

Nederlandse Junioren Kampioenschappen 2013
Utrecht, 21 - 23 juni 2013



Programmanr. 17
21-06-2013 - 16:35

Jongens, 400m vrije slag

Junioren 2
Resultaten

Nederlands Record Junioren	3:56.45	Pieter van den Hoogenband	Pardubice (CEC)	04-08-1994
Nederlands Record 14 jaar	4:09.14	Kyle Stolk	Sheffield (GBR)	30-07-2010
Kamp. Record Junioren 2	4:12.98	Jorgos Skotadis	Drachten	15-06-2012

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT	niveau
1.	Luuk Veldman	Orca	4:33.00	199900981	4:23.19	+0,65	C
	50m: 27.82	150m: 1:34.81	250m: 2:42.41	33.11	350m: 3:50.64		34.00
	100m: 1:00.27	200m: 2:09.30	300m: 3:16.64	34.23	400m: 4:23.19		32.55
2.	Nyls Korstanje	Aqua-Novio'94	4:30.67	199901941	4:25.98	+0,67	C
	50m: 27.88	150m: 1:34.13	250m: 2:43.34	34.62	350m: 3:52.99		34.71
	100m: 1:00.16	200m: 2:08.72	300m: 3:18.28	34.94	400m: 4:25.98		32.99
3.	Riku Wakabayashi	Kimbria	4:33.18	199904633	4:31.87	+0,74	D
	50m: 29.79	150m: 1:35.57	250m: 2:45.14	35.36	350m: 3:57.48		36.15
	100m: 1:02.46	200m: 2:09.78	300m: 3:21.33	36.19	400m: 4:31.87		34.39
4.	Ruben Griffioen	De Columbiaaan	4:36.30	199900771	4:32.61	+0,70	D
	50m: 29.88	150m: 1:38.12	250m: 2:48.33	35.32	350m: 3:58.67		35.22
	100m: 1:03.41	200m: 2:13.01	300m: 3:23.45	35.12	400m: 4:32.61		33.94
5.	Jan-Arnooud Melse	DZ&PC	4:44.29	199900785	4:36.26	+0,67	E
	50m: 29.77	150m: 1:39.62	250m: 2:51.13	35.76	350m: 4:01.89		35.17
	100m: 1:04.14	200m: 2:15.37	300m: 3:26.72	35.59	400m: 4:36.26		34.37
6.	Dario van Hulst	ZC Valkenburg	4:44.10	199903169	4:37.24	+0,84	E
	50m: 30.39	150m: 1:38.23	250m: 2:49.01	35.85	350m: 4:02.04		36.83
	100m: 1:03.55	200m: 2:13.16	300m: 3:25.21	36.20	400m: 4:37.24		35.20
7.	Adam Juhasz	Racing Club	4:35.70	199904747	4:39.10	+0,62	E
	50m: 28.92	150m: 1:37.63	250m: 2:50.32	36.49	350m: 4:03.50		36.32
	100m: 1:02.46	200m: 2:13.83	300m: 3:27.18	36.86	400m: 4:39.10		35.60
8.	Koen Brummelaar	ZPC De Hof	4:37.95	199900047	4:40.02	+0,69	E
	50m: 29.83	150m: 1:40.50	250m: 2:52.49	35.72	350m: 4:05.29		36.16
	100m: 1:04.69	200m: 2:16.77	300m: 3:29.13	36.64	400m: 4:40.02		34.73
9.	Wesley Bos	De Columbiaaan	4:48.11	199901241	4:40.22	+0,73	E
	50m: 30.69	150m: 1:40.28	250m: 2:52.31	35.81	350m: 4:05.64		36.60
	100m: 1:05.03	200m: 2:16.50	300m: 3:29.04	36.73	400m: 4:40.22		34.58
10.	Stijn Simons	PSV	4:43.67	199900813	4:41.39	+0,65	E
	50m: 30.57	150m: 1:40.00	250m: 2:52.63	36.14	350m: 4:06.48		37.06
	100m: 1:04.53	200m: 2:16.49	300m: 3:29.42	36.79	400m: 4:41.39		34.91
11.	Harm-Jan Wijnhoud	ZVV	4:57.72	199901469	4:42.15	+0,66	E
	50m: 30.99	150m: 1:43.08	250m: 2:56.37	36.42	350m: 4:08.26		35.84
	100m: 1:06.48	200m: 2:19.95	300m: 3:32.42	36.05	400m: 4:42.15		33.89
12.	Thijs van Wieringen	De Columbiaaan	4:39.38	199900577	4:42.28	+0,77	E
	50m: 30.51	150m: 1:40.58	250m: 2:52.51	36.14	350m: 4:06.36		38.06
	100m: 1:04.98	200m: 2:16.37	300m: 3:28.30	35.79	400m: 4:42.28		35.92
13.	Bonk Stout	De Dolfijn	4:43.70	199902181	4:43.59	+0,66	E
	50m: 29.78	150m: 1:39.28	250m: 2:52.72	36.69	350m: 4:07.72		37.47
	100m: 1:03.64	200m: 2:16.03	300m: 3:30.25	37.53	400m: 4:43.59		35.87
14.	Thijs Molendijk	VZC E&P	4:51.75	199900477	4:44.72	+0,65	E
	50m: 31.59	150m: 1:44.09	250m: 2:57.80	36.86	350m: 4:10.76		36.68
	100m: 1:07.21	200m: 2:20.94	300m: 3:34.08	36.28	400m: 4:44.72		33.96
15.	Rense Ruig	ZV De Zaan	4:45.49	199901627	4:45.78	+0,79	E
	50m: 30.66	150m: 1:40.55	250m: 2:53.76	36.23	350m: 4:09.00		37.51
	100m: 1:05.15	200m: 2:17.53	300m: 3:31.49	37.73	400m: 4:45.78		36.78
16.	Jorian Tanis	De Schotegil	4:50.78	199900327	4:45.80	+0,76	E
	50m: 32.04	150m: 1:44.25	250m: 2:58.46	37.08	350m: 4:10.80		34.93
	100m: 1:07.82	200m: 2:21.38	300m: 3:35.87	37.41	400m: 4:45.80		35.00
17.	Nicko Kamphuis	De Warande	4:48.68	199900887	4:46.01	+0,59	F
	50m: 31.53	150m: 1:45.23	250m: 2:59.06	36.67	350m: 4:12.04		34.44
	100m: 1:08.05	200m: 2:22.39	300m: 3:37.60	38.54	400m: 4:46.01		33.97
18.	Nick van Nijburg	De Otters Het Gooi	4:51.74	199902169	4:46.68	+0,80	F
	50m: 31.39	150m: 1:42.59	250m: 2:56.40	36.70	350m: 4:11.22		37.29
	100m: 1:06.59	200m: 2:19.70	300m: 3:33.93	37.53	400m: 4:46.68		35.46
19.	Stef Poolman	WS Twente	4:42.66	199900803	4:47.58	+0,79	F
	50m: 30.55	150m: 1:41.63	250m: 2:56.55	37.53	350m: 4:12.15		37.22
	100m: 1:05.43	200m: 2:19.02	300m: 3:34.93	38.38	400m: 4:47.58		35.43

Onjuistheden?

mail naar: njkinschrijvingen@knzb.nl

Splash Meet Manager 11, Build 26655

Registered to KNZB

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Utrecht, 21 - 23 juni 2013



Programmanr. 17, Jongens, 400m vrije slag, Junioren 2

rang	naam		vereniging			inschrijftijd	startnr.	tijd	RT	niveau
20.	Joris Bezemer		De Kempvis			4:48.66	199900527	4:48.52	+0,77	F
	50m: 32.66	32.66	150m: 1:44.82	36.11	250m: 2:58.05	36.90	350m: 4:13.12	37.06		
	100m: 1:08.71	36.05	200m: 2:21.15	36.33	300m: 3:36.06	38.01	400m: 4:48.52	35.40		
21.	Eric Verdoes		LZ 1886			4:58.55	199900947	4:52.21		F
	50m: 31.25	31.25	150m: 1:43.89	36.87	250m: 2:59.59	37.34	350m: 4:16.33	38.15		
	100m: 1:07.02	35.77	200m: 2:22.25	38.36	300m: 3:38.18	38.59	400m: 4:52.21	35.88		
22.	Lars van Tuijl		Arethusa			4:46.02	199900425	4:53.01	+0,68	F
	50m: 30.09	30.09	150m: 1:43.76	37.69	250m: 3:00.14	38.55	350m: 4:16.48	38.07		
	100m: 1:06.07	35.98	200m: 2:21.59	37.83	300m: 3:38.41	38.27	400m: 4:53.01	36.53		
23.	Floris Boendermaker		LZ 1886			4:59.19	199902619	4:53.89	+0,66	F
	50m: 32.40	32.40	150m: 1:47.15	37.67	250m: 3:03.09	37.92	350m: 4:17.79	36.85		
	100m: 1:09.48	37.08	200m: 2:25.17	38.02	300m: 3:40.94	37.85	400m: 4:53.89	36.10		
24.	Sam Haring		ZV De Zaan			4:44.30	199901491	4:56.29	+0,77	F
	50m: 31.93	31.93	150m: 1:44.28	36.70	250m: 3:00.00	38.76	350m: 4:17.78	39.92		
	100m: 1:07.58	35.65	200m: 2:21.24	36.96	300m: 3:37.86	37.86	400m: 4:56.29	38.51		
25.	Erik Bult		DAW			4:58.59	199902153	4:56.32	+0,73	F
	50m: 31.67	31.67	150m: 1:46.31	37.82	250m: 3:03.15	38.35	350m: 4:19.77	37.77		
	100m: 1:08.49	36.82	200m: 2:24.80	38.49	300m: 3:42.00	38.85	400m: 4:56.32	36.55		
26.	Thomas van Ekert		Nuenen			4:53.48	199901917	4:57.41	+0,74	F
	50m: 33.12	33.12	150m: 1:48.93	37.78	250m: 3:04.58	37.71	350m: 4:20.56	37.80		
	100m: 1:11.15	38.03	200m: 2:26.87	37.94	300m: 3:42.76	38.18	400m: 4:57.41	36.85		
27.	Jaap van Trijp		Racing Club			5:04.48	199903225	4:59.00	+0,56	F
	50m: 30.87	30.87	150m: 1:48.50	38.91	250m: 3:06.86	38.75	350m: 4:22.44	35.35		
	100m: 1:09.59	38.72	200m: 2:28.11	39.61	300m: 3:47.09	40.23	400m: 4:59.00	36.56		
28.	Jelmer Meijer		HZ&PC Heerenveen			5:03.24	199900177	5:00.13	+0,77	F
	50m: 32.10	32.10	150m: 1:46.79	38.39	250m: 3:04.57	38.89	350m: 4:21.97	38.12		
	100m: 1:08.40	36.30	200m: 2:25.68	38.89	300m: 3:43.85	39.28	400m: 5:00.13	38.16		
29.	Lars van der Haijden		HGN (SG)			5:00.67	199900225	5:02.21	+0,74	F
	50m: 33.24	33.24	150m: 1:50.04	39.14	250m: 3:07.34	39.03	350m: 4:24.97	38.89		
	100m: 1:10.90	37.66	200m: 2:28.31	38.27	300m: 3:46.08	38.74	400m: 5:02.21	37.24		
30.	Bas Takken		Zwemvereniging Hoorn			5:03.51	199901643	5:05.26	+0,80	F
	50m: 33.56	33.56	150m: 1:52.43	40.32	250m: 3:11.56	39.11	350m: 4:30.47	39.02		
	100m: 1:12.11	38.55	200m: 2:32.45	40.02	300m: 3:51.45	39.89	400m: 5:05.26	34.79		
31.	Rob van Wier		HZ&PC Heerenveen			5:06.18	199900697	5:05.32	+0,73	F
	50m: 34.31	34.31	150m: 1:52.55	39.00	250m: 3:12.08	39.58	350m: 4:29.40	38.65		
	100m: 1:13.55	39.24	200m: 2:32.50	39.95	300m: 3:50.75	38.67	400m: 5:05.32	35.92		
32.	Justus Ykema		DWK			5:01.36	199900029	5:08.33	+0,68	
	50m: 32.36	32.36	150m: 1:48.43	38.78	250m: 3:09.18	40.49	350m: 4:29.20	39.91		
	100m: 1:09.65	37.29	200m: 2:28.69	40.26	300m: 3:49.29	40.11	400m: 5:08.33	39.13		
33.	Niek Heethaar		Aquapoldro			5:01.37	199900999	5:09.23	+0,57	
	50m: 33.74	33.74	150m: 1:52.43	40.02	250m: 3:13.10	40.53	350m: 4:32.94	39.75		
	100m: 1:12.41	38.67	200m: 2:32.57	40.14	300m: 3:53.19	40.09	400m: 5:09.23	36.29		
34.	Sybe de Waard		De Devel			5:02.01	199900139	5:10.71	+0,49	
	50m: 33.50	33.50	150m: 1:50.05	39.05	250m: 3:11.30	40.87	350m: 4:33.19	40.66		
	100m: 1:11.00	37.50	200m: 2:30.43	40.38	300m: 3:52.53	41.23	400m: 5:10.71	37.52		