

Programmanr. 29
02-11-2013

Jongens, 1500m vrije slag
juniores 3 + extra zwemmer jun. 2

Juniores 3
Resultaten

rang	naam	vereniging				tijd				RT	fin	pnt	niv
1.	Luuk Veldman	Orca				199900981				17:10.52	+0,62		E
	100m:	1:00.37	1:00.37	500m:	5:35.44	1:09.72	900m:	10:14.14	1:09.96	1300m:	14:54.66	1:10.31	
	200m:	2:08.55	1:08.18	600m:	6:44.89	1:09.45	1000m:	11:24.01	1:09.87	1400m:	16:04.25	1:09.59	
	300m:	3:17.22	1:08.67	700m:	7:54.85	1:09.96	1100m:	12:34.00	1:09.99	1500m:	17:10.52	1:06.27	
	400m:	4:25.72	1:08.50	800m:	9:04.18	1:09.33	1200m:	13:44.35	1:10.35				
2.	Jens Krijgsman	De Columbiaan				199901429				17:10.91	+0,73		E
	800m *												
	100m:	1:02.45	1:02.45	500m:	5:38.82	1:09.93	900m:	10:19.83	1:10.07	1300m:	14:58.88	1:09.49	
	200m:	2:09.91	1:07.46	600m:	6:48.94	1:10.12	1000m:	11:29.68	1:09.85	1400m:	16:07.52	1:08.64	
	300m:	3:19.25	1:09.34	700m:	7:59.05	1:10.11	1100m:	12:39.87	1:10.19	1500m:	17:10.91	1:03.39	
	400m:	4:28.89	1:09.64	800m:	9:09.76	1:10.71	1200m:	13:49.39	1:09.52				
3.	Ruben Griffioen	De Columbiaan				199900771				17:26.09	+0,72		E
	100m:	1:00.56	1:00.56	500m:	5:36.21	1:09.92	900m:	10:19.44	1:11.40	1300m:	15:05.65	1:11.06	
	200m:	2:07.71	1:07.15	600m:	6:46.40	1:10.19	1000m:	11:31.39	1:11.95	1400m:	16:16.55	1:10.90	
	300m:	3:17.12	1:09.41	700m:	7:57.05	1:10.65	1100m:	12:43.29	1:11.90	1500m:	17:26.09	1:09.54	
	400m:	4:26.29	1:09.17	800m:	9:08.04	1:10.99	1200m:	13:54.59	1:11.30				
4.	Stef Poolman	WS Twente				199900803				18:14.23	+0,78		
	100m:	1:03.17	1:03.17	500m:	5:52.95	1:13.84	900m:	10:49.16	1:13.39	1300m:	15:48.12	1:14.53	
	200m:	2:13.03	1:09.86	600m:	7:06.85	1:13.90	1000m:	12:04.26	1:15.10	1400m:	17:02.15	1:14.03	
	300m:	3:25.42	1:12.39	700m:	8:21.37	1:14.52	1100m:	13:18.54	1:14.28	1500m:	18:14.23	1:12.08	
	400m:	4:39.11	1:13.69	800m:	9:35.77	1:14.40	1200m:	14:33.59	1:15.05				