

1 - Speedowedstrijd deel 3

24-1-2009 - 16:30

Programmanr. 1 Jongens, 100m schoolslag Jongens Minioren 4 en later  
24-1-2009 - 16:30 Resultaten

| Rang | Naam               | Vereniging      | In Tijd | Startnummer | Eindtijd       |
|------|--------------------|-----------------|---------|-------------|----------------|
| 1.   | Martijn Boelens    | Zpc Nova        | 1:42.35 | 9900209     | <b>1:40.89</b> |
| 2.   | Peter van Nieff    | Zpc Stadskanaal | 1:44.36 | 9900067     | <b>1:41.00</b> |
| 3.   | Julian Uil         | Eemsrobben      | 1:57.77 | 9900319     | <b>1:54.65</b> |
| 4.   | Jarno Ottens       | Eemsrobben      | 1:58.58 | 0000273     | <b>1:56.43</b> |
| 5.   | Sebastiaan Rottier | Trivia          | 1:56.72 | 0000147     | <b>1:56.96</b> |
| 6.   | Gerard Yspeert     | Trivia          | 2:09.73 | 0100051     | <b>2:03.10</b> |

Programmanr. 2 Meisjes, 100m vrije slag Meisjes Minioren 2-3  
24-1-2009 - 16:33 Resultaten

| Rang | Naam                   | Vereniging      | In Tijd | Startnummer | Eindtijd       |
|------|------------------------|-----------------|---------|-------------|----------------|
| 1.   | Julia Barkhuis         | Zpc Stadskanaal | 1:27.86 | 0000132     | <b>1:26.33</b> |
| 2.   | Marieke Wildeboer      | Gzvw            | 1:40.24 | 0100016     | <b>1:32.77</b> |
| 3.   | Marit Adriaanse        | Z&PC de Inktvis | 1:35.83 | 0001390     | <b>1:35.00</b> |
| 4.   | Anja Muntendam         | De Pinquin      | 1:33.14 | 0000002     | <b>1:36.23</b> |
| 5.   | Josee Keizer           | Gzvw            | 1:32.68 | 0000264     | <b>1:36.82</b> |
| 6.   | Linda Koers            | Eemsrobben      | 1:44.39 | 0000532     | <b>1:40.19</b> |
| 7.   | Carianna van der Graaf | Zc Oldambt      | 2:25.53 | 0000620     | <b>1:53.32</b> |
| DIS  | Pien Bakker            | Zc Oldambt      | 1:51.77 | 0000268     |                |

AA - Te vroeg weg of bewogen bij start.

Programmanr. 3 Jongens, 200m wisselslag Jongens Minioren 5  
24-1-2009 - 16:39 Resultaten

| Rang | Naam               | Vereniging      | Intijd  | Startnr. | Eindtijd       | 100m | 200m    |
|------|--------------------|-----------------|---------|----------|----------------|------|---------|
| 1.   | Gerko Wilkens      | Zpc Stadskanaal | NT      | 9800261  | <b>3:09.28</b> |      | 3:09.28 |
| 2.   | Maurice Venema     | Bubble          | NT      | 9800109  | <b>3:11.52</b> |      | 3:11.52 |
| 3.   | Quintin Stoetman   | Gzvw            | 3:24.55 | 9800043  | <b>3:12.18</b> |      | 3:12.18 |
| 4.   | Berjen Mellema     | Gzvw            | NT      | 9800615  | <b>3:17.03</b> |      | 3:17.03 |
| 5.   | Jan Willem Veldman | Zpca            | NT      | 9800277  | <b>3:19.87</b> |      | 3:19.87 |
| 6.   | Maarten Bonnema    | Trivia          | 3:25.87 | 9800047  | <b>3:21.37</b> |      | 3:21.37 |
| 7.   | Rik Liefheid       | Zpc Stadskanaal | NT      | 9801131  | <b>3:21.53</b> |      | 3:21.53 |
| 8.   | Kilian Bontjer     | Zpc Nova        | NT      | 9800751  | <b>3:23.54</b> |      | 3:23.54 |
| 9.   | Tim Hatzmann       | Zpc Stadskanaal | NT      | 9801129  | <b>3:43.92</b> |      | 3:43.92 |
| 10.  | Sergio Jansen      | Trivia          | NT      | 9801499  | <b>3:53.80</b> |      | 3:53.80 |

Programmanr. 4  
24-1-2009 - 16:46

Meisjes, 100m schoolslag

Meisjes Minioren 4  
Resultaten

| Rang  | Naam                 | Vereniging      | In Tijd | Startnummer | Eindtijd            |
|---|----------------------|-----------------|---------|-------------|---------------------|
| 1.  | Lonneke Graansma     | Trivia          | 1:40.56 | 9900936     | <b>1:37.12</b>      |
| 2.  | Marieke Tienstra     | Trivia          | 1:41.06 | 9900302     | <b>1:39.14</b>      |
| 3.  | Emma Bos             | Zpc Stadskanaal | 1:42.81 | 9900658     | <b>1:40.75</b>      |
| 4.  | Robin Weessies       | De Pinquin      | 1:48.53 | 9900696     | <b>1:45.24</b>      |
| 5.  | Anne Fleur Willemsen | Zpca            | 1:53.68 | 9901396     | <b>1:49.46</b>      |
| 6.  | Nikita Mik           | Trivia          | 1:53.91 | 9901204     | <b>1:53.63</b>      |
| 7.  | Lisa van der Werff   | Z&PC de Inktvis | 1:56.16 | 9901410     | <b>1:56.95</b>      |
| 8.  | Alice van Zand       | Zpc Nova        | 1:58.13 | 9900366     | <b>1:58.19</b> FJ 1 |
| 9.  | Janine Smilde        | Zcm'86          | 1:56.70 | 9900330     | <b>1:58.19</b> FJ 2 |
| 10.   | Karlijn van der Werf | De Pinquin      | 2:03.99 | 9900174     | <b>1:59.67</b>      |
| 11.   | Mireille Larkens     | Zpca            | 1:59.86 | 9901400     | <b>2:01.67</b>      |
| 12.   | Kirsten Lingbeek     | Z&PC de Inktvis | 2:00.96 | 9901408     | <b>2:02.96</b>      |
| DIS   | Irene Ottens         | Eemsrobben      | 2:02.12 | 9901116     | <b>1:56.52</b>      |
| <i>SK - Niet met twee handen gelijktijdig keer- en/of eindpunt aangetikt.</i> |                      |                 |         |             |                     |
| AFGEM   | Vita Hoekstra        | Trivia          | 1:58.33 | 9902378     |                     |
| AFGEM   | Chayene Bolhuis      | Gzvw            | 1:55.22 | 9901780     |                     |
| AFGEM   | Manon Bos            | Gzvw            | 1:56.35 | 9900648     |                     |

Programmanr. 5  
24-1-2009 - 16:54

Jongens, 100m rugslag

Jongens Minioren 6  
Resultaten

| Rang | Naam                | Vereniging      | In Tijd | Startnummer | Eindtijd       |
|------|---------------------|-----------------|---------|-------------|----------------|
| 1.   | Marcel Groen        | Gzvw            | 1:26.48 | 9700239     | <b>1:22.51</b> |
| 2.   | Jeroen Koers        | Eemsrobben      | 1:22.47 | 9701237     | <b>1:22.96</b> |
| 3.   | Martijn Kieffer     | Eemsrobben      | 1:26.44 | 9700685     | <b>1:24.60</b> |
| 4.   | Stefan Ridderbos    | Bubble          | 1:25.93 | 9700851     | <b>1:25.16</b> |
| 5.   | Gert Muntendam      | De Pinquin      | 1:27.46 | 9700115     | <b>1:27.92</b> |
| 6.   | Roy Potze           | Gzvw            | 1:33.26 | 9702457     | <b>1:30.37</b> |
| 7.   | Joost van der Pijl  | Zpc Stadskanaal | 1:30.45 | 9700171     | <b>1:31.51</b> |
| 8.   | Stijn Buurman       | Zpc Nova        | 1:38.28 | 9700337     | <b>1:32.27</b> |
| 9.   | Arjen Brinks        | Zpc Nova        | 1:38.08 | 9700433     | <b>1:38.80</b> |
| 10.  | Niels Wiersema      | Eemsrobben      | NT      | 9703221     | <b>1:43.53</b> |
| 11.  | Bert Gort           | De Aquaflippers | 1:43.24 | 9703703     | <b>1:44.47</b> |
| 12.  | Remco Stam          | De Aquaflippers | 1:53.43 | 9702165     | <b>1:46.45</b> |
| 13.  | Martijn Bick        | Gzvw            | 1:49.37 | 9700581     | <b>1:47.52</b> |
| 14.  | Jelle Roorda        | Trivia          | 1:51.05 | 9703279     | <b>1:52.02</b> |
| 15.  | Jeroen van de Graaf | Zc Oldambt      | 2:00.49 | 9700443     | <b>2:00.76</b> |

Programmanr. 6  
24-1-2009 - 17:01

Meisjes, 100m schoolslag

Meisjes Minioren 5  
Resultaten

| Rang | Naam              | Vereniging      | In Tijd | Startnummer | Eindtijd       |
|------|-------------------|-----------------|---------|-------------|----------------|
| 1.   | Willemein Hoving  | Trivia          | 1:34.46 | 9800106     | <b>1:33.17</b> |
| 2.   | Anouk Zuidema     | De Aquaflippers | 1:36.44 | 9801654     | <b>1:33.53</b> |
| 3.   | Bernice Dijkhuis  | Trivia          | 1:35.45 | 9800084     | <b>1:33.68</b> |
| 4.   | Daniek Platje     | De Pinquin      | 1:37.32 | 9800226     | <b>1:37.93</b> |
| 5.   | Dagmar Veldman    | Eemsrobben      | 1:39.60 | 9802300     | <b>1:38.32</b> |
| 6.   | Ageeth Dekker     | Zpc Stadskanaal | 1:45.60 | 9802180     | <b>1:39.37</b> |
| 7.   | Amber Visser      | Zpca            | 1:39.02 | 9801416     | <b>1:40.24</b> |
| 8.   | Vivianne Dortmond | Z&PC de Inktvis | 1:42.18 | 9801578     | <b>1:40.61</b> |

Programmanr. 6, Meisjes, 100m schoolslag, Meisjes Minioren 5

| Rang  | Naam                | Vereniging      | In Tijd | Startnummer | Eindtijd       |      |
|-------|---------------------|-----------------|---------|-------------|----------------|------|
| 9.    | Tialda Prins        | De Pinquin      | 1:40.81 | 9801310     | <b>1:41.66</b> |      |
| 10.   | Nickee de Jonge     | Bubble          | 1:46.51 | 9800168     | <b>1:41.74</b> |      |
| 11.   | Isabelle Dijkhuis   | De Aquaflippers | 1:42.79 | 9802850     | <b>1:42.34</b> |      |
| 12.   | Fitria Engelsman    | Zpca            | 1:46.76 | 9801896     | <b>1:44.69</b> |      |
| 13.   | Lisanne Tilstra     | Bubble          | 1:46.69 | 9801036     | <b>1:44.73</b> |      |
| 14.   | Joniek Hooghoudt    | Trivia          | 1:42.09 | 9801962     | <b>1:45.54</b> | FJ 1 |
| 15.   | Pien Dijkhuis       | Zcm'86          | 1:44.98 | 9800862     | <b>1:45.54</b> | FJ 2 |
| 16.   | Marieke Klijnstra   | Zpc Stadskanaal | 1:46.57 | 9801964     | <b>1:46.45</b> |      |
| 17.   | Inge Willemsen      | Zpca            | 1:48.68 | 9801958     | <b>1:46.68</b> |      |
| 18.   | Emma Arends         | Trivia          | 1:47.24 | 9800972     | <b>1:47.31</b> |      |
| 19.   | Marianne Arling     | Bubble          | 1:50.57 | 9800170     | <b>1:48.32</b> |      |
| 20.   | Julia van der A     | Zpc Stadskanaal | 1:58.95 | 9800072     | <b>1:49.55</b> |      |
| 21.   | Carlijn Gernaat     | De Hardenberg   | 1:53.37 | 9801308     | <b>1:49.71</b> |      |
| 22.   | Fenja van der Wolde | Zpc Stadskanaal | 1:48.36 | 9800132     | <b>1:52.54</b> |      |
| 23.   | Anouk Koster        | Zc Oldambt      | 1:56.31 | 9800882     | <b>1:52.94</b> | FJ 1 |
| 24.   | Anissa Mulder       | De Hardenberg   | 1:58.02 | 9801070     | <b>1:52.94</b> | FJ 2 |
| 25.   | Laura van Loenen    | Bubble          | 1:58.36 | 9801040     | <b>1:56.18</b> |      |
| 26.   | Els Venema          | De Aquaflippers | 2:01.17 | 9802298     | <b>1:58.34</b> |      |
| 27.   | Eva van Zand        | Zpc Nova        | 1:58.03 | 9800728     | <b>1:58.95</b> |      |
| AFGEM | Kim Hartjes         | Zc Oldambt      | NT      | 9804266     |                |      |

Programmanr. 7  
24-1-2009 - 17:13

Jongens, 200m vrije slag

Jongens Junioren 1-2  
Resultaten

| Rang | Naam              | Vereniging      | Intijd  | Startnr. | Eindtijd       | 100m    | 200m    |
|------|-------------------|-----------------|---------|----------|----------------|---------|---------|
| 1.   | Matthijs Sijbring | De Pinquin      | 2:21.54 | 9500177  | <b>2:18.68</b> | 1:09.77 | 2:18.68 |
| 2.   | Rick Veldman      | Zpc Stadskanaal | 2:22.78 | 9503705  | <b>2:19.52</b> | 1:09.02 | 2:19.52 |
| 3.   | Olaf Smidts       | Gzvw            | 2:29.04 | 9504275  | <b>2:24.60</b> | 1:09.62 | 2:24.60 |
| 4.   | Ruben Rozeboom    | Trivia          | 2:29.12 | 9500323  | <b>2:24.83</b> | 1:10.69 | 2:24.83 |
| 5.   | G. Rozeboom       | Trivia          | 2:27.51 | 9500325  | <b>2:26.12</b> | 1:11.39 | 2:26.12 |
| 6.   | Tom Porte         | Trivia          | 2:32.42 | 9502017  | <b>2:28.02</b> | 1:12.95 | 2:28.02 |
| 7.   | Marc Blauw        | Zpc Nova        | 2:30.23 | 9600017  | <b>2:28.14</b> | 1:11.30 | 2:28.14 |
| 8.   | Eko Doedel        | Zpca            | 2:28.78 | 9600543  | <b>2:28.47</b> | 1:11.55 | 2:28.47 |
| 9.   | Maarten Rottier   | Trivia          | 2:32.53 | 9600657  | <b>2:35.52</b> | 1:12.21 | 2:35.52 |
| 10.  | Bastiaan Bonnema  | Trivia          | 2:44.80 | 9600683  | <b>2:36.40</b> | 1:15.62 | 2:36.40 |
| 11.  | Niels Mulder      | De Hardenberg   | 2:44.12 | 9600867  | <b>2:38.77</b> | 1:15.12 | 2:38.77 |
| 12.  | Hans v.d. Laan    | Zpc Stadskanaal | 2:49.57 | 9601063  | <b>2:43.13</b> | 1:15.58 | 2:43.13 |
| 13.  | Remco Diepenbroek | Bubble          | 2:46.80 | 9502547  | <b>2:44.80</b> | 1:18.33 | 2:44.80 |
| 14.  | Pascal Klopstra   | Gzvw            | 2:45.48 | 9600667  | <b>2:45.84</b> | 1:17.70 | 2:45.84 |
| 15.  | Jeroen Dijkhuis   | Zcm'86          | 3:46.56 | 9500909  | <b>2:49.04</b> | 1:20.00 | 2:49.04 |
| 16.  | Yora Galjaard     | Trivia          | 2:52.61 | 9601717  | <b>2:49.18</b> | 1:22.50 | 2:49.18 |
| 17.  | Sander Venema     | Bubble          | 2:45.52 | 9500229  | <b>2:50.56</b> | 1:22.52 | 2:50.56 |
| 18.  | Sebas Wijmans     | Trivia          | 2:51.75 | 9601785  | <b>2:52.29</b> | 1:22.26 | 2:52.29 |
| 19.  | Tim Zijlstra      | De Pinquin      | 2:53.18 | 9500641  | <b>2:53.43</b> | 1:19.50 | 2:53.43 |
| 20.  | Rick Kupers       | Zpc Stadskanaal | 3:03.83 | 9601061  | <b>2:56.90</b> | 1:26.24 | 2:56.90 |
| 21.  | Erwin Pras        | Gzvw            | 2:51.21 | 9601781  | <b>2:58.02</b> | 1:24.43 | 2:58.02 |
| 22.  | Jeroen Prins      | Gzvw            | 3:01.32 | 9501763  | <b>2:58.54</b> | 1:26.39 | 2:58.54 |
| 23.  | Mohammed Jaf      | Trivia          | 3:04.74 | 9504805  | <b>3:06.67</b> | 1:24.52 | 3:06.67 |
| 24.  | Johan Arling      | Bubble          | 3:02.66 | 9600735  | <b>3:06.79</b> | 1:26.84 | 3:06.79 |
| 25.  | J. van Avezaath   | Trivia          | 3:10.25 | 9503993  | <b>3:11.69</b> | 1:31.09 | 3:11.69 |
| 26.  | Marc Tilstra      | Bubble          | 3:27.20 | 9603271  | <b>3:16.37</b> | 1:35.34 | 3:16.37 |
| 27.  | Martijn Haan      | Zc Oldambt      | 3:20.81 | 9502677  | <b>3:18.10</b> | 1:32.05 | 3:18.10 |

Programmanr. 7, Jongens, 200m vrije slag, Jongens Junioren 1-2

| Rang  | Naam           | Vereniging      | Intijd  | Startnr. | Eindtijd | 100m | 200m |
|-------|----------------|-----------------|---------|----------|----------|------|------|
| AFGEM | R. Groenewegen | Eemsrobben      | 2:35.60 | 9600369  |          |      |      |
| AFGEM | David Scheffer | De Pinquin      | 2:43.80 | 9500175  |          |      |      |
| AFGEM | Dennis Baalman | De Aquaflippers | 2:34.87 | 9500887  |          |      |      |

Programmanr. 8  
24-1-2009 - 17:31

Meisjes, 200m vrije slag

Meisjes Junioren 1-2  
Resultaten

| Rang  | Naam               | Vereniging      | Intijd  | Startnr. | Eindtijd       | 100m    | 200m    |
|-------|--------------------|-----------------|---------|----------|----------------|---------|---------|
| 1.    | Judith Veldman     | Eemsrobben      | 2:25.12 | 9702422  | <b>2:22.73</b> | 1:09.42 | 2:22.73 |
| 2.    | Adaja Stoetman     | Gzvw            | 2:24.48 | 9600348  | <b>2:22.96</b> | 1:09.24 | 2:22.96 |
| 3.    | Eva Smit           | Gzvw            | 2:27.57 | 9602690  | <b>2:27.09</b> | 1:10.41 | 2:27.09 |
| 4.    | Eva Willemsen      | Zpca            | 2:28.45 | 9602570  | <b>2:30.85</b> | 1:12.06 | 2:30.85 |
| 5.    | Tessa Keizer       | Gzvw            | 2:30.33 | 9601586  | <b>2:31.33</b> | 1:13.17 | 2:31.33 |
| 6.    | Sanne Weessies     | De Pinquin      | 2:44.00 | 9603002  | <b>2:36.33</b> | 1:16.65 | 2:36.33 |
| 6.    | Kim Franken        | Gzvw            | 2:38.39 | 9602688  | <b>2:36.33</b> | 1:15.30 | 2:36.33 |
| 8.    | Joline Fischer     | Zpc Nova        | 2:42.34 | 9601638  | <b>2:38.78</b> | 1:16.30 | 2:38.78 |
| 9.    | Laura van der A    | Zpc Stadskanaal | 2:50.39 | 9700080  | <b>2:42.32</b> | 1:18.50 | 2:42.32 |
| 10.   | Ellen van Nieff    | Zpc Stadskanaal | 2:45.62 | 9701112  | <b>2:43.93</b> | 1:20.04 | 2:43.93 |
| 11.   | Esmee Veendorp     | Gzvw            | 2:51.24 | 9603850  | <b>2:44.65</b> | 1:19.28 | 2:44.65 |
| 12.   | Marije Ploeger     | De Pinquin      | 2:47.34 | 9600488  | <b>2:44.88</b> | 1:18.58 | 2:44.88 |
| 13.   | Sanne Kamminga     | De Aquaflippers | 2:41.89 | 9604378  | <b>2:45.70</b> | 1:20.25 | 2:45.70 |
| 14.   | Lilian Ottens      | Eemsrobben      | 2:56.23 | 9602552  | <b>2:50.12</b> | 1:21.68 | 2:50.12 |
| 15.   | Margreet Koster    | Zpca            | 2:44.08 | 9700330  | <b>2:50.23</b> | 1:22.12 | 2:50.23 |
| 16.   | Jennifer Scholte   | Zpc Nova        | 2:50.26 | 9700070  | <b>2:50.48</b> | 1:19.70 | 2:50.48 |
| 17.   | Annika Olsen       | Trivia          | 2:56.96 | 9601146  | <b>2:52.62</b> | 1:22.96 | 2:52.62 |
| 18.   | Mariëlle Spitse    | De Hardenberg   | 2:49.59 | 9604028  | <b>2:53.90</b> | 1:22.34 | 2:53.90 |
| 19.   | Bente Kuik         | Zpc Stadskanaal | 2:53.99 | 9701750  | <b>2:54.37</b> | 1:22.53 | 2:54.37 |
| 20.   | Allison Geertsema  | Zpc Stadskanaal | 3:03.12 | 9603252  | <b>2:55.10</b> | 1:23.95 | 2:55.10 |
| 21.   | Jolet Sligter      | Zpc Stadskanaal | 3:06.90 | 9702914  | <b>2:55.60</b> | 1:24.37 | 2:55.60 |
| 22.   | Sanne Klein        | Zpc Nova        | 3:05.51 | 9700530  | <b>2:56.31</b> | 1:23.71 | 2:56.31 |
| 23.   | Dagmar Smidts      | Gzvw            | 3:02.88 | 9702912  | <b>2:56.55</b> | 1:22.45 | 2:56.55 |
| 24.   | Bojoura van Zoest  | Trivia          | 2:59.92 | 9701130  | <b>2:56.62</b> | 1:25.52 | 2:56.62 |
| 25.   | Anouk Dijkstra     | Eemsrobben      | 3:01.57 | 9704378  | <b>3:00.24</b> | 1:23.74 | 3:00.24 |
| 26.   | Manon Nieuwhof     | De Pinquin      | 3:04.05 | 9700210  | <b>3:00.27</b> | 1:26.31 | 3:00.27 |
| 27.   | Melanie Gall       | De Pinquin      | 3:15.17 | 9700208  | <b>3:02.86</b> | 1:29.30 | 3:02.86 |
| 28.   | Mylène Kok         | De Pinquin      | 3:14.57 | 9602674  | <b>3:05.21</b> | 1:29.30 | 3:05.21 |
| 29.   | Henriët Rademaker  | Zc Oldambt      | 3:28.04 | 9602230  | <b>3:05.73</b> | 1:29.54 | 3:05.73 |
| 30.   | Lisette Sibbald    | Gzvw            | NT      | 9703724  | <b>3:08.68</b> | 1:31.63 | 3:08.68 |
| 31.   | Amina Jaf          | Trivia          | 3:04.94 | 9605028  | <b>3:09.47</b> | 1:25.01 | 3:09.47 |
| 32.   | Esther Rademaker   | Zc Oldambt      | 3:29.07 | 9602232  | <b>3:11.18</b> | 1:32.55 | 3:11.18 |
| 33.   | K. Speelman        | De Pinquin      | 3:18.91 | 9701332  | <b>3:17.91</b> | 1:33.80 | 3:17.91 |
| 34.   | Alissa Swieringa   | Zpca            | 3:30.90 | 9604558  | <b>3:20.36</b> | 1:34.73 | 3:20.36 |
| 35.   | Naomi Cramer       | Eemsrobben      | 3:19.80 | 9701216  | <b>3:25.86</b> | 1:31.30 | 3:25.86 |
| 36.   | Kimberley Plat     | Gzvw            | 3:31.46 | 9704264  | <b>3:38.41</b> | 1:37.53 | 3:38.41 |
| AFGEM | Marloes Stam       | De Hardenberg   | 2:58.05 | 9601468  |                |         |         |
| AFGEM | Janeley Kartoredjo | Z&PC de Inktvis | 2:52.96 | 9603766  |                |         |         |
| AFGEM | Isa van den Brekel | Trivia          | NT      | 9702452  |                |         |         |
| AFGEM | Ilse van Rijssen   | Trivia          | 2:38.08 | 9601600  |                |         |         |
| AFGEM | Mandy Slagter      | Eemsrobben      | 2:44.97 | 9700116  |                |         |         |
| AFGEM | Laura Buirs        | Zpc Stadskanaal | 2:45.11 | 9600672  |                |         |         |
| AFGEM | Ilse Glazenburg    | Zpc Stadskanaal | 2:45.94 | 9600474  |                |         |         |
| AFGEM | Astrid Smit        | Zpc Stadskanaal | 2:49.55 | 9700034  |                |         |         |

Programmanr. 8, Meisjes, 200m vrije slag, Meisjes Junioren 1-2

| Rang  | Naam           | Vereniging      | Intijd  | Startnr. | Eindtijd | 100m | 200m |
|-------|----------------|-----------------|---------|----------|----------|------|------|
| AFGEM | Naomi Zuidema  | Zpc Stadskanaal | 2:28.71 | 9600058  |          |      |      |
| AFGEM | Annemijn Heins | De Aquaflippers | 3:17.21 | 9700940  |          |      |      |
| AFGEM | Sylvia Hidding | Zc Oldambt      | 3:31.54 | 9603886  |          |      |      |
| AFGEM | Chantal Bos    | Gzvw            | 3:02.62 | 9702896  |          |      |      |

Programmanr. 9  
24-1-2009 - 18:00

Jongens, 50m vlinderslag

Jongens Minioren 4 en later  
Resultaten

| Rang | Naam               | Vereniging      | In Tijd | Startnummer | Eindtijd       |
|------|--------------------|-----------------|---------|-------------|----------------|
| 1.   | Martijn Boelens    | Zpc Nova        | 43.00   | 9900209     | <b>44.33</b>   |
| 2.   | Sebastiaan Rottier | Trivia          | NT      | 0000147     | <b>44.54</b>   |
| 3.   | Jarno Ottens       | Eemsrobber      | 52.37   | 0000273     | <b>46.91</b>   |
| 4.   | Julian Uil         | Eemsrobber      | 56.91   | 9900319     | <b>51.00</b>   |
| 5.   | Peter van Nieff    | Zpc Stadskanaal | 53.75   | 9900067     | <b>53.35</b>   |
| 6.   | Gerard Yspeert     | Trivia          | NT      | 0100051     | <b>1:04.33</b> |

Programmanr. 10  
24-1-2009 - 18:02

Meisjes, 100m rugslag

Meisjes Minioren 2-3  
Resultaten

| Rang | Naam              | Vereniging      | In Tijd | Startnummer | Eindtijd       |
|------|-------------------|-----------------|---------|-------------|----------------|
| 1.   | Julia Barkhuis    | Zpc Stadskanaal | 1:32.42 | 0000132     | <b>1:36.46</b> |
| 2.   | Marieke Wildeboer | Gzvw            | 1:47.68 | 0100016     | <b>1:41.23</b> |
| 3.   | Anja Muntendam    | De Pinquin      | 1:43.13 | 0000002     | <b>1:41.86</b> |
| 4.   | Josee Keizer      | Gzvw            | 1:44.07 | 0000264     | <b>1:44.32</b> |
| 5.   | Marit Adriaanse   | Z&PC de Inktvis | 1:48.70 | 0001390     | <b>1:46.15</b> |
| 6.   | Linda Koers       | Eemsrobber      | 1:51.80 | 0000532     | <b>1:51.02</b> |

Programmanr. 11  
24-1-2009 - 18:05

Jongens, 100m vrije slag

Jongens Minioren 5  
Resultaten

| Rang | Naam               | Vereniging      | In Tijd | Startnummer | Eindtijd       |
|------|--------------------|-----------------|---------|-------------|----------------|
| 1.   | Berjen Mellema     | Gzvw            | 1:20.62 | 9800615     | <b>1:15.54</b> |
| 2.   | Gerko Wilkens      | Zpc Stadskanaal | 1:18.71 | 9800261     | <b>1:17.26</b> |
| 3.   | Jan Willem Veldman | Zpca            | 1:20.42 | 9800277     | <b>1:18.91</b> |
| 4.   | Maurice Venema     | Bubble          | 1:18.67 | 9800109     | <b>1:20.08</b> |
| 5.   | Quintin Stoetman   | Gzvw            | 1:20.89 | 9800043     | <b>1:20.30</b> |
| 6.   | Dennis Wildeboer   | Gzvw            | 1:26.31 | 9800571     | <b>1:24.53</b> |
| 7.   | Rik Liefheid       | Zpc Stadskanaal | 1:27.13 | 9801131     | <b>1:26.40</b> |
| 8.   | Maarten Bonnema    | Trivia          | 1:25.74 | 9800047     | <b>1:26.51</b> |
| 9.   | Kilian Bontjer     | Zpc Nova        | 1:28.85 | 9800751     | <b>1:28.89</b> |
| 10.  | Pepijn Rottier     | Trivia          | 1:41.18 | 9800263     | <b>1:37.21</b> |
| 11.  | Marijn Tiggelaar   | De Aquaflippers | NT      | 9802303     | <b>1:39.16</b> |
| 12.  | Tim Hatzmann       | Zpc Stadskanaal | 1:40.43 | 9801129     | <b>1:39.80</b> |
| 13.  | Sergio Jansen      | Trivia          | 1:37.46 | 9801499     | <b>1:43.42</b> |

Programmanr. 12  
24-1-2009 - 18:12

Meisjes, 100m rugslag

Meisjes Minioren 4  
Resultaten

| Rang  | Naam                 | Vereniging      | In Tijd | Startnummer | Eindtijd       |      |
|-------|----------------------|-----------------|---------|-------------|----------------|------|
| 1.    | Marieke Tienstra     | Trivia          | 1:27.30 | 9900302     | <b>1:28.43</b> |      |
| 2.    | Emma Bos             | Zpc Stadskanaal | 1:33.05 | 9900658     | <b>1:30.88</b> |      |
| 3.    | Lonneke Graansma     | Trivia          | 1:31.91 | 9900936     | <b>1:32.62</b> |      |
| 4.    | Robin Weessies       | De Pinquin      | 1:32.14 | 9900696     | <b>1:34.61</b> |      |
| 5.    | Nikita Mik           | Trivia          | 1:32.43 | 9901204     | <b>1:36.23</b> |      |
| 6.    | Janine Smilde        | Zcm'86          | 1:41.84 | 9900330     | <b>1:41.52</b> | FJ 1 |
| 7.    | Anne Fleur Willemsen | Zpca            | 1:46.10 | 9901396     | <b>1:41.52</b> | FJ 2 |
| 8.    | Alice van Zand       | Zpc Nova        | 1:34.16 | 9900366     | <b>1:41.60</b> |      |
| 9.    | Janet Stam           | De Hardenberg   | 1:51.12 | 9900346     | <b>1:46.32</b> |      |
| 10.   | Irene Ottens         | Eemsrobben      | 1:48.12 | 9901116     | <b>1:46.43</b> |      |
| 11.   | Mireille Larkens     | Zpca            | 1:49.46 | 9901400     | <b>1:49.52</b> |      |
| 12.   | Lisa van der Werff   | Z&PC de Inktvis | 1:52.98 | 9901410     | <b>1:52.58</b> |      |
| 13.   | Kirsten Lingbeek     | Z&PC de Inktvis | 1:52.20 | 9901408     | <b>1:53.20</b> |      |
| 14.   | Karlijn van der Werf | De Pinquin      | 1:55.46 | 9900174     | <b>2:05.48</b> |      |
| AFGEM | Vita Hoekstra        | Trivia          | 1:50.25 | 9902378     |                |      |
| AFGEM | Chayene Bolhuis      | Gzvw            | 1:40.62 | 9901780     |                |      |
| AFGEM | Manon Bos            | Gzvw            | 1:46.54 | 9900648     |                |      |

Programmanr. 13  
24-1-2009 - 18:19

Jongens, 400m vrije slag

Jongens Minioren 6  
Resultaten

| Rang | Naam               | Vereniging      | Inschrijftijd | Startnummer | Eindtijd       | 100m    | 200m    | 300m | 400m    |
|------|--------------------|-----------------|---------------|-------------|----------------|---------|---------|------|---------|
| 1.   | Jeroen Koers       | Eemsrobben      | 5:35.31       | 9701237     | <b>5:27.42</b> | 1:15.61 | 2:39.63 |      | 5:27.42 |
| 2.   | Stefan Ridderbos   | Bubble          | 5:40.21       | 9700851     | <b>5:30.95</b> | 1:18.01 | 2:42.48 |      | 5:30.95 |
| 3.   | Martijn Kieffer    | Eemsrobben      | 5:43.59       | 9700685     | <b>5:49.86</b> | 1:20.29 | 2:50.07 |      | 5:49.86 |
| 4.   | Gert Muntendam     | De Pinquin      | 6:15.06       | 9700115     | <b>5:54.99</b> |         |         |      | 5:54.99 |
| 5.   | Marcel Groen       | Gzvw            | 5:55.51       | 9700239     | <b>5:57.45</b> | 1:22.70 | 2:56.02 |      | 5:57.45 |
| 6.   | Joost van der Pijl | Zpc Stadskanaal | 6:05.40       | 9700171     | <b>5:58.68</b> | 1:23.96 | 2:56.74 |      | 5:58.68 |
| 7.   | Roy Potze          | Gzvw            | NT            | 9702457     | <b>6:08.71</b> | 1:24.27 | 3:00.81 |      | 6:08.71 |
| 8.   | Stijn Buurman      | Zpc Nova        | NT            | 9700337     | <b>6:43.21</b> | 1:33.65 | 3:18.15 |      | 6:43.21 |
| 9.   | Arjen Brinks       | Zpc Nova        | NT            | 9700433     | <b>6:54.91</b> |         |         |      | 6:54.91 |
| 10.  | Jelle Roorda       | Trivia          | NT            | 9703279     | <b>7:05.97</b> | 1:40.85 | 3:32.99 |      | 7:05.97 |

Programmanr. 14  
24-1-2009 - 18:31

Meisjes, 100m vlinderslag

Meisjes Minioren 5  
Resultaten

| Rang | Naam              | Vereniging      | In Tijd | Startnummer | Eindtijd       |
|------|-------------------|-----------------|---------|-------------|----------------|
| 1.   | Amber Visser      | Zpca            | 1:28.37 | 9801416     | <b>1:26.36</b> |
| 2.   | Daniek Platje     | De Pinquin      | 1:28.66 | 9800226     | <b>1:28.57</b> |
| 3.   | Tialda Prins      | De Pinquin      | 1:33.84 | 9801310     | <b>1:32.50</b> |
| 4.   | Anouk Zuidema     | De Aquafippers  | 1:45.72 | 9801654     | <b>1:33.06</b> |
| 5.   | Willemein Hoving  | Trivia          | 1:33.64 | 9800106     | <b>1:35.46</b> |
| 6.   | Bernice Dijkhuis  | Trivia          | 1:36.37 | 9800084     | <b>1:39.74</b> |
| 7.   | Marieke Klijnstra | Zpc Stadskanaal | 1:44.77 | 9801964     | <b>1:39.81</b> |
| 8.   | Inge Willemsen    | Zpca            | NT      | 9801958     | <b>1:39.91</b> |
| 9.   | Joniek Hooghoudt  | Trivia          | NT      | 9801962     | <b>1:41.26</b> |
| 10.  | Dagmar Veldman    | Eemsrobben      | NT      | 9802300     | <b>1:41.70</b> |
| 11.  | Lisanne Tilstra   | Bubble          | 1:46.82 | 9801036     | <b>1:43.92</b> |
| 12.  | Emma Arends       | Trivia          | NT      | 9800972     | <b>1:44.99</b> |
| 13.  | Anouk Koster      | Zc Oldambt      | NT      | 9800882     | <b>1:50.02</b> |
| 14.  | Ageeth Dekker     | Zpc Stadskanaal | 1:50.81 | 9802180     | <b>1:52.33</b> |

Programmanr. 14, Meisjes, 100m vlinderslag, Meisjes Minioren 5

| Rang  | Naam  | Vereniging      | In Tijd | Startnummer | Eindtijd       |
|-------|---|-----------------|---------|-------------|----------------|
| 15.   | Pien Dijkhuis   | Zcm'86          | 1:58.89 | 9800862     | <b>1:59.83</b> |
| DIS   | Vivianne Dortmund   | Z&PC de Inktvis | 1:33.48 | 9801578     |                |
|       | <i>AF - Niet de aangegeven afstand gezwommen (geen tijd noteren).</i> |                 |         |             |                |
| DIS   | Fenja van der Wolde   | Zpc Stadskanaal | NT      | 9800132     | <b>2:00.72</b> |
|       | <i>VC - Armen niet over het water naar voren gebracht.</i>            |                 |         |             |                |
| AFGEM | Fitria Engelsman  | Zpca            | NT      | 9801896     |                |

Programmanr. 15  
24-1-2009 - 18:38

Jongens, 200m schoolslag

Jongens Junioren 1-2  
Resultaten

| Rang  | Naam   | Vereniging      | Intijd  | Startnr. | Eindtijd       | 100m    | 200m    |
|-------|--|-----------------|---------|----------|----------------|---------|---------|
| 1.    | Maarten Rottier                                | Trivia          | 3:14.57 | 9600657  | <b>3:00.76</b> | 1:27.13 | 3:00.76 |
| 2.    | Matthijs Sijbring                              | De Pinquin      | 3:08.95 | 9500177  | <b>3:01.20</b> | 1:26.92 | 3:01.20 |
| 3.    | Ruben Rozeboom                                 | Trivia          | 3:03.04 | 9500323  | <b>3:07.07</b> | 1:30.89 | 3:07.07 |
| 4.    | G. Rozeboom                                    | Trivia          | 3:02.47 | 9500325  | <b>3:07.29</b> | 1:31.72 | 3:07.29 |
| 5.    | Rick Veldman                                   | Zpc Stadskanaal | 3:11.25 | 9503705  | <b>3:12.48</b> | 1:31.10 | 3:12.48 |
| 6.    | Eko Doedel                                     | Zpca            | 3:18.48 | 9600543  | <b>3:13.54</b> | 1:35.80 | 3:13.54 |
| 7.    | Olaf Smidts                                    | Gzvw            | 3:16.68 | 9504275  | <b>3:14.58</b> | 1:33.23 | 3:14.58 |
| 8.    | Bastiaan Bonnema                               | Trivia          | 3:27.19 | 9600683  | <b>3:17.27</b> | 1:36.96 | 3:17.27 |
| 9.    | Marc Blauw                                     | Zpc Nova        | 3:34.55 | 9600017  | <b>3:26.24</b> | 1:39.93 | 3:26.24 |
| 10.   | J. van Avezaath                                | Trivia          | 3:34.90 | 9503993  | <b>3:28.18</b> | 1:44.14 | 3:28.18 |
| 11.   | Tom Porte                                      | Trivia          | NT      | 9502017  | <b>3:28.73</b> | 1:40.26 | 3:28.73 |
| 12.   | Hans v.d. Laan                                 | Zpc Stadskanaal | 3:32.14 | 9601063  | <b>3:29.08</b> | 1:39.58 | 3:29.08 |
| 13.   | Pascal Klopstra                                | Gzvw            | 3:23.15 | 9600667  | <b>3:30.45</b> | 1:40.90 | 3:30.45 |
| 14.   | Jeroen Dijkhuis                                | Zcm'86          | 3:57.58 | 9500909  | <b>3:32.43</b> | 1:41.74 | 3:32.43 |
| 15.   | Sebas Wijmans                                  | Trivia          | 3:30.62 | 9601785  | <b>3:33.61</b> | 1:45.17 | 3:33.61 |
| 16.   | Erwin Pras                                     | Gzvw            | 3:42.43 | 9601781  | <b>3:38.23</b> | 1:46.89 | 3:38.23 |
| 17.   | Remco Diepenbroek                              | Bubble          | 3:44.30 | 9502547  | <b>3:39.26</b> | 1:46.20 | 3:39.26 |
| 18.   | Yora Galjaard                                  | Trivia          | 3:57.74 | 9601717  | <b>3:40.42</b> | 1:46.88 | 3:40.42 |
| 19.   | Marc Tilstra                                   | Bubble          | 3:49.40 | 9603271  | <b>3:42.49</b> | 1:46.62 | 3:42.49 |
| 20.   | Niels Mulder                                   | De Hardenberg   | 3:44.64 | 9600867  | <b>3:45.34</b> | 1:48.62 | 3:45.34 |
| 21.   | Jeroen Prins                                   | Gzvw            | 3:45.75 | 9501763  | <b>3:47.33</b> | 1:50.20 | 3:47.33 |
| 22.   | Tim Zijlstra                                   | De Pinquin      | 3:59.16 | 9500641  | <b>3:50.27</b> | 1:52.14 | 3:50.27 |
| 23.   | Sander Venema                                  | Bubble          | 3:54.52 | 9500229  | <b>3:50.94</b> | 1:51.48 | 3:50.94 |
| 24.   | Niels Kasper                                   | De Aquaflippers | NT      | 9603941  | <b>3:51.80</b> | 1:51.54 | 3:51.80 |
| 25.   | Rick Kupers                                    | Zpc Stadskanaal | 3:49.67 | 9601061  | <b>3:52.67</b> | 1:52.43 | 3:52.67 |
| 26.   | Martijn Haan                                   | Zc Oldambt      | 4:04.04 | 9502677  | <b>3:54.50</b> | 1:52.13 | 3:54.50 |
| 27.   | Johan Arling                                   | Bubble          | 4:23.29 | 9600735  | <b>4:19.24</b> | 2:06.29 | 4:19.24 |
| DIS   | Kris van Noord                                 | De Aquaflippers | NT      | 9603753  |                |         |         |
|       | <i>AA - Te vroeg weg of bewogen bij start.</i> |                 |         |          |                |         |         |
| DIS   | Mohammed Jaf                                   | Trivia          | NT      | 9504805  |                |         |         |
|       | <i>AA - Te vroeg weg of bewogen bij start.</i> |                 |         |          |                |         |         |
| AFGEM | Dennis Baalman                                 | De Aquaflippers | NT      | 9500887  |                |         |         |
| AFGEM | David Scheffer                                 | De Pinquin      | 3:14.55 | 9500175  |                |         |         |
| AFGEM | Han Zwiep                                      | De Aquaflippers | NT      | 9603163  |                |         |         |

Programmanr. 16  
24-1-2009 - 19:03

Meisjes, 200m schoolslag

Meisjes Junioren 1-2  
Resultaten

| Rang  | Naam  | Vereniging      | Intijd  | Startnr. | Eindtijd       | 100m    | 200m    |
|-------|---|-----------------|---------|----------|----------------|---------|---------|
| 1.    | Eva Smit  | Gzvw            | 3:16.06 | 9602690  | <b>3:06.93</b> | 1:29.21 | 3:06.93 |
| 2.    | Judith Veldman  | Eemsrobber      | 3:12.53 | 9702422  | <b>3:10.29</b> | 1:31.76 | 3:10.29 |
| 3.    | Sanne Weessies  | De Pinquin      | 3:11.26 | 9603002  | <b>3:11.57</b> | 1:32.54 | 3:11.57 |
| 4.    | Lilian Ottens   | Eemsrobber      | 3:14.52 | 9602552  | <b>3:13.35</b> | 1:34.17 | 3:13.35 |
| 5.    | Sanne Kamminga  | De Aquaflippers | 3:25.02 | 9604378  | <b>3:17.39</b> | 1:36.39 | 3:17.39 |
| 6.    | Tessa Keizer  | Gzvw            | 3:28.91 | 9601586  | <b>3:18.55</b> |         | 3:18.55 |
| 7.    | Ellen van Nieff   | Zpc Stadskanaal | 3:20.36 | 9701112  | <b>3:19.94</b> | 1:36.27 | 3:19.94 |
| 8.    | Eva Willemsen   | Zpca            | 3:20.37 | 9602570  | <b>3:22.62</b> | 1:38.08 | 3:22.62 |
| 9.    | Allison Geertsema   | Zpc Stadskanaal | 3:28.53 | 9603252  | <b>3:24.29</b> | 1:39.23 | 3:24.29 |
| 10.   | Joline Fischer  | Zpc Nova        | 3:30.72 | 9601638  | <b>3:27.23</b> | 1:39.68 | 3:27.23 |
| 11.   | Margreet Koster   | Zpca            | 3:27.53 | 9700330  | <b>3:27.74</b> | 1:38.27 | 3:27.74 |
| 12.   | Bente Kuik  | Zpc Stadskanaal | 3:23.82 | 9701750  | <b>3:28.77</b> | 1:40.61 | 3:28.77 |
| 13.   | Anouk Dijkstra  | Eemsrobber      | NT      | 9704378  | <b>3:29.39</b> | 1:43.82 | 3:29.39 |
| 14.   | Marije Ploeger  | De Pinquin      | 3:38.65 | 9600488  | <b>3:32.71</b> | 1:42.28 | 3:32.71 |
| 15.   | Annika Olsen  | Trivia          | 3:44.46 | 9601146  | <b>3:33.37</b> | 1:41.80 | 3:33.37 |
| 16.   | Laura van der A   | Zpc Stadskanaal | 3:39.53 | 9700080  | <b>3:34.49</b> | 1:43.97 | 3:34.49 |
| 17.   | Alissa Swieringa  | Zpca            | 3:41.55 | 9604558  | <b>3:34.68</b> | 1:42.71 | 3:34.68 |
| 18.   | Esmee Veendorp  | Gzvw            | 3:45.68 | 9603850  | <b>3:37.26</b> | 1:48.16 | 3:37.26 |
| 19.   | Jolet Sligter   | Zpc Stadskanaal | 3:42.49 | 9702914  | <b>3:40.96</b> | 1:47.17 | 3:40.96 |
| 20.   | Sanne Klein   | Zpc Nova        | 3:40.32 | 9700530  | <b>3:41.09</b> | 1:46.33 | 3:41.09 |
| 21.   | Manon Nieuwhof  | De Pinquin      | 3:51.48 | 9700210  | <b>3:43.45</b> | 1:48.45 | 3:43.45 |
| 22.   | Bojoura van Zoest   | Trivia          | 3:49.65 | 9701130  | <b>3:46.00</b> | 1:49.58 | 3:46.00 |
| 23.   | Lente Oosterhuis  | Zc Oldambt      | NT      | 9702424  | <b>3:51.40</b> | 1:50.50 | 3:51.40 |
| 24.   | Kimberley Plat  | Gzvw            | NT      | 9704264  | <b>3:56.27</b> | 1:54.61 | 3:56.27 |
| 25.   | Lisette Sibbald   | Gzvw            | NT      | 9703724  | <b>3:57.30</b> | 1:57.80 | 3:57.30 |
| 26.   | Henriët Rademaker   | Zc Oldambt      | NT      | 9602230  | <b>3:58.70</b> | 1:56.11 | 3:58.70 |
| 27.   | Mylène Kok  | De Pinquin      | 3:58.26 | 9602674  | <b>4:14.67</b> | 1:53.50 | 4:14.67 |
| 28.   | Mirjam Kwebeman   | Zc Oldambt      | NT      | 9700724  | <b>4:14.77</b> | 2:02.32 | 4:14.77 |
| 29.   | K. Speelman   | De Pinquin      | NT      | 9701332  | <b>4:16.46</b> | 2:01.58 | 4:16.46 |
| 30.   | Esther Rademaker  | Zc Oldambt      | 4:35.14 | 9602232  | <b>4:19.28</b> | 2:01.26 | 4:19.28 |
| 31.   | Amina Jaf   | Trivia          | 3:57.03 | 9605028  | <b>4:21.49</b> | 1:53.18 | 4:21.49 |
| 32.   | Naomi Cramer  | Eemsrobber      | 4:23.07 | 9701216  | <b>4:22.26</b> | 2:07.57 | 4:22.26 |
| 33.   | Melanie Gall  | De Pinquin      | 4:14.97 | 9700208  | <b>4:29.89</b> | 2:00.76 | 4:29.89 |
| DIS   | Mariëlle Spitse   | De Hardenberg   | 3:27.14 | 9604028  |                |         |         |
|       | <i>AA - Te vroeg weg of bewogen bij start.</i>                                  |                 |         |          |                |         |         |
| DIS   | Jennifer Scholte  | Zpc Nova        | 3:21.07 | 9700070  | <b>3:27.42</b> | 1:36.89 | 3:27.42 |
|       | <i>SJ - Na start- en/of keerpunt een verkeerde arm- en/of beenslag gemaakt.</i> |                 |         |          |                |         |         |
| DIS   | Hanna Mencke  | De Aquaflippers | NT      | 9702234  | <b>3:50.61</b> | 1:50.05 | 3:50.61 |
|       | <i>SL - Met één hand keer- en/of eindpunt aangetikt.</i>                        |                 |         |          |                |         |         |
| AFGEM | Ilse van Rijssen  | Trivia          | 3:13.95 | 9601600  |                |         |         |
| AFGEM | Janeley Kartoredjo  | Z&PC de Inktvis | 3:17.48 | 9603766  |                |         |         |
| AFGEM | Marloes Stam  | De Hardenberg   | 3:45.56 | 9601468  |                |         |         |
| AFGEM | Isa van den Brekel  | Trivia          | NT      | 9702452  |                |         |         |
| AFGEM | Chantal Bos   | Gzvw            | 3:50.14 | 9702896  |                |         |         |
| AFGEM | Ilse Glazenburg   | Zpc Stadskanaal | 3:31.80 | 9600474  |                |         |         |
| AFGEM | Astrid Smit   | Zpc Stadskanaal | NT      | 9700034  |                |         |         |
| AFGEM | Laura Buirs   | Zpc Stadskanaal | 3:12.02 | 9600672  |                |         |         |
| AFGEM | Sylvia Hidding  | Zc Oldambt      | 4:46.99 | 9603886  |                |         |         |
| AFGEM | Annemijn Heins  | De Aquaflippers | 3:50.93 | 9700940  |                |         |         |