

Programmanr. 39
06-05-2012 - 14:51

Dames, 400m wisselslag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
Masters 20+						
1.	Stephanie Rombout	De Zeeuwse Kust (SG)	5:28.80	198803696	5:39.67	+0,81
	50m: 31.91	150m: 1:57.20	45.50	250m: 3:31.11	48.73	350m: 4:59.01 39.24
	100m: 1:11.70	200m: 2:42.38	45.18	300m: 4:19.77	48.66	400m: 5:39.67 40.66
2.	Maaïke Vooren	DAW	5:36.02	199103324	5:48.25	+0,84
	50m: 36.73	150m: 2:07.80	46.86	250m: 3:43.10	49.18	350m: 5:10.10 37.80
	100m: 1:20.94	200m: 2:53.92	46.12	300m: 4:32.30	49.20	400m: 5:48.25 38.15
3.	Jen-Ai van Soelen	Zuiderzeewimmers	6:23.67	199003510	5:54.07	+0,72
	50m: 34.00	150m: 2:05.01	48.24	250m: 3:44.95	53.70	350m: 5:16.44 39.60
	100m: 1:16.77	200m: 2:51.25	46.24	300m: 4:36.84	51.89	400m: 5:54.07 37.63
4.	Wendy de Bruin	ZOB'66	5:40.80	199206320	5:54.17	
	50m: 35.58	150m: 2:07.77	47.95	250m: 3:45.76	50.95	350m: 5:15.97 39.09
	100m: 1:19.82	200m: 2:54.81	47.04	300m: 4:36.88	51.12	400m: 5:54.17 38.20
5.	Nicky Vanhijfte	Scheldestroom	6:15.21	199201806	6:24.79	+0,77
	50m: 39.83	150m: 2:19.41	50.10	250m: 3:59.38	51.30	350m: 5:38.72 46.06
	100m: 1:29.31	200m: 3:08.08	48.67	300m: 4:52.66	53.28	400m: 6:24.79 46.07
6.	Liesbeth Bruinekool	Zuiderzeewimmers	10:12.67	199007958	9:37.23	
	50m: 1:04.55	150m: 3:34.94	1:12.22	250m: 6:04.61	1:19.65	350m: 8:32.72 1:08.17
	100m: 2:22.72	200m: 4:44.96	1:10.02	300m: 7:24.55	1:19.94	400m: 9:37.23 1:04.51
Masters 25+						
1.	Nadya Putter	ZVVS	5:31.77	198301630	5:40.24	+0,80
	50m: 35.50	150m: 2:02.33	46.14	250m: 3:34.96	48.58	350m: 5:03.94 39.51
	100m: 1:16.19	200m: 2:46.38	44.05	300m: 4:24.43	49.47	400m: 5:40.24 36.30
2.	Karin van Dijk	HZ&PC Heerenveen	5:51.17	198600850	6:00.03	+0,82
	50m: 36.13	150m: 2:11.21	49.68	250m: 3:47.57	47.22	350m: 5:18.22 41.97
	100m: 1:21.53	200m: 3:00.35	49.14	300m: 4:36.25	48.68	400m: 6:00.03 41.81
3.	Liset de Veer	Aqua-Novio'94	6:32.27	198704190	6:15.97	+0,86
	50m: 38.46	150m: 2:12.09	47.80	250m: 3:54.29	54.22	350m: 5:33.57 43.44
	100m: 1:24.29	200m: 3:00.07	47.98	300m: 4:50.13	55.84	400m: 6:15.97 42.40
4.	Linda Hoogendam	D'Eft WAVE (SG)	6:08.58	198300892	6:21.08	+0,70
	50m: 38.46	150m: 2:15.41	47.30	250m: 4:01.78	58.77	350m: 5:42.40 41.11
	100m: 1:28.11	200m: 3:03.01	47.60	300m: 5:01.29	59.51	400m: 6:21.08 38.68
5.	Annette Vogelsang	ZV De Bron	6:12.14	198402632	6:22.47	+0,91
	50m: 39.59	150m: 2:19.66	51.65	250m: 4:03.24	54.30	350m: 5:41.44 43.56
	100m: 1:28.01	200m: 3:08.94	49.28	300m: 4:57.88	54.64	400m: 6:22.47 41.03
Masters 30+						
1.	Roos van Esch	TRB-RES	5:51.84	198200468	5:53.94	+0,86
	50m: 36.55	150m: 2:05.75	46.02	250m: 3:41.98	51.95	350m: 5:14.35 40.16
	100m: 1:19.73	200m: 2:50.03	44.28	300m: 4:34.19	52.21	400m: 5:53.94 39.59
2.	Rianne van Vegchelen	Deltasteur	7:36.14	198101530	7:39.02	+1,07
	50m: 51.32	150m: 2:54.45	1:01.12	250m: 4:54.96	1:02.08	350m: 6:48.35 49.65
	100m: 1:53.33	200m: 3:52.88	58.43	300m: 5:58.70	1:03.74	400m: 7:39.02 50.67
Masters 35+						
1.	Liselotte Joling	PSV	6:05.82	197500268	5:58.95	+0,97
	50m: 37.65	150m: 2:12.63	49.38	250m: 3:50.61	51.26	350m: 5:22.42 41.11
	100m: 1:23.25	200m: 2:59.35	46.72	300m: 4:41.31	50.70	400m: 5:58.95 36.53
2.	Aida Ponce del Castillo	CNSW	5:49.47	CNSW/358/74	6:11.05	+0,90
	50m: 38.17	150m: 2:10.06	45.59	250m: 3:51.73	56.17	350m: 5:29.65 42.28
	100m: 1:24.47	200m: 2:55.56	45.50	300m: 4:47.37	55.64	400m: 6:11.05 41.40
3.	Claudia Broeke	De Fuut	6:55.16	197300058	7:08.41	+0,81
	50m: 46.71	150m: 2:35.51	54.19	250m: 4:30.03	58.18	350m: 6:19.01 49.36
	100m: 1:41.32	200m: 3:31.85	56.34	300m: 5:29.65	59.62	400m: 7:08.41 49.40

Programmanr. 39, Dames, 400m wisselslag, Masters 35+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT	
4.	Jannie Vennik	HZ&PC Heerenveen	7:13.03	197601006	7:10.44	+0,96	
	50m: 47.21	150m: 2:38.87	53.39	250m: 4:35.20	1:01.26	350m: 6:24.22	46.04
	100m: 1:45.48	200m: 3:33.94	55.07	300m: 5:38.18	1:02.98	400m: 7:10.44	46.22

Masters 40+

1.	Lidia v. Bon-Rosenbrand	AZ&PC			6:08.60	197000054			6:01.39	+0,89		
	50m:	37.03	37.03	150m:	2:10.30	50.57	250m:	3:50.24	50.25	350m:	5:21.70	40.32
	100m:	1:19.73	42.70	200m:	2:59.99	49.69	300m:	4:41.38	51.14	400m:	6:01.39	39.69

Masters 45+

1.	Laura Staal	Oceanus	6:15.90	196700358	6:20.20	+0,84						
	50m:	41.17	41.17	150m:	2:19.07	49.39	250m:	4:01.89	54.43	350m:	5:39.52	42.53
	100m:	1:29.68	48.51	200m:	3:07.46	48.39	300m:	4:56.99	55.10	400m:	6:20.20	40.68
2.	Karin van den Heuvel	Old Dutch	6:47.03	196600188	6:38.07	+0,98						
	50m:	42.26	42.26	150m:	2:27.27	55.47	250m:	4:14.27	52.20	350m:	5:54.49	45.64
	100m:	1:31.80	49.54	200m:	3:22.07	54.80	300m:	5:08.85	54.58	400m:	6:38.07	43.58
3.	Ramune Ivanauskaitė	Takas	6:56.02	64lva	6:45.46	+0,88						
	LTU Masters Record, 100 fly LTU Masters Record											
	50m:	43.55	43.55	150m:	2:26.40	50.87	250m:	4:14.31	59.17	350m:	6:00.33	47.84
	100m:	1:35.53	51.98	200m:	3:15.14	48.74	300m:	5:12.49	58.18	400m:	6:45.46	45.13

Masters 50+

1.	Margriet Grove-Lingeman	Oceanus	6:21.45	196200080	6:35.55	+0,85		
	50m: 38.47	38.47	150m: 2:18.36	53.21	250m: 4:07.41	57.99	350m: 5:50.96	46.06
	100m: 1:25.15	46.68	200m: 3:09.42	51.06	300m: 5:04.90	57.49	400m: 6:35.55	44.59
2.	Patty Verhagen	PSV	6:23.13	195900146	6:41.85	+0,89		
	50m: 40.81	40.81	150m: 2:28.25	52.54	250m: 4:17.55	57.90	350m: 5:59.48	43.01
	100m: 1:35.71	54.90	200m: 3:19.65	51.40	300m: 5:16.47	58.92	400m: 6:41.85	42.37
3.	Mies Kuipers	Old Dutch	9:36.82	195800202	9:14.93	+1,00		
	50m: 1:05.52	1:05.52	150m: 3:37.35	1:15.41	250m: 5:57.04	1:05.74	350m: 8:13.38	1:08.35
	100m: 2:21.94	1:16.42	200m: 4:51.30	1:13.95	300m: 7:05.03	1:07.99	400m: 9:14.93	1:01.55
NG	Fabienne Demoor	ASL Janville Lardy	8:02.56	542895				
NG	Pia van der Molen	HZ&PC Heerenveen	7:13.24	196000116				

Masters 60+

1.	Magdolna Csanádiné Tóth		Tótkomlósi Rozmár		7:31.90		20037		7:22.37		+0,99		
	<i>Kampioenschaps Record, Hungarian Masters Record</i>												
	50m:	48.94	48.94	150m:	2:45.59	55.48	250m:	4:42.17	59.27	350m:		6:33.54	50.90
	100m:	1:50.11	1:01.17	200m:	3:42.90	57.31	300m:	5:42.64	1:00.47	400m:	7:22.37	48.83	
2.	Gonnie Bak		PSV		8:10.49		195100064		8:28.26		+1,06		
	50m:	1:01.33	1:01.33	150m:	3:18.34	1:11.70	250m:	5:28.51	1:05.64	350m:		7:33.42	58.56
	100m:	2:06.64	1:05.31	200m:	4:22.87	1:04.53	300m:	6:34.86	1:06.35	400m:		8:28.26	54.84
3.	Antoinette Gilding-Tussaud		WS Twente		8:33.21		195000038		8:50.18		+1,05		
	50m:	1:03.07	1:03.07	150m:	3:22.41	1:02.32	250m:	5:37.93	1:14.82	350m:		7:50.61	59.79
	100m:	2:20.09	1:17.02	200m:	4:23.11	1:00.70	300m:	6:50.82	1:12.89	400m:		8:50.18	59.57

Masters 65+

1.	Matty van der Veen	Old Dutch	8:31.87	194400020	8:51.17	+1,17	
	50m: 1:02.84	150m: 3:32.33	1:14.44	250m: 5:53.32	1:09.12	350m: 7:57.75	53.49
	100m: 2:17.89	200m: 4:44.20	1:11.87	300m: 7:04.26	1:10.94	400m: 8:51.17	53.42