

Amsterdam Talent Cup 2012  
Amsterdam, 4 maart 2012

Programmanr. 29  
04-03-2012 - 13:27

Jongens, 400m vrije slag

Junioren en Jeugd  
Resultaten

| rang | naam                 | vereniging         |               | intijd  |               | startnr.  | tijd          |       | RT    | niv. |
|------|----------------------|--------------------|---------------|---------|---------------|-----------|---------------|-------|-------|------|
| 1.   | Frank de Graaf       | DWK                |               | 4:16.68 |               | 199602671 | 4:25.89       |       |       | E    |
|      | 50m: 29.63           | 29.63              | 150m: 1:38.52 | 35.36   | 250m: 2:47.30 | 34.21     | 350m: 3:54.81 | 33.25 |       |      |
|      | 100m: 1:03.16        | 33.53              | 200m: 2:13.09 | 34.57   | 300m: 3:21.56 | 34.26     | 400m: 4:25.89 | 31.08 |       |      |
| 2.   | Ties Elzerman        | De Dolfijn         |               | 4:19.64 |               | 199502163 | 4:27.78       |       | +0,68 | E    |
|      | 50m: 29.75           | 29.75              | 150m: 1:37.90 | 34.21   | 250m: 2:47.04 | 34.53     | 350m: 3:55.28 | 33.57 |       |      |
|      | 100m: 1:03.69        | 33.94              | 200m: 2:12.51 | 34.61   | 300m: 3:21.71 | 34.67     | 400m: 4:27.78 | 32.50 |       |      |
| 3.   | Damon Peperkamp      | OZ&PC              |               | 4:15.16 |               | 199501101 | 4:30.13       |       | +0,76 | F    |
|      | 50m: 29.89           | 29.89              | 150m: 1:37.95 | 34.29   | 250m: 2:47.84 | 35.27     | 350m: 3:56.35 | 34.27 |       |      |
|      | 100m: 1:03.66        | 33.77              | 200m: 2:12.57 | 34.62   | 300m: 3:22.08 | 34.24     | 400m: 4:30.13 | 33.78 |       |      |
| 4.   | Bart Klok            | One Team Swimming  |               | 4:19.08 |               | 199600351 | 4:30.37       |       | +0,81 | E    |
|      | 50m: 31.35           | 31.35              | 150m: 1:40.09 | 34.57   | 250m: 2:49.04 | 34.35     | 350m: 3:57.14 | 33.52 |       |      |
|      | 100m: 1:05.52        | 34.17              | 200m: 2:14.69 | 34.60   | 300m: 3:23.62 | 34.58     | 400m: 4:30.37 | 33.23 |       |      |
| 5.   | Michael van Dam      | HPC                |               | 4:17.51 |               | 199401501 | 4:34.15       |       | +0,60 | F    |
|      | 50m: 30.98           | 30.98              | 150m: 1:40.82 | 35.18   | 250m: 2:52.38 | 35.46     | 350m: 4:02.84 | 34.94 |       |      |
|      | 100m: 1:05.64        | 34.66              | 200m: 2:16.92 | 36.10   | 300m: 3:27.90 | 35.52     | 400m: 4:34.15 | 31.31 |       |      |
| 6.   | Michel van Nieuwkerk | De Dolfijn         |               | 4:34.13 |               | 199702413 | 4:37.48       |       | +0,71 | E    |
|      | 50m: 32.41           | 32.41              | 150m: 1:42.97 | 35.15   | 250m: 2:54.35 | 35.82     | 350m: 4:04.62 | 34.91 |       |      |
|      | 100m: 1:07.82        | 35.41              | 200m: 2:18.53 | 35.56   | 300m: 3:29.71 | 35.36     | 400m: 4:37.48 | 32.86 |       |      |
| 7.   | Minne Koopmans       | Orca               |               | 4:20.79 |               | 199603557 | 4:37.63       |       | +0,78 | F    |
|      | 50m: 31.87           | 31.87              | 150m: 1:43.21 | 35.96   | 250m: 2:54.53 | 35.30     | 350m: 4:04.78 | 34.88 |       |      |
|      | 100m: 1:07.25        | 35.38              | 200m: 2:19.23 | 36.02   | 300m: 3:29.90 | 35.37     | 400m: 4:37.63 | 32.85 |       |      |
| 8.   | Pepijn Smits         | EIFFELswimmers PSV |               | 4:27.93 |               | 199600691 | 4:37.71       |       | +0,82 | F    |
|      | 50m: 31.44           | 31.44              | 150m: 1:41.92 | 35.36   | 250m: 2:52.81 | 35.22     | 350m: 4:03.53 | 35.11 |       |      |
|      | 100m: 1:06.56        | 35.12              | 200m: 2:17.59 | 35.67   | 300m: 3:28.42 | 35.61     | 400m: 4:37.71 | 34.18 |       |      |