

Programmanr. 24
27-10-2012

Dames, 800m vrije slag

Jeugd/Senioren
Resultaten

rang	naam	vereniging	intijd	tijd	RT	niv.
Jeugd 1 en 2						
1.	Manon Friskes	RTC Drachten	9:05.47	199701566	9:08.98	+0,76 C
	50m: 30.33	30.33	250m: 2:47.20	34.59	450m: 5:06.10	34.76
	100m: 1:03.64	33.31	300m: 3:21.88	34.68	500m: 5:40.65	34.55
	150m: 1:37.93	34.29	350m: 3:56.49	34.61	550m: 6:15.62	34.97
	200m: 2:12.61	34.68	400m: 4:31.34	34.85	600m: 6:50.83	35.21
2.	Janina Beckers	HGN (SG)	9:08.72	199800574	9:09.12	+0,78 B
	50m: 30.57	30.57	250m: 2:49.75	35.07	450m: 5:09.68	34.52
	100m: 1:04.27	33.70	300m: 3:24.90	35.15	500m: 5:44.09	34.41
	150m: 1:39.36	35.09	350m: 4:00.03	35.13	550m: 6:19.04	34.95
	200m: 2:14.68	35.32	400m: 4:35.16	35.13	600m: 6:54.21	35.17
3.	Lindy Nijhuis	WS Twente	9:49.97	199700010	9:18.77	+0,89 D
	50m: 31.18	31.18	250m: 2:50.39	35.35	450m: 5:13.04	35.97
	100m: 1:05.14	33.96	300m: 3:25.53	35.14	500m: 5:48.41	35.37
	150m: 1:40.00	34.86	350m: 4:01.26	35.73	550m: 6:24.04	35.63
	200m: 2:15.04	35.04	400m: 4:37.07	35.81	600m: 6:59.65	35.61
4.	Hanny van Dijk	Orca	9:30.61	199804514	9:26.19	+0,88 D
	50m: 30.78	30.78	250m: 2:51.34	35.68	450m: 5:15.00	36.10
	100m: 1:04.73	33.95	300m: 3:27.20	35.86	500m: 5:51.44	36.44
	150m: 1:40.03	35.30	350m: 4:02.91	35.71	550m: 6:27.73	36.29
	200m: 2:15.66	35.63	400m: 4:38.90	35.99	600m: 7:04.21	36.48
5.	Brighid van Uffelen	ZVVS	9:53.04	199800310	9:54.70	+0,79 E
	50m: 31.85	31.85	250m: 3:00.32	37.65	450m: 5:32.16	38.32
	100m: 1:07.43	35.58	300m: 3:37.90	37.58	500m: 6:10.70	38.54
	150m: 1:44.66	37.23	350m: 4:15.63	37.73	550m: 6:48.83	38.13
	200m: 2:22.67	38.01	400m: 4:53.84	38.21	600m: 7:26.40	37.57
6.	Myrthe de Jong	Racing Club	9:59.42	199800244	10:14.62	+0,80
	50m: 33.80	33.80	250m: 3:11.23	39.43	450m: 5:48.00	38.99
	100m: 1:13.07	39.27	300m: 3:50.88	39.65	500m: 6:27.49	39.49
	150m: 1:52.04	38.97	350m: 4:29.67	38.79	550m: 7:06.23	38.74
	200m: 2:31.80	39.76	400m: 5:09.01	39.34	600m: 7:45.12	38.89
7.	Lynn Kamphuis	DWV	9:51.04	199800434	10:16.21	+0,96
	50m: 32.92	32.92	250m: 3:06.90	38.89	450m: 5:45.50	39.55
	100m: 1:10.12	37.20	300m: 3:46.47	39.57	500m: 6:24.51	39.01
	150m: 1:48.43	38.31	350m: 4:26.42	39.95	550m: 7:04.36	39.85
	200m: 2:28.01	39.58	400m: 5:05.95	39.53	600m: 7:43.33	38.97

all-in

1.	Esmee Vermeulen	E.ON-NZA	8:54.09	199600678	8:43.64	+0,77 A
	50m: 30.16	30.16	250m: 2:39.60	32.65	450m: 4:51.91	33.30
	100m: 1:01.93	31.77	300m: 3:12.43	32.83	500m: 5:25.33	33.42
	150m: 1:34.49	32.56	350m: 3:45.24	32.81	550m: 5:59.39	34.06
	200m: 2:06.95	32.46	400m: 4:18.61	33.37	600m: 6:32.76	33.37
2.	Leonie van Noort	De Zijl/LGB	9:01.73	199301752	8:43.73	+0,84 B
	50m: 29.37	29.37	250m: 2:40.07	32.72	450m: 4:52.42	33.30
	100m: 1:01.70	32.33	300m: 3:13.26	33.19	500m: 5:25.80	33.38
	150m: 1:34.60	32.90	350m: 3:46.12	32.86	550m: 5:59.16	33.36
	200m: 2:07.35	32.75	400m: 4:19.12	33.00	600m: 6:32.69	33.53
3.	Marion van den Berg	DWK	8:56.06	198600272	8:49.00	+0,91 C
	50m: 29.54	29.54	250m: 2:40.55	32.98	450m: 4:55.41	33.92
	100m: 1:01.62	32.08	300m: 3:14.02	33.47	500m: 5:29.66	34.25
	150m: 1:34.87	33.25	350m: 3:47.83	33.81	550m: 6:03.41	33.75
	200m: 2:07.57	32.70	400m: 4:21.49	33.66	600m: 6:37.75	34.34
4.	Judith Stap	EIFFELswimmersPSV	8:40.11	199302702	8:49.99	+0,77 C
	50m: 29.10	29.10	250m: 2:42.51	33.97	450m: 4:57.17	33.23
	100m: 1:01.65	32.55	300m: 3:16.30	33.79	500m: 5:30.79	33.62
	150m: 1:34.94	33.29	350m: 3:49.99	33.69	550m: 6:03.94	33.15
	200m: 2:08.54	33.60	400m: 4:23.94	33.95	600m: 6:37.29	33.35
5.	Anouque Berghuis	De Zijl/LGB	9:13.64	199606132	9:07.59	+0,52 C
	50m: 31.22	31.22	250m: 2:49.36	34.78	450m: 5:08.04	34.47
	100m: 1:05.28	34.06	300m: 3:24.07	34.71	500m: 5:42.29	34.25
	150m: 1:39.90	34.62	350m: 3:58.99	34.92	550m: 6:16.38	34.09
	200m: 2:14.58	34.68	400m: 4:33.57	34.58	600m: 6:50.67	34.29

Programmanr. 24, Dames, 800m vrije slag, all-in

rang	naam		vereniging		intijd		tijd	RT	niv.			
6.	Manon Friskes		RTC Drachten		9:05.47	199701566	9:08.98	+0,76	C			
	50m:	30.33	30.33	250m:	2:47.20	34.59	450m:	5:06.10	34.76	650m:	7:25.96	35.13
	100m:	1:03.64	33.31	300m:	3:21.88	34.68	500m:	5:40.65	34.55	700m:	8:00.79	34.83
	150m:	1:37.93	34.29	350m:	3:56.49	34.61	550m:	6:15.62	34.97	750m:	8:35.51	34.72
	200m:	2:12.61	34.68	400m:	4:31.34	34.85	600m:	6:50.83	35.21	800m:	9:08.98	33.47
7.	Janina Beckers		HGN (SG)		9:08.72	199800574	9:09.12	+0,78	B			
	50m:	30.57	30.57	250m:	2:49.75	35.07	450m:	5:09.68	34.52	650m:	7:29.56	35.35
	100m:	1:04.27	33.70	300m:	3:24.90	35.15	500m:	5:44.09	34.41	700m:	8:03.68	34.12
	150m:	1:39.36	35.09	350m:	4:00.03	35.13	550m:	6:19.04	34.95	750m:	8:37.75	34.07
	200m:	2:14.68	35.32	400m:	4:35.16	35.13	600m:	6:54.21	35.17	800m:	9:09.12	31.37
8.	Evelien van Ruiten		RTC Drachten		9:23.75	199602924	9:17.68	+0,82	D			
	50m:	30.10	30.10	250m:	2:49.13	35.49	450m:	5:11.54	35.54	650m:	7:33.98	35.40
	100m:	1:03.63	33.53	300m:	3:24.27	35.14	500m:	5:47.06	35.52	700m:	8:09.39	35.41
	150m:	1:38.25	34.62	350m:	4:00.12	35.85	550m:	6:22.93	35.87	750m:	8:44.56	35.17
	200m:	2:13.64	35.39	400m:	4:36.00	35.88	600m:	6:58.58	35.65	800m:	9:17.68	33.12
9.	Iris Pijtak		AZ&PC		9:08.81	199300602	9:17.93	+0,81	E			
	50m:	31.10	31.10	250m:	2:51.00	35.43	450m:	5:12.36	35.27	650m:	7:33.84	34.91
	100m:	1:05.25	34.15	300m:	3:26.69	35.69	500m:	5:48.03	35.67	700m:	8:08.99	35.15
	150m:	1:40.40	35.15	350m:	4:01.92	35.23	550m:	6:23.65	35.62	750m:	8:44.21	35.22
	200m:	2:15.57	35.17	400m:	4:37.09	35.17	600m:	6:58.93	35.28	800m:	9:17.93	33.72
10.	Lindy Nijhuis		WS Twente		9:49.97	199700010	9:18.77	+0,89	D			
	50m:	31.18	31.18	250m:	2:50.39	35.35	450m:	5:13.04	35.97	650m:	7:34.90	35.25
	100m:	1:05.14	33.96	300m:	3:25.53	35.14	500m:	5:48.41	35.37	700m:	8:10.22	35.32
	150m:	1:40.00	34.86	350m:	4:01.26	35.73	550m:	6:24.04	35.63	750m:	8:45.31	35.09
	200m:	2:15.04	35.04	400m:	4:37.07	35.81	600m:	6:59.65	35.61	800m:	9:18.77	33.46
11.	Hanny van Dijk		Orca		9:30.61	199804514	9:26.19	+0,88	D			
	50m:	30.78	30.78	250m:	2:51.34	35.68	450m:	5:15.00	36.10	650m:	7:40.39	36.18
	100m:	1:04.73	33.95	300m:	3:27.20	35.86	500m:	5:51.44	36.44	700m:	8:16.66	36.27
	150m:	1:40.03	35.30	350m:	4:02.91	35.71	550m:	6:27.73	36.29	750m:	8:52.22	35.56
	200m:	2:15.66	35.63	400m:	4:38.90	35.99	600m:	7:04.21	36.48	800m:	9:26.19	33.97
12.	Linda Kamperman		Aquarijn		9:39.55	199601238	9:31.75	+0,80	E			
	50m:	31.59	31.59	250m:	2:53.95	35.47	450m:	5:19.11	36.27	650m:	7:45.30	36.30
	100m:	1:06.70	35.11	300m:	3:29.95	36.00	500m:	5:55.81	36.70	700m:	8:21.35	36.05
	150m:	1:42.64	35.94	350m:	4:06.53	36.58	550m:	6:32.40	36.59	750m:	8:57.14	35.79
	200m:	2:18.48	35.84	400m:	4:42.84	36.31	600m:	7:09.00	36.60	800m:	9:31.75	34.61
13.	Elisabeth Rivard		WVZ		9:44.76	199600244	9:52.25	*	+0,91			
	50m:	31.75	31.75	250m:	2:59.04	37.75	450m:	5:29.83	37.79	650m:	8:01.36	37.57
	100m:	1:07.17	35.42	300m:	3:36.75	37.71	500m:	6:07.71	37.88	700m:	8:38.86	37.50
	150m:	1:43.83	36.66	350m:	4:14.14	37.39	550m:	6:45.65	37.94	750m:	9:16.26	37.40
	200m:	2:21.29	37.46	400m:	4:52.04	37.90	600m:	7:23.79	38.14	800m:	9:52.25	35.99
14.	Brighid van Uffelen		ZVVS		9:53.04	199800310	9:54.70	+0,79	E			
	50m:	31.85	31.85	250m:	3:00.32	37.65	450m:	5:32.16	38.32	650m:	8:04.49	38.09
	100m:	1:07.43	35.58	300m:	3:37.90	37.58	500m:	6:10.70	38.54	700m:	8:42.62	38.13
	150m:	1:44.66	37.23	350m:	4:15.63	37.73	550m:	6:48.83	38.13	750m:	9:19.12	36.50
	200m:	2:22.67	38.01	400m:	4:53.84	38.21	600m:	7:26.40	37.57	800m:	9:54.70	35.58
15.	Myrthe de Jong		Racing Club		9:59.42	199800244	10:14.62	+0,80				
	50m:	33.80	33.80	250m:	3:11.23	39.43	450m:	5:48.00	38.99	650m:	8:23.79	38.67
	100m:	1:13.07	39.27	300m:	3:50.88	39.65	500m:	6:27.49	39.49	700m:	9:02.56	38.77
	150m:	1:52.04	38.97	350m:	4:29.67	38.79	550m:	7:06.23	38.74	750m:	9:40.27	37.71
	200m:	2:31.80	39.76	400m:	5:09.01	39.34	600m:	7:45.12	38.89	800m:	10:14.62	34.35
16.	Lynn Kamphuis		DWV		9:51.04	199800434	10:16.21	+0,96				
	50m:	32.92	32.92	250m:	3:06.90	38.89	450m:	5:45.50	39.55	650m:	8:22.30	38.97
	100m:	1:10.12	37.20	300m:	3:46.47	39.57	500m:	6:24.51	39.01	700m:	9:01.53	39.23
	150m:	1:48.43	38.31	350m:	4:26.42	39.95	550m:	7:04.36	39.85	750m:	9:40.08	38.55
	200m:	2:28.01	39.58	400m:	5:05.95	39.53	600m:	7:43.33	38.97	800m:	10:16.21	36.13