> | +0,82 |
|       | 100m: 1:22.61   | 1:22.61          | 200m: 2:48.59 | 1:25.98 |         |                |       |
| 100.  | Merel Benthem   | ZCNF'34          | 198706082     | S7      | 4:10.35 | <b>4:26.84</b> |       |
|       | 100m: 4:26.84   | 4:26.84          | 200m: 4:26.84 |         |         |                |       |
| DIS   | Kyra Wooldrik   | ZPC Hoogeveen    | 200101042     |         | 2:20.16 |                |       |
|       | <i>AA - Gestart voor startsignaal bij de 1e (1-startregel) of 2e start.</i> |                  |               |         |         |                |       |
| DIS   | Frederique Epping   | ZC Borger        | 200301344     |         | 2:40.50 |                |       |
|       | <i>AA - Gestart voor startsignaal bij de 1e (1-startregel) of 2e start.</i> |                  |               |         |         |                |       |
| AFGEM | Renée Vanderheyden  | TriVia           | 199903130     |         | 2:14.86 |                |       |
| NG    | Anouk Dijkstra  | Eemsrobben       | 199704378     |         | 2:18.99 |                |       |

Programmanr. 16  
16-5-2015

Heren, 400m wisselslag

Junioren 1 en ouder  
Resultaten

| Rang       |                  |               |               |         |               | In.tijd        | Tijd          | RT      |
|------------|------------------|---------------|---------------|---------|---------------|----------------|---------------|---------|
| Junioren 1 |                  |               |               |         |               |                |               |         |
| 1.         | Maurice Pater    | TriVia        | 200200909     |         | 5:08.80       | <b>5:33.24</b> | +0,87         |         |
|            | 100m: 1:15.95    | 1:15.95       | 200m: 2:39.61 | 1:23.66 | 300m: 4:23.85 | 1:44.24        | 400m: 5:33.24 | 1:09.39 |
| 2.         | Dushan de Bruijn | De Forel      | 200201273     |         | 5:32.00       | <b>5:42.25</b> | +0,78         |         |
|            | 100m: 1:21.50    | 1:21.50       | 200m: 2:48.87 | 1:27.37 | 300m: 4:26.12 | 1:37.25        | 400m: 5:42.25 | 1:16.13 |
| 3.         | Makai van Haren  | De Forel      | 200200627     |         | 5:31.41       | <b>5:46.99</b> | +0,78         |         |
|            | 100m: 1:19.82    | 1:19.82       | 200m: 2:47.65 | 1:27.83 | 300m: 4:32.98 | 1:45.33        | 400m: 5:46.99 | 1:14.01 |
| 4.         | Raoul Witten     | ZPC Hoogeveen | 200200231     |         | 5:57.86       | <b>5:54.34</b> | +0,83         |         |
|            | 100m: 1:25.29    | 1:25.29       | 200m: 2:51.33 | 1:26.04 | 300m: 4:36.60 | 1:45.27        | 400m: 5:54.34 | 1:17.74 |
| Junioren 2 |                  |               |               |         |               |                |               |         |
| 1.         | Marcel Delfstra  | Orca          | 200100037     |         | 5:15.91       | <b>5:12.21</b> | +0,67         |         |
|            | 100m: 1:14.73    | 1:14.73       | 200m: 2:36.85 | 1:22.12 | 300m: 4:00.14 | 1:23.29        | 400m: 5:12.21 | 1:12.07 |
| 2.         | Jelmar Koopman   | De Forel      | 200100249     |         | 4:58.10       | <b>5:12.82</b> | +0,78         |         |
|            | 100m: 1:11.56    | 1:11.56       | 200m: 2:30.08 | 1:18.52 | 300m: 4:06.31 | 1:36.23        | 400m: 5:12.82 | 1:06.51 |
| 3.         | David Anthonio   | ZC Borger     | 200102551     |         | 5:14.82       | <b>5:17.76</b> | +0,92         |         |
|            | 100m: 1:16.48    | 1:16.48       | 200m: 2:37.68 | 1:21.20 | 300m: 4:08.96 | 1:31.28        | 400m: 5:17.76 | 1:08.80 |
| 4.         | Coen de Lang     | ZPC Hoogeveen | 200100067     |         | 5:19.14       | <b>5:22.52</b> | +0,74         |         |
|            | 100m: 1:17.25    | 1:17.25       | 200m: 2:39.72 | 1:22.47 | 300m: 4:09.08 | 1:29.36        | 400m: 5:22.52 | 1:13.44 |
| 5.         | Emile Dost       | ZC Borger     | 200100731     |         | 5:14.10       | <b>5:22.91</b> | +0,86         |         |
|            | 100m: 1:19.31    | 1:19.31       | 200m: 2:44.05 | 1:24.74 | 300m: 4:13.99 | 1:29.94        | 400m: 5:22.91 | 1:08.92 |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 16, Jongens, 400m wisselslag, Junioren 2

| Rang  |                |                  |               |         |               | In.tijd | Tijd           | RT      |
|-------|----------------|------------------|---------------|---------|---------------|---------|----------------|---------|
| 6.    | Owen Peeks     | ZPC Hoogeveen    | 200100765     |         |               | 5:38.65 | <b>5:25.79</b> | +0,89   |
|       | 100m: 1:19.37  | 1:19.37          | 200m: 2:40.91 | 1:21.54 | 300m: 4:13.93 | 1:33.02 | 400m: 5:25.79  | 1:11.86 |
| 7.    | Wesley Kuiper  | Orca             | 200100889     |         |               | 5:56.13 | <b>6:01.69</b> | +0,76   |
|       | 100m: 1:24.42  | 1:24.42          | 200m: 2:51.95 | 1:27.53 | 300m: 4:43.29 | 1:51.34 | 400m: 6:01.69  | 1:18.40 |
| 8.    | Remco Dijkstra | HZ&PC Heerenveen | 200100789     |         |               | 5:50.25 | <b>6:07.34</b> | +0,86   |
|       | 100m: 1:28.47  | 1:28.47          | 200m: 2:59.59 | 1:31.12 | 300m: 4:50.33 | 1:50.74 | 400m: 6:07.34  | 1:17.01 |
| AFGEM | Marc Hoogeveen | Aqua 68          | 200101585     |         |               | 5:25.90 |                |         |

Junioren 3

|    |                         |                 |               |         |               |         |                |         |
|----|-------------------------|-----------------|---------------|---------|---------------|---------|----------------|---------|
| 1. | Getjo Gachatrjan        | Wetterwille     | 200005445     |         |               | 4:57.20 | <b>5:18.95</b> | +0,58   |
|    | 100m: 1:10.11           | 1:10.11         | 200m: 2:32.99 | 1:22.88 | 300m: 4:06.22 | 1:33.23 | 400m: 5:18.95  | 1:12.73 |
| 2. | Hugo Jan Bosscher       | Orca            | 200000185     |         |               | 5:23.19 | <b>5:21.84</b> | +0,71   |
|    | 100m: 1:11.75           | 1:11.75         | 200m: 2:32.34 | 1:20.59 | 300m: 4:06.94 | 1:34.60 | 400m: 5:21.84  | 1:14.90 |
| 3. | Arjan Dekker            | TriVia          | 200000499     |         |               | 5:13.79 | <b>5:24.43</b> | +0,80   |
|    | 100m: 1:20.25           | 1:20.25         | 200m: 2:43.78 | 1:23.53 | 300m: 4:15.02 | 1:31.24 | 400m: 5:24.43  | 1:09.41 |
| 4. | Noah Vincent Stavorinus | ZPD             | 200000359     |         |               | 5:45.16 | <b>5:57.03</b> | +0,63   |
|    | 100m: 1:21.50           | 1:21.50         | 200m: 2:53.53 | 1:32.03 | 300m: 4:35.16 | 1:41.63 | 400m: 5:57.03  | 1:21.87 |
| 5. | Max Pathuis             | ZPC Stadskanaal | 200000979     |         |               | 5:44.65 | <b>5:57.65</b> | +0,86   |
|    | 100m: 1:24.98           | 1:24.98         | 200m: 2:56.69 | 1:31.71 | 300m: 4:42.35 | 1:45.66 | 400m: 5:57.65  | 1:15.30 |

Junioren 4

|    |                  |                  |               |         |               |         |                |         |
|----|------------------|------------------|---------------|---------|---------------|---------|----------------|---------|
| 1. | Daan Zwertbroek  | HZ&PC Heerenveen | 199900463     |         |               | 4:44.22 | <b>4:57.03</b> | +0,75   |
|    | 100m: 1:06.68    | 1:06.68          | 200m: 2:28.89 | 1:22.21 | 300m: 3:48.89 | 1:20.00 | 400m: 4:57.03  | 1:08.14 |
| 2. | Auke Jan Ytsma   | Orca             | 199900905     |         |               | 5:17.64 | <b>5:22.87</b> | +0,79   |
|    | 100m: 1:12.93    | 1:12.93          | 200m: 2:35.65 | 1:22.72 | 300m: 4:12.12 | 1:36.47 | 400m: 5:22.87  | 1:10.75 |
| 3. | Erwin Heinsius   | HZ&PC Heerenveen | 199900695     |         |               | 5:10.96 | <b>5:23.55</b> | +0,69   |
|    | 100m: 1:14.87    | 1:14.87          | 200m: 2:38.97 | 1:24.10 | 300m: 4:11.41 | 1:32.44 | 400m: 5:23.55  | 1:12.14 |
| 4. | Jeroen Louwinger | Nova             | 199900583     |         |               | 5:24.19 | <b>5:27.04</b> | +0,78   |
|    | 100m: 1:11.83    | 1:11.83          | 200m: 2:34.23 | 1:22.40 | 300m: 4:13.74 | 1:39.51 | 400m: 5:27.04  | 1:13.30 |
| 5. | Sjoerd de Jong   | Avena            | 199903907     |         |               | 5:33.47 | <b>5:36.12</b> | +0,93   |
|    | 100m: 1:17.43    | 1:17.43          | 200m: 2:43.95 | 1:26.52 | 300m: 4:20.57 | 1:36.62 | 400m: 5:36.12  | 1:15.55 |
| 6. | Maik Huser       | ZPC Hoogeveen    | 199900265     |         |               | 5:28.03 | <b>5:36.38</b> | +0,85   |
|    | 100m: 1:16.07    | 1:16.07          | 200m: 2:41.62 | 1:25.55 | 300m: 4:15.78 | 1:34.16 | 400m: 5:36.38  | 1:20.60 |

Jeugd 1 en 2

|    |                 |                 |               |         |               |         |                |         |
|----|-----------------|-----------------|---------------|---------|---------------|---------|----------------|---------|
| 1. | Gauke Eilander  | ZPC Hoogeveen   | 199800603     |         |               | 5:07.71 | <b>4:54.85</b> | +0,73   |
|    | 100m: 1:04.95   | 1:04.95         | 200m: 2:17.98 | 1:13.03 | 300m: 3:45.79 | 1:27.81 | 400m: 4:54.85  | 1:09.06 |
| 2. | Jorie Seubers   | ZPC Hoogeveen   | 199804371     |         |               | 4:44.82 | <b>5:06.66</b> | +0,82   |
|    | 100m: 1:09.80   | 1:09.80         | 200m: 2:27.86 | 1:18.06 | 300m: 3:55.62 | 1:27.76 | 400m: 5:06.66  | 1:11.04 |
| 3. | Darryl Lubbinge | ZPC Hoogeveen   | 199701045     |         |               | 5:12.92 | <b>5:16.08</b> | +0,81   |
|    | 100m: 1:14.73   | 1:14.73         | 200m: 2:34.81 | 1:20.08 | 300m: 4:05.44 | 1:30.63 | 400m: 5:16.08  | 1:10.64 |
| 4. | Gerko Wilkens   | ZPC Stadskanaal | 199800261     |         |               | 5:06.92 | <b>5:21.13</b> | +0,91   |
|    | 100m: 1:09.84   | 1:09.84         | 200m: 2:32.32 | 1:22.48 | 300m: 4:09.64 | 1:37.32 | 400m: 5:21.13  | 1:11.49 |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 16, Jongens, 400m wisselslag, Jeugd 1 en 2

| Rang |                   |               |               |         |               | In.tijd | Tijd           | RT      |
|------|-------------------|---------------|---------------|---------|---------------|---------|----------------|---------|
| 5.   | Roy Potze         | GZVW          | 199702457     |         |               | 5:33.71 | <b>5:41.04</b> | +0,86   |
|      | 100m: 1:19.32     | 1:19.32       | 200m: 2:42.81 | 1:23.49 | 300m: 4:22.11 | 1:39.30 | 400m: 5:41.04  | 1:18.93 |
|      | NG Wouter de Lang | ZPC Hoogeveen | 199801147     |         |               | 5:01.22 |                |         |

Senioren 1 en ouder

|    |                 |               |               |         |               |         |                |         |
|----|-----------------|---------------|---------------|---------|---------------|---------|----------------|---------|
| 1. | Rowan Keen      | ZC Borger     | 199500727     |         |               | 4:38.35 | <b>4:44.43</b> | +0,85   |
|    | 100m: 1:04.95   | 1:04.95       | 200m: 2:18.11 | 1:13.16 | 300m: 3:38.53 | 1:20.42 | 400m: 4:44.43  | 1:05.90 |
| 2. | Koen Lems       | ZPC Hoogeveen | 199603709     |         |               | 4:39.11 | <b>4:49.96</b> | +0,79   |
|    | 100m: 1:08.43   | 1:08.43       | 200m: 2:21.95 | 1:13.52 | 300m: 3:40.47 | 1:18.52 | 400m: 4:49.96  | 1:09.49 |
| 3. | Erik Nijholt    | DZ&PC         | 199401349     |         |               | 4:35.17 | <b>4:51.40</b> | +0,88   |
|    | 100m: 1:05.70   | 1:05.70       | 200m: 2:21.23 | 1:15.53 | 300m: 3:46.90 | 1:25.67 | 400m: 4:51.40  | 1:04.50 |
| 4. | Jeroen Lorus    | ZPC Hoogeveen | 199500523     |         |               | 4:43.25 | <b>4:59.07</b> | +0,83   |
|    | 100m: 1:04.96   | 1:04.96       | 200m: 2:24.46 | 1:19.50 | 300m: 3:48.86 | 1:24.40 | 400m: 4:59.07  | 1:10.21 |
| 5. | Ardi Knol       | ZPC Hoogeveen | 199603447     |         |               | 5:04.63 | <b>5:09.38</b> | +0,91   |
|    | 100m: 1:06.41   | 1:06.41       | 200m: 2:28.40 | 1:21.99 | 300m: 3:56.26 | 1:27.86 | 400m: 5:09.38  | 1:13.12 |
| 6. | Sietse Wijbenga | ZPD           | 199301967     |         |               | 5:10.00 | <b>5:25.96</b> | +0,75   |
|    | 100m: 1:09.05   | 1:09.05       | 200m: 2:29.90 | 1:20.85 | 300m: 4:10.89 | 1:40.99 | 400m: 5:25.96  | 1:15.07 |
| 7. | David Scheffer  | De Pinquin    | 199500175     |         |               | 5:08.02 | <b>5:31.30</b> | +0,79   |
|    | 100m: 1:13.16   | 1:13.16       | 200m: 2:37.91 | 1:24.75 | 300m: 4:12.46 | 1:34.55 | 400m: 5:31.30  | 1:18.84 |
| 8. | Matthijs Jansen | Wetterwille   | 199602379     |         |               | 5:21.70 | <b>5:43.93</b> | +0,80   |
|    | 100m: 1:17.96   | 1:17.96       | 200m: 2:48.16 | 1:30.20 | 300m: 4:26.45 | 1:38.29 | 400m: 5:43.93  | 1:17.48 |

Algemeen klassement

|     |                 |                  |               |         |               |         |                |         |
|-----|-----------------|------------------|---------------|---------|---------------|---------|----------------|---------|
| 1.  | Rowan Keen      | ZC Borger        | 199500727     |         |               | 4:38.35 | <b>4:44.43</b> | +0,85   |
|     | 100m: 1:04.95   | 1:04.95          | 200m: 2:18.11 | 1:13.16 | 300m: 3:38.53 | 1:20.42 | 400m: 4:44.43  | 1:05.90 |
| 2.  | Koen Lems       | ZPC Hoogeveen    | 199603709     |         |               | 4:39.11 | <b>4:49.96</b> | +0,79   |
|     | 100m: 1:08.43   | 1:08.43          | 200m: 2:21.95 | 1:13.52 | 300m: 3:40.47 | 1:18.52 | 400m: 4:49.96  | 1:09.49 |
| 3.  | Erik Nijholt    | DZ&PC            | 199401349     |         |               | 4:35.17 | <b>4:51.40</b> | +0,88   |
|     | 100m: 1:05.70   | 1:05.70          | 200m: 2:21.23 | 1:15.53 | 300m: 3:46.90 | 1:25.67 | 400m: 4:51.40  | 1:04.50 |
| 4.  | Gauke Eilander  | ZPC Hoogeveen    | 199800603     |         |               | 5:07.71 | <b>4:54.85</b> | +0,73   |
|     | 100m: 1:04.95   | 1:04.95          | 200m: 2:17.98 | 1:13.03 | 300m: 3:45.79 | 1:27.81 | 400m: 4:54.85  | 1:09.06 |
| 5.  | Daan Zwertbroek | HZ&PC Heerenveen | 199900463     |         |               | 4:44.22 | <b>4:57.03</b> | +0,75   |
|     | 100m: 1:06.68   | 1:06.68          | 200m: 2:28.89 | 1:22.21 | 300m: 3:48.89 | 1:20.00 | 400m: 4:57.03  | 1:08.14 |
| 6.  | Jeroen Lorus    | ZPC Hoogeveen    | 199500523     |         |               | 4:43.25 | <b>4:59.07</b> | +0,83   |
|     | 100m: 1:04.96   | 1:04.96          | 200m: 2:24.46 | 1:19.50 | 300m: 3:48.86 | 1:24.40 | 400m: 4:59.07  | 1:10.21 |
| 7.  | Jorie Seubers   | ZPC Hoogeveen    | 199804371     |         |               | 4:44.82 | <b>5:06.66</b> | +0,82   |
|     | 100m: 1:09.80   | 1:09.80          | 200m: 2:27.86 | 1:18.06 | 300m: 3:55.62 | 1:27.76 | 400m: 5:06.66  | 1:11.04 |
| 8.  | Ardi Knol       | ZPC Hoogeveen    | 199603447     |         |               | 5:04.63 | <b>5:09.38</b> | +0,91   |
|     | 100m: 1:06.41   | 1:06.41          | 200m: 2:28.40 | 1:21.99 | 300m: 3:56.26 | 1:27.86 | 400m: 5:09.38  | 1:13.12 |
| 9.  | Marcel Delfstra | Orca             | 200100037     |         |               | 5:15.91 | <b>5:12.21</b> | +0,67   |
|     | 100m: 1:14.73   | 1:14.73          | 200m: 2:36.85 | 1:22.12 | 300m: 4:00.14 | 1:23.29 | 400m: 5:12.21  | 1:12.07 |
| 10. | Jelmar Koopman  | De Forel         | 200100249     |         |               | 4:58.10 | <b>5:12.82</b> | +0,78   |
|     | 100m: 1:11.56   | 1:11.56          | 200m: 2:30.08 | 1:18.52 | 300m: 4:06.31 | 1:36.23 | 400m: 5:12.82  | 1:06.51 |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 16, Heren, 400m wisselslag, Algemeen klassement

| Rang |                   |                  |               |         |               |         | In.tijd       | Tijd           | RT    |
|------|-------------------|------------------|---------------|---------|---------------|---------|---------------|----------------|-------|
| 11.  | Darryl Lubbinge   | ZPC Hoogeveen    | 199701045     |         |               |         | 5:12.92       | <b>5:16.08</b> | +0,81 |
|      | 100m: 1:14.73     | 1:14.73          | 200m: 2:34.81 | 1:20.08 | 300m: 4:05.44 | 1:30.63 | 400m: 5:16.08 | 1:10.64        |       |
| 12.  | David Anthonio    | ZC Borger        | 200102551     |         |               |         | 5:14.82       | <b>5:17.76</b> | +0,92 |
|      | 100m: 1:16.48     | 1:16.48          | 200m: 2:37.68 | 1:21.20 | 300m: 4:08.96 | 1:31.28 | 400m: 5:17.76 | 1:08.80        |       |
| 13.  | Getjo Gachatrijan | Wetterwille      | 200005445     |         |               |         | 4:57.20       | <b>5:18.95</b> | +0,58 |
|      | 100m: 1:10.11     | 1:10.11          | 200m: 2:32.99 | 1:22.88 | 300m: 4:06.22 | 1:33.23 | 400m: 5:18.95 | 1:12.73        |       |
| 14.  | Gerko Wilkens     | ZPC Stadskanaal  | 199800261     |         |               |         | 5:06.92       | <b>5:21.13</b> | +0,91 |
|      | 100m: 1:09.84     | 1:09.84          | 200m: 2:32.32 | 1:22.48 | 300m: 4:09.64 | 1:37.32 | 400m: 5:21.13 | 1:11.49        |       |
| 15.  | Hugo Jan Bosscher | Orca             | 200000185     |         |               |         | 5:23.19       | <b>5:21.84</b> | +0,71 |
|      | 100m: 1:11.75     | 1:11.75          | 200m: 2:32.34 | 1:20.59 | 300m: 4:06.94 | 1:34.60 | 400m: 5:21.84 | 1:14.90        |       |
| 16.  | Coen de Lang      | ZPC Hoogeveen    | 200100067     |         |               |         | 5:19.14       | <b>5:22.52</b> | +0,74 |
|      | 100m: 1:17.25     | 1:17.25          | 200m: 2:39.72 | 1:22.47 | 300m: 4:09.08 | 1:29.36 | 400m: 5:22.52 | 1:13.44        |       |
| 17.  | Auke Jan Ytsma    | Orca             | 199900905     |         |               |         | 5:17.64       | <b>5:22.87</b> | +0,79 |
|      | 100m: 1:12.93     | 1:12.93          | 200m: 2:35.65 | 1:22.72 | 300m: 4:12.12 | 1:36.47 | 400m: 5:22.87 | 1:10.75        |       |
| 18.  | Emile Dost        | ZC Borger        | 200100731     |         |               |         | 5:14.10       | <b>5:22.91</b> | +0,86 |
|      | 100m: 1:19.31     | 1:19.31          | 200m: 2:44.05 | 1:24.74 | 300m: 4:13.99 | 1:29.94 | 400m: 5:22.91 | 1:08.92        |       |
| 19.  | Erwin Heinsius    | HZ&PC Heerenveen | 199900695     |         |               |         | 5:10.96       | <b>5:23.55</b> | +0,69 |
|      | 100m: 1:14.87     | 1:14.87          | 200m: 2:38.97 | 1:24.10 | 300m: 4:11.41 | 1:32.44 | 400m: 5:23.55 | 1:12.14        |       |
| 20.  | Arjan Dekker      | TriVia           | 200000499     |         |               |         | 5:13.79       | <b>5:24.43</b> | +0,80 |
|      | 100m: 1:20.25     | 1:20.25          | 200m: 2:43.78 | 1:23.53 | 300m: 4:15.02 | 1:31.24 | 400m: 5:24.43 | 1:09.41        |       |
| 21.  | Owen Peeks        | ZPC Hoogeveen    | 200100765     |         |               |         | 5:38.65       | <b>5:25.79</b> | +0,89 |
|      | 100m: 1:19.37     | 1:19.37          | 200m: 2:40.91 | 1:21.54 | 300m: 4:13.93 | 1:33.02 | 400m: 5:25.79 | 1:11.86        |       |
| 22.  | Sietse Wijbenga   | ZPD              | 199301967     |         |               |         | 5:10.00       | <b>5:25.96</b> | +0,75 |
|      | 100m: 1:09.05     | 1:09.05          | 200m: 2:29.90 | 1:20.85 | 300m: 4:10.89 | 1:40.99 | 400m: 5:25.96 | 1:15.07        |       |
| 23.  | Jeroen Louwinger  | Nova             | 199900583     |         |               |         | 5:24.19       | <b>5:27.04</b> | +0,78 |
|      | 100m: 1:11.83     | 1:11.83          | 200m: 2:34.23 | 1:22.40 | 300m: 4:13.74 | 1:39.51 | 400m: 5:27.04 | 1:13.30        |       |
| 24.  | David Scheffer    | De Pinquin       | 199500175     |         |               |         | 5:08.02       | <b>5:31.30</b> | +0,79 |
|      | 100m: 1:13.16     | 1:13.16          | 200m: 2:37.91 | 1:24.75 | 300m: 4:12.46 | 1:34.55 | 400m: 5:31.30 | 1:18.84        |       |
| 25.  | Maurice Pater     | TriVia           | 200200909     |         |               |         | 5:08.80       | <b>5:33.24</b> | +0,87 |
|      | 100m: 1:15.95     | 1:15.95          | 200m: 2:39.61 | 1:23.66 | 300m: 4:23.85 | 1:44.24 | 400m: 5:33.24 | 1:09.39        |       |
| 26.  | Sjoerd de Jong    | Avena            | 199903907     |         |               |         | 5:33.47       | <b>5:36.12</b> | +0,93 |
|      | 100m: 1:17.43     | 1:17.43          | 200m: 2:43.95 | 1:26.52 | 300m: 4:20.57 | 1:36.62 | 400m: 5:36.12 | 1:15.55        |       |
| 27.  | Maik Huser        | ZPC Hoogeveen    | 199900265     |         |               |         | 5:28.03       | <b>5:36.38</b> | +0,85 |
|      | 100m: 1:16.07     | 1:16.07          | 200m: 2:41.62 | 1:25.55 | 300m: 4:15.78 | 1:34.16 | 400m: 5:36.38 | 1:20.60        |       |
| 28.  | Roy Potze         | GZVW             | 199702457     |         |               |         | 5:33.71       | <b>5:41.04</b> | +0,86 |
|      | 100m: 1:19.32     | 1:19.32          | 200m: 2:42.81 | 1:23.49 | 300m: 4:22.11 | 1:39.30 | 400m: 5:41.04 | 1:18.93        |       |
| 29.  | Dushan de Bruijn  | De Forel         | 200201273     |         |               |         | 5:32.00       | <b>5:42.25</b> | +0,78 |
|      | 100m: 1:21.50     | 1:21.50          | 200m: 2:48.87 | 1:27.37 | 300m: 4:26.12 | 1:37.25 | 400m: 5:42.25 | 1:16.13        |       |
| 30.  | Matthijs Jansen   | Wetterwille      | 199602379     |         |               |         | 5:21.70       | <b>5:43.93</b> | +0,80 |
|      | 100m: 1:17.96     | 1:17.96          | 200m: 2:48.16 | 1:30.20 | 300m: 4:26.45 | 1:38.29 | 400m: 5:43.93 | 1:17.48        |       |
| 31.  | Makai van Haren   | De Forel         | 200200627     |         |               |         | 5:31.41       | <b>5:46.99</b> | +0,78 |
|      | 100m: 1:19.82     | 1:19.82          | 200m: 2:47.65 | 1:27.83 | 300m: 4:32.98 | 1:45.33 | 400m: 5:46.99 | 1:14.01        |       |
| 32.  | Raoul Witten      | ZPC Hoogeveen    | 200200231     |         |               |         | 5:57.86       | <b>5:54.34</b> | +0,83 |
|      | 100m: 1:25.29     | 1:25.29          | 200m: 2:51.33 | 1:26.04 | 300m: 4:36.60 | 1:45.27 | 400m: 5:54.34 | 1:17.74        |       |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 16, Heren, 400m wisselslag, Algemeen klassement

| Rang  |                         |                  |           |       |         | In.tijd | Tijd           | RT      |
|-------|-------------------------|------------------|-----------|-------|---------|---------|----------------|---------|
| 33.   | Noah Vincent Stavorinus | ZPD              | 200000359 |       |         | 5:45.16 | <b>5:57.03</b> | +0,63   |
|       | 100m:                   | 1:21.50          | 1:21.50   | 200m: | 2:53.53 | 1:32.03 | 300m:          | 4:35.16 |
|       |                         |                  |           |       |         | 1:41.63 | 400m:          | 5:57.03 |
|       |                         |                  |           |       |         |         |                | 1:21.87 |
| 34.   | Max Pathuis             | ZPC Stadskanaal  | 200000979 |       |         | 5:44.65 | <b>5:57.65</b> | +0,86   |
|       | 100m:                   | 1:24.98          | 1:24.98   | 200m: | 2:56.69 | 1:31.71 | 300m:          | 4:42.35 |
|       |                         |                  |           |       |         | 1:45.66 | 400m:          | 5:57.65 |
|       |                         |                  |           |       |         |         |                | 1:15.30 |
| 35.   | Wesley Kuiper           | Orca             | 200100889 |       |         | 5:56.13 | <b>6:01.69</b> | +0,76   |
|       | 100m:                   | 1:24.42          | 1:24.42   | 200m: | 2:51.95 | 1:27.53 | 300m:          | 4:43.29 |
|       |                         |                  |           |       |         | 1:51.34 | 400m:          | 6:01.69 |
|       |                         |                  |           |       |         |         |                | 1:18.40 |
| 36.   | Remco Dijkstra          | HZ&PC Heerenveen | 200100789 |       |         | 5:50.25 | <b>6:07.34</b> | +0,86   |
|       | 100m:                   | 1:28.47          | 1:28.47   | 200m: | 2:59.59 | 1:31.12 | 300m:          | 4:50.33 |
|       |                         |                  |           |       |         | 1:50.74 | 400m:          | 6:07.34 |
|       |                         |                  |           |       |         |         |                | 1:17.01 |
| AFGEM | Marc Hoogeveen          | Aqua 68          | 200101585 |       |         | 5:25.90 |                |         |
| NG    | Wouter de Lang          | ZPC Hoogeveen    | 199801147 |       |         | 5:01.22 |                |         |

Programmanr. 17  
16-5-2015

Dames, 4 x 100m vrije slag

Junioren 1 en ouder  
Resultaten

| Rang                       |                    |                  |         |                     |  | In.tijd | Tijd           | RT      |
|----------------------------|--------------------|------------------|---------|---------------------|--|---------|----------------|---------|
| <b>Junioren 3 en later</b> |                    |                  |         |                     |  |         |                |         |
| 1.                         | Orca 3             | Orca             |         |                     |  | 4:19.19 | <b>4:17.68</b> | +0,79   |
|                            | Janneke Weiland    | +0,79            | 1:05.02 | Lize Janna de Vries |  | +0,47   |                | 1:03.99 |
|                            | Joyce Kuipers      | +0,46            | 1:06.09 | Eva Willebrands     |  | +0,66   |                | 1:02.58 |
| 2.                         | Nova 1             | Nova             |         |                     |  | 4:22.41 | <b>4:21.23</b> | +0,78   |
|                            | Fleur Vialle       | +0,78            | 1:05.60 | Yara van Kalmthout  |  | +0,52   |                | 1:06.58 |
|                            | Tessa Kooi         | +0,62            | 1:04.69 | Marjolein Venema    |  | +0,50   |                | 1:04.36 |
| 3.                         | HZ&PC Heerenveen 2 | HZ&PC Heerenveen |         |                     |  | 4:13.09 | <b>4:22.32</b> | +0,74   |
|                            | Femke Wiersma      | +0,74            | 1:06.44 | Leonie van Wier     |  | +0,53   |                | 1:06.92 |
|                            | Eline van der Wal  | +0,41            | 1:03.62 | Lianne van Wier     |  | +0,44   |                | 1:05.34 |
| 4.                         | ZPC Hoogeveen 2    | ZPC Hoogeveen    |         |                     |  | 4:25.19 | <b>4:30.28</b> | +0,67   |
|                            | Paulien Wesseling  | +0,67            | 1:05.89 | Jasmijn Steenbergen |  | +0,39   |                | 1:07.81 |
|                            | Mirthe Schenkel    | +0,67            | 1:11.37 | Kyra Wooldrik       |  | +0,26   |                | 1:05.21 |
| 5.                         | TriVia 3           | TriVia           |         |                     |  | 4:21.28 | <b>4:30.50</b> | +0,68   |
|                            | Marieke Wildeboer  | +0,68            | 1:05.96 | Isabeau Essing      |  | +0,45   |                | 1:07.82 |
|                            | Inge Dekker        | +0,36            | 1:08.78 | Mariëlle Dolfijn    |  | +0,71   |                | 1:07.94 |
| 6.                         | F.Z.C.'54 1        | F.Z.C.'54        |         |                     |  | 4:49.96 | <b>4:53.19</b> | +0,90   |
|                            | Liza Scheenstra    | +0,90            | 1:13.82 | Frederique Potma    |  | +0,61   |                | 1:13.67 |
|                            | Lotte Grovenstein  | +0,47            | 1:14.02 | Laura van der Velde |  | +0,33   |                | 1:11.68 |
| 7.                         | Aqua 68 1          | Aqua 68          |         |                     |  | 4:43.38 | <b>4:53.59</b> | +0,89   |
|                            | Anne-fleur Jonker  | +0,89            | 1:14.61 | Arianne de Vries    |  | +0,71   |                | 1:12.92 |
|                            | Ilse Hoogeveen     | +0,41            | 1:15.65 | Ilona Venema        |  | +0,40   |                | 1:10.41 |
| 8.                         | Wetterwille 1      | Wetterwille      |         |                     |  | 4:49.53 | <b>4:53.95</b> | +0,79   |
|                            | Lisanne Rinzema    | +0,79            | 1:15.69 | Ielan van Meerlo    |  | +0,37   |                | 1:12.22 |
|                            | Liya Jansen        | +0,52            | 1:18.50 | Nynke Zandstra      |  | +0,66   |                | 1:07.54 |
| 9.                         | ZC Borger 2        | ZC Borger        |         |                     |  | 4:56.97 | <b>5:03.36</b> | +0,87   |
|                            | Leonie Rockers     | +0,87            | 1:13.53 | Joske Sanders       |  | +0,78   |                | 1:16.88 |
|                            | Ilse Wals          | +0,41            | 1:18.22 | Dyan Rothschild     |  | +0,63   |                | 1:14.73 |
| 10.                        | Polaris 1          | ZC Polaris       |         |                     |  | 5:14.41 | <b>5:26.92</b> | +0,69   |
|                            | Myrthe Groote      | +0,69            | 1:15.30 | Tessa Schulte       |  | +0,78   |                | 1:25.68 |
|                            | Chantal Posthuma   | +0,49            | 1:24.20 | Lyanne Hummel       |  |         |                | 1:21.74 |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 17, Meisjes, 4 x 100m vrije slag, Junioren 3 en later

| Rang                 |                                   |               |         | In.tijd                | Tijd           | RT      |
|----------------------|-----------------------------------|---------------|---------|------------------------|----------------|---------|
| DIS                  | ZC De Forel Wolvega 2             | De Forel      |         | 4:32.16                |                |         |
|                      | <i>EA - Te vroeg overgenomen.</i> |               |         |                        |                |         |
|                      | Brit Brandsma                     | 01            | 1:06.72 | Zana Udo               | 02             | 1:10.07 |
|                      | Lynn Fledderus                    | 01            | 1:09.85 | Anna Tinga             | 03             |         |
| <b>Senioren Open</b> |                                   |               |         |                        |                |         |
| 1.                   | Orca 1                            | Orca          |         | 3:57.51                | <b>3:57.32</b> | +0,70   |
|                      | Josien Wijkhuijs                  | +0,70         | 59.57   | Danieke van der Kooi   | +0,52          | 1:02.27 |
|                      | Kinge Zandringa                   | +0,50         | 58.57   | Ilse Kraaijeveld       | +0,46          | 56.91   |
| 2.                   | DZ&PC 1                           | DZ&PC         |         | 3:54.56                | <b>4:02.33</b> | +0,70   |
|                      | Karin Rijkelijkhuisen             | +0,70         | 1:00.63 | Myrna van Duijven      | +0,27          | 58.68   |
|                      | Claris de Vries                   | +0,49         | 1:02.29 | Monique van der Struik | +0,42          | 1:00.73 |
| 3.                   | ZPC Hoogeveen 1                   | ZPC Hoogeveen |         | 4:03.79                | <b>4:10.01</b> | +0,78   |
|                      | Simone Krans                      | +0,78         | 1:03.51 | Mariët Koster          | +0,18          | 1:02.64 |
|                      | Alinda Dingshoff                  | +0,34         | 1:00.96 | Jill Blide             | +0,36          | 1:02.90 |
| 4.                   | TriVia 1                          | TriVia        |         | 3:59.91                | <b>4:10.17</b> | +0,81   |
|                      | Frouke Beeksma                    | +0,81         | 1:03.40 | Willemein Hoving       | +0,45          | 1:01.93 |
|                      | Hilde Dekker                      | +0,53         | 1:03.13 | Ariane Kooijnga        | +0,44          | 1:01.71 |
| 5.                   | DZ&PC 2                           | DZ&PC         |         | 4:08.28                | <b>4:17.95</b> | +0,67   |
|                      | Luca Ebbinghe                     | +0,67         | 1:02.89 | Nynke Klokman          | +0,67          | 1:04.94 |
|                      | Linda Noord                       | +0,32         | 1:07.48 | Hinke Groos            | +0,62          | 1:02.64 |
| 6.                   | TriVia 2                          | TriVia        |         | 4:12.09                | <b>4:21.69</b> | +0,80   |
|                      | Annemarie Hoving                  | +0,80         | 1:04.86 | Karen Stolk            | +0,45          | 1:05.10 |
|                      | Amber Visser                      | +0,53         | 1:05.02 | Floor Gerritsma        | +0,49          | 1:06.71 |
| 7.                   | Orca 2                            | Orca          |         | 4:26.19                | <b>4:23.65</b> | +0,84   |
|                      | Marissa Lindemulder               | +0,84         | 1:04.42 | Esther Pot             | +0,59          | 1:06.48 |
|                      | Rosalie Baarda                    | +0,39         | 1:08.52 | Annemiek Meulenbeld    | +0,33          | 1:04.23 |
| 8.                   | De Valken 1                       | De Valken     |         | 4:13.26                | <b>4:24.03</b> | +0,68   |
|                      | Irene Wolbers                     | +0,68         | 1:08.30 | Aukje Jenster          |                | 1:04.78 |
|                      | Wiëlle Wolbers                    | +0,35         | 1:06.48 | Jante Wolbers          | +0,29          | 1:04.47 |
| 9.                   | ZC Borger 1                       | ZC Borger     |         | 4:28.30                | <b>4:28.71</b> | +0,86   |
|                      | Britt Gerdes                      | +0,86         | 1:07.68 | Daphne Rockers         | +0,43          | 1:06.59 |
|                      | Claudia Dost                      | +0,69         | 1:09.78 | Saranda Hofstra        | +0,63          | 1:04.66 |
| 10.                  | ZC De Forel Wolvega 1             | De Forel      |         | 4:34.01                | <b>4:37.55</b> | +0,76   |
|                      | Alyah de Bruijn                   | +0,76         | 1:10.03 | Tiffany Leerdam        | +0,61          | 1:03.82 |
|                      | Jeske Moerenhout                  | +0,45         | 1:10.48 | Chantal van Willegen   | +0,62          | 1:13.22 |
| 11.                  | ZC Borger 3                       | ZC Borger     |         | 4:36.83                | <b>4:41.80</b> | +0,87   |
|                      | Frederique Epping                 | +0,87         | 1:12.07 | Brenda Beijering       | +0,61          | 1:11.63 |
|                      | Noa Sanders                       | +0,49         | 1:11.46 | Berdien Welling        | +0,48          | 1:06.64 |
| 12.                  | Polaris 2                         | ZC Polaris    |         | 4:37.89                | <b>4:48.98</b> | +0,75   |
|                      | Danique Schulte                   | +0,75         | 1:08.63 | Isa van Leeuwen        | +0,41          | 1:13.45 |
|                      | Inge Bruins                       | +0,44         | 1:16.25 | Lotte Rolink           | +0,48          | 1:10.65 |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 18  
16-5-2015

Herren, 4 x 100m wisselslag

Senioren Open  
Resultaten

| Rang                       |                         |                  |         | In.tijd          | Tijd           | RT      |
|----------------------------|-------------------------|------------------|---------|------------------|----------------|---------|
| <b>Junioren 4 en later</b> |                         |                  |         |                  |                |         |
| 1.                         | DZ&PC 1                 | DZ&PC            |         | 4:12.34          | <b>4:27.68</b> | +0,66   |
|                            | Jelle Betten            | +0,66            | 1:00.07 | Freek-Jan Melse  | +0,44          | 1:09.78 |
|                            | Lennard Dussel          | +0,55            | 1:16.28 | Koendert Kellner | +0,44          | 1:01.55 |
| 2.                         | ZPC Hoogeveen 4         | ZPC Hoogeveen    |         | 4:23.77          | <b>4:33.80</b> | +0,89   |
|                            | Owen Peek               | +0,89            | 1:11.02 | Junior de Bruin  | +0,47          | 1:05.24 |
|                            | Maik Huser              | +0,54            | 1:13.77 | Bas Kost         | +0,30          | 1:03.77 |
| 3.                         | Orca 2                  | Orca             |         | 4:40.18          | <b>4:35.23</b> | +0,64   |
|                            | Hugo Jan Bosscher       | +0,64            | 1:10.23 | Auke Jan Ytsma   | +0,33          | 1:09.11 |
|                            | Marcel Delfstra         | +0,30            | 1:14.63 | Thomas Hamstra   | +0,48          | 1:01.26 |
| 4.                         | ZC De Forel Wolvega 1   | De Forel         |         | 4:19.70          | <b>4:37.91</b> | +0,76   |
|                            | Makai van Haren         | +0,76            | 1:16.64 | Jelmar Koopman   | +0,48          | 1:07.65 |
|                            | Klaas Pit               | +0,49            | 1:13.37 | Timo de Vries    | +0,69          | 1:00.25 |
| 5.                         | Wetterwille 1           | Wetterwille      |         | 4:32.01          | <b>4:44.64</b> | +0,86   |
|                            | <i>* 3de Zwemmer</i>    |                  |         |                  |                |         |
|                            | Sjoerd Vonk             | +0,86            | 1:11.01 | Getjo Gachatrjan | +0,26          | 1:06.42 |
|                            | Hendrik Jilderda        | +0,59            | 1:21.63 | Folkert Algra    |                | 1:05.58 |
| 6.                         | Aqua 68 3               | Aqua 68          |         | 4:35.29          | <b>4:52.57</b> | +0,60   |
|                            | Marc de Jonge           | +0,60            | 1:20.84 | Joel Pinkster    | +0,63          | 1:14.04 |
|                            | Matthijs van Meerendonk | +0,64            | 1:13.28 | Marc Hoogeveen   | +0,51          | 1:04.41 |
| 7.                         | HZ&PC Heerenveen 2      | HZ&PC Heerenveen |         | 4:38.27          | <b>4:55.81</b> | +0,62   |
|                            | Erwin Heinsius          | +0,62            | 1:14.94 | Jelmer Meijer    | +0,54          | 1:14.18 |
|                            | Gerco Ganzevoort        | +0,34            | 1:21.02 | Remco Dijkstra   | +0,32          | 1:05.67 |
| <b>Senioren Open</b>       |                         |                  |         |                  |                |         |
| 1.                         | ZPC Hoogeveen 1         | ZPC Hoogeveen    |         | 3:49.35          | <b>4:01.48</b> | +0,73   |
|                            | Chris Bolding           | +0,73            | 1:02.37 | Gauke Eilander   | +0,23          | 57.89   |
|                            | Koen Lems               | +0,63            | 1:08.39 | Niels van Eck    | +0,23          | 52.83   |
| 2.                         | ZPC Hoogeveen 2         | ZPC Hoogeveen    |         | 3:57.72          | <b>4:07.14</b> | +0,80   |
|                            | Niels Koster            | +0,80            | 1:04.87 | Jeroen Lorus     | +0,50          | 57.78   |
|                            | Ardi Knol               | +0,44            | 1:09.34 | Thomas Kappe     | +0,30          | 55.15   |
| 3.                         | HZ&PC Heerenveen 1      | HZ&PC Heerenveen |         | 3:59.54          | <b>4:07.87</b> | +0,92   |
|                            | Denny Olde Agterhuis    | +0,92            | 1:03.56 | Vincent Visser   | +0,10          | 1:01.60 |
|                            | Daan Zwertbroek         | +0,42            | 1:08.34 | Dennis Bos       | +0,04          | 54.37   |
| 4.                         | Orca 1                  | Orca             |         | 4:11.18          | <b>4:16.65</b> | +0,64   |
|                            | Luuk Veldman            | +0,64            | 1:05.74 | Ramon Fredrik    | +0,22          | 59.29   |
|                            | Jelmer Postma           | +0,34            | 1:12.97 | David Kuipers    | +0,54          | 58.65   |
| 5.                         | Polaris 1               | ZC Polaris       |         | 5:10.91          | <b>5:23.24</b> | +0,73   |
|                            | Sander Blaauw           | +0,73            | 1:22.38 | Dylan Bes        | +0,43          | 1:31.95 |
|                            | Marnix van het Hof      | +0,43            | 1:22.08 | Ian Bergmeester  | +0,40          | 1:06.83 |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

4 - zondag 17 mei 2015

17-5-2015 - 10:00

Programmanr. 19 Heren, 200m wisselslag Junioren 1 en ouder  
17-5-2015 Resultaten

| Rang   | In.tijd                                   | Tijd                 | RT                      |
|--|---|----------------------|-------------------------|
| <b>Junioren 1</b>  |   |                      |                         |
| 1. Maurice Pater<br>100m: 1:13.83 1:13.83                        | TriVia<br>200m: 2:37.18 1:23.35           | 200200909<br>2:26.13 | <b>2:37.18</b><br>+0,82 |
| 2. Dushan de Bruijn<br>100m: 1:16.95 1:16.95                     | De Forel<br>200m: 2:41.43 1:24.48         | 200201273<br>2:37.01 | <b>2:41.43</b><br>+0,70 |
| 3. Makai van Haren<br>100m: 1:15.63 1:15.63                      | De Forel<br>200m: 2:44.15 1:28.52         | 200200627<br>2:37.74 | <b>2:44.15</b><br>+0,57 |
| 4. Tycho Atanasov<br><i>Handgeklokt</i><br>100m: 1:18.77 1:18.77 | ZC Borger<br>200m: 2:45.89 1:27.12        | 200201133<br>2:42.65 | <b>2:45.89</b>          |
| 5. Raoul Witten<br>100m: 1:19.28 1:19.28                         | ZPC Hoogeveen<br>200m: 2:47.57 1:28.29    | 200200231<br>2:38.20 | <b>2:47.57</b><br>+0,58 |
| 6. Mees Niemeijer<br><i>Handgeklokt</i><br>100m: 1:23.39 1:23.39 | DZ&PC<br>200m: 3:00.50 1:37.11            | 200201275<br>2:53.00 | <b>3:00.50</b>          |
| 7. Jan Berend Sipma<br><i>Handgeklokt</i>                        | De Granaet<br>200m: 2:52.17               | 200201443<br>2:52.17 | <b>3:06.12</b>          |
| <b>Junioren 2</b>  |   |                      |                         |
| 1. Klaas Pit<br>100m: 1:10.18 1:10.18                            | De Forel<br>200m: 2:26.65 1:16.47         | 200104519<br>2:20.12 | <b>2:26.65</b><br>+0,80 |
| 2. Jelmar Koopman<br>100m: 1:08.60 1:08.60                       | De Forel<br>200m: 2:27.22 1:18.62         | 200100249<br>2:24.08 | <b>2:27.22</b><br>+0,76 |
| 3. Marcel Delfstra<br>100m: 1:11.64 1:11.64                      | Orca<br>200m: 2:27.68 1:16.04             | 200100037<br>2:29.23 | <b>2:27.68</b><br>+0,72 |
| 4. David Anthonio<br>100m: 1:12.35 1:12.35                       | ZC Borger<br>200m: 2:28.58 1:16.23        | 200102551<br>2:34.32 | <b>2:28.58</b><br>+0,91 |
| 5. Emile Dost<br>100m: 1:13.11 1:13.11                           | ZC Borger<br>200m: 2:30.38 1:17.27        | 200100731<br>2:30.62 | <b>2:30.38</b><br>+0,84 |
| 6. Coen de Lang<br>100m: 1:12.94 1:12.94                         | ZPC Hoogeveen<br>200m: 2:31.89 1:18.95    | 200100067<br>2:27.74 | <b>2:31.89</b><br>+0,79 |
| 7. Owen Peeks<br>100m: 1:14.09 1:14.09                           | ZPC Hoogeveen<br>200m: 2:34.29 1:20.20    | 200100765<br>2:37.13 | <b>2:34.29</b><br>+0,87 |
| 8. Remco Dijkstra<br><i>Handgeklokt</i><br>100m: 1:16.57 1:16.57 | HZ&PC Heerenveen<br>200m: 2:45.12 1:28.55 | 200100789<br>2:44.45 | <b>2:45.12</b>          |
| 9. Wesley Kuiper<br><i>Handgeklokt</i><br>100m: 1:17.26 1:17.26  | Orca<br>200m: 2:48.25 1:30.99             | 200100889<br>2:44.66 | <b>2:48.25</b>          |
| AFGEM Marc Hoogeveen   | Aqua 68<br>200m: 2:33.43                  | 200101585<br>2:33.43 |                         |



Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 19, Heren, 200m wisselslag

Junioren 3

|     |                         |               |               |         |                |       |
|-----|-------------------------|---------------|---------------|---------|----------------|-------|
| 1.  | Jelle Betten            | DZ&PC         | 200001535     | 2:10.64 | <b>2:16.25</b> | +0,77 |
|     | 100m: 1:02.77           | 1:02.77       | 200m: 2:16.25 | 1:13.48 |                |       |
| 2.  | David Kuipers           | Orca          | 200003633     | 2:25.43 | <b>2:26.26</b> | +0,80 |
|     | 100m: 1:07.59           | 1:07.59       | 200m: 2:26.26 | 1:18.67 |                |       |
| 3.  | Axel Hanning            | Nova          | 200000703     | 2:24.16 | <b>2:28.03</b> | +0,79 |
|     | 100m: 1:08.94           | 1:08.94       | 200m: 2:28.03 | 1:19.09 |                |       |
| 4.  | Junior de Bruin         | ZPC Hoogeveen | 200000839     | 2:27.15 | <b>2:28.90</b> | +0,76 |
|     | 100m: 1:10.75           | 1:10.75       | 200m: 2:28.90 | 1:18.15 |                |       |
| 5.  | Getjo Gachatrijan       | Wetterwille   | 200005445     | 2:22.77 | <b>2:29.32</b> | +0,64 |
|     | 100m: 1:08.23           | 1:08.23       | 200m: 2:29.32 | 1:21.09 |                |       |
| 6.  | Freek-Jan Melse         | DZ&PC         | 200000235     | 2:23.86 | <b>2:30.06</b> | +0,74 |
|     | 100m: 1:12.25           | 1:12.25       | 200m: 2:30.06 | 1:17.81 |                |       |
| 7.  | Hugo Jan Bosscher       | Orca          | 200000185     | 2:27.73 | <b>2:30.71</b> | +0,75 |
|     | 100m: 1:10.60           | 1:10.60       | 200m: 2:30.71 | 1:20.11 |                |       |
| 8.  | Hendrik Broekema        | Bubble        | 200002205     | 2:25.61 | <b>2:32.83</b> | +0,78 |
|     | 100m: 1:10.83           | 1:10.83       | 200m: 2:32.83 | 1:22.00 |                |       |
| 9.  | Joel Pinkster           | Aqua 68       | 200000611     | 2:32.74 | <b>2:36.69</b> | +0,76 |
|     | 100m: 1:11.41           | 1:11.41       | 200m: 2:36.69 | 1:25.28 |                |       |
| 10. | Noah Vincent Stavorinus | ZPD           | 200000359     | 2:38.67 | <b>2:41.97</b> |       |
|     | <i>Handgeklokt</i>      |               |               |         |                |       |
|     | 100m: 1:17.82           | 1:17.82       | 200m: 2:41.97 | 1:24.15 |                |       |
| 11. | Bas Kost                | ZPC Hoogeveen | 200000419     | 2:36.84 | <b>2:46.07</b> | +0,81 |
|     | 100m: 1:19.89           | 1:19.89       | 200m: 2:46.07 | 1:26.18 |                |       |

Junioren 4

|    |                  |                  |               |         |                |       |
|----|------------------|------------------|---------------|---------|----------------|-------|
| 1. | Daan Zwertbroek  | HZ&PC Heerenveen | 199900463     | 2:12.86 | <b>2:19.02</b> | +0,76 |
|    | 100m: 1:06.30    | 1:06.30          | 200m: 2:19.02 | 1:12.72 |                |       |
| 2. | Bob de Groot     | ZC Borger        | 199903585     | 2:27.95 | <b>2:30.85</b> | +0,76 |
|    | 100m: 1:11.61    | 1:11.61          | 200m: 2:30.85 | 1:19.24 |                |       |
| 3. | Jeroen Louwinger | Nova             | 199900583     | 2:28.44 | <b>2:32.19</b> | +0,77 |
|    | 100m: 1:12.30    | 1:12.30          | 200m: 2:32.19 | 1:19.89 |                |       |
| 4. | Auke Jan Ytsma   | Orca             | 199900905     | 2:28.70 | <b>2:32.79</b> | +0,76 |
|    | 100m: 1:12.15    | 1:12.15          | 200m: 2:32.79 | 1:20.64 |                |       |
| 5. | Maik Huser       | ZPC Hoogeveen    | 199900265     | 2:27.85 | <b>2:33.72</b> | +0,81 |
|    | 100m: 1:14.17    | 1:14.17          | 200m: 2:33.72 | 1:19.55 |                |       |
| 6. | Erwin Heinsius   | HZ&PC Heerenveen | 199900695     | 2:28.71 | <b>2:34.54</b> | +0,50 |
|    | 100m: 1:13.43    | 1:13.43          | 200m: 2:34.54 | 1:21.11 |                |       |
| 7. | Timo de Vries    | De Forel         | 199900407     | 2:33.59 | <b>2:35.92</b> | +0,81 |
|    | 100m: 1:14.39    | 1:14.39          | 200m: 2:35.92 | 1:21.53 |                |       |
| 8. | Sjoerd de Jong   | Avena            | 199903907     | 2:32.78 | <b>2:36.82</b> | +0,95 |
|    | 100m: 1:13.16    | 1:13.16          | 200m: 2:36.82 | 1:23.66 |                |       |
| 9. | Jelmer Meijer    | HZ&PC Heerenveen | 199900177     | 2:32.96 | <b>2:42.63</b> | +0,66 |
|    | 100m: 1:14.72    | 1:14.72          | 200m: 2:42.63 | 1:27.91 |                |       |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 19, Jongens, 200m wisselslag, Junioren 4

| Rang  |   |         |           | In.tijd | Tijd | RT |
|-------|---|---------|-----------|---------|------|----|
| DIS   | Matthijs van Meerendonk   | Aqua 68 | 199900375 | 2:16.36 |      |    |
|       | <i>SD - De bewegingen van de benen niet te allen tijde gelijktijdig in hetzelfde horizontale vlak uitgevoerd.</i> |         |           |         |      |    |
| AFGEM | Jacob de Roos   | DZ&PC   | 199900553 | 2:08.65 |      |    |

Jeugd 1 en 2

|     |                      |                  |               |         |                |       |
|-----|----------------------|------------------|---------------|---------|----------------|-------|
| 1.  | Gauke Eilander       | ZPC Hoogeveen    | 199800603     | 2:09.49 | <b>2:19.84</b> | +0,69 |
|     | 100m: 1:03.54        | 1:03.54          | 200m: 2:19.84 | 1:16.30 |                |       |
| 2.  | Jorie Seubers        | ZPC Hoogeveen    | 199804371     | 2:10.86 | <b>2:20.10</b> | +0,74 |
|     | 100m: 1:05.86        | 1:05.86          | 200m: 2:20.10 | 1:14.24 |                |       |
| 3.  | Jan Willem Veldman   | Appingedam       | 199800277     | 2:16.39 | <b>2:21.94</b> | +0,75 |
|     | 100m: 1:07.54        | 1:07.54          | 200m: 2:21.94 | 1:14.40 |                |       |
| 4.  | Thomas Kappe         | ZPC Hoogeveen    | 199805141     | 2:19.89 | <b>2:23.16</b> | +0,73 |
|     | 100m: 1:07.80        | 1:07.80          | 200m: 2:23.16 | 1:15.36 |                |       |
| 5.  | Jelmer Postma        | Orca             | 199701631     | 2:20.64 | <b>2:25.55</b> | +0,72 |
|     | 100m: 1:07.61        | 1:07.61          | 200m: 2:25.55 | 1:17.94 |                |       |
| 6.  | Darryl Lubbinge      | ZPC Hoogeveen    | 199701045     | 2:20.03 | <b>2:27.48</b> | +0,81 |
|     | 100m: 1:09.22        | 1:09.22          | 200m: 2:27.48 | 1:18.26 |                |       |
| 7.  | Gerko Wilkens        | ZPC Stadskanaal  | 199800261     | 2:23.00 | <b>2:27.99</b> | +0,87 |
|     | 100m: 1:07.75        | 1:07.75          | 200m: 2:27.99 | 1:20.24 |                |       |
| 8.  | Dennis Wildeboer     | Nova             | 199800571     | 2:27.32 | <b>2:29.39</b> | +0,88 |
|     | 100m: 1:09.61        | 1:09.61          | 200m: 2:29.39 | 1:19.78 |                |       |
| 9.  | Denny Olde Agterhuis | HZ&PC Heerenveen | 199801253     | 2:22.93 | <b>2:30.95</b> | +0,83 |
|     | 100m: 1:08.81        | 1:08.81          | 200m: 2:30.95 | 1:22.14 |                |       |
| 10. | Bart Weiland         | Orca             | 199700777     | 2:26.07 | <b>2:34.05</b> | +0,74 |
|     | 100m: 1:10.90        | 1:10.90          | 200m: 2:34.05 | 1:23.15 |                |       |
| 11. | Karel Lubberts       | HZ&PC Heerenveen | 199805419     | 2:33.13 | <b>2:34.47</b> | +0,85 |
|     | 100m: 1:12.84        | 1:12.84          | 200m: 2:34.47 | 1:21.63 |                |       |
| 12. | Patrick de Roos      | ZPD              | 199702071     | 2:27.03 | <b>2:35.87</b> | +0,76 |
|     | 100m: 1:10.85        | 1:10.85          | 200m: 2:35.87 | 1:25.02 |                |       |
| 13. | Remco Stam           | TriVia           | 199702165     | 2:30.07 | <b>2:38.70</b> | +0,73 |
|     | 100m: 1:12.86        | 1:12.86          | 200m: 2:38.70 | 1:25.84 |                |       |
| 14. | Stijn Buurman        | Nova             | 199700337     | 2:27.73 | <b>2:38.92</b> | +0,78 |
|     | 100m: 1:14.59        | 1:14.59          | 200m: 2:38.92 | 1:24.33 |                |       |
| 15. | Marnix van het Hof   | ZC Polaris       | 199803663     | 2:30.30 | <b>2:40.67</b> | +0,77 |
|     | 100m: 1:15.75        | 1:15.75          | 200m: 2:40.67 | 1:24.92 |                |       |
| NG  | Wouter de Lang       | ZPC Hoogeveen    | 199801147     | 2:20.12 |                |       |

Senioren 1 en ouder

|    |               |               |               |         |                |       |
|----|---------------|---------------|---------------|---------|----------------|-------|
| 1. | Mike Marissen | DZ&PC         | 199202187     | 1:59.26 | <b>2:05.41</b> | +0,80 |
|    | 100m: 57.58   | 57.58         | 200m: 2:05.41 | 1:07.83 |                |       |
| 2. | Rowan Keen    | ZC Borger     | 199500727     | 2:06.95 | <b>2:12.46</b> | +0,80 |
|    | 100m: 1:03.50 | 1:03.50       | 200m: 2:12.46 | 1:08.96 |                |       |
| 3. | Koen Lems     | ZPC Hoogeveen | 199603709     | 2:07.30 | <b>2:15.64</b> | +0,79 |
|    | 100m: 1:05.45 | 1:05.45       | 200m: 2:15.64 | 1:10.19 |                |       |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 19, Heren, 200m wisselslag, Senioren 1 en ouder

| Rang  |   |                  |               | In.tijd | Tijd           | RT    |
|-------|---|------------------|---------------|---------|----------------|-------|
| 4.    | Jeroen Lorius   | ZPC Hoogeveen    | 199500523     | 2:12.05 | <b>2:16.71</b> | +0,80 |
|       | 100m: 1:03.73   | 1:03.73          | 200m: 2:16.71 | 1:12.98 |                |       |
| 5.    | Erik Nijholt  | DZ&PC            | 199401349     | 2:09.84 | <b>2:17.42</b> | +0,86 |
|       | 100m: 1:05.00   | 1:05.00          | 200m: 2:17.42 | 1:12.42 |                |       |
| 6.    | Dennis Cramer   | TriVia           | 199200199     | 2:17.75 | <b>2:20.40</b> | +0,83 |
|       | 100m: 1:04.23   | 1:04.23          | 200m: 2:20.40 | 1:16.17 |                |       |
| 7.    | Dennis Bos  | HZ&PC Heerenveen | 199201965     | 2:10.75 | <b>2:21.76</b> | +0,74 |
|       | 100m: 1:06.06   | 1:06.06          | 200m: 2:21.76 | 1:15.70 |                |       |
| 8.    | Ardi Knol   | ZPC Hoogeveen    | 199603447     | 2:14.49 | <b>2:23.18</b> | +0,83 |
|       | 100m: 1:06.71   | 1:06.71          | 200m: 2:23.18 | 1:16.47 |                |       |
| 9.    | Koen Rooseboom  | De Spatters      | 199502703     | 2:21.89 | <b>2:23.60</b> | +0,78 |
|       | 100m: 1:04.58   | 1:04.58          | 200m: 2:23.60 | 1:19.02 |                |       |
| 10.   | Chris Bolding   | ZPC Hoogeveen    | 199503427     | 2:16.23 | <b>2:27.63</b> | +0,82 |
|       | 100m: 1:06.35   | 1:06.35          | 200m: 2:27.63 | 1:21.28 |                |       |
| 11.   | Marc de Vries   | HZ&PC Heerenveen | 199500381     | 2:19.60 | <b>2:27.80</b> | +0,74 |
|       | 100m: 1:11.10   | 1:11.10          | 200m: 2:27.80 | 1:16.70 |                |       |
| 12.   | Matthijs Jansen   | Wetterwille      | 199602379     | 2:27.55 | <b>2:37.31</b> | +0,73 |
|       | 100m: 1:15.75   | 1:15.75          | 200m: 2:37.31 | 1:21.56 |                |       |
| 13.   | Pepijn Stenveld   | De Spatters      | 199002797     | 2:29.51 | <b>2:40.05</b> | +0,72 |
|       | 100m: 1:14.08   | 1:14.08          | 200m: 2:40.05 | 1:25.97 |                |       |
| DIS   | Brendon Scheepers                                       | DZ&PC            | 199205765     | 2:17.81 |                |       |
|       | <i>RH - Het eindpunt niet in rugligging aangeraakt.</i> |                  |               |         |                |       |
| AFGEM | Derk-Jan Knol   | ZPC Hoogeveen    | 199504297     | 2:21.08 |                |       |

Algemeen klassement

|    |                 |                  |               |         |                |       |
|----|-----------------|------------------|---------------|---------|----------------|-------|
| 1. | Mike Marissen   | DZ&PC            | 199202187     | 1:59.26 | <b>2:05.41</b> | +0,80 |
|    | 100m: 57.58     | 57.58            | 200m: 2:05.41 | 1:07.83 |                |       |
| 2. | Rowan Keen      | ZC Borger        | 199500727     | 2:06.95 | <b>2:12.46</b> | +0,80 |
|    | 100m: 1:03.50   | 1:03.50          | 200m: 2:12.46 | 1:08.96 |                |       |
| 3. | Koen Lems       | ZPC Hoogeveen    | 199603709     | 2:07.30 | <b>2:15.64</b> | +0,79 |
|    | 100m: 1:05.45   | 1:05.45          | 200m: 2:15.64 | 1:10.19 |                |       |
| 4. | Jelle Betten    | DZ&PC            | 200001535     | 2:10.64 | <b>2:16.25</b> | +0,77 |
|    | 100m: 1:02.77   | 1:02.77          | 200m: 2:16.25 | 1:13.48 |                |       |
| 5. | Jeroen Lorius   | ZPC Hoogeveen    | 199500523     | 2:12.05 | <b>2:16.71</b> | +0,80 |
|    | 100m: 1:03.73   | 1:03.73          | 200m: 2:16.71 | 1:12.98 |                |       |
| 6. | Erik Nijholt    | DZ&PC            | 199401349     | 2:09.84 | <b>2:17.42</b> | +0,86 |
|    | 100m: 1:05.00   | 1:05.00          | 200m: 2:17.42 | 1:12.42 |                |       |
| 7. | Daan Zwertbroek | HZ&PC Heerenveen | 199900463     | 2:12.86 | <b>2:19.02</b> | +0,76 |
|    | 100m: 1:06.30   | 1:06.30          | 200m: 2:19.02 | 1:12.72 |                |       |
| 8. | Gauke Eilander  | ZPC Hoogeveen    | 199800603     | 2:09.49 | <b>2:19.84</b> | +0,69 |
|    | 100m: 1:03.54   | 1:03.54          | 200m: 2:19.84 | 1:16.30 |                |       |
| 9. | Jorie Seubers   | ZPC Hoogeveen    | 199804371     | 2:10.86 | <b>2:20.10</b> | +0,74 |
|    | 100m: 1:05.86   | 1:05.86          | 200m: 2:20.10 | 1:14.24 |                |       |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 19, Heren, 200m wisselslag, Algemeen klassement

| Rang |                    |                  |               | In.tijd | Tijd           | RT    |
|------|--------------------|------------------|---------------|---------|----------------|-------|
| 10.  | Dennis Cramer      | TriVia           | 199200199     | 2:17.75 | <b>2:20.40</b> | +0,83 |
|      | 100m: 1:04.23      | 1:04.23          | 200m: 2:20.40 | 1:16.17 |                |       |
| 11.  | Dennis Bos         | HZ&PC Heerenveen | 199201965     | 2:10.75 | <b>2:21.76</b> | +0,74 |
|      | 100m: 1:06.06      | 1:06.06          | 200m: 2:21.76 | 1:15.70 |                |       |
| 12.  | Jan Willem Veldman | Appingedam       | 199800277     | 2:16.39 | <b>2:21.94</b> | +0,75 |
|      | 100m: 1:07.54      | 1:07.54          | 200m: 2:21.94 | 1:14.40 |                |       |
| 13.  | Thomas Kappe       | ZPC Hoozeveen    | 199805141     | 2:19.89 | <b>2:23.16</b> | +0,73 |
|      | 100m: 1:07.80      | 1:07.80          | 200m: 2:23.16 | 1:15.36 |                |       |
| 14.  | Ardi Knol          | ZPC Hoozeveen    | 199603447     | 2:14.49 | <b>2:23.18</b> | +0,83 |
|      | 100m: 1:06.71      | 1:06.71          | 200m: 2:23.18 | 1:16.47 |                |       |
| 15.  | Koen Rooseboom     | De Spatters      | 199502703     | 2:21.89 | <b>2:23.60</b> | +0,78 |
|      | 100m: 1:04.58      | 1:04.58          | 200m: 2:23.60 | 1:19.02 |                |       |
| 16.  | Jelmer Postma      | Orca             | 199701631     | 2:20.64 | <b>2:25.55</b> | +0,72 |
|      | 100m: 1:07.61      | 1:07.61          | 200m: 2:25.55 | 1:17.94 |                |       |
| 17.  | David Kuipers      | Orca             | 200003633     | 2:25.43 | <b>2:26.26</b> | +0,80 |
|      | 100m: 1:07.59      | 1:07.59          | 200m: 2:26.26 | 1:18.67 |                |       |
| 18.  | Klaas Pit          | De Forel         | 200104519     | 2:20.12 | <b>2:26.65</b> | +0,80 |
|      | 100m: 1:10.18      | 1:10.18          | 200m: 2:26.65 | 1:16.47 |                |       |
| 19.  | Jelmar Koopman     | De Forel         | 200100249     | 2:24.08 | <b>2:27.22</b> | +0,76 |
|      | 100m: 1:08.60      | 1:08.60          | 200m: 2:27.22 | 1:18.62 |                |       |
| 20.  | Darryl Lubbinge    | ZPC Hoozeveen    | 199701045     | 2:20.03 | <b>2:27.48</b> | +0,81 |
|      | 100m: 1:09.22      | 1:09.22          | 200m: 2:27.48 | 1:18.26 |                |       |
| 21.  | Chris Bolding      | ZPC Hoozeveen    | 199503427     | 2:16.23 | <b>2:27.63</b> | +0,82 |
|      | 100m: 1:06.35      | 1:06.35          | 200m: 2:27.63 | 1:21.28 |                |       |
| 22.  | Marcel Delfstra    | Orca             | 200100037     | 2:29.23 | <b>2:27.68</b> | +0,72 |
|      | 100m: 1:11.64      | 1:11.64          | 200m: 2:27.68 | 1:16.04 |                |       |
| 23.  | Marc de Vries      | HZ&PC Heerenveen | 199500381     | 2:19.60 | <b>2:27.80</b> | +0,74 |
|      | 100m: 1:11.10      | 1:11.10          | 200m: 2:27.80 | 1:16.70 |                |       |
| 24.  | Gerko Wilkens      | ZPC Stadskanaal  | 199800261     | 2:23.00 | <b>2:27.99</b> | +0,87 |
|      | 100m: 1:07.75      | 1:07.75          | 200m: 2:27.99 | 1:20.24 |                |       |
| 25.  | Axel Hanning       | Nova             | 200000703     | 2:24.16 | <b>2:28.03</b> | +0,79 |
|      | 100m: 1:08.94      | 1:08.94          | 200m: 2:28.03 | 1:19.09 |                |       |
| 26.  | David Anthonio     | ZC Borger        | 200102551     | 2:34.32 | <b>2:28.58</b> | +0,91 |
|      | 100m: 1:12.35      | 1:12.35          | 200m: 2:28.58 | 1:16.23 |                |       |
| 27.  | Junior de Bruin    | ZPC Hoozeveen    | 200000839     | 2:27.15 | <b>2:28.90</b> | +0,76 |
|      | 100m: 1:10.75      | 1:10.75          | 200m: 2:28.90 | 1:18.15 |                |       |
| 28.  | Getjo Gachatrjan   | Wetterwille      | 200005445     | 2:22.77 | <b>2:29.32</b> | +0,64 |
|      | 100m: 1:08.23      | 1:08.23          | 200m: 2:29.32 | 1:21.09 |                |       |
| 29.  | Dennis Wildeboer   | Nova             | 199800571     | 2:27.32 | <b>2:29.39</b> | +0,88 |
|      | 100m: 1:09.61      | 1:09.61          | 200m: 2:29.39 | 1:19.78 |                |       |
| 30.  | Freek-Jan Melse    | DZ&PC            | 200000235     | 2:23.86 | <b>2:30.06</b> | +0,74 |
|      | 100m: 1:12.25      | 1:12.25          | 200m: 2:30.06 | 1:17.81 |                |       |
| 31.  | Emile Dost         | ZC Borger        | 200100731     | 2:30.62 | <b>2:30.38</b> | +0,84 |
|      | 100m: 1:13.11      | 1:13.11          | 200m: 2:30.38 | 1:17.27 |                |       |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 19, Heren, 200m wisselslag, Algemeen klassement

| Rang |                      |                  |               | In.tijd | Tijd           | RT    |
|------|----------------------|------------------|---------------|---------|----------------|-------|
| 32.  | Hugo Jan Bosscher    | Orca             | 200000185     | 2:27.73 | <b>2:30.71</b> | +0,75 |
|      | 100m: 1:10.60        | 1:10.60          | 200m: 2:30.71 | 1:20.11 |                |       |
| 33.  | Bob de Groot         | ZC Borger        | 199903585     | 2:27.95 | <b>2:30.85</b> | +0,76 |
|      | 100m: 1:11.61        | 1:11.61          | 200m: 2:30.85 | 1:19.24 |                |       |
| 34.  | Denny Olde Agterhuis | HZ&PC Heerenveen | 199801253     | 2:22.93 | <b>2:30.95</b> | +0,83 |
|      | 100m: 1:08.81        | 1:08.81          | 200m: 2:30.95 | 1:22.14 |                |       |
| 35.  | Coen de Lang         | ZPC Hoogeveen    | 200100067     | 2:27.74 | <b>2:31.89</b> | +0,79 |
|      | 100m: 1:12.94        | 1:12.94          | 200m: 2:31.89 | 1:18.95 |                |       |
| 36.  | Jeroen Louwinger     | Nova             | 199900583     | 2:28.44 | <b>2:32.19</b> | +0,77 |
|      | 100m: 1:12.30        | 1:12.30          | 200m: 2:32.19 | 1:19.89 |                |       |
| 37.  | Auke Jan Ytsma       | Orca             | 199900905     | 2:28.70 | <b>2:32.79</b> | +0,76 |
|      | 100m: 1:12.15        | 1:12.15          | 200m: 2:32.79 | 1:20.64 |                |       |
| 38.  | Hendrik Broekema     | Bubble           | 200002205     | 2:25.61 | <b>2:32.83</b> | +0,78 |
|      | 100m: 1:10.83        | 1:10.83          | 200m: 2:32.83 | 1:22.00 |                |       |
| 39.  | Maik Huser           | ZPC Hoogeveen    | 199900265     | 2:27.85 | <b>2:33.72</b> | +0,81 |
|      | 100m: 1:14.17        | 1:14.17          | 200m: 2:33.72 | 1:19.55 |                |       |
| 40.  | Bart Weiland         | Orca             | 199700777     | 2:26.07 | <b>2:34.05</b> | +0,74 |
|      | 100m: 1:10.90        | 1:10.90          | 200m: 2:34.05 | 1:23.15 |                |       |
| 41.  | Owen Peeks           | ZPC Hoogeveen    | 200100765     | 2:37.13 | <b>2:34.29</b> | +0,87 |
|      | 100m: 1:14.09        | 1:14.09          | 200m: 2:34.29 | 1:20.20 |                |       |
| 42.  | Karel Lubberts       | HZ&PC Heerenveen | 199805419     | 2:33.13 | <b>2:34.47</b> | +0,85 |
|      | 100m: 1:12.84        | 1:12.84          | 200m: 2:34.47 | 1:21.63 |                |       |
| 43.  | Erwin Heinsius       | HZ&PC Heerenveen | 199900695     | 2:28.71 | <b>2:34.54</b> | +0,50 |
|      | 100m: 1:13.43        | 1:13.43          | 200m: 2:34.54 | 1:21.11 |                |       |
| 44.  | Patrick de Roos      | ZPD              | 199702071     | 2:27.03 | <b>2:35.87</b> | +0,76 |
|      | 100m: 1:10.85        | 1:10.85          | 200m: 2:35.87 | 1:25.02 |                |       |
| 45.  | Timo de Vries        | De Forel         | 199900407     | 2:33.59 | <b>2:35.92</b> | +0,81 |
|      | 100m: 1:14.39        | 1:14.39          | 200m: 2:35.92 | 1:21.53 |                |       |
| 46.  | Joel Pinkster        | Aqua 68          | 200000611     | 2:32.74 | <b>2:36.69</b> | +0,76 |
|      | 100m: 1:11.41        | 1:11.41          | 200m: 2:36.69 | 1:25.28 |                |       |
| 47.  | Sjoerd de Jong       | Avena            | 199903907     | 2:32.78 | <b>2:36.82</b> | +0,95 |
|      | 100m: 1:13.16        | 1:13.16          | 200m: 2:36.82 | 1:23.66 |                |       |
| 48.  | Maurice Pater        | TriVia           | 200200909     | 2:26.13 | <b>2:37.18</b> | +0,82 |
|      | 100m: 1:13.83        | 1:13.83          | 200m: 2:37.18 | 1:23.35 |                |       |
| 49.  | Matthijs Jansen      | Wetterwille      | 199602379     | 2:27.55 | <b>2:37.31</b> | +0,73 |
|      | 100m: 1:15.75        | 1:15.75          | 200m: 2:37.31 | 1:21.56 |                |       |
| 50.  | Remco Stam           | TriVia           | 199702165     | 2:30.07 | <b>2:38.70</b> | +0,73 |
|      | 100m: 1:12.86        | 1:12.86          | 200m: 2:38.70 | 1:25.84 |                |       |
| 51.  | Stijn Buurman        | Nova             | 199700337     | 2:27.73 | <b>2:38.92</b> | +0,78 |
|      | 100m: 1:14.59        | 1:14.59          | 200m: 2:38.92 | 1:24.33 |                |       |
| 52.  | Pepijn Stenveld      | De Spatters      | 199002797     | 2:29.51 | <b>2:40.05</b> | +0,72 |
|      | 100m: 1:14.08        | 1:14.08          | 200m: 2:40.05 | 1:25.97 |                |       |
| 53.  | Marnix van het Hof   | ZC Polaris       | 199803663     | 2:30.30 | <b>2:40.67</b> | +0,77 |
|      | 100m: 1:15.75        | 1:15.75          | 200m: 2:40.67 | 1:24.92 |                |       |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 19, Heren, 200m wisselslag, Algemeen klassement

| Rang  |   |                  |               | In.tijd | Tijd           | RT    |
|-------|---|------------------|---------------|---------|----------------|-------|
| 54.   | Dushan de Bruijn  | De Forel         | 200201273     | 2:37.01 | <b>2:41.43</b> | +0,70 |
|       | 100m: 1:16.95   | 1:16.95          | 200m: 2:41.43 | 1:24.48 |                |       |
| 55.   | Noah Vincent Stavorinus   | ZPD              | 200000359     | 2:38.67 | <b>2:41.97</b> |       |
|       | <i>Handgeklokt</i>  |                  |               |         |                |       |
|       | 100m: 1:17.82   | 1:17.82          | 200m: 2:41.97 | 1:24.15 |                |       |
| 56.   | Jelmer Meijer   | HZ&PC Heerenveen | 199900177     | 2:32.96 | <b>2:42.63</b> | +0,66 |
|       | 100m: 1:14.72   | 1:14.72          | 200m: 2:42.63 | 1:27.91 |                |       |
| 57.   | Makai van Haren   | De Forel         | 200200627     | 2:37.74 | <b>2:44.15</b> | +0,57 |
|       | 100m: 1:15.63   | 1:15.63          | 200m: 2:44.15 | 1:28.52 |                |       |
| 58.   | Remco Dijkstra  | HZ&PC Heerenveen | 200100789     | 2:44.45 | <b>2:45.12</b> |       |
|       | <i>Handgeklokt</i>  |                  |               |         |                |       |
|       | 100m: 1:16.57   | 1:16.57          | 200m: 2:45.12 | 1:28.55 |                |       |
| 59.   | Tycho Atanasov  | ZC Borger        | 200201133     | 2:42.65 | <b>2:45.89</b> |       |
|       | <i>Handgeklokt</i>  |                  |               |         |                |       |
|       | 100m: 1:18.77   | 1:18.77          | 200m: 2:45.89 | 1:27.12 |                |       |
| 60.   | Bas Kost  | ZPC Hoogeveen    | 200000419     | 2:36.84 | <b>2:46.07</b> | +0,81 |
|       | 100m: 1:19.89   | 1:19.89          | 200m: 2:46.07 | 1:26.18 |                |       |
| 61.   | Raoul Witten  | ZPC Hoogeveen    | 200200231     | 2:38.20 | <b>2:47.57</b> | +0,58 |
|       | 100m: 1:19.28   | 1:19.28          | 200m: 2:47.57 | 1:28.29 |                |       |
| 62.   | Wesley Kuiper   | Orca             | 200100889     | 2:44.66 | <b>2:48.25</b> |       |
|       | <i>Handgeklokt</i>  |                  |               |         |                |       |
|       | 100m: 1:17.26   | 1:17.26          | 200m: 2:48.25 | 1:30.99 |                |       |
| 63.   | Mees Niemeijer  | DZ&PC            | 200201275     | 2:53.00 | <b>3:00.50</b> |       |
|       | <i>Handgeklokt</i>  |                  |               |         |                |       |
|       | 100m: 1:23.39   | 1:23.39          | 200m: 3:00.50 | 1:37.11 |                |       |
| 64.   | Jan Berend Sipma  | De Granaet       | 200201443     | 2:52.17 | <b>3:06.12</b> |       |
|       | <i>Handgeklokt</i>  |                  |               |         |                |       |
| DIS   | Matthijs van Meerendonk   | Aqua 68          | 199900375     | 2:16.36 |                |       |
|       | <i>SD - De bewegingen van de benen niet te allen tijde gelijktijdig in hetzelfde horizontale vlak uitgevoerd.</i> |                  |               |         |                |       |
| DIS   | Brendon Scheepers   | DZ&PC            | 199205765     | 2:17.81 |                |       |
|       | <i>RH - Het eindpunt niet in rugligging aangeraakt.</i>   |                  |               |         |                |       |
| AFGEM | Derk-Jan Knol   | ZPC Hoogeveen    | 199504297     | 2:21.08 |                |       |
| AFGEM | Marc Hoogeveen  | Aqua 68          | 200101585     | 2:33.43 |                |       |
| AFGEM | Jacob de Roos   | DZ&PC            | 199900553     | 2:08.65 |                |       |
| NG    | Wouter de Lang  | ZPC Hoogeveen    | 199801147     | 2:20.12 |                |       |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 20 Dames, 100m rugslag Junioren 1 en ouder  
17-5-2015 Resultaten

| Rang              |                      |                     | In.tijd   | Tijd    | RT             |       |
|-------------------|----------------------|---------------------|-----------|---------|----------------|-------|
| <b>Junioren 1</b> |                      |                     |           |         |                |       |
| 1.                | Suze Kuipers         | Orca                | 200301714 | 1:16.47 | <b>1:16.00</b> | +0,58 |
| 2.                | Silke Huisman        | De Vikings          | 200301182 | 1:21.03 | <b>1:20.89</b> | +0,68 |
| 3.                | Brenda Beijering     | ZC Borger           | 200300352 | 1:17.89 | <b>1:21.66</b> | +0,66 |
| 4.                | Laura van der Velde  | F.Z.C.'54           | 200300630 | 1:19.16 | <b>1:22.46</b> | +0,77 |
| 5.                | Mirthe Schenkel      | ZPC Hoogeveen       | 200300666 | 1:23.06 | <b>1:22.52</b> | +0,73 |
| 6.                | Kim Hillen           | MZ&PC De Reest      | 200300364 | 1:21.15 | <b>1:22.58</b> | +0,80 |
| 7.                | Dyan Rothschild      | ZC Borger           | 200300998 | 1:20.51 | <b>1:23.46</b> | +0,67 |
| 8.                | Emma Sies            | TriVia              | 200300732 | 1:24.06 | <b>1:24.22</b> | +0,83 |
| 9.                | Marijne van der Veen | Orca                | 200300960 | 1:24.75 | <b>1:24.39</b> | +0,78 |
| 10.               | Chantal van Willegen | De Forel            | 200302422 | 1:23.29 | <b>1:25.47</b> | +0,68 |
| 11.               | Willianne Vos        | TriVia              | 200300050 | 1:21.90 | <b>1:25.84</b> | +0,81 |
|                   | *                    |                     |           |         |                |       |
| 12.               | Ilse Hoogeveen       | Aqua 68             | 200301140 | 1:21.64 | <b>1:26.64</b> | +0,94 |
| 13.               | Anna Tinga           | De Forel            | 200302734 | 1:23.62 | <b>1:26.70</b> |       |
| 14.               | Chantal Tiesinga     | TriVia              | 200302452 | 1:24.25 | <b>1:28.59</b> | +0,72 |
| <b>Junioren 2</b> |                      |                     |           |         |                |       |
| 1.                | Dionne Salomons      | ZC Borger           | 200200504 | 1:09.45 | <b>1:12.21</b> | +0,60 |
| 2.                | Inge Dekker          | TriVia              | 200200476 | 1:13.33 | <b>1:14.55</b> | +0,85 |
| 3.                | Mariëlle Dolfijn     | TriVia              | 200201640 | 1:12.87 | <b>1:16.45</b> | +0,81 |
| 4.                | Yara van Kalmthout   | Nova                | 200200984 | 1:16.12 | <b>1:17.82</b> | +0,62 |
| 5.                | Sanne Abma           | HZ&PC Heerenveen    | 200200590 | 1:14.81 | <b>1:18.25</b> | +0,59 |
| 6.                | Isabeau Essing       | TriVia              | 200201284 | 1:16.81 | <b>1:18.26</b> | +0,80 |
| 7.                | Rosa Ebbinge         | DZ&PC               | 200200904 | 1:17.26 | <b>1:18.39</b> | +0,72 |
| 8.                | Ylsa Dijkstra        | SG. Bolsward-Workum | 200200728 | 1:17.41 | <b>1:19.90</b> | +0,73 |
| 9.                | Manon Swierts        | ZPC Hoogeveen       | 200203034 | 1:20.11 | <b>1:20.79</b> | +0,78 |
| 10.               | Britt Gerdes         | ZC Borger           | 200201636 | 1:18.95 | <b>1:21.42</b> | +0,84 |
| 11.               | Lianne van Wier      | HZ&PC Heerenveen    | 200200438 | 1:17.13 | <b>1:22.05</b> | +0,76 |
| 12.               | Ilona Venema         | Aqua 68             | 200200050 | 1:20.55 | <b>1:23.30</b> | +0,75 |
| 13.               | Olena Dijkstra       | TriVia              | 200202624 | 1:21.29 | <b>1:23.72</b> | +0,74 |
| 14.               | Masha Polushkina     | TriVia              | 200203064 | 1:20.21 | <b>1:24.86</b> | +0,74 |
| 15.               | Sigrid Pafforaad     | Avena               | 200201130 | 1:20.01 | <b>1:25.65</b> | +0,74 |
| 16.               | Leonie van Wier      | HZ&PC Heerenveen    | 200200436 | 1:20.11 | <b>1:28.11</b> | +0,79 |
| <b>Junioren 3</b> |                      |                     |           |         |                |       |
| 1.                | Eline van der Wal    | HZ&PC Heerenveen    | 200100930 | 1:07.54 | <b>1:09.17</b> | +0,72 |
| 2.                | Marjolein Venema     | Nova                | 200101506 | 1:07.68 | <b>1:11.75</b> | +0,78 |
| 3.                | Brit Brandsma        | De Forel            | 200100026 | 1:10.18 | <b>1:14.03</b> | +0,89 |
| 4.                | Lize Janna de Vries  | Orca                | 200101948 | 1:14.57 | <b>1:14.80</b> | +0,71 |
| 5.                | Eva Willebrands      | Orca                | 200101510 | 1:12.50 | <b>1:15.20</b> | +0,79 |
| 6.                | Kyra Wooldrik        | ZPC Hoogeveen       | 200101042 | 1:14.86 | <b>1:15.81</b> | +0,48 |
| 7.                | Paulien Wesseling    | ZPC Hoogeveen       | 200102038 | 1:13.48 | <b>1:16.07</b> | +0,79 |
| 8.                | Marieke Wildeboer    | TriVia              | 200100016 | 1:15.60 | <b>1:17.21</b> | +0,69 |
| 9.                | Joyce Kuipers        | Orca                | 200103426 | 1:19.06 | <b>1:18.11</b> | +0,71 |
| 10.               | Marike de Jong       | Avena               | 200101074 | 1:15.43 | <b>1:18.20</b> | +0,78 |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 20, Meisjes, 100m rugslag, Junioren 3

| Rang |                     |               | In.tijd   | Tijd    | RT                   |
|------|---------------------|---------------|-----------|---------|----------------------|
| 11.  | Jasmijn Steenbergen | ZPC Hoogeveen | 200102098 | 1:13.37 | <b>1:18.44</b> +0,76 |
|      | Marije Sweering     | Neptunia '24  | 200101228 | 1:15.04 | <b>1:18.44</b> +0,72 |
| 13.  | Fleur Vialle        | Nova          | 200100554 | 1:15.29 | <b>1:19.59</b> +0,67 |
| 14.  | Benthe Knol         | ZC Borger     | 200101574 | 1:17.47 | <b>1:20.10</b> +0,87 |
| 15.  | Ingrid de Vries     | De Granaet    | 200100500 | 1:16.57 | <b>1:20.29</b> +0,82 |
| 16.  | Anouk Bak           | TriVia        | 200101854 | 1:18.87 | <b>1:21.66</b> +0,72 |
| 17.  | Lotte Grovenstein   | F.Z.C.'54     | 200102964 | 1:18.41 | <b>1:23.04</b> +0,81 |
| 18.  | Arianne de Vries    | Aqua 68       | 200100728 | 1:19.21 | <b>1:23.20</b> +0,78 |
| 19.  | Jolien Wind         | Nova          | 200100510 | 1:15.12 | <b>1:24.04</b> +0,77 |

Jeugd 1 en 2

|     |                       |                     |           |             |                      |
|-----|-----------------------|---------------------|-----------|-------------|----------------------|
| 1.  | Manon Manning         | Nova                | 199904118 | 1:03.39     | <b>1:06.64</b> +0,73 |
| 2.  | Josien Wijkhuijs      | Orca                | 199902866 | 1:07.45     | <b>1:07.90</b> +0,70 |
| 3.  | Frouke Beeksma        | TriVia              | 200000346 | 1:03.40     | <b>1:09.19</b> +0,79 |
| 4.  | Renée Vanderheyden    | TriVia              | 199903130 | 1:05.93     | <b>1:11.03</b> +0,67 |
| 5.  | Anouschka Steenbergen | ZPC Hoogeveen       | 200000280 | 1:10.11     | <b>1:11.33</b> +0,77 |
| 6.  | Alinda Dingshoff      | ZPC Hoogeveen       | 200000928 | 1:07.43     | <b>1:11.39</b> +0,75 |
| 7.  | Anique Coelingh       | ZPC Hoogeveen       | 200000638 | 1:09.46     | <b>1:11.67</b> +0,80 |
| 8.  | Simone Krans          | ZPC Hoogeveen       | 199900756 | 1:07.64     | <b>1:11.71</b> +0,71 |
| 9.  | Danieke van der Kooi  | Orca                | 200000552 | 1:12.26     | <b>1:12.51</b> +0,77 |
| 10. | Christien Liemburg    | HZ&PC Heerenveen    | 199903672 | 1:10.89     | <b>1:12.67</b> +0,90 |
| 11. | Myrna van Duijven     | DZ&PC               | 199900252 | 1:08.84     | <b>1:12.77</b> +0,72 |
| 12. | Heline Koning         | SG. Bolsward-Workum | 200000422 | 1:10.42     | <b>1:14.24</b> +0,74 |
| 13. | Chiara Olde Agterhuis | HZ&PC Heerenveen    | 199901084 | 1:16.39     | <b>1:14.32</b> +0,83 |
| 14. | Jill Blide            | ZPC Hoogeveen       | 200004734 | 1:11.52     | <b>1:14.50</b> +0,79 |
| 15. | Hilde Dekker          | TriVia              | 199901926 | 1:12.69     | <b>1:14.76</b> +0,80 |
| 16. | Daphne Rockers        | ZC Borger           | 200001376 | 1:11.06     | <b>1:14.96</b> +0,68 |
| 17. | Chaira Brinks         | Nova                | 200005556 | 1:09.00     | <b>1:15.18</b> +0,70 |
| 18. | Annemarie Hoving      | TriVia              | 200000248 | 1:12.16     | <b>1:15.47</b> +0,70 |
| 19. | Esther Pot            | Orca                | 199903462 | 1:13.04     | <b>1:16.40</b> +0,68 |
| 20. | Henriette Jonkman     | DZ&PC               | 200000840 | 1:13.40     | <b>1:16.84</b> +0,79 |
| 21. | Floor Gerritsma       | TriVia              | 200002464 | 1:14.26     | <b>1:17.29</b> +0,75 |
| 22. | Ilse Marije Sijpersma | Neptunia '24        | 199901014 | 1:14.88     | <b>1:18.23</b> +0,79 |
| 23. | Tiffany Leerdam       | De Forel            | 200006200 | 1:17.24     | <b>1:18.80</b> +0,81 |
| 24. | Noa Sanders           | ZC Borger           | 200002542 | 1:16.32     | <b>1:20.39</b> +0,72 |
| 25. | Arita Tolman          | De Valken           | 200000914 | 1:16.97     | <b>1:20.47</b> +0,75 |
| 26. | Myrthe Visser         | Orca                | 200002340 | 1:16.61     | <b>1:21.54</b> +0,77 |
| 27. | Sanne Hoving          | HZ&PC Heerenveen    | 200003332 | S9 1:29.94  | <b>1:32.69</b>       |
| DIS | Liesette Bruinsma     | HZ&PC Heerenveen    | 200004346 | S12 1:27.51 |                      |

AA - Gestart voor startsignaal bij de 1e (1-startregel) of 2e start.

Senioren 1 en ouder

|    |                      |               |           |         |                      |
|----|----------------------|---------------|-----------|---------|----------------------|
| 1. | Ilse Kraaijeveld     | Orca          | 199902110 | 1:04.17 | <b>1:04.60</b> +0,74 |
| 2. | Clariss de Vries     | DZ&PC         | 199700942 | 1:03.10 | <b>1:07.86</b> +0,72 |
| 3. | Cynthia van Beusekom | TriVia        | 199500134 | 1:04.55 | <b>1:08.35</b> +0,71 |
| 4. | Saranda Hofstra      | ZC Borger     | 199700526 | 1:09.16 | <b>1:08.67</b> +0,60 |
| 5. | Tialda Prins         | De Hardenberg | 199801310 | 1:08.91 | <b>1:10.26</b> +0,80 |
| 6. | Gwen Sieswerda       | F.Z.C.'54     | 199802342 | 1:07.40 | <b>1:10.65</b> +0,67 |



Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 20, Dames, 100m rugslag, Senioren 1 en ouder

| Rang  |                       |                  | In.tijd   | Tijd    | RT             |       |
|-------|-----------------------|------------------|-----------|---------|----------------|-------|
| 7.    | Jakonien Koster       | ZPC Hoogeveen    | 199400068 | 1:08.82 | <b>1:11.97</b> | +0,76 |
| 8.    | Melissa Nauta         | Orca             | 199602388 | 1:11.35 | <b>1:12.00</b> | +0,74 |
| 9.    | Marsha Beukeveld      | ZPC Hoogeveen    | 199503552 | 1:10.82 | <b>1:14.43</b> | +0,84 |
| 10.   | Anne van Asperen      | De Spatters      | 199800308 | 1:11.98 | <b>1:15.38</b> | +0,70 |
| 11.   | Linda Boxma           | De Spatters      | 198500416 | 1:09.81 | <b>1:15.40</b> | +0,73 |
| 12.   | Kathelijne Tijms      | De Spatters      | 199804810 | 1:11.44 | <b>1:15.63</b> | +0,82 |
| 13.   | Danielle de Boer      | HZ&PC Heerenveen | 199404736 | 1:12.58 | <b>1:16.34</b> | +0,79 |
| 14.   | Suzanne Kah           | ZPC Hoogeveen    | 199803312 | 1:14.00 | <b>1:16.98</b> | +0,89 |
| 15.   | Wiëlle Wolbers        | De Valken        | 199700462 | 1:12.04 | <b>1:18.17</b> | +0,79 |
| 16.   | Noor Uiterwijk Winkel | De Spatters      | 199800556 | 1:11.32 | <b>1:18.56</b> | +0,70 |
| 17.   | Luca Ebbinge          | DZ&PC            | 199802406 | 1:14.41 | <b>1:19.31</b> | +0,71 |
| AFGEM | Anne Speelman         | De Spatters      | 199706118 | 1:13.98 |                |       |
| NG    | Kristel Hormann       | De Spatters      | 199601084 | 1:12.21 |                |       |

Algemeen klassement

|     |                       |                     |           |         |                |       |
|-----|-----------------------|---------------------|-----------|---------|----------------|-------|
| 1.  | Ilse Kraaijeveld      | Orca                | 199002110 | 1:04.17 | <b>1:04.60</b> | +0,74 |
| 2.  | Manon Manning         | Nova                | 199904118 | 1:03.39 | <b>1:06.64</b> | +0,73 |
| 3.  | Clariss de Vries      | DZ&PC               | 199700942 | 1:03.10 | <b>1:07.86</b> | +0,72 |
| 4.  | Josien Wijkhuijs      | Orca                | 199902866 | 1:07.45 | <b>1:07.90</b> | +0,70 |
| 5.  | Cynthia van Beusekom  | TriVia              | 199500134 | 1:04.55 | <b>1:08.35</b> | +0,71 |
| 6.  | Saranda Hofstra       | ZC Borger           | 199700526 | 1:09.16 | <b>1:08.67</b> | +0,60 |
| 7.  | Eline van der Wal     | HZ&PC Heerenveen    | 200100930 | 1:07.54 | <b>1:09.17</b> | +0,72 |
| 8.  | Frouke Beeksmā        | TriVia              | 200000346 | 1:03.40 | <b>1:09.19</b> | +0,79 |
| 9.  | Tialda Prins          | De Hardenberg       | 199801310 | 1:08.91 | <b>1:10.26</b> | +0,80 |
| 10. | Gwen Sieswerda        | F.Z.C.'54           | 199802342 | 1:07.40 | <b>1:10.65</b> | +0,67 |
| 11. | Renée Vanderheyden    | TriVia              | 199903130 | 1:05.93 | <b>1:11.03</b> | +0,67 |
| 12. | Anouschka Steenbergen | ZPC Hoogeveen       | 200000280 | 1:10.11 | <b>1:11.33</b> | +0,77 |
| 13. | Alinda Dingshoff      | ZPC Hoogeveen       | 200000928 | 1:07.43 | <b>1:11.39</b> | +0,75 |
| 14. | Anique Coelingh       | ZPC Hoogeveen       | 200000638 | 1:09.46 | <b>1:11.67</b> | +0,80 |
| 15. | Simone Krans          | ZPC Hoogeveen       | 199900756 | 1:07.64 | <b>1:11.71</b> | +0,71 |
| 16. | Marjolein Venema      | Nova                | 200101506 | 1:07.68 | <b>1:11.75</b> | +0,78 |
| 17. | Jakonien Koster       | ZPC Hoogeveen       | 199400068 | 1:08.82 | <b>1:11.97</b> | +0,76 |
| 18. | Melissa Nauta         | Orca                | 199602388 | 1:11.35 | <b>1:12.00</b> | +0,74 |
| 19. | Dionne Salomons       | ZC Borger           | 200200504 | 1:09.45 | <b>1:12.21</b> | +0,60 |
| 20. | Danieke van der Kooi  | Orca                | 200000552 | 1:12.26 | <b>1:12.51</b> | +0,77 |
| 21. | Christien Liemburg    | HZ&PC Heerenveen    | 199903672 | 1:10.89 | <b>1:12.67</b> | +0,90 |
| 22. | Myrna van Duijven     | DZ&PC               | 199900252 | 1:08.84 | <b>1:12.77</b> | +0,72 |
| 23. | Brit Brandsma         | De Forel            | 200100026 | 1:10.18 | <b>1:14.03</b> | +0,89 |
| 24. | Heline Koning         | SG. Bolsward-Workum | 200000422 | 1:10.42 | <b>1:14.24</b> | +0,74 |
| 25. | Chiara Olde Agterhuis | HZ&PC Heerenveen    | 199901084 | 1:16.39 | <b>1:14.32</b> | +0,83 |
| 26. | Marsha Beukeveld      | ZPC Hoogeveen       | 199503552 | 1:10.82 | <b>1:14.43</b> | +0,84 |
| 27. | Jill Blide            | ZPC Hoogeveen       | 200004734 | 1:11.52 | <b>1:14.50</b> | +0,79 |
| 28. | Inge Dekker           | TriVia              | 200200476 | 1:13.33 | <b>1:14.55</b> | +0,85 |
| 29. | Hilde Dekker          | TriVia              | 199901926 | 1:12.69 | <b>1:14.76</b> | +0,80 |
| 30. | Lize Janna de Vries   | Orca                | 200101948 | 1:14.57 | <b>1:14.80</b> | +0,71 |
| 31. | Daphne Rockers        | ZC Borger           | 200001376 | 1:11.06 | <b>1:14.96</b> | +0,68 |
| 32. | Chaira Brinks         | Nova                | 200005556 | 1:09.00 | <b>1:15.18</b> | +0,70 |
| 33. | Eva Willebrands       | Orca                | 200101510 | 1:12.50 | <b>1:15.20</b> | +0,79 |
| 34. | Anne van Asperen      | De Spatters         | 199800308 | 1:11.98 | <b>1:15.38</b> | +0,70 |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 20, Dames, 100m rugslag, Algemeen klassement

| Rang |                       |                     | In.tijd   | Tijd    | RT             |       |
|------|-----------------------|---------------------|-----------|---------|----------------|-------|
| 35.  | Linda Boxma           | De Spatters         | 198500416 | 1:09.81 | <b>1:15.40</b> | +0,73 |
| 36.  | Annemarie Hoving      | TriVia              | 200000248 | 1:12.16 | <b>1:15.47</b> | +0,70 |
| 37.  | Kathelijne Tijms      | De Spatters         | 199804810 | 1:11.44 | <b>1:15.63</b> | +0,82 |
| 38.  | Kyra Wooldrik         | ZPC Hoogeveen       | 200101042 | 1:14.86 | <b>1:15.81</b> | +0,48 |
| 39.  | Suze Kuipers          | Orca                | 200301714 | 1:16.47 | <b>1:16.00</b> | +0,58 |
| 40.  | Paulien Wesseling     | ZPC Hoogeveen       | 200102038 | 1:13.48 | <b>1:16.07</b> | +0,79 |
| 41.  | Danielle de Boer      | HZ&PC Heerenveen    | 199404736 | 1:12.58 | <b>1:16.34</b> | +0,79 |
| 42.  | Esther Pot            | Orca                | 199903462 | 1:13.04 | <b>1:16.40</b> | +0,68 |
| 43.  | Mariëlle Dolfijn      | TriVia              | 200201640 | 1:12.87 | <b>1:16.45</b> | +0,81 |
| 44.  | Henriëke Jonkman      | DZ&PC               | 200000840 | 1:13.40 | <b>1:16.84</b> | +0,79 |
| 45.  | Suzanne Kah           | ZPC Hoogeveen       | 199803312 | 1:14.00 | <b>1:16.98</b> | +0,89 |
| 46.  | Marieke Wildeboer     | TriVia              | 200100016 | 1:15.60 | <b>1:17.21</b> | +0,69 |
| 47.  | Floor Gerritsma       | TriVia              | 200002464 | 1:14.26 | <b>1:17.29</b> | +0,75 |
| 48.  | Yara van Kalmthout    | Nova                | 200200984 | 1:16.12 | <b>1:17.82</b> | +0,62 |
| 49.  | Joyce Kuipers         | Orca                | 200103426 | 1:19.06 | <b>1:18.11</b> | +0,71 |
| 50.  | Wiëlle Wolbers        | De Valken           | 199700462 | 1:12.04 | <b>1:18.17</b> | +0,79 |
| 51.  | Marika de Jong        | Avena               | 200101074 | 1:15.43 | <b>1:18.20</b> | +0,78 |
| 52.  | Ilse Marije Sijpersma | Neptunia '24        | 199901014 | 1:14.88 | <b>1:18.23</b> | +0,79 |
| 53.  | Sanne Abma            | HZ&PC Heerenveen    | 200200590 | 1:14.81 | <b>1:18.25</b> | +0,59 |
| 54.  | Isabeau Essing        | TriVia              | 200201284 | 1:16.81 | <b>1:18.26</b> | +0,80 |
| 55.  | Rosa Ebbinge          | DZ&PC               | 200200904 | 1:17.26 | <b>1:18.39</b> | +0,72 |
| 56.  | Jasmijn Steenbergen   | ZPC Hoogeveen       | 200102098 | 1:13.37 | <b>1:18.44</b> | +0,76 |
|      | Marije Sweering       | Neptunia '24        | 200101228 | 1:15.04 | <b>1:18.44</b> | +0,72 |
| 58.  | Noor Uiterwijk Winkel | De Spatters         | 199800556 | 1:11.32 | <b>1:18.56</b> | +0,70 |
| 59.  | Tiffany Leerdam       | De Forel            | 200006200 | 1:17.24 | <b>1:18.80</b> | +0,81 |
| 60.  | Luca Ebbinge          | DZ&PC               | 199802406 | 1:14.41 | <b>1:19.31</b> | +0,71 |
| 61.  | Fleur Vialle          | Nova                | 200100554 | 1:15.29 | <b>1:19.59</b> | +0,67 |
| 62.  | Ylsa Dijkstra         | SG. Bolsward-Workum | 200200728 | 1:17.41 | <b>1:19.90</b> | +0,73 |
| 63.  | Benthe Knol           | ZC Borger           | 200101574 | 1:17.47 | <b>1:20.10</b> | +0,87 |
| 64.  | Ingrid de Vries       | De Granaet          | 200100500 | 1:16.57 | <b>1:20.29</b> | +0,82 |
| 65.  | Noa Sanders           | ZC Borger           | 200002542 | 1:16.32 | <b>1:20.39</b> | +0,72 |
| 66.  | Arita Tolman          | De Valken           | 200000914 | 1:16.97 | <b>1:20.47</b> | +0,75 |
| 67.  | Manon Swierts         | ZPC Hoogeveen       | 200203034 | 1:20.11 | <b>1:20.79</b> | +0,78 |
| 68.  | Silke Huisman         | De Vikings          | 200301182 | 1:21.03 | <b>1:20.89</b> | +0,68 |
| 69.  | Britt Gerdes          | ZC Borger           | 200201636 | 1:18.95 | <b>1:21.42</b> | +0,84 |
| 70.  | Myrthe Visser         | Orca                | 200002340 | 1:16.61 | <b>1:21.54</b> | +0,77 |
| 71.  | Anouk Bak             | TriVia              | 200101854 | 1:18.87 | <b>1:21.66</b> | +0,72 |
|      | Brenda Beijering      | ZC Borger           | 200300352 | 1:17.89 | <b>1:21.66</b> | +0,66 |
| 73.  | Lianne van Wier       | HZ&PC Heerenveen    | 200200438 | 1:17.13 | <b>1:22.05</b> | +0,76 |
| 74.  | Laura van der Velde   | F.Z.C.'54           | 200300630 | 1:19.16 | <b>1:22.46</b> | +0,77 |
| 75.  | Mirthe Schenkel       | ZPC Hoogeveen       | 200300666 | 1:23.06 | <b>1:22.52</b> | +0,73 |
| 76.  | Kim Hillen            | MZ&PC De Reest      | 200300364 | 1:21.15 | <b>1:22.58</b> | +0,80 |
| 77.  | Lotte Grovenstein     | F.Z.C.'54           | 200102964 | 1:18.41 | <b>1:23.04</b> | +0,81 |
| 78.  | Ariane de Vries       | Aqua 68             | 200100728 | 1:19.21 | <b>1:23.20</b> | +0,78 |
| 79.  | Ilona Venema          | Aqua 68             | 200200050 | 1:20.55 | <b>1:23.30</b> | +0,75 |
| 80.  | Dyan Rothschild       | ZC Borger           | 200300998 | 1:20.51 | <b>1:23.46</b> | +0,67 |
| 81.  | Olena Dijkstra        | TriVia              | 200202624 | 1:21.29 | <b>1:23.72</b> | +0,74 |
| 82.  | Jolien Wind           | Nova                | 200100510 | 1:15.12 | <b>1:24.04</b> | +0,77 |
| 83.  | Emma Sies             | TriVia              | 200300732 | 1:24.06 | <b>1:24.22</b> | +0,83 |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 20, Dames, 100m rugslag, Algemeen klassement

| Rang  |   |                  |           | In.tijd     | Tijd           | RT    |
|-------|---|------------------|-----------|-------------|----------------|-------|
| 84.   | Marijine van der Veen   | Orca             | 200300960 | 1:24.75     | <b>1:24.39</b> | +0,78 |
| 85.   | Masha Polushkina  | TriVia           | 200203064 | 1:20.21     | <b>1:24.86</b> | +0,74 |
| 86.   | Chantal van Willegen  | De Forel         | 200302422 | 1:23.29     | <b>1:25.47</b> | +0,68 |
| 87.   | Sigrid Pafforaad  | Avena            | 200201130 | 1:20.01     | <b>1:25.65</b> | +0,74 |
| 88.   | Willianne Vos   | TriVia           | 200300050 | 1:21.90     | <b>1:25.84</b> | +0,81 |
|       | *   |                  |           |             |                |       |
| 89.   | Ilse Hoogeveen  | Aqua 68          | 200301140 | 1:21.64     | <b>1:26.64</b> | +0,94 |
| 90.   | Anna Tinga  | De Forel         | 200302734 | 1:23.62     | <b>1:26.70</b> |       |
| 91.   | Leonie van Wier   | HZ&PC Heerenveen | 200200436 | 1:20.11     | <b>1:28.11</b> | +0,79 |
| 92.   | Chantal Tiesinga  | TriVia           | 200302452 | 1:24.25     | <b>1:28.59</b> | +0,72 |
| 93.   | Sanne Hoving  | HZ&PC Heerenveen | 200003332 | S9 1:29.94  | <b>1:32.69</b> |       |
| DIS   | Liesette Bruinsma   | HZ&PC Heerenveen | 200004346 | S12 1:27.51 |                |       |
|       | <i>AA - Gestart voor startsignaal bij de 1e (1-startregel) of 2e start.</i> |                  |           |             |                |       |
| AFGEM | Anne Speelman   | De Spatters      | 199706118 | 1:13.98     |                |       |
| NG    | Kristel Hormann   | De Spatters      | 199601084 | 1:12.21     |                |       |

Programmanr. 21  
17-5-2015

Heren, 200m schoolslag

Junioren 1 en ouder  
Resultaten

| Rang       |                  |               |               |         | In.tijd | Tijd           | RT    |
|------------|------------------|---------------|---------------|---------|---------|----------------|-------|
| Junioren 1 |                  |               |               |         |         |                |       |
| 1.         | Dushan de Bruijn | De Forel      | 200201273     |         | 2:59.50 | <b>3:00.06</b> | +0,77 |
|            | 100m: 1:28.15    | 1:28.15       | 200m: 3:00.06 | 1:31.91 |         |                |       |
| 2.         | Tycho Atanasov   | ZC Borger     | 200201133     |         | 3:00.12 | <b>3:13.20</b> | +0,74 |
|            | 100m: 1:34.29    | 1:34.29       | 200m: 3:13.20 | 1:38.91 |         |                |       |
| 3.         | Raoul Witten     | ZPC Hoogeveen | 200200231     |         | 3:08.48 | <b>3:18.74</b> |       |
|            | 100m: 1:36.24    | 1:36.24       | 200m: 3:18.74 | 1:42.50 |         |                |       |
| Junioren 2 |                  |               |               |         |         |                |       |
| 1.         | Marcel Delfstra  | Orca          | 200100037     |         | 2:41.21 | <b>2:41.18</b> | +0,74 |
|            | 100m: 1:17.93    | 1:17.93       | 200m: 2:41.18 | 1:23.25 |         |                |       |
| 2.         | Klaas Pit        | De Forel      | 200104519     |         | 2:32.85 | <b>2:42.41</b> | +0,80 |
|            | 100m: 1:17.48    | 1:17.48       | 200m: 2:42.41 | 1:24.93 |         |                |       |
| 3.         | Coen de Lang     | ZPC Hoogeveen | 200100067     |         | 2:38.93 | <b>2:50.14</b> | +0,79 |
|            | 100m: 1:21.80    | 1:21.80       | 200m: 2:50.14 | 1:28.34 |         |                |       |
| 4.         | David Anthonio   | ZC Borger     | 200102551     |         | 2:51.02 | <b>2:52.16</b> | +0,88 |
|            | 100m: 1:22.63    | 1:22.63       | 200m: 2:52.16 | 1:29.53 |         |                |       |
| 5.         | Owen Peeks       | ZPC Hoogeveen | 200100765     |         | 3:00.87 | <b>3:03.54</b> | +0,88 |
|            | 100m: 1:29.61    | 1:29.61       | 200m: 3:03.54 | 1:33.93 |         |                |       |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 21, Heren, 200m schoolslag

Junioren 3

|     |                           |                  |               |         |                |       |
|-----|---------------------------|------------------|---------------|---------|----------------|-------|
| 1.  | Arjan Dekker              | TriVia           | 200000499     | 2:39.87 | <b>2:45.25</b> | +0,78 |
|     | 100m: 1:19.54             | 1:19.54          | 200m: 2:45.25 | 1:25.71 |                |       |
| 2.  | Freek-Jan Melse           | DZ&PC            | 200000235     | 2:37.37 | <b>2:45.28</b> | +0,75 |
|     | 100m: 1:19.14             | 1:19.14          | 200m: 2:45.28 | 1:26.14 |                |       |
| 3.  | Thomas Hamstra            | Orca             | 200001693     | 2:49.45 | <b>2:47.47</b> | +0,73 |
|     | 100m: 1:21.31             | 1:21.31          | 200m: 2:47.47 | 1:26.16 |                |       |
| 4.  | Hugo Jan Bosscher         | Orca             | 200000185     | 2:43.47 | <b>2:48.63</b> | +0,66 |
|     | 100m: 1:19.87             | 1:19.87          | 200m: 2:48.63 | 1:28.76 |                |       |
| 5.  | Darren Chen               | ZC Borger        | 200001149     | 2:43.89 | <b>2:49.23</b> | +0,77 |
|     | 100m: 1:21.34             | 1:21.34          | 200m: 2:49.23 | 1:27.89 |                |       |
| 6.  | Junior de Bruin           | ZPC Hoogeveen    | 200000839     | 2:45.44 | <b>2:57.97</b> | +0,77 |
|     | 100m: 1:23.91             | 1:23.91          | 200m: 2:57.97 | 1:34.06 |                |       |
| 7.  | Getjo Gachatrjan          | Wetterwille      | 200005445     | 2:43.65 | <b>2:59.23</b> | +0,62 |
|     | 100m: 1:26.68             | 1:26.68          | 200m: 2:59.23 | 1:32.55 |                |       |
| 8.  | Jilles Lycklama á Nijholt | HZ&PC Heerenveen | 200001103     | 2:54.38 | <b>3:02.18</b> | +0,80 |
|     | 100m: 1:26.81             | 1:26.81          | 200m: 3:02.18 | 1:35.37 |                |       |
| 9.  | Noah Vincent Stavorinus   | ZPD              | 200000359     | 2:54.10 | <b>3:03.22</b> | +0,63 |
|     | 100m: 1:27.37             | 1:27.37          | 200m: 3:03.22 | 1:35.85 |                |       |
| 10. | Bas Kost                  | ZPC Hoogeveen    | 200000419     | 2:53.91 | <b>3:13.99</b> | +0,81 |
|     | 100m: 1:31.24             | 1:31.24          | 200m: 3:13.99 | 1:42.75 |                |       |

Junioren 4

|       |   |                  |               |         |                |       |
|-------|---|------------------|---------------|---------|----------------|-------|
| 1.    | Luuk Veldman  | Orca             | 199900981     | 2:29.06 | <b>2:40.66</b> | +0,74 |
|       | 100m: 1:16.05   | 1:16.05          | 200m: 2:40.66 | 1:24.61 |                |       |
| 2.    | Matthijs van Meerendonk   | Aqua 68          | 199900375     | 2:35.98 | <b>2:44.71</b> | +0,73 |
|       | 100m: 1:17.39   | 1:17.39          | 200m: 2:44.71 | 1:27.32 |                |       |
| 3.    | Erwin Heinsius  | HZ&PC Heerenveen | 199900695     | 2:47.08 | <b>2:47.77</b> | +0,67 |
|       | 100m: 1:20.40   | 1:20.40          | 200m: 2:47.77 | 1:27.37 |                |       |
| 4.    | Maik Huser  | ZPC Hoogeveen    | 199900265     | 2:42.98 | <b>2:50.37</b> | +0,84 |
|       | 100m: 1:22.02   | 1:22.02          | 200m: 2:50.37 | 1:28.35 |                |       |
| 5.    | Sjoerd de Jong  | Avena            | 199903907     | 2:48.83 | <b>2:58.54</b> | +0,83 |
|       | 100m: 1:26.08   | 1:26.08          | 200m: 2:58.54 | 1:32.46 |                |       |
| 6.    | Gerco Ganzevoort  | HZ&PC Heerenveen | 199902091     | 2:44.57 | <b>2:59.40</b> | +0,68 |
|       | 100m: 1:25.52   | 1:25.52          | 200m: 2:59.40 | 1:33.88 |                |       |
|       | DIS Daan Zwertbroek   | HZ&PC Heerenveen | 199900463     | 2:19.26 |                |       |
|       | <i>SR - Meer dan één vlinderbeenslag na start en/of keerpunt gemaakt.</i> |                  |               |         |                |       |
| AFGEM | Jacob de Roos   | DZ&PC            | 199900553     | 2:19.86 |                |       |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 21, Heren, 200m schoolslag

Jeugd 1 en 2

|                    |                |               |         |                |       |
|--------------------|----------------|---------------|---------|----------------|-------|
| 1. Richard Kuipers | Orca           | 199704171     | 2:39.32 | <b>2:36.96</b> | +0,76 |
| 100m: 1:13.89      | 1:13.89        | 200m: 2:36.96 | 1:23.07 |                |       |
| 2. Jorie Seubers   | ZPC Hoogetveen | 199804371     | 2:30.71 | <b>2:41.03</b> | +0,71 |
| 100m: 1:18.93      | 1:18.93        | 200m: 2:41.03 | 1:22.10 |                |       |
| 3. Carlo Ruiz      | De Forel       | 199802549     | 2:33.49 | <b>2:41.54</b> | +0,82 |
| 100m: 1:17.48      | 1:17.48        | 200m: 2:41.54 | 1:24.06 |                |       |
| 4. Gauke Eilander  | ZPC Hoogetveen | 199800603     | 2:30.12 | <b>2:46.89</b> | +0,76 |
| 100m: 1:20.61      | 1:20.61        | 200m: 2:46.89 | 1:26.28 |                |       |
| 5. Darryl Lubbinge | ZPC Hoogetveen | 199701045     | 2:41.44 | <b>2:53.82</b> | +0,80 |
| 100m: 1:24.49      | 1:24.49        | 200m: 2:53.82 | 1:29.33 |                |       |
| 6. Rico Vroom      | TriVia         | 199802363     | 2:42.78 | <b>2:58.22</b> | +0,76 |
| 100m: 1:23.44      | 1:23.44        | 200m: 2:58.22 | 1:34.78 |                |       |
| 7. Remco Stam      | TriVia         | 199702165     | 2:45.30 | <b>3:01.37</b> | +0,76 |
| 100m: 1:23.95      | 1:23.95        | 200m: 3:01.37 | 1:37.42 |                |       |
| NG Wouter de Lang  | ZPC Hoogetveen | 199801147     | 2:37.11 |                |       |

Senioren 1 en ouder

|                     |                |               |         |                |       |
|---------------------|----------------|---------------|---------|----------------|-------|
| 1. Koen Lems        | ZPC Hoogetveen | 199603709     | 2:17.11 | <b>2:25.94</b> | +0,78 |
| 100m: 1:12.62       | 1:12.62        | 200m: 2:25.94 | 1:13.32 |                |       |
| 2. Mike Marissen    | DZ&PC          | 199202187     | 2:22.60 | <b>2:28.35</b> | +0,74 |
| 100m: 1:11.97       | 1:11.97        | 200m: 2:28.35 | 1:16.38 |                |       |
| 3. Niels van Eck    | ZPC Hoogetveen | 198900793     | 2:22.21 | <b>2:29.19</b> | +0,77 |
| 100m: 1:11.98       | 1:11.98        | 200m: 2:29.19 | 1:17.21 |                |       |
| 4. Ardi Knol        | ZPC Hoogetveen | 199603447     | 2:26.52 | <b>2:36.65</b> | +0,83 |
| 100m: 1:15.15       | 1:15.15        | 200m: 2:36.65 | 1:21.50 |                |       |
| 5. Jeroen Lorus     | ZPC Hoogetveen | 199500523     | 2:30.99 | <b>2:38.75</b> | +0,80 |
| 100m: 1:17.11       | 1:17.11        | 200m: 2:38.75 | 1:21.64 |                |       |
| 6. Ward van Rijssen | TriVia         | 199204841     | 2:28.51 | <b>2:38.87</b> | +0,84 |
| 100m: 1:15.02       | 1:15.02        | 200m: 2:38.87 | 1:23.85 |                |       |
| 7. Eko Doedel       | Eemsrobbe      | 199600543     | 2:37.43 | <b>2:46.06</b> | +0,83 |
| 100m: 1:17.57       | 1:17.57        | 200m: 2:46.06 | 1:28.49 |                |       |
| 8. David Scheffer   | De Pinquin     | 199500175     | 2:40.85 | <b>2:51.48</b> | +0,74 |
| 100m: 1:21.34       | 1:21.34        | 200m: 2:51.48 | 1:30.14 |                |       |
| 9. Koen Rooseboom   | De Spatters    | 199502703     | 2:40.16 | <b>2:58.88</b> | +0,83 |
| 100m: 1:22.34       | 1:22.34        | 200m: 2:58.88 | 1:36.54 |                |       |
| AFGEM Rowan Keen    | ZC Borger      | 199500727     | 2:24.80 |                |       |

Algemeen klassement

|                  |                |               |         |                |       |
|------------------|----------------|---------------|---------|----------------|-------|
| 1. Koen Lems     | ZPC Hoogetveen | 199603709     | 2:17.11 | <b>2:25.94</b> | +0,78 |
| 100m: 1:12.62    | 1:12.62        | 200m: 2:25.94 | 1:13.32 |                |       |
| 2. Mike Marissen | DZ&PC          | 199202187     | 2:22.60 | <b>2:28.35</b> | +0,74 |
| 100m: 1:11.97    | 1:11.97        | 200m: 2:28.35 | 1:16.38 |                |       |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 21, Heren, 200m schoolslag, Algemeen klassement

| Rang |                         |                  |               | In.tijd | Tijd           | RT    |
|------|-------------------------|------------------|---------------|---------|----------------|-------|
| 3.   | Niels van Eck           | ZPC Hoogeveen    | 198900793     | 2:22.21 | <b>2:29.19</b> | +0,77 |
|      | 100m: 1:11.98           | 1:11.98          | 200m: 2:29.19 | 1:17.21 |                |       |
| 4.   | Ardi Knol               | ZPC Hoogeveen    | 199603447     | 2:26.52 | <b>2:36.65</b> | +0,83 |
|      | 100m: 1:15.15           | 1:15.15          | 200m: 2:36.65 | 1:21.50 |                |       |
| 5.   | Richard Kuipers         | Orca             | 199704171     | 2:39.32 | <b>2:36.96</b> | +0,76 |
|      | 100m: 1:13.89           | 1:13.89          | 200m: 2:36.96 | 1:23.07 |                |       |
| 6.   | Jeroen Lorus            | ZPC Hoogeveen    | 199500523     | 2:30.99 | <b>2:38.75</b> | +0,80 |
|      | 100m: 1:17.11           | 1:17.11          | 200m: 2:38.75 | 1:21.64 |                |       |
| 7.   | Ward van Rijssen        | TriVia           | 199204841     | 2:28.51 | <b>2:38.87</b> | +0,84 |
|      | 100m: 1:15.02           | 1:15.02          | 200m: 2:38.87 | 1:23.85 |                |       |
| 8.   | Luuk Veldman            | Orca             | 199900981     | 2:29.06 | <b>2:40.66</b> | +0,74 |
|      | 100m: 1:16.05           | 1:16.05          | 200m: 2:40.66 | 1:24.61 |                |       |
| 9.   | Jorie Seubers           | ZPC Hoogeveen    | 199804371     | 2:30.71 | <b>2:41.03</b> | +0,71 |
|      | 100m: 1:18.93           | 1:18.93          | 200m: 2:41.03 | 1:22.10 |                |       |
| 10.  | Marcel Delfstra         | Orca             | 200100037     | 2:41.21 | <b>2:41.18</b> | +0,74 |
|      | 100m: 1:17.93           | 1:17.93          | 200m: 2:41.18 | 1:23.25 |                |       |
| 11.  | Carlo Ruiz              | De Forel         | 199802549     | 2:33.49 | <b>2:41.54</b> | +0,82 |
|      | 100m: 1:17.48           | 1:17.48          | 200m: 2:41.54 | 1:24.06 |                |       |
| 12.  | Klaas Pit               | De Forel         | 200104519     | 2:32.85 | <b>2:42.41</b> | +0,80 |
|      | 100m: 1:17.48           | 1:17.48          | 200m: 2:42.41 | 1:24.93 |                |       |
| 13.  | Matthijs van Meerendonk | Aqua 68          | 199900375     | 2:35.98 | <b>2:44.71</b> | +0,73 |
|      | 100m: 1:17.39           | 1:17.39          | 200m: 2:44.71 | 1:27.32 |                |       |
| 14.  | Arjan Dekker            | TriVia           | 200000499     | 2:39.87 | <b>2:45.25</b> | +0,78 |
|      | 100m: 1:19.54           | 1:19.54          | 200m: 2:45.25 | 1:25.71 |                |       |
| 15.  | Freek-Jan Melse         | DZ&PC            | 200000235     | 2:37.37 | <b>2:45.28</b> | +0,75 |
|      | 100m: 1:19.14           | 1:19.14          | 200m: 2:45.28 | 1:26.14 |                |       |
| 16.  | Eko Doedel              | Eemsrobben       | 199600543     | 2:37.43 | <b>2:46.06</b> | +0,83 |
|      | 100m: 1:17.57           | 1:17.57          | 200m: 2:46.06 | 1:28.49 |                |       |
| 17.  | Gauke Eilander          | ZPC Hoogeveen    | 199800603     | 2:30.12 | <b>2:46.89</b> | +0,76 |
|      | 100m: 1:20.61           | 1:20.61          | 200m: 2:46.89 | 1:26.28 |                |       |
| 18.  | Thomas Hamstra          | Orca             | 200001693     | 2:49.45 | <b>2:47.47</b> | +0,73 |
|      | 100m: 1:21.31           | 1:21.31          | 200m: 2:47.47 | 1:26.16 |                |       |
| 19.  | Erwin Heinsius          | HZ&PC Heerenveen | 199900695     | 2:47.08 | <b>2:47.77</b> | +0,67 |
|      | 100m: 1:20.40           | 1:20.40          | 200m: 2:47.77 | 1:27.37 |                |       |
| 20.  | Hugo Jan Bosscher       | Orca             | 200000185     | 2:43.47 | <b>2:48.63</b> | +0,66 |
|      | 100m: 1:19.87           | 1:19.87          | 200m: 2:48.63 | 1:28.76 |                |       |
| 21.  | Darren Chen             | ZC Borger        | 200001149     | 2:43.89 | <b>2:49.23</b> | +0,77 |
|      | 100m: 1:21.34           | 1:21.34          | 200m: 2:49.23 | 1:27.89 |                |       |
| 22.  | Coen de Lang            | ZPC Hoogeveen    | 200100067     | 2:38.93 | <b>2:50.14</b> | +0,79 |
|      | 100m: 1:21.80           | 1:21.80          | 200m: 2:50.14 | 1:28.34 |                |       |
| 23.  | Maik Huser              | ZPC Hoogeveen    | 199900265     | 2:42.98 | <b>2:50.37</b> | +0,84 |
|      | 100m: 1:22.02           | 1:22.02          | 200m: 2:50.37 | 1:28.35 |                |       |
| 24.  | David Scheffer          | De Pinquin       | 199500175     | 2:40.85 | <b>2:51.48</b> | +0,74 |
|      | 100m: 1:21.34           | 1:21.34          | 200m: 2:51.48 | 1:30.14 |                |       |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 21, Heren, 200m schoolslag, Algemeen klassement

| Rang  |   |                  |               | In.tijd | Tijd           | RT    |
|-------|---|------------------|---------------|---------|----------------|-------|
| 25.   | David Anthonio  | ZC Borger        | 200102551     | 2:51.02 | <b>2:52.16</b> | +0,88 |
|       | 100m: 1:22.63   | 1:22.63          | 200m: 2:52.16 | 1:29.53 |                |       |
| 26.   | Darryl Lubbinge   | ZPC Hoogeveen    | 199701045     | 2:41.44 | <b>2:53.82</b> | +0,80 |
|       | 100m: 1:24.49   | 1:24.49          | 200m: 2:53.82 | 1:29.33 |                |       |
| 27.   | Junior de Bruin   | ZPC Hoogeveen    | 200000839     | 2:45.44 | <b>2:57.97</b> | +0,77 |
|       | 100m: 1:23.91   | 1:23.91          | 200m: 2:57.97 | 1:34.06 |                |       |
| 28.   | Rico Vroom  | TriVia           | 199802363     | 2:42.78 | <b>2:58.22</b> | +0,76 |
|       | 100m: 1:23.44   | 1:23.44          | 200m: 2:58.22 | 1:34.78 |                |       |
| 29.   | Sjoerd de Jong  | Avena            | 199903907     | 2:48.83 | <b>2:58.54</b> | +0,83 |
|       | 100m: 1:26.08   | 1:26.08          | 200m: 2:58.54 | 1:32.46 |                |       |
| 30.   | Koen Rooseboom  | De Spatters      | 199502703     | 2:40.16 | <b>2:58.88</b> | +0,83 |
|       | 100m: 1:22.34   | 1:22.34          | 200m: 2:58.88 | 1:36.54 |                |       |
| 31.   | Getjo Gachatrjan  | Wetterwille      | 200005445     | 2:43.65 | <b>2:59.23</b> | +0,62 |
|       | 100m: 1:26.68   | 1:26.68          | 200m: 2:59.23 | 1:32.55 |                |       |
| 32.   | Gerco Ganzevoort  | HZ&PC Heerenveen | 199902091     | 2:44.57 | <b>2:59.40</b> | +0,68 |
|       | 100m: 1:25.52   | 1:25.52          | 200m: 2:59.40 | 1:33.88 |                |       |
| 33.   | Dushan de Bruijn  | De Forel         | 200201273     | 2:59.50 | <b>3:00.06</b> | +0,77 |
|       | 100m: 1:28.15   | 1:28.15          | 200m: 3:00.06 | 1:31.91 |                |       |
| 34.   | Remco Stam  | TriVia           | 199702165     | 2:45.30 | <b>3:01.37</b> | +0,76 |
|       | 100m: 1:23.95   | 1:23.95          | 200m: 3:01.37 | 1:37.42 |                |       |
| 35.   | Jilles Lycklama á Nijholt   | HZ&PC Heerenveen | 200001103     | 2:54.38 | <b>3:02.18</b> | +0,80 |
|       | 100m: 1:26.81   | 1:26.81          | 200m: 3:02.18 | 1:35.37 |                |       |
| 36.   | Noah Vincent Stavorinus   | ZPD              | 200000359     | 2:54.10 | <b>3:03.22</b> | +0,63 |
|       | 100m: 1:27.37   | 1:27.37          | 200m: 3:03.22 | 1:35.85 |                |       |
| 37.   | Owen Peeks  | ZPC Hoogeveen    | 200100765     | 3:00.87 | <b>3:03.54</b> | +0,88 |
|       | 100m: 1:29.61   | 1:29.61          | 200m: 3:03.54 | 1:33.93 |                |       |
| 38.   | Tycho Atanasov  | ZC Borger        | 200201133     | 3:00.12 | <b>3:13.20</b> | +0,74 |
|       | 100m: 1:34.29   | 1:34.29          | 200m: 3:13.20 | 1:38.91 |                |       |
| 39.   | Bas Kost  | ZPC Hoogeveen    | 200000419     | 2:53.91 | <b>3:13.99</b> | +0,81 |
|       | 100m: 1:31.24   | 1:31.24          | 200m: 3:13.99 | 1:42.75 |                |       |
| 40.   | Raoul Witten  | ZPC Hoogeveen    | 200200231     | 3:08.48 | <b>3:18.74</b> |       |
|       | 100m: 1:36.24   | 1:36.24          | 200m: 3:18.74 | 1:42.50 |                |       |
| DIS   | Daan Zwertbroek   | HZ&PC Heerenveen | 199900463     | 2:19.26 |                |       |
|       | <i>SR - Meer dan één vlinderbeenslag na start en/of keerpunt gemaakt.</i> |                  |               |         |                |       |
| AFGEM | Jacob de Roos   | DZ&PC            | 199900553     | 2:19.86 |                |       |
| AFGEM | Rowan Keen  | ZC Borger        | 199500727     | 2:24.80 |                |       |
| NG    | Wouter de Lang  | ZPC Hoogeveen    | 199801147     | 2:37.11 |                |       |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 22 Dames, 200m vlinderslag Junioren 1 en ouder  
17-5-2015 Resultaten

| Rang                       |                        |               |               | In.tijd | Tijd           | RT    |
|----------------------------|------------------------|---------------|---------------|---------|----------------|-------|
| <b>Junioren 2</b>          |                        |               |               |         |                |       |
| 1.                         | Tessa Kooi             | Nova          | 200201386     | 2:44.14 | <b>2:52.33</b> | +0,90 |
|                            | 100m: 1:17.77          | 1:17.77       | 200m: 2:52.33 | 1:34.56 |                |       |
| <b>Junioren 3</b>          |                        |               |               |         |                |       |
| 1.                         | Janneke Weiland        | Orca          | 200100128     | 2:48.40 | <b>2:49.09</b> | +0,83 |
|                            | 100m: 1:17.05          | 1:17.05       | 200m: 2:49.09 | 1:32.04 |                |       |
| 2.                         | Eva Willebrands        | Orca          | 200101510     | 2:47.36 | <b>2:51.36</b> | +0,99 |
|                            | 100m: 1:20.53          | 1:20.53       | 200m: 2:51.36 | 1:30.83 |                |       |
| 3.                         | Marike de Jong         | Avena         | 200101074     | 2:49.77 | <b>2:52.28</b> | +0,80 |
|                            | 100m: 1:17.87          | 1:17.87       | 200m: 2:52.28 | 1:34.41 |                |       |
| <b>Jeugd 1 en 2</b>        |                        |               |               |         |                |       |
| 1.                         | Danieke van der Kooi   | Orca          | 200000552     | 2:35.77 | <b>2:35.88</b> | +0,87 |
|                            | 100m: 1:12.85          | 1:12.85       | 200m: 2:35.88 | 1:23.03 |                |       |
| 2.                         | Arianne Kooijnga       | TriVia        | 200001544     | 2:35.65 | <b>2:36.79</b> | +0,77 |
|                            | 100m: 1:12.82          | 1:12.82       | 200m: 2:36.79 | 1:23.97 |                |       |
| 3.                         | Alinda Dingshoff       | ZPC Hoogeveen | 200000928     | 2:36.31 | <b>2:37.50</b> | +0,82 |
|                            | 100m: 1:14.01          | 1:14.01       | 200m: 2:37.50 | 1:23.49 |                |       |
| 4.                         | Laura Setz             | Nova          | 200000130     | 2:53.19 | <b>2:47.30</b> | +1,05 |
|                            | 100m: 1:14.32          | 1:14.32       | 200m: 2:47.30 | 1:32.98 |                |       |
| 5.                         | Jill Blide             | ZPC Hoogeveen | 200004734     | 2:46.17 | <b>2:48.47</b> | +0,81 |
|                            | 100m: 1:18.32          | 1:18.32       | 200m: 2:48.47 | 1:30.15 |                |       |
| 6.                         | Chaira Brinks          | Nova          | 200005556     | 2:47.07 | <b>2:57.71</b> | +0,87 |
|                            | 100m: 1:21.14          | 1:21.14       | 200m: 2:57.71 | 1:36.57 |                |       |
| <b>Senioren 1 en ouder</b> |                        |               |               |         |                |       |
| 1.                         | Kinge Zandringa        | Orca          | 199801422     | 2:13.89 | <b>2:18.72</b> | +0,75 |
|                            | 100m: 1:04.57          | 1:04.57       | 200m: 2:18.72 | 1:14.15 |                |       |
| 2.                         | Monique van der Struik | DZ&PC         | 199502502     | 2:21.37 | <b>2:30.43</b> | +0,81 |
|                            | 100m: 1:11.66          | 1:11.66       | 200m: 2:30.43 | 1:18.77 |                |       |
| 3.                         | Caroline Damen         | De Spatters   | 199703088     | 2:30.65 | <b>2:34.54</b> | +0,81 |
|                            | 100m: 1:11.45          | 1:11.45       | 200m: 2:34.54 | 1:23.09 |                |       |
| 4.                         | Vivianne Dortmund      | GZVW          | 199801578     | 2:35.51 | <b>2:40.04</b> | +0,86 |
|                            | 100m: 1:12.15          | 1:12.15       | 200m: 2:40.04 | 1:27.89 |                |       |
| 5.                         | Karen Stolk            | TriVia        | 199403950     | 2:35.21 | <b>2:45.78</b> | +0,78 |
|                            | 100m: 1:16.60          | 1:16.60       | 200m: 2:45.78 | 1:29.18 |                |       |
| NG                         | Kristel Hormann        | De Spatters   | 199601084     | 2:30.28 |                |       |



Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 22, Dames, 200m vlinderslag

Algemeen klassement

|     |                        |               |               |         |                |       |
|-----|------------------------|---------------|---------------|---------|----------------|-------|
| 1.  | Kinge Zandringa        | Orca          | 199801422     | 2:13.89 | <b>2:18.72</b> | +0,75 |
|     | 100m: 1:04.57          | 1:04.57       | 200m: 2:18.72 | 1:14.15 |                |       |
| 2.  | Monique van der Struik | DZ&PC         | 199502502     | 2:21.37 | <b>2:30.43</b> | +0,81 |
|     | 100m: 1:11.66          | 1:11.66       | 200m: 2:30.43 | 1:18.77 |                |       |
| 3.  | Caroline Damen         | De Spatters   | 199703088     | 2:30.65 | <b>2:34.54</b> | +0,81 |
|     | 100m: 1:11.45          | 1:11.45       | 200m: 2:34.54 | 1:23.09 |                |       |
| 4.  | Danieke van der Kooi   | Orca          | 200000552     | 2:35.77 | <b>2:35.88</b> | +0,87 |
|     | 100m: 1:12.85          | 1:12.85       | 200m: 2:35.88 | 1:23.03 |                |       |
| 5.  | Arianne Kooijinga      | TriVia        | 200001544     | 2:35.65 | <b>2:36.79</b> | +0,77 |
|     | 100m: 1:12.82          | 1:12.82       | 200m: 2:36.79 | 1:23.97 |                |       |
| 6.  | Alinda Dingshoff       | ZPC Hoogeveen | 200000928     | 2:36.31 | <b>2:37.50</b> | +0,82 |
|     | 100m: 1:14.01          | 1:14.01       | 200m: 2:37.50 | 1:23.49 |                |       |
| 7.  | Vivianne Dortmund      | GZVW          | 199801578     | 2:35.51 | <b>2:40.04</b> | +0,86 |
|     | 100m: 1:12.15          | 1:12.15       | 200m: 2:40.04 | 1:27.89 |                |       |
| 8.  | Karen Stolk            | TriVia        | 199403950     | 2:35.21 | <b>2:45.78</b> | +0,78 |
|     | 100m: 1:16.60          | 1:16.60       | 200m: 2:45.78 | 1:29.18 |                |       |
| 9.  | Laura Setz             | Nova          | 200000130     | 2:53.19 | <b>2:47.30</b> | +1,05 |
|     | 100m: 1:14.32          | 1:14.32       | 200m: 2:47.30 | 1:32.98 |                |       |
| 10. | Jill Blide             | ZPC Hoogeveen | 200004734     | 2:46.17 | <b>2:48.47</b> | +0,81 |
|     | 100m: 1:18.32          | 1:18.32       | 200m: 2:48.47 | 1:30.15 |                |       |
| 11. | Janneke Weiland        | Orca          | 200100128     | 2:48.40 | <b>2:49.09</b> | +0,83 |
|     | 100m: 1:17.05          | 1:17.05       | 200m: 2:49.09 | 1:32.04 |                |       |
| 12. | Eva Willebrands        | Orca          | 200101510     | 2:47.36 | <b>2:51.36</b> | +0,99 |
|     | 100m: 1:20.53          | 1:20.53       | 200m: 2:51.36 | 1:30.83 |                |       |
| 13. | Marike de Jong         | Avena         | 200101074     | 2:49.77 | <b>2:52.28</b> | +0,80 |
|     | 100m: 1:17.87          | 1:17.87       | 200m: 2:52.28 | 1:34.41 |                |       |
| 14. | Tessa Kooi             | Nova          | 200201386     | 2:44.14 | <b>2:52.33</b> | +0,90 |
|     | 100m: 1:17.77          | 1:17.77       | 200m: 2:52.33 | 1:34.56 |                |       |
| 15. | Chaira Brinks          | Nova          | 200005556     | 2:47.07 | <b>2:57.71</b> | +0,87 |
|     | 100m: 1:21.14          | 1:21.14       | 200m: 2:57.71 | 1:36.57 |                |       |
| NG  | Kristel Hormann        | De Spatters   | 199601084     | 2:30.28 |                |       |

Programmanr. 23  
17-5-2015

Heren, 50m vrije slag  
HANDGEKLOKTE TIJDEN

Junioren 1 en ouder  
Resultaten

| Rang       |                      |            | In.tijd   | Tijd  | RT           |
|------------|----------------------|------------|-----------|-------|--------------|
| Junioren 1 |                      |            |           |       |              |
| 1.         | Harmen van der Ploeg | Eemsrobben | 200203695 | 29.99 | <b>28.98</b> |
|            | Maurice Pater        | TriVia     | 200200909 | 27.32 | <b>28.98</b> |
| 3.         | Pascal Kok           | Avena      | 200203359 | 30.07 | <b>29.49</b> |
| 4.         | Tycho Atanasov       | ZC Borger  | 200201133 | 29.04 | <b>29.59</b> |
| 5.         | Jan Berend Sipma     | De Granaet | 200201443 | 30.14 | <b>29.93</b> |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 23, Jongens, 50m vrije slag, Junioren 1

| Rang |                  |               | In.tijd   | Tijd  | RT           |
|------|------------------|---------------|-----------|-------|--------------|
| 6.   | Dushan de Bruijn | De Forel      | 200201273 | 29.26 | <b>30.11</b> |
| 7.   | Makai van Haren  | De Forel      | 200200627 | 30.63 | <b>30.20</b> |
| 8.   | Raoul Witten     | ZPC Hoogeveen | 200200231 | 30.45 | <b>31.21</b> |

Junioren 2

|       |                  |                  |           |       |              |
|-------|------------------|------------------|-----------|-------|--------------|
| 1.    | Klaas Pit        | De Forel         | 200104519 | 26.67 | <b>27.03</b> |
| 2.    | David Anthonio   | ZC Borger        | 200102551 | 27.88 | <b>27.41</b> |
| 3.    | Emile Dost       | ZC Borger        | 200100731 | 27.69 | <b>27.70</b> |
| 4.    | Lennard Dussel   | DZ&PC            | 200100911 | 27.09 | <b>27.95</b> |
| 5.    | Hendrik Jilderda | Wetterwille      | 200100673 | 28.50 | <b>28.12</b> |
| 6.    | Rutger Horsthuis | De Granaet       | 200100419 | 28.34 | <b>28.21</b> |
| 7.    | Jelmar Koopman   | De Forel         | 200100249 | 27.78 | <b>28.65</b> |
| 8.    | Jarno Franken    | GZVW             | 200103145 | 29.31 | <b>28.79</b> |
| 9.    | Coen de Lang     | ZPC Hoogeveen    | 200100067 | 28.51 | <b>28.89</b> |
| 10.   | Remco Dijkstra   | HZ&PC Heerenveen | 200100789 | 28.30 | <b>28.95</b> |
| 11.   | Marc de Jonge    | Aqua 68          | 200101917 | 29.11 | <b>29.25</b> |
| AFGEM | Marc Hoogeveen   | Aqua 68          | 200101585 | 27.37 |              |

Junioren 3

|     |                         |               |           |       |              |
|-----|-------------------------|---------------|-----------|-------|--------------|
| 1.  | Sjoerd Vonk             | Wetterwille   | 200004241 | 25.66 | <b>26.20</b> |
| 2.  | Axel Hanning            | Nova          | 200000703 | 25.90 | <b>26.43</b> |
| 3.  | Hendrik Broekema        | Bubble        | 200002205 | 25.93 | <b>26.48</b> |
| 4.  | Junior de Bruin         | ZPC Hoogeveen | 200000839 | 26.57 | <b>26.69</b> |
| 5.  | David Kuipers           | Orca          | 200003633 | 27.02 | <b>26.94</b> |
| 6.  | Joel Pinkster           | Aqua 68       | 200000611 | 26.66 | <b>27.29</b> |
| 7.  | Thomas Hamstra          | Orca          | 200001693 | 26.99 | <b>27.34</b> |
| 8.  | Noah Vincent Stavorinus | ZPD           | 200000359 | 28.11 | <b>28.08</b> |
| 9.  | Bas Kost                | ZPC Hoogeveen | 200000419 | 27.90 | <b>28.40</b> |
| 10. | Wouter van Asperen      | De Spatters   | 200000125 | 27.56 | <b>28.51</b> |
| 11. | Hugo Jan Bosscher       | Orca          | 200000185 | 28.41 | <b>28.57</b> |
| 12. | Frank Schenkel          | De Plons      | 200003765 | 28.49 | <b>29.39</b> |

Junioren 4

|     |                         |                  |           |       |              |
|-----|-------------------------|------------------|-----------|-------|--------------|
| 1.  | Luuk Veldman            | Orca             | 199900981 | 25.91 | <b>25.59</b> |
| 2.  | Matthijs van Meerendonk | Aqua 68          | 199900375 | 25.27 | <b>26.16</b> |
| 3.  | Daan Zwertbroek         | HZ&PC Heerenveen | 199900463 | 25.35 | <b>26.42</b> |
| 4.  | Roel Engbers            | Moby Dick        | 199904073 | 26.83 | <b>27.03</b> |
| 5.  | Timo de Vries           | De Forel         | 199900407 | 26.90 | <b>27.04</b> |
| 6.  | Nick Finke              | Moby Dick        | 199901131 | 27.78 | <b>27.26</b> |
| 7.  | Bob de Groot            | ZC Borger        | 199903585 | 27.09 | <b>27.63</b> |
| 8.  | Maik Huser              | ZPC Hoogeveen    | 199900265 | 26.95 | <b>27.90</b> |
| 9.  | Jeroen Louwinger        | Nova             | 199900583 | 27.14 | <b>27.98</b> |
| 10. | Auke Jan Ytsma          | Orca             | 199900905 | 27.62 | <b>28.13</b> |
| 11. | Frank Scheltens         | Moby Dick        | 199903935 | 26.61 | <b>28.19</b> |
| 12. | Jelmer Meijer           | HZ&PC Heerenveen | 199900177 | 27.92 | <b>28.70</b> |
| NG  | Thom Drenth             | Eemsrobber       | 199903823 | 27.53 |              |
| NG  | Edwin van Delft         | De Forel         | 199901609 | 26.19 |              |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 23, Heren, 50m vrije slag

Jeugd 1 en 2

|     |                      |                  |           |       |              |
|-----|----------------------|------------------|-----------|-------|--------------|
| 1.  | Denny Olde Agterhuis | HZ&PC Heerenveen | 199801253 | 25.07 | <b>25.27</b> |
| 2.  | Marcel Groen         | Nova             | 199700239 | 24.60 | <b>25.28</b> |
| 3.  | Jelmer Postma        | Orca             | 199701631 | 25.41 | <b>25.33</b> |
| 4.  | Gauke Eilander       | ZPC Hoogeveen    | 199800603 | 24.41 | <b>25.36</b> |
| 5.  | Richard Kuipers      | Orca             | 199704171 | 25.29 | <b>25.66</b> |
| 6.  | Tijmen Linthorst     | HZ&PC Heerenveen | 199801165 | 26.56 | <b>25.76</b> |
| 7.  | Mirko van Ligtenberg | Wetterwille      | 199800735 | 24.76 | <b>25.78</b> |
| 8.  | Vincent Visser       | HZ&PC Heerenveen | 199700395 | 24.91 | <b>25.91</b> |
| 9.  | Thomas Kappe         | ZPC Hoogeveen    | 199805141 | 24.59 | <b>26.00</b> |
| 10. | Bart Weiland         | Orca             | 199700777 | 25.57 | <b>26.05</b> |
| 11. | Jorie Seubers        | ZPC Hoogeveen    | 199804371 | 25.05 | <b>26.18</b> |
| 12. | Dennis Wildeboer     | Nova             | 199800571 | 25.95 | <b>26.37</b> |
| 13. | Marcel van der Wijk  | Aqualero         | 199700675 | 27.42 | <b>26.64</b> |
| 14. | Darryl Lubbinge      | ZPC Hoogeveen    | 199701045 | 25.72 | <b>26.70</b> |
| 15. | Karel Lubberts       | HZ&PC Heerenveen | 199805419 | 25.99 | <b>26.75</b> |
| 16. | Stijn Buurman        | Nova             | 199700337 | 25.92 | <b>27.00</b> |
| 17. | Gerko Wilkens        | ZPC Stadskanaal  | 199800261 | 26.85 | <b>27.17</b> |
| 18. | Jacko Korporaal      | ZPD              | 199802247 | 27.50 | <b>27.30</b> |
|     | Patrick de Roos      | ZPD              | 199702071 | 27.03 | <b>27.30</b> |
| 20. | Marnix van het Hof   | ZC Polaris       | 199803663 | 26.61 | <b>27.35</b> |
| 21. | Remco Stam           | TriVia           | 199702165 | 27.17 | <b>27.66</b> |
| NG  | Wouter de Lang       | ZPC Hoogeveen    | 199801147 | 26.72 |              |

Senioren 1 en ouder

|   |                     |                  |           |       |              |      |
|---|---------------------|------------------|-----------|-------|--------------|------|
| 1.  | Brendon Scheepers   | DZ&PC            | 199205765 | 22.98 | <b>23.87</b> | FJ 1 |
| 2.  | Niels van Eck       | ZPC Hoogeveen    | 198900793 | 23.29 | <b>23.87</b> | FJ 2 |
| 3.  | Derk Jan Speelman   | De Spatters      | 199602425 | 24.20 | <b>24.95</b> |      |
| 4.  | Dennis Bos          | HZ&PC Heerenveen | 199201965 | 24.24 | <b>25.42</b> |      |
| 5.  | Wouter Sikma        | Neptunia '24     | 199302335 | 25.09 | <b>25.45</b> |      |
| 6.  | Jeroen Lorus        | ZPC Hoogeveen    | 199500523 | 24.68 | <b>25.58</b> |      |
| 7.  | Dennis Cramer       | TriVia           | 199200199 | 25.01 | <b>25.61</b> |      |
| 8.  | Eko Doedel          | Eemsrobber       | 199600543 | 25.50 | <b>25.71</b> |      |
| 9.  | Koen Rooseboom      | De Spatters      | 199502703 | 25.16 | <b>25.78</b> |      |
| 10.   | Niels Koster        | ZPC Hoogeveen    | 198701851 | 24.82 | <b>25.89</b> |      |
| 11.   | Frank van der Zwaag | De Valken        | 199401137 | 25.69 | <b>26.05</b> |      |
| 12.   | Ardi Knol           | ZPC Hoogeveen    | 199603447 | 24.67 | <b>26.16</b> |      |
| 13.   | Chris Bolding       | ZPC Hoogeveen    | 199503427 | 24.84 | <b>26.22</b> |      |
| 14.   | Bouke van der Zaag  | PWC              | 199602255 | 25.85 | <b>26.51</b> |      |
| 15.   | Desmond Drijfhout   | Zeno             | 199200285 | 26.39 | <b>26.81</b> |      |
| 16.   | Richard Hovenkamp   | De Spatters      | 199400497 | 25.69 | <b>26.82</b> |      |
| 17.   | Marc de Vries       | HZ&PC Heerenveen | 199500381 | 26.31 | <b>27.02</b> |      |
| 18.   | David Scheffer      | De Pinquin       | 199500175 | 24.80 | <b>27.09</b> |      |
| 19.   | Wybren Heida        | ZC Borger        | 199404999 | 25.97 | <b>27.81</b> |      |
| DIS   | Ramon Fredrik       | Orca             | 199403933 | 24.02 |              |      |
| <i>AA - Gestart voor startsignaal bij de 1e (1-startregel) of 2e start.</i> |                     |                  |           |       |              |      |
| AFGEM   | Derk-Jan Knol       | ZPC Hoogeveen    | 199504297 | 25.18 |              |      |
| AFGEM   | Rowan Keen          | ZC Borger        | 199500727 | 25.54 |              |      |
| NG  | Joost van den Berg  | ZC Borger        | 199405289 | 26.42 |              |      |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 23, Heren, 50m vrije slag

Algemeen klassement

|     |                         |                  |           |       |              |      |
|-----|-------------------------|------------------|-----------|-------|--------------|------|
| 1.  | Brendon Scheepers       | DZ&PC            | 199205765 | 22.98 | <b>23.87</b> | FJ 1 |
| 2.  | Niels van Eck           | ZPC Hoogeveen    | 198900793 | 23.29 | <b>23.87</b> | FJ 2 |
| 3.  | Derk Jan Speelman       | De Spatters      | 199602425 | 24.20 | <b>24.95</b> |      |
| 4.  | Denny Olde Agterhuis    | HZ&PC Heerenveen | 199801253 | 25.07 | <b>25.27</b> |      |
| 5.  | Marcel Groen            | Nova             | 199700239 | 24.60 | <b>25.28</b> |      |
| 6.  | Jelmer Postma           | Orca             | 199701631 | 25.41 | <b>25.33</b> |      |
| 7.  | Gauke Eilander          | ZPC Hoogeveen    | 199800603 | 24.41 | <b>25.36</b> |      |
| 8.  | Dennis Bos              | HZ&PC Heerenveen | 199201965 | 24.24 | <b>25.42</b> |      |
| 9.  | Wouter Sikma            | Neptunia '24     | 199302335 | 25.09 | <b>25.45</b> |      |
| 10. | Jeroen Lorus            | ZPC Hoogeveen    | 199500523 | 24.68 | <b>25.58</b> |      |
| 11. | Luuk Veldman            | Orca             | 199900981 | 25.91 | <b>25.59</b> |      |
| 12. | Dennis Cramer           | TriVia           | 199200199 | 25.01 | <b>25.61</b> |      |
| 13. | Richard Kuipers         | Orca             | 199704171 | 25.29 | <b>25.66</b> |      |
| 14. | Eko Doedel              | Eemsrobber       | 199600543 | 25.50 | <b>25.71</b> |      |
| 15. | Tijmen Linthorst        | HZ&PC Heerenveen | 199801165 | 26.56 | <b>25.76</b> |      |
| 16. | Mirko van Ligtenberg    | Wetterwille      | 199800735 | 24.76 | <b>25.78</b> |      |
|     | Koen Rooseboom          | De Spatters      | 199502703 | 25.16 | <b>25.78</b> |      |
| 18. | Niels Koster            | ZPC Hoogeveen    | 198701851 | 24.82 | <b>25.89</b> |      |
| 19. | Vincent Visser          | HZ&PC Heerenveen | 199700395 | 24.91 | <b>25.91</b> |      |
| 20. | Thomas Kappe            | ZPC Hoogeveen    | 199805141 | 24.59 | <b>26.00</b> |      |
| 21. | Frank van der Zwaag     | De Valken        | 199401137 | 25.69 | <b>26.05</b> | FJ 1 |
| 22. | Bart Weiland            | Orca             | 199700777 | 25.57 | <b>26.05</b> | FJ 2 |
| 23. | Ardi Knol               | ZPC Hoogeveen    | 199603447 | 24.67 | <b>26.16</b> |      |
|     | Matthijs van Meerendonk | Aqua 68          | 199900375 | 25.27 | <b>26.16</b> |      |
| 25. | Jorie Seubers           | ZPC Hoogeveen    | 199804371 | 25.05 | <b>26.18</b> |      |
| 26. | Sjoerd Vonk             | Wetterwille      | 200004241 | 25.66 | <b>26.20</b> |      |
| 27. | Chris Bolding           | ZPC Hoogeveen    | 199503427 | 24.84 | <b>26.22</b> |      |
| 28. | Dennis Wildeboer        | Nova             | 199800571 | 25.95 | <b>26.37</b> |      |
| 29. | Daan Zwertbroek         | HZ&PC Heerenveen | 199900463 | 25.35 | <b>26.42</b> |      |
| 30. | Axel Hanning            | Nova             | 200000703 | 25.90 | <b>26.43</b> |      |
| 31. | Hendrik Broekema        | Bubble           | 200002205 | 25.93 | <b>26.48</b> |      |
| 32. | Bouke van der Zaag      | PWC              | 199602255 | 25.85 | <b>26.51</b> |      |
| 33. | Marcel van der Wijk     | Aqualero         | 199700675 | 27.42 | <b>26.64</b> |      |
| 34. | Junior de Bruin         | ZPC Hoogeveen    | 200000839 | 26.57 | <b>26.69</b> |      |
| 35. | Darryl Lubbinge         | ZPC Hoogeveen    | 199701045 | 25.72 | <b>26.70</b> |      |
| 36. | Karel Lubberts          | HZ&PC Heerenveen | 199805419 | 25.99 | <b>26.75</b> |      |
| 37. | Desmond Drijfhout       | Zeno             | 199200285 | 26.39 | <b>26.81</b> |      |
| 38. | Richard Hovenkamp       | De Spatters      | 199400497 | 25.69 | <b>26.82</b> |      |
| 39. | David Kuipers           | Orca             | 200003633 | 27.02 | <b>26.94</b> |      |
| 40. | Stijn Buurman           | Nova             | 199700337 | 25.92 | <b>27.00</b> |      |
| 41. | Marc de Vries           | HZ&PC Heerenveen | 199500381 | 26.31 | <b>27.02</b> |      |
| 42. | Roel Engbers            | Moby Dick        | 199904073 | 26.83 | <b>27.03</b> | FJ 1 |
| 43. | Klaas Pit               | De Forel         | 200104519 | 26.67 | <b>27.03</b> | FJ 2 |
| 44. | Timo de Vries           | De Forel         | 199900407 | 26.90 | <b>27.04</b> |      |
| 45. | David Scheffer          | De Pinguin       | 199500175 | 24.80 | <b>27.09</b> |      |
| 46. | Gerko Wilkens           | ZPC Stadskanaal  | 199800261 | 26.85 | <b>27.17</b> |      |
| 47. | Nick Finke              | Moby Dick        | 199901131 | 27.78 | <b>27.26</b> |      |
| 48. | Joel Pinkster           | Aqua 68          | 200000611 | 26.66 | <b>27.29</b> |      |
| 49. | Jacko Korporaal         | ZPD              | 199802247 | 27.50 | <b>27.30</b> |      |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 23, Heren, 50m vrije slag, Algemeen klassement

| Rang  |                         |                  | In.tijd   | Tijd  | RT           |
|---|-------------------------|------------------|-----------|-------|--------------|
| 49.   | Patrick de Roos         | ZPD              | 199702071 | 27.03 | <b>27.30</b> |
| 51.   | Thomas Hamstra          | Orca             | 200001693 | 26.99 | <b>27.34</b> |
| 52.   | Marnix van het Hof      | ZC Polaris       | 199803663 | 26.61 | <b>27.35</b> |
| 53.   | David Anthonio          | ZC Borger        | 200102551 | 27.88 | <b>27.41</b> |
| 54.   | Bob de Groot            | ZC Borger        | 199903585 | 27.09 | <b>27.63</b> |
| 55.   | Remco Stam              | TriVia           | 199702165 | 27.17 | <b>27.66</b> |
| 56.   | Emile Dost              | ZC Borger        | 200100731 | 27.69 | <b>27.70</b> |
| 57.   | Wybren Heida            | ZC Borger        | 199404999 | 25.97 | <b>27.81</b> |
| 58.   | Maik Huser              | ZPC Hoogeveen    | 199900265 | 26.95 | <b>27.90</b> |
| 59.   | Lennard Dussel          | DZ&PC            | 200100911 | 27.09 | <b>27.95</b> |
| 60.   | Jeroen Louwinger        | Nova             | 199900583 | 27.14 | <b>27.98</b> |
| 61.   | Noah Vincent Stavorinus | ZPD              | 200000359 | 28.11 | <b>28.08</b> |
| 62.   | Hendrik Jilderda        | Wetterwille      | 200100673 | 28.50 | <b>28.12</b> |
| 63.   | Auke Jan Ytsma          | Orca             | 199900905 | 27.62 | <b>28.13</b> |
| 64.   | Frank Scheltens         | Moby Dick        | 199903935 | 26.61 | <b>28.19</b> |
| 65.   | Rutger Horsthuis        | De Granaet       | 200100419 | 28.34 | <b>28.21</b> |
| 66.   | Bas Kost                | ZPC Hoogeveen    | 200000419 | 27.90 | <b>28.40</b> |
| 67.   | Wouter van Asperen      | De Spatters      | 200000125 | 27.56 | <b>28.51</b> |
| 68.   | Hugo Jan Bosscher       | Orca             | 200000185 | 28.41 | <b>28.57</b> |
| 69.   | Jelmar Koopman          | De Forel         | 200100249 | 27.78 | <b>28.65</b> |
| 70.   | Jelmer Meijer           | HZ&PC Heerenveen | 199900177 | 27.92 | <b>28.70</b> |
| 71.   | Jarno Franken           | GZVV             | 200103145 | 29.31 | <b>28.79</b> |
| 72.   | Coen de Lang            | ZPC Hoogeveen    | 200100067 | 28.51 | <b>28.89</b> |
| 73.   | Remco Dijkstra          | HZ&PC Heerenveen | 200100789 | 28.30 | <b>28.95</b> |
| 74.   | Harmen van der Ploeg    | Eemsrobber       | 200203695 | 29.99 | <b>28.98</b> |
|   | Maurice Pater           | TriVia           | 200200909 | 27.32 | <b>28.98</b> |
| 76.   | Marc de Jonge           | Aqua 68          | 200101917 | 29.11 | <b>29.25</b> |
| 77.   | Frank Schenkel          | De Plons         | 200003765 | 28.49 | <b>29.39</b> |
| 78.   | Pascal Kok              | Avena            | 200203359 | 30.07 | <b>29.49</b> |
| 79.   | Tycho Atanasov          | ZC Borger        | 200201133 | 29.04 | <b>29.59</b> |
| 80.   | Jan Berend Sipma        | De Granaet       | 200201443 | 30.14 | <b>29.93</b> |
| 81.   | Dushan de Bruijn        | De Forel         | 200201273 | 29.26 | <b>30.11</b> |
| 82.   | Makai van Haren         | De Forel         | 200200627 | 30.63 | <b>30.20</b> |
| 83.   | Raoul Witten            | ZPC Hoogeveen    | 200200231 | 30.45 | <b>31.21</b> |
| DIS   | Ramon Fredrik           | Orca             | 199403933 | 24.02 |              |
| <i>AA - Gestart voor startsignaal bij de 1e (1-startregel) of 2e start.</i> |                         |                  |           |       |              |
| AFGEM   | Derk-Jan Knol           | ZPC Hoogeveen    | 199504297 | 25.18 |              |
| AFGEM   | Marc Hoogeveen          | Aqua 68          | 200101585 | 27.37 |              |
| AFGEM   | Rowan Keen              | ZC Borger        | 199500727 | 25.54 |              |
| NG  | Wouter de Lang          | ZPC Hoogeveen    | 199801147 | 26.72 |              |
| NG  | Thom Drenth             | Eemsrobber       | 199903823 | 27.53 |              |
| NG  | Edwin van Delft         | De Forel         | 199901609 | 26.19 |              |
| NG  | Joost van den Berg      | ZC Borger        | 199405289 | 26.42 |              |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 24 Dames, 4 x 200m vrije slag Junioren 1 en ouder  
17-5-2015 Resultaten

| Rang                       |                       |                  |         |         | In.tijd  | Tijd            | RT      |
|----------------------------|-----------------------|------------------|---------|---------|----------|-----------------|---------|
| <b>Junioren 3 en later</b> |                       |                  |         |         |          |                 |         |
| 1.                         | Orca 3                | Orca             |         |         | 9:42.32  | <b>9:38.71</b>  | +0,80   |
|                            | Lize Janna de Vries   | +0,80            | 1:07.45 | 2:20.04 |          | +0,31 1:10.58   | 2:26.00 |
|                            | Joyce Kuipers         | +0,29            | 1:09.30 | 2:25.75 |          | +0,69 1:10.78   | 2:26.92 |
| 2.                         | Nova 1                | Nova             |         |         | 9:44.41  | <b>9:45.79</b>  | +0,94   |
|                            | Yara van Kalmthout    | +0,94            | 1:11.42 | 2:27.41 |          | +0,42 1:10.52   | 2:26.55 |
|                            | Jolien Wind           | +0,57            | 1:09.75 | 2:28.14 |          | +0,61 1:08.33   | 2:23.69 |
| 3.                         | HZ&PC Heerenveen 2    | HZ&PC Heerenveen |         |         | 9:33.17  | <b>9:53.72</b>  | +0,82   |
|                            | Leonie van Wier       | +0,82            | 1:12.82 | 2:30.14 |          | +0,51 1:13.68   | 2:30.79 |
|                            | Lianne van Wier       | +0,39            | 1:13.80 | 2:31.39 |          | +0,35 1:07.36   | 2:21.40 |
| 4.                         | TriVia 2              | TriVia           |         |         | 9:28.51  | <b>9:58.79</b>  | +0,73   |
|                            | Marieke Wildeboer     | +0,73            | 1:09.67 | 2:29.08 |          | +0,45 1:11.10   | 2:29.71 |
|                            | Inge Dekker           | +0,36            | 1:12.82 | 2:30.94 |          | +0,63 1:11.19   | 2:29.06 |
| 5.                         | ZC De Forel Wolvega 1 | De Forel         |         |         | 10:01.41 | <b>10:11.66</b> | +0,70   |
|                            | Brit Brandsma         | +0,70            | 1:10.14 | 2:27.47 |          | +0,69 1:10.84   | 2:29.80 |
|                            | Lynn Fledderus        | +0,49            | 1:13.00 | 2:34.02 |          | +0,44 1:17.00   | 2:40.37 |
| 6.                         | ZC Borger 3           | ZC Borger        |         |         | 10:47.78 | <b>10:21.76</b> | +0,80   |
|                            | Britt Gerdes          | +0,80            | 1:16.51 | 2:35.57 |          | +0,48 1:14.57   | 2:30.34 |
|                            | Benthe Knol           | +0,34            | 1:14.03 | 2:32.40 |          | +0,75 1:18.52   | 2:43.45 |
| 7.                         | TriVia 3              | TriVia           |         |         | 10:33.03 | <b>10:57.22</b> |         |
|                            | Chantal Tiesinga      |                  | 1:18.22 | 2:40.95 |          | +0,54 1:18.75   | 2:44.34 |
|                            | Willianne Vos         | +0,50            | 1:19.27 | 2:46.32 |          | +0,39 1:19.05   | 2:45.61 |
| 8.                         | ZC Borger 2           | ZC Borger        |         |         | 9:55.56  | <b>11:18.04</b> | +0,88   |
|                            | Ilse Wals             | +0,88            | 1:21.97 | 2:46.01 |          | +0,54 1:22.45   | 2:54.75 |
|                            | Leonie Rockers        | +0,38            | 1:18.30 | 2:45.13 |          | +0,56 1:22.25   | 2:52.15 |
| <b>Senioren Open</b>       |                       |                  |         |         |          |                 |         |
| 1.                         | Orca 1                | Orca             |         |         | 8:37.49  | <b>8:42.57</b>  | +0,87   |
|                            | Danieke van der Kooi  | +0,87            | 1:06.24 | 2:16.11 |          | +0,43 1:01.89   | 2:09.81 |
|                            | Josien Wijkhuijs      | +0,48            | 1:01.72 | 2:08.44 |          | +0,38 1:01.86   | 2:08.21 |
| 2.                         | TriVia 1              | TriVia           |         |         | 8:51.54  | <b>9:16.73</b>  | +0,96   |
|                            | Hilde Dekker          | +0,96            | 1:05.89 | 2:17.64 |          | +0,31 1:07.19   | 2:20.60 |
|                            | Cynthia van Beusekom  | +0,20            | 1:06.39 | 2:18.36 |          | +0,32 1:06.37   | 2:20.13 |
| 3.                         | Orca 2                | Orca             |         |         | 9:30.30  | <b>9:30.55</b>  | +0,75   |
|                            | Annemiek Meulenbeld   | +0,75            | 1:06.06 | 2:19.87 |          | +0,50 1:09.59   | 2:23.82 |
|                            | Esther Pot            | +0,56            | 1:09.28 | 2:28.07 |          | +0,63 1:06.17   | 2:18.79 |
| 4.                         | De Spatters 1         | De Spatters      |         |         | 8:59.05  | <b>9:49.32</b>  | +0,79   |
|                            | Caroline Damen        | +0,79            | 1:10.52 | 2:26.16 |          | +0,50 1:12.53   | 2:35.82 |
|                            | Kathelijne Tijms      | +0,36            | 1:07.79 | 2:24.79 |          | +0,16 1:07.31   | 2:22.55 |
| 5.                         | ZC Borger 1           | ZC Borger        |         |         | 10:20.38 | <b>10:38.36</b> | +0,81   |
|                            | Frederique Epping     | +0,81            | 1:17.04 | 2:39.01 |          | +0,39 1:12.85   | 2:32.05 |
|                            | Claudia Dost          | +0,77            | 1:15.64 | 2:39.73 |          | +0,77 1:18.88   | 2:47.57 |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

5 - zondag 17 mei 2015

17-5-2015 - 15:00

Programmanr. 25 Heren, 100m vlinderslag Junioren 1 en ouder  
17-5-2015 Resultaten

| Rang                |                         |                  | In.tijd   | Tijd    | RT             |       |
|---------------------|-------------------------|------------------|-----------|---------|----------------|-------|
| <b>Junioren 1</b>   |                         |                  |           |         |                |       |
| 1.                  | Maurice Pater           | TriVia           | 200200909 | 1:04.69 | <b>1:12.63</b> | +0,81 |
| 2.                  | Makai van Haren         | De Forel         | 200200627 | 1:15.46 | <b>1:16.74</b> | +0,78 |
| <b>Junioren 2</b>   |                         |                  |           |         |                |       |
| 1.                  | Jelmar Koopman          | De Forel         | 200100249 | 1:06.91 | <b>1:07.20</b> | +0,80 |
| 2.                  | Marcel Delfstra         | Orca             | 200100037 | 1:09.87 | <b>1:10.65</b> | +0,70 |
| 3.                  | Klaas Pit               | De Forel         | 200104519 | 1:08.26 | <b>1:13.09</b> | +0,82 |
| 4.                  | Emile Dost              | ZC Borger        | 200100731 | 1:13.58 | <b>1:14.05</b> | +0,82 |
| 5.                  | Coen de Lang            | ZPC Hoogeveen    | 200100067 | 1:12.03 | <b>1:14.11</b> | +0,79 |
| <b>Junioren 3</b>   |                         |                  |           |         |                |       |
| 1.                  | Jelle Betten            | DZ&PC            | 200001535 | 1:01.86 | <b>1:00.87</b> | +0,76 |
| 2.                  | Junior de Bruin         | ZPC Hoogeveen    | 200000839 | 1:01.68 | <b>1:02.14</b> | +0,78 |
| 3.                  | Getjo Gachatrjan        | Wetterwille      | 200005445 | 1:03.02 | <b>1:03.56</b> | +0,64 |
| 4.                  | David Kuipers           | Orca             | 200003633 | 1:05.27 | <b>1:05.40</b> | +0,75 |
| 5.                  | Axel Hanning            | Nova             | 200000703 | 1:03.33 | <b>1:06.27</b> | +0,86 |
| <b>Junioren 4</b>   |                         |                  |           |         |                |       |
| 1.                  | Luuk Veldman            | Orca             | 199900981 | 1:04.29 | <b>1:00.18</b> | +0,73 |
| 2.                  | Daan Zwertbroek         | HZ&PC Heerenveen | 199900463 | 1:00.35 | <b>1:01.72</b> | +0,73 |
| 3.                  | Matthijs van Meerendonk | Aqua 68          | 199900375 | 1:03.77 | <b>1:04.22</b> | +0,88 |
| 4.                  | Jeroen Louwinger        | Nova             | 199900583 | 1:07.56 | <b>1:09.62</b> | +0,72 |
| 5.                  | Auke Jan Ytsma          | Orca             | 199900905 | 1:07.92 | <b>1:11.38</b> | +0,62 |
| AFGEM               | Jacob de Roos           | DZ&PC            | 199900553 | 1:00.48 |                |       |
| NG                  | Edwin van Delft         | De Forel         | 199901609 | 1:05.12 |                |       |
| <b>Jeugd 1 en 2</b> |                         |                  |           |         |                |       |
| 1.                  | Gauke Eilander          | ZPC Hoogeveen    | 199800603 | 55.60   | <b>58.28</b>   | +0,71 |
| 2.                  | Thomas Kappe            | ZPC Hoogeveen    | 199805141 | 1:00.38 | <b>1:01.77</b> | +0,75 |
| 3.                  | Denny Olde Agterhuis    | HZ&PC Heerenveen | 199801253 | 1:01.87 | <b>1:02.08</b> | +0,82 |
| 4.                  | Marcel Groen            | Nova             | 199700239 | 59.88   | <b>1:02.29</b> | +0,79 |
| 5.                  | Vincent Visser          | HZ&PC Heerenveen | 199700395 | 1:01.06 | <b>1:02.67</b> | +0,70 |
| 6.                  | Jorie Seubers           | ZPC Hoogeveen    | 199804371 | 1:00.20 | <b>1:04.73</b> | +0,81 |
| 7.                  | Gerko Wilkens           | ZPC Stadskanaal  | 199800261 | 1:02.88 | <b>1:04.81</b> | +0,87 |
| 8.                  | Tijmen Linthorst        | HZ&PC Heerenveen | 199801165 | 1:03.30 | <b>1:05.33</b> | +0,81 |
| 9.                  | Bart Weiland            | Orca             | 199700777 | 1:04.47 | <b>1:06.63</b> | +0,74 |
| 10.                 | Darryl Lubbinge         | ZPC Hoogeveen    | 199701045 | 1:06.58 | <b>1:07.64</b> | +0,74 |
| 11.                 | Karel Lubberts          | HZ&PC Heerenveen | 199805419 | 1:07.51 | <b>1:11.14</b> | +0,79 |
| NG                  | Wouter de Lang          | ZPC Hoogeveen    | 199801147 | 1:04.39 |                |       |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 25, Heren, 100m vlinderslag

Senioren 1 en ouder

|       |                    |               |           |         |                |       |
|-------|--------------------|---------------|-----------|---------|----------------|-------|
| 1.    | Mike Marissen      | DZ&PC         | 199202187 | 53.43   | <b>55.53</b>   | +0,78 |
| 2.    | Roy Smeenge        | TriVia        | 199305557 | 57.33   | <b>56.94</b>   | +0,81 |
| 3.    | Jeroen Lorius      | ZPC Hoogeveen | 199500523 | 56.17   | <b>57.79</b>   | +0,75 |
| 4.    | Ramon Fredrik      | Orca          | 199403933 | 56.88   | <b>59.60</b>   | +0,78 |
| 5.    | Brendon Scheepers  | DZ&PC         | 199205765 | 56.30   | <b>1:00.07</b> | +0,72 |
| 6.    | Dennis Cramer      | TriVia        | 199200199 | 58.85   | <b>1:00.33</b> | +0,75 |
| 7.    | Ardi Knol          | ZPC Hoogeveen | 199603447 | 59.67   | <b>1:02.44</b> | +0,82 |
| 8.    | Niels Koster       | ZPC Hoogeveen | 198701851 | 1:00.95 | <b>1:03.43</b> | +0,81 |
| 9.    | Eko Doedel         | Eemsrobber    | 199600543 | 1:03.58 | <b>1:04.32</b> | +0,79 |
| 10.   | Koen Rooseboom     | De Spatters   | 199502703 | 1:03.51 | <b>1:04.75</b> | +0,76 |
| 11.   | Richard Hovenkamp  | De Spatters   | 199400497 | 1:02.43 | <b>1:05.20</b> | +0,76 |
| 12.   | Sietse Wijbenga    | ZPD           | 199301967 | 1:02.96 | <b>1:05.79</b> | +0,76 |
| 13.   | Niels van Eck      | ZPC Hoogeveen | 198900793 | 1:00.96 | <b>1:06.99</b> | +0,66 |
| 14.   | Derk Jan Speelman  | De Spatters   | 199602425 | 1:02.34 | <b>1:07.95</b> | +0,70 |
| 15.   | Wybren Heida       | ZC Borger     | 199404999 | 1:03.42 | <b>1:11.12</b> | +0,71 |
| AFGEM | Derk-Jan Knol      | ZPC Hoogeveen | 199504297 | 1:03.95 |                |       |
| AFGEM | Rowan Keen         | ZC Borger     | 199500727 | 1:01.14 |                |       |
| NG    | Joost van den Berg | ZC Borger     | 199405289 | 1:02.56 |                |       |

Algemeen klassement

|     |                         |                  |           |         |                |       |
|-----|-------------------------|------------------|-----------|---------|----------------|-------|
| 1.  | Mike Marissen           | DZ&PC            | 199202187 | 53.43   | <b>55.53</b>   | +0,78 |
| 2.  | Roy Smeenge             | TriVia           | 199305557 | 57.33   | <b>56.94</b>   | +0,81 |
| 3.  | Jeroen Lorius           | ZPC Hoogeveen    | 199500523 | 56.17   | <b>57.79</b>   | +0,75 |
| 4.  | Gauke Eilander          | ZPC Hoogeveen    | 199800603 | 55.60   | <b>58.28</b>   | +0,71 |
| 5.  | Ramon Fredrik           | Orca             | 199403933 | 56.88   | <b>59.60</b>   | +0,78 |
| 6.  | Brendon Scheepers       | DZ&PC            | 199205765 | 56.30   | <b>1:00.07</b> | +0,72 |
| 7.  | Luuk Veldman            | Orca             | 199900981 | 1:04.29 | <b>1:00.18</b> | +0,73 |
| 8.  | Dennis Cramer           | TriVia           | 199200199 | 58.85   | <b>1:00.33</b> | +0,75 |
| 9.  | Jelle Betten            | DZ&PC            | 200001535 | 1:01.86 | <b>1:00.87</b> | +0,76 |
| 10. | Daan Zwertbroek         | HZ&PC Heerenveen | 199900463 | 1:00.35 | <b>1:01.72</b> | +0,73 |
| 11. | Thomas Kappe            | ZPC Hoogeveen    | 199805141 | 1:00.38 | <b>1:01.77</b> | +0,75 |
| 12. | Denny Olde Agterhuis    | HZ&PC Heerenveen | 199801253 | 1:01.87 | <b>1:02.08</b> | +0,82 |
| 13. | Junior de Bruin         | ZPC Hoogeveen    | 200000839 | 1:01.68 | <b>1:02.14</b> | +0,78 |
| 14. | Marcel Groen            | Nova             | 199700239 | 59.88   | <b>1:02.29</b> | +0,79 |
| 15. | Ardi Knol               | ZPC Hoogeveen    | 199603447 | 59.67   | <b>1:02.44</b> | +0,82 |
| 16. | Vincent Visser          | HZ&PC Heerenveen | 199700395 | 1:01.06 | <b>1:02.67</b> | +0,70 |
| 17. | Niels Koster            | ZPC Hoogeveen    | 198701851 | 1:00.95 | <b>1:03.43</b> | +0,81 |
| 18. | Getjo Gachatrjan        | Wetterwille      | 200005445 | 1:03.02 | <b>1:03.56</b> | +0,64 |
| 19. | Matthijs van Meerendonk | Aqua 68          | 199900375 | 1:03.77 | <b>1:04.22</b> | +0,88 |
| 20. | Eko Doedel              | Eemsrobber       | 199600543 | 1:03.58 | <b>1:04.32</b> | +0,79 |
| 21. | Jorie Seubers           | ZPC Hoogeveen    | 199804371 | 1:00.20 | <b>1:04.73</b> | +0,81 |
| 22. | Koen Rooseboom          | De Spatters      | 199502703 | 1:03.51 | <b>1:04.75</b> | +0,76 |
| 23. | Gerko Wilkens           | ZPC Stadskanaal  | 199800261 | 1:02.88 | <b>1:04.81</b> | +0,87 |
| 24. | Richard Hovenkamp       | De Spatters      | 199400497 | 1:02.43 | <b>1:05.20</b> | +0,76 |
| 25. | Tijmen Linthorst        | HZ&PC Heerenveen | 199801165 | 1:03.30 | <b>1:05.33</b> | +0,81 |
| 26. | David Kuipers           | Orca             | 200003633 | 1:05.27 | <b>1:05.40</b> | +0,75 |
| 27. | Sietse Wijbenga         | ZPD              | 199301967 | 1:02.96 | <b>1:05.79</b> | +0,76 |
| 28. | Axel Hanning            | Nova             | 200000703 | 1:03.33 | <b>1:06.27</b> | +0,86 |



Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 25, Heren, 100m vlinderslag, Algemeen klassement

| Rang  |                    |                  | In.tijd   | Tijd    | RT             |       |
|-------|--------------------|------------------|-----------|---------|----------------|-------|
| 29.   | Bart Weiland       | Orca             | 199700777 | 1:04.47 | <b>1:06.63</b> | +0,74 |
| 30.   | Niels van Eck      | ZPC Hoogeveen    | 198900793 | 1:00.96 | <b>1:06.99</b> | +0,66 |
| 31.   | Jelmar Koopman     | De Forel         | 200100249 | 1:06.91 | <b>1:07.20</b> | +0,80 |
| 32.   | Darryl Lubbinge    | ZPC Hoogeveen    | 199701045 | 1:06.58 | <b>1:07.64</b> | +0,74 |
| 33.   | Derk Jan Speelman  | De Spatters      | 199602425 | 1:02.34 | <b>1:07.95</b> | +0,70 |
| 34.   | Jeroen Louwinger   | Nova             | 199900583 | 1:07.56 | <b>1:09.62</b> | +0,72 |
| 35.   | Marcel Delfstra    | Orca             | 200100037 | 1:09.87 | <b>1:10.65</b> | +0,70 |
| 36.   | Wybren Heida       | ZC Borger        | 199404999 | 1:03.42 | <b>1:11.12</b> | +0,71 |
| 37.   | Karel Lubberts     | HZ&PC Heerenveen | 199805419 | 1:07.51 | <b>1:11.14</b> | +0,79 |
| 38.   | Auke Jan Ytsma     | Orca             | 199900905 | 1:07.92 | <b>1:11.38</b> | +0,62 |
| 39.   | Maurice Pater      | TriVia           | 200200909 | 1:04.69 | <b>1:12.63</b> | +0,81 |
| 40.   | Klaas Pit          | De Forel         | 200104519 | 1:08.26 | <b>1:13.09</b> | +0,82 |
| 41.   | Emile Dost         | ZC Borger        | 200100731 | 1:13.58 | <b>1:14.05</b> | +0,82 |
| 42.   | Coen de Lang       | ZPC Hoogeveen    | 200100067 | 1:12.03 | <b>1:14.11</b> | +0,79 |
| 43.   | Makai van Haren    | De Forel         | 200200627 | 1:15.46 | <b>1:16.74</b> | +0,78 |
| AFGEM | Derk-Jan Knol      | ZPC Hoogeveen    | 199504297 | 1:03.95 |                |       |
| AFGEM | Jacob de Roos      | DZ&PC            | 199900553 | 1:00.48 |                |       |
| AFGEM | Rowan Keen         | ZC Borger        | 199500727 | 1:01.14 |                |       |
| NG    | Wouter de Lang     | ZPC Hoogeveen    | 199801147 | 1:04.39 |                |       |
| NG    | Edwin van Delft    | De Forel         | 199901609 | 1:05.12 |                |       |
| NG    | Joost van den Berg | ZC Borger        | 199405289 | 1:02.56 |                |       |

Programmanr. 26  
17-5-2015

Dames, 100m vrije slag

Junioren 1 en ouder  
Resultaten

| Rang       |                      |                |           | In.tijd | Tijd           | RT    |
|------------|----------------------|----------------|-----------|---------|----------------|-------|
| Junioren 1 |                      |                |           |         |                |       |
| 1.         | Suze Kuipers         | Orca           | 200301714 | 1:09.54 | <b>1:09.27</b> | +0,90 |
| 2.         | Silke Huisman        | De Vikings     | 200301182 | 1:07.78 | <b>1:09.47</b> | +0,76 |
| 3.         | Laura van der Velde  | F.Z.C.'54      | 200300630 | 1:09.52 | <b>1:11.14</b> | +0,69 |
| 4.         | Chantal van Willegen | De Forel       | 200302422 | 1:08.81 | <b>1:11.42</b> | +0,74 |
| 5.         | Brenda Beijering     | ZC Borger      | 200300352 | 1:09.45 | <b>1:11.66</b> | +0,87 |
| 6.         | Emma Sies            | TriVia         | 200300732 | 1:12.65 | <b>1:11.99</b> | +0,80 |
| 7.         | Mirthe Schenkel      | ZPC Hoogeveen  | 200300666 | 1:10.96 | <b>1:12.01</b> | +0,76 |
|            | Dyan Rothschild      | ZC Borger      | 200300998 | 1:11.20 | <b>1:12.01</b> | +0,76 |
| 9.         | Marinda Top          | Zeno           | 200300460 | 1:13.54 | <b>1:12.39</b> | +0,78 |
| 10.        | Alessia Sluis        | MZ&PC De Reest | 200300896 | 1:12.31 | <b>1:12.68</b> | +0,78 |
| 11.        | Marijne van der Veen | Orca           | 200300960 | 1:13.72 | <b>1:13.37</b> | +0,90 |
| 12.        | Leonie Rockers       | ZC Borger      | 200300256 | 1:14.22 | <b>1:13.62</b> | +0,67 |
| 13.        | Ilse Hoogeveen       | Aqua 68        | 200301140 | 1:11.31 | <b>1:13.72</b> | +0,80 |
| 14.        | Frederique Epping    | ZC Borger      | 200301344 | 1:11.94 | <b>1:13.74</b> | +0,87 |
| 15.        | Anna Tinga           | De Forel       | 200302734 | 1:14.11 | <b>1:13.77</b> | +0,46 |
| 16.        | Chantal Tiesinga     | TriVia         | 200302452 | 1:14.16 | <b>1:13.85</b> | +0,85 |
| 17.        | Willianne Vos        | TriVia         | 200300050 | 1:12.12 | <b>1:14.64</b> | +0,74 |
| 18.        | Sigrid Hoogland      | De Forel       | 200301976 | 1:14.16 | <b>1:14.84</b> | +0,84 |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 26, Dames, 100m vrije slag

Junioren 2

|     |                    |                     |           |         |                |       |
|-----|--------------------|---------------------|-----------|---------|----------------|-------|
| 1.  | Dionne Salomons    | ZC Borger           | 200200504 | 1:02.99 | <b>1:04.47</b> | +0,71 |
| 2.  | Tessa Kooi         | Nova                | 200201386 | 1:02.76 | <b>1:04.53</b> | +0,93 |
| 3.  | Lianne van Wier    | HZ&PC Heerenveen    | 200200438 | 1:02.97 | <b>1:05.37</b> | +0,81 |
| 4.  | Nynke Zandstra     | Wetterwille         | 200202044 | 1:05.79 | <b>1:05.51</b> | +0,82 |
| 5.  | Leonie van Wier    | HZ&PC Heerenveen    | 200200436 | 1:04.26 | <b>1:07.04</b> | +0,75 |
| 6.  | Mariëlle Dolfijn   | TriVia              | 200201640 | 1:05.67 | <b>1:07.23</b> | +0,85 |
| 7.  | Yara van Kalmthout | Nova                | 200200984 | 1:05.63 | <b>1:07.57</b> |       |
|     | Isabeau Essing     | TriVia              | 200201284 | 1:04.15 | <b>1:07.57</b> | +0,80 |
| 9.  | Zana Udo           | De Forel            | 200202686 | 1:07.18 | <b>1:07.75</b> |       |
| 10. | Amber Koning       | Appingedam          | 200202842 | 1:06.57 | <b>1:08.31</b> | +0,89 |
| 11. | Rosa Ebbinge       | DZ&PC               | 200200904 | 1:11.60 | <b>1:08.34</b> | +0,76 |
| 12. | Britt Gerdes       | ZC Borger           | 200201636 | 1:07.13 | <b>1:08.61</b> | +0,82 |
| 13. | Sanne Abma         | HZ&PC Heerenveen    | 200200590 | 1:07.69 | <b>1:09.66</b> | +0,70 |
| 14. | Inge Dekker        | TriVia              | 200200476 | 1:07.19 | <b>1:09.75</b> | +0,72 |
| 15. | Ylsa Dijkstra      | SG. Bolsward-Workum | 200200728 | 1:09.01 | <b>1:10.05</b> | +0,83 |
| 16. | Elin Manning       | Nova                | 200200982 | 1:09.41 | <b>1:10.50</b> | +0,79 |
| 17. | Luna van den Ende  | De Vikings          | 200201518 | 1:11.54 | <b>1:10.89</b> | +0,51 |
| 18. | Ilona Venema       | Aqua 68             | 200200050 | 1:10.49 | <b>1:11.73</b> | +0,75 |
| 19. | Masha Polushkina   | TriVia              | 200203064 | 1:09.75 | <b>1:12.00</b> | +0,90 |
| 20. | Olena Dijkstra     | TriVia              | 200202624 | 1:11.30 | <b>1:12.31</b> | +0,82 |
| 21. | Laura Noord        | De Wellerobben      | 200202568 | 1:11.47 | <b>1:12.68</b> | +0,81 |
| 22. | Sigrid Pafforaad   | Avena               | 200201130 | 1:08.24 | <b>1:13.05</b> | +0,76 |
| 23. | Esmee Greydanus    | De Spatters         | 200200544 | 1:11.28 | <b>1:16.22</b> | +0,85 |

\*

Junioren 3

|     |                     |                     |           |         |                |       |
|-----|---------------------|---------------------|-----------|---------|----------------|-------|
| 1.  | Eva Willebrands     | Orca                | 200101510 | 1:01.72 | <b>1:02.58</b> | +0,82 |
| 2.  | Eline van der Wal   | HZ&PC Heerenveen    | 200100930 | 1:02.41 | <b>1:03.43</b> | +0,73 |
| 3.  | Marjolein Venema    | Nova                | 200101506 | 1:03.21 | <b>1:04.31</b> | +0,83 |
| 4.  | Marieke de Jong     | Avena               | 200101074 | 1:04.43 | <b>1:04.90</b> | +0,75 |
| 5.  | Janneke Weiland     | Orca                | 200100128 | 1:05.13 | <b>1:05.23</b> | +0,77 |
| 6.  | Kyra Wooldrik       | ZPC Hoogeveen       | 200101042 | 1:04.12 | <b>1:05.33</b> | +0,80 |
| 7.  | Paulien Wesseling   | ZPC Hoogeveen       | 200102038 | 1:03.44 | <b>1:05.49</b> | +0,61 |
| 8.  | Brit Brandsma       | De Forel            | 200100026 | 1:02.59 | <b>1:05.64</b> | +0,64 |
| 9.  | Joyce Kuipers       | Orca                | 200103426 | 1:06.08 | <b>1:06.12</b> | +0,91 |
| 10. | Fleur Vialle        | Nova                | 200100554 | 1:05.34 | <b>1:06.15</b> | +0,83 |
| 11. | Marieke Wildeboer   | TriVia              | 200100016 | 1:04.27 | <b>1:06.68</b> | +0,77 |
| 12. | Femke Wiersma       | HZ&PC Heerenveen    | 200103078 | 1:03.45 | <b>1:06.77</b> | +0,84 |
| 13. | Jasmijn Steenbergen | ZPC Hoogeveen       | 200102098 | 1:06.67 | <b>1:07.28</b> | +0,75 |
| 14. | Marije Sweering     | Neptunia '24        | 200101228 | 1:06.85 | <b>1:07.79</b> | +0,71 |
| 15. | Lynn Fledderus      | De Forel            | 200101896 | 1:09.29 | <b>1:08.08</b> | +0,79 |
| 16. | Jolien Wind         | Nova                | 200100510 | 1:05.04 | <b>1:08.83</b> | +0,87 |
| 17. | Elka Siesling       | SG. Bolsward-Workum | 200100566 | 1:09.54 | <b>1:08.86</b> | +0,85 |
| 18. | Benthe Knol         | ZC Borger           | 200101574 | 1:07.05 | <b>1:09.55</b> | +0,60 |
| 19. | Desanka Stoppels    | Eemsrobbe           | 200101362 | 1:08.14 | <b>1:09.59</b> | +0,81 |
| 20. | Yvanka Visser       | HZ&PC Heerenveen    | 200102698 | 1:09.03 | <b>1:09.87</b> | +0,78 |
| 21. | Anne-fleur Jonker   | Aqua 68             | 200101348 | 1:08.59 | <b>1:11.36</b> | +0,93 |
| 22. | Ingrid de Vries     | De Granaet          | 200100500 | 1:08.59 | <b>1:11.73</b> | +0,87 |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 26, Dames, 100m vrije slag

Jeugd 1 en 2

|       |                       |                     |           |     |         |                |       |
|-------|-----------------------|---------------------|-----------|-----|---------|----------------|-------|
| 1.    | Josien Wijkhuijs      | Orca                | 199902866 |     | 57.61   | <b>58.35</b>   | +0,68 |
| 2.    | Myrna van Duijven     | DZ&PC               | 199900252 |     | 58.65   | <b>59.29</b>   | +0,76 |
| 3.    | Alinda Dingshoff      | ZPC Hoozeveen       | 200000928 |     | 1:00.04 | <b>1:01.08</b> | +0,73 |
| 4.    | Manon Manning         | Nova                | 199904118 |     | 59.36   | <b>1:01.32</b> | +0,74 |
| 5.    | Arianne Kooijinga     | TriVia              | 200001544 |     | 59.57   | <b>1:01.76</b> | +0,74 |
| 6.    | Hinke Groos           | DZ&PC               | 199901768 |     | 59.65   | <b>1:01.96</b> | +0,77 |
| 7.    | Danieke van der Kooi  | Orca                | 200000552 |     | 1:02.91 | <b>1:02.81</b> | +0,90 |
| 8.    | Frouke Beeksma        | TriVia              | 200000346 |     | 59.56   | <b>1:03.56</b> | +0,68 |
| 9.    | Anne Fleur Willemsen  | Appingedam          | 199901396 |     | 1:00.75 | <b>1:03.57</b> | +0,80 |
| 10.   | Annemarie Hoving      | TriVia              | 200000248 |     | 1:05.12 | <b>1:03.59</b> | +0,85 |
| 11.   | Simone Krans          | ZPC Hoozeveen       | 199900756 |     | 1:00.27 | <b>1:03.65</b> | +0,77 |
| 12.   | Tiffany Leerdam       | De Forel            | 200006200 |     | 1:03.52 | <b>1:03.68</b> | +0,83 |
| 13.   | Hilde Dekker          | TriVia              | 199901926 |     | 1:00.75 | <b>1:03.85</b> | +0,86 |
| 14.   | Jill Blide            | ZPC Hoozeveen       | 200004734 |     | 1:02.81 | <b>1:04.12</b> | +0,73 |
| 15.   | Renée Vanderheyden    | TriVia              | 199903130 |     | 1:00.42 | <b>1:04.14</b> | +0,74 |
| 16.   | Myrthe Offenga        | De Vikings          | 199901874 |     | 1:03.82 | <b>1:05.09</b> | +0,81 |
| 17.   | Anique Coelingh       | ZPC Hoozeveen       | 200000638 |     | 1:03.70 | <b>1:05.15</b> | +0,83 |
| 18.   | Chaira Brinks         | Nova                | 200005556 |     | 1:00.82 | <b>1:05.34</b> | +0,83 |
| 19.   | Esther Pot            | Orca                | 199903462 |     | 1:06.50 | <b>1:06.43</b> | +0,76 |
| 20.   | Nynke Dijkhuis        | Appingedam          | 199903362 |     | 1:04.74 | <b>1:06.65</b> | +0,76 |
| 21.   | Helene Koning         | SG. Bolsward-Workum | 200000422 |     | 1:04.81 | <b>1:06.83</b> | +0,80 |
| 22.   | Anouschka Steenbergen | ZPC Hoozeveen       | 200000280 |     | 1:04.70 | <b>1:07.41</b> | +0,81 |
| 23.   | Cynthia Koerhuis      | De Spatters         | 199900088 |     | 1:05.92 | <b>1:08.03</b> | +0,86 |
| 24.   | Henriette Jonkman     | DZ&PC               | 200000840 |     | 1:05.68 | <b>1:08.11</b> | +0,96 |
| 25.   | Daphne Rockers        | ZC Borger           | 200001376 |     | 1:03.22 | <b>1:08.30</b> | +0,80 |
| 26.   | Marloes Potze         | GZVV                | 200002332 |     | 1:06.70 | <b>1:08.38</b> | +0,74 |
|       | Anna Harbers          | HZ&PC Heerenveen    | 200001250 |     | 1:05.94 | <b>1:08.38</b> | +0,80 |
| 28.   | Claudia Dost          | ZC Borger           | 199900858 |     | 1:06.95 | <b>1:08.71</b> | +0,86 |
| 29.   | Romy Jalving          | HZ&PC Heerenveen    | 200000616 |     | 1:06.12 | <b>1:08.90</b> | +0,72 |
| 30.   | Nora Veenstra         | SG. Bolsward-Workum | 199901446 |     | 1:07.60 | <b>1:10.69</b> | +0,83 |
| 31.   | Liesette Bruinsma     | HZ&PC Heerenveen    | 200004346 | S12 | 1:10.70 | <b>1:11.38</b> | +0,72 |
| 32.   | Sanne Hoving          | HZ&PC Heerenveen    | 200003332 | S9  | 1:17.02 | <b>1:18.55</b> | +0,94 |
| AFGEM | Liza Heldoorn         | Aqualero            | 200000270 |     | 1:05.07 |                |       |
| NG    | Floor Gerritsma       | TriVia              | 200002464 |     | 1:02.89 |                |       |

Senioren 1 en ouder

|     |                      |                  |           |  |         |                |       |
|-----|----------------------|------------------|-----------|--|---------|----------------|-------|
| 1.  | Lisanne Hassing      | HZ&PC Heerenveen | 199702584 |  | 58.82   | <b>59.80</b>   | +0,82 |
| 2.  | Renate Hemmes        | TriVia           | 199600418 |  | 1:01.03 | <b>1:00.95</b> | +0,76 |
| 3.  | Saranda Hofstra      | ZC Borger        | 199700526 |  | 58.93   | <b>1:01.22</b> | +0,74 |
| 4.  | Cynthia van Beusekom | TriVia           | 199500134 |  | 1:00.19 | <b>1:02.05</b> | +0,74 |
| 5.  | Caroline Damen       | De Spatters      | 199703088 |  | 59.83   | <b>1:03.27</b> | +0,75 |
| 6.  | Karin Groen          | Nova             | 199502440 |  | 1:01.27 | <b>1:03.64</b> | +0,71 |
| 7.  | Aukje Jenster        | De Valken        | 199200856 |  | 1:03.64 | <b>1:03.70</b> | +0,82 |
| 8.  | Luca Ebbinge         | DZ&PC            | 199802406 |  | 1:01.50 | <b>1:03.72</b> | +0,70 |
| 9.  | Jakonien Koster      | ZPC Hoozeveen    | 199400068 |  | 1:03.51 | <b>1:03.93</b> | +0,83 |
| 10. | Annemiek Meulenbeld  | Orca             | 199506230 |  | 1:03.51 | <b>1:04.10</b> | +0,77 |
| 11. | Jante Wolbers        | De Valken        | 198904804 |  | 1:01.75 | <b>1:04.19</b> | +0,83 |
| 12. | Marissa Lindemulder  | Orca             | 199306392 |  | 1:01.35 | <b>1:04.28</b> | +0,80 |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 26, Dames, 100m vrije slag, Senioren 1 en ouder

| Rang |                   |               | In.tijd   | Tijd           | RT             |       |
|------|-------------------|---------------|-----------|----------------|----------------|-------|
| 13.  | Karen Stolk       | TriVia        | 199403950 | 1:01.01        | <b>1:04.32</b> | +0,79 |
| 14.  | Nynke Klokman     | DZ&PC         | 199801424 | 1:02.22        | <b>1:04.57</b> | +0,76 |
| 15.  | Marsha Beukeveld  | ZPC Hoogeveen | 199503552 | 1:02.36        | <b>1:04.73</b> | +0,84 |
| 16.  | Arianne Jonkman   | DZ&PC         | 199801590 | 1:04.36        | <b>1:04.96</b> | +0,80 |
| 17.  | Linda Boxma       | De Spatters   | 198500416 | 1:00.69        | <b>1:05.42</b> | +0,82 |
| 18.  | Rixt-Nynke Baron  | F.Z.C.'54     | 199601896 | 1:03.69        | <b>1:05.76</b> | +0,80 |
| 19.  | Anne van Asperen  | De Spatters   | 199800308 | 1:04.08        | <b>1:06.19</b> | +0,85 |
| 20.  | Wiëlle Wolbers    | De Valken     | 199700462 | 1:03.19        | <b>1:06.22</b> | +0,86 |
| 21.  | Sanne Grovenstein | F.Z.C.'54     | 199803370 | 1:05.29        | <b>1:06.33</b> | +0,81 |
| 22.  | Linda Noord       | DZ&PC         | 199800454 | 1:04.91        | <b>1:06.34</b> | +0,78 |
| 23.  | Lianne Bolhuis    | Zeno          | 199705656 | 1:05.50        | <b>1:07.00</b> | +0,88 |
| 24.  | Berdien Welling   | ZC Borger     | 199103476 | 1:02.74        | <b>1:07.22</b> | +0,83 |
| 25.  | Danique Schulte   | ZC Polaris    | 199802364 | 1:05.61        | <b>1:07.54</b> | +0,73 |
| 26.  | Suzanne Kah       | ZPC Hoogeveen | 199803312 | 1:04.26        | <b>1:08.15</b> | +0,84 |
| 27.  | Jeanine Scheper   | De Valken     | 199304640 | S10<br>1:21.23 | <b>1:20.88</b> | +0,96 |

Junioren 1 en ouder

|     |                      |                  |           |         |                |       |
|-----|----------------------|------------------|-----------|---------|----------------|-------|
| 1.  | Josien Wijkhuijs     | Orca             | 199902866 | 57.61   | <b>58.35</b>   | +0,68 |
| 2.  | Myrna van Duijven    | DZ&PC            | 199900252 | 58.65   | <b>59.29</b>   | +0,76 |
| 3.  | Lisanne Hassing      | HZ&PC Heerenveen | 199702584 | 58.82   | <b>59.80</b>   | +0,82 |
| 4.  | Renate Hemmes        | TriVia           | 199600418 | 1:01.03 | <b>1:00.95</b> | +0,76 |
| 5.  | Alinda Dingshoff     | ZPC Hoogeveen    | 200000928 | 1:00.04 | <b>1:01.08</b> | +0,73 |
| 6.  | Saranda Hofstra      | ZC Borger        | 199700526 | 58.93   | <b>1:01.22</b> | +0,74 |
| 7.  | Manon Manning        | Nova             | 199904118 | 59.36   | <b>1:01.32</b> | +0,74 |
| 8.  | Arianne Kooijnga     | TriVia           | 200001544 | 59.57   | <b>1:01.76</b> | +0,74 |
| 9.  | Hinke Groos          | DZ&PC            | 199901768 | 59.65   | <b>1:01.96</b> | +0,77 |
| 10. | Cynthia van Beusekom | TriVia           | 199500134 | 1:00.19 | <b>1:02.05</b> | +0,74 |
| 11. | Eva Willebrands      | Orca             | 200101510 | 1:01.72 | <b>1:02.58</b> | +0,82 |
| 12. | Danieke van der Kooi | Orca             | 200000552 | 1:02.91 | <b>1:02.81</b> | +0,90 |
| 13. | Caroline Damen       | De Spatters      | 199703088 | 59.83   | <b>1:03.27</b> | +0,75 |
| 14. | Eline van der Wal    | HZ&PC Heerenveen | 200100930 | 1:02.41 | <b>1:03.43</b> | +0,73 |
| 15. | Frouke Beeksma       | TriVia           | 200000346 | 59.56   | <b>1:03.56</b> | +0,68 |
| 16. | Anne Fleur Willemsen | Appingedam       | 199901396 | 1:00.75 | <b>1:03.57</b> | +0,80 |
| 17. | Annemarie Hoving     | TriVia           | 200000248 | 1:05.12 | <b>1:03.59</b> | +0,85 |
| 18. | Karin Groen          | Nova             | 199502440 | 1:01.27 | <b>1:03.64</b> | +0,71 |
| 19. | Simone Krans         | ZPC Hoogeveen    | 199900756 | 1:00.27 | <b>1:03.65</b> | +0,77 |
| 20. | Tiffany Leerdam      | De Forel         | 200006200 | 1:03.52 | <b>1:03.68</b> | +0,83 |
| 21. | Aukje Jenster        | De Valken        | 199200856 | 1:03.64 | <b>1:03.70</b> | +0,82 |
| 22. | Luca Ebbing          | DZ&PC            | 199802406 | 1:01.50 | <b>1:03.72</b> | +0,70 |
| 23. | Hilde Dekker         | TriVia           | 199901926 | 1:00.75 | <b>1:03.85</b> | +0,86 |
| 24. | Jakonien Koster      | ZPC Hoogeveen    | 199400068 | 1:03.51 | <b>1:03.93</b> | +0,83 |
| 25. | Annemiek Meulenbeld  | Orca             | 199506230 | 1:03.51 | <b>1:04.10</b> | +0,77 |
| 26. | Jill Blide           | ZPC Hoogeveen    | 200004734 | 1:02.81 | <b>1:04.12</b> | +0,73 |
| 27. | Renée Vanderheyden   | TriVia           | 199903130 | 1:00.42 | <b>1:04.14</b> | +0,74 |
| 28. | Jante Wolbers        | De Valken        | 198904804 | 1:01.75 | <b>1:04.19</b> | +0,83 |
| 29. | Marissa Lindemulder  | Orca             | 199306392 | 1:01.35 | <b>1:04.28</b> | +0,80 |
| 30. | Marjolein Venema     | Nova             | 200101506 | 1:03.21 | <b>1:04.31</b> | +0,83 |
| 31. | Karen Stolk          | TriVia           | 199403950 | 1:01.01 | <b>1:04.32</b> | +0,79 |
| 32. | Dionne Salomons      | ZC Borger        | 200200504 | 1:02.99 | <b>1:04.47</b> | +0,71 |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 26, Dames, 100m vrije slag, Junioren 1 en ouder

| Rang |                       |                     | In.tijd   | Tijd    | RT             |       |
|------|-----------------------|---------------------|-----------|---------|----------------|-------|
| 33.  | Tessa Kooi            | Nova                | 200201386 | 1:02.76 | <b>1:04.53</b> | +0,93 |
| 34.  | Nynke Klokman         | DZ&PC               | 199801424 | 1:02.22 | <b>1:04.57</b> | +0,76 |
| 35.  | Marsha Beukeveld      | ZPC Hoogeveen       | 199503552 | 1:02.36 | <b>1:04.73</b> | +0,84 |
| 36.  | Marike de Jong        | Avena               | 200101074 | 1:04.43 | <b>1:04.90</b> | +0,75 |
| 37.  | Arianne Jonkman       | DZ&PC               | 199801590 | 1:04.36 | <b>1:04.96</b> | +0,80 |
| 38.  | Myrthe Offenga        | De Vikings          | 199901874 | 1:03.82 | <b>1:05.09</b> | +0,81 |
| 39.  | Anique Coelingh       | ZPC Hoogeveen       | 200000638 | 1:03.70 | <b>1:05.15</b> | +0,83 |
| 40.  | Janneke Weiland       | Orca                | 200100128 | 1:05.13 | <b>1:05.23</b> | +0,77 |
| 41.  | Kyra Wooldrik         | ZPC Hoogeveen       | 200101042 | 1:04.12 | <b>1:05.33</b> | +0,80 |
| 42.  | Chaira Brinks         | Nova                | 200005556 | 1:00.82 | <b>1:05.34</b> | +0,83 |
| 43.  | Lianne van Wier       | HZ&PC Heerenveen    | 200200438 | 1:02.97 | <b>1:05.37</b> | +0,81 |
| 44.  | Linda Boxma           | De Spatters         | 198500416 | 1:00.69 | <b>1:05.42</b> | +0,82 |
| 45.  | Paulien Wesseling     | ZPC Hoogeveen       | 200102038 | 1:03.44 | <b>1:05.49</b> | +0,61 |
| 46.  | Nynke Zandstra        | Wetterwille         | 200202044 | 1:05.79 | <b>1:05.51</b> | +0,82 |
| 47.  | Brit Brandsma         | De Forel            | 200100026 | 1:02.59 | <b>1:05.64</b> | +0,64 |
| 48.  | Rixt-Nynke Baron      | F.Z.C.'54           | 199601896 | 1:03.69 | <b>1:05.76</b> | +0,80 |
| 49.  | Joyce Kuipers         | Orca                | 200103426 | 1:06.08 | <b>1:06.12</b> | +0,91 |
| 50.  | Fleur Vialle          | Nova                | 200100554 | 1:05.34 | <b>1:06.15</b> | +0,83 |
| 51.  | Anne van Asperen      | De Spatters         | 199800308 | 1:04.08 | <b>1:06.19</b> | +0,85 |
| 52.  | Wiëlle Wolbers        | De Valken           | 199700462 | 1:03.19 | <b>1:06.22</b> | +0,86 |
| 53.  | Sanne Grovenstein     | F.Z.C.'54           | 199803370 | 1:05.29 | <b>1:06.33</b> | +0,81 |
| 54.  | Linda Noord           | DZ&PC               | 199800454 | 1:04.91 | <b>1:06.34</b> | +0,78 |
| 55.  | Esther Pot            | Orca                | 199903462 | 1:06.50 | <b>1:06.43</b> | +0,76 |
| 56.  | Nynke Dijkhuis        | Appingedam          | 199903362 | 1:04.74 | <b>1:06.65</b> | +0,76 |
| 57.  | Marieke Wildeboer     | TriVia              | 200100016 | 1:04.27 | <b>1:06.68</b> | +0,77 |
| 58.  | Femke Wiersma         | HZ&PC Heerenveen    | 200103078 | 1:03.45 | <b>1:06.77</b> | +0,84 |
| 59.  | Heline Koning         | SG. Bolsward-Workum | 200000422 | 1:04.81 | <b>1:06.83</b> | +0,80 |
| 60.  | Lianne Bolhuis        | Zeno                | 199705656 | 1:05.50 | <b>1:07.00</b> | +0,88 |
| 61.  | Leonie van Wier       | HZ&PC Heerenveen    | 200200436 | 1:04.26 | <b>1:07.04</b> | +0,75 |
| 62.  | Berdien Welling       | ZC Borger           | 199103476 | 1:02.74 | <b>1:07.22</b> | +0,83 |
| 63.  | Mariëlle Dolfijn      | TriVia              | 200201640 | 1:05.67 | <b>1:07.23</b> | +0,85 |
| 64.  | Jasmijn Steenbergen   | ZPC Hoogeveen       | 200102098 | 1:06.67 | <b>1:07.28</b> | +0,75 |
| 65.  | Anouschka Steenbergen | ZPC Hoogeveen       | 200000280 | 1:04.70 | <b>1:07.41</b> | +0,81 |
| 66.  | Danique Schulte       | ZC Polaris          | 199802364 | 1:05.61 | <b>1:07.54</b> | +0,73 |
| 67.  | Yara van Kalmthout    | Nova                | 200200984 | 1:05.63 | <b>1:07.57</b> |       |
|      | Isabeau Essing        | TriVia              | 200201284 | 1:04.15 | <b>1:07.57</b> | +0,80 |
| 69.  | Zana Udo              | De Forel            | 200202686 | 1:07.18 | <b>1:07.75</b> |       |
| 70.  | Marije Sweering       | Neptunia '24        | 200101228 | 1:06.85 | <b>1:07.79</b> | +0,71 |
| 71.  | Cynthia Koerhuis      | De Spatters         | 199900088 | 1:05.92 | <b>1:08.03</b> | +0,86 |
| 72.  | Lynn Fledderus        | De Forel            | 200101896 | 1:09.29 | <b>1:08.08</b> | +0,79 |
| 73.  | Henriëke Jonkman      | DZ&PC               | 200000840 | 1:05.68 | <b>1:08.11</b> | +0,96 |
| 74.  | Suzanne Kah           | ZPC Hoogeveen       | 199803312 | 1:04.26 | <b>1:08.15</b> | +0,84 |
| 75.  | Daphne Rockers        | ZC Borger           | 200001376 | 1:03.22 | <b>1:08.30</b> | +0,80 |
| 76.  | Amber Koning          | Appingedam          | 200202842 | 1:06.57 | <b>1:08.31</b> | +0,89 |
| 77.  | Rosa Ebbinge          | DZ&PC               | 200200904 | 1:11.60 | <b>1:08.34</b> | +0,76 |
| 78.  | Marloes Potze         | GZVW                | 200002332 | 1:06.70 | <b>1:08.38</b> | +0,74 |
|      | Anna Harbers          | HZ&PC Heerenveen    | 200001250 | 1:05.94 | <b>1:08.38</b> | +0,80 |
| 80.  | Britt Gerdes          | ZC Borger           | 200201636 | 1:07.13 | <b>1:08.61</b> | +0,82 |
| 81.  | Claudia Dost          | ZC Borger           | 199900858 | 1:06.95 | <b>1:08.71</b> | +0,86 |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 26, Dames, 100m vrije slag, Junioren 1 en ouder

| Rang  |                      |                     |           | In.tijd     | Tijd           | RT    |
|-------|----------------------|---------------------|-----------|-------------|----------------|-------|
| 82.   | Jolien Wind          | Nova                | 200100510 | 1:05.04     | <b>1:08.83</b> | +0,87 |
| 83.   | Elka Siesling        | SG. Bolsward-Workum | 200100566 | 1:09.54     | <b>1:08.86</b> | +0,85 |
| 84.   | Romy Jalving         | HZ&PC Heerenveen    | 200000616 | 1:06.12     | <b>1:08.90</b> | +0,72 |
| 85.   | Suze Kuipers         | Orca                | 200301714 | 1:09.54     | <b>1:09.27</b> | +0,90 |
| 86.   | Silke Huisman        | De Vikings          | 200301182 | 1:07.78     | <b>1:09.47</b> | +0,76 |
| 87.   | Benthe Knol          | ZC Borger           | 200101574 | 1:07.05     | <b>1:09.55</b> | +0,60 |
| 88.   | Desanka Stoppels     | Eemsrobben          | 200101362 | 1:08.14     | <b>1:09.59</b> | +0,81 |
| 89.   | Sanne Abma           | HZ&PC Heerenveen    | 200200590 | 1:07.69     | <b>1:09.66</b> | +0,70 |
| 90.   | Inge Dekker          | TriVia              | 200200476 | 1:07.19     | <b>1:09.75</b> | +0,72 |
| 91.   | Yvanka Visser        | HZ&PC Heerenveen    | 200102698 | 1:09.03     | <b>1:09.87</b> | +0,78 |
| 92.   | Ylsa Dijkstra        | SG. Bolsward-Workum | 200200728 | 1:09.01     | <b>1:10.05</b> | +0,83 |
| 93.   | Elin Manning         | Nova                | 200200982 | 1:09.41     | <b>1:10.50</b> | +0,79 |
| 94.   | Nora Veenstra        | SG. Bolsward-Workum | 199901446 | 1:07.60     | <b>1:10.69</b> | +0,83 |
| 95.   | Luna van den Ende    | De Vikings          | 200201518 | 1:11.54     | <b>1:10.89</b> | +0,51 |
| 96.   | Laura van der Velde  | F.Z.C.'54           | 200300630 | 1:09.52     | <b>1:11.14</b> | +0,69 |
| 97.   | Anne-fleur Jonker    | Aqua 68             | 200101348 | 1:08.59     | <b>1:11.36</b> | +0,93 |
| 98.   | Liesette Bruinsma    | HZ&PC Heerenveen    | 200004346 | S12 1:10.70 | <b>1:11.38</b> | +0,72 |
| 99.   | Chantal van Willegen | De Forel            | 200302422 | 1:08.81     | <b>1:11.42</b> | +0,74 |
| 100.  | Brenda Beijering     | ZC Borger           | 200300352 | 1:09.45     | <b>1:11.66</b> | +0,87 |
| 101.  | Ingrid de Vries      | De Granaet          | 200100500 | 1:08.59     | <b>1:11.73</b> | +0,87 |
|       | Ilona Venema         | Aqua 68             | 200200050 | 1:10.49     | <b>1:11.73</b> | +0,75 |
| 103.  | Emma Sies            | TriVia              | 200300732 | 1:12.65     | <b>1:11.99</b> | +0,80 |
| 104.  | Masha Polushkina     | TriVia              | 200203064 | 1:09.75     | <b>1:12.00</b> | +0,90 |
| 105.  | Mirthe Schenkel      | ZPC Hoogeveen       | 200300666 | 1:10.96     | <b>1:12.01</b> | +0,76 |
|       | Dyan Rothschild      | ZC Borger           | 200300998 | 1:11.20     | <b>1:12.01</b> | +0,76 |
| 107.  | Olena Dijkstra       | TriVia              | 200202624 | 1:11.30     | <b>1:12.31</b> | +0,82 |
| 108.  | Marinda Top          | Zeno                | 200300460 | 1:13.54     | <b>1:12.39</b> | +0,78 |
| 109.  | Laura Noord          | De Wellerobben      | 200202568 | 1:11.47     | <b>1:12.68</b> | +0,81 |
|       | Alessia Sluis        | MZ&PC De Reest      | 200300896 | 1:12.31     | <b>1:12.68</b> | +0,78 |
| 111.  | Sigrid Pafforaad     | Avena               | 200201130 | 1:08.24     | <b>1:13.05</b> | +0,76 |
| 112.  | Marijne van der Veen | Orca                | 200300960 | 1:13.72     | <b>1:13.37</b> | +0,90 |
| 113.  | Leonie Rockers       | ZC Borger           | 200300256 | 1:14.22     | <b>1:13.62</b> | +0,67 |
| 114.  | Ilse Hoogeveen       | Aqua 68             | 200301140 | 1:11.31     | <b>1:13.72</b> | +0,80 |
| 115.  | Frederique Epping    | ZC Borger           | 200301344 | 1:11.94     | <b>1:13.74</b> | +0,87 |
| 116.  | Anna Tinga           | De Forel            | 200302734 | 1:14.11     | <b>1:13.77</b> | +0,46 |
| 117.  | Chantal Tiesinga     | TriVia              | 200302452 | 1:14.16     | <b>1:13.85</b> | +0,85 |
| 118.  | Willianne Vos        | TriVia              | 200300050 | 1:12.12     | <b>1:14.64</b> | +0,74 |
| 119.  | Sigrid Hoogland      | De Forel            | 200301976 | 1:14.16     | <b>1:14.84</b> | +0,84 |
| 120.  | Esmee Greydanus      | De Spatters         | 200200544 | 1:11.28     | <b>1:16.22</b> | +0,85 |
|       | *                    |                     |           |             |                |       |
| 121.  | Sanne Hoving         | HZ&PC Heerenveen    | 200003332 | S9 1:17.02  | <b>1:18.55</b> | +0,94 |
| 122.  | Jeanine Scheper      | De Valken           | 199304640 | S10 1:21.23 | <b>1:20.88</b> | +0,96 |
| AFGEM | Liza Heldoorn        | Aqualero            | 200000270 | 1:05.07     |                |       |
| NG    | Floor Gerritsma      | TriVia              | 200002464 | 1:02.89     |                |       |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 27  
17-5-2015

Heren, 200m vrije slag

Junioren 1 en ouder  
Resultaten

| Rang              |                   |                  |               | In.tijd | Tijd           | RT    |
|-------------------|-------------------|------------------|---------------|---------|----------------|-------|
| <b>Junioren 1</b> |                   |                  |               |         |                |       |
| 1.                | Maurice Pater     | TriVia           | 200200909     | 2:07.36 | <b>2:15.02</b> | +0,89 |
|                   | 100m: 1:04.97     | 1:04.97          | 200m: 2:15.02 | 1:10.05 |                |       |
| 2.                | Dushan de Bruijn  | De Forel         | 200201273     | 2:18.83 | <b>2:21.95</b> | +0,74 |
|                   | 100m: 1:09.04     | 1:09.04          | 200m: 2:21.95 | 1:12.91 |                |       |
| 3.                | Makai van Haren   | De Forel         | 200200627     | 2:17.25 | <b>2:22.18</b> | +0,85 |
|                   | 100m: 1:09.52     | 1:09.52          | 200m: 2:22.18 | 1:12.66 |                |       |
| 4.                | Raoul Witten      | ZPC Hoogeveen    | 200200231     | 2:20.78 | <b>2:26.37</b> |       |
|                   | 100m: 1:11.48     | 1:11.48          | 200m: 2:26.37 | 1:14.89 |                |       |
| 5.                | Olaf Jan Bosscher | Orca             | 200200037     | 2:27.86 | <b>2:27.35</b> | +0,82 |
|                   | 100m: 1:10.66     | 1:10.66          | 200m: 2:27.35 | 1:16.69 |                |       |
| 6.                | Tycho Atanasov    | ZC Borger        | 200201133     | 2:26.48 | <b>2:32.80</b> | +0,74 |
|                   | 100m: 1:14.48     | 1:14.48          | 200m: 2:32.80 | 1:18.32 |                |       |
| <b>Junioren 2</b> |                   |                  |               |         |                |       |
| 1.                | David Anthonio    | ZC Borger        | 200102551     | 2:11.86 | <b>2:09.35</b> | +0,87 |
|                   | 100m: 1:02.81     | 1:02.81          | 200m: 2:09.35 | 1:06.54 |                |       |
| 2.                | Jelmar Koopman    | De Forel         | 200100249     | 2:05.61 | <b>2:09.83</b> | +0,78 |
|                   | 100m: 1:03.62     | 1:03.62          | 200m: 2:09.83 | 1:06.21 |                |       |
| 3.                | Owen Peeks        | ZPC Hoogeveen    | 200100765     | 2:14.43 | <b>2:14.44</b> | +0,97 |
|                   | 100m: 1:06.26     | 1:06.26          | 200m: 2:14.44 | 1:08.18 |                |       |
| 4.                | Marcel Delfstra   | Orca             | 200100037     | 2:14.47 | <b>2:15.44</b> | +0,68 |
|                   | 100m: 1:06.20     | 1:06.20          | 200m: 2:15.44 | 1:09.24 |                |       |
| 5.                | Remco Dijkstra    | HZ&PC Heerenveen | 200100789     | 2:16.22 | <b>2:17.94</b> | +0,82 |
|                   | 100m: 1:06.68     | 1:06.68          | 200m: 2:17.94 | 1:11.26 |                |       |
| 6.                | Emile Dost        | ZC Borger        | 200100731     | 2:10.35 | <b>2:18.73</b> |       |
|                   | 100m: 1:06.17     | 1:06.17          | 200m: 2:18.73 | 1:12.56 |                |       |
| 7.                | Coen de Lang      | ZPC Hoogeveen    | 200100067     | 2:14.71 | <b>2:20.39</b> | +0,85 |
|                   | 100m: 1:09.14     | 1:09.14          | 200m: 2:20.39 | 1:11.25 |                |       |
| AFGEM             | Marc Hoogeveen    | Aqua 68          | 200101585     | 2:11.57 |                |       |
| <b>Junioren 3</b> |                   |                  |               |         |                |       |
| 1.                | David Kuipers     | Orca             | 200003633     | 2:04.97 | <b>2:05.39</b> | +0,77 |
|                   | 100m: 1:01.68     | 1:01.68          | 200m: 2:05.39 | 1:03.71 |                |       |
| 2.                | Arjan Dekker      | TriVia           | 200000499     | 2:09.05 | <b>2:09.99</b> | +0,68 |
|                   | 100m: 1:02.75     | 1:02.75          | 200m: 2:09.99 | 1:07.24 |                |       |
| 3.                | Darren Chen       | ZC Borger        | 200001149     | 2:12.74 | <b>2:10.84</b> | +0,72 |
|                   | 100m: 1:03.20     | 1:03.20          | 200m: 2:10.84 | 1:07.64 |                |       |
| 4.                | Koendert Kellner  | DZ&PC            | 200000237     | 2:11.58 | <b>2:13.19</b> | +0,74 |
|                   | 100m: 1:04.31     | 1:04.31          | 200m: 2:13.19 | 1:08.88 |                |       |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 27, Jongens, 200m vrije slag, Junioren 3

| Rang |                   |               |               | In.tijd | Tijd           | RT    |
|------|-------------------|---------------|---------------|---------|----------------|-------|
| 5.   | Junior de Bruin   | ZPC Hoogeveen | 200000839     | 2:10.55 | <b>2:13.46</b> | +0,81 |
|      | 100m: 1:05.65     | 1:05.65       | 200m: 2:13.46 | 1:07.81 |                |       |
| 6.   | Hendrik Broekema  | Bubble        | 200002205     | 2:06.54 | <b>2:13.58</b> | +0,77 |
|      | 100m: 1:04.48     | 1:04.48       | 200m: 2:13.58 | 1:09.10 |                |       |
| 7.   | Axel Hanning      | Nova          | 200000703     | 2:08.71 | <b>2:14.21</b> | +0,83 |
|      | 100m: 1:08.02     | 1:08.02       | 200m: 2:14.21 | 1:06.19 |                |       |
| 8.   | Sjoerd Vonk       | Wetterwille   | 200004241     | 2:08.84 | <b>2:15.19</b> | +0,72 |
|      | 100m: 1:06.86     | 1:06.86       | 200m: 2:15.19 | 1:08.33 |                |       |
| 9.   | Hugo Jan Bosscher | Orca          | 200000185     | 2:13.86 | <b>2:16.60</b> | +0,77 |
|      | 100m: 1:05.71     | 1:05.71       | 200m: 2:16.60 | 1:10.89 |                |       |
| 10.  | Thomas Hamstra    | Orca          | 200001693     | 2:16.94 | <b>2:17.04</b> | +0,74 |
|      | 100m: 1:06.11     | 1:06.11       | 200m: 2:17.04 | 1:10.93 |                |       |
| 11.  | Bas Kost          | ZPC Hoogeveen | 200000419     | 2:12.80 | <b>2:18.64</b> | +0,75 |
|      | 100m: 1:06.89     | 1:06.89       | 200m: 2:18.64 | 1:11.75 |                |       |
| 12.  | Joel Pinkster     | Aqua 68       | 200000611     | 2:15.37 | <b>2:19.32</b> | +0,76 |
|      | 100m: 1:04.25     | 1:04.25       | 200m: 2:19.32 | 1:15.07 |                |       |

Junioren 4

|    |                         |                  |               |         |                |       |
|----|-------------------------|------------------|---------------|---------|----------------|-------|
| 1. | Daan Zwertbroek         | HZ&PC Heerenveen | 199900463     | 2:00.07 | <b>2:08.07</b> | +0,78 |
|    | 100m: 1:02.87           | 1:02.87          | 200m: 2:08.07 | 1:05.20 |                |       |
| 2. | Timo de Vries           | De Forel         | 199900407     | 2:10.79 | <b>2:12.76</b> | +0,73 |
|    | 100m: 1:01.43           | 1:01.43          | 200m: 2:12.76 | 1:11.33 |                |       |
| 3. | Jeroen Louwinger        | Nova             | 199900583     | 2:11.10 | <b>2:13.24</b> | +0,74 |
|    | 100m: 1:05.64           | 1:05.64          | 200m: 2:13.24 | 1:07.60 |                |       |
| 4. | Matthijs van Meerendonk | Aqua 68          | 199900375     | 2:10.03 | <b>2:13.83</b> | +0,80 |
|    | 100m: 1:05.81           | 1:05.81          | 200m: 2:13.83 | 1:08.02 |                |       |
| 5. | Bob de Groot            | ZC Borger        | 199903585     | 2:14.67 | <b>2:13.92</b> | +0,73 |
|    | 100m: 1:05.64           | 1:05.64          | 200m: 2:13.92 | 1:08.28 |                |       |
| 6. | Auke Jan Ytsma          | Orca             | 199900905     | 2:12.26 | <b>2:15.08</b> | +0,71 |
|    | 100m: 1:05.72           | 1:05.72          | 200m: 2:15.08 | 1:09.36 |                |       |
| 7. | Rob van Wier            | HZ&PC Heerenveen | 199900697     | 2:14.56 | <b>2:18.21</b> | +0,93 |
|    | 100m: 1:07.52           | 1:07.52          | 200m: 2:18.21 | 1:10.69 |                |       |
| 8. | Jelmer Meijer           | HZ&PC Heerenveen | 199900177     | 2:12.19 | <b>2:20.90</b> | +0,72 |
|    | 100m: 1:07.15           | 1:07.15          | 200m: 2:20.90 | 1:13.75 |                |       |
| 9. | Maik Huser              | ZPC Hoogeveen    | 199900265     | 2:14.10 | <b>2:22.02</b> | +0,89 |
|    | 100m: 1:08.49           | 1:08.49          | 200m: 2:22.02 | 1:13.53 |                |       |
| NG | Edwin van Delft         | De Forel         | 199901609     | 2:08.37 |                |       |



Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 27, Heren, 200m vrije slag

Jeugd 1 en 2

|     |                      |                  |               |         |                |       |
|-----|----------------------|------------------|---------------|---------|----------------|-------|
| 1.  | Thomas Kappe         | ZPC Hoogeveen    | 199805141     | 1:59.14 | <b>2:03.51</b> | +0,76 |
|     | 100m: 1:00.48        | 1:00.48          | 200m: 2:03.51 | 1:03.03 |                |       |
| 2.  | Gauke Eilander       | ZPC Hoogeveen    | 199800603     | 1:57.12 | <b>2:04.39</b> | +0,67 |
|     | 100m: 59.54          | 59.54            | 200m: 2:04.39 | 1:04.85 |                |       |
| 3.  | Jorie Seubers        | ZPC Hoogeveen    | 199804371     | 1:58.23 | <b>2:04.76</b> | +0,82 |
|     | 100m: 59.93          | 59.93            | 200m: 2:04.76 | 1:04.83 |                |       |
| 4.  | Jelmer Postma        | Orca             | 199701631     | 2:01.34 | <b>2:05.73</b> | +0,72 |
|     | 100m: 1:01.58        | 1:01.58          | 200m: 2:05.73 | 1:04.15 |                |       |
| 5.  | Jan Willem Veldman   | Appingedam       | 199800277     | 2:01.33 | <b>2:07.17</b> | +0,79 |
|     | 100m: 1:01.42        | 1:01.42          | 200m: 2:07.17 | 1:05.75 |                |       |
| 6.  | Bart Weiland         | Orca             | 199700777     | 2:03.38 | <b>2:09.36</b> | +0,75 |
|     | 100m: 1:02.28        | 1:02.28          | 200m: 2:09.36 | 1:07.08 |                |       |
| 7.  | Dennis Wildeboer     | Nova             | 199800571     | 2:05.36 | <b>2:10.10</b> | +0,84 |
|     | 100m: 1:03.29        | 1:03.29          | 200m: 2:10.10 | 1:06.81 |                |       |
| 8.  | Darryl Lubbinge      | ZPC Hoogeveen    | 199701045     | 2:04.79 | <b>2:11.99</b> | +0,77 |
|     | 100m: 1:03.60        | 1:03.60          | 200m: 2:11.99 | 1:08.39 |                |       |
| 9.  | Mirko van Ligtenberg | Wetterwille      | 199800735     | 2:07.86 | <b>2:12.72</b> | +0,71 |
|     | 100m: 1:02.90        | 1:02.90          | 200m: 2:12.72 | 1:09.82 |                |       |
| 10. | Stijn Buurman        | Nova             | 199700337     | 2:01.85 | <b>2:13.93</b> | +0,68 |
|     | 100m: 1:03.95        | 1:03.95          | 200m: 2:13.93 | 1:09.98 |                |       |
| 11. | Tijmen Linthorst     | HZ&PC Heerenveen | 199801165     | 2:09.94 | <b>2:15.91</b> | +0,78 |
|     | 100m: 1:05.25        | 1:05.25          | 200m: 2:15.91 | 1:10.66 |                |       |
| 12. | Marcel van der Wijk  | Aqualero         | 199700675     | 2:10.55 | <b>2:17.13</b> | +0,79 |
|     | 100m: 1:04.30        | 1:04.30          | 200m: 2:17.13 | 1:12.83 |                |       |
| 13. | Karel Lubberts       | HZ&PC Heerenveen | 199805419     | 2:08.80 | <b>2:22.85</b> | +0,81 |
|     | 100m: 1:08.57        | 1:08.57          | 200m: 2:22.85 | 1:14.28 |                |       |
| NG  | Wouter de Lang       | ZPC Hoogeveen    | 199801147     | 2:06.72 |                |       |

Senioren 1 en ouder

|    |                |                  |               |         |                |       |
|----|----------------|------------------|---------------|---------|----------------|-------|
| 1. | Erik Nijholt   | DZ&PC            | 199401349     | 1:53.25 | <b>1:56.19</b> | +0,78 |
|    | 100m: 56.01    | 56.01            | 200m: 1:56.19 | 1:00.18 |                |       |
| 2. | Rowan Keen     | ZC Borger        | 199500727     | 1:55.23 | <b>1:58.31</b> | +0,78 |
|    | 100m: 57.15    | 57.15            | 200m: 1:58.31 | 1:01.16 |                |       |
| 3. | Niels van Eck  | ZPC Hoogeveen    | 198900793     | 1:54.72 | <b>2:00.90</b> | +0,74 |
|    | 100m: 59.74    | 59.74            | 200m: 2:00.90 | 1:01.16 |                |       |
| 4. | Koen Lems      | ZPC Hoogeveen    | 199603709     | 1:55.85 | <b>2:01.10</b> | +0,80 |
|    | 100m: 58.84    | 58.84            | 200m: 2:01.10 | 1:02.26 |                |       |
| 5. | Jeroen Lorus   | ZPC Hoogeveen    | 199500523     | 2:01.61 | <b>2:07.08</b> | +0,77 |
|    | 100m: 1:02.17  | 1:02.17          | 200m: 2:07.08 | 1:04.91 |                |       |
| 6. | Koen Rooseboom | De Spatters      | 199502703     | 2:00.47 | <b>2:07.24</b> | +0,74 |
|    | 100m: 1:00.97  | 1:00.97          | 200m: 2:07.24 | 1:06.27 |                |       |
| 7. | Dennis Bos     | HZ&PC Heerenveen | 199201965     | 1:58.87 | <b>2:08.52</b> | +0,64 |
|    | 100m: 1:01.64  | 1:01.64          | 200m: 2:08.52 | 1:06.88 |                |       |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 27, Heren, 200m vrije slag, Senioren 1 en ouder

| Rang  |  |                  |               | In.tijd | Tijd           | RT    |
|-------|--|------------------|---------------|---------|----------------|-------|
| 8.    | Marc de Vries  | HZ&PC Heerenveen | 199500381     | 2:06.23 | <b>2:10.86</b> | +0,71 |
|       | 100m: 1:03.04  | 1:03.04          | 200m: 2:10.86 | 1:07.82 |                |       |
| 9.    | Sietse Wijbenga  | ZPD              | 199301967     | 2:04.96 | <b>2:12.76</b> | +0,78 |
|       | 100m: 1:05.17  | 1:05.17          | 200m: 2:12.76 | 1:07.59 |                |       |
| 10.   | Wybren Heida   | ZC Borger        | 199404999     | 2:09.62 | <b>2:30.64</b> | +0,80 |
|       | 100m: 1:11.23  | 1:11.23          | 200m: 2:30.64 | 1:19.41 |                |       |
| DIS   | Derk Jan Speelman  | De Spatters      | 199602425     | 1:59.05 |                |       |
|       | <i>VRA - Het keer- en/of eindpunt niet aangeraakt met enig lichaamsdeel.</i> |                  |               |         |                |       |
| AFGEM | Derk-Jan Knol  | ZPC Hoogeveen    | 199504297     | 2:02.23 |                |       |

Algemeen klassement

|     |                    |                  |               |         |                |       |
|-----|--------------------|------------------|---------------|---------|----------------|-------|
| 1.  | Erik Nijholt       | DZ&PC            | 199401349     | 1:53.25 | <b>1:56.19</b> | +0,78 |
|     | 100m: 56.01        | 56.01            | 200m: 1:56.19 | 1:00.18 |                |       |
| 2.  | Rowan Keen         | ZC Borger        | 199500727     | 1:55.23 | <b>1:58.31</b> | +0,78 |
|     | 100m: 57.15        | 57.15            | 200m: 1:58.31 | 1:01.16 |                |       |
| 3.  | Niels van Eck      | ZPC Hoogeveen    | 198900793     | 1:54.72 | <b>2:00.90</b> | +0,74 |
|     | 100m: 59.74        | 59.74            | 200m: 2:00.90 | 1:01.16 |                |       |
| 4.  | Koen Lems          | ZPC Hoogeveen    | 199603709     | 1:55.85 | <b>2:01.10</b> | +0,80 |
|     | 100m: 58.84        | 58.84            | 200m: 2:01.10 | 1:02.26 |                |       |
| 5.  | Thomas Kappe       | ZPC Hoogeveen    | 199805141     | 1:59.14 | <b>2:03.51</b> | +0,76 |
|     | 100m: 1:00.48      | 1:00.48          | 200m: 2:03.51 | 1:03.03 |                |       |
| 6.  | Gauke Eilander     | ZPC Hoogeveen    | 199800603     | 1:57.12 | <b>2:04.39</b> | +0,67 |
|     | 100m: 59.54        | 59.54            | 200m: 2:04.39 | 1:04.85 |                |       |
| 7.  | Jorie Seubers      | ZPC Hoogeveen    | 199804371     | 1:58.23 | <b>2:04.76</b> | +0,82 |
|     | 100m: 59.93        | 59.93            | 200m: 2:04.76 | 1:04.83 |                |       |
| 8.  | David Kuipers      | Orca             | 200003633     | 2:04.97 | <b>2:05.39</b> | +0,77 |
|     | 100m: 1:01.68      | 1:01.68          | 200m: 2:05.39 | 1:03.71 |                |       |
| 9.  | Jelmer Postma      | Orca             | 199701631     | 2:01.34 | <b>2:05.73</b> | +0,72 |
|     | 100m: 1:01.58      | 1:01.58          | 200m: 2:05.73 | 1:04.15 |                |       |
| 10. | Jeroen Lorus       | ZPC Hoogeveen    | 199500523     | 2:01.61 | <b>2:07.08</b> | +0,77 |
|     | 100m: 1:02.17      | 1:02.17          | 200m: 2:07.08 | 1:04.91 |                |       |
| 11. | Jan Willem Veldman | Appingedam       | 199800277     | 2:01.33 | <b>2:07.17</b> | +0,79 |
|     | 100m: 1:01.42      | 1:01.42          | 200m: 2:07.17 | 1:05.75 |                |       |
| 12. | Koen Rooseboom     | De Spatters      | 199502703     | 2:00.47 | <b>2:07.24</b> | +0,74 |
|     | 100m: 1:00.97      | 1:00.97          | 200m: 2:07.24 | 1:06.27 |                |       |
| 13. | Daan Zwertbroek    | HZ&PC Heerenveen | 199900463     | 2:00.07 | <b>2:08.07</b> | +0,78 |
|     | 100m: 1:02.87      | 1:02.87          | 200m: 2:08.07 | 1:05.20 |                |       |
| 14. | Dennis Bos         | HZ&PC Heerenveen | 199201965     | 1:58.87 | <b>2:08.52</b> | +0,64 |
|     | 100m: 1:01.64      | 1:01.64          | 200m: 2:08.52 | 1:06.88 |                |       |
| 15. | David Anthonio     | ZC Borger        | 200102551     | 2:11.86 | <b>2:09.35</b> | +0,87 |
|     | 100m: 1:02.81      | 1:02.81          | 200m: 2:09.35 | 1:06.54 |                |       |
| 16. | Bart Weiland       | Orca             | 199700777     | 2:03.38 | <b>2:09.36</b> | +0,75 |
|     | 100m: 1:02.28      | 1:02.28          | 200m: 2:09.36 | 1:07.08 |                |       |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 27, Heren, 200m vrije slag, Algemeen klassement

| Rang |                         |                  |               | In.tijd | Tijd           | RT    |
|------|-------------------------|------------------|---------------|---------|----------------|-------|
| 17.  | Jelmar Koopman          | De Forel         | 200100249     | 2:05.61 | <b>2:09.83</b> | +0,78 |
|      | 100m: 1:03.62           | 1:03.62          | 200m: 2:09.83 | 1:06.21 |                |       |
| 18.  | Arjan Dekker            | TriVia           | 200000499     | 2:09.05 | <b>2:09.99</b> | +0,68 |
|      | 100m: 1:02.75           | 1:02.75          | 200m: 2:09.99 | 1:07.24 |                |       |
| 19.  | Dennis Wildeboer        | Nova             | 199800571     | 2:05.36 | <b>2:10.10</b> | +0,84 |
|      | 100m: 1:03.29           | 1:03.29          | 200m: 2:10.10 | 1:06.81 |                |       |
| 20.  | Darren Chen             | ZC Borger        | 200001149     | 2:12.74 | <b>2:10.84</b> | +0,72 |
|      | 100m: 1:03.20           | 1:03.20          | 200m: 2:10.84 | 1:07.64 |                |       |
| 21.  | Marc de Vries           | HZ&PC Heerenveen | 199500381     | 2:06.23 | <b>2:10.86</b> | +0,71 |
|      | 100m: 1:03.04           | 1:03.04          | 200m: 2:10.86 | 1:07.82 |                |       |
| 22.  | Darryl Lubbinge         | ZPC Hoozeveen    | 199701045     | 2:04.79 | <b>2:11.99</b> | +0,77 |
|      | 100m: 1:03.60           | 1:03.60          | 200m: 2:11.99 | 1:08.39 |                |       |
| 23.  | Mirko van Ligtenberg    | Wetterwille      | 199800735     | 2:07.86 | <b>2:12.72</b> | +0,71 |
|      | 100m: 1:02.90           | 1:02.90          | 200m: 2:12.72 | 1:09.82 |                |       |
| 24.  | Timo de Vries           | De Forel         | 199900407     | 2:10.79 | <b>2:12.76</b> | +0,73 |
|      | 100m: 1:01.43           | 1:01.43          | 200m: 2:12.76 | 1:11.33 |                |       |
|      | Sietse Wijbenga         | ZPD              | 199301967     | 2:04.96 | <b>2:12.76</b> | +0,78 |
|      | 100m: 1:05.17           | 1:05.17          | 200m: 2:12.76 | 1:07.59 |                |       |
| 26.  | Koendert Kellner        | DZ&PC            | 200000237     | 2:11.58 | <b>2:13.19</b> | +0,74 |
|      | 100m: 1:04.31           | 1:04.31          | 200m: 2:13.19 | 1:08.88 |                |       |
| 27.  | Jeroen Louwinger        | Nova             | 199900583     | 2:11.10 | <b>2:13.24</b> | +0,74 |
|      | 100m: 1:05.64           | 1:05.64          | 200m: 2:13.24 | 1:07.60 |                |       |
| 28.  | Junior de Bruin         | ZPC Hoozeveen    | 200000839     | 2:10.55 | <b>2:13.46</b> | +0,81 |
|      | 100m: 1:05.65           | 1:05.65          | 200m: 2:13.46 | 1:07.81 |                |       |
| 29.  | Hendrik Broekema        | Bubble           | 200002205     | 2:06.54 | <b>2:13.58</b> | +0,77 |
|      | 100m: 1:04.48           | 1:04.48          | 200m: 2:13.58 | 1:09.10 |                |       |
| 30.  | Matthijs van Meerendonk | Aqua 68          | 199900375     | 2:10.03 | <b>2:13.83</b> | +0,80 |
|      | 100m: 1:05.81           | 1:05.81          | 200m: 2:13.83 | 1:08.02 |                |       |
| 31.  | Bob de Groot            | ZC Borger        | 199903585     | 2:14.67 | <b>2:13.92</b> | +0,73 |
|      | 100m: 1:05.64           | 1:05.64          | 200m: 2:13.92 | 1:08.28 |                |       |
| 32.  | Stijn Buurman           | Nova             | 199700337     | 2:01.85 | <b>2:13.93</b> | +0,68 |
|      | 100m: 1:03.95           | 1:03.95          | 200m: 2:13.93 | 1:09.98 |                |       |
| 33.  | Axel Hanning            | Nova             | 200000703     | 2:08.71 | <b>2:14.21</b> | +0,83 |
|      | 100m: 1:08.02           | 1:08.02          | 200m: 2:14.21 | 1:06.19 |                |       |
| 34.  | Owen Peeks              | ZPC Hoozeveen    | 200100765     | 2:14.43 | <b>2:14.44</b> | +0,97 |
|      | 100m: 1:06.26           | 1:06.26          | 200m: 2:14.44 | 1:08.18 |                |       |
| 35.  | Maurice Pater           | TriVia           | 200200909     | 2:07.36 | <b>2:15.02</b> | +0,89 |
|      | 100m: 1:04.97           | 1:04.97          | 200m: 2:15.02 | 1:10.05 |                |       |
| 36.  | Auke Jan Ytsma          | Orca             | 199900905     | 2:12.26 | <b>2:15.08</b> | +0,71 |
|      | 100m: 1:05.72           | 1:05.72          | 200m: 2:15.08 | 1:09.36 |                |       |
| 37.  | Sjoerd Vonk             | Wetterwille      | 200004241     | 2:08.84 | <b>2:15.19</b> | +0,72 |
|      | 100m: 1:06.86           | 1:06.86          | 200m: 2:15.19 | 1:08.33 |                |       |
| 38.  | Marcel Delfstra         | Orca             | 200100037     | 2:14.47 | <b>2:15.44</b> | +0,68 |
|      | 100m: 1:06.20           | 1:06.20          | 200m: 2:15.44 | 1:09.24 |                |       |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 27, Heren, 200m vrije slag, Algemeen klassement

| Rang  |  |                  |               | In.tijd | Tijd           | RT    |
|-------|--|------------------|---------------|---------|----------------|-------|
| 39.   | Tijmen Linthorst   | HZ&PC Heerenveen | 199801165     | 2:09.94 | <b>2:15.91</b> | +0,78 |
|       | 100m: 1:05.25  | 1:05.25          | 200m: 2:15.91 | 1:10.66 |                |       |
| 40.   | Hugo Jan Bosscher  | Orca             | 200000185     | 2:13.86 | <b>2:16.60</b> | +0,77 |
|       | 100m: 1:05.71  | 1:05.71          | 200m: 2:16.60 | 1:10.89 |                |       |
| 41.   | Thomas Hamstra   | Orca             | 200001693     | 2:16.94 | <b>2:17.04</b> | +0,74 |
|       | 100m: 1:06.11  | 1:06.11          | 200m: 2:17.04 | 1:10.93 |                |       |
| 42.   | Marcel van der Wijk  | Aqualero         | 199700675     | 2:10.55 | <b>2:17.13</b> | +0,79 |
|       | 100m: 1:04.30  | 1:04.30          | 200m: 2:17.13 | 1:12.83 |                |       |
| 43.   | Remco Dijkstra   | HZ&PC Heerenveen | 200100789     | 2:16.22 | <b>2:17.94</b> | +0,82 |
|       | 100m: 1:06.68  | 1:06.68          | 200m: 2:17.94 | 1:11.26 |                |       |
| 44.   | Rob van Wier   | HZ&PC Heerenveen | 199900697     | 2:14.56 | <b>2:18.21</b> | +0,93 |
|       | 100m: 1:07.52  | 1:07.52          | 200m: 2:18.21 | 1:10.69 |                |       |
| 45.   | Bas Kost   | ZPC Hoogeveen    | 200000419     | 2:12.80 | <b>2:18.64</b> | +0,75 |
|       | 100m: 1:06.89  | 1:06.89          | 200m: 2:18.64 | 1:11.75 |                |       |
| 46.   | Emile Dost   | ZC Borger        | 200100731     | 2:10.35 | <b>2:18.73</b> |       |
|       | 100m: 1:06.17  | 1:06.17          | 200m: 2:18.73 | 1:12.56 |                |       |
| 47.   | Joel Pinkster  | Aqua 68          | 200000611     | 2:15.37 | <b>2:19.32</b> | +0,76 |
|       | 100m: 1:04.25  | 1:04.25          | 200m: 2:19.32 | 1:15.07 |                |       |
| 48.   | Coen de Lang   | ZPC Hoogeveen    | 200100067     | 2:14.71 | <b>2:20.39</b> | +0,85 |
|       | 100m: 1:09.14  | 1:09.14          | 200m: 2:20.39 | 1:11.25 |                |       |
| 49.   | Jelmer Meijer  | HZ&PC Heerenveen | 199900177     | 2:12.19 | <b>2:20.90</b> | +0,72 |
|       | 100m: 1:07.15  | 1:07.15          | 200m: 2:20.90 | 1:13.75 |                |       |
| 50.   | Dushan de Bruijn   | De Forel         | 200201273     | 2:18.83 | <b>2:21.95</b> | +0,74 |
|       | 100m: 1:09.04  | 1:09.04          | 200m: 2:21.95 | 1:12.91 |                |       |
| 51.   | Maik Huser   | ZPC Hoogeveen    | 199900265     | 2:14.10 | <b>2:22.02</b> | +0,89 |
|       | 100m: 1:08.49  | 1:08.49          | 200m: 2:22.02 | 1:13.53 |                |       |
| 52.   | Makai van Haren  | De Forel         | 200200627     | 2:17.25 | <b>2:22.18</b> | +0,85 |
|       | 100m: 1:09.52  | 1:09.52          | 200m: 2:22.18 | 1:12.66 |                |       |
| 53.   | Karel Lubberts   | HZ&PC Heerenveen | 199805419     | 2:08.80 | <b>2:22.85</b> | +0,81 |
|       | 100m: 1:08.57  | 1:08.57          | 200m: 2:22.85 | 1:14.28 |                |       |
| 54.   | Raoul Witten   | ZPC Hoogeveen    | 200200231     | 2:20.78 | <b>2:26.37</b> |       |
|       | 100m: 1:11.48  | 1:11.48          | 200m: 2:26.37 | 1:14.89 |                |       |
| 55.   | Olaf Jan Bosscher  | Orca             | 200200037     | 2:27.86 | <b>2:27.35</b> | +0,82 |
|       | 100m: 1:10.66  | 1:10.66          | 200m: 2:27.35 | 1:16.69 |                |       |
| 56.   | Wybren Heida   | ZC Borger        | 199404999     | 2:09.62 | <b>2:30.64</b> | +0,80 |
|       | 100m: 1:11.23  | 1:11.23          | 200m: 2:30.64 | 1:19.41 |                |       |
| 57.   | Tycho Atanasov   | ZC Borger        | 200201133     | 2:26.48 | <b>2:32.80</b> | +0,74 |
|       | 100m: 1:14.48  | 1:14.48          | 200m: 2:32.80 | 1:18.32 |                |       |
| DIS   | Derk Jan Speelman  | De Spatters      | 199602425     | 1:59.05 |                |       |
|       | <i>VRA - Het keer- en/of eindpunt niet aangeraakt met enig lichaamsdeel.</i> |                  |               |         |                |       |
| AFGEM | Derk-Jan Knol  | ZPC Hoogeveen    | 199504297     | 2:02.23 |                |       |
| AFGEM | Marc Hoogeveen   | Aqua 68          | 200101585     | 2:11.57 |                |       |
| NG    | Wouter de Lang   | ZPC Hoogeveen    | 199801147     | 2:06.72 |                |       |
| NG    | Edwin van Delft  | De Forel         | 199901609     | 2:08.37 |                |       |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 28  
17-5-2015

Dames, 400m wisselslag

Junioren 1 en ouder  
Resultaten

| Rang       |                 |          |               |         |                |         | In.tijd       | Tijd    | RT |
|------------|-----------------|----------|---------------|---------|----------------|---------|---------------|---------|----|
| Junioren 1 |                 |          |               |         |                |         |               |         |    |
| 1.         | Suze Kuipers    | Orca     | 200301714     | 6:01.47 | <b>5:54.02</b> | +0,98   |               |         |    |
|            | 100m: 1:23.73   | 1:23.73  | 200m: 2:50.43 | 1:26.70 | 300m: 4:36.22  | 1:45.79 | 400m: 5:54.02 | 1:17.80 |    |
| 2.         | Sigrid Hoogland | De Forel | 200301976     | 6:35.73 | <b>6:22.04</b> | +0,79   |               |         |    |
|            | 100m: 1:35.25   | 1:35.25  | 200m: 3:11.35 | 1:36.10 | 300m: 4:55.36  | 1:44.01 | 400m: 6:22.04 | 1:26.68 |    |
| 3.         | Emma Sies       | TriVia   | 200300732     | 6:15.83 | <b>6:50.78</b> | +0,81   |               |         |    |
|            | 100m: 1:41.08   | 1:41.08  | 200m: 3:26.03 | 1:44.95 | 300m: 5:15.51  | 1:49.48 | 400m: 6:50.78 | 1:35.27 |    |

Junioren 2

|     |                  |                     |               |         |                |         |               |         |  |
|-----|------------------|---------------------|---------------|---------|----------------|---------|---------------|---------|--|
| 1.  | Tessa Kooi       | Nova                | 200201386     | 5:35.75 | <b>5:41.42</b> | +0,91   |               |         |  |
|     | 100m: 1:16.21    | 1:16.21             | 200m: 2:41.65 | 1:25.44 | 300m: 4:25.03  | 1:43.38 | 400m: 5:41.42 | 1:16.39 |  |
| 2.  | Mariëlle Dolfijn | TriVia              | 200201640     | 5:39.81 | <b>5:56.74</b> | +0,87   |               |         |  |
|     | 100m: 1:25.55    | 1:25.55             | 200m: 2:55.11 | 1:29.56 | 300m: 4:39.29  | 1:44.18 | 400m: 5:56.74 | 1:17.45 |  |
| 3.  | Ylsa Dijkstra    | SG. Bolsward-Workum | 200200728     | 6:06.82 | <b>6:11.77</b> | +0,78   |               |         |  |
|     | 100m: 1:39.16    | 1:39.16             | 200m: 3:06.80 | 1:27.64 | 300m: 4:54.30  | 1:47.50 | 400m: 6:11.77 | 1:17.47 |  |
| 4.  | Leonie van Wier  | HZ&PC Heerenveen    | 200200436     | 6:01.67 | <b>6:12.99</b> | +0,78   |               |         |  |
|     | 100m: 1:35.62    | 1:35.62             | 200m: 3:11.50 | 1:35.88 | 300m: 4:54.72  | 1:43.22 | 400m: 6:12.99 | 1:18.27 |  |
| 5.  | Manon Swierts    | ZPC Hoogeveen       | 200203034     | 6:23.05 | <b>6:17.93</b> | +0,86   |               |         |  |
|     | 100m: 1:29.99    | 1:29.99             | 200m: 3:01.40 | 1:31.41 | 300m: 4:53.99  | 1:52.59 | 400m: 6:17.93 | 1:23.94 |  |
| 6.  | Lianne van Wier  | HZ&PC Heerenveen    | 200200438     | 6:06.95 | <b>6:19.84</b> | +0,77   |               |         |  |
|     | 100m: 1:34.29    | 1:34.29             | 200m: 3:09.11 | 1:34.82 | 300m: 5:05.06  | 1:55.95 | 400m: 6:19.84 | 1:14.78 |  |
| 7.  | Nynke Zandstra   | Wetterwille         | 200202044     | 5:59.03 | <b>6:21.03</b> | +0,83   |               |         |  |
|     | 100m: 1:28.83    | 1:28.83             | 200m: 3:08.16 | 1:39.33 | 300m: 5:00.66  | 1:52.50 | 400m: 6:21.03 | 1:20.37 |  |
| 8.  | Sanne Abma       | HZ&PC Heerenveen    | 200200590     | 6:06.18 | <b>6:27.53</b> | +0,68   |               |         |  |
|     | 100m: 1:32.37    | 1:32.37             | 200m: 3:08.57 | 1:36.20 | 300m: 5:00.53  | 1:51.96 | 400m: 6:27.53 | 1:27.00 |  |
| 9.  | Laura Noord      | De Wellerobben      | 200202568     | 6:13.50 | <b>6:28.08</b> | +0,85   |               |         |  |
|     | 100m: 1:33.94    | 1:33.94             | 200m: 3:12.06 | 1:38.12 | 300m: 5:01.49  | 1:49.43 | 400m: 6:28.08 | 1:26.59 |  |
| 10. | Esmee van Peer   | TriVia              | 200201114     | 6:23.01 | <b>6:31.91</b> | +0,72   |               |         |  |
|     | 100m: 1:32.96    | 1:32.96             | 200m: 3:15.72 | 1:42.76 | 300m: 5:03.80  | 1:48.08 | 400m: 6:31.91 | 1:28.11 |  |
| 11. | Karlijn Schipper | TriVia              | 200201544     | 6:06.95 | <b>6:34.68</b> | +0,87   |               |         |  |
|     | 100m: 1:32.60    | 1:32.60             | 200m: 3:12.60 | 1:40.00 | 300m: 5:01.74  | 1:49.14 | 400m: 6:34.68 | 1:32.94 |  |
| 12. | Anneke vd Laan   | Orca                | 200201154     | 6:22.51 | <b>6:42.18</b> | +0,76   |               |         |  |
|     | 100m: 1:35.38    | 1:35.38             | 200m: 3:23.91 | 1:48.53 | 300m: 5:10.13  | 1:46.22 | 400m: 6:42.18 | 1:32.05 |  |

Junioren 3

|    |                     |               |               |         |                |         |               |         |  |
|----|---------------------|---------------|---------------|---------|----------------|---------|---------------|---------|--|
| 1. | Lize Janna de Vries | Orca          | 200101948     | 5:50.62 | <b>5:41.33</b> | +0,90   |               |         |  |
|    | 100m: 1:19.66       | 1:19.66       | 200m: 2:48.53 | 1:28.87 | 300m: 4:26.87  | 1:38.34 | 400m: 5:41.33 | 1:14.46 |  |
| 2. | Marike de Jong      | Avena         | 200101074     | 5:43.10 | <b>5:43.39</b> | +0,82   |               |         |  |
|    | 100m: 1:17.00       | 1:17.00       | 200m: 2:46.99 | 1:29.99 | 300m: 4:25.54  | 1:38.55 | 400m: 5:43.39 | 1:17.85 |  |
| 3. | Kyra Wooldrik       | ZPC Hoogeveen | 200101042     | 6:05.57 | <b>5:59.47</b> | +0,79   |               |         |  |
|    | 100m: 1:24.59       | 1:24.59       | 200m: 2:54.38 | 1:29.79 | 300m: 4:42.64  | 1:48.26 | 400m: 5:59.47 | 1:16.83 |  |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 28, Meisjes, 400m wisselslag, Junioren 3

| Rang |                     |                  |               |         |               |         | In.tijd       | Tijd           | RT    |
|------|---------------------|------------------|---------------|---------|---------------|---------|---------------|----------------|-------|
| 4.   | Brit Brandsma       | De Forel         | 200100026     |         |               |         | 5:46.62       | <b>6:04.12</b> | +0,70 |
|      | 100m: 1:25.25       | 1:25.25          | 200m: 2:53.44 | 1:28.19 | 300m: 4:41.31 | 1:47.87 | 400m: 6:04.12 | 1:22.81        |       |
| 5.   | Jasmijn Steenbergen | ZPC Hoogeveen    | 200102098     |         |               |         | 6:02.05       | <b>6:04.40</b> | +0,78 |
|      | 100m: 1:28.31       | 1:28.31          | 200m: 3:01.63 | 1:33.32 | 300m: 4:44.88 | 1:43.25 | 400m: 6:04.40 | 1:19.52        |       |
| 6.   | Marije Sweering     | Neptunia '24     | 200101228     |         |               |         | 5:50.63       | <b>6:09.46</b> | +0,77 |
|      | 100m: 1:26.50       | 1:26.50          | 200m: 2:59.96 | 1:33.46 | 300m: 4:48.01 | 1:48.05 | 400m: 6:09.46 | 1:21.45        |       |
| 7.   | Femke Wiersma       | HZ&PC Heerenveen | 200103078     |         |               |         | 5:57.50       | <b>6:21.83</b> | +0,89 |
|      | 100m: 1:29.57       | 1:29.57          | 200m: 3:11.20 | 1:41.63 | 300m: 4:59.29 | 1:48.09 | 400m: 6:21.83 | 1:22.54        |       |
| 8.   | Yvanka Visser       | HZ&PC Heerenveen | 200102698     |         |               |         | 6:16.33       | <b>6:39.97</b> | +0,74 |
|      | 100m: 1:38.30       | 1:38.30          | 200m: 3:24.88 | 1:46.58 | 300m: 5:14.88 | 1:50.00 | 400m: 6:39.97 | 1:25.09        |       |

Jeugd 1 en 2

|     |                       |                  |               |         |               |         |               |                |       |
|-----|-----------------------|------------------|---------------|---------|---------------|---------|---------------|----------------|-------|
| 1.  | Laura Setz            | Nova             | 200000130     |         |               |         | 5:14.27       | <b>5:15.76</b> | +0,89 |
|     | 100m: 1:14.35         | 1:14.35          | 200m: 2:34.07 | 1:19.72 | 300m: 4:06.76 | 1:32.69 | 400m: 5:15.76 | 1:09.00        |       |
| 2.  | Simone Krans          | ZPC Hoogeveen    | 199900756     |         |               |         | 5:33.25       | <b>5:41.70</b> | +0,80 |
|     | 100m: 1:19.27         | 1:19.27          | 200m: 2:43.92 | 1:24.65 | 300m: 4:23.63 | 1:39.71 | 400m: 5:41.70 | 1:18.07        |       |
| 3.  | Froukje Osinga        | Orca             | 200003090     |         |               |         | 5:38.57       | <b>5:42.28</b> | +0,81 |
|     | 100m: 1:20.34         | 1:20.34          | 200m: 2:46.32 | 1:25.98 | 300m: 4:25.75 | 1:39.43 | 400m: 5:42.28 | 1:16.53        |       |
| 4.  | Jill Blide            | ZPC Hoogeveen    | 200004734     |         |               |         | 5:34.02       | <b>5:43.23</b> | +0,88 |
|     | 100m: 1:19.74         | 1:19.74          | 200m: 2:46.91 | 1:27.17 | 300m: 4:26.79 | 1:39.88 | 400m: 5:43.23 | 1:16.44        |       |
| 5.  | Isaa Ebbinge          | DZ&PC            | 200001314     |         |               |         | 5:38.79       | <b>5:45.57</b> | +0,63 |
|     | 100m: 1:18.77         | 1:18.77          | 200m: 2:45.51 | 1:26.74 | 300m: 4:31.42 | 1:45.91 | 400m: 5:45.57 | 1:14.15        |       |
| 6.  | Anouschka Steenbergen | ZPC Hoogeveen    | 200000280     |         |               |         | 5:39.48       | <b>5:48.45</b> | +0,76 |
|     | 100m: 1:25.32         | 1:25.32          | 200m: 2:47.42 | 1:22.10 | 300m: 4:30.82 | 1:43.40 | 400m: 5:48.45 | 1:17.63        |       |
| 7.  | Lonneke Graansma      | TriVia           | 199900936     |         |               |         | 5:47.89       | <b>5:50.53</b> | +0,84 |
|     | 100m: 1:24.29         | 1:24.29          | 200m: 2:56.13 | 1:31.84 | 300m: 4:29.59 | 1:33.46 | 400m: 5:50.53 | 1:20.94        |       |
| 8.  | Hilde Dekker          | TriVia           | 199901926     |         |               |         | 5:42.21       | <b>5:51.51</b> | +0,92 |
|     | 100m: 1:25.87         | 1:25.87          | 200m: 2:53.45 | 1:27.58 | 300m: 4:34.48 | 1:41.03 | 400m: 5:51.51 | 1:17.03        |       |
| 9.  | Myrthe Offenga        | De Vikings       | 199901874     |         |               |         | 5:46.39       | <b>5:53.18</b> | +0,79 |
|     | 100m: 1:20.25         | 1:20.25          | 200m: 2:48.05 | 1:27.80 | 300m: 4:35.18 | 1:47.13 | 400m: 5:53.18 | 1:18.00        |       |
| 10. | Marloes Potze         | GZVW             | 200002332     |         |               |         | 5:55.15       | <b>6:02.80</b> | +0,75 |
|     | 100m: 1:24.71         | 1:24.71          | 200m: 2:53.45 | 1:28.74 | 300m: 4:37.09 | 1:43.64 | 400m: 6:02.80 | 1:25.71        |       |
| 11. | Claudia Dost          | ZC Borger        | 199900858     |         |               |         | 5:59.75       | <b>6:09.75</b> | +0,84 |
|     | 100m: 1:34.27         | 1:34.27          | 200m: 3:08.60 | 1:34.33 | 300m: 4:48.68 | 1:40.08 | 400m: 6:09.75 | 1:21.07        |       |
| 12. | Romy Jalving          | HZ&PC Heerenveen | 200000616     |         |               |         | 6:09.00       | <b>6:15.54</b> | +0,67 |
|     | 100m: 1:28.85         | 1:28.85          | 200m: 3:06.10 | 1:37.25 | 300m: 4:55.63 | 1:49.53 | 400m: 6:15.54 | 1:19.91        |       |
| 13. | Liesette Bruinsma     | HZ&PC Heerenveen | 200004346     | SM12    |               |         | 6:04.03       | <b>6:15.67</b> | +0,71 |
|     | 100m: 1:29.87         | 1:29.87          | 200m: 3:13.70 | 1:43.83 | 300m: 4:55.04 | 1:41.34 | 400m: 6:15.67 | 1:20.63        |       |
| 14. | Myrthe Visser         | Orca             | 200002340     |         |               |         | 5:59.98       | <b>6:18.70</b> | +0,80 |
|     | 100m: 1:25.90         | 1:25.90          | 200m: 2:57.27 | 1:31.37 | 300m: 4:51.16 | 1:53.89 | 400m: 6:18.70 | 1:27.54        |       |
| 15. | Jeske Moerenhout      | De Forel         | 200000390     |         |               |         | 6:06.66       | <b>6:22.41</b> | +0,81 |
|     | 100m: 1:28.24         | 1:28.24          | 200m: 3:05.70 | 1:37.46 | 300m: 4:58.08 | 1:52.38 | 400m: 6:22.41 | 1:24.33        |       |
| 16. | Noël Iris Hettinga    | Neptunia '24     | 200002536     |         |               |         | 6:04.84       | <b>6:23.33</b> | +0,79 |
|     | 100m: 1:34.58         | 1:34.58          | 200m: 3:13.19 | 1:38.61 | 300m: 4:56.87 | 1:43.68 | 400m: 6:23.33 | 1:26.46        |       |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 28, Meisjes, 400m wisselslag, Jeugd 1 en 2

| Rang  |                    |        |           |  | In.tijd | Tijd | RT |
|-------|--------------------|--------|-----------|--|---------|------|----|
| AFGEM | Renée Vanderheyden | TriVia | 199903130 |  | 5:19.23 |      |    |

Senioren 1 en ouder

|       |                        |               |               |         |               |                |               |         |
|-------|------------------------|---------------|---------------|---------|---------------|----------------|---------------|---------|
| 1.    | Monique van der Struik | DZ&PC         | 199502502     |         | 5:12.26       | <b>5:15.58</b> | +0,84         |         |
|       | 100m: 1:10.54          | 1:10.54       | 200m: 2:34.74 | 1:24.20 | 300m: 4:06.94 | 1:32.20        | 400m: 5:15.58 | 1:08.64 |
| 2.    | Clariss de Vries       | DZ&PC         | 199700942     |         | 5:20.58       | <b>5:20.83</b> | +0,77         |         |
|       | 100m: 1:11.22          | 1:11.22       | 200m: 2:30.33 | 1:19.11 | 300m: 4:09.00 | 1:38.67        | 400m: 5:20.83 | 1:11.83 |
| 3.    | Karin Rijkelijhuizen   | DZ&PC         | 199403358     |         | 5:09.36       | <b>5:22.47</b> | +0,76         |         |
|       | 100m: 1:13.41          | 1:13.41       | 200m: 2:42.30 | 1:28.89 | 300m: 4:06.58 | 1:24.28        | 400m: 5:22.47 | 1:15.89 |
| 4.    | Willemeijn Hoving      | TriVia        | 199800106     |         | 5:14.50       | <b>5:24.67</b> | +0,70         |         |
|       | 100m: 1:12.92          | 1:12.92       | 200m: 2:37.34 | 1:24.42 | 300m: 4:11.49 | 1:34.15        | 400m: 5:24.67 | 1:13.18 |
| 5.    | Linda Boxma            | De Spatters   | 198500416     |         | 5:48.32       | <b>5:43.03</b> | +0,78         |         |
|       | 100m: 1:18.08          | 1:18.08       | 200m: 2:48.99 | 1:30.91 | 300m: 4:27.80 | 1:38.81        | 400m: 5:43.03 | 1:15.23 |
| 6.    | Luca Ebbinge           | DZ&PC         | 199802406     |         | 5:42.32       | <b>5:44.96</b> | +0,66         |         |
|       | 100m: 1:18.23          | 1:18.23       | 200m: 2:48.26 | 1:30.03 | 300m: 4:27.63 | 1:39.37        | 400m: 5:44.96 | 1:17.33 |
| 7.    | Melissa Nauta          | Orca          | 199602388     |         | 5:24.75       | <b>5:48.45</b> | +0,80         |         |
|       | 100m: 1:27.83          | 1:27.83       | 200m: 2:52.74 | 1:24.91 | 300m: 4:26.39 | 1:33.65        | 400m: 5:48.45 | 1:22.06 |
| 8.    | Johanna de Boer        | ZPD           | 199403944     |         | 5:44.48       | <b>5:55.00</b> | +0,79         |         |
|       | 100m: 1:22.14          | 1:22.14       | 200m: 2:55.91 | 1:33.77 | 300m: 4:34.78 | 1:38.87        | 400m: 5:55.00 | 1:20.22 |
| 9.    | Danique Schulte        | ZC Polaris    | 199802364     |         | 5:48.38       | <b>6:05.81</b> | +0,75         |         |
|       | 100m: 1:21.12          | 1:21.12       | 200m: 2:59.24 | 1:38.12 | 300m: 4:41.65 | 1:42.41        | 400m: 6:05.81 | 1:24.16 |
| 10.   | Annemiek Meulenbeld    | Orca          | 199506230     |         | 5:53.10       | <b>6:06.29</b> | +0,80         |         |
|       | 100m: 1:20.14          | 1:20.14       | 200m: 2:56.14 | 1:36.00 | 300m: 4:45.95 | 1:49.81        | 400m: 6:06.29 | 1:20.34 |
| AFGEM | Suzanne Kah            | ZPC Hoogeveen | 199803312     |         | 5:46.51       |                |               |         |

Algemeen klassement

|    |                        |               |               |         |               |                |               |         |
|----|------------------------|---------------|---------------|---------|---------------|----------------|---------------|---------|
| 1. | Monique van der Struik | DZ&PC         | 199502502     |         | 5:12.26       | <b>5:15.58</b> | +0,84         |         |
|    | 100m: 1:10.54          | 1:10.54       | 200m: 2:34.74 | 1:24.20 | 300m: 4:06.94 | 1:32.20        | 400m: 5:15.58 | 1:08.64 |
| 2. | Laura Setz             | Nova          | 200000130     |         | 5:14.27       | <b>5:15.76</b> | +0,89         |         |
|    | 100m: 1:14.35          | 1:14.35       | 200m: 2:34.07 | 1:19.72 | 300m: 4:06.76 | 1:32.69        | 400m: 5:15.76 | 1:09.00 |
| 3. | Clariss de Vries       | DZ&PC         | 199700942     |         | 5:20.58       | <b>5:20.83</b> | +0,77         |         |
|    | 100m: 1:11.22          | 1:11.22       | 200m: 2:30.33 | 1:19.11 | 300m: 4:09.00 | 1:38.67        | 400m: 5:20.83 | 1:11.83 |
| 4. | Karin Rijkelijhuizen   | DZ&PC         | 199403358     |         | 5:09.36       | <b>5:22.47</b> | +0,76         |         |
|    | 100m: 1:13.41          | 1:13.41       | 200m: 2:42.30 | 1:28.89 | 300m: 4:06.58 | 1:24.28        | 400m: 5:22.47 | 1:15.89 |
| 5. | Willemeijn Hoving      | TriVia        | 199800106     |         | 5:14.50       | <b>5:24.67</b> | +0,70         |         |
|    | 100m: 1:12.92          | 1:12.92       | 200m: 2:37.34 | 1:24.42 | 300m: 4:11.49 | 1:34.15        | 400m: 5:24.67 | 1:13.18 |
| 6. | Lize Janna de Vries    | Orca          | 200101948     |         | 5:50.62       | <b>5:41.33</b> | +0,90         |         |
|    | 100m: 1:19.66          | 1:19.66       | 200m: 2:48.53 | 1:28.87 | 300m: 4:26.87 | 1:38.34        | 400m: 5:41.33 | 1:14.46 |
| 7. | Tessa Kooi             | Nova          | 200201386     |         | 5:35.75       | <b>5:41.42</b> | +0,91         |         |
|    | 100m: 1:16.21          | 1:16.21       | 200m: 2:41.65 | 1:25.44 | 300m: 4:25.03 | 1:43.38        | 400m: 5:41.42 | 1:16.39 |
| 8. | Simone Krans           | ZPC Hoogeveen | 199900756     |         | 5:33.25       | <b>5:41.70</b> | +0,80         |         |
|    | 100m: 1:19.27          | 1:19.27       | 200m: 2:43.92 | 1:24.65 | 300m: 4:23.63 | 1:39.71        | 400m: 5:41.70 | 1:18.07 |
| 9. | Froukje Osinga         | Orca          | 200003090     |         | 5:38.57       | <b>5:42.28</b> | +0,81         |         |
|    | 100m: 1:20.34          | 1:20.34       | 200m: 2:46.32 | 1:25.98 | 300m: 4:25.75 | 1:39.43        | 400m: 5:42.28 | 1:16.53 |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 28, Dames, 400m wisselslag, Algemeen klassement

| Rang |                      |                     |               |         |               | In.tijd | Tijd           | RT      |
|------|----------------------|---------------------|---------------|---------|---------------|---------|----------------|---------|
| 10.  | Linda Boxma          | De Spatters         | 198500416     |         |               | 5:48.32 | <b>5:43.03</b> | +0,78   |
|      | 100m: 1:18.08        | 1:18.08             | 200m: 2:48.99 | 1:30.91 | 300m: 4:27.80 | 1:38.81 | 400m: 5:43.03  | 1:15.23 |
| 11.  | Jill Blide           | ZPC Hoozeveen       | 200004734     |         |               | 5:34.02 | <b>5:43.23</b> | +0,88   |
|      | 100m: 1:19.74        | 1:19.74             | 200m: 2:46.91 | 1:27.17 | 300m: 4:26.79 | 1:39.88 | 400m: 5:43.23  | 1:16.44 |
| 12.  | Marika de Jong       | Avena               | 200101074     |         |               | 5:43.10 | <b>5:43.39</b> | +0,82   |
|      | 100m: 1:17.00        | 1:17.00             | 200m: 2:46.99 | 1:29.99 | 300m: 4:25.54 | 1:38.55 | 400m: 5:43.39  | 1:17.85 |
| 13.  | Luca Ebbinge         | DZ&PC               | 199802406     |         |               | 5:42.32 | <b>5:44.96</b> | +0,66   |
|      | 100m: 1:18.23        | 1:18.23             | 200m: 2:48.26 | 1:30.03 | 300m: 4:27.63 | 1:39.37 | 400m: 5:44.96  | 1:17.33 |
| 14.  | Isaa Ebbinge         | DZ&PC               | 200001314     |         |               | 5:38.79 | <b>5:45.57</b> | +0,63   |
|      | 100m: 1:18.77        | 1:18.77             | 200m: 2:45.51 | 1:26.74 | 300m: 4:31.42 | 1:45.91 | 400m: 5:45.57  | 1:14.15 |
| 15.  | Anoushka Steenbergen | ZPC Hoozeveen       | 200000280     |         |               | 5:39.48 | <b>5:48.45</b> | +0,76   |
|      | 100m: 1:25.32        | 1:25.32             | 200m: 2:47.42 | 1:22.10 | 300m: 4:30.82 | 1:43.40 | 400m: 5:48.45  | 1:17.63 |
|      | Melissa Nauta        | Orca                | 199602388     |         |               | 5:24.75 | <b>5:48.45</b> | +0,80   |
|      | 100m: 1:27.83        | 1:27.83             | 200m: 2:52.74 | 1:24.91 | 300m: 4:26.39 | 1:33.65 | 400m: 5:48.45  | 1:22.06 |
| 17.  | Lonneke Graansma     | TriVia              | 199900936     |         |               | 5:47.89 | <b>5:50.53</b> | +0,84   |
|      | 100m: 1:24.29        | 1:24.29             | 200m: 2:56.13 | 1:31.84 | 300m: 4:29.59 | 1:33.46 | 400m: 5:50.53  | 1:20.94 |
| 18.  | Hilde Dekker         | TriVia              | 199901926     |         |               | 5:42.21 | <b>5:51.51</b> | +0,92   |
|      | 100m: 1:25.87        | 1:25.87             | 200m: 2:53.45 | 1:27.58 | 300m: 4:34.48 | 1:41.03 | 400m: 5:51.51  | 1:17.03 |
| 19.  | Myrthe Offenga       | De Vikings          | 199901874     |         |               | 5:46.39 | <b>5:53.18</b> | +0,79   |
|      | 100m: 1:20.25        | 1:20.25             | 200m: 2:48.05 | 1:27.80 | 300m: 4:35.18 | 1:47.13 | 400m: 5:53.18  | 1:18.00 |
| 20.  | Suze Kuipers         | Orca                | 200301714     |         |               | 6:01.47 | <b>5:54.02</b> | +0,98   |
|      | 100m: 1:23.73        | 1:23.73             | 200m: 2:50.43 | 1:26.70 | 300m: 4:36.22 | 1:45.79 | 400m: 5:54.02  | 1:17.80 |
| 21.  | Johanna de Boer      | ZPD                 | 199403944     |         |               | 5:44.48 | <b>5:55.00</b> | +0,79   |
|      | 100m: 1:22.14        | 1:22.14             | 200m: 2:55.91 | 1:33.77 | 300m: 4:34.78 | 1:38.87 | 400m: 5:55.00  | 1:20.22 |
| 22.  | Mariëlle Dolfijn     | TriVia              | 200201640     |         |               | 5:39.81 | <b>5:56.74</b> | +0,87   |
|      | 100m: 1:25.55        | 1:25.55             | 200m: 2:55.11 | 1:29.56 | 300m: 4:39.29 | 1:44.18 | 400m: 5:56.74  | 1:17.45 |
| 23.  | Kyra Wooldrik        | ZPC Hoozeveen       | 200101042     |         |               | 6:05.57 | <b>5:59.47</b> | +0,79   |
|      | 100m: 1:24.59        | 1:24.59             | 200m: 2:54.38 | 1:29.79 | 300m: 4:42.64 | 1:48.26 | 400m: 5:59.47  | 1:16.83 |
| 24.  | Marloes Potze        | GZVV                | 200002332     |         |               | 5:55.15 | <b>6:02.80</b> | +0,75   |
|      | 100m: 1:24.71        | 1:24.71             | 200m: 2:53.45 | 1:28.74 | 300m: 4:37.09 | 1:43.64 | 400m: 6:02.80  | 1:25.71 |
| 25.  | Brit Brandsma        | De Forel            | 200100026     |         |               | 5:46.62 | <b>6:04.12</b> | +0,70   |
|      | 100m: 1:25.25        | 1:25.25             | 200m: 2:53.44 | 1:28.19 | 300m: 4:41.31 | 1:47.87 | 400m: 6:04.12  | 1:22.81 |
| 26.  | Jasmijn Steenbergen  | ZPC Hoozeveen       | 200102098     |         |               | 6:02.05 | <b>6:04.40</b> | +0,78   |
|      | 100m: 1:28.31        | 1:28.31             | 200m: 3:01.63 | 1:33.32 | 300m: 4:44.88 | 1:43.25 | 400m: 6:04.40  | 1:19.52 |
| 27.  | Danique Schulte      | ZC Polaris          | 199802364     |         |               | 5:48.38 | <b>6:05.81</b> | +0,75   |
|      | 100m: 1:21.12        | 1:21.12             | 200m: 2:59.24 | 1:38.12 | 300m: 4:41.65 | 1:42.41 | 400m: 6:05.81  | 1:24.16 |
| 28.  | Annemiek Meulenbeld  | Orca                | 199506230     |         |               | 5:53.10 | <b>6:06.29</b> | +0,80   |
|      | 100m: 1:20.14        | 1:20.14             | 200m: 2:56.14 | 1:36.00 | 300m: 4:45.95 | 1:49.81 | 400m: 6:06.29  | 1:20.34 |
| 29.  | Marije Sweering      | Neptunia '24        | 200101228     |         |               | 5:50.63 | <b>6:09.46</b> | +0,77   |
|      | 100m: 1:26.50        | 1:26.50             | 200m: 2:59.96 | 1:33.46 | 300m: 4:48.01 | 1:48.05 | 400m: 6:09.46  | 1:21.45 |
| 30.  | Claudia Dost         | ZC Borger           | 199900858     |         |               | 5:59.75 | <b>6:09.75</b> | +0,84   |
|      | 100m: 1:34.27        | 1:34.27             | 200m: 3:08.60 | 1:34.33 | 300m: 4:48.68 | 1:40.08 | 400m: 6:09.75  | 1:21.07 |
| 31.  | Ylsa Dijkstra        | SG. Bolsward-Workum | 200200728     |         |               | 6:06.82 | <b>6:11.77</b> | +0,78   |
|      | 100m: 1:39.16        | 1:39.16             | 200m: 3:06.80 | 1:27.64 | 300m: 4:54.30 | 1:47.50 | 400m: 6:11.77  | 1:17.47 |



Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 28, Dames, 400m wisselslag, Algemeen klassement

| Rang  |                    |                  |               |         |               |         | In.tijd       | Tijd           | RT    |
|-------|--------------------|------------------|---------------|---------|---------------|---------|---------------|----------------|-------|
| 32.   | Leonie van Wier    | HZ&PC Heerenveen | 200200436     |         |               |         | 6:01.67       | <b>6:12.99</b> | +0,78 |
|       | 100m: 1:35.62      | 1:35.62          | 200m: 3:11.50 | 1:35.88 | 300m: 4:54.72 | 1:43.22 | 400m: 6:12.99 | 1:18.27        |       |
| 33.   | Romy Jalving       | HZ&PC Heerenveen | 200000616     |         |               |         | 6:09.00       | <b>6:15.54</b> | +0,67 |
|       | 100m: 1:28.85      | 1:28.85          | 200m: 3:06.10 | 1:37.25 | 300m: 4:55.63 | 1:49.53 | 400m: 6:15.54 | 1:19.91        |       |
| 34.   | Liesette Bruinsma  | HZ&PC Heerenveen | 200004346     | SM12    |               |         | 6:04.03       | <b>6:15.67</b> | +0,71 |
|       | 100m: 1:29.87      | 1:29.87          | 200m: 3:13.70 | 1:43.83 | 300m: 4:55.04 | 1:41.34 | 400m: 6:15.67 | 1:20.63        |       |
| 35.   | Manon Swierts      | ZPC Hoogeveen    | 200203034     |         |               |         | 6:23.05       | <b>6:17.93</b> | +0,86 |
|       | 100m: 1:29.99      | 1:29.99          | 200m: 3:01.40 | 1:31.41 | 300m: 4:53.99 | 1:52.59 | 400m: 6:17.93 | 1:23.94        |       |
| 36.   | Myrthe Visser      | Orca             | 200002340     |         |               |         | 5:59.98       | <b>6:18.70</b> | +0,80 |
|       | 100m: 1:25.90      | 1:25.90          | 200m: 2:57.27 | 1:31.37 | 300m: 4:51.16 | 1:53.89 | 400m: 6:18.70 | 1:27.54        |       |
| 37.   | Lianne van Wier    | HZ&PC Heerenveen | 200200438     |         |               |         | 6:06.95       | <b>6:19.84</b> | +0,77 |
|       | 100m: 1:34.29      | 1:34.29          | 200m: 3:09.11 | 1:34.82 | 300m: 5:05.06 | 1:55.95 | 400m: 6:19.84 | 1:14.78        |       |
| 38.   | Nynke Zandstra     | Wetterwille      | 200202044     |         |               |         | 5:59.03       | <b>6:21.03</b> | +0,83 |
|       | 100m: 1:28.83      | 1:28.83          | 200m: 3:08.16 | 1:39.33 | 300m: 5:00.66 | 1:52.50 | 400m: 6:21.03 | 1:20.37        |       |
| 39.   | Femke Wiersma      | HZ&PC Heerenveen | 200103078     |         |               |         | 5:57.50       | <b>6:21.83</b> | +0,89 |
|       | 100m: 1:29.57      | 1:29.57          | 200m: 3:11.20 | 1:41.63 | 300m: 4:59.29 | 1:48.09 | 400m: 6:21.83 | 1:22.54        |       |
| 40.   | Sigrid Hoogland    | De Forel         | 200301976     |         |               |         | 6:35.73       | <b>6:22.04</b> | +0,79 |
|       | 100m: 1:35.25      | 1:35.25          | 200m: 3:11.35 | 1:36.10 | 300m: 4:55.36 | 1:44.01 | 400m: 6:22.04 | 1:26.68        |       |
| 41.   | Jeske Moerenhout   | De Forel         | 200000390     |         |               |         | 6:06.66       | <b>6:22.41</b> | +0,81 |
|       | 100m: 1:28.24      | 1:28.24          | 200m: 3:05.70 | 1:37.46 | 300m: 4:58.08 | 1:52.38 | 400m: 6:22.41 | 1:24.33        |       |
| 42.   | Noël Iris Hettinga | Neptunia '24     | 200002536     |         |               |         | 6:04.84       | <b>6:23.33</b> | +0,79 |
|       | 100m: 1:34.58      | 1:34.58          | 200m: 3:13.19 | 1:38.61 | 300m: 4:56.87 | 1:43.68 | 400m: 6:23.33 | 1:26.46        |       |
| 43.   | Sanne Abma         | HZ&PC Heerenveen | 200200590     |         |               |         | 6:06.18       | <b>6:27.53</b> | +0,68 |
|       | 100m: 1:32.37      | 1:32.37          | 200m: 3:08.57 | 1:36.20 | 300m: 5:00.53 | 1:51.96 | 400m: 6:27.53 | 1:27.00        |       |
| 44.   | Laura Noord        | De Wellerobben   | 200202568     |         |               |         | 6:13.50       | <b>6:28.08</b> | +0,85 |
|       | 100m: 1:33.94      | 1:33.94          | 200m: 3:12.06 | 1:38.12 | 300m: 5:01.49 | 1:49.43 | 400m: 6:28.08 | 1:26.59        |       |
| 45.   | Esmee van Peer     | TriVia           | 200201114     |         |               |         | 6:23.01       | <b>6:31.91</b> | +0,72 |
|       | 100m: 1:32.96      | 1:32.96          | 200m: 3:15.72 | 1:42.76 | 300m: 5:03.80 | 1:48.08 | 400m: 6:31.91 | 1:28.11        |       |
| 46.   | Karlijn Schipper   | TriVia           | 200201544     |         |               |         | 6:06.95       | <b>6:34.68</b> | +0,87 |
|       | 100m: 1:32.60      | 1:32.60          | 200m: 3:12.60 | 1:40.00 | 300m: 5:01.74 | 1:49.14 | 400m: 6:34.68 | 1:32.94        |       |
| 47.   | Yvanka Visser      | HZ&PC Heerenveen | 200102698     |         |               |         | 6:16.33       | <b>6:39.97</b> | +0,74 |
|       | 100m: 1:38.30      | 1:38.30          | 200m: 3:24.88 | 1:46.58 | 300m: 5:14.88 | 1:50.00 | 400m: 6:39.97 | 1:25.09        |       |
| 48.   | Anneke vd Laan     | Orca             | 200201154     |         |               |         | 6:22.51       | <b>6:42.18</b> | +0,76 |
|       | 100m: 1:35.38      | 1:35.38          | 200m: 3:23.91 | 1:48.53 | 300m: 5:10.13 | 1:46.22 | 400m: 6:42.18 | 1:32.05        |       |
| 49.   | Emma Sies          | TriVia           | 200300732     |         |               |         | 6:15.83       | <b>6:50.78</b> | +0,81 |
|       | 100m: 1:41.08      | 1:41.08          | 200m: 3:26.03 | 1:44.95 | 300m: 5:15.51 | 1:49.48 | 400m: 6:50.78 | 1:35.27        |       |
| AFGEM | Suzanne Kah        | ZPC Hoogeveen    | 199803312     |         |               |         | 5:46.51       |                |       |
| AFGEM | Renée Vanderheyden | TriVia           | 199903130     |         |               |         | 5:19.23       |                |       |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 29  
17-5-2015

Heren, 4 x 100m vrije slag

Senioren Open  
Resultaten

| Rang                       |                         |                  |         | In.tijd | Tijd           | RT      |
|----------------------------|-------------------------|------------------|---------|---------|----------------|---------|
| <b>Junioren 4 en later</b> |                         |                  |         |         |                |         |
| 1.                         | ZC De Forel Wolvega 2   | De Forel         |         | 3:53.67 | <b>4:03.35</b> | +0,79   |
|                            | Klaas Pit               | +0,79            | 58.76   |         | +0,62          | 59.46   |
|                            | Jelmar Koopman          |                  | 1:00.92 |         | +0,26          | 1:04.21 |
|                            |                         |                  |         |         |                |         |
| 2.                         | ZPC Hoogeveen 4         | ZPC Hoogeveen    |         | 3:59.56 | <b>4:05.13</b> | +0,77   |
|                            | Junior de Bruin         | +0,77            | 1:00.28 |         | +0,47          | 1:00.03 |
|                            | Coen de Lang            | +0,31            | 1:02.27 |         | +0,35          | 1:02.55 |
|                            |                         |                  |         |         |                |         |
| 3.                         | ZC Borger 2             | ZC Borger        |         | 4:00.25 | <b>4:05.28</b> | +0,74   |
|                            | Darren Chen             | +0,74            | 59.62   |         | +0,38          | 1:05.69 |
|                            | David Anthonio          | +0,50            | 58.72   |         | +0,45          | 1:01.25 |
|                            |                         |                  |         |         |                |         |
| 4.                         | Orca 2                  | Orca             |         | 4:10.50 | <b>4:05.64</b> | +0,68   |
|                            | Hugo Jan Bosscher       | +0,68            | 1:02.00 |         | +0,39          | 1:02.87 |
|                            | Thomas Hamstra          | +0,42            | 1:00.97 |         |                | 59.80   |
|                            |                         |                  |         |         |                |         |
| 5.                         | Aqua 68 4               | Aqua 68          |         | 3:57.60 | <b>4:07.12</b> | +0,71   |
|                            | Matthijs van Meerendonk | +0,71            | 57.39   |         | +0,57          | 1:04.43 |
|                            | Marc de Jonge           | +0,42            | 1:06.09 |         | +0,58          | 59.21   |
|                            |                         |                  |         |         |                |         |
| 6.                         | Wetterwille 1           | Wetterwille      |         | 4:04.85 | <b>4:08.54</b> | +0,63   |
|                            | Getjo Gachatrijan       | +0,63            | 59.63   |         | +0,58          | 1:05.65 |
|                            | Hendrik Jilderda        | +0,76            | 1:06.09 |         | +0,44          | 57.17   |
|                            |                         |                  |         |         |                |         |
| 7.                         | HZ&PC Heerenveen 2      | HZ&PC Heerenveen |         | 4:04.52 | <b>4:18.52</b> | +0,80   |
|                            | Remco Dijkstra          | +0,80            | 1:04.73 |         | +0,38          | 1:07.58 |
|                            | Erwin Heinsius          | +0,42            | 1:03.08 |         | +0,46          | 1:03.13 |
|                            |                         |                  |         |         |                |         |
| AFGEM                      | DZ&PC 2                 | DZ&PC            |         | 3:54.83 |                |         |
| <b>Senioren Open</b>       |                         |                  |         |         |                |         |
| 1.                         | DZ&PC 1                 | DZ&PC            |         | 3:27.45 | <b>3:32.42</b> | +0,70   |
|                            | Brendon Scheepers       | +0,70            | 53.24   |         | +0,54          | 53.14   |
|                            | Jelle Betten            | +0,67            | 54.63   |         | +0,49          | 51.41   |
|                            |                         |                  |         |         |                |         |
| 2.                         | ZPC Hoogeveen 1         | ZPC Hoogeveen    |         | 3:31.32 | <b>3:39.91</b> | +0,71   |
|                            | Gauke Eilander          | +0,71            | 57.06   |         | +0,41          | 55.49   |
|                            | Koen Lems               | +0,37            | 54.74   |         | +0,41          | 52.62   |
|                            |                         |                  |         |         |                |         |
| 3.                         | HZ&PC Heerenveen 1      | HZ&PC Heerenveen |         | 3:37.58 | <b>3:42.42</b> | +0,66   |
|                            | Dennis Bos              | +0,66            | 55.11   |         | +0,43          | 56.11   |
|                            | Denny Olde Agterhuis    | +0,47            | 56.30   |         | +0,02          | 54.90   |
|                            |                         |                  |         |         |                |         |
| 4.                         | Orca 1                  | Orca             |         | 3:50.38 | <b>3:46.04</b> | +0,70   |
|                            | Luuk Veldman            | +0,70            | 57.64   |         | +0,34          | 55.01   |
|                            | Jelmer Postma           | +0,28            | 55.12   |         | +0,39          | 58.27   |
|                            |                         |                  |         |         |                |         |
| 5.                         | ZPC Hoogeveen 2         | ZPC Hoogeveen    |         | 3:36.84 | <b>3:46.35</b> | +0,72   |
|                            | Jorie Seubers           | +0,72            | 56.78   |         | +0,23          | 56.13   |
|                            | Ardi Knol               | +0,49            | 57.12   |         | +0,31          | 56.32   |
|                            |                         |                  |         |         |                |         |
| 6.                         | Nova 1                  | Nova             |         | 3:50.25 | <b>3:52.42</b> | +0,83   |
|                            | Dennis Wildeboer        | +0,83            | 57.98   |         | +0,51          | 59.12   |
|                            | Axel Hanning            | +0,46            | 58.39   |         | +0,47          | 56.93   |
|                            |                         |                  |         |         |                |         |
| 7.                         | ZC Borger 1             | ZC Borger        |         | 4:01.92 | <b>3:53.05</b> | +0,65   |
|                            | Bryan Chen              | +0,65            | 57.84   |         | +0,26          | 1:00.73 |
|                            | Bob de Groot            | +0,22            | 59.95   |         | +0,45          | 54.53   |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 29, Heren, 4 x 100m vrije slag, Senioren Open

| Rang |                       |             |         | In.tijd           | Tijd           | RT      |
|------|-----------------------|-------------|---------|-------------------|----------------|---------|
| 8.   | De Spatters 1         | De Spatters |         | 3:48.02           | <b>3:56.83</b> | +0,72   |
|      | Koen Rooseboom        | +0,72       | 56.88   | Andy Oort         | +0,33          | 1:06.09 |
|      | Richard Hovenkamp     | +0,44       | 58.27   | Derk Jan Speelman | +0,31          | 55.59   |
| 9.   | ZC De Forel Wolvega 1 | De Forel    |         | 4:26.88           | <b>4:23.99</b> | +0,78   |
|      | Carlo Ruiz            | +0,78       | 1:01.01 | Makai van Haren   | +0,36          | 1:06.09 |
|      | Quentin Ruiz          | +0,44       | 1:16.23 | Niels Koopman     | +0,31          | 1:00.66 |

Programmanr. 30  
17-5-2015

Dames, 4 x 100m wisselslag

Junioren 1 en ouder  
Resultaten

| Rang                |                       |                  |         | In.tijd              | Tijd           | RT      |
|---------------------|-----------------------|------------------|---------|----------------------|----------------|---------|
| Junioren 3 en later |                       |                  |         |                      |                |         |
| 1.                  | Orca 3                | Orca             |         | 4:55.83              | <b>4:55.65</b> | +0,83   |
|                     | Suze Kuipers          | +0,83            | 1:16.16 | Janneke Weiland      | +0,38          | 1:12.01 |
|                     | Lize Janna de Vries   | +0,65            | 1:24.57 | Eva Willebrands      | +0,73          | 1:02.91 |
| 2.                  | TriVia 2              | TriVia           |         | 4:47.26              | <b>4:59.82</b> | +0,86   |
|                     | Inge Dekker           | +0,86            | 1:15.19 | Mariëlle Dolfijn     | +0,62          | 1:18.08 |
|                     | Marieke Wildeboer     | +0,33            | 1:20.74 | Isabeau Essing       | +0,14          | 1:05.81 |
| 3.                  | Nova 1                | Nova             |         | 5:05.20              | <b>5:03.07</b> | +0,76   |
|                     | Marjolein Venema      | +0,76            | 1:13.39 | Tessa Kooi           | +0,68          | 1:14.64 |
|                     | Jolien Wind           | +0,42            | 1:29.11 | Fleur Vialle         | +0,58          | 1:05.93 |
| 4.                  | ZPC Hoogeveen 2       | ZPC Hoogeveen    |         | 5:03.13              | <b>5:12.05</b> | +0,73   |
|                     | Jasmijn Steenberg     | +0,73            | 1:18.49 | Kyra Wooldrik        | +0,42          | 1:22.07 |
|                     | Mirthe Schenkel       | +0,52            | 1:26.58 | Paulien Wesseling    | +0,74          | 1:04.91 |
| 5.                  | HZ&PC Heerenveen 2    | HZ&PC Heerenveen |         | 4:57.02              | <b>5:15.60</b> | +0,57   |
|                     | Sanne Abma            | +0,57            | 1:20.83 | Femke Wiersma        | +0,60          | 1:24.59 |
|                     | Eline van der Wal     | +0,27            | 1:24.66 | Lianne van Wier      | +0,33          | 1:05.52 |
| 6.                  | ZC De Forel Wolvega 2 | De Forel         |         | 5:17.98              | <b>5:18.83</b> | +0,81   |
|                     | Brit Brandsma         | +0,81            | 1:15.89 | Chantal van Willegen | +0,47          | 1:24.07 |
|                     | Sigrid Hoogland       | +0,44            | 1:31.80 | Lynn Fledderus       | +0,24          | 1:07.07 |
| 7.                  | Wetterwille 1         | Wetterwille      |         | 5:24.96              | <b>5:38.90</b> | +0,68   |
|                     | Liya Jansen           | +0,68            | 1:29.38 | Nynke Zandstra       | +0,68          | 1:23.66 |
|                     | Ielan van Meerlo      | +0,43            | 1:31.21 | Lisanne Rinzema      | +0,29          | 1:14.65 |
| 8.                  | Aqua 68 2             | Aqua 68          |         | 5:19.42              | <b>5:41.26</b> | +0,81   |
|                     | Ilona Venema          | +0,81            | 1:26.63 | Ilse Hoogeveen       | +0,73          | 1:26.37 |
|                     | Irana Remmelts        | +0,93            | 1:34.42 | Anne-fleur Jonker    | +0,50          | 1:13.84 |
|                     | ZC Borger 2           | ZC Borger        |         | 6:05.18              | <b>5:41.26</b> | +0,60   |
|                     | Dyan Rothschild       | +0,60            | 1:21.35 | Brenda Beijering     | +0,85          | 1:28.53 |
|                     | Leonie Rockers        | +0,47            | 1:38.68 | Frederique Epping    | +0,19          | 1:12.70 |
| 10.                 | TriVia 3              | TriVia           |         | 5:24.29              | <b>5:44.69</b> | +0,79   |
|                     | Olena Dijkstra        | +0,79            | 1:23.92 | Masha Polushkina     | +0,48          | 1:31.06 |
|                     | Willianne Vos         | +0,53            | 1:35.55 | Emma Sies            | +0,50          | 1:14.16 |

Regionale Zomer Kampioenschappen  
Drachten, 15, 16 en 17 mei 2015

Programmanr. 30, Dames, 4 x 100m wisselslag

Senioren Open

|                           |               |         |                        |         |                |         |
|---------------------------|---------------|---------|------------------------|---------|----------------|---------|
| 1. DZ&PC 1                | DZ&PC         |         |                        | 4:18.85 | <b>4:28.10</b> | +0,69   |
| Claris de Vries           | +0,69         | 1:06.78 | Monique van der Struik | +0,75   |                | 1:07.02 |
| Karin Rijkelijhuizen      | +0,58         | 1:16.06 | Myrna van Duijven      | +0,35   |                | 58.24   |
| 2. Orca 1                 | Orca          |         |                        | 4:30.62 | <b>4:29.64</b> | +0,72   |
| Ilse Kraaijeveld          | +0,72         | 1:04.42 | Josien Wijkhuijs       | +0,41   |                | 1:02.92 |
| Joyce Kuipers             | +0,42         | 1:20.37 | Danieke van der Kooi   | +0,15   |                | 1:01.93 |
| 3. TriVia 1               | TriVia        |         |                        | 4:35.01 | <b>4:35.28</b> | +0,75   |
| Cynthia van Beusekom      | +0,75         | 1:08.20 | Ariane Kooijnga        | +0,47   |                | 1:09.00 |
| Renate Hemmes             | +0,32         | 1:17.07 | Frouke Beeksma         | +0,44   |                | 1:01.01 |
| 4. ZPC Hoogeveen 1        | ZPC Hoogeveen |         |                        | 4:30.32 | <b>4:38.72</b> | +0,76   |
| Mariët Koster             | +0,76         | 1:07.74 | Alinda Dingshoff       | +0,44   |                | 1:05.46 |
| Simone Krans              | +0,15         | 1:22.16 | Marsha Beukeveld       | +0,21   |                | 1:03.36 |
| 5. DZ&PC 2                | DZ&PC         |         |                        | 4:38.32 | <b>4:55.67</b> | +0,86   |
| Nynke Klokman             | +0,86         | 1:12.03 | Luca Ebbinge           | +0,19   |                | 1:17.65 |
| Hinke Groos               | +0,45         | 1:19.95 | Ariane Jonkman         | +0,31   |                | 1:06.04 |
| 6. De Valken 2            | De Valken     |         |                        | 4:47.74 | <b>4:57.18</b> | +0,71   |
| Arita Tolman              | +0,71         | 1:21.12 | Aukje Jenster          | +0,54   |                | 1:06.48 |
| Wiëlle Wolbers            | +0,31         | 1:26.61 | Jante Wolbers          | +0,11   |                | 1:02.97 |
| 7. De Spatters 1          | De Spatters   |         |                        | 4:43.79 | <b>4:58.18</b> | +0,73   |
| Anne van Asperen          | +0,73         | 1:16.27 | Caroline Damen         | +0,36   |                | 1:10.49 |
| Linda Boxma               | +0,61         | 1:25.41 | Cynthia Koerhuis       | +0,33   |                | 1:06.01 |
| 8. ZC Borger 1            | ZC Borger     |         |                        | 5:03.86 | <b>5:00.09</b> | +0,63   |
| Daphne Rockers            | +0,63         | 1:14.02 | Saranda Hofstra        | +0,62   |                | 1:11.60 |
| Claudia Dost              | +0,76         | 1:28.95 | Dionne Salomons        | +0,35   |                | 1:05.52 |
| 9. Orca 2                 | Orca          |         |                        | 4:58.46 | <b>5:06.19</b> | +0,70   |
| Melissa Nauta             | +0,70         | 1:12.95 | Annemiek Meulenbeld    | +0,30   |                | 1:21.08 |
| Esther Pot                | +0,63         | 1:28.80 | Marissa Lindemulder    | -0,36   |                | 1:03.36 |
| 10. ZC De Forel Wolvega 1 | De Forel      |         |                        | 5:27.14 | <b>5:31.75</b> | +0,82   |
| Alyah de Bruijn           | +0,82         | 1:25.67 | Tiffany Leerdam        | +0,62   |                | 1:17.06 |
| Jeske Moerenhout          | +0,48         | 1:35.60 | Anna Tinga             | +0,72   |                | 1:13.42 |
| 11. ZC Borger 3           | ZC Borger     |         |                        | 5:42.04 | <b>5:45.27</b> | +0,87   |
| Britt Gerdes              | +0,87         | 1:21.75 | Ilse Wals              |         |                | 1:40.31 |
| Noa Sanders               | +0,78         | 1:26.58 | Joske Sanders          | +0,32   |                | 1:16.63 |