

Event 40
06-05-2012 - 15:32

Men, 400m Medley

Masters Open
Results

| rang | naam | vereniging | inschrijftijd | startnr. | tijd | RT |
|--------------------|---|--|--|--|-------------------|-------|
| Masters 20+ | | | | | | |
| 1. | Tom Lommers <i>Nederlands Masters Record</i> | Nayade | 4:58.49 | 199001847 | 4:58.59 | +0,74 |
| | 50m: 29.73 29.73 100m: 1:05.96 36.23 | 150m: 1:46.41 40.45 200m: 2:25.67 39.26 | 250m: 3:10.27 44.60 300m: 3:55.45 45.18 | 350m: 4:27.35 31.90 400m: 4:58.59 31.24 | | |
| 2. | Emile Manni | Octopus | 4:42.95 | 199001901 | 5:00.57 | +0,68 |
| | 50m: 29.17 29.17 100m: 1:04.46 35.29 | 150m: 1:44.00 39.54 200m: 2:23.09 39.09 | 250m: 3:07.40 44.31 300m: 3:52.49 45.09 | 350m: 4:26.66 34.17 400m: 5:00.57 33.91 | | |
| 3. | Dennis Wijbenga | Stadskanaal | 4:57.29 | 199003283 | 5:05.97 | +0,86 |
| | 50m: 32.75 32.75 100m: 1:12.18 39.43 | 150m: 1:52.53 40.35 200m: 2:31.55 39.02 | 250m: 3:13.00 41.45 300m: 3:55.02 42.02 | 350m: 4:31.46 36.44 400m: 5:05.97 34.51 | | |
| 4. | Tim Bunnik | Triton | 5:22.44 | 199000505 | 5:16.00 | |
| | 50m: 33.13 33.13 100m: 1:13.87 40.74 | 150m: 1:55.10 41.23 200m: 2:35.37 40.27 | 250m: 3:19.99 44.62 300m: 4:07.42 47.43 | 350m: 4:41.27 33.85 400m: 5:16.00 34.73 | | |
| 5. | Niels Albrechts | De Schotejil | 5:50.30 | 198800039 | 5:55.51 | +0,88 |
| | 50m: 36.45 36.45 100m: 1:21.75 45.30 | 150m: 2:06.26 44.51 200m: 2:49.26 43.00 | 250m: 3:45.89 56.63 300m: 4:43.47 57.58 | 350m: 5:20.12 36.65 400m: 5:55.51 35.39 | | |
| 6. | Kevin Dieker | Montferland | 6:00.53 | 199100461 | 5:58.73 | +0,84 |
| | 50m: 35.40 35.40 100m: 1:17.44 42.04 | 150m: 2:04.83 47.39 200m: 2:50.67 45.84 | 250m: 3:40.31 49.64 300m: 4:34.27 53.96 | 350m: 5:17.10 42.83 400m: 5:58.73 41.63 | | |
| 7. | Robin Dellaert | Scheldestroom | 5:28.56 | 198800745 | 6:07.18 | +0,84 |
| | 50m: 34.60 34.60 100m: 1:19.41 44.81 | 150m: 2:08.99 49.58 200m: 2:56.44 47.45 | 250m: 3:49.73 53.29 300m: 4:43.14 53.41 | 350m: 5:26.25 43.11 400m: 6:07.18 40.93 | | |
| 8. | Sven van Zanten | De Duinkickers | 6:14.38 | 199003405 | 6:25.05 | +0,73 |
| | 50m: 35.07 35.07 100m: 1:23.54 48.47 | 150m: 2:12.95 49.41 200m: 3:01.49 48.54 | 250m: 3:58.11 56.62 300m: 4:55.99 57.88 | 350m: 5:41.24 45.25 400m: 6:25.05 43.81 | | |
| DSQ | Nico Beuster | Hanse SV Rostock | 5:36.08 | 139480 | 5:37.86 RH | +0,75 |
| | 50m: 32.99 32.99 100m: 1:12.95 39.96 | 150m: 2:00.18 47.23 200m: 2:47.04 46.86 | 250m: 3:34.36 47.32 300m: 4:23.20 48.84 | 350m: 5:01.27 38.07 400m: 5:37.86 36.59 | | |
| Masters 25+ | | | | | | |
| 1. | Raymond van de Merwe | WVZ | 4:26.06 | 198602077 | 4:44.51 | +0,73 |
| | 50m: 29.13 29.13 100m: 1:03.15 34.02 | 150m: 1:40.44 37.29 200m: 2:16.82 36.38 | 250m: 2:57.34 40.52 300m: 3:38.54 41.20 | 350m: 4:12.38 33.84 400m: 4:44.51 32.13 | | |
| 2. | Gino Stevenheydens | Zwemclub Iloka Kapellen | 4:39.63 | 86Ste | 4:55.98 | +0,74 |
| | 50m: 29.46 29.46 100m: 1:04.22 34.76 | 150m: 1:44.77 40.55 200m: 2:24.00 39.23 | 250m: 3:06.68 42.68 300m: 3:49.13 42.45 | 350m: 4:23.51 34.38 400m: 4:55.98 32.47 | | |
| 3. | Ralf van der Poel | LZ 1886 | 4:57.35 | 198401783 | 5:11.88 | +0,76 |
| | 50m: 31.40 31.40 100m: 1:10.84 39.44 | 150m: 1:53.58 42.74 200m: 2:34.38 40.80 | 250m: 3:16.37 41.99 300m: 3:59.57 43.20 | 350m: 4:36.28 36.71 400m: 5:11.88 35.60 | | |
| 4. | Tobias Höfs | SG Wuppertal | 5:21.24 | 127987 | 5:20.79 | +0,86 |
| | 50m: 31.35 31.35 100m: 1:10.19 38.84 | 150m: 1:55.61 45.42 200m: 2:39.21 43.60 | 250m: 3:24.11 44.90 300m: 4:09.78 45.67 | 350m: 4:45.90 36.12 400m: 5:20.79 34.89 | | |
| 5. | Thommy Nickel | Van Vliet-Barracuda | 5:09.12 | 198401627 | 5:25.48 | +0,83 |
| | 50m: 32.95 32.95 100m: 1:13.68 40.73 | 150m: 1:57.16 43.48 200m: 2:39.21 42.05 | 250m: 3:24.87 45.66 300m: 4:10.98 46.11 | 350m: 4:48.59 37.61 400m: 5:25.48 36.89 | | |
| Masters 30+ | | | | | | |
| 1. | Evgeny Ryzhov <i>Kampioenschaps Record</i> | All stars | 4:43.20 | 101628 | 4:53.36 | |
| | 50m: 28.96 28.96 100m: 1:01.80 32.84 | 150m: 1:42.72 40.92 200m: 2:22.60 39.88 | 250m: 3:03.53 40.93 300m: 3:45.06 41.53 | 350m: 4:20.34 35.28 400m: 4:53.36 33.02 | | |
| 2. | Gergely Molnar <i>Hungarian Masters Record</i> | Sprint Fortuna SC | 5:12.06 | 80Ger | 5:09.48 | +0,83 |
| | 50m: 31.46 31.46 100m: 1:08.63 37.17 | 150m: 1:50.89 42.26 200m: 2:30.71 39.82 | 250m: 3:15.33 44.62 300m: 3:59.07 43.74 | 350m: 4:35.13 36.06 400m: 5:09.48 34.35 | | |

onjuistheden / mistakes?

mail naar/ to: mastersinschrijvingen@knzb.nl

Event 40, Men, 400m Medley, Masters 30+

| rang | naam | vereniging | inschrijftijd | startnr. | tijd | RT |
|------|-------------------|----------------|---------------|-----------|----------------|-------|
| 3. | Freddie Geerlings | Mosaqua Gulpen | 5:21.94 | 197900379 | 5:29.35 | +0,86 |
| | 50m: 34.66 | 34.66 | 150m: 2:02.15 | 44.14 | 250m: 3:30.20 | 44.40 |
| | 100m: 1:18.01 | 43.35 | 200m: 2:45.80 | 43.65 | 300m: 4:14.64 | 44.44 |
| | | | | | 350m: 4:52.83 | 38.19 |
| | | | | | 400m: 5:29.35 | 36.52 |
| 4. | Ron Langelaan | DAW | 5:53.75 | 197800643 | 5:41.06 | +0,87 |
| | 50m: 32.81 | 32.81 | 150m: 1:59.39 | 45.78 | 250m: 3:32.43 | 45.86 |
| | 100m: 1:13.61 | 40.80 | 200m: 2:46.57 | 47.18 | 300m: 4:19.77 | 47.34 |
| | | | | | 350m: 5:00.38 | 40.61 |
| | | | | | 400m: 5:41.06 | 40.68 |
| 5. | Jeroen Vogelsang | DAW | 5:44.35 | 198001645 | 5:55.19 | +0,91 |
| | 50m: 35.62 | 35.62 | 150m: 2:13.25 | 51.42 | 250m: 3:51.91 | 48.51 |
| | 100m: 1:21.83 | 46.21 | 200m: 3:03.40 | 50.15 | 300m: 4:41.31 | 49.40 |
| | | | | | 350m: 5:18.69 | 37.38 |
| | | | | | 400m: 5:55.19 | 36.50 |

Masters 35+

| | | | | | | |
|-----|------------------|------------------|---------------|-----------|----------------|-------|
| 1. | Erwin Zuidervelt | De Futen | 5:43.52 | 197501015 | 6:06.03 | +0,85 |
| | 50m: 35.46 | 35.46 | 150m: 2:08.17 | 47.46 | 250m: 3:46.12 | 51.85 |
| | 100m: 1:20.71 | 45.25 | 200m: 2:54.27 | 46.10 | 300m: 4:39.78 | 53.66 |
| | | | | | 350m: 5:23.39 | 43.61 |
| | | | | | 400m: 6:06.03 | 42.64 |
| DNS | Tobias Lerche | Hanse SV Rostock | 5:42.66 | 311695 | | |

Masters 40+

| | | | | | | |
|----|--------------------------|-------------------|---------------|-----------|----------------|---------|
| 1. | René Beetsma | HZ&PC Heerenveen | 5:09.60 | 196900069 | 5:31.99 | +0,82 |
| | 50m: 32.33 | 32.33 | 150m: 1:57.88 | 44.99 | 250m: 3:29.51 | 47.42 |
| | 100m: 1:12.89 | 40.56 | 200m: 2:42.09 | 44.21 | 300m: 4:17.06 | 47.55 |
| | | | | | 350m: 4:54.97 | 37.91 |
| | | | | | 400m: 5:31.99 | 37.02 |
| 2. | Agnus Gerringa | Zuiderzeewimmers | 5:39.21 | 197100285 | 5:56.65 | +0,85 |
| | 50m: 34.68 | 34.68 | 150m: 2:06.35 | 47.69 | 250m: 3:42.94 | 49.76 |
| | 100m: 1:18.66 | 43.98 | 200m: 2:53.18 | 46.83 | 300m: 4:35.12 | 52.18 |
| | | | | | 350m: 5:18.06 | 42.94 |
| | | | | | 400m: 5:56.65 | 38.59 |
| 3. | Oliver Podebrad | SC Wiesbaden 1911 | 6:03.14 | 262705 | 6:11.80 | +0,81 |
| | 50m: 39.42 | 39.42 | 150m: 2:13.76 | 48.27 | 250m: 3:55.03 | 54.55 |
| | 100m: 1:25.49 | 46.07 | 200m: 3:00.48 | 46.72 | 300m: 4:49.75 | 54.72 |
| | | | | | 350m: 5:32.05 | 42.30 |
| | | | | | 400m: 6:11.80 | 39.75 |
| 4. | Jacques Verriet | Njord | 6:53.13 | 197001039 | 6:55.49 | +0,94 |
| | 50m: 41.82 | 41.82 | 150m: 2:30.77 | 55.78 | 250m: 4:17.65 | 53.64 |
| | 100m: 1:34.99 | 53.17 | 200m: 3:24.01 | 53.24 | 300m: 5:11.60 | 53.95 |
| | | | | | 350m: 6:02.74 | 51.14 |
| | | | | | 400m: 6:55.49 | 52.75 |
| 5. | Sander de Weert 100m* | OEZA | 6:39.84 | 197201453 | 7:07.97 | +1,09 |
| | 50m: 44.55 | 44.55 | 150m: 2:37.45 | 1:00.99 | 250m: 4:33.92 | 58.13 |
| | 100m: 1:36.46 | 51.91 | 200m: 3:35.79 | 58.34 | 300m: 5:34.65 | 1:00.73 |
| | | | | | 350m: 6:22.79 | 48.14 |
| | | | | | 400m: 7:07.97 | 45.18 |

Masters 45+

| | | | | | | |
|----|-----------------|----------|---------------|------------|----------------|-------|
| 1. | Jo Rogiers | RSCM | 5:28.18 | RSCM194/63 | 5:30.82 | +0,82 |
| | 50m: 34.13 | 34.13 | 150m: 1:59.01 | 44.71 | 250m: 3:32.18 | 48.47 |
| | 100m: 1:14.30 | 40.17 | 200m: 2:43.71 | 44.70 | 300m: 4:20.15 | 47.97 |
| | | | | | 350m: 4:57.07 | 36.92 |
| | | | | | 400m: 5:30.82 | 33.75 |
| 2. | Arnold de Rover | De Futen | 5:34.91 | 196400645 | 5:33.95 | +0,87 |
| | 50m: 34.03 | 34.03 | 150m: 1:58.30 | 44.48 | 250m: 3:31.71 | 48.23 |
| | 100m: 1:13.82 | 39.79 | 200m: 2:43.48 | 45.18 | 300m: 4:20.44 | 48.73 |
| | | | | | 350m: 4:56.89 | 36.45 |
| | | | | | 400m: 5:33.95 | 37.06 |
| 3. | Rene de Boer | DAW | 5:50.09 | 196400087 | 5:52.23 | |
| | 50m: 35.32 | 35.32 | 150m: 2:05.89 | 49.70 | 250m: 3:45.76 | 52.17 |
| | 100m: 1:16.19 | 40.87 | 200m: 2:53.59 | 47.70 | 300m: 4:37.00 | 51.24 |
| | | | | | 350m: 5:15.77 | 38.77 |
| | | | | | 400m: 5:52.23 | 36.46 |

Masters 50+

| | | | | | | |
|----|--------------------|----------|---------------|-----------|----------------|-------|
| 1. | Hugo Bregman | WVZ | 5:15.42 | 195800069 | 5:20.40 | +0,90 |
| | 50m: 32.58 | 32.58 | 150m: 1:53.07 | 43.22 | 250m: 3:22.61 | 48.08 |
| | 100m: 1:09.85 | 37.27 | 200m: 2:34.53 | 41.46 | 300m: 4:09.46 | 46.85 |
| | | | | | 350m: 4:47.21 | 37.75 |
| | | | | | 400m: 5:20.40 | 33.19 |
| 2. | Ronald Grove | Oceanus | 5:52.14 | 196100161 | 5:55.20 | +0,78 |
| | 50m: 35.65 | 35.65 | 150m: 2:09.91 | 49.78 | 250m: 3:47.80 | 49.46 |
| | 100m: 1:20.13 | 44.48 | 200m: 2:58.34 | 48.43 | 300m: 4:37.39 | 49.59 |
| | | | | | 350m: 5:16.49 | 39.10 |
| | | | | | 400m: 5:55.20 | 38.71 |
| 3. | Paul van der Voort | De Zwoer | 6:19.11 | 196200715 | 6:27.35 | +1,03 |
| | 50m: 39.16 | 39.16 | 150m: 2:19.65 | 49.76 | 250m: 4:07.05 | 57.97 |
| | 100m: 1:29.89 | 50.73 | 200m: 3:09.08 | 49.43 | 300m: 5:05.10 | 58.05 |
| | | | | | 350m: 5:47.30 | 42.20 |
| | | | | | 400m: 6:27.35 | 40.05 |
| 4. | Hans Groothelm | DBD | 6:28.64 | 195800151 | 6:49.02 | +0,76 |
| | 50m: 44.24 | 44.24 | 150m: 2:34.66 | 53.65 | 250m: 4:22.06 | 56.36 |
| | 100m: 1:41.01 | 56.77 | 200m: 3:25.70 | 51.04 | 300m: 5:19.43 | 57.37 |
| | | | | | 350m: 6:05.03 | 45.60 |
| | | | | | 400m: 6:49.02 | 43.99 |

Event 40, Men, 400m Medley

Masters 55+

| | | | | | | | | | | | | |
|----|-------------------|---------|--------|-------|---------|-------------|-------|----------------|-------|-------|---------|-------|
| 1. | Jean-Marie Cadiat | | CNSW | | 5:44.98 | CNSW/557/53 | | 5:42.06 | +0,88 | | | |
| | 50m: | 35.50 | 35.50 | 150m: | 2:05.48 | 47.70 | 250m: | 3:38.72 | 46.22 | 350m: | 5:05.27 | 39.47 |
| | 100m: | 1:17.78 | 42.28 | 200m: | 2:52.50 | 47.02 | 300m: | 4:25.80 | 47.08 | 400m: | 5:42.06 | 36.79 |
| 2. | Paul Bunnik | | Triton | | 6:38.18 | 195600413 | | 6:30.60 | | | | |
| | 50m: | 40.59 | 40.59 | 150m: | 2:23.73 | 54.45 | 250m: | 4:11.10 | 54.86 | 350m: | 5:49.44 | 42.63 |
| | 100m: | 1:29.28 | 48.69 | 200m: | 3:16.24 | 52.51 | 300m: | 5:06.81 | 55.71 | 400m: | 6:30.60 | 41.16 |
| 3. | Bart van Doesburg | | PSV | | 6:21.88 | 195600463 | | 6:37.61 | +0,85 | | | |
| | 50m: | 42.88 | 42.88 | 150m: | 2:28.32 | 53.64 | 250m: | 4:15.42 | 55.61 | 350m: | 5:53.99 | 44.78 |
| | 100m: | 1:34.68 | 51.80 | 200m: | 3:19.81 | 51.49 | 300m: | 5:09.21 | 53.79 | 400m: | 6:37.61 | 43.62 |

Masters 60+

| | | | | | | | | | | | | |
|----|------------|---------|----------------|-------|---------|-----------|-------|----------------|-------|-------|---------|-------|
| 1. | Piet Schop | | De Bevelanders | | 6:43.65 | 195000109 | | 7:05.14 | +0,70 | | | |
| | 50m: | 39.96 | 39.96 | 150m: | 2:30.51 | 57.85 | 250m: | 4:26.22 | 58.88 | 350m: | 6:14.22 | 49.92 |
| | 100m: | 1:32.66 | 52.70 | 200m: | 3:27.34 | 56.83 | 300m: | 5:24.30 | 58.08 | 400m: | 7:05.14 | 50.92 |

Masters 65+

| | | | | | | | | | | | | |
|----|-----------|---------|-------|-------|---------|-----------|-------|----------------|-------|-------|---------|-------|
| 1. | Rob Hanou | | PSV | | 6:45.90 | 194300109 | | 7:09.90 | +1,10 | | | |
| | 50m: | 46.68 | 46.68 | 150m: | 2:44.73 | 59.56 | 250m: | 4:39.50 | 55.76 | 350m: | 6:25.38 | 47.58 |
| | 100m: | 1:45.17 | 58.49 | 200m: | 3:43.74 | 59.01 | 300m: | 5:37.80 | 58.30 | 400m: | 7:09.90 | 44.52 |

Masters 70+

| | | | | | | | | | | | | |
|----|----------------|---------|--------------------|-------|---------|---------|-------|----------------|---------|-------|---------|-------|
| 1. | Manfred Bottin | | SV Langenfeld 1912 | | 8:32.85 | 57993 | | 8:52.16 | +1,16 | | | |
| | 50m: | 57.93 | 57.93 | 150m: | 3:24.85 | 1:17.46 | 250m: | 5:53.38 | 1:12.20 | 350m: | 7:57.82 | 52.90 |
| | 100m: | 2:07.39 | 1:09.46 | 200m: | 4:41.18 | 1:16.33 | 300m: | 7:04.92 | 1:11.54 | 400m: | 8:52.16 | 54.34 |