

Competitie 2
Valkenburg, 15.11.2009

Programmanr. 2
15-11-2009

Jongens, 4 x 100m vrije slag

Jongens Junioren 4 en later
Resultaten

| Rang | | | In.tijd | | Tijd |
|------|-----------------------|---------------|--------------------|--|----------------|
| 1. | ZC Valkenburg 1 | ZC Valkenburg | 3:46.55 | | 3:47.13 |
| | Lester Snackers 94 | 55.15 | Mart Theunissen 95 | | |
| | Arthur van Noorden 95 | | Jelle Peltzer 94 | | |
| 2. | ZC Valkenburg 2 | ZC Valkenburg | 4:13.96 | | 4:13.75 |
| | Lucas Greven 95 | 58.18 | Dylan Notten 95 | | |
| | Max Grispén 95 | | Josiah Markink 94 | | |
| 3. | Nimo 1 | Nimo | 4:15.50 | | 4:15.04 |
| | Kiowa Kamaansing 95 | 1:03.09 | Joeri Kerkhoff 95 | | |
| | Camiel Smeets 94 | | Yoeri Cuijpers 94 | | |

Programmanr. 3
15-11-2009

4 x 50m vrije slag Meisjes Junioren 1 e.l. en Jongens Minioren 6 e.l.
(1j,1m,1j,1m)

Resultaten

| Rang | | | In.tijd | | Tijd |
|------|----------------------|---------------|-----------------------|--|----------------|
| 1. | Nimo 1 | Nimo | 2:28.14 | | 2:25.92 |
| | Bas Dijkstra 00 | 38.90 | Leroy de Brouwer 99 | | |
| | Daphne Erkens 98 | | Chayenne Poorts 98 | | |
| 2. | ZC Valkenburg 1 | ZC Valkenburg | 2:39.99 | | 2:30.53 |
| | Stephan Hamers 99 | 46.94 | Dario van Hulst 99 | | |
| | Rianne de Croock 98 | | Carmen van de Rijt 98 | | |
| 3. | Zon/S&s 1 | Zon/S&s | 2:46.12 | | 2:40.63 |
| | Joshua Sinkiewicz 99 | 39.42 | Milo Simons 00 | | |
| | Lotte Offermans 98 | | Mariecke de Beer 99 | | |

Programmanr. 5
15-11-2009

Dames, 200m wisselslag

Dames Senioren Open
Resultaten

| Rang | | | In.tijd | 50m | 100m | 150m | 200m |
|------|------------------|---------------|---------|---------|------|------|---------|
| 1. | Chantal Senden | ZC Valkenburg | 2:25.61 | 9300698 | | | 2:26.93 |
| 2. | Lotte Greven | ZC Valkenburg | 2:30.47 | 8705620 | | | 2:27.93 |
| 3. | Mara Pfeffer | Nimo | 2:42.57 | 9105478 | | | 2:39.93 |
| 4. | Fanny Robbertsen | Nimo | 2:43.28 | 9102622 | | | 2:42.62 |
| 5. | Bo Peeters | Nimo | 2:41.56 | 9306564 | | | 2:43.56 |
| 6. | Danique Ubags | Zon/S&s | 2:44.05 | 9003780 | | | 2:46.63 |
| 7. | Tessa Kierkels | ZC Valkenburg | 2:42.45 | 9101602 | | | 2:47.45 |
| 8. | Anke Snijkers | Nimo | 2:54.64 | 9201638 | | | 2:56.85 |
| NG | Suzanne Duijkers | Zon/S&s | 2:37.44 | 8701024 | | | |

Programmanr. 6
15-11-2009

Heren, 100m vlindersslag

Heren Senioren Open
Resultaten

| Rang | | | In.tijd | 50m | 100m |
|------|---------------------|---------------|---------|---------|---------|
| 1. | Yvo op den Kamp | ZC Valkenburg | 59.22 | 8901553 | 58.53 |
| 2. | Kay op den Kamp | ZC Valkenburg | 1:02.75 | 9103425 | 1:02.59 |
| 3. | Jeroen Geurts | ZC Valkenburg | 1:05.00 | 8801099 | 1:04.40 |
| 4. | Sander van Elburg | ZC Valkenburg | 1:01.18 | 8800937 | 1:04.46 |
| 5. | Sander van den Berg | Nimo | 1:04.74 | 8700211 | 1:05.70 |
| 6. | Freddie Geerlings | Nimo | 1:06.65 | 7900379 | 1:07.11 |

Competitie 2
Valkenburg, 15.11.2009

Programmanr. 6, Heren, 100m vlinderslag, Heren Senioren Open

| Rang | | | In.tijd | | 50m | 100m |
|------|------------------|---------------|---------|---------|-----|---------|
| 7. | Jacky Coumans | ZC Valkenburg | 1:09.47 | 9000573 | | 1:08.31 |
| 8. | Rick Hellenbrand | Nimo | 1:12.04 | 8901173 | | 1:10.25 |
| 9. | Thijs Villevoije | Nimo | 1:13.44 | 9106589 | | 1:12.89 |
| 10. | Karsten Meijers | ZC Valkenburg | 1:30.97 | 9004959 | | 1:27.91 |
| DIS | Mark Sniijders | Zon/S&s | 1:14.26 | 8803187 | | 1:14.12 |

VE - De bewegingen van de benen niet op gelijke wijze uitgevoerd.

Programmanr. 7
15-11-2009

Dames, 100m schoolslag

Dames Senioren 2 en later
Resultaten

| Rang | | | In.tijd | | 50m | 100m |
|------|------------------|---------------|---------|---------|-----|---------|
| 1. | Chloé Rutzerveld | Nimo | 1:20.63 | 9203450 | | 1:21.75 |
| 2. | Melissa Meijer | Nimo | 1:20.12 | 9304374 | | 1:22.62 |
| 3. | Jamie Schepers | ZC Valkenburg | 1:22.24 | 9300894 | | 1:23.76 |
| 4. | Sandra Verheijen | ZC Valkenburg | 1:24.76 | 9203192 | | 1:24.08 |
| 5. | Misty Coert | ZC Valkenburg | 1:26.82 | 9300162 | | 1:24.13 |
| 6. | Chidi Hennigfeld | Zon/S&s | 1:28.21 | 9303332 | | 1:26.43 |
| 7. | Jamilla Franssen | Zon/S&s | 1:39.72 | 9404872 | | 1:39.16 |
| NG | Vera Weinberg | Nimo | 1:22.95 | 9302144 | | |

Programmanr. 9
15-11-2009

Jongens, 200m vrije slag

Jongens Jeugd 2 en later
Resultaten

| Rang | | | In.tijd | | 50m | 100m | 150m | 200m |
|------|-------------------|---------------|---------|--------------|-----|---------|------|---------|
| 1. | Mitch Notten | ZC Valkenburg | 1:55.65 | 9202505 | | 56.54 | | 1:57.67 |
| 2. | Jeroen Feijs | ZC Valkenburg | 2:02.98 | 9200333 | | 1:00.43 | | 2:05.34 |
| 3. | Robin Ramaekers | Nimo | 2:04.70 | 9304385 FJ 1 | | 1:00.03 | | 2:05.75 |
| 4. | Mart Theunissen | ZC Valkenburg | 2:05.58 | 9500483 FJ 2 | | 1:00.50 | | 2:05.75 |
| 5. | Ronald Waldus | Nimo | 2:28.23 | 9206275 | | 1:03.41 | | 2:17.13 |
| 6. | Bjorn van de Kuit | Zon/S&s | 2:19.43 | 9306693 | | 1:04.45 | | 2:19.96 |
| NG | Vasily Oros | Zon/S&s | 2:36.86 | 9304329 | | | | |

Programmanr. 10
15-11-2009

Meisjes, 200m rugslag

Meisjes Jeugd 2 en later
Resultaten

| Rang | | | In.tijd | | 50m | 100m | 150m | 200m |
|------|---------------------|---------------|---------|---------|-----|---------|------|---------|
| 1. | Jona Pisters | Nimo | 2:43.20 | 9501784 | | 1:15.30 | | 2:36.06 |
| 2. | Carmen van de Rijt | ZC Valkenburg | NT | 9801412 | | 1:25.27 | | 2:49.27 |
| 3. | Karin van der Aalst | Zon/S&s | 2:56.43 | 9501356 | | 1:23.86 | | 2:52.40 |
| 4. | Bo Kerkhoff | Nimo | 2:55.56 | 9502376 | | 1:23.95 | | 2:52.66 |
| 5. | Mandy Wetzels | Zon/S&s | 2:56.09 | 9401012 | | 1:26.82 | | 2:55.50 |
| 6. | Rylana Slaghuis | Nimo | 2:46.10 | 9401286 | | 1:24.48 | | 2:57.35 |
| 7. | Lisette Ramaekers | Zon/S&s | 3:15.63 | 9403984 | | 1:33.90 | | 3:11.94 |
| 8. | Melanie de Bruin | Zon/S&s | NT | 9505669 | | 1:07.92 | | 4:22.77 |

Competitie 2
Valkenburg, 15.11.2009

Programmanr. 12 Jongens, 100m vlinderslag Jongens Junioren 4 en later
15-11-2009 Resultaten

| Rang | | | In.tijd | | 50m | 100m |
|------|--------------------|---------------|---------|------------|-----|---------|
| 1. | Lester Snackers | ZC Valkenburg | 1:03.33 | 9400947 | | 1:02.45 |
| 2. | Jelle Peltzer | ZC Valkenburg | 1:11.94 | 9403779 | | 1:04.83 |
| 3. | Lucas Greven | ZC Valkenburg | 1:06.97 | 9501941 | | 1:05.79 |
| 4. | Arthur van Noorden | ZC Valkenburg | 1:07.35 | 9501239 | | 1:07.45 |
| 5. | Max Grispen | ZC Valkenburg | 1:07.29 | 9501783 | | 1:08.12 |
| 6. | Yoeri Cuijpers | Nimo | 1:10.51 | 9403969 | | 1:10.77 |
| 7. | Joeri Kerkhoff | Nimo | 1:15.00 | 9501689 | | 1:15.85 |
| 8. | Kiowa Kamaansing | Nimo | 1:21.46 | 9500125 | | 1:23.46 |
| 9. | Andreas Waldus | Nimo | 1:23.95 | 9503581 | | 1:23.57 |
| 10. | Tim Ramaekers | Zon/S&s | 1:20.51 | 9600629 | | 1:28.50 |
| 11. | Camiel Smeets | Nimo | 1:21.83 | 9400911 | | 1:30.61 |
| 12. | Yannic van de Kuit | Zon/S&s | 1:43.87 | 9504825 | | 1:46.35 |
| DIS | Josiah Markink | ZC Valkenburg | | NT 9406095 | | 1:18.75 |

VI - Met één hand keer- en/of eindpunt aangetikt.

Programmanr. 13 Dames, 50m schoolslag Dames Senioren Open
15-11-2009 Resultaten

| Rang | | | In.tijd | | Tijd |
|-------|---------------------|---------------|---------|---------|-------------------|
| 1. | Chantal Senden | ZC Valkenburg | 33.98 | 9300698 | 34.77 |
| 2. | Lotte Greven | ZC Valkenburg | 38.64 | 8705620 | 37.83 |
| 3. | Sanne Kerkhoff | Nimo | 38.91 | 9305530 | 39.66 FJ 1 |
| 4. | Dimphy van de Laar | ZC Valkenburg | 38.68 | 9201052 | 39.66 FJ 2 |
| 5. | Ingrid Jansen | Nimo | 40.60 | 8705592 | 40.03 |
| 6. | Fanny Robbertsen | Nimo | 39.84 | 9102622 | 40.55 |
| 7. | Tessa Kierkels | ZC Valkenburg | 39.95 | 9101602 | 40.64 |
| AFGEM | Laura van der Aalst | Zon/S&s | 46.08 | 9000006 | |

Programmanr. 14 Heren, 200m vrije slag Heren Senioren Open
15-11-2009 Resultaten

| Rang | | | In.tijd | | 50m | 100m | 150m | 200m |
|------|---------------------|---------------|---------|---------|-----|---------|------|---------|
| 1. | Yvo op den Kamp | ZC Valkenburg | 1:54.64 | 8901553 | | 56.13 | | 1:54.42 |
| 2. | Terrence Olaria | ZC Valkenburg | 2:02.17 | 8602249 | | 56.89 | | 1:59.46 |
| 3. | Sander van Elburg | ZC Valkenburg | 2:02.50 | 8800937 | | 59.88 | | 2:07.74 |
| 4. | Jeroen Geurts | ZC Valkenburg | 2:11.99 | 8801099 | | 1:00.96 | | 2:10.62 |
| 5. | Jacky Coumans | ZC Valkenburg | 2:07.37 | 9000573 | | 1:03.41 | | 2:10.98 |
| 6. | Thijs Villevoije | Nimo | 2:11.42 | 9106589 | | 1:04.05 | | 2:13.28 |
| 7. | Sander van den Berg | Nimo | 2:08.77 | 8700211 | | 1:03.39 | | 2:14.41 |
| 8. | Martyn Slaghuis | Nimo | 2:13.18 | 9103035 | | 1:06.46 | | 2:19.63 |
| 9. | Rick Hellenbrand | Nimo | 2:21.63 | 8901173 | | 1:07.24 | | 2:20.27 |
| 10. | Karsten Meijers | ZC Valkenburg | 2:31.00 | 9004959 | | 1:13.93 | | 2:36.25 |

Competitie 2
Valkenburg, 15.11.2009

Programmanr. 15 Meisjes, 200m wisselslag Meisjes Junioren 3 en later
15-11-2009 Resultaten

| Rang | | In.tijd | 50m | 100m | 150m | 200m |
|------|--------------------------------|-----------------|-----|------|------|---------|
| 1. | Mignon Peeters Nimo | 2:54.04 9701048 | | | | 2:52.46 |
| 2. | Nina Grispen ZC Valkenburg | 3:00.13 9700656 | | | | 2:56.29 |
| 3. | Merel Jaspers Nimo | 2:58.44 9602544 | | | | 2:57.96 |
| 4. | Nieske Janssen Nimo | 3:00.20 9601328 | | | | 3:01.50 |
| 5. | Rianne de Croock ZC Valkenburg | 3:13.56 9801466 | | | | 3:03.95 |
| 6. | Emmy Linssen Zon/S&s | 3:20.20 9600590 | | | | 3:07.25 |
| 7. | Inge Bastings ZC Valkenburg | 3:17.69 9603068 | | | | 3:07.63 |
| 8. | Kathleen de Beer Zon/S&s | 3:10.32 9702638 | | | | 3:12.59 |
| 9. | Myrthe Simons Zon/S&s | NT 9704330 | | | | 3:25.93 |
| 10. | Tayo Kamaansing Nimo | 3:42.14 9705290 | | | | 3:42.34 |
| 11. | Jane Nieuwkamer Zon/S&s | NT 9704718 | | | | 3:47.90 |
| DIS | Geertje de Mug Zon/S&s | NT 9703986 | | | | 4:15.86 |

VC - Armen niet over het water naar voren gebracht.

Programmanr. 16 Jongens, 100m vrije slag Jongens Junioren 2 en later
15-11-2009 Resultaten

| Rang | | In.tijd | 50m | 100m |
|-------|--------------------------------|-----------------|-----|---------|
| 1. | Jeroen de Croock ZC Valkenburg | 1:08.81 9702025 | | 1:09.48 |
| 2. | Martijn Weinberg Nimo | 1:13.16 9600955 | | 1:11.40 |
| 3. | Tim Stassen ZC Valkenburg | 1:20.30 9702939 | | 1:13.94 |
| 4. | Danny Hamers ZC Valkenburg | 1:18.22 9701169 | | 1:17.57 |
| 5. | Mick Kouters Zon/S&s | 1:25.46 9703447 | | 1:23.55 |
| 6. | David Paulissen Nimo | 1:33.08 9703489 | | 1:29.34 |
| 7. | Wesley de Vree ZC Valkenburg | 1:35.84 9703809 | | 1:31.94 |
| AFGEM | Roy Simons ZC Valkenburg | 1:34.80 9604309 | | |

Programmanr. 17 Meisjes, 100m rugslag Meisjes Minioren 4,5, Junioren 1
15-11-2009 Resultaten

| Rang | | In.tijd | 50m | 100m |
|-------|---------------------------------|-----------------|-----|---------|
| 1. | Chayenne Poorts Nimo | 1:18.64 9800670 | | 1:20.54 |
| 2. | Daphne Erkens Nimo | 1:23.36 9802372 | | 1:22.33 |
| 3. | Melanie Leunissen Nimo | 1:28.60 9800672 | | 1:32.55 |
| 4. | Denise Blok ZC Valkenburg | 1:33.94 9900572 | | 1:33.91 |
| 5. | Minke Theunissen ZC Valkenburg | 1:48.02 9801826 | | 1:35.33 |
| 6. | Michelle Bartelet ZC Valkenburg | 1:37.43 9802184 | | 1:37.05 |
| 7. | Mariecke de Beer Zon/S&s | 1:39.96 9900524 | | 1:41.13 |
| 8. | Nina Vriezelaar ZC Valkenburg | 1:43.91 9900570 | | 1:42.48 |
| 9. | Elisa Helmer ZC Valkenburg | 1:54.41 9803366 | | 1:43.38 |
| 10. | Kitty-Sofie Hunt Alne Nimo | NT 9804558 | | 1:53.81 |
| 11. | Seline Bastings ZC Valkenburg | 2:13.52 9804032 | | 1:55.83 |
| 12. | Chayenne Odenhoven Nimo | 1:55.39 0000468 | | 1:58.12 |
| 13. | Demy Roessel van Nimo | 2:10.20 9903666 | | 2:03.91 |
| 14. | Lotte Offermans Zon/S&s | 2:06.36 9804126 | | 2:04.00 |
| AFGEM | Jadzia van Kraaij Zon/S&s | 2:11.13 0002178 | | |
| NG | Esmee Versteegen Nimo | NT 9804438 | | |

Competitie 2
Valkenburg, 15.11.2009

Programmanr. 18
15-11-2009

Jongens, 50m schoolslag

Jongens Minioren 4,5,6
Resultaten

| Rang | | | In.tijd | | Tijd |
|---|-------------------|---------------|---------|---------|--------------|
| 1. | Joshua Sinkiewicz | Zon/S&s | 49.29 | 9900431 | 48.74 |
| 2. | Milo Simons | Zon/S&s | 51.16 | 0000513 | 51.78 |
| 3. | Dario van Hulst | ZC Valkenburg | NT | 9903169 | 55.31 |
| 4. | Leroy de Brouwer | Nimo | 1:03.71 | 9900739 | 58.80 |
| 5. | Yorne Kelderman | ZC Valkenburg | NT | 9902693 | 59.63 |
| DIS | Stephan Hamers | ZC Valkenburg | 1:01.69 | 9900095 | 58.09 |
| <i>SD - De bewegingen van de benen niet te allen tijde gelijktijdig in hetzelfde horizontale vlak uitgevoerd.</i> | | | | | |
| DIS | Bas Dijkstra | Nimo | 1:03.61 | 0000043 | 59.97 |
| <i>AE - De aangegeven zwems slag niet uitgevoerd. (meer dan twee slagen: geen tijden noteren), +SD</i> | | | | | |

Programmanr. 19
15-11-2009

Dames, 200m vrije slag

Dames Senioren Open
Resultaten

| Rang | | | In.tijd | 50m | 100m | 150m | 200m |
|-------|---------------------|---------------|-----------------|-----|---------|------|---------|
| 1. | Chantal Senden | ZC Valkenburg | 2:04.90 9300698 | | 1:03.29 | | 2:09.67 |
| 2. | Lotte Greven | ZC Valkenburg | 2:14.12 8705620 | | 1:05.55 | | 2:12.08 |
| 3. | Mara Pfeffer | Nimo | 2:16.85 9105478 | | 1:06.84 | | 2:17.66 |
| 4. | Michelle Hacking | Nimo | 2:20.71 9107646 | | 1:08.33 | | 2:23.58 |
| 5. | Suzanne Duijkers | Zon/S&s | 2:22.49 8701024 | | 1:11.48 | | 2:28.73 |
| 6. | Anke Snijkers | Nimo | 2:29.76 9201638 | | 1:12.32 | | 2:29.29 |
| 7. | Tessa Kierkels | ZC Valkenburg | 2:38.76 9101602 | | 1:13.34 | | 2:30.57 |
| 8. | Danique Ubags | Zon/S&s | 2:25.13 9003780 | | 1:11.00 | | 2:31.80 |
| 9. | Sanne Kerkhoff | Nimo | 2:37.54 9305530 | | 1:13.37 | | 2:32.00 |
| AFGEM | Laura van der Aalst | Zon/S&s | 2:52.09 9000006 | | | | |

Programmanr. 20
15-11-2009

Heren, 50m schoolslag

Heren Senioren Open
Resultaten

| Rang | | | In.tijd | | Tijd |
|------|-------------------|---------------|---------|---------|------------------|
| 1. | Kay op den Kamp | ZC Valkenburg | 30.45 | 9103425 | 30.76 |
| 2. | Yvo op den Kamp | ZC Valkenburg | 31.21 | 8901553 | 31.41 |
| 3. | Freddie Geerlings | Nimo | 31.21 | 7900379 | 31.54 |
| 4. | Math Smeets | Nimo | 32.52 | 8704153 | 32.60FJ 1 |
| 5. | Terrence Olaria | ZC Valkenburg | 31.44 | 8602249 | 32.60FJ 2 |
| 6. | Sander Slaghuis | Nimo | 33.65 | 8805305 | 33.68 |
| 7. | Mark Snijders | Zon/S&s | 35.14 | 8803187 | 35.43 |
| 8. | Martyn Slaghuis | Nimo | 34.81 | 9103035 | 36.23 |
| 9. | Karsten Meijers | ZC Valkenburg | 42.83 | 9004959 | 43.34 |

Programmanr. 22
15-11-2009

Dames, 200m vrije slag

Dames Senioren 2 en later
Resultaten

| Rang | | | In.tijd | 50m | 100m | 150m | 200m |
|------|--|--|---------|-----|------|------|------|
|------|--|--|---------|-----|------|------|------|

Competitie 2
Valkenburg, 15.11.2009

Programmanr. 22, Dames, 200m vrije slag

| | | | | | |
|-----------------------|---------------|---------|---------|---------|---------|
| 1. Misty Coert | ZC Valkenburg | 2:15.45 | 9300162 | 1:07.08 | 2:14.68 |
| 2. Melissa Meijer | Nimo | 2:15.32 | 9304374 | 1:06.95 | 2:15.92 |
| 3. Jamie Schepers | ZC Valkenburg | 2:17.27 | 9300894 | 1:07.03 | 2:16.52 |
| 4. Dimphy van de Laar | ZC Valkenburg | 2:20.57 | 9201052 | 1:07.42 | 2:22.08 |
| 5. Chidi Hennigfeld | Zon/S&s | 2:29.22 | 9303332 | 1:11.92 | 2:31.36 |
| 6. Chloé Rutzerveld | Nimo | 2:23.13 | 9203450 | 1:14.34 | 2:34.42 |
| 7. Sandra Verheijen | ZC Valkenburg | 2:32.44 | 9203192 | 1:15.55 | 2:42.26 |
| 8. Jamilla Franssen | Zon/S&s | 2:45.83 | 9404872 | 1:19.07 | 2:49.98 |
| NG Vera Weinberg | Nimo | 2:18.78 | 9302144 | | |

Programmanr. 23
15-11-2009

Jongens, 100m schoolslag

Jongens Jeugd 2 en later
Resultaten

| Rang | | In.tijd | | 50m | 100m |
|------|-------------------|---------------|---------|---------|---------|
| 1. | Mitch Notten | ZC Valkenburg | 1:13.77 | 9202505 | 1:11.77 |
| 2. | Mart Theunissen | ZC Valkenburg | 1:13.67 | 9500483 | 1:15.10 |
| 3. | Jeroen Feijs | ZC Valkenburg | 1:17.50 | 9200333 | 1:19.21 |
| 4. | Robin Ramaekers | Nimo | 1:18.82 | 9304385 | 1:20.11 |
| 5. | Ronald Waldus | Nimo | 1:21.21 | 9206275 | 1:21.11 |
| 6. | Bjorn van de Kuit | Zon/S&s | 1:25.49 | 9306693 | 1:27.21 |
| NG | Vasily Oros | Zon/S&s | 1:29.42 | 9304329 | |

Programmanr. 24
15-11-2009

Meisjes, 100m vlinderslag

Meisjes Jeugd 2 en later
Resultaten

| Rang | | In.tijd | | 50m | 100m |
|------|--|---------------|---------|---------|---------|
| 1. | Jona Pisters | Nimo | 1:08.84 | 9501784 | 1:11.89 |
| 2. | Carmen van de Rijt | ZC Valkenburg | 1:22.16 | 9801412 | 1:18.71 |
| 3. | Bo Kerkhoff | Nimo | 1:19.61 | 9502376 | 1:25.70 |
| 4. | Karin van der Aalst | Zon/S&s | 1:24.23 | 9501356 | 1:25.92 |
| 5. | Mandy Wetzels | Zon/S&s | 1:31.22 | 9401012 | 1:29.48 |
| 6. | Rylana Slaghuis | Nimo | 1:28.84 | 9401286 | 1:33.22 |
| DIS | Lisette Ramaekers | Zon/S&s | 1:37.13 | 9403984 | 1:40.54 |
| | <i>VC - Armen niet over het water naar voren gebracht.</i> | | | | |
| DIS | Melanie de Bruin | Zon/S&s | NT | 9505669 | 2:02.14 |
| | <i>VE - De bewegingen van de benen niet op gelijke wijze uitgevoerd.</i> | | | | |

Programmanr. 25
15-11-2009

Jongens, 200m rugslag

Jongens Junioren 4 en later
Resultaten

| Rang | | In.tijd | | 50m | 100m | 150m | 200m |
|------|--------------------|---------------|---------|---------|---------|---------|---------|
| 1. | Jelle Peltzer | ZC Valkenburg | 2:16.76 | 9403779 | 1:07.14 | 2:15.89 | |
| 2. | Lucas Greven | ZC Valkenburg | 2:21.70 | 9501941 | 1:08.57 | 2:19.06 | |
| 3. | Lester Snackers | ZC Valkenburg | 2:32.92 | 9400947 | 1:10.48 | 2:19.57 | |
| 4. | Arthur van Noorden | ZC Valkenburg | 2:29.87 | 9501239 | FJ 1 | 1:15.48 | 2:33.13 |
| 5. | Dylan Notten | ZC Valkenburg | 2:36.72 | 9500099 | FJ 2 | 1:14.03 | 2:33.13 |
| 6. | Max Grispen | ZC Valkenburg | 2:47.12 | 9501783 | 1:19.75 | 2:38.24 | |
| 7. | Yoeri Cuijpers | Nimo | 2:41.60 | 9403969 | 1:20.16 | 2:45.50 | |
| 8. | Joeri Kerkhoff | Nimo | 2:45.70 | 9501689 | 1:19.53 | 2:45.71 | |
| 9. | Camiel Smeets | Nimo | 2:42.00 | 9400911 | 1:22.42 | 2:49.57 | |
| 10. | Kiowa Kamaansing | Nimo | NT | 9500125 | 1:22.91 | 2:49.74 | |
| 11. | Andreas Waldus | Nimo | 2:51.34 | 9503581 | 1:22.48 | 2:53.74 | |

Competitie 2
Valkenburg, 15.11.2009

Programmanr. 25, Jongens, 200m rugslag, Jongens Junioren 4 en later

| Rang | | In.tijd | 50m | 100m | 150m | 200m |
|------|------------------------------|-----------------|-----|---------|------|---------|
| 12. | Yannic van de Kuit Zon/S&s | 3:03.78 9504825 | | 1:25.98 | | 2:54.69 |
| 13. | Josiah Markink ZC Valkenburg | NT 9406095 | | 1:26.00 | | 3:00.33 |
| 14. | Tim Ramaekers Zon/S&s | 3:07.85 9600629 | | 1:33.48 | | 3:13.32 |

Programmanr. 27
15-11-2009

Dames, 100m vlinderslag

Dames Senioren Open
Resultaten

| Rang | | In.tijd | 50m | 100m |
|-------|------------------------------|-----------------|-----|---------|
| 1. | Chantal Senden ZC Valkenburg | 1:04.35 9300698 | | 1:06.20 |
| 2. | Lotte Greven ZC Valkenburg | 1:05.18 8705620 | | 1:06.85 |
| 3. | Michelle Hacking Nimo | 1:12.31 9107646 | | 1:13.92 |
| 4. | Bo Peeters Nimo | 1:17.09 9306564 | | 1:15.56 |
| 5. | Danique Ubags Zon/S&s | 1:19.74 9003780 | | 1:16.16 |
| 6. | Suzanne Duijkers Zon/S&s | 1:09.66 8701024 | | 1:17.45 |
| 7. | Tessa Kierkels ZC Valkenburg | 1:13.61 9101602 | | 1:19.19 |
| 8. | Ingrid Jansen Nimo | 1:20.99 8705592 | | 1:20.11 |
| AFGEM | Laura van der Aalst Zon/S&s | 1:28.88 9000006 | | |

Programmanr. 29
15-11-2009

Heren, 200m wisselslag

Heren Senioren Open
Resultaten

| Rang | | In.tijd | 50m | 100m | 150m | 200m |
|------|---------------------------------|-----------------|-----|------|------|---------|
| 1. | Yvo op den Kamp ZC Valkenburg | 2:09.18 8901553 | | | | 2:09.26 |
| 2. | Terrence Olaria ZC Valkenburg | 2:21.34 8602249 | | | | 2:18.15 |
| 3. | Kay op den Kamp ZC Valkenburg | 2:23.62 9103425 | | | | 2:23.00 |
| 4. | Freddie Geerlings Nimo | 2:23.06 7900379 | | | | 2:24.73 |
| 5. | Jacky Coumans ZC Valkenburg | 2:26.16 9000573 | | | | 2:25.80 |
| 6. | Sander Slaghuis Nimo | 2:25.26 8805305 | | | | 2:27.16 |
| 7. | Math Smeets Nimo | 2:27.46 8704153 | | | | 2:27.17 |
| 8. | Sander van Elburg ZC Valkenburg | 2:23.52 8800937 | | | | 2:27.42 |
| 9. | Jeroen Geurts ZC Valkenburg | 2:33.56 8801099 | | | | 2:31.29 |
| 10. | Thijs Villevoije Nimo | 2:32.23 9106589 | | | | 2:35.10 |
| 11. | Mark Snijders Zon/S&s | 2:35.07 8803187 | | | | 2:35.18 |
| 12. | Karsten Meijers ZC Valkenburg | 2:59.25 9004959 | | | | 3:04.94 |

Programmanr. 30
15-11-2009

Meisjes, 100m vrije slag

Meisjes Junioren 3 en later
Resultaten

| Rang | | In.tijd | 50m | 100m |
|------|--------------------------------|-----------------|-----|---------|
| 1. | Nina Grispen ZC Valkenburg | 1:08.43 9700656 | | 1:07.82 |
| 2. | Mignon Peeters Nimo | 1:09.55 9701048 | | 1:10.06 |
| 3. | Merel Jaspers Nimo | 1:09.59 9602544 | | 1:13.42 |
| 4. | Rianne de Croock ZC Valkenburg | 1:17.22 9801466 | | 1:13.86 |
| 5. | Nieske Janssen Nimo | 1:14.58 9601328 | | 1:14.67 |
| 6. | Inge Bastings ZC Valkenburg | 1:15.28 9603068 | | 1:16.37 |
| 7. | Kathleen de Beer Zon/S&s | 1:15.37 9702638 | | 1:17.96 |
| 8. | Emmy Linssen Zon/S&s | 1:18.59 9600590 | | 1:18.04 |
| 9. | Myrthe Simons Zon/S&s | 1:23.46 9704330 | | 1:23.32 |
| 10. | Tayo Kamaansing Nimo | 1:24.74 9705290 | | 1:24.80 |
| 11. | Romy Pansters ZC Valkenburg | 1:42.93 9605900 | | 1:31.58 |
| 12. | Jane Nieuwkamer Zon/S&s | 1:34.05 9704718 | | 1:32.08 |

Competitie 2
Valkenburg, 15.11.2009

Programmanr. 30, Meisjes, 100m vrije slag, Meisjes Junioren 3 en later

| Rang | | In.tijd | 50m | 100m |
|------|----------------|---------|-----------------|---------|
| 13. | Geertje de Mug | Zon/S&s | 1:48.28 9703986 | 1:54.45 |

Programmanr. 31
15-11-2009

Jongens, 200m wisselslag

Jongens Junioren 2 en later
Resultaten

| Rang | | In.tijd | 50m | 100m | 150m | 200m |
|-------|--|---------------|-----------------|------|------|---------|
| 1. | Jeroen de Croock | ZC Valkenburg | 2:55.98 9702025 | | | 2:58.17 |
| 2. | Martijn Weinberg | Nimo | 3:08.50 9600955 | | | 3:01.39 |
| 3. | Tim Stassen | ZC Valkenburg | 3:48.81 9702939 | | | 3:16.52 |
| 4. | Danny Hamers | ZC Valkenburg | 3:22.19 9701169 | | | 3:22.88 |
| 5. | Mick Kouters | Zon/S&s | 4:17.93 9703447 | | | 3:32.32 |
| DIS | David Paulissen | Nimo | 3:40.73 9703489 | | | 3:44.64 |
| | <i>VC - Armen niet over het water naar voren gebracht., +VE+SD</i> | | | | | |
| DIS | Wesley de Vree | ZC Valkenburg | NT 9703809 | | | 3:57.71 |
| | <i>VC - Armen niet over het water naar voren gebracht., +SD</i> | | | | | |
| AFGEM | Roy Simons | ZC Valkenburg | NT 9604309 | | | |

Programmanr. 32
15-11-2009

Meisjes, 50m schoolslag

Meisjes Minioren 4,5, Junioren 1
Resultaten

| Rang | | In.tijd | Tijd |
|-------|---|---------------|--------------------------------|
| 1. | Chayenne Poorts | Nimo | 40.89 9800670 41.54 |
| 2. | Melanie Leunissen | Nimo | 45.02 9800672 45.29 |
| 3. | Nina Vriezelaar | ZC Valkenburg | 47.81 9900570 45.97 |
| 4. | Daphne Erkens | Nimo | 45.75 9802372 47.75 |
| 5. | Minke Theunissen | ZC Valkenburg | 50.67 9801826 47.78 |
| 6. | Denise Blok | ZC Valkenburg | 53.12 9900572 50.60 |
| 7. | Michelle Bartelet | ZC Valkenburg | 52.46 9802184 51.05 |
| 8. | Elisa Helmer | ZC Valkenburg | 55.42 9803366 51.86 |
| 9. | Lotte Offermans | Zon/S&s | 1:04.02 9804126 57.49 |
| 10. | Seline Bastings | ZC Valkenburg | 58.56 9804032 57.56 |
| 11. | Kitty-Sofie Hunt Alne | Nimo | 58.87 9804558 1:05.64 |
| 12. | Chayenne Odenhoven | Nimo | 1:04.48 0000468 1:07.13 |
| DIS | Mariecke de Beer | Zon/S&s | 46.62 9900524 47.32 |
| | <i>SD - De bewegingen van de benen niet te allen tijde gelijktijdig in hetzelfde horizontale vlak uitgevoerd.</i> | | |
| DIS | Demy Roessel van | Nimo | 1:01.78 9903666 58.95 |
| | <i>SD - De bewegingen van de benen niet te allen tijde gelijktijdig in hetzelfde horizontale vlak uitgevoerd.</i> | | |
| AFGEM | Jadzia van Kraaij | Zon/S&s | 1:00.72 0002178 |
| NG | Esmee Versteegen | Nimo | 51.73 9804438 |

Programmanr. 33
15-11-2009

Jongens, 100m rugslag

Jongens Minioren 4,5,6
Resultaten

| Rang | | In.tijd | 50m | 100m |
|------|-------------------|---------------|-----------------|---------|
| 1. | Leroy de Brouwer | Nimo | 1:39.38 9900739 | 1:39.95 |
| 2. | Milo Simons | Zon/S&s | 1:39.42 0000513 | 1:41.27 |
| 3. | Dario van Hulst | ZC Valkenburg | 2:01.58 9903169 | 1:42.08 |
| 4. | Bas Dijkstra | Nimo | 1:48.41 0000043 | 1:43.13 |
| 5. | Joshua Sinkiewicz | Zon/S&s | 1:43.34 9900431 | 1:46.39 |
| 6. | Stephan Hamers | ZC Valkenburg | 2:00.42 9900095 | 2:04.64 |
| 7. | Yorne Kelderman | ZC Valkenburg | 2:14.82 9902693 | 2:10.01 |

Competitie 2
Valkenburg, 15.11.2009

Programmanr. 34
15-11-2009

Dames, 4 x 100m vrije slag

Dames Senioren Open
Resultaten

| Rang | | | In.tijd | | Tijd |
|------|---------------------|---------------|---------------------|--|----------------|
| 1. | ZC Valkenburg 1 | ZC Valkenburg | 3:57.75 | | 4:06.42 |
| | Lotte Greven 87 | 1:01.10 | Jamie Schepers 93 | | |
| | Misty Coert 93 | | Chantal Senden 93 | | |
| 2. | Nimo 1 | Nimo | 4:10.15 | | 4:15.13 |
| | Mara Pfeffer 91 | 1:03.28 | Michelle Hacking 91 | | |
| | Melissa Meijer 93 | | Jona Pisters 95 | | |
| 3. | Nimo 2 | Nimo | 4:19.95 | | 4:34.85 |
| | Chloé Rutzerveld 92 | 1:07.24 | Bo Kerkhoff 95 | | |
| | Bo Peeters 93 | | Anke Snijkers 92 | | |
| 4. | Zon/S&s 1 | Zon/S&s | 4:29.17 | | 4:35.07 |
| | Mandy Wetzels 94 | 1:12.67 | Danique Ubags 90 | | |
| | Chidi Hennigfeld 93 | | Suzanne Duijkers 87 | | |
| 5. | Nimo 3 | Nimo | 4:30.42 | | 4:41.19 |
| | Ingrid Jansen 87 | 1:09.25 | Sanne Kerkhoff 93 | | |
| | Fanny Robbertsen 91 | | Chayenne Poorts 98 | | |

Programmanr. 35
15-11-2009

Heren, 4 x 100m wisselslag

Heren Senioren Open
Resultaten

| Rang | | | In.tijd | | Tijd |
|------|--|---------------|------------------------|--|----------------|
| 1. | ZC Valkenburg 1 | ZC Valkenburg | 3:58.09 | | 4:00.20 |
| | Jelle Peltzer 94 | 1:01.45 | Mitch Notten 92 | | |
| | Kay op den Kamp 91 | | Yvo op den Kamp 89 | | |
| 2. | Nimo 1 | Nimo | 4:18.31 | | 4:25.57 |
| | Robin Ramaekers 93 | 1:08.12 | Sander van den Berg 87 | | |
| | Math Smeets 87 | | Sander Slaghuis 88 | | |
| 3. | Nimo 2 | Nimo | 4:36.07 | | 4:50.80 |
| | Ronald Waldus 92 | 1:14.26 | Yoeri Cuijpers 94 | | |
| | Martyn Slaghuis 91 | | Thijs Villevoije 91 | | |
| 4. | Nimo 3 | Nimo | 4:56.18 | | 4:59.39 |
| | Andreas Waldus 95 | 1:16.60 | Rick Hellenbrand 89 | | |
| | Kiowa Kamaansing 95 | | Camiel Smeets 94 | | |
| 5. | Zon/S&s 1 | Zon/S&s | 5:03.37 | | 5:29.60 |
| | Bjorn van de Kuit 93 | 1:18.14 | Tim Ramaekers 96 | | |
| | Yannic van de Kuit 95 | | Mark Snijders 88 | | |
| DIS | ZC Valkenburg 2 | ZC Valkenburg | 4:09.77 | | |
| | <i>AQ - Niet goedgekeurde zwemkleding gebruikt (geen tijden noteren)</i> | | | | |
| | Jeroen Feijs 92 | 1:01.66 | Jeroen Geurts 88 | | |
| | Lucas Greven 95 | | Terrence Olaria 86 | | |