

Limiet 18 december 2010
Dedemsvaart, 18.12.2010

Programmanr. 1
18-12-2010 - 16:45

Dames, 100m schoolslag

Senioren Open
Resultaten

| Rang | | | In.tijd | | Tijd |
|-------|-----------------------|----------------|---------|---------|----------------|
| 1. | Beau de Bruijn | Dedemsvaart-AC | 1:29.86 | 9400608 | 1:25.80 |
| 2. | Annick van der Kraats | Z&PV de Veene | 1:32.01 | 9800808 | 1:29.43 |
| 3. | Coqo Hendriks | De Kikker | 1:32.13 | 9800180 | 1:30.36 |
| 4. | Benice Flietstra | Z&PV de Veene | 1:31.07 | 9702264 | 1:31.13 |
| 5. | Lize Roosma | Aqua 68 | 1:30.47 | 9007136 | 1:31.32 |
| 6. | Carmen Jorritsma | Aqua 68 | 1:31.35 | 9207474 | 1:31.53 |
| 7. | Anne Speelman | Aqua 68 | 1:35.86 | 9706118 | 1:33.54 |
| 8. | Monica Bosman | Deltasteur | 1:38.86 | 9603048 | 1:35.67 |
| 9. | Kelly Bosman | Deltasteur | 1:37.67 | 9900612 | 1:36.10 |
| 10. | Sanne Stam | Deltasteur | 1:36.36 | 9700096 | 1:36.92 |
| 11. | Meike de Does | Aqua 68 | 1:37.30 | 9702858 | 1:40.16 |
| 12. | Floor Kuipers | Aqua 68 | 1:42.63 | 9604242 | 1:42.95 |
| AFGEM | Shanon Doldersum | Triton Putten | 1:33.99 | 9601604 | |
| AFGEM | Eline Kasper | Deltasteur | 1:52.16 | 9901516 | |
| AFGEM | Mirthe Schutte | Deltasteur | 1:50.16 | 9900620 | |
| AFGEM | Marleen Welten | Deltasteur | 1:24.86 | 9701526 | |
| AFGEM | Lisa Bruggenkamp | Aqua 68 | 1:26.09 | 9801526 | |

Programmanr. 2
18-12-2010 - 16:52

Heren, 100m schoolslag

Senioren Open
Resultaten

| Rang | | | In.tijd | | Tijd |
|-------|--|----------------|---------|---------|----------------|
| 1. | Sander Zoer | Dedemsvaart-AC | 1:15.00 | 8302447 | 1:13.10 |
| 2. | Pieter Pickhardt | ZPC De Hof | 1:14.60 | 8301657 | 1:14.15 |
| 3. | Koen Lems | De Kikker | 1:20.68 | 9603709 | 1:18.60 |
| 4. | Teun Nijhof | ZPC De Hof | 1:29.42 | 9600291 | 1:27.51 |
| 5. | Cars Wiegmann | ZPC De Hof | 1:30.29 | 9401025 | 1:29.89 |
| 6. | Kars Veldkamp | ZPC De Hof | 1:30.86 | 9700747 | 1:30.42 |
| 7. | Matthijs van Meerendonk | Aqua 68 | 1:35.92 | 9900375 | 1:35.89 |
| DIS | Robin van Grol | De Kikker | 1:30.79 | 9800129 | |
| | <i>AA - Te vroeg bewogen bij start.(geen tijd noteren)</i> | | | | |
| DIS | Bjarne Daenen | Deltasteur | 1:32.90 | 9800675 | |
| | <i>AA - Te vroeg bewogen bij start.(geen tijd noteren)</i> | | | | |
| AFGEM | Max de Ceuninck van Capelle | Deltasteur | 1:22.40 | 9701203 | |

Programmanr. 3
18-12-2010 - 16:56

Dames, 200m wisselslag

Senioren Open
Resultaten

| Rang | | | In.tijd | | Tijd |
|------|----------------------|----------------|---------|---------|----------------|
| 1. | Michelle Hoogendoorn | ZPC De Hof | 2:33.61 | 9503718 | 2:34.67 |
| 2. | Iris Riezebos | Deltasteur | 2:35.45 | 9400114 | 2:35.98 |
| 3. | Hannah Teeuw | Z&PV de Veene | 2:39.23 | 9601128 | 2:38.86 |
| 4. | Lianne Molkenboer | E Z C | 2:37.51 | 9602034 | 2:40.39 |
| 5. | Danique Scheltes | Aqua 68 | 2:45.04 | 9601316 | 2:43.68 |
| 6. | Susan Voortman | Dedemsvaart-AC | 2:53.42 | 9404066 | 2:43.86 |
| 7. | Daphne van Vliet | Z&PV de Veene | 2:45.42 | 9301044 | 2:48.38 |
| 8. | Juliët Aalderink | Dedemsvaart-AC | 2:54.13 | 9505586 | 2:49.70 |
| 9. | Mirjam de Raad | Deltasteur | 2:58.10 | 9800794 | 2:51.37 |
| 10. | Xanne Kamerbeek | E Z C | 2:56.82 | 9802814 | 2:56.64 |

Programmanr. 3, Dames, 200m wisselslag, Senioren Open

| Rang | | | In.tijd | | Tijd |
|-------|------------------|---------------|---------|---------|----------------|
| 11. | Suzanne Hospers | De Kikker | 3:03.54 | 9801832 | 2:56.72 |
| 12. | Nienke Visser | Triton Putten | 3:07.59 | 9403042 | 2:58.20 |
| 13. | Laura Camies | De Kikker | 3:05.20 | 9702246 | 2:59.80 |
| 14. | Danique Smit | Z&PV de Veene | 3:10.95 | 9903514 | 3:00.95 |
| 15. | Desiree Rave | Deltasteur | NT | 9900610 | 3:40.86 |
| AFGEM | Laura Schoeman | E Z C | 2:51.58 | 9702282 | |
| AFGEM | Sietske Veldkamp | ZPC De Hof | 2:32.64 | 9501628 | |
| AFGEM | Lisanne Prins | Deltasteur | NT | 9901520 | |
| AFGEM | Shanon Doldersum | Triton Putten | 3:03.42 | 9601604 | |

Programmanr. 4
18-12-2010 - 17:11

Heren, 200m wisselslag

Senioren Open
Resultaten

| Rang | | | In.tijd | | Tijd |
|------|-------------------|---------------|---------|---------|----------------|
| 1. | Bart Arendshorst | Z&PV de Veene | 2:14.10 | 9300005 | 2:16.15 |
| 2. | Mitchel Doldersum | Deltasteur | 2:25.11 | 9501167 | 2:20.29 |
| 3. | Richard Huisken | ZPC De Hof | 2:16.92 | 8501141 | 2:22.67 |
| 4. | Thomas Vrooland | Deltasteur | 2:48.10 | 9600337 | 2:42.20 |
| 5. | Martijn Wissink | ZPC De Hof | 3:07.74 | 9701147 | 3:16.16 |
| 6. | Melle Fischer | De Kikker | 3:26.03 | 9900481 | 3:18.89 |

Programmanr. 5
18-12-2010 - 17:15

Dames, 50m vrije slag

Senioren Open
Resultaten

| Rang | | | In.tijd | | Tijd |
|-------|--------------------|----------------|---------|---------|------------------|
| 1. | Milou ten Heggeler | ZPC De Hof | 29.14 | 9300306 | 29.16FJ 1 |
| 2. | Inge Menzo | Dedemsvaart-AC | 28.63 | 8802994 | 29.16FJ 2 |
| 3. | Saskia Zwiers | Dedemsvaart-AC | 30.47 | 9404064 | 29.48 |
| 4. | Antje van der Meer | De Kikker | 29.49 | 9204146 | 29.54 |
| 5. | Danaé Kreuwel | Z&PV de Veene | 30.23 | 9700438 | 29.79 |
| 6. | Kim Heerdink | Dedemsvaart-AC | 29.48 | 9001386 | 30.02 |
| 7. | Zoë Hendriks | De Kikker | 29.72 | 9405016 | 30.16 |
| 8. | Josien Odink | De Grunte | 31.73 | 8903094 | 30.21 |
| 9. | Laura van der Neut | ZPC De Hof | 30.89 | 9700326 | 30.36 |
| 10. | Laura Boessenkool | Dedemsvaart-AC | 31.10 | 9402604 | 30.64 |
| 11. | Ayla Berg | Dedemsvaart-AC | 32.62 | 9703480 | 31.02 |
| 12. | Sigrit Aarten | Deltasteur | 30.91 | 9302868 | 31.07 |
| 13. | Roos de Jager | Aqua 68 | 31.36 | 9503476 | 31.30 |
| 14. | Marlou Meijer | Aqua 68 | 30.76 | 9501990 | 32.17 |
| 15. | Marije Dankelman | Dedemsvaart-AC | 32.69 | 9701502 | 32.26 |
| 16. | Janita Blom | Dedemsvaart-AC | 32.42 | 8600372 | 32.74 |
| 17. | Coço Hendriks | De Kikker | 33.29 | 9800180 | 33.02 |
| AFGEM | Mirthe Schutte | Deltasteur | 40.64 | 9900620 | |

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Programmanr. 6
18-12-2010 - 17:19

Heren, 50m vrije slag

Senioren Open
Resultaten

| Rang | | | In.tijd | Tijd | |
|-------|-----------------------------|----------------|---------|---------|--------------|
| 1. | G.b. van t Oever | Deltasteur | 24.53 | 8702403 | 24.98 |
| 2. | Peter de Boer | Dedemsvaart-AC | 25.02 | 9206199 | 25.36 |
| 3. | Jesper Kloek | Dedemsvaart-AC | 25.47 | 9001585 | 25.48 |
| 4. | Henri Kragt | Deltasteur | 25.45 | 8701865 | 25.61 |
| 5. | Peter Hummel | De Kikker | 26.15 | 9300699 | 26.20 |
| 6. | Brian Morssinkhof | ZPC De Hof | 26.64 | 8501797 | 26.45 |
| 7. | Pim Teunis | Dedemsvaart-AC | 26.66 | 9504457 | 26.76 |
| 8. | Joey Nijboer | Dedemsvaart-AC | 27.51 | 9504659 | 26.82 |
| 9. | Tiemen Maris | Z&PV de Veene | 27.24 | 9400189 | 27.10 |
| 10. | Mathyas Palma | Z&PV de Veene | 26.01 | 9301405 | 27.35 |
| 11. | Derk Jan Speelman | Aqua 68 | 27.70 | 9602425 | 27.66 |
| 12. | Mike Bennink | Deltasteur | 27.95 | 9400861 | 27.80 |
| 13. | Justin Doldersum | Deltasteur | 28.04 | 9700493 | 28.02 |
| 14. | Ingmar Kloek | Dedemsvaart-AC | 28.04 | 9305409 | 28.04 |
| 15. | Jari Hofsink | Deltasteur | 29.77 | 9700535 | 29.90 |
| 16. | Thomas Vrooland | Deltasteur | 28.50 | 9600337 | 30.16 |
| 17. | Sepp Kalter | Dedemsvaart-AC | 32.48 | 9704327 | 30.71 |
| 18. | Bjarne Daenen | Deltasteur | 33.49 | 9800675 | 31.51 |
| 19. | Gideon Teeuw | Z&PV de Veene | 33.20 | 9801237 | 31.73 |
| 20. | Han Hollander | Deltasteur | 33.39 | 9800679 | 31.95 |
| 21. | Joost Hinnen | Z&PV de Veene | 33.69 | 9804211 | 33.26 |
| AFGEM | Max de Ceuninck van Capelle | Deltasteur | 27.59 | 9701203 | |
| AFGEM | Bart Verbon | De Kikker | 25.87 | 9302273 | |

Programmanr. 7
18-12-2010 - 17:24

Dames, 200m rugslag

Senioren Open
Resultaten

| Rang | | | In.tijd | Tijd | |
|-------|----------------------|----------------|---------|---------|----------------|
| 1. | Babette Aubri | Z&PV de Veene | 2:35.80 | 9700986 | 2:36.77 |
| 2. | Stéphanie Bergsma | Dedemsvaart-AC | 2:36.22 | 9203374 | 2:37.13 |
| 3. | Marsha Hidding | De Kikker | 2:45.25 | 9402612 | 2:48.73 |
| 4. | Janneke ten Brinke | ZPC De Hof | 3:01.00 | 9601334 | 2:55.39 |
| 5. | Janine ten Heggeler | ZPC De Hof | 3:02.33 | 9600036 | 3:02.80 |
| 6. | Kelly Bosman | Deltasteur | 3:52.10 | 9900612 | 3:16.11 |
| AFGEM | Lisa Leusink | ZPC De Hof | 3:00.86 | 9700064 | |
| AFGEM | May-Britt Kranenberg | ZPC De Hof | 3:05.51 | 9700108 | |

Programmanr. 8
18-12-2010 - 17:32

Heren, 200m rugslag

Senioren Open
Resultaten

| Rang | | | In.tijd | Tijd | |
|------|----------------------|---------------|---------|---------|----------------|
| 1. | Marcel Reefhuis | Z&PV de Veene | 2:20.31 | 8101381 | 2:21.53 |
| 2. | Jorden Theijink | ZPC De Hof | 2:27.39 | 9400323 | 2:23.36 |
| 3. | Wessel Everloo | Z&PV de Veene | 2:30.48 | 8906597 | 2:27.76 |
| 4. | Dennis Hoogstraten | Z&PV de Veene | 2:38.29 | 9303731 | 2:30.72 |
| 5. | Mark Arendshorst | Z&PV de Veene | 2:32.43 | 9400303 | 2:32.39 |
| 6. | Sjoerd Nijhof | ZPC De Hof | 2:31.49 | 9401117 | 2:33.36 |
| 7. | Friso van der Meulen | Aqua 68 | 2:54.38 | 9800617 | 2:39.32 |
| 8. | Teun Nijhof | ZPC De Hof | 2:45.70 | 9600291 | 2:46.16 |

Programmanr. 8, Heren, 200m rugslag, Senioren Open

| Rang | | | In.tijd | | Tijd |
|------|--|------------|---------|---------|----------------|
| DIS | Tristan Wiegmann | ZPC De Hof | 2:57.72 | 9600055 | 3:00.32 |
| | <i>RC - Rugligging verlaten tijdens de race zonder met de keerhandeling bezig te zijn.</i> | | | | |

Programmanr. 9
18-12-2010 - 17:39

Dames, 100m vlinderslag

Senioren Open Resultaten

| Rang | | | In.tijd | | Tijd |
|-------|--------------------|----------------|---------|---------|----------------|
| 1. | Maaïke van Veen | Dedemsvaart-AC | 1:09.10 | 9700292 | 1:08.46 |
| 2. | Sanne Scheltes | Aqua 68 | 1:14.14 | 9404164 | 1:14.13 |
| 3. | Iris Riezebos | Deltasteur | 1:09.55 | 9400114 | 1:15.04 |
| 4. | Lynde Hans | Dedemsvaart-AC | 1:14.70 | 9402606 | 1:15.45 |
| 5. | Annelette de Vries | Z&PV de Veene | 1:17.85 | 8603908 | 1:15.80 |
| 6. | Susan de Vries | Z&PV de Veene | 1:22.08 | 9700390 | 1:18.37 |
| 7. | Antje van der Meer | De Kikker | 1:22.89 | 9204146 | 1:20.67 |
| 8. | Kirsten Bies | Dedemsvaart-AC | 1:24.00 | 9800516 | 1:21.23 |
| 9. | Nynke de Pijper | Z&PV de Veene | 1:20.95 | 9300600 | 1:21.75 |
| AFGEM | Eline Kasper | Deltasteur | NT | 9901516 | |

Programmanr. 10
18-12-2010 - 17:43

Heren, 100m vlinderslag

Senioren Open Resultaten

| Rang | | | In.tijd | | Tijd |
|-------|------------------|----------------|---------|---------|----------------|
| 1. | Floris Polman | Dedemsvaart-AC | 1:02.19 | 9500093 | 1:01.95 |
| 2. | G.b. van t Oever | Deltasteur | 1:00.95 | 8702403 | 1:04.00 |
| 3. | Jordy Kerssies | Dedemsvaart-AC | 1:04.19 | 9105977 | 1:06.39 |
| 4. | Justin Doldersum | Deltasteur | 1:09.51 | 9700493 | 1:13.45 |
| 5. | Hans Stoffers | Triton Putten | 1:15.73 | 9604027 | 1:15.23 |
| AFGEM | Raoul Bergsma | Dedemsvaart-AC | 1:15.07 | 9400603 | |

Programmanr. 11
18-12-2010 - 17:45

Dames, 400m vrije slag

Senioren Open Resultaten

| Rang | | | In.tijd | | Tijd |
|-------|----------------------|----------------|---------|---------|----------------|
| 1. | Michelle Hoogendoorn | ZPC De Hof | 4:45.72 | 9503718 | 5:00.01 |
| 2. | Amber IJzebrink | Dedemsvaart-AC | 5:03.12 | 9602258 | 5:00.60 |
| 3. | Josien Odink | De Grunte | 5:10.05 | 8903094 | 5:03.64 |
| 4. | Joyce Mennink | Dedemsvaart-AC | 5:11.64 | 9601180 | 5:05.74 |
| 5. | Maren Kuipers | ZPC De Hof | 5:07.70 | 9600062 | 5:09.57 |
| 6. | Loraine Seliger | E Z C | 5:26.51 | 9503696 | 5:13.23 |
| 7. | Henrike de Vries | Z&PV de Veene | 5:24.00 | 8904490 | 5:16.00 |
| 8. | Simone Krans | De Kikker | 5:32.60 | 9900756 | 5:24.86 |
| 9. | Sterre Mooiweer | ZPC De Hof | 5:20.98 | 9800236 | 5:32.97 |
| 10. | Daphne Jurriëns | Z&PV de Veene | 5:48.20 | 9900316 | 5:37.57 |
| 11. | Gabriëlle Bolk | De Grunte | 5:45.89 | 9900344 | 5:38.07 |
| 12. | Monica Bosman | Deltasteur | 6:12.53 | 9603048 | 6:02.67 |
| 13. | Marieke van den Berg | Deltasteur | 6:26.13 | 9800266 | 6:13.16 |
| AFGEM | Sietske Veldkamp | ZPC De Hof | 4:46.10 | 9501628 | |

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Dedemsvaart, 18.12.2010

Programmanr. 12
18-12-2010 - 18:04

Heren, 400m vrije slag

Senioren Open
Resultaten

| Rang | | | In.tijd | | Tijd |
|-------|-----------------------|----------------|---------|---------|----------------|
| 1. | Maurice van der Ploeg | De Kikker | 4:42.27 | 9700305 | 4:44.60 |
| 2. | Koen Lems | De Kikker | 5:03.75 | 9603709 | 4:44.92 |
| 3. | Arjan Francken | Dedemsvaart-AC | 5:04.95 | 9402503 | 5:07.57 |
| 4. | Han Hollander | Deltasteur | 5:55.57 | 9800679 | 5:37.70 |
| 5. | Maik Huser | De Kikker | 6:03.76 | 9900265 | 5:49.42 |
| AFGEM | Lauren Nab | De Kikker | 6:05.02 | 9900023 | |

Programmanr. 13
18-12-2010 - 18:16

Dames, 100m rugslag

Senioren Open
Resultaten

| Rang | | | In.tijd | | Tijd |
|-------|----------------------|----------------|---------|---------|----------------|
| 1. | Inge Menzo | Dedemsvaart-AC | 1:09.44 | 8802994 | 1:10.86 |
| 2. | Babette Aubri | Z&PV de Veene | 1:11.88 | 9700986 | 1:12.77 |
| 3. | Kimberley Kranenberg | ZPC De Hof | 1:15.29 | 9400292 | 1:14.89 |
| 4. | Kim Heerdink | Dedemsvaart-AC | 1:16.42 | 9001386 | 1:18.51 |
| 5. | Sigrit Aarten | Deltasteur | 1:16.60 | 9302868 | 1:19.68 |
| 6. | Suzanne Hospers | De Kikker | 1:22.93 | 9801832 | 1:20.02 |
| 7. | Kim Bouhuys | De Kikker | 1:18.34 | 9401756 | 1:20.16 |
| 8. | Lize Roosma | Aqua 68 | 1:18.61 | 9007136 | 1:20.36 |
| 9. | Danaé Kreuwel | Z&PV de Veene | 1:19.39 | 9700438 | 1:20.45 |
| 10. | Leonie Boonstra | Aqua 68 | 1:21.36 | 9401324 | 1:20.64 |
| 11. | Lauri Lesscher | Z&PV de Veene | 1:22.86 | 9900318 | 1:20.72 |
| 12. | Janita Blom | Dedemsvaart-AC | 1:22.98 | 8600372 | 1:22.95 |
| 13. | Nienke Visser | Triton Putten | 1:23.02 | 9403042 | 1:26.76 |
| 14. | Monica Bosman | Deltasteur | 1:25.16 | 9603048 | 1:31.59 |
| 15. | Kelly Bosman | Deltasteur | 1:32.13 | 9900612 | 1:32.11 |
| AFGEM | Laura Schoeman | E Z C | 1:16.01 | 9702282 | |
| AFGEM | Maaïke Doornwaard | Deltasteur | 1:17.76 | 9800264 | |

Programmanr. 14
18-12-2010 - 18:22

Heren, 100m rugslag

Senioren Open
Resultaten

| Rang | | | In.tijd | | Tijd |
|------|-----------------|----------------|---------|---------|----------------|
| 1. | Richard Huisken | ZPC De Hof | 1:03.31 | 8501141 | 1:05.51 |
| 2. | Pim Teunis | Dedemsvaart-AC | 1:10.43 | 9504457 | 1:09.82 |
| 3. | Jari Hofsink | Deltasteur | 1:12.98 | 9700535 | 1:12.86 |
| 4. | Roel Peterinck | E Z C | 1:25.00 | 9801467 | 1:20.54 |
| DIS | Joost Hinnen | Z&PV de Veene | 1:37.66 | 9804211 | |

RE - Het keer- en/of eindpunt niet aangeraakt met enig lichaamsdeel. (geen tijd noteren)

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Dedemsvaart, 18.12.2010

Programmanr. 15
18-12-2010 - 18:24

Dames, 200m vrije slag

Senioren Open
Resultaten

| Rang | | | In.tijd | | Tijd |
|-------|-----------------------|---------------|---------|---------|----------------|
| 1. | Saranda Hofstra | De Kikker | 2:21.12 | 9700526 | 2:18.45 |
| 2. | Janneke ten Brinke | ZPC De Hof | 2:27.76 | 9601334 | 2:25.80 |
| 3. | Sanne Scheltes | Aqua 68 | 2:30.73 | 9404164 | 2:29.26 |
| 4. | Mirjam de Raad | Deltasteur | 2:32.52 | 9800794 | 2:30.01 |
| 5. | Annick van der Kraats | Z&PV de Veene | 2:38.95 | 9800808 | 2:35.93 |
| 6. | Susan de Vries | Z&PV de Veene | 2:42.41 | 9700390 | 2:38.02 |
| 7. | Gabrielle Bolk | De Grunte | 2:41.39 | 9900344 | 2:40.60 |
| 8. | Danique Smit | Z&PV de Veene | 2:51.89 | 9903514 | 2:47.76 |
| 9. | Benice Flietstra | Z&PV de Veene | 2:48.60 | 9702264 | 2:48.15 |
| 10. | Desiree Rave | Deltasteur | 3:12.36 | 9900610 | 3:08.40 |
| AFGEM | Lisa Bruggenkamp | Aqua 68 | 2:37.98 | 9801526 | |
| AFGEM | Lisa Leusink | ZPC De Hof | 2:46.69 | 9700064 | |

Programmanr. 16
18-12-2010 - 18:32

Heren, 200m vrije slag

Senioren Open
Resultaten

voelopige resultaten

| Rang | | | In.tijd | | Tijd |
|-------|-----------------------------|----------------|---------|---------|----------------|
| | Bart Arendshorst | Z&PV de Veene | 2:01.36 | 9300005 | 2:02.45 |
| | Sander Zoer | Dedemsvaart-AC | 2:05.56 | 8302447 | 2:05.67 |
| | Pieter Pickhardt | ZPC De Hof | 2:17.53 | 8301657 | 2:13.57 |
| | Derk Jan Speelman | Aqua 68 | 2:22.93 | 9602425 | 2:15.11 |
| | Sjoerd Nijhof | ZPC De Hof | 2:22.82 | 9401117 | 2:17.23 |
| | Mark Arendshorst | Z&PV de Veene | 2:14.42 | 9400303 | 2:17.29 |
| | Dennis Hoogstraten | Z&PV de Veene | 2:19.82 | 9303731 | 2:19.56 |
| | Mike Bennink | Deltasteur | 2:27.54 | 9400861 | 2:20.30 |
| | Cars Wiegmann | ZPC De Hof | 2:28.56 | 9401025 | 2:29.59 |
| | Martijn Wissink | ZPC De Hof | 2:33.02 | 9701147 | 2:44.02 |
| AFGEM | Max de Ceuninck van Capelle | Deltasteur | 2:16.39 | 9701203 | |

Programmanr. 17
18-12-2010 - 18:38

Dames, 200m schoolslag

Senioren Open
Resultaten

| Rang | | | In.tijd | | Tijd |
|-------|----------------------|---------------|---------|---------|----------------|
| 1. | Hannah Teeuw | Z&PV de Veene | 3:02.81 | 9601128 | 2:57.57 |
| 2. | Daphne van Vliet | Z&PV de Veene | 3:01.45 | 9301044 | 3:06.54 |
| 3. | Marsha Hidding | De Kikker | 3:08.17 | 9402612 | 3:15.40 |
| 4. | Carmen Jorritsma | Aqua 68 | 3:17.86 | 9207474 | 3:22.73 |
| 5. | Janine ten Heggeler | ZPC De Hof | 3:35.23 | 9600036 | 3:34.20 |
| AFGEM | Lisanne Prins | Deltasteur | 4:11.00 | 9901520 | |
| AFGEM | May-Britt Kranenberg | ZPC De Hof | 3:20.64 | 9700108 | |
| AFGEM | Marleen Welten | Deltasteur | 3:10.04 | 9701526 | |

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Dedemsvaart, 18.12.2010

Programmanr. 18
18-12-2010 - 18:47

Heren, 200m schoolslag

Senioren Open
Resultaten

| Rang | | | In.tijd | | Tijd |
|------|-------------------|----------------|---------|------------|----------------|
| 1. | Brian Morssinkhof | ZPC De Hof | 2:38.69 | 8501797 | 2:36.77 |
| 2. | Jorden Theijink | ZPC De Hof | 2:40.57 | 9400323 | 2:48.54 |
| 3. | Ingmar Kloek | Dedemsvaart-AC | 2:50.18 | 9305409 | 2:55.45 |
| 4. | Robin van Grol | De Kikker | 3:13.20 | 9800129 | 3:06.58 |
| 5. | Tristan Wiegmann | ZPC De Hof | | NT 9600055 | 3:14.32 |
| 6. | Han Hollander | Deltasteur | 3:46.07 | 9800679 | 3:42.36 |
| 7. | Melle Fischer | De Kikker | | NT 9900481 | 4:00.82 |

Programmanr. 19
18-12-2010 - 18:55

Dames, 400m wisselslag

Senioren Open
Resultaten

| Rang | | | In.tijd | | Tijd |
|------|----------------------|----------------|---------|------------|----------------|
| 1. | Maaike van Veen | Dedemsvaart-AC | 5:25.03 | 9700292 | 5:19.92 |
| 2. | Milou ten Heggeler | ZPC De Hof | 5:40.04 | 9300306 | 5:24.20 |
| 3. | Laura Boessenkool | Dedemsvaart-AC | 5:48.42 | 9402604 | 5:51.45 |
| 4. | Kimberley Kranenberg | ZPC De Hof | 6:03.89 | 9400292 | 5:55.76 |
| 5. | Marije Dankelman | Dedemsvaart-AC | | NT 9701502 | 6:09.29 |
| 6. | Mirjam de Raad | Deltasteur | | NT 9800794 | 6:13.29 |
| 7. | Ayla Berg | Dedemsvaart-AC | | NT 9703480 | 6:14.42 |
| 8. | Sanne Stam | Deltasteur | | NT 9700096 | 6:46.04 |

Programmanr. 20
18-12-2010 - 19:07

Heren, 400m wisselslag

Senioren Open
Resultaten

| Rang | | | In.tijd | | Tijd |
|------|-------------------|------------|---------|------------|----------------|
| 1. | Mitchel Doldersum | Deltasteur | 5:07.13 | 9501167 | 5:04.51 |
| 2. | Justin Doldersum | Deltasteur | | NT 9700493 | 5:29.48 |
| 3. | Jari Hofsink | Deltasteur | | NT 9700535 | 5:43.82 |
| 4. | Kars Veldkamp | ZPC De Hof | | NT 9700747 | 5:55.29 |
| 5. | Bjarne Daenen | Deltasteur | | NT 9800675 | 6:31.00 |

Programmanr. 21
18-12-2010 - 19:13

Dames, 100m vrije slag

Senioren Open
Resultaten

| Rang | | | In.tijd | | Tijd |
|------|--------------------|----------------|---------|---------|--------------------|
| 1. | Iris Riezebos | Deltasteur | 1:00.92 | 9400114 | 1:02.95 |
| 2. | Saranda Hofstra | De Kikker | 1:04.56 | 9700526 | 1:03.54FJ 1 |
| 3. | Annelette de Vries | Z&PV de Veene | 1:02.70 | 8603908 | 1:03.54FJ 2 |
| 4. | Stéphanie Bergsma | Dedemsvaart-AC | 1:03.60 | 9203374 | 1:04.16 |
| 5. | Antje van der Meer | De Kikker | 1:05.00 | 9204146 | 1:04.23 |
| 6. | Leonie Boonstra | Aqua 68 | 1:03.82 | 9401324 | 1:04.98 |
| 7. | Lynde Hans | Dedemsvaart-AC | 1:06.23 | 9402606 | 1:05.96 |
| 8. | Saskia Zwiers | Dedemsvaart-AC | 1:06.25 | 9404064 | 1:06.02 |
| 9. | Maren Kuipers | ZPC De Hof | 1:06.51 | 9600062 | 1:06.18 |
| 10. | Danique Scheltes | Aqua 68 | 1:04.59 | 9601316 | 1:06.24 |
| 11. | Josien Odink | De Grunte | 1:08.01 | 8903094 | 1:06.60 |
| 12. | Susan Voortman | Dedemsvaart-AC | 1:05.01 | 9404066 | 1:06.89 |
| 13. | Laura van der Neut | ZPC De Hof | 1:06.90 | 9700326 | 1:07.36 |
| 14. | Beau de Bruijn | Dedemsvaart-AC | 1:07.54 | 9400608 | 1:07.54 |

Limiet 18 december 2010
Dedemsvaart, 18.12.2010

Programmanr. 21, Dames, 100m vrije slag, Senioren Open

| Rang | | | In.tijd | | Tijd |
|-------|----------------------|----------------|---------|---------|----------------|
| 15. | Sigrit Aarten | Deltasteur | 1:06.15 | 9302868 | 1:08.13 |
| 16. | Loraine Seliger | E Z C | 1:07.32 | 9503696 | 1:08.20 |
| 17. | Juliët Aalderink | Dedemsvaart-AC | 1:09.73 | 9505586 | 1:08.32 |
| 18. | Nynke de Pijper | Z&PV de Veene | 1:09.12 | 9300600 | 1:09.45 |
| 19. | Simone Krans | De Kikker | 1:12.30 | 9900756 | 1:10.07 |
| 20. | Roos de Jager | Aqua 68 | 1:11.25 | 9503476 | 1:10.79 |
| 21. | Marlou Meijer | Aqua 68 | 1:10.17 | 9501990 | 1:12.14 |
| 22. | Kim Bouhuys | De Kikker | 1:10.89 | 9401756 | 1:12.45 |
| 23. | Anne Speelman | Aqua 68 | 1:14.70 | 9706118 | 1:12.61 |
| 24. | Meike de Does | Aqua 68 | 1:16.81 | 9702858 | 1:16.76 |
| 25. | Floor Kuipers | Aqua 68 | 1:13.10 | 9604242 | 1:17.22 |
| 26. | Marieke van den Berg | Deltasteur | 1:18.26 | 9800266 | 1:19.68 |
| 27. | Desiree Rave | Deltasteur | 1:27.07 | 9900610 | 1:27.73 |
| AFGEM | Lisanne Prins | Deltasteur | 1:47.92 | 9901520 | |
| AFGEM | Mirthe Schutte | Deltasteur | 1:28.95 | 9900620 | |
| AFGEM | Shanon Doldersum | Triton Putten | 1:13.22 | 9601604 | |
| AFGEM | Maaike Doornwaard | Deltasteur | 1:10.48 | 9800264 | |

Programmanr. 22
18-12-2010 - 19:25

Heren, 100m vrije slag

Senioren Open
Resultaten

| Rang | | | In.tijd | | Tijd |
|-------|-------------------------|----------------|---------|---------|----------------|
| 1. | G.b. van t Oever | Deltasteur | 52.95 | 8702403 | 55.10 |
| 2. | Peter de Boer | Dedemsvaart-AC | 55.76 | 9206199 | 55.82 |
| 3. | Henri Kragt | Deltasteur | 56.39 | 8701865 | 56.56 |
| 4. | Jesper Kloek | Dedemsvaart-AC | 57.18 | 9001585 | 57.67 |
| 5. | Jorden Theijink | ZPC De Hof | 55.12 | 9400323 | 57.92 |
| 6. | Marcel Reefhuis | Z&PV de Veene | 59.13 | 8101381 | 58.60 |
| 7. | Pim Teunis | Dedemsvaart-AC | 58.42 | 9504457 | 59.13 |
| 8. | Jordy Kerssies | Dedemsvaart-AC | 57.57 | 9105977 | 1:00.26 |
| 9. | Maurice van der Ploeg | De Kikker | 59.92 | 9700305 | 1:00.48 |
| 10. | Mathyas Palma | Z&PV de Veene | 1:00.73 | 9301405 | 1:00.86 |
| 11. | Wessel Everloo | Z&PV de Veene | 1:00.89 | 8906597 | 1:01.93 |
| 12. | Derk Jan Speelman | Aqua 68 | 59.92 | 9602425 | 1:02.55 |
| 13. | Mike Bennink | Deltasteur | 1:03.98 | 9400861 | 1:02.57 |
| 14. | Thomas Vrooland | Deltasteur | 1:03.39 | 9600337 | 1:03.48 |
| 15. | Friso van der Meulen | Aqua 68 | 1:04.49 | 9800617 | 1:03.98 |
| 16. | Teun Nijhof | ZPC De Hof | 1:06.80 | 9600291 | 1:05.54 |
| 17. | Hans Stoffers | Triton Putten | 1:06.50 | 9604027 | 1:06.00 |
| 18. | Roel Peterinck | E Z C | 1:10.14 | 9801467 | 1:08.20 |
| 19. | Sepp Kalter | Dedemsvaart-AC | 1:09.48 | 9704327 | 1:09.19 |
| 20. | Gideon Teeuw | Z&PV de Veene | 1:12.05 | 9801237 | 1:10.95 |
| 21. | Maik Huser | De Kikker | 1:14.98 | 9900265 | 1:14.10 |
| 22. | Matthijs van Meerendonk | Aqua 68 | 1:20.24 | 9900375 | 1:14.48 |
| AFGEM | Lauren Nab | De Kikker | 1:16.16 | 9900023 | |

Limiet 18 december 2010
Dedemsvaart, 18.12.2010

Programmanr. 23
18-12-2010 - 19:32

Dames, 100m wisselslag

Senioren Open
Resultaten

| Rang | | | In.tijd | | Tijd |
|------|-------------------|----------------|---------|---------|----------------|
| 1. | Joyce Mennink | Dedemsvaart-AC | 1:11.95 | 9601180 | 1:10.92 |
| 2. | Lianne Molkenboer | E Z C | 1:12.32 | 9602034 | 1:12.00 |
| 3. | Kirsten Bies | Dedemsvaart-AC | 1:20.72 | 9800516 | 1:14.39 |
| 4. | Amber IJzebrink | Dedemsvaart-AC | 1:23.30 | 9602258 | 1:14.51 |
| 5. | Zoë Hendriks | De Kikker | 1:15.32 | 9405016 | 1:15.20 |
| 6. | Kim Heerdink | Dedemsvaart-AC | 1:13.89 | 9001386 | 1:15.92 |
| 7. | Sterre Mooiweer | ZPC De Hof | 1:20.89 | 9800236 | 1:20.06 |
| 8. | Xanne Kamerbeek | E Z C | 1:23.52 | 9802814 | 1:22.45 |
| 9. | Nienke Visser | Triton Putten | 1:27.85 | 9403042 | 1:24.33 |
| 10. | Janita Blom | Dedemsvaart-AC | 1:22.60 | 8600372 | 1:24.73 |
| 11. | Lauri Lesscher | Z&PV de Veene | 1:26.32 | 9900318 | 1:26.84 |

Programmanr. 24
18-12-2010 - 19:36

Heren, 100m wisselslag

Senioren Open
Resultaten

| Rang | | | In.tijd | | Tijd |
|-------|----------------|----------------|---------|---------|----------------|
| 1. | Floris Polman | Dedemsvaart-AC | 1:03.39 | 9500093 | 1:02.80 |
| 2. | Peter Hummel | De Kikker | 1:07.05 | 9300699 | 1:06.73 |
| 3. | Joey Nijboer | Dedemsvaart-AC | 1:14.29 | 9504659 | 1:09.99 |
| 4. | Tiemen Maris | Z&PV de Veene | 1:10.28 | 9400189 | 1:10.07 |
| 5. | Arjan Francken | Dedemsvaart-AC | 1:19.89 | 9402503 | 1:15.23 |
| AFGEM | Bart Verbon | De Kikker | 1:10.15 | 9302273 | |
| AFGEM | Raoul Bergsma | Dedemsvaart-AC | 1:14.23 | 9400603 | |