



Nederlandse Junioren Kampioenschappen 2012
Drachten, 15 t/m 17-6-2012



Programmanr. 17
15-06-2012 - 16:30

Jongens, 400m vrije slag

Junioren 2
Resultaten

Nederlands Record Junioren	3:56.45	Pieter van den Hoogenband	Pardubice (CEC)	04-08-1994
Nederlands Record 14 jaar	4:09.14	Kyle Stolk	Sheffield (GBR)	30-07-2010
Kamp. Record Junioren 2	4:19.08	Kyle Stolk	Amsterdam	18-06-2010

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT	niveau
1.	Jorgos Skotadis <i>Kamp. Record Junioren 2</i>	Racing Club	4:17.29	199803317	4:12.98	+0,81	A+
	50m: 28.18 28.18 100m: 59.16 30.98	150m: 1:30.36 31.20 200m: 2:02.34 31.98	250m: 2:34.53 32.19 300m: 3:07.78 33.25	350m: 3:40.35 32.57 400m: 4:12.98 32.63			
2.	Tom Laarhuis	De Dinkel	4:27.70	199800309	4:22.32	+0,86	B
	50m: 29.05 29.05 100m: 1:02.17 33.12	150m: 1:35.92 33.75 200m: 2:09.60 33.68	250m: 2:43.77 34.17 300m: 3:17.83 34.06	350m: 3:50.63 32.80 400m: 4:22.32 31.69			
3.	Timos Skotadis	Racing Club	4:43.86	199804615	4:29.21	+0,73	C
	50m: 30.02 30.02 100m: 1:03.53 33.51	150m: 1:37.88 34.35 200m: 2:11.90 34.02	250m: 2:45.85 33.95 300m: 3:20.26 34.41	350m: 3:55.19 34.93 400m: 4:29.21 34.02			
4.	Jonne Schaafsma	Racing Club	4:34.65	199800745	4:33.66	+0,79	D
	50m: 30.47 30.47 100m: 1:04.24 33.77	150m: 1:39.13 34.89 200m: 2:14.02 34.89	250m: 2:48.85 34.83 300m: 3:24.02 35.17	350m: 3:59.08 35.06 400m: 4:33.66 34.58			
5.	Lars van der Velden	DAW	4:40.18	199800175	4:39.01	+0,69	E
	50m: 29.32 29.32 100m: 1:03.78 34.46	150m: 1:38.99 35.21 200m: 2:14.65 35.66	250m: 2:50.29 35.64 300m: 3:27.05 36.76	350m: 4:03.46 36.41 400m: 4:39.01 35.55			
6.	Jordy Severins	Eurode Kerkrade	4:42.03	199800559	4:39.31	+0,85	E
	50m: 29.96 29.96 100m: 1:04.32 34.36	150m: 1:39.51 35.19 200m: 2:15.92 36.41	250m: 2:52.10 36.18 300m: 3:29.00 36.90	350m: 4:05.11 36.11 400m: 4:39.31 34.20			
7.	Stan Zwinkels	WVZ	4:56.99	199800239	4:41.64	+0,89	E
	50m: 30.48 30.48 100m: 1:05.78 35.30	150m: 1:41.74 35.96 200m: 2:18.15 36.41	250m: 2:54.07 35.92 300m: 3:30.62 36.55	350m: 4:07.04 36.42 400m: 4:41.64 34.60			
8.	Jeljer Aldershof	ZV Haerlem	4:40.59	199800719	4:41.71	+0,99	E
	50m: 30.78 30.78 100m: 1:04.38 33.60	150m: 1:39.59 35.21 200m: 2:14.53 34.94	250m: 2:50.88 36.35 300m: 3:27.20 36.32	350m: 4:05.08 37.88 400m: 4:41.71 36.63			
9.	Mart Kortman	De Dinkel	4:47.00	199800357	4:41.73	+0,79	E
	50m: 31.40 31.40 100m: 1:06.96 35.56	150m: 1:43.26 36.30 200m: 2:19.83 36.57	250m: 2:56.59 36.76 300m: 3:32.51 35.92	350m: 4:08.91 36.40 400m: 4:41.73 32.82			
10.	Friso van der Meulen	TriVia	4:49.93	199800617	4:42.45	+0,82	E
	50m: 30.35 30.35 100m: 1:05.64 35.29	150m: 1:41.38 35.74 200m: 2:17.65 36.27	250m: 2:53.93 36.28 300m: 3:30.93 37.00	350m: 4:07.50 36.57 400m: 4:42.45 34.95			
11.	Arie van der Vlist	De Meer	5:01.36	199804945	4:43.24	+0,74	E
	50m: 31.95 31.95 100m: 1:07.53 35.58	150m: 1:44.33 36.80 200m: 2:20.98 36.65	250m: 2:57.78 36.80 300m: 3:33.83 36.05	350m: 4:09.49 35.66 400m: 4:43.24 33.75			
12.	Lars Ruessink	Octopus	4:47.10	199800271	4:44.51		E
	50m: 32.05 32.05 100m: 1:07.84 35.79	150m: 1:44.60 36.76 200m: 2:21.38 36.78	250m: 2:58.09 36.71 300m: 3:34.82 36.73	350m: 4:10.87 36.05 400m: 4:44.51 33.64			
13.	Sook Willemssen	DWK	4:48.51	199800917	4:45.61	+0,52	E
	50m: 31.51 31.51 100m: 1:07.31 35.80	150m: 1:44.20 36.89 200m: 2:20.94 36.74	250m: 2:57.91 36.97 300m: 3:34.64 36.73	350m: 4:11.41 36.77 400m: 4:45.61 34.20			
14.	Robin van Grol	De Kikker	5:01.31	199800129	4:45.84	+0,93	E
	50m: 32.71 32.71 100m: 1:08.79 36.08	150m: 1:45.16 36.37 200m: 2:21.82 36.66	250m: 2:57.71 35.89 300m: 3:34.43 36.72	350m: 4:10.79 36.36 400m: 4:45.84 35.05			
15.	Leroy van Ooijik	VZC E&P	4:53.20	199800361	4:48.60	+0,81	F
	50m: 31.02 31.02 100m: 1:06.84 35.82	150m: 1:43.29 36.45 200m: 2:20.85 37.56	250m: 2:58.02 37.17 300m: 3:36.17 38.15	350m: 4:12.89 36.72 400m: 4:48.60 35.71			
16.	Berjen Mellema	Nova	4:50.82	199800615	4:48.81	+0,86	F
	50m: 30.78 30.78 100m: 1:06.86 36.08	150m: 1:44.13 37.27 200m: 2:21.37 37.24	250m: 2:59.91 38.54 300m: 3:37.72 37.81	350m: 4:15.35 37.63 400m: 4:48.81 33.46			
17.	Bart Sommeling	Oceanus	4:48.95	199800765	4:49.52	+0,76	F
	50m: 31.19 31.19 100m: 1:07.56 36.37	150m: 1:44.90 37.34 200m: 2:22.38 37.48	250m: 3:00.06 37.68 300m: 3:37.39 37.33	350m: 4:14.58 37.19 400m: 4:49.52 34.94			
18.	Dennis Bougrimov	MNC Dordrecht	4:48.51	199800565	4:50.64	+0,71	F
	50m: 31.28 31.28 100m: 1:07.67 36.39	150m: 1:44.91 37.24 200m: 2:22.20 37.29	250m: 3:00.22 38.02 300m: 3:38.46 38.24	350m: 4:16.60 38.14 400m: 4:50.64 34.04			
19.	Sander Kirillova	Racing Club	4:52.46	199800121	4:51.23	+0,72	F
	50m: 32.15 32.15 100m: 1:07.96 35.81	150m: 1:45.24 37.28 200m: 2:22.81 37.57	250m: 3:00.52 37.71 300m: 3:38.33 37.81	350m: 4:15.42 37.09 400m: 4:51.23 35.81			

B = toegevoegd op basis van ranglijst

Onjuistheden?

Mail naar : njkinschrijvingen@knzb.nl



Nederlandse Junioren Kampioenschappen 2012
Drachten, 15 t/m 17-6-2012



Programmanr. 17, Jongens, 400m vrije slag, Junioren 2

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT	niveau
20.	Bas Neef	OZ&PC	5:01.68	199800019	4:51.73		F
	50m: 31.71 100m: 1:07.10	150m: 1:43.14 200m: 2:20.72	250m: 2:57.86 300m: 3:36.35	37.14 38.49	350m: 4:14.51 400m: 4:51.73	38.16 37.22	
21.	Jason Slijngard	De Houtrib	4:51.26	199801265	4:53.52		F
	50m: 30.86 100m: 1:06.65	150m: 1:43.93 200m: 2:21.92	250m: 2:59.74 300m: 3:39.04	37.82 39.30	350m: 4:16.89 400m: 4:53.52	37.85 36.63	
22.	Oliver Jongbloed	Livo	4:57.77	199801645	4:54.46		F
	50m: 31.91 100m: 1:08.52	150m: 1:45.40 200m: 2:23.38	250m: 3:00.97 300m: 3:39.93	37.59 38.96	350m: 4:18.27 400m: 4:54.46	38.34 36.19	
23.	Bas Verdoes	LZ 1886	4:55.84	199801487	4:54.78	+0,77	F
	50m: 31.33 100m: 1:07.05	150m: 1:44.57 200m: 2:23.07	250m: 3:01.28 300m: 3:40.38	38.21 39.10	350m: 4:18.65 400m: 4:54.78	38.27 36.13	
24.	Mirko van Ligtenberg	Wetterwille	4:56.82	199800735	4:56.18	+0,69	F
	50m: 31.81 100m: 1:08.57	150m: 1:46.22 200m: 2:24.58	250m: 3:03.78 300m: 3:43.30	39.20 39.52	350m: 4:21.56 400m: 4:56.18	38.26 34.62	
25.	Carlo Ruiz	HZ&PC Heerenveen	4:57.47	199802549	4:56.95	+0,65	F
	50m: 32.22 100m: 1:09.98	150m: 1:47.39 200m: 2:25.61	250m: 3:04.00 300m: 3:42.72	38.39 38.72	350m: 4:21.29 400m: 4:56.95	38.57 35.66	
26.	Albert Jan van Slooten	Zignea	5:05.63	199800049	4:57.54	+0,78	F
	50m: 31.37 100m: 1:07.76	150m: 1:46.29 200m: 2:25.59	250m: 3:04.31 300m: 3:43.91	38.72 39.60	350m: 4:23.03 400m: 4:57.54	39.12 34.51	
27.	Tobias Geurts	Nuenen	4:45.34	199801185	4:57.55		F
	50m: 31.71 100m: 1:08.23	150m: 1:46.31 200m: 2:25.60	250m: 3:04.28 300m: 3:43.44	38.68 39.16	350m: 4:20.47 400m: 4:57.55	37.03 37.08	
28.	Simon Koopen	WZ&PC Purmerend	5:00.62	199802127	4:58.52	+0,75	F
	50m: 31.81 100m: 1:08.73	150m: 1:46.72 200m: 2:25.93	250m: 3:04.73 300m: 3:43.84	38.80 39.11	350m: 4:22.78 400m: 4:58.52	38.94 35.74	
29.	Arjan Bijl	DWK	5:07.51	199800117	4:59.37	+0,90	F
	50m: 33.53 100m: 1:10.63	150m: 1:49.34 200m: 2:28.21	250m: 3:07.58 300m: 3:46.10	39.37 38.52	350m: 4:24.25 400m: 4:59.37	38.15 35.12	
30.	Kilian Bontjer	Nova	5:06.24	199800751	5:00.61	+1,09	F
	50m: 32.46 100m: 1:09.69	150m: 1:48.33 200m: 2:27.42	250m: 3:07.14 300m: 3:46.68	39.72 39.54	350m: 4:25.47 400m: 5:00.61	38.79 35.14	
31.	Dylan Wolters	HGN (SG)	5:07.69	199800287	5:01.18	+1,00	F
	50m: 34.04 100m: 1:11.32	150m: 1:50.41 200m: 2:29.07	250m: 3:07.12 300m: 3:46.81	38.05 39.69	350m: 4:25.86 400m: 5:01.18	39.05 35.32	
32.	Mathieu Boers	De Veene	4:53.51	199800187	5:01.75	+0,77	F
	50m: 32.43 100m: 1:09.25	150m: 1:46.69 200m: 2:25.50	250m: 3:05.03 300m: 3:44.96	39.53 39.93	350m: 4:23.72 400m: 5:01.75	38.76 38.03	
33.	Timo van Lint	EIFFELswimmersPSV	5:06.35	199801785	5:02.64	+0,71	F
	50m: 33.53 100m: 1:10.48	150m: 1:48.87 200m: 2:27.41	250m: 3:06.63 300m: 3:45.87	39.22 39.24	350m: 4:25.48 400m: 5:02.64	39.61 37.16	
34.	Wietse Waninge	Nunspeet	5:01.34	199800023	5:02.91	+0,80	F
	50m: 31.80 100m: 1:08.91	150m: 1:47.71 200m: 2:27.09	250m: 3:06.75 300m: 3:46.62	39.66 39.87	350m: 4:25.15 400m: 5:02.91	38.53 37.76	
35.	Stefan Willigers	Zwemclub Eijsden	5:00.58	199803213	5:05.14	+1,01	F
	50m: 34.93 100m: 1:12.38	150m: 1:51.09 200m: 2:29.78	250m: 3:09.49 300m: 3:48.69	39.71 39.20	350m: 4:28.09 400m: 5:05.14	39.40 37.05	
36.	Jari den Ottelander	TRB-RES	4:58.89	199800059	5:07.57	+0,81	F
	50m: 33.61 100m: 1:11.44	150m: 1:51.43 200m: 2:31.18	250m: 3:10.95 300m: 3:50.99	39.77 40.04	350m: 4:30.94 400m: 5:07.57	39.95 36.63	
37.	Fabian Boer	De Houtrib	5:05.03	199800509	5:07.72	+0,79	F
	50m: 33.27 100m: 1:10.80	150m: 1:50.12 200m: 2:29.88	250m: 3:10.44 300m: 3:51.62	40.56 41.18	350m: 4:31.50 400m: 5:07.72	39.88 36.22	
38.	Enrico Strik	LZ 1886	5:03.12	199800747	5:11.16	+0,82	
	50m: 33.00 100m: 1:10.69	150m: 1:50.30 200m: 2:30.31	250m: 3:11.02 300m: 3:51.76	40.71 40.74	350m: 4:32.02 400m: 5:11.16	40.26 39.14	
39.	Bas Gibbels	Argo	5:06.95	199801973	5:16.15	+0,76	
	50m: 34.18 100m: 1:12.48	150m: 1:52.03 200m: 2:32.38	250m: 3:13.05 300m: 3:54.47	40.67 41.42	350m: 4:36.04 400m: 5:16.15	41.57 40.11	
DIS	Ivar van Straaten	WVZ	5:00.42	199800107		AA	
	50m: 100m:	150m: 200m:	250m: 300m:		350m: 400m:		

B = toegevoegd op basis van ranglijst

Onjuistheden?

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