

Landelijke B deel 4
Arnhem, 14.3.2009

1 - Deel 4 KNZB zwemcompetitie landelijk

14.3.09 - 16:30

Programmanr. 1 Heren, 4 x 200m vrije slag Heren Senioren Open
14.3.09 - 16:30 Resultaten

| Rang | | | In.tijd | | Tijd |
|------|---------------------|----------------|-----------------------|--|----------------|
| 1. | Aqua Novio '94 1 | Aqua Novio '94 | 8:08.43 | | 8:06.54 |
| | Thomas Felten 83 | 1:55.86 | Robbert Vink 91 | | |
| | Sebas van Lith 90 | | Martijn van Tricht 91 | | |
| 2. | ESCA Zwemmen 1 | ESCA Zwemmen | 8:29.38 | | 8:34.42 |
| | Sander de Vrugt 89 | 2:07.57 | Nelis de Wit 81 | | |
| | Max Middelman 93 | | Tom Driessen 87 | | |
| 3. | ZVW'74 1 | ZVW'74 | 8:58.82 | | 9:02.48 |
| | Bart Kiesewetter 91 | 2:08.70 | Wouter Kiesewetter 93 | | |
| | Tim Broer 91 | | Stefan de Wit 93 | | |

Programmanr. 2 Meisjes, 50m vlinderslag Meisjes Minioren 4,5, Junioren 1
14.3.09 - 16:40 Resultaten

| Rang | | | In.tijd | | Tijd |
|------|-------------------|----------------|---------|---------|------------------|
| 1. | Amber Aardema | ESCA Zwemmen | 35.73 | 9801634 | 35.10 |
| 2. | Daphne de Wildt | Aqua Novio '94 | 37.12 | 9800710 | 35.95 |
| 3. | Charel Jansen | ESCA Zwemmen | 37.42 | 9700376 | 36.70 |
| 4. | Meike Mentink | ESCA Zwemmen | 40.97 | 9700518 | 39.37 |
| 5. | Simone van Megen | ESCA Zwemmen | 39.02 | 9800054 | 39.82 |
| 6. | Arnela Bajric | ESCA Zwemmen | 58.07 | 9703736 | 40.39 |
| 7. | Maud Ruiter | ESCA Zwemmen | 43.02 | 9803336 | 40.45 |
| 8. | Sabine Voltman | ESCA Zwemmen | 41.73 | 9900106 | 40.64 |
| 9. | Susanne Doeve | ESCA Zwemmen | 45.80 | 9702712 | 41.00 |
| 10. | Nina Geul | Aqua Novio '94 | 40.06 | 9901080 | 41.80 |
| 11. | Femke te Riele | ZVW'74 | 47.00 | 9701670 | 43.64 |
| 12. | Tayla van Ingen | Aqua Novio '94 | 47.54 | 9703226 | 44.20 |
| 13. | Nikki Herremans | ESCA Zwemmen | 45.47 | 9901270 | 44.92 |
| 14. | Marion Hermens | Aqua Novio '94 | 46.95 | 9803058 | 45.25FJ 1 |
| 15. | Laura van de Kamp | Aqua Novio '94 | 46.95 | 9900526 | 45.25FJ 2 |
| 16. | Simone Bouwman | ESCA Zwemmen | 1:03.67 | 9703732 | 46.68 |
| 17. | Niene Meeuwssen | ESCA Zwemmen | 49.07 | 9802378 | 46.82 |
| 18. | Ellen Verschuuren | ZVW'74 | 47.49 | 9900688 | 47.20 |
| 19. | Danique de Vegt | ESCA Zwemmen | 50.07 | 9802692 | 47.51 |
| 20. | Anna Witteveen | ZVW'74 | 58.60 | 9900770 | 48.51 |
| 21. | Angelique Habeck | Aqua Novio '94 | 54.13 | 9800144 | 52.10 |
| DIS | Lieke van Norel | ZVW'74 | 53.29 | 9800598 | 48.98VC |
| DIS | Eva Drager | ESCA Zwemmen | 49.62 | 9802400 | 50.67VC |
| DIS | Mireille Raasing | ZVW'74 | 48.00 | 9703846 | 51.51VC |

Landelijke B deel 4
Arnhem, 14.3.2009

Programmanr. 3
14.3.09 - 16:45

Jongens, 100m vrije slag

Jongens Minioren 4,5,6
Resultaten

| Rang | | | In.tijd | | Tijd |
|-------|--------------------|----------------|---------|---------|---------------------|
| 1. | Peter Rothengatter | Aqua Novio '94 | 1:06.64 | 9701189 | 1:07.45 |
| 2. | Jeroen Voltman | ESCA Zwemmen | 1:12.45 | 9700325 | 1:09.16 |
| 3. | Youri Dinnissen | Aqua Novio '94 | 1:16.08 | 9800411 | 1:16.59 |
| 4. | Lennart Spies | ZVW'74 | 1:19.10 | 9701191 | 1:17.16 |
| 5. | Ruben Koek | ESCA Zwemmen | 1:19.92 | 9701187 | 1:17.98 |
| 6. | Joey Papaioannou | Aqua Novio '94 | 1:19.29 | 9802269 | 1:18.35 |
| 7. | Sam Furer | Aqua Novio '94 | 1:20.65 | 9900185 | 1:21.02 |
| 8. | Tony Hacquebord | ESCA Zwemmen | 1:19.51 | 9700693 | 1:21.29 |
| 9. | Jeremy van Tricht | Aqua Novio '94 | 1:29.13 | 9703513 | 1:22.98 |
| 10. | Julian Braakman | ESCA Zwemmen | 1:27.51 | 9801697 | 1:23.57 FJ 1 |
| 11. | Antoine Habeck | Aqua Novio '94 | 1:25.43 | 9900017 | 1:23.57 FJ 2 |
| 12. | Wahe Sahakov | Aqua Novio '94 | 1:28.40 | 9703147 | 1:24.67 |
| 13. | Tim Durant | ESCA Zwemmen | 1:32.39 | 9900415 | 1:28.36 |
| 14. | Rick Aben | Aqua Novio '94 | 1:27.98 | 9902131 | 1:29.04 |
| 15. | Hans van der Minne | Aqua Novio '94 | 1:31.07 | 9702271 | 1:31.20 |
| 16. | Job Esink | ESCA Zwemmen | 1:38.42 | 9801699 | 1:32.37 |
| 17. | Tim Verbeek | Aqua Novio '94 | 1:38.95 | 9800819 | 1:33.98 |
| 18. | Omeed Takie | ESCA Zwemmen | NT | 9902353 | 1:37.88 |
| 19. | Chris Rutgers | ZVW'74 | 1:44.36 | 9801519 | 1:42.36 |
| 20. | Chris Witteveen | ZVW'74 | 1:36.54 | 9800567 | 1:43.23 |
| 21. | Stijn Kierkels | ZVW'74 | 1:45.98 | 9704029 | 1:53.16 |
| AFGEM | Artjom Loanov | ESCA Zwemmen | 1:42.20 | 9703645 | |
| AFGEM | Job Petersen | ESCA Zwemmen | 1:45.89 | 9802267 | |
| BM | Nyls Korstanje | Aqua Novio '94 | 1:10.76 | 9901941 | 1:10.86 |

Programmanr. 5
14.3.09 - 16:55

Meisjes, 200m vrije slag

Meisjes Junioren 3 en later
Resultaten

| Rang | | | In.tijd | | Tijd |
|------|-------------------|----------------|---------|---------|----------------|
| 1. | Vera Heesink | ZVW'74 | 2:24.57 | 9503534 | 2:25.36 |
| 2. | Arlette de Vegt | ESCA Zwemmen | 2:34.76 | 9505930 | 2:29.67 |
| 3. | Lotte Zingg | ZVW'74 | 2:39.66 | 9601610 | 2:32.42 |
| 4. | Myrna Hendriks | ESCA Zwemmen | 2:35.07 | 9502208 | 2:34.26 |
| 5. | Beste Pakoglan | Aqua Novio '94 | 2:41.52 | 9604534 | 2:36.54 |
| 6. | Hannah Kuperus | Aqua Novio '94 | 2:46.42 | 9700398 | 2:38.39 |
| 7. | Chanine Brouwers | Aqua Novio '94 | 2:51.36 | 9500146 | 2:38.95 |
| 8. | Kim Wekking | Aqua Novio '94 | 2:43.23 | 9604512 | 2:40.54 |
| 9. | Enya Schouten | ESCA Zwemmen | 2:43.23 | 9601076 | 2:41.12 |
| 10. | Annabel Doeve | ESCA Zwemmen | 2:57.64 | 9504332 | 2:41.26 |
| 11. | Anne Aben | Aqua Novio '94 | 2:46.58 | 9704284 | 2:42.39 |
| 12. | Marieke Robbers | ESCA Zwemmen | 3:12.20 | 9604960 | 2:56.45 |
| 13. | Sanne van Norel | ZVW'74 | 2:59.95 | 9503536 | 2:57.31 |
| 14. | Bo-Rachell Ruiter | ESCA Zwemmen | 3:21.00 | 9505834 | 3:13.29 |
| 15. | Eveline Saalmink | ZVW'74 | 3:19.79 | 9601606 | 3:13.36 |

Landelijke B deel 4
Arnhem, 14.3.2009

Programmanr. 6
14.3.09 - 17:05

Jongens, 100m schoolslag

Jongens Junioren 2 en later
Resultaten

| Rang | | In.tijd | | Tijd | |
|------|----------------------|----------------|---------|---------|----------------|
| 1. | Sem van Lith | Aqua Novio '94 | 1:14.37 | 9501851 | 1:16.42 |
| 2. | Melvin van den Born | ZVW'74 | 1:25.97 | 9601029 | 1:23.89 |
| 3. | Rick de Vor | ZVW'74 | 1:31.00 | 9505279 | 1:28.36 |
| 4. | Tim Furer | Aqua Novio '94 | 1:26.75 | 9600087 | 1:29.07 |
| 5. | Daan Boonstra | Aqua Novio '94 | 1:41.32 | 9503011 | 1:30.04 |
| 6. | Kelvin Rozeboom | ESCA Zwemmen | 1:35.81 | 9504723 | 1:30.58 |
| 7. | Stephan Bosveld | ZVW'74 | 1:36.80 | 9501135 | 1:32.70 |
| 8. | Luuk Drager | ESCA Zwemmen | 1:36.06 | 9504053 | 1:34.18 |
| 9. | Jeroen de Graaf | ESCA Zwemmen | 1:37.61 | 9600965 | 1:34.60 |
| 10. | Gino Berkenhagen | Aqua Novio '94 | 2:11.29 | 9503989 | 1:38.32 |
| 11. | Lukas Ceulemans | Aqua Novio '94 | 1:42.32 | 9500413 | 1:38.34 |
| 12. | Dennis Hacquebord | ESCA Zwemmen | 1:41.82 | 9503485 | 1:41.20 |
| 13. | Jannes van den Brand | Aqua Novio '94 | 1:58.10 | 9602905 | 1:45.95 |

Programmanr. 7
14.3.09 - 17:15

Dames, 200m vlinderslag

Dames Senioren Open
Resultaten

| Rang | | In.tijd | | Tijd | |
|------|-----------------------|----------------|---------|---------|----------------|
| 1. | Nynke van der Steur | ESCA Zwemmen | 2:39.76 | 9201690 | 2:34.45 |
| 2. | Cheryl Notman | ZVW'74 | 2:49.95 | 9004748 | 2:40.95 |
| 3. | Laura Wekking | Aqua Novio '94 | 2:53.98 | 9402868 | 2:43.42 |
| 4. | Daniek Hendriks | ESCA Zwemmen | NT | 9304290 | 2:55.20 |
| 5. | Rosalie Torensma | Aqua Novio '94 | 3:01.05 | 8904150 | 2:55.29 |
| 6. | Karlijn Kolkman | ZVW'74 | 2:59.00 | 9401930 | 2:58.82 |
| 7. | Marloes van der Steur | ESCA Zwemmen | 3:16.07 | 9006842 | 3:10.61 |
| BM | Vera van Aalten | ESCA Zwemmen | 3:16.89 | 9600314 | 3:10.89 |

Programmanr. 8
14.3.09 - 17:20

Heren, 100m rugslag

Heren Senioren Open
Resultaten

| Rang | | In.tijd | | Tijd | |
|-------|-----------------------|----------------|---------|---------|----------------|
| 1. | Sebas van Lith | Aqua Novio '94 | 1:01.64 | 9001841 | 1:01.92 |
| 2. | Tom Driessen | ESCA Zwemmen | 1:02.09 | 8700801 | 1:03.92 |
| 3. | Thomas Felten | Aqua Novio '94 | 1:02.11 | 8300655 | 1:03.95 |
| 4. | Yorick van Tricht | Aqua Novio '94 | 1:08.29 | 8704373 | 1:06.16 |
| 5. | Sander de Vrugt | ESCA Zwemmen | 1:04.18 | 8903499 | 1:06.54 |
| 6. | Harm Hulsbergen | ZVW'74 | 1:07.60 | 8200749 | 1:08.45 |
| 7. | Nelis de Wit | ESCA Zwemmen | 1:05.09 | 8101965 | 1:08.99 |
| 8. | Wouter Kiesewetter | ZVW'74 | 1:10.82 | 9303625 | 1:14.45 |
| 9. | Nick Schellevis | ZVW'74 | 1:14.07 | 9002575 | 1:14.57 |
| 10. | Rodney Cobussen | Aqua Novio '94 | 1:10.16 | 8800647 | 1:15.23 |
| 11. | Joël Kapelle | ZVW'74 | 1:17.53 | 8200857 | 1:17.50 |
| 12. | Paul Rutten | ESCA Zwemmen | 1:17.16 | 8001293 | 1:19.20 |
| 13. | Jasper Peters | Aqua Novio '94 | 1:24.39 | 8602379 | 1:20.33 |
| 14. | Jean Paul Entingh | ESCA Zwemmen | 1:34.89 | 8906063 | 1:31.73 |
| NG.ZA | Peter van Luttkhuizen | ESCA Zwemmen | 1:15.82 | 7800677 | |
| AFGEM | Bram Janssen | Aqua Novio '94 | 1:03.45 | 8501201 | |

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Arnhem, 14.3.2009

Programmanr. 9 Meisjes, 200m schoolslag Meisjes Jeugd 2 en later
14.3.09 - 17:30 Resultaten

| Rang | | | In.tijd | | Tijd |
|------|--------------------|----------------|---------|---------|------------------|
| 1. | Linda Kolkman | ESCA Zwemmen | 3:02.80 | 9302994 | 2:58.82 |
| 2. | Melissa van Houts | Aqua Novio '94 | 3:02.88 | 9700182 | 2:59.51 |
| 3. | Merel Kersten | ESCA Zwemmen | 3:04.09 | 9503556 | 3:03.60 |
| 4. | Didi Maas | Aqua Novio '94 | 3:03.18 | 9303610 | 3:11.60 |
| 5. | Jade Hoogland | Aqua Novio '94 | 3:11.39 | 9600554 | 3:11.61 |
| 6. | Sanne Wassing | ESCA Zwemmen | 3:08.36 | 9604106 | 3:17.45 |
| DIS | Carmen Walravens | ZVW'74 | 3:13.76 | 9502862 | 3:37.37SI |
| DIS | Eline van der Meel | ZVW'74 | 3:19.00 | 9404016 | 3:38.45SI |
| DIS | Elisa Fransen | ZVW'74 | 3:27.00 | 9307518 | 3:43.04SI |
| DIS | Denise van Deijzen | ESCA Zwemmen | 3:55.67 | 9604962 | 3:48.89SI |

Programmanr. 11 Jongens, 100m rugslag Jongens Junioren 4 en later
14.3.09 - 17:35 Resultaten

| Rang | | | In.tijd | | Tijd |
|------|-------------------|----------------|---------|---------|----------------|
| 1. | Jasper Verheijen | Aqua Novio '94 | 1:11.35 | 9303685 | 1:06.39 |
| 2. | Bas Krafft | Aqua Novio '94 | 1:13.20 | 9303195 | 1:08.42 |
| 3. | Max Middelma | ESCA Zwemmen | 1:11.33 | 9301635 | 1:12.32 |
| 4. | Kevin v.d. End | Aqua Novio '94 | 1:13.74 | 9303643 | 1:13.83 |
| 5. | Stefan de Wit | ZVW'74 | 1:13.90 | 9300555 | 1:14.42 |
| 6. | Milan Lentze | ESCA Zwemmen | 1:21.84 | 9401923 | 1:16.70 |
| 7. | Bart Fölker | Aqua Novio '94 | 1:27.65 | 9401861 | 1:18.54 |
| 8. | Casper Middelhuis | ESCA Zwemmen | 1:22.10 | 9300351 | 1:23.26 |
| 9. | Frank Broer | ZVW'74 | 1:22.32 | 9402361 | 1:24.57 |
| 10. | Bouke Timmer | ZVW'74 | 1:33.42 | 9500373 | 1:31.00 |

Programmanr. 12 Dames, 200m rugslag Dames Senioren 2 en later
14.3.09 - 17:40 Resultaten

| Rang | | | In.tijd | | Tijd |
|------|---------------------|----------------|---------|---------|----------------|
| 1. | Loes van Ooijen | ESCA Zwemmen | 2:32.38 | 9205180 | 2:30.54 |
| 2. | Svenja Peters | ESCA Zwemmen | 2:38.42 | 9201404 | 2:40.86 |
| 3. | Britt Lagarde | Aqua Novio '94 | 2:44.83 | 9303314 | 2:48.95 |
| 4. | Natasja Snijders | ZVW'74 | 2:53.67 | 9107966 | 2:52.77 |
| 5. | Nikki Vroom | Aqua Novio '94 | 3:05.41 | 9405884 | 2:57.67 |
| 6. | Deirdre Kuperus | Aqua Novio '94 | 2:59.91 | 9502054 | 2:59.64 |
| 7. | Annina Klein | ZVW'74 | 2:50.70 | 9101632 | 3:00.52 |
| 8. | Luka Kotterman | Aqua Novio '94 | 2:58.10 | 9302912 | 3:01.50 |
| 9. | Annae van de Weerd | ZVW'74 | 3:21.16 | 9406254 | 3:07.69 |
| 10. | Saskia v.d. Kamp | Aqua Novio '94 | 3:12.64 | 9207016 | 3:12.20 |
| 11. | Melanie van de Kamp | ESCA Zwemmen | 3:03.76 | 9101536 | 3:12.70 |
| 12. | Corine Alstadt | Aqua Novio '94 | 3:10.22 | 9403008 | 3:21.05 |

Landelijke B deel 4
Arnhem, 14.3.2009

Programmanr. 13
14.3.09 - 17:50

Jongens, 100m vrije slag

Jongens Jeugd 2 en later
Resultaten

| Rang | | | In.tijd | | Tijd |
|------|-----------------------|----------------|---------|---------|----------------|
| 1. | Robbert Vink | Aqua Novio '94 | 56.05 | 9102993 | 56.42 |
| 2. | Sjors van Lith | Aqua Novio '94 | 57.45 | 9202869 | 58.02 |
| 3. | Luc Awater | Aqua Novio '94 | 58.38 | 9202991 | 58.42 |
| 4. | Martijn van Tricht | Aqua Novio '94 | 57.30 | 9103581 | 58.89 |
| 5. | Tim Broer | ZVW'74 | 58.82 | 9102977 | 59.70 |
| 6. | Romario Schenker | ESCA Zwemmen | 57.66 | 9104095 | 59.89 |
| 7. | Bram Meijlis | ESCA Zwemmen | 1:00.04 | 9401967 | 1:01.64 |
| 8. | Winfred Rozeboom | ESCA Zwemmen | 1:08.20 | 9106957 | 1:04.30 |
| 9. | Kjell-Olivier Welling | ZVW'74 | 1:09.18 | 9207119 | 1:07.82 |

Programmanr. 14
14.3.09 - 17:55

Dames, 50m vrije slag

Dames Senioren Open
Resultaten

| Rang | | | In.tijd | | Tijd |
|-------|-----------------------|----------------|---------|---------|--------------|
| 1. | Nynke van der Steur | ESCA Zwemmen | 28.02 | 9201690 | 27.89 |
| 2. | Cheryl Notman | ZVW'74 | 29.07 | 9004748 | 28.51 |
| 3. | Rosalie Torensma | Aqua Novio '94 | 29.14 | 8904150 | 29.61 |
| 4. | Hester Salazar | ESCA Zwemmen | 29.84 | 8101294 | 30.03 |
| 5. | Marijn Post | ESCA Zwemmen | 30.00 | 8101194 | 30.29 |
| 6. | Janneke Groos | Aqua Novio '94 | 29.22 | 7500176 | 30.32 |
| 7. | Marlies van As | Aqua Novio '94 | 31.20 | 8500074 | 30.36 |
| 8. | Karlijn Kolkman | ZVW'74 | 29.57 | 9401930 | 30.73 |
| 9. | Kiona Peters | ESCA Zwemmen | 30.49 | 8903272 | 30.82 |
| 10. | Renee Witteveen | ZVW'74 | 31.95 | 9400866 | 31.44 |
| 11. | Jody van Scholten | Aqua Novio '94 | NT | 9306190 | 32.04 |
| 12. | Sabine Eykelhoff | Aqua Novio '94 | 31.07 | 8901176 | 32.82 |
| 13. | Marloes van der Steur | ESCA Zwemmen | 32.70 | 9006842 | 33.80 |
| 14. | Romy van de Putte | ZVW'74 | 34.04 | 9207752 | 33.89 |
| AFGEM | Yori van de Kamp | ESCA Zwemmen | 34.20 | 8902154 | |
| BM | Vera van Aalten | ESCA Zwemmen | 33.95 | 9600314 | 32.92 |

Programmanr. 15
14.3.09 - 17:55

Heren, 200m wisselslag

Heren Senioren Open
Resultaten

| Rang | | | In.tijd | | Tijd |
|------|--------------------|----------------|---------|---------|----------------|
| 1. | Sebas van Lith | Aqua Novio '94 | 2:14.19 | 9001841 | 2:09.51 |
| 2. | Thomas Felten | Aqua Novio '94 | 2:10.80 | 8300655 | 2:19.51 |
| 3. | Sander de Vrugt | ESCA Zwemmen | 2:21.01 | 8903499 | 2:26.13 |
| 4. | Tom Driessen | ESCA Zwemmen | 2:23.13 | 8700801 | 2:26.17 |
| 5. | Marten Jan Verbeek | ESCA Zwemmen | 2:23.09 | 8603229 | 2:33.42 |
| 6. | Harm Hulsbergen | ZVW'74 | 2:31.02 | 8200749 | 2:33.79 |
| 7. | Rodney Cobussen | Aqua Novio '94 | 2:34.93 | 8800647 | 2:35.89 |
| 8. | Nick Schellevis | ZVW'74 | 2:40.93 | 9002575 | 2:42.54 |
| 9. | Jasper Peters | Aqua Novio '94 | 2:46.64 | 8602379 | 2:45.10 |

Landelijke B deel 4
Arnhem, 14.3.2009

Programmanr. 16
14.3.09 - 18:05

Meisjes, 100m vrije slag

Meisjes Minioren 4,5, Junioren 1
Resultaten

| Rang | | | In.tijd | | Tijd |
|-------|-------------------|----------------|---------|---------|----------------|
| 1. | Daphne de Wildt | Aqua Novio '94 | 1:08.38 | 9800710 | 1:06.48 |
| 2. | Charel Jansen | ESCA Zwemmen | 1:11.89 | 9700376 | 1:10.87 |
| 3. | Amber Aardema | ESCA Zwemmen | 1:11.08 | 9801634 | 1:11.64 |
| 4. | Anne Aben | Aqua Novio '94 | 1:14.08 | 9704284 | 1:13.54 |
| 5. | Susanne Doeve | ESCA Zwemmen | 1:18.02 | 9702712 | 1:15.72 |
| 6. | Meike Mentink | ESCA Zwemmen | 1:16.10 | 9700518 | 1:16.33 |
| 7. | Simone van Megen | ESCA Zwemmen | 1:19.78 | 9800054 | 1:16.73 |
| 8. | Tayla van Ingen | Aqua Novio '94 | 1:20.57 | 9703226 | 1:17.72 |
| 9. | Arnella Bajric | ESCA Zwemmen | 1:19.89 | 9703736 | 1:18.52 |
| 10. | Elsa Groenewold | ESCA Zwemmen | 1:22.64 | 9800872 | 1:19.73 |
| 11. | Nina Geul | Aqua Novio '94 | 1:19.53 | 9901080 | 1:21.02 |
| 12. | Sabine Voltman | ESCA Zwemmen | 1:20.48 | 9900106 | 1:21.31 |
| 13. | Laura van de Kamp | Aqua Novio '94 | 1:22.37 | 9900526 | 1:22.64 |
| 14. | Maud Ruiter | ESCA Zwemmen | 1:27.72 | 9803336 | 1:23.12 |
| 15. | Nikki Herremans | ESCA Zwemmen | 1:25.35 | 9901270 | 1:23.36 |
| 16. | Angelique Habeck | Aqua Novio '94 | 1:29.60 | 9800144 | 1:24.86 |
| 17. | Lieke van Norel | ZVW'74 | 1:22.92 | 9800598 | 1:25.04 |
| 18. | Mireille Raasing | ZVW'74 | 1:31.26 | 9703846 | 1:25.94 |
| 19. | Anna Witteveen | ZVW'74 | 1:26.18 | 9900770 | 1:26.28 |
| 20. | Marion Hermens | Aqua Novio '94 | 1:29.16 | 9803058 | 1:28.80 |
| 21. | Femke te Riele | ZVW'74 | 1:32.42 | 9701670 | 1:30.05 |
| 22. | Simone Bouwman | ESCA Zwemmen | 1:37.24 | 9703732 | 1:31.45 |
| 23. | Niene Meeuwssen | ESCA Zwemmen | 1:43.07 | 9802378 | 1:33.15 |
| 24. | Suzanne Hooyman | ZVW'74 | 1:53.36 | 9701674 | 1:34.58 |
| 25. | Danique de Vegt | ESCA Zwemmen | 1:31.74 | 9802692 | 1:37.24 |
| 26. | Eva Drager | ESCA Zwemmen | 1:37.20 | 9802400 | 1:38.57 |
| 27. | Esmée van Dijk | ESCA Zwemmen | 1:37.48 | 9901694 | 1:39.02 |
| 28. | Elles Boonstra | ZVW'74 | 1:41.42 | 9704606 | 1:39.54 |
| DIS | Ellen Verschuuren | ZVW'74 | 1:26.64 | 9900688 | AA |
| AFGEM | Rosa Spruit | ESCA Zwemmen | 1:50.29 | 9704852 | |

Programmanr. 17
14.3.09 - 18:15

Jongens, 50m vlinderslag

Jongens Minioren 4,5,6
Resultaten

| Rang | | | In.tijd | | Tijd |
|------|--------------------|----------------|---------|---------|------------------|
| 1. | Jeroen Voltman | ESCA Zwemmen | 38.00 | 9700325 | 32.73 |
| 2. | Peter Rothengatter | Aqua Novio '94 | 35.51 | 9701189 | 33.80 |
| 3. | Lennart Spies | ZVW'74 | 39.55 | 9701191 | 36.75 |
| 4. | Ruben Koek | ESCA Zwemmen | 42.12 | 9701187 | 40.04 |
| 5. | Joey Papaioannou | Aqua Novio '94 | 43.95 | 9802269 | 42.73 |
| 6. | Tony Hacquebord | ESCA Zwemmen | 48.54 | 9700693 | 44.00 |
| 7. | Tim Durant | ESCA Zwemmen | 44.39 | 9900415 | 44.39 |
| 8. | Julian Braakman | ESCA Zwemmen | 45.76 | 9801697 | 44.51 |
| 9. | Youri Dinnissen | Aqua Novio '94 | 42.89 | 9800411 | 45.12 |
| 10. | Jeremy van Tricht | Aqua Novio '94 | 50.32 | 9703513 | 46.00 |
| 11. | Sam Furer | Aqua Novio '94 | 44.04 | 9900185 | 46.64 |
| 12. | Antoine Habeck | Aqua Novio '94 | 47.20 | 9900017 | 48.24 |
| 13. | Job Esink | ESCA Zwemmen | 54.70 | 9801699 | 53.29 |
| 14. | Wahe Sahakov | Aqua Novio '94 | 1:02.23 | 9703147 | 53.70 |
| 15. | Rick Aben | Aqua Novio '94 | 57.06 | 9902131 | 55.36 |
| DIS | Hans van der Minne | Aqua Novio '94 | 54.89 | 9702271 | AE |
| DIS | Tim Verbeek | Aqua Novio '94 | 58.87 | 9800819 | 1:01.41VC |

Landelijke B deel 4
Arnhem, 14.3.2009

Programmanr. 17, Jongens, 50m vlinderslag, Jongens Minioren 4,5,6

| Rang | | | In.tijd | Tijd |
|-------|----------------|----------------|---------------|--------------|
| AFGEM | Job Petersen | ESCA Zwemmen | NT 9802267 | |
| AFGEM | Artjom Loanov | ESCA Zwemmen | NT 9703645 | |
| BM | Nyls Korstanje | Aqua Novio '94 | 36.72 9901941 | 36.75 |

Programmanr. 18
14.3.09 - 18:20

Meisjes, 100m schoolslag

Meisjes Junioren 3 en later
Resultaten

| Rang | | | In.tijd | Tijd |
|------|-------------------|----------------|-----------------|------------------|
| 1. | Melissa van Houts | Aqua Novio '94 | 1:26.24 9700182 | 1:25.76 |
| 2. | Enya Schouten | ESCA Zwemmen | 1:31.54 9601076 | 1:29.99 |
| 3. | Jade Hoogland | Aqua Novio '94 | 1:30.94 9600554 | 1:30.95 |
| 4. | Beste Pakoglan | Aqua Novio '94 | 1:31.19 9604534 | 1:31.87 |
| 5. | Vera Heesink | ZVW'74 | 1:35.51 9503534 | 1:32.45 |
| 6. | Arlette de Vegt | ESCA Zwemmen | 1:36.52 9505930 | 1:32.73 |
| 7. | Chanine Brouwers | Aqua Novio '94 | 1:37.77 9500146 | 1:34.40 |
| 8. | Lotte Zingg | ZVW'74 | 1:39.95 9601610 | 1:36.13 |
| 9. | Sanne van Norel | ZVW'74 | 1:37.44 9503536 | 1:36.73 |
| 10. | Myrna Hendriks | ESCA Zwemmen | 1:34.37 9502208 | 1:38.81 |
| 11. | Annabel Doeve | ESCA Zwemmen | 1:43.56 9504332 | 1:39.85 |
| 12. | Juliette Simons | Aqua Novio '94 | 1:42.12 9506388 | 1:42.81 |
| 13. | Eveline Saalmink | ZVW'74 | 1:57.70 9601606 | 1:51.89 |
| 14. | Lilian Aghabozorg | ESCA Zwemmen | NT 9506284 | 1:52.29 |
| 15. | Marieke Robbers | ESCA Zwemmen | 1:57.65 9604960 | 1:55.95 |
| 16. | Bo-Rachell Ruiter | ESCA Zwemmen | 2:01.02 9505834 | 2:00.57 |
| DIS | Lauren Geurds | ESCA Zwemmen | 2:07.83 9605488 | 1:58.36SL |

Programmanr. 20
14.3.09 - 18:25

Jongens, 200m vrije slag

Jongens Junioren 2 en later
Resultaten

| Rang | | | In.tijd | Tijd |
|------|----------------------|----------------|-----------------|--------------------|
| 1. | Tim Furer | Aqua Novio '94 | 2:19.45 9600087 | 2:13.64 |
| 2. | Sem van Lith | Aqua Novio '94 | 2:24.00 9501851 | 2:15.32 |
| 3. | Melvin van den Born | ZVW'74 | 2:29.02 9601029 | 2:30.11 |
| 4. | Luuk Drager | ESCA Zwemmen | 2:38.86 9504053 | 2:35.06FJ 1 |
| 5. | Jeroen de Graaf | ESCA Zwemmen | 2:45.10 9600965 | 2:35.06FJ 2 |
| 6. | Kelvin Rozeboom | ESCA Zwemmen | 2:40.54 9504723 | 2:36.91 |
| 7. | Daan Boonstra | Aqua Novio '94 | 2:48.76 9503011 | 2:41.51 |
| 8. | Rick de Vor | ZVW'74 | 2:46.70 9505279 | 2:42.32 |
| 9. | Lukas Ceulemans | Aqua Novio '94 | 3:01.16 9500413 | 2:48.82 |
| 10. | Stephan Bosveld | ZVW'74 | 3:01.04 9501135 | 2:52.94 |
| 11. | Gino Berkenhagen | Aqua Novio '94 | 3:24.32 9503989 | 2:55.32 |
| 12. | Jannes van den Brand | Aqua Novio '94 | 3:49.64 9602905 | 3:04.56 |
| 13. | Dennis Hacquebord | ESCA Zwemmen | 3:02.48 9503485 | 3:07.20 |

Landelijke B deel 4
Arnhem, 14.3.2009

Programmanr. 21 Dames, 200m wisselslag Dames Senioren Open
14.3.09 - 18:40 Resultaten

| Rang | | | In.tijd | | Tijd |
|------|---------------------|----------------|---------|---------|----------------|
| 1. | Nynke van der Steur | ESCA Zwemmen | 2:31.81 | 9201690 | 2:29.39 |
| 2. | Cheryl Notman | ZVW'74 | 2:41.33 | 9004748 | 2:42.32 |
| 3. | Marlies van As | Aqua Novio '94 | 2:41.45 | 8500074 | 2:43.04 |
| 4. | Daniek Hendriks | ESCA Zwemmen | 2:42.86 | 9304290 | 2:46.68 |
| 5. | Marijn Post | ESCA Zwemmen | 2:42.00 | 8101194 | 2:46.70 |
| 6. | Renee Witteveen | ZVW'74 | 2:53.82 | 9400866 | 2:50.70 |
| 7. | Janneke Groos | Aqua Novio '94 | 2:48.14 | 7500176 | 2:59.91 |
| 8. | Jody van Scholten | Aqua Novio '94 | NT | 9306190 | 3:00.36 |
| 9. | Romy van de Putte | ZVW'74 | 3:00.00 | 9207752 | 3:05.16 |

Programmanr. 22 Heren, 50m vrije slag Heren Senioren Open
14.3.09 - 18:45 Resultaten

| Rang | | | In.tijd | | Tijd |
|-------|-----------------------|----------------|---------|---------|------------------|
| 1. | Tom Driessen | ESCA Zwemmen | 24.03 | 8700801 | 24.51 |
| 2. | Thomas Felten | Aqua Novio '94 | 24.08 | 8300655 | 24.64 |
| 3. | Marten Jan Verbeek | ESCA Zwemmen | 24.40 | 8603229 | 25.30 |
| 4. | Sebas van Lith | Aqua Novio '94 | 25.85 | 9001841 | 25.55 |
| 5. | Bart Kiesewetter | ZVW'74 | 26.23 | 9101203 | 26.46 |
| 6. | Yorick van Tricht | Aqua Novio '94 | 27.58 | 8704373 | 26.57FJ 1 |
| 7. | Harm Hulsbergen | ZVW'74 | 26.43 | 8200749 | 26.57FJ 2 |
| 8. | Rodney Cobussen | Aqua Novio '94 | 28.48 | 8800647 | 28.17 |
| 9. | Nick Schellevis | ZVW'74 | 28.08 | 9002575 | 28.32 |
| 10. | Jasper Peters | Aqua Novio '94 | 28.20 | 8602379 | 28.38 |
| 11. | Joël Kapelle | ZVW'74 | 28.29 | 8200857 | 28.63 |
| 12. | Peter Folker | Aqua Novio '94 | NT | 6401021 | 28.94 |
| 13. | Paul Rutten | ESCA Zwemmen | 28.76 | 8001293 | 29.98 |
| 14. | Jean Paul Entingh | ESCA Zwemmen | 31.65 | 8906063 | 31.71 |
| NG.ZA | Peter van Luttkhuizen | ESCA Zwemmen | 28.26 | 7800677 | |

Programmanr. 23 Meisjes, 100m rugslag Meisjes Jeugd 2 en later
14.3.09 - 18:50 Resultaten

| Rang | | | In.tijd | | Tijd |
|-------|--------------------|----------------|---------|---------|--------------------|
| 1. | Merel Kersten | ESCA Zwemmen | 1:11.37 | 9503556 | 1:12.77 |
| 2. | Linda Kolkman | ESCA Zwemmen | 1:12.14 | 9302994 | 1:14.23 |
| 3. | Eline van der Meel | ZVW'74 | 1:19.08 | 9404016 | 1:20.93 |
| 4. | Elisa Fransen | ZVW'74 | 1:23.00 | 9307518 | 1:21.31 |
| 5. | Hannah Kuperus | Aqua Novio '94 | 1:21.31 | 9700398 | 1:23.89FJ 1 |
| 6. | Chanine Brouwers | Aqua Novio '94 | 1:24.39 | 9500146 | 1:23.89FJ 2 |
| 7. | Carmen Walravens | ZVW'74 | 1:27.26 | 9502862 | 1:26.29FJ 1 |
| 8. | Melissa van Houts | Aqua Novio '94 | 1:26.16 | 9700182 | 1:26.29FJ 2 |
| 9. | Sanne Wassing | ESCA Zwemmen | 1:25.91 | 9604106 | 1:31.39 |
| 10. | Denise van Deijzen | ESCA Zwemmen | 1:44.14 | 9604962 | 1:41.10 |
| DIS | Juliette Simons | Aqua Novio '94 | 1:43.12 | 9506388 | 1:45.53RD |
| AFGEM | Didi Maas | Aqua Novio '94 | 1:41.84 | 9303610 | |

Landelijke B deel 4
Arnhem, 14.3.2009

Programmanr. 24
14.3.09 - 18:55

Jongens, 200m schoolslag

Jongens Junioren 4 en later
Resultaten

| Rang | | In.tijd | | Tijd |
|------|-------------------|---------|---------|----------------|
| 1. | Jasper Verheijen | 2:39.32 | 9303685 | 2:41.20 |
| 2. | Bart Fölker | 2:56.13 | 9401861 | 2:52.36 |
| 3. | Stefan de Wit | 3:15.02 | 9300555 | 2:59.55 |
| 4. | Max Middelman | 3:21.41 | 9301635 | 3:00.28 |
| 5. | Kevin v.d. End | 3:10.32 | 9303643 | 3:00.38 |
| 6. | Milan Lentze | 3:04.57 | 9401923 | 3:00.58 |
| 7. | Bouke Timmer | 3:23.23 | 9500373 | 3:18.39 |
| 8. | Casper Middelhuis | 3:29.90 | 9300351 | 3:20.65 |
| 9. | Frank Broer | 3:28.63 | 9402361 | 3:34.04 |

Programmanr. 26
14.3.09 - 19:05

Dames, 100m vrije slag

Dames Senioren 2 en later
Resultaten

| Rang | | In.tijd | | Tijd |
|------|---------------------|---------|---------|----------------|
| 1. | Loes van Ooijen | 1:00.23 | 9205180 | 1:00.73 |
| 2. | Svenja Peters | 1:05.96 | 9201404 | 1:05.47 |
| 3. | Natasja Snijders | 1:05.34 | 9107966 | 1:07.02 |
| 4. | Britt Lagarde | 1:05.98 | 9303314 | 1:09.25 |
| 5. | Melanie van de Kamp | 1:10.95 | 9101536 | 1:10.51 |
| 6. | Beste Pakoglan | 1:11.77 | 9604534 | 1:10.99 |
| 7. | Annae van de Weerd | 1:10.45 | 9406254 | 1:11.44 |
| 8. | Deirdre Kuperus | 1:14.29 | 9502054 | 1:13.24 |
| 9. | Nikki Vroom | 1:15.85 | 9405884 | 1:14.00 |
| 10. | Luka Kotterman | 1:08.33 | 9302912 | 1:14.14 |
| 11. | Kim Wekking | 1:17.64 | 9604512 | 1:14.16 |
| 12. | Saskia v.d. Kamp | 1:13.76 | 9207016 | 1:16.49 |
| 13. | Corine Alstadt | 1:19.13 | 9403008 | 1:16.86 |
| 14. | Annina Klein | 1:11.72 | 9101632 | 1:18.45 |

Programmanr. 27
14.3.09 - 19:10

Jongens, 200m rugslag

Jongens Jeugd 2 en later
Resultaten

| Rang | | In.tijd | | Tijd |
|-------|-----------------------|---------|---------|----------------|
| 1. | Sjors van Lith | 2:19.43 | 9202869 | 2:17.07 |
| 2. | Robbert Vink | 2:22.32 | 9102993 | 2:20.51 |
| 3. | Luc Awater | 2:29.45 | 9202991 | 2:27.90 |
| 4. | Martijn van Tricht | 2:26.02 | 9103581 | 2:28.22 |
| 5. | Bas Krafft | 2:31.51 | 9303195 | 2:34.88 |
| 6. | Romario Schenker | 2:31.19 | 9104095 | 2:35.15 |
| 7. | Winfred Rozeboom | 2:37.42 | 9106957 | 2:38.64 |
| 8. | Kjell-Olivier Welling | 2:50.00 | 9207119 | 2:56.06 |
| 9. | Bram Meijlis | 2:39.26 | 9401967 | 3:00.90 |
| AFGEM | Tim Broer | 2:34.32 | 9102977 | |

Landelijke B deel 4
Arnhem, 14.3.2009

Programmanr. 28
14.3.09 - 19:15

Dames, 100m rugslag

Dames Senioren Open
Resultaten

| Rang | | | In.tijd | | Tijd |
|-------|-----------------------|----------------|---------|---------|----------------|
| 1. | Nynke van der Steur | ESCA Zwemmen | 1:11.58 | 9201690 | 1:10.82 |
| 2. | Karlijn Kolkman | ZVW'74 | 1:13.23 | 9401930 | 1:15.42 |
| 3. | Rosalie Torensma | Aqua Novio '94 | 1:15.03 | 8904150 | 1:15.52 |
| 4. | Hester Salazar | ESCA Zwemmen | 1:15.80 | 8101294 | 1:15.59 |
| 5. | Marlies van As | Aqua Novio '94 | 1:16.60 | 8500074 | 1:15.70 |
| 6. | Laura Wekking | Aqua Novio '94 | 1:16.73 | 9402868 | 1:15.92 |
| 7. | Renee Witteveen | ZVW'74 | 1:16.02 | 9400866 | 1:18.51 |
| 8. | Kiona Peters | ESCA Zwemmen | 1:23.48 | 8903272 | 1:21.07 |
| 9. | Marloes van der Steur | ESCA Zwemmen | 1:18.70 | 9006842 | 1:21.15 |
| 10. | Sabine Eykelhoff | Aqua Novio '94 | 1:14.37 | 8901176 | 1:21.48 |
| 11. | Daniek Hendriks | ESCA Zwemmen | 1:14.59 | 9304290 | 1:22.11 |
| 12. | Jody van Scholten | Aqua Novio '94 | NT | 9306190 | 1:23.46 |
| 13. | Romy van de Putte | ZVW'74 | 1:25.00 | 9207752 | 1:24.57 |
| 14. | Janneke Groos | Aqua Novio '94 | 1:21.12 | 7500176 | 1:28.21 |
| AFGEM | Yori van de Kamp | ESCA Zwemmen | 1:30.92 | 8902154 | |
| BM | Vera van Aalten | ESCA Zwemmen | 1:20.58 | 9600314 | 1:22.29 |

Programmanr. 29
14.3.09 - 19:20

Heren, 200m vlinderslag

Heren Senioren Open
Resultaten

| Rang | | | In.tijd | | Tijd |
|------|--------------------|----------------|---------|---------|----------------|
| 1. | Sebas van Lith | Aqua Novio '94 | 2:17.47 | 9001841 | 2:19.48 |
| 2. | Yorick van Tricht | Aqua Novio '94 | 2:22.67 | 8704373 | 2:20.95 |
| 3. | Bart Kiesewetter | ZVW'74 | 2:28.57 | 9101203 | 2:27.75 |
| 4. | Sander de Vrugt | ESCA Zwemmen | 2:33.35 | 8903499 | 2:30.60 |
| 5. | Nelis de Wit | ESCA Zwemmen | 2:28.80 | 8101965 | 2:30.74 |
| 6. | Wouter Kiesewetter | ZVW'74 | 2:42.93 | 9303625 | 2:45.74 |
| 7. | Luuk Drager | ESCA Zwemmen | 3:20.70 | 9504053 | 3:30.54 |

Programmanr. 31
14.3.09 - 19:30

Jongens, 4 x 50m vrije slag

Jongens Junioren 4 en later
Resultaten

| Rang | | | In.tijd | | Tijd |
|------|------------------|----------------|---------|------------------------|----------------|
| 1. | Aqua Novio '94 1 | Aqua Novio '94 | 1:49.96 | | 1:47.20 |
| | Bas Krafft 93 | 25.95 | | Sem van Lith 95 | |
| | Tim Furer 96 | | | Jasper Verheijen 93 | |
| 2. | ESCA Zwemmen 1 | ESCA Zwemmen | 1:53.72 | | 1:52.73 |
| | Bram Meijlis 94 | 27.92 | | Casper Middelhuis 93 | |
| | Milan Lentze 94 | | | Max Middelman 93 | |
| 3. | ZVW'74 1 | ZVW'74 | 2:08.75 | | 2:04.94 |
| | Stefan de Wit 93 | 27.00 | | Melvin van den Born 96 | |
| | Frank Broer 94 | | | Rick de Vor 95 | |

Landelijke B deel 4
Arnhem, 14.3.2009

Programmanr. 32
14.3.09 - 19:30

Meisjes, 4 x 100m wisselslag

Meisjes Junioren 3 en later
Resultaten

| Rang | | | In.tijd | Tijd |
|------|----------------------|-------------------------|---------|----------------|
| 1. | ESCA Zwemmen 1 | ESCA Zwemmen | 5:13.87 | 5:12.42 |
| | Merel Kersten 95 | 1:12.16 Arlette de Vegt | | 95 |
| | Sanne Wassing 96 | Myrna Hendriks | | 95 |
| 2. | Aqua Novio '94 1 | Aqua Novio '94 | 5:27.19 | 5:24.17 |
| | Hannah Kuperus 97 | 1:22.33 Beste Pakoglan | | 96 |
| | Melissa van Houts 97 | Jade Hoogland | | 96 |
| 3. | ZVW'74 1 | ZVW'74 | 5:33.97 | 5:30.52 |
| | Lotte Zingg 96 | 1:22.04 Vera Heesink | | 95 |
| | Carmen Walravens 95 | Sanne van Norel | | 95 |