

Programmanr. 24
02-11-2013

Dames, 800m vrije slag

Jeugd/Senioren
Resultaten

rang	naam	vereniging	intijd	tijd	RT	niv.
Jeugd 1 en 2						
1.	Janina Beckers	HGN (SG)	9:02.50	199800574	9:01.44	+0,80 C
	100m: 1:03.75	1:03.75	300m: 3:21.23	1:08.77	500m: 5:38.99	1:08.68
	200m: 2:12.46	1:08.71	400m: 4:30.31	1:09.08	600m: 6:47.32	1:08.33
2.	Marieke Tienstra	TriVia	9:05.73	199900302	9:07.05	+0,65 C
	100m: 1:02.56	1:02.56	300m: 3:19.01	1:08.44	500m: 5:37.82	1:09.68
	200m: 2:10.57	1:08.01	400m: 4:28.14	1:09.13	600m: 6:47.83	1:10.01
3.	Nienke Lijzenga	LZ 1886	9:42.99	199805338	9:35.88	+0,76 E
	100m: 1:07.45	1:07.45	300m: 3:32.99	1:12.80	500m: 5:59.16	1:13.39
	200m: 2:20.19	1:12.74	400m: 4:45.77	1:12.78	600m: 7:12.30	1:13.14
4.	Nikita van den Ouden	ZPC De Zeeuwse Kust	9:40.57	199900622	9:38.13	+0,73 E
	100m: 1:07.20	1:07.20	300m: 3:33.51	1:13.35	500m: 6:00.53	1:13.69
	200m: 2:20.16	1:12.96	400m: 4:46.84	1:13.33	600m: 7:14.69	1:14.16
5.	Vivianne Dortmund	GZVW	9:46.06	199801578	9:38.53	+0,82 E
	100m: 1:07.59	1:07.59	300m: 3:34.26	1:13.45	500m: 6:02.72	1:14.40
	200m: 2:20.81	1:13.22	400m: 4:48.32	1:14.06	600m: 7:16.68	1:13.96
6.	Hilde Dekker	TriVia	9:52.13	199901926	9:53.07	+0,94
	100m: 1:09.56	1:09.56	300m: 3:37.97	1:14.32	500m: 6:08.29	1:15.05
	200m: 2:23.65	1:14.09	400m: 4:53.24	1:15.27	600m: 7:24.54	1:16.25
7.	Amber Aardema	ESCA Zwemmen	9:48.26	199801634	9:53.63	+0,64
	100m: 1:08.32	1:08.32	300m: 3:33.80	1:13.30	500m: 6:02.92	1:15.48
	200m: 2:20.50	1:12.18	400m: 4:47.44	1:13.64	600m: 7:19.46	1:16.54
8.	Lynn Kamphuis	NDD	9:48.14	199800434	10:00.39	+0,81
	100m: 1:08.47	1:08.47	300m: 3:37.99	1:15.34	500m: 6:10.10	1:16.06
	200m: 2:22.65	1:14.18	400m: 4:54.04	1:16.05	600m: 7:26.91	1:16.81

all-in

1.	Esmee Vermeulen	KNZB-NTC	8:43.64	199600678	8:42.61	+0,74 B
	100m: 1:01.33	1:01.33	300m: 3:12.01	1:05.75	500m: 5:24.86	1:06.31
	200m: 2:06.26	1:04.93	400m: 4:18.55	1:06.54	600m: 6:31.70	1:06.84
2.	Marion van den Berg	DWK	8:49.00	198600272	8:47.83	+0,90 C
	100m: 1:02.10	1:02.10	300m: 3:14.93	1:06.35	500m: 5:29.98	1:08.12
	200m: 2:08.58	1:06.48	400m: 4:21.86	1:06.93	600m: 6:37.60	1:07.62
3.	Manon Friskes	DWK	8:54.43	199701566	8:48.50	+0,79 B
	100m: 1:02.94	1:02.94	300m: 3:16.56	1:07.01	500m: 5:30.44	1:06.79
	200m: 2:09.55	1:06.61	400m: 4:23.65	1:07.09	600m: 6:37.46	1:07.02
4.	Anais Desplanches	Geneve Natation 1885	8:57.26	12748	8:52.51	+0,81 C
	100m: 1:03.43	1:03.43	300m: 3:18.17	1:07.40	500m: 5:33.04	1:07.54
	200m: 2:10.77	1:07.34	400m: 4:25.50	1:07.33	600m: 6:40.42	1:07.38
5.	Janina Beckers	HGN (SG)	9:02.50	199800574	9:01.44	+0,80 C
	100m: 1:03.75	1:03.75	300m: 3:21.23	1:08.77	500m: 5:38.99	1:08.68
	200m: 2:12.46	1:08.71	400m: 4:30.31	1:09.08	600m: 6:47.32	1:08.33
6.	Marieke Tienstra	TriVia	9:05.73	199900302	9:07.05	+0,65 C
	100m: 1:02.56	1:02.56	300m: 3:19.01	1:08.44	500m: 5:37.82	1:09.68
	200m: 2:10.57	1:08.01	400m: 4:28.14	1:09.13	600m: 6:47.83	1:10.01
7.	Lisanne Hassing	HZ&PC Heerenveen	9:22.30	199702584	9:23.03	+0,90 E
	100m: 1:04.29	1:04.29	300m: 3:27.37	1:12.36	500m: 5:52.68	1:12.84
	200m: 2:15.01	1:10.72	400m: 4:39.84	1:12.47	600m: 7:04.70	1:12.02
8.	Anouke Berghuis	Racing Club	9:07.59	199606132	9:23.20	+0,72 E
	100m: 1:05.00	1:05.00	300m: 3:25.28	1:10.55	500m: 5:47.91	1:11.40
	200m: 2:14.73	1:09.73	400m: 4:36.51	1:11.23	600m: 7:00.14	1:12.23
9.	Nienke Lijzenga	LZ 1886	9:42.99	199805338	9:35.88	+0,76 E
	100m: 1:07.45	1:07.45	300m: 3:32.99	1:12.80	500m: 5:59.16	1:13.39
	200m: 2:20.19	1:12.74	400m: 4:45.77	1:12.78	600m: 7:12.30	1:13.14
10.	Evelien van Ruiten	KNZB-RTC	9:17.68	199602924	9:36.36	+0,79
	100m: 1:04.43	1:04.43	300m: 3:28.42	1:12.66	500m: 5:56.16	1:13.74
	200m: 2:15.76	1:11.33	400m: 4:42.42	1:14.00	600m: 7:10.45	1:14.29
11.	Nikita van den Ouden	ZPC De Zeeuwse Kust	9:40.57	199900622	9:38.13	+0,73 E
	100m: 1:07.20	1:07.20	300m: 3:33.51	1:13.35	500m: 6:00.53	1:13.69
	200m: 2:20.16	1:12.96	400m: 4:46.84	1:13.33	600m: 7:14.69	1:14.16

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12.	Vivianne Dortmund	GZVW	9:46.06	199801578	9:38.53	+0,82 E
	100m: 1:07.59	300m: 3:34.26	500m: 6:02.72	700m: 8:30.46	1:13.78	
	200m: 2:20.81	400m: 4:48.32	600m: 7:16.68	800m: 9:38.53	1:08.07	
13.	Hilde Dekker	TriVia	9:52.13	199901926	9:53.07	+0,94
	100m: 1:09.56	300m: 3:37.97	500m: 6:08.29	700m: 8:39.44	1:14.90	
	200m: 2:23.65	400m: 4:53.24	600m: 7:24.54	800m: 9:53.07	1:13.63	
14.	Amber Aardema	ESCA Zwemmen	9:48.26	199801634	9:53.63	+0,64
	100m: 1:08.32	300m: 3:33.80	500m: 6:02.92	700m: 8:37.78	1:18.32	
	200m: 2:20.50	400m: 4:47.44	600m: 7:19.46	800m: 9:53.63	1:15.85	
15.	Lynn Kamphuis	NDD	9:48.14	199800434	10:00.39	+0,81
	100m: 1:08.47	300m: 3:37.99	500m: 6:10.10	700m: 8:44.46	1:17.55	
	200m: 2:22.65	400m: 4:54.04	600m: 7:26.91	800m: 10:00.39	1:15.93	