

Programmanr. 2
26-10-2012

Dames, 400m vrije slag

Jeugd/Senioren
Resultaten

rang	naam	vereniging	tijd	RT	fin	pnt	niv
Jeugd 1 en 2							
1.	Amy de Langen	De Dolfijn	199702046	4:22.84			B
	50m: 29.32	29.32 150m: 1:35.55	33.47	250m: 2:42.69	33.70	350m: 3:50.95	34.17
	100m: 1:02.08	32.76 200m: 2:08.99	33.44	300m: 3:16.78	34.09	400m: 4:22.84	31.89
2.	Manon Friskes	RTC Drachten	199701566	4:23.45	+0,75		B
	50m: 29.21	29.21 150m: 1:33.58	32.54	250m: 2:40.43	33.68	350m: 3:49.13	34.62
	100m: 1:01.04	31.83 200m: 2:06.75	33.17	300m: 3:14.51	34.08	400m: 4:23.45	34.32
3.	Janina Beckers	HGN (SG)	199800574	4:30.97	+0,62		C
	50m: 30.12	30.12 150m: 1:37.14	34.27	250m: 2:47.37	35.13	350m: 3:57.35	34.76
	100m: 1:02.87	32.75 200m: 2:12.24	35.10	300m: 3:22.59	35.22	400m: 4:30.97	33.62
4.	Hanny van Dijk	Orca	199804514	4:34.14			D
	50m: 30.30	30.30 150m: 1:38.69	34.79	250m: 2:49.70	35.38	350m: 4:00.39	35.04
	100m: 1:03.90	33.60 200m: 2:14.32	35.63	300m: 3:25.35	35.65	400m: 4:34.14	33.75
5.	Lindy Nijhuis	WS Twente	199700010	4:34.32			D
	50m: 30.39	30.39 150m: 1:39.17	34.71	250m: 2:50.52	35.64	350m: 4:00.75	35.05
	100m: 1:04.46	34.07 200m: 2:14.88	35.71	300m: 3:25.70	35.18	400m: 4:34.32	33.57
6.	Ina Willigers	Zwemclub Eijsden	199702678	4:34.50 *			D
	50m: 30.92	30.92 150m: 1:39.72	34.77	250m: 2:50.56	35.61	350m: 4:00.87	34.87
	100m: 1:04.95	34.03 200m: 2:14.95	35.23	300m: 3:26.00	35.44	400m: 4:34.50	33.63
7.	Serena Stel	De Dolfijn	199801528	4:41.92			E
	50m: 31.46	31.46 150m: 1:42.94	36.11	250m: 2:55.55	35.84	350m: 4:07.91	35.61
	100m: 1:06.83	35.37 200m: 2:19.71	36.77	300m: 3:32.30	36.75	400m: 4:41.92	34.01
8.	Brigit Beukeveld	ZPC Bikkel Hogeveen	199800216	4:44.24			E
	50m: 32.06	32.06 150m: 1:43.16	36.03	250m: 2:56.11	36.12	350m: 4:08.74	36.43
	100m: 1:07.13	35.07 200m: 2:19.99	36.83	300m: 3:32.31	36.20	400m: 4:44.24	35.50
9.	Noa Oldenhof	De Dolfijn	199700622	4:44.67			E
	50m: 30.83	30.83 150m: 1:41.61	36.05	250m: 2:55.46	36.82	350m: 4:09.78	36.85
	100m: 1:05.56	34.73 200m: 2:18.64	37.03	300m: 3:32.93	37.47	400m: 4:44.67	34.89
10.	Shania Haenen	Eurode KZC	199802528	4:46.77			E
	50m: 30.85	30.85 150m: 1:42.25	36.71	250m: 2:55.91	36.59	350m: 4:10.35	36.82
	100m: 1:05.54	34.69 200m: 2:19.32	37.07	300m: 3:33.53	37.62	400m: 4:46.77	36.42
11.	Juliette Hekman	TriVia	199803914	4:47.30			E
	50m: 31.29	31.29 150m: 1:41.63	35.84	250m: 2:54.84	36.96	350m: 4:10.35	37.29
	100m: 1:05.79	34.50 200m: 2:17.88	36.25	300m: 3:33.06	38.22	400m: 4:47.30	36.95
12.	Brighid van Uffelen	ZVVS	199800310	4:47.92			E
	50m: 31.83	31.83 150m: 1:44.09	36.53	250m: 2:58.55	37.43	350m: 4:11.48	36.05
	100m: 1:07.56	35.73 200m: 2:21.12	37.03	300m: 3:35.43	36.88	400m: 4:47.92	36.44
13.	Lisanne van Avezaath	TriVia	199701304	4:48.33			
	50m: 31.11	31.11 150m: 1:43.08	36.61	250m: 2:56.74	37.07	350m: 4:11.26	37.27
	100m: 1:06.47	35.36 200m: 2:19.67	36.59	300m: 3:33.99	37.25	400m: 4:48.33	37.07
14.	Nienke Lijzenga	LZ 1886	199805338	4:50.03			
	50m: 31.65	31.65 150m: 1:44.06	36.68	250m: 2:58.99	37.34	350m: 4:13.47	36.89
	100m: 1:07.38	35.73 200m: 2:21.65	37.59	300m: 3:36.58	37.59	400m: 4:50.03	36.56
15.	Lynn Kamphuis	DWV	199800434	4:53.66			
	50m: 31.17	31.17 150m: 1:42.95	36.86	250m: 2:57.90	37.68	350m: 4:15.19	39.02
	100m: 1:06.09	34.92 200m: 2:20.22	37.27	300m: 3:36.17	38.27	400m: 4:53.66	38.47

all-in

1.	Rieneke Terink	EIFFELswimmersPSV	198402424	4:04.64	+0,78		A+
	50m: 27.55	27.55 150m: 1:27.98	30.40	250m: 2:30.80	31.49	350m: 3:34.08	31.60
	100m: 57.58	30.03 200m: 1:59.31	31.33	300m: 3:02.48	31.68	400m: 4:04.64	30.56
2.	Esmee Vermeulen	E.ON-NZA	199600678	4:14.27	+0,80		A
	50m: 28.80	28.80 150m: 1:30.57	31.31	250m: 2:35.83	32.78	350m: 3:41.81	33.09
	100m: 59.26	30.46 200m: 2:03.05	32.48	300m: 3:08.72	32.89	400m: 4:14.27	32.46
3.	Leonie van Noort	De Zijl/LGB	199301752	4:15.95	+0,83		B
	50m: 29.05	29.05 150m: 1:32.89	32.31	250m: 2:37.28	32.28	350m: 3:43.43	32.99
	100m: 1:00.58	31.53 200m: 2:05.00	32.11	300m: 3:10.44	33.16	400m: 4:15.95	32.52
4.	Marion van den Berg	DWK	198600272	4:16.21	+0,90		B
	50m: 29.17	29.17 150m: 1:32.57	31.97	250m: 2:37.63	32.65	350m: 3:43.21	32.81
	100m: 1:00.60	31.43 200m: 2:04.98	32.41	300m: 3:10.40	32.77	400m: 4:16.21	33.00

onjuistheden?

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Splash Meet Manager 11, Build 21215

Registered to KNZB

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Programmanr. 2, Dames, 400m vrije slag, all-in

rang	naam	vereniging			tijd			RT	fin	pnt	niv
5.	Rosa Veerman	E.ON-NZA			199600862			4:18.73	+0,76		B
	50m: 29.55	29.55	150m: 1:33.99	32.70	250m: 2:39.85	32.81	350m: 3:46.51	33.24			
	100m: 1:01.29	31.74	200m: 2:07.04	33.05	300m: 3:13.27	33.42	400m: 4:18.73	32.22			
6.	Judith Stap	EIFFELswimmersPSV			199302702			4:19.40	+0,81		C
	50m: 28.69	28.69	150m: 1:32.75	32.51	250m: 2:39.08	33.30	350m: 3:46.22	33.60			
	100m: 1:00.24	31.55	200m: 2:05.78	33.03	300m: 3:12.62	33.54	400m: 4:19.40	33.18			
7.	Amy de Langen	De Dolfijn			199702046			4:22.84			B
	50m: 29.32	29.32	150m: 1:35.55	33.47	250m: 2:42.69	33.70	350m: 3:50.95	34.17			
	100m: 1:02.08	32.76	200m: 2:08.99	33.44	300m: 3:16.78	34.09	400m: 4:22.84	31.89			
8.	Manon Friskes	RTC Drachten			199701566			4:23.45	+0,75		B
	50m: 29.21	29.21	150m: 1:33.58	32.54	250m: 2:40.43	33.68	350m: 3:49.13	34.62			
	100m: 1:01.04	31.83	200m: 2:06.75	33.17	300m: 3:14.51	34.08	400m: 4:23.45	34.32			
9.	Inge Pepping	Aqua-Novio'94			199402308			4:24.11			D
	50m: 30.06	30.06	150m: 1:36.48	33.47	250m: 2:43.49	33.77	350m: 3:51.46	33.95			
	100m: 1:03.01	32.95	200m: 2:09.72	33.24	300m: 3:17.51	34.02	400m: 4:24.11	32.65			
10.	Maartje de Wit	E.ON-NZA			199502362			4:24.62			C
	50m: 30.06	30.06	150m: 1:36.59	33.75	250m: 2:43.75	33.60	350m: 3:51.53	33.90			
	100m: 1:02.84	32.78	200m: 2:10.15	33.56	300m: 3:17.63	33.88	400m: 4:24.62	33.09			
11.	Anouke Berghuis	De Zijl/LGB			199606132			4:25.41			C
	50m: 30.60	30.60	150m: 1:37.96	33.65	250m: 2:44.93	33.15	350m: 3:53.00	33.84			
	100m: 1:04.31	33.71	200m: 2:11.78	33.82	300m: 3:19.16	34.23	400m: 4:25.41	32.41			
12.	Denise van Ark	EIFFELswimmersPSV			199604800			4:27.75			D
	50m: 29.93	29.93	150m: 1:36.52	33.96	250m: 2:44.84	34.01	350m: 3:53.69	34.67			
	100m: 1:02.56	32.63	200m: 2:10.83	34.31	300m: 3:19.02	34.18	400m: 4:27.75	34.06			
13.	Milou Schraeverus	AZ&PC			199503878			4:28.85			D
	50m: 31.14	31.14	150m: 1:39.09	34.10	250m: 2:47.00	33.99	350m: 3:55.20	34.02			
	100m: 1:04.99	33.85	200m: 2:13.01	33.92	300m: 3:21.18	34.18	400m: 4:28.85	33.65			
14.	Janina Beckers	HGN (SG)			199800574			4:30.97	+0,62		C
	50m: 30.12	30.12	150m: 1:37.14	34.27	250m: 2:47.37	35.13	350m: 3:57.35	34.76			
	100m: 1:02.87	32.75	200m: 2:12.24	35.10	300m: 3:22.59	35.22	400m: 4:30.97	33.62			
15.	Evelien van Ruiten	RTC Drachten			199602924			4:31.30			D
	50m: 30.36	30.36	150m: 1:37.59	34.17	250m: 2:46.94	34.87	350m: 3:56.76	35.01			
	100m: 1:03.42	33.06	200m: 2:12.07	34.48	300m: 3:21.75	34.81	400m: 4:31.30	34.54			
16.	Lynn Dybiona	AZ&PC			199501786			4:32.06 *			E
	50m: 30.07	30.07	150m: 1:37.24	34.12	250m: 2:47.32	35.17	350m: 3:58.00	35.29			
	100m: 1:03.12	33.05	200m: 2:12.15	34.91	300m: 3:22.71	35.39	400m: 4:32.06	34.06			
17.	Malissa van der Horst	Zwemlust-den Hommel			199200810			4:33.05			E
	50m: 29.52	29.52	150m: 1:37.16	34.27	250m: 2:47.38	35.21	350m: 3:58.09	35.38			
	100m: 1:02.89	33.37	200m: 2:12.17	35.01	300m: 3:22.71	35.33	400m: 4:33.05	34.96			
18.	Hanny van Dijk	Orca			199804514			4:34.14			D
	50m: 30.30	30.30	150m: 1:38.69	34.79	250m: 2:49.70	35.38	350m: 4:00.39	35.04			
	100m: 1:03.90	33.60	200m: 2:14.32	35.63	300m: 3:25.35	35.65	400m: 4:34.14	33.75			
19.	Ela Hutten	MNC Dordrecht			199300354			4:34.25			E
	50m: 30.45	30.45	150m: 1:38.57	34.31	250m: 2:47.73	34.63	350m: 3:59.07	35.83			
	100m: 1:04.26	33.81	200m: 2:13.10	34.53	300m: 3:23.24	35.51	400m: 4:34.25	35.18			
20.	Lindy Nijhuis	WS Twente			199700010			4:34.32			D
	50m: 30.39	30.39	150m: 1:39.17	34.71	250m: 2:50.52	35.64	350m: 4:00.75	35.05			
	100m: 1:04.46	34.07	200m: 2:14.88	35.71	300m: 3:25.70	35.18	400m: 4:34.32	33.57			
21.	Ina Willigers	Zwemclub Eijsden			199702678			4:34.50 *			D
	50m: 30.92	30.92	150m: 1:39.72	34.77	250m: 2:50.56	35.61	350m: 4:00.87	34.87			
	100m: 1:04.95	34.03	200m: 2:14.95	35.23	300m: 3:26.00	35.44	400m: 4:34.50	33.63			
22.	Romy van Alphen	Olympia			199502776			4:38.03			E
	50m: 30.71	30.71	150m: 1:39.45	34.90	250m: 2:50.09	35.34	350m: 4:02.46	36.41			
	100m: 1:04.55	33.84	200m: 2:14.75	35.30	300m: 3:26.05	35.96	400m: 4:38.03	35.57			
23.	Shireen Post	AZ&PC			199503286			4:38.80			E
	50m: 31.66	31.66	150m: 1:40.53	34.75	250m: 2:51.38	35.56	350m: 4:03.11	36.11			
	100m: 1:05.78	34.12	200m: 2:15.82	35.29	300m: 3:27.00	35.62	400m: 4:38.80	35.69			
24.	Mette Bijeman	Aquarijn			199506282			4:38.81			E
	50m: 30.17	30.17	150m: 1:39.82	35.33	250m: 2:51.65	35.95	350m: 4:03.58	35.71			
	100m: 1:04.49	34.32	200m: 2:15.70	35.88	300m: 3:27.87	36.22	400m: 4:38.81	35.23			
25.	Amber Stienstra	WVZ			199604448			4:40.82			E
	50m: 31.08	31.08	150m: 1:41.76	35.56	250m: 2:53.30	35.95	350m: 4:05.26	35.93			
	100m: 1:06.20	35.12	200m: 2:17.35	35.59	300m: 3:29.33	36.03	400m: 4:40.82	35.56			

Programmanr. 2, Dames, 400m vrije slag, all-in

rang	naam	vereniging		tijd		RT	fin	pnt	niv
26.	Elisabeth Rivard	WVZ		199600244		4:41.91			E
	50m: 31.13	31.13	150m: 1:41.94	35.86	250m: 2:54.59	36.52	350m: 4:06.73	35.95	
	100m: 1:06.08	34.95	200m: 2:18.07	36.13	300m: 3:30.78	36.19	400m: 4:41.91	35.18	
27.	Serena Stel	De Dolfijn		199801528		4:41.92			E
	50m: 31.46	31.46	150m: 1:42.94	36.11	250m: 2:55.55	35.84	350m: 4:07.91	35.61	
	100m: 1:06.83	35.37	200m: 2:19.71	36.77	300m: 3:32.30	36.75	400m: 4:41.92	34.01	
28.	Yasmine Bartelds	SBC2000		199604366		4:43.29			E
	50m: 30.65	30.65	150m: 1:42.76	36.62	250m: 2:55.75	36.45	350m: 4:08.48	36.76	
	100m: 1:06.14	35.49	200m: 2:19.30	36.54	300m: 3:31.72	35.97	400m: 4:43.29	34.81	
29.	Brigit Beukeveld	ZPC Bikkel Hoogeveen		199800216		4:44.24			E
	50m: 32.06	32.06	150m: 1:43.16	36.03	250m: 2:56.11	36.12	350m: 4:08.74	36.43	
	100m: 1:07.13	35.07	200m: 2:19.99	36.83	300m: 3:32.31	36.20	400m: 4:44.24	35.50	
30.	Noa Oldenhof	De Dolfijn		199700622		4:44.67			E
	50m: 30.83	30.83	150m: 1:41.61	36.05	250m: 2:55.46	36.82	350m: 4:09.78	36.85	
	100m: 1:05.56	34.73	200m: 2:18.64	37.03	300m: 3:32.93	37.47	400m: 4:44.67	34.89	
31.	Shania Haenen	Eurode KZC		199802528		4:46.77			E
	50m: 30.85	30.85	150m: 1:42.25	36.71	250m: 2:55.91	36.59	350m: 4:10.35	36.82	
	100m: 1:05.54	34.69	200m: 2:19.32	37.07	300m: 3:33.53	37.62	400m: 4:46.77	36.42	
32.	Elles Becker	Zwemclub Zeist		199600628		4:47.28 *			
	50m: 31.05	31.05	150m: 1:42.71	36.44	250m: 2:56.17	36.78	350m: 4:10.60	37.25	
	100m: 1:06.27	35.22	200m: 2:19.39	36.68	300m: 3:33.35	37.18	400m: 4:47.28	36.68	
33.	Juliette Hekman	TriVia		199803914		4:47.30			E
	50m: 31.29	31.29	150m: 1:41.63	35.84	250m: 2:54.84	36.96	350m: 4:10.35	37.29	
	100m: 1:05.79	34.50	200m: 2:17.88	36.25	300m: 3:33.06	38.22	400m: 4:47.30	36.95	
34.	Brighid van Uffelen	ZVVS		199800310		4:47.92			E
	50m: 31.83	31.83	150m: 1:44.09	36.53	250m: 2:58.55	37.43	350m: 4:11.48	36.05	
	100m: 1:07.56	35.73	200m: 2:21.12	37.03	300m: 3:35.43	36.88	400m: 4:47.92	36.44	
35.	Lisanne van Avezaath	TriVia		199701304		4:48.33			
	50m: 31.11	31.11	150m: 1:43.08	36.61	250m: 2:56.74	37.07	350m: 4:11.26	37.27	
	100m: 1:06.47	35.36	200m: 2:19.67	36.59	300m: 3:33.99	37.25	400m: 4:48.33	37.07	
36.	Nienke Lijzenga	LZ 1886		199805338		4:50.03			
	50m: 31.65	31.65	150m: 1:44.06	36.68	250m: 2:58.99	37.34	350m: 4:13.47	36.89	
	100m: 1:07.38	35.73	200m: 2:21.65	37.59	300m: 3:36.58	37.59	400m: 4:50.03	36.56	
37.	Lynn Kamphuis	DWV		199800434		4:53.66			
	50m: 31.17	31.17	150m: 1:42.95	36.86	250m: 2:57.90	37.68	350m: 4:15.19	39.02	
	100m: 1:06.09	34.92	200m: 2:20.22	37.27	300m: 3:36.17	38.27	400m: 4:53.66	38.47	

all-in

1.	Marije Oosterhuis	Eemsrobben		199500318	S10	5:01.79			664
	50m: 32.56	32.56	150m: 1:46.90	37.84	250m: 3:04.84	39.10	350m: 4:23.80	39.91	
	100m: 1:09.06	36.50	200m: 2:25.74	38.84	300m: 3:43.89	39.05	400m: 5:01.79	37.99	
2.	Britt van Diessen	TRB-RES		198900900	S10	5:57.87			398
	50m: 39.18	39.18	150m: 2:08.63	45.18	250m: 3:40.35	45.98	350m: 5:12.02	45.29	
	100m: 1:23.45	44.27	200m: 2:54.37	45.74	300m: 4:26.73	46.38	400m: 5:57.87	45.85	