

PGZK-2009  
Winschoten, 15. - 24.5.2009

1 - PGZK-2009 deel 1

15.05.2009 - 19:15

Programmanr. 1 Dames, 200m schoolslag Senioren open  
15.05.2009 - 19:16 Resultaten

|                     |         |                      |            |            |
|---------------------|---------|----------------------|------------|------------|
| Kringrecord 11      | 2:46.19 | Lisanne van Avezaath | Dordrecht  | 31.01.2009 |
| Kringrecord 12      | 2:45.90 | Linda Moes           | Winschoten | 22.12.1984 |
| Kringrecord 13      | 2:39.30 | Linda Moes           | Delfzijl   | 22.12.1985 |
| Kringrecord 14      | 2:33.23 | Linda Moes           | Wassenaar  | 23.11.1986 |
| Kringrecord 15      | 2:29.48 | Linda Moes           | Emmen      | 14.02.1987 |
| Kringrecord 16      | 2:26.26 | Linda Moes           | Emmen      | 27.02.1988 |
| Kringrecord 17      | 2:26.26 | Linda Moes           | Emmen      | 27.02.1988 |
| Kringrecord 19 - 23 | 2:26.26 | Linda Moes           | Emmen      | 27.02.1988 |

L 11 Jun 1: 3:30.00 / L 12 Jun 2: 3:24.00 / L 13 Jun 3: 3:18.00 / L 14 Jgd 1: 3:16.00 / L 15 Jgd 2: 3:14.00 / L 16-17 Sen D 1-2: 3:12.00 / L 18 / 18+ Sen.: 3:10.00

| Rang | Naam | Vereniging | Intijd | Startnummer | Eindtijd | 100m | 200m |
|------|------|------------|--------|-------------|----------|------|------|
|------|------|------------|--------|-------------|----------|------|------|

Meisjes Junioren 1

|       |                  |                 |         |         |                  |         |         |
|-------|------------------|-----------------|---------|---------|------------------|---------|---------|
| 1.    | L. van Avezaath  | TriVia          | 2:46.19 | 9701304 | <b>2:49.51</b> D | 1:19.51 | 2:49.51 |
| 2.    | Bente Kuik       | ZPC Stadskanaal | 3:23.82 | 9701750 | <b>3:12.50</b> D | 1:32.42 | 3:12.50 |
| 3.    | Ellen van Nieff  | ZPC Stadskanaal | 3:19.94 | 9701112 | <b>3:15.45</b> D | 1:29.80 | 3:15.45 |
| 4.    | Anouk Dijkstra   | Eemsrobben      | 3:29.39 | 9704378 | <b>3:16.92</b> D | 1:30.04 | 3:16.92 |
| 5.    | Astrid Smit      | ZPC Stadskanaal | 3:25.51 | 9700034 | <b>3:23.20</b> D | 1:38.23 | 3:23.20 |
| 6.    | Margreet Koster  | Zpca            | 3:27.53 | 9700330 | <b>3:24.29</b> D | 1:38.23 | 3:24.29 |
| 7.    | Jennifer Scholte | Nova            | 3:21.07 | 9700070 | <b>3:31.79</b> D | 1:38.85 | 3:31.79 |
| AFGEM | Judith Veldman   | Eemsrobben      | 3:10.29 | 9702422 | D                |         |         |

Meisjes Junioren 2

|     |                    |                 |         |         |                  |         |         |
|-----|--------------------|-----------------|---------|---------|------------------|---------|---------|
| 1.  | Renate Hemmes      | Bubble          | 2:52.89 | 9600418 | <b>2:49.51</b> D | 1:21.00 | 2:49.51 |
| 2.  | Laura Buirs        | ZPC Stadskanaal | 3:04.07 | 9600672 | <b>3:06.24</b> D | 1:27.16 | 3:06.24 |
| 3.  | Ilse van Rijssen   | TriVia          | 3:08.36 | 9601600 | <b>3:07.27</b> D | 1:29.63 | 3:07.27 |
| 4.  | Janine Huizeling   | TriVia          | 3:13.18 | 9601598 | <b>3:12.96</b> D | 1:31.43 | 3:12.96 |
| 5.  | Janeley Kartoredjo | Z&PC de Inktvis | 3:17.48 | 9603766 | <b>3:15.32</b> D | 1:31.56 | 3:15.32 |
| 6.  | Sanne Kamminga     | De Aquaflippers | 3:17.39 | 9604378 | <b>3:15.91</b> D | 1:36.37 | 3:15.91 |
| 7.  | Lilian Ottens      | Eemsrobben      | 3:13.35 | 9602552 | <b>3:16.23</b> D | 1:33.89 | 3:16.23 |
| 8.  | Tessa Keizer       | Gzvw            | 3:18.55 | 9601586 | <b>3:16.70</b> D | 1:33.64 | 3:16.70 |
| 9.  | Joline Fischer     | Nova            | 3:20.86 | 9601638 | <b>3:22.81</b> D | 1:36.72 | 3:22.81 |
| 10. | Eva Willemsen      | Zpca            | 3:20.37 | 9602570 | <b>3:23.80</b> D | 1:37.92 | 3:23.80 |
| 11. | Sanne Weessies     | De Pinquin      | 3:11.26 | 9603002 | <b>3:25.75</b> D | 1:40.10 | 3:25.75 |
| DIS | Eva Smit           | Gzvw            | 3:06.93 | 9602690 | <b>3:09.39</b> D | 1:30.20 | 3:09.39 |

Meisjes Junioren 3

|     |                   |                 |         |         |                  |         |         |
|-----|-------------------|-----------------|---------|---------|------------------|---------|---------|
| 1.  | Iris Hartman      | De Pinquin      | 2:58.28 | 9502654 | <b>2:58.16</b> D | 1:24.57 | 2:58.16 |
| 2.  | Nathalja Pragt    | Nova            | 3:02.58 | 9500030 | <b>3:01.54</b> D | 1:25.20 | 3:01.54 |
| 3.  | Anouk Frieman     | TriVia          | 3:06.88 | 9502390 | <b>3:02.30</b> D | 1:27.38 | 3:02.30 |
| 4.  | Karin Groen       | Gzvw            | 3:06.26 | 9502440 | <b>3:02.86</b> D | 1:25.33 | 3:02.86 |
| 5.  | Mariël Buurman    | Nova            | 3:03.76 | 9500598 | <b>3:05.95</b> D | 1:26.70 | 3:05.95 |
| 6.  | Iris Visser       | Zpca            | 3:10.51 | 9504784 | <b>3:06.70</b> D | 1:30.15 | 3:06.70 |
| 7.  | Elisabeth Muthert | ZPC Stadskanaal | 3:08.00 | 9500062 | <b>3:09.07</b> D | 1:28.60 | 3:09.07 |
| 8.  | Naomi Ruiter      | TriVia          | 3:09.91 | 9502332 | <b>3:10.54</b> D | 1:29.45 | 3:10.54 |
| DIS | Denise Gall       | De Pinquin      | 3:16.63 | 9501494 | <b>3:16.50</b> D | 1:34.22 | 3:16.50 |

PGZK-2009  
Winschoten, 15. - 24.5.2009

Programmanr. 1, Dames, 200m schoolslag

Dames Jeugd 1

|    |                     |                 |         |         |                |   |         |         |
|----|---------------------|-----------------|---------|---------|----------------|---|---------|---------|
| 1. | Mirthe Lanfermeijer | TriVia          | 2:46.85 | 9400074 | <b>2:46.71</b> | D | 1:18.66 | 2:46.71 |
| 2. | Naomi Touré         | TriVia          | 2:58.92 | 9401628 | <b>3:02.64</b> | D | 1:25.76 | 3:02.64 |
| 3. | Nikki van der Pijl  | ZPC Stadskanaal | 3:03.13 | 9403954 | <b>3:04.39</b> | D | 1:26.48 | 3:04.39 |
| 4. | Loes Wielink        | TriVia          | 3:07.00 | 9403960 | <b>3:10.64</b> | D | 1:29.67 | 3:10.64 |
| 5. | Carmen Märsylä      | Zpca            | 3:13.25 | 9405244 | <b>3:16.29</b> | D | 1:32.64 | 3:16.29 |

Dames Jeugd 2

|    |                 |            |         |         |                |   |         |         |
|----|-----------------|------------|---------|---------|----------------|---|---------|---------|
| 1. | Jose Sijbring   | De Pinquin | 3:01.81 | 9300702 | <b>2:53.95</b> | D | 1:22.17 | 2:53.95 |
| 2. | Kyra Rietveld   | TriVia     | 2:57.98 | 9300624 | <b>2:59.70</b> | D | 1:24.51 | 2:59.70 |
| 3. | Annemiek Lamain | Eemsrobber | 3:14.00 | 9300460 | <b>3:18.29</b> | D | 1:34.67 | 3:18.29 |

Dames Senioren D 1-2

|    |                |                 |         |         |                |   |         |         |
|----|----------------|-----------------|---------|---------|----------------|---|---------|---------|
| 1. | Marloes Jeurig | ZPC Stadskanaal | 3:08.39 | 9200858 | <b>3:02.73</b> | D | 1:27.38 | 3:02.73 |
| 2. | Marijke Pras   | Gzvw            | 3:01.84 | 9203700 | <b>3:03.07</b> | D | 1:27.12 | 3:03.07 |

Dames Senioren

|    |                    |            |         |         |                |   |         |         |
|----|--------------------|------------|---------|---------|----------------|---|---------|---------|
| 1. | Gea Hagting        | Nova       | 2:44.75 | 8801584 | <b>2:43.45</b> | D | 1:19.08 | 2:43.45 |
| 2. | Emma Helleman      | Z.C. Haren | 3:07.24 | 8907216 | <b>3:08.23</b> | D | 1:27.64 | 3:08.23 |
| 3. | Patricia Scheppers | Bubble     | 3:09.26 | 8903678 | <b>3:10.98</b> | D | 1:30.57 | 3:10.98 |

Programmanr. 2  
15.05.2009 - 19:38

Heren, 200m schoolslag

Jongens Junioren 1 en ouder

Resultaten

|                     |         |                 |                |            |
|---------------------|---------|-----------------|----------------|------------|
| Kringrecord 12      | 2:38.47 | Erik Hagting    | Delfzijl       | 08.05.2004 |
| Kringrecord 13      | 2:31.45 | Erik Hagting    | Drachten       | 12.11.2005 |
| Kringrecord 14      | 2:29.31 | Erik Hagting    | Zwaagwesteinde | 02.12.2006 |
| Kringrecord 15      | 2:24.49 | Tom Odding      | Amsterdam      | 16.12.2005 |
| Kringrecord 16      | 2:24.49 | Tom Odding      | Amsterdam      | 16.12.2005 |
| Kringrecord 17      | 2:20.27 | Timon Evenhuis  | Amsterdam      | 20.12.2008 |
| Kringrecord 18      | 2:19.84 | Devi Wolthuizen | Drachten       | 16.12.2006 |
| Kringrecord 19 - 23 | 2:11.36 | Devi Wolthuizen | Eindhoven      | 26.04.2009 |

L 12 Jun 1: 3:24.00 / L 13 Jun 2: 3:15.00 / L 14 Jun 3: 3:08.00 / L 15 Jun 4: 3:02.00 / L 16-17 Jgd 1-2: 2:55.00 / L 18 / 18+ Sen-: 2:50.00

| Rang | Naam | Vereniging | Intijd | Startnummer | Eindtijd | 100m | 200m |
|------|------|------------|--------|-------------|----------|------|------|
|------|------|------------|--------|-------------|----------|------|------|

Jongens Junioren 1

|    |                  |        |         |         |                |   |         |         |
|----|------------------|--------|---------|---------|----------------|---|---------|---------|
| 1. | Maarten Rottier  | TriVia | 2:58.14 | 9600657 | <b>2:59.95</b> | H | 1:26.17 | 2:59.95 |
| 2. | Eko Doedel       | Zpca   | 3:13.17 | 9600543 | <b>3:13.25</b> | H | 1:33.71 | 3:13.25 |
| 3. | Pascal Klopstra  | Gzvw   | 3:23.15 | 9600667 | <b>3:14.67</b> | H | 1:33.73 | 3:14.67 |
| 4. | Bastiaan Bonnema | TriVia | 3:17.27 | 9600683 | <b>3:15.70</b> | H | 1:33.89 | 3:15.70 |

Jongens Junioren 2

|    |                   |                 |         |         |                |   |         |         |
|----|-------------------|-----------------|---------|---------|----------------|---|---------|---------|
| 1. | Luc van der Wolde | ZPC Stadskanaal | 2:40.00 | 9500281 | <b>2:38.98</b> | H | 1:15.03 | 2:38.98 |
| 2. | Marco Barkhuis    | ZPC Stadskanaal | 2:50.01 | 9500279 | <b>2:47.76</b> | H | 1:19.27 | 2:47.76 |
| 3. | Levi Hilbolling   | ZPC Stadskanaal | 2:47.60 | 9500593 | <b>2:48.10</b> | H | 1:18.86 | 2:48.10 |
| 4. | Milan Grünwald    | TriVia          | 2:55.92 | 9500757 | <b>2:49.49</b> | H | 1:19.95 | 2:49.49 |
| 5. | Matthijs Sijbring | De Pinquin      | 3:01.20 | 9500177 | <b>2:57.10</b> | H | 1:24.00 | 2:57.10 |
| 6. | Olaf Smidts       | Gzvw            | 3:12.70 | 9504275 | <b>3:04.71</b> | H | 1:26.78 | 3:04.71 |
| 7. | Ruben Rozeboom    | TriVia          | 2:54.79 | 9500323 | <b>3:06.57</b> | H |         | 3:06.57 |
| 8. | G. Rozeboom       | TriVia          | 3:06.07 | 9500325 | <b>3:08.67</b> | H | 1:31.29 | 3:08.67 |
| 9. | David Scheffer    | De Pinquin      | 3:14.55 | 9500175 | <b>3:13.75</b> | H | 1:33.35 | 3:13.75 |

PGZK-2009  
Winschoten, 15. - 24.5.2009

Programmanr. 2, Heren, 200m schoolslag

Jongens Junioren 3

|    |                    |                 |         |         |                |   |         |         |
|----|--------------------|-----------------|---------|---------|----------------|---|---------|---------|
| 1. | Stefan Petersen    | De Pinquin      | 2:36.16 | 9403067 | <b>2:41.07</b> | H | 1:15.16 | 2:41.07 |
| 2. | Tim van der Meulen | Gzvw            | 2:55.28 | 9401583 | <b>2:52.23</b> | H | 1:22.07 | 2:52.23 |
| 3. | Maarten Moorman    | De Pinquin      | 3:06.26 | 9401161 | <b>2:59.51</b> | H | 1:22.76 | 2:59.51 |
| 4. | Roy Zuidema        | ZPC Stadskanaal | 3:02.47 | 9400067 | <b>3:02.95</b> | H | 1:24.17 | 3:02.95 |

Jongens Junioren 4

|    |                  |                 |         |         |                |   |         |         |
|----|------------------|-----------------|---------|---------|----------------|---|---------|---------|
| 1. | Roy Smeenge      | TriVia          | 2:30.13 | 9305557 | <b>2:27.32</b> | H | 1:10.24 | 2:27.32 |
| 2. | Olav van der Wal | TriVia          | 2:38.41 | 9303399 | <b>2:40.29</b> | H | 1:16.02 | 2:40.29 |
| 3. | Johan Wijma      | De Aquaflippers | 2:48.59 | 9301689 | <b>2:51.65</b> | H | 1:20.19 | 2:51.65 |

Heren Jeugd 1-2

|    |                  |        |         |         |                |   |         |         |
|----|------------------|--------|---------|---------|----------------|---|---------|---------|
| 1. | Ward van Rijssen | TriVia | 2:35.36 | 9204841 | <b>2:33.16</b> | H | 1:11.92 | 2:33.16 |
| 2. | Jordy Pragt      | Nova   | 2:33.63 | 9101835 | <b>2:36.72</b> | H | 1:12.09 | 2:36.72 |
| 3. | Richard Lutke    | Nova   | 2:51.80 | 9101503 | <b>2:45.45</b> | H | 1:17.42 | 2:45.45 |
| 4. | Tom Moesker      | Zpca   | 2:47.55 | 9200917 | <b>2:49.39</b> | H | 1:17.73 | 2:49.39 |

Heren Senioren H 1 en ouder

|    |                   |                 |         |         |                |   |         |         |
|----|-------------------|-----------------|---------|---------|----------------|---|---------|---------|
| 1. | Dennis Wijbenga   | ZPC Stadskanaal | 2:29.23 | 9003283 | <b>2:25.90</b> | H | 1:09.79 | 2:25.90 |
| 2. | Sverre van de Wal | TriVia          | 2:39.65 | 9006449 | <b>2:37.14</b> | H | 1:13.51 | 2:37.14 |
| 3. | Jos Duit          | ZPC Stadskanaal | 2:40.18 | 9000745 | <b>2:37.25</b> | H | 1:14.81 | 2:37.25 |
| 4. | Jasper Groeneveld | Z.C. Haren      | 2:48.15 | 8102263 | <b>2:45.69</b> | H | 1:20.05 | 2:45.69 |
| 5. | Martin Lutke      | Nova            | 2:48.06 | 8802263 | <b>2:47.86</b> | H | 1:17.76 | 2:47.86 |

Programmanr. 3

Dames, 400m vrije slag

Senioren open

15.05.2009 - 19:52

Resultaten

|                     |         |                     |                 |            |
|---------------------|---------|---------------------|-----------------|------------|
| Kringrecord 11      | 4:45.14 | Marjolein Kleinhuis | Drachten        | 21.06.1992 |
| Kringrecord 12      | 4:31.69 | Marijke Hommes      | Southampton(GB) | 20.12.1992 |
| Kringrecord 13      | 4:28.30 | Marijke Hommes      | Groningen       | 14.04.1993 |
| Kringrecord 14      | 4:24.50 | Marijke Hommes      | Winschoten      | 27.05.1994 |
| Kringrecord 15      | 4:24.20 | Marijke Hommes      | Stadskanaal     | 24.05.1995 |
| Kringrecord 16      | 4:16.31 | Ranomi Kromowidjojo | Groningen       | 24.11.2007 |
| Kringrecord 17      | 4:16.31 | Ranomi Kromowidjojo | Groningen       | 24.11.2007 |
| Kringrecord 19 - 23 | 4:16.31 | Ranomi Kromowidjojo | Groningen       | 24.11.2007 |

L 11 Jun 1: 6:00.00 / L 12 Jun 2: 5:48.00 / L 13 Jun 3: 5:37.00 / L 14 Jgd 1: 5:28.00 / L 15 Jgd 2: 5:20.00 / L 16-17 Sen D 1-2: 5:15.00 / L 18 / 18+ Sen.: 5:10.00

| Rang                      | Naam            | Vereniging      | Intijd  | Startnummer | Eindtijd       | 100m    | 200m    | 300m | 400m    |
|---------------------------|-----------------|-----------------|---------|-------------|----------------|---------|---------|------|---------|
| <b>Meisjes Junioren 1</b> |                 |                 |         |             |                |         |         |      |         |
| 1.                        | L. van Avezaath | TriVia          | 4:59.86 | 9701304     | <b>4:57.79</b> | 1:09.39 | 2:25.99 |      | 4:57.79 |
| 2.                        | Bente Kuik      | ZPC Stadskanaal | 5:57.33 | 9701750     | <b>5:34.64</b> | 1:19.10 | 2:46.16 |      | 5:34.64 |
| 3.                        | Mandy Slagter   | Eemsrobber      | 5:49.99 | 9700116     | <b>5:39.67</b> | 1:22.50 | 2:50.62 |      | 5:39.67 |
| 4.                        | Margreet Koster | Zpca            | 5:40.96 | 9700330     | <b>5:40.63</b> | 1:17.32 | 2:45.14 |      | 5:40.63 |
| 5.                        | Laura van der A | ZPC Stadskanaal | 5:53.15 | 9700080     | <b>5:42.08</b> | 1:15.72 | 2:43.15 |      | 5:42.08 |
| 6.                        | Ellen van Nieff | ZPC Stadskanaal | 5:49.70 | 9701112     | <b>5:47.13</b> | 1:21.20 | 2:51.10 |      | 5:47.13 |
| 7.                        | Astrid Smit     | ZPC Stadskanaal | 5:57.87 | 9700034     | <b>5:51.07</b> | 1:20.95 | 2:50.98 |      | 5:51.07 |
| AFGEM                     | Judith Veldman  | Eemsrobber      | 5:07.93 | 9702422     |                |         |         |      |         |

Programmanr. 3, Dames, 400m vrije slag

Meisjes Junioren 2

|                     |                 |         |         |                |         |         |         |
|---------------------|-----------------|---------|---------|----------------|---------|---------|---------|
| 1. Renate Hemmes    | Bubble          | 4:44.72 | 9600418 | <b>4:41.03</b> | 1:06.70 | 2:18.43 | 4:41.03 |
| 2. Esther Hulsing   | TriVia          | 4:52.60 | 9601080 | <b>5:05.54</b> | 1:07.26 | 2:23.80 | 5:05.54 |
| 3. Ilse van Rijssen | TriVia          | 5:15.72 | 9601600 | <b>5:14.70</b> | 1:14.55 | 2:34.83 | 5:14.70 |
| 4. Tessa Keizer     | Gzvw            | 5:20.67 | 9601586 | <b>5:20.00</b> | 1:14.24 | 2:35.53 | 5:20.00 |
| 5. Janine Huizeling | TriVia          | 5:09.52 | 9601598 | <b>5:23.61</b> | 1:11.20 | 2:33.18 | 5:23.61 |
| 6. Eva Willemsen    | Zpca            | 5:16.83 | 9602570 | <b>5:29.35</b> | 1:16.41 | 2:40.43 | 5:29.35 |
| 7. Kim Franken      | Gzvw            | 5:43.83 | 9602688 | <b>5:35.10</b> | 1:17.82 | 2:43.42 | 5:35.10 |
| 8. Ilse Glazenburg  | ZPC Stadskanaal | 5:37.26 | 9600474 | <b>5:36.37</b> | 1:17.21 | 2:43.81 | 5:36.37 |
| 9. Sanne Weessies   | De Pinquin      | 5:46.48 | 9603002 | <b>6:02.64</b> | 1:26.41 | 2:59.35 | 6:02.64 |

Meisjes Junioren 3

|                      |                 |         |         |                |         |         |         |
|----------------------|-----------------|---------|---------|----------------|---------|---------|---------|
| 1. M. van der Struik | ZPC Stadskanaal | 4:35.73 | 9502502 | <b>4:37.89</b> | 1:06.26 | 2:16.95 | 4:37.89 |
| 2. C. van Beusekom   | TriVia          | 4:52.35 | 9500134 | <b>4:42.32</b> | 1:05.75 | 2:18.01 | 4:42.32 |
| 3. Elisabeth Muthert | ZPC Stadskanaal | 4:54.97 | 9500062 | <b>4:57.89</b> | 1:08.92 | 2:25.23 | 4:57.89 |
| 4. Nathalja Pragt    | Nova            | 5:03.36 | 9500030 | <b>4:57.92</b> | 1:09.38 | 2:26.86 | 4:57.92 |
| 5. Sylvia Dik        | TriVia          | 4:53.02 | 9501064 | <b>5:05.21</b> | 1:05.24 | 2:24.88 | 5:05.21 |
| 6. Denise Gall       | De Pinquin      | 5:12.20 | 9501494 | <b>5:14.53</b> | 1:12.70 | 2:32.38 | 5:14.53 |
| 7. Iris Visser       | Zpca            | 5:32.95 | 9504784 | <b>5:24.08</b> | 1:13.73 | 2:35.93 | 5:24.08 |
| 8. Iris Hartman      | De Pinquin      | 5:25.38 | 9502654 | <b>5:25.46</b> | 1:16.21 | 2:40.79 | 5:25.46 |
| 9. Marlinde Koops    | ZPC Stadskanaal | 5:24.20 | 9500638 | <b>5:29.45</b> | 1:16.92 | 2:41.42 | 5:29.45 |

Dames Jeugd 1

|                   |        |         |         |                |         |         |         |
|-------------------|--------|---------|---------|----------------|---------|---------|---------|
| 1. R. Schoonbeek  | TriVia | 4:35.00 | 9402692 | <b>4:37.04</b> | 1:05.55 | 2:15.88 | 4:37.04 |
| 2. Rixt Veldkamp  | Gzvw   | 5:05.55 | 9404344 | <b>5:02.21</b> | 1:09.53 | 2:25.93 | 5:02.21 |
| 3. Heleen Arends  | TriVia | 5:27.08 | 9404416 | <b>5:21.76</b> | 1:11.02 | 2:33.02 | 5:21.76 |
| 4. Carmen Märsylä | Zpca   | 5:21.29 | 9405244 | <b>5:26.82</b> | 1:09.96 | 2:32.91 | 5:26.82 |

Dames Jeugd 2

|                    |            |         |         |                |         |         |         |
|--------------------|------------|---------|---------|----------------|---------|---------|---------|
| 1. Jose Sijbring   | De Pinquin | 4:41.31 | 9300702 | <b>4:46.48</b> | 1:06.45 | 2:18.80 | 4:46.48 |
| 2. Rianne Slagter  | Eemsrobber | 5:14.62 | 9304088 | <b>5:08.57</b> | 1:13.39 | 2:32.92 | 5:08.57 |
| 3. Heleen de Vries | Bubble     | 5:15.99 | 9304538 | <b>5:22.07</b> | 1:14.86 | 2:35.92 | 5:22.07 |

Dames Senioren D 1-2

|                   |                 |         |         |                |         |         |         |
|-------------------|-----------------|---------|---------|----------------|---------|---------|---------|
| 1. Winnie Timans  | De Pinquin      | 4:49.47 | 9103090 | <b>4:45.89</b> | 1:07.47 | 2:19.75 | 4:45.89 |
| 2. Fraukje Puts   | ZPC Stadskanaal | 4:57.51 | 9206470 | <b>4:57.79</b> | 1:07.77 | 2:23.71 | 4:57.79 |
| 3. S. Koopman     | Gzvw            | 5:00.06 | 9202524 | <b>5:00.25</b> | 1:09.75 | 2:26.25 | 5:00.25 |
| 4. E. Kwebeman    | zc Oldambt      | 5:08.12 | 9106374 | <b>5:09.98</b> | 1:08.31 | 2:28.36 | 5:09.98 |
| 5. Marijke Pras   | Gzvw            | 5:09.31 | 9203700 | <b>5:17.54</b> | 1:13.36 | 2:33.67 | 5:17.54 |
| 6. Saskia Kruijer | Zcm'86          | 5:13.86 | 9204274 | <b>5:24.83</b> | 1:14.20 | 2:35.82 | 5:24.83 |

Dames Senioren

|                    |                 |         |         |                |         |         |         |
|--------------------|-----------------|---------|---------|----------------|---------|---------|---------|
| 1. Gea Hagting     | Nova            | 4:37.00 | 8801584 | <b>4:41.26</b> | 1:07.88 | 2:20.53 | 4:41.26 |
| 2. Susanne Blom    | Z&PC de Inktvis | 5:01.83 | 8500282 | <b>4:53.00</b> | 1:08.04 | 2:22.70 | 4:53.00 |
| 3. Rianne Hooiveld | Bubble          | 5:03.48 | 9001572 | <b>5:00.70</b> | 1:08.48 | 2:23.13 | 5:00.70 |
| 4. P. Scheppers    | Bubble          | 5:08.86 | 8903678 | <b>5:08.84</b> | 1:10.10 | 2:28.34 | 5:08.84 |
| 5. Carolien Stuu   | TriVia          | 5:08.42 | 8704014 | <b>5:09.39</b> | 1:10.45 | 2:28.57 | 5:09.39 |

