



Nederlandse Junioren Kampioenschappen 2012  
Drachten, 15 t/m 17-6-2012



Programmanr. 2  
15-06-2012 - 9:25

Meisjes, 400m vrije slag  
Richttijd verv. EYOF Dublin 2012: 4.31.82

Junioren 2  
Resultaten

|                            |         |                 |                 |            |
|----------------------------|---------|-----------------|-----------------|------------|
| Nederlands Record Junioren | 4:20.37 | Karen Wammes    | Antwerpen (BEL) | 01-08-1991 |
| Nederlands Record 13 jaar  | 4:27.28 | Esmee Vermeulen | Eindhoven       | 11-10-2009 |
| Kamp. Record Junioren 2    | 4:29.87 | Esmee Vermeulen | Amsterdam       | 19-06-2009 |

| rang naam             | vereniging      | inschrijftijd | startnr.  | tijd           | RT    | niv. | 100m    | 200m    | 300m    | 400m    |
|-----------------------|-----------------|---------------|-----------|----------------|-------|------|---------|---------|---------|---------|
| 1. Manon Aerssens     | De Schelde      | 4:52.99       | 199900294 | <b>4:52.10</b> | +0,81 | D    | 1:10.38 | 2:26.69 | 3:42.41 | 4:52.10 |
| 2. Marieke Tienstra   | TriVia          | 4:58.74       | 199900302 | <b>4:52.11</b> | +0,79 | D    | 1:09.79 | 2:26.21 | 3:42.40 | 4:52.11 |
| 3. Melissa Baars      | Aquarijn        | 4:59.01       | 199900376 | <b>4:56.36</b> | +0,70 | E    | 1:10.08 | 2:26.88 | 3:43.04 | 4:56.36 |
| 4. Gabriëlle Bolk     | Swol 1894       | 5:00.64       | 199900344 | <b>4:58.49</b> | +0,73 | E    | 1:11.58 | 2:28.96 | 3:45.58 | 4:58.49 |
| 5. Sigrid Hogendorp   | Orca            | 5:03.71       | 199900962 | <b>4:59.18</b> | +0,88 | E    | 1:08.92 | 2:25.46 | 3:43.12 | 4:59.18 |
| 6. Hilde Dekker       | TriVia          | 4:58.78       | 199901926 | <b>5:00.18</b> |       | E    | 1:10.18 | 2:27.81 | 3:45.07 | 5:00.18 |
| 7. Frederique Janssen | Zeester-Meerval | 4:56.15       | 199901554 | <b>5:01.98</b> | +0,80 | E    | 1:11.37 | 2:27.80 | 3:44.97 | 5:01.98 |
| 8. Hinke Groos        | DZ&PC           | 4:59.92       | 199901768 | <b>5:04.53</b> | +0,84 | E    | 1:10.25 | 2:28.03 | 3:46.81 | 5:04.53 |
| 9. Eelke Roman        | LZ 1886         | 5:05.82       | 199900352 | <b>5:04.88</b> | +0,74 | E    | 1:09.16 | 2:27.22 | 3:47.01 | 5:04.88 |
| 100m*                 |                 |               |           |                |       |      |         |         |         |         |
| 10. Denise Boonstra   | DAW             | 5:05.20       | 199902662 | <b>5:06.50</b> | +0,79 | F    | 1:09.92 | 2:30.10 | 3:51.01 | 5:06.50 |